

**Thirty-ninth annual report of the resident physician of the Belfast District Hospital for the Insane of the counties of Antrim and Down, and the county of the town of Carrickfergus : from 1st April, 1868, to 31st March, 1869.**

**Contributors**

Belfast District Hospital for the Insane.  
Stewart, Robert.

**Publication/Creation**

Belfast : Printed by W. & G. Baird, 1869.

**Persistent URL**

<https://wellcomecollection.org/works/jccupm5g>

**License and attribution**

This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>

*To the Resident Physician's Compliments.*

THIRTY-NINTH ANNUAL REPORT  
OF  
THE RESIDENT PHYSICIAN  
OF THE  
BELFAST DISTRICT  
HOSPITAL FOR THE INSANE,



OF THE  
COUNTIES OF ANTRIM AND DOWN, AND THE COUNTY OF  
THE TOWN OF CARRICKFERGUS,

From 1st April, 1868, to 31st March, 1869.

[ORDERED BY THE BOARD OF GOVERNORS TO BE PRINTED.]

---

ESTABLISHED 1829.

---

BELFAST:  
PRINTED BY W. & G. BAIRD, 12, ARTHUR STREET.

1869.

CONTENTS

THIRTY-NINTH ANNUAL REPORT

OF THE

NEW YORK STATE

DEPARTMENT OF

AGRICULTURE

AND

FORESTRY

HOSPITAL FOR THE INSANE

OF THE

STATE OF NEW YORK

AND THE

COUNTY OF

WESTCHESTER

FOR THE

YEAR 1900

BY

JOHN

W. B. B.

NEW YORK

1901

PRINTED

BY


THE

STATE



# C O N T E N T S .

	TABLE	PAGE
Accommodation during the Year, .. ..	..	16
Admissions and Discharges from each County during the Year, .. ..	18	26
Admissions, Discharges, and Deaths, &c., since the opening of the Asylum, .. ..	22	28
Ages of Patients Admitted during the Year, ..	2	8
Ages of Patients Discharged Recovered during the Year, ..	9	10
Ages of Patients Remaining on 31st March, 1869, ..	19	26
Ages of Patients who died during the Year, ..	12	11
Alleged Causes of Insanity in the Year's Admissions, Amusements, .. ..	3	8
Articles Manufactured by the Patients during the Year, ..	20	27
Attendance of Governors, .. ..	..	18
Chaplains, .. ..	..	22
Conclusion, .. ..	..	25
Deaths of Governors, .. ..	..	19
Degree of Education of Patients admitted during the Year, Dietary, .. ..	8	10
Duration of Disease in the Patients Discharged, Recovered, Relieved, and who Died during the Year, ..	..	31
Duration of Residence of Patients to 31st March, 1869, ..	11	11
Earth Closets, .. ..	23	30
Employment during the Year, .. ..	..	18
Farm Produce Account, .. ..	13	11
Financial Year, change in, .. ..	..	33
Forms of Disease in Patients admitted during the Year, ..	..	24
Forms of Disease of Total Number in House, ..	4	8
General Health, .. ..	14	12
General Statement of the Year's Admissions, &c., ..	..	14
Improvements in Bath Rooms, &c., .. ..	1	7
List of Governors .. ..	..	17
List of Reports Received during the Year, ..	..	5
New Auditing of Accounts, .. ..	..	34
New District Insane Hospital for the County Down, ..	..	24
New Governors, .. ..	..	16
New Ground, .. ..	..	21
Number of Cases Admitted, Recovered, Relieved, and who died in each Quarter and each Month, respectively, during Year ended 31st March, 1869, ..	..	18
Obituary for the Year ending 31st March, 1869, ..	21	27
Occupation of Patients Admitted during the Year, ..	17	13
Official Inspections, .. ..	7	9
Particulars of Deaths of Patients, .. ..	..	22
Period of Time the Patients Discharged Recovered were under Treatment during the Year, ..	..	14
Receipts and Disbursements, .. ..	10	10
Religion of Patients Admitted during the Year, ..	..	32
Religious Persuasions of Patients Remaining on 31st March, 1869, .. ..	5	9
Social Condition of Patients Admitted during the Year, ..	16	12
State of Cases Remaining on 31st March, 1869, ..	6	9
Suicidal, &c., Cases, .. ..	15	12
	..	15



Digitized by the Internet Archive  
in 2018 with funding from  
Wellcome Library



# GOVERNORS

OF THE

## Belfast District Hospital for the Insane,

APPOINTED BY

THE LORD LIEUTENANT AND PRIVY COUNCIL OF IRELAND.

No.	NAME.	RESIDENCE.	DATE OF APPOINTMENT.
1	The Marquis of Donegal, ...	London, ...	March, 1829
2	The Mayor of Belfast, ...	Belfast, ...	March, 1829
3	The Ven. Achden. Hincks, A.M.,	Archdeaconry, Bushmills, ...	March, 1829
4	Robert J. Tennent, Esq., J.P., D.L.,	Rushpark, Belfast, ...	Jan., 1836
5	The Very Rev. Dean Stannus, ...	Lisburn, ...	April, 1842
6	The Rev. J. S. B. Monsell, A.M.,		July, 1842
7	Conway B. Grimsbaw, Esq., ...	Sydenham House, Belfast, ...	Oct., 1846
8	John S. Crawford, Esq., J.P., D.L.,	Crawfordsburn, ...	Nov., 1847
9	The Lord Bishop of Down and Connor and Dromore, ...	The Palace, Holywood, ...	April, 1850
10	William Dunville, Esq., J.P., ...	Richmond Lodge, Co. Down, ...	May, 1851
11	The Rev. T. F. Miller, D.D., ...	The Vicarage, Belfast, ...	Dec., 1851
12	Adam J. Macrory, Esq., ...	Duncairn, Belfast, ...	June, 1852
13	Lord Dufferin, ...	Clandeboyne, Belfast, ...	Dec., 1855
14	Thomas M'Clure, Esq., M.P.,	Belmont, County Down, ...	Jan., 1856
15	Lieutenant-Colonel Forde, M.P.,	Seaford, County Down, ...	March, 1862
16	The Right Rev. P. Dorrian, D.D.,	Belfast, ...	Sept., 1866
17	Sir E.C.W. M'Naghten, Bart., D.L.,	Bushmills, ...	Oct., 1866
18	Sir Edward Coey, J.P., ...	Merville, Belfast, ...	Oct., 1866
19	John Young, Esq., J.P., D.L., ...	Galgorm Castle, Ballymena, ...	Oct., 1866
20	H. H. M'Neile, Esq., J.P., ...	Parkmount, Belfast, ...	Oct., 1866
21	J. B. Houston, Esq., J.P., D.L., ...	Orangefield, Belfast, ...	Oct., 1866
22	Viscount Templetown, ...	Castle Upton, Templepatrick, ...	Oct., 1866
23	Sir R. A. Shafto Adair, Bart., ...	The Castle, Ballymena, ...	Oct., 1866
24	Captain Gray, J.P., D.L., ...	Graymount, Belfast, ...	March, 1867
25	Sir Thomas Bateson, Bart., M.P.,	Belvoir Park, Belfast, ...	March, 1867
26	Dr. M'Gee, J.P., ...	Belfast, ...	April, 1867
27	David Taylor, Esq., J.P., ...	Bertha House, Belfast, ...	Feb., 1868
28	Thos. Hamilton Jones, Esq., J.P.,	Moneyglass House, Toome, ...	Feb., 1868
29	Wm. Ewart, Esq., jun., J.P., ...	Albertville, Belfast, ...	March, 1868
30	The Rev. James Morgan, D.D., ...	Belfast, ...	March, 1869
31	Professor Cuming, M.D., ...	Belfast, ...	March, 1869
32	M. A. Dalway, Esq., M.P., ...	Carrickfergus, ...	March, 1869
33	James Mehan, Esq., J.P., ...	Belfast, ...	March, 1869

Resident Physician-Superintendent, ... ROBERT STEWART, M.D.  
 Visiting and Consulting Physician, ... HENRY MAC CORMAC, M.D.  
 Visiting Surgeon, &c., ... JAMES MOORE, M.D.

*Stated Meetings of Governors are held on the first Monday of  
 each month, at Two o'clock, p.m.*





# THIRTY-NINTH ANNUAL REPORT

OF THE

## Belfast District Hospital for the Insane,

FOR THE YEAR ENDED 31<sup>ST</sup> MARCH, 1869.

Table I.—General Statement of the year's admissions, &c.

	Males	Females	Total	Males	Females	Total
In House on 1st April, 1868, .. .. .	..	..	..	207	173	380
Admitted since, .. .. .	..	..	..	115	69	184
Total under Treatment during the year, .. .. .	..	..	..	322	242	564
Discharged Recovered, .. .. .	71	62	133			
Do. Relieved, .. .. .	12	6	18			
Died, .. .. .	14	10	24			
	—	—	—	97	78	175
Remaining under Treatment on 31st March, 1869,				225	164	389
The total Admissions during the year were .. .. .			..	..		184
Do. for the preceding year, .. .. .			..	..		134
Daily Average Number of Patients during the year, .. .. .			..	..		384.43
Do. for the preceding year, .. .. .			..	..		369.55
Per centage of Recoveries and Relieved on the						
Average Daily Number under Treatment, .. .. .			..	..		25.45
Do. for the preceding year, .. .. .			..	..		25.43
Do. on year's total Admissions, .. .. .			..	..		21.24
Do. for the preceding year, .. .. .			..	..		27.23
Average per centage of Deaths on the total Number						
under Treatment during the year, .. .. .			..	..		2.33
Do. for the preceding year, .. .. .			..	..		3.65
"Dangerous Lunatics" admitted, by Warrants						
during the year (as embraced in the year's						
total Admissions), viz.:— .. .. .	..	..	..	80	39	119
Average Annual Expense of each Patient for the past						
year including every charge, .. .. .			..	£19	17	10
Do. for the previous year, .. .. .			..	21	9	1
Total Expenditure for the year ended 31st March, 1869,				7,658	13	2
Do. for the year ended 31st March, 1868,				7,927	0	4
Net Profit on Farm and Garden, .. .. .			..	£428	2	10



Table II.—Ages of the 184 Patients admitted during the year ending 31st March, 1869.

	Males.	Females	Total.
Under 20 years .. .. .	7	4	11
20 to 30 years .. .. .	35	18	53
30 to 40 " .. .. .	26	18	44
40 to 50 " .. .. .	26	16	42
50 to 60 " .. .. .	12	9	21
60 to 70 " .. .. .	7	4	11
70 to 80 " .. .. .	2	0	2
TOTALS, .. .. .	115	69	184

Table III.—Alleged Causes of Insanity in the 184 Cases admitted during the year ended 31st March, 1869.

	Males.	Females	Total.
MORAL CAUSES.			
Disappointed Love, .. .. .	3	1	4
Domestic Quarrels, ... .. .	2	1	3
Fright, .. .. .	2	1	3
Grief, Disappointment, and Anxiety, .. .. .	12	14	26
Jealousy, .. .. .	3	4	7
Religious Excitement, .. .. .	7	9	16
Total Moral Causes, .. .. .	29	30	59
PHYSICAL CAUSES.			
Bodily Ailments, .. .. .	2	7	9
Fever, .. .. .	2	2	4
Intemperance, .. .. .	11	0	11
Over-study, .. .. .	3	1	4
Puerperal Condition, .. .. .	0	3	3
Sun-stroke, .. .. .	3	0	3
Total Physical Causes, .. .. .	31	13	44
Hereditary, .. .. .	13	4	17
Unascertained, .. .. .	40	22	62
Idiotic, .. .. .	2	0	2
Total Moral and Physical, &c., .. .. .	115	69	184

Table IV.—Forms of Diseases in the 184 Patients admitted during the year ended 31st March, 1869.

	Males.	Females	Total.
Dementia, .. .. .	6	2	8
Mania, ... .. .	89	55	144
Melancholia, .. .. .	8	5	13
Monomania, .. .. .	12	7	19
TOTALS, .. .. .	115	69	184

Table V.—Religion of the 184 Patients admitted during the year ended 31st March, 1869.

	Males.	Females	Total.
Baptists, .. .. .	1	0	1
Covenanters, .. .. .	1	0	1
Methodists, .. .. .	1	5	6
Presbyterians, .. .. .	49	26	75
Roman Catholics, .. .. .	32	22	54
Unitarians, .. .. .	2	0	2
United Church of England and Ireland, ..	30	15	45
TOTALS, .. .. .	115	69	184

Table VI.—Social Condition of the 184 Patients admitted during the year ended 31st March, 1869.

	Males.	Females	Total.
Married, .. .. .	42	27	69
Single, .. .. .	69	39	108
Widowers and Widows, .. .. .	2	3	5
Unknown, .. .. .	2	0	2
TOTALS, .. .. .	115	69	184

Table VII.—Occupations of the 184 cases admitted during the year ended 31st March, 1869.

	Males.	Females	Total.
Carpenters, ... .. .	1	0	1
Clerks, .. .. .	10	0	10
Dealers, .. .. .	2	3	5
Dressmakers, .. .. .	0	15	15
Farmers, .. .. .	14	0	14
Hatters, .. .. .	1	0	1
Housekeepers, .. .. .	0	18	18
Saddler, .. .. .	1	0	1
Servants and Labourers, .. .. .	44	11	55
Mechanic, .. .. .	5	0	5
Millworkers, .. .. .	11	2	13
Paper Ruler, .. .. .	1	0	1
Pensioners, .. .. .	1	0	1
Policemen, ... .. .	2	0	2
Sailors, ... .. .	2	0	2
Shoemakers, .. .. .	3	0	3
Tailor, .. .. .	1	0	1
Weavers, .. .. .	7	4	11
Without any Occupation, .. .. .	9	16	25
TOTALS, .. .. .	115	69	184



**Table VIII.—Degree of Education in the 184 Cases admitted during the year ended 31st March, 1869.**

				Males.	Females	Total.
No Education, ..	..	..	..	5	3	8
Read only, ..	..	..	..	16	10	26
Read and Write, ..	..	..	..	61	42	103
Well Educated, ..	..	..	..	15	2	17
Unknown, ..	..	..	..	18	12	30
TOTALS,	..	..	..	115	69	184

**Table IX.—Ages of the 133 Patients Discharged Recovered during the year ended 31st March, 1869.**

				Males.	Females	Total.
Under 20 years, ..	..	..	..	3	2	5
From 20 to 30 years,	..	..	..	13	9	22
“ 30 to 40 „	..	..	..	23	24	47
“ 40 to 50 “	..	..	..	18	14	32
“ 50 to 60 “	..	..	..	13	10	23
“ 60 to 70 “	..	..	..	1	3	4
TOTALS,	..	..	..	71	62	133

**Table X.—Shewing the period of time the 133 Patients Discharged Recovered were under treatment during the year ended 31st March, 1869.**

				Males	Females	Total
Under 3 months,	..	..	..	6	4	10
From 3 to 6 months,	..	..	..	35	35	70
„ 6 to 12 „	..	..	..	17	11	28
„ 1 to 2 years,	..	..	..	7	9	16
„ 2 to 5 „	..	..	..	6	3	9
TOTALS,	..	..	..	71	62	133



Table XI.—Shewing the Duration of Disease in the 175 Patients Discharged Recovered, Relieved, and who Died, during the year ended March 31, 1869.

DURATION OF DISEASE.	RECOVERED AND RELIEVED.			DIED.		
	Males	Females	Total	Males	Females	Total
Under 3 months, ..	8	5	13	5	4	9
From 3 to 6 months, ..	38	37	75	1	1	2
„ 6 to 12 months, ..	18	12	30	1	1	2
„ 1 to 2 years, ..	10	9	19	0	0	0
„ 2 to 5 „ ..	7	4	11	2	0	2
„ 5 to 10 „ ..	2	1	3	1	1	2
„ 10 to 20 „ ..				3	0	3
„ 20 to 30 „ ..				0	3	3
„ 30 to 40 „ ..				1	0	1
TOTALS, ..	83	68	151	14	10	24

Table XII. - Ages of the 24 Patients who Died during the year ended 31st March, 1869.

	Males	Females	Total
From 20 to 30 years, ..	4	0	4
„ 30 to 40 „ ..	1	3	4
„ 40 to 50 „ ..	3	3	6
„ 50 to 60 „ ..	2	2	4
„ 60 to 70 „ ..	3	0	3
„ 70 to 80 „ ..	1	1	2
„ 80 to 90 „ ..	0	1	1
TOTALS, ..	14	10	24

Table XIII.—Employment during the year ended 31st March, 1869.

	Males.	Females	Total.
Assisting Servants, ..	14	14	28
Basket Making, ..	1	0	1
Breaking Freestone, ..	2	0	2
Cultivating the Farm, ..	56	0	56
Embroidering, ..	0	1	1
Gardening Labour, ..	4	0	4
Knitting, ..	0	26	26
Making and Repairing Clothing, Bedding, &c., ..	0	30	30
Pumping Water, ..	20	0	20
Smith Work, ..	1	0	1
Spinning, ..	0	14	14
Sweeping Yards, Carrying Coals, &c., ..	20	0	20
Tailoring, ..	2	0	2
Warping, Weaving, and Winding, ..	7	0	7
Washing in Laundry, ..	0	27	27
TOTALS, ..	127	112	239

**Table XIV.—Forms of Disease of the Total Number of Patients remaining on 31st March, 1869.**

				Males.	Females	Total.
Dementia,	..	..	..	9	3	12
Mania,	..	..	..	166	119	285
Do. Complicated with Epilepsy,	..		..	6	7	13
Melancholia,	..	..	..	23	18	41
Monomania,	..	..	..	21	17	38
TOTALS,	..	..	..	225	164	389

**Table XV.—Showing the State of the Cases remaining on 31st March, 1869.**

				Males.	Females	Total.
Chronic Cases,	...	...	...	183	126	319
Probably Curable Cases,	...	...	...	42	38	70
TOTALS,	...	...	...	225	164	389

**Table XVI.—Showing the Religious Persuasions of the 389 Patients remaining on 31st March, 1869.**

				Males.	Females	Total.
Baptists,	..	..	..	0	1	1
Covenanters,	..	..	..	1	0	1
Methodists,	..	..	..	3	2	5
Presbyterians,	..	..	..	91	52	143
Roman Catholics,	..	..	..	71	70	141
Unitarians,	..	..	..	3	0	3
United Church of England and Ireland,	..		..	56	39	95
TOTALS,	..	..	..	225	164	389



Table XVII.—Obituary for the year ended 31st March, 1869.

No.	Sex.	Age.	Form of Insanity and alleged Exciting Cause	Social State	Occupation	Period an Inmate.				Cause of Death.
						Yrs.	Mos.	Wks.	Dys.	
1	F.	48	Mania—Unknown.	Married.	Housewife.	0	3	3	0	Maniacal exhaustion.
2	F.	80	Mania—Unknown.	Single.	Sempstress.	25	0	3	3	Senile decay.
3	M.	60	Mania—Want of employment.	Married.	Farmer.	0	0	3	6	General debility.
4	M.	43	Mania—Unknown.	Single.	Weaver.	5	3	2	0	Epilepsy.
5	M.	50	Mania—Cerebral disease.	Married.	Hackler.	0	0	0	6	Disease of Brain.
6	M.	42	Mania—Unknown.	Married.	Thread-winder.	0	0	3	4	Maniacal exhaustion.
7	F.	38	Mania—Religious excitement.	Married.	Housewife.	0	0	2	3	Maniacal exhaustion.
8	F.	54	Mania—Unknown.	Single.	Servant.	20	9	1	0	General debility.
9	F.	70	Mania—Grief.	Married.	Housewife.	0	4	3	2	Senile decay.
10	M.	67	Mania—Grief.	Single.	Clerk.	36	9	3	0	Gradual decay.
11	M.	25	Mania—Anxiety.	Married.	Weaver.	0	1	3	1	Softening of the Brain.
12	M.	65	Mania—Unknown.	Married.	Scutcher.	18	0	3	0	Bronchitis.
13	M.	21	Mania—Wounds.	Single.	Farmer.	0	1	1	4	Cerebral disease.
14	F.	46	Mania—Unknown.	Single.	Servant.	20	0	0	2	General debility.
15	M.	29	Mania—Sun-stroke	Single.	Soldier.	3	10	0	4	Epilepsy.
16	F.	50	Dementia—Unknown.	Single.	Pauper.	0	0	5	5	Maniacal exhaustion.
17	M.	34	Mania—Epilepsy.	Single.	None.	12	11	2	0	Epilepsy.
18	M.	74	Mania—Injury on head.	Widower.	Weaver.	0	0	4	2	Senile decay.
19	M.	43	Mania—Unknown.	Single.	Teacher.	12	6	2	3	Phthisis Pulmonalis.
20	F.	30	Mania—Religious excitement.	Married.	Housewife.	0	0	1	1	Maniacal exhaustion.
21	F.	40	Mania—Religious excitement.	Single.	Servant.	0	0	2	0	Maniacal exhaustion.
22	F.	30	Mania—Intemperance.	Single.	Prostitute.	6	1	2	1	Phthisis Pulmonalis.
23	M.	50	Mania—Grief.	Married.	Sailor.	0	2	3	2	Internal hæmorrhoidal hæmorrhage.
24	M.	25	Mania—Unknown.	Single.	Farmer.	2	4	0	0	Chronic Pulmonary disease.



## GENERAL HEALTH.

ALTHOUGH the House has been so greatly and unprecedentedly over-crowded during the entire year, the physical health of the inmates has been surprisingly good, and no epidemic of any consequence made its appearance within the walls.

## DEATHS.

Twenty-four Deaths in the aggregate occurred during the year, fourteen of whom were males, and ten females, and all from natural causes. Those being—viz., Exhaustion from acute and continued mania, six (one male, five females); Senile Decay, five (three males, two females); General Debility, four (two males, two females); Cerebral Disease, three (males); Pulmonary Consumption, three (two males, one female); Epilepsy, two (males); Paralysis, complicated with Epilepsy, one (male). Several of the deceased were inmates for prolonged periods—One (male), thirty-seven years nearly; one (female), twenty-five years; one (female), twenty-one years; one (female), twenty years; one (male), eighteen years; one (male), thirteen years; one (male), twelve years; one (female), six years; three (males), between two and five years. Of the remainder, four (two males, two females), were between two and five months; two (male and female), five weeks; one (male), four weeks; two (males), three weeks; two (females), two weeks; one (female), one week; one (male), six days. The senior as to time of residence in this list was a weaver by trade, and throughout employed himself very industriously and usefully at his loom in the weaver's shop of the Institution. He outlived all belonging to him, and never expressed any desire to obtain his liberty, being perfectly contented with his lot and position as he was, and which he imagined to be that of a Divine Being, and occasionally would stop at his work, and preach a sermon for the benefit of those around him, his hearers listening to him with varied attention. Another, the female who had her home here for twenty-one years, laboured under the strange delusion that she was



a "monument," from the circumstance of her having found a stone image, as she stated, when she was engaged in planting potatoes, on which was written that its finder was to become a monument from henceforth. She continued in this strange delusion to the last; and, during her illness, which terminated her life, a pulmonary affection, when asked how she felt? her invariable answer was, "Sure a monument can't feel anything!"

The gross total of years of the deceased, was eleven hundred and fourteen, making the average age of the twenty-four, forty-six and a-half years. The oldest (a female), was eighty years; and the youngest (a male), twenty-five years. The average age of the males (the oldest being seventy-four, and the youngest twenty-five), was forty-five years nearly; and that of the females (the oldest and youngest being eighty and thirty, respectively), forty-six and three-quarter years.

#### SUICIDAL, & C., CASES.

Thirty-eight of the admissions were Suicidally disposed—sixteen males, twenty-two females. Two of the males had attempted to hang themselves, two sought self-destruction by jumping out of a window, one by beating his head against a wall, one by cutting his throat, three attempted to drown themselves. Eight of the females attempted to drown themselves, two tried to poison themselves, one to throw herself out of a window; the remainder by different ways and threat-enings.

Thirty-four of the admissions were of the Homicidal class,—twenty-seven males, seven females. Of the Males—seven threatened the lives of their mother, ten of their wives, three of their brother, and seven of their father; three of the females threatened their husband's lives, one of her child, one attacked her servant with a hatchet.

Three males and six females were both suicidally and homicidally disposed.

It may be conceived from the above enumeration how



great are the advantages the public reap by being protected from such cases, and what the responsibilities are of those who are charged with the care of the insane generally—a responsibility which never ceases; and which day and night, and night and day, is a source of the most constant anxiety, and calling for the most unceasing watchfulness.

#### ACCOMMODATION AND ADMISSIONS DURING THE YEAR.

Since the House was opened, now exactly forty years ago, so large a number of admissions never took place as during the past year, and which so greatly tried the resources—ordinary and extraordinary—that could be made available for the reception thereof. The new Act, giving power to magistrates to send in so-called “Dangerous Lunatics,” and as referred to in last year’s report, has been called into requisition in a manner that exceeded all calculation as to the admissions of such cases, and which it was judged would not have been greater than when they were committed to gaol, in the first instance, and from thence sent here by Warrant of the Lord Lieutenant, and which at no time during the twenty years operation, the Act now repealed by this new one exceeded more than ten or twelve in the year. The serious disturbance caused in the domestic arrangements of the House by these cases being sent in at most unseasonably late hours, and as referred to in last year’s Report, has, it is satisfactory to state, been materially mitigated latterly by the committing Magistrates having given directions to the constabulary to be careful in that respect, and which has been a most important boon and relief to the Institution.

#### THE NEW DISTRICT HOSPITAL FOR THE INSANE FOR THE COUNTY DOWN, AT DOWNPATRICK.

So far back as the year 1861, it was resolved by the proper authorities that this Institution should be relieved of its then over-taxed state as to accommodation, by its County Down inmates being removed from it to a separate establishment;



and though measures were immediately thereafter taken for the erection thereof, yet at this time such is not in readiness for their reception, but which, from present appearances, is expected will be the case between this and the ensuing autumn. The relief to be thus afforded it has already been stated will be more imaginary than real, inasmuch as the cases of insanity of a probable curable nature, and of various degrees of urgency, which are at present scattered throughout the several Union Workhouses in the County Antrim, and so largely in the Belfast Union, will then be expected to be taken in here; and so, accordingly, will very soon take up all the available accommodation left at disposal by the removal of the County Down patients.

Indeed, seeing the rapidly increasing state of the population in Belfast, and the large proportion of cases which such an intensely commercial and actively trading community always produces, the time is not very far distant when an establishment for this Borough alone will be required, and which at present gives so many as one hundred and fifteen inmates.

This Institution, too, as such, it cannot be omitted to observe, has ceased in a great measure—indirectly, at least—to fulfil its important mission, surrounded, as it now largely is, by buildings for the working classes, foundries, &c., and being enveloped in smoke from factory and other chimneys immediately outside the wall; whereas an establishment of this special kind, to be fully serviceable in all its important objects, should be strictly rural, and apart from the noise, excitement, and busy hum of the outside world, and all other exterior influences and disturbances which in any degree interfere with its curative operations and general sanitary state.

#### IMPROVEMENT IN THE DOMESTIC OFFICES OF THE HOUSE.

For some time past, and up to the present period, the Board has been and is specially engaged in reference to the erection of a Dining and Recreation Hall, besides New Bath-



rooms, Lavatories, Sculleries, and Water Closets, all so essential to the comfort and health of the inmates. The existing Bath-rooms, &c., have been in a very unsatisfactory state for some time past; and, accordingly, it is contemplated to erect entirely new offices of this description on the newest and most improved principles, and which will be so very desirable in every respect to be furnished with.

#### NEW GROUND.

The additional ground outside, between this and Grosvenor Street, and amounting to 3a. 2r. 30p., at a cost of £3,361 5s 1d, was placed in possession of the Board within the last few months, and the question now is as to its enclosure, either by a temporary paling, or the continuation of the boundary wall. It has been a most desirable matter the obtaining of this addition, for otherwise the Institution would have been overlooked so immediately by closely adjoining houses, and those too of a very second-rate character, as to have most injuriously interfered with its discipline and the general well-being of the patients.

#### EARTH CLOSETS.

A single dry-earth closet, constructed on the most approved plan has been lately erected in one of the male airing courts, by way of experiment, and testing its advantages or otherwise, and so far it has been found to answer its purposes. After the best consideration, and the most careful inquiry, the introduction of such, generally, within the house as a substitute for water-closets has been abandoned as not likely to be satisfactory.

#### ATTENDANCE OF GOVERNORS DURING THE YEAR.

The Governors who attended the monthly meetings of the Board during the year, together with their attendance re-



spectively were :—A. J. Macrory, Esq. (11); Right Rev. Dr. Dorrian (11); John Sharman Crawford, Esq. (9); David Taylor, Esq. (9); C. B. Grimshaw, Esq. (8); H. H. M'Neile, Esq. (7); Viscount Templetown (7); Captain Gray (7); the Bishop of Down (6); Dr. M'Gee (6); Thomas M'Clure, Esq., M.P. (5); Sir Edward Coey (5); Wm. Ewart, Esq., Jun. (5); Thos. Hamilton-Jones, Esq. (4); Wm. Dunville, Esq. (3); John Young, Esq. (3); John Blakiston Houston, Esq. (3); The Mayor of Belfast (S. M'Causland, Esq.) (2); the Very Rev. Dean Stannus (2); the Rev. Dr. Cooke (late) (1); Col. Forde, M.P. (1).

The average number attending each meeting was nine and a fraction, three constituting a quorum.

Besides the regular Boards, several Committee Meetings were held during the year on various matters of detail referred to them to report upon to a subsequent Board.

DEATHS OF GOVERNORS—MARQUIS OF DOWNSHIRE AND THE  
REV. HENRY COOKE, D.D., LL.D.

Two distinguished members of the Board have paid the debt of nature since last year, and both most sincerely regretted. The late Lord Downshire, whose decease occurred in the month of August, though necessarily infrequent in his personal attendance at the Board, yet always took a lively interest in the affairs of the institution, and never failed in affording, and was ever ready to give, the benefit of his services and the weight of his position in promotion of the welfare of the patients and all connected with their care.

Dr. Cooke, who died in December, was eminently an invaluable member of the Board, being intimately acquainted with the daily operations of the House, and sensibly alive to the onerous nature of the conduct and management of such an establishment. Having, in the first instance, some intention of pursuing medicine as a profession, he attended the hospitals and medical classes in Dublin for some time, and especially applied himself to an acquaintance with the treat-



ment of the insane, then provided for alone in the metropolis, under immediate Government direction, and thus had peculiar fitness and qualifications for fulfilling his duties as a member of the Board, and thereby rendering his opinion and counsel in all matters affecting the routine and carrying on of so peculiarly circumstanced an establishment as this of more than ordinary importance and value. His regular attendance here was continued until within a few months preceding his lamented removal—an attendance which lasted twenty-seven years nearly. After so prolonged a period of intimate official connexion with him, the Resident Physician personally felt his loss in a more than ordinary way, having throughout experienced nothing but courtesy and confidence at his hands, together with a consideration for the position he held and the duties he had to discharge, so encouraging, delicate, and thoughtful as shall never be effaced from his memory.

The following are the resolutions of the Board in connexion with the above-referred-to deceased Governors :—

“ BOARD ROOM, Monday, 7th September, 1868.

“ David Taylor, Esq., J.P., ex-Mayor of Belfast, in the Chair.

“ The generally lamented death of the late Marquis of Downshire having occurred since last month's Board, this meeting desires to take this the first opportunity of recording its sincere regret at being deprived of a member who was always ready and willing to use his influence in the promotion of the interests of the institution during the lengthened period of twenty-one years that he had been one of the Governors, and to afford the benefit of his personal attendance at the meetings of the Board as frequently as his other numerous public engagements enabled him to do.”



“ BOARD ROOM, Monday, 4th January, 1869.

“ The Right Rev. Dr. Dorrian in the Chair.

“ The demise of the late Rev. Dr. Cooke having occurred since the last meeting of the Board, the following minute in connexion therewith, was unanimously adopted, viz. :—

“ That the Governors desire to record on their proceedings to-day, their deeply felt regret at the removal from their body of the late Rev. Dr. Cooke, D.D., LL.D., whose decease has been now formally announced to have taken place since the last monthly meeting of the Board.

“ That in him the Board have to deplore the loss of one of its ablest, kindest, and most devoted fellow-labourers ; one whose large experience in the details of the daily operations of the institution, acquired by a constant attention to its interests during the lengthened period of seven-and-twenty years, had rendered both his counsel and judgment of the highest practical importance in its conduct.

“ That the ever prompt and able manner in which he afforded his time and invaluable assistance towards furthering to the utmost the beneficent and enlightened care of its afflicted inmates, as also the ready and liberal help which he gave with so much effect in supporting the authority and promoting the welfare of those immediately engaged in fulfilling its arduous and responsible duties, had obtained for him the lasting gratitude and best wishes of all in connexion with the establishment.

“ That the Governors beg to assure his bereaved family of their profoundly sympathizing with them in the greatness of their loss, and offering to them their earnest and respectful condolence for one whose place, whether in a public or private capacity, will not again be so easily supplied.”

#### NEW GOVERNORS.

The Lord Lieutenant and Privy Council of Ireland have recently appointed the following gentlemen to be members of the Board of Governors :—The Rev. James Morgan, D.D.; Professor Cuming, M.D. ; M. A. Dalway, Esq., M.P.; James Mehan, Esq., J.P.



## CHAPLAINS.

The question of the appointment of Chaplains was again before the Board during the past year, and ultimately negatived as on former occasions.

## OFFICIAL INSPECTIONS.

The following are the Reports made by the Government Inspectors of their official visits to the Establishment during the past year:—

“There are at this date 385 patients in the Belfast Asylum, or 25 more than on the corresponding day in 1867, the admissions during the three past months being 46, or 30 more than in the same period last year. The house, particularly at the male side, is in some of its dormitories much too overcrowded, and the day-room accommodation not sufficient. The beds too in the Infirmarys are all occupied, so that in case of sickness the Institution would be very badly circumstanced, unless tranquil and hopeless cases are provided for in the respective Union Workhouse to which they belong, and where they can, with ordinary care and good dietary, be well maintained. Some fresh provision of a temporary nature must be made for the insane who under magisterial warrants are thronging this establishment.

“The sanitary condition of the patients, I am happy to observe, is particularly favourable, five only being confined to bed from actual illness. The apartments are clean and orderly, the more so at the female side, where there is not the same pressure as at the male. I examined the various articles of food, which appear to me of unexceptionable quality. Altogether I have to report very favourably of the general state in which I found the Belfast District Asylum. The number of inmates chargeable to the County of Antrim is 79; to the Borough of Belfast, 115; to Carrickfergus, 8; and to the County Down, 183. The latter, I hope, will be transferred to their own Asylum in the course of the year.

“The Books, &c., &c., are regular.

“(Signed)

“J. NUGENT.

“9th April, 1868.”

“Inspected the Belfast District Asylum, and found every part of it in very creditable order, with the exception of the water-closets, lavatories, and bath-rooms. I fully concur with the Board of Governors as to the necessity of having them removed from their present position to the outside of the main building. I will be happy to confer with the Board on this subject at their next meeting.

“(Signed)

“G. W. HATCHELL.

“June 3rd, 1868.”

Visited and inspected the Belfast District Asylum this day, and found every part of it in most satisfactory order as to cleanliness and comfort.

“(Signed)

“G. W. HATCHELL.

“July 6th, 1868.”



"The patients at present in this institution I find to be 394—221 males, 173 females—an excess in the aggregate of fully 70 beyond the legitimate accommodation which the house affords; still I am happy to observe that the sanitary state of the inmates is particularly good; the dormitories and day-rooms I regard as being very much overcrowded. The opening of the Down Asylum, and which I anticipate before May next, will materially, by the removal to it of 190 patients, relieve the existing pressure. The establishment generally is in a very satisfactory condition, clean, orderly, and of a healthful temperature, at the same time well ventilated. I have carefully examined the proposed places and sites for domestic improvements in the way of baths, lavatories, sculleries, &c., and consulted with Dr. Stewart, who will confer with the local Architect in reference to them. I regret the resolution of the Governors in regard to a Dining-hall, as from experience I am convinced there is no arrangement more calculated to add to the comfort of the inmates, and to the efficient and cleanly working of the house. The meals thereby are commodiously served and more comfortably and economically, the refectory being in juxtaposition to the kitchen, thus obviating the great inconvenience of carrying food three times a day through corridors to day-rooms, probably some of them over a hundred and thirty yards from it. Even in Union Workhouses the practice is universally carried out, one advantage being a prompt and facile supervision by the officers. The cost would not, I apprehend, exceed £800 in full; I therefore would again venture to bring the subject under the Governors' notice, so that under one Governmental loan all requisite improvements may be effected.

"The books are regularly kept, and the external officers duly attend.

"J. NUGENT.

"11th February, 1869.

"On my inspection of the Belfast District Asylum this day, I find it presenting its usual appearance of good order and cleanliness. The several corridors, day-rooms, and dormitories are kept with great care, being comfortable and well ventilated.

"The patients are quiet and orderly, none being in seclusion or under restraint, and a large number is fully occupied with work of some kind or other. The men are in some cases employed on the farm, others in mechanical work—viz. at the loom, repairing clothes, &c.—the females in spinning and knitting, sewing, &c.

"The sanitary state of the house is particularly satisfactory. I also inspected the provisions, the meat is of most excellent quality, as also the other articles of food.

"(Signed)

"GEO. W. HATCHELL.

"January 4th, 1869."

"I this day inspected the Belfast District Asylum and have to report, as hitherto, in the most favourable terms of its general condition, in fact nothing can be more satisfactory than its organization, considering especially the overcrowded state of the house, which at this date has so many as 64 in excess of its proper accommodation.

"(Signed)

"J. NUGENT.

"12th March, 1869."



## AMUSEMENTS, &amp; C.

During the past year, the patients, as usual, had, besides their regular in-door amusements, the variety of several walks outside the walls, accompanied by the Band. They also had the privilege of being present in large parties at Stevens' Menagerie, the Circus, the Panorama of Scotland, the Royal Botanic Gardens, the Flower Shows at Newtownards and Comber—all of which were greatly enjoyed by them; and on those respective occasions their conduct and demeanour were of an entirely satisfactory nature.

The Band continues to be an unfailing source of enlivening pleasure and satisfaction to the entire establishment.

## AUDITING OF THE ACCOUNTS.

Since last year another new Act has come into operation with regard to these Institutions, so far as relates to the auditing of their accounts. Hitherto the Audit Office, Somerset House, fulfilled this duty, and in so satisfactory a manner, as frequently to elicit this Board's commendation. By the Act now in operation the accounts are to be audited yearly instead of monthly as was the rule with the Audit Office—the auditor being the official connected with the auditing of the Union Workhouses in this district, and whose duties here are to commence immediately, with the accounts for the year ending 31st December last.

## CHANGE OF TERMINATION OF THE FINANCIAL YEAR.

Formerly the financial year of the institution had been from the 1st of April to the 31st of March, both days inclusive, in accordance with the arrangement of the Audit Department, Somerset House, London, where the accounts of these institutions were transmitted for audit since their establishment; but the recent Act of Parliament having changed the audit to

a local one, and for a different period—viz., from the 1st January to the 31st December—the Annual Reports for the future will correspond with the latter period of time.

#### CONCLUSION.

It is very satisfactory to be enabled to state that, during the past year, no untoward accident of any kind occurred amongst so crowded and so heterogeneous a community as this one has been, and necessarily is, and with so many of its inmates the subjects of most decidedly marked suicidal and homicidal tendencies. The duties of the officers and attendants, so largely increased, and so trying and irksome, have been fulfilled in a generally creditable and humane manner, and altogether it has been a matter of great thankfulness that the year has been brought to a close in such a way as to merit for the working staff no small measure of well-earned praise.

ROBERT STEWART, M.D.





# GENERAL TABLES OF STATISTICS.

Table XVIII.—Shewing the Admissions, Discharges, &c., from each County in the District, during the year ended 31st, March, 1869.

ADMITTED FROM EACH COUNTY.							
					Males.	Females	Total
Antrim,	..	..	..	..	59	26	85
County of the Town of Carrickfergus,	..			..	3	0	3
Down, ..	...	..	..	..	53	43	96
TOTALS,	..	..	..	..	115	69	184

DISCHARGED, ETC., TO EACH COUNTY.							
					Males.	Females	Total.
Antrim,	..	..	..	..	46	36	82
County of the Town of Carrickfergus,	..			..	1	2	3
Down, ..	..	..	..	..	50	40	90
TOTALS,	..	..	..	..	97	78	175

REMAINING IN THE HOUSE, 31ST MARCH, 1869.							
					Males.	Females	Total.
Antrim,	..	..	..	...	119	76	195
County of the Town of Carrickfergus,	..			..	5	3	8
Down, ..	..	..	..	..	101	85	186
TOTALS,	..	..	..	..	225	164	389

Table XIX.—Ages of the Patients remaining on 31st March. 1869.

					Males.	Females	Total.
Under 20 Years,	..	..	..	..	7	1	8
From 20 to 30 Years,	..	..	..	..	39	28	67
“ 30 to 40 “	..	..	..	..	57	49	106
“ 40 to 50 “	..	..	..	..	58	37	95
“ 50 to 60 “	..	..	..	..	40	29	69
“ 60 to 70 “	..	..	..	..	22	17	39
“ 70 to 80 “	..	...	..	..	2	3	5
TOTALS,	..	..	..	..	225	164	389

Table XX.—Shewing the Articles Manufactured and made by the Patients during the year ended 31st March, 1869.

1,205 Hanks Linen Yarn.	16 Wrappers.
939 Yards Plain Linen.	110 Day Caps.
560 Pairs Stockings and Socks.	36 Bolsters.
207 Sheets.	36 Bed Ticks.
201 Shirts.	49 Gowns.
49 Shifts.	270 Pillow Slips.
152 Aprons.	30 Towels.
54 Petticoats.	

Table XXI.—Shewing the Number of Cases Admitted, Recovered, Relieved, and who Died in each Quarter and each Month, respectively, during the Year ended 31st March, 1869.

	ADMITTED.			DISCHARGED.						DIED.		
				RECOVERED.			RELIEVED.					
	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.
April, .....	13	5	18	7	3	10	4	4	8	0	2	2
May, .....	14	3	17	3	5	8	0	0	0	3	0	3
June, .....	9	10	19	7	6	13	1	1	2	1	2	3
July, .....	5	9	14	5	3	8	2	0	2	1	1	2
August, .....	8	4	12	8	3	11	2	0	2	2	0	2
September, ..	4	4	8	2	8	10	0	0	0	1	0	1
October, .....	9	9	18	6	6	12	0	1	1	0	0	0
November, ..	9	3	12	6	9	15	0	0	0	0	1	1
December, ..	10	4	14	6	4	10	1	0	1	4	1	5
January, .....	15	10	25	10	4	14	1	0	1	0	0	0
February, .....	7	8	15	5	5	10	1	0	1	0	2	2
March, .....	12	0	12	6	6	12	0	0	0	2	1	3
	115	69	184	71	62	133	12	6	18	14	10	24



TABLE XXII.—Shewing the Admissions, Discharges, and Deaths, with the mean Annual Mortality and Proportion of Recoveries per cent. of the Admissions for each Year, since the Opening of the Asylum.

Year.	ADMITTED.			DISCHARGED.						DIED.			Remaining 31st March each year.			Average No. Resident.	Per centage of Recoveries on Admissions.	Per centage of Deaths on average numbers Resident.
				Recovered.			Relieved.											
	Male	Fmle	Total.	Male.	Fmle	Total.	Male.	Fmle	Total.	Male.	Fmle	Total.	Male.	Female.	Total.			
1831	94	80	174	25	19	44	5	3	8	6	3	9	58	55	113	103.68	32.79	8.68
1832	51	49	100	29	22	51	2	3	5	10	5	15	68	74	142	132.65	38.44	11.30
1833	41	32	73	21	24	45	16	6	22	15	8	23	57	68	125	131.45	34.23	17.49
1834	32	44	76	18	29	47	1	2	3	5	6	11	65	75	140	136.78	34.36	8.04
1835	43	42	85	23	25	48	—	—	—	7	7	14	78	85	163	151.50	31.59	9.21
1836	37	36	73	32	30	62	—	—	—	7	9	16	78	83	161	163.49	57.91	9.78
1837	42	39	81	31	22	53	—	—	—	16	15	31	78	88	166	166.75	31.78	18.58
1838	36	56	92	19	39	58	—	—	—	10	12	22	85	93	178	178.75	27.95	12.30
1839	52	55	107	25	40	65	—	—	—	5	10	15	107	98	205	194.00	29.87	8.24
1840	56	58	114	30	33	63	—	—	—	10	19	29	123	104	227	217.35	25.30	12.88
1841	62	53	115	34	31	65	5	3	8	14	10	24	132	113	245	244.67	26.15	9.80
1842	56	59	115	35	37	72	6	5	11	9	18	27	138	112	250	246.80	29.17	10.94
1843	72	51	123	59	37	96	3	4	7	8	10	18	140	112	252	249.44	36.08	7.21
1844	64	50	114	43	26	69	4	8	12	13	8	21	144	120	264	253.15	27.25	8.29
1845	60	53	113	33	35	68	—	—	—	14	26	40	142	106	248	258.83	26.36	15.50
1846	53	54	107	32	29	61	10	4	14	9	15	24	144	112	256	252.18	24.19	9.51
1847	50	63	113	26	35	61	7	14	21	15	12	27	146	114	260	254.96	23.53	10.58
1848	60	80	140	31	50	81	12	3	15	18	29	47	145	112	257	262.56	30.85	17.90
1849	61	59	120	27	42	69	8	6	14	21	9	30	150	114	264	271.32	25.43	11.05



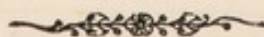
1850	57	63	120	24	28	52	11	10	21	25	18	43	147	121	268	267.51	18.68	16.07
1851	69	71	140	33	40	81	11	18	29	22	7	29	150	119	269	271.12	29.87	10.69
1852	54	70	124	32	30	62	9	15	24	11	16	27	152	128	280	275.71	22.48	9.79
1853	50	65	115	26	41	67	9	12	21	14	11	25	153	129	282	280.01	23.92	8.92
1854	34	46	80	19	29	48	14	5	19	8	11	19	146	130	276	279.11	16.83	6.80
1855	37	59	96	13	25	38	11	8	19	18	21	39	141	135	276	266.48	13.50	14.63
1856	65	49	114	20	30	50	5	9	14	12	7	19	169	138	307	291.96	17.12	6.50
1857	78	64	142	27	39	66	9	6	15	23	25	48	188	142	330	323.25	20.41	11.75
1858	71	76	147	38	44	82	14	12	26	14	11	25	193	151	344	342.59	23.93	7.29
1859	57	57	114	33	32	65	7	11	18	12	6	18	198	159	357	347.21	18.17	5.18
1860	51	69	120	35	41	76	9	13	22	17	8	25	188	166	354	358.97	20.89	6.96
1861	51	51	102	18	29	47	14	17	31	14	8	22	193	163	356	356.98	13.16	6.16
1862	55	64	119	35	38	73	5	16	21	11	8	19	197	165	362	359.50	23.05	5.02
1863	38	44	82	24	35	59	4	6	10	7	7	14	200	161	361	362.90	29.59	3.85
1864	45	47	92	29	23	52	8	11	19	8	4	12	200	170	370	366.02	25.13	3.27
1865	33	40	73	15	21	36	7	16	23	10	12	22	201	161	362	364.51	20.26	6.03
1866	38	49	87	26	30	56	10	9	19	7	7	14	196	164	340	364.75	23.85	3.83
1867	45	43	88	30	25	55	13	9	22	6	7	13	192	166	358	362.91	24.24	3.58
1868	65	69	134	30	32	62	11	21	32	9	9	18	207	174	380	369.55	27.27	4.87
1869	115	69	184	71	62	133	12	6	18	14	10	24	225	164	389	384.43	21.24	1.60

Total,	2130	2178	4308	1151	1287	2438	272	291	563	474	444	918						
--------	------	------	------	------	------	------	-----	-----	-----	-----	-----	-----	--	--	--	--	--	--



Table XXIII.—Shewing the Duration of Residence of the 389 Patients remaining under Treatment, 31st March, 1869.

				Males	Females	Total
From 1 to 2 months,	..	..	..	12	11	23
„ 2 to 3 „	..	..	..	14	8	22
„ 3 to 6 „	..	..	..	15	6	21
„ 6 to 9 „	..	..	..	10	5	15
„ 9 months to 1 year,	..	.		9	8	17
„ 1 year to 18 months,	..	..		10	7	17
„ 18 months to 2 years,	..	..		8	10	18
„ 2 years to 4 „	..	..		18	21	39
„ 4 „ to 6 „	..	..		13	21	34
„ 6 „ to 10 „	..	..		21	30	51
„ 10 „ to 15 „	..	..		40	14	54
„ 15 „ to 20 „	..	..		20	13	33
„ 20 „ to 25 „	..	..		10	4	14
„ 25 „ to 30 „	.	..		11	4	15
„ 30 „ to 40 „	..	..		14	2	16
TOTALS,	..	..	..	225	164	389



# DIETARY.

OF THE

## Belfast District Hospital for the Insane.

### BREAKFAST.

One quart stirabout (made with 7oz coarse meal), and three-fourths of a pint mixed milk (equal parts of new milk and buttermilk, .. ..)	Males.	Every Morning.
One and-half-pint stirabout and one-half pint mixed milk, .. .. .	Females.	

### DINNER.

One half-pound loaf bread (or 3lbs potatoes), 6oz solid meat, and one pint soup, .. .. .	Males & Females.	3 days a-week.
One half-pound loaf bread (or 3lbs potatoes and one quart soup (made with ox heads and bones cut out of meat, vegetables, oatmeal, barley, peas, &c.,	Males.	
One half-pound loaf bread (or 3lbs potatoes), and one and-half-pint soup, .. .. .	Females.	3 days a-week.
Three-fourths of a pound loaf bread (or 3½lbs pota- toes), and one pint mixed milk, .. .. .	Males.	
One half-pound loaf bread (or 3lbs potatoes), and one pint mixed milk, .. .. .	Females.	1 day a-week.

### SUPPER.

One half-pound loaf bread, and three-fourths of a pint of new milk, .. .. .	Males.	Summer 6 months.
One half-pound loaf bread, and one-half pint new milk, .. .. .	Females.	
One quart stirabout, and three-fourths of a pint new milk, .. .. .	Males.	Winter 6 months.
One and-half-pint stirabout and one half-pint new milk, .. .. .	Females.	

\*\* Patients who are actively employed are allowed a portion of flesh meat in addition to the soup, five instead of three days in the week. When the state of the patient's health requires it, the diet is changed accordingly, and any other substituted that may be considered requisite by the Medical Officers.



# AN ACCOUNT OF THE RECEIPTS & DISBURSEMENTS OF THE BELFAST DISTRICT HOSPITAL FOR THE INSANE FOR ONE YEAR,

BEING FROM 1st APRIL, 1868, TO 31st MARCH, 1869.

## THE CHARGE.

Balance of last Account in favour of the Public,	...	£122	16	4
Received from the Lords Commissioners of her Majesty's Treasury,	...	...	...	...
Received for Vegetables and Fruit sold,	...	7,690	15	11
Do. Oats and Wheat sold,	...	4	6	2
Do. Bones and Rags sold,	...	27	12	5
Do. Hay sold,	...	26	1	0
Do. Potatoes sold,	...	14	2	5
Do. Grazing,	...	5	1	10
Do. Interest,	...	13	0	0
	...	8	17	2

Balance in favour of the Public, ... £7,912 13 3

## THE DISCHARGE.

Paid for Provisions,	...	£4,213	2	11
Do. Clothing,	...	...	777	9 5
Do. Bedding,	...	...	252	1 6
Do. Furniture,	...	...	52	12 0
Do. Fuel and Light,	...	...	431	5 8
Do. Soap and Candles,	...	...	93	1 2
Do. Stationery, Printing, and Periodicals,	...	...	28	12 9
Do. Advertising,	...	...	4	10 2
Do. Medicines,	...	...	15	18 1
Do. Repairs and Alterations,	...	...	210	17 6
Do. Farm and Garden Expenses,	...	...	46	4 5
Do. Insurance,	...	...	24	12 6
Do. Incidental Expenses,	...	...	226	19 1
Do. Salaries and Wages,	...	...	1,277	0 0
Do. Postage,	...	...	4	6 0

Balance on hand, ... £7,658 13 2

... 254 0 1

£7,912 13 3

AN ACCOUNT OF THE EXPENDITURE ON AND PRODUCE OF THE LAND OF THE BELFAST DISTRICT HOSPITAL FOR THE INSANE  
FOR ONE YEAR,  
BEING FROM 1st APRIL, 1868, TO 31st MARCH, 1869.

Dr.		EXPENDITURE.		PRODUCE.		Cr.
To Seed Potatoes, ...	...	...	£23 13 9	By 23 tons 17 cwt. Potatoes used in the Es- tablishment at 3s. per cwt., ...	£71 11 0	
" Seeds and Plants, ...	...	...	18 12 7	" Sold at various prices, ...	5 1 10	
" Spades, Hooks, Shovels, &c. ...	...	...	2 3 5			£76 12 10
" Shoeing Farm Horse, ...	...	...	1 14 8	6 tons Oats used in the Establishment, at		
				8s. 4d. per cwt., ...	£50 0 0	
To Balance, ...	...	...	£46 4 5	Oats sold, ...	14 12 6	64 12 6
			381 18 5	Wheat sold at various prices, ...	£12 19 11	
				" Do. used in the Establishment, ...	2 4 0	15 3 11
				10½ tons Hay used in the Establishment, at		
				3s. 6d. per cwt., ...	£36 15 0	
				Do. sold, ...	14 2 5	50 17 5
				18 tons Straw used in the Establishment, ...	...	54 0 0
				" Vegetables and Fruit sold, ...	£4 6 2	
				Do. used in the Establishment, ...	68 0 0	72 6 2
				Manure, valued at ...	...	40 0 0
				Ostlers made into Baskets, ...	...	1 10 0
				Grazing on Ground on River-side, ...	...	13 0 0
				Value of Farm Implements, ...	...	40 0 0
Total, ...	...	...	£428 2 10	Total, ...	...	£428 2 10



# LIST OF REPORTS, &c.,

RECEIVED FROM 1ST APRIL, 1868, TO 31ST MARCH, 1869.

---

## Irish.

1. *Armagh District Hospital for the Insane*, Annual Report, 1867, pp. 26.  
By Robert M'Kinstry, M.D., Physician-Superintendent.
2. *Clonmel District Hospital for the Insane*, Annual Report, 1867, pp. 12.  
By James Flynn, M.D., Physician-Superintendent.
3. *District, Criminal, and Private Hospitals for the Insane in Ireland*, Report on (seventeenth), for the year 1867 (Blue Book), pp. 114.  
By John Nugent, M.D., and G. W. Hatchell, M.D., Government Commissioners and Inspectors. Presented to both Houses of Parliament by command of her Majesty.
4. *Farnham House Private Asylum* (Finglas, County Dublin), Seventh Annual Report, 1868, pp. 33. J. G. Wilson, M.D., Resident Physician, and J. F. Duncan, M.D., Visiting Physician and Proprietor.
5. *Kilkenny District Hospital for the Insane*, Annual Reports, 1867 and 1868, pp. 16 and 14. By Barry Delany, M.D., Physician-Superintendent.
6. *Killarney District Hospital for the Insane*, Annual Report, 1868, pp. 19. By M. S. Lawlor, M.D., Physician-Superintendent.
7. *Limerick District Hospital for the Insane*, Annual Report, 1868, pp. 22. By Robert Fitzgerald, M.R.C.S., Resident Medical Superintendent.
8. *Mullingar Do.*, Annual Report, 1867, pp. 27. By H. Berkeley, M.D., Physician-Superintendent.
9. *Omagh Do.*, Annual Report for 1868, pp. 29. By F. J. West, M.D., Physician-Superintendent.
10. *Richmond Do.*, Annual Reports, 1867 and 1868, pp. 40 and 48. By Joseph Lalor, M.D., Physician-Superintendent.
11. *Sligo Do.*, Annual Report, 1867, pp. 45. By John M'Munn, M.D., Physician-Superintendent.
12. *Waterford Do.*, Annual Report, 1868, pp. 24. By F. Maccabe, M.D., Physician-Superintendent.