

**Report of the Committee of Visitors of the Lunatic Asylum for the North and East Ridings of Yorkshire : presented at the Epiphany quarter sessions for the respective ridings, 1859 together with the superintendent's twelfth annual report, read at the Easter sessions, 1859 and an account of the receipts and payments to the end of the year, 1858 / North and East Ridings of Yorkshire Lunatic Asylum.**

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REPORT

OF THE

COMMITTEE OF VISITORS

OF

THE LUNATIC ASYLUM

FOR THE

North and East Ridings of Yorkshire :

PRESENTED AT THE

EPIPHANY QUARTER SESSIONS FOR THE RESPECTIVE RIDINGS, 1859 ;

TOGETHER WITH

THE SUPERINTENDENT'S TWELFTH ANNUAL REPORT,  
PRESENTED AT THE EASTER SESSIONS, 1859 ;

AND

AN ACCOUNT OF THE RECEIPTS AND PAYMENTS TO THE  
END OF THE YEAR 1858.

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YORK :

HENRY SOTHERAN, BOOKSELLER, CONEYSTREET.

1859.



# REPORT

COMMITTEE OF VISITORS

## THE LUNATIC ASYLUM

North and East Wings of Yorkhill

PRESENTED AT THE ANNUAL MEETING OF THE BOARD OF MANAGERS

THE REPORTING TWELFTH ANNUAL REPORT  
PRESENTED AT THE ANNUAL MEETING, 1883

AN ACCOUNT OF THE RECEIPTS AND PAYMENTS TO THE  
END OF THE YEAR 1883

HENRY BOTHERAK, BOOKSELLER, GLASGOW

1883



# REPORT.

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*North and East Ridings' of Yorkshire Lunatic Asylum,  
Clifton, York, 18th December, 1858.*

TO HER MAJESTY'S JUSTICES OF THE PEACE FOR THE  
RESPECTIVE RIDINGS IN GENERAL QUARTER SESSIONS  
ASSEMBLED.

## THE TWELFTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

The Committee of Visitors are again able to give a satisfactory Report as regards the condition of the Patients and the general working of the Institution.

The Superintendent continues, by a careful scrutiny of their individual ailments both of body and mind, and ever mindful of the great value of industrial occupations for the Insane, to provide them with that description of work best adapted to promote their present comfort and their ultimate improvement and recovery.

The Male Patients have been engaged in draining, levelling, and in ordinary agricultural operations. A new outfall drain, with seven sediment tanks, have been constructed, and considerable progress has been made in extending, heightening, and strengthening the embankment. To such a pleasing extent has the organization of the Asylum reached, that another outfit of Clothing and Bedding for an establishment in the South has been supplied, this being the third occasion of our having rendered similar assistance to kindred Institutions on their first opening.

The Committee feel that such examples are proofs of the spirit and industry capable of being displayed by the Insane when properly instructed.



The Commissioners in Lunacy having recently visited the Asylum, we append a copy of their report.

The Committee have, with the sanction of the Courts, proceeded with the erection of additional Farm Buildings. The residence for the Steward and the cottage adjoining are advancing towards completion, but the Attendants' cottages have not yet been commenced.

The Superintendent's Annual Report and the financial statement will be presented as usual at the next Easter Sessions.

J. V. B. JOHNSTONE,

CHAIRMAN.

TO HER MAJESTY'S JUSTICES OF THE PEACE FOR THE NORTH  
AND EAST RIDINGS IN GENERAL QUARTER SESSIONS  
ASSEMBLED.

The Committee beg to present to the Sessions the Twelfth Annual Report of the Medical Superintendent.

They have entered into a Contract (which has been approved by the Secretary of State for the Home Department) with the Council of the City of York, to receive into the Asylum all Pauper Lunatics of and belonging and chargeable to Parishes within the same City or to the City of York or County of the same, for a period of seven years, determinable as to all or any of them at any time during the said term by twelve calendar months notice.

WM. RUTSON,

CHAIRMAN *pro tem.*

1st April, 1859.



## REPORT OF COMMISSIONERS IN LUNACY.

*North and East Ridings' Lunatic Asylum, Clifton, York,  
10th December, 1858.*

We have this day visited the Asylum, inspected all its Wards, Offices and Premises, and seen all the patients, male and female, excepting two of the former and four of the latter, who were absent on trial.

The patients on the books are at present 445 in number, viz. : 235 males and 210 females.

Since the last visit of the Commissioners, on the 30th Nov. 1857, 55 male and 53 female patients, total 108, have been admitted. Of the former 3 were private patients, and of the latter 6 of the same class.

During the same period 80 patients have been discharged, of whom 45 were recovered; and 36 have died. The deaths have been assigned to ordinary causes, calling for no special observation.

We found the patients generally free from excitement, and their personal condition, as to dress and otherwise, was most satisfactory. The several wards and rooms, beds and bedding, at the time of our visit, were perfectly clean and in the best order, and no offensive odour was perceptible, even in the sleeping rooms of the patients of the most uncleanly habits.

It has not been deemed expedient to establish any system of night nursing, or night watch.

Much progress has been made in embanking, laying out, and planting the grounds, and in the erection of additional farm and other buildings. Amongst other improvements a detached residence for the Steward and his family, and a lodge in connexion therewith, are near completion.

We think it unnecessary, on this occasion, to repeat or add to the details, contained in the last Visiting Commissioners' entry. The same good and active management, as therein noticed with so much satisfaction, continues to characterize the Institution in all its departments, and the same successful results appear to attend the employment of the patients of both sexes.

R. W. S. LUTWIDGE, } Commissioners  
ROBERT NAIRNE, } in Lunacy.



*North and East Ridings' Lunatic Asylum, Clifton, York,  
31st March, 1859.*

## TWELFTH ANNUAL REPORT OF THE MEDICAL SUPERINTENDENT.

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*To the Committee of Visitors :*

GENTLEMEN,—In presenting my Report of the proceedings of the past year, I am happy in being able to state that although there was for a considerable time a good deal more than an average amount of sickness amongst the patients, which caused much anxiety, yet that the mortality did not exceed the comparatively low per centage of all previous years, since the first opening of the Asylum in 1847.

This gratifying fact is probably attributable to the salubrious site of the Establishment, the excellence of the drainage, the abundant supply of water, the good quality of the dietary, to the outdoor exercise, and the healthy, invigorating, and interesting occupations always enjoyed by the whole of the inmates who are not afflicted with diseases forbidding their sharing in such pleasures and diversions.

Their profitable industry, it is obvious, must be alike advantageous to themselves and the Institution. Throughout the last year, it has been marked in its results. Each succeeding twelve months corroborate the fact, that the time of the insane, when fittingly organized, is very valuable. What, may be asked, can be done in a majority of cases by mere medicine? again the question, may be repeated, What can be done by mere occupation? The two remedies are indispensably necessary and should go hand in hand; for in those instances when prolonged medicinal treatment is required, it can only be regarded as the pilot for steering the subsequent course towards the haven of recovery. Any unsettling or upsetting of the reasoning powers is at best a calamitous disaster, and fortunately now and then is demonstrated only by sharp breezes which subside into quiet calm. This however, is but an



occasional sequel. The too frequent mischief is of more lasting and indeed more dread import; which nothing but a clear-sighted experience and discrimination can master. Years of study, observation, and practical experience must pass 'ere the business of Asylum life can be altogether comprehended and brought to within the compass of good and efficient management. Contrast the conflicting phenomena presenting themselves almost hourly to one's notice; think of the unfounded beliefs, the extravagant conceptions, the profound melancholy and despondency, the groundless suspicions, doubts and fears; the disheartened spirits, the lost hopes; and on the other hand the false securities and mistaken trust in a blissful eternity; the homicidal and it may be the horrible combination of both suicidal and homicidal propensities; the hatred of the nearest of kin, and of affectionate friends—think of such a catalogue of overwhelming thoughts laying siege to the mind's dominion, and it will not be difficult to appreciate the nature of their effects on those who constantly witness such scenes, listen to the expression of such trains of mental hallucinations, and whose task is to administer to their needs and necessities. 'Tis impossible but to watch with extreme anxiety the operations of absorbing delusions upon the sufferers—there are incessant calls on one's sympathies and activity and a continual stretch of one's foresight and anticipations.

To be of really practical use amongst the insane, to be able to relieve their distresses, to assuage their anguish of mind, to cheer their drooping and weakened spirits, to encourage them when overcast with doubts and hesitation, to administer physically to their many wants, to overcome their suicidal determinations, to outwit their strategies and cunning, in a word, to direct them aright from amidst their confusion and bewilderment, to give a turn to their moroseness, violence and destructiveness, to dissipate their repulsiveness, filth and apathy, or to tone down to sobriety of conduct the opposites of the above class of embarrassments of those whose disorders revel in the indulgence of fancied and excessive wealth, happiness and power, soaring above all earthly bliss, satisfied and confident with naught in which any trust whatever can be placed,—as too often happens—or are indifferent to all around, sunken to the lowest state of bodily and mental decrepitude; reliable alone on the attentions, care and watchfulness to be afforded by others; devoid of any trace of intelligence, a mere living but hardly animate being, requires the exercise of the utmost patience, tenderness and painstaking. Picture, I pray you, all this, and forget not what severe trials insanity of the mind brings about; not only to those on whom its infliction falls, but also on all who undertake the charge of them. Such duties embrace acts of the most delicate, thoughtful, firm and considerate character.



It is with much satisfaction I report that many of the immediate executives are animated with the laudable wish to do their best in attending to the instructions given to them; and I hope, by your late significant rewards for such endeavours, that the junior servants will emulate them.

As it appears to me that vague and ill-defined notions are being promulgated in respect to the classes of lunatics whose disorders have assumed an established and chronic form of malady, many of whom are presumed by some not to need the same kind of care and supervision as those more recently affected, I think it right to say that, in a somewhat long acquaintance with the treatment and management of such cases, I have always found it necessary to keep up precisely an equal amount of scrutiny for both classes, to bring to bear the same sort of discipline, and to mark the changes occurring in their tempers, despondency or excitement; to arrange from time to time every matter of a social kind connected with their comfort and improvement; to choose books for their instruction and entertainment, and to observe the effects of religious duties upon their minds. I therefore hold it to be an unphilosophical doctrine, not to say a system deficient in benevolence, that the length of duration of mental disorders ending in an assumed harmlessness, to which a patient may be reduced, should be a reason for separating such from others newly attacked with lunacy. Moral training and direction ought always to be actively in force amongst them.

There may be crotchets about economical and cheap arrangements, and erroneous beliefs may get abroad as to the saving to be gained, but wherever there are insane patients under care, there ought to be an ample supply of all the appliances for cooking, washing, drying, warming, ventilation, personal cleanliness, useful occupations, attendance at Divine Worship, exercise, safety, order, regularity, and lastly for prompt medical treatment and skilful moral teaching. Such machinery, if good, will cost as much in one building as another; and no abode not furnished with baths, and a plentiful quantity of hot and cold water, and everything else above enumerated, can constitute a proper home for any one class whatever belonging to the insane in mind.\*

\* The Commissioners in Lunacy in their Twelfth Report to the Lord Chancellor alluded to the cost per head involved in making additional provision for 100 insane patients in Devonshire, and the Superintendent of the Wilts Lunatic Asylum makes mention of their having recently achieved a fitting accommodation for 35 patients at a trifle less per patient than that previously made at the Devon Asylum, which the Committee of Visitors in Devonshire evidently believe to have been an original suggestion. This might possibly have been true had it not happened that in 1844 the North and East Ridings Asylum was planned entirely with ground floor day rooms, with the main proportion of sleeping apartments up stairs, and that in 1850 additions were made for 140 patients, after the original design, at a cost of only £35 per patient.



Apart from this statement, there are other weighty reasons for not providing especial Asylums for Chronic cases. Examples are common enough of the mutual advantages derived by both the old and the recently affected being associated together and subjected to the same medical and moral management. The very arrival of fresh cases excites an interest and solicitude amongst the patients, their observation is attracted, they render assistance in numerous ways, help to nurse the sick, inspire with hope the downcast and frequently succeed in reconciling new patients to their altered circumstances.

In my humble opinion, therefore, it behoves all to aid by their influence in suppressing any measure so calculated to prejudice the welfare of that most humiliating portion of our race, who are reduced to so low an ebb as to be "deemed harmless." In how many of these unhappy people does simple inertness, a habit of silence and stillness cause loss of pliability to the limbs, general helplessness, slow decay, and offensive habits? All calling for the best judgment to relieve them of the dreadful consequences of such absence of mental power.

In illustration of the class above alluded to, I may be allowed to narrate a short history.

A married female, aged 27, a mother, who was admitted from another Asylum in 1851, and had had a previous attack of insanity when 14 years old, laboured under the terrific delusion that a ship was sailing over her head. She was shrieking and bending forward day and night. This continued for about three months, and it was almost impossible to say when she slept; after which she became quite lost to every thing, and apparently unable to take any exercise; she then gradually grew to an enormous size, and was mute. This condition lasted for five years. The treatment during this long period consisted in strenuous endeavours to rouse her, and to make her take exercise, and in the very difficult administration of medicines which were indispensable; she occasionally gave utterance to bad language and was exasperated by the efforts made for her benefit; always resisting, which induced me to have her forcibly trotted about—her whole skin was so tense and dark coloured that her arms and hands and legs and feet seemed to be in danger of bursting. The recumbent posture was at one time tried, but inaction increased her size; she manifested no signs of intelligence, and one main difficulty to contend with in her treatment was the universal belief that she was hopelessly irrecoverable. The happy result of seven years and a half of perseverance and care of this lunatic is that she has returned to her family quite restored and full of great gratitude and thankfulness. Good accounts of her have recently reached us. After she had regained her reason I detained her nearly a year, and she had the run of the house and



grounds, making herself most useful. Her countenance, from extreme repulsiveness, assumed its naturally mild and pleasing aspect. Other cases, if not all quite so successful, but seemingly just as unpromising, have rewarded our labours, and not a year has elapsed without affording proof of the susceptibility of even the most confirmed mischief, to yield under judicious management. To consign such patients on account of the length of their maladies and of their harmless state to any care, devoid of the necessary moral training and medical treatment, would be to add injury to misfortune.

The statistics for the year 1858 are as follow :—

	Males.	Females.	Total.
There were in the Asylum on the } 1st January, 1858 . . . . . }	233	213	446
Admitted during 1858 . . . . .	57	55	112
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Total under treatment in 1858 . . . . .	290	268	558
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	Males.	Females.	Total.
Discharged recovered	21	24	45
Discharged relieved	6	5	11
Discharged not improved	11	12	23
Died . . . . .	17	20	37
	—	—	—
	55	61	116
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Remaining on the 31st December, 1858	235	207	442
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The character of the Mental diseases affecting those admitted in 1858 was as follows :—

	Males.	Females.	Total.
Recent mania and melancholia, probably } curable . . . . . }	25	25	50
Chronic ditto not curable	10	19	29
Afflicted with general palsy . . . . .	8	4	12
Epileptic mania . . . . .	7	2	9
Chronic dementia and idiocy with epilepsy	6	5	11
Senile imbecility . . . . .	1	0	1
<hr/>			
Total	57	55	112
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The causes of death have been as follow :

	Males.	Females.
Phlegmonous erysipelas . . . . .	0	1
Gradual decay . . . . .	2	0
Old age . . . . .	2	3
Serous apoplexy . . . . .	1	0



	Males.	Females.
Tubercular disease of the brain . . . . .	1	0
Epilepsy . . . . .	3	1
General palsy . . . . .	5	7
Diarrhæa . . . . .	1	0
Consumption of the lungs . . . . .	1	2
Enlargement of the heart . . . . .	1	1
Apoplexy . . . . .	0	1
Chorea . . . . .	0	1
Disease of the bowels . . . . .	0	1
Bronchitis . . . . .	0	1
Paralysis . . . . .	0	1
Total	17	20

In conclusion, it remains for me to draw your attention to the advancement made during the year in the various works belonging to the Asylum, to the improvements going on, and to the desirableness of enlarging the laundry and washhouses, which was not done when the Institution was added to for 166 more patients in 1855.

I beg to thank you for your regular attendance, and the increasing interest you take in the well-doing of this large establishment, which I may take the liberty of saying is owing to your fostering care and a steadfast adherence to the first principles put into practice in 1847 for our general guidance.

I have the honour to be, GENTLEMEN,

Your very obedient and faithful Servant,

SAMUEL HILL.



RECEIPTS AND PAYMENTS by the Treasurers of the North and East Ridings of Yorkshire County Lunatic Asylum, from the 1st day of January to the 31st day of December, 1858. (Pursuant to the 16th and 17th Vict. chap. 97, Sec. 58.)

### RECEIPTS.

	£.	s.	d.	£.	s.	d.
From produce of farm and garden, and } sales of live stock . . . . . }				241	9	3

Maintenance Account:—

Private Patients . . . . .	401	7	3
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*From Counties and Places to which Asylum belongs.*

Aysgarth . . . . .at 7s. weekly	36	10	0
Bainbridge . . . . .	11	19	0
Bedale . . . . .	200	15	0
Beverley . . . . .	485	6	0
Bridlington . . . . .	94	11	0
Darlington . . . . .	18	10	0
Driffield . . . . .	483	11	0
Easingwold . . . . .	282	1	0
Great Ouseburn . . . . .	17	11	0
Guisborough . . . . .	273	11	0
Hawes . . . . .	36	10	0
Helmsley . . . . .	23	10	0
Howden . . . . .	295	14	0
Kirby Moorside . . . . .	26	14	0
Leyburn . . . . .	176	3	0
Malton . . . . .	420	19	0
Northallerton . . . . .	403	12	0
Patrington . . . . .	227	10	0
Pickering . . . . .	172	7	0
Pocklington . . . . .	311	6	0
Reeth . . . . .	73	0	0
Richmond . . . . .	256	9	0
Ripon . . . . .	54	15	0
Scarborough . . . . .	175	10	0
Sculcoates . . . . .	241	13	0
Selby . . . . .	36	10	0
Skirlaugh . . . . .	133	14	0

Carried forward . . . . .	£4970	1	0	642	16	6
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	£.	s.	d.	£.	s.	d.
Brought forward . . . . .	4970	1	0	642	16	6
<i>From Counties (continued).</i>						
Stockton . . . . .	79	12	0			
Stokesley . . . . .	68	14	0			
Teesdale . . . . .	150	2	0			
Thirsk . . . . .	151	18	0			
Whitby . . . . .	591	3	0			
York . . . . .	323	17	0			
				6335	7	0
<i>From County Treasurers for Vagrants.</i>						
East Riding . . . . .at 7s. weekly	78	2	0			
North Riding . . . . .	107	4	0			
				185	6	0
<i>From other Counties and Boroughs.</i>						
Alnwick Union . . . . .	132	1	0			
Boston Union . . . . .	7	3	1			
Durham Committee of Visitors . .	1034	3	4			
Gainsborough Union . . . . .	12	16	6			
Headingley-cum-Burley Township	18	13	8			
Holbeach Union . . . . .	14	11	4			
Knaresborough Union . . . . .	4	19	9			
Lincoln Committee of Visitors . .	186	0	2			
Lincoln Union . . . . .	7	3	1			
Scarborough Borough . . . . .	362	17	7			
Scarborough Town Council . . . .	25	17	1			
Sedbergh Union . . . . .	3	0	11			
Shipston-upon-Stour Union . . . .	25	17	1			
York Union (City District) . . . .	4	6	8			
				1839	11	3
<i>From County Treasurers for Repairs.</i>						
East Riding proportion $\frac{13}{33}$ . . . .	265	2	8			
North Riding proportion $\frac{20}{33}$ . . . .	407	17	6			
				673	0	2
<i>From County Treasurers for additions, &amp;c., &amp;c.</i>						
East Riding . . . . .	157	11	4			
North Riding . . . . .	242	8	8			
				400	0	0
<i>Funeral and other Expenses.</i>						
Alnwick . . . . .	1	17	7			
Beverley . . . . .	4	14	6			
Bridlington . . . . .	1	11	6			
Carried forward . . . . .	£8	3	7	10076	0	11



	£.	s.	d.	£.	s.	d.
Brought forward . . . . .	8	3	7	10076	0	11
<i>Funeral and other Expenses (continued).</i>						
Driffeld . . . . .	4	2	6			
Great Ouseburn . . . . .	0	7	0			
Guisborough . . . . .	4	14	6			
Howden . . . . .	6	6	0			
Kirby Moorside . . . . .	1	11	6			
Malton . . . . .	3	14	0			
Pickering . . . . .	1	11	6			
East Riding . . . . .	1	11	6			
North Riding . . . . .	4	13	9			
Scarborough (Country District) . .	1	11	6			
Scarborough (Town District) . . .	3	3	0			
Sculcoates . . . . .	1	11	6			
Stockton . . . . .	3	3	0			
Stokesley . . . . .	1	8	0			
Thirsk . . . . .	1	11	6			
Whitby . . . . .	6	6	0			
York (Rural District) . . . . .	3	18	0			
To a private patient . . . . .	2	14	8			
				62	3	0
<i>From Miscellaneous Sales, &amp;c.</i>						
Tallow, Hides, and Skins . . . . .	140	12	3			
Clothing for another Asylum, &c. .	1064	1	9			
Discounts . . . . .	4	15	7			
Sundry other receipts . . . . .	21	13	4			
				1231	2	11
<i>Total Receipts . . . . .</i>				£11369	6	10

## PAYMENTS.

<i>Salaries and Wages.</i>	£.	s.	d.	£.	s.	d.
Officers . . . . .	1086	0	0			
Attendants . . . . .	535	7	4			
Servants . . . . .	133	1	10			
				1754	9	2
<i>Provisions (including all articles in dietary).</i>						
Ale, 30 galls. . . . .	2	5	0			
Barley, 10 cwt. . . . .	8	4	0			
Carried forward . . . . .	£10	9	0	1754	9	2



		£.	s.	d.	£.	s.	d.
	Brought forward . . . . .	10	9	0	1754	9	2
<i>Provisions (continued).</i>							
Beer,	13424 galls. . . . .	318	16	6			
Malt,	18 bushels . . . . .	8	1	0			
Hops,	136 lbs. . . . .	6	16	0			
Butter,	45 c. 2 qrs. 3 lbs. . . . .	245	16	7			
Cheese,	35 c. 3 qrs. 8¼ lbs. . . . .	111	2	7			
Coffee,	434 lbs. . . . .	22	16	2			
Currants,	17 st. . . . .	7	17	6			
Eggs,	119 score . . . . .	7	3	11			
Flour,	518 sacks . . . . .	803	18	6			
Meat,	2730 st. 9 lbs. . . . .	918	2	0			
Oatmeal,	50 sacks . . . . .	95	9	0			
Pease,	280 st. . . . .	28	10	0			
Raisins,	8 st. . . . .	2	12	0			
Rice,	22 cwt. . . . .	18	6	0			
Snuff,	18 lbs . . . . .	4	6	6			
Sugar (loaf),	13 st. . . . .	4	15	1			
Sugar (moist),	45 cwt. . . . .	105	0	0			
Tea,	1157 lbs. . . . .	164	19	7			
Tobacco,	350 lbs. . . . .	61	5	0			
Pipes,	14 gross . . . . .	1	15	0			
Vinegar, salt, mustard, pepper, and spice . . . . .		22	12	2			
Miscellaneous, as arrow root, sago, &c. . . . .		20	8	0			
		<hr/>			2990	18	1
<i>Wine, Spirits, and Porter.</i>							
Wine, . . . . .		81	0	0			
Spirits, . . . . .		10	2	0			
Porter, . . . . .		145	16	3			
		<hr/>			236	18	3
<i>Necessaries.</i>							
Candles, . . . . .		25	8	6			
Coals, 859 tons 7 cwt. 3 qrs. . . . .		450	16	7			
Gas, . . . . .		151	5	0			
Oil, . . . . .		9	13	0			
Soap, 66 cwt. 0 qrs. 14 lbs. . . . .		118	12	9			
Soda, 11 cwt. 3 qrs. 4 lbs. . . . .		4	7	10			
Starch and Blue, . . . . .		8	18	6			
Miscellaneous, as hearth stone, bath brick, matches, &c. . . . .		16	7	5			
		<hr/>			785	9	7
	Carried forward . . . . .				£5767	15	1



	£.	s.	d.	£.	s.	d.
Brought forward . . . . .				5767	15	1
<i>Surgery and Dispensary.</i>						
Drugs . . . . .				41	0	8
<i>Clothing.</i>						
Apron check . . . . .	38	4	4			
Black aprons . . . . .	0	17	0			
Bonnets . . . . .	6	8	9			
Bracer strapping . . . . .	10	0	9			
Calico . . . . .	96	16	11			
Cloth . . . . .	287	7	2			
Cotton stockings . . . . .	0	5	0			
Cotton velvet . . . . .	0	18	4			
Diaper . . . . .	12	10	10			
Dimity . . . . .	3	16	10			
Duck . . . . .	0	13	0			
Flannel . . . . .	24	6	9			
Fustian . . . . .	53	7	10			
Gingham . . . . .	24	13	3 $\frac{1}{2}$			
Handkerchiefs . . . . .	15	19	0			
Hats . . . . .	3	4	2			
Hessian . . . . .	71	2	7			
Huckaback . . . . .	7	18	9			
Jean . . . . .	7	5	9			
Knitting cotton . . . . .	2	4	0			
Lawn . . . . .	7	8	7 $\frac{1}{2}$			
Leather . . . . .	135	19	5			
Lindsey woolsey . . . . .	56	11	7			
Linen . . . . .	9	12	8			
Muslin . . . . .	1	5	7 $\frac{1}{2}$			
Peaks for caps . . . . .	2	16	0			
Print . . . . .	78	10	4 $\frac{1}{2}$			
Shawls . . . . .	12	9	0			
Shirting . . . . .	121	3	9 $\frac{1}{2}$			
Sundries for a suit of clothes . .	2	1	7			
Towelling . . . . .	3	9	4 $\frac{1}{2}$			
Thread, needles, tapes, buttons	49	17	4 $\frac{1}{2}$			
Worsted and yarn . . . . .	56	14	0			
				1206	0	5 $\frac{1}{2}$
<i>Furniture and Bedding (completion of New Wings)</i>						
				369	14	7
Carried forward . . . . .	£7384	10	9 $\frac{1}{2}$			



	£.	s.	d.	£.	s.	d.
Brought forward . . . . .				7384	10	9½
<i>Furniture and Bedding (ordinary).</i>						
Crockery . . . . .	31	4	9			
Culinary utensils, brushes, &c.	61	3	7			
Green cloth . . . . .	1	12	0			
Horse hair . . . . .	31	15	0			
Pails and tubs . . . . .	0	17	6			
Pillow case linen . . . . .	74	0	10½			
Repairing clocks . . . . .	1	5	0			
Rugs . . . . .	23	4	0			
Sheeting . . . . .	296	12	2			
Straw . . . . .	213	8	11			
Tick . . . . .	6	5	5			
Waterproof sheets . . . . .	16	0	0			
				757	9	2½
<i>Funeral and other Expenses.</i>						
Repaid by Unions and Parishes . . . . .				64	17	0
<i>Repairs.</i>						
Blacksmith . . . . .	39	15	0			
Bricklayer . . . . .	63	12	0			
Carpenter . . . . .	63	12	0			
Cement . . . . .	1	16	0			
Common Bricks . . . . .	1	19	0			
Engine repairing . . . . .	0	13	6			
Fire Bricks . . . . .	7	16	9			
Insurance of the Building . . . . .	20	0	0			
Ironfounder . . . . .	6	16	4			
Ironmonger . . . . .	55	1	0			
Iron piping . . . . .	9	6	11			
Labour . . . . .	19	10	0			
Lime . . . . .	6	7	7			
Locks altering and repairing . . . . .	21	10	9			
Laundry copper repairing . . . . .	2	17	6			
Paint and Oil . . . . .	36	18	2			
Paint and whitewash brushes . . . . .	2	2	0			
Plumber and glazier . . . . .	16	10	3			
Sand . . . . .	1	13	0			
Sawing ash . . . . .	2	15	0			
Slate tank . . . . .	7	0	6			
Spetches . . . . .	0	18	8			
Tiles and labour for drainage . . . . .	181	7	3			
Scaffold poles . . . . .	4	0	0			
Timber . . . . .	76	17	11			
Carried forward . . . . .	£650	17	1	8206	17	0



	£.	s.	d.	£.	s.	d.
Brought forward . . . .	650	17	1	8206	17	0
<i>Repairs (continued).</i>						
Vulcanized India rubber . . . .	0	17	6			
Whiting . . . . .	1	5	7			
	<hr/>			653	0	2
<i>Additions, Alterations and Improvements.</i>						
Bricks . . . . .	209	17	2			
Bricklayer . . . . .	110	9	8			
Carpenter . . . . .	29	5	5			
Ironfounder . . . . .	175	3	10			
Ironmonger . . . . .	30	17	8			
Labourers . . . . .	24	17	5			
Lime . . . . .	34	3	0			
Sand . . . . .	10	19	9			
Stone . . . . .	42	14	11			
Stonemason . . . . .	32	11	9			
Tiles for drainage . . . . .	97	11	3			
Tiles for ridging . . . . .	10	14	3			
Tiles for roofing . . . . .	72	13	0			
Timber . . . . .	219	17	10			
	<hr/>			1101	16	11
<i>Garden and Farm.</i>						
Live stock . . . . .	112	11	6			
Implements . . . . .	32	16	4			
Labour . . . . .	35	0	0			
Manure . . . . .	6	3	4			
Garden pots . . . . .	1	12	0			
Provender . . . . .	422	19	8			
Seeds . . . . .	196	10	5			
Inspecting and valuing off-going crop . . . . .	2	2	0			
Taxes . . . . .	22	16	0½			
Grinding wheat . . . . .	4	2	6			
Cattle medicine . . . . .	8	2	6			
	<hr/>			844	16	3½
<i>Miscellaneous.</i>						
Advertisements, printing, post- age, and stationery . . . . .	81	18	11			
Carriage of goods . . . . .	25	0	0			
Sweeping chimneys . . . . .	7	2	3			
Incidentals . . . . .	49	18	11½			
	<hr/>			164	0	1½
<i>Total Payments . . . . .</i>				£10970	10	6



GENERAL STATEMENT of RECEIPTS and PAYMENTS on account of the North and East Ridings of Yorkshire County Lunatic Asylum, from the 1st day of January and the 31st day of December, 1858.

RECEIPTS.				PAYMENTS.			
	£.	s.	d.		£.	s.	d.
Balance on maintenance } account . . . . . }	619	6	11	Salaries and wages . . . . .	1754	9	2
Balance in Steward's hands	64	17	1	Provisions . . . . .	2990	18	1
Balance on construction ac- } count . . . . . }	48	14	0	Wine, spirits, and porter . .	236	18	3
From sales of produce . . . . .	241	9	3	Necessaries . . . . .	785	9	7
Maintenance of private } patients . . . . . }	401	7	3	Surgery and Dispensary . .	41	0	8
Maintenance of patients } from places within the } Ridings . . . . . }	6335	7	0	Clothing . . . . .	1206	0	5½
Maintenance of vagrants . .	185	6	0	Furniture and bedding } (New Wings) . . . . . }	369	14	7
Maintenance of out-county } patients . . . . . }	1839	11	3	Furniture and bedding } (ordinary) . . . . . }	757	9	2½
From County Treasurers } for repairs . . . . . }	673	0	2	Funeral and other expenses	64	17	0
From County Treasurers } for additions, alterations, } and improvements . . . . }	400	0	0	Repairs . . . . .	653	0	2
Repayment of funeral and } other expenses . . . . . }	62	3	0	Additions, Alterations, and } Improvements . . . . . }	1101	16	11
Miscellaneous, including } sales of clothing, &c. . . }	1231	2	11	Garden and Farm . . . . .	844	16	3½
Total . . . . .	£12102	4	10	Miscellaneous . . . . .	164	0	1½
				Balance on construction } account . . . . . }	48	14	0
				Balance on maintenance } account . . . . . }	1011	14	2
				Balance in Steward's hands	71	6	2
				Total . . . . .	£12102	4	10

Aggregate number of days of residence of patients :—161189

Average daily number of patients . . . . . 441  $\frac{224}{365}$

SUMMARY OF COST PER HEAD PER WEEK :—

Salaries and Wages . . . . .	1s. 6¼d.—	3309
Provisions . . . . .	2s. 7d.—	15920
Wine, Spirits, and Porter . . . . .	0s. 2¼d.—	20193
Necessaries . . . . .	0s. 8d.—	17196
Surgery and Dispensary . . . . .	0s. 0¼d.—	16365
Clothing . . . . .	1s. 0½d.—	6432
Furniture and Bedding . . . . .	0s. 7¾d.—	13325
Garden and Farm . . . . .	0s. 6¼d.—	3543
Miscellaneous . . . . .	0s. 1½d.—	19284
	7s. 5d.—	432
		23027
Less from miscellaneous receipts . . . . .	1s. 0¾d.—	7523
Actual cost . . . . .	6s. 4d.—	15936
		23027

JOHN ROBERTS, Clerk of the Asylum.



NORTH AND EAST RIDINGS OF YORKSHIRE LUNATIC ASYLUM.  
*Farm and Garden Account for the Year 1858.*

RECEIPTS.				EXPENDITURE.			
	£.	s.	d.		£.	s.	d.
Sale of live stock and produce	241	9	3	Value of live stock 1st } January, 1858 - - - }	853	13	0
Potatoes and other vegeta- bles consumed in the house and valued at } wholesale prices - - }	262	5	7	Purchase of live stock - -	112	11	6
Milk, 9434 gallons, at 8d. -	314	9	4	Implements - - - - -	32	16	4
Pork and bacon, 1080 st. 3 lbs., at 6s. 6d. - - }	351	1	5	Labour - - - - -	35	0	0
Beef, 426st. 8lbs., at 5s. 7½d.	119	10	7	Manure - - - - -	6	3	4
Mutton, Lamb, and Veal, 794 st. 4 lbs., at 5s. 7½d. }	222	11	3	Garden pots - - - - -	1	12	0
Wheat, 26½ qrs., at 40s. -	53	0	0	Provender - - - - -	422	19	8
Estimated labour of horses & men in works not connected with the farm and garden: viz.:				Seeds and potatoe sets - -	196	10	5
Leading 859 tons 7 cwt. 3 qrs. of coals, at 1s. 6d. }	64	9	1	Valuing off-going crop - -	2	2	0
Carting soil for improve- ments and levelling, &c. }	7	7	0	Taxes - - - - -	22	16	0½
Leading bricks, sand, lime, and sundry jobs - - }	59	17	2	Grinding wheat - - - - -	4	2	6
Keep of fat stock for killing	20	0	0	Cattle medicine - - - - -	8	2	6
Value of live stock 31st December, 1858 - - }	744	15	0	Hog wash - - - - -	15	0	0
				Rent of land, 133 acres, } at £3 - - - - - }	399	0	0
				Balance - - - - -	348	6	4½
Total -	£2460	15	8	Total -	£2460	15	8

NORTH AND EAST RIDINGS OF YORKSHIRE LUNATIC ASYLUM,  
*Contract Prices of the Principal Articles of Consumption, 1858.*

PROVISIONS.		Quarter ending 31st March.	Quarter ending 30th June.	Quarter ending 30th September.	Quarter ending 31st December.
		£. s. d.	£. s. d.	£. s. d.	£. s. d.
Flour .....	per sack	1 14 6	1 10 0	1 9 0	1 10 0
Oatmeal .....	ditto	2 0 0	1 17 0	1 18 0	1 18 0
* Beef (by the carcase) about .....	per stone	0 5 11¼	0 5 11¼	0 5 11¼	0 5 11¼
* Mutton (by the car- case) about .....	ditto	0 5 11¼	0 5 11¼	0 5 11¼	0 5 11¼
Cheese .....	ditto	0 7 6	0 7 10½	0 7 9	0 7 9
Butter .....	ditto	0 13 6	0 13 6	0 13 6	0 13 6
Pease .....	ditto	0 2 3	0 2 0	0 2 0	0 2 0
Rice .....	per cwt.	0 19 0	0 17 0	0 15 0	0 15 0
Scotch Barley ....	ditto	0 14 0	0 17 0	0 17 0	0 17 0
† Beer .....	per gall.	0 0 6	0 0 6	0 0 6	0 0 6
Porter .....	per barrel	2 12 0	2 12 0	2 12 0	2 12 0
Coffee .....	per lb.	0 1 1	0 1 1	0 1 1	0 0 11
Tea .....	ditto	0 2 10	0 2 10	0 2 9½	0 2 9½
Sugar (moist) ....	ditto	0 0 5	0 0 5	0 0 5	0 0 5
Tobacco .....	ditto	0 3 6	0 3 6	0 3 6	0 3 6
Snuff .....	ditto	0 5 0	0 4 9	0 4 9	0 4 9
Pepper .....	ditto	0 1 0	0 1 0	0 1 0	0 1 0
Mustard .....	ditto	0 0 7	0 0 10	0 0 10	0 0 8
Salt .....	per cwt.	0 2 0	0 1 9	0 1 8	0 1 8

\* These averages are the result of purchasing Fat Live Stock, and slaughtering it on the premises, a practice now being followed for the seventh year. † Subject to a fluctuating discount.



*Contract prices of the principal articles of consumption (continued.)*

NECESSARIES.		Quarter ending 31st March.	Quarter ending 30th June	Quarter ending 30th September.	Quarter ending 31st December.
		£. s. d.	£. s. d.	£. s. d.	£. s. d.
Coals (average about)	per ton	0 10 6	0 10 6	0 10 6	0 10 6
Candles (dips) . . . .	per doz.	0 6 6	0 6 3	0 6 3	0 6 0
„ (composite) . . . .	ditto	0 0 0	0 9 6	0 9 0	0 9 0
Gas . . . . .	per 1000 ft.	0 3 9	0 3 9	0 3 9	0 3 9
Soap . . . . .	per cwt.	1 18 0	1 15 0	1 14 0	1 16 0
Soda . . . . .	ditto	0 7 0	0 8 0	0 8 0	0 7 0
Starch (London) . . .	per lb.	0 0 5	0 0 5	0 0 5	0 0 5
„ (Glenfield) . . .	ditto	0 0 5½	0 0 5½	0 0 5½	0 0 5½
Powder Blue . . . . .	ditto	0 0 10	0 0 10	0 0 10	0 0 10
Blacklead . . . . .	ditto	0 0 3½	0 0 3½	0 0 3½	0 0 3
Bath Brick . . . . .	per gross	0 0 0	0 12 0	0 12 0	0 12 0

**NORTH AND EAST RIDINGS OF YORKSHIRE LUNATIC ASYLUM.**

*Articles made and repaired by the Female Patients during the Year 1858.*

ARTICLES MADE.		ARTICLES MENDED.
51 stays	92 night gowns	839 shifts
555 linen shifts	70 velvet stocks	2889 shirts
88 flannel shirts	28 jean hoods	5722 pairs of stockings
737 pairs of stockings knitted	643 neckerchiefs	471 sheets
36 do. socks do.	10 table cloths	745 day caps
330 do. stockings re-footed	51 round towels	4 spencers
579 linen day caps	24 blinds for wards	13 rugs
492 do. day shirts	28 jean spencers	66 blankets
194 pairs of shoes bound	67 flannel shifts	364 mattress cases
340 lindsey petticoats	242 aprons	513 petticoats
499 pillow cases	332 night caps	99 stays
1264 linen sheets	5 mattress cases	596 night gowns
278 cotton print dresses		58 flannel shifts
73 dozens of buttons		437 do. shirts
24 pairs of curtains for wards		539 aprons
		347 pillow cases
		995 gowns

S. H. HILL, MATRON.

*Articles made and repaired by the Male Attendants and Patients during the Year 1858.*

SHOEMAKERS' LIST OF NEW WORK.	SHOEMAKERS' LIST OF REPAIRS.	
189 pairs of women's leather shoes	536 pairs of boots and shoes soled and heeled	Repairing 5 horse hair do.
49 do. do. do. boots	114 pairs of boots and shoes heeled	Making 41 horse hair pillows
81 pairs of men's leather boots for heavy wear	121 pairs of boots and shoes soled	Making 4 horse hair cushions for chairs
84 pairs men's leather boots for light wear	450 pairs of boots and shoes repaired	Making 1 horse hair cushion for couch
51 pairs men's leather shoes	500 pairs of boots and shoes strapped and buckled	
134 pairs cloth slippers		MAT MAKERS' WORK.
50 pairs leather gloves		Platting 700 yards coir yarn for chain mats
500 pairs leathers for bracers		Making 34 chain mats
5 pairs boys' new leather boots	UPHOLSTERERS' WORK.	„ 7 brush mats
16 pairs girls' do. shoes	Making 64 horse hair mattresses	„ 10 sheep nets
		„ 6 cabbage nets



*Articles made and repaired by the Male Attendants and Patients (continued).*

TAILORS' LIST OF NEW WORK.		TAILORS' LIST OF REPAIRS.
273 cloth jackets	6 linen trowsers	369 jackets
289 cloth waistcoats	166 pairs of braces	178 waistcoats
257 cloth caps	24 short frocks	1240 trowsers
251 fustian trowsers	19 canvass spencers	5 canvass spencers
9 linen jackets	10 flannel drawers	
6 linen waistcoats	190 velvet stocks	
	1 sofa cover	
	332 mattress cases	

JOHN ROBERTS, STEWARD.

## NORTH AND EAST RIDINGS OF YORKSHIRE LUNATIC ASYLUM.

*Mechanical work executed by the Male Attendants and Patients during the Year 1858.*

ENGINEERS AND BLACKSMITHS' WORK.	
22 new hold-fasts for door jambs, &c.	170 new bolts for iron palisading
1 new hay spade	170 sets of screws for stays for do.
70 new 4-inch spike nails	4 peg knives for shoemakers
6 new large meat hooks, 2 ft. long	3 peg rasps
1 new set of gate tire for field gate	88 new bolts for scaffold boards
3 new sets of large gate tire for road side gates, including latches, bolts, &c.	2 new mason's hammers
36 new bolts for roofing	6 new joiner's do.
26 new king bolts for roofing, 2 ft. long	1 set of new block tire for butcher's shop
6 new axes for chopping fire wood	1 new 12-in. valve setting in embankment
3 new stubbing axes	6 new 12-in. rings for coupling valve outlet pipes
20 new bolts and nuts for carts	1 large grate for valve, 3 ft. square
290 new bolts and nuts for iron hurdles	12 new bolts for valve
10 new wedges for splitting fire wood	74 new cramps for coping stone, &c.
36 new stonemason's chisels	4 new sets of tire for wheelbarrows
65 new 5-barred iron hurdles, 6 ft. 6 in. by 5 ft.	24 new ring bars for cow chains
46 new bolts and nuts for repairing apparatus boiler	Iron work for 16 air plugs for sewage tank
24 new square set screws for do.	13 new slide bolts for piggery doors
8 new plates for door locks	8 pair bands and crooks, with bolts for do., complete
4 new gate crooks	18 new rods for window curtains
8 new air tubes and fitting to hot water main	80 new italian iron heaters
1 new set of crooks and bands for furnace door	Setting 107 yards iron palisading
120 new brag nails for roofing, 6 in. long	Fixing 1 pair gates in do.
3 new 3-pronged dung forks	12 new tin shaving cans
3 new top bars for kitchen range	24 new tin saucepans, of sizes
12 new potatoe hoes	7 new tin 1-gallon measures
14 new garden rakes	16 new tin kettle lids
16 new hay forks	8 new 2-quart tin gravy cans
6 new rings and plugs for block stones	6 new tin foot pans
24 new king post plates for roof	6 new square bread tins, of sizes
8 new straps for pan in roof	12 new tin coffee cans
6 new docking diggers	12 new 1-quart tin measures
12 new turnip hoes	12 oval tins new bottomed
4 new sets of scythe tire	
170 new hooks for gas fitting	
6 new wrought iron gateposts for gateways in hurdle fencing	
6 washing machine rollers turning	
4 new hedge slashers	
3 new garden wall hammers	
133 yards of gas pipe laying in wards	

## JOINER'S WORK.

Making 70 small picture frames
" 1 table, with 2 drawers for shoemaker's shop, 6 ft. by 2 ft. 6 in.
" 9 door frames for farm buildings
" 15 window frames for do.
" 6 seats for shoemakers
" 4 boxes for black lead brushes
" 14 washing tubs for laundry
" 1 stand for milk-bowl



*Mechanical work executed by the Male Attendants and Patients (continued).*

Making frame work for water cart  
 „ 7 packing boxes  
 „ 12 clothes props  
 „ 2 trestles for bricklayers  
 „ 16 plugs for sewage tanks  
 „ 14 pig troughs  
 „ 6 valance laths  
 „ 1 scalding tub for slaughter house  
 5 ft. by 2 ft.  
 „ 4 ventilators for cooking house  
 in farm buildings  
 „ 24 spade shafts  
 „ 2 feeding troughs for cattle  
 „ 1 door casing  
 „ 1 tub for christmas tree  
 „ 3 frames for sewage tank covers  
 „ 1 sixteen-ft. ladder  
 „ 9 foot stools  
 „ 2 twelve-ft. ladders  
 „ 3 entrance gates and posts  
 „ 6 boxes for garden seeds  
 „ 1 frame for spirit level  
 „ 12 birch arm chairs  
 „ 12 shafts for axes  
 „ 1 bread tray, 3 ft. by 2 ft.  
 „ 2 towel rollers  
 „ 9 looking glass frames  
 „ 1 gate to farm yard, 10 ft. 6 in.  
 by 7 ft. 6 in.  
 „ 1 twenty-six-ft ladder  
 „ 12 settees for the wards  
 „ 12 centres for brickwork  
 „ 1 clothes box for a discharged  
 patient  
 „ 23 clothes posts, 10 ft. by 5 in.  
 square  
 „ 2 commodes  
 „ 6 pair stand steps  
 „ 26 window blind rollers  
 „ 6 tables for dinner trays, 10 ft.  
 by 2 ft.  
 „ 1 granary floor and laying, 30 ft.  
 by 16 ft.  
 „ 1 granary roof, 30 ft. by 16 ft.  
 „ roofing to cow sheds, 100ft. by  
 20ft  
 „ roofing to piggeries, 80 ft. by  
 20 ft.  
 „ roofing to cookinghouse and gate-  
 way, 42 ft. by 20 ft.  
 „ floor over cookinghouse and gate-  
 way, 42 ft. by 18 ft.

10 cow stalls making and fixing

*The glazing and painting are done by the  
 Joiners.*

PAINTER'S WORK.

9 door frames, 1 coat  
 1 shoemaker's table, 2 coats

15 window frames, 1 coat  
 1 water cart, 2 coats  
 4 ventilators, 1 coat  
 3 frames for sewage tanks, 2 coats  
 4 ladders, 2 coats  
 3 entrance gates stained and varnished  
 6 tables for dinner trays stained and var-  
 nished  
 2 commodes stained and varnished  
 1 gate to farm yard, 2 coats  
 6 pair stand steps, 2 coats

BRICKLAYERS AND STONEMASONS'  
 WORK.

White-washing the whole of the Asylum,  
 offices and outbuildings, and some  
 parts twice  
 Paving 105 yards of cobbles in drying and  
 pump yard  
 Working and fixing 69 yards of stone  
 edging to do.  
 Building 203 roods of 14 in. brickwork  
 to farm-buildings, &c.  
 Building 89 roods of 9-in. brickwork to do.  
 Building 546 feet of 14-in. brick pillars  
 and arches to do.  
 Paving 458 yards with bricks, in do.  
 Building 90 feet of brick troughs to cow  
 sheds  
 Working and fixing 1090 feet of stone-  
 work, consisting of channel stone,  
 stone edging, pillar caps, sneek and  
 crook stones, stone stringing, window  
 sills, corb stones, corbel caps, tabling,  
 tumbling in stones, base and stringing  
 stones, chimney caps, &c.  
 Tiling 79 squares of roof to farm-buildings,  
 including lathing and pointing.  
 Two bridges, 14 ft. wide, have been built  
 across water-courses, with protecting  
 walls coped with stone  
 Building 2 very large circular sewage tanks  
 „ 7 intercepting sediment tanks in  
 new outfall drain

~~~~~  
 56 Acres of land have been drained from  
 3 to 4 feet deep  
 Excavating 1733 yards for foundations to  
 farm-buildings, ings-drains, and seven  
 sewage tanks  
 Laying 932 yards of sewage drains  
 600 yards of new roads have been made,  
 10 feet wide  
 280 yards of footpaths have been made  
 500 yards of quickset fence has been  
 planted  
 140 yards of wooden palisading, 7 ft. high,  
 have been erected along the high road



## NORTH AND EAST RIDINGS OF YORKSHIRE LUNATIC ASYLUM.

*Dietary Scale.*

| DAYS.          | BREAKFAST.                                                               | DINNER.                                                                                                                           | SUPPER. *                           |
|----------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| Monday .....   | Gruel, thickened with oatmeal, $1\frac{1}{2}$ pint, with 6 oz. of bread. | Pease soup $1\frac{1}{2}$ pint, with 6 oz. of bread.                                                                              | 6 oz. of bread with butter and tea. |
| Tuesday .....  | .....                                                                    | Cooked meat, free from bone, 5 oz.; bread, 6 oz. for males and 4 oz. for females, with vegetables and $\frac{1}{2}$ pint of beer. | .....                               |
| Friday .....   | .....                                                                    |                                                                                                                                   |                                     |
| Sunday .....   | .....                                                                    |                                                                                                                                   |                                     |
| Wednesday .... | .....                                                                    | Meat pie, with vegetables, and $\frac{1}{2}$ pint of beer.                                                                        | .....                               |
| Saturday ..... | .....                                                                    |                                                                                                                                   |                                     |
| Thursday ..... | .....                                                                    | Irish stew, $1\frac{1}{2}$ pint, with 4 oz. of bread.                                                                             | .....                               |

Great additions are made to the above table, as for example, those patients who do not eat pease soup and irish stew, on Mondays and Thursdays, are allowed rice and suet pudding, and all epileptic, palsied, aged and weakly patients are allowed extra diet, consisting, according to circumstances, of beef-tea, mutton broth, egg pudding, bread, rice, tapioca, sago, and arrow root puddings, mutton chops, mince meat, porter, port, and sherry wine.

The idiotic classes are allowed a pint of good meat broth, with bread and vegetables every morning at half-past ten o'clock, together with the fireman, bakers, house cleaners, &c.

\* On Thursdays, two ounce of cheese are substituted for the male patients, in lieu of butter.

Indulgences consist of tobacco, beer, tea, &c., and may be said to be enjoyed by nearly all the patients; since but few are, at any time, unemployed.

The pease soup and irish stew are made with legs of beef and necks of mutton, Scotch barley, vegetables, herbs, &c.

## NORTH AND EAST RIDINGS OF YORKSHIRE LUNATIC ASYLUM.

*Goods in Store, 1st January, 1859.*

|                    |                                                   | £.   | s. | d.              |
|--------------------|---------------------------------------------------|------|----|-----------------|
| Estimated value of | male and female apparel and household linen ..... | 215  | 2  | 0 $\frac{1}{2}$ |
| Ditto              | goods in piece .....                              | 498  | 12 | 1               |
| Ditto              | provisions .....                                  | 191  | 17 | 6               |
| Ditto              | necessaries .....                                 | 75   | 2  | 7               |
| Total .....        |                                                   | £980 | 14 | 2 $\frac{1}{2}$ |

JOHN ROBERTS, *Steward.*