REPORT

OF THE

COMMITTEE OF VISITORS

OF

THE LUNATIC ASYLUM

FOR THE

North and East Ridings of Yorkshire:

PRESENTED AT THE

EPIPHANY QUARTER SESSIONS FOR THE RESPECTIVE RIDINGS, 1857;

TOGETHER WITH

THE SUPERINTENDENT'S TENTH ANNUAL REPORT, PRESENTED AT THE EASTER SESSIONS, 1857;

AND

AN ACCOUNT OF THE RECEIPTS AND PAYMENTS TO THE END OF THE YEAR 1856.

YORK:

HENRY SOTHERAN, BOOKSELLER, CONEYSTREET.

1857.

REPORT.

To Her Majesty's Justices of the Peace for the North and the East Ridings, in General Quarter Sessions Assembled.

THE TENTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

The Committee have to report that the New Buildings being now completed, ample accommodation has been provided for all Pauper Lunatics who may be likely to become chargeable to the Ridings for many years.

On the 31st December, there were 355 Patients under treatment, few only of whom offer fair prospects of ultimate recovery.

Your Committee desire to call the attention of the respective Courts to the 16th and 17th of Vic., cap. 97, sec. 38, which especially provides a certain annual sum from the rates to be expended at the discretion of the Committee of Visitors, for additions, alterations, and improvements, separate from and independent of the expenses of all *ordinary repairs*. The enormous magnitude of many of the then existing Lunatic Establishments and their increasing requirements rendered it imperative to insert such a provision in the above-named revised Statute, and, considering the size and growth which the North and East Ridings' Asylum has now attained, your Committee may most likely find themselves compelled for the future to make orders upon the Treasurers of the Ridings for amounts not exceeding £100 per quarter for the specific purposes dictated by the Statute.

The Committee have to report that, although Mr. Hill was sometime ago seriously indisposed, his health has lately so much improved, that they confidently hope that by the aid of an

Assistant Surgeon appointed this day, he will be able to continue in the performance of his duties. Even had Mr. Hill's health not been impaired by the trying nature of his services and the increasing demand on his strength and energies, an Assistant Officer must have been appointed, as the increased numbers now in the Asylum, and consequent augmentation of duties can no longer be performed, as heretofore, single handed.

The weekly charge for maintenance, &c., of the patients has hitherto been kept at the unprecedented small sum of 6s. 8½d. Various circumstances, however, chiefly connected with the opening of the new Wings, have put such a strain on the balance in hand, that the Committee believe it will be necessary to raise the weekly charge until the new Wings are fully occupied.

The Committee are sorry to report that the suddenness and height of the late floods have caused considerable damage to the embankment, and its enlargement and extension will therefore be necessary. The patients are now employed in repairing the breach.

The Committee beg to remind the Court that at the Epiphany Sessions the election of the Committee of Visitors for the ensuing year takes place.

J. V. B. JOHNSTONE,

CHAIRMAN.

January 5th, 1857.

North and East Ridings' Lunatic Asylum, Clifton, York,
30th March, 1857.

TENTH ANNUAL REPORT OF THE MEDICAL SUPERINTENDENT.

To the Committee of Visitors:

GENTLEMEN,—The completion of the tenth year of our labours, the large additional buildings finished last year, the purchase of *53a. 3r. 8p.* of land, as a proportional quantity equal only to the increased accommodation for patients and the several successive years of dearness,—through which, by the steady prosecution of the industrial system of management, the patients have been maintained at an uniform weekly charge,—rank amongst other features of interest as being worthy of note.

The statistics for 1856 are as follow:—

	Males.	Females.	Total.
There were in the Asylum on the 1st January, 1856	159	153	312
A patient absent on the 31st December, 1856, returned . . .	1	0	1
	160	153	313
Admitted during 1856 . . .	58	37	95
Total under treatment in 1856 .	218	190	408

	Males.	Females.			
Discharged recovered .	11	9			
Discharged relieved .	0	1			
Died	16	16			
	—	—	27	26	
Remaining on the 31st December, 1856			191	164	355

The character of the Mental disorders affecting those admitted was as follows:—

	Males.	Females.
Recent mania and melancholia, probably curable	16	12
Chronic mania and melancholia	24	14
Afflicted with general palsy	6	6
Epileptic mania	4	3
Chronic dementia and idiocy	6	2
Remittant mania	2	0
Total	58	37

The causes of death have been as follows:

	Males.	Females.
General palsy	8	3
Atrophy	0	1
Fever and gangrene	1	0
Fever	2	0
Bronchitis	1	0
Hydrothorax	1	1
Melancholia	2	0
Gradual decay	1	2
Old age—convulsions	0	2
Spasmodic asthma	0	1
Disease of brain	0	2
Disease of liver	0	1
Apoplexy	0	3
Total	16	16

Two of the males admitted had been mechanically restrained, which produced gangrene. One recovered, after suffering from deep and extensive sloughing of the right hand and arm; the other died of fever and gangrene. No doubt both had been extremely violent and were unmanageable by inexperienced persons. Upon an inquiry into the circumstances it appeared that the measures were resorted to from humane motives.

The high flood which occurred on the 8th December last, was attended with a perfect gale of wind, destroying a part of the embankment and overflowing it by 2 or 3 inches. The water rushed over the garden with a fearful impetuosity, spoiling the whole of the turnips and greens on the ground, and reached the basement floor of the house in twenty minutes. No damage was sustained there, as every thing was promptly put into places of safety.

I have also again to report the loss of a fat bullock, which was grazing with many others in the lower Ings field. This is the second casualty which has happened amongst our live stock, from the same terrific cause, since the establishment of the Asylum; a cow and three pigs having been killed by lightning in a shed and sty at the rear of the centre building, in 1850: from which an inference may be drawn, that the electric fluid is not always attracted by the loftiest objects.

Since the inundation, a few cases of simple continued fever have been under treatment; but whether the dampness arising from the flood had any influence in producing the illness, is not certain; as upon reference to the obituary list, it will be observed, three deaths of males from fever are recorded; the disorder having been introduced by one of the poor men before alluded to, long prior to the flood.

The only other circumstances calling for remark as affecting the patients, were two accidents:—the one a compound fracture of the right leg in an idiotic and epileptic girl, who fell in the pleasure ground whilst taking her ordinary exercise, and the other a cut across the right cheek of a boy, inflicted by another insane lad whilst working together in the garden. Both have recovered. With these exceptions, the year passed in the usual manner, and was wound up by an entertainment quite delightful to witness. In the year 1853, so much pleasure was derived from a Christmas Tree, that it was repeated, and also proved this year to be a source of the utmost gratification to the whole of the inmates. It was lighted up on two nights when the festivities of the season were liberally distributed. The dancing and music parties always enliven, and many a drooping spirit is roused from its apathy and absorbtion by the bustle and hilarity upon such joyous occasions.

Some of the patients admitted since my last report, illustrate in a very striking manner, not only from their own condition but likewise from their parentage, the necessity for having early care taken of imbecile, idiotic, and weak-minded persons. A lad, 16 years old, idiotic and epileptic from birth, is said to have descended from an imbecile father and grandfather and an imbecile female of mischievous habits, from parents, who were both alike in the smallness of their mental capacities. Scores of similar cases might be quoted, but as I have, in former Reports, dwelt especially upon the duties incumbent on Parish authorities in respect to this unhappy and numerous class of insane persons, who, if allowed to go at large, too often become parents, it only now remains for me to again urge a timely notice and care of these pitiable objects. The best preventive for this deplorable and increasing evil is early confinement. There has hitherto

been an almost total neglect of these miserable specimens of humanity—the result to the public is the crowding of the County Asylums with large numbers of incurable patients, who must ever remain as burdens to their respective parishes.

The Contractors for the new buildings completed the Female Wing in June, and the Male one in September, the time allowed by the terms of their Contracts was the 31st October, so that no patients were refused admission throughout the year. These extensive additions for the present afford to the friends of that respectable class of the insane whose means are limited, the opportunity of sending patients here at 10s. 6d. weekly. Contracts too have been entered into with the Committees of Visitors of the Counties of Durham and Lincoln for the accommodation and treatment, for a specified time, of a given number of poor patients at 9s. 11d. weekly. The patients of the Borough of Scarborough are already under care at this charge.

The money voted by the Ridings provided for 142 additional patients—the increased room is sufficient for 166.

In the last Annual Report allusion was made to the improvements then in progress ; others of an extensive nature are now in hand by the patients, which, when finished, will free them for that all-important work of raising and lengthening the embankment—this must be done, if possible, before next winter. I have proposed to the House Committee to dig the earth for this purpose, from all along the Ings boundary, where enough can be procured without destroying the productiveness of the ground which is entirely warp land. There does not appear to be any other way of accomplishing it. In order to have more command over the drainage, two powerful pumps are being added to the steam engine, so as to keep the sewage and surface water down, when in flood times the cloughs through the embankment are closed.

The whole of the land newly purchased requires to be drained and fenced. Such charges properly by law fall under the Improvement Clause referred to in your own Report presented to the Ridings at the last Epiphany Sessions.

The outfit of male and female clothing, bedding, mattresses, boots and shoes, and furniture, has busily engaged the patients who are still employed upon it. One instance particularly deserves mention, for no less than 80 American birch bedsteads have been made by one patient,—whose time of working averages about five hours daily,—with the exception of the screw-bolts and nuts, which of course were forged and tapped in the blacksmith's shop.

The Establishment expenses during 1856 were unusually high, through the cost of additional servants, coals, gas, and other

necessaries, in consequence of the opening of the new buildings. With the larger number of patients these will be somewhat increased, but as we are now in possession of the new land, the financial prospects for the future are encouraging; seeing that notwithstanding the extraordinary charges of last year, the difference between the balance in hand on the 31st December, 1853, and that of the 31st December, 1856, shews a loss merely of £135 14s. 2½d.; nevertheless, that throughout those three years the weekly charge continued uniformly at 6s. 8½d. But in consequence of a transfer of certain charges under the head of furniture and bedding, which have, in accordance with the Schedule issued by the Commissioners in Lunacy in their further Report of 1847, hitherto been defrayed out of the County Rates—now being ordered under the powers of the Commissioners conferred on them by the Lunatic Asylum Act, 1853, to be paid out of the Maintenance account, it will be necessary to adopt the measure anticipated at the last Epiphany Sessions of raising the weekly charge ½d. per day. The sum which will be realised from this source will not be sufficient to pay the whole expense of furniture and bedding, but it is reasonably expected that enough pecuniary advantage will be gained by the augmented average number of patients and the favorable contracts for the first half of the current year.

In conclusion, I may briefly claim your attention to the objects here in view; namely, to confer upon the inmates the greatest benefits it is possible, under Providence, for science and benevolence to devise; to convince the public—in the hope still of advancement—that great good is achieved at a comparatively small charge to them; and to demonstrate also, that many of the insane in mind possess both willing hearts and able hands. Indeed the feeling of "confiding trust" may be said to pervade this community: hence the mutual interchange of kindliness and good will.

I have the honour to be, GENTLEMEN,

Your ever obliged and faithful Servant,

SAMUEL HILL.

RECEIPTS AND PAYMENTS by the Treasurers of the North and East Ridings of Yorkshire County Lunatic Asylum, from the 1st day of January to the 31st day of December, 1856. (Pursuant to the 16th and 17th Vict. chap. 97, sec. 58.)

RECEIPTS.

		£.	s.	d.	£.	s.	d.
From produce of farm and garden, and sales of live stock					271	18	11
Maintenance Account:—							
Private Patients					18	4	6
From Unions and Parishes in Counties and Boroughs, contributing to Asylum.							
Aysgarth	6s. 8½d. weekly	35	1	6			
Bedale	,,	175	7	6			
Beverley.....	,,	452	1	0			
Bridlington	,,	69	7	9			
Carperby	,,	1	19	4			
Darlington.....	,,	21	19	0			
Driffield.....	,,	437	9	8			
Easingwold	,,	209	3	2			
Great Ouseburn ..	,,	32	9	9			
Guisborough.....	,,	151	2	8			
Hawes	,,	44	13	3			
Helmsley	,,	34	11	1			
Howden.....	,,	243	1	8			
Kirby Moorside....	,,	34	9	1			
Leyburn.....	,,	188	0	6			
Malton	,,	451	6	8			
Northallerton.....	,,	334	9	3			
Patrington.....	,,	167	7	7			
Pickering	,,	120	0	8			
Pocklington	,,	269	7	10			
Reeth.....	,,	79	19	7			
Richmond	,,	230	16	5			
Ripon.....	,,	17	10	10			
Scarborough	,,	156	11	0			
Sculcoates	,,	298	8	6			
Selby	,,	35	1	6			
Skirlaugh	,,	128	5	6			
Stokesley	,,	89	12	2			
Carried forward		£4509	14	5	290	3	5

	£.	s.	d.	£.	s.	d.
Brought forward	4509	14	5	290	3	5
From Unions (continued).						
Stockton . . . . . .6s. 8½d. weekly	115	16	4			
Teesdale . . . . . „	110	2	3			
Thirsk . . . . . „	151	18	11			
Whitby . . . . . „	438	16	6			
York Rural District „	301	5	1			
				5627	13	6
From Counties and Places not contributing.						
York City District. .9s. 7½d. weekly				1	10	3
From County Treasurers for Vagrants.						
East Riding. . . . . .6s. 8½d. weekly	100	18	4			
North Riding . . . . „	61	6	9			
				162	5	1
From County Treasurers for additional Buildings, and Furniture.						
East Riding $\frac{13}{33}$	5712	2	6			
North Riding $\frac{20}{33}$	8787	17	6			
Richmond Town Council	674	16	11			
				15174	16	11
From County Treasurers for Repairs, Furniture and Fittings.						
East Riding	419	6	2			
North Riding	631	5	8			
				1050	11	10
Repayment of Funeral and other expenses.						
Bedale	3	11	6			
Beverley	3	3	0			
Carperby	1	11	6			
Guisborough	1	11	6			
Hawes	1	11	6			
Helmsley	1	11	6			
Howden	1	11	6			
Kirby Moorside	3	3	0			
Malton	4	14	6			
Northallerton	1	11	6			
Carried forward	£24	1	0	22307	1	0

	£.	s.	d.	£.	s.	d.
Brought forward	24	1	0	22307	1	0
Repayment (continued).						
Pickering	0	0	10			
Riding, North	1	11	6			
Richmond	0	14	0			
Sculcoates	3	3	0			
Skirlaugh.....	1	11	6			
Stockton	3	3	0			
Thirsk	6	4	6			
Whitby.....	3	3	0			
York Rural District	1	11	6			
York City District	1	11	6			
A Private Patient	1	3	0			
				47	18	4
Miscellaneous.						
Tallow, Hides, and Skins	115	1	11			
Clothing	10	12	4			
Discounts	3	10	9			
Washing	75	17	10			
Sundry other Receipts	13	4	4			
				218	7	2
Total Receipts				£22573	6	6

PAYMENTS.

Salaries and Wages.	£.	s.	d.	£.	s.	d.
Officers	971	0	0			
Attendants	434	5	4			
Servants.....	101	3	9			
				1506	9	1
Provisions (including all articles in dietary).						
Ale, 26 galls.	1	19	0			
Barley, 9 cwt.	7	14	6			
Beer, 10781 galls.	269	10	6			
Malt, 8 bushels	4	4	10			
Hops, 68 lbs.....	3	18	8			
Carried forward	£287	7	6	1506	9	1

		£.	s.	d.	£.	s.	d.
Brought forward . . .		287	7	6	1506	9	1
Provisions (continued).							
Butter,	266 st. 5 lbs. . .	189	14	9			
Cheese,	210 st. 3½ lbs. . .	85	16	11			
Coffee,	322 lbs.	17	8	10			
Currants,	15 st.	9	3	2			
Eggs,	192 doz.	8	14	2			
Flour,	440 sacks	1157	5	0			
Meat,	2181 st.	610	18	2			
Oatmeal,	38 sacks	91	15	0			
Pease,	250 st.	28	2	6			
Raisins,	6 st.	2	9	0			
Rice,	120 st.	16	0	0			
Snuff,	8 lbs.	1	19	0			
Sugar (loaf),	56 lbs.	1	10	11			
Sugar (moist),	24 cwt.	56	7	0			
Tea,	866 lbs.	124	7	0			
Tobacco,	238 lbs.	41	13	0			
Pipes,	13 gross	1	12	6			
Vinegar, salt, mustard, pepper, and spice		15	0	5			
Miscellaneous, as arrow root, sago, &c.		20	2	0			
					2767	6	10
Wine, Spirits, and Porter.							
Wine		50	4	0			
Spirits		3	7	0			
Porter		94	16	0			
					148	7	0
Necessaries.							
Candles		22	18	0			
Coals, 772 tons 9 cwt. 2 qrs. . .		430	18	4			
Gas		133	9	5			
Oil		4	12	0			
Soap, 49 cwt. 0 qr. 1 lb.		90	8	9			
,, soft, 4 st.		0	8	0			
Soda, 13 cwt. 3 qrs. 3 lbs.		4	2	3			
Starch and blue		9	1	11			
Miscellaneous, as hearth stone, bath brick, &c.		16	0	9			
					711	19	5
Carried forward					£5134	2	4

	£.	s.	d.	£.	s.	d.
Brought forward . . .				5134	2	4
Surgery and Dispensary.						
Drugs	35	8	5			
Occasional Medical Assistance. .	1	0	0			
Sundries	0	4	9			
				36	13	2
Clothing.						
Apron check	15	8	3			
Baize	1	0	0			
Bracer strapping	4	0	6			
Calico	38	4	2			
Cloth	41	7	8			
Counterpanes.	1	12	3			
Diaper	13	7	9			
Drabbett.	2	18	2½			
Flannel	10	13	6			
Fustian	37	15	7			
Gingham	13	3	7½			
Hats	10	0	0			
Hessian	11	18	1			
Leather	78	16	1			
Lindsey Woolsey	8	8	8			
Linen	34	4	6			
Muslin	2	15	0			
Peaks for Caps	2	6	8			
Prints	27	18	0½			
Ribbon	1	12	11½			
Sheeting	10	8	3			
Shirting	42	3	6½			
Strainering.	0	4	0			
Sundries for Female Patients' caps.	1	14	4½			
Tick, plain.	10	16	1½			
Towelling	9	11	7½			
Thread, needles, tapes, buttons, &c.	24	12	6			
Tweed	3	16	8			
Worsted and yarn.	45	15	4			
				506	13	11
Carried forward				£5677	9	5

	£.	s.	d.	£.	s.	d.
Brought forward . . .				5677	9	5
Furniture and Bedding.						
Crockery	17	5	6			
Culinary utensils, brushes, mops, &c.	31	15	1			
Gutta percha vessels	3	15	0			
Mangle castings	6	6	6			
Matting and mats	16	5	10			
Pails and tubs	2	11	0			
Rugs	19	12	6			
Re-stuffing and covering chair. .	1	8	0			
Straw	201	0	9			
Waterproof sheets.	8	18	6			
				308	18	8
Funeral and other Expenses				49	9	10
Buildings.						
Paid to Contractors, and on Furnishing Account				15126	2	11
Repairs.						
Blacksmith	27	2	0			
Bricklayer	57	4	0			
Carpenter	56	8	0			
Bench Screws	0	11	6			
Cement	6	1	9			
Common Bricks	41	0	3			
Fence Bars.	30	0	0			
Insurance	23	7	6			
Ironfounder	24	8	0			
Ironmonger	64	19	1			
Joiner's tools	4	10	6			
Labour	39	0	0			
Lime	4	11	11			
Paint and oil	86	6	6			
Painter's wages	22	8	0			
Plumber and glazier	51	1	5			
Sand	2	15	10			
Spetches	1	11	6			
Stock bricks	1	17	6			
Tiles for drainage	63	3	8			
Timber	77	13	4			
Carried forward . . .	£686	2	3	21162	0	10

	£.	s.	d.	£.	s.	d.
Brought forward . . .	686	2	3	21162	0	10
Repairs (continued).						
Valves and cocks	12	3	8			
Vice	1	1	0			
Whiting	2	0	4			
White washing	42	14	11			
				*744	2	2
Farm and Garden.						
Live stock	147	0	1			
Implements	24	12	11			
Labour	29	5	0			
Manure	11	4	6			
Posts for fencing	12	0	0			
Provender	414	14	3			
Seeds	42	8	0			
Taxes	42	9	2½			
Cattle medicine	2	16	9			
				726	10	8½
Miscellaneous.						
Advertisements, printing, postage, and stationery	68	17	2			
Carriage of goods	12	18	4			
Incidentals.....	50	12	0			
				132	7	6
Total Payments				£22765	1	2½

* Of this sum £0. 9s. 2d. has been derived from the surplus charge for an out-county patient.

GENERAL STATEMENT of RECEIPTS and PAYMENTS on account of the North and East Ridings of Yorkshire County Lunatic Asylum, between the 1st day of January and the 31st day of December, 1856.

RECEIPTS.		£.	s.	d.
Balance on maintenance - -	994 6 4			
Due to Steward -	7 17 10			
		986	8	6
Sales from produce - - -		271	18	11
Maintenance of private patients - - - - -		18	4	6
Maintenance of patients from places within the Ridings - - - - -		5627	13	6
Maintenance of out-county patients - - - - -		1	10	3
Maintenance of vagrants - -		162	5	1
From County Treasurers for buildings and repairs, furniture and fittings -		16225	8	9
Re-payment of funeral and other expenses - - -		47	18	4
Miscellaneous - - - - -		218	7	2
Total - -		£23559	15	0

PAYMENT.		£.	s.	d.
Salaries and wages - - -		1506	9	1
Provisions - - - - - -		2767	6	10
Wine, spirits, and porter -		148	7	0
Necessaries - - - - -		711	19	5
Surgery and Dispensary -		36	13	2
Clothing - - - - - - -		506	13	11
Furniture and bedding - -		308	18	8
Re-payment of funeral and other expenses -		49	9	10
Building and Repairs -		15870	5	1
Farm and garden - - -		726	10	8½
Miscellaneous - - - - -		132	7	6
Balance on maintenance - -	715 12 0			
Due from construction - -	13 12 0			
In Steward's hands	16 15 9½			
		745	19	9½
Balance on construction -		48	14	0
Total - -		£23559	15	0

Aggregate number of days of residence of patients :—121132

Average daily number of patients ..... $330\frac{352}{366}$

SUMMARY OF COST PER HEAD PER WEEK :—

Salaries and Wages	1*s.* $8\frac{3}{4}$*d.*	$\frac{69416}{121132}$
Provisions	3*s.* $2\frac{1}{4}$*d.*	$\frac{63340}{121132}$
Wine, Spirits, and Porter	0*s.* 2*d.*	$\frac{27856}{121132}$
Necessaries	0*s.* $9\frac{3}{4}$d.	$\frac{60296}{121132}$
Surgery and Dispensary.....	0*s.* $0\frac{1}{2}$*d.*	$\frac{4080}{121132}$
Clothing	0*s.* 7*d.*	$\frac{13300}{121132}$
Farm and Garden	0*s.* $6\frac{1}{4}$*d.*	$\frac{26542}{121132}$
Miscellaneous	0*s.* $1\frac{3}{4}$*d.*	$\frac{41636}{121132}$
	7*s.* $2\frac{3}{4}$*d.*	$\frac{64202}{121132}$
Less from miscellaneous receipts	0*s.* 3*d.*	$\frac{13784}{121132}$
Actual cost	6*s.* $11\frac{3}{4}$*d.*	$\frac{50418}{121132}$

JOHN ROBERTS, Clerk of the Asylum.

30*th March*, 1857.

North and East Ridings of Yorkshire Lunatic Asylum.
Farm and Garden Account for the Year 1856.

RECEIPTS.	£.	s.	d.
Sale of live stock and produce	271	18	11
Potatoes and other vegetables consumed in the house and valued at wholesale prices	229	15	7
Milk, 7410 gallons, at 8d. ..	247	0	0
Pork and bacon, 1000 st. 12 lbs., at 7s. 6d.	375	6	5
Beef, 412 st., at 5s. 10d.	120	3	4
Mutton, Lamb, and Veal, 184 st. 7 lbs., at 5s. 10d.	53	16	3
Estimated labour of horses and men, in works not connected with the farm and garden, viz.:			
Leading 772 tons 9 cwt. 2 qrs. coals, at 1s. 6d. ..	57	18	8½
Carting soil from foundations for levelling, &c...	41	15	0
Leading sand, lime, gravel, and sundry jobs	15	4	6
Keep of fat stock for killing..	35	0	0
Value of live stock 31st December, 1856	575	13	0
Total ..	£2023	11	8½

EXPENDITURE.	£.	s.	d.
Value of live stock 1st January, 1856	522	15	0
Purchase of live stock	147	0	1
Implements.....	24	12	11
Labour	29	5	0
Manure	11	4	6
Posts for fencing	12	0	0
Provender	414	14	3
Seeds	42	8	0
Taxes	42	9	2½
Cattle medicine	2	16	9
Hog Wash	12	0	0
Rent of land, 80 acres, at £3 per acre	240	0	0
Balance	522	6	0
Total ..	£2023	11	8½

North and East Ridings of Yorkshire Lunatic Asylum.
Contract Prices of the principal Articles of Consumption, 1856.

PROVISIONS.		Quarter ending 31st March.			Quarter ending 30th June.			Quarter ending 30th September.			Quarter ending 31st December.		
		£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.
Flour	per sack.	2	17	0	2	10	0	2	14	6	2	9	0
Oatmeal	ditto	2	10	0	2	5	0	2	10	0	2	8	0
Beef (by the carcase) average about ..	per stone.	0	6	2	0	6	2	0	6	2	0	6	2
Mutton (by the carcase)	ditto	0	6	2	0	6	2	0	6	2	0	6	2
Cheese	ditto	0	8	2	0	8	2	0	8	2	0	8	2
Butter	ditto	0	14	9	0	14	6	0	13	6	0	14	6
Pease	ditto	0	2	3	0	2	3	0	2	3	0	2	3
Rice	ditto	0	2	6	0	3	0	0	2	9	0	2	6
Scotch Barley	ditto	0	2	3½	0	2	0¾	0	2	1½	0	2	2¼
Beer	per gall.	0	0	6	0	0	6	0	0	6	0	0	6
Porter.....	per kild.	1	8	6	1	8	6	1	6	0	1	6	0
Coffee	per lb.	0	1	1	0	1	1	0	1	1	0	1	1
Tea	ditto	0	2	10	0	2	10	0	2	10	0	2	10
Sugar (moist)	per cwt.	2	6	8	2	4	4	2	6	8	2	9	0
Tobacco	per lb.	0	3	6	0	3	6	0	3	6	0	3	6
Pepper	ditto	0	1	1	0	1	2	0	1	2	0	1	1
Mustard	ditto	0	0	8	0	0	7	0	0	7	0	0	8

Contract prices of the principal articles of consumption (continued).

NECESSARIES.		Quarter ending 31st March.			Quarter ending 30th June.			Quarter ending 30th September.			Quarter ending 31st December.		
		£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.
Coals (average about)	per ton.	0	11	2	0	11	2	0	11	2	0	11	2
Candles (dips)	per doz.	0	7	6	0	5	6	0	5	6	0	6	0
,, (moulds) ..	ditto	0	8	6	0	6	6	0	6	6	0	7	0
Gas	℔ 1000 ft.	0	3	9	0	3	9	0	3	9	0	3	9
Soap	per cwt.	2	0	0	1	16	0	1	14	0	1	14	0
Soda	ditto	0	6	0	0	6	0	0	6	0	0	6	0
Starch.....	per lb.	0	0	5½	0	0	5½	0	0	5½	0	0	5½
Powder Blue	ditto	0	0	10	0	0	8	0	0	10	0	0	10
Black Lead	ditto	0	0	3½	0	0	3½	0	0	3½	0	0	3½

North and East Ridings of Yorkshire Lunatic Asylum.

Articles made and repaired by the Female Patients during the Year 1856.

Articles Made.

263 linen shirts
316 do. shifts
201 neckerchiefs
448 linen aprons
88 petticoats
476 print and linen gowns
795 pairs of stockings knitted
79 dozen buttons
20 pairs of gloves knitted
379 sheets
417 pairs of stockings refooted
566 pillow cases
36 hoods
109 mattress cases
46 linen spencers
126 pairs of shoes bound
20 towels
62 table cloths
78 night caps
20 pairs of cotton stockings
8 straw bonnets
83 night gowns
53 round towels
60 net caps, with lace borders
53 linen caps, with lawn borders
24 pairs of stays (jean)
24 linen window blinds for wards
3 pairs of flannel drawers
21 flannel shifts
25 flannel shirts
9 pairs of boots bound
187 tick pillow cases
22 cloth capes

Alticles Repaired.

773 gowns
974 shirts
337 night gowns
730 shifts
373 aprons
444 day caps
93 stays
172 sheets
12 rugs
141 mattress cases
117 flannel shirts
258 petticoats
3530 pairs of stockings
92 neckerchiefs
2 table cloths
16 round towels
105 pillow cases
13 night caps

S. H. HILL, Matron.

Articles made and repaired by the Male Attendants and Patients during the Year 1856.

Shoemakers' List of New Work.

185 pairs of women's leather shoes
35 do. do. do. boots
46 pairs men's leather boots for heavy wear
65 pairs men's leather boots for light wear
24 pairs cloth slippers
26 pairs leather gloves
72 pairs leathers for bracers
72 leather straps for sunday clothes

Shoemakers' List of Repairs.

356 pairs of boots and shoes soled and heeled
111 pairs of boots and shoes heeled
65 pairs of boots and shoes soled
443 pairs of boots and shoes repaired
146 pairs of boots strapped and buckled
6 pairs of boots soled, heeled and vamped

Upholsterers' Work.

Making 97 horse hair mattresses
Do. 91 horse hair pillows

Mat Makers' Work.

Platting 3090 yards coir yarn for chain mats
Making 103 chair mats of various sizes
Making 17 thrum mats

Articles made and repaired by the Male Attendants and Patients (continued).

TAILORS' LIST OF NEW WORK.

106 cloth jackets
147 cloth waistcoats
134 cloth and check linen caps
294 fustian trowsers
25 linen jackets
8 linen waistcoats
76 pairs of bracers
23 short frocks
25 canvass spencers
7 flannel drawers

TAILORS' LIST OF REPAIRS.

474 jackets
250 waistcoats
951 trowsers
38 canvass spencers

JOHN ROBERTS, STEWARD.

NORTH AND EAST RIDING OF YORKSHIRE LUNATIC ASYLUM.

Mechanical work executed by the Male Attendants and Patients during the Year 1856.

ENGINEER'S WORK.

2 new gas lights in store rooms
16 new pullies turned for the mangle
3 new draw-off lids, fitting to hot water boiler
10 new holdfasts for flushing pipes
46 new do. for joiners
56 new hooks for bacon house
28 new do. for stove piping
6 new dung forks
10 new caulking tools
1 new set of strong gate tire
1 pair of new joints for cart-shafts
2 new pickaxes for garden
Resetting boiler and cooking apparatus and relaying pipes
2 new rollers for washing machine
400 yards of iron piping, jointing and laying for sewage
6 standards for do.
6 new stone hammers
16 new garden hoes
24 new keys for water taps
156 hooks for laying hot water piping
16 new holdfasts for cupboard
66 new Italian heaters
24 new pail hooks
2 new valves, fitting to cold water main
6 new pullies for valve ropes
26 connecting joints to new hot water main
6 wheels hooping for wheel barrows
1 new plate with guides for mattress making
2 new hammers for mason
16 new chisels for masons
12 new garden rakes
600 new gas hooks
4 new sets of scythe tire
10 new hay forks
4 new coal rakes for fireman
10 hay forks new-laying
10 new canted nuts for hot water piping
4 new bands and iron work for large doors
6 new pail bows
30 new cupboard keys cutting
1 new set of hand-gate tire
48 new brackets for window rollers
2 new large cramps for walls
2 new steel sets for cutting cold iron
16 new plates and brackets for closet bearers
12 new sets of small gate tire for piggeries
160 holdfasts for iron gas piping
8 new rings and plugs for troughs
1 large plate for hot water cistern
8 stakes for cow chains and fixing
400 new gas pipe hooks for gas fitting
6 pairs of heel and toe plates for strong boots
8 new rasps for shoemakers
76 steel pins for shoe shop
5 new fire shovels
204 new bed bolts and nuts
50 bedsteads leading with sheet lead
Laying 400 feet of iron gas piping
,, 900 feet of lead gas piping
47 new gas lights fixing in the wards
2 large cisterns leading with sheet lead, 12 ft. by 4 ft. 6 in. by 4 ft. 6 in.
87 plumber's joints making
Laying 100 feet of lead water piping
Fixing 20 new water closets and taps
Making 12 tins of sorts

JOINER'S WORK.

Making 60 new birch bedsteads
,, 16 dining tables, 8ft. by 3ft.
,, 1 bread stool
,, 12 razor strops
,, 24 axe shafts
,, 1 tank roof, 13 ft. 6 in. square
,, 1 chopping block
,, 6 stools for laundry
,, 1 gravel screen
,, 16 forms, 8 ft. long
,, 1 new small gate (back of lodge)
,, 1 serving table 20 ft. by 2 ft. 3 in.
,, 12 birch chairs
,, 1 stool for kitchen
,, 1 do. dairy
,, 1 slide for bakehouse
,, 1 model for iron tank
,, 6 doz. stays busks
,, 1 door and frame

Mechanical work executed by the Male Attendants and Patients (continued).

Making 3 trestles
,, 1 oak chest of drawers
,, 6 strickles for scythes
,, 18 fork shafts
,, 1 saddle stand and box
,, 16 ft. of pin rails
Roofing 5 piggeries
Making 1 model for ironing stove
,, 6 cow stalls
,, 1 floor, steward's store room, 20 ft. by 18 ft.
,, 1 floor, joiner's shop, 21 ft. by 18 ft.
,, 6 birch arm chairs
,, 1 door and frame for clothes closet
,, 50 slides for chamber vessels to trough bedsteads
,, 1 gate for cow shed
,, 1 milking stool
,, 2 coal boxes, 5 ft. by 2 ft. 6 in.
,, 1 water tank, 12 ft. by 5 ft. 8 in.

Painter's Work.

16 dining tables, 3 coats
16 forms, 3 coats
1 gate, 3 coats
1 serving table, 3 coats
1 door and frame, 2 coats
4 coal boxes, 3 coats
258 window sashes, 1 coat
3787 sq. yds. painting, 2 coats
30 pails lettered and painted, 2 coats
8 wash hand stands, 2 coats
108 trough bedsteads stained and varnished
30 birch bedsteads do.
8 garden chairs oiled and varnished
119 iron bedsteads, 3 coats
12 garden forcing frames, 2 coats
Engine and engine house, 2 coats
Lodge gates varnished
2 weighing machines 2 coats
4 clothes closets varnished
120 beams in ceilings do.

Bricklayers and Stonemason's Work.

White-washing the whole of the Asylum, offices and out-buildings and some parts twice
21 yards of flag paving to scullery floor
Building partition wall to scullery
Resetting 2 hot water boilers
,, cooking apparatus
Building 10 yards of ½ brick wall to closets
30 yds of 2 coat plaster on laths
Excavating and laying 167 yds. of 8 in. drain 3 ft. deep
,, ,, 118 yds. of 9 in. main drain 5 ft. deep
,, ,, 136 yds. of 9 in. main drain 6 ft. deep
176 yds. of stock brick flooring
Building 32 brick traps and working grate stones for do.
168 yds. of brick edge paving to cow shed and piggeries
57 yds. of plain tiling
Building 5 roods of 9 in. brick wall to stable
24 yds. brick edge paving
Working 8 ft. of stone for thresholds
,, 32 yds. of dressed set stones for paving
,, 49 yds. of flag paving to drying yard and pump stand
,, 159 yds of cobble paving for drying yard

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12 acres of land have been drained from 3 to 4 ft. deep
612 yards of gravel road have been made 13 ft. 9 in. wide

North and East Ridings of Yorkshire Lunatic Asylum.

Dietary Scale.

Days.	Breakfast.	Dinner.	Supper.*
Monday	Gruel, thickened with oatmeal, 1½ pint, with 6 oz. of bread	Pease soup, 1½ pint, with 6 oz. of bread.	6 oz. of bread with butter and tea.
Tuesday ..... Friday..... Sunday	.....	Cooked meat, free from bone, 5 oz.; bread, 6 oz. for males and 4 oz. for females, with vegetables and ½ pint of beer.	.....
Wednesday..... Saturday.....	.....	Meat pie, with vegetables, and ½ pint of beer.	.....
Thursday	.....	Irish stew, ½ pint, with 4 oz. of bread.	.....

Great additions are made to the above table, as for example, those patients who do not eat pease soup and irish stew, on Mondays and Thursdays, are allowed rice and suet pudding, and all epileptic, palsied, aged and weakly patients are allowed extra diet, consisting, according to circumstances, of beef-tea, mutton broth, egg pudding, bread, rice, tapioca, sago, and arrow root puddings, mutton chops, mince meat, porter, port and sherry wine.

The idiotic classes are allowed a pint of good meat broth, with bread and vegetables every morning at half-past ten o'clock, together with the firemen, bakers, house cleaners, &c.

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* On Thursdays, two ounces of cheese, are substituted for the male patients, in lieu of butter.

Indulgences consist of tobacco, beer, tea, &c., and may be said to be enjoyed by nearly all the patients; since but few are, at any time, unemployed.

The pease soup and irish stew are made with legs of beef and necks of mutton, Scotch barley, vegetables, herbs, &c.

North and East Ridings of Yorkshire Lunatic Asylum.

Goods in Store, 1st January, 1857.

		£.	s.	d.
Estimated value of	male and female apparel and household linen	391	3	6
Ditto	goods in piece	113	11	4
Ditto	provisions	176	7	8
Ditto	necessaries	157	18	4
	Total	£839	0	10

John Roberts, *Steward.*

HENRY SOTHERAN, BOOKSELLER, YORK.