

Twenty-fifth annual report of the Suffolk Lunatic Asylum : December, 1862.

Contributors

Suffolk Lunatic Asylum.
Kirkman, John.
Pizey, Henry.
Durrant, George.
Lutwidge, R. W. S.
Gaskell, S.

Publication/Creation

[Place of publication not identified] : [publisher not identified], [1862]

Persistent URL

<https://wellcomecollection.org/works/k3j5fn4q>

License and attribution

This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

7

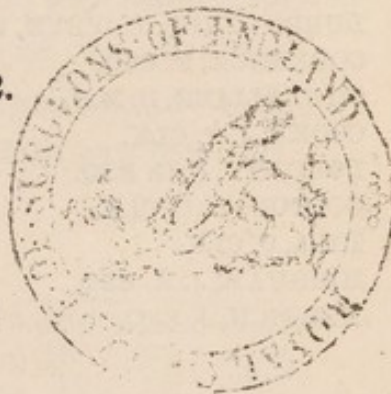
TWENTY-FIFTH ANNUAL REPORT

OF THE

SUFFOLK LUNATIC ASYLUM.

DECEMBER 1862.

1862.



Visiting Magistrates.

F. G. DOUGHTY, Esq. *Chairman.*

ANDERSON, THOMAS, CLK.
ALDERSON, S. H. CLK.
BEDINGFIELD, J. CLK.
BURROUGHES, T. D'EYE, ESQ.
CORRANCE, F. ESQ.
CHEVALLIER, B. M.D.
COOKE, J. T. CLK.
DOUGHTY, F. G. ESQ.
GORTON, R. C. CLK.
HILL, C. CLK.
HEIGHAM, J. H. ESQ.
KERRICH, J. ESQ.

KERRISON, SIR E. C. BART.
LOVE, E. M. CLK.
OWEN, H. CLK.
PRATT, JERMYN, CLK.
PACKE, JAMES, ESQ.
RODWELL, B. B. H. ESQ.
ROWLEY, SIR R. C. BART.
SHEPPARD, J. G. ESQ.
STEWART, E. ESQ.
WALFORD, CHARLES. ESQ.
WILSON, H. ESQ.

REPORT.

It is once again a gratifying duty to be able to report favourably of the condition of the Asylum, the uniform health of the inmates, and the satisfactory conduct of the attendants and servants. Though the year opened with somewhat additional anxieties and fuller engagements, the work that has been done, and consequent promotion of the economy of the establishment, and the health of the patients secured, has equalled if not exceeded the attainments of any previous year.

The report of to-day is as follows :—

				Males.	Females	Total.
Patients in the House, 31st December, 1861.				129	186	315
,, Admitted since				51	58	109
				180	244	424
	M.	F.	Total.			
Discharged	26	31	57			
Died	18	15	33			
				44	46	90
TOTAL.				136	191	334

This table gives rather more than half the number discharged, or above 50 per cent. compared with the admissions within the year; and 10 per cent. on the deaths compared with the number of resident inmates. Eight patients have

been admitted more than during the year 1861, seven less have been discharged, and the deaths have fallen by twenty. This diminished obituary, together with the proportional diminution in sickness which is necessarily its background, affords full illustration of the general health of the patients throughout the year : more especially when the ages and the more than usually unsatisfactory state in which many of late have been admitted, are observed. It would be unjust to the Asylum reputation to omit repeated reference to the neglected causes previous to admission, which so quickly tend to swell the catalogue of deaths. The antecedents in this large class of persons are strictly speaking *prochronic*, *i. e.* entirely previous to the period in which we have any opportunity of arresting disease or of prolonging life. Our fears have to a great extent been realized by the clause in the Poor Law Removal Act, which by throwing the charge of the patient's maintenance from *off* the parish to which he belongs and *on* to the common fund of the Union, has increased the number of hopeless or unpromising admissions. Very few recent cases have been received throughout the year : and it must be a subject of regret that the character of a hospital should to such an extent be merged into that of a house of detention and safe keeping.

A large amount of work has been done by the patients throughout the year in the ordinary requirements of the House, besides many additional improvements noticed at the last visit of the Commissioners in Lunacy. Though the Asylum is an old building, we are fully prepared by comparative estimates to prove that the repairs are not extraordinary when compared even with those of some newly built Asylums : and it would be strange indeed if as much alacrity should not be shewn in contributing to the repairs of an old house as in subscribing towards the erection of a new one ; and as now the solitary possessor of almost a life-long interest in all connected with the present character and the future

welfare of this Asylum, the Superintendent cannot but feel thankful, that the convenience of the House and the comfort of its inmates have not been inadequately secured by any miscalculations upon lime and mortar.

The garden which adjoins the new recreation room now fully occupied, is a source of great comfort to the more quiet females who take great delight in keeping it in order. Horticulture has a peculiar suitability as an employment quite within the capacity of female labourers. Independently of its healthy and engrossing influence on the mind, during the time of the very moderate physical exercise, the continued anticipation and fresh blossoming of expectations and interest in the results of to-morrow, give it a fascination which is salutary to relieve morbid self-consciousness, to direct the thoughts from *self*, and to bestow that reward on the desert mind, which reflects the counterpart to the garden, as "instead of the thorn comes up the fir-tree, and instead of the briar, the myrtle-tree."

A walk has been completed entirely round the Asylum grounds: and when some few minor improvements are completed which are in progress, and which have been unavoidably postponed by the building of the chapel, there will not be much probability of any serious outlay being required for many years to come. Should the admission of females increase much beyond the present number of 200, there is ground enough on which to build small detached tenements for selected inmates, by our own willing labourers.

The patients have this year had more than their usual recreations and amusements. Parties of from thirty to forty have constantly been formed for excursions beyond the bounds of the Asylum, and they have never occasioned trouble or regret: but on the contrary the Divine law has ever been exemplified, of making the current of moral and intellectual rectitude, and moral and intellectual gratification, unite and augment each other. A very large party spent

a day by the sea side at Bawdsey: the enjoyment was general and hearty, and so satisfactory in the retrospect left upon the minds of the excursionists, that we now register this among our annual medicines, as one particular recipe, drawn out on the principle of sympathy in pleasure being as truly a hygienic secret, as sympathy in grief and pain. A more rare exemplification of this occurred in a day's excursion to London. The International Exhibition hardly included among its millions any more appreciating visitors than the band of patients who were sent with their attendants from this House. The encouragement of recreations and amusements has been the uniform practice since the opening of the Asylum, and out-door occupation has long ceased to be a novelty with us. The Superintendent has a record of a party of the male patients as early as 1831, who went to play at cricket in the fields at Ufford.

The chief object of constant interest and hearty labours this year has been the Chapel. It is now just completed: and we can report it as kept within the amount originally granted. As far as expressions of approval are a test, it has given general satisfaction; and we think we may add without assumption, that never was so much and such successful work crowned at such a rate before. The costliness of the Jewish Tabernacle consisted in the intense free will of the contributions, as much as in the value of the materials; the costliness of our unpretending chapel is derived more exclusively still from the same source. It would be difficult to translate to a debtor and creditor account the happy result of a curative nature already in the form of interest on the outlay. Excellent sand, from the deposit in the front meadow was supplied at a saving of carting, &c., to this consecrated purpose; and as some of the working material and almost all the labour have been of HOME produce, we are inclined to strike a moral and psychological balance sheet, relative to this primary appendage to a Lunatic Asylum whose erection

had been but too long delayed. It would not have been possible to have engaged with any satisfaction in such a work as this without the directions and inspection of an architect; and the Superintendent's friend Mr. Hayward has supplied a great many minute drawings, and supervised the building in its progress. For these drafts and this labour, I am desired by Mr. Hayward to say, that he makes no charge.

The selected site of the chapel has been the source of much commendation from all whose judgment is correct. The Commissioners in Lunacy thought well of it, and expressed officially their satisfaction at the extended walk to it on the female side, which the boundary path will afford in fine weather. The chapel is placed just outside the old cemetery ground, now domestically consecrated by the interment of one who identified herself with every want, sorrowed in every sorrow, and rejoiced in every joy, of those to whom she devoted her life-long energies. Her sorrowing survivor only solicits the painful gratification of being allowed to supply a light of hallowed memory, which may fall on the devotion of the insane worshippers, by a memorial window at his own expense.

It now only remains that I should throw myself upon the further indulgence of the visitors, with the full conviction that time is rather to be reckoned by services than by years. I could wish those services presented a better account; and the only reference that I would make to them now has special regard to that support which I feel to be more than ordinarily needed. Independently of those petty perplexities which are constantly occurring, and which cannot promote the real welfare of the patients, while they create a restlessness in the Superintendent's mind; responsibilities are increased to an extent unknown to those who have not constant communication with official authorities: and it is quite possible (though we have too much happy confidence to

believe it probable here,) that a reputation hardly earned by watchful solicitude through a long life, for the real welfare of the insane, may become, without any fault of its possessor, entangled in the intricacies of that labyrinth our present Lunacy law.

JOHN KIRKMAN, M.D.

Commissioners' Report.

Since the last visit of the Commissioners, on the 17th April, 1861, the changes in the patients have been as follow :—

	M.	F.	Total.
Admitted.....	73	92	165
Discharged	47	49	96
" of whom recovered	38	46	84
Died (all from ordinary causes)	36	29	65

The patients all of whom we have seen, are at present 334 in number, *viz.*—137 Males and 197 Females.

They were at the time of our visit, generally quiet and orderly and personally as to clothing and otherwise in a comfortable state.

The absence of all complaints, and the contented and cheerful aspect of the great body of the patients of both sexes, furnish sufficient proof of their kind and judicious treatment.

The sanitary condition of the Asylum appears to be very satisfactory.

The instances of seclusion since the last visit have been rare; according to the Medical Journal, which in that and other respects is carefully kept, during no one week have there been more than three patients secluded and during 44 out of the whole period of 77 weeks, there was no case of seclusion.

The dinner this day was excellent, consisting of boiled beef, bacon, and turnips.

We have nothing new to record in reference to the general system and arrangements, which continue as heretofore.

We have satisfaction in noting the following structural and other improvements since the last visit.

1. The new recreation room on the female side has been completed, suitably furnished, and brought into occupation as a work room.

2. The airing court in connection with the room last referred to has been enlarged.

3. A new airing ground immediately adjoining has been walled in, and ornamentally laid out and planted, and being $\frac{3}{4}$ of an acre in extent, much contributes to the enjoyment and healthy recreation of the patients.

4. A good dairy and meat larder have been constructed.

5. The bed rooms throughout the Asylum have been papered.

6. Some more stone floors in both divisions have been removed, and more rooms and a corridor on the female side have been boarded.

7. The baths have been lowered as suggested at the last visit, and the bath rooms have been enlarged and improved.

8. A walk has been completed round the grounds of the Asylum.

We are glad further to report that a commodious Chapel is in progress of erection, within a convenient distance of the Asylum: it is constructed for 200 patients.

Gas is still a great desideratum, and we trust that the committee of visitors will no longer delay its introduction into the Wards.

We think it due to the Assistant Medical Officer Mr. Davis to state, that amongst other active duties, he visits all the sleeping rooms in the male division at a very early hour in the morning daily, and personally inspects the condition of the beds and bedding.

Signed { R. W. S. LUTWIDGE } *Commissioners*
 { S. GASKELL } *in Lunacy.*

Appendix.

No. 1.

PATIENTS ADMITTED, DISCHARGED, AND DIED,

From 1st. of January 1862, to 31st. December.

	Males.	Females	Total.
Patients in the House 31st. December, 1861	129	186	315
Admitted in 1862	53	61	114
	182	247	429
Discharged—cured ..	22	27	49
——— relieved....	4	4	8
Died	18	15	33
	44	46	90
Remaining in the House 31st. Dec. 1862	138	201	339

No. 2.

ASCERTAINED AND SUPPOSED CAUSES OF IN-
SANITY IN THE 114 PATIENTS ADMITTED
DURING THE YEAR 1862.

	Males	Females	Total.
Accident	1	0	1
Debility	5	5	10
Delirium Tremens	1	0	1
Epilepsy	8	2	10
Fright	1	0	1
Grief.....	5	15	20
Hereditary	7	12	19
Injury of Head.....	2	0	2
Intemperance	6	3	9
Jealousy	0	1	1
Loss of Money.....	1	0	1
Previous Illness	3	10	13
Puerperal State	0	3	3
Paralysis	2	1	3
Typhus Fever	1	0	1
Unknown	9	7	16
Visionary notions of Sacred Subjects	1	2	3
Total.....	53	61	114

No. 3.

OF THE 114 PATIENTS ADMITTED IN THE
YEAR 1862.

	Males.	Females.	Total.
Discharged, cured	22	27	49
" relieved	4	4	8
Died	18	15	33
Remaining	9	15	24
Total.....	53	61	114

No. 4.

DOMESTIC CONDITION OF THE 114 PATIENTS
ADMITTED IN THE YEAR 1862.

	Males.	Females.	Total.
Married	23	28	51
Single	21	31	52
Widowed	5	6	11
Total.....	49	65	114

TABLE OF ADMISSIONS, DI

In the whole Thirty-four Years

Years.	MALES.						FEMALES.			
	Admitted.	Discharged.			Died.	Escaped.	Admitted.	Discharged.		
		Cured.	Relieved.	Total.				Cured.	Relieved.	Total.
1829	72	11		11	11		70	9	2	
1830	48	12	9	21	11		34	12	3	
1831	42	8	4	12	16		45	19	3	
1832	42	21	4	25	17		25	20	2	
1833	34	18	4	22	14		31	14	5	
1834	32	16	7	23	9	2	32	18	5	
1835	39	18	9	27	8	1	40	15	8	
1836	30	11	13	24	7		26	11	16	
1837	30	13	5	18	11		46	17	1	
1838	35	16	2	18	13		31	21	2	
1839	29	15	5	20	10		53	27	9	
1840	31	14	1	15	7	1	38	23	3	
1841	35	16	2	18	13	1	29	16	1	
1842	27	10	2	12	10		34	14	2	
1843	33	9	6	15	13		34	17	5	
1844	36	19	2	21	9		30	13		
1845	42	19	3	25	13		40	16		
1846	37	22		19	16		44	24	1	
1847	44	16	1	17	24	1	42	13	2	
1848	31	13		13	11		51	26	2	
1849	27	10	11	21	9	1	55	34	5	
1850	36	21	4	25	17	1	47	29	1	
1851	36	25	3	28	20		55	26	8	
1852	51	22	2	24	17		47	28	8	
1853	49	22	2	24	19		44	20	7	
1854	34	22	3	25	15		47	24	2	
1855	43	20	2	12	17		40	28	3	
1856	42	21	2	23	16		47	18	5	
1857	40	27	2	29	17		56	27	7	
1858	46	19	1	20	18		72	39	5	
1859	47	22	2	24	22		65	34	1	
1860	42	10	1	11	20		65	37	2	
1861	46	25	4	29	30		55	30	5	
1862	53	22	4	26	18		61	27	4	
Total.	1341	575	122	697	498	8	1531	746	128	

Daily Average for

AGES, AND DEATHS,

Asylum opened.

Admitted.	TOTAL.				In the House at the end of each year.			
	Discharged.			Died.	Escaped.	Males.	Females.	Total.
	Cured.	Relieved.	Total.					
42	20	2	22	15		50	55	105
82	24	12	36	18		66	67	133
87	27	7	34	26		80	80	160
67	41	6	47	25		78	75	153
65	32	9	41	22		75	79	154
64	34	12	46	17	2	75	80	155
79	33	17	50	14	1	79	91	170
66	22	29	51	16		78	81	159
76	30	6	36	27		79	93	176
66	37	4	41	20		82	94	172
82	42	14	56	16		80	105	185
69	37	4	41	20	1	89	104	193
64	32	3	35	22	1	93	107	200
61	24	4	28	21		98	114	212
67	26	11	37	29		103	110	213
66	32	2	34	21		109	115	224
62	38	3	41	25		112	127	239
61	43	1	44	31		114	131	245
66	29	3	32	48	1	116	134	250
62	39	2	41	29		123	139	262
62	44	16	60	30	1	119	134	253
63	50	5	55	31	1	113	137	250
61	51	9	62	35		101	143	244
68	50	10	60	27		111	144	255
63	42	9	51	36		117	144	261
61	46	5	51	30		111	150	261
63	38	5	43	32		125	144	269
69	39	7	46	31		128	153	281
66	54	9	63	36		122	156	278
68	58	6	64	38		130	164	294
62	56	3	59	35		131	181	312
67	47	3	50	38		142	189	331
61	55	9	64	53		129	186	315
64	49	8	57	33		138	201	339
672	1321	257	1578	947	8			

No. 6.

RELIGIOUS DENOMINATION OF THE 114 PATIENTS
ADMITTED IN THE YEAR 1862.

Religious Denomination.	Males.	Females.	Total.
Church of England	31	43	74
Baptists	6	5	11
Wesleyans	2	3	5
Primitive Methodists	2	1	3
Independents	1	1	2
Plymouth Brethren	1		1
Protestants	2	3	5
Dissenters	3	5	8
Roman Catholics		1	1
Unknown	3	1	4
Total.....	51	63	114

No. 7.

DEGREE OF EDUCATION OF THE 114 PATIENTS
ADMITTED IN THE YEAR 1862.

Degree of Education.	Males.	Females.	Total.
Able to Read and Write	23	29	52
Able to Read	19	26	45
Unable to Read	7	10	17
Total	49	65	114

No. 8.

OCCUPATIONS OF THE 114 PATIENTS ADMITTED
IN THE YEAR 1862.

Occupations.	Males.	Females.	Total.
Agricultural Labourers.....	33		33
" " Wives..		19	19
" " Widows..		8	8
Assistant Matron		1	1
Butcher	1		1
Butcher's Wife		1	1
Druggist	1		1
Dress Makers		3	3
Domestic Servants		19	19
Drover	1		1
Carpenter's Wife		1	1
Farmer	1		1
Fisherman	2		2
Fisherman's Widow		1	1
Groom	1		1
Gardener	1		1
Hawker's Wife		1	1
Laundress		1	1
Miller	1		1
Miller's Wife		1	1
Organist		1	1
Ostler	1		1
Publican's Wife		1	1
Postillion	1		1
Straw Bonnet Maker		1	1
Sawyer	1		1
Shoe Makers	2		2
Sailor	1		1
Soldiers	3		3
School Master	1		1
School Mistress		1	1
Tea Hawker	1		1
Weaver		1	1
Total	53	61	114

No. 9.

AGES OF PATIENTS ON ADMISSION IN 1862.

Under Ten.	From Ten to Twenty.		Twenty to Thirty.		Thirty to Forty.		Forty to Fifty.		Fifty to Sixty.		Sixty to Seventy.		Seventy and upwards.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
0	0	0	2	1	7	10	13	12	11	15	7	14	4	6	53	61	114

AGES OF PATIENTS DIED IN 1862.

Under Ten.	From Ten to Twenty.		Twenty to Thirty.		Thirty to Forty.		Forty to Fifty.		Fifty to Sixty.		Sixty to Seventy.		Seventy and upwards.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
0	0	0	0	0	2	2	3	2	4	2	4	1	3	7	18	15	33

No. 10.

TABLE exhibiting the Causes of Death, Form of Insanity, Duration of Mental Malady, and Periods of Residence in the Asylum, in the Cases which terminated fatally during the year 1862.

No.	Age.	Sex.	Cause of Death.	Residence in Asylum.			Total Duration of Insanity.			Form of Insanity.
				Yrs.	Mos.	Dys.	Yrs.	Mos.	Dys.	
1	75	M	Epilepsy	3	4	7	3	6	7	Epileptic Mania
2	65	F	Senile Exhaustion		8	11		8	13	Melancholia
3	27	F	Maniacal Exhaustion		6	2		7	2	Mania
4	73	F	Senile Exhaustion	2	11	21	3		4	Dementia
5	34	F	Epilepsy	3	5	6	3	6	6	Epileptic Mania
6	78	M	Paralysis	33	1	23	34	7		Paralytic Mania
7	26	M	Gradual Exhaustion	1	7	2	1	8		Mania
8	51	F	Maniacal Exhaustion		1	22		2	7	Ditto
9	62	F	Chorea	9	8	2	9	8	16	Ditto
10	51	F	Scrofulous Abscesses	27	4	25	27	5	25	Recurrent Mania
11	44	M	Maniacal Exhaustion		7	6		7	14	Melancholia
12	50	M	Apoplexy	1	2	14	1	3		Ditto
13	20	M	Epilepsy	1	4	9	1	5		Epileptic Mania
14	53	M	Diabetes	26	3	4	26	4		Recurrent Mania
15	40	M	Maniacal		7	12		7	21	Mania
16	52	M	Diseased Lungs	1	10	13	1	11		Melancholia
17	45	M	Apoplexy	3	3	11	3	4		Ditto
18	84	F	Senile Decay	27		4	28			Dementia
19	82	F	Lung and General Visceral Disease		3	6		4	14	Melancholia
20	65	M	Senile Infirmary	13	7	17	14			Mania
21	74	F	Senile Debility	20		10	21			Ditto
22	58	M	Paralysis	20	6	16	22	9		Paralytic Mania
23	27	F	Exhaustion from Puerperal Mania			6			14	Puerperal Mania
24	51	M	General Paralysis		9	21		10	10	Paralytic Mania
25	73	F	Senile Decay	13	1	19	13	2	19	Mania
26	72	M	Paralysis			25		1		Paralytic Mania
27	61	F	Chronic Hepatitis	3	4	14	3	6		Mania
28	72	M	Paralysis		10	24	1			Paralytic Mania
29	69	M	Apoplexy		7	12		7	21	Melancholia
30	73	F	Senile Exhaustion	16	11	7	16	11	14	Mania
31	49	F	Apoplexy		2	14		3		Paralytic Mania
32	69	M	Gradual Exhaustion	33	7	14	33	8	10	Mania
33	38	M	Epilepsy		4	7	2	1	4	Epileptic Mania

No. 11.
DIET TABLE OF THE SUFFOLK LUNATIC ASYLUM.
December 31, 1862.

DAYS OF THE WEEK.	BREAKFAST.										DINNER.										SUPPER.										
	Males.		Fe- males.		Males.						Females.				Males.				Females.												
	Bread.	Gruel.	Bread.	Gruel.	Cooked Meat.	Pie.	Bread.	Vegetables.	Rice Pudding.	Suet Pudding.	Soup.	Beer.	Cooked Meat.	Pie.	Bread.	Vegetables.	Rice Pudding.	Suet Pudding.	Soup.	Beer.	Bread.	oz.	pt.	Cheese.	Tea.	Beer.	oz.	pt.	Cheese.	Tea.	Beer.
	oz	pt.	oz.	pt.	oz.	oz.	oz.	lb.	lb.	lb.	pt.	pt.	oz.	oz.	oz.	lb.	lb.	lb.	pt.	pt.	pt.	oz.	oz.	oz.	oz.	pt.	pt.	oz.	oz.	pt.	pt.
Sunday	7	1 1/2	6	1	16			1 1/2				1 1/2	12							1 1/2	8	3/4					7	3/4	1 1/2	1 1/2	1 1/2
Monday	7	1 1/2	6	1								5		4	1	2 1/4			1		8	3/4		1 1/2	3/4	7	3/4	7	1 1/2	1 1/2	1 1/2
Tuesday	7	1 1/2	6	1	6			1				2		6	1 1/2					8	3/4		1 1/2	3/4	7	3/4	7	7	1 1/2	1 1/2	1 1/2
Wednesday	7	1 1/2	6	1	3			1 1/2											1		8	3/4		1 1/2	3/4	7	7	7	1 1/2	1 1/2	1 1/2
Thursday	7	1 1/2	6	1	6							5		4	1	1 1/2					8	3/4		1 1/2	3/4	7	7	7	1 1/2	1 1/2	1 1/2
Friday	7	1 1/2	6	1				1 1/2				2		6	1 1/2				1		8	3/4		1 1/2	3/4	7	7	7	1 1/2	1 1/2	1 1/2
Saturday	7	1 1/2	6	1				1 1/2													8	3/4		1 1/2	3/4	7	7	7	1 1/2	1 1/2	1 1/2
Total.....	49	10 1/2	42	7	18	16	22	3 1/2	1	1	3	3 3/4	14	12	20	3	3/4	2	2 1/2	56	2 1/2	6	2 1/4	3	49	2 1/4	6	6 1/2	6	1 1/2	2

The Gruel is made in the following proportions, viz:—10lbs. of Groats to 6 gallons of Milk for 100 Patients.
 Soup is thickened with Peas, Pearl Barley, Rice, and Vegetables.
 Tea 1lb. Sugar 4lb. Milk 3 gallons for 100 Patients.
 The Patients employed, both Males and Females, have full generous diet.
 Dietetic regulations are subject to Medical opinion.

No. 12.

FARM AND GARDEN ACCOUNT,

In the year 1862.

[illegible]

No. 13.

CONTRACT PRICES,

For the year ending 31st December, 1862.

	1st Quarter.		2nd. Quarter.		3rd. Quarter.		4th. Quarter.	
	s.	d.	s.	d.	s.	d.	s.	d.
Beef, good Steer, by side								
..... cwt.	54	0	49	0	56	0	54	0
Wether Mutton, by side								
or carcaselb.		7		7		7		7
Bread, per loaf, 4lb. 4oz.								
18 hours baked		6 $\frac{1}{2}$		5 $\frac{1}{2}$		6		5 $\frac{1}{4}$
Flour, secondssack	42	0	46	0	38	0	36	0
Maltcoomb.	33	0	33	0	32	0	30	0
Hops, genuine English								
growthcwt.	112	0	112	0	140	0	168	0
Sugar, loaflb.		5 $\frac{1}{2}$		5 $\frac{1}{2}$		5 $\frac{1}{2}$		5 $\frac{1}{2}$
„ soft, good ..cwt.	34	0	34	0	34	0	30	0
Molasses or Treacle, cwt.	16	0	16	0	16	0	16	0
Vinegargallon	1	6	1	6	1	6	1	2
Soap, goodcwt.	27	0	27	0	27	0	28	0
„ soft, firkin 64lbs. net	13	0	13	6	14	0	14	0
Cheese, Edam, good, cwt.	50	0	46	0	40	6	42	0
„ Derbycwt.	56	0	56	0	56	0	54	0
Groatscwt.	18	0	16	6	16	6	18	6
Peas, boilersbushel	5	0	5	0	5	0	5	6
Best Firkin Butter of 56								
lbs. net.firkin	46	0	46	0	44	0	42	0
Tobacco, shaglb.	3	3	3	3	3	3	3	3
Snufflb.	3	0	3	0	3	0	3	0
Candlesdozen	5	9	5	3	5	3	5	6
Pearl Ashcwt.	28	0	28	0	28	0	34	0
Soda, goodcwt.	5	0	5	0	5	0	5	3
Best Stone Bluelb.	1	0	1	0	1	0	1	0
Best Starchlb.		4 $\frac{1}{2}$		4 $\frac{1}{2}$		4 $\frac{1}{2}$		4 $\frac{1}{2}$
Pepperlb.	1	0	1	0	1	0	1	0
Mustardlb.		6		6		6		6
Carolina Ricecwt.	16	0	18	0	16	0	16	0
Wheat Straw in Trusses								
..... cwt.	2	9	2	9	2	9	2	6
Brush Wood Fagots, 60								
fagots to the load	19	6	19	6	19	6	19	6
Coals, best Wallsend,								
screenedton	21	6	21	0	21	0	21	0
Ditto, best Inland, ditto								
..... ton	18	0	17	0	17	0	16	6
Ditto Blythton	18	0	16	6	16	6	16	6
Welsh Stoneton	28	0	26	0	26	0	27	0
Cinderschal.	17	0	15	0	16	0	16	0

No. 14.

TABLE SHEWING THE WEEKLY AND ANNUAL CHARGE FOR EACH PATIENT, SINCE THE ASYLUM OPENED.

Years.	1st. Quarter. Per Week.		2nd. Quarter. Per Week.		3rd. Quarter. Per Week.		4th. Quarter. Per Week.		Annual Charges.		
	s.	d.	s.	d.	s.	d.	s.	d.	£.	s.	d.
1829	12	2	8	2	7	0	8	2	22	19	10
1830	7	7	6	5	5	3	7	0	17	1	3
1831	7	0	7	7	5	10	7	0	17	16	5
1832	6	5	5	10	5	10	5	10	15	10	11
1833	5	10	5	10	5	3	5	10	14	15	9
1834	5	10	5	3	5	10	5	10	14	15	9
1835	7	0	5	3	4	8	5	10	14	15	9
1836	5	10	5	3	5	10	5	10	14	15	9
1837	7	0	5	10	5	10	5	10	15	18	6
1838	6	5	5	10	5	10	6	5	15	18	6
1839	7	0	6	5	5	10	6	5	16	13	8
1840	7	0	6	5	6	5	7	0	17	8	10
1841	7	0	6	5	6	5	7	0	17	8	10
1842	7	0	6	5	5	10	6	5	16	13	8
1843	6	5	5	10	5	10	6	5	15	18	6
1844	6	5	6	5	6	5	6	5	16	13	8
1845	7	0	6	5	5	10	6	5	16	13	8
1846	7	0	7	0	6	5	7	7	18	4	0
1847	7	7	8	2	8	9	7	7	20	17	1
1848	8	2	8	2	8	2	8	9	21	12	3
1849	7	7	5	3	5	10	6	5	16	6	1
1850	7	0	5	10	5	10	6	5	16	6	1
1851	5	10	5	3	5	3	6	5	14	15	9
1852	6	5	6	5	6	5	6	5	16	13	8
1853	7	0	7	0	7	0	7	10½	18	15	4½
1854	8	6	8	0	8	0	8	9	21	12	3
1855	8	9	8	9	8	9	8	9	22	15	6
1856	8	9	8	9	8	0	7	6	21	9	0
1857	8	3	8	0	8	3	8	6	21	9	0
1858	8	3	8	0	7	6	7	6	20	6	3
1859	7	6	7	6	7	6	8	6	20	3	0
1860	9	6	8	6	8	6	8	6	22	15	0
1861	9	0	9	6	9	6	8	6	23	14	6
1862	9	0	8	6	8	6	8	6	22	8	6

No.

AN ACCOUNT OF THE RECEIPTS AND

Under 16 and 17 Vic. c. 97. sec. 38

RECEIPTS.									
1862.				£			s.	d.	
January.	To Balance forward	-	-	-	32	7	0		
	„ Gross	-	-	-	190	8	11		
	„ Bury Division	-	-	-	109	11	1		
					£ 314 6 0				

15.

DISBURSEMENTS FOR REPAIRS, &c.

from January to December, 1862.

DISBURSEMENTS.			
1862.		£	s. d.
January.	By Chaplain's Clerk - - -	1	5 0
	Cook, Bricks and Tiles - - -	17	6 3
	Chaplain's Salary - - -	25	0 0
	Jeffries, Plumbing, Glazing - -	17	2 0
	Carson, Paint - - -	4	19 0
	Culham, Brazier's Work - - -	3	1 0
	Dr. Kirkman - - -	8	16 0
	Page & Girling, Ironfoundry Work	48	1 5
	Scott, Paint - - -	14	3 6
	Loder, Printing and Stationery	19	1 4
	Hayward - - -	8	8 0
	Grimwood, Deals, &c. - - -	25	4 10
	Gall, Ironmongery - - -	14	14 6
	Thompson & Bennington, Lime -	2	2 0
	Smith, Bricklayer's Work - -	15	14 6
	Grout, Gravel and Carting - -	3	13 0
	Smith, Land Tax - - -	1	11 0
	J. H. Borton, Esq., Insurance -	28	2 0
	Dale, Stonemason's Work - -	15	18 10
	Butcher - - -	7	7 0
	Clarke, Carpenter's Work - -	17	8 0
	Knights, Cement - - -	2	16 10
	Clerk to Visitors - - -	12	10 0
		£ 314	6 0

No. 15

RECEIPTS.

1862.		£	s.	d.
March.	To Amount forward	-	-	- 332 7 0
	„ Gross -	-	-	- 126 19 3
	„ Bury Division	-	-	- 73 0 0
		£	532	7 0

continued.

DISBURSEMENTS.		£	s.	d.
1862.				
March.	By Amount - - - - -	314	6	0
	Woodbridge, Bricklayer's Work -	7	8	9
	Jeffries, Plumbing, Glazing, &c. -	25	19	2
	Gall, Ironmongery - - -	2	18	6
	Page & Girling, Ironfoundry Work -	24	16	3
	Culham, Copper Goods - -	3	19	10
	Scott, White Lead, Turpentine -	14	6	3
	Clarke, Carpenter's Work - -	13	1	0
	Grimwood, Deals, Sawing &c. -	8	15	3
	Dale, Stonemason's Work -	8	0	6
	Chaplain's Clerk, &c. - -	1	5	0
	Clerk to the Visitors - 12 10 0			
	Ditto, Extra Meeting 10 10 0			
		23	0	0
	Jeffries, Grass Flag - - -	4	0	0
	Chaplain's Salary - - -	25	0	0
	Pizey, Postage and Receipt Stamps,			
	Cheque Books, &c. - - -	5	5	3
	Woods, Trees, Plants, &c. -	4	5	9
	Moulton, Advertisements - -	1	19	0
	Loder, Printing and Stationery -	26	5	2
		£ 514	11	8

No. 15.

RECEIPTS.

1862.		£	s.	d.
	To Amount forward	-	-	- 532 7 0
July.	„ Gross	-	-	- 253 18 4
	„ Bury	-	-	- 146 1 8
		£ 932 7 0		

continued.

		DISBURSEMENTS.		
1862.		£	s.	d.
	By Amount forward - - -	514	11	8
July.	Jeffries, Plumbing and Glazing -	26	3	7
	Hubbock, Paint - - -	5	9	11
	Carson, ditto - - -	4	11	0
	Woodbridge, Bricklayer's Work -	14	5	5
	Cook, Tiles and Pipes - -	2	12	4
	Thompson & Bennington, Lime -	2	2	0
	Culham, Brazier's Work - -	2	16	4
	Page and Girling - - -	38	10	4
	Dale, Stonemason's Work - -	7	5	10
	Gall, Ironmongery - - -	6	15	0
	Grimwood, Deals and Sawing -	17	18	4
	Betts, White Lead and Turpentine	16	4	0
	Clarke, Carpenter's Work - -	15	10	6
	Blowers, Whitening - - -	1	13	0
	Jeffries, Grass Flag and Seeds -	1	5	0
	Chaplain's Clerk, &c. - - -	1	5	0
	Woods, Seeds, Plants, &c. - -	1	16	0
	Knight, Cement - - -	2	17	6
	Clerk to the Visitors - - -	12	10	0
	Chaplain's Salary - - -	25	0	0
	Loder, Stationery and Printing -	9	9	6
	Welton, Grass Flag - - -	3	14	3
		£ 734	6	6

No. 15.

RECEIPTS.

						£	s.	d.
1862.	To Amount forward	-	-	-	-	932	7	0
Oct.	„ Gross	-	-	-	-	190	9	0
	„ Bury	-	-	-	-	109	11	0
						£ 1232 7 0		

continued.

		DISBURSEMENTS.		
		£	s.	d.
1862.	By amount forward - - -	734	6	6
Nov.	Loder, Printing and Stationery -	14	1	2
	Jeffries, Plumbing and Glazing -	16	13	5
	Neill, Roofing Felt - - -	3	6	8
	Grimwood, Timber and Deals -	21	1	8
	Woodbridge, Bricklayer's Work -	9	1	0
	Clarke, Carpenter's Work - -	10	1	6
	Page & Girling, Ironfounder's Work -	27	4	2
	Gall, Ironmongery - - -	5	3	5
	Thompson, Gravel and Stone -	5	9	10
	Cook, Asphalting Floors - - -	6	11	6
	Betts, Paint - - - -	4	19	0
	Cook, Pipes - - - -	5	1	8
	Blowers, Whitening - - -	1	2	0
	Pizey, Postage and Receipt Stamps, Banker's Cheque Books, &c. - -	3	3	10
	Clerk to the Visitors - - -	12	10	0
	Chaplain's Clerk, &c. - - -	1	5	0
	Chaplains's Salary - - - -	25	0	0
	J. H. Borton, Esq. - - - -	10	10	4
		£ 916	12	8

continued.

DISBURSEMENTS.						
1862.					£	s. d
	By Amount forward	-	-	-	-	916 12 8
	<i>New Church.</i>					
Nov.	Webber, Bricklayer's Work	11	11	3		
	Cook, Bricks, &c.	-	39	19	10	
	Thompson & Bennington,					
	Lime	-	-	-	6	10 0
	Knight, Ground Stone Lime	5	8	4		
	Farrow & Co., Cement	-	2	11	0	
	Dale, Stonemason's Work	-	2	1	2	
	Grimwood, Timber, &c.	-	64	4	3	
	Woodbridge, Bricklayer	-	7	19	0	
	Webber, ditto	-	10	10	0	
	Knight, Bricks	-	4	10	0	
	Cook, ditto	-	24	19	0	
	Grimwood, Timber & Deals	43	14	4		
	Clarke, Carpenter's Work	20	13	8		
					244	11 10
	Balance	-	-	-	71	2 6
					£1232	7 0

No. 16.

GENERAL STATEMENT OF RECEIPTS AND EXPENDITURE BY THE HOUSE COMMITTEE OF THE SUFFOLK COUNTY LUNATIC ASYLUM.

Dr.

For the year ending December 31st. 1862.

Cr.

1862.	Jan. 1st.	£	s.	d.	1862.	Jan. 1st.	£	s.	d.
To Balance at the Bank of Messrs. Alexanders		842	7	6	Superintendent and Matron		550	0	0
Receipts from Unions, &c.:					House Surgeon		84	0	0
Mildenhall Union		258	4	0	Steward		60	0	0
Ipswich ditto		32	16	6	Assistant Engineer		29	0	0
Sudbury ditto		768	1	6	Attendants, Nurses and				
Thingoe ditto		400	9	0	Servants		577	13	5
County Pauper		25	11	0			1300	13	5
Gedgrave Parish		8	0	0	Meat		1311	4	9
Hartsmere Union		489	14	10	Groceries		928	17	7
Plomesgate ditto		550	6	0	Beer, Malt, and Brewing		489	14	6
Blything ditto		725	10	0	Bread and Flour		984	17	1
Newmarket ditto		128	11	0			3714	15	11
Wangford ditto		477	16	0	Clothing		849	9	8
Samford ditto		285	3	0	Coals		352	9	6
Thetford ditto		55	2	0	Wood		19	10	0
Mutford ditto		542	16	0	Medicines, Wine, and Spirits		95	10	1
Cosford ditto		489	0	0	Sundries		192	11	3
Hoxne ditto		468	14	6	Tradesmen's Bills		688	19	6
Woodbridge ditto		597	2	0	Tithe and Rent of Land		11	16	0
Stowmarket ditto		343	13	6	Clarke, Coffins and Funerals		31	6	0
Bury Incorporation		32	16	6	Clerk to House Committee		60	0	0
Bosmere Union		592	4	6	White (overpaid)		6	13	0
Risbridge ditto		262	3	0					
Farm Account, Cow, Calves, and		43	5	0	Balance at Alexander's Bank		1194	8	3
Wheat Sold									
		£8517	11	4			£8517	11	4

No. 17.

HEADS OF EXPENDITURE.

Ending December 1862.

		£	s.	d.
Meat, lbs.....	54635	1311	4	9
Bread, loaves $4\frac{1}{4}$ lbs. each....	34341	{ 832	11	1
Flour, sts.	1500	{ 152	6	0
Butter, lbs.	3463	{ 137	18	3
Oatmeal, lbs.	8671	{ 71	1	8
Tea and Coffee	715	129	14	8
Cheese, lbs.	9034	184	11	9
Soap, Pearlash, Soda, and Blue, lbs.	16624	129	4	5
Grocery		233	10	11
Candles, lbs.	1389	42	15	11
Coals, tons	405	352	9	6
Wood, loads	20	19	10	0
Medicines, Wine, and Spirits		55	10	1
Table Beer and Porter.....		489	15	6
Clothing and Linen		849	9	8
Sundries		192	9	0
Salaries and Wages		1300	13	5
Tradesmen's Bills.....		688	19	6
Total.....	£	7273	16	1

No. 18.

AN ACCOUNT OF DEBT ON COUNTY RATES,

From Michaelmas 1861 to Michaelmas 1862.

RECEIPTS.		PAYMENTS.	
1861.	£. s. d.	1862.	£. s. d.
Sep. 28. Balance in hand.....	94 7 5	Jan. 6. Interest on £2000 at $4\frac{1}{2}\%$ cent.	45 0 0
1862.		Bonds discharged	100 0 0
Jan. By Rate	186 15 10	Treasurer	25 0 0
		Balance in hand.....	111 3 3
	<u>£281 3 3</u>		<u>£281 3 3</u>
March 1st, 1862. Laid before the Quarterly Meeting and allowed.			
F. G. DOUGHTY, <i>Chairman.</i>			
1862.			
March 1. Balance in hand	111 3 3	July 6. Interest on £1900 at $4\frac{1}{2}\%$ cent.	42 15 0
July. By Rate	186 15 10	Bonds discharged	100 0 0
		Treasurer	25 0 0
		Balance in hand.....	130 4 1
	<u>£297 19 1</u>		<u>£297 19 1</u>
October 3rd, 1862. Laid before the Quarterly Meeting and allowed.			
J. H. BORTON, <i>Clerk of the Peace.</i>			
F. G. DOUGHTY, <i>Chairman.</i>			

HENRY PIZEY, *Clerk.*GEORGE DURRANT, *Steward.*