

Fourth annual report of the Committee of Visitors of the City of London Lunatic Asylum, at Stone, near Dartford, in the county of Kent : January quarter sessions, 1870.

Contributors

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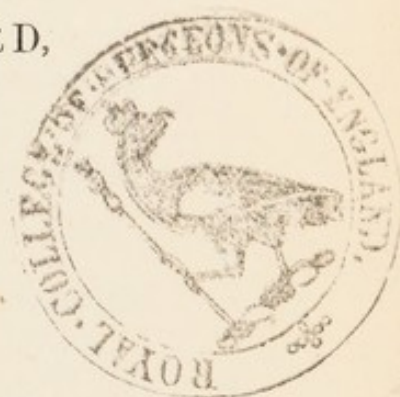
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FOURTH
ANNUAL REPORT
OF THE
COMMITTEE OF VISITORS
OF THE
CITY OF LONDON LUNATIC ASYLUM,
AT
STONE, NEAR DARTFORD,
IN THE COUNTY OF KENT.



January Quarter Sessions, 1870.

LONDON:
Printed by ROBERT GRAVATT, 11, King Street, Cheapside.

1870.



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COMMITTEE OF VISITORS

*Appointed by the Court of Quarter Sessions, holden by adjournment, on
30th January, 1869.*

SAMUEL WILSON, Esq., Alderman, Chairman.
The Right Hon. JAMES CLARKE LAWRENCE, M.P., Lord Mayor.
Sir JAMES DUKE, Bart., Alderman.
Sir JOHN MUSGROVE, Bart., Alderman.
THOMAS CHALLIS, Esq., Alderman.
THOMAS SIDNEY, Esq., Alderman.
Sir FRANCIS GRAHAM MOON, Bart., F.S.A., Alderman.
Sir DAVID SALOMONS, Bart., M.P., Alderman.
THOMAS QUESTED FINNIS, Esq., Alderman.
Sir ROBERT WALTER CARDEN, Knt., Alderman.
JOHN CARTER, Esq., F.A.S. and F.R.A.S., Alderman.
Sir WILLIAM ANDERSON ROSE, Knt., Alderman.
WILLIAM LAWRENCE, Esq., M.P., Alderman.
WARREN STORMES HALE, Esq., Alderman.
Sir BENJAMIN SAMUEL PHILLIPS, Knt., Alderman.
Sir THOMAS GABRIEL, Bart., Alderman.
WILLIAM FERNELEY ALLEN, Esq., Alderman.
The Right Hon. RUSSELL GURNEY, Q.C., M.P., Recorder.
THOMAS DAKIN, Esq., Alderman.
ROBERT BESLEY, Esq., Alderman.
SILLS JOHN GIBBONS, Esq., Alderman.
Sir SYDNEY HEDLEY WATERLOW, Knt., M.P., Alderman.
ANDREW LUSK, Esq., M.P., Alderman.
WILLIAM JAMES RICHMOND COTTON, Esq., Alderman.
Sir JOSEPH CAUSTON, Knt., Alderman.
THOMAS SCAMBLER OWDEN, Esq., Alderman.

City of London Lunatic Asylum,

STONE, NEAR DARTFORD.

ANNUAL REPORT

OF

THE COMMITTEE OF VISITORS,

1869.

To Her Majesty's Justices of the Peace for the City of London in General Quarter Sessions assembled, by adjournment, on Saturday, the 19th day of February, 1870.

THE COMMITTEE report that at the commencement of the year 1869, there were 271 patients in the Asylum; that during the year other patients were received from the several City Unions, making a total of 322; of this number 18 males and 15 females were discharged recovered, and 18 males and 5 females died, leaving in the Asylum, at the end of the year, 124 males, and 142 females, making a total of 266.

That the health of the patients, during the year, has been generally good, for although more patients have died than in any preceding year since the Asylum has been opened, they have in most instances succumbed to decay of nature, and not to epidemic or other disease.

That for the better security of the inmates and protection of the public, the external wall on the male side has been raised several courses ; the exterior of the building has been painted, and the interior papered and repaired where necessary, and some improvements recommended by the Commissioners in Lunacy upon the occasion of their last visit to the Asylum, have been carried out in the patients' airing courts, and the general state and condition of the Asylum maintained in a very satisfactory manner.

That in consequence of the authorities of the adjacent Cemetery of Dartford refusing to permit any further interment of non-parishioners, and the churchyard of the Parish (Stone) being inconveniently full, the Committee caused plans to be prepared for enclosing an acre of the Asylum land for the purpose of forming a New Burial Ground for the interment of patients dying in the Asylum; such plans after being laid before the Court and sanctioned, were submitted to the Secretary of State for the Home Department, who was pleased to approve of the same subject to the erection of a Mortuary Chapel, which was subsequently erected after a design prepared by the City Architect ; and on the 20th December last, the Bishop of Colombo (acting for the Bishop of Rochester, in whose diocese the Asylum is situate) attended, and consecrated the Chapel and ground.

That by an order of the poor Law Board, which came into effect on the 29th September last, the East and West London Unions were dissolved; and the parishes hitherto comprised in those Unions now form part of the City of London Union. Considerable inconvenience has been experienced in consequence of the accounts due from those Unions for the maintenance of their patients during the quarter, prior to their dissolution, not having been paid, but an intimation has been received from Mr. Lumley, Q.C., the inspector appointed by the Poor Law Board to ascertain the proportionate amount chargeable upon each of the parishes which were comprised in the late Unions, that the payment of the accounts will not now be long delayed.

For further details as to the management of the Asylum, and the treatment of the patients, reference is made to the Entry of the Commissioners in Lunacy in the Visitors' Book, on the 8th of June last, to the Report of the Medical Superintendent, and to the several accounts and tables appended.

The Committee, in conclusion, are desirous of again recording their approval of the very satisfactory manner in which the Medical Superintendent and the officers generally have discharged the various duties during the past year.

Dated this 28th day of January, 1870.

SAMUEL WILSON, Chairman.
THOMAS Q. FINNIS.
ROBERT W. CARDEN.
W. A. ROSE.
WILLIAM LAWRENCE.
WARREN S. HALE.
JAMES CLARKE LAWRENCE.
THOMAS S. OWDEN.



The further details of the management of the Asylum and
the treatment of the patients, referred to in the history of
the Asylum, is given in the Volume, Book on the subject.
These facts are the basis of the Medical Superintendent and to
the Medical Committee and tables appended.
The Committee, in conclusion, are disposed to express their
approval of the very satisfactory manner in which the
Medical Superintendent and the officers generally have discharged
their duties during the past year.

Dated this 25th day of January, 1876.

SAMUEL WILSON, Chairman.
THOMAS G. HAZEN
ROBERT W. GARDNER
W. A. ROSE
WILLIAM LAWRENCE
WARREN S. HAILEY
JAMES CLARK LAWRENCE
THOMAS S. OGDEN

Copy of Entry made by
THE COMMISSIONERS IN LUNACY
in the Visitors' Book of the Asylum.

CITY OF LONDON ASYLUM,
 8th June, 1869.

WE are glad to report various improvements in this Asylum since the last visit, and especially it is satisfactory to notice the change for the better that has taken place in the appearance and demeanour of the women of the more refractory and impulsive class. The plan of mixing them more generally with the other inmates has been tried with much success, and we found all classes together in one of the airing courts to-day, with little or no exhibition of excitement. The small airing courts attached to Wards No. 8 have been turfed and laid out, but they are not finished or fit for use; indeed, we find on enquiry that they are now never used at all; all the women being permitted to take exercise in the general grounds.

In these circumstances we now recommend that these two small courts should be done away with entirely. It is clear from the experience of the last six months that they are not needed, and we have no doubt that the use of special courts of this description has a tendency to foster bad and unruly habits.

We understand that the Committee have it in contemplation to somewhat extend the accommodation in connection with the female infirmary at the extremity of the building, and it would be well we think to employ the bricks from the walls of these airing courts erecting the proposed new additions.

The Asylum is nearly full. In the female division there are no vacancies, and but three empty beds on the male side. Since our visit in November last, 17 men and 14 women have been admitted, 8 men and 7 women have been discharged or removed to other Asylums, 4 of the women being recovered, and 11 men and 4 women have died, all from ordinary causes.

The general health of the patients has been good during the winter; and no disease of an epidemic character has prevailed.

The arrangements for occupation and amusement remain as reported at the last visit. The average number of men usefully employed is 72, and 78 women find occupation in the laundry, kitchen, wards, etc. There are, however, other patients of both sexes who though they do not work are not absolutely idle.

The recreation and amusement of the patients seem to be well attended to. There are weekly dances in the Hall, and 70 of each sex go beyond the Asylum precincts for exercise. Cricket is much played by the men.

We are glad to find that patients are permitted by Dr. Jepson to leave the Asylum on visits to their friends; but in order to legalise these absences, a general resolution, giving the necessary authority to the Superintendent should be passed by the Committee.

Referring to the suggestions made at the last visit, we are glad to find that two additional attendants—one for each division—have been engaged; their services have been specially given to the care of the more excited class, and with the best results. The improvement is particularly observable in the records of seclusion, only 2 men and 8 women having been secluded during the last seven months.

There were 80 men and 60 women assembled for dinner in the Hall to-day, all of whom behaved in the most orderly manner. The dietary remains as before.

We have still to suggest the lowering of the workshop windows, the better ventilation of the laundry dormitory, and the papering of some of the day rooms.

We regret to have to notice an occurrence which took place here a short time ago. On the 19th of May, a female epileptic gave birth to a child, the father of which she states to be a patient, who with herself was employed in and about the kitchen. We have made a suggestion to Dr. Jepson with a view to the prevention of any recurrence of such an event, and the more complete separation of patients of both sexes working in the same department.

With the exception of two men who are absent on leave, we have seen all the patients—131 men, and 142 women, and we have inspected all the wards and offices. The rooms were throughout very clean, and well ventilated, and the bedding was in excellent order.

We have already noticed the improvements which have been effected here, and we can again report the general condition and arrangements to be creditable and satisfactory.

W. G. CAMPBELL, }
JOHN D. CLEATON, } Commissioners in Lunacy.



CITY OF LONDON LUNATIC ASYLUM.

Dr. A General Statement of Receipts and Payments for the year ending 31st December, 1869. *Cr.*

[illegible]

Examined,

SAMUEL WILSON, *Chairman*.
JAMES CLARKE LAWRENCE.
ROB. W. GARDEN.

A detailed Statement of Payments for the year ending
31st December, 1869.

<i>Provisions.</i>						£	s.	d.	£	s.	d.
Meat ...	...	...	...	...	...	1,192	11	10			
Bacon, Butter, Cheese, and Groceries ...	...	...	...	...	...	1,072	3	9			
Flour ...	...	...	...	...	...	830	3	6			
Tea ...	...	...	...	...	...	87	11	9			
Milk ...	...	...	...	...	...	213	14	10			
Beer ...	...	...	...	...	...	505	10	6			
Potatoes ...	...	...	...	...	...	87	19	0			
Sundries ...	...	...	...	...	...	10	9	0			
Farm ...	...	...	...	...	...	109	10	4			
<i>House and other Expenses.</i>									4,109	14	6
Coals and Coke ...	...	...	...	...	...	723	3	0			
Gas Light ...	...	...	...	...	...	302	9	6			
Soap ...	...	...	...	...	...	122	4	1			
Brooms, Brushes, &c. ...	...	...	...	...	...	31	17	9			
Earthenware ...	...	...	...	...	...	45	0	10			
Ironmongery ...	...	...	...	...	...	121	0	8			
Bedding, Furniture, &c. ...	...	...	...	...	...	136	5	4			
Gas Fittings ...	...	...	...	...	...	13	1	0			
Postages ...	...	...	...	...	...	15	12	11			
Stationery ...	...	...	...	...	...	44	19	2			
Carriage of Goods ...	...	...	...	...	...	26	2	5			
Patients on Trial ...	...	...	...	...	...	44	3	0			
Recapture of Patients ...	...	...	...	...	...	4	4	6			
Amusements of Patients ...	...	...	...	...	...	12	18	6			
Removal of Patients... ..	...	...	...	...	...	0	16	9			
Funeral Expenses ...	...	...	...	...	...	21	7	0			
Books and Periodicals ...	...	...	...	...	...	22	1	7			
Rates and Taxes ...	...	...	...	...	...	16	13	6			
Insurance ...	...	...	...	...	...	6	0	0			
									1,710	1	6
Clothing ...	...	...	...	...	...				619	17	11
<i>Salaries and Wages.</i>											
Officers' Salaries ...	...	...	...	...	...	901	13	0			
Attendants and Servants' Wages ...	...	...	...	...	...	1,312	18	3			
<i>Medicines.</i>									2,214	11	3
Drugs and Surgical Instruments ...	...	...	...	...	...	64	3	7			
Wines, Spirits, and Porter ...	...	...	...	...	...	226	0	0			
									290	3	7
Incidentals ...	...	...	...	...	...				93	18	4
<i>Repairs, &c.</i>											
Labour ...	...	...	...	...	...	170	13	8			
Timber ...	...	...	...	...	...	15	17	0			
Iron ...	...	...	...	...	...	60	17	5			
Locks, &c. ...	...	...	...	...	...	38	17	0			
Bricks, Lime, Cement, &c. ...	...	...	...	...	...	62	19	6			
Glass ...	...	...	...	...	...	13	2	9			
Paint ...	...	...	...	...	...	71	2	2			
Assurance ...	...	...	...	...	...	26	5	9			
Sundries ...	...	...	...	...	...	38	3	3			
Painting the whole of the exterior of the Buildings, as per contract (Westacott) ...	...	...	...	...	...	253	13	9			
									751	12	3
Examined,											
SAMUEL WILSON, <i>Chairman.</i>									£9,789	19	4
JAS. CLARKE LAWRENCE.											
ROB. W. CARDEN.											

CITY OF LONDON LUNATIC ASYLUM.

INCOME and EXPENDITURE from the commencement on 16th April, 1866, to 31st December, 1869.

14*

INCOME.						EXPENDITURE.					
HEADS OF INCOME.	1866.	1867.	1868.	1869.	TOTAL.	HEADS OF EXPENDITURE.	1866.	1867.	1868.	1869.	TOTAL.
	From Weekly Rate.						From Weekly Rate.				
From the City of London—	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	Paid for Provisions	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Received for Maintenance	923 18 0	1412 4 0	1487 1 0	1078 0 0		Due ditto				1013 17 11	14883 10 3
Due ditto				361 18 6	5263 1 6						
From the City of London Union—						Paid for House and other Expenses ..	1489 19 10	2497 2 2	2317 14 2	1244 16 1	
Received for Maintenance	932 15 0	1868 7 0	2117 19 0	1717 0 4		Due ditto				550 13 3	8100 5 6
Due ditto				2017 3 2	8633 4 6						
From the East London Union—						Paid for Clothing	1529 19 2	417 5 3	610 13 2	437 8 2	
Received for Maintenance	1418 0 0	2338 5 0	2914 6 0	1711 17 0		Due ditto				113 14 3	3109 0 0
Due ditto				881 0 3	9283 8 3						
From the West London Union—						Paid for Salaries and Wages	1453 5 5	2130 4 5	2171 6 0	2214 11 3	7969 7 1
Received for Maintenance	319 14 0	806 10 0	1719 3 0	1012 8 0		Paid for Wines, Medicines, Spirits, and					
Due ditto				548 7 6	4406 2 6	Porter	190 9 3	254 4 9	270 11 4	225 8 1	
From the Kent County Asylum—						Due ditto				74 19 4	1015 12 9
Received for Maintenance	523 13 0	2748 9 0	1529 10 0	284 15 0		Paid Incidentals	52 7 6	80 10 3	65 7 8	93 18 4	293 3 9
Due ditto				99 16 0	5186 3 0	DEDUCT.	7112 13 6	9514 15 11	9656 11 8	9086 18 3	33370 19 4
From Unions and Parishes not contributing—						Stores sold, &c.	52 8 3	59 6 6	113 11 6	90 13 10	316 0 1
Received for Maintenance	21 4 0	62 4 0	194 19 2	168 4 3							
Due ditto				56 8 9	503 0 2	Total Expenditure from Weekly Rate..	7060 5 3	9455 9 5	9343 0 2	8996 4 5	35054 19 3
Total Income from Weekly Rate ..	4139 4 0	9255 19 0	9962 16 2	9936 18 9	33294 19 11						
	From City of London.					Repairs—	From City of London.				
To Cash received for Ordinary Repairs of the						Paid for Labour	136 9 11	152 15 7	213 16 10	170 13 8	
Asylum, under the Act 16 & 17 Vict. cap. 97,						Materials	235 16 11	233 15 0	227 12 1	289 12 7	
sec. 33		392 6 10	329 13 5	460 13 10		Painting Premises (as per				253 13 9	
To ditto due				1210 3 3	2392 17 4	contract)					
	4139 4 0	9648 5 10	10292 11 7	11607 15 10	35687 17 3	Due for Cemetery Walls				458 11 0	2392 17 4
						(contract), and other ac-					
Balance					1759 19 4	counts					
					37447 16 7		7452 12 1	9842 0 0	9984 9 1	10168 15 5	37447 16 7
						Total Expenditure					37447 16 7

Examined, SAMUEL WILSON, *Chairman*,
JAMES CLARKE LAWRENCE,
ROBERT W. CARDEN.

INCOME

NAME	RESIDENCE	OCCUPATION	ESTIMATED INCOME	ACTUAL INCOME	TAXES PAID	REMARKS
J. H. Smith	123 Main St.	Teacher	\$1,200	\$1,150	\$100	
M. J. Brown	456 Oak St.	Farmer	\$800	\$780	\$50	
W. L. Green	789 Elm St.	Merchant	\$2,500	\$2,400	\$150	
A. B. White	101 Pine St.	Doctor	\$1,800	\$1,700	\$100	
C. D. Black	234 Cedar St.	Engineer	\$3,000	\$2,900	\$180	
E. F. Gray	567 Birch St.	Lawyer	\$2,200	\$2,100	\$120	
G. H. Jones	890 Spruce St.	Clerk	\$900	\$850	\$60	
I. K. Lewis	1122 Walnut St.	Artist	\$1,500	\$1,400	\$90	
L. M. Hall	1345 Maple St.	Writer	\$1,100	\$1,050	\$70	
N. O. Young	1568 Hickory St.	Salesman	\$1,300	\$1,200	\$80	
P. Q. King	1791 Ash St.	Banker	\$2,800	\$2,700	\$160	
R. S. Wright	1914 Sycamore St.	Scientist	\$3,500	\$3,400	\$200	
T. U. Scott	2137 Poplar St.	Teacher	\$1,400	\$1,350	\$90	
V. W. Adams	2360 Chestnut St.	Engineer	\$2,600	\$2,500	\$150	
X. Y. Baker	2583 Elm St.	Lawyer	\$2,100	\$2,000	\$120	
Z. A. Carter	2806 Oak St.	Clerk	\$950	\$900	\$60	
B. C. Evans	3029 Pine St.	Artist	\$1,600	\$1,500	\$100	
D. E. Fisher	3252 Cedar St.	Writer	\$1,250	\$1,200	\$75	
F. G. Hill	3475 Birch St.	Salesman	\$1,350	\$1,300	\$85	
H. I. King	3698 Spruce St.	Banker	\$2,900	\$2,800	\$170	
J. K. Lewis	3921 Walnut St.	Scientist	\$3,600	\$3,500	\$210	

REPORT
OF
THE RESIDENT PHYSICIAN AND MEDICAL
SUPERINTENDENT.

THE Medical Superintendent begs to present to the Committee of Visitors his Fourth Annual Report.

The admissions during the past year have fallen far short of the average of preceding ones, a circumstance which, though apparently offering a subject for congratulation, is, in reality, a matter for regret, since it is due to the compulsory refusal of many urgent cases, owing to the want of accommodation in the Asylum. The probability of the early opening of the large Asylums for the Imbecile, now in course of erection at Caterham and Leavesden, induced a hope that this inconvenience might soon be remedied, and suggested the postponement of any steps being taken towards the extension of this Institution until opportunity should have been afforded for ascertaining in what degree the pressure here would thereby be relieved.

There have thus been received into the Asylum during the year 1869 but 26 males and 25 females, against 61 males and 46 females admitted during the preceding twelve months. Of these, 26 males and 20 females were new cases, and 5 females were

re-admitted—four having relapsed after having been restored to their homes temporarily recovered, and one being brought back after a year's residence in Bethlem Hospital, to which place she had been removed by her friends in 1868. Of the patients who, during the same period, have left the Asylum, 8 males and 6 females were discharged recovered; 2 males and 2 females relieved; 8 males and 7 females not improved; and 18 males and 5 females have died.

The average numbers resident during the year have been 130 males, 141 females: mean total, 271.

Of the County of Kent patients, there are now remaining only 7 males, who will return to Barming Heath in the course of the next week.*

Two births have taken place in the Asylum since the last report was published. In the first instance the mother, a patient, had become pregnant while employed in the scullery attached to the kitchen, in which a male patient was also occasionally accustomed to assist. The circumstances of this case were very carefully investigated, and precautionary measures suggested and adopted to prevent the recurrence of a similar misfortune. In the second instance the mother was a married woman, and pregnant on admission.

With one exception, almost total immunity from serious casualties has been enjoyed during the past year. In the case alluded to one patient, without provocation, struck another, who retaliated by a blow upon the head with a broom he was using at the time, which resulted in the death of the aggressor. At an inquest which was held the matter was subjected to minute enquiry by the Coroner, and a verdict returned that deceased "departed this life

* Since writing these have been removed.

from the result of injuries received on the head by a blow inflicted by one J. C., who at the time of the doing thereof was a lunatic."

In consequence of a refusal on the part of the Dartford Burial Board to afford accommodation to any but their own parishioners, and of the already crowded state of the churchyard at Stone, it became imperative that provision should immediately be made for the interment of those dying in the Asylum. With this view, a portion of the ground hitherto used as garden land was walled in, and the Secretary of State having approved of the site as a Cemetery, a Mortuary Chapel was erected, and the whole consecrated on the 20th of December by the Right Reverend the Lord Bishop of Colombo, acting for the Bishop of Rochester, in whose diocese the Asylum is situated.

Improvements have from time to time been effected in the internal and external arrangements of the Building as exigencies have arisen or leisure has permitted; and amongst them the raising of the wall of the Male Airing Grounds must be recorded with especial satisfaction, since much inconvenience has always been occasioned by the hitherto insufficient protection, from without, as well as from within.

Two of the Commissioners in Lunacy visited the Asylum on the 8th of June last; their report, a copy of which is appended, must be considered as one of a highly satisfactory character, and their suggestions have in many instances been adopted.

In addition to the usual entertainments provided for their gratification and amusement, the patients were on the 9th of November regaled with roast beef and plum pudding, oranges, tobacco, &c., through the liberality of the Right Honourable the Lord Mayor, and Alderman and Sheriff Sir Joseph Causton, who on the same occasion provided supper with wine, for the whole of the *employés* of the establishment.

The Weekly Dances have been continued as heretofore, and Theatrical Representations occasionally given with great success by some of the Attendants.

The Farm and Garden Account continues to furnish very satisfactory results, and sufficient vegetables of all kinds, except Potatoes, have been grown to allow of the patients enjoying an ever changing variety as the season for each came round. Had the Spring been more favourable for its growth, the Potato Crop would, in all probability have yielded an ample provision for the year. The breeding of Pigs has also been very remuneratively carried on, and the numbers killed have afforded a welcome change in the Dietary of the patients.

The Medical Superintendent desires to express his acknowledgement of the kindness of certain friends who have regularly forwarded to him for the use of the patients, copies of several newspapers and publications, as the "Examiner," the "Saturday Review," "Guardian," "Field," "Bell's Life," &c. &c., which have proved a valuable addition to the stock of literature in the Wards.

The Services in the Chapel have been conducted by the Chaplain as usual, who, in addition during the winter months held a Weekly Bible Class, which many of the more convalescent patients of both sexes gladly attended.

The average attendance at Chapel has been as follows:—

			<i>M.</i>	<i>F.</i>	<i>Total.</i>	
Sundays	.	Morning	.	58	54	112
"	.	Evening	.	50	43	93
Week Days	.	.	.	31	26	57

The usual Statistical Tables are appended to this Report, they

have been compiled with great care by Mr. Hullah, the Assistant Medical Officer, of whose cordial co-operation in the working of the Asylum, with that of the other Officers, the Medical Superintendent desires to testify his warm appreciation.

The Attendants and Servants have with rare exceptions, performed their duties in a most exemplary manner, and have, by their tact and forbearance contributed much towards maintaining the harmony which has prevailed throughout the Institution during the year which has just closed.

OCTAVIUS JEPSON, M.D.

January, 1870.

For the purpose of this report, the following information is being presented. It is to be understood that this information is being presented for the purpose of this report only and is not to be used for any other purpose.

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APPENDIX.

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths, during the Year 1869.

				Male.	Female.	Total.
In Asylum, 1st January, 1869	...	...	...	134	137	271
Admitted for the first time during the year 1869	...	...	...	26	20	46
Re-admitted during the year	...	...	...	...	5	5
Total admitted	...	...	...	26	25	51
Total under care during the year	...	...	...	160	162	322
Discharged or removed:						
Recovered	...	...	...	8	6	14
Relieved	...	...	...	2	2	4
Not improved	...	...	...	8	7	15
Died	...	...	...	18	5	23
Total discharged and died during the year	...	...	...	36	20	56
Remaining in the Asylum, December 31st, 1869	...	...	...	124	142	266
Average number resident during the year	...	...	...	130	141	271

TABLE II.

Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum to the present date, 31st Dec. 1869.

				Male.	Female.	Total.
Persons admitted during the period of $3\frac{2}{12}$ years...				248	231	479
Re-admissions...	...	...	...	1	12	13
Total of Cases admitted	...	...	...	249	243	492
Discharged or removed:						
Recovered	...	...	...	24	31	55
Relieved	...	...	...	5	6	11
Not improved	...	...	...	54	42	96
Died	...	...	...	42	22	64
Total Discharged and died during the $3\frac{2}{12}$ years	...	...	...	125	101	226
Remaining December 31st, 1869	...	...	...	124	142	266
Average number resident during the $3\frac{2}{12}$ years	...	...	...	117.705	127.042	244.737

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the mean annual proportion of Recoveries *per cent.* of the Admissions for each year since the opening of the Asylum.

Year.	ADMITTED.			DISCHARGED.									DIED.			Remaining 31st December in each year.			Average Number Resident.			Per-centage of Recoveries on Admission.			Per-centage of Deaths on Average Number Resident.		
	Male.	Female.	Total.	Recovered.			Relieved.			Not improved.			Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Both Sexes.	Male.	Female.	Both Sexes.
				Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.															
1866	112	108	220	1	1	2	1	1	2	1	-	1	2	1	2	107	105	212	73.9	84.9	158.8	.89	.92	.90	2.7	1.17	1.88
1867	50	64	114	10	15	25	1	1	2	1	6	7	15	7	22	130	140	270	123	130	253	20.	23.4	21.9	12.19	5.38	8.69
1868	61	46	107	5	9	14	1	2	3	44	29	73	7	9	16	134	137	271	132	139	271	8.19	19.56	13.08	5.29	6.47	5.9
1869	26	25	51	8	6	14	2	2	4	8	7	15	18	5	23	124	142	266	130	141	271	30.76	24.	27.47	13.79	3.54	8.51
Total	249	243	492	24	31	55	5	6	11	54	42	96	42	22	64												

TABLE IV.

Showing the history of the Annual Admissions since the opening of the Asylum, with the Discharges and Deaths, and the number of each year remaining on the 31st December of the year reported on.

Admitted.				Of each year's Admissions, Discharged and Died in 1869.												Total Discharged and Died of each year's Admissions to 31st December, 1869.												Remaining of each year's Admissions 31st Decem-ber, 1869.		
Year.	New Cases.		Relapsed Cases.		Recovered.			Relieved.		Not Improved.		Died.		Recovered.			Relieved.		Not Improved.		Died.		Male.	Female.	Total.					
	Male.	Female.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.										
1866	112	108	-	-	-	-	-	-	-	2	-	2	3	4	7	6	11	17	2	2	4	27	4	31	19	16	35	58	75	133
1867	50	62	-	2	1	1	2	-	-	4	-	4	2	-	2	10	11	21	1	1	2	24	31	55	7	3	10	8	18	26
1868	60	41	1	5	3	3	6	1	2	3	1	5	8	1	9	4	7	11	1	3	4	2	5	7	11	3	14	43	28	71
1869	26	20	-	5	4	2	6	1	-	1	1	2	5	-	5	4	2	6	1	-	1	1	2	3	5	-	5	15	21	36
Total	248	231	1	12	8	6	14	2	2	4	8	7	15	5	23	24	31	55	5	6	11	54	42	96	42	22	64	124	142	266

Summary of the Total Admissions, 1866-67-68-69.

Per-centage of cases				Total.	
Recovered...	9.63	12.71	11.17		
Relieved ...	2.04	2.46	2.23		
Not improved ...	21.68	17.22	19.52		
Dead ...	16.86	9.05	13.02		
Remaining ...	49.79	58.56	54.06		
	100.00	100.00	100.00		

TABLE V.

Showing the Causes of Death during the Year.

Causes of Death.							Male.	Female.	Total.
<i>Cerebral or Spinal Disease.</i>									
Paralysis...	...	...	...	...	...	...	2	1	3
Apoplexy	...	...	...	...	...	...	1	...	1
Disease of Cerebellum	...	...	...	...	...	...	1	...	1
General Paresis	...	...	...	...	...	...	5	2	7
<i>Thoracic Disease.</i>									
Pulmonary Consumption	...	...	...	...	...	...	...	1	1
Pleurisy	...	...	...	...	...	...	1	...	1
Pleuro Pneumonia	...	...	...	...	...	...	3	...	3
<i>Abdominal Disease.</i>									
Abscess of Liver and perforation of Intestines	...	...	...	...	...	...	2	...	2
Fracture of Skull	...	...	...	...	...	...	1	...	1
General Debility & Old Age	...	...	...	...	...	...	2	1	3
Total ...							18	5	23

TABLE VI.

Showing the length of Residence in those Discharged recovered, and in those who have Died during the Year.

Length of Residence.			Recovered.			Died.		
			Male.	Female.	Total.	Male.	Female.	Total.
From 1 to 3 months	...	...	...	...	...	5	...	5
From 3 to 6 months	...	...	1	3	4	1	1	2
From 6 to 9 months	...	...	4	2	6	3	...	3
From 9 to 12 months	...	...	2	...	2	1	...	1
From 1 to 2 years	...	...	1	...	1	5	...	5
From 2 to 3 years	...	...	...	1	1	1	...	1
From 3 to 4 years	...	...	...	...	...	2	4	6
Total ...			8	6	14	18	5	23

TABLE VII.

Showing the duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths, during the Year.

Class.	Duration of Disease on Admission, in Four Classes.											
	ON ADMISSION.			RECOVERED.			REMOVED, RELIEVED OR OTHERWISE.			DIED.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
<i>First Class.</i> First attack, and within three months on admission	13	5	18	6	2	8	4	2	6	5	1	6
<i>Second Class.</i> First attack above three, and within twelve months on admission	3	8	11	...	...	...	2	1	3	4	...	4
<i>Third Class.</i> Not first attack, and within twelve months on admission	2	6	8	2	4	6	...	1	1	...	...	...
<i>Fourth Class.</i> First attack or not, but of more than twelve months on admission	8	6	14	...	...	...	4	5	9	9	4	13
Total	26	25	51	8	6	14	10	9	19	18	5	23

TABLE VIII.

Showing the Ages of the Admissions, Discharges, and Deaths, during the year.

Ages.	The Admissions.			The Discharges.				The Deaths.		
				Recovered.		Removed, Relieved or otherwise.				
	Male.	Female.	Total.	Male.	Female.	Male.	Female.	Male.	Female.	Total.
From 5 to 10 years	...	...	...	...	...	...	...	...	...	...
" 10 " 15	...	...	...	...	...	...	...	...	...	...
" 15 " 20	3	2	5	1	1	...	...	...	...	...
" 20 " 30	5	6	11	4	...	2	...	...	...	...
" 30 " 40	4	8	12	1	3	4	4	...	...	...
" 40 " 50	3	3	6	...	1	1	1	5	2	7
" 50 " 60	6	3	9	...	1	1	...	3	1	4
" 60 " 70	1	1	2	1	...	1	...	5	1	6
" 70 " 80	1	...	1	...	...	...	...	2	...	2
" 80 " 90	...	...	...	...	...	...	...	...	...	...
" 90 and upwards	...	...	...	...	...	...	...	...	...	...
Not stated	3	2	5	1	...	1	...	3	...	3
Total	26	25	51	8	6	14	10	18	5	23

TABLE IX.

Condition as to Marriage, in the Admissions, Discharges, and Deaths, during the year.

Condition in reference to Marriage.			The Admissions.			The Discharges.						The Deaths.			
						RECOVERED.			REMOVED, RELIEVED OR OTHERWISE.						
			Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	
Single ...	...	...	...	8	8	16	6	4	10	3	5	8	2	1	3
Married ...	...	...	...	12	8	20	1	2	3	5	1	6	8	2	10
Widowed ...	...	...	...	3	3	6	1	...	1	...	...	..	4	1	5
Not ascertained ...	...	...	...	3	6	9	...	...	...	2	3	5	4	1	5
Total ...			...	26	25	51	8	6	14	10	9	19	18	5	23

TABLE X.

Showing the probable causes, apparent or assigned, of the Disorder, in the Admissions, Discharges, and Deaths of the year.

Causes.	The Admissions.			The Discharges.						The Deaths.		
				RECOVERED.			RECOVERED, RELIEVED OR OTHERWISE.					
				Male.	Female.	Total.	Male.	Female.	Total.			
<i>Moral—</i>												
Mental Anxiety	1	...	1	...	...	...	1	...	1	1	...	1
Over Study	2	...	2	1	...	1	...	...	...	...	...	...
Domestic Troubles	1	1	2	1	...	1	...	...	...	1	1	2
Losses in Business	2	...	2	...	...	...	...	...	...	...	...	...
Fright	1	...	1	...	...	...	...	...	...	...	...	...
Loss of Employment	2	...	2	1	...	1	...	...	...	1	...	1
<i>Physical—</i>												
Hereditary	3	5	8	1	1	2	1	3	4	5	...	5
Previous Attacks	1	5	6	1	3	4	...	2	2	...	...	...
Intemperance	4	2	6	...	1	1	3	...	3	1	...	1
Injury to Head	1	1	2	1	...	1	...	1	1	...	...	...
Syphilis	...	1	1	...	...	...	...	...	...	...	...	...
Insufficient Food	1	...	1	...	...	...	...	...	...	...	...	...
Spinal Disease	...	...	...	...	...	...	...	...	...	...	1	1
Fever	...	...	...	...	...	...	1	1	2	...	...	...
Old Age	...	...	...	...	...	...	...	...	...	1	...	1
Not ascertained...	7	10	17	2	1	3	4	2	6	8	3	11
Total	26	25	51	8	6	14	10	9	19	18	5	23

ESTABLISHMENT

CITY OF LONDON LUNATIC ASYLUM,

31st December, 1869.

OFFICERS.					<i>Per Annum.</i>		
1	*Medical Superintendent	...	...	...	£400	0	0
1	Chaplain	...	...	...	200	0	0
1	†Assistant Medical Officer	...	...	...	100	0	0
1	†Clerk and Steward	...	...	...	160	0	0
1	†Housekeeper	...	...	...	50	0	0
5					£910	0	0

SERVANTS—MALE.

1	†Head Attendant	at	£50	0	0	<i>per ann.</i>	£50	0	0
4	†1st Class Attendants	at	33	0	0	„ each	132	0	0
1	†ditto ditto	at	29	0	0	„	29	0	0
1	†ditto ditto	at	27	0	0	„	27	0	0
4	†2nd ditto ditto	at	22	0	0	„ each	88	0	0
1	†Night ditto	at	30	0	0	„	30	0	0
1	†Tailor ditto	at	30	0	0	„	30	0	0
1	†Upholsterer ditto	at	30	0	0	„	30	0	0
1	†House Porter	at	30	0	0	„	30	0	0
1	§Engineer	at	2	0	0	per week	104	0	0
1	Store Porter	at	1	1	0	„	54	12	0
1	Carpenter	at	1	10	0	„	78	0	0
1	Shoemaker	at	1	5	0	„	65	0	0
1	Baker	at	1	5	0	„	65	0	0
1	Gardener	at	1	5	0	„	65	0	0
1	Assistant Engineer	at	1	10	0	„	78	0	0
2	Labourers	at	0	18	0	„ each	93	12	0
1	Bricklayer engaged when required								
							£1,049	4	0

* With house, coals, gas, washing, and vegetables.

† With board, lodging, and washing.

‡ With board, lodging, washing, and uniform.

§ With lodging, coals, and gas.

|| With use of lodge, coals, and gas.

SERVANTS—FEMALE.

1	†Head Attendant	at	£30	0	0	<i>per annum</i>	£30	0	0
1	†1st Class Attendant	at	21	0	0	„	21	0	0
2	†ditto ditto	at	20	0	0	„ each	40	0	0
2	†ditto ditto	at	18	0	0	„ „	36	0	0
5	2nd ditto ditto	at	15	0	0	„ „	75	0	0
1	†Night ditto	at	20	0	0	„	20	0	0
1	†Head Laundress	at	22	0	0	„	22	0	0
2	†Under ditto	at	15	0	0	„ each	30	0	0
1	†Cook	at	25	0	0	„	25	0	0
1	†Housemaid	at	14	0	0	„	14	0	0
1	†Kitchenmaid	at	14	0	0	„	14	0	0
1	†Scullerymaid	at	10	0	0	„	10	0	0
19							337	0	0
25							1,049	4	0
5							910	0	0
49							£2,296	4	0

† With board, lodging, washing, and uniform.

ROBERT R. DWELLY,

Clerk and Steward.

CITY OF LONDON LUNATIC ASYLUM.

Farm Account for the Year ending 31st December, 1869.

INCOME.				EXPENDITURE.			
	£	s.	d.		£	s.	d.
To Pork supplied to House 3,728 lbs. ...	112	0	3	By Implements and Straw ...	24	17	2
" Potatoes ... 402½ bus. ...	56	17	6½	" Garden Seeds, &c. ...	39	1	4
" Cabbage and other vegetables ...	140	16	1	" Storing and Killing Pigs ...	5	18	1
" Beans and Peas ...	39	13	7	" Grains and Toppings ...	28	16	0
" Carrots... ..	3	1	6	" Manure and Ploughing ...	31	13	9
" Parsnips	8	12	4	" Wages	111	16	0
" Turnips	6	11	6½	" Balance in favour of Farm ...	150	19	10
" Onions	6	11	11				
" Salad and Herbs ...	8	6	6				
" Rhubarb	2	4	3				
" Vegetables supplied to the Medical Superintendent ...	8	6	8				
	393	2	2		393	2	2
1868. December 31st. Estimated value of Store and Sow Pigs in stock ...					£50	4	6
1869. " " Ditto ...					£122	2	6

ROBERT R. DWELLY, Steward.

STEWARD'S RETURNS.

A Return of Bedding, &c., and Clothing, issued from the Stores
for the year ending 31st December, 1869.

MALES.				FEMALES.			
Bed Valances...	...	—		Bed Valances	...	18	
Blankets	...	5		Blankets	...	25	
Bolsters	...	—		Bolsters	...	1	
Carpets	...	12		Carpets	...	18	
Counterpanes	...	1		Counterpanes	...	9	
Curtains	...	—		Curtains	...	8	
Pillow Cases	...	7		Pillow Cases	...	15	
Sheets	...	10		Sheets	...	8	
Ditto Macintosh	...	17		Ditto Macintosh	...	12	
Table Cloths	...	2		Table Cloths	...	11	
Ditto Covers	...	1		Ditto Covers	...	4	
Towels	...	6		Towels	...	20	
Window Draperies	...	—		Window Draperies	...	6	
Aprons	...	4		Aprons and Pinafores	...	160	
Boots and Shoes, pairs	...	151		Ditto Laundry	...	—	
Braces	...	105		Boots and Shoes	...	241	
Caps and Hats	...	304		Bonnets and Hoods	...	44	
Drawers, Flannel, pairs	...	38		Caps	...	38	
Gloves	...	22		Chemises	...	116	
Jackets	...	87		Drawers, pairs	...	20	
Neckerchiefs	...	158		Gloves	„	—	
Overalls	...	4		Gowns	...	225	
Pocketkerchiefs	...	194		Ditto Night	...	24	
Shirts	...	163		Jackets and Shawls	...	28	
Ditto Flannel	...	12		Neckerchiefs	...	47	
Ditto Strong	...	12		Petticoats	...	91	
Stockings	...	164		Pocketkerchiefs	...	72	
Trousers	...	131		Stays, pairs	...	47	
Waistcoats	...	123		Stockings, pairs	...	165	

A Return of Clothing, &c., made up by the Female Patients, &c.,
for the year ending 31st December, 1869.

NEW WORK.

Aprons	120	Gowns re-made	20
Boots and Shoes, prs., bnd.	157	Hoods	48
Bonnets, trimmed	47	Jackets	12
Bed Ticks	—	Night Dresses	20
Blankets, hemmed	30	Neckerchiefs	144
Bed Draperies	18	Pocketkerchiefs	346
Caps	44	Petticoats	52
Chemises	120	Shirts... ..	130
Curtains (long)	4	Table Cloths	19
Ditto (short)	4	Ditto Covers... ..	1
Ditto (knitted)	11	Towels	70
Carpets, bound	36	Vests	12
Drawers, pairs	42	Window Draperies	6
Gowns	239	Ditto Blinds	14

REPAIRS.

Chemises	250	Shirts	4,000
Flannels	350	Sheets	124
Gowns	200	Table Cloths	30
Stockings	5,000	Sundries	400

TAILORS.

NEW WORK.			REPAIRS.		
Jackets	128		Jackets	485	
Waistcoats	122		Waistcoats	545	
Trousers	136		Trousers	1,355	
Strong Shirts... ..	—		Strong Shirts... ..	77	
Sundries'	5		Sundries	49	

SHOEMAKERS.

NEW WORK.		REPAIRS.	
Leather Boots, pairs...	136	Leather Boots, pairs...	280
Ditto Shoes, ditto ...	92	Ditto Shoes, ditto ...	410
Cloth Boots, ditto ...	79	Cloth Boots, ditto ...	84
Ditto Shoes, ditto ...	1	Ditto Shoes, ditto ...	5
Canvas Boots ...	28	Canvas Boots, ditto ...	35
Sundries ...	—	Sundries ...	21

UPHOLSTERERS.

Bagatelle Boards re-lined	3	Knee Pads ...	9
Bolsters (new) ...	2	Mattresses (new) ...	2
Ditto re-made ...	28	Ditto, remade ...	165
Bedsackings (new) ...	13	Strong Rugs (new) ...	4
Ditto repaired ...	231	Ditto, repaired ...	7
Chair Cushions (new)	4	Settees re-covered ...	8
Ditto repaired ...	5	Ditto, repairs ...	58
Carpets, ditto ...	14	Window Blinds renewed	14
Sundries ...	...	...	239

CONSUMPTION OF PROVISIONS

For the Year ending 31st December, 1869.

Number of Officers and Servants	...	...	...	...	49
„ Male Patients	...	...	...	...	124
„ Female Patients	...	...	...	...	142
Total	...	...	...	...	<u>315</u>

Meat	Bacon	...	...	2,262	lbs.
	Beef and Mutton	...	...	48,578	lbs.
	Pork	...	...	3,981	lbs.
Beer	...	...	...	15,127	gallons.
Bread	...	...	...	122,599	lbs.
Butter	...	...	...	5,023	lbs.
Cheese	...	...	...	8,791	lbs.
Cocoa	...	...	...	2,594	lbs.
Coffee	...	...	...	201	lbs.
Eggs	...	...	...	8,305	number.
Flour	...	...	...	91,672	lbs.
Milk	...	...	...	3,990 $\frac{1}{2}$	gallons.
Oatmeal	...	...	...	404	lbs.
Potatoes	...	...	...	896	bushels.
Rice	...	...	...	706	lbs.
Sugar	...	...	...	6,506	lbs.
Tea	...	...	...	1,118	lbs.
Treacle	...	...	...	6,837	lbs.
Porter	...	...	...	13,893	pints.
Wine	...	...	...	178	bottles.
Brandy	...	...	...	443 $\frac{8}{12}$	bottles.
Gin	...	...	...	113 $\frac{8}{12}$	bottles.
Tobacco	...	...	...	360	lbs.
Snuff	...	...	...	27	lbs.

ROBERT R. DWELLY,
Clerk and Steward.

DIETARY TABLE.

Days of the Week.	BREAKFAST.						DINNER.										SUPPER.										
	Males.			Females.			Males.					Females.					Males.		Females.								
	Cocoa.	Bread.	Butter.	Cocoa.	Bread.	Butter.	Uncooked Meat with Bone.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pudding with Treacle.	Uncooked Meat with Bone.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pudding with Treacle.	Bread.	Cheese.	Beer.	Bread.	Butter.	Tea.	
Sunday *	Pts. 1	Oz. 6	$\frac{1}{2}$	Pts. 1	Oz. 5	$\frac{1}{2}$	Oz. 7	12	Oz. 4	$\frac{1}{2}$	$\frac{1}{2}$	Oz. ...	Oz. ...	Oz. 7	12	Oz. 4	$\frac{1}{2}$	$\frac{1}{2}$	Oz. ...	Oz. ...	Oz. ...	Oz. 6	Oz. 2	$\frac{1}{2}$	Oz. 5	$\frac{1}{2}$	Pts. 1
Monday	1	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	7	12	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	7	12	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	...	6	2	$\frac{1}{2}$	5	$\frac{1}{2}$	1
Tuesday	1	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	7	12	4	$\frac{1}{2}$	$1\frac{1}{2}$	...	...	7	12	4	$\frac{1}{2}$	$1\frac{1}{2}$	...	...	...	6	2	$\frac{1}{2}$	5	$\frac{1}{2}$	1
Wednesday	1	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	7	12	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	7	12	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	...	6	2	$\frac{1}{2}$	5	$\frac{1}{2}$	1
Thursday	1	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	7	8	4	$\frac{1}{2}$	$\frac{1}{2}$	10	...	7	8	4	$\frac{1}{2}$	$\frac{1}{2}$	10	...	...	6	2	$\frac{1}{2}$	5	$\frac{1}{2}$	1
Friday	1	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	7	12	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	7	12	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	...	6	2	$\frac{1}{2}$	5	$\frac{1}{2}$	1
Saturday	1	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	...	...	4	$\frac{1}{2}$	$\frac{1}{2}$	...	12	...	...	4	$\frac{1}{2}$	$\frac{1}{2}$	...	...	12	6	2	$\frac{1}{2}$	5	$\frac{1}{2}$	1
	7	42	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	34	56	30	$3\frac{1}{2}$	$1\frac{1}{2}$	10	12	34	56	30	$3\frac{1}{2}$	$1\frac{1}{2}$	10	12	12	42	14	$3\frac{1}{2}$	35	$3\frac{1}{2}$	7

Sunday Boiled Mutton.
Monday, Boiled Beef.
Tuesday, Soup.
Wednesday, Roast Beef.
Thursday, Pie.
Friday, Boiled Beef.
Saturday, Suet Pudding.

The Extra Diet as per Summaries of Sick Lists.

THE DIET OF ATTENDANTS AND SERVANTS.

Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. WEEKLY. *DAILY Male Attendants.*—Meat uncooked, 1 lb. *Female Attendants*, ditto, $\frac{3}{4}$ lb.

NIGHT ATTENDANTS. 1 lb. of Coffee each per week in addition. *Butter*, $\frac{1}{2}$ lb. *Cheese*, 1 lb. *Sugar*, $\frac{3}{4}$ lb. *Tea*, 3 oz. each.

COCOA FOR TEN PATIENTS. 5 oz. Cocoa; 10 oz. Treacle; 2 $\frac{1}{2}$ pints of milk.

TEA ditto. 1 $\frac{1}{2}$ oz. Tea; 6 $\frac{1}{2}$ oz. Sugar; 1 $\frac{1}{2}$ ditto.

SOUP. The liquor of the cooked Meat, Bones, &c., with Meat, Oatmeal, Rice, Potatoes, Turnips, and Salt and Pepper added.

MEAT PIES. 10 oz. to each Male and Female Patient.

SUET DUMPLINGS with treacle sauce, to be varied by Currant Dumplings and Fruit Pies in the season.

At 11 a.m. and 4 p.m. 2 oz. of Bread, 1 oz. Cheese, $\frac{1}{2}$ pint of Beer, to the Patients who are employed in Field-work and Laundry.

TOBACCO and SNUFF, given as indulgences to the Patients who are employed in Field-work, &c., and to other Patients, by order of the Medical Superintendent.

* SEED CAKE and TEA are given to the Patients on Sundays in lieu of Bread, Butter, Cheese, and Beer.