

Third annual report of the Committee of Visitors of the City of London Lunatic Asylum, at Stone near Dartford in the county of Kent : January quarter sessions, 1869.

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THIRD
ANNUAL REPORT
OF THE
COMMITTEE OF VISITORS
OF THE
CITY OF LONDON LUNATIC ASYLUM,
AT
STONE NEAR DARTFORD
IN THE COUNTY OF KENT.



January Quarter Sessions, 1869.

LONDON:
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1869.

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COMMITTEE OF VISITORS

Appointed by the Court of Quarter Sessions holden by adjournment on

1st February, 1868.

SAMUEL WILSON, Esq., Alderman, Chairman.

The Right Hon. WILLIAM FERNELEY ALLEN, Lord Mayor.

WILLIAM TAYLOR COPELAND, Esq., Alderman.

Sir JAMES DUKE, Bart., Alderman.

Sir JOHN MUSGROVE, Bart., Alderman.

THOMAS CHALLIS, Esq., Alderman.

THOMAS SIDNEY, Esq., Alderman.

Sir FRANCIS GRAHAM MOON, Bart., F.S.A., Alderman.

DAVID SALOMONS, Esq., M.P., Alderman.

THOMAS QUESTED FINNIS, Esq., Alderman.

Sir ROBERT WALTER CARDEN, Knt., Alderman.

JOHN CARTER, Esq., F.A.S. and F.R.A.S., Alderman.

Sir WILLIAM ANDERSON ROSE, Knt., Alderman.

WILLIAM LAWRENCE, Esq., M.P., Alderman.

WARREN STORMES HALE, Esq., Alderman.

Sir BENJAMIN SAMUEL PHILLIPS, Knt., Alderman.

Sir THOMAS GABRIEL, Bart., Alderman.

The Right Hon. RUSSELL GURNEY, Q.C., M.P., Recorder.

JAMES CLARKE LAWRENCE, Esq., M.P., Alderman.

THOMAS DAKIN, Esq., Alderman.

ROBERT BESLEY, Esq., Alderman.

SILLS JOHN GIBBONS, Esq., Alderman.

Sir SYDNEY HEDLEY WATERLOW, M.P., Alderman.

ANDREW LUSK, Esq., M.P., Alderman.

WILLIAM JAMES RICHMOND COTTON, Esq., Alderman.

JOSEPH CAUSTON, Esq., Alderman.

City of London Lunatic Asylum,

STONE NEAR DARTFORD.

ANNUAL REPORT

OF

THE COMMITTEE OF VISITORS,

1868.

To Her Majesty's Justices of the Peace for the City of London
in General Quarter Sessions assembled, by adjournment,
at the Guildhall in the said City, on Saturday the 30th day
of January, 1869.

THE COMMITTEE have much pleasure in reporting that the patients generally have been in very excellent health during the past year, and that the state and condition of the Asylum are highly satisfactory.

That at the commencement of the year 1868 there were 270 patients in the Asylum: that during the year other patients were received from the several City Unions, and also from the Kent County Asylum, in pursuance of the existing contracts, making a total of 377; of this number 5 males and 9 females were discharged recovered, 1 male and 2 females discharged relieved, 44 males and 29 females discharged not improved, and 7 males and 9 females died; leaving in the Asylum at the end of the year, 134 males and 137 females, making a total of 271.

That repeated applications have been made by the authorities of the several City Unions for the admission of patients, which were necessarily refused in consequence of the Asylum being quite full. The Committee thereupon, after giving the subject their most careful consideration, gave notice to the Committee of Visitors of the Kent County Asylum to determine the existing contracts; and there are now but 12 Kent patients (all males) in the Asylum, all of whom will be removed by the 18th of March next. The accommodation thus afforded will, it is feared, be found inadequate to meet the demand which will then be made, and the Committee would suggest to the Court the propriety of still keeping in view the necessity that must arise at no distant period, of enlarging the Asylum.

A communication having been received from the Vicar and inhabitants of Stone and its vicinity, calling attention to the lowness of the walls of the Asylum, and to the danger that might arise from the escape of any of the patients, the Committee caused a considerable portion of the external wall fronting the road to be raised several courses, and they have every reason to believe that all future causes of complaint from that source will be avoided.

The farm lands have received much care and attention during the past year, and a large quantity of produce has been obtained therefrom, which has greatly added to the comfort of the patients and the economical working of the Asylum.

The Commissioners in Lunacy visited the Asylum on the 19th of November last, and a copy of the entry made by them in the Visitors' Book is appended. Several of the suggestions made by them have been carried into effect, and others are under consideration.

For further information respecting the Asylum, its management, and the treatment of the patients, reference is made to the Report of the Medical Superintendent, and to the accounts and tables appended.

The Committee have again much pleasure in expressing their satisfaction at the very efficient manner in which the Medical Superintendent, and the other officers, have discharged the various duties devolving upon them.

Dated this 29th day of January, 1869.

SAMUEL WILSON, Chairman.

ROBERT BESLEY.

WILLIAM LAWRENCE.

THOMAS DAKIN.

ROB. W. CARDEN.

WM. A. ROSE.

THOMAS Q. FINNIS.

Copy of Entry made by
THE COMMISSIONERS IN LUNACY
in the Visitors' Book of the Asylum.

CITY OF LONDON ASYLUM,

19th November, 1868.

SINCE the last visit of our colleagues, on the 7th August, 1867, 71 male and 64 female patients have been admitted, and 52 male and 52 females have been discharged. Within the same period there have been 22 deaths, 14 in the male and 8 in the female divisions. In 9 instances the cause of death was general paralysis, but generally the mortality calls for no special remark.

An inquest was held upon the body of a man who died from fracture of the hip-joint, and whose case formed the subject of a correspondence between the authorities and the Board. There were two other inquests held by the Coroner, upon the ground that the patients were criminal patients, but they both died from ordinary causes.

The patients now in the Asylum are 274 in number, of whom 135 are men and 139 are women. These numbers are on the male side one in excess of the accommodation, and have three vacant beds in the female division. Twenty of the men belong to the County of Kent, but the contract for their maintenance here will expire in four months, when they will be removed.

At our visit today we have seen every patient, and have inspected all the wards and offices. Generally the patients were quiet, orderly, and properly dressed; but, from this satisfactory condition, we must except the inmates of the female refractory ward, the

majority of whom were disorderly, and whose clothing was generally torn and slovenly. We attribute the very unsatisfactory condition of the inmates of this ward to the want of a sufficient staff of nurses, and to the neglected and untidy state in which their airing-court is allowed to remain. An improvement in this department is urgently required, and we hope that the earliest steps will be taken to effect it. For this purpose we suggest that one, or, if necessary in the first instance, two additional nurses should be engaged. That workmen should be employed to turf and lay out the airing-court, and that when all the large stones have been removed, the walks shall be laid with small gravel mixed with coal-tar. The consequence of the present state of the airing-court is, that the breakage of windows is very great, and a large number of the panes were broken today. As a means of treatment, we have also to suggest that all the inmates of this ward be taken regularly for extended walks in the grounds: at present only two or three enjoy this privilege.

We further think that good results would follow from a less strict classification, and the removal of some of these patients to better wards. There are now 29 women in this ward, all of the most excitable class, with only two nurses.

We saw the patients at dinner, as to which we have a good report to make. About 140 of both sexes usually dine together in the hall.

The return of the patients usefully employed, shows that of the men 16 work on the land, 4 in the kitchen, 2 in the laundry, and 2 in the engine-room. There are also 6 tailors, 7 shoemakers, 1 carpenter, 1 painter, and 4 upholsterers. All the clothes and shoes are made in the house.

Of the women, 13 are regularly employed in the laundry, 13 in the kitchen and offices, 16 work at needle and fancy work, and 22 assist in the wards.

We examined the beds, which we found clean and in proper condition throughout. The wards, which were well kept and free from offensive odours, have been much improved by painting ; and we hope before our next visit, that papering will be extensively adopted.

No instance of restraint has been reported since the last visit, but seclusion has been employed in the cases of 6 males and 23 females, on 23 occasions as regards the former class, and on 65 in the women's division. This seclusion applies principally to 1 male and 3 female patients.

The baths have been raised, and the water supply is now said to be ample, each patient, as we are assured, being allowed fresh water, although a rule to this effect does not form part of the bathing regulations which are hung in the bath-rooms.

We are informed that about 35 men and 35 women are taken beyond the premises for exercise, and we hope to find that this privilege will be extended.

At the chapel on Sunday, 68 males and 53 females are usually present, and about half that number on week days.

There are weekly meetings in the hall for dancing and purposes of amusement, at which 100 patients of both sexes usually attend.

We have signed and examined the books and registers, which are carefully kept.

Subject to remarks we have thought it right to make respecting No. 8 female ward, we consider the general condition of the house to be satisfactory and creditable to Dr. Jepson's management.

W. G. CAMPBELL, }
JAMES WILKES, } Commissioners in Lunacy.

CITY OF LONDON LUNATIC ASYLUM.

A General Statement of Receipts and Payments for the year ending 31st December, 1868.

RECEIPTS.			PAYMENTS.		
	£	s. d.	£	s. d.	£ s. d.
To Cash received for maintenance of patients chargeable to			Balance due to Treasurer	...	4,155 13 9
„ The City of London	...	1,477 17 0	By Provisions
„ City of London Union	...	2,042 16 0	„ House and other Expenses	...	4,277 7 3
„ East London Union	...	2,622 12 0	„ Clothing	...	2,354 3 0
„ West London Union	...	1,448 8 0	„ Salaries and Wages	...	487 16 4
„ Kent County Asylum	...	2,345 1 0	„ Medicine, Wine, Spirits, and Porter,	...	2,171 6 0
„ Unions and Parishes not contributing	163 3 2		„ Incidentals	...	270 1 9
				...	66 7 8
„ Sundry Stores sold	„ Repairs, additions, and alterations,	...	9,627 2 0
	...	10,099 17 2	1867	...	56 17 2
	...	113 11 6	„ ditto	1868	403 16 8
Balance due to Treasurer	...	4,030 0 11			460 13 10
					£14,243 9 7

Examined,

SAMUEL WILSON, Chairman.
ROBERT BESLEY.
ROB. W. CARDEN.

A detailed Statement of Payments for the year ending
31st December, 1868.

<i>Provisions.</i>					£	s.	d.	£	s.	d.
Meat	1,291	5	11			
Bacon, Butter, Cheese	249	9	2			
Flour	915	3	6			
Groceries	760	3	3			
Tea	100	14	3			
Milk	215	15	2			
Beer	518	12	10			
Potatoes	118	3	0			
Farm	108	0	2			
								4,277	7	3
<i>House and other Expenses.</i>										
Wood	8	0	0			
Coals and Coke	723	16	0			
Gas	284	19	0			
Soap	157	18	5			
Brooms, Brushes, &c.	22	16	6			
Earthenware	52	13	9			
Ironmongery	146	2	6			
Bedding, Furniture, &c.	240	1	0			
Postages and Stationery	64	13	4			
Carriage of Goods	23	19	0			
Patients on Trial	18	4	0			
Recapture of Patients	1	3	6			
Amusements of Patients	3	19	6			
Removal of Patients		16	10			
Funeral Expenses	26	12	0			
Books and Periodicals	39	16	1			
Rates, &c.	21	19	8			
Sewage, Pumps, and Laundry Drying Closet	516	11	11			
								2,354	3	0
Clothing				487	16	4
<i>Salaries and Wages.</i>										
Officers' Salaries	894	18	8			
Attendants and Servants' Wages	1,276	7	4			
								2,171	6	0
<i>Medicines, &c.</i>										
Drugs and Surgical Instruments	69	15	0			
Wine, Spirits, and Porter	200	6	9			
								270	1	9
Incidentals				66	7	8
<i>Repairs, &c.</i>										
Labour	213	16	10			
Timber	50	13	2			
Iron	52	19	5			
Bricks, Lime, Cement, &c.	85	13	4			
Glass	28	1	7			
Paint						
Assurance	26	5	9			
Sundries	3	3	9			
								460	13	10
Examined,										
SAMUEL WILSON, <i>Chairman.</i>								£10,087 15 10		
ROBERT BESLEY.										
ROB. W. CARDEN.										

City of London Lunatic Asylum,—INCOME and EXPENDITURE for the year ending December 31st, 1868.

14*

INCOME.										EXPENDITURE.									
DATE.	HEADS OF INCOME.	QUARTERS ENDING.				Year ending 31st Dec.	TOTAL.	DATE.	HEADS OF EXPENDITURE.	TOTAL.									
		31st March.	30th June.	30th Sept.	31st Dec.														
1868, Dec. 31st.		From Weekly Rate.						1868, Dec. 31st.											
		£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.			£ s. d.									
	From the City of London :								Balance due 1867										
	To Cash received for Maintenance	372 17 0	378 4 0	368 0 0	368 0 0	1119 1 0			By Cash paid for Provisions	3214 0 5									
	Ditto due ditto	368 0 0	368 0 0	1487 1 0		By ditto due ditto	992 2 11									
	From the City of London Union :								By Cash paid for House and other Ex-										
	To Cash received for Maintenance	508 0 0	513 11 0	532 14 0	563 14 0	1554 5 0	2117 19 0		penses	1828 13 6									
	Ditto due ditto	563 14 0	563 14 0			By ditto due ditto	465 5 5									
	From the East London Union :								By Cash paid for Clothing	428 3 5									
	To Cash received for Maintenance	564 19 0	701 15 0	784 2 0	863 10 0	2050 16 0	2914 6 0		By ditto due ditto	182 9 9									
	Ditto due ditto	863 10 0	863 10 0			By Cash paid for Salaries and Wages									
	From the West London Union :								By Cash paid for Wines, Medicines, Spi-										
	To Cash received for Maintenance	337 12 0	404 4 0	470 10 0	506 17 0	1212 6 0	1719 3 0		rits, and Porter	205 16 3									
	Ditto due ditto	506 17 0	506 17 0			By ditto due ditto	64 15 6									
	From the Kent County Asylum* :								By Cash paid Incidentals									
	To Cash received for Maintenance	739 10 0	543 0 0	308 12 0	178 12 0	1591 2 0	1806 18 0		Total	9619 0 10									
	Ditto due 30th November	37 4 0	215 16 0			Less Cash repaid by Sale of Stores, &c.	57 5 7									
	Ditto due 31st December				9561 15 3									
	From Northampton Union :																		
	To Cash received for Maintenance	9 2 0	9 2 0	9 4 0	27 8 0	27 8 0	36 12 0												
	Ditto due ditto	9 4 0	9 4 0													
	From West Derby Union :																		
	To Cash received for Maintenance	12 18 0	9 2 0	9 4 0	31 4 0	31 4 0	40 8 0												
	Ditto due ditto	9 4 0	9 4 0													
	From the Parish of St. George, Exeter :																		
	To Cash received for Maintenance	4 10 0	9 4 0	13 14 0	13 14 0	22 18 0												
	Ditto due ditto	9 4 0	9 4 0													
	From the Bath Union :																		
	To Cash received for Maintenance	28 15 0	28 15 0	28 15 0	37 19 0												
	Ditto due ditto	9 4 0	9 4 0													
	From the Brentford Union :																		
	To Cash due for Maintenance	7 10 0	7 10 0	7 10 0												
	From Wincanton Union :																		
	To Cash due for Maintenance	2 0 0	2 0 0	2 0 0												
	From Cranbrook Union :																		
	To Cash received for Maintenance	9 2 0	9 2 0	5 16 2	24 0 2	24 0 2	24 0 2												
	From Edmonton Union :																		
	To Cash received for Maintenance	5 4 0	9 4 0	14 8 0	14 8 0	23 12 0												
	Ditto due ditto	9 4 0	9 4 0													
	Total Income from Weekly Rate	2554 0 0	2577 14 0	2535 5 2	2573 7 0	10240 6 2	10240 6 2		Total Expenditure from Weekly Rate	12624 18 6									
	From City of London.								From City of London.										
	To Cash to be received for ordinary Repairs of the Asylum, under the Act 16 and 17 Vict. cap. 97, sec. 38						460 13 10		By Cash paid for Labour										
	To ditto due ditto						37 12 3	498 6 1	By Cash paid for Timber, 1867										
								2384 12 4	By ditto ditto 1868										
									By ditto due ditto										
									By Cash paid for Iron, Bricks, Glass, Paint, &c., 1867										
									By ditto ditto 1868										
									By ditto due ditto										
									Total Expenditure										
							£ 13123 4 7		13123 4 7										

* The Accounts of the Kent Asylum are made up to the last day of February, May, August, and November respectively.

Examined, SAMUEL WILSON, Chairman.
ROBERT BESLEY.
ROB. W. CARDEN.

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REPORT OF THE RESIDENT PHYSICIAN AND MEDICAL SUPERINTENDENT.

THE Medical Superintendent has the honour of submitting his third Annual Report to the Committee of Visitors.

During the past year 61 males and 46 females have been admitted, 1 male and 6 females of these being readmissions ; these numbers, added to those in the Asylum on the 1st day of the year, *viz.* 130 males and 140 females, complete the total of 377 of both sexes who have been under treatment during the year just concluded.

The mean population resident during the year has been, males 132, females 130, mean average 271.

The number of patients in the Asylum on this day is 271 ; *viz.* 134 males and 137 females.

The discharges during the year have been 90, *viz.* 50 males and 40 females ; of these 5 males and 9 females were recovered, 1 male and 2 females relieved, and 44 males and 29 females not improved, the large per-centage under this head being caused by the return to the County of Kent Asylum ~~of~~ for the majority of the patients received here under contracts, alluded to in a former Report, nearly the whole of whom laboured under a chronic form of insanity not amenable to curative treatment.

The deaths this year have been but 16 ; of these 7 were males and 9 females : these numbers, compared with those reported last

year, show a decrease of 8 in the male division, and an increase of 2 in the female. The causes of death, with one exception, call for no special comment: the case especially alluded to is that of a man who died, shortly after admission, from "disease of the heart and lungs, accelerated by exhaustion following fracture of the right hip." At the inquest the jury returned a verdict in accordance with the above facts, adding that "there was no evidence to show how the injury had been caused." The death of this patient gave rise to considerable correspondence between the Commissioners in Lunacy, the Clerk to the Guardians of the Union to which the patient was chargeable, and the Medical Superintendent of this Institution; and the matter was also investigated by the Visiting Justices, but without anything satisfactory being arrived at as to how, when, or where the fracture was occasioned.

Inquests were also holden in two other instances; *viz.* on a "criminal lunatic," who died from "natural causes," and on the body of a servant, temporarily engaged as hall porter, who was found dead in bed from the bursting of a large thoracic aneurism.

The general health of the inmates of the Asylum has been very good throughout the year; the casualties have been few and unimportant in character.

The escape of one patient has to be chronicled; he was chargeable to the County of Kent, and had been permitted to spend a week with his friends at their solicitation, having on several previous occasions been absent for the day with them, and returned punctually at the time appointed. At the expiration of the week his clothes were sent back to the Asylum, and, on enquiry being made after the patient, his friends refused to give any information concerning him; not being retaken within fourteen days, he was discharged according to statute. Other instances of attempted escape occurred, but on each occasion the patient was speedily recaptured.

A portion of the wall surrounding the female airing grounds has during the past year been raised, thus rendering escape at this point more difficult, and protecting the patients from the annoyance of being overlooked while taking exercise, an advantage which can scarcely be overrated.

The crowded state of the Asylum has given rise to considerable inconvenience for some time past, admission having frequently been refused through want of room to patients chargeable to Unions within the City, the authorities of which have been compelled to seek accommodation for their lunatics elsewhere. Nearly if not all the licensed houses around London, where pauper patients are received, are also full; and in consequence several instances have occurred where patients were compulsorily detained in the Workhouse, when the urgency of their cases demanded the immediate treatment and discipline of an Asylum. The whole of the females chargeable to the County of Kent have been removed; and as in that Division of the Asylum but five beds are now unoccupied, it is obvious that ere long steps must be taken to provide accommodation for the continued influx from the Unions. On the male side, however, the same pressure does not at present exist, though this Division is now quite full. Twelve beds are occupied by Kent patients, and four by patients chargeable to Unions in other counties, the removal of the whole of whom, in the former instance, at the expiration of the contract under which they were received, and in the latter by an order of removal, signed by two of the Visiting Justices, will leave accommodation for sixteen additional patients, and for a time obviate the necessity for increasing the habitable space. This relief, however, can only be considered as palliative; for though the admissions are gradual they steadily increase, and, with regret it is observed, most of the cases exhibit symptoms of incurable insanity, which long residence in the imbecile wards of a Workhouse have tended to confirm.

The annual visit of the Commissioners in Lunacy was paid on November 19th; their suggestion that an additional Attendant

should be appointed to the Ward for the more impulsive female patients was at once adopted by the Visiting Committee. The result has been attended with such marked success, it is in contemplation to carry out a similar increase in the staff of Attendants in the corresponding Ward on the male side.

The walls of the Galleries and Day rooms, which hitherto had been only whitewashed, have during the past summer been painted shoulder-high throughout; the result has been to give to the interior of the Asylum an air of domestic comfort, which has been further enhanced by the industry of some of the female patients, who have contributed curtains, table covers, &c., to their respective Wards.

In no instance since the opening of the Asylum has it been found necessary to coerce a patient by any means of "restraint;" but seclusion continues to be employed in all cases where uncontrollable excitement on the part of a patient renders his or her temporary retirement from association with the remainder a point of advantage, or a matter of necessity. Each instance of seclusion, with its duration, is carefully recorded; and an examination of the Reports of the past year shows that this measure has been adopted in the cases of four males and nineteen females, for periods varying, with the existence of the symptoms indicating its employment, from a few minutes to a whole day.

The usual Sunday and Week-day Services have been performed by the Chaplain, or, in his absence on leave, by his substitute. The return of numbers present show a decrease on the part of the males, and an increase on that of the females over those of last year, there having attended Chapel on

				<i>M.</i>	<i>F.</i>	<i>Total.</i>
Sundays	..	Morning	..	68	51	119
"		Evening	..	59	46	105
Week Days	35	25	60

In April last Mr. Adams, the Assistant Medical Officer, resigned his appointment on taking charge, as Medical Superintendent, of a large private Asylum. He was succeeded by Mr. Hullah, who had previously filled the office of Clinical Assistant at Bethlem Hospital. Mr. Hullah manifests much kindness of disposition in his treatment of the patients, and is at all times willing to devote his best energies to the service of the Asylum. In preparing the Tables appended to this Report he has afforded very great assistance.

The Medical Superintendent has much pleasure in again bearing testimony to the ability and good feeling of the other Officers; to the great efficiency of the two Head Attendants; and to the good conduct generally of the Attendants and Servants of the Institution.

OCTAVIUS JEPSON, M.D.

January 1st, 1869.

APPENDIX.

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths, during the year 1868.

							Male.	Female.	Total.
In Asylum, 1st January, 1868	130	140	270
Admitted for the first time during the year 1868	M. ... F. ... T. ...			
Re-admitted during the year	60 41 101			
	1 5 6			
Total admitted	61	46	107
Total under care during the year	191	186	377
Discharged or removed :						M. F. T.			
Recovered	5 9 14			
Relieved	1 2 3			
Not improved	44 29 73			
Died	7 9 16			
Total discharged and died during the year	57	49	106
Remaining in the Asylum, December 31st, 1868	134	137	271
Average number resident during the year	132	139	271

TABLE II.

Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum to the present date, 31st Dec. 1868.

							Male.	Female.	Total.
Persons admitted during the period of $2\frac{2}{12}$ years	222	211	433
Re-admissions	1	7	8
Total of cases admitted	223	218	441
Discharged or removed :						M. F. T.			
Recovered	16 25 41			
Relieved	3 4 7			
Not improved	46 35 81			
Died	24 17 41			
Total discharged and died during the $2\frac{2}{12}$ years	89	81	170
Remaining December 31st, 1868	134	137	271
Average number resident during the $2\frac{2}{12}$ years	113	122	235

TABLE V.

Showing the causes of Death during the year.

Causes of Death.							Male.	Female.	Total.
<i>Cerebral or Spinal Disease.</i>									
Paralysis	1	1
Maniacal excitement	2	1	3
General Paresis	2	2	4
<i>Thoracic Disease.</i>									
Pulmonary Consumption	2	1	3
Congestion of the Lungs	1	1
Disease of the Heart	1	...	1
<i>Abdominal Disease.</i>									
Perforation of Intestines	1	1
Strangulated Hernia	1	1
General Debility and old age	1	1
Total	7	9	16

TABLE VI.

Showing the length of Residence in those Discharged, Recovered, and in those who have Died during the year.

Length of Residence.				Recovered.			Died.		
				Male.	Female.	Total.	Male.	Female.	Total.
From 1 to 3 months	1	2	3	3	2	5
From 3 to 6 months	3	3	1	...	1
From 6 to 9 months	1	1	2
From 9 to 12 months	2	...	2
From 1 to 2 years	1	1	2	2	3	5
From 2 to 3 years	2	2	1	4	5
Total	5	9	14	7	9	16

TABLE VII.

Showing the duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths during the year.

Duration of Disease on Admission, in Four Classes.												
Class.	ON ADMISSION.			RECOVERED.			REMOVED, RELIEVED, OR OTHERWISE.			DIED.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
<i>First Class.</i> First attack, and within three months on admission 	14	10	24	3	5	8	1	3	4	3	2	5
<i>Second Class.</i> First attack, above three, and within twelve months on admission 	10	6	16	1	...	1	2	...	2			
<i>Third Class.</i> Not first attack, and within twelve months on admission 	1	9	10	...	2	2	3	3	6			
<i>Fourth Class.</i> First attack or not, but of more than twelve months on admission 	36	21	57	1	2	3	39	25	64	4	7	11
Total	61	46	107	5	9	14	43	31	76	7	9	16

TABLE VIII.

Showing the Ages of the Admissions, Discharges, and Deaths, during the year.

Ages.	The Admissions.			The Discharges.				The Deaths.		
				RECOVERED.		REMOVED, RELIEVED, OR OTHERWISE.				
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Total.
From 5 to 10 years
" 10 "	3	1	4	3
" 15 "	12	8	20	1	4	5	17
" 20 "	15	13	28	2	3	5	8	4	21	2
" 30 "	17	12	29	1	1	2	11	11	19	1
" 40 "	10	7	17	...	1	1	5	6	17	2
" 50 "	3	2	5	1	...	1	...	5	10	3
" 60 "	1	3	4	4	4	5
" 70 "	2
" 80 "	2
" 90 "	3
" 90 and upwards
Not stated	1
Total	61	46	107	5	9	14	45	31	76	16

TABLE IX.

Condition as to Marriage, in the Admissions, Discharges, and Deaths, during the year.

Condition in reference to Marriage.			The Admissions.			The Discharges.						The Deaths.		
						RECOVERED.			REMOVED, RELIEVED, OR OTHERWISE.					
Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.			
Single			
Married			
Widowed			
Not ascertained			
Total			

ESTABLISHMENT,
CITY OF LONDON LUNATIC ASYLUM,
31st December, 1868.

OFFICERS.					Per Annum.		
1	*Medical Superintendent	£400	0	0
1	Chaplain	200	0	0
1	†Assistant Medical Officer	100	0	0
1	†Clerk and Steward	150	0	0
1	†Housekeeper	50	0	0
<hr/>					<hr/>		
5					£900	0	0
<hr/>					<hr/>		
SERVANTS—MALES.							
1	‡Head Attendant	at	£50	0 0 per ann.	50	0	0
5	‡1st Class Attendants	at	31	0 0 „ each	155	0	0
1	‡ditto ditto	at	29	0 0 „	29	0	0
3	‡2d ditto ditto	at	22	0 0 „	66	0	0
1	‡Night ditto	at	30	0 0 „	30	0	0
1	‡Tailor	at	30	0 0 „	30	0	0
1	‡Upholsterer	at	30	0 0 „	30	0	0
1	‡House Porter	at	30	0 0 „	30	0	0
1	§Engineer	at	2	0 0 per week	104	0	0
1	Carpenter	at	1	10 0 „	78	0	0
1	Shoemaker	at	1	5 0 „	65	0	0
1	Baker	at	1	5 0 „	65	0	0
1	Gardener	at	1	5 0 „	65	0	0
1	Assistant Engineer	at	1	10 0 „	78	0	0
1	Store Porter	at	1	1 0 „	54	12	0
2	Labourers	at	18	0 „ each	93	12	0
1	Bricklayer engaged when required.						
<hr/>					<hr/>		
24					£1023	4	0
<hr/>					<hr/>		

* With house, coals, gas, washing, and vegetables.

† With board, lodging, and washing.

‡ With board, lodging, washing, and uniform.

§ With lodging, coals, and gas.

|| With use of lodge, coals, and gas.

SERVANTS—FEMALE.

							£	s.	d.
1	†Head Attendant	at	£30	0	0	<i>per annum.</i>	30	0	0
4	†1st Class Attendants	at	20	0	0	„ each	80	0	0
1	†ditto ditto	at	19	0	0	„	19	0	0
1	†2d ditto ditto	at	16	0	0	„	16	0	0
3	†ditto ditto	at	15	0	0	„ each	45	0	0
1	†Night ditto	at	20	0	0	„	20	0	0
1	†Head Laundress	at	21	0	0	„	21	0	0
2	†Under ditto	at	15	0	0	„ each	30	0	0
1	†Cook	at	25	0	0	„	25	0	0
1	†Housemaid	at	14	0	0	„	14	0	0
1	†Kitchenmaid	at	14	0	0	„	14	0	0
1	†Scullerymaid	at	10	0	0	„	10	0	0
<hr/>									
18							324	0	0
24							1023	4	0
5							900	0	0
<hr/>									
47							£2247	4	0
<hr/>									

‡ With board, lodging, washing, and uniform.

† With board, lodging, and washing.

ROBERT R. DWELLY,

Clerk and Steward.

CITY OF LONDON LUNATIC ASYLUM.

Farm Account for the year ending 31st December, 1868.

INCOME.			EXPENDITURE.		
	£	s. d.	£	s. d.	£
To Pork supplied to House, 3662 lb. @ 6½d.	99	3 7	By Seeds	38	8 6
„ Cabbages and other Greens, 2004 bus. @ 1/3	125	5 4	„ Pigs	9	0 0
„ Potatoes ... 162½ „ @ 4/0	32	11 4	„ Implements, Straw, &c.	31	15 1
„ Parsnips ... 53 „ @ 5/0	13	5 0	„ Manure	22	11 10
„ Turnips ... 98 „ @ 2/0	9	16 0	„ Ploughing	4	19 6
„ Beans and Peas ...	7	4 10	„ Labour	111	16 0
„ Carrots ...	18	0			218 10 11
„ Rhubarb ...	1	4 7	Balance in favour of Farm	...	84 18 7
„ Salads and Herbs ...	7	0 10			
„ Vegetables supplied to the Medical Superintendent	7	0 0			
		303 9 6			
		£303 9 6			£303 9 6

ROBERT R. DWELLY, Steward.

STEWARD'S RETURNS.

A Return of Bedding and Clothing issued from the Stores for
the year ending 31st December, 1868.

MALES.				FEMALES.			
Blankets	10	Blankets	21
Bolsters	2	Bolsters	
Counterpanes	4	Counterpanes	9
Feather Pillows	1	Feather Pillows	7
Pillow Cases	8	Pillow Cases	
Sheets	20	Sheets	12
Ditto Mackintosh	14	Ditto Mackintosh	21
Strong Rugs		Strong Rugs	8
Towels	97	Towels	94
<hr/>				<hr/>			
Jackets	92	Gowns	237
Waistcoats	57	Chemises	284
Ditto tie		Ditto Flannel	19
Trousers	89	Petticoats	28
Ditto Canvas		Ditto Ticken	9
Gloves, pairs	16	Drawers, pairs	8
Flannel Drawers, pairs			7	Jackets, Shawls, and Cloaks,			32
Shirts	268	Aprons and Pinafores			189
Ditto Ticken	16	Ditto Waterproof	21
Ditto Flannel	18	Neckerchiefs	54
Neckerchiefs	215	Pocketkerchiefs	60
Pocketkerchiefs	160	Bonnets and Hoods	125
Hats and Caps	448	Jean Stays, pairs	43
Braces, pairs	160	Stockings, ditto	282
Stockings, ditto	265	Gloves, ditto	24
Boots and Shoes, ditto			150	Boots and Shoes, ditto			190

A Return of Clothing, &c., made up by the Female Patients
for the year ending 31st December, 1868.

Aprons	183	Night Gowns ..	6
Boots and Shoes, bnd. prs.,	176	Neckerchiefs ..	192
Bonnets Trimmed ..	37	Pocketkerchiefs ..	180
Caps	48	Petticoats	49
Chemises	178	Pillow Cases ..	30
Curtains	6	Sheets	28
Curtains, knitted ..	14	Shirts	72
Drawers, pairs ..	14	Table Cloths ..	4
Gowns	162	Ditto Covers ..	6
Hose, knitted pairs ..	8	Towels	128
Hoods	47	Vests	62
Jackets	15	Window Draperies ..	8

Repairs.

Chemises	250	Hose	5000
Flannel Garments ..	300	Shirts	3000
Gowns	100	Sundries	400

TAILORS.

NEW WORK.		REPAIRS.	
Jackets	89	Jackets	542
Waistcoats	43	Waistcoats	497
Trousers	106	Trousers	1514
Ticken Shirts ..	12	Ticken Shirts ..	40
Sundries	1	Sundries	22

SHOEMAKERS.

NEW WORK.				REPAIRS.			
Leather Boots, pairs		100		Leather Boots, pairs		281	
Ditto Shoes, ditto ..		160		Ditto Shoes, ditto ..		501	
Cloth Boots, ditto ..		54		Cloth Boots, ditto ..		134	
Ditto Shoes, ditto ..				Ditto Shoes, ditto ..		1	
Canvas Boots, ditto ..		8		Canvas Boots, ditto ..		23	
Sundries		12		Sundries		25	

UPHOLSTERER.

Bedsackings	97	Bagatelle Boards ..	11
Cushions	4	Carpets	72
Mattresses	6	Mattress Cases ..	27
Strong Rugs	16	Strong Rugs	46
Bolsters re-made ..	58	Settees	117
Mattresses ditto ..	154	Window Blinds ..	104
Sundries	27	Sundries	375

CONSUMPTION OF PROVISIONS

for the year ending 31st December, 1868.

Number of Officers and Servants	36
„ Male Patients	134
„ Female Patients	137
Total	<u>307</u>

Meat—Bacon	2,124	lbs.
Beef and Mutton	50,405	lbs.
Pork	3,453	lbs.
Beer	11,094	gallons.
Bread	118,805	lbs.
Butter	5,048	lbs.
Cheese	9,312	lbs.
Cocoa	2,515	lbs.
Coffee	150 $\frac{1}{2}$	lbs.
Eggs	9,771	number.
Flour	99,890	lbs.
Potatoes	952	bushels.
Oatmeal	433	lbs.
Sugar	6,710	lbs.
Tea	1,182	lbs.
Treacle	6,683	lbs.
Milk	3,967	gallons.
Porter	13,847	pints.
Wine	167 $\frac{9}{12}$	bottles.
Brandy	399 $\frac{5}{12}$	bottles.
Gin	48 $\frac{2}{12}$	bottles.
Tobacco	377 $\frac{1}{4}$	lbs.
Snuff	25 $\frac{1}{2}$	lbs.

ROBERT R. DWELLY,

Clerk and Steward.

DIETARY TABLE.

Days of the Week.	BREAKFAST.						DINNER.										SUPPER.									
	Males.			Females.			Males.					Females.					Males.			Females.						
	Cocoa.	Bread.	Butter.	Cocoa.	Bread.	Butter.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pud- ding with Treacle.	Uncooked Meat with out Bone.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pud- ding with Treacle.	Bread.	Cheese.	Beer.	Bread.	Butter.	Tea.	
	Pts.	Oz.	Oz.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Oz.	Oz.	Pts.
Sunday ...	1	6	1	1	5	1	7	12	4	1	7	12	4	1	6	2	1	5	1
Monday ..	1	6	1	1	5	1	7	12	4	1	7	12	4	1	6	2	1	5	1
Tuesday ..	1	6	1	1	5	1	3	...	6	1	3	...	6	1	6	2	1	5	1
Wednesday	1	6	1	1	5	1	7	12	4	1	7	12	4	1	6	2	1	5	1
Thursday	1	6	1	1	5	1	3	8	4	1	10	...	3	8	4	1	...	10	...	6	2	1	5	1
Friday ...	1	6	1	1	5	1	7	12	4	1	7	12	4	1	6	2	1	5	1
Saturday...	1	6	1	1	5	1	4	1	...	12	4	1	12	6	2	1	5	1
	7	42	3½	7	35	3½	34	56	30	3½	1½	10	12	34	56	30	3½	1½	10	12	42	14	3½	35	3½	7
	Sunday, Boiled Mutton. Monday, Boiled Beef. Tuesday, Soup. Wednesday, Roast Beef. Thursday, Pie. Friday, Boiled Beef. Saturday, Suet Pudding																									

The Extra Diet as *per* Summaries of Sick Lists.

THE DIET OF ATTENDANTS AND SERVANTS DAILY. *Male Attendants*.—Meat, uncooked, 1 lb. *Female Attendants*, ditto, $\frac{3}{4}$ lb.

Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. WEEKLY.

NIGHT ATTENDANTS, 1 lb. of Coffee each *per* week in addition.

COCOA FOR TEN PATIENTS, 5 oz. Cocoa; 10 oz. Treacle; $2\frac{1}{2}$ pints of Milk.

TEA ditto 1½ oz. Tea; 6½ oz. Sugar; 1½ ditto.

SOUP, the liquor of the cooked Meat, Bones, &c., with Meat, Oatmeal, Rice, Potatoes, Turnips, and Salt and Pepper added.

MEAT PIES, 10 oz. to each Male and Female Patient.

SUET DUMPLINGS with treacle sauce, to be varied by Currant Dumplings and Fruit Pies in the season.

At 11 a.m. and 4 p.m. 2 oz. of Bread, 1 oz. Cheese, $\frac{3}{4}$ pint of Beer, to care 1 Patients who are employed in Field-work and Laundry.
ToBacco and SNUFF, given as indulgences to the Patients who are employed in Field-work, &c., and to other Patients, by order of the Medical Superintendent.

[Taylor, Printer, 39, Coleman Street.