

Twenty-sixth annual report of the Suffolk Lunatic Asylum : December, 1863.

Contributors

Suffolk Lunatic Asylum.
Kirkman, John.
Pizey, Henry.
Durrant, George.
Lutwidge, R. W. S.
Nairne, Robert.

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183 Euston Road
London NW1 2BE UK
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E library@wellcomecollection.org
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TWENTY-SIXTH ANNUAL REPORT

OF THE

SUFFOLK LUNATIC ASYLUM.

DECEMBER 1863.

1863.



Visiting Magistrates.

F. G. DOUGHTY, Esq. *Chairman.*

ANDERSON, THOMAS, CLK.
ALDERSON, S. H. CLK.
BEDINGFIELD, J. CLK.
BURROUGHES, T. D'EYE, ESQ.
CORRANCE, F. ESQ.
CHEVALLIER, B. M.D.
COOKE, J. T. CLK.
DOUGHTY, F. G. ESQ.
GORTON, R. C. CLK.
HILL, C. CLK.
HEIGHAM, J. H. ESQ.
KERRICH, J. ESQ.

KERRISON, SIR E. C. BART.
LOVE, E. M. CLK.
OWEN, H. CLK.
PRATT, JERMYN, CLK.
PACKE, JAMES, ESQ.
RODWELL, B. B. H. ESQ.
ROWLEY, SIR R. C. BART.
SHEPPARD, J. G. ESQ.
STEWART, E. ESQ.
WALFORD, CHARLES, ESQ.
WILSON, H. ESQ.

REPORT.

THE continued and progressive improvements which have been effected during the past year renders this annual report of the Asylum satisfactory both as to its condition and arrangements. These alterations and improvements can hardly be considered as of secondary importance: tending so immediately as they do to the comfort and influencing the health of the patients, which has been generally good. The men have been employed daily through-out the year in the various departments of agricultural labour, and in the shops of the tailors, shoe-makers, and carpenters. The women have been active in all their customary engagements, and they are now energetically employed in decorating their rooms and adorning their galleries for the approaching festivities of Christmas: and there are four who will present themselves to the Committee to-day (with their garlands about them) for discharge.

Nothing has taken place throughout the year to disturb the uniform harmony and order of the House. The condition of the patients on admission has shewn some slight improvement, in the disposition, throughout the county, to obey repeated and urgent exhortations to transfer them before their bodily unfitness is so glaring as to afford no human probability of recovery. The state of syncope in which many were brought has tended as usual to swell the list of mortality. Out of nineteen patients sent with bodily disease, six did not live beyond fourteen days after admission, and the remaining thirteen had their lives prolonged by the utmost care and nourishing diet, to two months at the longest.

The report of to-day is as follows:—

				Males.	Females	Total
Patients in the House, 31st December, 1862.....				138	201	339
" Admitted in 1863.....				51	59	110
				189	260	449
Discharged.....	M.	F.	Total.			
	20	36	56			
Died.....	24	25	49			
				44	61	105
TOTAL.				145	199	344

Application was made in June last by one of the largest Unions in the county, having about forty patients in the Asylum, for the removal of twelve as harmless inmates, to be provided for in the Union House: in conformity with the 8th clause of the Lunatic Asylums Amendment Act. Some jealous anxiety has existed as to the practical adoption of this clause. It sanctions, with the combined consent of the Committee of Visitors and the Medical Officer, the removal under some required fulfilments, of certain patients suffering under chronic insanity. Now it is not without considerable fear in the event of more extended compliance with this clause, that the patients whose daily registered actions shew that they are inoffensive and harmless in the Asylum, may be very much the reverse when they are out of it. The probable association with other inmates of the Union House, and the more than probable diminution of their *indulgences* and comforts, may lead to their return, when the latter end may be worse with them than the beginning. The accommodation required by law to be made for them in the Union House, and the demands on their condition, comforts, &c. by the Medical Officer, from whose guardianship they will be taken, has most probably prevented the adoption of the mode of removal to any extent at present: and the Clerk of a large Board of Guardians in a distant county has sought further information from the Poor Law Commissioners, on the plea that the 8th clause of the above Act is inoperative.

Such harrowing recitals have been brought before the public within the last few weeks, of idiots confined in private houses, at the mercy of brothers and nearest relatives, and those acting out of indifference or ignorance rather than malice and intentional cruelty, that one never can look upon any discharged patient without some anxiety as to his future welfare, and endeavour to secure the comfort of those that remain. It is the wish of the Superintendent to press upon the minds of all the inmates of the County Asylum, the reasonableness of adopting the more than mere sentimental recommendation of high authority to those who were ascending the up-hills of life, that they may with no less satisfaction echo Earl Russell's quotation, "*Rest and be thankful.*"

It will be seen by reference to the Report of the Commissioners in Lunacy who visited the Asylum on the 13th of November last, that they refer very emphatically to two requirements, more land for cultivation and the introduction of gas. The first would indeed be very desirable, if it could be obtained: it would secure the double advantage of health and profit. The additional comfort, economy, and safety gained by the introduction of gas may be more forcibly perceived by recognising the fact that the Suffolk Asylum is perhaps the only one in England, where its substitution by oil and candles is thought to be sufficient: they are very dirty, very disagreeable, and inefficient substitutes.

The sanitary value of increased light is very great: gloominess of mind is the unavoidable result of gloominess of atmosphere. The health and restoration of a patient may depend on the night's rest as immediately as upon the day's occupation, and the night's rest may be more intimately associated than we can calculate with the cheerfulness and alacrity, or the reverse, of retiring to bed. If economy and cleanliness did not enter into the consideration, the mere element of evening cheerfulness as promoted by gas, would be no secondary element in our hygiene. It is next in im-

portance to the arrangement of windows for the plentiful admission of sunlight. Patients have always been observed to take great interest in gas; and to feel strongly and sensitively the *superiority* of the home of restoration, in this respect, to the home where disorders commenced amidst privations and trials, typified by one dim heavy struggle of a penny flame, as much as by empty plates and tattered garments.

It may be well to remark upon the suggestion of the Commissioners on the addition or enlargement of the Asylum, that there is nothing at present that demands immediate attention to it. There is no undue crowding on either side of the House. The conversion of two unoccupied rooms into dormitories adjacent to the new female airing court, has provided for fourteen patients, seven in each: and upon inspection, these rooms will be found replete with every convenience and comfort: and their occupation has entirely removed the necessity of submitting to over-crowded apartments.

Since greater *latitude* has been given to the patients by extended walks beyond the boundary walls, and the transference of cricket and out-door games to the meadows, an advantageous alteration has been made in the large airing court on the male side. It is now laid out and planted as a garden in imitation of the more attractive one on the female side. The women keep their garden up *very nicely*, and have excited a spirit of emulation in the more robust labourers. "The harmonies of form and of colour into which flower beds may be arranged, bring nature into more familiar connection with all which has served to cultivate, to sweeten, or to elevate the mind of man." Many of the inmates of our poorer population cannot read, but "all can listen to the voice of nature speaking in the language of our choicest libraries, and symbolizing all that is most pleasing in the world of books."*

* See Caxton Papers, Blackwood, January No., 1863.

The removal of the old doors between the day rooms and the large corridor and their substitution by arched openings, on the female side of the House, has met with much approval. More light is admitted, more cheerfulness obtained, and the dining accommodation very much extended. One hundred and twenty patients now sit down quietly and orderly to dinner together. The more excited patients *follow* the example of their more quiet associates, and the attendants are able to act in concert in waiting upon them. Many improvements, which it would be incorrect to call minor have been made throughout the building. Several of the walls round the airing courts, have been lowered further and they may be yet *again* with advantage. There is much gloom and discomfort and very little additional security in a high wall. A patient is in the House now who effected his escape a few days ago over the highest part of the highest wall on the male side, and he has returned to boast that a wall of *twenty* feet high would never stop him. he can climb like a cat, and he seems from his own acknowledgment to have *been in and out of* various places of confinement. Within the last twelve months he has escaped twice from an Asylum in Surrey and twice from the Suffolk Asylum, and at different times he has been an inmate of the Asylums at Hoxton, Brentwood, Maidstone, and Hanwell, from each of which he has either been discharged, or escaped without subjecting himself to any *legal formality*. He bears a brand on his side of the letter *D*, as a deserter from the army; and he complains of having been punished in barracks by heavy shot drills. He says that after one of his escapes he walked 72 miles in 25 hours, from Charing Cross to Ashbocking, without food. He still protests against the injustice of his personal detention: with what justice he complains his acts will show.

By improving some of the old window lights and taking up more of the stone floors in the bed rooms and long corridor on the male side, much additional comfort is obtained. These have been floored with deal upon asphalte and the same has been

done in the room formerly used as a Chapel, now occupied as a shoe-maker's shop, where an attendant works with the patients, and has at the same time command over the large airing court. The new Church now completed, and paid for, has been licensed by the Bishop of the Diocese, and it is filled by about 200 patients who manifest exemplary order and devotionally join in the services. A presentation of Communion plate has been most generously made by John Purcell Fitz-Gerald, Esq., whose kind and friendly interest in everything relating to the Asylum, and its inmates, the Superintendent desires thus publicly to acknowledge. The pleasing effect of walking to a church detached from the main building is very marked. In witnessing seats filled with really attentive hearers who have hearts susceptible of the Truth in spite of any mental disease whatever, and minds more recipient and discriminating than some readily condescend to acknowledge, and in marking all the happy characteristics of a church going people, it seems to be a matter of wonder that congregational worship should have retained any vitality, or been tolerated so long in the inappropriate little room in which it was formerly celebrated.

The Church, may be even in Cæsar's household, and domestic services properly and profitable carried on; still it is in the Church of God, that *His* truths are more prominently presented and perhaps more permanently impressed. While the *brain*, and the heart's action which is both naturally and spiritually regulated by it, may have been the scene of mental conflicts, it is in the *Sanctuary* that the things that are temporal, with all their dimness and obscurity, may be seen as passing from the view; and the things that are eternal, in all **THEIR** clearness crowding upon it. And it is believed and trusted now, that the little Church of the Suffolk County Asylum, may form the scene even with insane worshippers, of genuine preparation for Heaven's exercises and Heaven's peace.

JOHN KIRKMAN, M.D.

Commissioners' Report.

The following tabular statement shows the changes in the patients since the 14th Oct., 1862, the date of the last visit of the Commissioners, and their present numbers :—

	M.	F.	Total.
Admitted	52 ...	67 ...	119
Discharged	24 ...	34 ...	58
Of whom recovered	23 ...	30 ...	53
Died, all from ordinary causes ..	25 ...	30 ...	55
	<hr/>	<hr/>	<hr/>
Present numbers.....	140	200	340

The patients are all chargeable to Parishes or Unions within the County, and the weekly rate of maintenance is 8s. 6d.

The Asylum is estimated to accommodate 150 male and 200 female patients, so that there are properly speaking only 10 vacancies on the male side and none on the female, although there are a few beds in the latter division unoccupied, some of the dormitories being over-crowded. All available space on the female side is appropriated to sleeping accommodation. In these circumstances the question of making further provision for the care and treatment of the pauper lunatics of the County becomes a matter of urgent importance.

We avail ourselves of this occasion again to submit, for the earliest consideration of the Visitors, the necessity of providing by purchase or otherwise additional land for the occupation of the male patients. The land, the property of the Asylum, is only 30 acres in extent, of which 7 are under spade husbandry. About 5 acres are rented by the year, and also under spade husbandry, making altogether 12 acres cultivated by the labour of the patients, of whom about 40 are so employed. Dr. Kirkman has stated to us his opinion, that he could beneficially and profitably employ upon the land double the present number. We have satisfaction in reporting as favourably as heretofore, of the good order and creditable personal condition of the patients of both sexes, who were at the time of our visit free from excitement, and the usual large proportion usefully occupied. The sanitary

state of the Asylum is satisfactory, 3 patients only of each sex being registered as under medical treatment. We found no one in bed. Non-coercion has always been the rule of the Asylum, and seclusion is rarely resorted to. The patients secluded since our last visit have been on an average only one in a month, and the number of occasions have not exceeded 17. The Chapel, which is a neat and convenient structure, and presents externally and internally, a pleasing ecclesiastical aspect, has been completed and brought into use within the last six weeks. It accommodates 200 patients and is generally filled. The adjacent grounds have been well planted, and the boundary paths extended and improved. The room previously used as a chapel has been converted into a good shoe-makers' shop, in which six patients are now employed. Amongst other internal improvements we have to report, with approbation, the removal in one ward on the male side and two wards on the female, of the door between the day-room and large corridor, which are now connected by a wide archway. The dining accommodation has been thereby extended, and the wards generally rendered more cheerful. A similar improvement will, we trust, be carried out in the other analagous wards. The patients of both sexes take extended walks almost daily beyond the Asylum grounds, between 40 and 50 of the female patients going out in parties every alternate day. We are informed by Dr. Kirkman that the general condition of the pauper patients when received is better than formerly. The dinner this day was good and ample, except that the beer was of inferior quality. The sick and infirm who require it have ale and porter. Gas is still a great desideratum, and we again desire to press upon the Committee, the expediency of its introduction. We have made all the statutory inquiries.

R. W. S. LUTWIDGE } *Commissioners*
 ROBERT NAIRN } *in Lunacy.*

Appendix.

No. 1.

PATIENTS ADMITTED, DISCHARGED, AND DIED,

From 1st. of January 1863, to 31st. December.

	Males.	Females	Total.
Patients in the House 31st. December, 1862	138	201	339
Admitted in 1863	54	61	115
	192	262	454
Discharged—cured .. 21 35 56			
——— relieved.... 1 5 6			
Died 25 25 50			
	47	65	112
Remaining in the House 31st. Dec. 1863	145	197	342

No. 2.

ASCERTAINED AND SUPPOSED CAUSES OF IN-
SANITY IN THE 115 PATIENTS ADMITTED
DURING THE YEAR 1863.

	Males.	Females.	Total.
Debility	9	6	15
Epilepsy	6	4	10
Grief	7	11	18
Hereditary	5	7	12
Intemperance	6	1	7
Jealousy	0	5	5
Previous Illness	9	13	22
Paralysis	4	3	7
Unknown	8	11	19
Total.....	54	61	115

No. 3.

OF THE 115 PATIENTS ADMITTED IN THE
YEAR 1863.

	Males.	Females.	Total.
Discharged, cured	12	13	25
" relieved	1	2	3
Died	11	8	19
Remaining	30	38	68
Total	54	61	115

No. 4.

DOMESTIC CONDITION OF THE 115 PATIENTS
ADMITTED IN THE YEAR 1863.

	Males.	Females.	Total.
Married	26	23	49
Single	19	35	54
Widowed	4	8	12
Total	54	61	115

TABLE OF ADMISSIONS

In the whole Thirty-five

Years.	MALES.						FEM.		
	Admitted.	Discharged.			Died.	Escaped.	Admitted.	Disch.	
		Cured.	Relieved.	Total.				Cured.	
1829	72	11		11	11		70	9	
1830	48	12	9	21	11		34	12	
1831	42	8	4	12	16		45	19	
1832	42	21	4	25	17		25	20	
1833	34	18	4	22	14		31	14	
1834	32	16	7	23	9	2	32	18	
1835	39	18	9	27	8	1	40	15	
1836	30	11	13	24	7		26	11	
1837	30	13	5	18	11		46	17	
1838	35	16	2	18	13		31	21	
1839	29	15	5	20	10		53	27	
1840	31	14	1	15	7	1	38	23	
1841	35	16	2	18	13	1	29	16	
1842	27	10	2	12	10		34	14	
1843	33	9	6	15	13		34	17	
1844	36	19	2	21	9		30	13	
1845	42	19	3	25	13		40	16	
1846	37	22		19	16		44	24	
1847	44	16	1	17	24	1	42	13	
1848	31	13		13	11		51	26	
1849	27	10	11	21	9	1	55	34	
1850	36	21	4	25	17	1	47	29	
1851	36	25	3	28	20		55	26	
1852	51	22	2	24	17		47	28	
1853	49	22	2	24	19		44	20	
1854	34	22	3	25	15		47	24	
1855	43	20	2	12	17		40	28	
1856	42	21	2	23	16		47	18	
1857	40	27	2	29	17		56	27	
1858	46	19	1	20	18		72	39	
1859	47	22	2	24	22		65	34	
1860	42	10	1	11	20		65	37	
1861	46	25	4	29	30		55	30	
1862	53	22	4	26	18		61	27	
1863	54	21	1	22	25		61	35	
Total.	1395	596	123	719	523	8	1592	781	1

Daily Average

CHARGES, AND DEATHS,

the Asylum opened.

Died.	TOTAL.					In the House at the end of each year.			
	Admitted.	Discharged.			Died.	Escaped.	Males.	Females.	Total.
		Cured.	Relieved.	Total.					
4	142	20	2	22	15		50	55	105
7	82	24	12	36	18		66	67	133
0	87	27	7	34	26		80	80	160
8	67	41	6	47	25		78	75	153
8	65	32	9	41	22		75	79	154
8	64	34	12	46	17	2	75	80	155
6	79	33	17	50	14	1	79	91	170
9	56	22	29	51	16		78	81	159
6	76	30	6	36	27		79	93	176
7	66	37	4	41	26		82	94	172
6	82	42	14	56	10		80	105	185
3	69	37	4	41	20	1	89	104	193
9	64	32	3	35	22	1	93	107	200
1	61	24	4	28	21		98	114	212
6	67	26	11	37	29		103	110	213
2	66	32	2	34	21		109	115	224
2	82	38	3	41	25		112	127	239
6	81	43	1	44	31		114	131	245
4	86	29	3	32	48	1	116	134	250
6	82	39	2	41	29		123	139	262
	82	44	16	60	30	1	119	134	253
	83	50	5	55	31	1	113	137	250
	91	51	9	62	35		101	143	244
	98	50	10	60	27		111	144	255
	93	42	9	51	36		117	144	261
	81	46	5	51	30		111	150	261
	83	38	5	43	32		125	144	269
	89	39	7	46	31		128	153	281
	96	54	9	63	36		122	156	278
	118	58	6	64	38		130	164	294
	112	56	3	59	35		131	181	312
	107	47	3	50	38		142	189	331
	101	55	9	64	53		129	186	315
	114	49	8	57	33		138	201	339
	115	56	6	62	50		145	197	342
	2987	1377	263	1640	997	8			

No. 6.

RELIGIOUS DENOMINATION OF THE 115 PATIENTS
ADMITTED IN THE YEAR 1863.

Religious Denomination.	Males.	Females.	Total.
Church of England	33	38	71
Baptists	6	3	9
Wesleyans	4	1	5
Independents	2	0	2
Protestants	4	2	6
Dissenters	1	3	4
Unknown	3	5	8
Total	54	61	115

No. 7.

DEGREE OF EDUCATION OF THE 115 PATIENTS
ADMITTED IN THE YEAR 1863.

Degree of Education.	Males.	Females	Total.
Able to Read and Write	21	33	54
Able to Read	16	21	37
Unable to Read	11	13	24
Total	54	61	115

OCCUPATIONS OF THE 115 PATIENTS ADMITTED
IN THE YEAR 1863.

Occupations.	Males.	Females.	Total.
Agricultural Labourers	32		32
" " Wives....		25	25
" " Widows ..		4	4
Bricklayer's Wives		4	4
Blacksmith	1		1
Boatman	1		1
Commercial Traveller.....	1		1
Carpenters	3		3
Carpenter's Wives		2	2
Domestic Servants		12	12
Dress Maker		1	1
Farmer	1		1
Grocer	1		1
Gardener.....	1		1
Ladies' Maid	1		1
Mariner's Wife		1	1
Nurse		1	1
Publican	1		1
Poultry Dealer		1	1
Phrenologist	1		1
Silk Winder	2		2
Silk Weaver		1	1
Soldiers	2		2
Shoe Makers	2		2
Shoe Maker's Wives		2	2
Tailors.....	2		2
Tailor's Wives		2	2
Tailoress		1	1
Tinman	1		1
Veterinary Surgeon	1		1
Wheelwright	1		1
No occupation.....	3	2	5
Total.....	54	61	115

No. 9.

AGES OF PATIENTS ON ADMISSION IN 1863.

Under Ten.		From Ten to Twenty.		Twenty to Thirty.		Thirty to Forty.		Forty to Fifty.		Fifty to Sixty.		Sixty to Seventy.		Seventy and upwards.		TOTALS.		
M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
0	0	0	1	6	12	11	14	16	10	8	12	7	5	6	7	54	61	115

AGES OF PATIENTS DIED IN 1863.

Under Ten.		From Ten to Twenty.		Twenty to Thirty.		Thirty to Forty.		Forty to Fifty.		Fifty to Sixty.		Sixty to Seventy.		Seventy and upwards.		TOTALS.		
M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
0	0	0	1	2	2	2	2	4	7	7	4	6	5	2	4	25	25	50

No. 10.

TABLE exhibiting the Causes of Death, Form of Insanity, Duration of Mental Malady, and Periods of Residence in the Asylum, in the Cases which terminated fatally during the year 1863.

No.	Age.	Sex.	Cause of Death.	Residence in Asylum.			Total duration of Insanity.			Form of Insanity.
				Yrs.	Mos.	Dys.	Yrs.	Mos.	Dys.	
1	50	M	Epilepsy	7	6	14	7	8	10	Epileptic Mania
2	65	F	Gradual Exhaustion	7	10	11	7	11	14	Melancholia
3	83	F	Senile Debility	4	2	23	4	1	19	Mania
4	52	M	Dropsy		2	13		3	4	Ditto
5	81	M	Apoplexy	1	8	15	1	9	6	Melancholia
6	59	M	Paralysis		9	14		9	27	Ditto
7	54	F	Diseased Lungs	2	6	7	2	6	14	Mania
8	67	M	Paralysis		3	4		3	12	Paralytic Mania
9	37	F	Exhaustion	4	11	14	4	13	3	Mania
10	27	F	Paralysis		4	2		4	17	Melancholia
11	61	M	Phthisis	1	5	16	1	6	12	Ditto
12	51	M	Anasarca	2	9	18	2	9	26	Ditto
13	64	F	General Exhaustion	2	3	19	2	4	2	Mania
14	46	F	Gradual Exhaustion		3	8		3	20	Ditto
15	39	F	Exhaustion	3	9	20	3	10	7	Melancholia
16	70	M	Diseased Lungs	1	6	29	1	7	9	Mania
17	43	M	Paralysis		8	16		8	26	Paralytic Mania
18	26	M	Epilepsy			27		1	4	Epileptic Mania
19	43	F	Ulceration of Extremities		2	5		2	17	Melancholia
20	68	M	Paralysis		7	20		8	4	Ditto
21	54	F	Epilepsy			9			12	Mania
22	59	F	Gradual Exhaustion		1	14		2	9	Ditto
23	45	F	Diseased Lungs	4	11	1	4	11	6	Ditto
24	76	M	Paralysis		3	8		4	16	Paralytic Mania
25	68	F	Gradual Exhaustion	1	0	4	1	2	9	Mania
26	46	M	Anasarca		4	21		5	6	Ditto
27	33	M	Paralysis			26		1	4	Ditto
28	51	M	Anasarca		1	16		2	7	Ditto
29	43	M	Gradual Exhaustion		1	19		1	29	Ditto
30	56	M	Apoplexy		10	21		11	4	Melancholia
31	19	F	Maniacal Exhaustion			10			20	Ditto
32	79	F	Gradual Exhaustion		8	16		8	28	Mania
33	45	F	Phthisis			8			15	Melancholia
34	53	M	Apoplexy		5	27		6	3	Mania
35	60	M	Gradual Exhaustion	4	5	25	4	6	9	Recurrent Mania
36	27	M	Paralysis		4	7		4	20	Paralytic Mania
37	71	F	Senile Exhaustion			14			21	Melancholia
38	29	F	Epilepsy		3	9		4	9	Mania
39	62	F	Gradual Exhaustion		1	25		1	31	Ditto
40	44	F	Maniacal Exhaustion			19			27	Ditto
41	80	F	Senile Debility		7	25		8	9	Melancholia
42	46	F	Apoplexy	11	10	3	11	10	17	Mania
43	90	F	Senile Exhaustion	6	9	6	6	9	21	Ditto
44	41	M	Paralysis			8			17	Paralytic Mania
45	70	F	Gradual Exhaustion	32	6	12	32	7	19	Melancholia
46	58	F	Lung Disease	4	1	2	4	2	16	Mania
47	50	M	Epilepsy	3	2	6	3	2	19	Epileptic Mania
48	65	M	Gradual Exhaustion		7	4		8	12	Melancholia
49	72	M	Senile Debility			12			19	Mania
50	30	M	Epilepsy	3	6	5	3	7	4	Epileptic Mania

No. 11.
DIET TABLE OF THE SUFFOLK LUNATIC ASYLUM.

December 31, 1863.

DAYS OF THE WEEK.	BREAKFAST.				DINNER.										SUPPER.					
	Males.		Fe- males.		Males.					Females.					Males.			Females.		
	Bread.	Gruel.	Bread.	Gruel.	Cooked Meat.	Pie.	Bread.	Vegetables.	Rice Pudding.	Suet Pudding.	Soup.	Beer.	Cooked Meat.	Pie.	Bread.	Vegetables.	Rice Pudding.	Suet Pudding.	Soup.	Beer.
Sunday	7 oz.	1 pt.	6 oz.	1 pt.	16 oz.			1 lb.	1 lb.	1 pt.	2 pt.	1 pt.	12 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Monday	7 oz.	1 pt.	6 oz.	1 pt.	16 oz.			1 lb.	1 lb.	2 pt.	2 pt.	1 pt.	12 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Tuesday	7 oz.	1 pt.	6 oz.	1 pt.	6 oz.		4 oz.	1 lb.		2 pt.	2 pt.	1 pt.	5 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Wednesday	7 oz.	1 pt.	6 oz.	1 pt.	3 oz.		7 oz.	1 lb.	1	1 pt.	1 pt.	1 pt.	2 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Thursday	7 oz.	1 pt.	6 oz.	1 pt.			4 oz.	1 lb.			1 pt.	2 pt.	5 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Friday	7 oz.	1 pt.	6 oz.	1 pt.	6 oz.		4 oz.	1 lb.		1 pt.	1 pt.	1 pt.	2 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Saturday	7 oz.	1 pt.	6 oz.	1 pt.			4 oz.	1 lb.		1 pt.	1 pt.	1 pt.	2 oz.		8 oz.	1 lb.	2 pt.	1 pt.	1 pt.	1 pt.
Total	49	10	42	7	18	16	22	3	1	1	3	3	14	12	20	3	2	3	2	2

The Gruel is made in the following proportions, viz:—10lbs. of Groats to 6 gallons of Milk for 100 Patients.
 Soup is thickened with Peas, Pearl Barley, Rice, and Vegetables.
 Tea 1lb. Sugar 4lb. Milk 3 gallons for 100 Patients.
 The Patients employed, both Males and Females, have full generous diet.
 Dietetic regulations are subject to Medical opinion.

FARM AND GARDEN ACCOUNT,

In the year 1863.

21

Dr.		Cr.	
1863.		1863.	
Jan. 1.		Dec. 31.	
To Live and Dead Stock, valued at - - -	£ 198 0 0	By amount of produce supplied to the Asylum, viz. Milk, Butter, Veal, Pork, Potatoes, and other Vegetables, at wholesale prices	£ 231 14 0
Paid for Labour - - -	37 15 0	Cash received for a Cow and 4 Calves - - -	27 0 0
Rates and Taxes - - -	8 14 7	Ditto for 20 Coombs Wheat Hay Stack, about 12 Tons, at £4 - - -	21 0 0
Tithe - - -	11 11 6	120 Sacks Potatoes, at 5s. 300 Bushels Swedes, at 4d. 3 ditto Onions, at 4s. 50 ditto White Carrots and Parsnips, at 6d. - - -	48 0 0
Paid for Corn, Meal and sundry expenses - - -	133 4 2	3 Acres of Vegetables on the Land - - -	30 0 0
Estimated Rent of Land - - -	68 3 4	Live and Dead Stock, valued at - - -	5 0 0
			12 0
		Balance - - -	1 5 0
			9 0 0
			169 11 0
			£ 542 11 0
			£ 542 11 0

No. 13.

CONTRACT PRICES,

For the year ending 31st December, 1863.

	1st Quarter		2nd. Quarter.		3rd. Quarter.		4th. Quarter.	
	s.	d.	s.	d.	s.	d.	s.	d.
Beef, good Steer, by side cwt.	52	0	50	0	52	0	52	0
Wether Mutton, by side or carcaselb.		7		7		7		7
Bread, per loaf, 4lb. 4oz. 18 hours baked		5 $\frac{1}{4}$		4 $\frac{1}{4}$		4 $\frac{1}{4}$		4 $\frac{1}{4}$
Flour, secondssack	36	0	36	6	38	0	30	0
Maltcoomb.	31	0	30	6	32	0	30	0
Hops, genuine English growthcwt.	168	0	168	0	136	0	126	0
Sugar, loaflb.		5 $\frac{1}{2}$		5 $\frac{1}{2}$		5 $\frac{1}{2}$		5
„ soft, good ..cwt	32	0	32	0	32	0	32	0
Molasses or Treacle, cwt.	16	0	16	0	15	0	14	0
Vinegargallon	1	2	1	2	1	0	1	0
Soap, goodcwt.	28	0	28	0	26	0	28	0
„ soft, firkin 64lbs. net	15	0	15	0	15	0	14	0
Cheese, Edam, good, cwt.	44	0	38	0	46	0	43	0
„ Derbycwt.	56	0	56	0	66	0	60	0
Groatscwt.	16	6	16	6	16	0	14	0
Peas, boilersbushel	5	6	5	0	5	0	5	0
Best Firkin Butter of 56 lbs. net.firkin	44	0	42	0	38	0	42	0
Tobacco, shaglb.	3	3	3	3	3	0	3	2
Snufflb.	3	0	3	0	3	0	3	0
Candlesdozen	5	6	5	3	4	8	5	2
Pearl Ashcwt.	30	0	30	0	28	0	28	0
Soda, goodcwt.	5	3	5	6	5	6	5	0
Best Stone Bluelb.	1	0	1	0	1	0	1	0
Best Starchlb.		4 $\frac{1}{2}$		4 $\frac{1}{2}$		4		4
Pepperlb.	1	0	1	0	1	0	1	0
Mustardlb.		6		6		6		6
Carolina Ricecwt.	15	0	15	0	16	0	13	0
Wheat Straw in Trusses cwt.	3	0	2	4	2	3	2	2
Brush Wood Fagots, 60 fagots to the load	19	6	19	6	19	6	19	6
Coals, best Wallsend, screenedton	21	6	21	0	20	0	21	6
Ditto, best Inland, ditto ton	17	0	16	0	15	6	16	0
Ditto Blythton	17	0	16	6	15	6	16	0
Welsh Stoneton	27	0	25	0	24	0	27	0
Cinderschal.	16	0	15	0	15	0	17	0

No. 14.

TABLE SHEWING THE WEEKLY AND ANNUAL CHARGE FOR EACH PATIENT, SINCE THE ASYLUM OPENED.

Years.	1st. Quarter. Per Week.	2nd. Quarter. Per Week.	3rd. Quarter. Per Week.	4th. Quarter. Per Week.	Annual Charges.
	s. d.	s. d.	s. d.	s. d.	£. s. d.
1829	12 2	8 2	7 0	8 2	22 19 10
1830	7 7	6 5	5 3	7 0	17 1 3
1831	7 0	7 7	5 10	7 0	17 16 5
1832	6 5	5 10	5 10	5 10	15 10 11
1833	5 10	5 10	5 3	5 10	14 15 9
1834	5 10	5 3	5 10	5 10	14 15 9
1835	7 0	5 3	4 8	5 10	14 15 9
1836	5 10	5 3	5 10	5 10	14 15 9
1837	7 0	5 10	5 10	5 10	15 18 6
1838	6 5	5 10	5 10	6 5	15 18 6
1839	7 0	6 5	5 10	6 5	16 13 8
1840	7 0	6 5	6 5	7 0	17 8 10
1841	7 0	6 5	6 5	7 0	17 8 10
1842	7 0	6 5	5 10	6 5	16 13 8
1843	6 5	5 10	5 10	6 5	15 18 6
1844	6 5	6 5	6 5	6 5	16 13 8
1845	7 0	6 5	5 10	6 5	16 13 8
1846	7 0	7 0	6 5	7 7	18 4 0
1847	7 7	8 2	8 9	7 7	20 17 1
1848	8 2	8 2	8 2	8 9	21 12 3
1849	7 7	5 3	5 10	6 5	16 6 1
1850	7 0	5 10	5 10	6 5	16 6 1
1851	5 10	5 3	5 3	6 5	14 15 9
1852	6 5	6 5	6 5	6 5	16 13 8
1853	7 0	7 0	7 0	7 10 $\frac{1}{2}$	18 15 4 $\frac{1}{2}$
1854	8 6	8 0	8 0	8 9	21 12 3
1855	8 9	8 9	8 9	8 9	22 15 6
1856	8 9	8 9	8 0	7 6	21 9 0
1857	8 3	8 0	8 3	8 6	21 9 0
1858	8 3	8 0	7 6	7 6	20 6 3
1859	7 6	7 6	7 6	8 6	20 3 0
1860	9 6	8 6	8 6	8 6	22 15 0
1861	9 0	9 6	9 6	8 6	23 14 6
1862	9 0	8 6	8 6	8 6	22 8 6
1863	9 0	8 6	8 6	8 6	22 8 6

No.

AN ACCOUNT OF THE RECEIPTS AND

Under 16 and 17 Vic. c. 97. sec. 38.

RECEIPTS.									
1863.								£	s. d.
January.	To Balance forward	-	-	-	-	-	-	71	10 10
	„ Gross	-	-	-	-	-	-	158	14 2
	„ Bury	-	-	-	-	-	-	91	5 10
								£ 321 10 10	

15.

DISBURSEMENTS FOR REPAIRS, &c.

from January to December, 1863.

DISBURSEMENTS.		£ s. d.		
1863.	<i>New Church.</i>			
January.	By Clarke, Carpenter's			
	Work - - -	19	19	10
	Cook, Bricks and Tiles	19	0	0
	Webber, Bricklayer's			
	Work - - -	11	5	0
	Woodbridge, ditto -	7	16	0
	Page & Girling Trough-			
	ing - - -	6	16	6
	Luff, Tiles and Coping	17	5	0
	Dale, Stonemason's			
	Work - - -	14	15	0
	Southgate, Lime -	2	0	0
		98	17	4
	Clarke, Carpenter's Work -	13	2	0
	Jeffries, Plumbing and Glazing -	12	13	6
	Mc. Neill, Felt - - -	3	6	8
	Chaplain's Salary - - -	25	0	0
	Cook, Bricks and Tiles - - -	9	4	6
	J. H. Borton, Esq. - - -	14	12	0
	Thompson & Bennington, Lime -	5	10	0
	Chaplain's Clerk &c. - - -	1	5	0
	Grimwood, Timber & Deals -	19	8	7
	Page & Girling, Ironfoundry Work	25	11	7
	Loder, Printing and Stationery -	17	6	5
	Dale, Stonemason's Work - - -	9	6	8
	Woodbridge, Bricklayer's Work -	8	17	0
	Gall, Ironmongery Goods -	7	8	4
		£ 271	9	7

No. 15.

RECEIPTS.

						£	s.	d.
1863.	To	Amount forward	-	-	-	321	10	10
March.	Gross	-	-	-	-	158	14	0
	Bury	-	-	-	-	91	6	0

 £ 571 10 10

continued.

DISBURSEMENTS.

		£	s.	d.
1863.	By Amount forward - - -	271	9	7
March.	Chaplain's Clerk - - -	1	5	0
	<i>Bills for New Church.</i>			
	Maw, for Tile Pavement 2 16 0			
	Jeffries, Glazing Windows 12 12 0			
	Webber, Bricklayer's Work - - - 9 6 8			
	Clarke, Carpenter's Work 7 4 10			
		31	19	6
	Jeffries Plumbing, Glazing &c. -	12	15	10
	Loder, Stationery and Printing -	22	9	6
	Woodbridge, Bricklayer's Work -	11	5	0
	Hayward, Architect - - -	20	0	0
	Scott, White Lead and Paint -	16	1	0
	Pizey, Postage and Receipt Stamps, Cheque Books, &c. - - -	5	10	3
	Gall, Ironmongery Goods - - -	3	9	0
	Clarke, Carpenter's Work - - -	12	18	7
	Chaplain's Salary - - -	25	0	0
	Clerk to Vistors - - - 12 10 0			
	Ditto, Extra Meeting - 10 10 0			
		23	0	0
	Cook, Asphalting Floors - - -	11	7	6
	Grimwood, Timber, Deals, &c. -	15	13	11
	Boon, Tiles and Pipes - - -	6	0	0
	Page & Girling, Ironfoundry Work	24	13	3
		£ 514	17	11

RECEIPTS.

						£	s.	d.
1863.	To Amount forward	-	-	-	-	571	10	10
July.	„ Gross	-	-	-	-	158	14	0
	„ Bury	-	-	-	-	91	6	0

 £ 821 10 10

continued.

DISBURSEMENTS.			
1863.		£	s. d.
July.	By Amount forward - -	514	17 11
	Woodbridge Bricklayer's Work -	23	14 9
	Warner & Sons, Bell - -	8	8 1
	Chaplain's Fund—		
	Land Tax - - 0 13 0		
	Clerk - - 0 10 0		
	Rat Catcher - - 0 15 0		
		1	18 0
	Culham, Repairing Coppers - -	7	7 8
	Jeffries, Plumbing, Glazing, &c. -	27	4 11
	Clarke, Carpenter's Work - -	35	2 0
	Grimwood, Deals, Slates, &c. -	24	8 1
	Cook, Bricks, Pipes, &c. - -	11	1 7
	Page & Girling, Ironfoundry Work	29	12 9
	Thompson & Bennington, Lime -	3	13 6
	Loder, Stationery, &c. - -	7	17 2
	J. H. Borton, Esq., Quarter's Salary	12	10 0
	Blowers, Whitening - - -	1	13 1
	Gall, Ironmongery Goods, &c. -	5	16 6
	Chaplain's Salary - - -	25	0 0
	Woods, Seeds, Plants, &c. - -	4	13 0
	Dale, Stonemason's Work - -	33	15 0
	J. H. Borton, Esq., Insurance -	26	0 0
		£ 804	14 1

No. 15.

RECEIPTS.

						£	s.	d.
1863.	To Amount forward	-	-	-	-	821	10	10
Oct.	„ Bury - - - -	-	-	-	-	109	11	0
	„ Ipswich - - - -	-	-	-	-	190	9	0

 £ 1121 10 10

continued.

DISBURSEMENTS.

		£	s.	d.
1863.	By Amount forward - - -	804	14	1
Nov.	Woodbridge Bricklayer's Work - - -	14	5	0
	Clarke, Carpenter's Work - - -	33	17	11
	Chaplain's Salary - - -	25	0	0
	Grimwood, Cement, Slate and Deals	32	11	7
	Pizey, Postage and Receipt Stamps, Check Books, &c., for six months	3	15	6
	Jeffries, Plumbing, Glazing, &c. -	30	17	4
	Page & Girling, Ironfoundry Work	36	16	10
	Cook, Bricks, Pipes, &c. - - -	4	8	8
	Loder, Stationery and Printing -	12	2	10
	J. H. Borton, Esq., Quarter's Salary	12	10	0
	Gall, Ironmongery Goods - - -	9	14	6
	Chaplain's Clerk, &c. - - -	1	5	0
	Cook, Asphalting Floors - - -	5	0	0
	Balance - - -	94	11	7
		<hr/> £ 1121 10 10		

No. 16.

GENERAL STATEMENT OF RECEIPTS AND EXPENDITURE BY THE HOUSE COMMITTEE
OF THE SUFFOLK COUNTY LUNATIC ASYLUM.

Dr.

For the year ending December 31st. 1863.

Cr.

1863.		1863.	
Jan. 1st.	£. s. d.	Jan. 1st.	£. s. d.
To Balance at the Bank of Messrs. Alexanders	1194 1 3	Superintendent	550 0 0
Receipts from Unions, &c.:—		House Surgeon	84 0 0
Mildenhall Union	245 13 6	Steward	60 0 0
Ipswich ditto	31 10 6	Assistant Engineer	29 0 0
Sudbury ditto	816 11 6	Attendants, Nurses and Servants	587 15 8
Thingoe ditto	366 15 0		1310 15 8
County Patients	35 14 0	Meat	1369 6 0
Hartismere Union	389 9 0	Groceries	922 0 3
Plomesgate ditto	535 2 0	Beer, Malt, and Brewing	464 12 5
Blything ditto	761 1 6	Bread and Flour	813 0 6
Newmarket ditto	120 19 0		3568 19 2
Wangford ditto	488 4 6	Clothing	1037 0 6
Samford ditto	246 12 6	Coals	316 10 0
Thetford ditto	44 17 0	Wood	17 11 0
Mutford ditto	503 14 0	Medicines, Wine, and Spirits	80 10 5
Cosford ditto	521 11 6	Sundries	202 0 4
Hoxne ditto	480 16 6	Tradesmen's Bills	869 19 3
Woodbridge ditto	752 14 0	Tithe and Rent of Land	50 11 10
Stowmarket ditto	352 1 6	Clarke, Coffins and Funerals	43 10 0
Bury ditto	31 10 6	Clerk to House Committee	60 0 0
Bosmere ditto	616 18 6	White (overpaid)	5 8 0
Risbridge ditto	251 6 3		
Farm Account, Cow, Calves, and Wheat Sold	48 0 0	Balance at Alexander's Bank	1292 12 10
	£8835 9 0		£8835 9 0

No. 17.

HEADS OF EXPENDITURE.

Ending December 1863.

		£.	s.	d.
Meat, lbs.	57945	1369	6	0
Bread, loaves $4\frac{1}{4}$ lbs. each	35866	{ 677	13	6
Flour, sts.	1540	{ 135	7	0
Butter, lbs.	3635	134	16	3
Oatmeal, lbs.	8790	65	9	0
Tea and Coffee	730	123	6	11
Cheese, lbs.	9748	197	19	7
Soap, Pearlash, Soda, and Blue, lbs.	15683	132	10	11
Grocery		232	13	3
Candles, lbs.	1273	35	4	4
Coals, tons	386	316	10	0
Wood, loads	18	17	11	0
Medicines, Wine, and Spirits		80	10	5
Table Beer and Porter		464	12	5
Clothing and Linen		1042	12	3
Sundries		202	0	4
Salaries and Wages		1370	15	8
Tradesmen's Bills		854	6	4
Total	£	7453	5	2

