

## **Nineteenth annual report of the Suffolk Lunatic Asylum : December, 1856.**

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NINETEENTH ANNUAL REPORT  
OF THE  
SUFFOLK LUNATIC ASYLUM.

DECEMBER 1856.

1857.



## Visiting Magistrates.

APLIN, R. ESQ.

ANDERSON, THOMAS, CLK.

ALDERSON, S. H. CLK.

BENCE, H. B. ESQ.

BEDINGFIELD, J. CLK.

BERNERS, J. ESQ.

BINGHAM, P. CLK.

CHEVALLIER, B. ESQ. M.D.

CORRANCE, F. ESQ.

COLVILLE, WILLIAM, CLK.

COOKE, J. T. CLK.

DOUGHTY, F. G. ESQ.

GORTON, R. C. CLK.

HEIGHAM, J. H. ESQ.

HILL, C. CLK.

IRELAND, T. J. ESQ.

KERRICH, JOHN, ESQ.

LOVE, E. M. CLK.

OWEN, H. CLK.

PRATT, JERMYN, CLK.

ROWLEY, R. C. ESQ.

SHEPPARD, J. G. ESQ.

SCHREIBER, F. W. ESQ.

WALFORD, CHARLES, ESQ.

WESTERN, T. B. ESQ.

WILSON, H. ESQ.

SIR E. C. KERRISON, BART. M.P.



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# Report.

It is a cause for thankfulness that we are again enabled to report that the condition of the house is most satisfactory, and has been so throughout the past year; that the health of the patients has been uniformly good, and that the attendants have performed their several duties with punctuality and forbearance.

At the end of 1855, there were—

				Males.	Females	Total.
Patients in the House, 31st. December, 1855 ~~~~~				125	144	269
Admitted in 1856 (up to Dec. 23rd.) ~~~~~				42	46	88
				167	190	357
	M.	F.	Total.			
Discharged—cured ~~~~~	20	18	38			
Ditto—relieved ~~~~~	2	5	7			
Died ~~~~~	15	12	27			
				37	35	72
Remaining in the House, 23rd. December, 1856 ~~~~~				130	155	285

There has been nothing throughout the year to call for any especial notice, beyond the general fact that more than the ordinary quantity of work has been done, and several very advantageous improvements effected. Amongst the more important of the latter may be mentioned the conversion into open dormitories of the whole side wings of the upper story. This was partially and somewhat experimentally begun last year; it is now completed, and affords additional accommodation for patients, and the means of more complete inspection by the attendants.



Thick glass panelling has been put into the doors of the attendants' rooms, by which additional security is obtained against accidents by the readier oversight provided. Small looking glasses have been placed in many of the single rooms, the glass being very inexpensive, and the frames manufactured by a patient in the house, whose general capabilities it would be difficult to over-estimate. He makes chairs, settees, wash-hand stands, picture frames, and cabinet furniture; and works up old materials into new forms and combinations which are of positive value in themselves, as well as give a domestic character to the house; indeed as we have no attractive exterior of a building, it is with satisfaction that we point to its internal comforts as no bad compensation for external defects. It is not in depreciation of the more modern insane palaces, but to prevent such buildings as ours from sinking below their proper degree in public estimation, on the scale of real appropriateness and merit, that we observe this particular instance of an universal law, that internal capability is better than external adornment. It is not from without but from *within* that the sad or happy tale is told. The charity is not in the building, but in the amount of suffering that is alleviated, and disease that is cured in it. Neither pain small or great, enters the house unnoticed, nor ceases without congratulation, but as much as in us lies the peculiar ills of life to which our inmates are exposed, are alleviated by ceaseless personal attention. To those who would bestow this attention with real advantage, it must be considered not as a task, but as a pleasing duty, and we have no sympathy whatever ourselves with that feeling which expresses no sympathy with the insane. We have the utmost sympathy, from the conviction, that as the soul is infinitely more precious than the body, so no class of sufferers deserves so much pity as the insane. Pain of body is not to be compared with pain of mind; and bodily disease can but alter the soundness of matter which *must* soon turn to corruption:



but the eclipse of *reason* is the cause, only second to sin itself, which obliterates the noble reflection of God himself within man. We may state then that for twenty-five years and more, it has invariably been our custom to add this "sympathy" to the list of our *Materia Medica*; to prescribe it oftener than any other medicine: and to use it even as a *surgical* instrument too, for eradicating many an evil from within. Even physical remedies will fail of half their efficacy without the adjunct of this divinely suggested panacea. It would be easy enough to record actual facts and results, to shew that the sympathy which assumes itself one with the sufferer, had often struck a chord, which by being delicately tuned has proved the first faint vibration towards the removal of painful and false impressions; and anticipated and secured too, by the well known laws of continuity and concord, the onward notes of perfect recovery.

Those extremes of personal liberty to which we are hastening with somewhat rapid strides in the treatment of our patients, must be attended with some risks to those who are constantly amongst them. This makes the duty of protection to the attendants who are willing to run these risks, as imperative as protection to the patients themselves. That man is not likely to prove really humane to the insane, who can be inhuman and unjust to the sane: this form of a one-sided philanthropy, a spurious humanity, boasting of its concentration on a single class, to the *exclusion* and at the expense of all others equally deserving of consideration, which has recently grown into a national characteristic, at last, like all bad habits, makes itself felt in its true nature by the sad consequences of its action on the public. And, even were its form more catholic, it is almost as sad to see a few usurping the name for it, as if it were all their own, forgetting that in respect of what all right minded persons equally commend, they have not gone in an untrodden path, though enlarged opportunities, and more prominent positions may



have enabled them to bring into it more public exercise. It is enough simply to refer to the system of non-restraint to prove this.

The whole exterior of the house has been painted this year, a work so long delayed that it became compulsory independent of expense. It has been done by the patients without any cost, beyond the purchase of the paint. Very much of indoor work of this kind has also been completed, the doors throughout several of the galleries have been painted, grained, and varnished in a way likely to prove as permanent as it has been economical. We have also been able to give a few coats of inexpensive coloured paint to several of the lower walls, and the pleasing difference of the green (the most grateful colour to the eye) compared with the unmitigated exposure and glare of the white, is very evident. It has been said that the modern idea of whitewashing, or stonewashing everything is architectural quakerism, with nothing whatever to recommend it excepting the compulsory bondage of a lease; this artistic principle hardly applies to us; because, as we have hinted before, we have no architecture as a substratum for the predicate of quakerism; and we have found the advantage which we are not disposed to relinquish, of whitewashing the house throughout twice a year, besides individual rooms frequently, as a most sanitary and disinfectant agent.

A very great improvement has been made in some of the side windows in the building; the old iron circular prison looking pigeon holes have been removed, and light airy windows substituted. Some of the rooms have been papered, with paper as inexpensive as whitewash; and in a few, home made wash-hand stands introduced; these rooms are very cheerful and light, and are sought after by the oldest residents with an avidity which is proof enough of their additional recommendation. A Bible and Prayer Book are placed at the bed's head of every patient that can read.



Notwithstanding the amount of labour, and tools and instruments in daily use, no single accident has occurred: inspection is the powerful safeguard. Some of the most decidedly insane are the most energetic labourers. A man whose employments are so varied that he never has an idle hour, is now painting and papering rooms with a bandage and slipper on the right foot, to cure a sore which he has on his left. More of the old heavy iron fireguards have been removed, and converted by a patient into fenders, and a few more of the old trough bedsteads have been replaced by home made, and therefore better ones, of American birch with sacking bottoms. The external wall round the side garden has been heightened, and additional improvements are being carried on at the farm. Most have been original; there are some suggested by the Commissioners in Lunacy still in progress, workshops, &c.

In the endeavour to carry out some of the ceaseless suggestions which are given on the internal arrangements of Asylums, it is desirable to avoid the exaltations of non-essentials over realities, which though they be less showy are more important. While everything productive of true comfort should be afforded which tends to expedite recovery, or alleviate incurable malady, it is not right to elevate paupers while in the Asylum, to positions which they must cease to hold directly they leave it. We have several patients, some, young and active men, who shew the like repugnance to work inside the house as from their previous history one is led to suppose they did outside: they are contented with food, shelter, and clothing, and a residence in an abode of ease, without the adjunct of labour or concern. The question of transfer from one institution to another, or of removal temporarily on trial to their parishes, has never been adopted though specially provided for in clauses, 77 and 86, 16th. and 17th. Vic.



The Act seems to contemplate by anticipation such instances of almost vegetative life, and, though it has never been tried here, in those institutions where it has been, the plan has been successful, upon the principle we suppose, that where the expected remedy for the disease is only useless or pernicious, the removal must be advantageous. From the internal improvements which have been effected, and by those still in progress, the capabilities of the house have been in a small degree augmented. We are not now pressed for room as on former occasions it has been necessary to state. Had these alterations not been made, we could not have met the pressure, on the female side particularly, without very great inconvenience ; this will account for what might otherwise be thought a discrepancy ; it is not the opinion which has changed, but the condition of the house on which that opinion was expressed.

There are two suggestions of the Commissioners made in their last report to which it may be desirable to refer, as we hope they will not escape such notice as they merit. The introduction of gas, and the cultivation of more land. The hope of getting rid of the odour of oil, and the danger of candles, and being by the introduction of gas throughout the premises placed on an equality with other institutions, has been encouraged from winter to winter, as the dark days set in ; and, now that the alterations in the kitchen and laundry are completed, we may encourage the hope of being able to accomplish this. The expense of obtaining a supply from Woodbridge would be too great to compensate for its advantages, but this would be overcome by gradually employing the patients in erecting the necessary buildings, and a real and permanent saving effected. On a moderate calculation we are enabled to save one fourth of the expenditure to any given amount, by home labour.



It is not unlikely that more land for spade husbandry might be obtained; and certainly we could very well take from twenty to fifty acres more into home culture. It is true that some of the pastures in possession might be dug up, but they are now profitably farmed, and they afford a great deal of work, and the returning period of haysell is looked forward to with great pleasure by the more permanent labourers. If it should be urged that there is still much work on hand, in carrying out further the suggestions of the Commissioners, in necessary repairs and so on, it may be remembered that the advantages of agricultural labour are far beyond all other; and it is an aphorism that may be extended in application to each resident in an Asylum, with no less propriety than it was originally enjoined on each Royal Academician, that "a man is not getting on because he is employed, but he is getting on who is *properly* employed."

The accumulative testimony of so many past years, in the combination of gradually increasing admissions, a steadily progressing average of cures, and declining average of deaths, is most gratifying, as proof, that the principles and practice of psychology as based upon medical science, ethical truths, and spiritual consolation, which have ever been followed out in this house, are undoubtedly correct and successful, and at length happily recognized in all similar institutions in the country.

J. KIRKMAN, M.D.





# Appendix.

No. 1.

## PATIENTS ADMITTED, DISCHARGED, AND DIED,

From 1st. of January 1856, to 31st. December.

	Males.	Females	Total.
Patients in the House 31st. December, 1855	125	144	269
Admitted in 1856 .....	42	47	89
	167	191	358
	Males.	Females.	Total.
Discharged—cured ..	21	18	39
————— relieved	2	5	7
Died .....	16	15	31
	39	38	77
Remaining in the House 31st. December,			
1856.....	128	153	281



## No. 2.

ASCERTAINED AND SUPPOSED CAUSES OF IN-  
SANITY IN THE 89 PATIENTS ADMITTED  
DURING THE YEAR 1856.

Causes.	Males.	Females.	Total.
Anxiety about Business.....	1	1	2
Anxiety about Illness of Brother ..		1	1
Anxiety about Skin Disease .....	1		1
Catalepsy .....		1	1
Death of Husband .....		1	1
Death of Children .....		2	2
Debility .....	1	1	2
Disappointed Affection .....		1	1
Epilepsy .....	3	1	4
Family Affliction .....		1	1
Fever .....	1	1	2
Fright .....		1	1
Grief about Uterine Disease .....		1	1
Hereditary Predisposition .....	2	9	11
Idiocy .....		1	1
Imprisonment .....	1		1
Indian Climate .....	1		1
Infirmity (Senile) .....	2		2
Illness .....	2	1	3
Injury to Head .....	1		1
Injury to Hand .....	1		1
Intemperance .....	3		3
Over Exertion in Business.....		1	1
Puerperal State .....		3	3
Reduced Circumstances .....	7	9	16
Religion .....	4	1	5
Unknown .....	10	9	19
Wife's Misconduct .....	1		1
Total.....	42	47	89

## TABLE OF ADMISSIONS, DISCHARGES, AND DEATH,

In the whole Twenty-eight Years since the Asylum opened.

Years.	MALES.					FEMALES.					TOTAL.					In the House at the end of each year.	
	Discharged.					Discharged.					Discharged.						
	Cured.					Cured.					Cured.						
	Admitted.	Relieved.	Total.	Died.	Escaped.	Admitted.	Relieved.	Total.	Died.	Escaped.	Admitted.	Relieved.	Total.	Died.	Escaped.	Males.	Females.
1829	72	11	11	11	70	9	2	11	4	142	20	2	22	15	50	55	105
1830	48	12	9	21	34	12	3	15	7	82	24	12	36	18	66	67	133
1831	42	8	4	12	45	19	3	22	10	87	27	7	34	26	80	80	160
1832	42	21	4	25	17	25	20	22	8	67	41	6	47	25	78	75	153
1833	34	18	4	22	14	31	18	5	19	8	65	32	9	41	75	79	154
1834	32	16	7	23	9	32	18	5	23	8	64	34	12	46	77	80	155
1835	39	18	9	27	8	40	15	8	23	6	79	33	17	50	79	91	170
1836	30	11	13	24	7	26	11	16	27	9	56	22	29	51	78	81	159
1837	30	13	5	18	11	46	17	1	18	16	76	30	6	36	27	79	93
1838	35	16	2	18	13	31	21	2	23	7	66	37	4	41	20	82	94
1839	29	15	5	20	10	53	27	9	36	6	82	42	14	56	16	80	105
1840	31	14	1	15	7	38	23	3	26	13	69	37	4	41	20	89	104
1841	35	16	2	18	13	29	16	1	17	9	64	32	3	35	22	93	107
1842	27	10	2	12	10	34	14	2	16	11	61	24	4	28	21	98	114
1843	33	9	6	15	13	34	17	5	22	16	67	26	11	37	29	103	110
1844	36	19	2	21	9	30	13	3	20	13	62	32	2	34	21	109	115
1845	42	22	3	25	13	40	16	1	25	15	81	43	1	44	31	112	127
1846	37	19	1	19	16	44	24	1	25	15	81	43	1	44	31	114	131
1847	44	16	1	17	24	42	13	2	28	18	82	39	2	41	29	123	139
1848	31	13	13	11	51	51	26	2	28	18	82	39	2	41	29	123	139
1849	27	10	11	21	9	55	34	5	39	21	82	44	16	60	30	119	134
1850	36	21	4	25	17	47	29	1	30	14	83	50	5	55	31	113	137
1851	36	25	3	28	20	55	26	8	34	15	91	51	9	62	35	101	143
1852	51	22	2	24	17	47	28	8	36	13	98	50	10	60	27	111	144
1853	49	22	2	24	19	44	20	7	27	17	33	42	9	51	36	117	144
1854	34	22	3	25	15	47	24	2	26	15	81	46	5	51	30	111	150
1855	43	10	2	12	17	40	23	3	31	15	83	38	5	43	32	125	144
1856	42	21	2	23	16	47	18	5	23	15	89	39	7	46	31	128	153
Total.	1067	450	108	558	373	81157	562	111	663	541	2224	1002	217	1221	714	8	

Average number of Patients for the Twenty-eight Years,—298. Daily Average for the Year 1856,—270.

## ADMITTED—IN THE YEAR 1856.

Cases not exceeding three months' duration and first attack.	Cases not exceeding twelve months' duration and first attack.	Cases not exceeding two years' duration and first attack.	Cases not exceeding two years' duration and first attack.	Cases of more than two years' duration, and first attack.	Cases of those who have had previous attacks.
32	10	3	5	39	
DISCHARGED—IN THE YEAR 1856.					
Cases cured, not having been insane more than three months before admission, and discharged within six months.	Cases cured, not having been insane more than twelve months before admission, and discharged within two years.	Cases cured, having been insane two years and upwards, before admission.	Cases cured, having had previous attacks.	Cases not cured, discharged by order of friends, and by order of the Magistrates, as improper objects.	7
15	6	6	13		



Through the Twenty-eight Years since the Asylum opened, with a Total of each Twelve Months, ending 31st. December, 1856.

[illegible]

## No. 6.

OCCUPATIONS OF THE 89 PATIENTS ADMITTED  
IN THE YEAR 1856.

Occupations.	Males.	Females	Total.
Agricultural Labourers .....	27		27
"        "    Wives ....		20	20
"        "    Daughters		4	4
"        "    Widows ..		1	1
Blacksmith .....	1		1
Bricklayer's Wife .....		1	1
Cabinet-maker .....	1		1
Carpenter's Wife .....		1	1
Charwoman .....		1	1
Domestic Servants .....	3	5	8
Draper's Assistant .....		1	1
Fishmonger .....	1		1
Gardener's Daughter .....		1	1
Hay Trusser .....	1		1
Hurdle-maker .....	1		1
Housekeepers .....		4	4
No occupation (Idiots) .....	2	1	3
Nursemaid .....		1	1
Sailor .....	1		1
Shepherd .....	1		1
Straw Bonnet-makers .....		2	2
Shoe-maker's Wives .....		2	2
Tailor .....	1		1
Tailor's Wife .....		1	1
Upholsterer .....	1		1
"    Wife .....		1	1
Veterinary Surgeon .....	1		1
Total, .....	42	47	89



## No. 7.

RELIGIOUS DENOMINATION OF THE 89 PATIENTS  
ADMITTED IN THE YEAR 1856.

Religious Denomination.	Males.	Females.	Total.
Church of England .....	30	29	59
Protestant Dissenters .....	4	6	10
Baptists .....		5	5
Wesleyan Methodists .....	2	1	3
Mormonites .....	2	1	3
Independents.....	1	1	2
Unknown .....	3	4	7
Total.....	42	47	89

## No. 8.

DEGREE OF EDUCATION OF THE 89 PATIENTS  
ADMITTED IN THE YEAR 1856.

Degree of Education.	Males.	Females.	Total.
Able to Read and Write .....	13	14	27
Can Read only .....	13	14	27
Unable to Read .....	16	19	35
Total.....	42	47	89

## No. 9.

FROM THE 89 PATIENTS ADMITTED IN 1856.

	Males.	Females.	Total.
Discharged, cured.....	10	9	19
„ relieved.....	1	1	2
Died .....	7	4	11
Total	18	14	32

## No. 10.

DOMESTIC CONDITION OF THE 89 PATIENTS  
ADMITTED IN 1856.

	Males.	Females.	Total.
Married .....	20	30	50
Single .....	18	13	31
Widowed .....	4	4	8
Total.....	42	47	89



## No. 11.

## AGES OF PATIENTS ON ADMISSION IN 1856.

From Ten to Twenty.		Twenty to Thirty.		Thirty to Forty.		Forty to Fifty.		Fifty to Sixty.		Sixty to Seventy.		Seventy and upwards.		TOTALS.		
M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
2	2	6	13	6	10	10	7	8	8	7	5	3	2	42	47	89
AGES OF PATIENTS DIED IN 1856.																
From Ten to Twenty.		Twenty to Thirty.		Thirty to Forty.		Forty to Fifty.		Fifty to Sixty.		Sixty to Seventy.		Seventy and upwards.		TOTALS.		
M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
0	0	3	2	2	2	6	3	2	2	1	3	2	3	16	15	31



## No. 12.

TABLE EXHIBITING THE CAUSES OF DEATH, FORM OF INSANITY, DURATION OF THE MENTAL MALADY, AND PERIODS OF RESIDENCE IN THE ASYLUM, IN THE CASES WHICH TERMINATED FATALLY DURING THE YEAR 1856.

Nos.	Age.	Sex.	Cause of Death.	Period of Residence in the Asylum.	Total Duration of Insanity.	Form of Insanity.
				Yrs. Mos. Dys.	Yrs. Mos. Dys.	
1	38	M.	Epilepsy ~~~~~	3 7 22	3 11 22	Epileptic Dementia
2	24	M.	Cerebral Disease ~~~~~	6 0	1 6 0	Dementia
3	45	M.	Phthisis ~~~~~	12 5 25	15 5 25	Mania
4	34	M.	Meningitis ~~~~~	19	2 0 19	Paralytic Mania
5	66	F.	Gradual Exhaustion ~~~~~	6 0 0	6 0 7	Mania
6	67	F.	General Visceral Disease ~~~~~	6 10 0	7 10 0	Mania
7	39	M.	Chorea ~~~~~	3 2 0	7 2 0	Mania with Chorea
8	60	F.	Chorea ~~~~~	1 4 0	11 4 4	Mania with Chorea
9	36	F.	Paralysis ~~~~~	1 10 0	2 1 6	Paralytic Mania
10	35	F.	General Paralysis ~~~~~	7 5	8 5	General Paralysis
11	53	M.	Phthisis ~~~~~	25 10 0	Unknown	Mania
12	56	F.	Gradual Exhaustion ~~~~~	9 0 9	From Birth	Mania
13	57	F.	Gradual Exhaustion ~~~~~	2 1 2	2 5 2	Mania
14	29	M.	Pulmonary Disease ~~~~~	1 5 4	1 5 11	Melancholia
15	80	F.	Senile Infirmary ~~~~~	26 0 0	36 0 0	Mania
16	47	F.	Maniacal Exhaustion ~~~~~	4 27	5 27	Mania
17	68	M.	General Debility ~~~~~	25	Unknown	Recurrent Mania
18	47	M.	Maniacal Exhaustion ~~~~~	4 22	6 0	Mania
19	65	F.	Paralysis ~~~~~	1 21	7 21	Mania
20	45	M.	Pulmonary Disease ~~~~~	3	2 0 3	Melancholia
21	48	M.	General Debility ~~~~~	3 6 33	3 11 33	Melancholia
22	53	F.	Maniacal Exhaustion ~~~~~	19	29	Mania
23	43	M.	Maniacal Exhaustion ~~~~~	8 0	9 12	Mania
24	88	F.	Anasarca ~~~~~	19 6 9	Unknown	Mania
25	90	M.	Senile Infirmary ~~~~~	9 3	1 1 3	Imbecility
26	38	M.	Exhaustion ~~~~~	2 6 7	2 10 7	Mania
27	22	M.	Mesenteric and General Visceral Disease ~~~~~	2 5 5	2 6 12	Mania
28	49	F.	Gradual Exhaustion ~~~~~	1 6	1 13	Mania
29	57	M.	Exhaustion ~~~~~	12	2 12	Melancholia
30	66	F.	Exhaustion ~~~~~	6 6 5	6 10 5	Mania
31	64	F.	Cardiac Disease ~~~~~	5 5 3	9 5 3	Mania



No. 13.  
DIET TABLE OF THE SUFFOLK LUNATIC ASYLUM.

December 31, 1856.

DAY.	BREAKFAST.	DINNER.	SUPPER.
SUNDAY.	Each Patient, 6ozs. of Bread with Gruel made of 10lbs. Groats and 8galls. of Milk.	Males, 8ozs. Bread, $1\frac{1}{2}$ oz. Cheese, and $\frac{3}{4}$ -pint Beer. The Females the same, except 1oz. Bread.	Males, 8ozs. Bread, $\frac{3}{4}$ oz. Butter, $\frac{3}{4}$ pint Tea. Females, the same, except 1oz. Bread.
MONDAY.	Ditto.	Suet Dumplings and Rice Puddings. Males, 1lb. each. Females $\frac{3}{4}$ lb. ditto, and $\frac{3}{4}$ -pint Beer.	Males, 8ozs. Bread, $1\frac{1}{2}$ oz. Cheese, $\frac{3}{4}$ pint Beer. Females, the same, except 1oz. Bread.
TUESDAY.	Ditto.	Males, 6ozs. Meat, 4ozs. Bread. and Vegetables. Females, the same, with $\frac{3}{4}$ -pint Beer each.	The same as Sunday.
WEDNESDAY.	Ditto.	Soup from Tuesday, with 2ozs. additional Meat. Males, 7ozs. and the Females, 6ozs. Bread.	The same as Monday.
THURSDAY.	Ditto.	The same as Monday.	The same.
FRIDAY.	Ditto.	The same as Tuesday.	The same as Tuesday.
SATURDAY.	Ditto.	The same as Wednesday.	The same as Wednesday.

The simplest calculation is, 2lbs. of uncooked Meat with bone, for each Pauper Patient weekly, subject to discretionary addition, and sub-division.



No. 14.  
FARM AND GARDEN ACCOUNT,  
In the Year 1856.

Dr.	1856.	£.	s.	d.	Cr.	£.	s.	d.
Jan. 1.	To Live and Dead Stock, valued at .....	115	6	0				
Dec. 31.*	Paid for Labour .....	35	0	0				
	Rates and Taxes .....	10	15	4				
	Tithes .....	8	16	3				
	Paid for Corn, Meal, and sundry expenses .....	55	16	3				
	Estimated Rent of 25 Acres of Land .....	58	10	0				
	Balance .....	126	19	8				

• This sum is included in Salaries and Wages.



## CONTRACT PRICES.

For the year ending December, 1856.

	1st. Quarter.		2nd. Quarter.		3rd. Quarter.		4th. Quarter.	
	s.	d.	s.	d.	s.	d.	s.	d.
Beef, good Steer, by side								
..... cwt.	44	0	40	0	42	0	42	0
Wether Mutton, by side								
or carcase .....lb.		6		6		6		6
Bread, per loaf, 4lb. 4oz.								
18 hours baked .....		8½		7		7		7
Flour, seconds ....sack	55	0	48	0	48	0	48	0
Malt .....coomb.	37	0	37	0	36	0	36	0
Hops .....cwt.	100	0	98	0	80	0	80	0
Sugar, loaf .....lb.		6		5½		6		6
„ good soft ..cwt.	42	0	34	0	40	0	40	0
Molasses or Treacle, cwt.	28	0	16	0	18	0	18	0
Vinegar .....gallon	1	3	1	6	1	3	1	3
Soap, good .....cwt.	32	0	30	0	25	0	25	0
„ soft, firkin 64lbs. net	18	0	16	6	16	6	16	6
Cheese, Edam ....cwt.	58	0	60	0	52	0	52	0
„ Derby.....cwt.	72	0	74	0	72	0	72	0
Groats .....cwt.	20	0	17	0	19	6	19	6
Peas, boilers ....bushel	6	9	5	9	5	0	5	0
Butter ..firkin 56lbs. net	58	0	56	0	56	0	56	0
Tobacco, shag .....lb.	3	3	3	2	3	2	3	2
Snuff, Scotch.....lb.	3	3	3	2	3	2	3	2
Candles .....dozen	7	0	5	9	5	6	5	6
Best Stone Blue ....lb.	1	0	1	0	1	0	1	0
Pearl Ash .....cwt.	42	0	41	0	42	0	42	0
Soda .....cwt.	5	0	5	9	5	0	5	0
Pepper .....lb.	1	0	1	0	1	0	1	0
Starch .....lb.		6		5½		6		6
Mustard .....lb.		6		6		6		6
Carolina Rice .....cwt.	20	0	22	0	20	0	20	0
Wheat Straw in Trusses								
..... cwt.	2	6	2	6	2	0	2	0
Coals, best Newcastle, ton	19	9	19	9	18	0	18	0
„ Blyth .....ton	19	9	19	9	18	0	18	0
Welsh Stone.....ton	32	0	32	0	28	0	28	0
Cinders .....chal.	16	0	16	0	20	0	20	0



## No. 16.

TABLE SHEWING THE WEEKLY AND ANNUAL CHARGE FOR EACH PATIENT, SINCE THE ASYLUM OPENED.

Years.	1st. Quarter. Per Week.		2nd. Quarter. Per Week.		3rd. Quarter. Per Week.		4th. Quarter. Per Week.		Annual Charges.		
	s.	d.	s.	d.	s.	d.	s.	d.	£.	s.	d.
1829	12	2	8	2	7	0	8	2	22	19	10
1830	7	7	6	5	5	3	7	0	17	1	3
1831	7	0	7	7	5	10	7	0	17	16	5
1832	6	5	5	10	5	10	5	10	15	10	11
1833	5	10	5	10	5	3	5	10	14	15	9
1834	5	10	5	3	5	10	5	10	14	15	9
1835	7	0	5	3	4	8	5	10	14	15	9
1836	5	10	5	3	5	10	5	10	14	15	9
1837	7	0	5	10	5	10	5	10	15	18	6
1838	6	5	5	10	5	10	6	5	15	18	6
1839	7	0	6	5	5	10	6	5	16	13	8
1840	7	0	6	5	6	5	7	0	17	8	10
1841	7	0	6	5	6	5	7	0	17	8	10
1842	7	0	6	5	5	10	6	5	16	13	8
1843	6	5	5	10	5	10	6	5	15	18	6
1844	6	5	6	5	6	5	6	5	16	13	8
1845	7	0	6	5	5	10	6	5	16	13	8
1846	7	0	7	0	6	5	7	7	18	4	0
1847	7	7	8	2	8	9	7	7	20	17	1
1848	8	2	8	2	8	2	8	9	21	12	3
1849	7	7	5	3	5	10	6	5	16	6	1
1850	7	0	5	10	5	10	6	5	16	6	1
1851	5	10	5	3	5	3	6	5	14	15	9
1852	6	5	6	5	6	5	6	5	16	13	8
1853	7	0	7	0	7	0	7	10 $\frac{1}{2}$	18	15	4 $\frac{1}{2}$
1854	8	6	8	0	8	0	8	9	21	12	3
1855	8	9	8	9	8	9	8	9	22	15	6
<b>1856</b>	8	9	8	9	8	0	7	6	21	9	0



No. 17.

## HEADS OF EXPENDITURE.

Ending December 1856.

		£.	s.	d.
Meat, lbs.....	38951	744	6	7
Bread, loaves $4\frac{3}{4}$ lbs. each....	30374	968	7	10
Flour, sts. ....	1100	141	16	0
Butter, lbs. ....	2904	142	13	4
Oatmeal, lbs. ....	6190	51	19	2
Tea, lbs. ....	443	98	10	0
Cheese, lbs. ....	8528	219	15	5
Soap, Pearlash, Soda, and Blue, lbs. ....	12106	131	12	9
Grocery .....		200	1	8
Candles, lbs. ....	1356	43	19	1
Coals, tons .....	331	315	9	3
Wood, loads .....	18	17	8	0
Medicines, Wine, and Spirits		76	12	0
Table Beer and Porter.....		400	16	7
Clothing and Linen .....		548	4	8
Sundries .....		102	12	4
Salaries and Wages .....		1035	19	6
Total.....	£	5240	4	2

HENRY PIZEY, *Clerk.*GEORGE DURRANT, *Steward.*