Report of the medical officers with the accounts of the treasurer of the Norfolk Lunatic Asylum, for the year 1861.

Contributors

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REPORT

OF

THE MEDICAL OFFICERS

WITH

The Accounts of the Treasurer,

OF

THE NORFOLK LUNATIC ASYLUM,

FOR THE YEAR, 1861.

NORWICH:

SAMUEL DAYNES, PRINTER AND BOOKBINDER, SAINT STEPHEN'S STREET.

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NORFOLK LUNATIC ASYLUM

Medical Officers' Annual Report

FOR THE YEAR, 1861.

TO THE COMMITTEE OF VISITORS.

The events of the past year have been so varied as affecting the conduct and management of the Establishment, that it is almost impossible for those who, at the close of the twelve months, find themselves comparative strangers in office, to attempt the same careful retrospect which has hitherto been the annual custom.

Subjoined are the usual statistical Tables having reference to the number of admissions, discharges, and deaths during the year.

One hundred and forty nine patients have been admitted, of whom 81 were men, and 68 women. On the 31st of December, 1861, there were resident in this Institution 372 patients, of whom 176 were men, and 196 women. The total number under treatment during the year has been 489 of whom 233 were men and 256 women. The daily average of those resident was 368.

Among the discharges, 61 were considered as recovered, viz. 28 men and 33 women; 6 women as relieved; and 5 men were removed to the Cambridgeshire Asylum not improved.

There have been 45 deaths, 24 on the male and 21 on the female side.

The death of one patient alone involved the necessity of a Coroner's Inquest. A man aged 72, was admitted in a state of extreme exhaustion and only survived his removal here a few hours.

It is a matter of regret that such cases should be sent to an Asylum when so near dissolution, as the patient then only needs such nursing as can easily be secured elsewhere.

The Tables exhibit a larger number of admissions during this than any previous year, but the excess is explained by the fact that in May last, 34 patients, viz. 23 men and 11 women, chargeable to the City of Norwich, were transferred to this Institution from the Infirmary Asylum where they had until then been collected.

It is a source of pain and regret to observe how very many of the cases maintained in this Asylum are incurable.

Restraint has been employed in one instance during the year. This much canvassed method of treatment was found necessary in the case of a male patient, admitted in November, suffering from severe maniacal excitement. The attempts of this patient to injure himself were of so determined and dangerous a character, that, when medicines, careful watching, and the "soothing influence" of the padded room, had failed to allay the excitement, the ordinary strait waistcoat was applied for twelve hours, and with the happiest result.

The Commissioners in Lunacy visited the Asylum in April last, and made the following Report:—

"1861, April 20, Norfolk County Asylum. There are now in this Asylum 343 patients, of whom 156 are males and 187 are females. The admissions since the last Commissioners' visit have been 108; 55 men and 53 women. The discharges have been 46; 20 men and 26 women. The deaths have been 47; 23 men and 24 women. The principal causes of deaths have been General Paralysis, Phthisis, "Epilepsy, some few cases of Apoplexy, and gradual decay from debility and age.

"Thirty nine patients are now registered as under medical treatment; 17 men "and 22 women. Of these we saw to-day in bed, 9 men and 6 women. Another "patient whom we saw in bed was then under seclusion, for an attack which he had "made on two attendants. There has been only one case of restraint (that of a patient who had attempted suicide) since the last Commissioners' visit, and 27 of seclusion, ten men and seventeen women.

"The number of patients in the Asylum now employed in lucrative work, are "80 men and 156 women. Of these upwards of 40 men are daily engaged in field "and garden labour, and on the female side, besides those employed in the Laundry, "the Kitchen, and as helpers in the Wards and Corridors, 72 occupy themselves "with needlework, 18 with stocking knitting, and 19 with fancy work. Great pains "are taken to render as efficient as possible these arrangements for the profitable "employment of the patients, and we saw everywhere satisfactory indications of the "good effect which is thereby produced.

"We saw all the patients of both sexes, and found them with the few exceptions above referred to, in good bodily condition, and for the most part very quiet,
cheerful, and free from all excitement. Mr. Casson accompanied us through the
Wards and rooms, and we pointed out to him the cases of such patients as appeared to us to be improving, and in which there is reasonable hope of early discharge.
All the arrangements noticed in recent entries of our Colleagues to add to cheerfulness of the Wards, Day rooms, Bedrooms, and associated Dormitories, by
paintings on the walls, engravings in frames, looking glasses, and matters of ornament, have been continued and carried out in the new rooms; and the greenhouses
in immediate connection with Wards No. 1 on each side of the Asylum, together
with Aviaries, Vivarium, plants and flowers, contribute to the enjoyment of the
patients, and afford a relief and variety which they appear to appreciate.

"The recommendations for better ventilation made by our Colleagues have been carried out, and the state of the Infirmary Wards is now perfectly satisfactory. In the new rooms over the Laundry the upper portions of the windows have no protection from the sun, and we strongly recommend that blinds should be placed there. The provision for washing in the single rooms and associated dormitories is excellent, all that was wanted in this respect having been supplied; but we found upon enquiry that on both sides of the Asylum, two patients are occasionally placed in the same bath at the same time, and Mr. Casson has promised us that this practice shall no longer be continued.

"We saw 316 patients (147 males 169 females) dining at the same time in the "great dining Hall, and nothing could be better than the arrangements, or more "orderly than the conduct of all the patients. The dinner consisted of beef dump-"lings, rice, and potatoes, with half a pint of beer to each patient; all of which was "tasted and found extremely good. There are no soup days here. Meat pies and "beef dumplings are the allowance on four days of the week, and on the remaining "three days four ounces to each of cooked meat.

"The number of straw beds continue to be slowly diminished, and we agree "with our Colleagues in what has been said at various times on this subject, and "also as to the expediency of changing the body linen oftener than once a week, "and the propriety if possible of establishing schools or readings. A dance is at "present given once a fortnight, and other entertainments are also occasionally pro"vided. The supply of books, too, and of entertaining periodicals is abundant.
"The average attendance at Chapel on Sundays is 262, and on week days 231.

"The impression generally derived from our visit has been very favourable, and it is only just to the Matron to mention, particularly, the highly creditable state

"of the female side of the Asylum. The dresses are all very neat and good, and cleanliness, order, and comfort are everywhere apparent. Some suggestions have been made by us for further improvement, and among other things we have recommended the use of sponge baths, and have pointed out the advisability of planting the Airing Courts with shady trees, and of providing, at intervals, a succession of Lectures and Concerts.

"There are at present vacancies for 64 men and 33 women. On enquiry we find that there is not sufficient regularity or attention on the part of the Clerks of the Boards of Guardians in making the Quarterly Returns, and we think that some steps "should be taken to ensure in this respect a more strict compliance with the law."

(Signed)

JOHN FORSTER, S. GASKELL.

As regards the suggestion that the Asylum should be furnished with "sponge baths," it is only needful to observe, that, to furnish such an article was considered to be a measure superfluous in the case of paupers already provided with accommodation amply sufficient for the purposes of health and cleanliness.

Mr. Firth, who, till the middle of October, acted as Visiting Surgeon, has most courteously afforded us all the information and assistance in his power, and we are enabled to state that the general health and condition of the patients throughout the year has been good, and that no casualty has occurred among them to mar the ordinarily smooth course of events.

WILLIAM C. HILLS, M.D., G. MACKENZIE BACON.

TABLE I.

Showing the Admissions, Discharges, and Deaths, from May, 1814, to December 31st, 1861.

				Male.	Female	Total.	Male.	Female	Total
Admitted since May, 1814		den	AAI				1343	1587	2930
Discharged	-		-	627	822	1449		2 8	
Died			-	564	577	1141		Alei	
Total of Discharges and Deaths	1		ug.	-	-	-	1191	1399	2590
Remaining December 31st, 1860	-8.	-	12.	07			152	188	340
Admitted during 1861 -	-	-	-			-	81	68	149
Total under Treatment in 1861	-	-	68 - 68 -	10 - 0		-	233	256	489
Discharged Recovered -	- 3/1	01-	ar is	22	22	44		100 E	
" Ditto after Probation		-	75-	6	11	17		1861	
" Relieved -	-	-	-	0	6	6		ed i de	
" Not Improved	-11		19 -	5	0	5	18	1005	
Died	-			24	21	45		1881 1881 2581	
Total Discharged and Died	-11	1	-			. 6	57	60	117
Remaining December 31st, 1861	- 25	-	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	OF -		1	176	196	379
Average Number Resident during	1861	-	10.7	10 . 0	1 18		172	196	368

TABLE II.

Showing the Admissions, Discharges, and Deaths, from May 18th, 1814, to December 31st, 1833, thence to December 31st, 1861, beginning the 1st day of each Year up to the last.

nsos	inning		lmission g each			ischarge g each		durin	Deaths g each	Year.		rage nu dent in Year.		nual per cent.
Number.	Years beginning May 18th.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Mean Annual Mortality per cent. Resident.
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	1814 1815 1816 1817 1818 1819 1820 1821 1822 1823 1824 1825 1826 1827 1828 1829 1830 1831 1832	33 15 22 24 11 18 20 18 18 11 16 13 19 19 27 21 24 25	33 18 31 20 20 16 26 29 23 16 30 28 21 15 25 23 24	66 33 53 44 31 34 46 47 41 27 46 41 40 34 52 44 48 76	6 7 7 10 9 10 9 12 9 12 7 12 5 13 15	6 17 13 15 17 10 15 13 11 11 21 20 9 13 10 11 20	12 24 20 25 26 20 24 25 20 19 30 32 16 25 15 24 35	3 6 4 4 7 4 2 12 7 11 3 3 4 12 10 11 6 13	1 2 7 6 1 3 6 7 7 6 2 8 8 8 8 14 8 8	4 8 11 10 8 7 8 19 14 17 5 11 12 20 16 25 14	20 30 33 47 47 46 52 50 52 54 52 56 66 65 65 78	20 30 34 40 42 40 41 44 54 48 57 59 65 66 67 65 82	40 60 67 87 89 86 93 94 106 102 109 114 117 112 126 132 130	10·1 13·3 14·28 11·49 8·98 8·13 8·60 20·21 13·20 16·66 4·58 9·64 10·25 17·86 12·69 18·94 10·76 14·0
	1833 May 1 to) Dec. 31	24 17	31	55 36	12	15	27	17	9	28	76	72 84	158	17:72
21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 54 46	1834 1835 1836 1837 1838 1839 1840 1841 1842 1843 1844 1845 1846 1847 1848 1849 1850 1851 1852 1853 1854 1855 1856 1857 1858 1859	20 28 28 25 30 24 32 29 26 31 38 32 38 39 35 40 36 34 28 41 41 56 55	30 22 20 21 29 24 39 31 32 38 22 42 41 51 51 39 52 43 47 48 48 44 60 56 55	50 50 48 46 59 48 71 60 58 69 67 74 80 70 86 91 76 85 83 82 76 85 101 112 110	11 13 8 9 11 6 13 11 16 17 15 14 10 12 23 19 19 10 5 20 19 18 21 36 28 36 28 36	13 14 11 8 9 12 14 7 20 20 16 10 21 19 22 18 23 16 21 26 34 33 20 33 29 27	24 27 19 17 20 18 27 18 36 37 31 24 31 45 37 42 26 46 54 51 41 69 57 63	16 18 18 17 17 17 19 8 18 14 21 16 11 9 18 9 18 19 12 14 19 14 19 14 19 14 19 19 19 19 19 19 19 19 19 19 19 19 19	14 10 13 15 18 14 14 14 14 18 22 15 17 13 18 19 17 19 14 18 17 14 20 19 14 28 23	30 28 31 32 35 33 22 22 43 31 28 22 36 28 35 38 26 32 36 28 37 29 44 42	70 75 68 68 72 70 81 80 76 72 70 80 94 95 100 115 110 120 130 139 139 135 141 134 135 133	93 94 94 96 94 92 90 99 95 94 86 100 105 110 120 130 140 153 165 165 161 157 165 177 179	163 169 162 164 166 164 173 170 175 167 164 166 194 200 210 235 240 260 283 304 304 296 298 299 312 312	18·46 13·60 18·40 19·25 21·11 20·12 12·71 24·70 12·57 26·35 18·96 16·88 11·45 18·0 13·33 14·89 15·83 10·0 11·30 11·70 9·21 10·81 12·41 8·60 14·10 13·46

TABLE III.

FORM OF INSANITY IN PATIENTS ADMITTED DURING 1861.

					Male.	Female	Total
Mania (simple or recurrent)		 	···	27	19	46
" Acute …			 	to dily b	7	10	17
" Chronie			 		6	7	13
,, with General Paraly	rsis		 		8	0	8
" with Epilepsy			 		6	4	10
Melancholia			 		19	9	28
Dementia			 	42/ W/ Jana	7	4	11
Imbecility					3	2	5
Idiocy			 		3	0	3
" with Epilepsy			 		5	0	5
Not Insane			 		1	2	3
		Total	 		92	57	149

TABLE IV.
Showing the Occupations of those admitted in 1861.

		Male,	Female.	Total			
Labourers, and the Wives		26	21	47			
Bakers					2	0	2
Charwomen					0	3	3
Domestic Servants					0	14	14
Tailors					2	0	2
Carpenters, Sawyer, and	Wife of				6	1	7
Millwright					1	0	1
Glaziers and Wives of					2	2	4
Farmers and Wives of					4	2	6
Blacksmith's Wife					0	1	1
Shopkeepers	•••				4	1	5
Ostlers and Horsebreaker					4	0	4
Stonemasons					2	0	2
Weavers					2	0	2
Straw Bonnet Maker					0	1	1
Schoolmistress		***			0	1	1
Carrier's Wife			•••		0	1	1
Watchmaker					1	0	1
Bricklayers, Plasterers, ar	d Wife o	f			4	1	5
Brickmakers					3	0	3
Pipe Maker					1	0	1
Harness Makers and Wife	of				2	1	3
Seamen					2	0	2
Cooper				***	1	0	1
Soldiers					4	0	4
Wife of a Clergyman					0	1	1
Nurse					0	1	1
No occupation					20	4	24
	To	otals			93	56	149

TABLE V.

CIVIL CONDITION OF THE PATIENTS ADMITTED, 1861.

Nonale, Poul.		umb			1	RELIG	ious i	PROFE	ESSION		
Marriage.	M.	lmitt	red.	Eng	ch of land.	Cath	man iolics. Female	Disse	estant enters.	Ascer	Not tained.
	- III.			Maie.	Female	Maie.	remate	Maie.	remaie	Maie.	remai
Married	39	37	76	25	27	0	0	9	12	0	0
Widowed	4	5	9	2	4	0	0	1	1	0	0
Single	38	26	64	20	23	1	0	12	5	5	2
Totals	81	68	149	47	54	1	0	22	18	5	2

TABLE VI.

Assigned Causes of Illness in Patients Admitted.

Coup de Soleil	 		 	1
Anxiety and Grief	 		 	4
Debility	 		 	8
Hereditary Tendency alone	 		 	12
Husband's Infidelity	 		 	1
Religious Excitement	 1001		 	8
Small Pox	 		 	1
Superlactation	 - T		 	1
Blow on the Head	 		 	2 8
Domestic Affliction	 		 	8
Epilepsy	 		 	9 8
Intemperance	 	***	 	8
Old Age	 	.,,	 	6
Uterine Disease	 		 •••	1
Opium Eating	 	***	 	2
Reduced Circumstances	 		 	4
Disappointed Affections	 		 	2
Puerperal Fever	 		 	5
Phthisis	 		 •••	1
Fever	 		 •••	1
Ill Treatment	 		 •••	1
Amenorrhœa	 		 •••	1
Unknown	 		 •••	51
Congenital	 		 	11
	Total		 	149

TABLE VII.

Causes of Death in the Patients who have Died during 1861.

CAUSES OF DEATH.										. Female.	Total.
Cananal Panalusia			1000	717	150	yal?	1 35	olilin	0	1	0
General Paralysis								37	0	9	7
Gradual Decay									4	0	-
Exhaustion after Mania									2	9	1
Chronic Disease of the	Brai	n	. 0					. 2	3	1	4
Anasarca .									0	1	- 1
Epilepsy .									3	1	4
Apoplexy .									1	1	2
Pneumonia .						no.		1	0	1	1
Strumous Disease									2	1	3
Disease of the Heart			1						1	0	1
Enteritis .									2	0	2
Intestinal Obstruction									1	0	1
									0	1	1
Typhoid Fever	*				-				0	1	1
Phthisis .	*								0	2	2
		Tota	ls	A PERIO		op. Its		OF IN	27	18	45

TABLE VIII.

Showing the Ages of those Discharged Recovered, and those who have Died in 1861.

							Disch	arged Reco	vered.		Died.			
				AGE			Male.	Female.	Total.	Male.	Female.	Total.		
Fron	15	to	20	years			4	2	6	0	0	0		
,,		,,	00	,,			5	8	13	3	1	4		
"		,,		,,			3	10	13	5	5	10		
"		,,		33			9	8	17	6 3	4	10		
"	50	,,	60	"			6	6	12		2	5		
"		,,		"			3	1	4	2	5	7		
,,	70	,,	80	,,	•••		0	2	2	4	3	7		
"	80	,,	90	"		•••	0	0	0	. 0	2	2		
					Totals		30	37	67	23	22	45		

TABLE IX.

Showing the Duration of Disease on Admission.

Duration of Disease.	Male.	Female.	Total.
First Class:— First Attack, and not more than three months' duration	34	29	63
SECOND CLASS:— First Attack of more than three, but less than twelve months' duration	12	14	26
THIRD CLASS:— Not First Attack, and not more than twelve months' duration	6.	11	17
FOURTH CLASS:— First or not First Attack, and more than twelve months' duration	29	14	43
Total	81	68	149

TABLE X.

PER CENTAGES OF THE YEAR 1861.

					Per Cent
Of Admissions on the Number remaining at the End	l of las	t Year	-	-	43.82
" Re-admissions on the Admissions -	-	**	-	-	15.43
" Recoveries on the Admissions -	-		-	-	40.94
" Ditto on the mean number daily resident	-				16.57
" Ditto on the Whole Number under Treatment	-	-		-	12.47
" Deaths on the Admissions	-	-	-	-	30.20
" Ditto on the Mean Number Daily Resident	-	dir areas	-	-	12.22
" Ditto on the Whole Number under Treatment	-	-		-	9.20

TABLE XI.

DIETARY FOR PATIENTS.

	1	Tea.	pt.	sole.	क्ष	প্ৰেক	c3 4 r	ব্যক	ংগক	c3/4r
	FEMALES.	Butter.	"Zo	Hos	Hick	-101	Hist	H01	-101	HI00
	FE	Bread.	0Z.	10	20	5	20	5	5	5
SUPPER	- Minh	Meat Broth.	pt.	:	-	-	-	:	-	:
ls s	ES.	Beer.	pt.	-405	:	rd04	:	-101	:	H055
	MALES	Ореезе.	0Z.	63	:	22	:	22	.:	2
		Bread.	oz.	9	9	9	9	9	9	9
	21	Beer.	pt.	-los	HOT	-H01	-101	HICK	-ioł	-105
		Bread.	.Z0	2	:	2	:	22	:	:
	ALES.	Vegetables.	oz.	12	12	12	12	12	12	12
	FEMALES.	Meat Dumpling.	.zo		:	:	103	:	:	101
		Meat Pie.	.zo	:	$10\frac{1}{2}$:	:	:	$10\frac{1}{2}$:
DINNER.		Cooked Meat.	oz.	4	:	4	:	4	:	:
DIN		Beer.	pt.	-dos	01	rdos.	-(01	His	400	-101
		Bread.	oz.	22	:	23	1	61	:	:
	Mades.	Vegetables.¶	.zo	12	12	12	12	12	12	12
	MA	Meat Dumpling.	.zo	:	:	:	$10\frac{1}{2}$:	Ţ.	$10\frac{1}{2}$
		Meat Pie.§	.Z0	:	$10\frac{1}{2}$:	:	:	103	1:10
		Cooked Meat.;	oz.	4	:	4	:	4	:	
	00	TeaT	pt.	Ø4	c0141	c3 (4)	c5 41	c344	c3/44	c21-61
AST.	FEMALES.	Butter.	oz.	⊢ 10₹	H(0)	⊸ 10₹	HI01	H03	HIC3	-400
BREAKFAST.	H	Bread.	oz.	5	20	10	50	5	5	23
BR	MALES.	Milk Broth•	pt.	170	To To	107	13	To T	rec T	135
	MA	Bread	oz.	9	9	9	9	9	9	9
	Dars	ог тне Wеек.		SUNDAY	Monday	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY

* The Milk Broth is made from \$\frac{2}{4}\$ pint of New Milk, thickened with Oatmeal, to which \$\frac{1}{4}\$ pint of water is added.

\$\frac{7}{1}\$ loz. of Tea, \$4\$ oz. of Sugar, \$\frac{4}{4}\$ pint of Milk—to \$\frac{5}{4}\$ pints.

\$\frac{1}{4}\$ made of \$2\frac{4}{4}\$ oz. of Mutton or Beef, Roast or Boiled.

\$\frac{1}{4}\$ Meat Pie is made of \$2\frac{4}{4}\$ oz. of Meat to 8 oz. of Crust.

\$\frac{1}{4}\$ loz. of Potatoes, or if other Vegetables, at least 6 oz. of Potatoes.

EXTRA DIET.—For Out-door Workers, Artizans, Laundry Women, &c., half-pint of Beer, with Bread and Cheese, at Eleven o'clock a.m., and Four p.m.

FARM AND GARDEN ACCOUNT.

From January 1st, 1861, to January 1st, 1862.

1861. £ s. d. Jan. 1. By Sale of Pigs during	1861. £ s. d
the Year 121 15 6	Jan. 1. Value of Live Stock pur- chased during the year 50 19
" Onions 0 19 0 " Bones 8 2 6 " Mangel Wurzel Seed 5 5 0 " Beans 0 16 6	Manure
"Barley 5 7 6 "Potatoes 0 3 9 Treasurer on Account of	Provender
Vegetables and Eggs consumed in the Asylum 155 15 3 Dec. 31. Present Value of Live Stock	Chaff Cutter
Extra Labour for other purposes, by Horses and Man 36 0 0	Dec. 31. Swill and Bones from House 18 2 6 Rent of Land, 27 Acres, at 35s 47 5 6 By Balance in favour of

DAILY AVERAGE OF PATIENTS EMPLOYED DURING EACH MONTH.

1861.

MALES.	Jan.	Feb.	Mar	Apl.	May	June	July	Aug	Sep.	Oct.	Nov.	Dec.
Gardens and Pleasure Grounds North Farm	6 18	15 22	15 23	15 24	19 25	27 25	21 21	13 21	11 19	14 24	12 15	13 14
Turners', Painters', and Carpenters' Shop Tailors' and Upholsterers' ditto	4.7	4 6	4 7	4 5	4 7	3 6	3 6	3 6	5 6	4 6	4 5	4 6
Shoemakers' Shop Kitchen and Bakehouse - Helpers in the Wards -	4 6 15	4 · 7 · 15	4 8 15	3 7 15	3 8 18	8 18	3 9 19	8 19	8 19	4 7 19	5 7 20	5 7 21
In the Office	1 2 63	1 2 76	1 2 79	1 2 76	1 2 87	93	1 2 85	1 2 77	1 2 75	1 2 81	1 2 71	2 2 74
Average Number of Patients - FEMALES.	152	153	156	155	175	179	179	182	180	178	180	175
Laundry Kitchen	22 5	23 5	24 5	24	25 5	25 4	24 4	23 4	23 5	24 5	25 5	24 5
Helpers in the Wards Cleaners in Corridors and other places	12	12	12	12	12 12	12	12	12	12	12 12	12	12
Work Room - Straw Bonnet	62 18	65 18	64 16	70 17	71 15	77 14	74	72 9	69 9	65 10	60 9	58 10
Stocking Knitting In the Establishment	1 16 1	1 16 	2 17 	2 14 1	2 13 	2 14 1	2 11 	2 19 	2 17 1	1 17 1	1 21 3	1 20 3
Total Number Employed - Average Number of Patients -	149 187	152 187	152 187	156 186	155 194	161 199	150 198	153 202	150 203	147 200	148 200	145 195

CONTRACT PRICES OF THE PRINCIPAL ARTICLES OF CONSUMPTION.

1861.

LIST OF REPARSE	Quarter ending 22nd March.	Quarter ending 21st June.	Quarter ending 20th Sept.	Quarter ending 20th Dec.
Bread per score loaves of 2lbs. ea Flour per sack Meat per stone Suet per stone Cheese, Gloucester per cwt. Cheese, Derby per cwt. Cheese, Derby per cwt. Butter per pint Oatmeal per peck Rice per lb. Tea, black per lb. Tea, green per lb. Sugar, raw per stone Sugar, loaf per stone Sugar, loaf per stone Coffee per lb. Milk per gallon Beer per barrel Porter per barrel Arrowroot per lb. Salt per cwt. Mustard per lb. Tobacco per lb. Snuff, Scotch per lb. Coals per cwt. Mustard per lb. Coals per cwt. Mustard per lb. Snuff, Scotch per lb. Coals per cwt. Coke per lb. Soap, yellow per cwt. Starch per lb.	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	£ s. d. 0 6 0 2 7 6 0 7 5 0 7 5 0 7 5 3 12 0 3 7 6 0 1 2 0 2 0 0 0 2 4 0 3 2 0 3 8 0 4 7 0 6 5 0 1 0 1 2 0 0 8 1 3 0 2 7 0 0 2 0 0 1 9 0 1 6 0 3 8 0 4 6 0 19 3 0 12 0 0 0 6 1 2 1 12 6 0 0 4 1 2	£ s. d. 0 4 6½ 2 1 0 0 7 6 0 7 6 0 7 6 3 0 0 0 3 0 0 0 0 1 4½ 0 2 0 0 0 0 2¼ 0 3 2 0 0 0 1 1 0 0 0 8 1 3 0 0 2 7 0 0 0 2 0 0 1 9 0 1 6 0 3 8 0 4 6 0 18 0 0 12 0 0 0 6¼ 1 12 0 0 0 0 6¼ 1 12 0 0 0 0 4½	£ s. d. 0 4 $4\frac{1}{2}$ 1 19 0 0 7 4 0 7 4 2 18 0 2 18 0 0 1 6 0 2 0 0 0 $2\frac{1}{4}$ 0 3 2 0 3 8 0 4 3 0 6 5 0 1 $1\frac{1}{2}$ 0 0 8 1 1 0 2 7 0 0 2 0 0 1 9 0 1 6 0 3 8 0 4 6 0 18 0 0 12 0 0 0 $5\frac{3}{4}$ 1 11 0 0 0 $4\frac{1}{2}$

ARTICLES MADE AND REPAIRED BY THE MALE ATTENDANTS AND PATIENTS DURING THE YEAR 1861.

SHOEM	IAKERS.
LIST OF NEW WORK.	LIST OF REPAIRS.
14 pairs of Men's Leather Boots 3 pairs of Men's Leather Shoes 38 pairs of Women's Leather Boots 11 pairs of Women's Leather Shoes 9 pairs of Men's Duffel Boots 13 pairs of Women's Duffel Boots 3 pairs of Women's Duffel Shoes	229 pairs of Boots & Shoes, soled, heeled, & welted 231 pairs of Boots and Shoes, soled and welted 140 pairs of Boots and Shoes, soled and heeled 96 pairs of Boots and Shoes, soled 162 pairs of Boots and Shoes, heeled 607 pairs of Boots and Shoes, repaired

TAILORS.

LIST OF NEW WORK.	LIST OF REPAIRS.
2 Jackets 1 Waistcoat 1 pair of Trousers 2 Caps 2 Frocks 2 Knotted Bed Rugs 9 Window Blinds 2 Aprons 9 Hair Cushions 4 Hair Pillows	331 Jackets 305 Waistcoats 679 Trousers 50 Frocks 3 Caps 10 Carpets bound 34 Mats bound 1 Knotted Rug repaired 7 Mattresses repaired and sundry repairs to Padded Cells

ARTICLES MADE.

ARTICLES MADE

				i. emide
		Bould Brains		
				beisin'd solatrol.
herablendadi ambut.				Sherine
				elect
		Fon Clother		
Planta and a	1			
				Traffo.
				adaes?
			int	

THE ACCOUNTS OF THE TREASURER

OF THE

Horfolk Lunatic Asylum,

FOR

THE YEAR ENDED DECEMBER THE 31st, 1861,

PRESENTED AT THE

GENERAL QUARTER SESSION,

APRIL, 1862,

BY THE COMMITTEE OF VISITORS.

NORWICH:

SAMUEL DAYNES, PRINTER AND BOOKBINDER, SAINT STEPHEN'S STREET.

THE ACCOUNTS OF THE TREASURER

HALLES AND

0.07

THE YEAR. ENDED DECEMBER THE SIST. 1861.

THE TA WITHHAM

GENERAL OUARTER SESSION.

APRIL, 1862,

SHOTISIV TO GETTIMATOD THE

NORWHOM

PERSON OF ANY AREA LAND BOOK OF STREET STREET, STREET,

THE COMMITTEE OF VISITORS

OF

The Horfolk Lunatic Asylum,

APPOINTED

AT THE EPIPHANY QUARTER SESSION, 1862.

REV. THOMAS JOHN BLOFELD, Hoveton, Chairman.

REV. EDWARD POSTLE, Yelverton.

RICHARD WARD, Esq., Salhouse.

R. BLAKE-HUMFREY, Esq., Wroxham.

G. B. L. KNIGHT, Esq., Framingham Earl.

REV. JEREMIAH BURROUGHES, Lingwood.

W. A. GILBERT, Esq., Cantley.

J. T. MOTT, Esq., Barningham.

REV. E. T. YATES, Aylsham.

REV. R. G. LUCAS, Mulbarton.

HENRY BACK, Esq., Hethersett.

REV. PHILIP GURDON, Cranworth,

NORFOLK LUNATIC ASYLUM.

The Establishment,

DECEMBER, 1861.

OFFICERS.

DR. W. C. HILLS, Resident Medical Superintendent.

MR. G. M. BACON, Assistant Resident Medical Officer.

MR. G. W. W. FIRTH, Visiting Medical Officer.

REV. EDWARD COLE, Chaplain.

MRS. OWEN, Matron.

MR. ANTHONY BAILEY, Examiner of Accounts.

MR. W. M. GIRLING, House Steward.

MR. FRANCIS JOHN BLAKE, Treasurer and Clerk.

SERVANTS.

THIRTEEN MALE ATTENDANTS.
THIRTEEN FEMALE ATTENDANTS.
ONE WASH-HOUSE ATTENDANT.
SIX HOUSE SERVANTS.
GATE KEEPER.
HOUSE LAD.

THE COMMITTEE OF VISITORS

IN ACCOUNT WITH

FRANCIS JOHN BLAKE,

TREASURER OF THE COUNTY LUNATIC ASYLUM,

From the 16th December, 1860, to the 22nd December, 1861.

	e County of Norfolk forcember, 1860, to the			from t	he 16t	h		
	Amount due for Quart	100		£ s. 52 13		£	s.	d.
V V V 2	Lodging, Maintenance Stothing of Margaret M Vright, Elizabeth Mille Vm. Makaham, Sophia reeks each, at 9s. 6d.; 6 weeks, at 8s. per wee days, at 8s. a week.	Iunro, Augustine Ch r, Jane Farral, Caroli Holley, and George 14 weeks each, at 8	ief, Francis ne Tremlett, Tudman, 13	212 13	4			
201 81	days, at os. a week.	8 2 421 10 40			_	265	6	4
1861.	The state of the s	CONTRA.			CR.			
May 3. D Aug. 2. D	Cash from County Tre itto ditto itto ditto itto ditto	asurer		52 13 55 11 53 11 51 10	6	213	6	4
		Balance d	lue to the Asylu	ım		52	0	0

AN ABSTRACT OF THE ACCOUNTS

WITH

THE COUNTY AND THE GUARDIANS OF THE SEVERAL UNIONS AND INCORPORATED HUNDREDS.

The County, The Poor Law Unions, and Incorporated Parishes.	-	Due 16th December 1860.	er,	t	c., 1	1860,	Rec 16th De 22nd De	c.,	1860,	Qua fall 22nd I	ing	di	ie
mi c c car cu		£ s. d.		£	s.	d.	£	S.	d.	£		s.	d.
The County of Norfolk	•••	52 13 0		265	6	4	213	6	4	5		0	0
Aylsham	•••	100 0 7		504	2	6	412	7	1	9		15	5
Blofield		88 5 6		444	2	6	371	12	11	7		10	5
Depwade		147 16 11		677	7	10	560 289	8	3	11		18	11
Docking Downham	•••	76 8 9		352	8	3 .	442	5		6		3	0
	•••	113 19 7		537	19	0	100000000000000000000000000000000000000	9	1 8			18	11
Erpingham Faith's Saint		106 11 9			13	4	467 403	13	6	11		3	8
		107 12 4 31 16 1		489	13	10	104	12	6	8 2		0	4
Flegg East and West Forehoe		31 16 1 76 1 0	1111		8	6	316	8	5	7		4	0
Freebridge Lynn		56 12 9	12011	393 285	12	5	236	0	0		9	2	11
Guilteross		91 1 3		421	10	10	343	0	4			10	6
Henstead	•••	118 16 1		568	14	1	462	4	1	10	350	10	0
Loddon and Clavering		93 0 2		522	18	4	413	5	0	10		13	4
Mitford and Launditch		135 9 0		737	7	11	590	4	11	14		3	0
Swaffham		85 8 5		442	i	4	353	-	5		8	5	11
Thetford		64 5 9	- 1	280	10	8	233	14	8			16	0
Tunstead and Happing		72 5 2		407	10	0	332	2	11	100000000000000000000000000000000000000	-	7	1
Walsingham		115 19 6		546	8	6	447	6	9	1	9	i	9
Wayland		64 7 (286	2	3	233	3	11	The second second	-	18	4
Wisbeach		73 0 7	-	325	1	0	267	12	5	1		8	. 7
King's Lynn			2	30	3	10	20	8	0				10
Тота	L	1874 10 4	1	9224	6	2	7514	2	3	171	0	3	11

AN ABSTRACT OF THE ACCOUNTS

WITH THE

UNDERMENTIONED PLACES, HAVING BOARDER PAUPER PATIENTS.

THE 22A DECEMBER 1861.	16th	Due Dece 860	mber,	Due 16th De 22nd D	to	860,	16th 1 22nd 1	to Dec.,	1861.		arter	lue
all the man and the state of	£	S.	d.	£	s.	d.	£	s.	d.	£	S.	d.
*King's LynnThree Borough Patients 49 weeks and 4 days each, at 14s. per week	27	6	0	131	8	0	111	6	0	20	2	0
*Great Yarmouth.—Six Borough Patients; viz., one 49 weeks 4 days, one 33 weeks 2 days, one 25 weeks, one 17 weeks 2 days, one 14 weeks 2 days, and one 4 weeks, at 14s. per week Coffins & Funeral Expenses £2 12s. 6d.	38	14	6	141	15	0	128	7	0	13	8	0
SENTENCE OF				BEET S								
*Thetrord.—One Borough Patient; 36 weeks 2 days, at 14s. per week 1 month's allowance as absent on probation, 14s.; and Medical Certificate previous to Discharge, 10s. 6d.	9	2	0	35	14	6	35	14	6			
*BLYTHING UNION.—One Boarder Pau- per Patient, 42 weeks 3 days, at 14s. per week	9	2	0	38	16	0	37	2	0	1	14	0
MITFORD & LAUNDITCH UNION.—One Patient not being under proper care and control, sent under 16 & 17 Vict., C. 97, Sec. 68; 16 weeks and 4 days, at 14s. per week				11	12	0	11	8	0	0	4	0
BLOFIELD UNION.—One Patient not being under proper care and control, sent under the 16 & 17 Vict., C. 97, Sec. 68; 40 weeks, at 14s. per week				28	0	0	18	18	0	9	2	0
*NorwichFifty-three Boarder Pauper Patients; viz., 10 patients 53 weeks each, 28 patients 33 wks. 5 days each, 2 patients 4 wks. 2 days each, 1 patient 24 weeks, 1 patient 32 weeks 5 days, 1 patient 31 weeks 2 days, 1 patient 19 weeks 4 days, 1 patient 10 weeks 5 days, 1 patient 10 weeks 3 days, 1 patient 9 weeks 6 days, 1 patient 9 weeks 5 days, 1 patient 9 weeks 3 days, 1 patient 9 weeks 3 days, 1 patient 9 weeks 4 patient 7 weeks 6 days, 1 patient	34	8	0	1219	10	6	816	14	6	402	-16	0.
7 weeks 4 days; at 14s. per week Coffins & Funeral Expenses £2 18s. 6d.												
n as deliver a dearmondature)	110	10	6	1606	16	0	1159	10	0	447	6	0
Total for Criminal, Vagrant, and Pauper Lunatics	118 1874		4	9224			7514			1710		11
TOTAL	1993	2	10	10831	2	2	8673	12	3	2157	9	11

^{*} The above Places do not pay to the County Rates.

THE COMMITTEE OF VISITORS OF THE LUNATIC ASYLUM,

IN ACCOUNT WITH

THE TREASURER OF THE SAME,

FROM THE 18th DECEMBER, 1860, TO THE 22nd DECEMBER, 1861,

FOR PAYMENTS ON ACCOUNT OF

MAI	NTENANCE	OF	THE	AS	37	ST.	UM	T.	
DR. 1861.	o o m o r he			£	S.	d.	£	s.	d,
February 28.	To Balance due to Treasurer		the latest and the la				1975	18	11
	S	ALARIES.							
To Pa	id Mr. G. W. W. Firth, Visiti		Talam .	100	0	0			
	Mr. Edward Casson, late R Dr. W. C. Hills, Resident	esident Surge		103	15	0			
	10 weeks	· · ·	·	45	18	9			
	Mr. G. M. Bacon, Tempe		nt Medical	~0		0			
	Superintendent, 11 Mr. G. M. Bacon, Assistant		lical Officer.	53	4	8			
	9 weeks			17	5	4			
	Mr. F. J. Blake, Clerk and	l Treasurer		100		0			
	Rev. E. Cole, Chaplain			100		0			
	Mr. Anthony Bailey, Exam Mr. E. Owen, late Superint				11 10	0			
	Mrs. Owen, Matron	endent, o mo	nuis .		10				
	Mr. W. M. Girling, Clerk	and Steward	of the Asylum			0			
	Servants' Wages			568	2	4			
	DESCRIPTION OF	FOOD.		4171		_	1301	17	1
	Butchers' Meat, 4241 st.			1569	5	0			
	Flour 2180 st.			237	0	6			
	Bread 3328 score		Million Call	867	11	10			
	Cheese 126 cwt.			401	6	7			
	Tea .			179		4			
	Sugar			85		11			
	Coffee Rice, Tapioca, and Arrowro		albert is	23 38	19 5	2			
	Groats		Con wish		18				
	Milk 8940 gallo	ns .	- tersion and paid	298		0			
	Butter 3547 pints		Section Section	242		9			
	Eggs			13		6			
	Sundry Articles of Grocery	8 18 .		55	18	10			
	Sundry Articles of Food			17	1	1			
	The Superintendent, on accommod in the House	count of Vege	etables	155	15	3			
	Potatoes .			46		0			
	Cabbages .			2	12	2	1015		
		1	- Piaki B			1	4247	17	0

Carried forward

£7525 13 6

PAID FOR GENERAL MAINTENANCE OF THE ASYLUM-continued.

1861.				Brought fo	orward	£	s.	d.	£ 7525	s. 13	d. 6
		SI	PIRITS,	&c.							
To Paid	Wine and Spirits Beer Porter Tobaceo and Snuff		Sh Paza	Feb.		18 629 74 75	3 3 0 0	4 6 0 6			
						-	HIC.		796	7	4
		F	TRING,	&c.							
	Gas (885,300 cubic feet) Coals (217 tons) Steam (219½ tons)				ten men	232 199 182	7 7 13	7 10 5			
	Coke . Soap . Candles .	housedo		en ari		10		0 1 11		-	
	Soda . Oil .	t stelen	District.	oguidael.	one de T	16	19	8	806 37	15	6
		· ·	CLOT	HING, &	c c						
	Men's Suits Shoes, Leather, &c. Linen, Hosiery, &c. Sheeting, &c. Calico Tapes, Threads, &c. Jean Women's Bonnets Men's Caps Yarn, Knitting Cotton, &c. Women's Shawls Tailor Shoemaker Alpacha, Stuff, Prints, &c. Flannel, Serge, &c. Shirting					41 27 11	7 6 4 16 18	0 4 0 5 4 4 1 8 0 0 4 0 9 9 6	714	6	6
	Printing, Books, and Statio	nery							33	3	4
		FUR	NISHIN	G, &c.				_			
	Brushes and Brooms Cleaning Chimneys Dwiling		:		- 1	19 2 17	5	5 0 11			
						-		-	39	11	4
				C	arried fo	rward	1		£9953	5	5

PAID FOR GENERAL MAINTENANCE OF THE ASYLUM-continued.

1861.		Brought forward	£	s.	d.	£ 9953	s. 5	d. 5
	FUNERAL EXP	ENSES						
To pa	id Shrouds, Bearers, and Burial Fees .					13	14	0
	SUNDRIES							
		•	0	1 =	0			
	Retaking Escaped Patients .		0	15	3			
	Clockmaker		4	0	0			
	Hire of Organ, Music, &c			15	0			
	Male Attendants' Suits and Caps		71	1	0			
	Female Attendant's Dresses .		100000000000000000000000000000000000000	10	0			
	Straw		37		1			
	Postage of Letters and Carriage of Parcels		13		0			
	Braziers' Work		8	2	0			
	Engineer		78	0	0			
	Medical Certificates for Patients out on Pro	bation	7	7	0	1000		
	Petty Disbursements		8	4	11			
	Oat Flights		4	10	6	doll		
	Assessed Taxes		2	8	6	00		
	Allowances to Patients discharged on Trial,	under 79th Sect.)						
	of 16 and 17 Viet, C. 97	didde form seems	7	4	0			
	Harvest Treat to Patients		9	4	6			
	Travelling Expenses of Candidates on the d	ov of Election of		-				
	Resident Medical Superintendent .	ay of Liection of	10	0	0			
	Resident Medical Superintendent .					309	-	0
			-			909	5	9
						610076	-	-
						£10276	5	2

CONTRA.

1861.					£	s.	d.
By Amount received for Criminal and V	Vagrant Lu	natics			213	6	4
Ditto for Pauper Lunation	cs				7300	15	11
Ditto for Borough Paupe	er Lunatics				1159	10	0
" House Steward, from Sale of Rags					2	6	6
" Rents of Cottages …					10	8	0
,, Fines from Attendants				• • • • • • • • • • • • • • • • • • • •		16	
" Amount received …					8687	3	-3
To Amount paid as at page 10			'		10276	5	2
	В	alance due t	o the Treasu	rer	1589	1	11
Amount of Quarterage due from the Un as per Abstract, page 7	ions, &c., t	to the 22nd d	lay of Decen	ber, 1861,	2157	9	11
					-	-	-

Balance due from the Treasurer

(ERRORS EXCEPTED,)

F. J. BLAKE, TREASURER.

£568

CR.

20th February, 1862.

Examined with the Vouchers and found Correct,

THOMAS J. BLOFELD, HENRY BACK, W. A. GILBERT, R. BLAKE-HUMFREY.

ACCOUNT

FOR

BUILDINGS, REPAIRS, FURNITURE, FITTINGS, &c., &c.

THE TREASURER'S ACCOUNT WITH

£1898 3 6

Dr.				В	UILDI	NG	S,
1861.					£	s.	d.
To Messrs. Barnard and Bishop, for a Mangl	е				20	0	0
Messrs. Barnard and Boulton, Ironmonge.						13	6
I. O. Cattermoul, Bricklayer					215	0	10
Ditto ditto for Wall					9	4	0
Henry Underwood, Plasterer						13	5
E. Lincoln and Son, Carpenters	•••					17	9
						11	11
	onahanta				53		0
R. Steward and Co., Timber and Deal M.						4	
B. Shardelow, Plumber, Glazier, and Pair		***				10	10
H. E. Parlour, Ironmonger			•••	•••		18	10
Henry Pinson, Ironmonger					5	5	3
Thomas Sabberton, Blacksmith						12	4
Harriet Waite, Brazier					26	2	0
Jos. Downing, Earthenware, Glass, &c.				•••	38	2	8
M. A. Norris, Upholsterer						13	6
E. S. Howard, Window Blind Maker						19	9
George Pinson, Cocoa-nut Fibre Matting	, &c.				39	3	7
Robert Scott, Cabinet Maker						10	0
Matchett and Co., Advertising						12	8
Bacon, R. N. Ditto						16	6
Norfolk News, Ditto		***			1	14	0
J. Iungius, Printer	***				22	19	0
Chamberlin, Sons, and Co., Linen Drape	rs				174	7	8
Mail Carriage of Private Letter Bag to a	nd from No	rwich			1	1	0
Postmaster, Subscription for same for the					2	2	0
Poor's Rates					3	17	11
Highway Rate					0	7	1
Land-tax					0	12	6
Rent-charge					2	19	9
Norwich Union Fire Office Insurance					13	5	7
Jos. Harper, Dyer			1		2	1	3
Thomas Gunton, Curled Horse Hair					11	4	0
Labour					40	8	6
Lionel Hindes, Carpenter						14	0
Messrs. Singleton and Pitman, Solicitors,			matter of)				
John Brown, late County Surveyor	Dobt and	Jobec III tilo i			30	6	0
W. L. Mendham, Solicitor, his Bill of Co	ets in shove	matter	,	1000	3	8	4
Ann Watson, Mason, balance of Account	StS III above				2	0	3
Christian Knowledge Society for Bibles		Rooks				13	0
A. Pank, Gas Fitter						10	5
Tozonh Ctonlow Mason		•••				19	11
					12	0	4
Blind Institution, Carpeting	1				_		
Dexter and Moll, Linen Drapers					5	15	5
John Sorrell, for Marking Ink		•••			3	12	0
Mary Gay, for Baskets		•••			3	5	0
John Thompson, Gutta Percha Utensils			***	•••	2	0	6
James Mills, Flowerpots				•••		14	9.
John Overton, Cooper		***			3	10	0
Wm. Snelling, India Rubber Band, &c.				•••			10
House Steward, Petty Disbursements					0	9	11
				-	41000	-	-

THE COUNTY OF NORFOLK.

REPAIRS, &c.

1861.				Cr.	£	s.	d.
Feb. 9.	By Balance				 66	19	53
April 16.	Cash of the County Treasurer				 250	0	0
Aug. 23.	Ditto ditto				 250	0	0
Nov. 21.	Ditto ditto		•		 400	0	0
1862.							
Jan. 24.	Ditto ditto	`			 900	0	0
		Balance			 31	4	01
			-		£1898	3	6

1862, February 20th.

Examined with the Vouchers and found Correct.

THOMAS J. BLOFELD. HENRY BACK W. A. GILBERT. R. BLAKE-HUMFREY.

NORWICH :-

SAMUEL DAYNES, PRINTER AND BOOKBINDER, SAINT STEPHEN'S STREET.