

Fourth annual report of the state of the United Lunatic Asylum for the county and borough of Nottingham; and the forty-ninth of the original institution : year 1859.

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Publication/Creation

Nottingham : printed by Sutton Brothers, 1860.

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12
FOURTH ANNUAL REPORT

OF THE STATE OF THE

UNITED LUNATIC ASYLUM,

FOR THE

County and Borough of Nottingham;

AND THE

FORTY-NINTH OF THE ORIGINAL INSTITUTION,

FORMERLY

THE GENERAL LUNATIC ASYLUM.




YEAR 1859.

NOTTINGHAM:

PRINTED BY SUTTON BROTHERS, BRIDLESMITH-GATE.

1860.



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OFFICERS FOR THE YEAR 1860.

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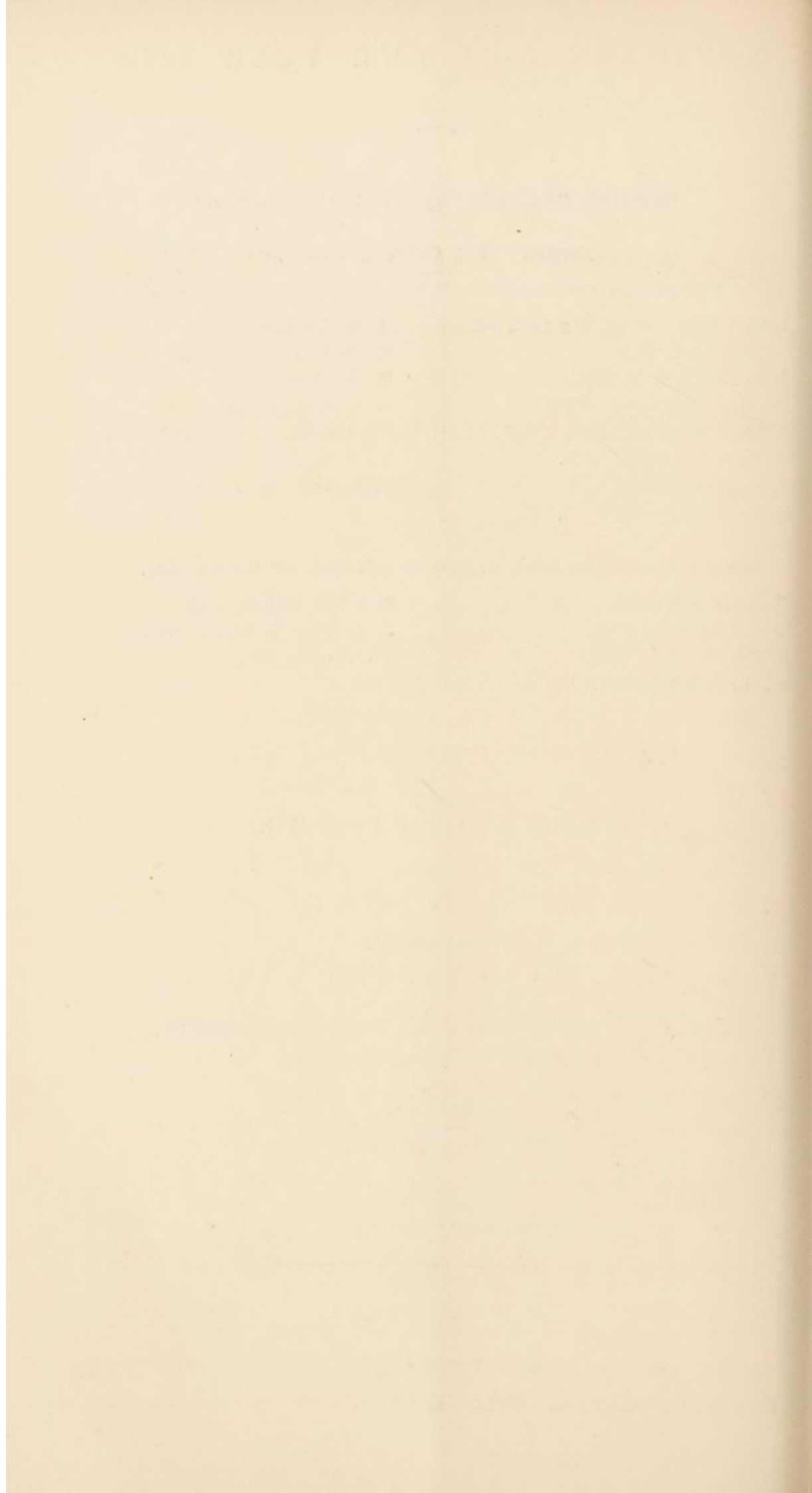
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TO
HER MAJESTY'S JUSTICES OF THE PEACE
FOR THE COUNTY OF NOTTINGHAM,
AND TO THE
TOWN COUNCIL OF THE BOROUGH OF NOTTINGHAM.

THE Committee of Visitors to the County and Borough Lunatic Asylum, in presenting the Report of the proceedings of the year 1859, believe they have been such as to meet with the approval of all parties interested.

It will be recollected that, shortly before the close of the year 1858, a contract had been entered into by the Committee for the enlargement of the building, to furnish accommodation for forty additional male Patients.

This extension has now been completed, and the new apartments furnished and occupied, thus affording three spacious day rooms large enough to accommodate 120 Patients, besides dormitories and single bed rooms for 40.

The cost of the above extension to the county and borough has only been the moderate sum of £1,534 10s. 6d., as may be seen by the following statement:—

						£	s.	d.
Original Contract	1537	0	0
Architect's Commission	81	17	0
						1618	17	0
Deduct for Bricks used from Stock on Premises	84	6	6
						£1534	10	6

To this sum will have to be added the cost of furnishing and alterations required in the bath rooms and lavatories, &c.

This extension, with the increased convenience it affords will, it is hoped, suffice for some years to come (unless some unforeseen pressure should arise), the Asylum being now constructed to hold 300 Patients, in the proportion of 160 males and 140 females.

On December 31st 1859, there were 139 men and 122 women under care and treatment, making a total of 261, after having removed all the private Patients to the new Hospital at the Coppice, and brought back those farmed out at Buckingham and other places.

The Asylum, and all the inmates, have been regularly inspected by the House Committee, as will be seen by reference to the Visitor's Book, and every department has received their marked attention. To this, combined with the valuable services of the Medical Superintendent, and the satisfactory manner in which all the officers and domestics have discharged their duties, must be attributed the economical and orderly working of the Institution.

Although the past year has been one of considerable difficulty, owing to the alterations and extensions of the buildings, the removal of the Voluntary Patients to the new Hospital, sending Patients to distant Asylums and having them brought home, which have involved additional trouble and expense, yet the result is equally as satisfactory as any previous year, for the order, safety, and health of the inmates.

Notwithstanding, there has been a slight advance in the price of some of the articles consumed at the Asylum, the financial position of the Institution is improved, as will be seen by the annexed statement:—

	Cash in hand.			Total Assets.			Weekly Charge.			
	£	s.	d.	£	s.	d.	Males.		Females.	
	s.	d.		s.	d.		s.	d.	s.	d.
Dec. 31st, 1857	243	6	2½	1805	10	7½	10	0	&	9 0
" 1858	643	5	9	3221	9	1	9	0	"	8 0
" 1859	1124	10	3	3925	17	4	8	6	"	7 6
For 1860	the Committee recommend						...	8	3	.. 7 3

The average cost per head, during the four last quarters, having been 7s. 9d. per week, the Committee recommend the charge to be reduced to 7s. 9d., unless the Visitors wish to retain the difference in charge for males and females; in that case, they recommend it to be 8s. 3d. for males, and 7s. 3d. for females.

In June last, the Lunacy Commissioners visited the Asylum, as will be observed by their report, and expressed themselves satisfied with the state and management of the Establishment. They however suggested a few alterations, most of which the Committee had previously had under their consideration, and decided upon effecting at their earliest convenience. Some of them have already been done, and others are in progress.

RICHARD BIRKIN,

CHAIRMAN.

JANUARY 19TH 1860.

ANNUAL REPORT OF THE SUPERINTENDENT.

—♦—

MR. CHAIRMAN, MY LORD AND GENTLEMEN,

THE number of admissions of Patients into this Asylum, and the removals by recovery, death, or otherwise are shown in the subjoined Table of the general results of the year.

					M.	F.	T.
Patients remaining December 31st 1858	125	134	259
Ditto admitted during 1859	84	44	128
Total under Treatment	209	178	387
					M.	F.	T.
Discharged recovered	...	21	18	39			
„ relieved	...	24	10	34			
„ not improved	...	13	13	26			
Died	...	12	15	27			
		70	56	126	70	56	126
Remaining December 31st 1859	139	122	261

The number of admissions, 128, is the largest that has ever been recorded during one year. The excess however, has not been occasioned by any unusual increase of insanity, but depends upon the circumstance that 31 male Patients, who had been accommodated temporarily, at the Buckingham and Lincolnshire Asylums, during the erection of the

male wing, were brought home again. But for this, the ordinary number would have been 97. It is necessary to reckon these transfers as admissions, in order to make the Registers balance; but it has the disadvantage of raising the numbers artificially, and of disturbing the natural averages. Thus, the rate of recovery has been reduced to 30, instead of 41 per cent., and the number of readmissions has been augmented to 50, instead of 19. It must be borne in mind in this case, as in others, that readmissions are not necessarily relapses.

In consequence of the arrangements made with the above named two Asylums no Patients were refused admission for want of room, and the parishes were saved the great inconvenience of seeking accommodation in licensed houses, travelling expenses, and heavy rates of maintenance; whilst the Patients have had the advantages of treatment in their own county, where they could receive the visits of their friends.

Physical causes predominated over the moral, in the production of insanity amongst the new Patients, in the proportion of 68 to 18; and their admission was in many instances delayed until they had become incurable, or their habits so destructive and perverted, as to render them intractable at home. The primary object of cure is thus lost sight of by the friends or persons having charge of them, who on many occasions forgetful of an imperative duty, even make apologies for bringing the Patients at all. The number of those curable is reckoned at 40, namely 19 males and 21 females; the incurable at 221.

The private Patients, 15 of each sex, were removed on the 1st of August to the new Lunatic Hospital at the

Coppice, Nottingham; up to that date their statistics were as follows :—

				M.	F.	T.
Remaining 31st December, 1858	16	15	31
Admitted up to August 1st, 1859	4	2	6
Total under Treatment	20	17	37
				M.	F.	T.
Discharged recovered	3	1	4
" relieved	1	1	2
Dead	1	0	1
				5	2	7
Removed to the Coppice Hospital	15	15	30

These numbers are included in the first General Table.

The vacancies produced by this change were at once filled up by the 31 pauper Patients waiting to be readmitted from the other Asylums, and who had been gradually accumulating during the period between the dissolution of the union in 1855, and the completion of the new Hospital in 1859.

The recoveries amounted to 39. All out-county patients have been removed to their settlements. During 1855 1856 and 1857, the Asylum was cleared of all harmless chronic Lunatics, and of the 72 discharged under this head, 27 have up to the present time been returned by the parishes as unfit to be at large.

There are now 4 criminal Lunatics in the Asylum, who it is expected will be removed during this year to the State Asylum for insane prisoners, at Bagshot Heath. The Asylum will then be relieved of a very unsatisfactory class, whose conduct frequently interferes with the order of the Establishment, and the comfort of the more respectable inmates.

The circumstances which necessitated the removal of a criminal Patient in September last, require a more particular notice. The Lunatic was a powerful woman, of depraved conduct, offensive language, and with a disposition to commit homicide. She had been an inmate of several Asylums and Prisons, had been a source of trouble to the public and to her own family for several years; and on one occasion had given rise to a trial at the assizes. She had several times during her residence here assaulted infirm patients and threatened to kill others. On the 18th of August last, without any provocation, she attacked a melancholic Patient, and amongst other injuries fractured her thigh bone. It is yet doubtful whether the poor woman will recover from the effects of this violence. An order was obtained from the Secretary of State, for the removal of the prisoner to Bethlem, to which place she was accordingly conveyed, but has since been set at liberty, upon the ground of her not being insane.*

A reference to the Obituary will show that the deaths have resulted from the usual natural causes; chiefly Epilepsy, Consumption, General Paralysis, and Maniacal Exhaustion. The rate of mortality has been 6·97 per cent. on the gross number under treatment, and 10·53 on the daily average resident. No fatal accident has occurred.

The next Table shows the results of treatment in this Institution during the period that it received both private and pauper Patients, extending from February 12th, 1812, to December 31st, 1859, together with the per centages deduced from year to year during the whole period.

* This Patient was again admitted as a dangerous Lunatic, January 24th, 1860.

Year.	Number of Admissions.	Recovered.	Relieved, on Trial, and Removed.	Died.	Remaining December 31st.	Total under Treatment	Daily Average Resident.	Per Centage of Recoveries on Admissions.	Per Centage of Deaths on Daily Average.	Per Centage of Deaths on Total Number under Treatment.
1812	35	0	0	0	35	35	25	0	0	0
1813	40	11	15	4	45	75	45	27.5	8.88	5.33
1814	46	18	12	9	52	91	50	39.13	18.00	9.89
1815	61	21	22	3	67	113	63	34.42	4.76	2.65
1816	46	20	29	3	61	113	61	43.47	4.91	2.65
1817	31	16	22	7	47	92	50	51.61	14.00	7.60
1818	45	8	12	9	63	92	55	17.77	16.36	9.78
1819	32	17	26	4	48	95	52	53.12	7.69	4.21
1820	38	12	13	4	57	86	49	31.57	8.16	4.65
1821	35	12	17	2	61	92	58	34.28	3.44	2.17
1822	31	18	17	2	55	92	60	58.06	3.33	2.17
1823	47	17	12	2	71	102	60	36.17	3.33	1.96
1824	50	30	23	0	68	121	72	60.00	0.00	0.00
1825	45	24	17	5	67	113	74	53.33	6.75	4.42
1826	49	23	24	2	67	116	67	46.93	2.98	1.72
1827	71	23	22	8	85	138	72	32.39	11.11	5.79
1828	51	26	26	3	81	136	81	50.98	3.70	2.20
1829	51	23	16	4	89	132	84	45.09	4.76	3.03
1830	46	24	14	8	89	135	89	52.17	8.98	5.92
1831	43	28	11	9	84	132	85	65.11	10.58	6.81
1832	48	23	13	9	87	132	88	47.91	10.22	6.81
1833	49	21	23	8	84	136	86.5	42.85	9.24	5.88
1834	60	24	12	5	103	144	94	40.00	5.31	3.47
1835	74	32	15	12	118	177	112	43.24	10.71	6.77
1836	70	28	19	9	132	188	119	40.00	7.56	4.78
1837	57	32	12	12	133	189	129.5	56.14	9.26	6.34
1838	58	31	19	7	134	191	134.5	53.44	5.20	3.66
1839	58	26	15	8	143	192	138	44.82	5.79	4.16
1840	67	39	17	9	154	210	146.5	44.77	6.14	4.28
1841	55	32	9	15	153	209	152	58.18	9.86	7.17
1842	73	38	12	22	154	226	158	52.05	13.92	9.73
1843	90	42	28	15	159	244	158	46.66	9.49	6.14
1844	105	48	21	18	177	264	173.62	45.71	10.36	6.81
1845	85	35	13	14	200	262	190.77	41.17	7.33	5.34
1845- ½-year	49	16	7	9	217	249	208.45	32.65	4.32	3.61
1846	124	53	24	24	240	341	224.80	42.74	10.67	7.03
1847	90	44	12	27	247	330	245.72	48.88	10.98	8.18
1848	83	41	14	22	253	330	253.41	49.39	8.68	6.66
1849	91	38	14	21	271	344	266.41	41.75	7.87	6.10
1850	21	19	21	14	238	292	249.16	90.47	5.61	4.79
1851	44	18	7	21	236	282	233.68	40.90	8.98	7.44
1852	39	20	3	14	238	275	240.49	51.28	5.82	5.09
1853	62	27	13	22	238	300	241.41	43.54	9.11	7.33
1854	42	18	7	20	235	280	239.16	42.85	8.36	7.14
1855	66	23	24	24	230	301	228.33	34.84	10.51	7.97
1856	89	30	49	17	223	319	216.17	33.70	7.86	5.32
1857	86	28	11	23	247	309	239.08	32.55	9.62	7.44
1858	114	36	40	26	259	361	255.60	31.35	10.17	7.20
1859	128	39	60	27	261	387	256.38	30.46	10.53	6.97
	2970	1263	884	562			6730	42.52	8.34	5.87

The readmissions were 269 males and 208 females, total 477.

The following improvements have been realized during the year. The new male wing has been brought into full operation; five new lavatories have been provided; the upper galleries have been converted wholly into dormitories; three corridors have been converted into dining saloons; and the service of the Institution has been improved by having two attendants in every gallery and a special night watch in each department. The addition of trees and shrubs has been made to several of the airing courts, and the comfort of the Patients indoors materially increased.

In conclusion, I beg to thank the Committee of Visitors for their courtesy and support in the exercise of the various duties of my office.

I have the honour to be,

Mr. Chairman, my Lord and Gentlemen,

Your obedient Servant,

WM. PHILLIMORE STIFF, M.B. LOND.,

SUPERINTENDENT.

COUNTY AND BOROUGH LUNATIC ASYLUM,
SNEINTON NEAR NOTTINGHAM,
JANUARY 18TH 1860.

REPORT OF THE COMMISSIONERS IN LUNACY.

NOTTINGHAM COUNTY LUNATIC ASYLUM,
JUNE 10TH 1859.

SINCE the last visit on the 3rd of May 1858, 124 Patients have been admitted, 113 have been discharged, and 26 have died; 5 from Disease of the Chest and Lungs, 3 from Paralysis, 2 from Apoplexy, 3 from Epilepsy, and the rest from various other causes.

There are now 245 Patients in the Asylum, viz., 16 of each sex private Patients, and 95 males and 118 females Paupers. Fourteen Patients are under medical treatment. On reference to the Register, we find that since the last visit (a period of 57 weeks) 51 Patients have been secluded, amounting altogether to 179 instances. There has been no case of restraint. Two Patients (one of each sex) are absent on trial.

We learn on inquiry that more than half the Patients attend divine service, which is regularly performed; and that 126 Patients (58 men and 68 women) were employed yesterday, and that this is about the average number of those occupied.

We have to-day seen the Patients, and have inspected their rooms and galleries. The Patients were generally quiet at the time of our visit, and the rooms, galleries, and bedding clean.

There is some confusion at present in the Asylum, in consequence of the new wing being still in progress, and of

some whitewashing now going on in the male Pavilion wards.

We are informed that the private Patients are to be removed to the new Lunatic Hospital in about a month, and that the pauper Patients of Nottinghamshire who are now at the Buckingham and Lincoln Asylums will be brought back to this place.

In reference to the points adverted to in the last entry, we find that the Commissioners' suggestions have been attended to, with the exception of the following, viz.

1. The old plaster floors have not been replaced by boards; but we are glad to find that all the floors of the new wing now in progress are to consist of wood.
2. The old workshops are pulled down, but new ones have not yet been erected.
3. There is not yet much furniture provided, specially for the sick.
4. There are no seats in bed rooms and scarcely any wash-stands for the pauper Patients. We must now repeat the recommendation of the last Visiting Commissioners on this subject. It is very important that the means of washing and dressing should be provided, and that the Patients should be taught to wash and dress themselves and keep their persons orderly.
5. The several indoor trades suggested have not been brought into use.
6. Head attendants (on each side) have not been appointed.

In addition to the alterations already noticed as having been made in pursuance of the Commissioners' suggestions, we find

That the ventilation has been generally improved, and that windows have been opened and lowered in the male and female wards 5, in the Pavilions. Ventilators of a new construction have been placed in the old galleries.

That a boundary wall on the south side (near to the newly constructed factory) has been erected.

That a Bagatelle Board, Harmonium, Skittles, and additional publications have been obtained.

That Monthly Concerts, Readings, and Entertainments (with music and dancing) have been established. These are attended by Patients of both sexes.

As soon as practicable after the removal of the private patients, it is the intention of the Committee (as we understand) to make the uppermost rooms into dormitories, and to enlarge the day rooms on the under floors, so as to accommodate more Patients in each. In this arrangement we are glad to learn that in each ward thus enlarged there will be placed a couple of attendants, instead of only one, as at present. The erection of Infirmarys is under consideration.

We hope that no long time will elapse before the night watches will be employed for that purpose exclusively, and that head attendants will be engaged also. At present the female night watch is exclusively employed for that purpose, but not the male night watch who performs day duty also.

Three of the private Patients (1 male and 2 females) are better, and likely to be discharged shortly, and we observed several of the pauper Patients also who appeared much improved.

We observe a very useful book, called "The Requirement Book," in this Asylum. In this book the attendant of each ward places on record every article which appears requisite for the Patients' comfort or accommodation, and these requisitions are submitted for consideration to the authorities every week.

The Asylum is under the superintendence of Dr. Stiff, who appears to us to be very careful and anxious for its well-doing and for the comfort of the Patients.

ROBERT NAIRNE, } COMMISSIONERS
B. W. PROCTER, } IN LUNACY.

APPENDIX.

TABLE I.
CLASSIFICATION OF PATIENTS IN THE ASYLUM ON 31st
DECEMBER, 1859.

	M.	F.	Total.
County Paupers	108	75	183
„ Criminals	2	2	4
Borough Paupers	23	39	62
Borough of Newark Paupers...	6	6	12
Out-county Paupers	0	0	0
	139	122	261

TABLE II.
SHOWING THE ALLEGED CAUSES OF INSANITY IN THE
ADMISSIONS 1859.

MORAL.	M.	F.	PHYSICAL.	M.	F.
Anxiety	1	1	Age	1	0
Becoming blind...	0	1	Bodily Illness	1	1
Family Troubles	0	2	Congenital	2	2
Loss of Relatives	1	2	Dyspepsia	1	0
Neglect	0	2	Epilepsy	9	3
Remorse	1	0	Former Attacks...	6	5
Religious Excitement	1	0	General Paralysis	3	1
Reduced Circumstances	2	2	Hereditary	7	3
Study	1	0	Intemperance	11	1
Want of Employment...	0	1	Insolation	1	0
	7	11	Paralysis and Congestion	0	2
			Puerperal	0	3
Unknown	2	9	Scrofula	1	1
Returned	31	0	Typhus	1	2
				44	24
			Total	84	44

The hereditary predisposition existed in two other cases.

TABLE III.
SHOWING THE FORM OF INSANITY IN THE PATIENTS
ADMITTED.

	M.	F.	Total.
Mania, Acute	17	17	34
„ Chronic... ..	15	12	27
„ Puerperal	0	2	2
Monomania	1	1	2
Melancholia	9	7	16
Dementia	4	1	5
Idiocy	0	2	2
Imbecility	2	0	2
General Paralysis	5	1	6
Typhoid Delirium	0	1	1
Chronic Cases returned	31	0	31
	84	44	128

TABLE IV.
RECOVERIES.

No. on Register	Sex.	Age and Civil State when admitted.	Alleged Length of Time Insane when admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity.	Form of Disorder.
935	M.	23 years—Single.	1 week.	29 days.	Scarcity of Work.	Acute Mania.
907	M.	31 " Married.	6 months.	147 "	Fever.	Acute Mania.
914	F.	60 " Married.	6 weeks.	145 "	Former Attack.	Melancholia.
847	M.	31 " Married.	5 weeks.	38 "	Puerperal.	Melancholia.
867	M.	56 " Married.	2 weeks.	310 "	Hereditary.	Melancholia.
887	M.	42 " Married.	2 weeks.	252 "	Not known.	Melancholia.
913	F.	51 " Married.	3 days.	199 "	Hereditary.	Acute Mania.
928	F.	27 " Married.	2 months.	124 "	Dyspepsia.	Melancholia.
906	M.	77 " Widower.	3 weeks.	236 "	Former Attacks.	Recurrent Mania.
923	M.	46 " Married.	3 days.	170 "	Bodily Illness.	Mania.
927	M.	33 " Single.	1 week.	150 "	Intemperance.	Melancholia.
940	F.	40 " Married.	3 weeks.	124 "	Former Attacks.	Mania.
959	M.	35 " Single.	3 months.	45 "	Hereditary.	Melancholia.
874	F.	40 " Single.	3 months.	359 "	Hereditary.	Melancholia.
950	M.	28 " Married.	2 days.	81 "	Intemperance.	Acute Mania.
925	F.	44 " Single.	4 weeks.	208 "	Hereditary.	Acute Mania.
939	F.	25 " Married.	10 days.	166 "	Hereditary.	Puerperal Mania.
968	F.	62 " Widow.	6 months.	58 "	Son leaving her.	Acute Mania.
942	F.	31 " Married.	1 month.	169 "	Hereditary.	Mania.
970	M.	63 " Married.	3 or 4 years.	68 "	Hereditary.	Melancholia.
938	F.	26 " Single.	3 days.	1 year & 203 "	Relapse.	Melancholia.
988	F.	33 " Married.	10 weeks.	27 "	Puerperal.	Monomania.
1005	M.	33 " Single.	3 days.	32 "	Intemperance.	Mania.
931	F.	50 " Married.	2 weeks.	329 "	Relapse.	Mania.
969	F.	36 " Single.	1 month.	147 "	Not stated.	Acute Mania.
1037	M.	51 " Married.	5 days.	32 "	Intemperance.	Acute Mania.
979	M.	34 " Single.	3 months.	134 "	Remorse.	Monomania.
860	F.	21 " Single.	6 weeks.	1 year & 209 "	Love. Hereditary.	Acute Mania.
1042	M.	39 " Married.	1 month.	29 "	Hereditary.	Mania.
985	F.	63 " Single.	6 weeks.	155 "	Former Attacks.	Melancholia.
967	M.	37 " Married.	10 days.	254 "	Intemperance.	Mania.
803	F.	36 " Married.	9 months.	2 years & 169 "	Not stated.	Melancholia.
1057	M.	19 " Single.	10 days.	28 "	Anxiety and Intemperance	Acute Mania.
1038	M.	62 " Widower.	1 week.	93 "	Reduced Circumstances.	Mania.
252	M.	24 " Single.	3 weeks.	54 "	Intemperance.	Melancholia.
254	M.	42 " Married.	3 weeks.	122 "	Overwork. Hereditary.	Mania.

TABLE V.
OBITUARY.

No. on Register.	Sex.	Age at Death, and Civil State.	Form of Mental Disorder and Bodily Condition when admitted.	Alleged Length of Time Insane before Admission.	Duration of Residence in the Asylum.	Apparent Cause of Death.
6	M.	54 years—Single.	Mania.	Not known.	31 years 217 days.	Disease of the Liver.
554	F.	69 " Married.	Mania. Bronchial Affection.	A few days.	6 years 295 "	Disease of the Heart and Dropsy.
842	M.	28 " Single.	Mania. Weakly. Scabies.	1 month.	1 year 60 "	Maniacal Exhaustion.
781	M.	77 " Married.	Dementia. Fair.	13 years and a half.	2 years 13 "	Natural Decay.
869	M.	74 " Married.	Mania. Weak and Ulcer of the Leg.	1 year.	362 "	Bronchitis.
900	M.	19 " Single.	Epileptic Mania. Typhoid; Bruises.	1 week.	306 "	Epilepsy.
987	F.	49 " Married.	Mania. Fair. Deaf.	2 weeks.	2 years 43 "	General Paralysis of the Insane.
717	M.	38 " Single.	Dementia. Fair. Epilepsy.	Not known.	3 years 47 "	Epilepsy.
482	F.	48 " Single.	Melancholia. Not remarkable.	Several days.	9 years 288 "	Consumption.
723	F.	50 " Widow.	Chronic Mania. Fair.	Not known.	3 years 8 "	Erysipelas of the Face.
903	F.	68 " Married.	Melancholia. Anasarca. Exhaustion.	5 months.	293 "	Natural Decay.
953	F.	34 " Married.	Acute Mania. Febrile.	3 months.	116 "	Maniacal Exhaustion.
965	M.	34 " Widower.	Epileptic Mania. Fair.	1 month.	93 "	Epilepsy.
972	F.	47 " Married.	Melancholia. Emaciated.	1 week.	69 "	Maniacal Exhaustion.
775	F.	25 " Single.	Mania. Weakly.	Not known.	2 years 148 "	Albumen uria.
952	M.	41 " Single.	Dementia. Weakly.	3 months.	153 "	General Paralysis of the Insane.
911	F.	31 " Single.	Idiocy. Fair.	Congenital.	344 "	Consumption.
690	F.	50 " Married.	Mania. Fair.	2 weeks.	4 years 154 "	Consumption.
1047	F.	66 " Widow.	Typhoid Delirium. Exhaustion.	14 days.	3 "	Typhoid Exhaustion.
916	M.	61 " Married.	Mania. Fair.	6 months.	1 year 63 "	Apoplexy.
675	M.	41 " Single.	Chronic. Fair.	4 years.	4 years 94 "	General Paralysis of the Insane.
1034	F.	37 " Married.	Mania. Weakly; Anæmia.	4 months.	89 "	Maniacal Exhaustion. Phlegmonous Inflammation.
789	M.	35 " Married.	Dementia. Good.	7 months.	2 years 288 "	General Paralysis of the Insane.
58	F.	68 " Single.	Mania.	Not stated.	20 years 140 "	Apoplexy.*
1020	M.	29 " Single.	Chronic Mania. Fair.	6 years & 3 months.	134 "	Disease of the Brain. Jaundice.
1004	F.	30 " Married.	Chronic Mania. Weakly.	4 years.	151 "	General Paralysis of the Insane.
901	F.	58 " Single.	Melancholia. Weak, nearly Blind.	3 months.	1 year 168 "	Maniacal Exhaustion.

* An inquest was held on the above case. The patient, an aged female, was seized at the dinner table with apoplexy. She spoke a few words, swallowed a little fluid, became comatose, and expired. A verdict was returned that "The deceased being lunatic was suddenly seized with apoplexy; caused naturally, and instantly died."

TABLE VI.
PAUPER DIETARY.

BREAKFAST.		MALES.		FEMALES.	
EVERY DAY.	{	Milk Porridge, or Coffee, with 4 oz. of Butter for 12 Patients...	1½ pt.	Tea, Coffee, or Porridge ...	1 pt.
		Bread ...	7 oz.	Butter for 12 Patients	4 oz.
				Bread ...	6 oz.
DINNER.					
SUNDAY.	{	Roast Meat, free from Bone ...	6 oz.	...	5 oz.
		Bread ...	4 oz.	...	4 oz.
		Vegetables ...	16 oz.	...	12 oz.
		Beer ...	½ pt.	...	½ pt.
MONDAY.	{	Pease Soup ...	1¼ pt.	...	1 pt.
		Bread ...	6 oz.	...	5 oz.
		Beer ...	½ pt.	...	½ pt.
TUESDAY.	{	Suet Pudding...	16 oz.	Rice Pudding	12 oz.
		Treacle Sauce ...	2 oz.	Bread ...	5 oz.
		Beer ...	½ pt.	Cheese ...	1 oz.
				Beer...	½ pt.
WEDNESDAY.	{	Boiled Meat, free from Bone ...	6 oz.	...	5 oz.
		Bread ...	4 oz.	...	4 oz.
		Vegetables ...	16 oz.	...	12 oz.
		Beer ...	½ pt.	...	½ pt.
THURSDAY.	{	Irish Stew ...	1¼ pt.	...	1 pt.
		Bread ...	6 oz.	...	5 oz.
		Beer ...	½ pt.	...	½ pt.
FRIDAY.	{	Meat in Pie, free from Bone ...	5 oz.	...	4 oz.
		Pie Crust ...	10 oz.	...	8 oz.
		Potatoes, sliced ...	12 oz.	...	8 oz.
		Beer ...	½ pt.	...	½ pt.
SATURDAY.	{	Rice Pudding	16 oz.	Suet Pudding	16 oz.
		Bread ...	6 oz.	Treacle Sauce	2 oz.
		Cheese ...	1 oz.	Beer...	½ pt.
		Beer ...	½ pt.		
SUPPER.					
EVERY DAY.	{	Bread ...	6 oz.	Bread ...	5 oz.
		Cheese ...	1 oz.	Butter for 12 Patients	4 oz.
		Beer ...	½ pt.	Tea ...	1 pt.
		Or Milk Porridge, or			
		Tea ...	1¼ pt.		

Irish Stew, made of Meat, Potatoes, Vegetables, Herbs, &c.

Beer, 14 Gallons to the Bushel.

A Salad once a week.

Regular Workers in the Garden, Laundry, &c., have at 11 a.m., Bread, 4 oz., Cheese, 1 oz., Beer, ½ pint; at 4 p.m., Beer, ½ pint.

ANNUAL ACCOUNT FOR 1859
OF
Receipts and Payments
OF THE
COUNTY AND BOROUGH LUNATIC ASYLUM
AT SNEINTON, NEAR NOTTINGHAM.

RECEIPTS.

	£	s.	d.	£	s.	d.
Balance in Treasurer's hands	573	2	8			
„ Clerk's „	45	0	3			
„ Storekeeper's „	25	2	10			
	<hr/>			643	5	9
From Sales of—						
„ Pigs	53	16	6			
„ Mangel Wurzel	9	1	3			
„ Bones	4	10	4½			
„ Grains	0	14	2			
„ Rags	6	0	6			
„ Old Stores	8	8	11½			
	<hr/>			82	11	9
„ Clothing				4	3	0
„ Bricks				84	6	6
From Private Patients, at 16s. per week ...				873	12	0
„ Paupers in Unions and Parishes in the County and Borough contributing to Asylum, at 8s. 6d. and 7s. 6d. per week—						
„ Basford Union	928	17	1			
„ Bingham „	355	11	8			
„ Doncaster „	42	7	8			
„ Gainsborough „	47	8	11			
„ Loughborough „	39	15	6			
„ Mansfield „	564	9	0			
„ Melton Mowbray „	22	15	5			
„ Newark „	111	7	0			
	<hr/>					
Carried forward ...	2112	12	3	1687	19	0

				£	s.	d.	£	s.	d.
	Brought forward	2112	12	3	1687	19	0
From Nottingham Union	1272	3	1			
„ Bedford	„	620	6	1			
„ Retford	„	241	19	4			
„ Shardlow	„	54	9	5			
„ Southwell	„	419	1	1			
„ Worksop	„	251	6	1			
							4971	17	4
From Paupers in Counties and places not contributing—									
„ Borough of Newark, at 12s. per week	275	10	6			
„ Louth Union	... „ 14s.	„	...	6	15	0			
„ Leicester „	... „ „	„	...	0	12	0			
„ Oundle „	... „ „	„	...	8	12	0			
„ Sheffield „	... „ „	„	...	5	4	0			
„ Tewkesbury „	... „ „	„	...	7	12	0			
							304	5	6
From County Treasurer—									
For Vagrant Pauper Lunatics	64	17	8			
„ Criminal „	22	9	11			
							87	7	7
For Enlargement of Asylum in 1859	1000	0	0			
„ Repairs and Buildings in 1858	590	8	7			
„ Furniture and Bedding „ „...	181	0	2			
							1771	8	9
„ Removal of Patients to the Bucks and Lincoln Asylums in 1858	21	2	11			
„ Extra cost of Maintenance „	41	11	8			
							62	14	7
„ Removal and Return of Patients in 1859	49	0	6			
„ Extra cost of Maintenance in 1859	85	15	8			
							134	16	2
From Borough Treasurer—									
For Enlargement of Asylum in 1859	500	0	0			
„ Repairs and Buildings in 1858	295	4	3			
„ Furniture and Bedding „ „	90	10	1			
							885	14	4
From Louth Union—Repayment of Expenses									
of Removal	1	5	3			
Repayments of Funeral Expenses	13	11	6			
Damage to Gateway	1	0	0			
							15	16	9
Total Amount of Receipts	...						£9922	0	0

PAYMENTS.

SALARIES AND WAGES.

	£	s.	d.	£	s.	d.
Resident Medical Superintendent	400	0	0			
Chaplain	70	0	0			
Clerk	50	0	0			
Matron	60	0	0			
Storekeeper	50	0	0			
Attendants	367	16	2½			
Servants, Indoor... ..	124	11	0½			
„ Outdoor	26	0	0			
„ Occasional	22	14	3			
Male Attendants' Uniform	20	11	1			
Female „ „	12	7	7½			
	<hr/>			1204	0	2½

PROVISIONS.

Ale... ..	8	1	0
Apples and Fruit... ..	513	10½	
Arrow Root, Sago, &c.	3	3	9
Bacon	38	5	6
Biscuits	0	4	5
Butter	202	2	7
Cheese	89	14	6
Coffee	42	0	0
Chicory	1	10	0
Currants	3	8	2
Eggs	4	18	0
Fish, Poultry, &c.	6	10	1
Flour	518	0	0
Hops	27	10	6½
Malt	283	4	0
Barm	1	0	2½
Brewer's Wages	29	0	0
Lemons and Oranges	1	14	9
Meat	997	15	0
Milk	188	7	0
Oatmeal	30	4	0
Potatoes	6	1	10
Vegetables	0	7	3½
Raisins	1	8	11
Rice	25	16	0
Sugar, Loaf	4	14	0
„ Raw	92	10	0
Tea	117	2	0
Tobacco and Snuff	20	5	2
Treacle	1	15	0

Carried forward ... 2752 7 7 1204 0 2½

						£	s.	d.	£	s.	d.
					Brought forward	...	2752	7 7	1204	0 2½	
Pipes	0	14 3			
Vinegar, Spices, &c.	18	3 11			
						<hr/>			2771	5 9	

NECESSARIES.

Candles	7	7 1			
Coals	148	19 5			
Cobbles	157	4 7			
Chimney Sweep	3	0 0			
Gas Rent	68	8 1			
Oil, for Engine, &c.	5	14 7			
Soap	51	6 0			
Soda	7	6 0			
Starch and Blue	5	17 7			
Fire Wood	3	17 7			
Water Rent	1	10 0			
Sundries	10	1 5			
						<hr/>			470	12 4	

SURGERY AND DISPENSARY.

Drugs	51	17 1			
Leeches	0	2 0			
Wine	4	16 0			
Spirits	0	7 0			
Porter	16	17 4			
Medical Assistance	2	2 0			
						<hr/>			76	1 5	

CLOTHING.

Bonnets and Caps	8	10 1			
Calico	57	0 4			
Shirting	5	1 11			
Drabbet	16	5 3			
Flannel, &c.	27	19 3			
Hats and Caps	8	6 1			
Handkerchiefs and Stocks	8	17 6			
Jean	4	7 0			
Muslin	1	0 6			
Prints and Gingham	54	4 0			
Shawls	6	9 0			
Men's Clothing Materials	79	4 6			
Tailor's Wages	27	8 11			
Shoes and Repairs	166	16 0			
Thread, Cotton, &c.	12	14 8			
Hosiery	9	14 8			
Smallwares and Sundries	9	7 1			
						<hr/>			503	6 9	

Carried forward ... 5025 6 5½

FURNITURE, BEDDING, &c.

					£	s.	d.	£	s.	d.
Brought forward				5025	6	5½
Blankets	22	0	0			
Baskets, &c.	9	0	5			
Brushes, Mats, Mopping, &c.	42	10	4			
Carpets, Matting, &c.	27	2	5			
Clocks cleaning	0	19	0			
Chairs, &c.	6	15	10			
Counterpanes	11	14	0			
Curtains and Blinds	3	15	6			
Cooperage	10	7	10			
Crockery	27	18	5			
Culinary Utensils	36	13	7			
Sheeting and Air Cushions	63	12	11			
Table Linen	12	18	4			
Straw, Twine, &c., for Bedding...	15	6	7½			
Tick and Canvass	12	14	5			
Towelling...	1	10	4			
Sundries	7	7	4			
								312	7	3½

FUNERAL EXPENSES.

Coffins and Shrouds	9	0	0			
Bearers	7	2	0			
Burial Fees	3	13	0			
								19	15	0

BUILDING AND REPAIRS.

New Wing—

Cash paid Contractor...	1487	4	0			
„ Architect	81	17	0			
„ For Furnishing	345	17	0			
Value of Bricks used...	84	6	6			
								1999	4	6

Ordinary Repairs—

Architect	26	2	0			
Blacksmith	8	0	7			
Bricklayer	213	5	10			
Carpenter	46	2	0			
Cartage...	4	18	10			
Engine Repairs	14	7	6			
Gravel	9	6	0			
Gas Tar	7	13	9			
Glazier...	13	16	11			
Ironmonger	57	10	7			
Painter and Paint	14	14	4			
Plumber	97	18	11			

Carried forward ... 513 17 3 7356 13 3

					£	s.	d.	£	s.	d.
	Brought forward	513	17	3	7356	13	3
Stone Mason	11	2	9			
Timber...	36	12	2			
Whitewashing	49	0	0			
Miscellaneous	0	10	6			
								611	2	8
Rates and Taxes	28	10	10			
Insurance...	8	4	6			
								36	15	4
Watkinson's Annuity	20	0	0
Chargeable to the County only, for Extra										
Cost of Maintenance of Patients at Bucks										
and Lincoln Asylums...	112	19	9			
Removal and Return of Patients	52	1	0			
								165	0	9

GARDEN EXPENSES.

Pigs	18	11	6		
Implements	13	18	6		
Labour	57	0	0		
Seeds	18	1	4½		
Manure	7	9	0		
									115	0 4½

MISCELLANEOUS.

Advertisements, Printing, Stationery, and										
Stamps	46	15	7½		
Lunacy Forms, Books, Periodicals, and News						25	0	9		
Patients out on trial and removed	5	8	5		
Recovery of Escaped Patients	2	14	8		
Law charges	35	5	0		
Amusements	0	13	6		
									115	17 11½
Ordinary Cost of Maintenance of Patients at Bucks and										
Lincoln Asylums, repaid by Unions to which they belong										
									376	19 5
Total Amount of Payments ...										
						...	8797	9	9	
Balance in Treasurer's hands after Payment										
of all Cheques drawn for 1859 Accounts	1060	15	4		
Balance in Clerk's hands	46	17	8		
„ Storekeeper's	16	17	3		
									1124	10 3
									£9922	0 0

Audited Jan. 27th 1860, by us,

JON. RECKLESS.

WILLIAM VICKERS.

SUMMARY OF AVERAGE COST PER HEAD PER WEEK.

								<i>s.</i>	<i>d.</i>
Salaries and Wages	1	9½
Provisions	4	1¾
Fuel, Lighting, &c.	0	8½
Surgery, Dispensary, Wine, &c.	0	1¼
Clothing...	0	9
Garden Expenses	0	2
Miscellaneous	0	2
Add for Fractions	0	0¼
									<hr/>
Gross Total Cost	7	10¼
Less by Sales	0	1½
									<hr/>
Nett Average Cost of Maintenance per head per week	7	8¾

Aggregate Number of Days of Residence of Patients, 93,580.

Daily Average of Patients, 256.38.

N.B. The weekly rate of Maintenance for County and Borough Pauper Patients for 1860, is 8s. 3d. for Men, and 7s. 3d. for Women.

GENERAL STATEMENT OF RECEIPTS AND PAYMENTS ON ACCOUNT

FROM 1ST JANUARY

RECEIPTS.

	£	s.	d.
Balance in hand 1st January 1859...	643	5	9
RECEIPTS UNDER THE FOLLOWING HEADS, VIZ.			
1 From Interest on Moneys invested	0	0	0
2 From Sales and Produce of Labour, &c.	171	1	3
3 Maintenance Account, viz.:			
Private Patients	873	12	0
Pauper ditto { (1) From Counties and Boroughs to			
which Asylum belongs	5059	4	11
(2) From other Counties and Boroughs	304	5	6
4 From County and Borough Treasurers,—For Buildings and Repairs, Furniture and Fittings, Rates and Taxes, &c.	2854	13	10
5 From Voluntary Contributions	0	0	0
6 Miscellaneous	15	16	9
Balance due to Treasurer, 31st December	0	0	0

Total Receipts £9922 0 0

	£	s.	d.
Due by Unions in the County, for Maintenance of Patients, up to the 31st December, 1859	1427	10	7
Due for Out-county Patients	5	4	0
Due by County Treasurer,	£	s.	d.
For Two-thirds Balance of Enlargement	276	12	0
" " Ordinary Repairs	407	8	5
" " Furniture & Bedding	208	4	10
Balance of Extra Maintenance and Removal of Patients	30	4	7
	922	9	10
Due by Borough Treasurer,			
For One-third Balance of Enlargement	138	6	0
" " Ordinary Repairs...	203	14	3
" " Furniture & Bedding	104	2	5
	446	2	8
Balance on 31st December, 1859,			
In Treasurer's hands	1060	15	4
" Clerk's "	46	17	8
" Storekeeper's "	16	17	3
	1124	10	3
Total Assets	£3925	17	4

NOTTINGHAM COUNTY AND BOROUGH LUNATIC ASYLUM,
 1859.

PAYMENTS.

				£	s.	d.
Balance due to Treasurer, 1st January	0	0	0
PAYMENTS UNDER THE FOLLOWING HEADS, VIZ.:						
1 Monies invested during the Year	0	0	0
2 Salaries and Wages	1204	0	2½
3 Provisions (including all Articles of Diet, excepting Wine, Spirits, and Porter)	2771	5	9
4 Wine, Spirits, and Porter	22	0	4
5 Necessaries (e.g. Fuel, Light, Washing, &c.)	470	12	4
6 Surgery and Dispensary	54	1	1
7 Clothing	503	6	9
8 Furniture and Bedding	312	7	3½
9 Funeral Expenses	19	15	0
10 Building and Repairs	2610	7	2
11 Garden and Farm	115	0	4½
12 Rates, Taxes, and Insurance	36	15	4
13 Miscellaneous	115	17	11½
Removal, Maintenance, and Return of Patients	542	0	2
Annuity	20	0	0
Total Payments	8797	9	9
Balance in hand, 31st December	1124	10	3
				£9922	0	0

Audited January 27th 1860, by us,
 JON. RECKLESS.
 WILLIAM VICKERS.

3.

						£	s.	d.
Last Year's Assets	3221	9	1
Profit this Year	704	8	3

