

The eleventh annual report of the state of the lunatic asylum for the County of Nottingham, and the seventy-fifth of the original institution, formerly the General Lunatic Asylum, 1885 / [Nottingham County Lunatic Asylum].

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THE
ELEVENTH ANNUAL REPORT
OF THE STATE OF THE
LUNATIC ASYLUM
FOR THE
COUNTY OF NOTTINGHAM,
AND THE
SEVENTY-FIFTH OF THE ORIGINAL INSTITUTION,
FORMERLY
THE GENERAL LUNATIC ASYLUM,
1885.

SOUTHWELL:

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—
1886.



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COMMITTEE OF VISITORS

For the Year 1886,

APPOINTED BY THE JUSTICES OF THE COUNTY OF NOTTINGHAM.

ALBERT HEYMANN, ESQ., CHAIRMAN.

THE RIGHT HON. EARL
MANVERS.

THE RIGHT HON. VISCOUNT
NEWARK, M.P.

REV. T. C. CANE.

H. SHERBROOKE, ESQ.

J. T. EDGE, ESQ.

J. L. FRANCKLIN, ESQ.

H. V. STORY, ESQ.

T. I. BIRKIN, ESQ.

G. C. ROBERTSON, ESQ.

L. M. PARKINSON, ESQ.

OFFICERS :

TREASURER :

HENRY ABEL SMITH, ESQ.

RESIDENT PHYSICIAN AND SUPERINTENDENT :

ALFRED APLIN, L.R.C.P., LOND., M.R.C.S., ENG.

CHAPLAIN :

REV. A. P. WOODHOUSE.

ASSISTANT MEDICAL OFFICER :

MR. ARTHUR LOFTHOUSE, M.R.C.S., ENG., L.S.A., LOND.

CLERK :

MR. SAMUEL BUNTING.

STOREKEEPER :

MR. WILLIAM HUSBANDS.

HOUSEKEEPER :

MRS. E. LEE.

1885.

—

REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

LUNATIC ASYLUM AT SNENTON, NOTTINGHAM.

.....

*To the Court of Quarter Sessions for the County
of Nottingham.*

Your Committee have again the pleasure of submitting a favourable report of the management of the County Asylum during the year 1885.

The number of patients under treatment at the end of the year was 330, being 14 less than at its commencement; this decrease is in great part due to the removal of eleven male patients belonging to the Borough of Nottingham to the Borough Asylum: also that patients are now not sent from Derby.

The 330 patients are chargeable as follows:—

	M.	F.	T.
To Unions in the County of Nottingham	130	138	268
„ County of Nottingham	1	0	1
„ Borough of Nottingham	19	19
„ Borough of Newark	10	4	14
„ Out-County Unions	15	6	21
„ Private Patients	2	3	5
„ Private Criminals	1	1	2
	159	171	330

The weekly charge during the year has been 9/- for County patients, as against 9/6 in 1884, and 10/- previously.

Private and Out-County patients are charged at the rate of 14/-.

Considerable attention has been paid during the year to the gas and water pipes, the drainage, and to the general condition of the fabric. The profit of £566 4s. 4d. made during the year on the Out-County patients will cover more than half of the fabric expenses and a cheque to that amount has been paid to the County Treasurer.

Three servants of the Institution after many years of faithful service have during the year been awarded pensions

on their retirement being necessitated by ill health. In July Mrs. Lee was chosen as Housekeeper in the place of Miss Levers who retired with the best wishes of the Committee.

During the year the members of the Committee have frequently visited the Wards of the Asylum, and have found the condition of the patients satisfactory, and to this combined with the valuable services of the medical superintendent and other officers, the present satisfactory state of the Asylum is due.

A. Heymann,

CHAIRMAN.

7th JANUARY, 1886.

ANNUAL REPORT

OF THE

SUPERINTENDENT.

MR. CHAIRMAN, MY LORDS, AND GENTLEMEN,

I have the honor to present to you my Report for 1885, and to append to it the usual medical and other statistical tables. The year just past commenced the second decade of the management of the Asylum by Visitors appointed solely from the County Bench, and is the seventy-fifth since the foundation of the Institution as a "General Lunatic Asylum."

The changes in the population of the Asylum have been as follows:—

There were in the Asylum 1st January, 1885, 344 patients, (162 males and 182 females.) During the year 74 patients have been admitted (45 males and 29 females.) The Discharges have been 47, viz.: 26 males and 21 females. The Deaths numbered 41, viz.: 22 males and 19 females. There remained at the end of the year fourteen patients less than at its commencement, viz: 159 males, 171 females, in all 330. The average number of patients daily resident in the Asylum during the year has been 336.

Admissions.—Of the admissions it is only necessary to remark that the males (45) were greatly in excess of the females (29), and their disease of a more incurable character. Two patients were admitted in a comatose condition and evidently moribund; for statistical purposes these were classed as cases of dementia. An imbecile child was admitted in his first lustrum.

Discharges.—Respecting the discharges it will be noticed that whereas only 27·2 per cent. of the males recovered, so many as 60·7 females were discharged recovered. These numbers are exclusive of one patient of each sex received from other Asylums. Of those discharged not recovered the majority were removed to other asylums; and of these eleven males were transferred to the Nottingham Borough Asylum.

The *Deaths* were 41 in number being at the rate of 9·80 on the total number resident. Twelve of those who died had outlived the threescore years and ten, and two were octogenarians. Twenty-one died of diseases of the brain and cerebro-spinal system,—six of phthisis, and the remainder of various diseases of heart, lungs, and other viscera. Most of the deaths resulted from old-standing diseases; none occurred as the result of specific fevers or from any cause which could be deemed preventible.

I am thankful to say there has been no serious accident during the year; neither has any case of suicide occurred although more than half of those admitted were described on admission as being suicidal.

Of the *Causes of Insanity* two stand out prominently amongst the others, viz.: hereditary predisposition and habits of intemperance. The latter frequently appears to be the exciting cause of the insanity in individuals predisposed to it by the hereditary taint. In other cases drink-

ing to excess caused domestic and pecuniary troubles which in their turn excited the outbreak of insanity. In many cases physical disease was also an active cause, and occasionally the only apparent cause of the mental disturbances.

It is an universally acknowledged truth amongst those who have charge of the Insane that "occupations and amusements are essential aids to treatment;" therefore the patients have been encouraged as much as possible to engage in useful work and at their proper seasons in healthy sports and recreation. Cricket, football, athletic sports, picnics and country walks have been comprised in the out-door amusements. Music, dancing, variety entertainments, bagatelle, cards, dominoes, and reading are the most notable of the indoor diversions. Occasionally parties of quiet and trustworthy patients have attended concerts in the town or neighbourhood, but these parties are necessarily limited to between 40 and 50 of the best patients.

I regret to report that during the past year the water supply in our own well has fallen off considerably in quantity; this is probably due to a new well being sunk in the immediate neighbourhood. It will be necessary to add a check valve by which automatically the engine will pump either the well water or the Corporation water (when the former is for the time exhausted.) The charge for water during 1885 has exceeded the previous year by about £14; this is not a very serious item and the difference will doubtless be considerably larger another year; but it seems preferable to incurring the cost, perhaps in vain, of deepening the well. It would be necessary to deepen the well 35 or 40 feet at the least to be of any use.

The fire-drills are conducted regularly once a month and the brigade is very efficient. The rapidity of its work has been considerably enhanced by the adoption of a new coupling for the hose which is "instantaneous." Two new lengths of hose have been purchased, being an addition of 50 yards.

During the year new wooden floors have been laid down, instead of stone, in M 6 lavatory, closets and bedroom, M 3 lavatory and the servants' hall. Much work has been needed in connection with the gas and water pipes many old pipes have been condemned and new ones substituted. Some unsound chimneys have been partially rebuilt and others are to be attended to in the spring.

The expenditure upon the ordinary repairs to the fabric has been less this year than last; but the bill for the painting of the Asylum, inside and out, has necessarily made the total expenditure upon the fabric larger than usual. The outlay however was absolutely necessary as well for the preservation of the woodwork as for the appearance of the Asylum.

Three old and faithful servants of the County have during 1885 been obliged by illness to retire from their duties, and have been accorded by you the full pension of two-thirds of their salaries and emoluments.

Wm. Ward had as hall porter rendered more than 40 years faithful service; Joseph Hayes, engineer, 38 years; and William Smith, as an attendant, 24 years.

There has been no important change in the list of officers, except the retirement of Miss Levers and the election of Mrs. Lee in her place.

With few exceptions I am glad to be enabled to report favourably of the conduct and industry of the attendants and servants during the year.

I have to thank my medical colleague for much valuable and willing assistance.

My thanks are also due to all those who have loyally and earnestly performed their duties in their respective departments, and who have by so doing promoted the happiness and welfare of the patients as well as the good order and discipline of the establishment for which you hold me responsible.

Finally, gentlemen, permit me to tender you my sincerest thanks for the kind and cordial support you have always accorded to me, and to acknowledge with gratitude the sympathetic attention which you have invariably given to any schemes which have been proposed for the good of the Asylum, or the comfort and welfare of its inhabitants.

I have the honour to be

Mr. Chairman, my Lords, and Gentlemen,

Your faithful and obedient Servant,

Alfred Aplin.

21ST JANUARY, 1886.

REPORT

OF THE

COMMISSIONERS IN LUNACY.

NOTTINGHAM COUNTY LUNATIC ASYLUM,

June 12th, 1885.

The patients here are fewer now than they were when our Colleagues last visited in April, 1884—331 instead of 363. Against 84 admissions, 67 discharges, and 49 deaths appear in the returns made to us. The males now upon the books are 155, the females 176. The chargeability of these patients is as follows,—266 to Nottingham and Unions in the County, 15 to Newark, 20 to Nottingham Borough, 21 to Derby, 7 belong to the private class, and 2 are criminals. No one in either division is absent on leave and we saw all of each sex. When we arrived most of the patients were out of doors at work or strolling in the grounds, and there we saw the majority, however every person had full opportunity of addressing us on any subject, as we walked amongst them, and many did speak to us. Except upon the subject of discharge we were not appealed to, and those who made that appeal were cases in whom insanity was very clear,—as also unfitness to take care of themselves.

As regards cleanliness in the male division we cannot report very favourably. Many, are however, of a low and degraded nature. No person was during our visit under restraint or in seclusion, and there was no exhibition of noisy excitement.

The epileptics are 55, the suicidal are reported to us to be 82, and the general paralytics 24. The staff on duty we think numerically sufficient, but the recording stations are far

too few to secure any evidence of the attendants' vigilance at night. In the observation dormitory appropriated for the patients disposed to self destruction there are blind strings which might well be dispensed with. No attempt at suicide has been made for a considerable period. A male patient noisy at night is sometimes placed in a single room in the basement No. 1., an attendant sleeps near, and hourly visits are supposed to be made to the patient by the night patrol, but there is no recording station near. The only person in bed to day was a woman, not in the infirmary.

The Wards for the sick are very comfortable, the others are clean and in good order.

The interior of the Asylum has been painted freshly,—this gives it a cheerful aspect. Seeing workmen in one of the female wards we learned upon enquiry that the head attendant in the male division, the engineer, and the artisans have keys which by day can admit them on the womens' side. We know that mischief has resulted from the possession of such keys in other asylums, and strongly recommend the withdrawal of these keys and the admission only with the knowledge and sanction of the head attendant on the female side, however trustworthy the male attendant and artisans may be.

The New Staircase for exit in the detached building has now been finished and a padded room has been provided there. A plumber's shop has also been built and an external lavatory has been put up for the use of the men working outside the asylum.

The Dietary is unchanged. Irish Stew was the fare to-day—which we tasted and found palatable. Beer is brewed and bread is made upon the premises,—we tasted the former, and can speak well of it as a wholesome beverage. Workers

have extra beer and bread and cheese. Those who prefer water to beer at meal-times can have it. According to the medical journal 28 men and 29 women are taking medicine.

There has been no resort to mechanical restraint, but 5 males have been secluded on eleven occasions for an aggregate of 70 hours, and 14 women on forty-nine occasions for a total period of 289 hours,—one female accounts for twenty-seven occasions and 220 hours for violence on her part. Those who go beyond the boundaries of the Asylum are returned to us as 63 men and 56 women. Small parties go out frequently, a considerable number to pic-nics occasionally. The patients usefully employed are stated to be 89 males and 82 females. Of these however 43 men and 27 women are chiefly helpers in the galleries only. 30 men work on the land, 12 at trades, and 25 women assist in the laundry. We are sorry to say that the Committee have not given a change of linen to the female patients, so that it is still worn day and night for a whole week,—which is most unusual in asylums, and cannot commend itself to us as a wholesome or cleanly practice.

The average attendance at Chapel on Sundays here is 83 men and 70 women. There is but one service on Sundays, and no daily prayers are read.

The Case Books so far as we had time to examine them, seem to be kept up well.

There is no change in the medical staff, but the housekeeper is leaving at her own desire, and three employees of the male sex have left after many years of service, and we are glad to hear that their services have been rewarded by pensions.

<i>Charles Palmer Phillips,</i>	}	COMMISSIONERS IN LUNACY.
<i>W. Rhys Williams,</i>		

APPENDIX.

TABLE I.

SHEWING THE ADMISSIONS, DISCHARGES, AND DEATHS
DURING THE YEAR 1885.

	M	F	T
In the Asylum on the 1st January, 1885	162	182	344
	M	F	T
Admitted since for the first time	39	22	61
Re-admitted	6	7	13
Total admitted.....	45	29	74
Total under treatment during the year.....	207	211	418
DISCHARGED OR REMOVED.			
	M	F	T
Recovered	12	17	29
Relieved	12	3	15
Not improved	2	1	3
Died	22	19	41
Total discharged and died during the year	48	40	88
Remaining in the Asylum, 31st December, 1885 ..	159	171	330
Average number resident during the year	159	177	336

TABLE II.

SHEWING THE ADMISSIONS, RE-ADMISSIONS, AND
DISCHARGES,

From 1st January 1856, to the present date 31st December 1885.

	M	F	T
Brought forward from previous years, (1812 to 31st December, 1855)	120	110	230
Admitted during the period of 30 years	1317	1295	2612
Re-admitted	259	254	513
Total of Cases admitted	1696	1659	3355
	M	F	T
Discharged or removed			
Recovered	508	612	1120
Relieved	216	268	484
Not improved ..	120	75	195
Died	693	533	1226
Total discharged and died during the 30 years	1537	1488	3025
Remaining 31st December, 1885.....	159	171	330
Average number resident during the 30 years....			333.54

TABLE V.

SHEWING THE CAUSES OF DEATH DURING THE YEAR

CAUSES OF DEATH.	M.	F.	T.
General Diseases A (<i>none</i>)			
" " B			
Phthisis	1	1	2
" with Pneumonia	1	2	3
" with Pericarditis	1	0	1
Cancer of the Liver	0	1	1
Local Diseases.			
Diseases of the Nervous System—			
Apoplexy and Cerebral Abscess	0	2	2
" with Pneumonia and Heart Disease	0	1	1
" with Cerebral Softening (yellow)	2	0	2
" with General Paralysis of the Insane	1	0	1
Epilepsy with Phthisis	1	0	1
" with Senile decay	0	1	1
" with " " and Gangrene	1	0	1
Chronic Cerebral Softening	1	1	2
" " " with Pneumonia	1	1	2
" " " with Convulsions & Meningitis	1	0	1
General Paralysis of the Insane	5	2	7
Lung Diseases—			
Chronic Bronchitis	0	2	2
" " with Senile Decay	1	1	2
" " with Disease of Liver and Kidney ..	1	0	1
Pleurisy and Pericarditis	0	1	1
Pneumonia and Chronic Scrofulous Osteitis	1	0	1
Heart Disease with Syncope	0	2	2
" " with Disease of Liver and Kidney ..	1	0	1
Enteritis Chronic	0	1	1
Rupture of Kidney with Pelvic Cellulitis & Peritonitis ..	1	0	1
Caries of Vertebrae and Pelvic Abscess	1	0	1
TOTAL	23	19	41

TABLE VI.

Shewing the length of Residence in those Discharged and who have Died during the Year.

Length of Residence	Recovered			Died			Relieved or not Improved		
	M	F	T	M	F	T	M	F	T
Under 1 month	0	0	0	3	2	5	1	0	1
From 1 to 3 months	4	7	11	4	0	4	0	2	2
„ 3 — 6 „	3	2	5	1	0	1	1	1	2
„ 6 — 9 „	1	3	4	1	0	1	0	1	1
„ 9 — 12 „	1	2	3	0	1	1	0	0	0
„ 1 — 2 years	0	1	1	3	2	5	1	0	1
„ 2 — 3 „	2	0	2	2	6	8	3	0	3
„ 3 — 5 „	1	0	1	5	4	9	4	0	4
„ 5 — 7 „	0	2	2	1	0	1	3	0	3
„ 7 — 10 „	0	0	0	0	0	0	0	0	0
„ 10 — 15 „	0	0	0	1	3	4	0	0	0
„ 15 — 20 „	0	0	0	0	1	1	1	0	1
„ 20 — 30 „	0	0	0	1	0	1	0	0	0
TOTAL	12	17	29	22	19	41	14	4	18

TABLE VII.

Shewing the duration of the Disorder on Admission in the Admissions, Discharges, and Deaths, during the Year.

CLASS.	Duration of Disorder on Admission in the Four Classes											
	The Admissions			The Discharges						The Deaths		
				Recovered			Removed, Relieved, or otherwise					
M	F	T	M	F	T	M	F	T	M	F	T	
FIRST CLASS: First attack and within three months on admission	19	12	31	4	7	11	6	2	8	7	6	13
SECOND CLASS: First attack above 3 and within 12 months on admission	9	5	14	1	1	2	0	0	0	5	4	9
THIRD CLASS: Not first attack and within 12 months on admission.....	7	8	15	7	7	14	3	0	3	3	3	6
FOURTH CLASS: First attack or not but of more than 12 months on admission	8	3	11	0	2	2	4	2	6	4	6	10
Not ascertained	2	0	2	0	0	0	1	0	1	3	0	3
Congenital.....	0	1	1	0	0	0	0	0	0	0	0	0
TOTAL.....	45	29	74	12	17	29	14	4	18	22	19	41

TABLE VIII.

Shewing the Ages of the Admissions, Discharges, and Deaths during the Year.

AGES.	The Admissions			The Discharges						The Deaths			
				Recovered			Removed Relieved or otherwise						
	M	F	T	M	F	T	M	F	T	M	F	T	
From													
1 to 10 years	2	0	2	0	0	0	1	0	1	0	0	0	0
10 „ 15 „	1	1	2	0	0	0	0	0	0	0	0	0	0
15 „ 20 „	3	2	5	3	1	4	0	0	0	0	0	0	0
20 „ 30 „	4	7	11	1	7	8	4	2	6	1	2	3	
30 „ 40 „	9	6	15	1	4	5	3	0	3	7	3	10	
40 „ 50 „	6	4	10	3	4	7	3	1	4	2	2	4	
50 „ 60 „	11	4	15	1	1	2	1	1	2	5	2	7	
60 „ 70 „	7	2	9	2	0	2	1	0	1	2	3	5	
70 „ 80 „	2	2	4	1	0	1	1	0	1	4	6	10	
80 „ 90 „	0	1	1	0	0	0	0	0	0	1	1	2	
TOTAL..	45	29	74	12	17	29	14	4	18	22	19	41	

TABLE IX.

Conditions as to Marriage in the Admissions, Discharges, and Deaths, during the Year.

Condition in reference to Marriage	The Admissions			The Discharges						The Deaths		
				Recovered			Removed Relieved or otherwise					
	M	F	T	M	F	T	M	F	T	M	F	T
Single.....	16	14	30	5	9	14	9	3	12	7	5	12
Married	24	10	34	7	8	15	3	1	4	8	10	18
Widowed	4	5	9	0	0	0	2	0	2	6	4	10
Not Ascertained...	1	0	1	0	0	0	0	0	0	1	0	1
TOTAL....	45	29	74	12	17	29	14	4	18	22	19	41

TABLE X.

Shewing the probable Causes, apparent or assigned, of the Disorder, in the Admissions (45 -|- 29 = 74).

CAUSES OF INSANITY.		The Admissions									TOTAL.
		Predisposing Cause			Exciting Cause			Predisposing or Exciting Cause, where these cannot be distinguished			
		M	F	T	M	F	T	M	F	T	
MORAL.											
Domestic Trouble (including loss of relatives and friends)	A	3	6	9	9
Adverse Circumstances (including business anxieties and pecuniary difficulties)	B	6	2	8	8
Mental Anxiety and Worry (not included under the above two heads A and B) and Overwork.	C	..	1	1	5	2	7	8
Religious Excitement	D	3	3	6	6
Love Affairs (including seduction)	E	1	..	1	1
Fright and Nervous Shock	F
PHYSICAL.											
Intemperance in Drink	G ₁	3	2	5	16	..	16	21
„ Sexual	G ₂	1	1	1
Venereal Disease	H	2	1	3	3
Self-abuse (Sexual)	I	2	..	2	2
Over Exertion	K
Sunstroke	L
Accident or Injury	M	5	..	5	1	..	1	6
Pregnancy	N ₁
Parturition and the Puerperal State	N ₂	5	5	5
Lactation	N ₃
Uterine and Ovarian Disorders	O	..	1	1	..	1	1	2
Puberty	P ₁
Change of Life	P ₂	4	4	4
Fevers	Q	1	..	1	1
Privation and Starvation	R
Old Age	S	..	1	1	1
Other Bodily Diseases or Disorders	T	2	..	2	8	3	11	13
Previous attacks	V	10	8	18	18
Hereditary influence ascertained	W	13	15	28	28
Congenital defect ascertained	X	..	1	1	1
Other ascertained causes	Y	..	1	1	1
Causes unknown	Z	1	..	1	1
TOTAL		140

	M	F	T	
Epilepsy was a complication in	6	2	8	Cases.
General Paralysis existed in	17	3	20	"
Having Phthisical family history	6	5	11	"
Having family history of Intemperance	5	4	9	"
Having suicidal propensity	23	20	43	"

TABLE XI.

GENERAL STATEMENT OF ADMISSIONS, DISCHARGES, &c.
COMMENCING AT THE TIME OF THE UNION BETWEEN
THE COUNTY AND THE BOROUGH,
ON 31st DECEMBER, 1855.

(For the Statistics from the Opening of the Asylum on February 12th,
1812, up to 31st December, 1855, see former Reports.)

Note.—For 1879 and succeeding years the recoveries are calculated upon the
admissions, exclusive of transfers from other Asylums.

Year	Number of Admissions	Recovered	Relieved and Removed	Died	Remaining December 31st	Total under Treatment	Daily Average Resident	Per Centage of Recoveries on Admissions	Per Centage of Deaths on Daily Average	Per Centage of Deaths on Total Number under Treatment
1856	89	30	49	17	223	319	216.17	33.70	7.86	5.32
1857	86	28	11	23	247	309	239.08	32.55	9.62	7.44
1858	114	36	40	26	259	361	255.60	31.35	10.17	7.20
1859	128	39	60	27	261	387	256.38	30.46	10.53	6.97
1860	98	39	5	41	274	359	268.83	39.79	15.25	11.42
1861	121	31	21	39	304	395	293	25.61	13.31	9.87
1862	91	40	4	37	314	395	305	43.95	12.13	9.34
1863	87	36	10	38	317	401	320	41.37	11.8	9.47
1864	89	35	11	40	320	406	326	39.32	12.26	9.85
1865	109	42	8	41	338	429	335.48	38.5	12.22	9.55
1866	102	43	11	42	344	440	347	42.16	12.07	9.54
1867	95	39	19	43	338	439	337.38	41.05	12.74	9.79
1868	93	26	9	42	354	431	343	28.	12.24	9.74
1869	104	30	44	39	345	458	339	28.84	11.5	8.5
1870	110	40	6	48	361	455	353	36.36	13.59	10.54
1871	119	45	9	53	373	480	366	37.81	14.48	11.04
1872	116	35	8	67	379	489	370	30.17	18.10	13.70
1873	134	49	33	43	388	513	381	36.57	11.28	8.38
1874	86	39	16	39	380	474	393.17	45.34	9.91	8.22
1875	116	37	26	43	390	496	390.41	31.89	11.01	8.66
1876	124	47	22	47	398	514	392.16	37.90	11.98	9.14
1877	87	36	7	49	393	485	394	41.37	12.43	10.10
1878	85	29	7	52	390	478	393	34.11	13.23	10.87
1879	99	30	11	50	398	489	393	30.30	12.72	10.22
1880	107	32	163	30	280	505	359	35.55	8.35	5.94
1881	110	40	6	26	318	390	307	37.73	8.46	6.66
1882	140	50	13	40	355	458	344	38.46	11.63	8.73
1883	130	50	18	58	359	485	359	39.37	16.15	11.95
1884	82	38	14	45	344	441	355	47.50	12.67	10.20
1885	74	29	18	41	330	418	336	40.27	12.20	9.80

TABLE XII.

SHEWING THE FORMS OF INSANITY IN THE
PATIENTS ADMITTED.

	M	F	T
Mania	25	16	41
Melancholia	8	7	15
Dementia, ordinary.....	10	4	14
„ senile.....	0	1	1
Congenital (including Idiocy and other) Mental defect from Birth or Infancy. }	2	1	3
TOTAL	45	29	74

TABLE XIII.

CHARGEABILITY OF PATIENTS ON 31ST DECEMBER,
1885.

	M	F	T
County Union Patients	130	138	268
County proper Patients	1	0	1
Borough of Nottingham Patients	0	19	19
Borough of Newark Patients	10	4	14
Out-County Patients	15	6	21
Private Patients	2	3	5
Do. (Criminal).....	1	1	2
TOTAL	159	171	330

TABLE XIV.
NUMBER OF LUNATICS AND IDIOTS CHARGEABLE TO PARISHES IN THE COUNTY OF
NOTTINGHAM, ON THE 1ST JANUARY, 1886.

UNIONS.	In County Asylum			In other Asylums			In Workhouses			In Lodgings			With Friends			Total		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
Basford, in County of Nottm. . .	43	45	88	1	0	1	15	14	29	3	4	7	62	63	125
Basford, in Borough of ditto	11	11	0	11	11
Bingham	11	5	16	2	2	1	1	1	1	0	1	12	8	20
Doncaster
Gainsborough	3	0	3	3	0	3
Loughborough	1	1	2	1	1	2
Mansfield	27	28	55	13	12	25	5	6	11	45	46	91
Newark Borough	10	4	14	1	1	10	5	15
County	4	8	12	4	8	12
Nottingham Borough	8	8	8	8
Retford	17	9	26	4	10	14	2	4	6	23	23	46
Shardlow	3	4	7	3	4	7
Southwell	14	25	39	3	5	8	17	30	47
Worksop	7	13	20	5	9	14	2	6	8	14	28	42
County	1	0	1	1	0	1
Out-County	15	6	21	15	6	21
Total, 1885	156	167	323	1	0	1	40	52	92	1	1	1	13	21	34	210	241	451
" 1884	162	179	341	2	0	2	43	53	96	0	3	3	10	25	35	217	260	477
Increase	12	18	1	0	1	3	1	4	..	2	2	3	4	1	7	19	26
Decrease	6

There are, in addition to the above, 5 Private Patients (2 males and 3 females) and 2 Criminal Patients (1 male and 1 female) in the Asylum.

TABLE XV.

D I E T A R Y .

BREAKFAST. EVERY DAY.	MALES.	FEMALES.
	Milk Porridge or Coffee, with 4oz. of Butter for 12 Patients $1\frac{1}{2}$ pt Bread $\frac{7}{7}$ oz	Tea, Coffee, or Porridge 1 pt Butter for 12 Patients 4 oz Bread 6 oz
DINNER.	Roast Meat, free from Bone 6 oz Bread 4 oz Vegetables 16 oz Beer $\frac{1}{2}$ pt 5 oz 4 oz 12 oz $\frac{1}{2}$ pt
SUNDAY.		
MONDAY.	Australian Meat .. 5 oz Bread 4 oz Vegetables 16 oz Beer $\frac{1}{2}$ pt 5 oz 4 oz 12 oz $\frac{1}{2}$ pt
TUESDAY.	Currant or Fruit Pudding 16 oz Beer $\frac{1}{2}$ pt	Rice Pudding 12 oz Bread 5 oz Cheese 1 oz Beer $\frac{1}{2}$ pt
WEDNESDAY.	Meat, in pie, free from Bone 5 oz Pie Crust 10 oz Potatoes, sliced ... 12 oz Beer $\frac{1}{2}$ pt 4 oz 8 oz 8 oz $\frac{1}{2}$ pt
THURSDAY.	Boiled Meat, free from Bone ... 6 oz Bread 4 oz Vegetables 16 oz Beer $\frac{1}{2}$ pt 5 oz 4 oz 12 oz $\frac{1}{2}$ pt
FRIDAY.	Irish Stew $1\frac{1}{4}$ pt Bread 6 oz Beer $\frac{1}{2}$ pt 1 pt 5 oz $\frac{1}{2}$ pt
SATURDAY.	Rice Pudding 16 oz Bread 6 oz Cheese 1 oz Beer $\frac{1}{2}$ pt	Currant or Fruit Pudding 16 oz Beer $\frac{1}{2}$ pt
SUPPER. EVERY DAY.	Bread 6 oz Butter for 12 Patients 4 oz Tea $1\frac{1}{4}$ pt or Bread with Milk Porridge $1\frac{1}{2}$ pt	Bread 5 oz Butter for 12 Patients 4 oz Tea 1 pt

The Stew, made of Australian Meat, Potatoes, Vegetables, &c.
Beer, 14 Gallons to the Bushel.

A Salad once a week.

Tea or Coffee instead of Milk Porridge on Rice Pudding Days.

Regular Workers in the Garden, Laundry, &c. have, at 11 a.m., Bread, 4oz.
Cheese, 1oz. ; Beer, $\frac{1}{2}$ pint ; at 4 p.m., Beer, $\frac{1}{2}$ pint.

Seed Cake twice a week in lieu of Bread and Butter.

TABLE XVI.

LIST OF NEEDLEWORK, EXCLUSIVE OF REPAIRS.

193 Dresses	9 Valances
256 Shirts	268 Bath Towels
325 Shifts	21 Tea Towels
36 Pairs of Drawers	21 Roller Towels
55 Flannel Petticoats	49 Table Cloths
94 Flannel Vests	19 Window Blinds
132 Pairs Stockings	12 Knitted Curtains
66 Pairs Stockings Footed	12 Antimaccassars
77 Aprons	22 Cushion Covers
16 Pinafores	1 Ottoman Cover
32 Bodices	5 Toilet Covers
52 Hoods	220 Muslin Curtains
19 Day Caps	62 Shrouds
10 Night Caps	244 Sheets
12 Night Shirts	140 Pillow Cases
9 Drabbet Shirts	20 Under Blankets
9 Carving Aprons	18 Under Sheets
2 Men's Slops	4 Boy's Pinafores
106 Serge Petticoats	

MEM.—Men's Clothing, Shoes, Bedding and Upholstery are made.
The Baking and Brewing are done on the premises.

THE ANNUAL ACCOUNT FOR 1885

OF THE

RECEIPTS AND PAYMENTS

OF THE

COUNTY LUNATIC ASYLUM,

AT SNENTON, NEAR NOTTINGHAM.

RECEIPTS.

	£	s.	d.	£	s.	d.
Balance in Treasurer's hands.	2036	9	9			
„ Clerk's hands	108	2	11½			
„ Storekeeper's hands	14	9	10½			
	<hr/>			2159	2	7
From Sales of Rags	2	14	0			
„ Old Stores	1	15	3			
	<hr/>			4	9	3

MAINTENANCE ACCOUNT.

From Unions in County contributing to the
Asylum at 9/- per week:—

Basford	2205	4	11			
Bingham	365	7	8			
Doncaster	0	0	0			
Gainsborough	77	1	2			
Loughborough	54	4	10			
Mansfield	1175	19	9			
Newark	285	2	1			
Retford	727	10	5			
Shardlow	145	2	5			
Southwell	917	15	8			
Worksop	436	8	0			
	<hr/>			6389	16	11
From County of Nottingham				23	16	0
From Unions and other places in Counties not contributing at 14/- per week—..						
Newark Borough Union	607	16	0			
Derby	798	6	0			
Barnet	15	8	0			
	<hr/>			1421	10	0

Carried Forward 9998 14 9

					£	s.	d.
Brought Forward	9998	14	9
By Treasurer of Nottingham Borough Asylum at 12/- per week	808	16	0
„ Private Patients	14/-	266	18	0
„ Parliamentary Vote	56	14	0
MISCELLANEOUS.					£	s.	d.
Interest on Investment of £150 Legacies	5	1	9
„ Bank Interest on Balances	33	19	6
„ „ on £4000 Deposit	120	2	0
County of Nottingham Funeral Expenses	19	10	0
Out-County Union	4	10	0
Removals and Trials	6	9	8
						189	12 11
TOTAL YEAR'S RECEIPTS						11320	15 8

A. Heymann, }
J. J. Birkin, } AUDITORS.

Charles Rogers,
 Chartered Accountant.

FEBRUARY 1st, 1886.

PAYMENTS.

				£	s.	d.	£	s.	d.	£	s.	d.
Balance due to Treasurer	0	0	0

SALARIES AND WAGES.

Salaries of Officers	1018	17	5					
Attendants	904	1	8					
Servants—In-door	114	9	2					
„ Out-door	42	10	6					
„ Occasional	110	5	2					
								1171	6	6		
										2190	3	11

PROVISIONS.

Meat	1443	1	0					
Milk	237	5	0					
Butter	348	18	5					
Cheese	121	10	1					
								707	13	6		
Flour	535	0	0					
Meal	0	0	0					
Rice	37	7	0					
Potatoes	90	15	4					
								663	2	4		
Sugar	115	12	0					
Tea	170	13	0					
Coffee	119	15	8					
Treacle	2	15	6					
								408	16	2		
Carried forward	3222	13	0	2190	3	11		

					£	s.	d.	£	s.	d.	£	s.	d.
	Brought forward	..						3222	13	0	2190	3	11
Malt	243	13	0						
Hops	58	3	0						
Brewer's Wages	42	0	0						
Beer Duty	145	0	9						

488 16 9

FARM AND GARDEN EXPENSES.

Pigs	102	3	0
Implements	0	0	0
Labour	72	16	0
Seeds	23	2	6
Manure	6	2	0
Pig Food Grinding	1	17	6

206 1 0

OTHER ITEMS.

Currants	14	17	6
Eggs	18	15	4
Raisins	2	18	4
Tobacco	20	5	0
Provision Sundries	48	3	1

104 19 3

Wine and Spirits	27	16	0
Port	44	11	0

4022 10 0

72 7 0

NECESSARIES.

Fuel—Coal	413	14	0
„ Wood	1	0	0

414 14 0

Lighting—Gas	117	3	8
„ Candles	3	6	0

120 9 8

Washing—Soap	93	9	6
„ Soda	9	1	11
„ Starch	9	13	0
„ Water	46	0	7
„ Laundry Wages	52	11	10

210 16 10

Other Items—Sweep	5	10	0
„ Oil	15	11	6
„ Sundries	45	16	6

66 18 0

SURGERY AND DISPENSARY

812 18 6
100 18 6

Carried forward 7198 17 11

					£	s.	d.	£	s.	d.	£	s.	d.
	Brought forward	..									7198	17	11
CLOTHING.													
Bonnets	4	12	2						
Handkerchiefs	2	5	0						
Calico	51	16	1						
Flannel	34	13	1						
Dresses	47	4	4						
Shawls	21	12	0						
Tailor's Wages	52	0	0						
Shoemaker's ditto	36	15	8						
Clothing Materials	116	5	2						
Shoes and ditto	74	15	0						
								441	18	6			
Attendants—Male	59	10	0						
„ Female	39	14	2						
								99	4	2			

541 2 8

FURNITURE AND BEDDING.													
Beds	2	16	0				
Blankets	56	16	3				
Carpets	94	3	0				
Chairs	0	0	0				
Curtains	10	12	8				
Crockery	21	17	4				
Counterpanes	52	4	0				
Culinary	103	12	2				
Sheeting	76	6	2				
Tick	5	17	10				
Table Linen	8	1	10				
Towelling	25	12	6				
Sundries	8	15	8				

466 15 5

FUNERAL EXPENSES, &c.													
Bearers	9	0	0				
Burial Fees	7	2	6				
Coffin Materials	8	0	4				
Removals and on Trial	4	19	7½				
Recapture	0	0	0				
Return Payment for private Patient	16	6	0				

45 8 5½

BY TRANSFER TO BUILDING AND REPAIRS FUND ACCOUNT:—

„ Excess of Weekly Charge of Out-County Patients }													
for 1885 }													
											566	4	4

OTHER PAYMENTS.

Advertising, Printing, Books, Stationery, &c.	..						112	15	4				
Amusements	27	9	1				
Bank Commission	11	11	0				
Bank—On Deposit	1000	0	0				

1151 15 5

Carried Forward

9970 4 2½

	£	s.	d.	£	s.	d.
Brought forward				9970	4	2½
Balance in Treasurer's hands	1228	16	9			
„ Clerk's hands	100	12	11½			
„ Storekeeper's hands	21	1	9			
				1350	11	5½
				11320	15	8

A. Heymann,
J. J. Birkin,

AUDITORS.

Charles Rogers,

Chartered Accountant.

FEBRUARY 1st, 1886.

AVERAGE WEEKLY COST OF MAINTENANCE, MEDICINE,
CLOTHING, AND CARE OF PATIENTS, DURING THE YEAR 1885.

	s.	d.
Provisions.....	4	4
Clothing	0	7½
Salaries and Wages.....	2	6
Necessaries (<i>e.g.</i>) Fuel, Light, Washing, &c.	0	11
Surgery and Dispensary	0	1¼
Wines, Spirits, and Porter	0	0¾
Charged to Maintenance Account:—		
Furniture and Bedding	0	7¼
Garden and Farm	0	2¾
Miscellaneous and Fractions.....	0	1½
	9	6
Less Monies received for Articles, Goods, and Produce (exclusive of those consumed in the Asylum	0	0
	9	6

Weekly Charge for Paupers to which the Asylum belongs,

9s. 0d. for 1885.

9s. 0d. for 1886.

„ from other Counties and Boroughs, 12s. and 14s.

Daily average Number of Patients Resident—Males	159
„ „ „ „ Females	171
TOTAL	330

FABRIC ACCOUNT, 1885.

RECEIPTS.

To Balance in Treasurer's hands	£	s.	d.
From County Treasurer :—					
For Ordinary Repairs	1135	16	7
To other receipts :—					
To Borough Treasurer for Quota of Annuity..	10	12	8		
„ Bank Interest	12	3	0		
To Transfer from Maintenance Account :—					
For Excess of Weekly Charge on Out-County Patients for	22	15	8
			566	4	4

1919 16 5

PAYMENTS.

BUILDING AND REPAIRS.			£	s.	d.	£	s.	d.	£	s.	d.
Blacksmith	40	17	0						
Builder	62	16	9						
Joiner's Wages	59	16	0						
Gas Tar	6	16	0						
Gravel	0	0	0						
Glazier	11	11	9						
Bank Commission	0	13	6						
Ironmonger	73	4	0						
Painter and Paper Hanger	371	0	5						
Plumber	60	11	7						
Mason	20	12	8						
Timber	28	3	1						
Whitewasher	70	0	0						
Sundries	18	5	11				824	8	8
Insurance	14	16	0						
Rates and Taxes	56	3	4						
Annuitants—County Quota							70	19	4
„ Borough of Nottingham							199	12	9
Balance in Treasurer's hands									
									1095	0	9
									8	13	4
									1103	14	1
									816	2	4
									1919	16	5

Examined and found correct, February 1st, 1886.

A. Heymann, }
J. J. Birkin, }
AUDITORS.

Charles Rogers,

Chartered Accountant.

FINANCIAL STATEMENT.

DR.		CR.	
	£ s. d.		£ s. d.
Balance due to Treasurer	By Unions contributing to the Asylum:—	
Assets, 1st January, 1885.....	For Maintenance of Patients up to 31st Dec, 1885 1655 11 11
Balance	" Out-County Patients, ditto 481 13 3
	0 0 0	By County Treasurer, for—	
		Ordinary Repairs.....	824 8 8
		Rates, Taxes, and Insurance 70 19 4
		Quota of Annuity Payments 199 12 9
			1095 0 9
		Less received from Asylum Treasurer for } excess of Weekly Charge for 1885. }	566 4 4
			528 16 5
		By Borough Treasurer—	
		Quota of Annuity Payments 8 13 4
		By Corporation Bond for Investment of Legacies.....	150 0 0
		" Bank on Deposit 4000 0 0
		Balance on 31st Dec. 1885—	
		In Treasurer's hands 1228 16 9
		" Clerk's hands 100 12 11½
		" Storekeeper's hand 21 1 9
			1350 11 5½
		Balance in hands of Treasurer of Fabric 816 2 4
		Loss for year 2166 13 9½
			35 2 6½
			9026 11 3

A. Heymann, }
J. J. Birkin, }

AUDITORS.

Examined and found correct, February 1st, 1886.

Charles Rogers,
Chartered Accountant.

THE CHARITABLE FUND FOR CONVALESCENT PATIENTS.

SNENTON MIDDLETON FUND CASH ACCOUNT.

To 31ST DECEMBER 1885.

RECEIPTS.		PAYMENTS.	
1885.	£ s. d.	1885.	£ s. d.
January 1.—To Balance at Bank 91 3 3	By Payment to 9 County Patients on their discharge	7 10 0
" 7.—" Dividend on £584 12 4 8 10 3	" Balance in Bank 100 13 0
July 7.—" Ditto 8 9 6		
	<u>£108 3 0</u>		<u>£108 3 0</u>

A. Heymann,
J. J. Birkin, }
 AUDITORS.

ABSTRACT OF ACCOUNTS FOR THE YEAR ENDING DECEMBER 31, 1885.

I.—MAINTENANCE ACCOUNT.

DR. THE TREASURER OF THE ASYLUM.		CR.	
1885, Jan. 1st.	£ s. d.	1885, Jan. 1st.	£ s. d.
To Balance due to Treasurer of Asylum	2159 2 7	By Balance due to Treasurer of Asylum	2159 2 7
To Balance in hand of Treasurer of Asylum	0 0 0	By Salaries and Wages (not including Payment for Labour appearing in Farming Account, not comprised in Building, &c.)	1018 17 5
To Goods sold as follows:—		By Officers	1171 6 6
Farm and Garden Sales, and other Receipts	0 0 0	By Attendants and others	2190 3 11
Kitchen Staff and Old Stores	4 9 3		
Sundries	0 0 0		
To Cash received on account of the Maintenance of Pauper Patients:—			
From Unions and Parishes within contributory Counties and Boroughs at 9/- per head per week	6389 10 11		
From other Unions and Parishes at 14/- per head per week	1421 10 0		
From Treasurers of Boroughs non-contributory at 12/- per head per week (above ordinary rate 10 and 31 Vic. c. 168, s. 23.)	0 0 0		
From Treasurers of Counties and Boroughs, for Patients adjudged chargeable thereto, viz:—			
Of Contributory Counties and Boroughs at 14/- per head per week	23 16 0		
Of Non-contributory Counties and Boroughs at 12/- per head per week	0 0 0		
From Treasurers of other Asylums for Patients received under contract or arrangement, at 12/- per head per week	808 16 0		
Private Patients	8648 18 11		
From Parliamentary Vote	56 14 0		
To other Receipts, viz:—			
Bank Interest on Balances	33 19 6		
Interest on Legacies Invested	6 1 9		
Farm Expenses and Removals	39 9 8		
Interest on £4000 Deposit	119 2 0		
	189 12 11		

II.—Statement of the Financial Condition of the Maintenance Account of the Asylum, 31st December, 1885.

£ s. d.	£ s. d.
Cash in hands of Treasurer and Sub-Accountants on 1st January 1885	1359 11 54
Maintenance Account	1908 19 11
Amount due from Unions and Parishes	4318 5 8
By Cash paid during the year in respect of:—	
Rates, Insurance, Taxes, &c., (not included in Buildings and Repairs)	0 0 0
Rent	0 0 0
Labour (not that of Patients)	72 16 0
Provisional Maintenance	14 17 6
Stock and dead (bought)	102 3 0
To other Items, viz:—	
By Balance in favour of Farm and Garden	239 15 7
	6077 13 5

III.—FARMING AND GARDENING ACCOUNT.

£ s. d.	£ s. d.
Asylum Estate	259 15 10
Land occupied therewith	0 0 0
	259 15 10
	0 0 0
	0 0 0
	72 16 0
	14 17 6
	29 6 0
	102 3 0
	239 15 7
	6077 13 5

IV.—BUILDING AND REPAIRS FUND ACCOUNT.

£ s. d.	£ s. d.
To Balance in hands of Treasurer and Sub-Accountants on 1st January 1885	1135 16 7
To Cash received from Patients, or from other sources, on account of:—	
Ordinary Repairs	104 19 10
Additional Alterations and Improvements	0 0 0
Additional Alterations and Improvements (not included in Farming Account)	0 0 0
To other Receipts	22 15 8
To Transfers from Maintenance Account, viz:—	
For Ordinary Repairs	0 0 0
For Additional Alterations and Improvements	0 0 0
Excess of Weekly Charge on "out-county" Patients	666 4 4
(25 and 26 Vic., c. 111 s. 6)	0 0 0
To Balance due to Treasurer of Asylum, Dec. 31st	£1919 16 5

Examined and found correct, February 1st, 1886,

G. Rogers,

Chartered Accountant.

A. Heymann,

Assessor.

(Signed)

Samuel Bunting,

Clerk to the Asylum.

