

First annual report of the state of the United Lunatic Asylum for the county and borough of Nottingham, and the forty-sixth of the original institution : year 1856.

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FIRST ANNUAL REPORT

OF THE STATE OF THE

UNITED

Lunatic Asylum,

FOR THE

COUNTY AND BOROUGH

OF

NOTTINGHAM ;

AND THE

FOURTY-SIXTH OF THE ORIGINAL INSTITUTION.

YEAR 1856.

NOTTINGHAM :

PRINTED BY T. FORMAN, "GUARDIAN" OFFICE, LONG ROW,

1857.



FIRST ANNUAL REPORT

OF THE STATE OF NEW YORK

UNITED STATES

James R. Eggleston

1850

1851

COUNTY AND REVENUE

NOTTINGHAM

EXHIBIT OF THE FIRST ANNUAL REPORT

YEAR 1850

NOTTINGHAM

REPORT OF THE BOARD OF SUPERVISORS

OF THE COUNTY OF NOTTINGHAM

OFFICERS FOR THE YEAR 1856.

W. H. BARROW, Esq., M.P., CHAIRMAN.

COMMITTEE OF VISITORS,
APPOINTED BY THE JUSTICES OF THE COUNTY OF
NOTTINGHAM.

The Right Hon. Viscount Newark, M.P.
Sir E. S. Walker, Knt.
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J. T. Edge, Esq.
F. J. S. Foljambe, Esq.
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Charles Paget, Esq.
J. S. Sherwin, Esq.
H. Sherbrooke, Esq.
The Rev. J. D. Becher.
The Rev. C. W. Eyre.

APPOINTED BY THE COUNCIL OF THE TOWN OF
NOTTINGHAM.

R. Birkin, Esq., Mayor.
T. Cullen, Esq.
J. Reckless, Esq.
J. Brewster, Esq.
W. Felkin, Esq.
J. L. Thackeray, Esq.
T. H. Smith, Esq.

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TO THE COMMITTEE OF VISITORS

OF THE

COUNTY & BOROUGH LUNATIC ASYLUM,

NEAR NOTTINGHAM.

The management of the Institution, as far as relates to the Medical Department, has been already laid before the Visitors by the Medical Superintendent at the usual period.

The loss of the Visiting Physician (the late lamented Dr. Williams) occurred in the middle of the year; but it has not been found necessary to fill the vacancy by the election of any successor to his office.

The Institution continues in the same state with reference to the accommodation afforded to the Voluntary Subscribers for their Patients, and the Wards are not so full as to render the continuance of this accommodation inconvenient at present.

Considerable delay and inconvenience has arisen in the preparation of the Annual Financial Statement, in consequence of great neglect on the part of the late Clerk, Mr. Harrison; and it has been found necessary to call in the assistance of the former Clerk, Mr. Hart, by whom the books have been at length posted, and the Annual Account prepared.

The Expenditure in the course of the year for ordinary repairs, and other items chargeable to the County and Borough Funds, amounts to £759 10s., to be defrayed in the proportions of two-thirds by the County and one-third by the Borough.

The Expenditure for the maintenance, care, medicine, clothing, and other expenses of the Patients, amounts to £5741 6s. 8d., and will be sufficiently provided for by the charges made

during the year for the paupers belonging to the County, the Borough, and the several Unions and Parishes, amounting in the whole to the sum of £4539 19s. 4d., and by the further sum of £1378 14s., which has been received from the Voluntary Subscribers for the Patients maintained on their account, and by the sum of £232 5s. 9d., received for the sale of pigs and other miscellaneous items.

It will, therefore, be unnecessary to alter the weekly rate of charge for the Pauper Patients.

W. HODGSON BARROW,

CHAIRMAN FOR THE YEAR 1856.

April 15th, 1857.

GENERAL STATEMENT OF THE RECEIPTS AND PAYMENTS ON ACCOUNT OF THE NOTTINGHAM COUNTY AND BOROUGH LUNATIC ASYLUM,

FROM 1ST JANUARY TO 31ST DECEMBER, 1856.

RECEIPTS.

From County Treasurer for current Expenses	£1000	0	0
From Borough ditto	500	0	0
From County Treasurer for New Buildings			
From Voluntary Subscribers for Private Patients	2156	14	10
From County of Nottingham Pauper Patients	804	4	4
From Borough of ditto			
From Sale of Pigs	128	6	6
" Potatoes, &c.	91	0	8
" Bones	2	12	0
" Dripping	0	13	8
" Grains	1	0	0
" Rags	3	14	4
" Old Stores	4	12	10
From Private Patient for Pauper Clothing destroyed			
Total Receipts	6793	2	8
Balance due to Treasurer after paying December Accounts	444	6	6
	7237	9	2

PAYMENTS.

Ordinary Maintenance	£4031	17	8
Salaries and Wages	1257	6	1
Clothing	452	2	11
Repairs to Buildings, &c., and Items chargeable to County & Borough including £155 4s. 2d. Law Charges			
Paid on account of Contract for new Kitchen, Chapel, &c., not yet completed			
Total Payments	5741	6	8
Balance in the hands of the Clerk, December 31st, 1856	7150	16	8
	86	12	6
	7237	9	2

Examined by
RICHARD BIRKIN.

PROFIT AND LOSS ACCOUNT, YEAR 1856.

PATIENTS ACCOUNTS.

Private Patients	..	£1378 14 0	Ordinary Maintenance	..	£4031 17 8
County of Nottingham Paupers	£3468 18 1		Salaries and Wages	..	1257 6 1
Borough of ditto	1071 1 3	4539 19 4	Clothing	..	452 2 11
					<u>£5741 6 8</u>

RECEIPTS.

From Sale of Pigs, &c., &c.	..	232 5 9	Excess of Receipts	..	409 12 5
		<u>£6150 19 1</u>			<u>£6150 19 1</u>

TOTAL FUND.

	£	s.	d.	£	s.	d.
Due by Voluntary Subscribers, December 31st, 1856	..	318	16 2			
" Parishes in County and Borough ..	..	1579	0 2			
" County for Repairs to Buildings, &c. ..	506	6 8				
" Borough for ditto ..	253	3 4				
			<u>759 10 0</u>			
				2657	6 4	
Balance due to Treasurer, December 31st, 1856	..			444	6 6	
Cash in the Hands of the Clerk ..	..			86	12 6	
				<u>357 14 0</u>		
				<u>£2299 12 4</u>		

Examined by

RICHARD BIRKIN.

NEW CHAPEL AND KITCHEN ACCOUNT.

Received from County Treasurer	..	..	£1039 19 11	Paid on account of Contract for the above	..	£650 0 0
				Balance Remaining	..	389 19 11
			<u>£1039 19 11</u>			<u>£1039 19 11</u>

GENERAL BALANCE.

Total Amount of Fund	..	..	£2299 12 4	Balance due to Building Account as above	..	£389 19 11
Received for Current Expenses	..	..	1500 0 0	Balance showing the excess of Receipts as per		409 12 5
				Profit and Loss Account	..	<u>£799 12 4</u>
			<u>£799 12 4</u>			

Examined by

RICHARD BIRKIN.

Tea, per contract, 697lbs., at 3s. 3d. ..	£113 4 3	£ s. d.
„ „ 1lb., at 5s. ..	£0 5 0	
„ „ 1lb., at 5s. 4d. ..	£0 5 4	
		113 14 7
Tobacco, 128lbs., at 3s. 5d. ..	£21 17 4	
„ 24lbs., at 3s. 6d. ..	£4 4 0	
		26 1 0
Snuff		0 1 0
Pipes		1 7 0
Treacle		4 1 10
Vinegar, Salt, Mustard, Pepper, and Spices ..		19 18 2

WINES, SPIRITS, AND PORTER.

Wine		5 8 0
Spirits		11 7 0
Porter		11 11 0

NECESSARIES, FUEL, LIGHTING, & WASHING.

Candles, Dip, 324lbs.		10 2 6
„ Mould, 15lbs.		0 14 0
Coals .. 125 tons 9 cwt. 0 qrs., at 9s. 6d.,	£59 11 6	
„ .. 63 tons 1 cwt. 0 qrs., at 9s.,	£28 6 6	
„ .. 37 tons 11 cwt. 3 qrs., at 8s. 6d.,	£15 19 3	
„ .. 106 tons 0 cwt. 2 qrs., at 7s. 6d.,	£39 15 2	
		143 12 5
Coals, soft.. 9 tons 19 cwt. 3 qrs., at 12s.,	£5 19 1	
„ .. 1 ton 13 cwt. 2 qrs., at 10s. 6d.,	£0 17 7	
„ .. 2 tons 4 cwt. 0 qrs., at 11s. 6d.,	£1 5 3	
		8 1 11
Cobbles .. 148 tons 7 cwt. 3 qrs., at 6s. 11d.,	£52 5 5	
„ .. 251 tons 0 cwt. 1 qr., at 6s. 4d.,	£79 7 7	
„ .. 133 tons 8 cwt. 0 qrs., at 6s.,	£40 0 0	
		171 13 0
Cokes, 2 qrs., at 2s. 4d.		0 4 8
Chimney Sweep		3 0 0
Gas Rent, 5 quarters		107 3 7
Gas Fittings		2 11 3
Oil for Engine..		5 3 6
Soap, 17 cwt., at 28s.	£23 16 0	
„ 20 cwt., at 37s. 6d.	£37 10 0	
		61 6 0
White and Windsor Soap, 55lbs.		1 19 0
Soda, 13 cwt. 14lbs., at 8s.		5 5 0
Starch and Blue		9 8 10
Firewood and Matches		1 18 9
Water		27 13 4
Sundries, as Blacklead, Turpentine, Whiting, Cotton Waste, Oil, Sawdust, &c.		10 14 5

SURGERY AND DISPENSARY.

Drugs		37 2 5
Leeches		0 6 0
Surgical Instruments		2 2 6

GARDEN EXPENSES.

Pigs		20 0 0
Implements of Husbandry		13 18 1
Seed		5 0 2

MISCELLANEOUS.

	£	s.	d.
Advertisements, Printing, Postage, and Stationery ..	71	9	3
Books, Periodicals, and News	13	4	7
Patients' Amusements	3	8	2
„ Discharged on Trial	6	16	0
„ Escaped	2	1	0
	£4031	17	8

SALARIES AND WAGES.

Visiting Physician	75	0	0
Resident Physician and Superintendent ..	320	0	0
Chaplain	70	0	0
Clerk	90	18	6
Matron	60	16	6
Attendants, 7 Male and 7 Female ..	302	8	11½
Servants, in-door	76	0	7
„ out-door	26	6	0
Engineer	52	0	0
Occasional	14	15	10½
Male Attendants' Uniform	17	10	0
Female ditto	10	11	5
Male Attendants, Night Duty	29	6	3
Brewer	24	0	0
Tailor, at 12s. per week	31	4	0
Two Gardeners	56	8	0
	£1257	6	1

CLOTHING.

Bonnets and Caps	2	14	0
Braces	2	2	3
Calico	36	2	11
Drabbet	5	15	0
Flannel and Tweed	25	15	0
Hats and Caps.. ..	6	17	11
Handkerchiefs	5	3	6
Jean	8	12	1
Muslin	1	3	0
Print and Gingham	27	12	9
Shawls	8	2	0
Suits of Clothes	79	11	0
Shoes	167	7	4
Thread, Needles, Cotton, Tape, &c. ..	30	14	3
Worsted and Cotton for Hose	23	9	9
Sundries	10	3	7

FUNERAL EXPENSES.

Coffins	4	16	0
Bearers	3	0	0
Burial Fees	3	0	0
	£452	2	11

FABRIC CHARGES.

					£	s.	d.
Baskets	..	..	..	..	1	13	6
Brushes, Door Mats, Mopping, &c.	..	..	..	..	60	11	1
Matting	..	..	..	..	7	12	10
Castings	..	..	..	..	11	4	8
Clocks Cleaning	..	..	..	..	1	4	6
Chairs Repairing	..	..	..	..	0	18	6
Cooperage	..	..	..	..	5	9	2
Crockery	..	..	..	..	19	16	4
Culinary and other Utensils..	..	..	..	..	17	12	9
Sheeting	..	..	..	..	30	4	7
Waterproof ditto	..	..	..	..	9	15	0
Table Linen	..	..	..	..	20	8	2
Straw and Twine for Mattresses	..	..	..	..	17	16	9
Tick	..	..	..	..	11	15	0
Towelling	..	..	..	..	11	14	11
Sundries	..	..	..	..	6	12	1
Architect	..	..	..	..	5	0	0
Blacksmith	..	..	..	..	10	12	0
Bricklayer	..	..	..	..	26	16	6
Carpenter	..	..	..	..	69	4	0
Cartage	..	..	..	..	1	12	6
Gravel	..	..	..	..	2	7	1
Gas Tar	..	..	..	..	10	8	6
Glazier	..	..	..	..	15	0	8
Insurance	..	..	..	..	6	6	0
Ironmonger	..	..	..	..	14	6	2
Painter	..	..	..	..	5	18	0
Emptying Panterpits	..	..	..	..	6	16	0
Plumber	..	..	..	..	39	11	9
Stonemason	..	..	..	..	9	0	1
Tiles	..	..	..	..	1	15	1
Timber	..	..	..	..	29	6	0
Whitewasher	..	..	..	..	54	7	0
Miscellaneous	..	..	..	..	4	17	6
Well Sinking	..	..	..	..	16	5	0
House Duty	..	..	..	..	1	0	0
Law Charges	..	..	..	..	155	4	2
Rates and Taxes	..	..	..	..	39	6	2
					£759	10	0

N.B.—The weekly rate of maintenance for Pauper Patients is 10s. for Men, and 9s. for Women.

WORK DONE BY FEMALE PATIENTS.

ARTICLES MADE.

16 Fine Shirts
 239 Calico do.
 153 Do. shifts
 206 Sheets
 134 Bolster Covers
 156 Day Caps
 36 Night do.
 111 Print Dresses
 6 Strong do.
 254 Aprons
 210 Handkerchiefs made and
 12 Mattress Cases [marked
 2 Blanket do.
 120 Pairs Hose knit
 10 Antimacassars do.
 29 Table Cloths
 62 Pudding do.
 22 Flannel Vests
 74 Do. Shirts
 18 Bodices
 114 Flannel Petticoats
 98 Tweed and Jean do.
 132 Pairs Hose seamed
 4 Habit Shirts
 19 Window Blinds
 256 Towels
 4 Pinafores
 4 Drabbets
 2 Men's Smock Frocks
 36 Iron Holders
 104 Dusters
 8 Strong Shirts
 96 Bonnet Trimmings
 16 Ladies' Caps
 64 Scouring Cloths
 26 Book and Paper Cases
 12 Pairs Stays

ARTICLES REPAIRED.

137½ Dozens Shirts
 501½ Do. Pairs Stockings
 30 Window Blinds
 317 Day Caps
 99 Night do.
 56 Do. Gowns
 33 Aprons
 756 Sheets
 360 Bolster Covers
 12 Smock Frocks
 127 Counterpanes
 44 Table Cloths
 41 Mattress Covers
 54 Blankets
 228 Petticoats
 149 Flannel do.
 31 Flannel Vests
 15 Drabbets
 701 Print Dresses
 38 Strong Sheets
 5 Blanket Cases
 458 Chemises
 29 Bodices
 4 Pinafores
 6 Pairs Hose Footed
 6 Bed Valances
 6 Pairs Stays

REPORT OF THE SUPERINTENDENT
OF THE
COUNTY & BOROUGH LUNATIC ASYLUM
AT SNENTON.

FOR 1856.

TO THE COMMITTEE OF VISITORS.

MR CHAIRMAN, MY LORD AND GENTLEMEN,

I have the honour to present the first Annual Medical Report of the state of the United Asylum for the County and Borough of Nottingham, and the forty-sixth of the original Institution.

On the 31st December, 1855, there remained 230 Patients, viz. :—120 men and 110 women. During the year 1856, 45 men and 44 women were admitted, together 89, making a total of 319 under care and treatment. The recoveries have been 30, in equal proportions of the sexes. Ten were discharged relieved, 3 not improved, 17 died, and 36 were removed by the Union authorities as harmless chronic Lunatics. There now remain 120 men and 103 women.—Total 223.

The general health of the Patients has been good. There has been an absence of epidemic and endemic disease, and for the long period of 16 weeks and 3 days, no death occurred, although the Asylum was open during the time to all classes. It will be gratifying to the Visitors to learn from statistics published in the Asylum Journal for January, 1855, and based upon Parliamentary returns, that the annual rate of mortality at this Institution, compared with that of 21 other County Asylums, is

below the average, and the number of recoveries above. During the five years over which the returns extend, it has been found that the rate of mortality in the 22 County Asylums is 11.27 per cent. per annum on the average number resident, the numbers ranging between 6.3 (Hanwell) and 21.2; and the recoveries to 42.9 per cent. on the total number of admissions. In the mortality table the average rate per annum for the Nottingham Asylum is only 7.4 per cent.; and in this respect the Institution ranks next to Hanwell, which presents the most favourable rate. It stands third on the list of Asylums whose recoveries are above the average; its rate being 47.4 per cent. During the past year the deaths have been at the rate of 7.86 per cent., thus approximating closely to the above quinquennial average. The results indicate that the dietary is wholesome, and the condition of the Asylum not unfavourable to health.

From the beginning of the year to the 17th March, the Asylum was declared full as regards the County, and during this period 11 cases from various Unions were refused admission, thereby necessitating their removal to Asylums and Licensed Houses at a distance. The question of discharging the incurable and harmless to their respective Unions was again discussed, and the Medical Officers, at the request of the Visitors, drew up a revised list of 46 Patients who might be properly taken care of elsewhere, in addition to five other Patients of this class who had been recently discharged to the Nottingham Poorhouse. Thirty-one were accordingly removed in March and April to their respective Workhouses. Before discharging them, no restrictions were imposed upon the Parish Officers respecting their treatment, but a recommendation was given by the Superintendent that they ought to be supplied with a more generous diet, and that they required more care than the ordinary inmates. Of the remainder of the cases of this class, one Union declined to receive a male Patient after inspection, and another has deferred the removal of their paupers up to the present. This experiment was partially carried out in 1855, when eleven cases were removed to the Nottingham Workhouse. It has had the effect of keeping the Asylum open to new

applicants, and of permitting the transfer of Nottingham and Nottinghamshire Patients confined in other Asylums at higher rates; but, on the other hand, by reducing the average daily number of residents, and increasing the proportion of dangerous and refractory, it has been one of the causes of preventing a reduction in the charge for weekly maintenance.

Of the 47 chronic cases discharged during the years 1855 and 1856, six have been returned; all of them hopeless cases of Dementia, characterized by harmless incoherency and inability to take care of themselves.

The admissions have been more numerous than usual: 21 were transfers from Mickleover and Leicester; the remaining admissions were generally of a confirmed character, the majority being incurable. Of the present number of Patients in the Asylum, 206 may be deemed incurable. The necessity of sending cases for treatment in the early stages of the disease, without waiting for the supervention of dangerous acts, cannot be urged too frequently upon the parochial authorities, as the contrary practice has the effect of converting the Asylum into a house of detention, instead of a hospital for the cure of the insane.

Of the 89 admissions, 17 had been previously confined here: 6 were chronic cases before referred to, and 2 were private Patients removed by their friends contrary to medical opinion, and brought back again after a short interval. Of the others, various periods had elapsed before re-admission, 2 having been absent from the Asylum more than a quarter of a century each.

The recoveries were 30; the deaths 17. The register of deaths presents but little material for comment: one was a suicide. A young man, whose father had also committed suicide, destroyed himself by hanging a few days after admission. The treatment most recently recommended was adopted towards him. He was sent into the garden for recreation and employment under supervision. Sedative medicines were also administered. Having occasion to go to the water-closet, it was noticed that he was a few minutes longer than usual there. When called for he was found in the sitting position on the floor dead, his

neckerchief tied in a noose round his neck, and fastened to the hasp inside.

It is the opinion of the most experienced physicians that Patients with a determined suicidal tendency, whether treated on the Restraint or Non-Restraint system, will, in spite of the most vigilant attention, occasionally find means and opportunity of effecting their own destruction.

The comfort and tranquillity of the Patients have been increased by regular walks in the kitchen garden, in addition to the ordinary airing grounds; by a plentiful supply of books and periodicals; and by an additional stock of furniture in the various galleries.

In consequence of frequent applications by the public for attendants and nurses to wait upon insane persons outside, permission was obtained, at the suggestion of one of the Visitors, for persons of respectable conduct desirous of qualifying themselves for such offices to be instructed in these duties in the Asylum.

The Commissioners in Lunacy visited the Asylum on the 10th June, and made the following report on the condition of the Patients:—

“We were well satisfied with the dress and personal condition of the Patients. The several galleries, rooms, beds, and bedding were very clean and in the best order, and the atmosphere throughout was pure.”

The medical treatment of the Patients and the superintendence of the Asylum having this year wholly devolved upon me, I beg to assure you that it will be my earnest endeavour to promote the recovery of the insane, and to conduct the management of the Asylum to the satisfaction of the Visitors.

W. PHILLIMORE STIFF, M.B.,

SUPERINTENDENT AND RESIDENT PHYSICIAN.

January 21st, 1857.

MEDICAL STATISTICS

FOR THE YEAR ENDING DECEMBER 31, 1856.

Table showing the general results of the Year.

			Males.	Fem.	Total.
Patients remaining December 31st, 1855	...	...	120	110	230
„ Admitted during 1856	...	...	45	44	89
Total under treatment	...	...	165	154	319
		Males.	Fem.	Total.	
Discharged recovered	...	15	15	30	
Ditto relieved	...	2	8	10	
Ditto not improved	...	3	0	3	
Dead	...	11	6	17	
Harmless chronic	...	14	22	36	
		45	51	96	
Remaining December 31st, 1856	...	...	120	103	223

Classification of Patients in the Asylum.

			Males.	Fem.	Total
First Class	...	...	0	1	1
Second Class	...	...	16	14	30
Paupers of the County	...	...	83	62	145
Criminal of the County	...	...	0	1	1
Paupers of the Town	...	...	18	24	42
Criminal of the Town	...	...	1	0	1
Borough of Newark Patients	...	...	2	1	3
			120	103	223

Daily average number of Patients 216.17.

Table showing the probable causes of Disorder in the Admissions during 1856.

MORAL.			PHYSICAL.		
Fear of Poverty ...	..	2	Hereditary (sole cause)...	16	
Domestic Anxiety ...	...	3	Intemperance ...	3	
Domestic Affliction ...	...	4	Lactation ...	2	
Over Study ...	...	3	Childbed ...	2	
Religious Excitement ...	...	7	Previous Illness ...	5	
Loss of Money ...	...	2	Debility ...	1	
Irritable Temper... ..	...	1	Physical Injury ...	5	
Fright	...	2	Congenital ...	3	
Excitement	...	1	Epilepsy ...	9	
Embarrassed Circumstances	1		Typhus ...	2	
	—		Disease of the Brain ...	3	
	26			—	
				51	
			Not assigned	12	
				—	
				89	

Hereditary Predisposition ascertained in 6 other cases.

Table showing the length of Residence of Patients who have Recovered.

					Males.	Fem.	Total.
Under one month	...	...	...	...	0	1	1
„ two months	...	...	...	...	4	1	5
„ three months	...	...	...	...	2	1	3
„ four months	...	...	...	...	0	3	3
„ six months	...	...	...	...	1	3	4
„ seven months	...	...	...	...	3	1	4
„ eight months	...	...	...	...	2	1	3
„ ten months	...	...	...	...	1	2	3
„ one year ...	...	...	...	...	0	1	1
„ six years ...	...	...	...	...	0	1	1
„ seven years	...	...	...	...	1	0	1
„ thirteen years	...	...	...	...	1	0	1
					15	15	30

Table showing the Causes of Death.

					Males.	Fem.	Tot.
Apoplexy... ..	...	...	...	...	2	0	2
Asthma	...	...	...	...	0	1	1
Bronchitis	...	...	...	...	1	0	1
Epilepsy	...	...	...	...	1	1	2
Exhaustion, Maniacal	...	...	..	...	1	0	1
Heart, Disease of	...	...	...	...	1	2	3
Phthisis	...	...	...	...	1	2	3
Paralysis General	...	...	...	...	2	0	2
Suicide by Hanging	...	...	...	...	1	0	1
Ulceration of Bowels	..	..	..	..	1	0	1
					11	6	17

PAUPER DIETARY.

BREAKFAST.		MALES.		FEMALES.	
<i>Every Day.</i>	}	Milk Porridge		Tea or Coffee	1 pt.
		or Coffee, with		Butter for every	
		4oz. of Butter		12 Patients	4 oz.
		for 12 Patients	1½ pt.	Bread	6 oz.
		Bread	7 oz.		
DINNER.					
<i>Sunday and Wednesday.</i>	}	Cooked Meat free			
		from Bone ...	6 oz.	—————	5 oz.
		Bread	4 oz.	—————	4 oz.
		Vegetables ...	16 oz.	—————	12 oz.
		Beer... ..	½ pt.	—————	½ pt.
<i>Friday.</i>	}	Meat in Pie, free			
		from Bone ...	5 oz.	—————	4 oz.
		Pie Crust... ..	10 oz.	—————	8 oz.
		Potatoes, sliced..	12 oz.	—————	8 oz.
		Beer	½ pt.	—————	½ pt.
<i>Monday and Thursday.</i>	}	Pea Soup, or Irish			
		Stew	1½ pt.	—————	1 pt.
		Bread	6 oz.	—————	5 oz.
		Cheese	1 oz.	—————	1 oz.
		Beer... ..	½ pt.	—————	½ pt.
<i>Tuesday.</i>	}	Rice Pudding ...	16 oz.	—————	12 oz.
		Bread	6 oz.	—————	5 oz.
		Cheese	1 oz.	—————	1 oz.
		Beer... ..	½ pt.	—————	½ pt.
<i>Saturday.</i>	}	Suet Pudding ...	16 oz.	—————	12 oz.
		Treacle Sauce ...	2 oz.	—————	1½ oz.
		Bread	6 oz.	—————	5 oz.
		Cheese	1 oz.	—————	1 oz.
		Beer	½ pt.	—————	½ pt.
SUPPER.					
<i>Every Day.</i>	}	Bread	6 oz.	Bread	5 oz.
		Cheese	1 oz.		
		Beer... ..	½ pt.	Butter for every	
		Or Milk Porridge		12 Patients..	4 oz
		or Tea	1¼ pt.		
		Butter for every		Tea	1 pt.
		12 Patients ...	4 oz.		

Irish Stew made of Shins of Beef, Scotch Barley,
Vegetables, Herbs, &c.

Beer, 14 Gallons to the Bushel.

THE FOLLOWING OFFICERS
ARE APPOINTED
FOR THE CURRENT YEAR, 1857.

R. BIRKIN, Esq., CHAIRMAN.

COMMITTEE OF VISITORS,
APPOINTED BY THE JUSTICES OF THE COUNTY OF
NOTTINGHAM.

The Right Hon. Viscount Newark, M.P.
Sir E. S. Walker, Knt.
W. H. Barrow, Esq., M.P.
A. Boddam, Esq.
J. T. Edge, Esq.
J. Handley, Esq., M.P.
C. J. Hill, Esq.
R. Holden, Esq.
R. Milward, Esq.
Charles Paget, Esq., M.P.
J. S. Sherwin, Esq.
H. Sherbrooke, Esq.
The Rev. J. D. Becher.
The Rev. T. C. Cane.

APPOINTED BY THE COUNCIL OF THE TOWN OF
NOTTINGHAM.

R. Birkin, Esq.
J. Brewster, Esq.
T. Cullen, Esq.
W. Felkin, Esq.
W. Page, Esq.
J. Reckless, Esq.
J. L. Thackeray, Esq.

OTHER OFFICERS.

TREASURER.....	H. SMITH, EsQUIRE.
RESIDENT PHYSICIAN AND SUPERINTENDENT	} W. P. STIFF, M.B.
CONSULTING SURGEON.....	
CHAPLAIN	REV. W. H. WYATT.
CLERK	MR. SANBY.
MATRON.....	MISS MATTHEWS.
STOREKEEPER.....	MR. TIPPET.