

**The sixth annual report of the committee of management of the
Metropolitan Imbecile Asylum, Caterham, Surrey : 1875-76.**

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Metropolitan Asylum District.

THE
SIXTH ANNUAL REPORT
OF THE
COMMITTEE OF MANAGEMENT
OF THE
METROPOLITAN IMBECILE ASYLUM,
CATERHAM,
SURREY.

1875—76.

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1876.

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CATERHAM IMBECILE ASYLUM.

COMMITTEE OF MANAGEMENT.

*Appointed by the Board of Managers for one year from the
25th March, 1876.*

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Clerk to the Committee of Management—Mr. W. R. FREETHY.

OFFICES OF THE MANAGERS,

No. 37, Norfolk Street, Strand, W.C.

MULTIPLE CLIPPING MACHINE

SIXTH ANNUAL REPORT
OF THE
COMMITTEE OF MANAGEMENT
FOR
CATERHAM IMBECILE ASYLUM.

3rd November, 1876.

TO THE MANAGERS OF THE METROPOLITAN ASYLUM DISTRICT.

GENTLEMEN,

Your Committee beg to present the usual Annual Reports of the Officers of the Asylum. In that of the Medical Superintendent will be found the following Statistical Tables, viz. :—

1. Number of Patients discharged recovered and improved since opening of the Asylum.
2. Admissions, Discharges, and Deaths during the same period.
3. Admissions, Discharges, and Deaths during the past year.
4. Number of Patients in the Asylum on the 30th September, 1876, with the Unions and Parishes to which they are chargeable.
5. The forms of the Mental Disease of the Patients admitted during the year.

6. Causes of Deaths.
7. The Ages of Patients Admitted, Discharged, or Died during the year.
8. Length of Residence of Patients Recovered, or Died during the year.
- 9 and 10. Station in Life, or Occupation of the Male and Female Patients admitted.
11. Summary of one Day's Reports.

Meteorological observations have been regularly kept during the year by the Medical Superintendent, and copies sent to the Registrar General and the Meteorological Society, but these, though useful for various technical purposes, are probably not of sufficient general interest to render the printing of them each year advisable.

Since the opening of the Asylum in September, 1870, there have been admitted and treated 3,864 Patients, of whom 170 have been discharged cured, and 83 sufficiently improved to be removed to the care of their friends. Although the numbers of the sexes admitted are nearly equal, the greater proportion of Males discharged and died leaves a preponderance of Females now resident to the extent of 253.

During the past year there have been treated 2,251 Patients, of which number 384 were fresh cases, and 1 a re-admission; 22 Patients were discharged cured, 44 improved, and 20 were removed to County Asylums; 238 died, being a mortality of 10·5 per cent. on the number under treatment.

The highest number of Patients resident in the Asylum on any one day was 1,926, the lowest 1,793, and the average through the year 1,840. The number at present resident is 1,915.

A large proportion of aged cases continue to be sent to the Asylum, 55 of those admitted during the year being between 70

and 80 years of age, and 10 over 80 years; 24 cases (Females) were found to be mere Senility, and 82 Senile Dementia. Not a few have to be carried direct to the Infirmary Wards, where they linger a longer or shorter time, and then die. The information received as to their past history continues to be very meagre, with the exception of those coming from two or three parishes. As the Officers connected with these are able to supply this desirable information, for which the Local Government Board have provided on the Form of Admission Order, it is natural to infer that the Officers of the other parishes might do so likewise.

The proportion of Patients suffering from Paresis, Epilepsy, or other forms of convulsive disease has now reached one-half of the entire number. Notwithstanding the great care such cases necessarily require, there has not been a single fatal accident during the year, and your Committee are glad to point to this as a proof of the care and attention which have been bestowed by those of your Officers and Attendants on whom the care of the Patients depends. Neither mechanical restraint or seclusion has been found necessary, and there has been no case of epidemic or contagious disease during the year.

The Inmates continue to be freely visited by their friends; each Monday brings about 90 visitors on the average, whilst on Bank holidays their numbers are very large. On Easter Monday they reached nearly 650.

The Day Reports (Table XI.) indicate the manner in which the Patients are occupied. Unfortunately, owing to the greater proportion of helpless and infirm cases, the proportion of workers is less. Notwithstanding this, a somewhat larger quantity of work has been done in the various workshops. The value of that done in the tailors', shoemakers', and upholsterers' shops, over and above the cost of superintendence and expenses, has amounted to £700. The Females have made 16,459 new articles of wearing

apparel, &c., whilst in the Laundry 18,500 articles have been on the average washed each week.

Owing chiefly to the effects of the Foot and Mouth Epidemic mentioned in the last Report, the Farm Account does not present so favourable an appearance as last year. It should, however, be stated that the cost of carting for the purposes of the Asylum (goods from the station, distributing coal, &c.), which employs about 3 horses daily, and some of the labour employed in keeping the grounds in order, is charged to this account. These items alone would form a considerable profit.

A large amount of structural work has been executed during the year. This has included the erection of a new Block for 160 Male Patients, with commodious workshops and stores in the basement; of large day rooms to each floor of both Infirmary Blocks; of baths and dressing rooms on the Female side, and a plunge bath, with dressing rooms on the Male side, thus doubling the accommodation originally provided; and the construction of an additional rainwater reservoir capable of holding 180,000 gallons, which is also equal in size to the one originally provided.

Various improvements in different parts of the buildings, which experience has shown to be desirable, have also been effected, amongst which may be mentioned a Turkish bath, and additional drying closets in the Laundry, which are not yet quite completed.

Between the middle of July and the end of September, 2,000,000 gallons of water were supplied to the Caterham Water Company, and to the Contractors for building the Barracks adjoining the Asylum, and this being the time when the springs are usually lowest, an attempt was made to empty the well for the purpose of making a certain improvement considered desirable, but after pumping 240,000 gallons in 24 hours, the pumps ceased to make any impression on the level of the water,

and the attempt had to be abandoned. This experiment proves that for the purposes of the Asylum the supply of water is practically unlimited.

The cost of maintaining and clothing the Patients during the year has been 8*d.* each per day. Your Committee constantly watch this expenditure, and believe it is not greater than is necessary for the proper maintenance of the class of Patients under their care.

There have been no important changes in the Staff during the year, with the exception of the Workmistress, who left to be married. She had held the office from the opening of the Asylum, and was in every respect an excellent officer.

Your Committee have every reason to be satisfied with the manner in which the various superior officers continue to discharge their several duties.

Signed, on behalf of the Committee,

WILLIAM S. CORTIS, M.D.,

Chairman.

STATEMENT showing the Cost per Head of the Maintenance of Patients, the Daily Average Number of Patients, and the Prices of the Principal Articles of Provisions and Necessaries, during the several Half-Years from the opening of the Asylum, on the 1st October, 1871, to the 30th September, 1876.

Description of Charge.	Half-Year ended 25 Mar., 1871.		Half-Year ended 30 Sept., 1871.		Half-Year ended 30 Mar., 1872.		Half-Year ended 5 Oct., 1872.		Half-Year ended 29 Mar., 1873.		Half-Year ended 4 Oct., 1873.		Half-Year ended 28 Mar., 1874.		Half-Year ended 3 Oct., 1874.		Half-Year ended 27 Mar., 1875.		Half-Year ended 2 Oct., 1875.		Half-Year ended 25 Mar., 1876.		Half-Year ended 30 Sept., 1876.	
	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.
For the Maintenance of Patients— Including Provisions and Cloth- ing, Gas, Warming, Water, and other Necessaries For Salaries, Maintenance, and Uniforms of Officers For Medicines and other Charges (except Repayments of Principal of Loans with Interest, Furni- ture, and Additions and Repairs to Buildings)... ..	0	11½	0	9½	0	9	0	9½	0	9½	0	10	0	9	0	9	0	7½	0	7½	0	8½	0	8
	0	9	0	3½	0	3	0	3	0	3	0	2½	0	2½	0	2½	0	2½	0	1½	0	1½	0	1½
	0	1½	0	0½	0	0½	0	0½	0	0½	0	0½	0	0½	0	0½	0	0½	0	0½	0	0½	0	0½
Total Daily Rate	1	10	1	1½	1	0½	1	0½	1	1	1	1	1	1	1	0	1	0	1	0	1	1½	1	0½
Weekly Rate... ..	12	10	7	10½	7	1½	7	5½	7	7	7	7	7	7	7	0	7	0	7	0	8	0	7	5½
Daily Average Number of Patients	476	19½	1,461	19½	1,596	18½	1,644	18½	1,666	17½	1,667	18½	1,752	17½	1,846	18½	1,863	19½	1,831	18½	1,834	19½	1,868	19½
Description of Article.																								
Ox Beef } per lb.	0	0	0	7½	0	0	0	8	0	0	0	7½	0	0	0	7	0	0	0	7	0	0	6½	
Mutton }	2	8	0	2 1 0	0	0	2 0 6*	0	0	0	2 5 0	0	0	0	2 4 9	0	0	0	0	1 10 0	0	1 13 3		
Flour, Best Household, at per sack.	5	10	0	5 10 0	6	8 0	5 16 0	0	0	0	5 16 0	0	0	0	5 15 0	0	0	0	0	5 14 0	0	5 17 4		
Butter, at per cwt.	3	8	0	3 8 0	3	16 0	2 18 0	0	0	0	3 8 0	0	0	0	3 8 0	0	0	0	0	3 12 0	0	3 5 5		
Cheese, at per cwt.	0	1	6½	0 1 6½	0	1 7½	0 1 7½	0	0	0	0 1 7½	0	0	0	0 1 7½	0	0	0	0	0 1 6½	0	0 1 5½		
Tea, at per lb.	1	11	0	1 11 0	1	12 6	1 12 6	0	0	0	1 12 6	0	0	0	1 4 0	0	0	0	0	1 4 0	0	1 2 9		
Sugar, Raw, at per cwt.	2	16	0	2 16 0	2	16 0	2 16 0	0	0	0	2 4 0	0	0	0	2 3 6	0	0	0	0	2 1 0	0	1 19 8		
Cocoa, at per cwt.	0	18	0	0 18 0	0	17 0	0 17 0	0	0	0	0 16 0	0	0	0	0 18 0	0	0	0	0	0 13 9	0	0 10 5		
Rice, at per cwt.	3	5	0	3 5 0	4	10 0	6 10 0	0	0	0	5 10 0	0	0	0	4 5 0	0	0	0	0	3 16 0	0	5 0 0		
Potatoes, at per ton	0	7	6	0 7 6	0	6 9	0 6 9	0	0	0	0 9 6	0	0	0	0 8 6	0	0	0	0	0 8 6	0	0 8 6		
Eggs, at per 100 of 120	1	6	0	1 6 0	1	5 6	1 5 6	0	0	0	1 5 6	0	0	0	1 5 6	0	0	0	0	1 5 6	0	1 5 6		
Porter, at per barrel	1	12	0	1 12 0	1	9 0	1 9 0	0	0	0	1 9 0	0	0	0	1 9 0	0	0	0	0	1 9 0	0	1 9 0		
Ale, at per barrel	23	10	0	23 10 0	32	10 0	32 10 0	0	0	0	29 0 0	0	0	0	27 0 0	0	0	0	0	25 0 0	0	23 0 0		
Soap, Yellow, at per ton	0	18	7	0 18 7	0	19 3	0 19 3	0	0	0	300 tons, 30/3	0	0	0	300 tons, 29/0	0	0	0	0	23/8 & 23/11	0	22/5 & 22/7		
House Coal, at per ton	0	17	5	0 17 5	0	17 0	0 17 0	0	0	0	300 tons, 32/3	0	0	0	300 tons, 29/3	0	0	0	0	1 3 8	0	22/4 & 22/7		
Steam Coal, at per ton	0	17	5	0 17 5	0	18 6	0 18 6	0	0	0	200 tons, 35/0	0	0	0	200 tons, 28/9	0	0	0	0	21/2 & 21/4	0	20/9		
Gas Coal, at per ton	0	17	5	0 17 5	0	18 6	0 18 6	0	0	0	200 tons, 35/0	0	0	0	200 tons, 28/9	0	0	0	0	21/2 & 21/4	0	20/9		

* From Michaelmas to Christmas.

† From Christmas to Lady Day.

	£	s.	d.	£	s.	d.	PARISH OR UNION.	No. of Days.	Maintenance including Clothing at 8½d. per day.	Funerals	TOTAL.		
Balance brought forward from previous half-year	380	1	8							
Amount of Provisions consumed by Inmates as per Steward's Books—							Amounts received by sale of sundry articles	..	£	s.	d.		
Christmas Quarter	4,500	15	0				City of London Union	6,507	230	9	1		
Lady-Day ditto	4,933	5	8				Fulham ditto	7,516	266	3	4		
				9,543	0	8	Greenwich ditto	7,240	256	8	4		
							Hackney ditto	350	12	7	11		
Amount of Necessaries consumed by Inmates as per Steward's Books—							Holborn ditto	48,440	1,715	11	8		
Christmas Quarter	111	9	1				Lewisham ditto	1,338	47	7	9		
Lady-Day ditto	96	15	5				Mile End Old Town, Hamlet	254	8	19	11		
				208	4	6	Poplar Union	700	24	15	10		
							St. George's Union	22,868	800	18	2		
							St. George-in-the-East, Parish	175	6	4	0		
							St. Giles and St. George, Bloomsbury, Parish	12,983	459	16	3		
							St. Giles, Camberwell, Parish	19,895	704	12	4		
							St. John, Hampstead ditto	700	24	15	10		
							St. Leonard, Shoreditch ditto	498	17	12	9		
							St. Luke, Chelsea ditto	14,439	511	7	7		
From Clerk's Cash Account				2	13	3	St. Marylebone ditto	3,062	108	8	11		
Value of Clothing expended				1,469	19	4	St. Mary, Lambeth ditto	44,042	1,559	16	5		
Cost of Funerals during Half-year				122	17	0	St. Mary, Islington ditto	3,051	108	1	2		
							St. Mary Abbots, Kensington, Parish	175	6	4	0		
							St. Matthew, Bethnal Green ditto	525	18	11	10		
							St. Pancras, Parish	2,991	105	18	7		
							St. Olave's Union	31,760	1,124	16	8		
							St. Saviour's ditto	39,687	1,405	11	8		
							Strand ditto	12,644	447	16	2		
							Wandsworth and Clapham Union	16,234	576	14	6		
							Whitechapel Union	1,055	37	7	3		
							Woolwich ditto	10,877	385	4	7		
							Westminster ditto	11,047	391	4	11		
								321,103	11,372	7	11		
										122	17	0	
										Balance			
											11,495	4	11
											202	8	4
TOTAL	£11,726	16	5				TOTAL	£11,726	16	5

CATERHAM ASYLUM.

Statement showing the Cost for Maintenance of Patients during the Half-year ended 30th September, 1876.

	£ s. d.	£ s. d.	PARISH OR UNION.	No. of Days.	Maintenance, including Clothing, at 8d. per day.	Funerals.	TOTAL.
By Balance from Lady-Day	202 8 4					
Amount of Provisions consumed by Inmates as per Steward's Books—			By Sale of Sundry Articles	£ s. d.	£ s. d.	£ s. d.
Midsummer Quarter	4,490 14 9		City of London Union	6,853	228 8 8	..	29 5 9
Michaelmas ditto	4,763 1 2	9,253 15 11	Fulham	8,869	295 12 8	..	
			Greenwich	10,830	361 0 0	..	
Amount of Necessaries consumed by Inmates as per Steward's Books—			Hackney	378	12 12 0	..	
Midsummer Quarter	117 11 10		Holborn	54,891	1,829 14 0	17 17 0	
Michaelmas ditto	97 9 8	215 1 6	Lewisham	2,172	72 8 0	1 1 0	
			Mile End Old Town, Hamlet.. .. .	378	12 12 0	..	
From Clerk's Cash Account	4 8 0	Poplar Union	756	25 4 0	..	
Value of Clothing	1,977 18 11	St. George's Union	24,624	820 16 0	7 7 0	
Cost of Funerals	89 5 0	St. George-in-the-East, Parish	189	6 6 0	..	
			St. Giles and St. George, Bloomsbury, Parish	14,520	484 0 0	3 3 0	
			St. Giles, Camberwell, Parish.. .. .	20,862	695 8 0	6 6 0	
			St. John, Hampstead	536	19 17 4	1 1 0	
			St. Leonard, Shoreditch	378	12 12 0	..	
			St. Luke, Chelsea	17,141	571 7 4	4 4 0	
			St. Marylebone	2,881	96 0 8	1 1 0	
			St. Mary, Lambeth	48,485	1,616 3 4	13 13 0	
			St. Mary, Islington	2,776	92 10 8	1 1 0	
			St. Mary Abbotts, Kensington, Parish	189	6 6 0	..	
			St. Matthew, Bethnal Green	567	18 18 0	..	
			St. Olave's Union	34,471	1,149 0 8	7 7 0	
			St. Saviour's	42,036	1,401 4 0	10 10 0	
			Strand	13,738	457 18 8	4 4 0	
			Wandsworth and Clapham Union	19,118	637 5 4	2 2 0	
			Whitechapel Union	1,063	35 8 8	1 1 0	
			Woolwich	11,779	392 12 8	4 4 0	
			Westminster	12,679	422 12 8	3 3 0	
Balance	140 11 8		353,219	11,773 19 4	89 5 0	11,863 4 4
Total	£11,883 9 4	Total	£11,883 9 4

ANNUAL REPORT
OF THE
MEDICAL SUPERINTENDENT.

TO THE CHAIRMAN AND COMMITTEE OF MANAGEMENT OF THE
METROPOLITAN DISTRICT ASYLUM, CATERHAM.

Caterham Asylum,
October 1st, 1876.

GENTLEMEN,

At the close of another year, it becomes my duty to lay before you a short account of the Asylum and Patients. It is with pleasure I state that no marked incidents have occurred throughout the period. And, therefore, there is little to do but give a record of its quiet routine work.

As usual, statistical information in a condensed form is given of the operations of the year.

The seventh year of the Asylum's existence being now entered upon, it may be of interest to state that, from the opening in September, 1870, 3,864 Patients have been received and treated, viz., 1,912 Men, and 1,952 Women; of these 609 have been discharged, 382 Men, and 227 Women, of whom 170 have recovered, and 83 were improved.

TABLE I.—Showing number of Patients discharged Recovered and Improved since Opening of
Asylum:—

	Recovered.			Improved.		
	Males.	Females.	Total.	Males.	Females.	Total.
From 29th Sept., 1870, to 30th Sept., 1871 ..	4	7	11	6	6	12
From 1st Oct., 1871, to 30th Sept., 1872 ..	19	13	32	29	22	51
" 1872, " 1873 ..	9	7	16	2	4	6
" 1273, " 1874 ..	31	30	61	5	0	5
" 1874, " 1875 ..	19	9	28	3	2	5
" 1875, " 1876 ..	13	9	22	2	2	4
	95	75	170	47	36	83
	47	36	83			
Total Recovered and Improved ..	142	111	253			

1,340 (more than a third of the admissions) have died, viz., 699 Men, and 641 Women; the larger number of deaths and discharges amongst the Men, leaving as is usual in Asylums, a preponderance of numbers in favour of the Women of 253, although there has only been a difference in the numbers admitted of 40.

The average age at death, which would have been remarkably high during this period, is reduced to 56 years, by including the deaths of the young people under 16 who resided here previously to their removal to the Hampstead and Clapton Asylums, and some others who were just over the age necessary for removal.

TABLE II.—Showing the Admissions, Discharges, and Deaths, from 29th September, 1870, to 30th September, 1876.

Periods.	Admissions.			Discharges.			Deaths.		
	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.
From 29 Sept., 1870, to 30 Sept., 1871	775	1,027	1,802	23	19	42	81	79	160
" 1 Oct., 1871,	271	177	448	70	43	113	146	123	269
" 1 " 1872,	145	95	240	37	21	58	113	74	187
" 1 " 1873,	265	239	504	69	39	108	98	94	192
" 1 " 1174,	260	226	486	126	64	190	133	161	294
" 1 " 1875,	196	188	384	57	41	98	128	110	238
	1,912	1,952	3,864	382	227	609	699	641	1,340
Total under treatment on September 30, 1876									
"	"	"	"	Males ..	831				
"	"	"	"	Females ..	1,084				
					<u>1,915</u>				
Males. Females. Total.									
Total	1,912	1,952	3,864				
Deduct discharges and deaths	1,081	868	1,949				
			<u>831</u>	<u>1,084</u>	<u>1,915</u>				

During the annual period just ended, 2,251 Patients have been under care and treatment ; of these, 384 were fresh cases, and one a re-admitted case. 98 of both sexes were discharged, of whom 22 had recovered, and twice that number were in an improved condition. 238 Patients died, being a less number by 56 than last year ; a mortality of 10·5 per cent. on the number under treatment, as compared with 12·4 last year.

The daily average number resident has been 1,840 ; in 1875 it was 1,842. The numbers remaining on the books last night were 1,915 ; on the same date last year the numbers were 1,811.

The following Table, No. III., shows the numerical changes of the past year.

The highest number resident on any one day was 1,926, the lowest 1793.

Throughout the year, the Patients chargeable to the Parishes allotted to the Leavesden Asylum, viz., those in the north and east of London, who had for some time accumulated here considerably, were removed to that Asylum, which has somewhat tended to reduce our numbers; with these exceptions, the Parishes and Unions sending Patients, a list of which is appended, *i.e.*, those of the south and west of the Metropolitan District, continue the same.

TABLE IV.—Showing the Number of Patients in the Asylum on the 30th September, 1876, with the Unions and Parishes to which they are chargeable :—

UNION OR PARISH.	Number of Patients.		
	Males.	Females.	Total.
City of London Union ..	17	17	34
Fulham Union ..	22	29	51
Greenwich Union ..	30	45	75
Hackney Union ..	2	..	2
Holborn Union ..	158	140	298
Lewisham Union..	5	10	15
Poplar Union ..	3	1	4
Strand Union ..	22	50	72
St. George's Union ..	59	69	128
St. Olave's Union ..	71	110	181
St. Saviour's Union ..	88	145	233
Wandsworth and Clapham Union ..	51	56	107
Westminster Union ..	40	29	69
Whitechapel Union ..	4	..	4
Woolwich Union..	22	38	60
St. George's-in-the-East..	1	..	1
St. Giles, Camberwell ..	49	64	113
St. Giles and St. George, Bloomsbury ..	23	54	77
St. John, Hampstead ..	2	1	3
St. Leonard, Shoreditch ..	2	..	2
St. Luke, Chelsea ..	35	55	90
St. Mary, Islington ..	9	5	14
St. Mary Abbots, Kensington	1	1
St. Mary, Lambeth ..	104	157	261
St. Marylebone ..	8	7	15
St. Matthew, Bethnal Green ..	3	..	3
Hamlet of Mile End Old Town..	1	1	2
TOTAL..	831	1,084	1,915

THE ADMISSIONS.

There has been a gradual falling off in the number of admissions during the last three years, and it has continued this year. In 1874, 504 Patients were admitted; in 1875, 486; and now the further diminution has taken place to 385. The cause of this I cannot presume to state definitely with confidence, but it may be that a class of cases which for a time were considered fit for the treatment in this Asylum, are with further experience found to be more suitably detained and treated elsewhere. The chronic and imbecile cases also, which had, previously to the erection of the Metropolitan Asylums, accumulated in large numbers in workhouses, were, after the opening of these Asylums, gradually sent, and the supply is probably now becoming exhausted, or, there may be greater pecuniary inducements to the authorities of the various unions and parishes, in consideration of the Capitation Grant, to remove their mentally diseased Patients to the County Asylums.

Incurability, either from advanced organic disease of the brain, from congenital deficiency or malformation, continues to be the chief mental characteristic of those admitted, as will be seen detailed in the forms of mental disease given in the following table, No. V. Whilst this can be said of the mental, the physical and bodily condition may, in a very large number of cases, be described as deplorable in the extreme. Many are carried or assisted from the conveyance which brings them from London into the Infirmary Wards of the Asylum, which are the only fit receptacles for them (and on the space of which there is always undue pressure), and where for a longer or shorter time they linger, and then die. The large proportion of deaths which I have previously mentioned—viz., more than a third of the total admissions from the opening of the Asylum—is the best proof of the condition of those admitted.

TABLE V.—Showing the Mental condition of the Patients admitted during the year.

MALES.					
Chronic Mania	12
Imbecility	40
General Paresis of Insane	41
Epilepsy	38
Senile Dementia	38
Dementia	26
Melancholia	1
Total	196

FEMALES.					
Chronic Mania	23
Imbecility	20
General Paresis of Insane	9
Epilepsy	22
Senile Dementia	44
Dementia	32
Melancholia	7
Senility	24
Mania (Puerperal)	1
Melancholia (with delusions)	3
Acute Mania	1
Mania	2
Total	188

An analysis of the condition of the Patients now in residence in the Asylum, shows that as many as 503 are subject to Epilepsy, while General Paresis of the Insane (a disease a few

years ago considered comparatively rare) numbers as many as 213 cases. The other forms of Convulsive Disease existing being added to these will bring up the total of the organically diseased brains, and those attended with convulsive seizures, to quite one-half of the entire population.

It may once more be mentioned, although it is done without hope of remedy, that with the Patients admitted no reliable history or facts regarding the cases are given on the orders of admission, while the Officers accompanying them (with one or two gratifying exceptions) can tell simply nothing.

THE DISCHARGES

are less by 108 than last year. This disparity is accounted for by the fact that 106 Children were then removed to an Asylum for special care and training; apart from this the numbers would have been nearly equal.

Some cases have, as not unfrequently happens in mental disease, shown such exacerbations or recurrent attacks of Mania, that as many as 20 have required to be removed to County Asylums for maniacal excitement, rendering them dangerous to themselves or others; or, for suicidal proclivities, in more than one instance attempted to be carried into practical effect, and only frustrated by the vigilance of the Attendants.

Considering the facts stated under the foregoing head with regard to the character of the Admissions, recovery could hardly be expected to occur in any case, yet it is pleasant to find, that even out of such apparently hopeless material, we have been able to discharge as many as 22 recovered, and who are now able to obtain their own living. Twenty-six in an improved state were

also discharged to the care of friends willing to take them, or to the Workhouses by orders of Boards of Guardians, while 25 belonging to parishes allotted to Leavesden Asylum were sent there, and 5 took their own discharge and were not brought back.

THE DEATHS.

Once more it is my pleasing duty to record the fact that no death from other than natural causes has occurred during the year, and in only one instance has an inquest been held. The case occurred in the month of September, during the absence on leave of the Medical Superintendent, and was that of an aged paralysed man, who had been under treatment from the beginning of the year in the Infirmary Ward, and who falling forward from his seat in the afternoon, in the presence of the attendant, was found on the arrival of the Assistant Medical Officers to be dead. As they were not able to state the cause of death an inquest was held, which resulted in a verdict of sudden death from natural causes.

As previously stated, the deaths are fewer this year by 56 than last year, and a table giving the causes of death in detail follows.

From the character of the cases described as having been admitted, and of those already resident, it is evident that a high rate of mortality must always obtain, unless a change occurs in the character of the disease or physical condition of those admitted in the future; it may also be said that with a temperature (owing to an elevation of 611 feet above sea level) ranging to extremes of cold and humidity in the winter months, every precaution requires to be taken by warming and at all times keeping up an equable temperature to prevent an increased rate of mortality, and that this warmth must be supplemented by a

generous and liberal diet, for the low vital condition of the Insane generally, and especially of those labouring under the chronic forms of Insanity, usually attended with languid circulation and cold extremities, such as here resident, especially necessitates these conditions.

Summary of Table No. VI.—Showing that death has been due to—

Cerebral Disease	in 130 cases.
Cardiac	„ 7 „
Pulmonary	„ 34 „
Abdominal	„ 7 „
Tegumentary	„ 1 „
Cerebral and Pulmonary combined	..			„ 12 „
Gangrenous	„ 6 „
Cerebral and Abdominal combined	..			„ 5 „
Senile Decay	„ 33 „
Abdominal and Pulmonary combined				„ 1 „
Cardiac and Pulmonary combined	..			„ 2 „
Total				238

TABLE VI. (continued).—Showing the Causes of Death, from the 1st October, 1875, to the 30th September, 1876.

CAUSE OF DEATH.				MALES.	FEMALES.	TOTAL.
Epilepsy with Exhaustion and Senility	Brought forward	93	69	162
" " and Phthisis	1	..	1
" " and Embolism	4	..	4
" " Decay	1	..	1
" " Pulmonary Congestion and Exhaustion	2	2
" " Diarrœha and Exhaustion	1	1
" " Paralysis and "	1	1
" " Morb: Cord: and "	1	1
Chronic Bronchitis	1	1
" " with Emphysema.	1	3	4
Chronic Mania with Senility and Exhaustion	1	1	2
" " Epilepsy and Coma	3	3
Morbus Brightii " Anasarca	1	1
" " " and Morb: Cord:	2	2
" " " " "	1	..	1
" " " " "	1	..	1
Mania with Phthisis and Exhaustion	2	..	2
Bronchitis and Exhaustion	3	2	5
Broncho-pneumonia	3	4	7
Broncho-pleuro-pneumonia	1	1
Pneumonia	1	..	1
Phthisis-pulmonalis with Exhaustion	2	2	4
Dementia with Phthisis and "	3	..	3
" " Marasmus	1	1	2
Carried forward				118	95	213

TABLE VI. (continued).—Showing the Causes of Death, from the 1st October, 1875, to the 30th September, 1876.

CAUSE OF DEATH.				MALES.	FEMALES.	TOTAL.
Brought forward				118	95	213
Dementia with Epilepsy and Exhaustion	1	..	1
" " Broncho-pneumonia	1	..	1
" " Exhaustion	2	..	2
" " Marasmus and Diarrhoea	1	1
" " Paralysis	1	1
Morbus Cordis with Syncope	1	1	2
" " Bronchitis	1	1
" " Dementia and Anasarca	1	1
" " Pulmonary Congestion	1	1
Gangren, Alvi	1	1
" " Senile, and Exhaustion	3	3
" " Pulmonary Congestion with Paralysis	1	1
Senility with Melancholia	1	..	1
Embolism with Apoplexy	1	1
Syncope with Exhaustion	1	1
Melancholia with Erysipelas and Exhaustion	1	1
Morbus Hepatic with Exhaustion	1	1
Marasmus	1	..	1
Apoplexy	1	..	1
Epilepsy	1	..	1
Syncope, Inquest	1	..	1
TOTAL				128	110	238

Table No. VII., which follows, shows that 192 of the Patients admitted during the year were over 50 years of age, 60 being over 60 years, 55 over 70, 7 over 80; and three are recorded as being 90 and upwards, or the ages unknown.

As usual the larger number of recoveries occur among those under 30 years of age, 14 out of a total of 22 being under that age.

Of the deaths, 162, out of a total of 238, were over 50 years of age, 45 being between 50 and 60, 46 between 60 and 70, 54 between 70 and 80, and 17 over eighty.

TABLE VII.—Showing the Ages of Patients Admitted, Discharged, and who have Died,
from 1st October, 1875, to the 30th September, 1876.

Ages.	Admissions.			Discharges.						Deaths.		
	Males.	Females.	Total.	Recovered.			Other Causes.			Males.	Females.	Total.
				Males.	Females.	Total.	Males.	Females.	Total.			
Under 5 years..
From 5 to 10 years
" 10 " 15	2	..	2	6	..	1	1	5	3	8
" 15 " 20	23	8	31	6	2	8	11	6	17	11	10	21
" 20 " 30	35	22	57	1	1	2	11	5	16	14	5	19
" 30 " 40	25	27	52	2	1	3	10	8	18	17	11	28
" 40 " 50	25	33	58	1	1	2	9	8	17	26	19	45
" 50 " 60	32	28	60	1	3	4	26	20	46
" 60 " 70	31	29	60	..	1	1	1	1	2	25	29	54
" 70 " 80	23	32	55	1	..	1	4	13	17
" 80 " 90	1	6	7
" 90 upwards
Ages unknown	..	3	3
	197	188	385	13	9	22	44	32	76	128	110	238

Table No. VIII. shows that, out of a total of 22 recoveries, 15 occurred within eighteen months residence in the Asylum, whilst only 7 recovered between that period of residence and six years. Two recovered after being over three years in the Asylum, 1 over four years, 1 of five years, and 2 after six years ; these facts tend strongly to show that of mental disease amongst all others it may especially be said that recovery should never be despaired of.

Of the period of residence of those who have died, it may be remarked that 125 (more than half of the total number) died within eighteen months after being received, thus adding to and confirming the proof of the debilitated condition on arrival which I have given elsewhere.

It had been my intention to utilize such meteorological observations as have been made during the past year at the Asylum, by demonstrating in a tabulated form that meteorological change has had a direct association with death-rate and the production of disease among our Patients, but it has not been found convenient to give these in detail. I may, however, remark in general terms, that in and after low temperatures, especially combined with humidity, deaths always occur in larger numbers.

TABLE VIII.—Showing the length of residence of Patients discharged recovered, and of those who have died between the 1st October, 1875, and the 30th September, 1876.

Length of Residence.		Discharged Recovered.			Died.		
		Males.	Females.	Total.	Males.	Females.	Total.
Under 1 month	1	1	7	3	10
From 1 to 3 months	..	3	1	4	11	9	20
" 3 " 6	..	1	1	2	11	8	19
" 6 " 9	..	1	1	2	14	8	22
" 9 " 12	..	1	1	2	8	10	18
" 12 " 18	..	2	2	4	24	12	36
" 18 " 24	1	1	12	7	19
" 24 " 30	9	6	15
" 30 " 36	7	5	12
" 36 " 42	..	2	..	2	1	2	3
" 42 " 48	3	2	5
" 48 " 54	..	1	..	1	7	2	9
" 54 " 60	2	16	18
" 60 " 66	..	1	..	1	12	20	32
" 66 " 72	..	1	1	2
TOTAL	..	13	9	22	128	110	238

OCCUPATION.

Tables No. IX. and X., which follow, give the occupations of the Male and Female Patients admitted during the year. These occupations are in great variety, and such as could, in many cases, be utilized in the various workshops, &c., of the Asylum; but, with few exceptions, the Patients themselves are found to be on arrival beyond all work. A proportion (albeit a moderate one), however, after a time, having gained physical strength and some mental firmness and composure, are able to be employed; and in Tables XI. and XII., which are, in fact, the Summaries of the Day Reports from the wards, will be found enumerated the various occupations in which the Patients now resident were occupied yesterday, and the numbers employed at each occupation; as these remain the same as in former years, there is nothing that particularly calls for comment. The Tailor Attendant continues to instruct Patients, especially the younger ones, in tailoring and the use of the sewing machine; and when they are fit, they are, when required, passed into the Tailor's shop.

TABLE IX.—Showing the Occupation of the Male Patients admitted from the 1st Oct., 1875, to the 30th Sept., 1876.

Occupation.	No.	Occupation.	No.
No Occupation	71	Compositor	1
Solicitor	1	Porter	2
Drover	1	Wheelwright	1
Hawker	5	Baker	1
Carpenter.. ..	4	Watchman	1
Butcher.. ..	2	Ticket Writer	1
Commissionaire	1	Costermonger	1
Potter	1	Boot Maker	1
Clerk	4	Coach Builder	1
Labourer	34	Sailor	2
Potman	3	Surgeon	1
Hammerman	1	Toy Maker	1
Artist	1	Soldier	2
Grocers' Assistant	1	Policeman	1
Messenger	1	Coachman	1
Printer	1	Cabinet Maker	1
Groom	4	Gardener	1
Tailor	4	Customs' Officer	1
Smith	4	Waterman	1
Cordwainer	1	Engine Driver	1
Engineer	2	Draper's Assistant	1
Traveller	1	Servant	1
Shoemaker	2	Weaver	1
Musician	1	Saddle tree Maker	1
Shoeblack	1	Porter	1
Cab Driver	3	Publican	1
Painter	3	Sweep	1
Floor Cloth Maker	1	Builder	1
Cooper	1	Greengrocer	1
French Polisher	2		
Glass Worker	1		
Scissors Grinder.. ..	1	Total ..	196

TABLE X.—Showing the Occupation of the Female Patients admitted from the 1st October, 1875, to the 30th September, 1876.

Occupation.	No.	Occupation.	No.
No Occupation	100	Governess	1
Kitchen Maid	1	Nurse	1
Tailoress	5	Washerwoman	1
Fancy Wool Worker	1	Book Traveller	1
Laundress	4	Garden Woman	1
Servant	30	Straw Bonnet Maker	1
Ironer	1	Newsvendor	1
Seamstress	6	Hawker	2
Dressmaker	1	Flower-maker	1
Charwoman	14	Barmaid	1
Tobacconist	1	Hat-trimmer	1
Prostitute	1	Housekeeper	1
Needlewoman	8		
Boot Binder	1		
Cook	1	Total ..	188

CATERHAM ASYLUM.

SUMMARY OF DAY REPORTS.

(TABLE XI.)

To the Medical Superintendent,
Male Side.

Saturday, 30th September, 1876.

Block.	No. of Patients.	At Chapel.		No. Employed.	Sick and taking Medicine.	Wet and Dirty.		Admitted.	Discharged.	Dead.	Breakfast Time.	Time of Dinner, and what issued.	Tea Time.
		A.M.	P.M.			6 A.M. to 8 P.M.	8 P.M. to 6 A.M.						
A 1. Infm.	31			6	10	6	18	A.M. 8.30	1 P.M. { Roast Mutton and Potatoes.	P.M. 5.30
A 2. Do.	30			6	11	6	8	do.	..
A 3. Do.	30			6	17	11	12	do.	..
B.	160			79	3	5	12	{ Suet Puddings and Potatoes.	..
C...	159			63	5	1	14	do.	..
D...	158			58	..	7	13	do.	..
E 1. Infm.	53			10	32	10	9	do.	..
E 2. Do.	53			7	9	8	10	do.	..
E 3. Do.	53			7	13	14	12	do.	..
F.	55			36	1	do.	..
R. H.	49			35	do.	..
Detachd. } Block }	62	109	do.	..
Totals ..	831	313	100	171	

Departments where Patients are Employed.	Nos. Employed.	Block.	Special Incidents during the Day.
Blocks	108	..	One Attendant off duty for the Day.
Centre and Hall	7	..	Tailor Attendant employed teaching Patients
Coaling	6	..	Tailoring.
Stores ..	3	..	Patients in A 1, E 1, E 2, Bathed.
Kitchen	14	..	
Bakehouse	4	..	
Mess Room	2	..	
Tailor's Shop ..	7	..	<i>Attendants' Dinner—</i>
Shoemaker's Shop	16	..	Roast Beef, Potatoes, and Beans.
Upholsterer's Shop	26	..	
Painter's Shop	7	..	
Grounds	68	..	
Laundry	10	..	<i>Night Attendants, Three, viz., for—</i>
Gashouse	4	..	1st Division, Infirmary.
Enginehouse	2	..	2nd " Epileptic Patients.
Attending to Earth Closets	10	..	3rd " Ordinary and Senile Patients.
With Tailor Attendant	12	..	
Engineer	1	..	
Tinman	1	..	
Carpenter	2	..	
Distributing Lunches	3	..	
Total	313	..	

CATERHAM ASYLUM.

SUMMARY OF ONE DAY'S REPORTS.

To the Medical Superintendent,
Female Side.
 (TABLE XI.)
 Saturday, 30th September, 1876.

Block.	No. of Patients.	At Chapel.		Nos. Employed.	Sick and taking Medicine.	Wet and Dirty.		Admitted.	Discharged.	Dead.	Breakfast Time.	Time of Dinner, and what Issued.	Tea Time.
		A.M.	P.M.			6 A.M. to 8 P.M.	8 P.M. to 6 A.M.						
A 1. Infm.	30	No Service.		24	20	44	6	8.15	1.20	5.15
A 2. Do.	30			6	"	{ Roast Mutton and Potatoes.	"
A 3. Do.	30			6	"	do.	"
B.	159			79	6	30	15	"	{ Suet Pudding and Potatoes.	"
C.	160			63	2	20	5	"	do.	"
D 1. Do.	159			48	40	59	9	"	do.	"
D 2. Do.	12	"	do.	"
D 3. Do.	12	"	do.	"
E	160	No Service.		57	9	40	15	"	do.	"
F 1. Do.	159			28	40	90	12	"	do.	"
F 2. Do.	13	"	do.	"
F 3. Do.	12	"	{ Suet Pudding, Treacle, and 6 Hearts.	"
G.	160			99	4	19	8	"	do.	"
Detached	37			18	..	1	"		"
TOTALS ..	1,084	..		416	121	303	131

Departments where Patients are Employed.	Nos. Employed.	Block.	Special Incidents during the day.
Laundry	67	..	Twelve Patients sleeping in single rooms during the night.
Work Room	33	..	
Helpers in Blocks	172	..	
Needlework in do.	124	..	
Centre	4	..	
Mess Room	6	..	
Kitchen	4	..	
Night Duty	<i>Attendants' Dinners—</i>
Medical Superintendent's Residence	1	..	Baked Beef and Potatoes.
Steward's Residence.. .. .	1	..	
Chaplain's	1	..	<i>Night Attendants, 4 in number, viz.:—</i>
Matron's	1	..	1st Division, for Infirmary.
Engineer's	2	..	2nd " Epileptic Patients.
			3rd " Ordinary and Senile Patients.
			4th " "
TOTAL	416	..	" "

AMUSEMENTS.

Associated amusement has uninterruptedly been carried on throughout the year, and at least once in every week have the Patients been assembled for dancing, &c. Besides this, Theatrical Performances have been sometimes given during the winter months; the performers having mostly been those employed in the Asylum, for whom the Patients invariably show decided preference; but we have also, in one or two instances, been favoured by volunteers and professionals from London and elsewhere, and to them we are indebted for variety. It has been usual in preceeding years to interrupt the weekly dance during the warm summer months, but this year the Cricket Field having been available, the dance was given there in the evening in the open air, the Asylum Band playing—this new feature was much enjoyed.

There have been bi-weekly walking parties into the surrounding country, generally in small groups; and attended by Nurses and Attendants. Thrice a-week has the Asylum Band played in the open air, in such a position as it can best be heard in all the Wards.

Out-door sports were held at Easter and Whitsuntide, in which Patients, Officers, and Male Attendants took part. They were followed by distribution of fruit, cakes, prizes, &c., and wound up with games and a dance in the open air.

Concerts have, on several occasions, been given by Officers and their families, and by the Attendants as Christy Minstrels.

Cricket and football have been played in their proper seasons, and much mental and physical benefit is derived from the exercise by those capable of joining in the games.

By many other means, such as social tea parties in the Wards, with dancing and songs, bagatelle playing, draughts, dominoes, piano playing (nearly each Female Ward now having a piano), cards, &c., is the monotonous life of our Patients alleviated after work hours. By the continual association amongst them, and entering into their pursuits, of the Officers and Attendants, do they feel their condition is sympathised with and tried to be alleviated.

GENERAL HISTORY.

It remains to mention the few remaining events in the history of the past year, which have not been already touched upon, and perhaps one of the most important of these is the completion of the Asylum to its maximum size by the addition of a new Block for 160 Male Patients; the enlargement of the Infirmarys on both sides, giving increased and cheerful day space. Additions to baths and dressing space on both sides, with an excellent plunge bath on the Male side. All these when fairly brought into use and in working order, will prove most valuable additions to the sanitary and health-giving conditions of the Asylum.

To the inestimable benefits which many Patients will derive from the Turkish Bath now in course of construction, I look forward hopefully; there are a large number of cases here which I have not the smallest doubt will be greatly benefitted, if not altogether cured, by its use.

It is with pleasure I mention that the lessened number of changes amongst the Staff and Attendants has continued throughout the year, and that there has been generally little difficulty experienced in filling up, with suitable persons, such offices as have become vacant on both Male and Female sides. The

number of changes on the Male side has been 15, while on the Female side there have been 22; there have been no dismissals on the Male side, on the Female side there have been 2.

The report in general of the character and conduct of the Staff, Attendants and Servants, must be very favourable, the grand tests, viz., immunity from accident, cheerful demeanour of Patients, and infrequency of complaints, have all been notably present and evidenced. Perhaps, day by day, no more trying task could be entered on than the care and treatment of the class of cases the Asylum now contains, liable as they are at all times to danger and severe accidents, or being of depraved habits, it is only by unremitting vigilance and care that these are prevented and remedied.

The Assistant Medical Officers, Mr. Seccombe, on the Female side, and Mr. Harrison on the Male side, have continued throughout the year to render me valuable assistance in the medical treatment of the Patients, thus enabling me to devote more time to general supervision, and to give more attention to mental condition than I could otherwise hope to do.

The Commissioners in Lunacy have not visited the Asylum within the period embraced in this Report. Their visit of 1876, however, has taken place before this Report is sent in, and I hope the impression they received may prove as favourable as that of former years.

The invariably good reports in the Visitors' Book by Guardians and other visitors, have been continued throughout the year.

The average number of visitors to the Asylum on Monday is about 90; on Bank Holidays large numbers visit; on Easter and Whit-Mondays there were between 500 and 600 names of visitors to Patients recorded at the gate.

There have been four casualties attended with fracture of bones on the Male side, and on the Female side there have been eight attended with fractures or dislocations; they were all accidentally produced, and generally the result of sudden Epileptic seizures or the debility of old age; there have been no other accidents of a serious nature.

Once more I have to report that another year has passed without its being necessary to resort to the use of mechanical restraint; and this year, as well as for several years past, it has been found quite possible, and the Patients have been managed, without the use of seclusion.

The new form of Case Book, although not so copious in details as those formerly in use, have been regularly kept up by the Assistant Medical Officers on each side, and what is believed may be a useful addition to the pathological study of morbid conditions of the brain has been begun, viz., registering in a book, kept for the purpose, the state of that organ and others on *post mortem* examination.

The sanitary condition of the Asylum has continued good, no infectious or contagious disorder having occurred. Medical visitation to each Patient at least twice a-day has been regularly continued.

Renewing my thanks to the Committee of Management for the confidence they continue to repose in me,

I have the honor to be, Gentlemen,

Your obedient Servant,

(Signed) JAMES ADAM, M.D.,

Medical Superintendent.

STEWARD'S REPORT.

Michaelmas, 1876.

MR. CHAIRMAN AND GENTLEMEN,

The termination of the sixth year of the existence of the Asylum has now arrived, and I have the honour to submit a few details with regard to the general working during the past twelve months.

The provisions have, as usual, been of a good wholesome quality, and the prices have continued somewhat under the previous years, as will be seen on reference to tables accompanying this Report. In coals there has been a great reduction, this article being now very nearly as low as previous to the famine.

For the additional numbers some alterations have been made and extra servants employed. These have performed their duties well, and the whole of the officers and servants under my immediate supervision attend punctually to their duties.

There has been a falling off in the number of useful inmates for in-door and out-door work; this I am told is in consequence of a diminution in this class of inmates as compared with that of previous years; those of them who have improved in health having been discharged, and the fresh admissions being generally of a more infirm and less useful character.

The accounts of the work done in each of the workshops, with its approximate valuation, is submitted.

The farm stock and crops and the garden accounts are also laid before you. The long continued drought, extending through April, May and June, seriously affected our garden and farm, and the quantity of vegetables brought into use has been much less. This, with the effect of the Foot and Mouth Epidemic mentioned in my last Report, has prevented our being able to show a favourable balance sheet on our farming account. In this respect we only share with our neighbours, inasmuch as the past year has been most unprofitable to farmers throughout the county.

During the past year, structural operations of greater or less extent have usually been in progress, preventing much improvement in the grounds and airing courts, but the completion of the Asylum having now been effected, I hope to be able during the coming year to effect considerable improvement in its external appearance.

I have to thank the Committee for their unabated confidence in me.

I am,

MR. CHAIRMAN and GENTLEMEN,

Your obedient Servant,

(Signed) GEORGE WHITE,
Steward.

CATERHAM ASYLUM.

FARM BALANCE SHEET, MICHAELMAS, 1876.

Cr.

Dr.

To Cash Paid for—	£	s.	d.	£	s.	d.	By value of Milk supplied to the Asylum, 16,428 gallons, at 1s.	£	s.	d.	£	s.	d.
Oats	193	8	9					821	8	0			
Maize	59	12	0				„ Pork, 16,397 lbs., and Beef, 7,308 lbs.	737	12	2			
Barley Meal ..	77	8	0				„ Vegetables	531	15	6			
Hay	123	4	0				„ Cash for Sale of Pigs, Calves, Horse, &c. . .	203	6	8			
Straw	360	9	1				„ Shed in Park	5	0	0			
Oilcake	257	17	3				„ Increased value of Stock	113	6	8			
Flour	96	5	9										
Grains	141	5	0										
Middlings ..	84	0	6										
Bran	13	5	6										
Linseed	20	2	0										
Peas and Pea Meal ..	20	0	0										
Seeds and Plants ..	94	8	2										
Repairs to Implements	13	9	0										
Manure	25	1	6										
Carried forward ..	1,579	16	6				Carried forward ..	2,412	9	0			

FARM BALANCE SHEET, MICHAELMAS, 1876.—(Continued.)				Cr.			
Dr.	£	s.	d.	£	s.	d.	
Brought forward..	1,579	16	6				
To Cash paid for—							
Shoeing ..	15	3	5				
Wages ..	456	17	7				
Incidental Expenses, including Veterinary Fees, Pig Killing, and Carriage of Goods ..	86	9	4				
2 Horses ..	49	14	0				
Bull and Cows ..	52	10	0				
Rent, Rates, and Taxes ..	157	10	0				
				2,398	0	10	
				14	8	2	
Balance ..							
				£2,412	9	0	
							£2,412 9 0

(Signed) WILLIAM S. CORTIS, } *Farm*
M. SARSON, } *Sub-Committee.*
THOS. SYMONS, }

FARM ACCOUNT (CAPITAL). VALUATION, MICHAELMAS, 1876.

48

*Work executed at Caterham Asylum during the Year ending
Michaelmas, 1876.*

UPHOLSTERY.

ARTICLES.	No.	Price.			Value.		
		£	s.	d.	£	s.	d.
Mattrasses, made in threes ..	112	0	1	9	9	16	0
„ full length ..	27	0	1	6	2	0	6
„ re-made ..	481	0	1	9	42	1	9
Pillows, made ..	291	0	0	3	3	12	9
„ Chaff, made ..	24	0	2	0	2	8	0
Bolsters, made ..	52	0	0	3	0	13	0
Pillows, re-made ..	507	0	0	3	6	6	9
Pillow Cases ..	332	0	0	1	1	7	8
Mattrass Cases, in threes ..	122	0	0	8	3	13	0
„ whole ..	54	0	0	6	1	7	0
Large Size ditto ..	3	0	1	0	0	3	0
Bed Sackings, made ..	192	0	1	4	12	14	0
„ changed and } cleaned ..	872	0	0	1	3	12	8
„ repaired ..	611	0	0	4	10	3	8
„ tightened ..	321	0	0	0 $\frac{1}{2}$	0	13	4 $\frac{1}{2}$
Kneelers, made ..	130	0	0	1	0	10	10
Tea Bags ..	13	0	0	6	0	6	6
Coffin Pillows ..	236	0	0	0 $\frac{1}{4}$	0	4	11
Rich Cloth ..	1	0	10	0	0	10	0
Mattrass Cases, repaired ..	41	0	0	4	0	13	8
Holland Blinds, new ..	175	0	0	4	3	5	0
„ repaired ..	97	0	0	3	1	12	4
Venetian Blinds, repaired ..	76	0	1	0	3	16	0
Hair, picked, 214 cwt. at	0	15	0	160	10	0
Fibre „ 500 lbs. at	0	0	1	2	1	8
					274	3	0 $\frac{1}{2}$
Wages and small Expenses } deduct	135	4	6
Value of Labour of Inmates	138	18	6 $\frac{1}{2}$

Work executed during the Year ending Michaelmas, 1876.

SHOEMAKING.

ARTICLES.					No. Pairs.	Price.		Entire Value.		
						s.	d.	£	s.	d.
Made	12	4	0	2	8	0
Repaired	5,301	1	6	397	11	6
"	408	0	6	10	4	0
"	311	0	2	2	11	10
								412	15	4
Deduct for Wages and other Expenses }						126	5	4
Value of Labour of Inmates		286	10	0

TAILORING.

ARTICLES.					Number	Price.			Entire Value.		
						£	s.	d.	£	s.	d.
Made Jackets	308	0	3	0	46	4	0
" Trousers	512	0	2	9	70	8	0
" Vests	374	0	1	6	28	1	0
Repaired Jackets	1,865	0	1	0	93	5	0
" Vests	718	0	0	6	17	19	0
" Trousers	4,303	0	1	0	215	3	0
Machining Work, 797 yards at	0	0	0 $\frac{1}{4}$	0	16	7 $\frac{1}{4}$
Mattrasses	15	0	1	0	0	15	0
Bolsters	24	0	0	1	0	2	0
Sackings	68	0	1	4	4	10	8
Blinds	168	0	0	4	2	16	0
Making Green Rep Curtains		1	10	0
									581	10	3 $\frac{1}{4}$
Deduct Expenses and Wages							306	11	0
Value of Inmates' Labour							274	19	3 $\frac{1}{4}$

M A T R O N ' S R E P O R T .

CATERHAM, SURREY,

October 13th, 1876.

GENTLEMEN,

I have much pleasure in again placing my Report before you, although I am afraid I can add but little to those of former years.

The changes in the Female Staff have been rather more frequent than formerly, or at least more so than they have been for the last two years; some that we valued most highly have left to be married; others to improve their position; and a few, who failed to show that aptitude in acquiring a knowledge of their duties, which would qualify them to pass probation, left either before or at the end of the three months; still, I think we have at the present time a very intelligent and respectable class of nurses, who devote themselves to their work as zealously as did their predecessors. A constant and faithful discharge of their duties tends to develop the finest traits of womanly character—patience, tenderness, and unselfishness.

It is, I think, a matter of congratulation, that we experience so little difficulty in getting recruits for our service. During the past year an arrangement has been made to pay each Nurse and Laundry Maid 10s. per quarter over and above the wages due, provided that during that time they have not been fined more than 1s.

The employments of the Female Patients are laundry work, housework, and needlework. Although perhaps as much is done now as has been done in former years, it is the result of putting greater pressure on the paid staff; the average number of "Helpers" among the Patients is estimated at 400, leaving over 600 quite unable to perform the most simple act for the benefit of others, and not only so, but many are themselves as feeble and helpless as very little children. It is a fact noticed by every visitor to the Asylum, that so very many in each Ward are old, helpless, and apparently capable of doing nothing; the strain, therefore, must necessarily be great upon the paid staff. We will just look at the number of returned as "Helpers in the Blocks;" I find on the summary of the Reports of yesterday that number to be 176; these have to be divided between the 8 blocks, giving us 22 workers in each. To those persons unaccustomed to the working of such Institutions as ours, this might appear a large amount of available help, whereas it is in reality very inadequate. These have to assist in washing, dressing, and combing the helpless, to make beds, scour floors in day-rooms, dormitories, corridors, lavatories, kitchens and other offices; to wash up plates and all other utensils used in the distribution of food. Constant attention has also to be given during the day to those of dirty habits—whose name is legion. The number of workers too in the Laundry is decreasing. If we fill up the numbers here the Wards have to suffer. I have laid great stress on this matter, because it seems to me a growing trial, and one that at times is felt most severely.

The Staff in the Laundry numbers the same as last year, viz., the Laundry Superintendent, 8 Laundry-maids, and 1 Laundry-man. The number of articles washed during the week averages 18,500. Additional drying closets are in the course of completion, rendered necessary by the opening of a new Block on the Male side.

In the Workroom there has been a change. The late Workmistress, who had been here since the opening of the Asylum in 1870, and who had discharged her duties faithfully, left in May last for a home of her own. The person appointed to fill her place came from the Marylebone Schools at Southall, where she had held a similar post for some time, and was well recommended by the Managers of that establishment. The number of Patients employed in the Workroom averages 35; some of these are very useful with their needle; they are employed chiefly in mending the underlinen and bedding for the Male side, most of the new work being done in the Blocks. The following table shows the number of garments cut out and made during the year:—

Table of Articles made during the Year.

No.	Articles.					Value.		
						£	s.	d.
2,558	Aprons	at $1\frac{1}{2}d.$	each	15	9	9
1,617	Dresses	„ 1s.	„	80	17	0
1,910	Caps	„ 2d.	„	15	18	4
262	Hoods	„ $1\frac{1}{2}d.$	„	1	12	9
836	Chemises	„ 2d.	„	6	19	4
1,315	Shirts	„ 3d.	„	16	8	9
447	Flannel ditto	„ $1\frac{1}{2}d.$	„	2	15	$10\frac{1}{2}$
54	Pairs Trousers	„ 1s.	„	2	14	0
46	Stays	„ 1d.	„		3	10
200	Table Cloths	„ 1d.	„		16	8
1,705	Sheets	„ 1d.	„	7	2	1
1,632	Pillow Cases	„ 1d.	„	6	16	0
1,215	Towels	„ $\frac{1}{2}d.$	„	2	10	7
243	Curtains	„ 4d.	„	4	1	0
116	Shawls	„ $1\frac{1}{2}d.$	„		14	6
1,354	Handkerchiefs	„ $\frac{1}{4}d.$	„	1	8	$2\frac{1}{2}$

No.	Articles.					Value.		
						£	s.	d.
90	Shrouds	at $2\frac{1}{2}d.$	each	18	9	
295	Petticoats	„ $2d.$	„	2	9	2
44	Flannel Shifts	„ $1\frac{1}{2}d.$		5	6	
80	Pairs Drawers	„ $2\frac{1}{2}d.$	„	16	8	
420	Nightgowns	„ $2\frac{1}{2}d.$	„	4	7	6
20	Netted Curtains	„ $1s.$	„	1	0	0
<hr/>						<hr/>		
16,459						£176	6	3
<hr/>						<hr/>		

In March last the additional space in Infirmary was opened. This makes a very comfortable and pleasant Sitting Room for our poor Invalids.

The detached Infirmary, which had for some considerable time been occupied by Men, is now again tenanted by Female Patients. This arrangement gives us room for 52 Women; when full we shall number on the Female side 1,102 Patients. At the present date we have 1,089.

The General Bathroom has also been enlarged, 12 additional Baths having been supplied.

In the early part of the year you kindly granted me the sum of £5 to expend in decorating one of the Wards. This sum I laid out chiefly in brackets and statuettes, which have done much to render the room very attractive. I would fain hope this generous act will be repeated.

The amusements provided for the people have been of the same character as in former years, the weekly dance being as much appreciated as heretofore.

The Attendants' Ball took place on the 6th of January, and passed off successfully. A supper was also kindly provided for the Nurses, &c., in July, and was much appreciated by them.

During my temporary absence from the Asylum, my duties were performed by the Assistant Matron, and I am pleased to bear testimony to the fact, that everything was in order on my return, and that all had gone on satisfactorily whilst I was away.

Thanking you for your unwearied kindness to me in the past, and trusting I may have your support and confidence in the future,

I am, GENTLEMEN,

Your obedient Servant,

(Signed) E. E. MOSELY,

Matron.

To the Managers of the
Caterham Asylum.

CHAPLAIN'S REPORT.

GENTLEMEN,

It is with much pleasure that I have the opportunity of stating in this my Report that spiritual improvement amongst the Patients is most satisfactory, and anyone at all acquainted with the inmates can see that with many there is a real love for Christ, and most devoted attachment to the Chapel Services. There are no mediæval displays, but a pure heart service, and I can with safety say that every stranger who has come into the Chapel has gone away pleased; and the quiet and serious attention of the congregation (which would be an example to many an intellectual congregation) is a proof that they are being supplied with the truth as it is in Christ Jesus.

The Chapel Services are conducted as usual daily, Morning and Evening Service at 8 o'clock and 5 o'clock. Service at 11 and 6 o'clock on Sundays. Holy Communion at 10 o'clock the first Sunday in every month. About 100 attend the Daily Service, and the last Sunday attendance was 200 Males in the Morning, and 214 Females. In the Evening, 207 Males and 225 Females.

There is a fair average attendance of the Officers and Servants connected with the Asylum.

No further remark occurs as necessary to be made in reference to the Chaplain's duties. Thanking the Committee for a further supply of Hymn Books and Prayer Books,

I am, GENTLEMEN,

Your obedient Servant,

(Signed) J GROUND, M.A.,
Chaplain.

RESIDENT ENGINEER'S REPORT.

METROPOLITAN DISTRICT ASYLUM, CATERHAM.

30th September, 1876.

GENTLEMEN,

Another year having passed, I beg to present my sixth Annual Report. The additions lately made to this Asylum, consisting of a New Block, three day rooms to each Infirmary Block, double the former bath accommodation on the Female side, a Plunge Bath for the Men, and a second Rain Water Reservoir, have all been completed, and are now in use; there are a few features in the block which differ from any of the others, and will, I hope, prove a benefit from a sanitary point of view, among which are the W.C's., Slop Sinks and Urinals, these are placed outside the main building, and connected merely by means of a well ventilated passage, or neck, thus effectually preventing any gases from entering the block; the rooms for Slop Sinks have been formed with a concrete floor, covered with asphalte, laid with a good fall to a sink, the top of which is placed level with the floor, thus slops carelessly emptied in any part of the room will readily run into the sink and thence into the soil pipe, which is in every case extended up through the roof in order that the drains may be properly ventilated.

The means for carrying off the hot and foul air which accumulates near the ceilings in the wards, I have endeavoured to provide, by placing two pieces of perforated zinc in the ceilings running the whole length of the ward, and six inches wide, which

allows the foul and heated air to pass between the joists into a cavity in the walls (these having been built hollow), and thence into the roof. The workshops and stores on the basement floor of this block are ten feet in height.

Fourteen porcelain baths have been fitted in the New Bath-Rooms, and a spacious plunge bath erected, which will no doubt be beneficial and much appreciated.

Porcelain baths have also been fixed in the houses of the Medical Superintendent and Chaplain.

By the addition of the day rooms for Convalescents in the Infirmarys, a cheerful appearance has been obtained which before did not exist.

A Turkish Bath with four rooms is being erected in conjunction with a set of fifteen drying horses.

A number of dry gas meters have been fixed in various parts of the Asylum, and in the residences, with a view to checking consumption, and discovering leakage in the mains; the result has been very satisfactory.

The wards in the Female Blocks B C D E and F, and dormitories in Male A have been thoroughly cleansed, painted and distempered; those on the Female side have been decorated with stencilling, which has a good effect, and adds much to their cheerfulness.

Various improvements have been made in the farm buildings, among which the roof of the low sheds has been raised three feet, and a loose box erected, thus giving more liberal shelter for the stock.

The staircases to all the Male Blocks have been cleansed and painted, and the Male Corridor painted in lighter colours, so as to give it a brighter appearance, the Male bath room also has been painted inside from the roof downwards, with many other rooms requiring the same, among which were the Committee Rooms, Main Kitchen and Scullery.

After carefully making some experiments with concrete (composed of coke-breeze and Portland cement, a section of which was similar to the tile arches covering the corridors, and which was tested up to $2\frac{1}{2}$ cwts. per foot superficial), I took down 50 feet in length of the arch over the Female corridor, and constructed this portion with that material; it appears up to this time to be perfectly watertight and very strong, which latter feature has been proved by the fact of twelve men walking upon it as closely together as possible.

Three benches of retorts at the Gas Works have been renewed, the others having become worn out, after three years' service.

The joints in the external walls of the Male D and E Blocks have been raked out and pointed with Portland cement; the chimney stacks have also been pointed and the slating repaired.

The beer lift in the Stores has been found so successful that the second old pump and iron tank have been removed, and another lift erected.

The fresco-painting Patient is at work on the walls of the Male Wards, where many fair specimens of his art may be seen.

The springs in the well still hold good, having yielded even more abundantly than heretofore, which has enabled you to supply the "Caterham Spring Water Company" between July 18th and

September 30th, with 1,632,200 gallons, and the Barracks now building on land adjacent to this Asylum with 347,000 gallons; notwithstanding this unusual demand, the water rises in a few hours after the cessation of pumping to its ordinary level, and this at a season when the springs are almost at their lowest. The minimum depth of water was 97 feet 6 inches, on October 6th, 1876, and the maximum depth 166 feet, on April 1st, 1876.

The quantity of gas manufactured during the past year was 7,609,518 cubic feet, at a cost of £674 15s. 11d., or 1s. 9¼d. per 1,000 cubic feet. The average daily consumption during the winter six months was 30,193 cubic feet, and during the same time in the summer 16,156 cubic feet; the maximum daily consumption was 41,354, and the minimum 9,785 cubic feet. An account of the cost of manufacturing the gas is appended.

The engines and other machinery are in good condition, and doing their work most satisfactorily.

A considerable quantity of extra work has been thrown upon the Staff in adapting the water and gas mains, drains, roads, fences, &c., to the new buildings.

The small renewals and repairs to the machinery, various buildings, fittings, and furniture have been executed by the workmen very much to my satisfaction.

In conclusion, I would express a hope that my endeavours to do my duty and faithfully carry out your wishes have met with approval.

I am, GENTLEMEN,

Your most obedient Servant,

(Signed)

WM. CRICKMAY,

Resident Engineer.

METROPOLITAN ASYLUM DISTRICT, CATERHAM.

Gas Account for Year ending September 29th, 1876.

	Dr.	£	s.	d.	£	s.	d.
Coal in stock on 29th September, 1875,							
152 tons		162	2	8			
„ 563 tons 3 cwt. received during							
the year		600	13	10			
„ 100 tons ditto		103	15	0			
		<hr/>					
		866	11	6			
Less 12 tons in stock on 29th							
September, 1876.. .. .		12	16	0			
		<hr/>			853	15	6
45 yards Lime	24	15	0
Labour	139	2	0
Wear and tear	35	4	6
		<hr/>			<hr/>		
					£1,052	17	0
	Cr.						
353 Chaldrons Coke, at 14s. ..		247	2	0			
130 „ „ „ 12s. ..		78	0	0			
1,211½ Gallons Tar, sold at 4d. ..		20	3	10			
531 „ „ 3d. ..		6	12	9			
1,426 „ in stock, or used							
on the Establishment, at 3d. ..		17	16	6			
83 loads Lime, from Purifiers,							
at 2s.		8	6	0	378	1	1
		<hr/>			<hr/>		
					£674	15	11
		<hr/>			<hr/>		

Total make of Gas, 7,609,518 cubic feet, at 1s. 9¼d. per
1,000 cubic feet.

(Signed)

WM. CRICKMAY,

Resident Engineer

CATERHAM ASYLUM.

Statement showing the Staff on the 1st October, 1876.

OFFICERS.

			£	s.	d.
(a)	Dr. J. Adam, Medical Superintendent	500	0	0
(b)	The Rev. J. Ground, M.A., Chaplain	200	0	0
(a)	Mr. G. White, Steward	300	0	0
(c)	Mrs. E. E. Mosely, Matron	180	0	0
(e)	Mr. W. H. Pratten, Clerk of the Asylum	200	0	0
(b)	Mr. W. Crickmay, Resident Engineer	200	0	0
(d)	Mr. G. S. Seccombe, 1st Assistant Medical Officer	150	0	0
(d)	Mr. H. B. Harrison, 2nd ditto ditto	130	0	0

SUBORDINATE OFFICERS AND SERVANTS.

(e)	1 Assistant Clerk	at £62 per annum	62	0	0
(d)	1 Steward's Clerk	„ 72 „	72	0	0
(f)	1 Inspector	„ 72 „	72	0	0
(f)	1 Male Head Attendant	„ 52 „	52	0	0
(d)	1 Assistant Matron	„ 58 „	58	0	0
(f)	2 Female Head Attendants	„ 32 „	64	0	0
(d)	1 Laundry Superintendent	„ 41 „	41	0	0
(d)	1 Workmistress	„ 30 „	30	0	0
(f)	1 Cook	„ 40 „	40	0	0
(b)	1 Gate Porter	„ 23s. per week	59	16	0
(f)	1 Hall Porter	„ 33 per annum	33	0	0
(f)	3 First Class Attendants and their wives }	„ 56 „	168	0	0
(f)	1 First Class Attendant and Wife }	„ 53 „	53	0	0
(f)	1 First Class Attendant and Wife }	„ 51 „	51	0	0

(a) Unfurnished House, Coals, Gas, Vegetables, and Milk. (b) Unfurnished House, Coals and Gas. (c) Furnished House, Vegetables, Milk, Coals, and Gas. (d) Furnished Apartments and Rations. (e) Dinner daily. (f) Lodging, Rations, and Uniform.

			£	s.	.
(f)	1 First Class Male Attendant	at £33 per annum	33	0	0
(f)	1 First Class Male Attendant	„ 31 „	31	0	0
(f)	3 First Class Male Attendants	„ 30 „	90	0	0
(f)	1 Tailor Attendant	„ 34 „	34	0	0
(f)	1 Second Class Male Attendant	„ 28 „	28	0	0
(f)	5 Second Class Male Attendants	„ 26 „	130	0	0
(f)	13 Second Class Male Attendants	„ 25 „	325	0	0
(f)	1 First Class Female Attendant	„ 24 „	24	0	0
(f)	2 First Class Female Attendants	„ 21 „	42	0	0
(f)	2 First Class Female Attendants	„ 20 „	40	0	0
(f)	1 First Class Female Attendant	„ 19 „	19	0	0
(f)	1 First Class Female Attendant	„ 18 „	18	0	0
(f)	2 Second Class Female Attendants.	„ 18 „	36	0	0
(f)	5 Second Class Female Attendants.	„ 17 „	85	0	0
(f)	10 Second Class Female Attendants.	„ 16 „	160	0	0
(f)	18 Second Class Female Attendants	„ 15 „	270	0	0
(f)	1 Mess Woman	„ 20 „	20	0	0
(f)	1 Assistant Cook	„ 17 „	17	0	0
(f)	3 Assistant Cooks	„ 15 „	45	0	0
(f)	2 Kitchen Maids	„ 5 „	10	0	0
(f)	1 Head Laundry Maid	„ 22 „	22	0	0
(f)	1 Head Laundry Maid	„ 19 „	19	0	0
(f)	2 Laundry Maids	„ 15 „	30	0	0
(f)	3 Laundry Maids	„ 14 „	42	0	0
	1 Laundry Man	„ 18s. per week	46	16	0
(g)	1 Store Porter	„ 15s. per week	39	0	0
(g)	1 Store Porter	„ 10s. „	26	0	0
(g)	1 Baker	„ 23s. „	59	16	0
(g)	1 Baker	„ 10s. „	26	0	0
	1 Scullery Man	„ 18s. „	46	16	0
	1 Coal Man	„ 20s. „	52	0	0
(b)	1 Cowman	„ 25s. „	65	0	0
	1 Farm Man	„ 20s. „	52	0	0

(b) Unfurnished House, Coals, and Gas. (f) Lodging, Rations, and Uniform. (g) Rations.

			£	s.	
3 Farm Men	at	16s. per week	124	16	0
1 Farm Man	,,	15s. ,,	39	0	0
1 Farm Man	,,	10s. ,,	26	0	0
1 Night Watchman	,,	20s. ,,	52	0	0
1 Coachman	,,	20s. ,,	52	0	0
(f) 1 Fireman	,,	15s. ,,	39	0	0

WORKMEN.

1 Engine Driver	at	£2 5 0	per week	117	0	0
1 Engine Fitter	,,	1 16 0	,,	93	12	0
1 Stoker	,,	1 0 0	,,	52	0	0
1 Engine Cleaner	,,	1 0 0	,,	52	0	0
(b) 1 Gasman	,,	1 2 0	,,	57	4	0
1 Gasman	,,	1 4 0	,,	62	8	0
1 Smith	,,	1 15 0	,,	91	0	0
1 Tinman	,,	1 16 0	,,	93	12	0
2 Carpenters	,,	1 15 0	,,	182	0	0
2 Bricklayers	,,	1 15 0	,,	182	0	0
1 Plumber	,,	1 15 0	,,	91	0	0
1 Painter	,,	1 15 0	,,	91	0	0
1 Gardener	,,	1 11 0	,,	80	12	0
5 Gardeners	,,	1 0 0	,,	260	0	0
1 Gardener	,,	0 18 0	,,	46	16	0
1 Tailor	,,	1 8 0	,,	72	16	0
2 Tailors	,,	1 3 0	,,	119	12	0
1 Tailor	,,	1 1 0	,,	54	12	0
1 Tailor	,,	1 0 0	,,	52	0	0
1 Shoemaker	,,	1 7 0	,,	70	4	0
1 Shoemaker	,,	1 1 0	,,	54	12	0
1 Upholsterer	,,	1 8 0	,,	72	16	0
1 Mattrass-maker	,,	0 16 0	,,	41	12	

(b) Unfurnished House, Coals, and Gas. (f) Lodgings, Rations, and Uniform.

						£	s.	d.
1 Mattrass-maker	at	0	15	0	per week	39	0	0
1 Tailor	,,	0	12	0	,,	31	4	0
1 Labourer	,,	1	5	0	,,	65	0	0
1 Labourer	,,	1	2	0	,,	70	4	0
1 Labourer	,,	1	7	6	,,	71	10	0
1 Labourer	,,	0	8	0	,,	20	16	0

£7,420 2 4

Officers	8
Subordinate Officers and Servants	120
Workmen..	36
						<hr/>
			Total	164