

## **Reports for the year 1863 / St. Luke's Hospital for Lunatics.**

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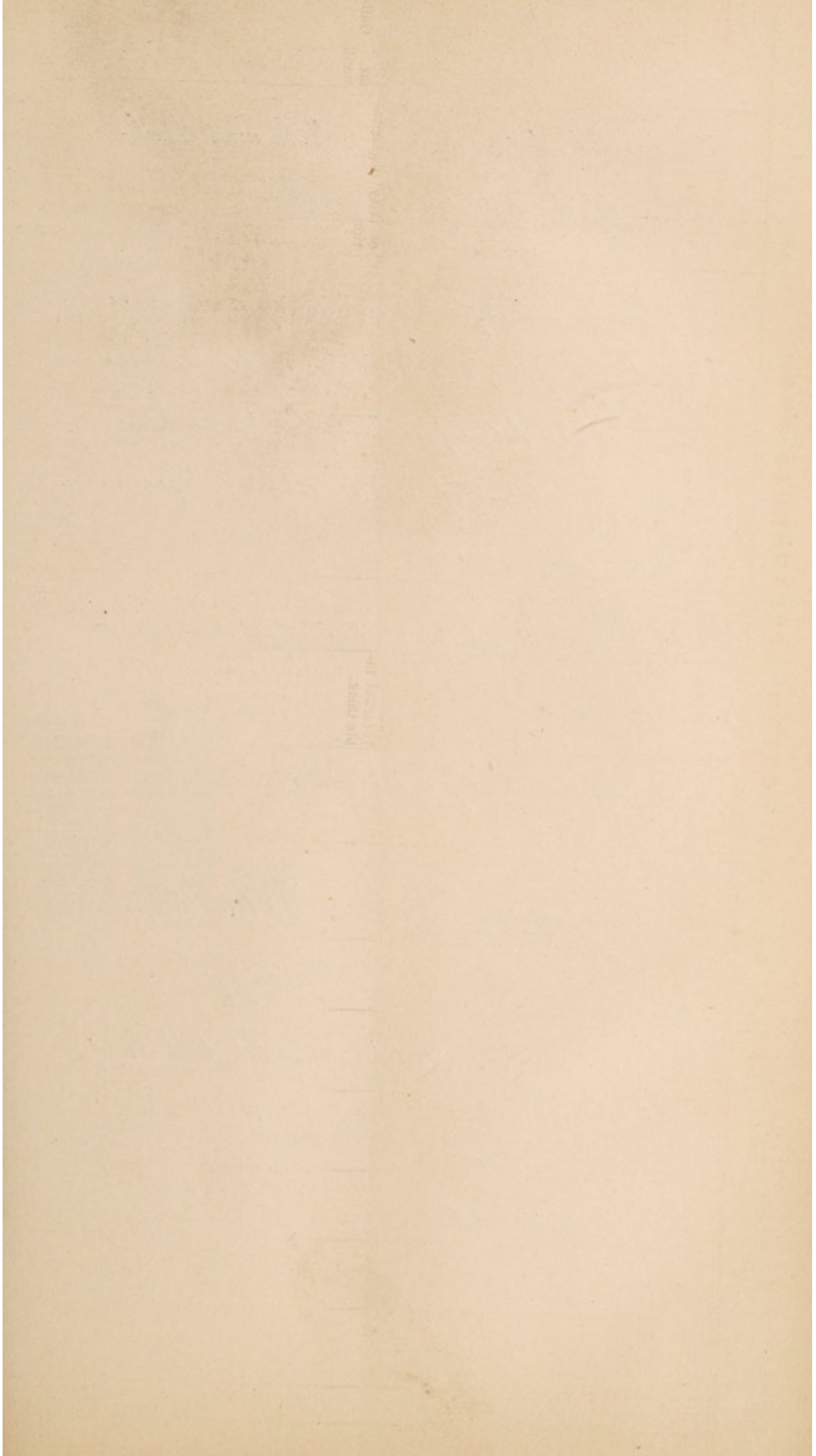
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James Fuller Whiskin,

Secretary,

St. Luke's Hospital, Old Street,

London, E.C.



# St. Luke's Hospital for Lunatics.

Established A.D. 1751.

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## REPORTS

FOR THE YEAR


1863.



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London :

1864.



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A LIST  
OF THE  
GENERAL COMMITTEE  
FOR THE YEAR 1864.

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ESTABLISHMENT  
OF  
ST. LUKE'S HOSPITAL  
FOR  
LUNATICS,  
1864.

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CONSULTING PHYSICIAN.

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---

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A LIST OF THE GOVERNORS  
OF  
ST. LUKE'S HOSPITAL FOR LUNATICS.

---

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THE LORD OVERSTONE.

VICE-PRESIDENTS.

THE RIGHT. HON. EARL OF ABINGDON, D.C.L.

THE LORD AVELAND.

THE RIGHT HON. THE VISCOUNT EVERSLEY, P.C.

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JAMES BENTLEY, ESQ.

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---

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     *(Consulting Physician.)*  
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 Wright, Rev. John, M.A., F.R.S., F.S.A.

## Z

ZETLAND, The Right Hon. The Earl of, 19, *Arlington-street.*

\* \* Any inaccuracies in the above List will be corrected on notice of the same being given to the Secretary,

Mr. JAMES FULLER WHISKIN,

at the Hospital,

Old Street, London, E.C.



REPORT  
OF THE  
GENERAL COMMITTEE OF GOVERNORS  
OF  
**ST. LUKE'S HOSPITAL,**  
FOR THE YEAR 1863.

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*To the Court of Governors of St. Luke's Hospital.*

YOUR Committee, in taking a retrospect of the past year, regret to notice that the amount of Benefactions has been only £363. 7s. 8d., against £998. 5s. 0d. in 1862.

The amount of Annual Subscriptions has been £27. 11s. 0d., against £54. 17s. 0d. in 1862.

The Expenditure has been £5,095. 7s. 7d., against £5,291. 6s. 2d. in 1862.

The amount received from the friends of Patients paying £1. 1s. per week towards their maintenance, was £331. 16s. 0d. for Curable cases, against £467. 5s. 0d. in 1862; and £984. 18s. 0d. for Chronic cases, against £831. 12s. 0d. in 1862. The amount received from the friends of Patients deemed Incurable, was £1,989. 8s. 0d., against £1,590. 15s. 0d. in 1862.

Your Committee regret to record the deaths of several of their Governors, exceeded in number, however, by new names added to the List.

Your Committee made arrangements for the Patients to celebrate the Marriage of H. R. H. the Prince of Wales, when a liberal entertainment was prepared, in which they were materially assisted by one of their members.

Your Committee regret to state that their endeavours to enlarge the Airing Court on the Male side have not yet been successful; an objection having been raised by the Diocesan Registrar, in consequence of the ground being consecrated.

Owing to the resignation of their Resident Medical Superintendent, (Mr. TOLLER,) in July last, your Committee elected as his successor, Dr. OCTAVIUS JEPSON, who had been for



upwards of three years the Assistant Medical Officer at the Hanwell County Asylum.

Your Committee have again to acknowledge the liberality of George Bishop, Esq., in presenting a grand Pianoforte, by Broadwood & Co., as well as a variety of Foreign and other Birds, for the amusement of the Patients. Dr. Wood, one of the Physicians, has also presented a Patent Bed for sick cases.

The Commissioners in Lunacy made their usual Official Visit to the Hospital, pursuant to sec. 61 of the Act 8 & 9 Vict., cap. 100, on the 16th February in last year, and reported as follows :—

“That they found the Hospital in proper and orderly condition.

“The Patients generally were free from excitement, and with very few exceptions their clothing was good, and their appearance satisfactory.

“Upon the whole we regard the present condition of this Hospital as favorable, and its various offices are efficiently discharged. No complaints were made to us, and as the Medical Officer and the Matron accompanied us through the respective divisions, we saw evidence of the grateful feeling inspired among the Patients by their care and personal sympathy.”

Your Committee beg leave to recommend the following alteration in Rule No. 44—namely, the substitution of the words “Twenty-fifth” for “Thirtieth” Year, as the age at which a Candidate for the office of Resident Medical Superintendent is eligible.

Your Committee contracted for the Best Wheaten Bread,—

From 1st April..... to 30th September, <sup>For the 4 lbs. Loaf.</sup> at 6d.

„ 1st October... to 31st December, „ 5½d.

And for the usual kinds of Butchers' Meat,

From 1st April..... to 30th September, <sup>Per Stone of 8 lbs.</sup> at 4/8

„ 1st October... to 31st December, „ 4/7

Your Committee report that there have been received into the Hospital between the 1st January and 31st December, 1863, 118 Patients deemed Curable.



During the same period, there have been discharged cured 61, uncured 39, as unfit 11, at the request of their friends 7; and there have died 4. Since the 30th July, 1751, the day on which the Hospital was first opened for the reception of Patients, and up to the 31st December, 1863, inclusive, there have been admitted into the Hospital, 20,127 Patients, **DEEMED CURABLE ON THEIR ADMISSION**; of whom there have been discharged,—

Cured ... ..	9,035
Uncured ... ..	6,847
As Idiots, diseased or unfit ... ..	1,942
By the desire of friends ... ..	592
From having (after admission) appeared to have been with child at the time of admission ... ..	62
Having proved to have been Insane more than twelve calendar months before the application to be admitted ... ..	14
The friends not complying with the Rules of the Hospital ... ..	57
Having been found to be, in point of circumstances, improper objects for this Charity ... ..	2
Having been found to have been previously dis- charged, uncured, from another Hospital for Lunatics ... ..	5
From not being Lunatics ... ..	2
There have died in the Hospital since its first opening	1,509
There remain on the books of the Hospital on the 31st December, 1863, deemed curable ... ..	60
<b>TOTAL..</b> ... ..	<b>20,127</b>

Since the opening of the Hospital in 1751, and up to the 31st December, 1863, there have been admitted 865 Patients **DEEMED INCURABLE**, who had been previously discharged *uncured*, *exclusive* of those Patients (nine in number) who have, from time to time, been re-admitted, by virtue of an Annuity Deed, (dated 11th June, 1788) of the late Samuel Whitbread, Esq.; and since the 31st December, 1862, and up to the 31st December, 1863, 4 Patients, *deemed incurable*, have been discharged at the request of friends; 3 upon trial; 2 died; and 5 unfit.



Of the said 865 Patients (admitted as Boarders) *exclusive* of the Whitbread Patients,—

136 have been discharged by the desire of friends.

49 have been discharged cured.

31 upon trial.

19 uncured.

11 by order of the Committee, being paupers.

33 in consequence of the friends not complying with the Rules of the Hospital.

20 being deemed, in point of circumstances, improper objects of the Charity.

475 have died, and

91 were in the Hospital on the 31st December last,  
— *exclusive* of Mr. Whitbread's patient.

Total 865

The average weekly number of Patients in the Hospital during the year, has been 158.

The total number of Patients remaining on the books on the 31st December, 1863, was 152; namely, 60 Patients deemed curable, and 92 Boarders, including Mr. Whitbread's Patient.

Your Committee recommend that The Lord OVERSTONE be re-elected President of this Corporation.

That the Right Honorable The Earl of ABINGDON, the Lord AVELAND; the Right Honorable the Viscount EVERSLEY; Sir EDMUND WILLIAM ANTROBUS, Baronet; JAMES BENTLEY, Esq.; and WILLIAM HENRY WHITBREAD, Esq., be re-elected Vice-Presidents of this Corporation.

That HENRY FRANCIS SHAW LEFEVRE, Esq., be re-elected Treasurer.

That MESSRS. FULLER & Co. be re-elected Bankers of this Hospital.

Your Committee have prepared a List of Governors, whom they submit to the Court as fit and proper persons to act as the General Committee for the year ensuing.

And finally, your Committee recommend that the remaining Honorary Officers of this Corporation be severally re-elected, pursuant to the regulations.

All of which is nevertheless submitted.



## BENEFACTIONS.

						£.	s.	d.
Bayne, Mrs. ...	...	...	...	...	(additional)	5	5	0
Bayning, The Rev. Lord	...	...	...	...	(additional)	10	10	0
Bishop, George, Esq. ...	...	...	...	...	(additional)	10	10	0
Capel, James B., Esq. ...	...	...	...	...	...	31	10	0
C. C. ...	...	...	...	...	(additional)	1	0	0
Gage, The Viscount ...	...	...	...	...	...	10	0	0
Gurney, Samuel, Esq., M.P. ...	...	...	...	...	...	10	10	0
Gurney, H. E., Esq. ...	...	...	...	...	...	10	0	0
Hoare, J. Gurney, Esq.	...	...	...	...	...	31	10	0
Holford, R. S., Esq., M.P.	...	...	...	...	...	31	10	0
Hunt, Edward, Esq. ...	...	...	...	...	...	10	0	0
Hunt, James, Esq. ...	...	...	...	...	(additional)	21	0	0
Joseph, D., Esq. ...	...	...	...	...	...	5	0	0
Kennard, J. P., Esq. ...	...	...	...	...	...	10	10	0
Kinahan and Co., Messrs.	...	...	...	...	(additional)	5	5	0
Mackenzie, H., Esq. ...	...	...	...	...	...	5	0	0
Marriott, Robert, Esq.	...	...	...	...	(additional)	6	0	0
Mark, H. R., Esq. ...	...	...	...	...	(additional)	10	10	0
Millar, John, Esq. ...	...	...	...	...	...	2	2	0
Morrice, R. E., Esq. ...	...	...	...	...	(additional)	2	2	0
Mulley, Mr. W. R. ...	...	...	...	...	...	10	10	0
Norbury, George, Esq.	...	...	...	...	...	31	10	0
Pegg, Samuel, Esq. ...	...	...	...	...	(additional)	5	0	0
Reynardson, Rev. G. B.	...	...	...	...	(additional)	10	10	0
Shepherd, Major Howell	...	...	...	...	(additional)	10	10	0
Simpson, Robert, Esq.	...	...	...	...	...	10	10	0
Smith, S. M., Esq. ...	...	...	...	...	...	2	2	0
Sterry, Henry, Esq. ...	...	...	...	...	...	31	10	0
Sundry small sums ...	...	...	...	...	...	11	1	8
Williams, John, Esq. ...	...	...	...	...	(additional)	10	10	0

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£363 7 8

## ANNUAL SUBSCRIPTIONS.

						£.	s.	d.
Baker, Sir E. Baker, Bart.	...	...	...	...	...	1	0	0
Cruttenden, Rev. W. C.	...	...	...	...	...	1	1	0
Drummond, Robert, Esq.	...	...	...	...	...	10	0	0
Hough, Lieut.-Colonel	...	...	...	...	...	1	1	0
Jaffray, A. W., Esq.	...	...	...	...	...	3	3	0
Jaffray, J. R., Esq.	...	...	...	...	...	3	3	0
Mountgarrett, The Lord	...	...	...	...	...	5	0	0
The New River Company	...	...	...	...	...	3	3	0
						<hr/>		
						£27	11	0



# AN ACCOUNT OF RECEIPTS AND PAYMENTS, BY

*From 1st January*

Dr.	RECEIPTS.	£. s. d.
To Balance of Cash at Messrs. Fuller & Co.'s Bank on		
31st December, 1862 ... ..		2,095 15 5
" Board of Uncured Patients ... ..		1,989 8 0
" do. Patients at One Guinea per week... ..		331 16 0
" do. do. Chronic, at do. ... ..		984 18 0
" Dividends on Stock ... ..		4,487 6 2

## DONATIONS, LEGACIES, &c., viz.:—

Messrs. Whitbread & Co., One Year's		
Rent Charge on their Brewery ... ..	£105 0 0	
The Bank of England (annual) ... ..	21 0 0	
Other Annual Subscriptions, as per list	27 11 0	
Governors' Qualifications and other Benefactions, as per list ... ..	363 7 8	
Donations from Tradesmen on paying		
them ... ..	5 8 6	
From Charity boxes ... ..	14 0 9	
		<hr/> 536 7 11

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£10,425 11 6

# HENRY FRANCIS SHAW LEFEVRE, Esq., TREASURER.

to 31st December, 1863.

## PAYMENTS.

Cr.

	£.	s.	d.
By Salaries and Servants' Wages ... ..	2,199	15	10
„ Printing, Stationery, and Advertising ... ..	195	14	4
„ Rent, Taxes, Rates ... ..	434	5	2
„ Improvements and Repairs ... ..	866	15	10

## HOUSE EXPENSES, viz.:—

Butchers' Meat ... ..	£1,442	9	5
Bread, Oatmeal, and Flour ... ..	426	6	9
Beer ... ..	528	18	0
Butter, Cheese and Bacon ... ..	411	18	0
Grocery ... ..	373	17	2
Milk ... ..	158	7	0
Vegetables and Extras for Sick ... ..	239	6	1
Wine and Spirits ... ..	216	7	6
Medicines and Appliances ... ..	94	7	0
Coals, Coke and Wood ... ..	287	6	9
Gas and Fittings ... ..	120	1	1
Furniture and Repairs ... ..	316	17	8
Bedding, Quilts and Linen ... ..	104	3	4
Books and Periodicals ... ..	40	7	7
Soap, Oil, and Soda ... ..	176	11	0
Brooms, Brushes, and Baskets ... ..	33	1	0
Gardener's Work ... ..	24	16	0
Amusements for the Patients ... ..	24	16	10
Miscellaneous ... ..	75	9	5
	5,095	7	7

By Balance of Cash at Messrs. Fuller & Co.'s, Bankers, on 31st December, 1863 ... ..	1,633	12	9
	£10,425	11	6

Audited and found correct,

(Signed)	WILLIAM WADESON,	} Auditors.
London, 28th Jan. 1864.	WALTER BAIRD.	
	JOHN MARTINEAU,	





REPORT  
OF THE  
PHYSICIANS AND MEDICAL SUPERINTENDENT,  
FOR THE YEAR 1863.

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*To the President, Vice-Presidents, Treasurer, and Governors  
of St. Luke's Hospital.*

MY LORDS, LADIES, AND GENTLEMEN,

THE past year has been marked by no event requiring special comment as affecting the health of the Patients under our care ; the Hospital has been exempt from the visitation of any epidemic, and no serious amount of acute illness has prevailed.

Though many Patients admitted during the year gave us but little hope of their ultimately recovering, we are gratified in being able to state that the per centage of cures is slightly in excess of that of the year preceding, being in the ratio of 58.65 against 57.62.

There remained under treatment as curable cases on the 1st of January, 1863, 29 males and 35 females, in all 64; during the past year 36 males and 82 females deemed curable were admitted, making a total of 182; of these it was found necessary to discharge as unfit 7 males and 4 females; 3 males and 4 females were removed by their friends; 26 males and 52 females were discharged recovered; leaving 16 males and 44 females whose term of residence in the Hospital has not yet expired; in addition to these, 41 male and 51 female chronic cases remain, making our total number of cases on December, 31st 1863—152.

We notice that the number of cases admitted as Boarders, paying 21s. per week towards their maintenance in the Hospital, is steadily on the increase, there being now 41 inmates of this class compared with 37 at the close of last year.



We have much pleasure in recording the fact, that the number of deaths is much smaller than it has been for many years past, six only of our Patients having died since the publication of the last Report. The cases of two of these are worthy of special notice:—C. A., a female boarder, was admitted on the 28th of September, 1827, and had thus spent thirty-six years in the Hospital; the cause of her death was Cancer of the Stomach. The other case particularly referred to was also that of an old resident, E. B. B., a male, who entered the Hospital on the 19th of July, 1839; he died of Pneumonia after a short illness.

Among those whom it has been our pleasure to recommend for discharge as recovered, are two cases, also worthy of a passing comment. G. B., a clerk, was brought to the Hospital on the recommendation of the Commissioners in Lunacy, he having been under treatment for a long period without benefit, the form of disease under which he laboured was Melancholia; his anguish of mind was at times very painful to witness, he refused food, and was in a deplorable condition; after five months' residence, a marked improvement in his state became observable, and in seven months from the date of his admission he was dismissed on trial for a month with his friends, at the expiration of which period he was finally discharged cured. The other case was that of J. B., also a clerk; he was placed by his friends as a Boarder in this Institution in May last, being deemed hopelessly insane, his illness having extended over two years and a half; the form of insanity in this case also was that of Melancholia; in a short time he was much improved, his depression vanished, he became cheerful, entered with zest into the amusements provided, and within a few months of his admission accompanied the other patients in their walks out, and in excursions to the Crystal Palace and other places; he suffered no relapse, and in November was deemed sufficiently well to go out on trial; he left for a month, and at the expiration of his period of probation returned benefited by the change, and was then discharged cured; a recovery so unexpected was welcomed with gratitude by his friends, who addressed a letter of heartfelt thanks to the Committee.

Through the liberality of the Committee, the Patients, during the summer months, again enjoyed the indulgence of excursions



into the country, and with very gratifying results, many dating their return to mental convalescence from these expeditions. The usual winter fortnightly Balls are now being held; these gatherings are always anticipated with much pleasure, and on no occasion has any breach of decorum occurred to mar the happiness of the assembly; the evening's amusement is diversified by singing, many of the patients and servants proving themselves excellent vocalists.

The practice of sending out Patients to walk in the streets, having been found to act beneficially, is continued, and many of the convalescing Male Patients are allowed to go out in couples without an Attendant, and in some cases alone; in one instance a forfeiture of the promise to return in time for tea occurred, and then the Patient voluntarily came back the following evening, apologising for the anxiety he had occasioned. Many Patients are allowed to go home with their friends for the day, this treat is much enjoyed, and contributes materially in our opinion to mental restoration.

The Wards on the Male side have been much improved by the introduction of Carpets in place of the Coir Matting, with which the floors were formerly covered; this improvement has been effected at no inconsiderable cost, but the increased cheerfulness of the rooms amply compensate for the outlay thus incurred.

We have to thank GEORGE BISHOP, Esq., one of the Governors, for valuable presents in the shape of Birds, Plants, &c.; such gifts are much appreciated by the Patients, often proving a source of benefit to them.

Divine Service is performed daily in the Chapel as usual; the Harmonium purchased last year being presided over by one of our Patients, who, previous to his admission, had been Organist to one of the London Churches, he has bestowed considerable pains in organising a Choir, and the whole of the responses are now chanted.

The four new windows mentioned in the report of last year have been supplied; the portions of the building where they have been placed, formerly dark, are now light and cheerful; the appearance of the Hospital from the street is also much improved by the substitution, and we hope that we shall yet see this beneficial alteration carried out on a more extended scale.



Seclusion, a very valuable remedial agent in some cases, has been seldom employed during the past year, but few cases suffering from that form of disease to which it is most applicable having been admitted.

The Attendants, generally, both Male and Female, have performed their duties to our satisfaction; many of the Patients when discharged having spoken in grateful terms of the kindness they had received at their hands.

We regret that obstacles still exist to our obtaining possession of the Burial Ground referred to in previous Reports, but hope that these may eventually be removed and the land made available as an Airing Court.

The Governors will, we are sure, be gratified to learn that the greatest harmony of action prevails throughout the Hospital, a circumstance tending in a very material degree to increase the comfort and happiness of the Patients.

We beg to subscribe ourselves, my Lords, Ladies, and Gentlemen,

Your faithful Servants,

HENRY MONRO, M.D., OXON.

WM. WOOD, M.D.

OCTAVIUS JEPSON, M.D.