

## **Reports for the year 1854 / Saint Luke's Hospital for Lunatics.**

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# St. Luke's Hospital for Lunatics.

## REPORT

FOR THE YEAR

1854.



London :

H. TEAPE AND SON, PRINTERS, TOWER - HILL.

1855.

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REPORT  
OF THE  
GENERAL COMMITTEE  
OF  
St. Luke's Hospital,  
FOR THE YEAR  
1854.

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London:  
H. TEAPE AND SON, PRINTERS, TOWER - HILL.

REPORT  
OF THE  
GENERAL COMMITTEE



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1881

London:

H. TRAPP AND SON, PRINTERS, TOWER-HILL.

# REPORT

*Presented to the Annual General Court, on Wednesday the  
21st February, 1855.*

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*To the Court of Governors of St. Luke's Hospital.*

YOUR COMMITTEE REPORT that, during the past year many important changes and improvements have been effected in the general arrangements of St. Luke's Hospital.

In their Last Annual Report your Committee stated, that the subject of an improved Dietary for the patients, was under consideration. On the 23rd March, 1854, a new Dietary was adopted, whereby the Male and Female Patients are allowed, cocoa and milk, with bread and butter, for breakfast, in lieu of milk-and-water-gruel, as formerly, and the Female patients are allowed tea for supper, with bread and butter, in lieu of bread and cheese and beer, as heretofore;—the dinners have been further improved by a daily liberal allowance of cooked meat, with one soup day in the week, in lieu of, as formerly, a diet of cooked meat on three days of the week, with broth or rice-milk or puddings on the remaining four days.

These improvements have necessarily occasioned increased cost to the Hospital, but, notwithstanding the augmented prices of

provisions of all sorts, which have more or less obtained during the past year, your Committee feel that the changes in the Dietary have been judicious, and the effect of these alterations has been, as they are assured by the Physicians, of a most salutary and gratifying character.

Your Committee regret to report, that during the prevalence of Cholera in the last year, two malignant cases occurred in the Hospital, whereupon the House Committee in the first week of October, deemed it prudent to order that the admission of patients should be temporarily suspended. A week having elapsed, and no fresh case having occurred, the House Committee, upon the recommendation and advice of the Physicians, were enabled to resume the admission of patients. Your Committee, having happily found it necessary to exercise this precaution for so short a time, are not aware that any practical inconvenience was sustained by the public through the suspension of admissions.

Since the last Annual Court, the Charity has been deprived of the valuable services of Dr. Philp, who resigned on the 8th March, 1854, after having held the office of Physician to the Hospital for nearly twelve years.

The vacancy thus arising, has been filled up by the election, at a General Court of Governors, holden on the 21st April, 1854, of DR. HENRY MONRO, whose re-election, as the co-adjutor of DR. A. J. SUTHERLAND, (who has held the office of Physician to this Hospital since A.D. 1841,) will this day be submitted to the Court.

At the General Court of Governors on the 21st April, 1854, IT WAS RESOLVED, upon the recommendation of the General Committee, (made at the suggestion of Dr. A. J. Sutherland,) that in future the Physicians should visit their Patients at the

Hospital on alternate days in the week, instead of once a week as heretofore, whereby a more constant supervision of the patients by the Physicians, has been secured.

A correspondence having arisen with the Commissioners in Lunacy, subsequently to the resignation of Dr. Philp, some important resolutions have been agreed to by the Court, with reference to the future arrangement of the Medical Staff.

Thus:—At a Court of Governors, holden on the 23rd March, 1854, IT WAS DECLARED, that if, on consideration, it should appear that the adoption of any suggestions or recommendations of the Commissioners in Lunacy on the subject of the Medical Staff, would be attended with increased advantage to the patients, the Governors of St. Luke's Hospital would be willing to re-consider the existing Rules and Orders for the government of the Charity, with a view to effect such improvements and alterations therein as might be deemed expedient.

The appointment of a Physician in the room of DR. PHILP was accordingly made subject to any alteration, revision, or determination, consequent on such proposed reconsideration of the Rules and Orders.

The Commissioners in Lunacy having, amongst other recommendations, represented to the Committee that, in their opinion, it was highly expedient that the Resident Medical Officer of the Hospital should possess paramount authority therein, your Committee, yielding to the views of the Commissioners in Lunacy, recommended to the Court that the "Resident Apothecary" should in future be styled "Resident Medical Superintendent," and that, subject to the control of the General Committee, he should have paramount authority over every officer resident in the Hospital in respect of the medical and moral care and treatment of the patients. This recommendation



having been adopted at a Court of Governors holden on the 25th of May, 1854, it is become necessary so to revise and alter the existing Rules and Orders for the government of the Hospital, as to render them, so far as possible,—in accordance with the spirit and intention of the Resolutions of the Court,—in unison with the views of the Commissioners in Lunacy, and in conformity with the requirements of the existing Acts of Parliament relating to the care and treatment of Lunatics.

A Sub-Committee has accordingly been appointed for this purpose, and a new code of Rules and Orders is at present under their consideration, which, when completed, will be submitted to the Court of Governors for their approval, or otherwise, as the Court may deem expedient.

In connection with the alterations which have been made during the past year in regard to the Medical Departments of the Hospital, your Committee Report:—

That in furtherance of the principles laid down by the Court on the 14th February, 1753, and the 15th February, 1843,—It was resolved, at the last Annual General Court, that the Physicians should in future be empowered each to take six pupils instead of three, as heretofore, into the Hospital, and that they should be further allowed to select Clinical Clerks from pupils of good moral character, who shall have passed their examinations at the Colleges of Physicians or Surgeons, or at the Apothecaries' Hall, but with the proviso that such Clinical Clerks should not be permitted to enter the galleries unless accompanied by one of the Physicians or by one of the Attendants.

During the past year the Hospital has been visited by the Commissioners in Lunacy, pursuant to the 61st

sec. of the Act 8 and 9 Vict., c. 100,—viz., on the 6th February, 1854. Their observations, recorded in the book kept for that purpose, were as follow:—

“There are at present 163 patients in this Hospital (being 23 less than at the last visit of the Commissioners on May 16, 1853), of whom 64 are males, and 99 females. With reference to three of the points adverted to in the last Report, we remark,

“1. The clothing of the male patients is still defective; the body linen should certainly be changed more frequently than once a week.

“2. There are no easy chairs and very few benches in the day rooms; the galleries are almost entirely without furniture.

“3. The basement story is now, owing to the reduction of numbers, unoccupied by female patients. We found the Hospital clean, and without any offensive smell; the bedding much improved in quality, and sufficient in quantity; no patient under mechanical restraint (such restraint has not been resorted to since July last); patients are occasionally placed in seclusion, but only for very limited periods. We found two females in seclusion this day.

“We are of opinion that the patients are not afforded sufficient opportunities of taking exercise in the open air. We understand that during the winter months they rarely go into the yards; and with great surprise we learn that no patient is ever permitted to pass the gates of the Hospital for the purposes of recreation or amusement. Ninety patients of both sexes are in the habit of attending chapel daily, prayers being read by the Chaplain, and full service performed on Sundays.

“On an average 52 females and only 15 males are employed, and we regret that there is so great a deficiency of means of affording employment or amusement.”

“As the result of our observations, we submit to the consideration of the Governors,—

“1. That in order to determine what kind and extent of furniture may be required for the whole Hospital, one ward should, in the

“ first instance, be completely furnished with suitable tables, seats,  
 “ carpeting, and blinds ; the walls decorated with prints, and  
 “ coloured ; a few singing birds provided ; a projecting stove fire-  
 “ place substituted for the present grate in the gallery, and all  
 “ wirework and guards removed.

“ 2. That the basement story, which is no longer occupied by pa-  
 “ tients, should not again be used for their reception. Should the  
 “ number of patients be again enlarged, we should prefer the use of  
 “ the attics to the use of the basement.

“ 3. That renewed efforts should be made to obtain a certain  
 “ quantity of land near London for the amusement and employ-  
 “ ment of the patients.

“ 4. That patients of both sexes be, under proper care, taken out  
 “ frequently and regularly for walking exercise beyond the pre-  
 “ cincts of the Hospital.

“ 5. That the additional Regulations adopted by the General Com-  
 “ mittee on the 9th of June, 1853, and which have not yet been  
 “ distributed, should at once be placed in the hands of the attend-  
 “ ants and nurses.”

(Signed)

R. GORDON,	} <i>Commissioners</i> <i>in Lunacy.</i>
W. G. CAMPBELL,	
S. GASKELL,	

Referring to these observations, your Committee report,—  
 That, under the direction of the House Committee, the friends  
 of patients admitted into the Hospital have been required to  
 supply such additional quantities of clothing as to enable the  
 patients to be provided with a more frequent change of body-  
 linen.

The attention of your Committee has been especially directed  
 during the past year to the important subjects of warming,  
 ventilating, and furnishing the Galleries of the Hospital.

After many inquiries as to the relative advantages of differ-  
 ent existing expedients for warming and ventilating large apart-  
 ments and corridors, such as exist at St. Luke's Hospital,

whether by steam pipes, hot-water pipes, open fire-places, or by stoves, your Committee have determined that the best system of warming and ventilating the Galleries will be by means of cast-iron open fire-stoves, with ventilators under them, communicating with the external air, and with the necessary flues therefrom. Stoves of this description are in progress of erection on the Women's side of the Hospital, and are now nearly completed.

With a view to render more comfortable the Galleries of the Hospital, especially on the Women's side, your Committee have purchased settees, arm chairs, tables, and cocoa-nut-fibre matting, for the purpose of furnishing these galleries, whilst further improvements consequent on the alterations before referred to are under the consideration of a Sub-Committee.

With Reference to the observations contained in Your Committee's last Annual Report, on the subject of a proposed extension of the area of the Hospital property, by the purchase of the lease of the space of land formerly used as a burial ground by the parish of St. Luke, Old Street, together with the Almshouses situate in Bath Street, and adjacent to the Hospital, the same being the property of Dulwich College, your Committee report, that, in May last, an application was addressed by the House Committee, to the Parish Authorities of St. Luke's, to solicit that the use and occupation of the ground referred to might be granted to the Governors of St. Luke's Hospital, for the exercise and amusement of the afflicted patients under their care, and on the 4th August last, your Committee were informed that their request had been laid before the Gift Estate Committee of the Parish, who had decided that "it was not advisable at present to accede to the application, as an enquiry is now going on at Dulwich College which may result in the removal of the Almshouses from Bath Street."

Your Committee have been informed that the Almshouses and Ground referred to, is known as a part of what is called the Playhouse Yard Estate of Dulwich College, but that the College have no power to alienate the property.

On the 31st March, 1854, your Committee received from the Executors, on account of the legacies bequeathed to the Hospital by the late JOHN ROWLAND DURRANT, Esq., the sums of £1,703 12s. 5d., and £117 7s. 8d. respectively, making together the sum of £1,821 0s. 1d., being the amount of apportionments payable to the Hospital out of the personal assets of the deceased, the same having been found on realization to be insufficient to pay in full the numerous and munificent legacies to Public Charities mentioned in his Will.

On the 6th April, 1854, the principal sum of £24,000 stock of the Old South Sea Annuities, belonging to the Hospital, was paid off at par, and the proceeds were thereupon invested under the direction of your Committee in the purchase of £27,000 stock, of the  $3\frac{1}{4}$  per cent. Bank Annuities, (now the New 3 per cent. Bank Annuities.)

Your Committee observe with regret, that the income of the Hospital for the past year, exclusive of legacies, has not been equal to the ordinary expenditure. The alterations and improvements effected during the last three years, have absorbed so much of the available income of the Charity, as to render necessary a sale of a portion of the Invested Funds of the Hospital.

With respect to the supplies for the past year, your Committee contracted, from the 1st April until the 30th September last, for the usual kinds of butcher's meat at 5s. 2d. per stone of 8 lbs., and have further contracted from the 1st October



From having been found to be, in point of circumstances, improper objects for the Charity ... ..	2
From having been found to have been pre- viously discharged, uncured, from another Hospital for Lunatics ... ..	5
From not being Lunatics ... ..	2
There have died in the Hospital since its first opening ... ..	1,437
And there remained in the Hospital on the 31st December last, deemed curable ...	88
	<hr/>
TOTAL .. ..	18,841
	<hr/>

Since the opening of the Hospital in 1751, and up to the 31st of December, 1854, there have been re-admitted, in pursuance of Rule 43,—697 patients DEEMED INCURABLE, who had been previously discharged uncured, *exclusive* of those patients (eight in number) who have from time to time been re-admitted by virtue of an Annuity Deed (dated 11th June, 1788) of the late Samuel Whitbread, Esq., deceased; and since the 31st December, 1853, and up to the 31st December, 1854—2 patients *deemed incurable on their re-admission*, have been discharged cured, 3 in consequence of the friends not complying with the Rules, 1 has been discharged upon trial for six months as cured, 4 have died, and 9 have been admitted.

Of the said 697 patients (re-admitted as Boarders) *exclusive* of the Whitbread patients,—

95 have been discharged by the desire of friends.

32 have been discharged cured.

1 upon trial for six months as cured.

22 in consequence of the friends not complying with  
the Rules of the Hospital.

5 being deemed, in point of circumstances, improper  
objects for the Charity.

453 have died, and

89 were in the Hospital on the 31st December last,  
*exclusive* of Mr. Whitbread's patient.

---

Total 697

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The total number of patients remaining in the Hospital on the 31st December, 1854, was 178, namely, 88 patients deemed curable, and 90 Boarders, including Mr. Whitbread's patient.

Your Committee recommend that the Right Honourable Lord OVERSTONE be requested to continue the honour to this Charity by being its PRESIDENT.

That the Right Honourable GEORGE Lord KENYON; the Right Honourable CHARLES SHAW LEFEVRE, M.P. (Speaker of the House of Commons); Sir EDMUND ANTROBUS, Baronet; and WILLIAM HENRY WHITBREAD, Esq., be re-elected Vice-Presidents of this Corporation.

That Sir GILBERT HEATHCOTE, Bart, M.P., and JAMES BENTLEY, Esq., be elected Vice-Presidents of this Corporation, in the room of the Earl of ABINGDON and JOHN WEYLAND, Esq., deceased.

That HENRY FRANCIS SHAW LEFEVRE, Esq., be re-elected Treasurer.

Your Committee have likewise prepared lists of Thirty Governors, whom they submit to the consideration of the Court as fit and proper persons to act as the General Committee for the ensuing year.

And your Committee recommend that the remaining Officers of this Corporation be severally re-elected for the ensuing year,

All which is nevertheless submitted.



AN ACCOUNT OF RECEIPTS AND PAYMENTS, BY

*As examined and approved by the AUDITORS,*

Dr.	RECEIPTS.	£.	s.	d.
Balance of Cash at Messrs. Fuller and Company's Bank at				
31st December, 1853	... ..	1,912	7	3
For the Board of Incurables	... ..	1,013	10	0
Fees on Admission of Parish Poor Patients	... ..	24	0	0
Dividends on Stock	... ..	4,869	18	10
DONATIONS, LEGACIES, &c., VIZ.:—				
From the Executors of John Rowland Durrant, Esq., first apportionment of Assets	... .. £1,703	12	5	
Do. do. second do.	... ..	117	7	8
	£1,821	0	1	
From the Executors of Mr. James Smith		5	0	0
Col. H. P. de Bathe, in full of a Governor's qualification	... ..	24	3	0
Francis George West, Esq., a fourth payment for a Governor's qualification	... ..	7	7	0
John Williams, Esq.	... ..	10	10	0
Mr. William Wright, the Husband of a Patient, for benefits received	... ..	10	10	0
Mrs. Alicia Bayne, her ann. Benefaction	... ..	2	2	0
William Andrews Hunt, Esq. do.	... ..	1	1	0
Mr. Batten, per Dr. A. J. Sutherland	... ..	1	1	0
Messrs. Whitbread and Co., One Year's Rent Charge on the Brewhouse in Chiswell Street	... ..	105	0	0
The Bank of England, annual	... ..	21	0	0
Viscount Curzon, Mrs. Hanmer's Annuity, less Property Tax	... ..	5	2	0
Donations of Tradesmen on paying them	... ..	18	2	0
		2,031	18	1
		£10,451	14	2
Principal of £24,000 Old South Sea Annuities paid off	... ..	24,000	0	0
		£34,451	14	2

HENRY FRANCIS SHAW LEFEVRE, Esq., TREASURER,  
*from 1st January, 1854, to 31st December, 1854.*

PAYMENTS.		Cr.		
		£.	s.	d.
Salaries and Servants' Wages	... ..	1,783	4	0
Printing, Stationery, and Disbursements	... ..	168	15	4
Rent and Taxes	... ..	273	6	9
Repairs	... ..	894	5	6
House Expenses, viz. :—				
Butcher's Meat	... .. £1,738	19	0	
Bread, Oatmeal, and Flour	... ..	719	7	0
Beer	... ..	589	12	0
Butter, Cheese, and Bacon	... ..	438	8	0
Grocery	... ..	169	1	4
Milk	... ..	100	9	8
Medicines and Appliances	... ..	102	7	0
Coals	... ..	558	0	0
Gas	... ..	85	1	10
Blankets, Bedding, Sheeting, &c.	... ..	129	5	9
Soap, Oil, Soda, &c.	... ..	114	12	0
Brooms, Brushes, and Baskets	... ..	23	4	0
Tin and Copper Ware, regulating Clocks, and adjusting Scales	... ..	24	16	0
Gardener's Work	... ..	14	5	0
Water Rent	... ..	25	0	0
Petty Expenses paid by the Steward	... ..	436	1	5
		5,268 10 0		
		£8,388 1 7		
For Exchequer Bills, for £1,800 purchased 31st March, 1854	... ..	1,805	5	0
For Three-and-Quarter per Cent. Bank Annuities, £22,000 Stock, purchased at $87\frac{7}{8}$	... .. £19,332	10	0	
Do. do. £5,000 do. at $87\frac{7}{8}$	... ..	4,387	10	0
		23,720 0 0		
Balance of Cash at Messrs. Fuller and Company's Bank on the 31st December, 1854	... ..	538	7	7
		£34,451 14 2		

## REPORT OF COMMISSIONERS IN LUNACY

ON A

SPECIAL VISIT TO THE HOSPITAL,

ON THURSDAY, THE 8TH MARCH, 1855,

WITH

*Resolution agreed to by the General Committee of Governors of  
St. Luke's Hospital, thereon.*

OFFICE OF COMMISSIONERS IN LUNACY,  
19, WHITEHALL PLACE,

15th March, 1855.

SIR,

By direction of the Commissioners in Lunacy,  
I herewith enclose, for the consideration of the Committee of  
Governors of St. Luke's Hospital, a Copy of a Report made to  
the Board by their Chairman, the Earl of Shaftesbury, and  
two other Members, who specially visited the Hospital on the  
8th instant.

I am,

SIR,

Your obedient Servant,

R. W. S. LUTWIDGE,

*Secretary.*

To

*George Mence, Esq.,*

*Secretary,*

*St. Luke's Hospital.*

## REPORT.

*St. Luke's Hospital, 12th March, 1855.*

In pursuance of the directions of the Board, we specially visited the Hospital of St. Luke, on the 8th instant, and inspected the Wards occupied by the Patients.

On this, as on former occasions, we were struck with the cheerless and dreary aspect presented both within the building and in the airing courts.

Few or no steps appear to have been taken to forward the recommendations made by the Commissioners in previous reports, as to out-door exercise, occupations, and the purchase of land in the vicinity of London.

Having regard to the irremediable defects in the present building, and the many serious objections to the continued use of it for the reception of Insane Patients, we deem it our duty, instead of suggesting particular improvements, which could not render the present premises suitable to their object, again to urge on all who are in any way responsible for the condition of this Charitable Institution, to take into their consideration, without loss of time, the best means of obtaining suitable accommodation for the objects of their charge, in a properly constructed building, occupying an eligible situation.

Whilst expressing our insuperable objections to the building itself, in point both of construction and site, we think it right to state that in consequence of the zeal and activity of the Medical officers, as well as of other causes, the results, as respects the number of patients discharged recovered, are more satisfactory than might have been anticipated. Nevertheless, we entertain a confident opinion, that if the labours of the Medical Gentlemen were carried on under more favorable circumstances, their efforts for the improvement and restoration of the inmates would be greatly more successful.

(Signed) SHAFTESBURY, } *Commissioners*  
 J. W. MYLNE, } *in*  
 S. GASKELL, } *Lunacy.*

SAINT LUKE'S HOSPITAL FOR LUNATICS,  
OLD STREET, LONDON,

27th April, 1855.

To

R. W. S. Lutwidge, Esq.,

Secretary to the Commissioners in Lunacy.

SIR,

In reference to your letter of the 15th ultimo, enclosing for the consideration of the Committee of Governors of St. Luke's Hospital a copy of a Report made to the Board of Commissioners in Lunacy, by the Chairman, the Earl of Shaftesbury, and two other Members of the Board, who specially visited the Hospital on the 8th ultimo, I have the honor to transmit to you herewith, for the information of the Commissioners, a copy of a Resolution this day agreed to by the General Committee of Governors of this Hospital.

I have the honor to remain,

SIR,

Your humble Servant,

GEORGE MENCE,

Secretary.

## ST. LUKE'S HOSPITAL,

27th April, 1855.

*Copy of Resolution of the General Committee.*

THE COMMITTEE OF GOVERNORS OF SAINT LUKE'S HOSPITAL having considered the observations of the Commissioners in Lunacy, contained in their Report, dated 12th March, 1855, on the occasion of a Special Visit to the Hospital, on Thursday the 8th March, 1855, by the Chairman of the Board of Commissioners, the RIGHT HONORABLE THE EARL OF SHAFTESBURY, and two other Members of the Board; and the Committee having further reviewed in detail, the several observations which from time to time have been recorded by the Commissioners, on their Visits to the Hospital, under the 61st Section of the Act 8 and 9 Vic., cap. 100;—ARE OF OPINION THAT, considering—

1. The central position of St. Luke's Hospital,—in the midst of a population which would require a Lunatic Asylum if the present Establishment should be removed to another site,—
2. The terms of the Lease under which the present building is held from the Governors of Saint Bartholomew's Hospital, and,—
3. The inadequacy of the Funds available for the purposes of improvement, as distinguished from the Capital Fund entrusted to the Governors for the permanent maintenance of the Charity;—

it would not conduce to the future prosperity of the Institution, nor to the future welfare of the daily increasing numbers of afflicted Patients, were this Committee to adopt, under existing circumstances, the suggestions of the Commissioners in Lunacy, First, in regard to the proposed abandonment of the present building, whereon so vast a sum has been expended, and Secondly, the proposed construction, elsewhere, in accordance with the present received (but ever-changing) notions on the subject, and on a *supposed* more eligible site, of a New Asylum for the treatment and accommodation of Lunatics.

For years past the internal arrangements of the Hospital, have occupied the attention of this Committee, with a view to the introduction of improvements (daily in progress) in regard to the comfort and accommodation of the Patients.

The Committee are sensible that, with adequate funds, the external appearance of the building might be greatly improved; but in dealing with this subject, which is even now under their consideration, they have hitherto been restrained from action, by the fact, that the available income of the Charity is insufficient for its present maintenance.

On the other hand, the Committee point to the daily experienced conveniency of the locality of St. Luke's Hospital, as regards the reception of Patients conveyed thither by means of the numerous Railways from all parts of the Kingdom;—to the contentment manifested by the Patients in the Hospital;—

to the generally good condition of their bodily health;—  
to the large proportion of speedy recoveries;—and to the  
peculiar adaptation of St. Luke's Hospital to the treatment of  
curable cases, as distinguished from those of Chronic Patients,  
requiring confinement in an Asylum. The Committee have  
it now in contemplation to review the subject of continuing to  
receive Boarders into St. Luke's Hospital, inasmuch as they  
entertain doubts whether the position of the present institution,  
although suited to the treatment of curable cases, whose residence  
in the Hospital is generally of short duration, is adapted to the  
peculiar wants of Patients deemed Incurable:—

LASTLY, the Committee refer to the conditions of the Lease  
under which the present building is held, whereby it is declared  
and agreed, that if it shall happen, either for want of a sufficient  
fund or any other cause, the said Hospital shall cease to be  
supported and shall not be continued and used as such, that the  
Term of Lease therein then to come, shall cease and determine,  
and the same ground on which the said Hospital is built, with  
all buildings and fixtures thereon, shall revert to the use and  
benefit of the Governors of St. Bartholomew's Hospital, it  
being the true intent and meaning of all the parties to the  
Lease, that the Governors of St. Luke's Hospital shall not  
have or claim any right, title, or interest in or to the said  
demised premises on which the said Hospital shall be built, but  
during the term or time the same shall be used as and for an  
Hospital for the reception and accommodation for Lunatics,  
and not for any other Hospital or Charity or for any other



purpose whatsoever.

FOR THESE REASONS, the Committee of Governors of St. Luke's Hospital, respectfully decline to adopt the suggestions of the Commissioners in Lunacy,—which suggestions, if carried into effect, would close at once and for ever, an Institution which enjoys the confidence of the Public, and which has for years succeeded in restoring to mental health more than two-thirds of the Lunatic Patients who have been placed under its care.

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THE  
PHYSICIANS' REPORT

AND

**STATISTICAL TABLES**

FOR THE YEAR

1854.

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PHYSICIAN'S REPORT

The following is a list of the contents of the report, arranged in the order in which they are given in the text. The pages are given in italics.

STATISTICAL TABLES

The following is a list of the contents of the report, arranged in the order in which they are given in the text. The pages are given in italics.

FOR THE YEAR

1854

The following is a list of the contents of the report, arranged in the order in which they are given in the text. The pages are given in italics.

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THE  
 REPORT OF THE PHYSICIANS  
 OF  
 ST. LUKE'S HOSPITAL,

*For the Year 1854.*

DURING the year 1854—48 male patients and 148 female patients have been admitted,—a preponderance of the latter over the former which we believe has not previously prevailed.

In 1845—79 male and 134 female patients were admitted.

In 1846—81	„	121	„	„
In 1847—71	„	125	„	„
In 1848—71	„	134	„	„
In 1849—63	„	105	„	„
In 1850—72	„	107	„	„
In 1851—77	„	119	„	„
In 1852—62	„	123	„	„
In 1853—58	„	117	„	„

It is worthy of remark, that more female patients and fewer males have been admitted this year than in any of the last nine years. If time permitted, we might allude to the social causes which have operated in producing so remarkable a result; but the great difference between the relative proportions of the admission of the two sexes cannot be overlooked.

The per centage of those discharged recovered this year has been greater than in any previous year, excepting that of 1851, when it was 74.01.

This year 31 males and 80 females have been sent home cured, being a per centage of 71.15.

We refer to the Statistical Tables for full details as to the number of patients admitted and discharged during the past year.

The year 1854 has been a memorable one in the annals of the Hospital: the merit of every office, we may say, of every officer, has been tested.

The changes which have taken place in the medical department of a sister institution; the necessity of submitting the Rules of the Hospital (according to the provisions of the Act of Parliament, 16 and 17 Vic., c. 97, s. 30) to the Secretary of State for the Home Department; and the resignation of Dr. Philp, were the chief causes which prevailed in bringing more prominently forward the utility or otherwise of having Visiting Physicians attached to the Hospital.

It will be in the remembrance of some of the Governors, that a proposition was made by one of the Commissioners in Lunacy, himself a Governor, that the office of Physician should be cancelled, and that one of your Physicians (acting at that time without a colleague) immediately placed his appointment in the hands of the Governors, in order that they might act without reference to him for the benefit of the Hospital.

We believe that the question received the greatest attention; and when it was more particularly investigated, it appeared that the gentleman who made the proposition at the weekly Committee, did so in his private capacity as a Governor of the Hospital, and not in his public capacity as a Commissioner in

Lunacy. It appeared also that not only was it not contrary to the Act of Parliament that Visiting Physicians should be appointed to Lunatic Asylums, but that there existed a considerable difference of opinion upon the merits of this very question; and when it came to be considered that St. Luke's was originally established as a hospital for the treatment of Insanity, as distinct from an Asylum for the reception and custody of Chronic cases; when also the Heads of the Medical Profession felt that the question not only affected St. Luke's, but all other Metropolitan Hospitals, and signed a memorial to that effect, which was presented to the Treasurer; the Governors, taking all these things into consideration, came to the decision that the continuance of the office of Physician was beneficial to the Hospital. We trust that we may deserve the opinion as to the utility of the office, unanimously expressed by the Court of Governors, and that thus we may be enabled to carry out the intentions of the founders of the Institution,—  
 “of introducing more Gentlemen of the Faculty to the study  
 “and practice of this most important part of the Profession.”

It cannot be doubted that the investigations connected with the duties of the officers attached to the Hospital, and the alterations in the Rules, have not only been attended with much labour, but have had a tendency to throw the working out of gear. When the duties and responsibilities are shifted from one to the other it requires some forbearance on the part of the officers of the Hospital to prevent the machine from coming to a dead lock. The only way to avoid such a catastrophe is, by repressing all selfish and personal considerations, and by acting upon principle for the benefit of the Institution. Unity of action is the great secret of efficient government. The Hospital is passing through one of those



trials, to which all Public Institutions in this country are subject; and it becomes all who have any interest in it to combine to produce those salutary reforms, which are essential to adapt it to the improvements of modern times.

We have alluded to the resignation of DR. PHILP, and we beg to be allowed to say a few words in parting with our late Physician. DR. PHILP was appointed on the 22nd of June, 1842, and held the office of Physician to St. Luke's Hospital up to February of last year. We believe that DR. PHILP's kindness of disposition was appreciated by all who acted under him, and the Governors are well aware of the manner in which he discharged his arduous duties. A laborious and anxious professional career, joined with occasional attacks of indisposition, were the chief causes of his withdrawal from the Hospital and from the profession, and we have no doubt that every one connected with St. Luke's wishes him health and strength to enjoy the rest of his days in honourable repose.

We beg to thank the Committee for carrying out the wishes expressed in a letter of the Physicians, dated the 2nd of June, 1854, as to altering, furnishing, and warming the galleries of the Hospital, and we believe that when funds are forthcoming for plastering the walls, making the recess in the centre of the galleries, altering the windows, and covering with cement the front of the building, St. Luke's will scarcely be recognised as the same Hospital which was erected a century ago.

It cannot be doubted that there are many difficulties to contend with in the treatment of our patients, more especially the boarders. We have no large fields for recreation, no farm, no spade cultivation for exercise, no external objects of nature to attract the attention, soothe the feelings, and dissipate care; therefore, it is the more necessary that we should improve the

means within our reach. If it be true that the only part of the moral treatment in this Hospital consists in withdrawing the patient from the associations of home, giving rest to the excited brain, and relieving him from the anxieties of daily toil, we are bound to pay greater attention to the medical treatment; and if, with all the disadvantages of situation, nearly three-fourths of the patients are restored to their friends recovered, it follows that, either the situation of a Hospital for acute cases of Insanity is not of the vast importance which some have supposed, or that the medical treatment has been greatly underrated.

Daily experience confirms the opinion that Insanity is a disease, and as such, that it is essential that appropriate remedies should be prescribed for each case, and this is the reason why the duties of dispensing the medicines have become more onerous.

In 1848, the daily average number of patients under medical treatment was 32; in 1849, 43; in 1850, 44; in 1851, 49; in 1852, 29; in 1853, 68; in 1854, 80; and during the past year, 7,668 prescriptions have been made up in the Laboratory at the Hospital.

It was for this reason we have recommended that a gentleman, properly qualified to dispense medicines, should be added to the Medical Staff.

In comparing St. Luke's with other institutions, the distinction between a Hospital and an Asylum is generally lost sight of. Very few recent cases are admitted into our County Asylums, and this is the reason why the duties of the Resident Officers are less arduous than in a Hospital for the reception of acute cases. We beg to take this opportunity of thanking the several officers of the Hospital for their care and vigilance

over the patients during the past year. The Medical Superintendent, by strict attention to the subject, has abolished the use of Mechanical restraint. The activity of the Matron has been instrumental in improving the condition of the female patients, and the Attendants and Nurses have exercised a forbearance under provocation, and a kindness towards the patients, such as has not been equalled, certainly has not been surpassed, in former years.

On New Year's day the Christmas Ball was held in the Amusement Room attached to the Hospital. The patients conducted themselves with the greatest propriety, and enjoyed the dances and the Christmas tree ornamented by the Matron. Those who are sceptical of the effect of such amusements upon the insane, should come to one of these Balls, and they would witness a state of quiet contentment, if not of general happiness, pervading the whole group.

With respect to the health of the patients generally, we may remark that two cases of Cholera occurred in October last, and terminated fatally. The first was that of a patient admitted on the 29th of September, from an Asylum where Cholera prevailed, and who died on the Monday following, viz., on October 2nd; the second case was that of a boarder, who died on October 7th. On October 6th, a resolution was passed at the weekly Board, the effect of which was to refuse admission to any fresh patients, inasmuch as it was feared that the disease might spread in the manner that it had in 1832, but as no other case occurred, and as not even an instance of Diarrhœa had appeared since October 7th, the Committee resolved on the 13th of the same month, that the admission of patients should be resumed, and on the same day the services of the medical gentleman, who was called in to assist the

Medical Superintendent, were dispensed with.

The general health of the patients has undoubtedly benefited by the alteration in the Diet. Since the improvement, we have remarked fewer cases of Diarrhœa and Erysipelatous inflammation. Tables of the old and new Diet are subjoined.

We have no doubt that when the stoves are finished we shall see a marked improvement in the health of our patients, particularly in those suffering from Acute Dementia.

We add to our Report the Tables of the Weights of Patients at the time of their admission and discharge, and the analysis of the Post-Mortem appearances drawn up by the Medical Superintendent.

We also add the Statistical Tables calculated with their usual accuracy by Mr. WALKER.

A. J. SUTHERLAND, M.D. Oxon.

H. MONRO, M.B. Oxon.

*Dated 6th February, 1855.*



## STATISTICAL TABLES

For the year 1854.

N<sup>o</sup>. I.

## STATEMENT of the Number of PATIENTS ADMITTED and DISCHARGED from 1st January to 31st December, 1854.

## (I.) PATIENTS DEEMED CURABLE.

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
In the Hospital on 1st January, 1854. . . . .	24	50	74
Admitted during the year . . . . .	48	148	196
	72	198	270
Discharged—Unfit . . . . .	5	10	
—By desire of Friends . . . . .	1	10	
Remaining in the Hospital . . . . .	21	67	
	27	87	114
Treatment completed . . . . .	45	111	156

## STATEMENT shewing the per centage.

<i>Males.</i>		<i>Females.</i>	
Cured.. 31	equal to 68.89 per cent..	Cured.. 80	equal to 72.07 per cent.
Uncured 9	„ 20.00 „	Uncured 22	„ 19.82 „
Died .. 5	„ 11.11 „	Died .. 9	„ 8.11 „
<u>45</u>		<u>111</u>	

*Males and Females together.*

Cured..	111	equal to	71.15 per cent.
Uncured	31	„	19.87 „
Died ..	14	„	8.98 „
	<u>156</u>		

TABLES FOR 1854—continued.

Admissions and Discharges—continued.

(II.) PATIENTS DEEMED INCURABLE.

	Males.	Females.	Total.
In the Hospital on 1st January, 1854 .. .. .	43	48	91
Admitted during the year .. .. .	4	5	9
	47	53	100
	<i>Males</i>	<i>Fem.</i>	
Discharged Cured .. .. .	1	1	
Friends not complying with Rules	2	1	
On trial for six months, as cured..	—	1	
Died .. .. .	2	2	
	5	5	10
Remaining in the Hospital .. ..	42	48	90

(III.) SYNOPSIS OF THE TWO CLASSES.

	Curable.	Incurable	Total
On the Books on 1st January, 1854. .. .. .	74	91	165
Admitted in 1854. .. .. .	196	9	205
	270	100	370
Discharged in 1854. .. .. .	182	10	192
Remaining in the Hospital .. ..	88	90	178
	<i>Males.</i>	<i>Females.</i>	<i>Total</i>
Average Weekly number of Patients in the Hospital ..	65	112	177
	<i>Males.</i>	<i>Females.</i>	<i>Total</i>
Average number of Patients attending Divine Service within the Hospital .. .. .	24	53	77

TABLES FOR 1854—*continued.**Admissions and Discharges—continued.*(IV.) DISCHARGES ACCORDING TO THE RETURNS REQUIRED  
BY 8 AND 9 VICT., C. 100.

	<i>Males.</i>	<i>Females.</i>	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
Recovered .. .. .	33	85	33	82	115
Less returned within 2 months ..	—	3			
Believed .. .. .			—	3	3
Not improved .. .. .			16	40	56
Died .. .. .			7	11	18
<b>Total .. .. .</b>			<b>56</b>	<b>136</b>	<b>192</b>



TABLES FOR 1854—*continued.*N<sup>o</sup>. III.MONTHLY ADMISSIONS, CURES, *and* DEATHS *of*  
CURABLE PATIENTS *during* 1854.

MONTH	ADMITTED.			CURED.			DIED.		
	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
January ..	1	7	8	1	—	1	—	—	—
February ..	4	10	14	3	4	7	—	—	—
March ..	4	17	21	3	3	6	—	2	2
April .. ..	5	14	19	3	9	12	1	2	3
May .. ..	5	14	19	4	4	8	—	2	2
June .. ..	5	17	22	1	5	6	—	—	—
July .. ..	9	7	16	2	8	10	—	—	—
August. ..	3	11	14	1	13	14	1	1	2
September..	4	15	19	6	6	12	—	1	1
October. ..	2	8	10	4	8	12	1	1	2
November ..	5	15	20	3	11	14	1	—	1
December ..	1	13	14	—	9	9	1	—	1
Total ..	48	148	196	31	80	111	5	9	14

Patients discharged and re-admitted within two months not included in the above.

TABLES FOR 1854—*continued.*N<sup>o</sup>. III.PERIOD of RESIDENCE in the Hospital of PATIENTS  
DISCHARGED CURED in 1854.

	Males.	Females.	Total.
Weeks .. .. .	—	1	1
" .. .. .	1	1	2
" .. .. .	2	3	5
" .. .. .	1	7	8
" .. .. .	2	5	7
" .. .. .	1	4	5
Months and upwards .. .. .	7	21	28
" " " .. .. .	6	8	14
" " " .. .. .	4	10	14
" " " .. .. .	3	6	9
" " " .. .. .	2	5	7
" " " .. .. .	—	4	4
" " " .. .. .	1	1	2
" " " .. .. .	1	4	5
" " " .. .. .	1	—	1
" " " .. .. .	—	1	1
" " " .. .. .	—	1	1
" " " .. .. .	1	—	1
Total .. .. .	33	82	115

N<sup>o</sup>. IV.DOMESTIC CONDITION of CURABLE PATIENTS  
*admitted during 1854.*

	Males.	Females.	Total.
Married . . . . .	27	78	105
Single .. .. .	19	59	78
Widowed. . . . .	2	11	13
Total .. .. .	48	148	196

TABLES FOR 1854.—*continued.*N<sup>o</sup>. V.HEREDITARY PREDISPOSITION of CURABLE  
PATIENTS *admitted during 1854.*

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
Hereditary .. .. .	9	42	51
Not Hereditary .. .. .	36	97	133
Not ascertained .. .. .	3	9	12
Total .. .. .	48	148	196

N<sup>o</sup>. VI.AGES of CURABLE PATIENTS *admitted during 1854.*

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
From 12 to 15 Years .. .. .	—	1	1
„ 16 to 20 „ .. .. .	2	15	17
„ 21 to 25 „ .. .. .	7	15	22
„ 26 to 30 „ .. .. .	5	22	27
„ 31 to 35 „ .. .. .	6	21	27
„ 36 to 40 „ .. .. .	7	18	25
„ 41 to 45 „ .. .. .	3	16	19
„ 46 to 50 „ .. .. .	10	19	29
„ 51 to 55 „ .. .. .	2	7	9
„ 56 to 60 „ .. .. .	—	8	8
„ 61 to 65 „ .. .. .	5	4	9
„ 66 to 70 „ .. .. .	1	2	3
Total .. .. .	48	148	196

TABLES FOR 1854—*continued.*N<sup>o</sup>. VII.

## DURATION of EXISTING ATTACKS of CURABLE PATIENTS at the time of admission in 1854.

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
Under 1 Week .. .. .	1	2	3
1 Week .. .. .	3	12	15
2 Weeks .. .. .	6	22	28
3 " .. .. .	3	15	18
4 " .. .. .	7	11	18
5 " .. .. .	1	11	12
6 " .. .. .	2	13	15
7 " .. .. .	—	1	1
2 Months .. .. .	7	16	23
3 " .. .. .	6	22	28
4 " .. .. .	4	11	15
5 " .. .. .	2	4	6
6 " .. .. .	2	5	7
7 " .. .. .	3	1	4
9 " .. .. .	1	2	3
Total .. .. .	48	148	196

N<sup>o</sup>. VIII.

## NUMBER of ATTACKS of CURABLE PATIENTS admitted during 1854.

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
1st .. .. .	37	107	144
2nd .. .. .	7	26	33
3rd .. .. .	2	12	14
4th .. .. .	2	1	3
5th .. .. .	—	2	2
Total .. .. .	48	148	196

TABLES FOR 1854—*continued.*N<sup>o</sup>. IX.RESIDENCE of CURABLE PATIENTS  
*prior to admission in 1854.*

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
Metropolis .. .. .	24	75	99
Provinces .. .. .	24	73	97
Total .. .. .	48	148	196

N<sup>o</sup>. X.RELIGIOUS PERSUASION of CURABLE PATIENTS  
*admitted during 1854.*

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
Baptist.. .. .	5	9	14
Church of England .. .. .	31	111	142
Independent . . . . .	4	7	11
Jewish.. .. .	3	2	5
Nonconformist .. .. .	—	1	1
Presbyterian .. .. .	—	2	2
Roman Catholic .. .. .	2	—	2
Sandemanian .. .. .	—	1	1
Welch Methodist .. .. .	—	1	1
Wesleyan Methodist .. .. .	3	14	17
Total .. .. .	48	148	196

TABLES FOR 1854—*continued.*N<sup>o</sup>. XII.OCCUPATION of CURABLE PATIENTS *admitted during 1854.*

MALES.		FEMALES.		<i>Females continued.</i>	
Baker ... ..	1	Artificial Flower Maker ...	1	Painter... ..	1
Beershop Keeper ...	1	Beerhouse Keeper ...	1	Paper Hanger ...	1
Blacksmith ... ..	1	Candle Wick Maker... ..	1	Pianoforte Maker..	1
Broker... ..	1	Charwoman ... ..	1	Plasterer ... ..	1
Brush-Maker ... ..	1	Children's Stay Maker.	1	Publicans ... ..	2
Butchers ... ..	2	Cloak Cleaner ... ..	1	Railway Guard ...	1
Carpenters ... ..	3	Cooks ... ..	2	Rocket Maker ...	1
Chemist and Druggist	1	Dress Makers ... ..	7	Sailor ... ..	1
Clerks ... ..	4	Glove Sewer ... ..	1	Schoolmaster ...	1
Clothes Dealer ... ..	1	Governesses ... ..	8	Spectacle Makers..	2
Commercial Traveller.	1	House-Keeper ... ..	1	Stable Keepers ...	2
Currier ... ..	1	Knitting Woman ...	1	Tailor ... ..	1
Draper... ..	1	Lace-Worker ... ..	1	Tide Waiter ...	1
Farm Bailiff ... ..	1	Milliner ... ..	1	Weaver ... ..	1
Fisherman ... ..	1	Needlewomen ... ..	6		
Footman ... ..	1	Nurses.. ..	2	Widows of following,	
Gardener and Carrier...	1	School-Mistresses ...	3	(not having separate	
Room ... ..	1	Sempstress ... ..	1	occupations,) viz.,—	
Labourers ... ..	5	Servants ... ..	18	Blacksmith ... ..	1
Painter and Glazier ...	1	Shopwomen ... ..	3	Railway Guard ...	1
Paper Stainer ... ..	1	Silk Trade Filler ...	1	Ship Captain ...	1
Porters... ..	2	Straw Bonnet Maker...	1		
Railway Fitter ... ..	1			Daughters of following	
Load Contractor... ..	1	Wives of following		(not having separate	
Lawyer ... ..	1	(not having separate		occupations,) viz.,—	
Steamman ... ..	1	occupations,) viz.,—		Beershop Keeper..	1
Shoemaker ... ..	1	Bailiff ... ..	1	Bottle & Beer Deal.	1
Silversmith... ..	1	Bakers ... ..	4	Bricklayer ... ..	1
Surgeons ... ..	2	Brick Maker ... ..	1	Farmers ... ..	3
Sailors... ..	2	Butchers ... ..	3	Gun Maker ... ..	1
Warehouseman ... ..	1	Cabinet Maker ... ..	1	Lodging Ho. Keep.	1
Whiting Manufacturer	1	Carpenters ... ..	3	Mason ... ..	1
Wine Merchant ... ..	1	Chair Maker ... ..	1	Miller ... ..	1
Workhouse Master ...	1	Clerks ... ..	3	Painter and Plum.	1
No Occupation ... ..	1	Draper... ..	1	Rocket Maker ...	1
		Engineers ... ..	2	Shipwright ... ..	1
		Farmers ... ..	2	No Occupation ... ..	7
		Gardeners ... ..	3		
		Gunner, R.N. ... ..	1		
		Hearth-rug Weaver	1		
		Inland Rev. Officer	1		
		Ironmongers ... ..	2		
		Labourers ... ..	9		
		Lighterman... ..	1		
		Masons ... ..	2		
		Mechanic ... ..	1		
		Milkman ... ..	1		
		Music Master ... ..	1		

48

148

Males .. .. .	48
Females . . . . .	148
Total ... .. .	196

TABLES FOR 1854—*continued.*

## No. XIII.

NUMBER of DEATHS of CURABLE and INCURABLE PATIENTS during the year 1854, shewing the assigned causes thereof.

	<i>Males.</i>	<i>Females.</i>	<i>Total.</i>
Apoplexy . . . . .	1	—	1
Atrophy .. .. .	—	1	1
Cholera .. .. .	2	—	2
Diarrhoea . . . . .	—	1	1
Effects of a Burn .. .. .	—	1	1
Effusion of Blood upon Brain .. .. .	1	—	1
Epilepsy .. .. .	—	2	2
Erysipelas .. .. .	1	1	2
Heart Disease .. .. .	—	2	2
Liver Disease .. .. .	1	—	1
Paralysis .. .. .	1	—	1
Phthisis .. .. .	—	2	2
Ulceration of Bowels .. .. .	—	1	1
Total .. .. .	7	11	18

TABLE of the relative WEIGHTS of Patients on their admission and discharge.

NAME.	Age.	Sex.	Form of Malady.	Period of Residence.	Weight on Admission.		Weight on Discharge.		Increase.	Decrease.	How discharged.
					st.	lbs.	st.	lbs.			
K. M—s.	40	Female	Monomania	53	9	8	9	3	...	5	Uncured
H. J—h.	22	Male	Cataleptic [Dementia	76	8	12	8	5	...	7	Uncured
W. W—w.	30	Male	Mania, Ho- [micidal	51	10	—	10	5	5	...	Cured
C. C—s.	45	Female	Melancholia	53	6	7	7	1	8	...	Uncured
H. H—t.	56	Female	Melancholia	53	8	7	8	6	...	1	Uncured
M. P—k.	33	Female	Melancholia	53	7	12	7	4	...	8	Uncured
L. A. W.	47	Female	Melancholia	53	7	8	7	—	...	8	Uncured
J. S.—r.	40	Male	Mania, Para- [lytic	11	10	12	10	13	1	...	Uncured
T. B—t.	23	Male	Mania	53	9	10	10	5	9	...	Uncured
M. P—n.	63	Female	Mania	38	10	8	11	5	11	...	Uncured
M. P—r.	42	Female	Melancholia	52	6	7	6	3½	...	3½	Uncured
J. A—h.	28	Female	Mania	51	7	13	9	1	16	...	Cured
J. C—r.	35	Female	Melancholia	53	10	6	11	2	10	...	Uncured
M. E. W.	45	Female	Mania	48	13	—	10	9	...	33	Cured
J. B—d.	29	Female	Man. Puerp.	63	8	8	9	2	8	...	Uncured
J. L—w.	32	Female	Mania	56	8	1	7	11	...	4	Uncured
J. A. S.	31	Female	Melancholia	47	5	12	7	8	24	...	Uncured
J. C—n.	34	Female	Mania	53	7	5	8	7	16	...	Uncured
J. J—r.	27	Female	Mania	53	8	4	9	3	13	...	Uncured
J. R. H.	22	Male	Mania	53	8	2	8	11	9	...	Uncured
J. T—y.	35	Male	Monomania	53	10	7	10	8	1	...	Uncured
J. E—d.	39	Female	Monomania	53	7	4	8	13	23	...	Uncured
J. S—d.	54	Female	Mania	29	7	12	7	11	...	1	Cured
J. W—m.	33	Female	Mania	51	8	10	9	1	5	...	Cured
J. H. N.	20	Female	Dementia	53	7	13	8	10	11	...	Uncured
J. D—y.	29	Female	Melancholia	53	7	7	8	13	20	...	Uncured
J. C—r.	44	Female	Melancholia	54	7	5	7	5	...	...	Uncured
J. D—s.	68	Male	Melancholia [Suicidal	43	10	3	12	—	25	...	Cured
J. A—y.	28	Female	Mania	24	6	8	7	6	12	...	Cured
J. T—r.	25	Female	Mania	51	7	2	7	8	6	...	Cured



TABLE of WEIGHTS—continued.

NAME.	Age.	Sex.	Form of Malady.	Period of Residence.	Weight on Admission		Weight on Discharge.		Increase.	Decrease.	How discharged
				weeks.	st.	lbs.	st.	lbs.			
H. T. B.	21	Female	Acute Mania	32	8	3	9	8	19	...	Cured
J. L—t.	39	Male	Mania	53	9	12	9	7	—	5	Uncured
A. F—r.	21	Female	Mania Hys- [terical	23	7	3	8	11	22	...	Cured
E. B—s.	23	Female	Mania	41	7	7	6	2	...	19	Cured
E. T—n.	59	Female	Melancholia	53	6	11	6	5	...	6	Uncured
M. M—y	59	Female	Mania	53	6	13	7	4	5	...	Uncured
C. H—s.	23	Male	Mania	28	9	5	10	3	12	...	Cured
R. F. C.	29	Female	Mania	53	7	7	9	1	22	...	Uncured
S. S - w.	19	Female	Mania	39	8	1	5	12	...	31	Uncured
C. B. J.	56	Male	Mania	43	11	6	11	11	5	...	Uncured
J. H—g.	51	Male	Mania	64	9	2	9	7	5	...	Cured
M. A. F.	40	Female	Mania	31	7	10	8	6	10	...	Cured
R. M—t.	19	Female	Mania	32	6	12	6	10	...	2	Cured
M. A. C.	22	Female	Mania	53	9	8	9	2	...	6	Uncured
J. M—r.	36	Male	Mania	25	11	—	12	—	14	...	Uncured
M. C—l.	62	Male	Melancholia	53	9	1	10	1	14	...	Uncured
W. K—e	38	Male	Mania	15	10	4	11	8	18	...	Cured
F. S—y.	21	Male	Mania	18	9	2	8	13	...	3	Cured
C. S. D.	27	Female	Mania	23	7	7	8	—	7	...	Cured
M. A. D.	47	Female	Melancholia	8	7	2	7	8	6	...	Cured
M. S—d.	51	Female	Melancholia	12	11	1	10	3	...	12	Cured
E. A—s	67	Female	Mania	11	6	1	6	10	9	...	Cured
E. U—s.	43	Female	Melancholia	19	8	4	9	5	15	...	Cured
J. C—k.	58	Male	Acute Me- [lancholia	11	10	6	10	13	7	...	Cured
E. F.—r.	24	Female	Mania	13	7	10	8	7	11	...	Cured
W. C—e.	25	Male	Mania	18	8	8	9	1	7	...	Cured
C. B—n.	36	Male	Mania	21	10	4	10	1	...	3	Cured
A. J. W.	60	Male	Mania	13	12	1	11	8	...	7	Cured
M. S - s.	24	Female	Mania	53	7	3	7	12	9	...	Uncured
J.S.J. L.	26	Female	Puerp. Man.	27	9	10	10	3	7	...	Cured

TABLE of WEIGHTS—continued.

NAME	Age.	Sex.	Form of Malady.	Period of Residence.	Weight on Admission.		Weight on Discharge.		Increase.	Decrease.	How discharged
					st.	lbs.	st.	lbs.			
M.S. M—y.	19	Female	Mania	56	7	8	7	5	...	3	On Trial
E. R—a.	41	Female	Acute Mania	53	7	4	11	10	62	..	Cured
M. M—n	44	Female	Acute Melancholia	43	9	11	10	6	9	...	Cured
M. B—t.	51	Female	Mania	27	8	3	9	1	12	...	Cured
H. K—t.	29	Female	Mania	28	7	3	8	13	24	...	Cured
M. A. T.	48	Female	Acute Melancholia	5	7	3	7	7	4	...	Cured
A. G—n.	34	Female	Mania	38	6	3	5	9	...	8	Uncured
M. A. G.	29	Female	Dementia	53	9	1	8	5	...	10	Uncured
J. S—e.	50	Male	Melancholia	22	8	—	8	5	5	...	Cured
J. F. T.	55	Male	Mania	55	9	13	10	8	9	...	Uncured
L. T—s.	28	Female	Mania, after. [Ac. Demen.]	34	8	3	9	9	20	...	Cured
J. C—n.	24	Male	Melancholia	53	6	8	7	8	14	...	Uncured
H. D—s.	65	Female	Melancholia	23	8	1	8	2	1	...	Cured
E. G—y.	36	Female	Puer. Mania	8	13	5	13	5	...	...	Cured
B. C—e.	65	Male	Melancholia	9	8	7	8	9	2	...	Cured
E. P—l.	42	Female	Melancholia	11	8	5	9	3	12	...	Cured
F. F—g.	52	Female	Mania	13	7	2	7	4	2	...	Cured
H. H—t.	20	Female	Dementia	19	9	—	9	12	12	...	Cured
M. D—t.	24	Female	Melancholia	7	7	11	8	3	6	...	Cured
E. B—t.	20	Female	Acute Melancholia	49	6	12	7	5	7	...	On Trial
M. S—d.	54	Female	Mania	17	8	2	8	2½	½	...	Cured
J. T—d.	40	Male	Melancholia	5	12	10	13	1	5	...	Cured
M. A. W.	36	Female	Mania	4	7	7	8	2	9	...	Cured
C. D—k.	33	Female	Melancholia	7	8	5	8	11	6	...	Cured
A. M—n.	22	Male	Acute Dementia	29	8	8	9	4	10	...	Cured
M. B—n.	49	Female	Melancholia	6	7	6	7	11	5	...	Cured
A. M—k.	46	Female	Melancholia	19	8	8	10	2	22	...	Cured
G. R—l.	48	Male	Melancholia	7	10	13	13	1	30	...	Cured
A. K—g.	18	Female	Ac. De with [Catalepsy]	28	6	5	8	10	33	...	Cured
I. D—r.	45	Female	Melancholia	6	7	2	8	3	15	...	Cured

TABLE of WEIGHTS—continued.

NAME.	Age.	Sex.	Form of Malady.	Period of Residence.	Weight on Admission.		Weight on Discharge.		Increase.	Decrease.	How discharged
					st.	lbs.	st.	lbs.			
E. H-t.	21	Female	Puer. Mania	20	6 2	6 13	11	...	Cured		
H. W. H.	33	Male	Melancholia	3	12 9	12 13	4	...	Cured		
M. S. H.	32	Female	Dementia	30	6 1	6 11	10	...	Cured		
A. F-t.	27	Female	Mania	18	8 3	10 2	27	...	Cured		
C. R g.	28	Female	Mania	7	7 8	8 3	9	...	Cured		
E. M-z.	56	Female	Acute Me- [lancholia	15	5 7	6 —	7	...	Cured		
M. H-h	23	Female	Mania	12	7 10	8 13	17	...	Cured		
M. A. B.	61	Female	Mania	19	7 1	6 13	...	2	Cured		
H. W. W	24	Male	Melancholia	4	9 10	10 1	5	...	Cured		
E. B-t.	40	Female	Melancholia	5	7 8	7 13	5	...	Cured		
R. R-n.	39	Male	Mania	17	10 7	11 2	9	...	Cured		
S. G-n.	41	Female	Melancholia	13	7 8	8 —	6	...	Cured		
M. A. B.	25	Female	Mania	4	9 12	10 4	6	...	Cured		
M. A. C.	39	Female	Melancholia	13	8 1	8 3	2	...	Cured		
A. F-y.	18	Female	Acute Me- [lancholia	9	6 7	7 6	13	...	Cured		
A. M. W	39	Female	Melancholia	6	8 13	9 6	7	...	Cured		
T. M. T.	37	Male	Mania	16	11 3	11 8	5	...	Cured		
J. G. S.	32	Male	Melancholia	21	11 —	11 1	1	...	Cured		
B. D-s.	50	Female	Melancholia	2	8 1	8 2	1	...	Cured		
A. C-r.	45	Female	Melancholia	7	6 3	6 9	6	...	Cured		
M. U-d	53	Female	Melancholia	11	6 10	7 —	4	...	Cured		
B. C-e.	66	Male	Melancholia	12	8 10	9 1	5	...	Cured		
H. S-s.	53	Female	Melancholia	14	6 9	6 5	...	4	Cured		
M. G-d	34	Female	Monomania [Melancho.	10	8 5	8 11	6	...	Cured		
E. P-l.	42	Female	Melancholia	11	8 12	9 6	8	...	Cured		
M. S. B O	61	Female	Mania	5	5 10	5 12	2	...	Cured		
A. E-s.	66	Female	Melancholia	11	7 3	6 10	...	7	Cured		
A. H-s.	37	Female	Hysterical [Mania	9	7 13	8 4	5	...	Cured		
M. A. B.	25	Female	Mania	25	10 —	10 10	10	...	Cured		
E. F-r.	38	Female	Hysterical [Mania	9	9 7	9 6	...	1	Cured		

TABLE of WEIGHTS—*continued.*

NAME.	Age.	Sex.	Form of Malady.	Period of Residence.	Weight on Admission.		Weight on Discharge.		Increase.	Decrease.	How discharged
				weeks.	st	lbs.	st.	lbs.			
B. G. S—h.	20	Male	Acute Melancholia	21	8	13	9	9	10	...	Cured
M. M. L.	27	Female	Mania	20	7	2	8	12	24	...	Cured
E. G. E—s.	19	Male	Mania	15	9	1	10	8	21	...	Cured
D. R. G—e.	48	Male	Mania	9	9	3	9	10	7	...	Cured
M. A. F—d.	34	Female	Melancholia	26	8	—	8	11	11	...	Cured
E. W. K—e	40	Male	Melancholia	11	10	5	10	13	8	..	Cured
M. C. T—y.	18	Female	Melancholia	18	7	—	7	11	11	...	Cured
M. S. -h.	30	Female	Mania	23	9	8	11	6	26	...	Cured
M. A. P—r.	43	Female	Melancholia	3	8	—	8	3	3	...	Cured
M. H. B—t.	48	Female	Melancholia	8	6	3	7	6	17	..	Cured
M. S. E—r.	61	Male	Melancholia	14	12	—	13	2	16	...	Cured
M. S. B—s.	66	Female	Melancholia	17	6	6	7	7	15	...	Cured
M. R. D—n.	49	Male	Mania	4	9	6	9	8	2	...	Cured
M. J. B—n.	26	Female	Mania	13	7	7	9	4	25	...	Cured
M. H. S—t.	25	Female	Mania	11	6	6	7	5	13	...	Cured
M. E. S—n.	30	Female	Mania	18	8	5	9	4	13	...	Cured
M. E. C—s.	49	Male	Mania	6	13	2	13	9	7	...	Cured
M. E. S—t.	34	Female	Melancholia	11	8	9	9	11	16	...	Cured
M. C. W—t.	34	Female	Mania	11	6	10	7	—	4	...	Cured
M. J. C—e.	40	Female	Mania	6	7	12	8	5	7	...	Cured
M. A. B—h.	22	Female	Melancholia	9	6	1	7	4	17	...	Cured
M. J. J. S.	48	Male	Mixed	6	10	1	9	13	...	2	Cured
M. E. P—e.	34	Female	Mania	4	7	6	7	12	6	...	Cured
M. L. P—g.	50	Female	Acute Mania	5	7	3	7	9	6	...	Cured
M. E. P—y.	38	Female	Melancholia	5	7	12	7	3	...	9	Cured
M. A. H.	19	Female	Mania	5	7	6	7	13	7	...	Cured
M. W. R—d.	35	Male	Melancholia	8	10	3	12	13	38	...	Cured
M. S. L—n.	38	Female	Melancholia	20	7	1	6	12	...	3	Cured
M. P. P—g.	19	Female	Mania	9	7	4	8	11	21	...	Cured
M. A. P.	31	Female	Mania	10	7	13	8	4	5	...	Cured

TABLE OF WEIGHTS—*continued.*

NAME.	Age.	Sex.	Form of Malady.	Period of Residence.	Weight on Admission.		Weight on Discharge.		Increase.	Decrease.	How discharged
				Weeks.	st.	lbs.	st.	lbs.	lbs.	lbs.	
D. C—t.	56	Female	Acute Mania	4	6	10	7	1	5	..	Cured
A. S—l.	48	Female	Melancholia	18	10	7	10	7	...	...	Cured
T. H—e.	32	Female	Melancholia	10	6	8	7	...	6	...	Cured
H. B—n.	40	Female	Melancholia	8	8	13	9	9	10	...	Cured
A. H—n	15	Female	Acute Melancholia	5	5	2	5	11	9	...	Cured
S. T—l.	39	Female	Melancholia	11	9	2	9	6	4	...	Cured
W. G—n	30	Male	Mania	12	8	10	9	12	16	...	Cured
C. S. D	29	Female	Melancholia	4	8	4	8	6	2	...	Cured
R. C—e.	30	Female	Melancholia	11	8	1	8	—	..	1	Cured
A. C—n.	39	Female	Intermitting [Mania	9	9	1	9	13	12	...	Cured
S. E. A.	27	Female	Melancholia	4	7	6	8	...	8	...	Cured

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TABLE  
OF THE  
POST MORTEM APPEARANCES  
OF  
*Patients who died in 1854.*

TABLE OF POST-MORTEM APPEARANCES.

Name.	Age.	Sex and Domestic Condition	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections	Mode of Death.	Date of Post Mortem Examination.	General External Appearance.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
R. T.	36	Female. — Married.	De- mentia.	8 Years.	Phthisis — Eclampsia. Nutans.	Asphyxia.	January 15th. — 26 hours p.m.	Body much emaciated, bed sores over sacrum, left trochanter and hip.	Thick— anoemic, easily separable.	Very dense in structure, frontal bone unusually thick.	42½ oz. — Sp. Gra. of cerebral mass, 1085.47.	Dura Mater very slightly attached to calvarium, sinuses contained a <i>little</i> coagulated blood. About one fluid ounce of sanguineous serum escaped on removing brain. Arachnoid bright and quite transparent. Pia Mater very anoemic.	Cerebrum generally bloodless. Grey matter in wide band, but pallid; very slight indications of median band; bleeding puncta on section few and small; lateral ventricles rather dilated, but only contained a fluid drachm of serum. Choroid plexus granular, with one or two small cysts. Brain generally firm. Cerebellum soft.	Lungs both universally adherent to the walls of the chest; nodulated throughout with tubercular deposits of the average size of peas—some approach to softening in a few. Heart pale; soft. Blood coagulated in Vena Cava.	Liver granular, very friable, minutely mottled, unctuous; gall bladder full of dark green thick bile; Cystic duct blocked up by gall stone, weighing seventy grains. Kidneys pale, finely reticulated on surface, capsule separable with ease. Stomach healthy. Bowels healthy down to transverse colon, but here it was contracted to size of ileum, and had apparently the same structure. No sacculated appearance, very much thickened; small throughout from this part to rectum, with the exception of a dilatation of the size of a hen's egg in the sigmoid flexure; here the bowel was thin, and bladder like; uterus and bladder healthy.

CASE REPORTS—CONTINUED.

Name.	Age.	Sex and Domestic Condition.	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearance.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
M. B.	33	Female. — Single.	Melan- cholia.	4 Months.	Slight Jaun- dice. — Anemic murmur at heart.	Syncope.	March 28th. — 20 hours p.m.	Body tolerably well formed. Thorax contracted by stays. Slight emaciation	Thin.	Calvarium with consider- able diploe.	50½ oz. — Sp. Gra. of cerebral mass, 1086.02.	Dura Mater firmly adherent in places, natural; sinuses and veins much engorged. Arach- noid opalescent in patches. Pia Mater thicker than usual, and its vessels enor- mously distended.	Cerebrum soften- ed generally, and more especially the lateral lobe in the neighbourhood of the fissure of Syl- vius. Cortical sub- stance pale, but pinkish, in broad layer; Fovilian band distinct; few bleed- ing puncta on sec- tion. Ventricles contained no fluid. Choroid plexus con- gested, granular, no actual cysts. Cere- bellum firm—heal- thy.	Lungs collapsed; healthy; florid; some old adhesions in left pleura. Heart small, firmly con- tracted on left side, and empty; on right side auricle much distended; full of blood; walls very thin, like gold- beater's skin, in places; ventricle very thin and soft; Aur-Ven—opening very patulous, ad- mitting the tips of four fingers, and not capable of per- fect closure.	Liver large, much gorged with blood, bled freely on sec- tion; Gall bladder full of greenish fluid bile; Spleen firm, healthy; Kid- neys granular, cor- teal substance peeling off with capsule. The whole length of bowel much congested; uterus and ovaries very turgid, left ovary having very recent sanguineous cicatrix, right full of late cicatrices. Bladder, &c., heal- thy.



TABLE OF POST-MORTEM APPEARANCES—continued.

Name.	Age.	Sex and Domestic Condition	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L.		Thorax.	Abdomen.
												Membranes.	Substance.		
M. L.	49	Female. — Single.	Melan- cholia.	3 Months.	Palpi- tation of heart. — Inter- mitting pulse. — Erysipe- las.	Syncope.	April 17th. — 38 hours p.m.	Body much emaciated. Thorax much compress- ed by tight lacing, right side of chest very prominent from lateral curve of spine. Left arm ap- proaching frangrene from phleg- monous Erysipelas		Calvarium very thick, much diploe.	40½ oz. — Sp. Gra. 1090.33.	Dura Mater firmly attached at summit of both parietal bones for the space of a square inch; superficial veins not congested. Ar- achnoid healthy.	Few puncta on section. Cortical substance pale, nar- row. Median band visible in few places, but not distinct. Ventricles contain- ed no fluid. Choroid plexus full of cysts. Brain generally firm, and apparent- ly healthy.	Heart very large, soft and pale, much adipose tissue to- wards apex of right ventricle; very fri- able. Lungs crepitant; the right pleura generally, the left partially, and both firmly adherent— otherwise healthy.	Liver large, very pale, not friable; pushed over to right side, dis- placing stomach. Gall bladder half full of thin orange- coloured fluid. Sto- mach large and si- tuated on the right side in a nearly vertical position, the duodenum crossing the spine, and much dilated, the bowels other- wise healthy. Kid- neys finely mottled, the cortical sub- stance peeling off with the capsule in patches; left ovary contained a clot size of horse- bean, right com- pletely atrophied. Other organs heal- thy. Blood very fluid everywhere.

Name.	Age.	Sex and Domestic Condition	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections	Mode of Death.	Date of Post Mortem Examination.	General External Appearance.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
T. S.	38	Male. — Married.	Melan- cholia.	22 Months.	Diarr- hoea.	As- phyxia.	April 23rd. — 20 hours p. m.	Body very much emaciated; abscess behind hip joint on right side.	Scalp unusually firmly adherent.	Calvarium thick. Asymme- trical. Much diploe.	44½ oz. Sp. Grav. of Cerebral Mass, 1098.75	Dura Mater easi- ly separable; very thick and tough; Arachnoid general- ly opaque. Much infiltration of sub- arachnoid cellular tissue; Pia Mater and other mem- branes very blood- less.	Grey matter pal- lid; Fovilian bands visible in many places; Medullary matter tough; few bleeding puncta on section; lateral ven- tricles each contain- ed about a drachm of serum. Septum lucidum very o- paque—tough and thick. Choroid plexus granular with a few small cysts. Cerebral matter generally firm and tough. Cerebellum, firm, pale.	Lungs did not collapse on opening Chest; right uni- versally and firmly adherent to pleura Costalis; left heal- thy but congested. Heart. (Half an ounce of fluid in Pericardium.) Large quantity of adipose tissue on surface, more es- pecially on right ventricle, and some appearance of de- generation in same. Left ventricle, au- ricles, and valves quite healthy. Small patch of atheromatous de- posit above semi- lunar valves, on internal surface of aorta	Liver large, con- gested, firm. Gall bladder nearly ob- literated, cavity the size of a crow quill, and an inch long; cystic duct imper- forate; common duet thickened, and aperture very small. Stomach enlarged to nearly twice its usual size; pyloric orifice small, otherwise healthy; some gene- ral thickening of duodenum. Bowels very small in calibre throughout. Colon the size of ordinary Jejunum. Cecum very small, and firmly bound down by peritoneal ad- hesions. Kidneys. Cap- sule not separable, without cortical substance, surface finely mottled, sub- stance friable; somewhat lobu- lated, both alike. Spleen firm, heal- thy.

TABLE OF POST-MORTEM APPEARANCES—continued.

Name.	Age.	Sex and Domestic Condition	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
M. C.	34	Female. — Married.	Mania.	12 Days.	Epilepsy	Coma.	April 28th. — 19 hours p.m.	Body well formed; not emaciated. Rigor Mortis strong.		Calvarium very thick, not less than $\frac{3}{4}$ of an inch generally.	49 oz. Sp.Grav. of Cerebral Mass, 1065.21.	Dura Mater natural, much injected. Arachnoid healthy, very thin. Pia Mater much injected, but very delicate in structure. Not separable from brain.	Brain soft, much venous congestion in superficial vessels, few bleeding puncta on section. Cortical substance unusually dark, and in a broad layer; median band where distinct; Ventricles contained about half a drachm sanguinous serum. No cysts in Choroid. Corpora striata very soft.	Heart. Right auricle in places not thicker than gold-beater's skin; right ventricle thin, softened; left side apparently healthy; left ventricle hypertrophied. Lungs loaded with frothy mucus; some slight tubercular deposit in apices of both; both pleurae adherent; the right universally so.	Considerable peritoneal adhesions, chiefly involving stomach, liver, spleen, and transverse colon; stomach very small, half the size of ordinary organ. Liver pale. Kidneys lobulated, but apparently healthy, as were the other viscera.

CEREBRAL AFFECTIONS—continued.

Name.	Age.	Sex and Domestic Condition.	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L.		Thorax.	Abdomen.
												Membranes.	Substance.		
S. S.	36	Female. — Married.	Melan- cholia.	5 Months		Syncope	May 15th. — 22 hours p.m.	Body very much emaciated.	Scalp very thin. Anemic, slightly adherent.	Cranium symmetri- cal; like ivory, lit- tle diploe.	42 oz. Sp.Grav. of Cerebral Mass, 1090.90.	Membranes heal- thy. Bloodless.	Cerebral matter firm, healthy. Few bleeding puncta on section; grey mat- ter pale; Fovillian band well marked; no fluid in ventri- cles; Choroid free from cysts.	Heart healthy, about a fluid ounce of serum in Peri- cardium. Lungs healthy, crepitant throughout, a little old puckering at apex of right lung and old adhesions in adjacent pleura.	Liver large, pale, somewhat friable. Gall bladder half full of healthy bile. Spleen and pan- creas remarkably small, healthy. Stomach healthy. Bowels healthy to within a foot of caecum; here the illum much con- gested and thick- ened. with nu- merous livid patches of ulcera- tion; in one spot, four inches from caecum, only the peritoneum re- mained. Cecum small. Colon very much contracted, no appearance of obstruction. Kid- neys healthy, but both deeply fis- sured, almost di- vided into two; uterus and ovaries healthy; about two fluid ounces of serum in abdomen

TABLE OF POST-MORTEM APPEARANCES—continued.

Name.	Age.	Sex and Domestic Condition.	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
E. H.	44	Female. Married.	Dementia.	19 Years.	Eclampsia. Nutans. Menorrhagia. — Chronic Diarrhoea. — Pneumonia. —	Asphyxia	May 25. — 48 hours. p. m.	Body plump and well nourished.	Thick, Anæmic; firmly adherent to pericranium, which latter peeled off with it.	Eburnated Symmetrical.	Sp. Grh. of cerebral mass 1073.96.	Dura Mater firmly attached to calvarium, Membranes very anæmic. A achnoid summit of hemispheres; Pacchionian bodies enlarged; about an ounce of serum escaped on removing the Brain.	Sp. Gra. of white matter, 1041 of cerebellum, 1043, of Pons Varoli 1042. Cerebrum anæmic, few puncta on section: Grey matter in broad band; very pale, median band well marked; ventricles normal; Choroid plexus granular, no cysts. Brain firm, healthy cerebellum healthy.	Left lung slightly adherent to wall of chest, the whole lung, hepatized (grey); right lung much congested. Heart soft, fatty.	Stomach very large, apparently healthy. Liver finely mottled, very friable, greasy; Gall bladder completely filled by gallstone, weighing 115 grains. Cystic duct obliterated. The larger hepatic ducts contained a little orange-colored biliary matter. Kidneys very pale, fat and softened. Bowels had patches of congestion at intervals throughout small intestines; no ulceration. Uterus one-third larger than natural, soft; fibrous tumour size of walnut, on posterior, external surface of fundus; pedunculated fibrous tumour opposite this on internal surface; body of uterus generally full of small indurations size of peas; lining membrane injected.

Name.	Age.	Sex and Domestic Condition.	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
L. C. G.	36	Female. — Single.	Melan- cholia.	3 Months.	Phthisi- cal Cachexy dullness on both sides. Pecto- riloquy. — In- creased sound of Heart.	Syncope.	August 19th. — 9 hours p. m.	Body very much ema- ciated, lit- tle more than skele- ton.		Calvarium very dense. little diploë	42 oz. Sp. Gra. of cerebral mass 1071.42.	Dura Mater not firmly attached; Arachnoid healthy; some slight sub- arachnoid effusion.	Sp. Gra. of white matter 1042, grey 1037; few bleeding puncta on section; Cortical substance pale, broad; median band well marked. Ventricles each contained about 3 fluid drachms of fluid; Choroid plexus without cysts. Brain gene- rally firm, appar- ently healthy.	Heart very small, left ventricle con- centrically hyper- trophied, mitral valve forming an infundibuli-form, prolongation into ventricle, and this probably impeding the flow of blood into aorta. Right ventricle very thin, dilated, tricuspid opening very pa- tulous; valve not acting perfectly; auricles natural; aorta very small. Heart generally firm. Lungs small; apex of right ad- herent, few small tubercles in apex of each; small vomica in right, size of horse-bean.	Liver large. Mo- rella cherry-colored; bled freely on sec- tion, dense, much congested; Gall bladder shrunk to size of an almond. Cystic duct (? per- vious). Stomach very small, ap- peared only a slight dilatation of bowel. Pancreas large, firm, hard. Spleen very dense in struc- ture. Kidneys purplish, very dark on section, and dense in structure; almost cartilagi- nous; much con- gested. Bowels healthy but very shrunk and small; other viscera heal- thy, not a particle of adipose tissue anywhere.

TABLE OF POST-MORTEM APPEARANCES—continued.

Name.	Age.	Sex and Domestic Condition	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections	Mode of Death.	Date of Post Mortem Examination.	General External Appearance.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L.		Thorax.	Abdomen.
												Membranes.	Substance.		
E. H.	46	Female, Single.	Melancholia.	1 Month.	Almost moribund on admission.	Asphyxia.	October 16 — 7 hours p. m.	Body well formed and remarkably fat.	Scalp very adherent.	Calvarium very thick, much diploe.	Sp. Gra. 36½ oz. of cerebral mass 1050.07.	Dura Mater very slightly adherent; sinuses and veins much engorged. Arachnoid slightly opalescent in places and some small patches of lymph-like deposit. Pia Mater congested.	Sp. Gra. of white matter 1044, grey matter 1035, very firm and healthy generally; Right corpus striatum softened, and its grey matter in much thinner layer than in left; Fovis bands distinct, few bleeding puncta on section, ventricles contained but a drop or two of fluid; a few cysts on Choroid. Cerebellum firm, healthy.	Lungs much engorged with blood, but crepitant, much frothy mucus in bronchi. Heart—right auricle very much dilated; walls very thin, full of blood; right ventricle large; walls thin; contained large fibrinous clots having considerable adherence to lining membrane. Aur. size of full grown ven. opening large, and evidently admitting of regurgitation. Left auricle natural. Left ventricle concentrically hypertrophied; cavity very small indeed.	Liver large, bled freely on section; Gall bladder distended with rather thin greenish bile. Gall stone weighing 60 grains in cystic duct, but only slightly impacted. Spleen firm, healthy. Kidneys healthy. Stomach very small and firmly contracted. Uterus size of full grown fetal head, caused by large fibrous tumour. There was also another distinct tumour on left side of fundus. Recent clutrices in ovary. Other viscera healthy.

C E R E B R A L .

Name.	Age.	Sex and Domestic Condition	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance.		
J. J. P.	61	Male. — Single.	Dementia.	33 Years.	Hepatic disease.	Asphyxia.	Nov. 5th. — 15 hours p.m.	Body very remarkably fat.	Scalp denuded of hair; firmly adherent to calvarium.	Calvarium very thick, almost inseparable from Dura Mater.	53 oz. Sp. Gra. of Cerebral Mass, 1049.5.	Dura Mater very thick and tough. Arachnoid healthy. Pia Mater congested.	Sp. Gra. of white matter 1046, Sp. Gra. of grey matter 1038, very firm, tough, and elastic. Fovis bands not visible; few bleeding puncta on section; Ventricles contained about 2 fluid drachms each of fluid; no cysts on choroid. Cerebellum healthy	Lungs crepitant, healthy, some amount of frothy mucus in Bronchi (suffocative ca-tarrh). Heart apparently a mass of fat, lumps of loose fat hanging to it; muscular structure very pale, fatty; right ventricle and auricle contained large fibrinous clots. Pericardium contained 2 ounces of serum.	Mesentery loaded with fat; the apron descending from stomach weighed 7lbs. Intestines healthy, but imbedded in fat. Stomach very soft and small. Liver very large, and so friable as to prevent its removal entire; right lobe at posterior part occupied by enormous abscess containing more than a pint of tolerably healthy looking, but fetidly smelling pus. Gall bladder contracted to a firm tube merely, containing inspissated bile and two gall stones, about size of hazel nuts. Spleen firm, healthy. Pancreas very small but apparently healthy. Kidneys mottled, pale, buried in much fat; one kidney, on removal, weighed, with its fat, 31 oz. Kidney itself one-half larger than normal. Other viscera healthy. Abdominal Parietes in places had a layer of fat of more than 2½ in. thick.



TABLE OF POST-MORTEM APPEARANCES—continued.

Name.	Age.	Sex and Domestic Condition.	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examinations.	General External Appearance.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L L.		Thorax.	Abdomen.
												Membranes.	Substance.		
J. L.	33	Male. Widower.	Mania.	10 Days.		Coma.	Nov. 16th. — 7 hours p.m.	Body, especially the limbs, very much bruised, and the cuticle abraded in several places.	On raising the scalp some ecchymosis was observed over the centre of the scapula, covering the space of about half a-crown. Scalp generally very adherent.	Calvarium very thick and heavy, much diploe. Dura Mater not adherent.		On removing Dura Mater a clot, in bulk about 3 fluid ounces, was found in cavity of arachnoid over right hemisphere of brain partially coagulated; on investigating cause a small vessel was found ruptured (in diameter sixteenth of an inch) passing from Brain to Dura Mater—vessel appeared healthy.	The cerebral substance generally firm and healthy, warm. Cerebellum (remarkably cold by contrast) healthy. Brain, on section many bleeding puncta. No fluid in ventricles or cysts in Choroid.	Heart of full size, healthy, and firmly contracted; fibrous deposits in aorta. Pulmonary artery and both ventricles, fluid blood in right auricle. Lungs healthy, right pleura adherent from apparently recent inflammation.	Stomach and intestines healthy. Liver very large, healthy. Gall bladder very much distended with apparently healthy bile. Kidneys healthy; other viscera healthy.

Name.	Age.	Sex and Domestic Condition.	Mental Malady.	Duration of Malady.	Concomitant Bodily Affections.	Mode of Death.	Date of Post Mortem Examination.	General External Appearances.	Scalp.	Cranium.	Weight of Brain.	C E R E B R A L .		Thorax.	Abdomen.
												Membranes.	Substance		
W. K.	63	Male. — Married	Melan- cholia passing into De- mentia.	7 Months.	Apo- plexy.	Coma.	Dec. 2nd. — 16 hours p.m.	Body well made but emaciated, right hand very much swelled; incipient gangrene.	Scalp bald.	Calvarium in places quite in- separable from Dura Mater.	5½ oz.	Dura Mater very thick and tough generally, but es- pecially on the summit; Arach- noid opalescent generally; some slight sub - arach- noid serous effusion Pia Mater much and unequally in- jected, surface of brain being covered with small star-like patches of injected vessels.	Sp. Gra. white matter 1042, grey matter 1036. Cere- bral matter very soft and edematous; much serum oozed out on standing; no median band; few bleeding punc- ta on section; Ven- tricles contained a drachm of serum; Choroid covered with cysts size of pin's head. Floor of fourth ventricle covered with small injected stars. Pi- neal body con- tained a large quan- tity of granular matter. Some very minute clots in cor- pus striatum of right side.	Lungs engorged, structure very fri- able, approaching gangrene, not foetid. Heart, muscular structure healthy for the age; good deal of adipose tissue externally; much atheroma in aorta; right au- ricle very thin and much ciliated.	Stomach large but healthy. Duo- denum encircled by pancreas and some- what constricted thereby; pancreas being infiltrated with hard granules throughout. Bowels in many places gave way under the fing- ers; patches of approaching gan- grene. Liver soft, greasy and friable; Gall bladder fully twice natural size; Cystic Duct obliter- ated; Gall stone size of nutmeg, loose, but in cer- tain positions acting as a stopper to cys- tic duct; Gall blad- der contained a fluid ounce and a half of black mat- ter, thicker than treacle. Spleen healthy. Kidneys large, lobulated; they each had at their superior and anterior part large cysts that would contain a pigeon's egg at least. Cysts symmetrical and lined with rough false membrane with earthy deposit; remains of supra- renal capsule.

# OLD DIETARY.

## MALES.

DAYS OF THE WEEK.	BREAKFAST.		DINNER.						SUPPER.		
	Milk and Water Gruel	Bread.	Cookd. Meat with bone.	Potatoes.	Bread.	Cooked Rice, baked or boiled.	Cheese.	Beer.	Bread.	Cheese or Butter.	Beer.
	pints	oz.	oz.	oz.	oz.	oz.	oz.	pints	oz.	oz.	pints
Sunday.....	2	2	12	12	6	...	...	1	8	2	1
*Monday .....	2	2	*5	...	6	...	...	...	8	2	1
Tuesday .....	2	2	12	12	6	...	...	1	8	2	1
Wednesday .....	2	2	12	12	6	...	...	1	8	2	1
Thursday.....	2	2	12	12	6	...	...	1	8	2	1
*Friday .....	2	2	*5	...	6	...	...	...	8	2	1
Saturday .....	2	2	...	...	6	16	2	1	8	2	1
Week's Allowance...	14	14	58	48	42	16	2	5	56	14	7

## FEMALES.

DAYS OF THE WEEK.	BREAKFAST.		DINNER.						SUPPER.		
	Milk and Water Gruel	Bread.	Cookd. Meat with bone.	Potatoes.	Bread.	Cooked Rice, baked or boiled.	Cheese.	Beer.	Bread.	Cheese or Butter.	Beer.
	pints	oz.	oz.	oz.	oz.	oz.	oz.	pints	oz.	oz.	pints
Sunday.....	1½	2	8	8	6	...	...	¾	8	2	1
*Monday .....	1½	2	*5	...	6	...	...	...	8	2	1
Tuesday .....	1½	2	8	8	6	...	...	¾	8	2	1
Wednesday .....	1½	2	8	8	6	...	...	¾	8	2	1
Thursday.....	1½	2	8	8	6	...	...	¾	8	2	1
*Friday .....	1½	2	*5	...	6	...	...	...	8	2	1
Saturday .....	1½	2	...	...	6	12	2	¾	8	2	1
Week's Allowance...	10½	14	42	32	42	12	2	3¾	56	14	7

\*Being at the rate of 2 stone of Fresh Meat for every 50 Patients; which, with the liquor of the previous day's Meat, with Peas &c., made an allowance of 2 pints of Broth for the Men, and a pint and a half for the Women on these days.

NOTE.—The above was the Ordinary Diet without distinction as to Pauper or Private Patients.—Those Patients who were employed in various ways, were allowed an additional quantity of Food by way of Luncheon, and those who were sick were provided with any description of Diet ordered by the Medical Officers.

## NEW DIETARY.

## MALES.

DAYS OF THE WEEK.	BREAKFAST.					DINNER.						SUPPER.		
	Cocoa.	Milk.	$\frac{1}{2}$ -oz. Sugar, or 1 oz. Treacle.	Bread.	Butter.	Cookd. Meat with bone.	Potatoes.	Bread.	Boiled Rice.	Flour.	Beer.	Bread.	Cheese.	Beer.
	oz.	pts.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	pts.	oz.	oz.	pts.
Sunday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	8	12	6	...	...	1	8	2	1
Monday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	8	12	6	...	...	1	8	2	1
Tuesday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	8	...	3	...	4	1	8	2	1
Wednesday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	8	...	3	8	...	1	8	2	1
Thursday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	8	12	6	...	...	1	8	2	1
Friday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	5*	...	6*	...	...	...	8	2	1
Saturday .....	$\frac{1}{2}$	$\frac{1}{2}$	1	8	$\frac{1}{2}$	8	12	6	...	...	1	8	2	1
Week's Allowance	$3\frac{1}{2}$	$1\frac{1}{2}$	7	56	$3\frac{1}{2}$	53	48	36	8	4	6	56	14	7

\* With Peas and Vegetables for Soup.

## FEMALES.

DAYS OF THE WEEK.	BREAKFAST.					DINNER.						SUPPER.				
	Cocoa.	Milk.	1 oz. Treacle or $\frac{1}{2}$ oz Sugar	Bread.	Butter.	Cookd. Meat with bone.	Potatoes.	Bread.	Boiled Rice.	Flour.	Beer.	Tea.	Milk.	Sugar.	Bread.	Butter.
	oz.	pints	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	pints	oz.	pints	oz.	oz.	oz.
Sunday ..	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	6	8	6	...	...	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$	
Monday..	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	6	8	6	...	...	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$	
Tuesday..	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	6	...	3	...	4	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$	
Wednes..	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	6	...	3	8	...	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$	
Thursday	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	6	8	6	...	...	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$	
Friday ...	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	4*	...	6*	...	...	...	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$
Saturday	$\frac{1}{2}$	$\frac{1}{2}$	1	6	$\frac{1}{2}$	6	8	6	...	...	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$	8	$\frac{1}{2}$	
Week's Allowance	$3\frac{1}{2}$	$1\frac{1}{2}$	7	42	$3\frac{1}{2}$	40	32	36	8	4	$4\frac{1}{2}$	1	$\frac{7}{8}$	$3\frac{1}{2}$	56	$3\frac{1}{2}$

\* With Peas and Vegetables for Soup.

NOTE.—The above to be considered *maximum* allowances, and all quantities un-  
 consumed are to be taken in diminution of the next supply from the Stores of the  
 Hospital.

The Dinners to be further varied by the occasional substitution of Fish, and Fruit  
 , or Puddings, when Fish and Fruit are plentiful and good.

The Sick to be dieted at the discretion of the Medical Officers.

NEW METARY  
REPORT

NAME	AGE	DAYS				BUTTER	BREAD	TOTAL
		MON	TUE	WED	THUR			
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St. John's Hospital  
FEMALES

NAME	AGE	DAYS				BUTTER	BREAD	TOTAL
		MON	TUE	WED	THUR			
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STATISTICAL TABLES  
FOR THE YEAR  
LONDON

THE BLACKWELL AND SON'S REPORT AND STATISTICAL TABLES FOR THE YEAR 1875. LONDON: BLACKWELL AND SON, 21, BROADWAY, 1875.