The fourth annual report of the Lincolnshire County Lunatic Asylum, at Bracebridge, near Lincoln.

Contributors

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FOURTH ANNUAL REPORT

OF THE

LINCOLNSHIRE

COUNTY LUNATIC ASYLUM,

AT BRACEBRIDGE,

NEAR LINCOLN.

1857.

LINCOLN :

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ANNUAL REPORT.

OF THE

COMMITTEE OF VISITORS

OF THE

LINCOLNSHIRE COUNTY ASYLUM

FOR

PAUPER LUNATICS.

JANUARY, 1857.

THE Committee of Visitors, in presenting their Fourth Annual Report to the Courts of Quarter Sessions, as required by the Statute, would again quote the Commissioners in Lunacy on the general management of the Asylum, as recorded on their visit of Inspection: the Commissioners expressed themselves "much gratified "with the general cleanliness and good order of the "Galleries and Rooms, Beds and Bedding, throughout "the Asylum;" and again observed that "the Patients "were remarkably tranquil, suitably dressed, and clean " in their persons," and that "their health appeared to "be good."

The average daily resident number of Patients during the year ending December 1856, has been 274, viz., 131 Males and 143 Females.

The Mortality has been 8 per cent. of the mean resident number, against 9.75 per cent. in the previous year; the main causes of death being diseases of the brain and chest respectively.

The Committee of Visitors, in their last Annual Report, dwelt upon the approaching necessity for enlarging the Asylum, and in October last they caused the following statement upon that subject to be laid before the Courts of Quarter Sessions of the several Divisions and Boroughs in Union.

STATEMENT.

"In 1852 this Asylum was completed, and opened for "250 patients, (or 266 including the Infirmaries,) being "an excess of 50 per cent. beyond the requirement shewn "by the Union Statistics."

"In 1854 the average resident daily number of pa-"tients throughout the year having increased to 244, and "the Asylum on the Female side being occasionally over-"flowing, the Committee of Visitors entered into a contract "with the Visitors of the Derbyshire Asylum, to receive "the excess of Lincolnshire patients into that Establish-"ment. Thirty-four Lincolnshire patients were provided "for under that Contract in the course of last year, and "some others were sent by the parochial authorities to the "Hull Borough and other distant County Asylums."

"In August 1855, the Derbyshire Visitors were under

"the necessity of determining the Contract, in consequence "of the increasing number of patients in their own County; "and about the same time the Commissioners in Lunacy "visited the Asylum, specially with a view of ascertaining "how far the existing accommodation could be appropria-"ted so as to secure the admission of all patients belonging "to the County; and were of opinion, that if the further "end of the Gallery in each receding Wing were partitioned "off, and used as a Dormitory, a large amount of additional "accommodation would be provided."

"This experiment, regarded by the Commissioners in "Lunacy in a subsequent Report as a 'temporary measure,' "has been tried, at a cost in wooden screens, &c., of "about £100, and the accommodation thereby increased "from 250 to 312 beds; the outlying patients have been "called in—and again the Asylum has become full on "the Females' side. In addition to this inconvenience, it "has been found that the plan of dividing the Wards is "not successful—the patients are crowded into less than "half the space originally allotted to them, and this "portion of the Asylum has lost much of its former tran-"quillity, and is not quite wholesome."

"This state of things, and the growing demand for "admission, arising from circumstances explained by the "Commissioners in their last printed Report, lead to the "inevitable conclusion that the Asylum must be enlarged; "and the Committee of Visitors propose to effect that "object by adopting the plan provided for in the original "design of the Building, viz., by adding another story to "each of the receding Wings, (which are at present of one "story only, and 196 feet in length,) covering the same "with fire-proof arches, and by adding a Dormitory on "each side, and the necessary Day-rooms, &c., as 'spurs' "to the Building." "By these means permanent accommodation would be provided for 400 patients; and the two Galleries before referred to as not being in a satisfactory state, would be restored to their original numbers and condition."

"The Visitors have caused the Building, Floors, Roofs, "&c., to be carefully examined, and as close an Estimate "to be formed of the probable expense of the proposed "alterations as might be in the absence of working plans "and details; and in addition to the Building Estimate "there would be the Furniture, and Clothing outfit, "Warming, Ventilation, Gas Fittings, and those 'et "cetera' that are unavoidable under the most anxious "supervision. The entire cost it is confidently expected "would not exceed £10,000, which would be less by at "least 60 per cent. than the average cost per head of "providing accommodation for pauper Lunatics in the "original building of County Asylums throughout the "kingdom."

Upon the foregoing statement of facts, the several Courts of Quarter Sessions were requested to sanction the necessary expenditure for enlarging the Asylum as proposed; and their sanction being given accordingly, the Committee of Visitors proceeded with the plans and estimates, which having been approved by the Secretary of State, the work will be commenced early in the ensuing Spring, the Committee fully expecting that the original estimate will not be exceeded.

The average weekly Maintenance Rate during the year has been 9s. 11d., being a diminution of sevenpence upon the average of the previous year, although it will be seen by the Table of contract prices of provisions subjoined, that the cost has materially increased on all the principal articles of consumption.

(Signed on behalf of the Committee),

ROBT. SHEFFIELD,

CHAIRMAN.

January, 1857.

ARTICLES.	1852. 1853.		853. 1854.		1855.		1856.			
Bread, per 4lb. loaf	s. 0	$d. 4\frac{1}{4}$	s. 0		s. 0	d. 7	s. 0	d. 71/4	s. 0	d. $7\frac{3}{4}$
Flour, per stone	1	7	1	$11\frac{3}{4}$	2	$7\frac{3}{4}$	2	$8\frac{3}{4}$	2	9
Beef, "	5	3	5	$9\frac{3}{4}$	6	$6\frac{1}{2}$	7	01/4	7	3
Mutton, "	5	3	6	7	6	$8\frac{3}{4}$	7	$0\frac{1}{4}$	7	3
Milk, per gallon	0	8	0	8	0	9	0	91	1	0
Malt, per qr			66	0	76	0	72	0	73	2
Hops, per lb			1	$3\frac{1}{2}$	1	10	2	$1\frac{1}{2}$	1	0
Butter, salt, cwt	86	0	93	6	98	0	95	0	101	0
Tea, per lb	3	6	3	$2\frac{1}{4}$	2	$10\frac{1}{4}$	3	11/2	2	$9\frac{1}{2}$
Treacle, per cwt	16	6	19	3	20	6	20	0	26	0
Soap, ,,	41	0	41	9	41	0	35	0	31	0
Sugar, ,,	36	0	37	3	36	3	35	9	46	0
Coals, Hard, per ton	10	6	12	0	15	0	${14 \\ 12}$	0 6	$\left. \right\} 12$	10
" Gas, "	12	4	13	$10\frac{1}{2}$	16	$1\frac{1}{2}$	16	11/2	14	9

Average Contract-prices of Provisions.

GEORGE KIRKUP,

STEWARD.

Abstract of Expenditure	on	the Fabric-account, from
1st January, 1856,	to	1st January, 1857.

TIMBER AND MATERIALS:	£	s.	d.
Huddleston, for Timber	84	14	6
Marshall, Lead for Tanks	- 27	4	10
Tylor, Taps for ditto	5	19	6
Robey, Piping for ditto	8	16	3
Russell, Tubing for ditto		0	7
Charles Ward, for Bricks		12	11
C. K. Tomlinson, for Paint	33	18	4
FURNITURE Simpson & Co., for Ironmongery	33	6	1
Collins & Co., for Locks	21	1	6
Barnard & Co., for Furniture	25	0	0
BEDDING, ETC Roope & Co., for Blankets	155	1	9
Ditto, for Sheeting	33	0	8
Harris & Co., for Bedding	137	10	0
Lawes & Co., for Mattresses	99	13	0
LINCOLN WATERWORKS COMPANY :			
One Year's Water Rate	100	0	0
Balance of Account for Mains	17	16	8
- CEMETERY Fras. Binns, balance of Contract	t 12	0	0
TREES & SHRUBS : C. Pennell, Lincoln	19	12	6
PRINTING, ETC Messrs. Brooke, Lincoln	. 11	12	9
ENGINEER One Year's Wages	52	0	0
FIRE INSURANCE AND PROPERTY TAX	27	11	9
CARPENTERS, MASONS, ETC. :			
Their Weekly Wages			1
THE LABOUR OF PATIENTS EMPLOYED ON FABRIC		0	0
DERBY ASYLUM The excess of the Derby over the	•		
Lincolnshire Weekly Maintenance	•		
Rate, for Patients sent there—pend-			
ing enlargements of the Asylum	102	13	6
REMOVAL OF PATIENTS from Derby Asylum		3	$9\frac{1}{2}$
MISCELLANEOUS PAYMENTS by Steward, chiefly for			
Fabric-materials	41	15	$7\frac{1}{2}$
	£1404	1 8	5 7
	-		China Bar

M. P. MOORE,

CLERK TO THE VISITORS.

Abstract of Treasurer's Account.

1855.		£	s.	d	£ .	s.	d.
Dec. 31st.	Balance in Treasurer's						
	hands	24	17	7			
	Balance in Steward's						
	hands	46	19	8			
1856.							
February.	By Rate	1000	0	0			
October.	By Rate	1000	0	0			
	Cash repaid from Main-						
	tenance Account	7	5	8			
					2079	2	11

1857.

Jan. 1st.

Balance in Treasurer's	010	~		
hands	613	7	7	
Balance in Steward's				
hands	61	9	9	
Expenditure in 1856,				
as per Abstract	1404	5	7	
			- 2079 9	17

LINCOLNSHIRE

COUNTY ASYLUM.

FOURTH ANNUAL REPORT

OF THE

MEDICAL SUPERINTENDENT.

THE Superintendent has the honour to submit to the Committee of Visitors his Report of the condition and management of the Asylum for the year 1856, appending, as in previous Reports, statistical Tables relating to the patients who have been under care and treatment during that period.

At the commencement of the year there were 255 Tables II.& III. patients in the Asylum—127 men and 128 women, and during the year 35 men and 33 women were admitted, Admissions. making the whole number under treatment 323, viz.:— 162 men and 161 women.

в

Discharges, Deaths, and remaining numbers. Eleven men and eight women were discharged recovered, three men and one woman were sent out relieved at the request and to the care of their friends, and twelve men and ten women died. There were, consequently, remaining in the Asylum on the 1st of January, 1857, 278 patients, consisting of 136 men and 142 women.

The mean daily resident number of patients of both sexes was 274.67; that of men being 131.18, and of women 143.49.

Average Recoveries and Deaths deduced from Table II.

Average resident numbers.

Continued fullness of the Asylum. The mortality was 8 per cent. of the mean resident number, or 6.8 per cent. of the whole number under treatment; and the recoveries were in the ratio of 28 per cent. to the admissions.

During the greater part of the year the Asylum continued full, notwithstanding the additional number of beds introduced by partitioning off temporary dormitories from two of the Galleries, and the conversion of two day-rooms into sleeping-rooms. The reception of the chronic cases, indeed, which were remaining in the Derby Asylum as the residuum of the treatment of the Lincolnshire patients sent to that Institution under contract, was alone nearly sufficient to fill all the new available space with incurable cases, to the subsequent exclusion of many of a recent character.

Number of Incurables. After carefully inspecting the patients in the Asylum at the close of the year, it was found that the number of incurable men amounted to 122, and of incurable women to 133, leaving only 14 men and 9 women of whose recovery there was any reasonable hope.

These unfavourable conditions had a marked influence on the proportion of cures, which fell from 40.6 to 28 per cent. as compared with the previous year; but it is satisfactory to observe that the mortality also fell to a lower average than had hitherto been obtained since the opening of the Asylum.

Seven patients were re-admitted during the year, of Readmissions. whom only one had been out less than twelve months; the remainder had been absent respectively 529, 549, 647, 683, 965 and 1181 days. The whole of these patients have had repeated previous attacks, and for years past been occasionally under treatment in various Asylums. Two of them were again sent out, and are going on well; the others also will probably recover, but there can be little doubt that their frequently recurring attacks will ultimately place them among the permanent cases.

The sanitary condition of the patients throughout the year was excellent. A few cases of bronchial Catarrh in the Spring and of Diarrhœa (to which the insane are specially prone) in the Autumn, constituted all the sickness resulting from local and climatic influences.

The deaths, which, as before observed, were fewer in number than in previous years, were all referable to chronic forms of bodily disease, with which the insanity was, apparently, intimately connected. Four died of Disease of the Heart (somewhat unusually associated in one case with Melancholia-the mental disorder accompanying this lesion being usually of a maniacal character), three of Pulmonary Consumption, one of Diseased Liver with a mental condition and general aspect which might have served as a model of Melancholia, twelve of Diseased Brain including Paralysis, and one of an obscure disease of the Stomach, characterized by the

Sanitary condition.

Deaths. Table XVI.

growth of a confervoid Alga in that viscus known as Sarcina Ventriculi.

Inquest.

One sudden death occurred in the case of a male patient suffering from general Paralysis in an advanced stage, accompanied with occasional but very severe paroxysms of convulsions. Although there was no reason to suppose that death had taken place from other than natural causes, yet its very suddenness seemed to render it a proper case for investigation by a jury, and an inquest was consequently requested. It was clear from the evidence adduced before the Coroner that the deceased had been seized with a convulsive fit shortly after going to bed, and that Asphyxia and death resulted from it. A verdict was returned accordingly.

Suicidal cases. Table IX.

It is worthy of remark that amongst the admissions no fewer than 27 patients, or 39.7 per cent. of the whole number received, had either meditated or attempted suicide; and, as this is known to be very common amongst opium-smoking people, the enquiry suggests Abuse of Opium itself in how far the abuse of this drug, so prevalent in and Insanity. many parts of the County, is concerned in both inducing insanity and adding this frightful feature to it. The habitual use of opium in this as in other fen counties is traceable to its employment as a prophylactic against ague, which is known to have been endemic in the fens before a complete system of drainage and tillage had swept the miasmata from their surface. At that period, those who lived and worked amidst the quagmires, witholding their assent to the then common adage "an ague in spring is physic for a King" and more reasonably concluding that there could be nothing salutary in a bodily affection which reduced their strength and ex-

hausted their spirits, hailed, no doubt, as a great blessing, the introduction of a drug which by its stimulating properties was found to rouse the system against the pestilential miasms, and by its restorative properties to fit them for prolonged exertion on scant diet. Richly cultivated farms intersected by a network of dikes now occupy the sites of the stagnant lakes and fermenting marshes, and Ague as an endemic is banished from the County; but a worse form of disease-Opium Cachexy -has apparently taken its place: a disease, worse because of its deep degenerating influences on mind and body (affecting not only individuals but their posterity), and worse, because of the great difficulty in removing its cause, viz. :---that of breaking through the habit of using this poison. The child is too commonly drugged with it in the cradle, during the early formative process of the brain that is to guide and direct it through life; the youth trifles with it as a pleasurable excitant; the adult feasts on the poison, and becomes the living tomb of his own intellect and moral feeling, leaving a degenerate and half-imbecile offspring to add to the criminal and insane population of the county. The evil is plain, even at a glance, but the reformation of an opium-eater is still more difficult than that of a drunkard, inasmuch as the opium-vice is of a more holding and more secret character than alkoholism. The drunkard finds his temple in the pothouse, his devotions therein are public, and some amount of restraint is over him-his temple, even, is not always open to receive him; but with the other, his pouch contains, ever at hand, all that is necessary to brutalize him, and he can indulge in it "ad effectum" without the observation of those who might

possibly exercise a wholesome check on him. The pulpit, the lecture-room, prize-essays widely distributed, even house-to-house visitation in districts where the vice is known to prevail would simply be the first agents to be employed in closing this Fool's Paradise; for some notions of present mischief and future decay must be impressed on the minds of these people before any direct attempt to curtail the use of opium would be effective. A more acceptable field for exertion could scarcely be presented to the philanthropist, certainly none which could yield more grateful fruit than that of saving a present generation from premature mental decay, and a future from constitutional taint and misery. The whole subject is replete with social interest; but it is only in its special bearings on the amount of insanity now existing in the County that it would be proper to entertain it here; and enough has been said, it is hoped, to call some attention to the evil, and to indicate the nature of the first labours required to remedy it. In reference to the influence of opium-indulgence in determining a suicidal form of insanity, although it is true that the stage of excitement (the primary effect of opium on the vascular and nervous systems) is directly adverse to this frame of mind, and glosses existence with unreal charms, yet the subsequent stage brings with it every grade of depression, from simple gloom and distaste of life to the most poignant mental horror. It is in this secondary stage that the suicidal phase is developed; and having been once present it has a tendency to return, and is often handed down through many generations.

General condition and management. In the general management of the Asylum a steady persistence in the principles which have already been fully stated in previous Reports, and the keeping in view the maxim that "all good is progressive," again afforded satisfactory results in the uninterruptedly good order and working of the Institution. The permission of the Visitors to place some colored and framed prints on the walls of the wards, and the introduction of small tables and additional seats in the galleries, have taken away the unfurnished appearance observable in them, and added greatly to the domestic comfort of the patients. Such additions, it is hoped, will be permitted from time to time, until none but agreeable and cheerful associations will be found in every part of the Institution. Their effect in the treatment of the insane is beyond doubt very beneficial, as contributing in no small degree to moral influence.

The industry of the patients continued unabated. Occupation of The men, the great majority of whom were derived from the agricultural class, were well directed in their work by the gardener and farm-bailiff; and had not the potatoe-crop signally failed, the profits from the farm would have been larger than in any preceding year. As it was, however, it will be perceived from the Steward's accounts, that a considerable sum was carried to the credit of the maintenance-account from this source. Notwithstanding the disadvantageous prices of nearly every article of provision and clothing, the maintenance-rate for the year fell below ten shillings. The increased numbers which will result from the reception of all the outstanding cases into the new building will effect a further reduction; and it will then be a matter worthy of the consideration of the Visitors, whether or not an additional quantity of land should be obtained

Patients, Men. Table XIII.

for the purpose of providing ample means of occupation for the increased number of male patients, and at the same time, of still further reducing the weekly rate. There can be no question that, after the establishment of a proper system of domestic economy and of an organized method of labor, the only way to lessen the average charges is to increase the labour-profits, so as to bring in annually a round reducing sum as an offset But patients' labor should to necessary expences. always be kept subservient to the real objects of an Asylum, and be apportioned both in degree and duration to the mental and physical requirements of each case. Without attention to these considerations, an increase of land becomes an increased calamity to the unfortunate patients, and their place of abode little more than a mortuary, whereon even the hopeful inscriptionrequiescant in pace-can scarcely be written with confidence. The industry of the female patients, although not shown in the money-columns, was not less important than that of the men. They made and repaired all their own clothing and all the patients' stockings and linen, did the entire washing of the Institution under the direction of two paid servants, afforded stable help in the kitchen and domestic offices, and contributed to the comfort of the wards by knitting several pairs of curtains. It may be remarked that none of the labor in the Asylum is coercive, but small rewards are given to the industrious, which are witheld from those, who, being capable, are obstinate in idleness.

Officers and Servants.

Women. Table XIV.

> It is again an agreeable duty to state that the officers, attendants, and indeed all engaged in the service of the Asylum have shown a singleness of desire to pro

mote the welfare of the patients, and, with minor exceptions, an unfailing attention to their duties.

The continued confidence and support with which Conclusion. the Superintendent has been favoured by the Visitors have been constantly before him as a gratifying encouragement amidst the many responsibilities of the office they have entrusted to him, for all of which he begs to tender to them his best acknowledgements.

EDW. PALMER, M.D.,

Med. Supt.



TABLE I.

Admissions, Discharges, and Deaths, from the Opening of the Asylum to December 31st, 1856.

Admitted from Aug. 9, 1852 Re-admitted				M. 251 17	F. 243 6	Total. 494 23
Total under treatment				268	249	517 *
Discharged-	M.	F.	Total.			
Recovered	59	50	109			
Not Recovered	13	7	20			
Died	60	50	110			
Total Discharged and Died				132	107	239
Remaining in the Asylum, I	Dec. 31	l, 1856		136	142	278

TABLE II.

Admissions, Re-admissions, Discharges, and Deaths, during the year 1856.

	м.	F.	Total.
Remaining in the Asylum, January 1, 1856	127	128	255
Admitted during the year	35	32	67
Re-admitted during the year	0	1	1
Total under treatment during the year	162	161	323
Discharged— M. F. Total.			
Recovered 11 8 19			
Not Recovered 3 1 4			
Died 12 10 22			
Total Discharged and Died	26	19	45
Remaining in the Asylum, Dec. 31, 1856	136	142	278
Average Daily Resident Numbers	131.18	143.49	274.67

TABLE III.

Number of Patients admitted and discharged during the year, distinguishing between those brought from different Unions.

Total	Boston Bourn Barigg Gainsborough Grantham Holbeach Horncastle Lincoln Louth Newark Peterborough Sleaford Spalding Spalding Stamford Thorne County of Lincoln		UNIONS.
127	200000000000000000000000000000000000000	M.	Re in tl Dec.
128	12 12 12 12 12 12 12 12 12 12 12 12 12 1	F.	Remaining in the Asylum Dec. 31st, 1855.
255	28 29 20 20 20 20 20 20 20 20 20 20 20 20 20	<i>T</i> .	ing ylum 1855.
35	401-0000-000-0000	М.	A du ye
83	001240004820401313	F.	Admitted during the year 1856.
68	003351216122623	<i>T</i> .	ed the 56.
162	20 20 20 20 20 20 20 20 20 20 20 20 20 2	M.	Ħ
161	15 12 12 12 12 12 15 15 15 15 15 15 15	F.	Total under Treatment.
323	35 222 220	7.	ent.
Ξ	00020100111000112	М.	R
00	000000000000000	F.	Dis Recovered.
19	000421001131001212	T.	Discharg
8		M.	arged.
1		F.	ot Recovered
4		T.	/ered.
12	01100122100	M.	ger all fautin
10	00-0000-40080-0-0	, F.	Died.
22	0111011510322111	T.	
26	0-080880-881-888-8	M.	a D
19	0	F.	Total Discharged and Died.
45	0	T.	l ged ed.
136	22222222222222222222222222222222222222	M.	R in t Dec
142	114 12 12 12 12 12 14 14 15 15 15 15 15 15 15 15 15 15 15 15 15	F.	Remaining in the Asylum Dec. 31st, 1856
278	32 33 35 35 35 35 35 35 35 35 35 35 35 35	Τ.	iing ylum 1856.

Louth Union, 8 males and 14 females ; and to the Sleaford Union, 9 males and 10 females. borough Union were 7 males and 4 females; to the Horncastle Union, 6 males and 3 females; to the Lincoln Union, 20 males and 19 females; to the * From legal transfers of Settlement made since the admission of the Patients, the numbers remaining in the Asylum chargeable to the Gains-

TABLE IV.

Under whose Authority the Patients were Admitted.

Under Orders of—	M.	F.	Total
Two Visiting Justices (removed from the Derby Asylum).	5	25	30
Two Justices of the Peace	2	0	2
Justice of the Peace and Relieving Officer	21	7	28
Officiating Clergyman and Relieving Officer or Overseer	7	1	8
Total	35	33	68

TABLE V.

Degree of Education in the Patients admitted.

	M.	F.	Total.
Read and Write	14	10	24
Read	10	8	18
Fair Education	5	6	11
Neither Read nor Write	6	. 9	15
Total	35	33	68

TABLE VI.

Religious Profession of the Patients Admitted.

	М.	F.	Total.
Church of England	18	24	42
Wesleyan Methodist	8	6	14
Primitive Methodist	5	0	5
Baptist	1	1	2
Roman Catholic	0	1	1
Unknown	2	1	3
None (Idiot)	1	0	1
Total	35	33	68

TABLE VII.

Civil Condition of the Patients admitted.

	M.	F.	Total.
Unmarried	10	10	20
Married	19	17	36
Widowed	6	6	12
Total	35	33	68

TABLE VIII.

Forms of Mental Disorder of the Patients on admission.

	М.	F.	Total.
Melancholia	6	3	9
Mania—			
Recent and Acute	12	6	18
Chronic	12	16	28
Remittent and Intermittent	1	0	1
Dementia-		0	
Imbecility (acquired)	3	8	11
Idiocy	1	0	1
Total	35	33	68

TABLE IX.

Shewing some of the more serious Complications of the Mental Disorder in the Patients on admission.

	М.	F.	Total.
Suicidal Tendency manifested in	12	15	27
Epilepsy	4	3	7
Paralysis	2	3	5
General Paralysis	2	0	2

TABLE X.

AGE	Fi	Age rst A	at ttack			lmission mission.
	M.	F.	Total.	М.	F.	Total.
Under 5 years	1	0	1 .			
From 10 to 20 years	1	3	4	2	2	4
,, 20 ,, 30 ,,	8		15	6	4	10
,, 30 ,, 40 ,,	10	6	16	8	6	14
" 40 " 50 "	6	8	14	7	8	15
" 50 " 60 "	2	8	5	6	5	11
" 60 " 70 "	0	1	1	2	4	6
" 70 " 80 "	3	3	6	3	4	7
" 80 " 90 "	1	0	1	1	0	1
Unknown	3	2	5			
Total	35	33	68	35	33	68

Ages at the First Attack and upon Admission.

TABLE XI.

Duration of Mental Disorder on Admission.

	M.	F.	Total
FIRST CLASS.—Cases of the first attack, of not more			
than three months' duration	7	6	13
SECOND CLASS.—Cases of the first attack, of more than three but not more than			
twelve months' duration	8	6	14
THIRD CLASS.—Cases not of the first attack, and of not more than twelve months'			
duration	6	2	8
FOURTH CLASS.—Cases, whether of the first attack or not, of more than twelve months'			
duration	14	19	33
	35	33	68

TABLE XII.

Occupation and Station of the Patients.

MALES.

	No.
Baker	1
Besom-maker	1
Bricklayer	1
Butcher	1
Carpenter	1
Coal-merchant	1
Cooper	1
Fisherman	1
Grooms	2
Laborers	14
Malster	1
Merchant	1
Miller	1
Schoolmasters	2
Shoemakers	2
Tailors	3
Waterman	1
	_

35

F	E	Μ	A	L	E	S.	

	No.
Charwomen	3
Dressmaker	1
Housekeepers	2
Servants	6
Staymaker	1
Strawbonnet-maker	1
Strawplatter	1
Wives, Widows, and Daughters of	
Butcher	1
Engineer	1
Cottager	1
Farmers	3
Laborers	7
Pensioner	1
Weaver	1
Unknown	3

33

TABLE XIII.

* 25

Average Number of Male Patients employed.

On the Farm	36
In the Kitchen	2
" Dispensary	1
" Shoemaker's Shop	1
" Tailor's Shop	1
" Painter's Shop	2
" Engineer's Department	1
" Steward's "	6
Assisting Houseporter	1
Helping in the Wards	28
	_
Total average number employed	79
Average sick and otherwise incapable	52
	-
Average daily resident number	131

Farm labour :---

Average number of Patients employed daily		36.34
Average number of hours per week, per Patient employed		
in farm-labour		26.5
Total time of labour-48,668 hours-calculated at 10 clear	Wks.	
hours per day	835	
Number of men required to do the same amount of work in		
the same number of days, working the average		
labourer's time of 10 hours a day		16.1
Ratio of Patients to ordinary labourers	as 1 to	2.25

TABLE XIV.

Number of Female Patients daily employed.

Laundry		 	 38
Kitchen		 	 6
Residences		 	 2
Needlework and helping i	in the wards	 	 44
Knitting		 	 12
Tota	al employed	 	 102
Sick and otherwise incapa	ble	 	 41
			143

Needlework done by the Female Patients, 1854-1855.

Aprons	336	
Bedcases	11	
Chair-covers	4	
Dusters	133	
Flannel vests	101	
" petticoats	61	
Gowns	207	
Handkerchiefs	935	
Knee-pads	123	
Night-caps	385	
Night-gowns	80	
Pillow-cases	299	
Pinafores	30	
Quilted blankets	2	
Sheets	327	
Shifts	61	
Shirts	271	
Shrouds	20	
Stockings made	268	pairs.
Do. re-footed	96	pairs.
Tablecloths	92	
Towels	112	
Window-blinds	32	
Women's day-caps	62	
Total new work	4048	pieces.
Sundry repairs	21,469	pieces.

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TABLE OF RECOVERIES.

Form of Mental Disorder.	Acute mania. Acute mauia. Mania.
Supposed Cause of Insanity.	None assigned. Influenza. Intemperance. None assigned. None assigned. Hereditary taint, religious excitement. Pecuniary and domestic troubles. None assigned. Paralysis. Hereditary taint. None assigned. None assigned.
Duration of Residence in the Asylum.	126 days. 381 days. 381 days. 289 days. 221 days. 331 days. 75 days. 75 days. 192 days. 192 days. 193 days. 183 days. 193 days. 334 days. 334 days.
Length of Time Insane when Admitted.	1 week 3 days. 4 days. 1 week. 5 months. 10 days. 3 months. 10 months. 10 months. 10 months. 10 months. 24 years. 24 years. 1 month. 1 month.
Sex.	REALENER AND
Age and Civil State when Admitted.	36 years—single. 46 years—single. 46 years—single. 61 years—married. 18 years—married. 30 years—married. 35 years—married. 39 years—married. 44 pears—single. 63 years—married. 59 years—single. 44 pears—single. 48 years—single. 48 years—single. 48 years—single. 49 years—single. 40 years—single. 40 years—single. 40 years—single.
No. in Register.	442 442 437 435 435 435 435 435 455 455 455 455 451 451 451 451

TABLE XVI.

OBITUARY.

Apparent Cause of Death.	Valvular disease of heart ; hypertrophy ; hydro- thorax Epilepsy ; convulsions, 6 hours ; coma. Pulmonary apoplexy supervening on epileptic convulsions. Chronic cerebritis ; diarrhœa ; coma. Chronic cerebritis ; diarrhœa ; coma. General paralysis ; coma. Chronic cerebritis ; paralysis ; coma. Chronic disease of the liver. Fatty degeneration of the heart. Pulmonary consumption. Acute phremitis. General paralysis ; coma. General paralysis ; coma. Ceneral paralysis ; coma. General paralysis ; coma. General paralysis ; coma. General paralysis ; coma. General paralysis ; coma. Ceneral paralysis ; coma. Pulmonary consumption. Fatty degeneration of the heart. Pulmonary consumption. Caretal paralysis ; convulsions ; asphyxia. Ceneral paralysis ; convulsions ; asphyxia. Ceneral paralysis ; convulsions ; asphyxia.
Duration of Residence in the Asylum.	1193 days. 1233 days. 509 days. 55 days. 55 days. 622 days. 1241 days. 1241 days. 1276 days. 573 days. 759 days. 759 days. 116 days. 115 days. 759 days.
Length of time Insane before Admission.	Many years. Many years. 19 years. 4 months. 6 months. 7 days. 1 month. Many years. 3 years. 3 years. 3 days. 8 days. 3 days. 3 days. 9 weeks. Many years. 3 days. 14 year. 14 year. 14 year. 1 wonths.
Form of Mental Disorder and Bodily Condition when Admitted.	Dementia with epilepsy. Good general health. Chronic mania with epilepsy. Fair bodily health. Dementia with epilepsy. Good general health. Senile dementia. Blind. Very infirm. Senile dementia. Blind. Very infirm. Senile dementia. Very infirm. Diseased Prostate. Mania. Good general health. Mania. Very thin and infirm. Melancholia. Weakly. Chronic mania. Thin and weakly. In the last stage of exhaustion from acute mania. Mania. Feeble. Dementia. Very infirm. Mania. Feeble. Dementia. Very infirm. Chronic mania. Good general health. Suicidal melancholia. Very infirm. Chronic mania. Good general health. Suicidal melancholia. Very infirm. Chronic mania. Good general health. Suicidal melancholia. Very infirm. Mania. Thin and weakly. Suicidal melancholia. Very infirm. Mania. Thin and weakly.
*xəg	王 王王 王王王王王王王王王王王王王王王王
Age of Death and Civil State.	 68 years-married. 26 years-single. 27 years-widowed. 60 years-widowed. 62 years-married. 74 years-married. 74 years-married. 75 years-single. 24 years-single. 24 years-single. 28 years-single. 57 years-single. 58 years-single. 59 years-married. 32 years-married.
No. in Register.	163 371 371 371 371 371 135 26 311 135 26 311 135 26 3316 311 449 376 311 406 26 3376 311 405 3376 3376 311 405 3376 3376 3376 3377 3376 3377 3377 337

ACCOUNT OF RECEIPTS AND PAYMENTS,

From the 31st December, 1855, to 31st December, 1856.

RECEIPTS.	£	s.	d.	£	s.	d.
From sale of pigs	118	0	0			
" potatoes	46	3	5			
33 COTR	187	12	0			
			-	351	15	5
From sale of bones	5	0	0			
" yeast	14	7	7			
			-	19	7	7

From maintenance account.

1. Contributing Unions and Pa	rishes-	-
-------------------------------	---------	---

826 176 704 294 231 448	1 9 10	5 9 1 11 3			
704 294 231 448	1 9 10	1 11 3			
294 231 448	9 10	11 3			
231 448	10	3			
448					
	12	4			
100		4			
486	15	3			
247	3	2			
1010	8	1			
601	15	6			
179	13	0			
37	12	7			
510	1	6			
455	2	11			
625	7	9			
123	0	2			
84	10	0			
			7042	18	8
			77	14	(
	247 1010 601 179 37 510 455 625 123 84	1010 8 601 15 179 13 37 12 510 1 455 2 625 7 123 0 84 10	$\begin{array}{cccccccc} 247 & 3 & 2 \\ 1010 & 8 & 1 \\ 601 & 15 & 6 \\ 179 & 13 & 0 \\ 37 & 12 & 7 \\ 510 & 1 & 6 \\ 455 & 2 & 11 \\ 625 & 7 & 9 \\ 123 & 0 & 2 \end{array}$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

£7491 15 8

EXPENDITURE.

1.-SALARIES AND WAGES.

	£	s.	d.	£	s.	d.	
Officers' Salaries	710	0	0				
Attendants' and Servants' Wages	645	12	11				
				1355	12	11	

2.—PROVISIONS.

Stock in hand from last year	67	17	$4\frac{3}{4}$
Arrowroot, 248 lbs.	15	10	0
Bacon, 4 cwt. 1 qr. 13 ³ / ₄ lbs	16	8	71
Barley, 2 cwt. 3 qr. 4 lb	3	1	4
Butter, salt, 34 cwt. 2 qr. 121 lbs	177	18	5불
Butter, fresh, 224 lbs	13	14	6
Bread, 26,814 loaves	851	16	2
Cheese, 36 cwt. 0 qr. 181/4 lbs	113	11	11
Coffee, 508 lbs	29	12	8
Chicory, 92 lbs	3	1	4
Cocoa, 18 cwt. 2 qr. 23 ¹ / ₂ lbs	48	0	3
Dried fruits and spices	9	7	1
Eggs, 285 doz	10	13	9
Flour, 1125 st	153	8	0
Meat, 3674 st. 1 ¹ / ₄ lbs	1333	13	5
Malt, 83 qrs.	304	6	4
Hops, 7 cwt. 1 qr. $21\frac{1}{2}$ lbs	41	13	6
Brewer	36	0	0
Porter, 810 gall	66	14	0
Oatmeal, 88st. 12lbs	12	1	3
Peas, 50 st. 9 lbs	7	1	11
Milk, 4435 gall	221	15	0
Poultry and fish	0	11	71
Rice, 9 cwt	8	17	0
Sugar, soft, 32 cwt. 0 qr. 16 lbs	74	12	2
Sugar, loaf, 138 lbs	3	17	1

Carried forward... 3625 4 9¹/₄ 1355 12 11

	£		s. d.	£	s. d	
Brought forward				1355	12 11	
PROVISIONS—continued.	3625	4	91			
Salt, mustard, pepper, and vinegar	18	17	10			
Treacle, 41 cwt. 1 qr. 19 lbs	53	6	2			
Tea, 1097 ¹ / ₂ lbs	164	5	3			
Miscellaneous	5	12	2			
Superintendent's allowance in lieu of board	150	0	0			
	4017	6	$2\frac{1}{4}$			
Deduct stock in hand	71	19	3			
				3945	6 11;	1

3.---NECESSARIES.

2

Stock in hand from last year 277 11 0 Candles, 277 lbs. 8 8 0 Coals, hard, 899 tons, 1 cwt. 562 7 9 , gas, 100 tons, 0 cwt. 3 qr. 77 10 7 Oil, 20 galls. 5 11 0 Soap, 49 cwt. 79 11 10 Soda, 18 cwt. 2 qr. 16 lbs. 6 1 2 Starch and blue, 151 lbs. 5 13 2 Wood, 3 loads 13 9 0 Scouring flannel, 18 pieces 22 1 0 Shovels, 5 0 16 6 Labor in the manufacture of gas 107 4 4 Lime for gas 3 14 3 Gas retorts 24 7 4 Sundries—whiting, black-lead, hearth-stones, 31 6 3 blacking, &c. 31 6 3	
Coals, hard, 899 tons, 1 cwt. 562 7 9 , gas, 100 tons, 0 cwt. 3 qr. 77 10 7 Oil, 20 galls. 5 5 11 0 Soap, 49 cwt. 79 11 10 Soda, 18 cwt. 2 qr. 16 lbs. 6 1 2 Starch and blue, 151 lbs. 5 13 2 Wood, 3 loads 13 9 0 Scouring flannel, 18 pieces 22 1 0 Shovels, 5 0 16 6 Labor in the manufacture of gas 107 4 4 Lime for gas 3 14 3 Gas retorts 24 7 4 Sundries—whiting, black-lead, hearth-stones, 31 6 3	
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Oil, 20 galls. 5 11 0 Soap, 49 cwt. 79 11 10 Soda, 18 cwt. 2 qr. 16 lbs. 6 1 2 Starch and blue, 151 lbs. 5 13 2 Wood, 3 loads 13 9 0 Scouring flannel, 18 pieces 22 1 0 Shovels, 5 0 16 6 Labor in the manufacture of gas 107 4 4 Lime for gas 3 14 3 Gas retorts 24 7 4 Sundries—whiting, black-lead, hearth-stones, 31 6 3	
Soap, 49 cwt. 79 11 10 Soda, 18 cwt. 2 qr. 16 lbs. 6 1 2 Starch and blue, 151 lbs. 5 13 2 Wood, 3 loads 13 9 0 Scouring flannel, 18 pieces 22 1 0 Shovels, 5 0 16 6 Labor in the manufacture of gas 107 4 4 Sindries—whiting, black-lead, hearth-stones, 31 6 3	
Soda, 18 cwt. 2 qr. 16 lbs. 6 1 2 Starch and blue, 151 lbs. 5 13 2 Wood, 3 loads 13 9 0 Scouring flannel, 18 pieces 22 1 0 Shovels, 5 0 16 6 Labor in the manufacture of gas 107 4 4 Lime for gas 3 14 3 Gas retorts 24 7 4 Sundries—whiting, black-lead, hearth-stones, blacking, &c. 31 6 3	
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Shovels, 5 0 16 6 Labor in the manufacture of gas 107 4 4 Lime for gas 3 14 3 Gas retorts 24 7 4 Sundries—whiting, black-lead, hearth-stones, blacking, &c. 31 6 3	
Labor in the manufacture of gas10744Lime for gas3143Gas retorts2474Sundries—whiting, black-lead, hearth-stones, blacking, &c.3163	
Lime for gas 3 14 3 Gas retorts 24 7 4 Sundries—whiting, black-lead, hearth-stones, 31 6 3 blacking, &c. 31 6 3	
Gas retorts	
Sundries—whiting, black-lead, hearth-stones, blacking, &c	
blacking, &c 31 6 3	
1225 13 2	
Deduct stock in hand 258 15 0	
	66 18

Carried forward...

6267 18 01

2

32						
	£	s.	d.	£	s.	
Brought forward				6267	18	
4DISPENSARY.						
Tobacco, 302Ibs	52	1	10			
Snuff, 30lbs	8	1	3			
Wine, 20 gallons	17	0	Ó			
Brandy, 1 gallon	1	10	Ó			
Drugs	77	11	9			
D1	156		10			
Deduct stock in hand	2	11	0			
				153	13	1
5.—FURNITURE.						
Baskets, 6	0	18	6			
Breakfast cloths, 6	1	13	0			
Culinary and other utensils	44	17	9			
Candlesticks, 2	0	5	2			
Door-mats, 6	3	7	0			
Diaper, 488 ¹ / ₂ yds	39	13	91			
Dust-pan, 1	0	1	3			
Holland, 64 ¹ / ₂ yds	2	16	51			
Knives and forks, $11\frac{1}{2}$ doz	8	11	6			
Lanthorn, 1	0	4	0			
Matting and oil cloth	0	7	10			
Mattrass needles and twine	0	9	0			
Materials for mat-making	3	17	11			
Mincing-machine 1	2	2	0			
Muslin, for window-blinds	2	7	0			
Sheeting, 46 ¹ / ₂ yards	5	8	6			
Spoons, 24	0	16	0			
Table-cloths, 6	3	3	0			
Table-cover, 1	1	12	9			
Tea tray, 1	0	4	0			
Ticking, 56 yds	2	13	8			
Towelling, 3581 yds	8	4	31			
Wash tubs, 3	0	18	0			
Waterproof sheeting, 254 yds	11	8	9			
			+			
0	146	1	11/2			-
Carried forward				6491	11 7	1.0

Carried forward ...

6421 11 101

32

	£.	s.	d.	£.	s.	d.
Brought forward				6421	11	$10\frac{1}{4}$
• FURNITURE—continued.	146	1	$1\frac{1}{2}$			
Mops, Brooms, and Brushes	24	5	3			
Repairs	1	0	2			
	171	6	$6\frac{1}{2}$			
Deduct stock in hand	3	17	11			
				167	8	7불

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6 --CLOTHING

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	6.—CLOTHING.				
	Stock in hand from last year	235	4	14	
	Blue check, 338 yards	13	0	8	
	Bonnets, 155	. 6	18	10	
	Calico, 2304 yards	. 50	18	5	
	Caps, men's, 144	6	18	0	
	Cap-peaks	. 0	12	0	
	Chocolate Tick, 203 yards	11	16	10	
ł	Cobourg, 1181 yards	. 8	17	9	
l	Cotton check, 94 yards	2	7	0	
	Corduroy, 326 yards	25	2	7	
ł	Derry, 244 ¹ / ₂ yards	6	17	$9\frac{3}{4}$	
ţ	Dressmaker	1	15	0	
ļ	Flannel, 480 yards	23	0	0	
1	Flax and hemp	4	6	8	
¢	Forfar, 118 yards	2	19	0	
1	Grey cloth, 1714 yards	41	0	3	
	Handkerchiefs, 614 dozen	11	17	$10\frac{3}{4}$	
	Jean, 106 ¹ / ₂ yards	3	8	$9\frac{1}{2}$	
	Leather	62	9	2	
	Lining for dresses	1	5	8	
	Muslin, linen, collars, &c	11	4	0	
	Print, 1105 yards	24	4	$8\frac{1}{4}$	
	Scolloping, 148 yards	3	7	10	
8	Shawls, 72	9	6	0	
	Shirting, 1125 yards	41	0	$3\frac{3}{4}$	
	Stays, 109 pairs	14	16	6	
(Shoemaker	98	1	11	
			-	-	
	Carried forward	722 1	7	81	6589
	Currice Jorwaran.				

	£	s.	d.	£	s.	d
Brought forward				6589	0	$5\frac{3}{4}$
CLOTHING—continued.	722	17	81			
Tailor	82	6	0			
Thread, tape, needles, &c.	28	15	2			
Ticking, 56 yards	2	13	8			
Worsted, 264lbs.	24	15	0			
	861	7	61			
Deduct stock in hand	374	5	$11\frac{1}{2}$			
				487	1	$6\frac{3}{4}$

7.-MISCELLANEOUS.

Advertisements, printing, stationery, and						
postage	58	6	7			
Carriage of goods	14	14	11/2			
Chimney sweeping	4	8	0			
Cleaning and repairing clocks	0	16	6			
Cutting patients' hair	8	0	0			
Rates and Taxes	8	13	41			
Recapture of patients	2	6	0			
Spectacles	0	9	0			
Other expences	13	5	61			
				110 19	9 1	+

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Stock in hand from last year	130	18	0			
Pigs	1	12	9			
Implements of husbandry	11	16	0			
Labour	76	16	8			
Provender	74	2	5			
Manure	40	3	1			
Seed	17	7	1			
Straw	9	7	6			
Tithe	6	2	0			
Miscellaneous	1	7	5			
	369	12	11			
Deduct stock in hand	137	10	0			
				000	0	11

232 2 11

7419 4 1

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SHEET,	the year ending 31st December, 1856.	Cr.	EXPENDITURE.	£ s. d. £ s. d. By Salaries and Wages 1355 12 11	Provisions	Dispensary 153 13 10 Furniture 167 8 74	Miscellaneous 12 Farm-expences 232 2	7419 4 1	Less, Amount of Bank Interest over- charged in former accounts 4 13 2 7414 10 11	Balance 1075 7 13	£8489 18 04	GEORGE KIRKUP, CLERK AND STEWARD.
BALANCE SHEET,	For the year ending 3	Dr.	RECEIPTS.	To Balance 31st December, 1855 \pounds s. d. \pounds s. d. 998 2 $4\frac{3}{4}$	Sale of Farm-produce	Maintenance Account :	7491 15 8				£8489 18 0 ³ / ₄	

Articles.	First Quarter.	Second Quarter.	Third Quarter.	Fourth Quarter.
Bread, at per 41b. loaf	s. d. 0 8	s. d. 0 8	s. d. 0 8	s. d. 0 $6\frac{1}{2}$
Flour, at per stone	2 11 -	2 10	2 10	$2 4\frac{1}{2}$
Beef, ", "	70	7 3	7 3	76
Mutton, ,, ,,	7 0	7 3	7 3	76
Prime joints, at per lb	06	0 6	$0 6\frac{1}{2}$	0 6]
Milk, at per gallon	1 0	1 0	1 0	1 0
Malt, at per qr	70 0	74 0	\$70 0 76 0	75 11
Hops, at per lb	1 0	1 0	1 0	1 0
Butter, salt, at per cwt	112 0	112 0	90 0	90 Q
Сосоа, ", ", …	54 0	54 0	49 0	49 0
Tea, ordinary, at per lb	2 10	2 10	2 9	2 9
Treacle, at per cwt	28 0	28 0	24 0	24 0
Sugar, ordinary, at per cwt.	46 0	46 0	46 0	46 0
Coals, at per ton,				
Hard		14 0	$\begin{cases} 12 & 6 \\ 12 & 0 \end{cases}$	
Gas	16 0		13 6	

Contract Prices of the principal Articles of Consumption, &c., during the Year ending 31st December, 1856.

GEORGE KIRKUP,

CLERK AND STEWARD.

	£ s. d. £ s. d. 43 1 0	202 0 6 245 1 6	E KIRKUP, Clerk and Steward.
COUNT.		Dy 1,0/4,200 leet of Gas at 3s. 9d. per thousand 20	GEORGE KIRKUP, Clerk and
GAS ACCOUNT.		32 3 0 77 10 7 107 4 4 3 14 3 24 7 4 245	£245 1 6
		To cash for coals, 100 tons 0 cwt. 3 qrs. 7 """"""""""""""""""""""""""""""""""""	

	Cr.					137 1 4 ¹ / ₂				351 15 5		137 10 0				696 6 01	•		VARD.
FARM ACCOUNT.	. By Provisions supplied to the Asylum:	Potatoes 58 19 6	Other vegetables	Poultry 0 18 10	Eggs 1 13 6 ¹ / ₂		By sale of stock 118 0 0	", ", ", potatoes	", ", ", corn		By estimated value of stock in hand,	31st December, 1856		NAME AND AN OTHER PROPERTY AND				GEORGE KIRKUP,	ULERK AND STEWARD.
FARM A	£ s. d.													407 17 5	$218 9 4\frac{1}{2}$	696 6 91			
	s. d.	18	12 9	16 0	76 16 8	2 5	3 1	7 1	7 6	2 0	2	0	9	1					
•	с у	130	I	11	76	74	40	17	6	9	1 7	23 8	14 16						

FARM ACCOUNT.