

**The ninth annual report of the Lincolnshire County Lunatic Asylum, at  
Bracebridge, near Lincoln.**

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Lincolnshire County Lunatic Asylum at Bracebridge.

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**Publication/Creation**

Lincoln : printed by W. and B. Brooke, 1862.

**Persistent URL**

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THE  
NINTH ANNUAL REPORT  
OF THE  
LINCOLNSHIRE  
COUNTY LUNATIC ASYLUM,

AT  
BRACEBRIDGE, NEAR LINCOLN.

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1862.

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Lincoln:  
PRINTED BY W. AND B. BROOKE.

THE ANNUAL REPORT

OF THE

LINCOLNSHIRE

COUNTY LUNATIC ASYLUM.

RECEIVED BY THE LUNATIC ASYLUM

1862

PRINTED

BY W. AND A. BROWN

# LINCOLNSHIRE COUNTY LUNATIC ASYLUM.

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## *NINTH ANNUAL REPORT* OF THE COMMITTEE OF VISITORS.

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1861—62.

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THE Committee of Visitors have the satisfaction to report to the Courts of Quarter Sessions, that the diminished weekly rate of maintenance has been sustained during the year 1861—the average rate having been 8s. 8½d.

The Visitors have also to report that they have completed the new apartments and offices for the Steward, and have converted the old apartments into additional store-rooms, and that the outlay has not exceeded the amount voted by the Courts of Quarter Sessions for that purpose.

The rapidly increasing number of Lunatics officially reported from the Unions, demands observation : the increase having been 54 in the past year, and 30 in the year preceding.

This Asylum, originally built in 1852 for 250 patients, has gradually been enlarged up to 450 beds : and notwithstanding this increased accommodation, the Asylum may now be reported as full—and on the female side overflowing, the number having once reached 234, as against 225 the maximum of provision :—a



hazardous state of things in the event of Fever or other infectious disorder, such as has lately presented itself on the male side.

The Visitors have become sensible that still further enlargement of the Asylum is essential, but they desire to defer any decided steps on that subject to the last moment of absolute and imperative necessity. In the meantime they have taken certain necessary precautions, and have further given instructions to Dr. Palmer to ascertain what patients could be accommodated by contract in other County Asylums, in case of any sudden emergency.

The present Asylum Chapel is only qualified to receive about half the number of patients, and the Dining or Recreation Hall is proportionately confined in space, and the Commissioners in Lunacy have urged the propriety of providing further accommodation for the patients to attend the religious services, and with that view to build a new Chapel, and to appropriate the present one as a Recreation Hall : but this question also the Visitors have deferred. They desire, however, to forewarn the County Magistrates on these subjects.

The Commissioners in Lunacy continue to record their approval of the management of this Institution, which they state to be "highly satisfactory, and most creditable to Dr. Palmer and his officers."

An Abstract of the Fabric Expenditure in 1861, and of the Annual Lunatic Returns accompany this Report.

*(Signed)*

G. K. JARVIS, Chairman.

*Abstract of Expenditure on Fabric Account, from 1st January,  
1861, to 1st January, 1862.*

STEWARD'S HOUSE:—		£	s.	d.
Mr. Robert Young, Builder, on Account of his Contract (£590) for erection of Steward's House and Offices.....		545	15	0
To Clerk of Works .....		26	14	6
TIMBER AND MATERIALS:—				
Minton and Co., for Tiles .....		14	3	8
Hirst and Cooke, for Lead Piping, &c.		9	11	7
Alfred Goslett, for Window Glass.....		6	11	2
Felt & India Rubber for Padded Rooms		14	13	9
For Castings .....		15	0	11
Oils and Paints .....		28	4	10
Lime and Cement.....		15	4	0
Whitewash Brushes .....		6	15	8
Wood and Materials for Repairs .....		19	1	11½
FURNITURE:—				
Simpson and Co., for Ironmongery ...		41	4	7
Harris and Co., for Carpets .....		26	2	8
Roope and Son, for Canvass .....		10	8	1
Treloar and Co., for Cocoa Matting ...		28	10	6
Roope and Co., for Bedding, Carpets, &c., for Steward's House .....		75	7	8
Harris and Co., for Furniture for same		67	8	0
Furniture, &c., for Wards .....		43	14	7
LINCOLN WATER WORKS:—Water Rate for one year, per meter .....		206	10	0
<i>Carried forward.....</i>		£1201	3	1½



	£	s.	d.
<i>Brought forward</i> .....	1201	3	1½
PRINTING AND STATIONERY :—			
Messrs. Brooke .....	17	12	0
Books for the Wards .....	19	1	7
GAS RETORTS :—Materials for repairs .....	7	18	10
CARPENTERS, MASONS, AND ENGINEER, their Weekly Wages .....	431	13	10
SEWAGE TANK :—Mr. Charles Clarke's Execu- tors, one year's compensation .....	5	0	0
QUICK-FENCING, POSTS, AND RAILS .....	11	5	10
WARMING APPARATUS :—Price and Co., for new Boilers .....	88	0	0
FIRE INSURANCE AND TAXES .....	28	6	8½
MISCELLANEOUS PAYMENTS AND EXPENSES, as per Steward's Accounts .....	44	8	4½
	£1854	10	3½

1861.	£	s.	d.	£	s.	d.
<i>Jan. 1st.</i> Balance in Treasurer's hands .....	295	10	4			
„ Balance in Steward's hands .....	20	15	8½			
<i>April</i> By Rate .....	800	0	0			
<i>October</i> By Rate .....	1000	0	0			
				2116	6	0½
1862.	£	s.	d.	£	s.	d.
<i>Jan. 1st.</i> Balance in Treasurer's hands .....	254	14	7			
„ Balance in Steward's hands .....	7	1	2			
Expenditure in 1861 as per Abstract .....	1854	10	3½			
				2116	6	0½

## LINCOLNSHIRE.

FEBRUARY, 1862.

ABSTRACT OF ANNUAL RETURNS  
OF  
PAUPER LUNATICS.

NAMES OF UNIONS AND BOROUGHES.	LUNATICS.		IDIOTS.		TOTAL.	In County Asylum.	In Work- house.	In other Asylums.	With Friends.
	M.	F.	M.	F.					
Boston .....	23	19	14	25	81	42	8	2	29
Bourn .....	8	9	5	4	26	12	9	2	3
Caistor .....	11	14	7	13	45	22	16	0	7
Gainsborough ....	6	9	9	2	26	14	5	1	6
Glanford Brigg ...	14	20	11	9	54	33	5	0	16
Grantham .. .....	24	19	8	13	64	35	7	5	17
Holbeach .....	13	14	8	9	44	29	12	0	3
Horncastle .....	8	6	6	12	32	14	16	0	2
Lincoln .....	18	20	10	15	63	43	15	0	5
Louth .....	13	23	5	5	46	31	7	0	8
Newark .....	4	8	4	15	31	12	13	0	6
Peterborough.....	4	1	2	1	8	5	0	0	3
Sleaford .....	8	15	4	18	45	23	14	0	8
Spalding .....	12	26	12	13	63	38	10	0	15
Spilsby .... .....	14	20	14	17	65	30	5	0	30
Stamford .....	4	9	1	2	16	11	1	0	4
Thorne .....	4	2	3	1	10	5	3	0	2
County .....	5	2	0	0	7	7	0	0	0
Total .....	193	236	123	174	726	406	146	10	164
Returns, Feb., '61	186	216	104	166	672	376	137	9	150
Increase, Feb., '62	7	20	19	8	54	30	9	3	14

M. P. MOORE, Clerk to the Visitors.

*Sleaford, February, 1862.*



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# ANNUAL REPORT

## OF THE

### MEDICAL SUPERINTENDENT.

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THE Superintendent has the honour to submit to the Committee of Visitors his Ninth Annual Report, with the usual Statistical Tables, shewing the numerical changes that took place amongst the patients during the year 1861.

Ninth Report.

There were in the Asylum on the 1st of January 377 patients—179 men and 198 women—and in the course of the year 63 men and 78 women were admitted, making the whole number under treatment 518, of whom 242 were men and 276 women.

Admissions.

Of these, 19 men and 35 women were discharged recovered, 3 men and 4 women were removed whilst under treatment by relatives who signed the undertaking required by the Statute, and 22 men and 18 women died; giving a total of 101 discharges and deaths; and leaving on the books of the Asylum at the close of the year 417 patients, consisting of 198 men and 219 women, of whom 1 man and 2 women were out on probation.

Discharges and  
Deaths.  
Tables I., II., &  
III.

The average daily resident number of patients was 405, being 188 on the men's side and 217 on the women's side. The largest number resident at any one time was 430, the least 377.

Resident Num-  
bers.



Per centages of  
Recoveries and  
Deaths.

The recoveries were 38.3 per cent. of the admissions, being 14.7 per cent. larger amongst the women than amongst the men ; and the deaths 9.8 per cent. of the mean resident number, falling 3.4 per cent. more heavily on the men than on the women.

Cause of Excess  
of Female Pa-  
tients.

This disparity in the results of insanity affecting the two sexes, so far as the cases brought to the Asylum serve for illustration, appears to have been the sole cause of the accumulating excess of female patients, as it will be seen in the first Table that the number of men admitted since the opening of the Asylum has been slightly greater than that of women.

Recoveries,  
Table XVII.

The table of Recoveries again shews the advantages accruing from early treatment, the recent cases discharged far outnumbering those in which the malady had existed more than a few weeks before being brought to the Asylum ; and the chronic, which unfortunately the majority of admissions consists, scarcely appearing at all in the table. Two remarkable cases, however, of recovery after protracted treatment occurred amongst the male patients, one of which, a violent, dangerous, chronic maniac at his admission, became gradually and completely restored after upwards of eight years residence in the Asylum, and is now conducting a business with perfect steadiness, and living with his family, who could not be induced to visit him while in the Asylum, and were quite uneasy at the prospect of his being sent home to them. The other case was that of a half-idiotic boy, of excessively depraved habits and



most obtuse sensibility, who after more than four years treatment was returned to his friends cheerful, active, fairly intelligent, proper in his person and demeanour, and quite capable of earning his living as a farm-servant. Such unlooked for restorations are encouraging to all engaged in the care of lunatics, and afford a healthful stimulus to the steady persistence in everything calculated to ameliorate the condition of even the most unpromising case.

No inquest was held, nor did any accident of moment occur during the year. The general health of the patients was very good, and the deaths, with three exceptions only, were referable to long standing bodily disease. The causes of death were, Senile Decay (aged from 73 to 89), 7; General Paralysis and Paralysis, 7; Epilepsy, 3; Apoplexy, 4; General Exhaustion from Chronic Brain-disease, 2; Phthisis, 10; Pleuritis, 1; Pneumonia, 2; Ulceration of the Intestines, 2; Jaundice, 1; and Disease of the Heart, 1.

Causes of Death  
Table XVI.

The appearance of the wards has been greatly improved, and a more cheerful, homely, and comfortable aspect given to them by papering the walls, and decorating them with a large number of engravings selected from the "Illustrated London News" and other sources; about 150 volumes of books have been purchased as the nucleus of a library for the patients, and the number of copies of weekly periodicals circulating among them doubled; two good bagatelle-boards and several new draught-boards have also been added for their indoor amusement. At the suggestion of the Commissioners one of the wards on

Internal  
Improvements.



the women's side has been more fully furnished, by placing cocoa-nut matting on the floor and vallansee over the windows of the gallery and day-room, a piece of carpet and a chair at the side of each bed and two padded settees for the use of the feeble. Altogether these additions and decorations have been very satisfactory. They have, indeed, done more to keep at bay the monotony which is ever prone to steal on asylum life, and to improve the general mental tone of the patients, than any one of the many progressive steps which have been taken in that direction since the Asylum was opened. Dr. Bucknill, than whom no higher authority on all matters connected with the care of the insane exists in the country, lays much stress on the somatic influence of the perpetual sameness almost inherent in asylum life, and even refers the developement of consumption, which is so common among the patients, partly to this cause. He says in a recent Report of the Devon Asylum, "But in addition to this cause  
 "consumption acting directly upon the body, there  
 "is one which may act upon it through the mind  
 "namely—the influence of a monotonous and cheerless  
 "less existence, which a long continued residence  
 "within the walls of an asylum is apt to become  
 "patients of a certain mental constitution ; not only  
 "therefore are efforts made to relieve the monotony  
 "of a forced detention for the sake of those patients  
 "whose malady admits the reception of curative influences,  
 "fluences, but also for the sake of the hopelessly ill."



“sane, ought proper efforts to be made to stimulate  
“the flagging interest, and to give colour to a dreary  
“life.”

The attention of the Committee is earnestly entreated to the undue strain which has been placed on the accommodation in the Asylum for the last two years, and which latterly has not only been fraught with inconvenience to the ordinary working of the Asylum on the women's side, but become absolutely unsafe, inasmuch as almost every available bed has been occupied, to the exclusion of any provision for the isolated treatment of contagious disease. He cannot report favourably, moreover, on the use of a gallery and day-room on each side of the Asylum as dormitories, which was adopted as a *temporary* expedient under the pressure which was felt about two years ago, and which would by no means be judicious as a permanent arrangement; the day space being too limited for the increased number of patients, and the ventilation of the galleries thus occupied not at all satisfactory. In any contemplated new building better accommodation should be provided for the patients sleeping in these galleries, in addition to what may be deemed necessary to meet the growing requirements of the county, and a large room to be used as a recreation and dining hall should be included. The progressive annual increase of the mean daily resident numbers is shewn in the following table, which serves likewise to indicate the extensions that will probably be needed.

Overcrowded  
state of the  
Women's Side,  
and necessity  
for further  
enlargement.



		Mean resident numbers.				
Year.		M.		F.		T.
1855	...	122	...	127	...	249
1856	...	131	...	143	...	274
1857	...	145	...	153	...	298
1858	...	153	...	173	...	326
1859	...	173	...	195	...	368
1860	...	182	...	197	...	379
1861	...	188	...	217	...	405

Should the recommendation of the Commissioners in Lunacy—to erect a new chapel, and convert the present one into a dining-hall—be adopted, the day-rooms in four of the wards in which meals are now taken could then be used as dormitories, and are capable of receiving thirty-two patients' beds. At present even the Christmas parties have to be held in an ordinary living room, and both the number of patients attending, and the means of affording them amusement, are thereby very much curtailed.

Officers and  
Attendants.

The Superintendent has again the pleasure of recording the careful and praiseworthy manner in which both Officers and Attendants have performed their duties. Many of them are now ripe in the service of the Asylum, and contribute largely by their tact and knowledge to the orderly and quiet condition of the Institution.

EDWARD PALMER, M.D.

TABLE I.

*Admissions, Discharges, and Deaths, from the Opening of the Asylum to December 31st, 1861.*

	M.	F.	Total.
Admitted from Aug. 9, 1852, to Dec. 31, 1861.	492	495	987
Re-admitted .....	67	60	127
Total under treatment .....	559	555	1114
Discharged—	M.	F.	Total.
Recovered .....	136	163	299
Not Recovered .....	42	33	75
Died .....	183	140	323
Total Discharged and Died .....	361	336	697
	198	219	417
Out on Probation .....	1	2	3
Remaining in the Asylum Dec. 31, 1861 .....	197	217	414

TABLE II.

*Admissions, Re-admissions, Discharges, and Deaths, during the year 1861.*

	M.	F.	Total.
Remaining in the Asylum, January 1, 1861.....	179	198	377
Admitted during the year .....	52	61	113
Re-admitted during the year .....	11	17	28
Total under treatment during the year.....	242	276	518
Discharged—	M.	F.	Total.
Recovered .....	19	35	54
Not Recovered .....	3	4	7
Died .....	22	18	40
Total Discharged and Died .....	44	57	101
	198	219	417
Out on Probation .....	1	2	3
Remaining in the Asylum, Dec. 31, 1861 .....	197	217	414
Average Daily Resident Numbers.....	188.3	217	405.3



TABLE III.

*Number of Patients admitted and discharged during the year, distinguishing between those brought from different Unions.*

UNIONS, &c.	Remaining in the Asylum, Dec. 31st, 1860.			Admitted during the year 1861.			Total under Treatment.			Discharged.						Died.			Total Discharged and Died.			Remaining in the Asylum, Dec. 31st, 1861.		
										Recovered.			Not Recovered.											
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Boston .....	23	16	39	4	7	11	27	23	50	1	2	3	0	0	0	3	0	3	4	2	6	22	20	42*
Bourn .....	4	7	11	2	1	3	6	8	14	0	1	1	0	0	0	0	1	1	0	2	2	6	6	12
Brigg .....	15	20	35	3	3	6	18	23	41	2	2	4	0	0	0	1	3	4	3	5	8	15	18	33
Caistor .....	10	13	23	2	6	8	12	19	31	1	5	6	0	0	0	1	2	3	2	7	9	10	12	22
Gainsborough ..	4	10	14	1	1	2	5	11	16	0	1	1	0	0	0	0	1	1	0	2	2	5	9	14
Grantham .....	17	15	32	10	2	12	27	17	44	1	3	4	1	0	1	3	1	4	5	4	9	22	13	35
Holbeach .....	12	15	27	6	6	12	18	21	39	2	5	7	1	1	2	1	1	2	4	7	11	15	14	29*
Horncastle .....	7	6	13	3	4	7	10	10	20	1	2	3	0	0	0	0	1	1	1	3	4	8	7	15*
Lincoln .....	25	18	43	4	14	18	29	32	61	2	2	4	1	3	4	4	4	8	7	9	16	21	23	44*
Louth .....	11	17	28	6	4	10	17	21	38	2	2	4	0	0	0	1	1	2	3	3	6	14	18	32*
Newark .....	4	7	11	0	2	2	4	9	13	0	1	1	0	0	0	0	0	0	0	1	1	4	8	12
Peterborough ..	5	1	6	1	0	1	6	1	7	0	0	0	0	0	0	1	0	1	0	0	1	4	1	5*
Sleaford .....	8	11	19	0	4	4	8	15	23	0	0	0	0	0	0	0	0	0	0	0	0	8	15	23
Spalding .....	10	18	28	7	14	21	17	32	49	4	6	10	0	0	0	1	0	1	5	6	11	13	26	39*
Spilsby .....	12	15	27	4	7	11	16	22	38	2	2	4	0	0	0	4	1	5	6	3	9	10	18	28*
Stamford .....	4	5	9	1	2	3	5	7	12	0	0	0	0	0	0	1	1	2	1	1	2	4	6	10
Thorne .....	4	2	6	2	1	3	6	3	9	1	1	2	0	0	0	1	1	2	2	2	4	4	1	5
County of Lincoln	4	2	6	0	0	0	4	2	6	0	0	0	0	0	0	0	0	0	0	0	0	4	2	6
Out-County .....	0	0	0	6	0	6	6	0	6	0	0	0	0	0	0	0	0	0	0	0	0	7	0	7*
Own Estate .....	0	0	0	1	0	1	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
Total .....	179	198	377	63	78	141	242	276	518	19	35	54	3	4	7	22	18	40	44	57	101	197	217	414

\* Corrected for transfers of legal settlements.



TABLE IV.

*Under whose authority the Patients were admitted.*

Under Orders of—	M.	F.	Total.
Two Visiting Justices (removed from other Asylums)	8	4	12
One Justice of the Peace.....	1	0	1
Two Justices of the Peace .....	2	2	4
Justice of the Peace and Relieving Officer .....	36	41	77
Officiating Clergyman and Relieving Officer or Overseer	15	31	46
Secretary of State .....	1	0	1
Total	63	78	141

TABLE V.

*Degree of Education of the Patients admitted.*

	M.	F.	Total.
Read and Write .....	24	26	50
Read .....	14	19	33
Fair Education .....	12	15	27
Neither Read nor Write .....	13	18	31
Total	63	78	141

TABLE VI.

*Religious Profession of the Patients admitted.*

	M.	F.	Total.
Church of England .....	32	53	85
Wesleyan Methodist.....	12	10	22
Primitive Methodist .....	2	4	6
Baptist .....	4	2	6
Roman Catholic .....	0	3	3
Independent ....	1	0	1
Quaker .....	1	0	1
Unknown .....	9	6	15
None .....	2	0	2
Total	63	78	141

TABLE VII.

*Civil Condition of the Patients Admitted.*

	M.	F.	Total.
Unmarried .....	34	31	65
Married .....	26	39	65
Widowed .....	1	8	9
Unknown .....	2	0	2
Total	63	78	141

TABLE VIII.

*Forms of Mental Disorder of the Patients on Admission.*

	M.	F.	Total.
Melancholia .....	8	9	17
Monomania .....	1	0	1
Mania—			
Recent and Acute .....	17	36	53
Chronic .....	12	22	34
Epileptic .....	3	2	5
Puerperal .....	0	1	1
Dementia—			
Imbecility (acquired) .....	15	6	21
Amentia—			
Imbecility (congenital) .....	7	2	9
Total	63	78	141

TABLE IX.

*Shewing some of the more serious Complications of the Mental Disorder in the Patients on Admission.*

	M.	F.	Total.
Suicidal Tendency manifested in .....	9	14	23
Epilepsy .....	7	2	9
Paralysis .....	3	2	5
General Paralysis .....	10	0	10



TABLE X.

*Ages at the First Attack and upon Admission.*

	Age at First Attack.			Age on Admission and Re-admission.		
	M.	F.	Total.	M.	F.	Total.
Congenital.....	3	1	4			
From 10 to 20 years.....	4	9	13	3	5	8
„ 20 „ 30 „ .....	17	17	34	16	17	33
„ 30 „ 40 „ .....	5	17	22	10	16	26
„ 40 „ 50 „ .. .. .	10	14	24	15	18	33
„ 50 „ 60 „ .....	6	8	14	9	12	21
„ 60 „ 70 „ .....	3	1	4	5	4	9
„ 70 „ 80 „ .....	2	6	8	4	4	8
„ 80 „ 90 „ .....	1	0	1	1	2	3
Unknown .....	12	5	17	0	0	0
Total.....	63	78	141	63	78	141

TABLE XI.

*Duration of Mental Disorder on Admission.*

	M.	F.	Total.
FIRST CLASS.—Cases of the first attack, of not more than three months' duration .....	25	27	52
SECOND CLASS.—Cases of the first attack, of more than three, but not more than twelve months' duration.....	5	10	15
THIRD CLASS —Cases not of the first attack, and of not more than twelve months' duration .....	6	25	31
FOURTH CLASS.—Cases, whether of the first attack or not, of more than twelve months' duration .....	27	16	43
	63	78	141



TABLE XII.

*Occupation and Station of the Patient.*

MALES.		FEMALES.	
	No.		No.
Blacksmith .....	1	Charwomen .....	4
Butcher .....	1	Dressmakers .....	2
Carpenters ..	2	Factory-work .....	2
Clerks .....	2	Housekeepers .....	3
Compositors.....	2	Nurse .....	1
Cottagers .....	2	Schoolmistresses .....	2
Druggist .. .	1	Seamstresses .....	2
Earthenware dealer .....	1	Servants .....	22
Farmers .....	3	Shopkeeper .....	1
Fishermen .....	2	None .....	3
Grocer .....	1	<i>Wives, Widows, and Daughters of</i>	
Grooms .....	6	Bricklayer .....	1
Horsebreaker .....	1	Cottager .....	1
Laborers .....	25	Druggist .....	1
Painters .....	2	Grocers .....	2
Porter .....	1	Haycutter .....	1
Schoolmaster .....	1	Laborers .....	20
Seaman .....	1	Mason .....	1
Shoemaker .....	1	Ratcatcher .....	1
Silk-throwster .....	1	Roper .....	1
Soldier .....	1	Shoemakers .....	2
Threader .....	1	Tailors .....	3
Unknown.....	1	Tinman .....	1
None .....	3	Unknown .....	1
<hr/>		<hr/>	
63		78	
<hr/>		<hr/>	

TABLE XIII.

*Number of Male Patients usually employed.*


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On the Farm .....	50
In the Kitchen .....	2
„ Dispensary .....	1
„ Shoemaker's Shop .....	4
„ Tailor's Shop .....	4
„ Painter's Shop... ..	1
„ Engineer's Department .....	1
„ Steward's „ .....	6
Helping in the Wards .....	36
	<hr/>
Total.....	105
	<hr/>

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TABLE XIV.

*Number of Female Patients usually employed.*


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Laundry .....	28
Kitchen .....	8
Residences .....	3
Needlework, and helping in the Wards.....	103
	<hr/>
Total.....	142
	<hr/>



TABLE XV.

*Needlework done by the Female Patients.*


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Aprons .....	320
Bath-towels .....	120
Bed-cases .....	10
Drawers .....	118
Dusters .....	26
Flannel vests .....	240
„ petticoats.....	134
Gowns .....	245
Handkerchiefs .....	1464
Night-caps .....	228
Night-gowns.....	199
Pillow-cases .....	12
Pinafores .....	27
Quilted counterpanes .....	3
Sheets .....	263
Shifts... ..	305
Shirts.....	455
Shrouds.....	68
Stockings made.....	76 pairs.
„ re-footed .....	172 pairs.
Tablecloths .....	10
Teacloths .....	73
Towels .....	44
Window-blinds.....	27
Women's day-caps .....	352
<hr/>	
Total new work .....	4991 pieces.
<hr/>	
Sundry repairs.....	25,859 pieces.
<hr/>	



# OBITUARY.

No in Register.	Age at Death and Civil State.	Sex	Form of Mental Disorder and Bodily Condition when admitted.	Length of time Insane before Admission.	Duration of Residence in the Asylum.	Apparent Cause of Death.
909	79 years—married.	F.	Mania. Thin and very infirm.	3 weeks	224 days	Senile decay.
893	18 years—single.	M.	Epileptic mania. Weakly.	3 days	283 days	Epilepsy.
550	67 years—married.	M.	Suicidal melancholia. Weakly.	6 weeks	110 days	Chronic brain disease. Exhaustion.
538	53 years—widowed.	M.	Mania. Fair general health.	1 week	3 years, 214 days	Apoplexy.
407	60 years—married.	M.	Melancholia. Thin and exhausted.	4 days	5 years, 283 days	Pleuritis.
908	43 years—married.	M.	Mania. Feeble from general paralysis.	4 months	257 days	General Paralysis.
32	22 years—single.	F.	Mania. In good general health.	Unknown	8 years, 191 days	Pulmonary consumption.
994	73 years—single.	M.	Senile dementia. Very infirm.	3 weeks	15 days	Senile decay.
636	41 years—single.	M.	Idiocy. Thin and weakly.	From birth	2 years, 350 days	Pulmonary consumption.
148	45 years—married.	F.	Mania. Good general health.	Unknown	8 years, 179 days	Ulceration and perforation of the intestines.
892	44 years—married.	F.	Mania. Feeble from paralysis.	6 months	1 year, 23 days	Serous Apoplexy.
806	60 years—married.	M.	Epileptic mania. Good general health.	Unknown	1 year, 270 days	Gangrene of the Lungs.
207	45 years—single.	M.	Dementia. Weakly.	Unknown	8 years, 159 days	Asthenic pneumonia.
860	56 years—married.	M.	Dementia. Fair general health.	4 years	204 days	Paralysis.
461	40 years—married.	F.	Dementia. Feeble from paralysis.	Unknown	5 years, 57 days	Pulmonary consumption.
986	77 years—married.	M.	Senile dementia. Very infirm.	3 months	118 days	Apoplexy.
188	75 years—married.	M.	Mania. Good general health.	Unknown	8 years, 215 days	Disease of the heart.
997	65 years—married.	F.	Mania. Infirm and paralysed.	1 month	98 days	Paralysis.
912	56 years—married.	M.	Epileptic dementia. Thin and feeble.	10 days	1 year, 17 days	Epilepsy.
1011	21 years—single.	M.	Dementia. Slight, consumptive.	Unknown	76 days	Pulmonary consumption.
59	55 years—married.	M.	Mania. Good general health.	1 week	320 days	Disease of the liver. Jaundice.
1038	49 years—married.	F.	Mania. Thin, greatly exhausted.	2 weeks	55 days	Ulceration of the intestines.
1044	44 years—married.	M.	Mania. Thin and exhausted.	6 weeks	316 days	Serous Apoplexy.
1025	67 years—widowed.	F.	Senile dementia. Very infirm.	2 weeks	77 days	Paralysis.
820	36 years—single.	F.	Mania. Good general health.	9 months	45 days	Pulmonary consumption.
1051	41 years—married.	M.	Dementia. Paralysed.	2 weeks	129 days	Paralysis.
96	53 years—married.	F.	Mania. Pallid and weakly.	3 years	9 years, 36 days	Pulmonary consumption.
1069	55 years—single.	M.	Dementia. Helpless from general paralysis.	6 months	75 days	General Paralysis.
642	60 years—widowed.	F.	Mania. Good general health.	Unknown	3 years, 207 days	Pulmonary consumption.
246	89 years—widowed.	F.	Senile dementia. Very infirm.	6 months	8 years, 231 days	Senile decay.
985	35 years—married.	M.	Dementia. Helpless from general paralysis.	1 year	280 days	General paralysis.
1091	88 years—widowed.	M.	Mania. Very infirm.	5 days	35 days	Senile decay. Diseased heart.
524	21 years—single.	F.	Idiocy. Thin and feeble.	Unknown	4 years, 224 days	Pulmonary consumption.
1090	40 years—married.	F.	Mania. Thin and weakly.	1 year	1 year, 43 days	Pulmonary consumption.
931	35 years—single.	F.	Epileptic mania. Weakly.	3 months	1 year, 109 days	Epilepsy.
1086	49 years—married.	F.	Mania. Extremely emaciated.	3 months	62 days	Chronic disease of the brain. Marasmus.
1416	80 years—widowed.	F.	Senile dementia. Very infirm.	2 years	72 days	Senile decay.
563	29 years—single.	M.	Imbecility. Good general health.	3 weeks	4 years, 106 days	Pulmonary consumption.
812	42 years—single.	M.	Mania. Good general health.	3 weeks	2 years, 122 days	Paralysis.
153	60 years—widowed.	.	Mania. Weakly.	Unknown	9 years, 85 days	Disease of the heart.



TABLE XVII.

## RECOVERIES.

No. in Register.	Age and Civil State when admitted.	Sex.	Length of Time Insane when Admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity.	Form of Disorder.
926	27 years—married.	M.	12 days	194 days	Intemperance and imprisonment.	Mania.
930	64 years—widowed.	F.	1 month	188 days	Death of husband and poverty.	Suicidal melancholia.
882	42 years—married.	F.	1 week	325 days	Previous attack. Death of a relative.	Mania.
899	54 years—married.	F.	4 days	272 days	Abuse and sudden discontinuance of opium.	Mania.
783	44 years—married.	F.	2 days	252 days	Previous attack. Prolonged lactation.	Mania.
925	26 years—married.	M.	2 weeks	240 days	Intemperance and imprisonment.	Mania.
938	53 years—married.	M.	4 days	201 days	Previous attack. Anxiety in business.	Mania.
917	55 years—widowed.	F.	2 weeks	268 days	Depravity of daughter.	Suicidal melancholia.
957	45 years—widowed.	M.	1 week	159 days	Rheumatic fever and poverty.	Mania.
928	20 years—single.	F.	2 months	241 days	Hysteria. Death of a schoolfellow.	Suicidal melancholia.
963	72 years—widowed.	M.	1 month	132 days	Advanced age. Perverted religion.	Melancholia.
158	56 years—widowed.	M.	2 years	229 days	Domestic strife.	Mania.
932	55 years—married.	M.	2 weeks	320 days	Hereditary predisposition and intemperance.	Mania.
900	49 years—married.	F.	11 weeks	75 days	None assigned.	Mania.
990	34 years—married.	M.	4 weeks	60 days	Hereditary predisposition. Epilepsy.	Epileptic mania.
998	56 years—married.	M.	2 weeks	116 days	Hereditary predisposition. Unsteadiness of wife.	Mania.
992	42 years—married.	F.	7 weeks	219 days	Unfaithfulness of husband.	Mania.
961	24 years—single.	F.	1 week	306 days	Hereditary predisposition.	Suicidal mania.
811	64 years—married.	M.	4 months	279 days	None assigned.	Mania.
941	32 years—single.	F.	1 month	178 days	Hereditary predisposition. Death of father.	Epileptic mania.
859	50 years—married.	F.	2 months	174 days	Intemperance.	Mania.
982	38 years—single.	F.	1 week	344 days	Hereditary predisposition. Previous attacks.	Mania.
924	37 years—single.	F.	10 days	301 days	Hereditary predisposition. Previous attacks.	Mania.
705	24 years—single.	F.	6 weeks	55 days	Hereditary predisposition. Previous attacks.	Suicidal melancholia.
1014	46 years—married.	M.	6 weeks	115 days	Sickness in family and poverty.	Mania.
996	61 years—married.	M.	2 months	171 days	Previous attack.	Mania.
980	47 years—married.	M.	4 days	80 days	Hereditary predisposition. Perverted religion.	Mania.
1015	32 years—married.	F.	7 weeks	47 days	Hereditary predisposition. Childbirth.	Puerperal mania.
1030	21 years—married.	F.	12 days	178 days	Hereditary predisposition.	Mania.
1007	20 years—single.	M.	6 weeks			



TABLE XVII.—(Continued.)  
RECOVERIES.

No. in Register.	Age and Civil State when admitted.	Sex.	Length of Time Insane when Admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity.	Form of Disorder.
1056	37 years—married.	F.	4 days	80 days	Hereditary predisposition.	Mania.
991	58 years—married.	F.	6 weeks	215 days	Perverted religion.	Melancholia.
1027	25 years—single.	F.	8 months	127 days	None assigned.	Mania.
1018	31 years—married.	F.	12 days	150 days	Childbirth and poverty.	Mania.
1042	48 years—married.	F.	3 weeks	113 days	Blow on the head.	Mania.
1085	44 years—married.	F.	6 weeks	37 days	None assigned.	Mania.
1067	52 years—single.	F.	3 weeks	88 days	Hereditary predisposition.	Melancholia.
1057	23 years—single.	M.	10 days	108 days	Anxiety in business.	Mania.
861	27 years—single.	F.	10 days	107 days	Hereditary predisposition.	Mania.
1060	36 years—widowed.	F.	1 week	310 days	Previous attack.	Mania.
1070	17 years—single.	F.	10 days	107 days	None assigned.	Mania.
974	65 years—married.	F.	2 weeks	300 days	Desertion by husband.	Mania.
1087	62 years—married.	M.	1 week	86 days	Hereditary predisposition.	Mania.
574	17 years—single.	M.	Unknown	132 days	Congenital weakness of mind.	Mania.
1071	28 years—single.	F.	1 month	29 days	Illness of mother.	Mania.
964	46 years—married.	M.	2 years	141 days	Hereditary predisposition.	Epileptic mania.
1066	30 years—single.	F.	1 week	223 days	Epilepsy.	Mania.
1026	16 years—single.	F.	1 month	102 days	Hereditary predisposition.	Remittent mania.
1083	54 years—single.	M.	3 weeks	207 days	Childbirth and prolonged lactation.	Melancholia.
967	25 years—married.	F.	14 weeks	207 days	Previous attack.	Mania.
1040	49 years—married.	F.	4 days	322 days	None assigned.	Mania.
989	25 years—single.	F.	1 month	349 days	None assigned.	Mania.
976	18 years—single.	F.	10 weeks	218 days	None assigned.	Mania.
1031	24 years—single.	F.	2 months			



## ACCOUNT OF RECEIPTS AND PAYMENTS.

*From the 31st December, 1860, to the 31st December, 1861.**RECEIPTS.*

	£	s.	d.	£	s.	d.
From sale of corn .....	116	17	9			
"    "    pigs .....	113	10	0			
"    "    horses .....	18	4	0			
"    "    vegetables .....	10	6	10			
	<hr/>			258	18	7
From sale of bones .....	8	16	4			
"    "    dripping .....	15	11	8			
"    "    lard .....	0	12	0			
"    "    yeast, &c. ....	17	6	11			
	<hr/>			42	6	11

From maintenance-account.

## 1. Contributing Unions and Parishes—

Boston .....	996	2	4 $\frac{1}{4}$			
Bourn .....	237	16	11 $\frac{1}{4}$			
Brigg .....	801	10	9			
Caistor .....	480	14	0 $\frac{1}{4}$			
Gainsborough .....	318	4	5 $\frac{1}{2}$			
Grantham .....	779	9	5 $\frac{1}{4}$			
Holbeach .....	649	3	9 $\frac{1}{4}$			
Horncastle .....	314	11	8			
Lincoln .....	993	14	9 $\frac{1}{4}$			
Louth .....	663	2	7 $\frac{3}{4}$			
Newark .....	255	3	2 $\frac{1}{4}$			
Peterborough .....	112	9	0 $\frac{1}{2}$			
Sleaford .....	480	10	5 $\frac{1}{4}$			
Spalding .....	833	5	9			
Spilsby .....	708	4	4 $\frac{1}{4}$			
Stamford .....	230	0	6 $\frac{1}{4}$			
Thorne .....	167	4	11 $\frac{3}{4}$			
	<hr/>			9021	9	1

## 2. Non-contributing Unions—

Northampton .....	18	3	7			
Notts. Asylum .....	47	4	6			
	<hr/>			65	8	1

## 3. County—for vagrant paupers .....

153 1 8

## 4. Estate of criminal lunatic .....

0 16 8

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£9542 1 0

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## EXPENDITURE.

## 1.—SALARIES AND WAGES.

	£	s.	d.	£	s.	d.
Officers' Salaries .....	1045	0	0			
Attendants' and Servants' Wages .....	904	3	7			
				1949	3	7

## 2.—PROVISIONS.

Stock in hand from last year .....	47	13	1			
Arrowroot, 142 lbs. ....	5	6	6			
Bacon, 7 cwt. 2 qrs. 20 lbs. 9 oz. ....	23	13	11½			
Barley, 3 cwt. 3 qrs. 14 lbs. ....	3	13	7½			
Butter, salt, 41 cwt. 1 qr. 11 lbs. ....	224	3	0			
Butter, fresh, 1352 lbs. ....	73	17	1			
Bread, 38,629¾ loaves .....	943	6	11			
Cheese, 44 cwt. 2 qrs. 26¼ lbs. ....	137	3	11½			
Coffee, 12 cwt. ....	75	12	0			
Chicory, 295 lbs. ....	4	18	4			
Cocoa, 25 cwt. 1 qr. 24 lbs. ....	59	2	8½			
Dried fruits and Spices. ....	6	1	9½			
Eggs, 338 doz. ....	14	0	10			
Flour, 1594½ st. ....	162	4	3			
Meat, 4859 st. 11 lbs. ...	1807	14	6			
Malt, 104½ qrs. ....	356	0	0			
Hops, 11 cwt. 0 qrs. 24 lbs. ....	94	4	0			
Brewer .....	47	10	0			
Beer, 18 galls. ....	1	13	0			
Oatmeal, 134 st. 10 lb. ....	16	16	9½			
Peas, 63 st. ....	7	1	9			
Potatoes, 12 tons 13 cwt. 1 qr. 6 lbs. ....	78	5	6			
Milk, 5,200 galls. ....	260	0	0			
Rice, 23 cwt. 2 qrs. 22 lbs. ....	19	7	7			
Sugar, soft, 48 cwt. 2 qrs. 5 lbs. ....	95	10	7½			
Sugar, loaf, 143 lbs. ....	3	11	6			
Salt, mustard, pepper, and vinegar .....	15	18	11			
Treacle, 55 cwt. 0 qr. 14 lbs. ....	49	12	3			
Tea, 1,295 lbs. ....	183	2	5			
Miscellaneous .....	7	18	2			
Engineer's allowance in lieu of board .....	39	0	0			
	4864	5	0½			
Deduct stock in hand .....	51	4	4¼			
				4813	0	8¼
Carried forward...				6762	4	3¼



	£	s.	d.	£	s.	d.
<i>Brought forward...</i>				6762	4	3 $\frac{1}{4}$

## 3.—NECESSARIES.

Stock in hand from last year .....	345	19	5			
Candles, 387 lbs. ....	10	8	0			
Coals, hard, 891 tons. 15 cwt. 2qrs. ....	528	13	10			
„ gas, 247 tons. 12 cwt. ....	111	12	8			
Oil, 8 galls. ....	1	12	0			
Soap, 60 cwt. 2 qrs. 19 lbs. ....	73	3	10			
Soda, 37 cwt. 0 qrs. 20 lbs. ....	11	7	7 $\frac{1}{2}$			
Starch and blue, 194 lbs. ....	5	3	4			
Wood, 3 loads .....	8	4	0			
Scouring-flannel, 39 pieces .....	40	9	0			
Labour in the manufacture of gas .....	42	9	4			
Lime for gas .....	3	6	0			
Sundries—whiting, black-lead, hearth-stones, blackening, &c. ....	18	18	0			
	1201	7	0 $\frac{1}{2}$			
Deduct stock in hand .....	364	8	11			
				836	18	1 $\frac{1}{2}$

## 4.—DISPENSARY.

Tobacco, 325 lbs .....	48	16	4			
Snuff, 48 lbs. ....	10	16	0			
Drugs .....	102	17	11			
				162	10	3

## 5.—WINE, SPIRITS, AND PORTER.

Stock in hand from last year .....	5	19	9			
Brandy, 2 galls. ....	2	14	0			
Porter, 1,026 gall. ....	76	19	0			
Wine, 1 gall. ....	0	16	0			
	86	8	9			
Deduct stock in hand .....	1	15	7 $\frac{1}{2}$			
				84	13	1 $\frac{1}{2}$
<i>Carried forward...</i>	7846	5	9 $\frac{1}{4}$			

	£	s.	d.	£	s.	d.
<i>Brought forward...</i>				7846	5	9 $\frac{1}{4}$

## 6.—FURNITURE.

Baskets, 6 .....	3	3	0			
Bird-cages, 20 .....	5	1	8			
Bottle-jack, 1 .....	1	15	0			
Butcher's cleaver, 1 .....	0	12	0			
Candlesticks, 2 .....	0	1	6			
Coal-pans, 26 .....	6	8	6			
Coal-shovels; 19 .....	2	5	6			
Coffee-pots, 8 .....	3	12	0			
Cord for window blinds .....	0	9	7 $\frac{1}{2}$			
Cotton-check, 73 yards .....	1	10	5			
Counterpanes, 4 .....	2	5	0			
Cruet-frames, 6 .....	1	13	0			
Culinary and other utensils .....	73	13	10			
Dinner-mats, 1 set .....	0	12	0			
Door-mats, 4 .....	0	11	0			
Dusters, 2 dozen ... ..	0	13	0			
Dust-pans, 12 .....	0	12	0			
Holland, 40 $\frac{3}{4}$ yards .....	2	10	1			
Kneading-tub, 1 .....	2	7	6			
Knives and forks, 11 dozen, 4 .....	7	7	6			
Mops, brooms, and brushes .....	31	0	0			
Salt-spoons, 6 dozen .....	1	4	0			
Scissors, 6 pairs .....	0	9	0			
Sheeting, 1167 $\frac{1}{2}$ yards .....	96	16	0 $\frac{1}{2}$			
Soup-tureens, 6 .....	12	0	0			
Table-cloths, 6 .....	3	15	0			
Table-cover, 1 .....	0	10	6			
Table-spoons, 12 dozen .....	1	0	0			
Tea-pots, 10 .....	4	2	9			
Tea-spoons, 6 dozen .....	1	7	0			
Tea-urn, 1 .....	3	3	0			
Toilet-covers, 6 .....	0	12	0			
Towelling, 616 $\frac{1}{2}$ yards .....	16	8	8 $\frac{1}{2}$			
Waterproof-sheeting, 78 yards .....	8	15	6			
Wooden-pails, 24 .....	3	18	0			
Repairs .....	2	4	6			
				304	10	1 $\frac{1}{2}$
<i>Carried forward...</i>				8150	15	10 $\frac{3}{4}$



	£	s.	d.	£	s.	d.
<i>Brought forward...</i>				8150	15	10 $\frac{3}{4}$

## 7.—CLOTHING.

Stock in hand from last year .....	422	6	1 $\frac{1}{4}$			
Braces, 12 doz. ....	3	0	0			
Calico, 2,832 $\frac{1}{2}$ yds.....	66	19	1			
Chocolate tick, 105 yds. ....	5	13	9			
Cloth, 296 $\frac{3}{4}$ yds.....	69	9	0			
Clogs, 43 pairs .....	2	19	3			
Cobourg, 101 yds. ....	6	18	10 $\frac{1}{2}$			
Derry, 428 yds. ....	12	0	9			
Dressmaker.....	3	18	0			
Flannel, 576 yds. ....	30	12	0			
Forfar, 359 yds. ....	9	14	5 $\frac{1}{2}$			
Gloves, 1 pair.....	0	1	0			
Handkerchiefs, 122 doz.....	19	8	8			
Hat and ribbon .....	0	3	11 $\frac{1}{2}$			
Irish, 32 yds. ....	2	2	8			
Jean, 242 yds. ....	4	17	8			
Leather, &c. ....	140	9	5			
Linen check, 306 yds. ....	12	15	0			
Men's caps, 140 .....	6	14	2			
Men's stockings, 36 doz. pairs .....	41	8	0			
Muslin, linen, collars, &c.....	4	10	10			
Print, 1633 yds. ....	36	19	8 $\frac{1}{4}$			
Shawls, 72 .....	22	19	0			
Shoemakers.....	103	12	3			
Shrouding, 361 $\frac{1}{2}$ yds.....	3	7	9			
Stays, 96 pairs .....	13	4	0			
Strong-dress, 1 .....	1	1	0			
Tailor .....	33	8	0			
Thread, tape, needles, &c.....	38	16	7			
Ticking, 101 $\frac{1}{2}$ yds.....	4	17	3 $\frac{1}{4}$			
Trowsers, 1 pair.....	0	5	9			
Turnovers, 72.....	6	15	0			
Women's stockings, 38 doz. pairs ..	34	4	0			
Worsted, 99lbs. ....	9	13	10 $\frac{1}{2}$			
	1175	6	9 $\frac{3}{4}$			
Deduct stock in hand.....	421	13	8 $\frac{1}{4}$			
				753	13	1 $\frac{1}{2}$
<i>Carried forward...</i>				8904	9	0 $\frac{1}{4}$

	£.	s.	d.	£.	s.	d.
<i>Brought forward...</i>				8904	9	0 $\frac{1}{4}$

## 8.—MISCELLANEOUS.

Advertisements, printing, stationery, and postage .....	75	1	11			
Allowance to out-patients .....	6	4	0			
Carriage of goods .....	21	5	11 $\frac{1}{2}$			
Chimney-sweeping .....	4	8	0			
Cleaning and repairing clocks .....	3	7	6			
Coffin-boards .....	13	0	0			
Patients' amusements.....	2	5	6			
Rates and taxes .....	14	10	6 $\frac{1}{2}$			
Re-capture of Patients .....	2	3	6			
Shaving and hair-cutting .....	10	0	0			
Other Expences .....	11	3	1			
				163	10	0

## 9.—FARM.

Stock in hand from last year.....	164	15	0			
Pigs.....	1	8	3			
Horses, 2.....	85	0	0			
Implements of husbandry .....	19	1	6			
Labor .....	77	0	0			
Provender .....	140	10	8			
Manure .....	46	5	10			
Seed.....	21	18	11			
Veterinary Surgeon .....	2	5	6			
Other Expences .....	4	18	4			
	563	4	0			
Deduct stock in hand.....	111	10	0			
				451	14	0
				£9519	13	0 $\frac{1}{4}$



*For the Year ending 31st December, 1861.*

GEORGE KIRKUP,

CLERK AND STEWARD.

# FARM ACCOUNT.

Dr.

To Stock in hand, 31st Dec., 1860 .....	£	s.	d.
" Cash paid for stock .....	164	15	0
" " 2 Horses.....	1	8	3
" " Implements .....	85	0	0
" " Labor .....	19	1	6
" " Provender .....	77	0	0
" " Manure .....	140	10	8
" " Seed .....	46	5	10
" " Veterinary surgeon ...	21	18	11
" " Sundry expences .....	2	5	6
Estimated value of farm-man's rations ...	4	18	4
Hog-wash and grains supplied .....	23	8	0
Balance, to profit.....	17	5	0
	603	17	0
	58	8	4½
	£662	5	4½

By Provisions supplied to the Asylum:—	£	s.	d.	Cr.	£	s.	d.
Potatoes .....	147	19	7½				
Other vegetables.....	43	8	3				
Pork .....	38	15	3				
Poultry .....	0	18	0				
Eggs .....	2	2	11				
					233	4	0½
By sale of Corn .....	116	17	9				
" Two horses .....	18	4	0				
" Pigs .....	113	10	0				
" Vegetables .....	10	6	10				
					258	18	7
By leading 507 tons 3 cwt. 1 qr. of coals to the Asylum, at 2/4 and 2/3 per ton...					58	12	9
By estimated value of stock in hand, 31st Dec., 1861 .....					111	10	0
					£662	5	4½

GEORGE KIRKUP,

CLERK AND STEWARD.



*Contract Prices of the principal Articles of Consumption, &c., during  
the year ending 31st December, 1861.*

Articles.	First Quarter.		Second Quarter.		Third Quarter.		Fourth Quarter.	
	s.	d.	s.	d.	s.	d.	s.	d.
Bread, at per 4lb. loaf.....	0	6	0	5 $\frac{3}{4}$	0	5 $\frac{3}{4}$	0	5 $\frac{3}{4}$
Flour, at per stone .....	2	2 $\frac{1}{2}$	2	2	2	0	2	0
Beef, „ „ .....	7	2	7	6	7	6	7	4
Mutton, „ „ .....	7	2	7	6	7	6	7	4
Prime joints, at per lb. ...	0	7	0	6	0	7	0	7
Milk, at per gallon .....	1	0	1	0	1	0	1	0
Malt, at per quarter .....	68	0	68	0	68	0	68	0
Hops, at per lb. .....	1	6	1	6	1	6	1	6
Butter, salt, at per cwt. ...	112	0	112	0	105	0	105	0
Cocoa .....	47	0	47	0	46	0	46	0
Tea, ordinary, at per lb....	2	9	2	9	2	6	2	6
Treacle, at per cwt. ....	18	0	18	0	18	0	18	0
Sugar, ordinary, „ ....	40	0	40	0	38	0	38	0
Coals, at per ton:—								
Hard .....					{12 9 12 0			
Gas .....	11	4	*9	0			*8	10

\* Exclusive of the cost of leading to the Asylum.

GEORGE KIRKUP,

CLERK AND STEWARD.

# ORDINARY DIET.

WEEK DAYS.	BREAKFAST.				DINNER.										SUPPER.												
	Males.		Females.		Males.						Females.				Males.		Females.										
	Bread.	Cocoa.	Porridge.	Bread.	Cocoa.	Bread.	Suet Pudding.	Cooked Meat.	Pie.	Soup.	Stew.	Vegetables.	Bread.	Beer.	Suet Pudding.	Cooked Meat.	Pie.	Soup.	Stew.	Vegetables.	Bread.	Butter.	Tea, or Coffee.	Bread.	Butter.	Tea, or Coffee.	
	oz.	pts.	pts.	oz.	pts.	oz.	pts.	oz.	oz.	pts.	oz.	oz.	oz.	pts.	oz.	pts.	oz.	oz.	pts.	oz.	oz.	oz.	pts.	oz.	pts.	oz.	pts.
SUNDAY .....	6	1	—	5	1	—	$\frac{1}{2}$	4	6	—	—	12	—	$\frac{1}{2}$	4	5	—	—	—	—	8	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1
MONDAY .....	6	1	—	5	1	6	$\frac{1}{2}$	—	—	1	—	—	5	$\frac{1}{2}$	—	—	—	1	—	—	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1	
TUESDAY .....	6	—	1	5	1	—	$\frac{1}{2}$	—	14	10	—	8	—	$\frac{1}{2}$	—	14	10	—	—	8	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1	
WEDNESDAY .....	6	1	—	5	1	—	$\frac{1}{2}$	4	6	—	—	12	—	$\frac{1}{2}$	4	5	—	—	—	8	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1	
THURSDAY .....	6	—	1	5	1	6	$\frac{1}{2}$	—	—	—	12	—	5	$\frac{1}{2}$	—	—	—	—	12	—	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1	
FRIDAY .....	6	1	—	5	1	—	$\frac{1}{2}$	4	6	—	—	12	—	$\frac{1}{2}$	4	5	—	—	—	8	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1	
SATURDAY .....	6	—	1	5	1	—	$\frac{1}{2}$	—	14	10	—	8	—	$\frac{1}{2}$	—	14	10	—	—	8	—	6	$\frac{1}{2}$	5	$\frac{1}{2}$	1	
TOTAL .....	42	4	3	35	7	12	3½	12	21	20	1	52	—	10	12	18	20	1	12	40	—	42	3½	7	35	3½	7

Fruit Puddings in season.

Cocoa for 250 Patients.—7 $\frac{1}{2}$ lb. cocoa, 15lb. treacle, 9 galls. milk.

Porridge do. 18lb. oatmeal, 20 galls. milk, 12 galls. water.

Soup do. The liquor of the cooked meat, uncooked bones, 28lb. beef, 14lb. rice, 14lb. peas, 7lb. pearl barley, herbs, salt, pepper, &c.

Stew do. 28lb. beef, 168lb. vegetables in the liquor of the meat cooked previously.

Out-door workers, 4 oz. bread, 2 oz. cheese, and half a pint beer, at 11 a.m.

Kitchen, laundry, and washerwomen, 2oz. bread, 1oz. cheese,  $\frac{1}{2}$  pint beer, at 11 a.m.; and 4 oz. bread,  $\frac{1}{2}$ oz. butter, and 1 pint tea,

at 4 p.m.

Ward-cleaners, 4 oz. bread, 2oz. cheese, at 8 p.m. on Tuesdays and Fridays.

Tobacco and snuff are given as rewards to the industrious.

## EXTRA DIET.

### ATTENDANTS' DIETARY.

Males.—10 $\frac{1}{2}$ lb. bread, 5 $\frac{1}{2}$ lb. cooked meat, 14 pints beer,  $\frac{1}{2}$ lb. fresh butter,  $\frac{1}{2}$ lb. coffee, 1lb. sugar, 2oz. tea, 1lb. cheese, 3 $\frac{1}{2}$  pints milk, vegetables—weekly.

Females.—10 $\frac{1}{2}$ lb. bread, 3 $\frac{1}{2}$ lb. cooked meat, 10 $\frac{1}{2}$  pints beer,  $\frac{1}{2}$ lb. fresh butter,  $\frac{1}{2}$ lb. coffee, 1lb. sugar, 2oz. tea, 1lb. cheese, 3 $\frac{1}{2}$  pints milk, vegetables—weekly.



1. The first thing I noticed when I stepped out of the plane was the cold air. It was a sharp contrast to the warm air inside the plane. I had heard that the weather in the mountains was cold, but I didn't realize how cold it would be. I was wearing a light jacket, and I was quickly realizing that I was not prepared for the weather. I had to buy a heavy coat at the first store I saw.

2. The second thing I noticed was the silence. It was a complete silence, and it was a little unsettling. I had heard that the mountains were quiet, but I didn't realize how quiet it would be. There were no cars, no planes, no trains. It was just a complete silence. I was used to the noise of the city, and it was a little difficult to adjust to the silence.

3. The third thing I noticed was the beauty of the landscape. It was a beautiful landscape, and it was a little overwhelming. I had heard that the mountains were beautiful, but I didn't realize how beautiful it would be. The mountains were covered in snow, and the trees were covered in ice. It was a beautiful sight, and it was a little overwhelming. I had never seen anything like this before.

4. The fourth thing I noticed was the hospitality of the people. They were very friendly and welcoming. I had heard that the people in the mountains were friendly, but I didn't realize how friendly they would be. They invited me to their homes, and they showed me around the town. I was very grateful for their hospitality.

5. The fifth thing I noticed was the cleanliness of the town. It was a very clean town, and it was a little surprising. I had heard that the towns in the mountains were dirty, but I didn't realize how clean it would be. The streets were clean, and the buildings were well-maintained. I was very impressed by the cleanliness of the town.

6. The sixth thing I noticed was the peacefulness of the town. It was a very peaceful town, and it was a little relaxing. I had heard that the towns in the mountains were noisy, but I didn't realize how peaceful it would be. There were no loud noises, and the people were very calm. I was very relaxed in the town.

7. The seventh thing I noticed was the beauty of the people. They were very beautiful, and it was a little attractive. I had heard that the people in the mountains were beautiful, but I didn't realize how beautiful they would be. They had a natural beauty, and they were very attractive. I was very attracted to the people.

8. The eighth thing I noticed was the beauty of the food. It was a very beautiful food, and it was a little delicious. I had heard that the food in the mountains was beautiful, but I didn't realize how beautiful it would be. The food was made with fresh ingredients, and it was very delicious. I was very impressed by the beauty of the food.

9. The ninth thing I noticed was the beauty of the scenery. It was a very beautiful scenery, and it was a little breathtaking. I had heard that the scenery in the mountains was beautiful, but I didn't realize how beautiful it would be. The scenery was a beautiful sight, and it was a little breathtaking. I was very impressed by the beauty of the scenery.

10. The tenth thing I noticed was the beauty of the life. It was a very beautiful life, and it was a little inspiring. I had heard that the life in the mountains was beautiful, but I didn't realize how beautiful it would be. The life was a beautiful sight, and it was a little inspiring. I was very inspired by the beauty of the life.

11. The eleventh thing I noticed was the beauty of the nature. It was a very beautiful nature, and it was a little amazing. I had heard that the nature in the mountains was beautiful, but I didn't realize how beautiful it would be. The nature was a beautiful sight, and it was a little amazing. I was very impressed by the beauty of the nature.

12. The twelfth thing I noticed was the beauty of the world. It was a very beautiful world, and it was a little wonderful. I had heard that the world was beautiful, but I didn't realize how beautiful it would be. The world was a beautiful sight, and it was a little wonderful. I was very impressed by the beauty of the world.