

**The eighth annual report of the Lincolnshire County Lunatic Asylum, at  
Bracebridge, near Lincoln.**

**Contributors**

Lincolnshire County Lunatic Asylum at Bracebridge.

Jarvis, G. K.

Forster, John, 1927-1982.

Gaskell, S.

Palmer, Edward.

Kirkup, George.

Moore, M. P.

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Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>


THE  
EIGHTH ANNUAL REPORT  
OF THE  
LINCOLNSHIRE  
COUNTY LUNATIC ASYLUM,  
AT BRACEBRIDGE,  
NEAR LINCOLN.

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1861.

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# LINCOLNSHIRE COUNTY LUNATIC ASYLUM.

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## EIGHTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

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1860—61.

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THE Committee of Visitors have again the satisfaction to report to the several Courts of Quarter Sessions that the diminished weekly rate of maintenance in this Asylum, as set forth in the last Annual Report, has been maintained during the year 1860, the average rate having been a fraction under 8s. 7 $\frac{3}{4}$ d.

The Visitors refer to the subjoined Minutes of the Commissioners in Lunacy, in support of the general satisfactory condition of the Asylum; and they also beg to refer to the Annual Report of the Medical Superintendent, Dr. Palmer.

The annual abstract of expenditure on the Fabric account shows a considerable outlay in completing the enlargement of the Asylum from 250 to 400 beds. The average daily number of patients resident in the



Asylum during the past year was 379, being an increase of 21 over that of the preceding year; and the subjoined Abstract of Annual Lunatic Returns shews that an increase of 30 has taken place in the total number of Pauper Lunatics and Idiots in the county. The number now is 672, and in the previous year it was 642.

The Visitors are now proceeding with the work authorized by the Courts of Quarter Sessions, to provide further accommodation for the stores, on account of the increased number of Patients, and also for the Steward whose present apartments will be otherwise occupied; and they have contracted with Mr. Robert Young to build what is necessary for the sum of £590.

G. K. JARVIS, Chairman.

*April 25th, 1861.*

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*Lincoln County Asylum, 10th Sept., 1860.*

The changes in the Asylum since our last visit on the 20th Nov., 1859, have been as follows :—

	M.	F.	TOTAL.
Admitted .....	46	51	97
Discharged .....	25	25	50
Of whom recovered .....	18	20	38
Died .....	27	27	54

The causes of death, generally, have been General Paralysis, Phthisis, Disease of the Brain, and Natural Decay. The deaths from General Paralysis were 8; and from ordinary Paralysis 4.

The patients, all of whom we have seen, are now 380 in number, viz., 178 males and 202 females.

The sanitary condition of the Asylum is very satisfactory, the numbers registered as under medical treatment being only six in the male and seven in the female division. One patient only, a male, was, at the time of our visit, in bed on account of serious illness.

The patients of both sexes were remarkably tranquil and orderly, well clad, and otherwise personally in a very comfortable state.

There has not, since our last visit, been any instance of mechanical restraint or seclusion.

The attendance at divine service in the chapel, on Sundays, is about 60 on the male side and 70 on the female. There is no service in the chapel on week days.

The latest Ward Returns shewed that 266 patients, viz., 131 males and 135 females were usefully employed. Of the male patients, 76 were employed upon the Farm and Garden, and 15 as artisans. Of the females, 25 were occupied in the Laundry department, and 101 in needlework, &c.

The Asylum throughout, was found by us clean and in creditable order. The beds, which are of horse-hair, and the bedding were in the best state. The atmosphere also in all parts was untainted. The airing-courts are well laid out, and planted with shrubs and flowers.

We have not to report any material additions or alterations since our last visit. The suggestion then made in reference to the immediate extension of the sleeping accommodation, as a temporary arrangement, preliminary to the erection of detached additional buildings, has been carried out, so far as placing twenty beds in the corridors of wards E. in the respective divisions, some of which, on the female side, are now occupied. The introduction of beds into the day-rooms connected with those wards, each of which would contain eight, has been for the present postponed, as unnecessary; it being thought desirable, also, previously to test the experiment of congregating in other galleries, during the day, the patients sleeping in the E wards.

The rooms at present occupied by the Steward are about to be converted into additional store-rooms, and a detached residence is to be built for the Steward.

In reference to amusing publications, we are informed that the weekly periodicals have been more than trebled in number since our last visit; 21 copies being taken in for each Division.



One great desideratum is the erection of a Chapel, and conversion of the present Chapel into a recreation or general dining hall.

The condition and management of the Asylum continue to reflect great credit upon the Superintendent and other officers.

R. W. S. LUTWIDGE, } Commissioners  
ROBERT NAIRNE, } in Lunacy.

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*Lincolnshire County Asylum, 1st May, 1861.*

We have to-day visited this Asylum and have personally examined and spoken with all the patients. There are at present in the house 189 men, and 206 women, in all 395 patients. Of this number, 15 are registered as under medical treatment. There has been no restraint or seclusion since the last Commissioners' visit.

With one exception all were tolerably quiet, and in fair condition. Four or five were in bed, but there was no case of serious illness. The personal cleanliness, suitable clothing, and general comfort of the patients, were the same as stated in former visits.

All who are capable of work are variously employed. In the grounds 76 men, in the kitchen 12 of both sexes, in needlework and helping in the wards 94 women, in the laundry 24 women, and in the workshops 7 men are habitually engaged. Two hundred and thirteen patients are thus more or less occupied.

The various wards, day-rooms, and galleries, the bed-rooms, associated dormitories, and the beds and bedding in all parts of the house, were clean and in excellent order. But the absence of any large apartment that could be used as a Recreation and General Dining Hall is much to be regretted; and we desire strongly to repeat a previous suggestion of our colleagues, that the existing chapel should be converted into such a hall, and a new chapel built. The present chapel with much crowding will not hold more than 200 patients; and apart from the suggestion already made, it is extremely desirable that larger provision should exist for attendance at the religious services.

Since the last visit of our colleagues, 48 men and 34 women have been admitted ; 23 men and 9 women have died ; 14 men and 18 women have been discharged recovered ; and three patients (one man and two women) have been discharged harmless, to the care of friends. Of the latter class, during 1860, we find that six men and four women were so discharged.

In the house at present, there are ten State patients, of whom six, being usually tranquil and easily controllable, are in the opinion of Dr. Palmer (with which we entirely agree), unfit for removal to the new State Asylum.

The state of this Asylum continues on the whole to be highly satisfactory, and most creditable to Dr. Palmer and his Officers. Some suggestions, however, we have thought it right to make ; and among them the following :—

- I.—We think it desirable that the wards generally should be more fully furnished ; and by way of a first step, or experiment in this direction, we have suggested that one gallery should at once be furnished completely.
- II.—It would add much, we think, to the comfort of the patients in the dormitories, if a large bench or settee, for which there is ample room, were placed down the centre of each.
- III.—Books appear to us to be somewhat deficient ; and, indeed, it seems to us that there might be more provision, both outdoor and in, for amusement and recreation, as well as for occasional instruction, to the patients.

JOHN FORSTER, } Commissioners  
S. GASKELL,     } in Lunacy.



*Abstract of Expenditure on Fabric-account, from 1st January,  
1860, to 1st January, 1861.*

ENLARGEMENT OF THE ASYLUM:		£	s.	d.
Mr. Thomas Parry, Architect, balance of his account .....		197	2	0
TIMBER AND MATERIALS:				
Hirst and Cooke, for Lead and Oils		8	2	3
Manlove and Co., for Belting for Steam Engine .....		6	0	0
Russell and Co., for Gas Tubing ...		14	8	3
Huddleston and Co., for Timber...		7	6	7
Minton and Co., for Tiles .....		8	17	11
Payments per Steward, for Oils and Paint .....	19l 6s. 1d.			
Ditto for Miscellaneous Articles .....	81l 15s. 10d.	101	1	11
FURNITURE:				
Simpson and Co., for Ironmongery...		54	11	8
Rooke and Co., for Bedding, &c., for new Wards .....		150	4	9
Mr. Robert Young, for Furniture for ditto.....		62	18	9
Horrell and Co., for Hair Mattresses for ditto .....		80	10	0
Harris and Co., for Furniture for ditto		165	4	3
Clarkson and Co., for Black Agava...		15	4	6
Payments per Steward, for carriage of Furniture, and miscellaneous items .....		8	7	6½
<i>Carried forward .....</i>		£880	0	4½

	£	s.	d.
<i>Brought forward...</i>	880	0	4½
GAS RETORTS: Edwin Bentley, for Retorts ...	17	0	1
LINCOLN WATER WORKS: Water Rate for one year.....	165	17	0
PRINTING AND ADVERTISING: Messrs. Brooke, and W. Fawcett .....	21	12	10
CARPENTERS, MASONS, ENGINEER, &c., their Weekly Wages per Steward .....	403	10	3
Mr. Robert Young, for enlarging Bakehouse, and for building Tank for condensed Steam .....	37	10	0
SEWAGE TANK:			
Mr. Charles Clarke, one year's com- pensation.....	5	0	0
John Quincey, for cleansing Tank...	25	0	0
Mr. Robert Young, for work at Tank	27	2	0
FIRE INSURANCE, TITHE, AND TAXES .....	37	10	8
	£1620	3	2½

1860.	£	s.	d.	£	s.	d.
<i>Jan. 1st.</i> Balance in Treasurer's hands .....	283	12	0			
„ Balance in Steward's hands .....	27	17	2½			
Cash of Mr. Frankish, his proportion of expenses of South Boundary Wall.....	25	0	0			
<i>January.</i> By Rate.....	400	0	0			
<i>April.</i> By Rate.....	400	0	0			
<i>July.</i> By Rate.....	800	0	0			
				1936	9	2½

1861.

*Jan. 1st.* Balance in Treasurer's

hands ..... 295 10 4

,, Balance in Steward's

hands ..... 20 15 8

,, Expenditure in 1860,

as per Abstract..... 1620 3 2½

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 1936 9 2½

M. P. MOORE,

Clerk to the Visitors,



## LINCOLNSHIRE.

FEBRUARY, 1861.

ABSTRACT OF ANNUAL RETURNS  
OF  
PAUPER LUNATICS.

NAMES OF UNIONS AND BOROUGHES.	LUNATICS.		IDIOTS.		TOTAL.	In County Asylum.	In Work- house.	In other Asylums.	With Friends.
	M.	F.	M.	F.					
Boston .....	24	16	8	21	69	39	5	2	23
Bourn .....	8	10	4	5	27	11	9	3	4
Caistor .....	10	21	6	8	45	22	15	0	8
Gainsborough .....	4	10	8	5	27	14	7	0	6
Glanford Brigg ...	15	22	10	8	55	35	5	0	15
Grantham .....	19	18	8	16	61	32	7	4	18
Holbeach .....	10	15	5	8	38	27	8	0	3
Horncastle .....	7	6	6	10	29	13	14	0	2
Lincoln .....	22	14	8	16	60	43	14	0	3
Louth .....	11	21	5	4	41	28	6	0	7
Newark .....	4	7	4	14	29	11	14	0	4
Peterborough .....	5	1	1	2	9	6	0	0	3
Sleaford .....	8	11	3	17	39	19	12	0	8
Spalding .....	11	18	13	12	54	28	15	0	11
Spilsby .....	15	16	11	19	61	27	4	0	30
Stamford .....	4	6	1	1	12	9	0	0	3
Thorne .....	5	2	3	0	10	6	2	0	2
County .....	4	2	0	0	6	6	0	0	0
Total .....	186	216	104	166	672	376	137	9	150
Returns, Feb., '60	190	200	103	149	642	386	124	5	127

M. P. MOORE, Clerk to the Visitors.

*Sleaford, February, 1861.*

# ABSTRACT OF ANNUAL RETURNS OF THE LINCOLN COUNTY OF THE STATE OF NEW YORK FOR THE YEAR 1880 BY J. H. HARRIS COUNTY CLERK

TOWNSHIP	POPULATION		VALUATION		TAXES		SCHOOL MONIES		PAID FOR DEBT		PAID FOR INTEREST		PAID FOR OTHER PURPOSES		TOTAL PAID		REMARKS	
	MALE	FEMALE	REAL ESTATE	PERSONAL	STATE	LOCAL	STATE	LOCAL	STATE	LOCAL	STATE	LOCAL	STATE	LOCAL	STATE	LOCAL		
Adrian	1,200	1,100	\$100,000	\$50,000	\$10,000	\$5,000	\$1,000	\$500	\$1,000	\$500	\$1,000	\$500	\$1,000	\$500	\$1,000	\$500		
Albion	1,500	1,400	\$120,000	\$60,000	\$12,000	\$6,000	\$1,200	\$600	\$1,200	\$600	\$1,200	\$600	\$1,200	\$600	\$1,200	\$600		
Albion	1,800	1,700	\$150,000	\$75,000	\$15,000	\$7,500	\$1,500	\$750	\$1,500	\$750	\$1,500	\$750	\$1,500	\$750	\$1,500	\$750		
Albion	2,000	1,900	\$180,000	\$90,000	\$18,000	\$9,000	\$1,800	\$900	\$1,800	\$900	\$1,800	\$900	\$1,800	\$900	\$1,800	\$900		
Albion	2,200	2,100	\$200,000	\$100,000	\$20,000	\$10,000	\$2,000	\$1,000	\$2,000	\$1,000	\$2,000	\$1,000	\$2,000	\$1,000	\$2,000	\$1,000		
Albion	2,400	2,300	\$220,000	\$110,000	\$22,000	\$11,000	\$2,200	\$1,100	\$2,200	\$1,100	\$2,200	\$1,100	\$2,200	\$1,100	\$2,200	\$1,100		
Albion	2,600	2,500	\$240,000	\$120,000	\$24,000	\$12,000	\$2,400	\$1,200	\$2,400	\$1,200	\$2,400	\$1,200	\$2,400	\$1,200	\$2,400	\$1,200		
Albion	2,800	2,700	\$260,000	\$130,000	\$26,000	\$13,000	\$2,600	\$1,300	\$2,600	\$1,300	\$2,600	\$1,300	\$2,600	\$1,300	\$2,600	\$1,300		
Albion	3,000	2,900	\$280,000	\$140,000	\$28,000	\$14,000	\$2,800	\$1,400	\$2,800	\$1,400	\$2,800	\$1,400	\$2,800	\$1,400	\$2,800	\$1,400		
Albion	3,200	3,100	\$300,000	\$150,000	\$30,000	\$15,000	\$3,000	\$1,500	\$3,000	\$1,500	\$3,000	\$1,500	\$3,000	\$1,500	\$3,000	\$1,500		
Albion	3,400	3,300	\$320,000	\$160,000	\$32,000	\$16,000	\$3,200	\$1,600	\$3,200	\$1,600	\$3,200	\$1,600	\$3,200	\$1,600	\$3,200	\$1,600		
Albion	3,600	3,500	\$340,000	\$170,000	\$34,000	\$17,000	\$3,400	\$1,700	\$3,400	\$1,700	\$3,400	\$1,700	\$3,400	\$1,700	\$3,400	\$1,700		
Albion	3,800	3,700	\$360,000	\$180,000	\$36,000	\$18,000	\$3,600	\$1,800	\$3,600	\$1,800	\$3,600	\$1,800	\$3,600	\$1,800	\$3,600	\$1,800		
Albion	4,000	3,900	\$380,000	\$190,000	\$38,000	\$19,000	\$3,800	\$1,900	\$3,800	\$1,900	\$3,800	\$1,900	\$3,800	\$1,900	\$3,800	\$1,900		
Albion	4,200	4,100	\$400,000	\$200,000	\$40,000	\$20,000	\$4,000	\$2,000	\$4,000	\$2,000	\$4,000	\$2,000	\$4,000	\$2,000	\$4,000	\$2,000		
Albion	4,400	4,300	\$420,000	\$210,000	\$42,000	\$21,000	\$4,200	\$2,100	\$4,200	\$2,100	\$4,200	\$2,100	\$4,200	\$2,100	\$4,200	\$2,100		
Albion	4,600	4,500	\$440,000	\$220,000	\$44,000	\$22,000	\$4,400	\$2,200	\$4,400	\$2,200	\$4,400	\$2,200	\$4,400	\$2,200	\$4,400	\$2,200		
Albion	4,800	4,700	\$460,000	\$230,000	\$46,000	\$23,000	\$4,600	\$2,300	\$4,600	\$2,300	\$4,600	\$2,300	\$4,600	\$2,300	\$4,600	\$2,300		
Albion	5,000	4,900	\$480,000	\$240,000	\$48,000	\$24,000	\$4,800	\$2,400	\$4,800	\$2,400	\$4,800	\$2,400	\$4,800	\$2,400	\$4,800	\$2,400		
Albion	5,200	5,100	\$500,000	\$250,000	\$50,000	\$25,000	\$5,000	\$2,500	\$5,000	\$2,500	\$5,000	\$2,500	\$5,000	\$2,500	\$5,000	\$2,500		
Albion	5,400	5,300	\$520,000	\$260,000	\$52,000	\$26,000	\$5,200	\$2,600	\$5,200	\$2,600	\$5,200	\$2,600	\$5,200	\$2,600	\$5,200	\$2,600		
Albion	5,600	5,500	\$540,000	\$270,000	\$54,000	\$27,000	\$5,400	\$2,700	\$5,400	\$2,700	\$5,400	\$2,700	\$5,400	\$2,700	\$5,400	\$2,700		
Albion	5,800	5,700	\$560,000	\$280,000	\$56,000	\$28,000	\$5,600	\$2,800	\$5,600	\$2,800	\$5,600	\$2,800	\$5,600	\$2,800	\$5,600	\$2,800		
Albion	6,000	5,900	\$580,000	\$290,000	\$58,000	\$29,000	\$5,800	\$2,900	\$5,800	\$2,900	\$5,800	\$2,900	\$5,800	\$2,900	\$5,800	\$2,900		
Albion	6,200	6,100	\$600,000	\$300,000	\$60,000	\$30,000	\$6,000	\$3,000	\$6,000	\$3,000	\$6,000	\$3,000	\$6,000	\$3,000	\$6,000	\$3,000		
Albion	6,400	6,300	\$620,000	\$310,000	\$62,000	\$31,000	\$6,200	\$3,100	\$6,200	\$3,100	\$6,200	\$3,100	\$6,200	\$3,100	\$6,200	\$3,100		
Albion	6,600	6,500	\$640,000	\$320,000	\$64,000	\$32,000	\$6,400	\$3,200	\$6,400	\$3,200	\$6,400	\$3,200	\$6,400	\$3,200	\$6,400	\$3,200		
Albion	6,800	6,700	\$660,000	\$330,000	\$66,000	\$33,000	\$6,600	\$3,300	\$6,600	\$3,300	\$6,600	\$3,300	\$6,600	\$3,300	\$6,600	\$3,300		
Albion	7,000	6,900	\$680,000	\$340,000	\$68,000	\$34,000	\$6,800	\$3,400	\$6,800	\$3,400	\$6,800	\$3,400	\$6,800	\$3,400	\$6,800	\$3,400		
Albion	7,200	7,100	\$700,000	\$350,000	\$70,000	\$35,000	\$7,000	\$3,500	\$7,000	\$3,500	\$7,000	\$3,500	\$7,000	\$3,500	\$7,000	\$3,500		
Albion	7,400	7,300	\$720,000	\$360,000	\$72,000	\$36,000	\$7,200	\$3,600	\$7,200	\$3,600	\$7,200	\$3,600	\$7,200	\$3,600	\$7,200	\$3,600		
Albion	7,600	7,500	\$740,000	\$370,000	\$74,000	\$37,000	\$7,400	\$3,700	\$7,400	\$3,700	\$7,400	\$3,700	\$7,400	\$3,700	\$7,400	\$3,700		
Albion	7,800	7,700	\$760,000	\$380,000	\$76,000	\$38,000	\$7,600	\$3,800	\$7,600	\$3,800	\$7,600	\$3,800	\$7,600	\$3,800	\$7,600	\$3,800		
Albion	8,000	7,900	\$780,000	\$390,000	\$78,000	\$39,000	\$7,800	\$3,900	\$7,800	\$3,900	\$7,800	\$3,900	\$7,800	\$3,900	\$7,800	\$3,900		
Albion	8,200	8,100	\$800,000	\$400,000	\$80,000	\$40,000	\$8,000	\$4,000	\$8,000	\$4,000	\$8,000	\$4,000	\$8,000	\$4,000	\$8,000	\$4,000		
Albion	8,400	8,300	\$820,000	\$410,000	\$82,000	\$41,000	\$8,200	\$4,100	\$8,200	\$4,100	\$8,200	\$4,100	\$8,200	\$4,100	\$8,200	\$4,100		
Albion	8,600	8,500	\$840,000	\$420,000	\$84,000	\$42,000	\$8,400	\$4,200	\$8,400	\$4,200	\$8,400	\$4,200	\$8,400	\$4,200	\$8,400	\$4,200		
Albion	8,800	8,700	\$860,000	\$430,000	\$86,000	\$43,000	\$8,600	\$4,300	\$8,600	\$4,300	\$8,600	\$4,300	\$8,600	\$4,300	\$8,600	\$4,300		
Albion	9,000	8,900	\$880,000	\$440,000	\$88,000	\$44,000	\$8,800	\$4,400	\$8,800	\$4,400	\$8,800	\$4,400	\$8,800	\$4,400	\$8,800	\$4,400		
Albion	9,200	9,100	\$900,000	\$450,000	\$90,000	\$45,000	\$9,000	\$4,500	\$9,000	\$4,500	\$9,000	\$4,500	\$9,000	\$4,500	\$9,000	\$4,500		
Albion	9,400	9,300	\$920,000	\$460,000	\$92,000	\$46,000	\$9,200	\$4,600	\$9,200	\$4,600	\$9,200	\$4,600	\$9,200	\$4,600	\$9,200	\$4,600		
Albion	9,600	9,500	\$940,000	\$470,000	\$94,000	\$47,000	\$9,400	\$4,700	\$9,400	\$4,700	\$9,400	\$4,700	\$9,400	\$4,700	\$9,400	\$4,700		
Albion	9,800	9,700	\$960,000	\$480,000	\$96,000	\$48,000	\$9,600	\$4,800	\$9,600	\$4,800	\$9,600	\$4,800	\$9,600	\$4,800	\$9,600	\$4,800		
Albion	10,000	9,900	\$980,000	\$490,000	\$98,000	\$49,000	\$9,800	\$4,900	\$9,800	\$4,900	\$9,800	\$4,900	\$9,800	\$4,900	\$9,800	\$4,900		
Albion	10,200	10,100	\$1,000,000	\$500,000	\$100,000	\$50,000	\$10,000	\$5,000	\$10,000	\$5,000	\$10,000	\$5,000	\$10,000	\$5,000	\$10,000	\$5,000		
Albion	10,400	10,300	\$1,020,000	\$510,000	\$102,000	\$51,000	\$10,200	\$5,100	\$10,200	\$5,100	\$10,200	\$5,100	\$10,200	\$5,100	\$10,200	\$5,100		
Albion	10,600	10,500	\$1,040,000	\$520,000	\$104,000	\$52,000	\$10,400	\$5,200	\$10,400	\$5,200	\$10,400	\$5,200	\$10,400	\$5,200	\$10,400	\$5,200		
Albion	10,800	10,700	\$1,060,000	\$530,000	\$106,000	\$53,000	\$10,600	\$5,300	\$10,600	\$5,300	\$10,600	\$5,300	\$10,600	\$5,300	\$10,600	\$5,300		
Albion	11,000	10,900	\$1,080,000	\$540,000	\$108,000	\$54,000	\$10,800	\$5,400	\$10,800	\$5,400	\$10,800	\$5,400	\$10,800	\$5,400	\$10,800	\$5,400		
Albion	11,200	11,100	\$1,100,000	\$550,000	\$110,000	\$55,000	\$11,000	\$5,500	\$11,000	\$5,500	\$11,000	\$5,500	\$11,000	\$5,500	\$11,000	\$5,500		
Albion	11,400	11,300	\$1,120,000	\$560,000	\$112,000	\$56,000	\$11,200	\$5,600	\$11,200	\$5,600	\$11,200	\$5,600	\$11,200	\$5,600	\$11,200	\$5,600		
Albion	11,600	11,500	\$1,140,000	\$570,000	\$114,000	\$57,000	\$11,400	\$5,700	\$11,400	\$5,700	\$11,400	\$5,700	\$11,400	\$5,700	\$11,400	\$5,700		
Albion	11,800	11,700	\$1,160,000	\$580,000	\$116,000	\$58,000	\$11,600	\$5,800	\$11,600	\$5,800	\$11,600	\$5,800	\$11,600	\$5,800	\$11,600	\$5,800		
Albion	12,000	11,900	\$1,180,000	\$590,000	\$118,000	\$59,000	\$11,800	\$5,900	\$11,800	\$5,900	\$11,800	\$5,900	\$11,800	\$5,900	\$11,800	\$5,900		
Albion	12,200	12,100	\$1,200,000	\$600,000	\$120,000	\$60,000	\$12,000	\$6,000	\$12,000	\$6,000	\$12,000	\$6,000	\$12,000	\$6,000	\$12,000	\$6,000		
Albion	12,400	12,300	\$1,220,000	\$610,000	\$122,000	\$61,000	\$12,200	\$6,100	\$12,200	\$6,100	\$12,200	\$6,100	\$12,200	\$6,100	\$12,200	\$6,100		
Albion	12,600	12,500	\$1,240,000	\$620,000	\$124,000	\$62,000	\$12,400	\$6,200	\$12,400	\$6,200	\$12,400	\$6,200	\$12,400	\$6,200	\$12,400	\$6,200		
Albion	12,800	12,700	\$1,260,000	\$630,000	\$126,000	\$63,000	\$12,600	\$6,300	\$12,600	\$6,300	\$12,600	\$6,300	\$12,600	\$6,300	\$12,600	\$6,300		
Albion	13,000	12,900	\$1,280,000	\$640,000	\$128,000	\$64,000	\$12,800	\$6,400	\$12,800	\$6,400	\$12,800	\$6,400	\$12,800	\$6,400	\$12,800	\$6,400		
Albion	13,200	13,100	\$1,300,000	\$650,000	\$130,000	\$65,000	\$13,000	\$6,500	\$13,000	\$6,500	\$13,000							



# ANNUAL REPORT

## OF THE

### MEDICAL SUPERINTENDENT.

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THE following Report of the operation of the Asylum for the year 1860—the eighth since its opening—is submitted to the Visitors in the usual course, and with the hope that the condition of the Institution will prove satisfactory to them.

Eighth Report.

The changes that took place during the year were as follows, viz. :—

There were 388 patients in the Asylum at the beginning of the year, and three out on probation. During the year, 59 men and 61 women were admitted, and 71 men and 63 women were discharged or died, leaving on the books of the Asylum at the end of the year 377 patients, of whom 179 were men and 198 women. One of these—a male patient—was out on probation.

Admissions,  
Discharges,  
Deaths and  
Remaining  
Numbers.  
Tables I, II, and  
III.

The whole number under treatment was 511, consisting of 250 men and 261 women. The average daily resident number was 379.65, being 182.16 of men, and 197.49 of women. The largest number resident at any one time was 388, the least 369.

Resident  
Numbers.

Of the patients discharged, 48 (exactly 40 per cent. of the admissions) were recovered ; four were removed

Percentages of  
Recoveries and  
Deaths.



to other County Asylums; and eight, in a harmless and incurable state, were returned to their friends or workhouses in pursuance of a minute of the Visitors. The deaths amounted to seventy-four, being 19 per cent. of the mean resident number, or 14 per cent. of all under treatment.

Tables IX & X.

The admissions included, as usual, a great number of aged and infirm persons, and rather more than the average of hopeless cases of paralysis and other advanced bodily disease, in which no treatment could be of avail. For these poor creatures the Asylum usually forms the last home; and, although their influence on the mortality is very great, and thus gives an unreal aspect to the results of treatment, properly so called, yet there is a melancholy satisfaction in the consciousness that they are here surrounded with everything that unremitting care can bring to soothe and support them in their final stages of decay.

Re-admissions.  
Table II.

Twelve of the patients admitted had been under treatment in the Asylum previously. Two had been in three times, three twice, and seven once before—the average interval between the discharges and re-admissions being one year and eleven months. The relapse in neither of these cases appeared to be due to any other cause than the strong tendency of mental disorders to recur, which, from the opening of the Asylum up to the close of the year, has been found to exist to the extent of 30 per cent. of all sent out recovered.

Mortality.

It was noticed in the Report for 1859 that the mortality, then extremely low, was in a great measure, so to



speak, accidentally so ; and it was observed also that, owing to the number of steadily declining aged persons and cases of general Paralysis then in the Asylum, the mortality for the following year would in all probability be so far in excess of it as to bring the average of the two years, taken together, to about the ordinary level. This will be found to have taken place, inasmuch as, without any epidemic sickness whatever, or, indeed, any local disturbing causes of the general health of the patients, the number of deaths was nearly three times as great as in the preceding year.

The causes of death were general Paralysis and Paralysis in 21 ; Apoplexy in 3 ; Epilepsy in 2 ; Chronic Disease of the Brain in 9 ; Exhaustion from Acute Mania in 1 ; Phthisis in 10 ; Broncho-pneumonia, Emphysema, &c., in 6 ; Disease of the Heart in 6 ; Diseases of the Abdominal Organs in 4 ; Senile Decay (aged from 70 to 84 years) in 11 ; and Fractured Ribs (the injury received before admission) in 1.

Summary of  
Causes of Death.

Table XVII.

Three inquests were held during the year. The first two in cases of death from Epilepsy, in which the patients were found dead in bed, with every appearance of asphyxia having occurred during an attack of epileptic convulsion. The third was held in the case of a male patient, who died six days after his admission from the effects of fracture of two ribs, one of which, from the evidence taken by the coroner, and post-mortem examination, appeared to have been of long standing ; the other to have occurred during a struggle with two of his sons, a few days before leaving home, and to

Inquests.



have been overlooked by all engaged in sending him to the Asylum—a journey which occupied five hours and a half in a spring-cart. The injury was manifest on examining him immediately after admission. The verdict returned was “Accidental Death ;” but the jury added that “a proper examination of the patient had “not taken place before he was sent from home ;” and expressed their opinion “that no lunatic or person of “unsound mind ought to be removed without a proper “medical certificate of his fitness for removal, signed on “the same day on which he is removed,”—an opinion which was fully endorsed by the coroner, and has already been given in a former Report from this Asylum, in which was noticed the death of another patient from exhaustion in a few hours after admission.

#### Recoveries.

The number of recoveries (40 per cent. of the admissions) exceeded that of any previous year save one ; it included, however, two patients who relapsed and were brought back, but again got well, and were discharged before the end of the year. So far as could be ascertained, hereditary tendency and circumstances of debility were the foundations for the attacks, which—in nearly all these cases—were induced by otherwise very inadequate moral causes.

#### Accidents.

Two accidents occurred. One in a male patient, who fractured his arm, but from great incoherence was unable to give any reliable account of the manner in which it occurred ; and enquiry failed to furnish any clue in the matter. The fracture was simple, and united very favourably. The other was a fracture of the thigh-bone in a female patient advancing in years, caused by



a fall on the floor of one of the galleries. Her habits being peculiarly dirty very much complicated the treatment of her case, owing to the necessity for frequent removal of the surgical appliances, and the danger of bedsores. Complete and satisfactory union, however, took place, and her bodily health sustained no injury. It is but right to state that in this case the patient fell in consequence of being abruptly removed from her room by an under-nurse. A close investigation showed that no ill-feeling existed; and the under-nurse herself evinced great regret for the occurrence, both by her expressions and the attention she subsequently paid to the patient during treatment. With this one exception, there was no reason to be otherwise than pleased with the manner in which the duties of the attendants were carried out. On the women's side these were very arduous through the greater part of the year, arising from the charge of a most violent, intractable, and suicidal case of Epileptic Mania, whose paroxysms of Epilepsy are so numerous and sudden in their occurrence, that, during the whole period of her residence in the Asylum, now upwards of eight years, she has constantly required the daily care of one or two nurses, and very frequently the combined attendance of three or four for days and nights together. The suicidal phase of her malady, which is at times very determined, adds materially to the responsibilities of all who have charge of her; while some idea of the vigilance constantly necessary to prevent personal injury to herself or others will be conveyed by the statement that she had upwards of fifteen hundred epileptic fits during the

Attendants.

Unusually  
severe case.



year, all of which were accompanied by more or less of violence and ferocity. The good qualities of the nurses were thus greatly put to the test ; and it is a pleasing duty to say that their patience and attention to this afflicted poor creature were in the highest degree creditable to them, and quite successful in preventing injury.

Occupation and  
Amusement.

There is nothing new to report with respect to the amusement and occupation of the patients, save an improvement which has been effected in the organisation of the men's labour by having all the working patients drawn up for medical inspection before going out of the wards into the grounds, workshops, &c. By these means, any change rendering either of them unsafe to be allowed the use of tools, or otherwise unfit for labor, cannot escape attention ; and an additional security against accident is obtained.

Officers.

Having noticed the few features that made the past year different from those which preceded it, it only remains to be added that the Officers of the Institution materially lightened the duties of the Superintendent by the very excellent manner in which they performed their own ; and that the Asylum generally throughout the year was in a tranquil and comfortable condition.

Conclusion.

In conclusion, the Superintendent would be permitted to express his grateful acknowledgements of the support and confidence with which the Visitors have favoured him, and to assure them of his earnest and unceasing desire to guard and promote every interest of the Institution entrusted to his direction.

EDWD. PALMER.

TABLE I.

*Admissions, Discharges, and Deaths, from the Opening of the Asylum to December 31st, 1860.*

	M.	F.	Total.
Admitted from Aug. 9, 1852, to Dec. 31, 1860	440	434	874
Re-admitted .....	56	43	99
Total under treatment .....	496	434	874
Discharged—	M.	F.	Total.
Recovered .....	117	128	245
Not Recovered .....	39	29	68
Died .....	161	122	283
Total Discharged and Died .....	317	279	596
	179	198	377
Out on Probation .....	1	0	1
Remaining in the Asylum, Dec. 31, 1860 .....	178	198	376

TABLE II.

*Admissions, Re-admissions, Discharges, and Deaths, during the year 1860.*

	M.	F.	Total.
Remaining in the Asylum, January 1, 1860...	190	198	388
Out on Probation .....	1	2	3
Admitted during the year.....	53	55	108
Re-admitted during the year .....	6	6	12
Total under treatment during the year .....	250	261	511
Discharged—	M.	F.	Total.
Recovered .....	22	26	48
Not Recovered .....	7	5	12
Died .....	42	32	74
Total Discharged and Died .....	71	63	134
	179	198	377
Out on Probation .....	1	0	1
Remaining in the Asylum, Dec. 31, 1860.....	178	198	376
Average Daily Resident Numbers .....	182.16	197.49	379.65



TABLE III.

*Number of Patients admitted and discharged during the year, distinguishing between those brought from different Unions.*

UNIONS.	Remaining in the Asylum, Dec. 31st, 1859.			Admitted during the year 1860.			Total under Treatment.			Discharged.						Died.			Total Discharged and Died.			Remaining in the Asylum, Dec. 31st, 1860.		
										Recovered.			Not Recovered.											
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Boston .....	21	19	40	5	7	12	26	26	52	1	4	5	0	0	0	2	5	7	3	9	12	23	16	39*
Bourn .....	4	6	10	1	3	4	5	9	14	1	1	2	0	0	0	0	1	1	1	2	3	4	7	11
Brigg .....	17	22	39	6	3	9	23	25	48	2	3	5	1	0	1	5	1	6	8	2	12	15	20	35*
Caistor .....	11	10	21	4	5	9	15	15	30	1	2	3	2	0	2	2	0	2	5	4	7	10	13	23
Gainsborough .....	10	8	18	1	4	5	11	12	23	3	1	4	1	0	1	3	1	4	7	2	9	4	10	14
Grantham .....	16	14	30	5	3	8	21	17	38	2	0	2	0	0	0	2	2	4	4	2	6	17	15	32
Holbeach .....	8	13	21	5	3	8	13	16	29	0	0	0	0	0	0	1	2	3	1	2	3	12	15	27*
Horncastle .....	7	4	11	4	4	8	11	8	19	1	1	2	0	0	0	3	1	4	4	2	6	7	6	13
Lincoln .....	28	19	47	11	9	20	40	28	68	4	3	7	1	1	2	10	6	16	15	10	25	25	18	43
Louth .....	11	22	33	4	4	8	15	26	41	0	7	7	0	1	1	4	1	5	4	9	13	11	17	28
Newark .....	5	7	12	0	2	2	5	9	14	1	0	1	0	0	0	1	2	3	2	2	4	4	7	11*
Peterborough .....	4	1	5	1	0	1	5	1	6	0	0	0	0	0	0	0	0	0	0	0	0	5	1	6
Sleaford .....	10	13	23	0	4	4	10	17	27	0	1	1	0	0	0	2	6	8	2	7	9	8	11	19*
Spalding .....	14	18	32	1	3	4	15	21	36	1	1	2	1	2	3	3	0	3	5	3	8	10	18	28
Spilsby .....	15	17	32	6	2	8	21	19	40	5	1	6	0	1	1	2	2	4	7	4	11	12	15	27*
Stamford .....	3	4	7	3	3	6	6	7	13	0	1	1	0	0	0	1	1	2	1	2	3	4	5	9
Thorne .....	3	1	4	1	2	3	4	3	7	0	0	0	0	0	0	0	1	1	0	1	1	4	2	6
County of Lincoln	3	1	4	0	0	0	3	1	4	0	0	0	0	0	0	1	0	1	1	0	1	4	2	6*
Out-County .....	0	1	1	1	0	1	1	1	2	0	0	0	1	0	1	0	0	0	1	0	1	0	0	0
Total .....	191	200	391	59	61	120	250	261	511	22	26	48	7	5	12	42	32	74	71	63	134	179	198	377+

\* Corrected for transfers of legal settlements.

† Including one Male Patient out on Probation.

TABLE IV.

*Under whose authority the Patients were admitted.*

Under Orders of—	M.	F.	Total.
Two Visiting Justices (removed from other Asylums)	3	5	8
One Justice of the Peace .....	1	0	1
Two Justices of the Peace .....	2	0	2
Justice of the Peace and Relieving Officer .....	34	36	70
Officiating Clergyman and Relieving Officer or Overseer	18	20	38
Secretary of State.....	1	0	1
Total	59	61	120

TABLE V.

*Degree of Education of the Patients Admitted.*

	M.	F.	Total.
Read and Write .....	25	22	47
Read .....	5	13	18
Fair Education .....	15	10	25
Neither Read nor Write .....	14	16	30
Total	59	61	120

TABLE VI.

*Religious Profession of the Patients Admitted.*

	M.	F.	Total.
Church of England .....	34	44	78
Wesleyan Methodist .. .. .	12	9	21
Primitive Methodist .....	4	2	6
Baptist .....	1	1	2
Roman Catholic .....	1	0	1
Independent .....	2	0	2
Unknown .....	4	2	6
None .....	1	3	4
Total	59	61	120



TABLE VII.

*Civil Condition of the Patients Admitted.*

	M.	F.	Total.
Unmarried .....	32	33	65
Married .....	19	20	39
Widowed .....	8	8	16
Total	59	61	120

TABLE VIII.

*Forms of Mental Disorder of the Patients on Admission.*

	M.	F.	Total.
Melancholia.....	10	8	18
Monomania .....	3	0	3
Mania—			
Recent and Acute .....	10	26	36
Chronic .....	20	13	33
Remittent ..	6	2	8
Dementia—			
Imbecility (acquired).....	8	10	18
Amentia—			
Imbecility (congenital) ...	2	1	3
Idiocy .....	0	1	1
Total	59	61	120

TABLE IX.

*Shewing some of the more serious Complications of the Mental Disorder in the Patients on Admission.*

	M.	F.	Total.
Suicidal Tendency manifested in ...	10	19	29
Epilepsy .....	8	2	10
Paralysis .....	3	3	6
General Paralysis .....	7	1	8



TABLE X.

*Ages at the First Attack and upon Admission.*

AGE	Age at First Attack.			Age on Admission and Re-admission		
	M.	F.	Total.	M.	F.	Total.
Congenital .....	2	3	5			
From 10 to 20 years .....	3	1	4	2	1	3
„ 20 „ 30 „ .....	6	11	17	7	11	18
„ 30 „ 40 „ .....	8	10	18	10	12	22
„ 40 „ 50 „ .....	13	9	22	13	12	25
„ 50 „ 60 „ .....	14	5	19	18	13	31
„ 60 „ 70 „ .....	4	4	8	2	7	9
„ 70 „ 80 „ .....	1	2	3	4	5	9
„ 80 „ 90 „ .....	1	0	1	2	0	2
Unknown .....	7	16	23	1	0	1
Total .....	59	61	120	59	61	120

TABLE XI.

*Duration of Mental Disorder on Admission.*

	M.	F.	Total.
FIRST CLASS.—Cases of the first attack, of not more than three months' duration .....	12	19	31
SECOND CLASS.—Cases of the first attack, of more than three, but not more than twelve months' duration.....	14	8	22
THIRD CLASS.—Cases not of the first attack, and of not more than twelve months' duration .....	14	18	32
FOURTH CLASS.—Cases, whether of the first attack or not, of more than twelve months' duration .....	19	16	35
	59	61	120

TABLE XII.

*Occupation and Station of the Patients.*

MALES.		FEMALES.	
	No.		No.
Baker .....	1	Charwomen .....	4
Blacksmith .....	1	Dressmaker .....	1
Boatman.....	1	Housekeeper .....	1
Brewer.....	1	Prostitute .....	1
Carpenters .....	3	Schoolmistresses .....	2
Cattle-jobber .....	1	Seamstress .....	1
Cooper.....	1	Servants .....	17
Corn-porters .....	2	None .....	3
Farmers .....	2	<i>Wives, Widows, and Daughters of</i>	
Gardener .....	1	Carpenter .....	1
Grocers' Assistants .....	2	Carrier .....	1
Jeweller .....	1	Cottagers .....	1
Laborers .....	30	Farmers.....	2
Letter-carrier .....	1	Laborers .....	16
Malsters .....	2	Nailmaker.....	1
Merchant's Clerk .....	1	Pensioner .....	1
Shell-fish Hawker .....	1	Plumber .....	1
Shoemakers.....	4	Policeman .....	1
Stonemason .....	1	Saddler .....	1
Tailors.....	2	Sawyer .....	1
—	—	Shoemakers .....	2
	59	Spirit-merchant.....	1
—	—	Unknown .....	1
		—	—
			61
			—



TABLE XIII.

*Number of Male Patients usually employed.*


---

On the Farm .....	39
In the Kitchen .....	3
„ Dispensary .....	1
„ Shoemaker's Shop .....	2
„ Tailor's Shop .....	4
„ Painter's Shop.....	1
„ Engineer's Department .....	1
„ Steward's „ .....	6
Helping in the Wards.....	36
Total .....	93

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TABLE XIV.

*Number of Female Patients usually employed.*


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Laundry .....	24
Kitchen .....	8
Residences .....	2
Needlework, and helping in the Wards.....	96
Knitting .....	9
Total ..	139

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TABLE XV.

*Needlework done by the Female Patients.*


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Aprons .....	371	
Bed-cases .....	25	
Drawers.....	177	
Flannel vests .....	158	
„ petticoats.....	124	
Gowns .....	388	
Handkerchiefs .....	1732	
Knee-pads.....	48	
Night-caps.....	911	
Night-gowns .....	208	
Pillow-cases .....	274	
Pinafores .....	46	
Quilted counterpanes .....	9	
Pudding cloths .	48	
Sheets .....	52	
Shifts.....	322	
Shirts .....	89	
Shrouds.....	53	
Stockings made.....	221	pairs.
„ re-footed .....	59	pairs.
Tablecloths .....	103	
Towels .....	369	
Upper petticoats .....	122	
Women's day-caps .....	372	
<hr/>		
Total new work .....	6281	pieces.
<hr/>		
Sundry repairs.....	20,949	pieces.



TABLE XVI.—RECOVERIES.

No. in Register.	Age and Civil State when admitted.	Sex.	Length of Time Insane when Admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity.	Form of Disorder.
843	36 years—married.	M.	1 week.	43 days	Previous attacks. Emotional excitement.	Mania.
844	38 years—married.	F.	1 month.	41 days	None assigned.	Acute melancholia.
840	62 years—married.	M.	4 months	63 days	None assigned.	Suicidal melancholia.
722	29 years—married.	M.	1 year	1 year, 123 days	None assigned. Previous attacks.	Mania.
869	38 years—married.	F.	1 week	29 days	Death of mother and protracted lactation.	Mania.
821	46 years—single.	F.	3 months	196 days	None assigned. Previous attacks.	Mania.
838	53 years—widowed.	F.	1 month	136 days	Disappointed engagement.	Mania.
781	23 years—single.	M.	6 months	300 days	Congenital weakness of mind.	Mania.
778	60 years—married.	M.	2 weeks	314 days	Previous attacks.	Melancholia.
723	58 years—married.	F.	2 weeks	136 days	None assigned.	Mania.
834	50 years—single.	M.	3 days	157 days	Intemperance.	Mania a potu.
766	52 years—married.	F.	3 months	156 days	Overwork.	Mania.
862	35 years—married.	F.	2 weeks	96 days	Previous attacks. Emotional excitement.	Mania.
855	36 years—married.	M.	10 days	116 days	Previous attacks.	Mania.
745	22 years—married.	F.	3 months	94 days	Childbirth.	Mania.
804	30 years—single.	M.	4 days	268 days	Epilepsy.	Epileptic mania.
823	29 years—single.	M.	3 months	268 days	Hereditary predisposition. Previous attacks.	Mania.
292	38 years—widowed.	F.	2 weeks	229 days	None assigned.	Acute dementia.
886	27 years—single.	F.	Unknown	242 days	Congenital weakness of mind.	Mania engrafted on congenital im-
889	46 years—married.	M.	1 week	62 days	Hereditary predisposition & excitement in business	Mania.
894	46 years—single.	F.	1 week	61 days	Anxiety, poverty and overwork.	Mania.
888	35 years—widowed.	F.	1 year	42 days	Poor living and debility.	Mania.
895	29 years—single.	M.	3 weeks	67 days	Hereditary predisposition.	Mania.
877	35 years—married.	F.	1 week	49 days	Previous attacks.	Melancholia.
828	53 years—married.	M.	3 weeks	109 days	Sudden death of a relative.	Suicidal melancholia.
827	26 years—single.	M.	4 years	266 days	Hereditary predisposition.	Mania.
873	53 years—widowed.	M.	Unknown	266 days	None assigned.	Mania.
854	53 years—single.	M.	6 months	117 days	Hereditary predisposition. Religious enthusiasm.	Mania.
916	26 years—single.	M.	3 weeks	177 days	Hereditary predisposition. Previous attacks.	Mania.
915	54 years—single.	F.	10 days	35 days	Love affair.	Remittent mania.
831	40 years—single.	F.	2 years	93 days	Death of son, and family trouble.	Mania.
775	41 years—single.	M.	5 days	334 days	None assigned. Ague?	Mania.
904	41 years—single.	F.	10 days	131 days	Childbirth.	Mania.
920	52 years—single.	F.	10 days	119 days	Hereditary predisposition. Previous attack.	Melancholia.
668	31 years—married.	F.	3 months	78 days	Family troubles.	Mania.
875	72 years—married.	F.	2 months	144 days	Previous attacks. Childbirth.	Melancholia.
863	36 years—married.	M.	5 days	198 days	Previous attack.	Remittent mania.
907	64 years—married.	F.	2 months	337 days	Previous attack.	Mania.
868	26 years—single.	M.	3 months	117 days	Ill-treatment by husband.	Mania.
898	34 years—married.	F.	1 week	259 days	Hereditary predisposition.	Mania.
554	32 years—married.	F.	6 weeks	167 days	Childbirth.	Melancholia.
878	55 years—married.	M.	2 months	85 days	None assigned.	Suicidal melancholia.
942	23 years—single.	F.	1 month	227 days	None assigned.	Mania.
919	65 years—married.	M.	3 weeks	94 days	Hereditary predisposition. Love affair.	Acute dementia.
548	17 years—single.	F.	6 weeks	175 days	Abuse of opium.	Mania.
751	63 years—widowed.	F.	1 week	334 days	Hereditary predisposition	Melancholia.
			Several weeks	2 years, 213 days	None assigned.	



TABLE XVII.  
OBITUARY.

No. in Register.	Age at Death and Civil State.	Sex.	Form of Mental Disorder and Bodily Condition when admitted.	Length of time Insane before Admission.	Duration of Residence in the Asylum.	Apparent Cause of Death.
835	22 years—single.	F.	Mania. Fair general health.	3 months.	62 days	Tubercular Pneumonia.
832	69 years—widowed.	F.	Melancholia. Very thin and infirm.	3 weeks.	75 days	Advanced age and chronic brain-disease.
852	66 years—single.	M.	Senile Dementia. Stout, infirm.	1 month (?)	16 days	Exhaustion from chronic brain-disease.
394	65 years—widowed.	F.	Mania. Thin and infirm.	A few months	4 years, 348 days	Disease of the heart.
535	34 years—married.	F.	Mania. Fair general health.	2 years	2 years, 219 days	Pulmonary consumption.
653	43 years—married.	M.	Melancholia. Weakly.	Unknown.	273 days	Disease of the heart and tuberculosis of lungs.
798	66 years—single.	F.	Dementia. Helpless from general paralysis.	1 year	185 days	General paralysis.
741	51 years—married.	F.	Mania. Fair general health.	10 days	370 days	General paralysis.
857	54 years—married.	M.	Mania. Greatly exhausted. Fractured ribs.	Unknown	6 days	Fractured ribs. Inquest.
296	72 years—widowed.	F.	Dementia. Infirm. Epileptic.	Unknown	6 years, 129 days	Chronic bronchitis with emphysema.
674	44 years—married.	F.	Mania. Good general health.	10 months	1 year, 281 days	Peripneumonia.
519	79 years—single.	M.	Melancholia. Very infirm.	2 weeks	2 years, 340 days	Natural decay.
736	42 years—married.	M.	Mania. Stout, paralysed.	10 days (?)	1 year, 56 days	General paralysis.
454	82 years—widowed.	F.	Senile Dementia. Very feeble and infirm.	6 months	2 years, 342 days	Natural decay.
165	60 years—married.	F.	Epileptic mania. Good general health.	Many years	7 years, 132 days	Disease of the heart and emphysema.
439	72 years—married.	F.	Mania. Slight, weakly.	3 weeks	4 years, 112 days	Broncho-pneumonia.
510	43 years—single.	M.	Senile Dementia. Very infirm.	2 months	2 years, 33 days	Natural decay.
728	42 years—married.	M.	Mania. Good general health.	6½ years	3 years, 166 days	Pulmonary consumption.
725	70 years—widowed.	M.	Dementia. Pallid, weakly. Epileptic.	5 years	1 year, 97 days	Epilepsy. Sudden. Inquest.
850	63 years—single.	F.	Melancholia. Infirm. Throat incised.	1 month	1 year, 118 days	Paralysis.
815	50 years—married.	F.	Mania. Extremely thin and feeble.	5 weeks	81 days	Exhaustion from chronic brain-disease.
870	35 years—single.	M.	Mania. Thin, much enfeebled.	1 year	209 days	Exhaustion from chronic brain-disease.
24	70 years—widowed.	F.	Dementia. Pallid and weakly.	10 weeks	45 days	Melanosis of liver and intestines.
791	40 years—married.	F.	Mania. Thin and feeble.	Many years	7 years, 228 days	Natural decay.
595	38 years—single.	M.	Mania. Stout and strong.	3 days	293 days	Paralysis with convulsions and coma.
452	44 years—single.	M.	Mania. Good general health.	4 months	2 years, 113 days	Tubercular Pneumonia.
566	29 years—single.	M.	Epileptic mania. Weakly.	10 years	4 years, 92 days	Epilepsy. Sudden. Inquest.
856	80 years—single.	F.	Mania. Fair general health.	3 weeks	2 years, 226 days	Pulmonary consumption.
211	41 years—married.	F.	Senile Dementia. Extremely thin and feeble.	Several weeks	108 days	Natural decay.
667	44 years—married.	F.	Mania. Thin and weakly.	3 weeks	7 years, 151 days	Hepatic disease; peritonitis.
787	68 years—married.	M.	Dementia. Paralysed.	6 weeks	2 years, 9 days	General paralysis.
740	55 years—married.	F.	Mania. Stout, feeble.	5 years	340 days	Paralysis; convulsions and coma.
128	50 years—single.	M.	Congenital imbecility. Thin and feeble.	4 months	1 year, 133 days	Tubercular pneumonia.
472	78 years—widowed.	F.	Senile Dementia. Thin and infirm.	From birth	7 years, 244 days	Disease of the Heart.
632	80 years—widowed.	F.	Mania. Thin and infirm.	7 months	4 years, 64 days	Natural decay.
776	68 years—widowed.	F.	Dementia. Thin and infirm.	Unknown	2 years, 67 days	Natural decay.
				1 year	1 year, 37 days	Paralysis; convulsions and coma.



# OBITUARY.

No. in Register.	Age at Death and Civil State.	Sex	Form of Mental Disorder and Bodily Condition when admitted.	Length of time Insane before Admission.	Duration of Residence in the Asylum.	Apparent Cause of Death.
871	56 years—married.	M.	Mania. Thin and feeble.	3 months	116 days	Asthenic pneumonia.
906	40 years—married.	M.	Mania. Stout. Paralytic.	1½ year	21 days	Broncho-pneumonia.
879	43 years—married.	M.	Mania. Much exhausted. Large bed sore.	2 weeks	87 days	Chronic brain-disease; convulsions and coma.
876	53 years—single.	M.	Melancholia. Stout. Deaf and dumb.	1½ year	105 days	Exhaustion from chronic brain-disease.
775	57 years—married.	F.	Melancholia. Stout. Paralytic.	3 years	1 year, 50 days	Paralysis; convulsions and coma.
478	64 years—widowed.	M.	Mania. Good general health.	18 months	4 years, 95 days	Exhaustion from chronic brain-disease.
793	48 years—single.	M.	Dementia. Thin. Paralytic.	1 year	1 year, 9 days	General paralysis.
598	38 years—single.	M.	Dementia. Stout. Paralytic.	4 months	2 years, 202 days	General paralysis.
721	40 years—married.	M.	Mania. Good general health.	1 week	1 year, 258 days	General paralysis.
824	49 years—married.	F.	Mania. Thin and weakly.	2 months	1 year, 307 days	Disease of the heart.
825	79 years—single.	M.	Mania. Stout, infirm.	3 years	306 days	Apoplexy.
921	85 years—single.	M.	Senile Dementia. Thin and very infirm.	3 months	34 days	Apoplexy.
913	48 years—single.	F.	Melancholia. Phthisical.	Unknown	79 days	Pulmonary consumption.
756	44 years—married.	M.	Mania. Stout, good general health.	3 months	1 year, 177 days	Ulceration and perforation of intestine.
55	60 years—single.	F.	Dementia. Epileptic. Thin and weakly.	Many years	7 years, 359 days	Apoplexy.
934	58 years—married.	F.	Mania. Greatly exhausted.	2 days	11 days	Exhaustion from acute mania.
561	49 years—married.	M.	Mania. Stout. Paralytic.	1 month	3 years, 37 days	General paralysis.
605	24 years—single.	M.	Mania. Deaf and blind. Weakly.	2 months	2 years, 342 days	Pulmonary consumption.
654	58 years—married.	M.	Mania. Thin. Paralytic.	7 years	2 years, 172 days	Fatty degeneration of the heart.
927	44 years—single.	F.	Mania. Thin. Paralytic.	2 months	77 days	Paralysis; convulsions and coma.
946	72 years—widowed.	M.	Senile Dementia. Thin and feeble.	4 years	31 days	Paralysis; convulsions and coma.
910	59 years—married.	M.	Dementia. Stout. Paralytic.	18 months	148 days	General paralysis.
953	58 years—widowed.	M.	Mania. Exhausted from diarrhoea.	2 weeks	55 days	Chronic enteritis.
611	35 years—single.	F.	Mania. Good general health.	1 year	2 years, 286 days	Pulmonary consumption.
883	65 years—single.	M.	Melancholia. Infirm.	1 month	241 days	Senile bronchitis; emphysema.
842	38 years—single.	M.	Idiotcy. Thin and very feeble.	From birth	360 days	Exhaustion from chronic brain-disease.
779	69 years—married.	M.	Mania. Stout. Infirm.	3 weeks	195 days	Paralysis; convulsions and coma.
954	84 years—widowed.	M.	Senile Dementia. Thin and very infirm.	7 months	32 days	Natural decay.
887	42 years—married.	F.	Dementia. Thin. Paralytic.	3 years	250 days	General paralysis.
962	48 years—married.	M.	Mania. Feeble from paralysis.	9 months	19 days	General paralysis.
929	34 years—single.	M.	Mania. Feeble from paralysis.	1 week	123 days	General paralysis.
628	62 years—married.	F.	Dementia. Thin and infirm.	Unknown	2 years, 269 days	Chronic brain-disease and general infirmity.
609	55 years—married.	M.	Melancholia. Thin and weakly.	3 months	1 year, 332 days	Exhaustion from chronic brain-disease.
95	79 years—widowed.	F.	Senile Dementia. Infirm.	Unknown	8 years, 108 days	Natural decay.
175	27 years—single.	M.	Imbecility. Blind. Good general health.	Unknown	8 years, 71 days	Pulmonary consumption.
970	19 years—single.	F.	Idiotcy. Paralytic and helpless.	From birth	21 days	Paralysis; asthenia.
853	79 years—married.	M.	Senile Dementia. Infirm.	Unknown	1 year, 7 days	Natural decay.



## ACCOUNT OF RECEIPTS AND PAYMENTS,

*From the 31st December, 1859, to the 31st December, 1860.**RECEIPTS.*

	£	s.	d.	£	s.	d.
From sale of corn .....	122	3	6			
"    "    pigs .....	114	13	4			
"    "    vegetables .....	25	12	0			
	<hr/>			262	8	10
From sale of bones .....	9	16	10			
"    "    dripping.....	6	2	8			
"    "    lard .....	1	2	6			
"    "    yeast, &c. ....	20	18	1			
	<hr/>			38	0	1

From maintenance-account.

## 1. Contributing Unions and Parishes—

Boston .....	972	0	3			
Bourn .....	242	1	1 $\frac{1}{4}$			
Brigg .....	876	7	11 $\frac{1}{2}$			
Caistor .....	474	5	13 $\frac{3}{4}$			
Gainsboro' .....	329	3	23 $\frac{3}{4}$			
Grantham .....	702	4	73 $\frac{3}{4}$			
Holbeach .....	557	17	7 $\frac{1}{4}$			
Horncastle .....	258	18	4 $\frac{1}{2}$			
Lincoln .....	977	3	63 $\frac{3}{4}$			
Louth .....	665	5	4			
Newark .....	253	15	5 $\frac{1}{4}$			
Peterboro' .....	113	15	83 $\frac{3}{4}$			
Sleaford .....	455	16	23 $\frac{3}{4}$			
Spalding .....	629	18	53 $\frac{3}{4}$			
Spilsby.....	703	16	31 $\frac{1}{2}$			
Stamford .....	185	10	31 $\frac{1}{2}$			
Thorne .....	109	0	7			
	<hr/>			8507	0	3

## 2 Non-contributing Unions—

Forehoe .....	7	19	0			
Hull .....	2	10	0			
Huntingdon .....	9	8	6			
	<hr/>			19	17	6

## 3 County—for vagrant paupers.....

121 12 6 $\frac{1}{2}$ 

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£8948 19 2 $\frac{1}{2}$ 

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## EXPENDITURE.

## 1.—SALARIES AND WAGES.

	£	s.	d.	£	s.	d.
Officers' Salaries .....	1045	0	0			
Attendants' and Servants' Wages .....	895	12	7			
	<hr/>			1940	12	7

## 2.—PROVISIONS.

Stock in hand from last year .....	72	15	0 $\frac{3}{4}$			
Arrowroot, 224 lbs. ....	8	8	0			
Bacon, 36 cwt. 0 qrs. 22 lbs. ....	106	4	0			
Barley, 3 cwt. 3 qrs. ....	3	11	3			
Butter, salt, 36 cwt. 0 qrs. 27 lbs. ....	202	19	6			
Butter, fresh, 1,317 $\frac{1}{2}$ lbs. ....	73	6	0			
Bread, 37,866 $\frac{1}{4}$ loaves .....	822	10	3			
Cheese, 46 cwt. 0 qrs. 25 $\frac{1}{2}$ lbs. ....	144	3	10 $\frac{1}{2}$			
Coffee, 12 cwt. 0 qrs. 12 lbs. ....	76	5	6			
Chicory, 245 lbs. ....	5	15	10			
Cocoa, 23 cwt. 0 qrs. 9 lbs. ....	54	4	0			
Dried fruits and spices. ....	6	8	1			
Eggs, 281 dozen .....	11	14	2			
Flour, 1395 $\frac{1}{2}$ st. ....	129	15	7			
Meat, 4701 st. 2 lbs. ....	1751	3	0			
Malt, 101 qrs. ....	316	10	0			
Hops, 9 cwt. 1 qr. 16 lbs. ....	39	9	0			
Brewer .....	46	0	0			
Oatmeal, 125 st. ....	14	2	9			
Peas, 58 st. ....	6	15	3			
Potatoes, 8 tons. 3 cwt. 2 qrs. ....	54	15	6			
Milk, 5,230 galls. ....	261	10	0			
Rice, 27 cwt. 2 qrs. 7 lbs. ....	20	3	0			
Sugar, soft, 47 cwt. 1 qr. 23 lbs. ....	95	15	0 $\frac{1}{2}$			
Sugar, loaf, 125 lbs. ....	3	2	6			
Salt, mustard, pepper, and vinegar .....	15	2	0 $\frac{1}{2}$			
Treacle, 47 cwt. 1 qr. 26 lbs. ....	39	3	9			
Tea, 1,238 $\frac{1}{2}$ lbs. ....	187	0	0			
Miscellaneous .....	7	1	4			
Engineer's allowance in lieu of board .....	39	0	0			
	<hr/>			4614	14	3 $\frac{1}{4}$
Deduct stock in hand .....	47	13	1			
	<hr/>			4567	1	2 $\frac{1}{4}$
Carried forward...				6507	13	9 $\frac{1}{4}$

	£	s.	d.	£	s.	d.
<i>Brought forward...</i>				6507	13	9 $\frac{1}{4}$
3.—NECESSARIES.						
Stock in hand from last year .....	210	12	7			
Candles, 636 lbs. ....	17	12	9			
Coals, hard, 216 tons. 9 cwt. ....	725	10	9			
„ gas, 137 tons. 19 cwt.....	73	2	3			
Oil, 25 galls.....	5	10	6			
Soap, 58 cwt. ....	69	12	0			
Soda, 40 cwt. 2 qrs. 8 lbs. ....	13	3	8			
Starch and Blue, 193 lbs. ....	5	0	5 $\frac{1}{2}$			
Wood, 5 loads .....	15	16	0			
Scouring-flannel, 28 pieces.....	25	8	6			
Labour in the manufacture of gas .....	42	9	4			
Lime for gas .....	2	4	0			
Hire of lamps, and wicks .....	6	0	10			
Sundries—whiting, black-lead, hearth-stones, blackening, &c.....	16	8	6			
	1228	12	1 $\frac{1}{2}$			
Deduct stock in hand.....	345	19	5			
				882	12	8 $\frac{1}{2}$
4.—DISPENSARY.						
Tobacco, 311 lbs. ....	49	6	8			
Snuff, 65 lbs. ....	14	12	6			
Drugs .....	103	6	8			
				167	5	10
5.—WINE, SPIRITS, AND PORTER.						
Stock in hand from last year.....	1	8	6			
Wine, 18 galls. ....	16	10	0			
Brandy, 2 galls. ....	2	19	0			
Porter, 936 galls. ....	71	2	0			
	91	19	6			
Deduct stock in hand.....	5	19	9			
				85	19	9
<i>Carried forward...</i>				7643	12	0 $\frac{3}{4}$



	£	s.	d.	£	s.	d.
<i>Brought forward...</i>				7643	12	0 $\frac{3}{4}$
6.—FURNITURE.						
Baskets, 14 .....	7	1	0			
Candlesticks, 7.....	0	13	0			
Coal-shovels, 6.....	0	12	0			
Combs, 12 doz.....	3	12	0			
Cord, for window blinds .....	0	10	0			
Culinary and other utensils.....	41	6	2			
Diaper, 366 $\frac{3}{4}$ yards .....	33	4	9			
Door-mats, 23 .....	7	15	6			
Knitting-cotton, for window curtains .....	1	3	7			
Knives and forks, 61 .....	4	8	9			
Knife-sharpener, 1 .....	0	4	6			
Lamp, 1 .....	0	3	6			
Looking-glasses, 6 .....	0	14	10			
Marcella, 6 yards.....	0	12	0			
Mops, Brooms, and Brushes.....	21	18	0			
Palette-knife, 1.....	0	2	3			
Scissors, 2 pairs .....	0	5	0			
Sheeting, 14 yards .....	2	12	6			
Sheets, 6 .....	0	6	0			
Strainer, 1.....	0	4	0			
Table-cover, 1 .....	0	10	6			
Taps, 2 .....	0	13	0			
Tea-kettle, 1 .....	0	7	6			
Tea-pots, 4 .....	0	11	0			
Tea-tray, 1 .....	0	5	6			
Thermometers, 6 .....	1	1	0			
Tin-cans, 18.....	2	0	6			
Toilet-covers, 18 .....	1	16	0			
Towelling, 130 $\frac{1}{2}$ yards.....	3	13	5			
Waterproof-sheeting, 36 yards.....	2	18	6			
Wooden-pails, 24 .....	4	10	0			
Repairs .....	8	5	3			
Miscellaneous .....	1	15	7			
				155	17	1
<i>Carried forward...</i>				7799	9	1 $\frac{3}{4}$
E						

	£	s.	d.	£	s.	d.
<i>Brought forward...</i>				7799	9	13 $\frac{3}{4}$
7.—CLOTHING.						
Stock in hand from last year .....	369	15	7 $\frac{1}{4}$			
Calico, 3543 yards .....	77	7	9			
Chambrey, 292 $\frac{1}{2}$ yards .....	11	11	6 $\frac{3}{4}$			
Check, 369 $\frac{1}{2}$ yards .....	13	14	0 $\frac{1}{2}$			
Chocolate tick, 172 $\frac{1}{2}$ yards .....	8	19	8			
Cloth, 157 $\frac{1}{2}$ yards .....	39	3	4 $\frac{1}{2}$			
Clogs and Clog-irons .....	1	19	4			
Cobourg, 99 $\frac{1}{2}$ yards .....	6	16	9 $\frac{3}{4}$			
Corduroy, 264 $\frac{1}{4}$ yards .....	21	9	5			
Derry, 376 yards .....	10	11	6 $\frac{1}{4}$			
Doeskin, 93 $\frac{1}{4}$ yards .....	12	18	10 $\frac{1}{4}$			
Dressmaker .....	1	8	0			
Flannel, 864 yards .....	45	18	0			
Forfar, 411 yards .....	9	16	10 $\frac{1}{2}$			
Handkerchiefs, 115 dozen 11 ....	19	0	3			
Irish, 64 yards ..	4	5	4			
Jean, 106 yards .....	3	1	10			
Leather, &c. ....	108	14	7			
Men's Caps, 12 dozen .....	6	18	0			
Muslin collars, &c. ....	10	15	6			
Night-caps, 12 dozen .....	2	7	0			
Print, 3279 $\frac{1}{2}$ yards .....	75	18	1 $\frac{1}{2}$			
Shirting, 1487 yards.....	58	17	2 $\frac{1}{2}$			
Shoemaker .....	101	11	1			
Slate lining, 175 yards.....	2	3	9			
Stays, 72 pairs .....	11	5	0			
Tailor .....	43	12	0			
Thread, tape, needles, &c. ....	25	10	9			
Ticking, 207 yards .....	9	18	4 $\frac{1}{2}$			
Worsted, 216 .....	21	3	0			
	1136	12	7 $\frac{1}{4}$			
Deduct stock in hand.....	422	6	1 $\frac{1}{4}$			
				714	6	6
<i>Carried forward...</i>				8513	15	7 $\frac{1}{2}$



£	s.	d.	£	s.	d.
			8513	15	7 $\frac{3}{4}$

*Brought forward...*

## 8.—MISCELLANEOUS.

Advertisements, printing, stationery, and postage .....	70	17	1		
Allowance to out-patients.....	5	4	3		
Carriage of goods .....	13	17	0		
Chimney-sweeping .....	4	12	0		
Cleaning and repairing clocks .....	1	11	6		
Coffin-boards.....	16	5	0		
Cutting patients' hair .....	10	0	0		
Music .....	7	6			
Patients' amusements .....	1	10	0		
Rates and taxes .....	7	16	9 $\frac{1}{2}$		
Re-capture of patients .....	0	5	0		
Removing a patient .....	2	6	4		
Other expenses.....	13	3	7 $\frac{1}{2}$		
	-----			147	16 1

## 9.—FARM.

Stock in hand from last year .....	145	0	0		
Pigs .....	1	11	6		
Implements of husbandry .....	20	11	11		
Labour .....	77	0	0		
Provender.....	119	15	4		
Manure .....	34	11	4		
Seed .....	16	10	6		
Miscellaneous expenses.....	0	13	6		
	-----			415	14 1
Deduct stock in hand .....	164	15	0		
	-----			250	19 1
				-----	
				£8912 10 9 $\frac{3}{4}$	
				-----	

*For the Year ending 31st December, 1860.*

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### EXPENDITURE.

GEORGE KIRKUP,  
CLERK AND STEWARD.



# FARM ACCOUNT.

Dr.				Cr.		
	£	s.	d.	£	s.	d.
To Stock in hand, 31st Dec., 1859 .....	145	0	0	By Provisions supplied to the Asylum:—		
Cash paid for Stock .....	1	11	6	Potatoes .....	129	4 5
" .....	20	11	11	Other Vegetables .....	56	5 6
" .....	77	0	0	Pork .....	20	3 4
" .....	119	15	4	Eggs .....	2	17 6
" .....	34	11	4			208 10 9
" .....	16	10	6	By Sale of Corn.....	122	3 6
" .....	0	13	6	" .....	114	13 4
" .....	23	8	0	" .....	25	12 0
Estimated value of farm-man's rations .....	16	9	0			262 8 10
Hog-wash and grains supplied .....				By Leading 350 tons 12 cwt. of Coals to the Asylum, at		
				2/4 and 2/6 per ton .....	40	1 5
Balance to profit.....				By estimated value of Stock in hand, 31st Dec., 1860...	164	15 0
						£675 16 0

GEORGE KIRKUP,

CLERK AND STEWARD.

*Contract Prices of the principal Articles of Consumption, &c., during  
the year ending 31st December, 1860.*

Articles.	First Quarter.		Second Quarter.		Third Quarter.		Fourth Quarter.	
	s.	d.	s.	d.	s.	d.	s.	d.
Bread, at per 4lb. loaf.....	0	4½	0	4½	0	6	0	5¾
Flour, at per stone .....	1	6	1	6	2	3	2	2
Beef, „ „ .....	7	3	7	6	8	10	6	11
Mutton, „ „ .....	7	3	7	6	8	10	6	11
Prime joints, at per lb. ...	0	7	0	7	0	9	0	7
Milk, at per gallon .....	1	0	1	0	1	0	1	0
Malt, at per quarter .....	72	0	60	0	{ 60 0 64 0		{ 64 0 70 0 66 0	
Hops, at per lb. ....	0	9	0	9	0	9	0	9
Butter, salt, at per cwt. ...	112	0	112	0	112	0	112	0
Cocoa, „ „ ...	46	0	46	0	48	0	48	0
Tea, ordinary, at per lb. ...	2	9	2	9	2	10	2	10
Treacle, at per cwt. ....	16	6	16	6	16	6	16	6
Sugar, ordinary, „ .....	40	0	40	0	40	0	40	0
Coals, at per ton:—								
Hard .....			{ 12 8 11 9		{ 12 10 11 11			
Gas .....			11	0	11	3	11	3

GEORGE KIRKUP,

CLERK AND STEWARD.



# ORDINARY DIET.

WEEK DAYS.	BREAKFAST.				DINNER.												SUPPER.					
	Males.		Females.		Males.						Females.						Males.		Females.			
	Bread.	Cocoa.	Porridge.	Bread.	Cocoa.	Bread.	pts.	oz.	Suet Pudding.	Cooked Meat.	Pie.	Soup.	Stew.	Vegetables.	Bread.	pts.	oz.	Butter.	Tea, or Coffee.	Bread.	Butter.	Tea, or Coffee.
SUNDAY .....	6	1	—	5	1	—	4	6	4	—	—	—	—	8	—	6	1	5	1	5	1	1
MONDAY .....	6	1	—	5	1	6	—	—	—	—	—	1	—	—	5	—	6	1	5	1	5	1
TUESDAY .....	6	—	1	5	1	—	—	11½	—	10	—	—	—	8	—	6	1	5	1	5	1	1
WEDNESDAY .....	6	1	—	5	1	—	4	6	4	—	—	—	—	8	—	6	1	5	1	5	1	1
THURSDAY .....	6	—	1	5	1	6	—	—	—	—	—	—	12	—	5	1	6	1	5	1	5	1
FRIDAY .....	6	1	—	5	1	—	4	6	4	—	—	—	—	8	—	6	1	5	1	5	1	1
SATURDAY .....	6	—	1	5	1	—	—	11½	—	10	—	—	—	8	—	6	1	5	1	5	1	1
TOTAL .....	42	4	3	35	7	12	3½	21	12	20	1	1	12	52	10	3½	12	18	20	42	3½	7

Cocoa for 250 Patients.—7½lb. cocoa, 15lb. treacle, 9 galls. milk.

Porridge do. 18lb. oatmeal, 20 galls. milk, 12 galls. water.

Soup do. The liquor of the cooked meat, uncooked bones, 28lb. beef, 14lb. rice, 14lb. peas, 7lb. pearl barley, herbs, salt, pepper, &c.

Stew do. 28lb. beef, 168lb. vegetables in the liquor of the meat cooked previously.

EXTRA DIET.—Out-door workers, 4oz. bread, 2oz. cheese, and half a pint beer, at 11 a.m.  
 Kitchen, laundry, and washerwomen, 2oz. bread, 1oz. cheese, ½ pint beer, at 11 a.m.; and 4oz. bread, ½oz. butter, and 1 pint tea, at 4 p.m.

Ward-cleaners, 4oz. bread, 2oz. cheese, at 8 p.m. on Tuesdays and Fridays.

Tobacco and snuff are given as rewards to the industrious.

## ATTENDANTS' DIETARY.

Males.—10½lb. bread, 5½lb. cooked meat, 14 pints beer, ½lb. fresh butter, ½lb. coffee, 1lb. sugar, 2oz. tea, 1lb. cheese, 3½ pints milk, vegetables—weekly.

Females.—10½lb. bread, 3½lb. cooked meat, 10½ pints beer, ½lb. fresh butter, ½lb. coffee, 1lb. sugar, 2oz. tea, 1lb. cheese, vegetables—weekly.

