

**State of the Lincoln Lunatic Asylum (instituted November 4, 1819) :  
[nineteenth report].**

**Contributors**

Lincoln Lunatic Asylum (Lincoln, England)  
Brooks, G.

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STATE  
OF THE  
LINCOLN  
LUNATIC ASYLUM,

*(Instituted November 4, 1819.)*

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1843.  
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LINCOLN:  
PRINTED BY J. W. DRURY, HIGH-STREET.

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1843.

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LINCOLN  
LUNATIC ASYLUM.

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NINETEENTH REPORT.

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SINCE the publication of the last Annual Report, the situation of House Surgeon has become vacant by the retirement of Mr. William Smith, who has entered upon the duties of House Surgeon of the Lincoln County Hospital. Mr. William Graham has been appointed to succeed in the vacant office, and has given much satisfaction to the Board, and every promise of future usefulness.

The avoidance of Instrumental Restraint, as well as of Solitary Confinement, still continues; and a remarkable confirmation of the principle has occurred, from the circumstance of the Board having ordered a register to be kept of every instance of Manual Detention continued longer than ten minutes. The desperate struggle, which used to occur for the purpose of inflicting the instruments, might easily extend beyond ten minutes; and yet only three instances of manual detention to that extent, have been found necessary during twenty-four successive months. The Boards submitted to have their time occupied in listening to the evidence of persons, discharged for misbehaviour towards the Patients; who endeavoured to justify their own conduct by exaggerations and mistatements; and among other matters affirmed, that it had been necessary to subject the Patients to manual detention for days together.



On the resignation of the House Surgeon, the Board passed the following resolutions.

*Dec. 5, 1842. Resolved*, on the motion of Dr. Charlesworth, seconded by Mr. R. G. Hill,

“THAT this Board, on the retirement of Mr. William Smith, cannot omit the opportunity of expressing its acknowledgments, for his having conducted the personal management of the Patients of this house, without a single instance of personal restraint, and, at one period, under peculiar difficulties, from the want of adequate and experienced attendants.”

“THAT the best acknowledgments of this Board are due to Mr. William Smith, for his having latterly laid down and adopted in practice, the broad principle, that Solitary Confinement ought to be utterly abolished.”

During the year a question has arisen, as to the extent of authority over the Patients, vested in the medical department; and the General Board thought it right, under the circumstances, to set all such questions at rest for the future; and at the same time to negative a variety of malpractices in treatment, either very long disused in this house, or never introduced at all into the system pursued there; but yet not formally forbidden by any express order of the Board, and therefore remaining matters of opinion, or discretion, as regarded their employment.

*Jan. 11, 1843. Resolved*, on the motion of the Rev. W. M. Pierce, seconded by Sir Edward Ffrench Bromhead, Bart., V. P.

“THAT the practice of the Medical Officers of this house is not arbitrary, or wholly discretionary, but is to be exercised under the Rules and the Orders of the Board, and within such limits, and on such principles, as this Board shall define.”

“THAT the Board has always acted herein with the greatest reserve and caution, and not without reference to medical authority, and the results of medical experience in this house and elsewhere; and that the most ample latitude has been allowed to inquiry, and to the use of any tone of language and action, however hostile towards the Board, and the character and interests of the house.”



*Resolved*, on the motion of Sir Edward Ffrench Bromhead, Bart., V. P., seconded by Mr. C. F. Sutton,

“THAT, under the present circumstances, the Board thinks it proper to express its sentiments upon certain points of practice to be observed in this house.”

- 1 “THAT this Board disapproves and disallows the use of Fermented Drink, as part of the ordinary diet of the Patients, or under the plea of supporting strength during any employment ; leaving, as heretofore, the widest discretion to the Medical Officer, in the use of wine and porter, for cases seeming specially to require the use thereof; and that this Board is fully determined to maintain the nutritious and substantial diet, substituted some years ago for the use of Fermented Drink.”
- 2 “THAT this Board is more and more confirmed in its reprobation of Instrumental Restraint, and in its previously expressed opinion to estimate the competency of its Officers, by the disposition shown to avoid the use of Instruments and other violent processes, and to avoid Seclusion as a means of coercion.”
- 3 “THAT the introduction into this house, of the ‘ Whirling Chair,’ the ‘ Bath of Surprise,’ the ‘ Douche,’ and other such violent and abrupt practice towards the Patients, is hereby interdicted.”
- 4 “THAT no system of warming this house, by which the Patients may breathe a heated atmosphere, be introduced.”
- 5 “THAT the practice of ‘ Shaving the heads’ of Lunatics, ‘ Blood-letting,’ the ‘ Cold Bath,’ ‘ Baths above blood heat,’ the process of subduing violence by the use of ‘ Tartarised Antimony’ or of ‘ Narcotics,’ the practice of enforcing sleep by Opiates, and courses of Drastic Medicines, are hereby interdicted, except in special cases otherwise medically requiring the same.”

“A Letter from the late House Surgeon, having been read as follows,”

LINCOLN LUNATIC ASYLUM, JAN. 11, 1843.

Gentlemen,

I cannot take leave of your invaluable Institution, in which I shall never cease to feel the deepest interest, without



reconsidering an opinion I have lately entertained, of a benefit from Stimulants, in the ordinary diet of the Insane. A more mature experience of the practice of this house, aided by careful inquiries and the practical views of many well informed persons, has convinced me that stimulating drink (except there should be any special cases medically requiring it) must further exhaust the already impaired nervous system of the Insane; and that the surest means of restoring and sustaining a healthy tone, will be found in nutritious aliment, fresh air, warm clothing, dry lodging, and other means of the same nature well known in this house. I will venture to express my belief that the substantial nutritious dietary of the Lincoln Asylum, is not surpassed in any other public Asylum in this kingdom;—and, while I contemplate the spacious Day rooms, warmed with open fires kept up throughout the summer months, when the season is cold or damp; the broad extensive Galleries for exercise in wet weather; the Boarded floors in every room throughout the house; the cheerful Grounds and ample Courts; the total abolition of the depressing influence of Instrumental Restraint, and of Solitary Confinement as an alternative; with other notable improvements, in which this Institution has taken so conspicuous a lead; I would respectfully deprecate any attempt at returning to the system of Stimulants, and the withdrawal of the increased allowance of Animal Food, so happily substituted in this place.

I have the honor to remain, Gentlemen,

Your faithful and obedient Servant,

WM. SMITH, House Surgeon.

*Resolved*,—"THAT the same be entered on the Minutes, and that Mr. Smith be thanked for his communication."

The improvements in the treatment of the Insane, have heretofore been more in the general economy of their management, and the negating injurious practices, than in any positive medical means; which must generally depend upon the source of the disease in each case. The greatest benefits however have arisen from the clear stage thus left to nature, under a careful attention to the general health. It is quite remarkable to observe



how a regular and sober general management, tends to diminish all the more striking evils, which are so prominent in these institutions; and which render the management in such cases so painful and so very difficult. The evils assume a milder and more manageable form, or almost wholly melt away without any very defined reason, under a sound general economy; though the greatest efforts and most ingenious expedients had previously been resorted to in vain. Such inconveniences must however more or less exist at all times; and it would be of great public benefit to collect into one focus and publish, all the minor contrivances, which experience has suggested for meeting these difficulties. It is hoped that the Medical department, and the Board of this Asylum, will endeavour to accumulate materials on these points for future reports; and it is not improbable that other heads may occur to them, not enumerated among the following.

- 1 Excitement and violence.
- 2 Insomnolence.
- 3 Noisiness.
- 4 Abusive, profane, and obscene language.
- 5 Mischievous tricks, tearing cloths, undressing, &c.
- 6 Treachery.
- 7 Suicidal propensities.
- 8 Refusing food.
- 9 Depraved appetites for food.
- 10 Depressing habits.
- 11 Irretention by the bowels.
- 12 Irretention by the bladder.
- 13 Bedridden.
- 14 Crippled.
- 15 Sinking, and extreme debility.
- 16 Fits.

The practice of Monthly Assemblies for the amusement of the Insane during the Winter Season, seems to be extending to other Institutions; and it may therefore be worth while to mention, that the comparative dullness of the male side of the house on these occasions, has been removed by the introduction of Female Children, who appear to enjoy much joining in these dances, and apparently with less fear than any other persons of their own sex, who may



be present. Dr. Pritchard's able Report of the Northampton Asylum, just issued, mentions that there the time for closing the scene is announced by the National Anthem.

The Board has been desirous that the Tables, appended to their Reports, should be as full, accurate, and candid as possible. These are actually necessary to elucidate the true state of the house, and the statistical results of practice. Every Board honestly desirous to serve the public, and advance this most important branch of science, will fearlessly and unhesitatingly state the real facts, without any attempt to soften appearances, totally relying on upright intentions. Suicides should not be disguised under other names; and on this point the Board has been most scrupulous. The cases of Recovery should not be exaggerated, nor the proportion of deaths mystified, by any loose statement affecting the amount of Re-admissions. The Accounts should invariably be furnished, as indicating the general economy of the house, and numerous points of treatment, the scale and rate of expenditure of the Household, and the amount of property wasted under the guise of profitable employment, requiring increased capital, and enhancing the rates of charge. The Tables should also be retrospective, fairly indicating either progress or regression in the management, and offering very valuable statistical results, for drawing general conclusions. Publicity and the public eye, reaching every recess of the establishment, are the only ground to be permanently depended upon, against the growth of errors and abuses. Every false step (and the best intentions may make many) which may be kept back from the public, is a beacon and warning lost to other establishments.

The attention of the Governors is requested to a new table, adopted with variations from the noble national establishment at Hanwell, forming a return of the daily state of the Patients.

G. BROOKS,

CHAIRMAN.

*June 5th, 1843.*

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Bower, Mr. Anthony . . . . Lincoln	5	0	0	late Dr. Knolton . . . . Boston	23	13	0
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Brand, Rev. Mr. . . . . . Siggleshorpe	10	10	0	Darwin, Mr. . . . . . Sleaford	5	0	0
Brittain, Mr. . . . . . Sleaford	5	5	0	Deacon, Rev. J. R. Waddington	21	0	0
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Gwydir, Lord ... Grimsthorpe	105	0	0	Maddison, Rev. G. ....	5	5	0
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Kent, Mr. Thomas Westoby ..	20	0	0	Orme, Rev. Dr. .... Louth	5	0	0
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Lady unknown ...	50	0	0	Overton, Mr. Titus .. Horncastle	5	5	0
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Lawrence, Miss ...	5	5	0	Partridge, Rev. S. .... Boston	5	5	0
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Lincoln Cathedral, Senior Vicars				a Gentleman unknown ....	50	0	0
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Saunders, Rev. C. . . . .Stamford	5	0	0	provements in progress . . . .	5	0	0
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Slater, Mr. S. . . . .North Carlton	5	0	0	Westmoreland, Mr. . . . .Billingbro'	10	10	0
Smith, Mr. Tyrwhitt . . .Lincoln	21	0	0	Wetherall, Mr. J. . . . .Gainsbro'	10	10	0
Smith, Mr. John . . . . .Gainsbro'	20	0	0	Whichcote, Sir T. Bt. Aswardby	100	0	0
Smith, Mr. Samuel . . . .London	50	0	0	Wilkinson, Mr. . . . . .Kyme	5	5	0
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Oxspring, Mr. John . . . .Lincoln	450	0	0	Wilson, Mr. R. . . . .Willingham			
Parnell, Mr. Paul . . . . .Lincoln	100	0	0	by Stow . . . . .	10	0	0
Reeve, Mrs. . . . . .Leadenham	45	0	0	Wilson, Mr. Robert, Nettleham,			
				by Mr. J. L. Fytche . . . . .	100	0	0

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Parochial Collections . . . . .1911 8 1



## STATE OF THE PATIENTS.

*Number of the Patients admitted, and of those discharged from the Books,*

From Jan. 1, 1842, to Dec. 31, 1842.				From April 26, 1820, to Dec. 31, 1842.			
	M.	F.	Tot.		M.	F.	Tot.
Remained Jan. 1, 1842 . . . .	50	42	92				
Admitted in 1842 . . . . .	32	29	61	Admitted . . . . .	417	343	760
Re-admitted in 1842 . . . . .	9	9	18	Re-admitted . . . . .	91	86	177
Discharged in 1842 . . . . .	29	30	59	Discharged . . . . .	446	379	825
Remained Dec. 31, 1842 . . . .	62	50	112	Remained Dec. 31, 1842 . .	62	50	112

*State of the Patients when discharged from the Books,*

From Jan 1, 1842, to Dec. 31, 1842.		From April 26, 1820, to Dec. 31, 1842.	
Recovered . . . . .	15	Recovered . . . . .	352
Improved. . . . .	4	Improved . . . . .	82
Removed during treatment . . . . .	21	Removed during treatment . . . . .	183
Improper objects . . . . .	0	Improper objects . . . . .	2
By order of the Board . . . . .	2	By order of the Board . . . . .	23
Escaped . . . . .	0	Escaped . . . . .	7
Dead . . . . .	17	Dead . . . . .	176
	<u>59</u>		<u>825</u>

*Re-admissions.*

<i>Of the 760 Patients admitted, have been Re-admitted,</i>		<i>Of the 352 Patients discharged as recovered, have been Re-admitted,</i>	
92 Patients 1 time each . . . . .	92 cases	40 Patients 1 time each . . . . .	40 cases
16 . . . . . 2 times each . . . . .	32 . . . .	15 . . . . . 2 times each . . . . .	30 . . . .
5 . . . . . 3 . . . . .	15 . . . .	3 . . . . . 3 . . . . .	9 . . . .
3 . . . . . 5 . . . . .	15 . . . .	3 . . . . . 5 . . . . .	15 . . . .
1 . . . . . 7 . . . . .	7 . . . .	1 . . . . . 7 . . . . .	7 . . . .
2 . . . . . 8 . . . . .	16 . . . .	2 . . . . . 8 . . . . .	16 . . . .
	<u>119 Patients.</u>		<u>64 Patients.</u>
	<u>177 cases.</u>		<u>117 cases.</u>

Of whom 10 have died and 5 remain in the Asylum.



	1820	1821	1822	1823	1824	1825	1826	1827	1828	1829	1830	1831	1832	1833	1834	1835	1836	1837	1838	1839	1840	1841	1842.	Totals.
Carried on to each year	..	13	15	21	27	30	34	44	45	42	49	41	44	47	50	66	62	85	88	101	109	96	92	
Admitted in ditto.....	21	21	20	23	32	25	31	23	37	35	33	20	30	34	40	32	43	33	57	45	27	37	61	760
Re-admitted in ditto ...	..	2	..	2	..	7	4	4	4	6	10	9	7	6	19	10	10	12	13	13	6	15	18	177
Total under care in ditto	21	36	35	46	59	62	69	71	86	83	92	70	81	87	109	108	115	130	158	159	142	148	171	
Daily Average in ditto..	6.8	15.	16.7	21.6	31.	33.4	40.8	44.3	47.	41.7	49.7	43.6	49.	51.5	56.3	61.2	76.5	90.	94.5	107.2	104.2	97.2	101.	56.
Recovered in ditto .....	6	7	8	12	10	13	14	12	19	15	31	13	12	11	16	17	23	15	31	25	10	17	15	352
Otherwise removed in do	2	11	4	3	14	8	8	8	18	18	12	4	10	17	23	20	3	12	16	15	20	24	27	297
Died in ditto .....	..	3	2	4	5	7	3	6	7	1	8	9	12	9	4	9	4	15	10	10	16	15	17	176
Remained from ditto, } December 31, 1842.	..	..	..	1	2	..	1	2	..	..	..	1	2	3	2	3	9	2	9	12	6	16	41	112
<b>CAUSES OF THE DEATHS.</b>																								
Apoplexy .....	..	1	..	..	..	1	..	..	..	..	..	..	..	1	..	1	1	..	2	2	2	1	..	13
Catalepsy .....	..	..	..	..	1	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1
Cholera Morbus .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1	..	..	..	1
Consumption .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	17
Diarrhoea .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	5
Disease of Bowels .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	5
— Brain.....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	9
— Heart.....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	2
— Liver .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1
Dropsy .....	..	..	1	1	1	1	2	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	7
Dying when admitted ..	..	..	..	1	..	1	..	1	1	..	..	..	..	..	1	..	1	..	1	..	..	..	..	7
Erysipelas .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1
Epilepsy .....	..	..	..	1	1	..	..	1	1	..	1	2	1	..	..	..	..	..	..	1	1	..	..	11
Fever.....	..	..	..	..	..	..	..	1	1	..	..	1	..	1	..	..	..	3	..	1	2	..	..	9
Found dead in bed .....	..	..	..	..	..	..	..	..	1	..	..	..	..	..	1	..	..	..	..	..	..	..	..	2
Gradual Exhaustion ..	..	1	..	..	..	2	1	2	2	..	6	5	1	3	..	1	1	1	2	..	5	5	42	42
Inflamed Brain .....	..	..	..	..	1	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	2
— Lungs .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	2	..	..	..	..	..	..	..	2
— Parotid Gland .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1	..	..	..	..	..	..	..	1
— Trachea .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1
Locked Jaw .....	..	..	..	..	..	1	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1
Maniacal Exhaustion ..	..	..	..	..	..	..	..	..	1	1	..	..	2	1	..	1	..	..	..	..	..	..	..	6
Old Age .....	..	..	..	1	..	..	..	1	1	..	1	..	..	..	..	..	..	..	..	..	..	..	..	8
Paralysis .....	..	..	..	..	..	..	..	..	..	..	1	..	..	..	..	..	..	..	..	..	..	..	..	4
Psoas Abscess .....	..	..	..	..	..	1	..	..	..	..	..	..	..	1	2	1	..	..	..	1	1	..	..	4
Suicide .....	..	1	..	..	1	..	..	..	..	..	..	1	4	1	..	..	..	..	..	..	..	..	..	7
Tabes .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	5
Tumor of the Uterus...	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1
Water in the Head .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	1	..	..	..	..	..	..	..	1

From 1820 to 1826 inclusive, each year commences with April 1, and afterwards with January 1; leaving 9 months only for 1827.



*Periods of Decease after Admission in 1842.*

Between 1—7 days	Days 7—14	Weeks 2—4	Months 1—3	Months 3—6	Months 6—12	Years 1—2	Years 2—3	Years 3—18	Total.
1	2	1	2	2	1	0	2	6	17

*Periods of Decease after Admission, from the commencement of the Institution.*

Between 1—7 days	Days 7—14	Weeks 2—4	Months 1—3	Months 3—6	Months 6—12	Years 1—2	Years 2—3	Years 3—18	Total.
7	11	10	20	20	27	26	16	39	176

*Ages at the time of Decease in 1842.*

Betw. 20	20—30	30—40	40—50	50—60	60—70	70 & upw.	unknown	Total.
0	5	3	4	2	2	1	0	17

*Ages at the time of Decease, from the commencement of the Institution.*

Betw. 20	20—30	30—40	40—50	50—60	60—70	0 & upw.	unknown	Total.
1	20	39	36	31	26	14	9	176

*Number of Deaths in each month, from the commencement of the Institution.*

Jan.	Feb.	Mar.	April	May	June	July	Aug.	Sep.	Oct.	Nov.	Dec.	Total
13	14	10	19	16	19	13	18	7	16	16	15	176



WEEKLY RETURN  
OF THE STATE OF THE PATIENTS,  
*from 8 a. m. Jan. 9, to 8 a. m. Jan. 16, 1843.*

<i>Number of Patients in the House.</i>	M. 61	F. 50	Totals. 111
<i>First Rank.</i>	2	3	5
<i>Second Rank.</i>	3	5	8
<i>Third Rank.</i>	56	42	98
<i>Maintained by their Friends.</i>	13	16	29
<i>Maintained by the Public.</i>	48	34	82
<i>Less than 1 year since the 1st attack.</i>	2	3	5
<i>From 1 to 2 years since the 1st attack.</i>	3	4	7
<i>More than 2 years since the 1st attack.</i>	56	43	99
<i>Less than 1 year since admission.</i>	14	15	29
<i>From 1 to 2 years since admission.</i>	9	5	14
<i>From 2 to 18 years since admission.</i>	21	20	41
<i>Re-admitted cases, not included in the above.</i>	17	10	27
<i>Not expected to recover.</i>	49	35	84
<i>Expected to recover.</i>	12	14	26
<i>Convalescent.</i>	0	1	1
<i>Cases of Idiocy.</i>	5	1	6
<i>Cases of Epilepsy.</i>	6	4	10
<i>Cases of Paralysis.</i>	0	1	1
<i>Cases of Imbecility.</i>	37	25	62
<i>Having attempted Suicide.</i>	11	12	23



DAILY RETURN OF THE STATE OF THE PATIENTS,

from 8 a. m. Jan. 9, to 8 a. m. Jan. 16, 1843.

NUMBER OF PATIENTS.	MALE.							FEMALE.						
	M.	T.	W.	Th.	F.	S.	SU.	M.	T.	W.	Th.	F.	S.	SU.
In the orderly wards . . . . .	34	34	34	35	35	35	36	22	20	23	23	22	23	25
In the disorderly wards . . . . .	29	29	29	28	28	26	25	28	30	27	27	28	27	25
With confined bowels . . . . .	1	..	..	3	1	2	2	1	1	..	1	..	..	..
With relaxed bowels . . . . .	1	..	..	..	..	..	..	..	..	..	..	..	1	1
Uncleanly by day . . . . .	1	..	..	1	..	..	1	..	..	..	1	..	..	..
Uncleanly by night . . . . .	1	2	2	..	1	..	1	..	1	1	1	1	..	2
Wet by day . . . . .	1	1	1	..	2	1	1	3	3	2	3	1	2	2
Wet by night . . . . .	3	3	3	10	5	7	9	4	4	7	8	8	9	3
Noisy in the night . . . . .	..	1	1	..	..	1	..	5	5	2	3	3	3	3
Having destroyed their clothing. . .	..	..	..	..	..	3	..	..	1	1	2	1	1	1
Having destroyed their bedding. . .	1	..	..	..	..	..	..	..	..	..	..	1	..	..
Having refused a part of their food	5	4	4	4	5	4	4	..	..	..	..	1	..	2
Having refused whole of their food	1	..	1	..	..	..	..	..	..	..	..	..	..	..
Having attempted suicide . . . . .	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Under medicinal treatment . . . . .	2	1	1	..	..	1	1	..	..	..	..	..	..	..
Under surgical treatment . . . . .	1	..	1	..	..	..	..	1	1	1	1	1	1	1
Under hired nursing . . . . .	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Under night watching . . . . .	24	24	24	24	24	24	24	24	24	24	24	24	24	23
Keeping their beds by day . . . . .	2	2	2	2	..	2	2	1	1	1	1	1	1	2
Allowed wine . . . . .	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Allowed malt liquor . . . . .	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Allowed extra meat . . . . .	1	1	1	1	..	..	..	1	1	1	1	1	1	1
Disallowed meat . . . . .	3	3	3	3	3	3	..	..	..	..	..	..	..	..
Forcibly fed . . . . .	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Engaged in active employment . . .	28	30	30	30	30	29	25	11	8	11	9	8	7	8
Engaged in sedentary employment	1	..	..	..	..	..	..	12	16	13	13	11	9	..
Incapable of regular occupation . . .	26	27	27	28	28	28	26	17	17	17	17	17	17	17
Exercised in the front grounds . . .	13	30	30	14	10	35	34	4	..	7	2	..	3	10
Exercised in the courts . . . . .	27	24	24	..	..	26	23	..	..	6	..	..	4	2
Exercised beyond the walls . . . . .	1	1	1	1	2	1	..	..	1	..	1	..	..	..
Attended evening prayers . . . . .	61	61	..	61	59	59	59	36	36	..	34	32	33	35



*Recoveries in the Lincoln Lunatic Asylum from the commencement, as affected by the Duration of  
the Complaint before Admission, or Re-admission.*

Periods of recovery.	Admitted within 3 months of the 1st attack.	Admitted between 3 & 12 mo. of the 1st attack.	Admitted between 1 & 2 years of the 1st attack.	Admitted, the period of attack being upwards of 2 years.	Admitted, having had previous attacks.	Admitted, the period of attack not known.	Admitted, Idiots.	Totals.
	224	145	53	159	310	38	8	937
Discharged within 3 months after admission.	80	16	3	3	62	0	0	164
— between 3 and 6 months after admission.	42	9	3	4	43	0	0	101
— between 6 and 12 months after admission.	14	6	4	4	30	0	0	58
— between 1 and 2 years after admission.	2	5	0	1	6	0	0	14
— between 2 and 3 years after admission.	1	3	0	0	1	0	0	5
— after 3 years.	1	0	2	3	4	0	0	10
Totals.	140	39	12	15	146	0	0	352



*Results of the Cases placed on the Books in 1842, as found on March 31st, 1843, following,  
shewing the current Practice of the House.*

Duration of Attack previous to Admission.	State when Admitted.			State when discharged from the Books.			Remained March 31, 1843.	
	Expected to Recover.	Not Expected to Recover.	Not Expected to Live.	Recovered.	Removed during Treatment.	Dead.	Expected to Recover.	Not Expected to Recover.
Admitted within 3 Months after the 1st Attack.	11	3	1	4	6	2	1	2
Admitted between 3 and 12 Months after the 1st Attack.	8	2	0	5	3	0	1	1
Admitted between 1 and 2 years after the 1st Attack.	1	0	0	0	1	0	0	0
Admitted, the period of Attack being upwards of 2 years.	5	18	2	3	5	5	0	11
Admitted, having had previous Attacks.	17	10	1	8	8	2	5	6
Totals.	42	33	4	20	23	9	7	20



## DISBURSEMENTS,

*From January 1st, 1841, to December 31st, 1842.*

£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Balance brought forward ..	909	19	3½	Brought forward	2918	7	1				
House Surgeon ..	105	0	0	Candles...785lbs.	22	12	11				
Matron .....	45	0	0	Coal ....239½tons	169	12	9				
Secretary .....	52	0	0	Firewood, .....	7	1	6				
Surveyor .....	10	0	0	Mops, Brushes...	16	14	1				
6 Male attendants	157	18	0	Oil.....30 galls.	6	14	6				
6 Female Attend-				Soap....1,757lbs.	40	5	3				
ants.....	107	6	11	Starch, Blue ....	5	18	7				
5 Female Servants	60	10	9	Straw .....	16	11	6				
Grounds Porter..	31	4	0	Sundries... ..	35	14	2	321	5	3	
Attendants' and				Escape of Patients	8	2	2				
Servants' Substi-				Medicine.....	13	1	3				
tutes in sickness	26	2	11	Periodicals, ....	5	18	0				
Sick Nursing....	4	9	7½	Printing, Adver-							
Charwomen ....	15	19	11½	tising .....	46	10	0				
	615	12	2	Stationery, postage	13	9	0	87	0	5	
Bread 41,575lbs.	264	19	7	Cooperage.....	2	16	10				
Butter 1,548lbs.	80	1	6½	Earthenware,							
Cheese ..230lbs.	6	11	10½	Glass.....	12	13	1				
Coffee ..143lbs.	13	0	1	Furniture.....	16	13	7				
Eggs No. 2,818	7	17	5½	House Linen....	96	5	7				
Fish .....	0	12	0	Ironmongery....	49	13	11	178	3	0	
Flour ....292st.	38	6	4	Joiner.....	99	15	8				
Meat ..22,072lbs.	547	17	2½	Mason.....	62	9	5				
Milk..5,109galls.	159	14	2	Painter.....	1	3	11				
Oatmeal....16st.	2	1	1	Plumber, Glazier	48	10	9				
Peas.....	1	4	3	Smith.....	22	5	6				
Plums, Currants,	11	15	5½	Do Chimney doors	13	16	0	248	1	3	
Porter.....	13	18	3	Insurance.....				8	5	0	
Potatoes 2072pks.	52	13	5½	Taxes .....				5	4	0½	
Poultry .....	0	9	1	Interest on debt.....				128	2	8	
Rice ....389lbs.	6	4	0	Patients' Clothing.....				452	15	10	
Salt, Pepper.....	8	15	10	Patients' Advances returned							
Sugar ..2,338lbs.	70	0	1	on discharge.....				233	17	1	
Tea.....314lbs.	78	17	1½					£4581	1	7½	
Vegetables.....	14	9	3								
Wine, for the sick	13	7	6								
	1392	15	7½								
	£2918	7	1								



## RECEIPTS,

*From January 1st, 1841, to December 31st, 1842.*

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	£	s.	d.
Cash from Patients, including payments in advance and for Clothing,	3559	19	11
Annual Subscriptions .....	99	1	0
Benefactions.....	74	1	0
By sale of Ashes.....	1	14	0
——— Bones .....	2	18	4½
——— Grease.....	4	4	11
——— Rags .....	1	18	1½
——— Refuse Straw.....	3	5	9
——— Swill.....	3	0	0
——— Grass from the Lawn.....	1	0	0
——— Building Materials .....	21	18	6
Found in the Charity Box.....	12	4	6
By the late House Surgeon, repayment of advance for current expenses	20	0	0
Balance .....	775	15	6½
	£4581	1	7½

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## STATE OF DEBTS AND CREDITS,

*January 1st, 1843.*

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## DEBTS.

	£	s.	d.
Patients' Advances in hand .....	393	9	5
Due to the Bank.....	2775	15	7

## CREDITS.

Due from Patients.....	13	4	11
Advanced to the Matron in 1831, 1832.....	30	0	0
Cash in the hands of the Secretary.....	0	0	0½



## COMPARATIVE STATEMENT

of the Number and Payments of the Patients, in each of the three last years.

<i>Number of Patients admitted,</i>		
1840,	1841,	1842.
Self-supported..... 22	24	35
Parochial..... 11	28	44
<u>33</u>	<u>52</u>	<u>79</u>

<i>Payments of Patients on the books,</i>		
1840,	1841,	1842.
Self-supported £1170 16 6½	£1031 19 8½	£1099 12 11½
Parochial.... £1686 14 0	£1568 1 6½	£1750 13 7
<u>£2857 10 6½</u>	<u>£2600 1 3</u>	<u>£2850 6 6½</u>

<i>Number of each Rank of Patients admitted,</i>		
1840,	1841,	1842,
First Rank.... 3 M. 2 F.	0 M. 1 F.	3 M. 2 F.
Second Rank.. 4 .. 5 ..	7 .. 3 ..	8 .. 4 ..
Third Rank... 7 .. 12 ..	25 .. 16 ..	30 .. 32 ..
<u>14 .. 17 ..</u>	<u>32 .. 20 ..</u>	<u>41 .. 38 ..</u>

<i>Payments of each Rank of Patients on the books,</i>		
1840,	1841,	1842,
First Rank.... £445 16 0	.. £240 15 0	.. £289 10 0
Second Rank.. £299 11 11	.. £311 10 8	.. £282 0 9
Third Rank... £2112 2 7	.. £2047 15 7	.. £2278 15 9½
<u>£2857 10 6</u>	<u>£2600 1 3</u>	<u>£2850 6 6½</u>

*Payments of each Rank of Patients, admitted or re-admitted, from the Opening of the Institution in March, 1820, to December 31st, 1842.*

## FIRST RANK.

9 Patients at from £2 12 6 to £1 5 0 per week, £317 6 7  
 77.....at..... £1 1 0..... £5041 1 1.... £5358 7 8

## SECOND RANK.

134.....at..... £0 15 0..... £3835 16 5.... £3835 16 5

## THIRD RANK.

717.....at from £0 12 0 to £0 8 0..... £25,659 5 8½... £25,659 5 8½  
937  
£34,853 9 9½

Variations in the rates of payment by some of the same Patients, will account for the apparent excess of Patients in the above Table, beyond the real number.

## COMPARATIVE STATEMENT

of the principal Articles Consumed, and the average number of Persons maintained,  
in each of the three last years.

*Principal Provisions, &c., consumed,*

	1840,				1841,				1842.			
		£	s.	d.		£	s.	d.		£	s.	d.
Bread... lbs.	52,858	386	0	0	44,658	284	11	5	41,575	264	19	7
Butter...lbs.	1,511	75	4	8	1,412	79	18	5	1,548	80	1	6
Candles...lbs.	717	21	10	7	728	20	7	10	785	22	12	11
Cheese...lbs.	974	29	5	11	372	10	12	7	230	6	11	10
Coal...tons.	233	187	2	11	211	165	9	7	239	169	12	9
Coffee...lbs.	167	16	13	4	166	16	12	0	143	13	0	1
Flour....sts.	187	26	8	7	258	31	15	2	292	38	6	4
Meat....lbs.	24,290	599	5	10	21,516	546	9	6	22,072	547	17	2
Milk....galls.	6,710	195	12	6	6,535	204	1	9	5,109	159	14	2
Oatmeal lbs.	292	2	11	6	249	2	6	5	229	2	1	1
Oil.....galls.	44	7	8	9	17	3	9	0	30	6	14	6
Potatoes pks.	1,650	43	10	8	1,733	52	17	6	2,072	52	13	5
Rice.....lbs.	361	4	0	6	370	4	15	8	389	6	4	0
Soap.....lbs.	1,428	34	3	0	1,442	33	14	11	1,757	40	5	3
Straw .....		21	6	9		13	0	0		16	11	6
Sugar ....lbs.	2,011	62	0	11	2,030	64	13	11	2,338	70	0	1
Tea.....lbs.	315	83	2	7	316	84	14	6	314	78	17	1
Vegetables ..		17	4	9		11	4	4		14	9	3

*Daily average number of Persons maintained,*

	1840,		1841,		1842.
Patients .....	104		97		101
Household .....	23		20		19
Totals .....	127		117		120

*Daily average Consumption of Bread and Meat, per head,*

	1840,		1841,		1842.
Bread... ..	oz. 18		oz. 16 $\frac{1}{2}$		oz. 15
Meat... ..	oz. 8 $\frac{1}{4}$		oz. 7 $\frac{3}{4}$		oz. 8

*Weekly average Loss on Bread and Meat, as shewn on taking Stock weekly,*

	1840,		1841,		1842.
Bread .....	lbs. 1 oz. 1		lbs. 1 oz. 5		lbs. 2 oz. 8
Meat .....	lbs. 4 oz. 4		lbs. 3 oz. 1		lbs. 3 oz. 15



**DIETARY**

OF THE THIRD RANK PATIENTS,

*except where specially altered by the Faculty, or by a Weekly Board.*

Breakfast.	Dinner.	Supper.
<i>Males.</i>		
Bread ..... 6 oz.	Bread ..... 3 oz.	Bread..... 6 oz.
New Milk, boiled.. 1 pt.	Meat, cooked & boned 4 oz.	New Milk, boiled.. ½ pt.
	Potatoes . . . . . 10 oz.	
<i>Females.</i>		
Bread, toasted ..... 5 oz.	Bread..... 3 oz.	Bread, toasted and
Tea ..... 1 pt.	Meat, cooked & boned 4 oz.	buttered ..... 5 oz.
	Potatoes ..... 10 oz.	Tea ..... ½ pt.
<i>Males and Females.</i>		
<i>Sunday.</i> —Roast Beef.	<i>Wednesday.</i> Boiled Beef.*	<i>Friday.</i> —Boiled Beef.
<i>Monday.</i> —Boiled Mutton.	<i>Thursday.</i> —Boiled Mutton.	<i>Saturday.</i> —Boiled Beef.*
<i>Tuesday.</i> —Boiled Beef.		

\* Or cold meat warmed, with Soup 1 pint, for half the Patients.

An Ox cheek is stewed with the Soup weekly.

Carrots are used occasionally instead of Potatoes.

**WORK DONE BY THE FEMALE PATIENTS,***from January 1st, 1841, to December 31st, 1842.*

Articles made up.

Aprons ..... 74	Napkins ..... 9	Socks knitted, pair .. 1
Bedticks..... 2	Neckerchiefs..... 44	Stockings knitted, pairs 3
Caps ..... 76	Necklace ..... 1	Ditto footed, pairs.... 2
Chemise ..... 84	Night gowns ..... 40	Ditto, marked, pairs.. 25
Dish cloths ..... 45	Pillow cases ..... 33	Straw cases ..... 12
Drawers, pairs .... 3	Pinafores ..... 11	Strong dresses..... 2
Dusters ..... 7	Pockets ..... 5	Table cloths ..... 13
Flannel petticoats .. 40	Pocket handkerchiefs... 55	Top petticoats ..... 51
Flannel waistcoats .. 20	Shaving cloths ..... 8	Towels ..... 53
Garters, knitted ... 5	Sheets, pairs..... 21½	Window blinds ..... 7
Gown ..... 1	Shirts..... 52	Work bags ..... 3

The Patients are not confined to Needlework or other sedentary employment, when they can be engaged in the open air.

**GROUND, APARTMENTS, BEDS,**

Exercising Grounds.. 4	Single Sleepingrooms.. 48	Beds, for Patients.. 112
Exercising Galleries.. 6	Double and treble ditto 6	Beds, for Attendants 10
Dayrooms ..... 16	Dormitories..... 6	Beds, for Household 8

## EXTRACTS FROM THE RULES.

## BOARDS.

An *Ordinary Board* of the Governors is held Weekly at the Asylum, on Monday, at *One o'clock*.

A *General Board* of the Governors is held Quarterly on the second Wednesday in January, April, July, and October, at *Twelve o'clock*.

## ADMISSION OF PATIENTS.

The Ordinary Board regulates the admission of Patients.—The Forms of Admission, with other necessary information, are immediately supplied to applicants, by the Secretary or House-Surgeon.

The House-Surgeon, during the intervals of the Boards, may, on emergency, provisionally admit Patients who have complied with the necessary Forms, subject to the opinion of the Physician.

Where any difficulty occurs in conducting Patients to the Asylum, the Physician may send a confidential Attendant for the purpose; for which no charge is made beyond the expenses incurred.

The following are the usual terms for Board, Lodging, Attendance, and Medical Treatment.

1st Rank .....	per week	1	1	0
2nd Rank .....	—————	0	15	0
3rd Rank .....	—————	0	10	0

Special Contracts may be made for extra Attendants and Diet.

A "Deposit of six weeks' payment," and a "Payment in advance up to the next Quarter day," are required with each Patient on admission.—The Friends may advance for any additional Quarters, if more convenient.—The Quarter Days fall on the first day of January, April, July, and October, respectively.—On the removal or death of any Patient, the amount due to the Institution is deducted, and the surplus returned.

## OFFICIAL VISITING.

A "Governors' Memorandum Book" shall lie upon the Board Room Table, for their remarks at such times as they shall think proper to visit the Asylum.

At each Quarterly General Board the Governors present or some of them, shall be requested to inspect the Asylum, and see every Room and Patient, and report forthwith to the Board.

At each Ordinary Board, one of the Governors shall be appointed Visitor for the week next succeeding, to visit the Asylum daily, if convenient, to see every Patient once at least in the week, to make any inquiries which may seem fit, and to enter his observations in the "Weekly Visitor's Book;" and no person whatsoever shall interfere to prevent the most minute examination of the Establishment.



## OCCASIONAL VISITING.

Persons wishing to visit the Asylum, may be personally introduced by one of the Physicians, Surgeons, or Governors, or by the written order of a Governor; and the House-Surgeon may admit any respectable non-resident of Lincoln to see the Establishment, without a special order.

## VISITS OF FRIENDS.

The Rules affecting the admission of the Patients' friends, are appended to each Quarterly Account.

## OFFICERS, SERVANTS.

No Officer or person whatsoever employed in this Institution, shall give to, or receive from any Tradesman, Servant, Patient, Stranger, or other person whatsoever, any fee, reward, gratuity, or present, directly or indirectly, for anything done on account of the Asylum, on pain of expulsion; nor bargain with any Patient for the sale, purchase, or exchange of clothing, food, or other article.

## BOOKS, ACCOUNTS.

Any Governor may at all times inspect, extract, or copy, any Bills, Accounts, Journals, Registers, Minute-Books, or Documents whatsoever, provided that the names of the Patients shall not be copied: and all Documents, kept by order of the Rules or of any Board, shall be the property of the Institution.

*Note.* A Key to the Official Books, Bills, Vouchers, &c., is left always in the House, so that they may be accessible to the Governors.

## FORM FOR LEGACIES.

Persons disposed to contribute to the Asylum by their last Will, are particularly requested to use the following words.

*I give and bequeath to the Treasurer of a Society who call themselves GOVERNORS OF THE LINCOLN LUNATIC ASYLUM, the Legacy or sum of \_\_\_\_\_, which sum I charge on such part of my personal estate as does not consist of Chattels real, and direct to be paid by my Executors within \_\_\_\_\_ months after my decease, and applied to the Charitable uses of the said Asylum, for which, on payment, the Treasurer's Receipt shall be a sufficient discharge.*

☞ For want of this Form many Charities have lost their Legacies, the Testators having charged them on their *real* instead of their *personal* estate.