

## **The seventh report of the Lincoln Lunatic Asylum.**

### **Contributors**

Lincoln Lunatic Asylum (Lincoln, England)  
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1831.

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THE  
**SEVENTH REPORT**  
OF THE  
**LINCOLN LUNATIC ASYLUM.**

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SINCE the last Report, several material alterations have taken place in different departments of the Institution, with which it is considered important that the Subscribers in general should be made acquainted.

The number of Physicians has been increased, and a valuable addition made to those gratuitous services, from which the Institution derives such essential advantages.

A new Director has also been elected, in recording whose appointment, the Governors would not do justice either to their own feelings or to his merits, if they did not bear a willing testimony to the zeal

and fidelity, with which he discharges the various duties of his office. A circumstance this, abundantly proving what it is of public importance to know, that there is not anything in the Office of Director of a Lunatic Asylum, for which any gentleman of professional talent, firmness, and good temper, may not be deemed fully qualified. The greatest advantage may be expected from this Office being thrown open to the general competition of the Profession, instead of being confined to a limited and exclusive part of it.

Heretofore it was conceived that the only intention of a receptacle for the Insane, was the safe custody of the unhappy objects, by any means however harsh and severe. These views are now passing away, and the fair measure of a Superintendent's ability in the treatment of such patients, will be found in the small number of restraints which are imposed. The new Director has answered this test in a very satisfactory manner.\*

The proper observance of the Lord's day, as far as reading portions of the Holy Scriptures to selected and convalescent Patients and to the attendants, now takes place regularly in this Asylum; and several Ladies who have been present in the Chapel during the time, have expressed a strong sense of the

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\* As early as the 24th day of November last, there was not any patient in the house, out of 43, under restraint, unless one wearing a collar, which leaves all the limbs quite at liberty, can be so considered. This gratifying occurrence has taken place more than once since that time.

order and regularity with which this service has been performed, and of the attention with which it appears to have been listened to.

In former Reports it was mentioned, that the front and best part of the Male side of the centre House, heretofore used for offices, had been appropriated to the enjoyment of the First rank Patients, who, in the original arrangement, had been consigned to the back of the Building. A similar improvement has been extended during the last year to the Female side of the House, where the First rank Patients have been brought from a Northern aspect to an apartment in front, eminently cheerful and commodious. The whole of the Patients of every rank and both sexes, now enjoy this advantage.

The Governors have also, during the last year, completed arrangements for giving every facility to the use of the Warm-Bath, which may be considered essential as a matter of cleanliness, without reference to the medical benefit to be hoped from its use.

All the sleeping rooms and apartments in the house have likewise been carefully and minutely examined, with a view to the most perfect ventilation: under a conviction that a close atmosphere is peculiarly pernicious to the Insane. This caution is the more requisite, where a building is heated by flues, which are supposed by some to be used upon a questionable principle.

It has been thought expedient that the Friends of the Patients should be informed of the circumstances, under which their Visits to the Asylum may be proper. The following memorandum, founded on an extract from the Physicians' Journal, places this matter in a clear light, and is subjoined to the Medical Report sent quarterly to the friends of the Patients with their accounts:—

“ The means of cure in Insanity very mainly  
 “ depend on the removal of the Patient to a  
 “ totally new scene, and from known persons  
 “ and known objects, with quiet exercise in the  
 “ open air in mild weather, regular habits, and  
 “ strict attention to the general health.

“ On the other hand, the occasional visit of a  
 “ person to whom the patient has been much  
 “ attached, has been found ( notwithstanding  
 “ some instances to the contrary ) to produce a  
 “ striking good effect, where no peculiar Delu-  
 “ sion of the Patient is connected with the party  
 “ visiting. Such Visits, about once or twice in  
 “ a quarter, are therefore encouraged. In all  
 “ visits of friends, they should be cautious not to  
 “ stay too long, after their presence has ceased  
 “ to awaken the interest and attention of the  
 “ Patient. The friends should listen to the  
 “ Patient rather [than address him, and never  
 “ converse on the subject of the Delusion.

“ Patients often take some ungrounded pre-  
 “ judice against their best friends, who should  
 “ in such case see them without been seen.

“ When the friends bring any article for a Pa-  
 “ tient, the Physician or Director must be pre-  
 “ viously consulted as to its propriety.”

It is with the greatest satisfaction that, in con-  
 cluding their Report, the Governors have it in  
 their power to announce, that the prosperous state of  
 the funds of the Asylum has allowed them to reduce  
 the rate of payment of the Third rank Female Pa-  
 tients, one shilling per week. They anxiously hope  
 the time may not be far distant, when the increasing  
 interest of the Public in its success and their con-  
 tinued support, combined with the natural effects of  
 those sound principles and that economy and  
 watchfulness, which pervade every part of the Estab-  
 lishment, may render still further reduction of the  
 rates practicable, and thus extend the benefits of an  
 Institution at once so honorable and so valuable to  
 the County.

**GEORGE GORDON, CHAIRMAN.**

MARCH, 28TH, 1831.

**OFFICERS**  
**OF THE**  
**LINCOLN LUNATIC ASYLUM.**

**President,**

The Right Honorable LORD YARBOROUGH.

**Vice-President,**

The Right Honorable the EARL BROWNLOW.

The Right Honorable LORD VISCOUNT GODERICH.

The Rev. Sir CHARLES JOHN ANDERSON, Bart.

Sir GILBERT HEATHCOTE, Bart. *M. P.*

Sir WILLIAM AMCOTTS INGILBY, Bart. *M. P.*

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Sir EDWARD FRENCH BROMHEAD, Bart. *F. R. S.*

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The Rev. RICHARD PRETYMAN, Precentor of Lincoln.

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**Treasurer,**

JOHN FARDELL, Esq. *M. P.*

**Auditors,**

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**Physicians,**

A. COOKSON, *M. D.* — E. P. CHARLESWORTH, *M. D.* — C. BEATY, *M. D.*

WILLIAM COOKSON, *M. D.* — RICHARD ELMHIRST, *M. D.*

**Surgeons,**

Mr. ALDERMAN SNOW. — Mr. JOHN HEWSON. — Mr. THOMAS CLARK.

DIRECTOR, Mr. HENRY MARSTON. — MATRON, Mrs. CHARLOTTE BENNETT.

SECRETARY, AND DEPUTY TREASURER, Mr. J. HARTLEY. SURVEYOR, Mr. W. WEBB

## LEGACIES.

£. s. d.			£. s. d.				
Coltman, Thomas Esq. Hagnaby	449	8	3	Savage, Mr. Pool, Lincoln, by			
Maltby, William, Esq. Coates, by				Mr. Joseph Moore.....	90	0	0
Mr. Skill, Stow.....	450	0	0	Shaw, Thomas Burton, Esq....	450	0	0
Oxspring, Mr. John, Lincoln, by				Simpson, Mr. ....Ingleby	10	0	0
Mr. J. Bedford, S. Leverton	450	0	0	Williams, Mrs. ....Lincoln	10	0	0
Parnell, Mr. Paul, (conditional)	100	0	0				

☞ Any person paying a Legacy, or sum for an unknown Benefactor, is entitled to the Privileges of a contributor of such sum.

## FORM FOR LEGACIES.

Persons disposed to contribute to this Asylum by their last Will, are particularly desired to use the following words :

*I give and bequeath unto the Treasurer of a Society, who call themselves GOVERNORS of the LINCOLN LUNATIC ASYLUM, the Legacy or sum of which sum I charge on such part of my personal estate as does not consist of Chattels real, and direct to be paid by my Executors, within months next after my decease, and applied to the charitable uses of the said Asylum, for which, on payment, the Treasurer's Receipt shall be a sufficient discharge.*

For want of this Form many charities have lost their Legacies, the Testators having charged them on their *real* instead of their *personal* Estate.

A WEEKLY BOARD is held at the Asylum every Monday at One o'Clock,

The QUARTERLY BOARDS are held on the Second Wednesday in January, April, July, and October, at Twelve o'Clock.



## ABSTRACT of the ACCOUNTS,

From the 1st. January, 1830, to the 31st. December, 1830.

### PAYMENTS.

	£.	s.	d.
Outstanding Bills paid .....	277	0	11
Salaries and Wages .....	352	6	10½
Diet .....	651	15	7
Coals, Candles, Soap, Straw, &c. ....	135	19	11
Patients' Clothing .....	104	0	7
Stationery, Printing, &c. ....	39	3	6
Furniture, Linen, &c. ....	40	4	0½
Alterations and Repairs of Fabric .....	87	1	0½
Insurance in the County Fire Office on £ 3000. ....	12	0	0
Casual expenses .....	46	5	9
Deposits returned to Patients removed .....	115	3	0
In the hands of the Director and Matron. ....	30	0	0
Balance .....	638	1	8
	£ 2529	2	10½

### RECEIPTS.

	£.	s.	d.
Balance brought forward from December 31st. 1829	70	9	0
From the hands of the late Director .....	20	0	0
From Patients, including arrears paid up, and Deposits paid in advance .....	1549	11	2½
Benefactions .....	240	0	0
Subscriptions .....	621	0	0
Dividends on Stock .....	8	0	0
Charity Box .....	3	1	6
Grains and Swill .....	9	16	4
Yeast .....	1	19	10
Expenses returned by the present Director .....	5	5	0
	£ 2529	2	10½

### GENERAL STATEMENT OF THE ACCOUNTS.

	£.	s.	d.
Arrear due from a Patient .....	0	7	10
Arrear of Subscriptions .....	3	3	0
Stock in the new 4 per cents .....	200	0	0
Cash in the hands of the Director. ....	20	0	0
Matron .....	10	0	0
Balance in the hands of the Secretary .....	14	3	10
— in the Lincoln Bank .....	623	17	10
	£ 871	12	6
Deposits in hand from Patients .....	114	4	8½
BALANCE .....	757	7	9½

**PARTICULARS of the PAYMENTS,**  
From the 1st. January 1830 to the 31st. December 1830.

	£.	s.	d.	£.	s.	d.	£.	s.	d.					
<b>Outstanding Bills paid :—</b>														
Alterations and Repairs of Fabric .....	133	0	11				Candles .....	8	12	0				
New Buildings .....	144	0	0				Coals and leading, 100 ch.	80	11	0				
	277	0	11				Firewood .....	4	12	6				
							Mops, Brooms, Brushes	5	2	5				
<b>Salaries and Wages :—</b>							Oil for Lamps .....	1	0	0				
Director .....	139	10	0				Soap .....	15	10	4				
Matron .....	45	0	0				Starch, Blue .....	1	1	5				
Secretary .....	26	0	0				Straw .....	8	12	9				
4 Male Attendants .....	78	15	9½				Sundries .....	10	17	6				
2 Female Attendants .....	21	1	9							135	19	11		
3 Ditto House Servants	31	8	4				Patients' Clothing .....				104	0	7	
Hired Washerwoman .....	5	10	6				Advertisements .....	16	18	7				
Brewer, (20 brewings, 3½ Hhds. each) .....	6	0	0	352	6	10½	Printing .....	12	4	0				
							Stationery, Postage .....	6	11	2				
							Newspapers, Books .....	1	16	2				
							Medicine, Apparatus, ...	1	6	7				
							Escape of a Patient .....	0	7	0				
											89	3	6	
							Cooperage .....	2	1	10				
Bread .....	21,684	lbs.	153	1	4		Furniture .....	0	18	6				
Butter .....	524	lbs.	24	3	8		House Linen, Woollens,	21	8	11½				
Cheese .....	735½	lbs.	16	0	4½		Ironmongery, Braziers ..	15	14	9				
Coffee .....	21	lbs.	2	2	0		Alterations and Repairs of Fabric .....				87	1	0½	
Eggs .....			1	13	1		Fire Insurance .....				12	0	0	
Fish .....			0	6	7		Shrubs valued to the late Director .....	30	10	9				
Flour .....	80	st.	10	10	8		Towards the expenses of 3 Candidates, on the re-election of the late Director .....	15	15	0				
Hops .....	170	lbs.	10	6	10			115	3	0				
Malt .....	167½	str.	62	12	1		In hands of the Director	20	0	0				
Meat .....	10,195	lbs.	208	10	8		Matron	10	0	0				
Milk .....			59	2	7			30	0	0				
Oatmeal .....	94	pks.	6	10	6		In hands of the Secretary	14	3	10				
Potatoes .....	870	pks.	20	9	0		In the Lincoln Bank .....	623	17	10				
Poultry .....			0	8	3			638	1	8				
Raisins, Currants .....			0	4	6									
Rice .....	686	lbs.	12	14	10½									
Salt, Pepper, Mustard .....			1	17	6									
Sugar .....	970	lbs.	26	8	8									
Tea .....	102	lbs.	30	4	0									
Vegetables .....			4	8	5	651	15	7						

**NUMBER OF PERSONS MAINTAINED,**

From the 1st. January, 1830, to the 31st. December, 1830.

	Patients.	Household.	Patients & Household.
Average number per Day .....	49	11	60
Total Maintenances per Year ....	18,128	3,958	22,086

**CHARGE to PATIENTS for ATTENDANCE, BOARD, and LODGING, for 1830 — £ 1323 8 8**

**SUMS RECEIVED from PATIENTS for ATTENDANCE, BOARD, and LODGING,**  
From the Opening of the Institution in March, 1820, to December 31st. 1830.

1st Rank, .....	1	Patient at	2	12	6	per week,	6	7	6	}	158	7	7			
	2	.....	2	2	0	.....	43	10	0							
	2	.....	1	11	6	.....	59	3	6							
	2	.....	1	5	0	.....	47	6	7							
	25	.....	1	1	0	.....	1401	13	0							
2nd Rank, .....	46	.....	0	15	0	.....	1316	15	2							
3rd Rank, .....	23	.....	0	12	0	.....	406	2	7							
	162	.....	0	10	0	.....	4838	3	11							
	95	.....	0	9	0	.....	1823	16	3½							
														7068	2	9½
														£ 9942	18	6½

*Occasional variations in the rates of payment by some of the Patients, and occasional re-admissions, will account for the number of Patients appearing in the above statement. The number of Patients received, independent of re-admissions, has been 301.*

## PATIENTS ADMITTED AND DISCHARGED,

From 1st January, 1830, to 31st December, 1830, inclusive.

	Male.	Female.	Total.
Remaining January 1, 1830.....	36	13	49
Admitted in 1830.....	19	14	33
Re-admitted in 1830.....	6	4	10
Discharged in 1830.....	33	18	51
Remained January 1, 1831.....	28	13	41

## PATIENTS ADMITTED AND DISCHARGED.

From 26th April, 1820, to 31st December, 1830.

	Male.	Female.	Total.
Admitted.....	178	123	301
Re-admitted.....	23	16	39
Discharged.....	173	126	299
Remained January 1, 1831.....	28	13	41

## DISCHARGED FROM THE BOOKS.

1830.

		Total.
Recovered.....	28	125
Improved.....	4	42
On Trial.....	1	29
Removed during treatment.....	9	54
Improper object.....	0	1
By order of the Board.....	0	1
Escaped.....	1	1
Died.....	† 8	* 46

† Epilepsy—1  
 Gradual Exhaustion—6  
 Paralysis—1

* Apoplexy.....	3	Fever.....	1	Maniacal exhaustion....	2
Catalepsy.....	1	Found dead in bed....	1	Old age.....	3
Dropsy.....	6	Gradual exhaustion....	14	Paralysis.....	1
Dying when admitted..	4	Inflammation of the brain	1	Psoas abscess.....	1
Epilepsy.....	5	Locked jaw.....	1	Suicide.....	2