

**State of the Lincoln Lunatic Asylum (instituted November 4, 1819) :
[sixteenth report].**

Contributors

Lincoln Lunatic Asylum (Lincoln, England)
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STATE
OF THE
LINCOLN
LUNATIC ASYLUM.

(INSTITUTED NOVEMBER 4, 1819.)

1840.

Lincoln:

PRINTED BY J. STANTON, BOOKSELLER, HIGH-STREET.

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1840.

LINCOLN LUNATIC ASYLUM.

SIXTEENTH REPORT.

The improved Plan of the Lincoln Asylum is completed, and the Governors can now have the satisfaction of witnessing in this Institution, the essential principles of sound construction secured, and as it were inscribed on the premises and soil : the errors of the original building and courts having been gradually modified and corrected, and every facility afforded for the mild and sound treatment of the patients. The tediousness of the process has been compensated by the time gained for experience and consideration ; and the cost compensated by the saving of human life and suffering which has resulted, under an able and zealous ministration.

Very nearly five years have now elapsed without a single instance of suicide; while in the preceding years no less than seven instances had occurred, viz. four (in the day time) between August 1821 and April 1833 inclusive, and three (in the night time) between July 1834 and May 1835 inclusive.

Among the various improvements, which have been effected in the last year, may be particularized—the removal of the projecting windows, by means of which four of these instances of suicide were effected—the substitution of boarded instead of flagged floors throughout the whole of the patients' departments—the enlargement of the airing courts to double their former size—the additional breadth of the flagged walks, by the use of spare flags for that purpose—the converting the former dining into sitting rooms—the thorough ventilation of the dormitories and other sleeping rooms.

In order to prevent the attendants being distracted from their special and peculiar duty, *The undivided care of their Patients*, a “Bedmaker” has been engaged for the dormitories and other watch rooms, with other lighter duties in the household, and the plan has been found very convenient.

To prevent any irregularity in the issue of the patients' Accounts, it has been directed that the

patients' Ledger as well as the house Ledger shall be made up weekly, so that an accumulation of book-keeping towards the end of the quarter, may not prevent the due issue of the patients Bills, with that minute details of items and charges, to which the friends of the patients are entitled.

The family of the late celebrated Dr. Willis has presented to the institution a valuable portrait, painted by the late Sir Thomas Lawrence.

APRIL 8TH, 1840.

E. Ff. BROMHEAD.

CHAIRMAN.

OFFICERS.

PRESIDENT.

The Right Honorable the EARL of YARBOROUGH.

VICE-PRESIDENTS.

The Right Honorable the EARL BROWNLOW, *F. R. S.*

The Right Honorable the EARL of RIPON.

The Rev. Sir CHARLES JOHN ANDERSON, Bart.

Sir GILBERT HEATHCOTE, Bart. *M. P.*

Sir WILLIAM AMCOTTS INGILBY, Bart.

Sir WILLIAM EARLE WELBY, Bart.

Sir EDWARD FRENCH BROMHEAD, Bart. *F. R. S.*

The Very Rev. GEORGE GORDON, *D.D.* Dean of Lincoln.

The Rev. RICHARD PRETYMAN, Precentor of Lincoln.

CHARLES CHAPLIN, Esq.

CHAS. D. W. SIBTHORP, Esq. *M. P.*

ROBERT VYNER, Esq.

TREASURER.

JOHN FARDELL, Esq. *F. A. S.*

AUDITORS.

JAMES SNOW, Esq.—Mr. G. BROOKS.

PHYSICIANS.

E. P. CHARLESWORTH, *M. D.*

W. D. COOKSON, *M.D.*—RICHARD ELMHIRST, *M. D.*

SURGEONS.

Mr. SNOW,—Mr. HEWSON,—Mr. HOWITT.

HOUSE-SURGEON, Mr. W. SMITH.

MATRON, Miss ANN VESSEY.

SECRETARY, Mr. J. WILSON. SURVEYOR, Mr. J. YOUNG.

Trustees of the Real Estate.

The Very Rev. GEORGE GORDON, *D. D.*

CHARLES MAINWARING, Esq.

LATEST WEEKLY RETURN OF THE STATE OF THE PATIENTS.

From Dec. 23 to Dec. 30, 1839.	M.	F.	Totals.
<i>Number of Patients in the House.</i>	58	51	109
<i>First Rank.</i>	7	3	10
<i>Second Rank.</i>	3	3	6
<i>Third Rank.</i>	48	45	93
<i>Maintained by their Friends.</i>	21	13	34
<i>Maintained by the Public.</i>	37	38	75
<i>Less than 1 year since the 1st attack.</i>	5	6	11
<i>From 1 to 2 years since the 1st attack.</i>	8	3	11
<i>More than 2 years since the 1st attack.</i>	45	42	87
<i>Less than 1 year since admission.</i>	14	15	29
<i>From 1 to 2 years since admission.</i>	7	9	16
<i>From 2 to 16 years since admission.</i>	28	14	42
<i>Re-admitted cases, not included in the above.</i>	9	13	22
<i>Not expected to recover.</i>	54	42	96
<i>Expected to recover.</i>	4	9	13
<i>Convalescent.</i>	0	2	2
<i>Employed.†</i>	23	25	48
<i>Attended Evening Prayers.</i>	33	23	56
<i>Attended Chapel on Sunday.</i>	33	23	56
<i>Cases of Idiocy.</i>	2	0	2
<i>Cases of Epilepsy.</i>	8	3	11
<i>Cases of Paralysis.</i>	1	2	3
<i>Cases of Imbecility.</i>	17	7	24
<i>Insensible to calls of nature.</i>	6	8	14
<i>Refuse food.</i>	2	0	2
<i>Dangerous to themselves.</i>	22	24	46
<i>Dangerous to others at present.</i>	5	6	11
<i>Dangerous to others occasionally.</i>	19	22	41
<i>Disposed to destroy Clothing, &c.</i>	16	23	39
<i>Under Night Watch.</i>	27	24	51
<i>In a Noisy Room.</i>	0	0	0
<i>Under any Day Restraint.</i>	0	0	0
<i>Under any Night Restraint.</i>	0	0	0
<i>Sick.</i>	1	0	1
<i>Under Surgical treatment.</i>	3	1	4
<i>Died.</i>	0	0	0

Females.—Knitting, Needle-work, Cleaning }
 Wards, &c. }
 In the Laundry and Kitchen }

Males.—Cleaning Wards, &c. }
 Gardening, Pumping Water, & other }
 out-door Employment..... }
 In the Wash-house, Mangle-room, }
 Kitchen, and Scullery..... }

<i>Number of the Patients admitted, and of those Discharged from the Books,</i>				<i>from April 26, 1820, to Dec. 31, 1839.</i>			
<i>from Jan. 1, 1839, to Dec. 31, 1839.</i>				<i>M. F. Tot.</i>			
Remained Jan. 1, 1839...	56	45	101	Admitted	353	282	635
Admitted in 1839	24	21	45	Re-admitted cases	68	70	138
Re-admitted in 1839....	2	11	13	Discharged....	363	301	664
Discharged in 1839	24	26	50	Remaining Dec. 31, 1839.	58	51	109
Remained Dec. 31, 1839.	58	51	109				

State of the Patients when Discharged from the Books,

<i>from Jan. 1, 1839, to Dec. 31, 1839.</i>		<i>from April 26, 1820, to Dec. 31, 1839.</i>	
As recovered ..	25	As Recovered	310
Improved	5	Improved.....	75
Removed during treatment	5	Removed during treatment	125
Improper objects	1	Improper objects.....	2
By order of the Board	2	By order of the Board	17
Escaped	2	Escaped	7
Dead.....	10	Dead	128
	<u>50</u>		<u>664</u>

Re-admissions.

<i>Of the 635 patients admitted, have been re-admitted,</i>		<i>Of the 310 patients discharged as recovered, have been re-admitted,</i>	
72 Patients 1 time each...	72 cases.	29 Patients 1 time each ..	29 cases.
16 2 times each ..	32	5 2 times each..	10
2 3	6	2 3	6
4 5	20	1 5	5
1 8	8	1 7	7
	<u>138 cases.</u>		<u>57 cases.</u>

Of whom 4 have died, and 4 remain in the Asylum.

Causes of the Deaths in 1839.

Apoplexy	2	Diseased Brain	2	Psoas Abscess	1
Cholera Morbus.....	1	Epilepsy	1	Typhus Fever	1
Consumption	1	Old Age	1		

Causes of the Deaths from April 20, 1820, to December 31, 1839.

Abscess in the Brain ...	1	Dying when admitted ..	7	Maniacal Exhaustion ...	6
Apoplexy	10	Erysipelas	1	Old Age	8
Catalepsy	1	Epilepsy	10	Paralysis	2
Cholera Morbus	1	Fever	3	Psoas Abscess	3
Consumption	6	Found dead in bed	2	Suicide	7
Diarrhoea	4	Gradual Exhaustion.....	28	Tabes	5
Diseased Brain	2	Inflamed Brain	1	Typhus Fever	4
—— Heart	1	—— Lungs	2	Ulcerated Bowels	2
—— Liver	1	—— Parotid Gland. 1		Water in the Head	1
Dropsy	7	Locked Jaw	1		

Periods of Decease after Admission.

Between 1--7 days	Days 7--14	Weeks 2--4	Months 1--3	Months 3--6	Months 6--12	Years 1--2	Years 2--3	Years 3--16	Total
5	8	8	15	15	24	20	10	23	128

Ages at the time of Decease.

Betw.-20	20-30	30-40	40-50	50-60	60-70	70&upw.	unknown	Total.
1	13	28	27	25	14	11	9	128

*Recoveries in the Lincoln Lunatic Asylum from the commencement, as affected by the Duration
of the Complaint before Admission or Re-admission.*

Periods of Recovery.	Admitted within 3 months of the 1st attack. 187.	Admitted between 3 & 12 mo. of the 1st attack. 126.	Admitted between 1 & 2 years of the 1st attack. 43.	Admitted, the period of attack being upwards of 2 years. 138.	Admitted, having had previous attacks. 254.	Admitted, the period of attack not known. 21.	Admitted, Idiots. 4.	Totals. 773.
Discharged within 3 months after admission.	72	13	1	3	58	0	0	147
— between 3 and 6 months after admission.	40	8	3	3	33	0	0	87
— between 6 and 12 months after admission.	13	5	4	3	29	0	0	54
— between 1 and 2 years after admission.	1	5	0	1	4	0	0	11
— between 2 and 3 years after admission.	1	1	0	0	1	0	0	3
— after 3 years.	1	0	1	3	3	0	0	8
Totals.	128	32	9	13	128	0	0	310

*Results of the Cases placed on the Books in 1839, as found on March 31, 1840, following,
shewing the current Practice of the House.*

Duration of Attack previous to Admission.	State when Admitted.			State when Discharged from the Books.			Remained March 31, 1840.	
	Expected to Recover.	Not Expected to Recover.	Not Expected to Live.	Recovered.	Removed during Treatment.	Dead.	Expected to Recover.	Not Expected to Recover.
Admitted within 3 months after the 1st Attack.	6	0	0	4	0	0	2	0
Admitted between 3 and 12 Months after the 1st Attack.	6	8	0	0	2	0	5	7
Admitted between 1 and 2 Years after the 1st Attack.	2	4	0	1	0	0	1	4
Admitted, the period after Attack being upwards of 2 Years.	1	8	0	1	2	1	0	5
Admitted, having had previous Attacks.	11	10	2	10	2	2	0	9
Totals.	26	30	2	16	6	3	8	25

RECEIPTS.

from January 1st, 1839, to December 31st, 1839.

	£.	s.	d.
Cash from Patients, including payments in advance and Clothing.....	3214	2	6½
Annual Subscriptions.....	89	15	0
Benefactions, including one of £500 from a "Country Gentleman"	520	0	0
Dividend on Stock	3	10	0
Produce of £200 Stock in the 3½ per cents	200	2	6
By sale of Building Materials	47	1	11
— Old Bricks	3	12	6
— Grease	9	1	1
— Bones	2	1	9½
— Swill	10	2	3
— Ashes.....	1	1	0
— Rags	1	18	8½
Found in the Charity Box.....	8	15	3
Balance	2663	18	3
	<u>£ 6775</u>	<u>2</u>	<u>9½</u>

STATE OF DEBTS AND CREDITS,

January 1st, 1840.

DEBTS.

	£.	s.	d.
Patients' Advances in hand.....	385	13	6
Due to the Bank	2677	13	4

CREDITS.

Due from Patients.....	33	7	2½
Advanced to the House-Surgeon in 1830.....	20	0	0
— Matron in 1831, 1832.....	30	0	0
— Surveyor in 1833, 1834	50	0	0
Balance of advances to Ditto in 1838	22	6	1
Cash in the hands of the Secretary	13	15	1

Number of each Rank of the Patients admitted in 1839.

First Rank ..M. 4. F. 1 | Second Rank..M. 5. F. 4 | Third Rank ..M. 18. F. 26.

Average Number of Patients and Household in 1839.

Patients..... 107 | Household..... 20

Average Consumption of Bread and Meat.

Average Consumption of Bread, per head, per day17½ oz.

Average Consumption of Meat, per head, per day, as
uncooked, and including bone 8oz.

Charged to the Patients for Board, Lodging, & Attendants, in 1839, £2807 7 4½,

viz. 1st. Rank, £468 0 0 | 2nd Rank. £307 9 2 | 3rd Rank. £2031 18 2½

Charged to the Patients for Board, Lodging and Attendants,

from the Opening of the Institution in March, 1820, to December 31, 1839.

1st Rank	1 Patient at	£ 2 12 6	per week,	£ 6 7 6		
4	2 2 0	169 13 0				
2	1 11 6	59 3 6				
2	1 5 0	47 6 7				
59	1 1 0	4099 16 1	£ 4382 6 8		
2nd Rank ...93	0 15 0	2942 13 1	2942 13 1		
3rd Rank....23	0 12 0	453 0 4				
162	0 10 0	4838 3 11				
242	0 9 0	9649 15 5				
143	0 8 0	4279 12 0½	19,220 11 8½		
				£ 26,545 11 5½		

Variations in the rates of payment by some of the same Patients, will account for the apparent excess of Patients in some of the above Tables, beyond the real number.

Principal Provisions, &c. purchased for the Asylum,

	1837,	1838,	1839.
	£. s. d.	£. s. d.	£. s. d.
Bread lbs.	45,157 261 1 9	46,440 300 2 11	50,220 408 18 8
Butter lbs.	1,031 55 14 3	1,088 54 6 4	1,264 62 19 10
Candles lbs.	445 10 6 7	580 16 4 9	688 21 16 11
Cheese lbs.	782 27 14 6	316* 9 17 11	823 25 13 6
Coal tns.	160 156 10 3	183 152 13 9	144 122 5 9
Coffee lbs.	28 2 16 0	41 4 2 0	72 7 4 6
Flour st.	268 31 4 6	128 16 12 8	142 22 13 4
Meat lbs.	16,943 303 9 9	21,756 486 5 4	23,370 557 6 3
Milk gills.	128 15 4	3,826 115 11 0	5,477† 154 18 9
Oatmeal st.	24 4 0	137 15 16 2	159 7 17 4
Oil gills.	51 12 10 2	40 8 8 2	57 9 17 6
Potatoes pks.	1,292 33 12 6	2,044 46 3 2	3,444‡ 105 10 7
Rice lbs.	926 11 11 10	336 4 18 0	313 5 4 8
Soap lbs.	645 16 12 6	973 22 8 11	1,302 34 9 10
Straw	23 5 0	15 12 1	28 18 6
Sugar lbs.	1,562 45 19 0	1,738 47 3 4	1,824 53 3 3
Tea lbs.	250 50 4 0	282 71 0 3	311 78 3 0
Vegetables	14 16 10	8 17 0	6 4 10

Daily average number of Persons maintained,

	1837,	1838,	1839.
Patients.	90	94	107
Household	15	18	22
Totals	<u>105</u>	<u>112</u>	<u>127</u>

Daily average Consumption of Bread and Meat, per head,

	1837,	1838,	1839.
Bread oz.	18	18	17 $\frac{3}{4}$
Meat oz.	7	8 $\frac{1}{2}$	8

Weekly average Loss on Bread & Meat, as shown on taking Stock weekly,

	1837,	1838,	1839.
Bread ... lbs.	3 oz. 6	1 oz. 10	0 oz. 1 $\frac{3}{4}$
Meat lbs.	4 oz. 14	4 oz. 12	4 oz. 4

Number of Patients Admitted,

	1837,	1838,	1839.
Self-supported Patients	20	32	28
Parochial Patients	33	42	30

Amount received from Patients,

	1837,	1838,	1839.
Self-supported Patients £	1021 15 0	984 5 1	1252 8 6
Parochial Patients ... £	1322 18 2	1411 1 2	1543 12 10

* Meat has been substituted for Cheese in the diet of the Household since April 9, 1838.

† Milk has been substituted for Gruel in the diet of the Patients since May 6, 1839.

‡ 1100 Pecks of Potatoes were purchased in December, 1839, in store for the following year.

EXTRACTS FROM THE RULES.

BOARDS.

An *Ordinary Board* of the Governors is held Weekly at the Asylum, on Monday at *One o'Clock*.

A *General Board* of the Governors is held Quarterly on the second Wednesday of January, April, July, and October, at *Twelve o'Clock*.

ADMISSION OF PATIENTS.

The Ordinary Board regulates the admission of Patients.—The Forms of Admission, with other necessary information, are immediately supplied to applicants, by the Secretary or House-Surgeon.

The House-Surgeon, during the intervals of the Boards, may, on emergency, provisionally admit Patients who have complied with the necessary Forms, subject to the opinion of the Physician.

Where any difficulty occurs in conducting Patients to the Asylum, the Physician may send a confidential Attendant and needful Apparatus for the purpose; for which no charge is made beyond the expenses incurred.

The following are the usual terms for Board, Lodging, Attendants, and Medical Treatment.

	£	s.	d.
1st Rank per week	1	1	0
2nd Rank.	0	15	0
3rd Rank, Males	0	9	0
———— Females	0	8	0

Special Contracts may be made for extra Attendants and Diet.

A “Deposit of six weeks’ payment,” and a “Payment in advance up to the next Quarter Day,” are required with each Patient on admission.—The Friends may advance for any additional Quarters, if more convenient.—The Quarter Days fall on the first of January, April, July, and October, respectively.—On the removal or death of any Patient, the amount due to the institution is deducted, and the surplus returned.

OFFICIAL VISITING.

A “Governors’ Memorandum Book” shall lie upon the Board Room Table, for their remarks at such times as they shall think proper to visit the Asylum.

At each Quarterly General Board the Governors present or some of them, shall be requested to inspect the Asylum, and see every room and Patient, and report forthwith to the Board.

At each Ordinary Board, one of the Governors shall be appointed Visitor for the week next succeeding, to visit the Asylum daily if convenient, to see every Patient once at least in the week, to make any enquiries which may seem fit, and to enter his observations in the "Weekly Visitor's Book;" and no person whatsoever shall interfere to prevent the most minute examination of the Establishment.

OCCASIONAL VISITING.

Persons wishing to visit the Asylum, may be personally introduced by one of the Physicians, Surgeons, or Governors, or by the written order of a Governor; and the House-Surgeon may admit any respectable non-resident of Lincoln to see the Establishment, without a special order.

VISITS OF FRIENDS.

The Rules affecting the admission of the Patients' friends are appended to each Quarterly Account.

OFFICERS, SERVANTS.

No Officer or person whatsoever employed in this Institution, shall give to, or receive from any Tradesman, Servant, Patient, Stranger, or other person whatsoever, any fee, reward, gratuity, or present, directly or indirectly, for any thing done on account of the Asylum, on pain of expulsion; nor bargain with any patient for the sale, purchase, or exchange of clothing, food, or other article.

BOOKS, ACCOUNTS.

Any Governor may at all times inspect, extract, or copy, any Bills, Accounts, Journals, Registers, Minute-Books, or Documents whatsoever, provided that the names of the Patients shall not be copied: and all Documents, kept by order of the Rules or of any Board, shall be the property of the Institution.

Note. A Key to the Official Books, Bills, Vouchers, &c. is left always in the House, so that they may be accessible to the Governors.

