

Report of the Committee of Visitors, the Medical Superintendent, and other papers relating to the asylum : printed by order of the Court of Quarter Session, 5th January, 1864 / Essex Lunatic Asylum.

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ESSEX
LUNATIC ASYLUM.



REPORT OF
THE COMMITTEE OF VISITORS,
THE MEDICAL SUPERINTENDENT,
AND OTHER PAPERS RELATING TO THE ASYLUM.

PRINTED BY ORDER OF THE COURT OF QUARTER
SESSION, 5TH JANUARY, 1864.

GIBSON, } CLERK OF THE
PEACE.

CHELMSFORD:

PRINTED AT THE CHRONICLE AND HERALD STEAM-PRESS.



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COMMITTEE OF VISITORS,

FOR THE YEAR 1864.

CHARLES GRAY ROUND, ESQUIRE, CHAIRMAN,
THOMAS WM. BRAMSTON, ESQUIRE, M.P.,
THOMAS BURCH WESTERN, ESQUIRE,
THE REV. JOHN HEATLEY LEWIS, CLERK,
MAJOR SKINNER, R.A.
THE REV. HASTINGS ROBINSON, D.D.,
JOHN GURNEY FRY, ESQUIRE,
JOHN DAVIS, ESQUIRE,
THE REV. JOHN PEARSON, CLERK,
NATHANIEL CLARKE BARNARDISTON,
ESQUIRE,
JOHN WATLINGTON PERRY WATLING-
TON, ESQUIRE, M.P.
RICHARD BAKER WINGFIELD BAKER,
ESQUIRE,
SIR THOMAS BARRETT LENNARD, BARONET,
CHARLES DU CANE, ESQUIRE, M.P.,
WILLIAM MICHAEL TUFNELL, ESQUIRE,

For the County.

EDWARD WILLIAMS, ESQUIRE, M.D.,
HENRY WOLTON, ESQUIRE,

*For the Borough of
Colchester.*

JOHN PAYNE, ESQUIRE,

*For the Borough of
Maldon.*

THOMAS SMITH, ESQUIRE,
HENRY BURROWS, ESQUIRE,

*For the Borough of
Saffron Walden.*

THOMAS MORGAN GEPP, Clerk to the Visitors.

HOUSE COMMITTEE.

FOR THE YEAR 1864.

THE REV. JOHN HEATLEY LEWIS, CHAIRMAN.

MAJOR SKINNER, R.A.,

THE REV. JOHN PEARSON,

THE REV. HASTINGS ROBINSON, D.D.,

JOHN GURNEY FRY, ESQUIRE,

NATHANIEL CLARKE BARNARDISTON, ESQUIRE,

RICHARD BAKER WINGFIELD BAKER, ESQUIRE,

SIR THOMAS BARRETT LENNARD, BART.

OFFICERS.

D C. CAMPBELL, ESQUIRE, M.D. *Resident Medical
Superintendent.*

A. R. HARRISON, ESQUIRE, M.D. *Medical Assistant.*

THE REV. JOSEPH SOWTER *Chaplain.*

MR. CHARLES RAYNER *Steward and Clerk of the
Asylum.*

MRS. CRABB *Matron.*

REPORT OF THE COMMITTEE OF VISITORS.

~~~~~

*To Her Majesty's Justices of the Peace in Quarter Session assembled, at Chelmsford, in and for the County of Essex, on Tuesday, the 5th day of January, 1864.*

*The Justices elected at the General Quarter Session of the Peace, holden on the 6th day of January, 1863, as a Committee on behalf of the County of Essex, during the year next ensuing, for the purposes of the Asylum erected for the pauper lunatics of the said County and the united Boroughs of Colchester and Maldon, pursuant to the Act of Parliament 8 and 9 Vic., c. 126, present this their annual report conformably with the provisions of the Lunatic Asylums Act, 1853, s. 62.*

The Committee think it right to bring again under the notice of the Court the continued increase in the number of Patients. The following is the account for the last five years :—

There were in the Asylum

|                       |       |            |              |           |
|-----------------------|-------|------------|--------------|-----------|
| On the 25th December, | 1859— | Males 177— | Females 242— | Total 419 |
| „                     | 1860— | „ 187—     | „ 260—       | „ 447     |
| „                     | 1861— | „ 197—     | „ 270—       | „ 467     |
| „                     | 1862— | „ 212—     | „ 286—       | „ 498     |
| „                     | 1863— | „ 214—     | „ 307—       | „ 521     |

|                            |       |                 |                     |
|----------------------------|-------|-----------------|---------------------|
| There were during the year | 1859— | Admissions 138— | Under treatment 544 |
| „                          | 1860— | „ 161—          | „ 580               |
| „                          | 1861— | „ 140—          | „ 587               |
| „                          | 1862— | „ 139—          | „ 606               |
| „                          | 1863— | „ 152—          | „ 650               |

The following are the general results for the year 1863 :—

|                                             | Males. | Females. | Total. |
|---------------------------------------------|--------|----------|--------|
| Patients in the Asylum, 25th December, 1862 | 212    | 286      | 498    |
| Admitted during the year ... ..             | 61     | 91       | 152    |
|                                             | <hr/>  | <hr/>    | <hr/>  |
| Under treatment during the year ... ..      | 273    | 377      | 650    |

Removed, &c., during the year :—

|                | Males. | Females. | Total. |
|----------------|--------|----------|--------|
| Recovered ...  | 34     | 38       | 72     |
| Improved ...   | —      | 1        | 1      |
| Unimproved ... | 1      | 3        | 4      |
| Died ... ..    | 24     | 28       | 52     |
|                | <hr/>  | <hr/>    | <hr/>  |
|                | 59     | 70       | 129    |

|                                             |     |     |     |
|---------------------------------------------|-----|-----|-----|
| Remaining in the Asylum 25th December, 1863 | 214 | 307 | 521 |
|---------------------------------------------|-----|-----|-----|

The new buildings, to which the Court gave its sanction at the Midsummer Session of 1862, having been completed to the satisfaction of the County Surveyor, were reported by him to be ready for occupation in August. These buildings, the Court will remember, were erected for the purpose of enabling the Asylum to receive additional Female Patients; but the Committee, after conferring with Dr. Campbell, and after mature deliberation, resolved unanimously that they would be more conveniently appropriated to the reception of Male Patients. And they have been so appropriated accordingly, and Male Patients were placed in them on the 29th August, 1863.

It was found necessary to add to these buildings a room for the purpose of a lavatory, to be used by the Patients working on the farm; and the County Surveyor having reported the necessity of making a communication between them and the main building, it was ordered that a proper paved way, with the necessary stone steps, be made from the nearest court yard to the first block of the new buildings. The charge of these additions and improvements amounts to £232 19s. 7d.

Another munificent donation of £50 from the Governors of the Society for the Discharge and Relief of Persons Imprisoned for Small Debts has enabled the Committee to increase the amount of Stock standing in the names of Trustees, for the purposes of the Benevolent Fund, which now consists of £500 £3 per cent. consols. From the Benevolent Fund 45 Patients have been

assisted, on their discharge during the past year, with sums varying from 5s. to 30s.

During the past year 1,660 relatives and friends of the Patients have visited them at the Asylum.

In the course of the year deputations from several of the Boards of Guardians in the county have inspected the Asylum, and visited the inmates belonging to their respective unions. In the month of May a deputation from the Dunmow Guardians did so, and in a report which they afterwards made to their board they expressed their entire satisfaction with the treatment which the Patients appeared to receive from the officers, and they added that one of their deputation had the opportunity of hearing two convalescent Patients who had been discharged from the Asylum that very day speaking in the highest terms of the kindness which they had experienced during the time of their residence there. In May also a deputation from the West Ham Board of Guardians attended, and afterwards reported to their board that there were then in that Establishment 59 persons from their union, that they saw each individual Lunatic on the occasion of their visitation, that six of them were considerably improved in health both in mind and body, and while expressing their acknowledgments to Dr. Campbell for the attention shown to them on going over the Establishment, they reported that they found everything done under the able management of the above gentleman that skill and humanity could suggest to ameliorate the condition of, and to afford comfort to, the suffering Inmates of the Institution.

In the month of July a Committee appointed by the Board of Guardians of the Rochford Union to visit their Patients attended at the Asylum. They reported that the Asylum showed the same evidence of cleanliness and comfort that they had reported last year, and that all the Patients seemed to be in as good bodily health as was consistent with the state of disease under which they were suffering. They reported also that they were much indebted to Dr. Campbell for the courtesy and attention with

which they were received, and for the facilities that were put in their way for ascertaining the state of the various Patients.

Lately a Committee appointed by the Billericay Board to visit their paupers at the Asylum came there for that purpose, and afterwards made a report, a portion of which is as follows:—  
 “With respect to these unfortunate Inmates generally, it appeared to us in going through the wards that all possible means are adopted to alleviate the terrible nature of the complaint with which they are afflicted, both by healthy employment and the great variety of amusements so well adapted to divert their minds from the misery of their condition, and to promote their recovery to health and sanity of mind. We were also much gratified with the evident comfort of the Asylum new wards, and were pleased to learn that the better class of Male Patients were thus separated from those who, being more noisy and troublesome, must have interfered greatly with the comfort of those not so painfully afflicted. We cannot close this report without an acknowledgment of the courtesy and attention paid us both by Dr. Campbell and Dr. Harrison, from whom we obtained all desired information. The latter gentleman, in consequence of Dr. Campbell having another engagement, took us over the Asylum, in the different wards of which we saw and conversed with all the patients belonging to this union.

“Signed, J. F. BUTLER, and other Guardians.”

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Two of the Commissioners in Lunacy inspected the Asylum lately, and made the following observations in the visitors' book:—

“ESSEX COUNTY ASYLUM, BRENTWOOD,

“*Thursday, 3rd December, 1863.*

“Since this Asylum was visited on the 11th of last December, 150 Patients have been admitted, 59 Men and 91 Women; 74 Patients have been discharged, 33 Men and 41 Women, of whom

all the Men and 37 of the Women were recovered; and 52 Patients, 23 Men and 29 Women, have died. All the deaths were from ordinary causes—Phthisis, Palsy, Epilepsy, and exhaustion after Mania being the principal.

“In the Asylum to-day there are 520 Patients, 214 Men and 306 Women; and besides these there is a criminal Male Patient on the books who escaped a few days ago; he has since been recaptured, and is expected to be brought back from Stevenage to-night. [Since this was written he has arrived.]

“We have seen all at our visit, and 54 of the Men we found in the new buildings, which were opened on the 30th of last August. They consist of three separate blocks, with connecting covered corridors, and with a general kitchen, house-offices, and dining-hall; the latter have been so constructed as to admit of twice the number of Patients for which the present blocks are built, these when full being able to receive each 25 Inmates, besides attendants; each has a large cheerful day room, four single sleeping rooms, and a 21-bedded dormitory, all of which have been fitted up with the most careful regard to the comfort of the Patients. The furniture is of a simple domestic kind. In the bedrooms and dormitories there are seats, boxes for clothes, washing utensils, and other provision for personal cleanliness, so that each Patient has all that he requires in this respect; and in all the day rooms there is a liberal supply of pictures, books, games, plants, birds, and suitable means of recreation and cheerfulness. The accommodation for the servants is also excellent, and we should find it difficult to speak too highly of the general effect of these blocks, or of the manner in which the Patients’ wants have been carefully studied in all their fittings and arrangements. There is a home character and comfort about every part of them which cannot but operate most beneficially on their inmates; and we can only hope that their success may induce, as far as possible, the adoption of similar arrangements in the single rooms and dormitories of the Male division in the Asylum building. It is proposed that the blocks should for the present be occupied

by the men who work in the shops and on the farm, and by convalescing Patients, but the more widely their advantages can be extended, by occasional trial therein of the more troublesome Patients, the better it will be for all.

“These 54 men we found perfectly quiet, and in all respects in a satisfactory state ; and, considering the very large number of Epileptic and Paralytic in the body of the Asylum (nearly a fourth of the whole), we may report satisfactorily of the general condition of the Inmates, as well as of the state of the wards and dormitories in both divisions. The addition of two wards, rendered vacant by the opening of the new buildings, has improved the Female side : where there has been a supply of 50 washhand stands in the dormitories and single rooms, and other recommendations made in the last entry have had attention.

“In the Male division no washing materials have yet been placed, and assimilation in this respect to the other division seems to us very desirable. All the lavatories and bathrooms we found in good order.

“Among the suggestions to which effect has been given since the date of the last visit, we observe additional couches or sofa seats in the epileptic wards ; some light and cheerful sunshades in the airing courts, and some enlargement of the planted borders in those courts. A beginning has also been made to the ornamental laying out and planting of the grounds belonging to the new blocks.

“The numbers regularly employed among the Patients appear to be 133 on the Male and 152 on the Female side, and the average attendances at chapel on week days about 88, and on Sundays 201. As to outdoor exercise and games, and indoor amusements, fair provision seems to be made, considering the great number of helpless cases ; and there was a dance and music last night, reported to have been unusually successful.

“Very beneficial results are said to attend the night watch in this Asylum ; last night's report of wet beds showing 10 among the Men and 13 among the Women, out of a large number nightly,

whose habits are of the most troublesome description. No restraint is employed here. The seclusion has been confined to 49 instances, extended over 22 Patients, and has been for short periods, and at unfrequent intervals. Under treatment for bodily disorders to-day there are 71 Patients, 25 Men and 46 Women. We have made all the statutory inquiries.

“We were pleased to observe at our visit to-day several of the Patients visited by their friends, who were permitted to see them in their wards, and this privilege we find is very freely granted, where the friends desire it or the Patient is in feeble health.

“Dr. Campbell’s skill and kindness, as well as the efficiency of his officers and assistants, are shown in every part of this Asylum, and more especially in the considerate and liberal arrangements consequent on the opening of the new buildings.

(Signed) “JOHN FORSTER,  
“ROBERT NAIRNE,  
COMMISSIONERS IN LUNACY.”

CHARLES G. ROUND, CHAIRMAN.

T. W. BRAMSTON,  
R. B. WINGFIELD BAKER,  
T. B. WESTERN,  
CHARLES DU CANE,  
N. C. BARNARDISTON,  
J. W. PERRY WATLINGTON,  
JNO. GURNEY FRY.

# REPORT OF THE MEDICAL SUPERINTENDENT.

.....

TO THE CHAIRMAN AND VISITORS OF THE ESSEX  
LUNATIC ASYLUM.

GENTLEMEN,

IN compliance with established custom, I now submit a brief Report respecting the Inmates of this Asylum during the past year.

I am glad to say that the Institution over which you preside continues in every respect successful and prosperous; and as regards the general condition of the Patients it is satisfactory to me to feel that the many advantages derivable from adherence to the principles of practice adopted at the outset become yearly more manifest. As much improvement has been effected of late years in regard to the treatment of a disease which used at one time to be considered beyond the reach of medical science, so there is reason to hope this improvement may continue to keep pace with its apparent growing frequency, and thus in the event of Insanity becoming more common it will also be more frequently cured. Considering also the change which of late years has taken place in the public mind in regard to the subject of Insanity in general, I confidently trust that ere long that foolish prejudice will be got rid of, which, by leading in many instances the friends of Patients to conceal the malady as long as possible, and more particularly its cause, throws one of the greatest barriers in the way of the recovery of the Insane, the curable stage being frequently allowed to pass away without any attempt at rational treatment, or, at best, under the trial of ill-directed and inefficient measures. It cannot be too widely made known that in a properly conducted and well regulated

Asylum the Insane may be treated not only much more easily and effectually, but also much more mildly than at their own home, where the unadapted arrangements of the dwelling and the presence of relatives oppose unceasing impediments to recovery, and often produce an aggravation of the complaint by the restraint and close confinement which may become unavoidable under the circumstances.

I have, as in former years, exhibited in a series of Tables the Statistics of the last twelve months, adopting the same plan as in last Report.

On the 25th December, 1862, there were in the Asylum 498 Patients, namely 212 Males and 286 Females. The admissions in the course of this year have been 152, viz. :—61 Males and 91 Females ; and the total number under treatment in the course of the year was 650.

During the same period 73 Patients have been discharged recovered, one was removed improved, three were removed unimproved, and 52 died.

There now remain in the house 214 Males and 307 Females—total 521.

The daily average number was 509, being 26 more than last year.

Some of the recoveries were of a most satisfactory character, one in particular, that of a Female who had been Insane for 15 years. She left the Asylum some months ago, and continues well and happy with her family. Such cases engender a mixed spirit of caution and resolution; of caution, not to pronounce hastily upon even the most apparently hopeless case ; of resolution, to leave no means untried, no energy unexercised, either for the recovery of the curable or for ameliorating the condition of those who are really beyond a cure.

The mortality has been higher than that of last year, which was very low ; but the Obituary speaks so distinctly for itself as almost to require no comment. No fewer than 25 died from Paralysis and Epilepsy, three from Phthisis, and seven from old age and exhaustion.

Regarding the treatment of the Patients in prosecuting this

all-important department, I have kept in view the calming of the excited feelings of the Patients by a gentle and steady plan of moral discipline, avoidance of all harsh measures, and the correction of physical disturbance in the general system, with diversion of the mind from the train of morbid thought by the substitution of a variety of rational amusements and employments. It is a common but great mistake to suppose that because a person is Insane he is insensible to the ordinary relations of life and of external nature, therefore it becomes of importance in the treatment of those suffering from mental disease to provide the necessary means for encouraging the healthy and regular exercise of the various bodily and mental powers, and for drawing out, as it were, the various affections and feelings. It would be foreign to this Report to enter into details respecting the various means employed to effect so desirable an end. The fact, however, may be adduced as conclusive evidence of the advantages already derived from the practice adopted that several Patients, formerly considered incapable of amendment, have not only been rescued from a miserable state of existence, but are now clearly capable of joining in the amusements provided for them, and of engaging in some simple occupation.

Outdoor occupation continues to be a remedial agent of great value, but even this, valuable though it be, requires caution and judgment in its application. Care must be taken not unduly to call into action, in the first instance, powers which have perhaps for years been dormant, and in all cases to endeavour as much as possible to give labor the appearance of a favor granted rather than of a task imposed. One great object is so to select the employment that it may have a tendency to improve alike the mental and physical condition of the Patient; and in this county where our Patients are principally agricultural laborers, there are certainly no employments more generally adapted to meet the ends required than horticultural and agricultural pursuits. Suitable and timely amusements being equally necessary with proper employments for the class of persons committed to our care, I have endeavoured to provide for the one as well as the other.

The question being frequently asked, "Is it safe to intrust the Insane with the requisite instruments for the labor described?" my answer is, that, since the opening of the Asylum, no accident whatever has occurred in connexion with agricultural labor, and the experience of several Asylums will tell us that the danger to Patients or their Attendants is greater under a mere safety system, and confinement without any object to occupy the mind, than under that which puts spades, rakes, and hoes into the hands of a considerable portion of the Male Patients. Of course discretion is used in the selection of Patients for such employment, and care is taken to place them in charge of suitable Attendants. In the various kinds of occupation and amusement we have the means of promoting the physical health in the way of exercise, of engaging the attention, and of indirectly affecting the intellectual powers. The mind is thus withdrawn from its melancholy and morbid dreams in the amusements afforded, in the activity and diligence of labor.

I have endeavoured, in Table No. 10, to exhibit a view of the principal causes which induced the disease in those admitted during the year; but it must be allowed that every such attempt is necessarily imperfect from the difficulty of acquiring full information in regard to the history of each case, and of selecting from several concurring causes that one to which the greatest influence should be assigned.

It will be observed that in a considerable number the Insanity was constitutional, and that, while some of the causes were of a physical, others were of a moral, character; but both I believe being sometimes combined in the same person and conducing to the same end—where the general health is impaired, grief and such like moral causes, which in a state of health would be successfully struggled with, prey on the mind with a power that cannot be resisted. There is reason to believe that the threatened attack of Insanity might often in such cases be wholly prevented were the attention of a medical man directed in time to the removal of what at first seems to be only a trifling

bodily ailment. Intemperance was found to be the exciting cause in 15 cases. In the first stage of Insanity stimulants are frequently had recourse to, in the vain hope of removing despondency, while they but too often precipitate the attack. The most frequent of all causes in Females I believe are derangements of the system. Fortunately the primary disorder is often amenable to medical treatment, in which case the secondary affection of the brain usually subsides—unless from neglect, that which was functional has assumed the character of organic disease. In some cases the Insanity was an effect of a previously diseased state of the nervous system, which had manifested itself in the way of Paralysis or Epilepsy, rendering them perfectly hopeless.

One case was sent to the Asylum—that of a man who hoped by feigning Insanity to get comfortable accommodation in the Establishment. The imposition in this case was soon discovered, and the Impostor, after being detected, was very glad to take his departure. He stated that he was a ticket-of-leave man, and could not obtain any employment.

Every attempt is made to divest the Asylum as much as possible of everything which may tend to give it a prison-like abode, and a great step has been made in this direction by the erection of the new buildings, for a description of which I cannot do better than refer to the Report made by the Commissioners in Lunacy when they visited the Asylum on the 3rd of this month.

The new blocks were opened on the 29th of August last, and were immediately occupied by about 50 Male Patients, but are adapted to accommodate 75 Inmates.

It may be remembered that a large number had been accommodated in the body of the Asylum previous to the additions; but at times the house was undesirably crowded. The recent additions have consequently rather increased the accommodation of the Patients, and provided for more extensive classification, than made provision for a very large increase of the number.

Every year brings fresh conviction that the more nearly we

can approximate our treatment of the Insane to that of reasonable beings, the more numerous will be the recoveries in the treatment of this class of Patients, deprived as they are of their dearest enjoyments and of the soothing intercourse of social and domestic life.

It is now 10 years and three months since the Asylum was first opened for the reception of the Insane Poor of this county, and I hope you can look back with satisfaction on the harmonious and I trust successful working of the Institution during that period. The greatly increased interest which during that time has arisen in regard to the subject of Insanity, and the treatment of those afflicted with it, affords ground for congratulation. If in any degree this Institution has been an instrument in the stimulating of this interest by promoting a system of humane and wise treatment, I need scarcely say that neither your labor nor my exertions remain unrewarded.

During the 10 years and three months the Asylum has been in operation, there have been admitted 1,715 Patients. Of these 631 were discharged recovered, 36 were removed improved, 30 unimproved, three escaped, and 494 died. Of the total number recorded in the Obituary, no fewer than 212 died from Paralysis and Epilepsy, 70 from Consumption, and 42 from old age.

The three Patients who escaped were at the time convalescent, and all afterwards visited the Institution.

Of the 631 cases discharged recovered, 116 were re-admitted. Of these 116 re-admissions, 44 still remain in the Asylum, 56 have again recovered and returned home, and 16 died.

The following Table shows the general results during 10 years and three months as regards the total number admitted.

| Curable Cases Admitted. | Incurable Cases Admitted. | Total Admitted. | Recovered. | Improved. | Un-improved. | Escaped. | Died. |
|-------------------------|---------------------------|-----------------|------------|-----------|--------------|----------|-------|
| 791                     | 924                       | 1,715           | 631        | 36        | 30           | 3        | 494   |

The recoveries, therefore, if calculated upon the total number of cases admitted during the 10 years and three months, deducting the 44 re-admissions now in the Asylum and the 16 deaths,

have been 33 per cent.; but if calculated on the number of curable cases admitted, making the same deductions, have amounted to the satisfactory number of 72 per cent.

A retreat for those mentally afflicted, when judiciously conducted, must ever be an interesting spectacle, and will be viewed in a favorable light by every well constituted mind. The spirit of humanity is cheered and gratified by every attempt that promises to advance the welfare of the Insane, and when the attempt is made on a large scale, in proportion as the sum of human misery is lessened, and the weight of suffering alleviated, will it interest public feeling and claim general approbation. When we look back 10 years and three months and find that no fewer than 1,715 have received the benefit of the Institution, all human beings who, like ourselves, passed through the happy period of childhood, felt the buoyancy of youth, and cherished the hopes of mental strength checked in their career, their brightest prospects blasted, and their purest comforts embittered, is there any object more fully calculated to attract sympathy? I trust the Institution will yet advance to a higher state of prosperity and usefulness, that the same uninterrupted success which has hitherto marked its progress will continue, and that its benefits may still flow in a more copious stream to comfort and gladden the hearts of those afflicted with a disease which implies the derangement of the highest faculties and noblest powers of man.

I should consider this Report imperfect did I not acknowledge the great assistance I have received from the Officers and Attendants associated with me in the performance of my various and anxious duties.

In conclusion, I beg to thank your Committee for the courtesy I continue to receive, and for the support you render me in conducting the management of the Institution.

I am,

GENTLEMEN,

Your obedient Servant,

D. C. CAMPBELL, M.D.,

MEDICAL SUPERINTENDENT.

29th December, 1863.

## TABLES.

TABLE, No. 1.

## GENERAL RESULTS OF THE YEAR.

|                                              | Males. | Females. | Total. |
|----------------------------------------------|--------|----------|--------|
| Patients in the Asylum, 25th December, 1862. | 212    | 286      | 498    |
| Admitted during the year . . . . .           | 61     | 91       | 152    |
| Under Treatment during the year . . . . .    | 273    | 377      | 650    |
| Removed during the year, viz. :—             |        |          |        |
|                                              | MALES. | FEMALES  | TOTAL. |
| *Recovered . . . . .                         | 34     | 38       | 72     |
| Improved . . . . .                           | 0      | 1        | 1      |
| Unimproved . . . . .                         | 1      | 3        | 4      |
| Died . . . . .                               | 24     | 28       | 52     |
| Remaining in the Asylum, 25th December, 1863 | 214    | 307      | 521    |

TABLE, No. 2.

## SHOWING THE AGES OF PATIENTS ADMITTED DURING THE YEAR.

|                               | Males. | Females. | Total. |
|-------------------------------|--------|----------|--------|
| From 10 to 20 years . . . . . | 1      | 7        | 8      |
| „ 20 to 30 „ . . . . .        | 7      | 21       | 28     |
| „ 30 to 40 „ . . . . .        | 17     | 17       | 34     |
| „ 40 to 50 „ . . . . .        | 18     | 10       | 28     |
| „ 50 to 60 „ . . . . .        | 9      | 13       | 22     |
| „ 60 to 70 „ . . . . .        | 5      | 16       | 21     |
| „ 70 to 80 „ . . . . .        | 3      | 5        | 8      |
| „ 80 to 90 „ . . . . .        | 0      | 1        | 1      |
| Unknown . . . . .             | 1      | 1        | 2      |
| Total . . . . .               | 61     | 91       | 152    |

\* The Patient entered in last year's Report as out on trial has been discharged recovered, making the number 73.

TABLE, No. 3.

SHOWING THE SOCIAL CONDITION OF THE PATIENTS ADMITTED  
DURING THE YEAR.

|                           | Males. | Females. | Total. |
|---------------------------|--------|----------|--------|
| Single . . . . .          | 21     | 33       | 54     |
| Married . . . . .         | 34     | 40       | 74     |
| Widowed . . . . .         | 5      | 16       | 21     |
| Not ascertained . . . . . | 1      | 2        | 3      |
| Total . . . . .           | 61     | 91       | 152    |

TABLE, No. 4.

SHOWING THE RELIGIOUS DENOMINATIONS OF THE PATIENTS  
ADMITTED DURING THE YEAR.

|                                   | Males. | Females. | Total. |
|-----------------------------------|--------|----------|--------|
| Church of England . . . . .       | 43     | 65       | 108    |
| Dissenters—Sect unknown . . . . . | 5      | 8        | 13     |
| Independent . . . . .             | 4      | 8        | 12     |
| Wesleyan . . . . .                | 1      | 2        | 3      |
| Baptist . . . . .                 | 3      | 3        | 6      |
| Roman Catholic . . . . .          | 1      | 0        | 1      |
| Unknown . . . . .                 | 4      | 5        | 9      |
| Total . . . . .                   | 61     | 91       | 152    |

TABLE, No. 5.

SHOWING DURATION OF INSANITY IN THE CASES ADMITTED  
BEFORE THEY WERE BROUGHT TO THE ASYLUM.

|                                   | Males. | Females. | Total. |
|-----------------------------------|--------|----------|--------|
| Not exceeding one month . . . . . | 24     | 32       | 56     |
| Between 1 and 2 months . . . . .  | 8      | 8        | 16     |
| " 2 and 3 " . . . . .             | 2      | 15       | 17     |
| " 3 and 4 " . . . . .             | 6      | 3        | 9      |
| " 4 and 5 " . . . . .             | 3      | 4        | 7      |
| " 5 and 6 " . . . . .             | 1      | 1        | 2      |
| " 6 months and 1 year . . . . .   | 4      | 6        | 10     |
| " 1 year and 2 years . . . . .    | 3      | 8        | 11     |
| " 2 " 3 " . . . . .               | 2      | 1        | 3      |
| " 3 " 4 " . . . . .               |        | 2        | 2      |
| " 4 " 5 " . . . . .               | 1      | 2        | 3      |
| " 5 " 6 " . . . . .               | 1      |          | 1      |
| " 6 " 7 " . . . . .               |        |          |        |
| " 7 " 8 " . . . . .               |        |          |        |
| " 8 " 10 " . . . . .              |        |          |        |
| " 10 " 11 " . . . . .             |        |          |        |
| Above 14 " . . . . .              |        | 1        | 1      |
| " 20 " . . . . .                  |        | 1        | 1      |
| Unknown . . . . .                 | 6      | 7        | 13     |
| Total . . . . .                   | 61     | 91       | 152    |

TABLE, No. 6.

FORM OF INSANITY IN THE CASES ADMITTED DURING THE YEAR.

|                            | Males. | Females. | Total. |
|----------------------------|--------|----------|--------|
| Mania : . . . . .          | 24     | 43       | 67     |
| Monomania . . . . .        |        |          |        |
| Melancholia . . . . .      | 25     | 33       | 58     |
| Dementia . . . . .         | 8      | 15       | 23     |
| Amentia . . . . .          | 3      |          | 3      |
| Feigned Insanity . . . . . | 1      |          | 1      |
| Total . . . . .            | 61     | 91       | 152    |

TABLE, No. 7.

NUMBER OF ATTACKS IN THE CASES ADMITTED DURING THE YEAR.

|                                         | Males. | Females. | Total. |
|-----------------------------------------|--------|----------|--------|
| Cases of first attack . . . . .         | 39     | 56       | 95     |
| Cases of more than one attack . . . . . | 19     | 31       | 50     |
| Cases not ascertained . . . . .         | 3      | 4        | 7      |
| Total . . . . .                         | 61     | 91       | 152    |

TABLE, No. 8.

ADMISSIONS, DISCHARGES, DEATHS, &c., DURING EACH MONTH  
IN THE YEAR, AND DAILY AVERAGE NUMBER EACH MONTH.

| Months.               | Admissions. |    | Discharges.<br>Removals. |    | Deaths. |    | Daily Average.       |                      |                      |
|-----------------------|-------------|----|--------------------------|----|---------|----|----------------------|----------------------|----------------------|
|                       | M.          | F. | M.                       | F. | M.      | F. | M.                   | F.                   | TOTAL.               |
| 1862.                 |             |    |                          |    |         |    |                      |                      |                      |
| December 25th to 31st | 2           |    |                          |    | 1       |    | $213\frac{4}{6}$     | $285\frac{1}{6}$     | $498\frac{5}{6}$     |
| 1863.                 |             |    |                          |    |         |    |                      |                      |                      |
| January . . .         | 8           | 10 | 4                        | 4  | 1       | 4  | $216\frac{8}{31}$    | 286                  | $502\frac{8}{31}$    |
| February . . .        | 2           | 2  | 5                        | 1  | 3       | 2  | $213\frac{2}{28}$    | $287\frac{15}{28}$   | $500\frac{17}{28}$   |
| March . . .           | 7           | 2  |                          | 3  | 5       | 1  | $211\frac{8}{31}$    | $285\frac{26}{31}$   | $497\frac{3}{31}$    |
| April . . .           | 10          | 11 | 2                        | 2  | 2       | 1  | $216\frac{18}{30}$   | $289\frac{13}{30}$   | $506\frac{1}{30}$    |
| May . . .             | 3           | 8  | 5                        | 4  | 5       | 3  | $215\frac{19}{31}$   | $290\frac{20}{31}$   | $505\frac{29}{31}$   |
| June . . .            | 6           | 10 | 3                        | 6  | 1       | 2  | $212\frac{26}{30}$   | $293\frac{3}{30}$    | $505\frac{29}{30}$   |
| July . . .            | 5           | 10 | 4                        | 1  | 1       | 1  | $212\frac{22}{31}$   | $298\frac{6}{31}$    | $511\frac{7}{31}$    |
| August . . .          | 2           | 8  | 4                        | 4  | 1       | 2  | $211\frac{7}{31}$    | 306                  | $517\frac{7}{31}$    |
| September . . .       | 2           | 8  | 4                        | 3  | 1       | 3  | $209\frac{1}{30}$    | $306\frac{13}{30}$   | $515\frac{14}{30}$   |
| October . . .         | 4           | 8  | 1                        | 5  | 1       | 2  | $209\frac{7}{31}$    | $308\frac{1}{31}$    | $517\frac{8}{31}$    |
| November . . .        | 6           | 8  |                          | 6  | 1       | 4  | $210\frac{26}{30}$   | $306\frac{12}{30}$   | $517\frac{15}{30}$   |
| December 25 . .       | 4           | 6  | 3                        | 3  | 2       | 2  | $214\frac{20}{25}$   | $306\frac{8}{25}$    | $521\frac{3}{25}$    |
| Total . . .           | 61          | 91 | 35                       | 42 | 24      | 28 | $212\frac{274}{365}$ | $296\frac{274}{365}$ | $509\frac{183}{365}$ |

|                                |      |   |     |
|--------------------------------|------|---|-----|
| Daily Average Number in ... .. | 1855 | — | 321 |
| „                              | 1856 | — | 353 |
| „                              | 1857 | — | 388 |
| „                              | 1858 | — | 395 |
| „                              | 1859 | — | 419 |
| „                              | 1860 | — | 438 |
| „                              | 1861 | — | 460 |
| „                              | 1862 | — | 483 |
| Lowest Number during the Year  | 1863 | — | 496 |
| Highest                        | „    | — | 522 |

TABLE, No. 9.

OCCUPATION, OR STATION IN LIFE, OF PATIENTS ADMITTED  
DURING THE YEAR.

|                               | Males. | Females. | Total. |
|-------------------------------|--------|----------|--------|
| Laborers, Wives and Widows of | 27     | 31       | 58     |
| Servants                      |        | 22       | 22     |
| Tallow Chandler               | 1      |          | 1      |
| Blacksmith                    | 1      |          | 1      |
| Dressmakers                   |        | 5        | 5      |
| Cooks                         | 2      | 1        | 3      |
| Hawkers                       | 1      | 1        | 2      |
| Carpenters                    | 2      |          | 2      |
| Schoolmistress                |        | 1        | 1      |
| Butcher, and Wife of          | 1      | 1        | 2      |
| Waiter                        | 1      |          | 1      |
| Bricklayer, and Wife of       | 1      | 1        | 2      |
| Coachman                      | 1      |          | 1      |
| Painters, and Wife of         | 3      | 1        | 4      |
| Cordwainers                   | 2      |          | 2      |
| Cab Driver, and Wife of       | 1      | 1        | 2      |
| Bakers                        | 2      |          | 2      |
| Brickmaker                    | 1      |          | 1      |
| Sailors, Wife and Widow of    | 2      | 2        | 4      |
| Shoebinders                   |        | 2        | 2      |
| Wife of Butler                |        | 1        | 1      |
| Straw Plaiters                |        | 4        | 4      |
| Schoolmaster                  | 1      |          | 1      |
| Carman, Wife of               |        | 1        | 1      |
| Weaver                        | 1      |          | 1      |
| Millwright                    | 1      |          | 1      |
| Nurse                         |        | 1        | 1      |
| Engine Driver                 | 1      |          | 1      |
| Accountant                    | 1      |          | 1      |
| Tambour Worker                |        | 1        | 1      |
| Staymakers                    |        | 2        | 2      |
| Clergyman                     | 1      |          | 1      |
| Fisherman, Wife of            |        | 1        | 1      |
| Basket Maker                  | 1      |          | 1      |
| Tailor                        | 1      |          | 1      |
| Gipsy                         |        | 1        | 1      |
| Farmer, Daughter of           |        | 1        | 1      |
| Gardener, Wife of             |        | 1        | 1      |
| No Occupation                 | 4      | 8        | 12     |
| Total                         | 61     | 91       | 152    |

TABLE, No. 10.

SUPPOSED CAUSES OF THE DISEASE IN THE CASES ADMITTED  
DURING THE YEAR.

|                                      | Males. | Females. | Total. |
|--------------------------------------|--------|----------|--------|
| Hereditary . . . . .                 | 13     | 14       | 27     |
| Intemperance . . . . .               | 6      | 9        | 15     |
| Epilepsy . . . . .                   | 5      | 5        | 10     |
| Paralysis . . . . .                  | 4      | 5        | 9      |
| Poverty and Want . . . . .           | 3      | 2        | 5      |
| Injury of Head . . . . .             | 4      |          | 4      |
| Death of a Friend . . . . .          |        | 1        | 1      |
| Anxiety . . . . .                    | 2      |          | 2      |
| Old Age . . . . .                    | 1      | 4        | 5      |
| Religious Excitement . . . . .       | 4      | 4        | 8      |
| Childbirth . . . . .                 |        | 4        | 4      |
| Grief . . . . .                      | 1      | 3        | 4      |
| Matrimonial Disappointment . . . . . |        | 1        | 1      |
| Fever . . . . .                      | 2      |          | 2      |
| A Fright . . . . .                   |        | 1        | 1      |
| Congenital . . . . .                 | 3      |          | 3      |
| Unknown . . . . .                    | 13     | 38       | 51     |
| Total . . . . .                      | 61     | 91       | 152    |

TABLE, No. 11.

DURATION OF INSANITY PREVIOUS TO ADMISSION IN THE  
CASES DISCHARGED RECOVERED.

|                    | Males. | Females. | Total. |
|--------------------|--------|----------|--------|
| One week and under | 15     | 15       | 30     |
| Under 2 weeks      |        |          |        |
| " 3 "              |        | 3        | 3      |
| " 4 "              | 1      | 1        | 2      |
| " 2 months         | 3      | 6        | 9      |
| " 3 "              | 3      | 5        | 8      |
| " 4 "              | 4      | 1        | 5      |
| " 5 "              | 1      | 1        | 2      |
| " 6 "              |        |          |        |
| " 7 "              | 2      | 1        | 3      |
| 1 year             |        | 3        | 3      |
| 3 "                | 1      | 1        | 2      |
| 5 "                |        | 1        | 1      |
| Unknown            | 5      |          | 5      |
| Total .            | 35     | 38       | 73     |

TABLE, No. 12.

LENGTH OF TIME THE PATIENTS DISCHARGED RECOVERED  
WERE UNDER TREATMENT IN THE ASYLUM.

|                         | Males. | Females. | Total. |
|-------------------------|--------|----------|--------|
| Under one month         | 4      | 4        | 8      |
| Between 1 and 2 months  | 6      | 9        | 15     |
| " 2 " 3 "               | 7      | 6        | 13     |
| " 3 " 4 "               | 3      | 2        | 5      |
| " 4 " 5 "               | 4      | 6        | 10     |
| " 5 " 6 "               | 1      | 1        | 2      |
| " 6 " 7 "               | 1      | 2        | 3      |
| " 7 " 8 "               | 1      | 1        | 2      |
| " 8 " 9 "               | 1      | 1        | 2      |
| " 9 " 10 "              | 2      | 1        | 3      |
| " 11 " 12 "             |        | 1        | 1      |
| " 1 year and 18 months  | 1      |          | 1      |
| " 18 months and 2 years | 1      | 2        | 3      |
| " 2 years " 3 "         | 1      |          | 1      |
| " 3 " " 4 "             | 2      | 1        | 3      |
| 10 years                |        | 1        | 1      |
| Total .                 | 35     | 38       | 73     |

TABLE NO. 13.

## OBITUARY.

| No. | Sex. | Age. | Form of Insanity. | In the Asylum. | Cause of Death.                 | State on Admission.            | Union.         |
|-----|------|------|-------------------|----------------|---------------------------------|--------------------------------|----------------|
| 1   | F.   | 68   | Dementia          | 9 years        | Marasmus                        | Good health                    | Chelmsford     |
| 2   | F.   | 67   | Dementia          | 9 yrs. 3 ms.   | Paralysis                       | Feeble health                  | Halsted        |
| 3   | F.   | 56   | Mania             | 8 days         | Paralysis                       | In a sinking state             | Maldon         |
| 4   | F.   | 41   | Dementia          | 17 months      | General paralysis               | Paralytic                      | Tendring       |
| 5   | F.   | 55   | Mania             | 16 days        | Epilepsy                        | Perfectly helpless             | West Ham       |
| 6   | M.   | 20   | Mania             | 5 yrs. 2 ms.   | Epilepsy                        | Subject to fits                | Chelmsford     |
| 7   | M.   | 63   | Melancholia       | 10 months      | Exhaustion from refusal of food | Very weak                      | Halsted        |
| 8   | F.   | 72   | Dementia          | 21 months      | Natural decay                   | Perfectly helpless             | Dunmow         |
| 9   | M.   | 51   | Dementia          | 3 months       | General paralysis               | Perfectly helpless             | Lexden         |
| 10  | M.   | 37   | Mania             | 9 months       | General paralysis               | Very weak state from paralysis | Dunmow         |
| 11  | F.   | 27   | Dementia          | 6 yrs. 8 ms.   | Epilepsy                        | Long subject to fits           | Witham         |
| 12  | M.   | 68   | Dementia          | 20 months      | Paralysis                       | Feeble state                   | Lexden         |
| 13  | M.   | 11   | Amentia           | 22 months      | Epilepsy                        | Subject to fits from birth     | Maldon         |
| 14  | M.   | 57   | Melancholia       | 11 months      | Diarrhoea and exhaustion        | Good health                    | Lexden         |
| 15  | M.   | 30   | Dementia          | 30 months      | Phthisis                        | Good health                    | Tendring       |
| 16  | F.   | 56   | Mania             | 6 yrs. 2 ms.   | Paralysis                       | Good health                    | Romford        |
| 17  | M.   | 29   | Dementia          | 1 year         | General paralysis               | Paralytic                      | Romford        |
| 18  | M.   | 58   | Melancholia       | 8 days         | Paralysis                       | Very exhausted                 | Maldon         |
| 19  | M.   | 19   | Amentia           | 29 months      | Epilepsy                        | Subject to fits from birth     | Edmonton       |
| 20  | F.   | 53   | Mania             | 27 months      | Disease of liver                | Good health                    | Colchester     |
| 21  | M.   | 49   | Dementia          | 11 months      | Epilepsy                        | Long subject to fits           | Saffron Walden |
| 22  | F.   | 42   | Mania             | 26 months      | Paralysis                       | Symptoms of paralysis          | Romford        |
| 23  | F.   | 20   | Mania             | 4 days         | Maniacal exhaustion             | Sinking                        | Chelmsford     |
| 24  | M.   | 32   | Mania             | 7 weeks        | General paralysis               | Symptoms of paralysis          | Saffron Walden |
| 25  | M.   | 36   | Melancholia       | 25 months      | Tetanus after a scald           | Good health                    | Halsted        |
| 26  | M.   | 36   | Dementia          | 9 yrs. 8 ms.   | Phthisis                        | Feeble health                  | Chelmsford     |
| 27  | M.   | 48   | Dementia          | 23 months      | Epilepsy                        | Fits for ten years             | Lexden         |
| 28  | F.   | 43   | Mania             | 9 yrs. 8 ms.   | Epilepsy                        | Subject to fits twenty years   | West Ham       |
| 29  | F.   | 65   | Dementia          | 1 yr. 8 ms.    | Goitre                          | Feeble health                  | Chelmsford     |
| 30  | F.   | 76   | Dementia          | 23 months      | Natural decay                   | Feeble health                  | Halsted        |
| 31  | M.   | 36   | Mania             | 5 months       | Paralysis                       | Symptoms of paralysis          | Witham         |
| 32  | M.   | 64   | Mania             | 5 years        | Phthisis                        | Good health                    | Witham         |
| 33  | F.   | 67   | Dementia          | Under 1 m.     | Paralysis                       | Quite exhausted                | Tendring       |
| 34  | M.   | 37   | Dementia          | Under 1 m.     | Asphyxia                        | Paralytic                      | Halsted        |
| 35  | F.   | 23   | Dementia          | 2 months       | Paralysis                       | Symptoms of paralysis          | West Ham       |
| 36  | F.   | 72   | Mania             | 9 yrs. 10 ms.  | Natural decay                   | Feeble health                  | Epping         |
| 37  | F.   | 40   | Amentia           | 3 yrs. 5 ms.   | Paralysis                       | Good health                    | Braintree      |
| 38  | F.   | 66   | Dementia          | 5 months       | Gradual decay                   | Very weak                      | Braintree      |
| 39  | M.   | 60   | Mania             | 3 months       | Maniacal exhaustion             | Feeble health                  | Saffron Walden |

## OBITUARY—CONTINUED.

| No. | Sex. | Age. | Form of Insanity. | In the Asylum. | Cause of Death.      | State on Admission. | Union.         |
|-----|------|------|-------------------|----------------|----------------------|---------------------|----------------|
| 40  | F.   | 70   | Mania             | 6 months       | Maniacal ex-haustion | Very weak           | Braintree      |
| 41  | M.   | 27   | Mania             | 34 months      | Epilepsy             | Very weak           | Braintree      |
| 42  | F.   | 22   | Dementia          | Under 1 m.     | Paralysis            | Very weak           | Lexden         |
| 43  | F.   | 74   | Mania             | 10 years       | Natural decay        | Very helpless       | Chelmsford     |
| 44  | F.   | 72   | Dementia          | 4 months       | Exhaustion           | Very weak           | Tendring       |
| 45  | M.   | 23   | Mania             | Under 1 m.     | Peritonitis          | Very weak           | Lexden         |
| 46  | F.   | 77   | Dementia          | 4 months       | Paralysis            | Perfectly helpless  | Romford        |
| 47  | F.   | 34   | Dementia          | 27 months      | Ulceration of bowels | Good health         | Chelmsford     |
| 48  | F.   | 66   | Mania             | 9 years        | Marasmus             | Feeble              | Saffron Walden |
| 49  | F.   | 48   | Melancholia       | 10 years       | Intus-susceptio      | Good health         | West Ham       |
| 50  | F.   | 77   | Dementia          | 23 months      | Natural decay        | Very weak           | Dunmow         |
| 51  | M.   | 54   | Melancholia       | 3 years        | Paralysis            | Very exhausted      | Romford        |
| 52  | M.   | 25   | Melancholia       | 11 months      | Disease of heart     | Very feeble         | Saffron Walden |

TABLE, No. 14.

## CONDITION OF PATIENTS REMAINING IN THE ASYLUM.

|                                | Males. | Females. | Total. |
|--------------------------------|--------|----------|--------|
| Curable and Doubtful . . . . . | 23     | 29       | 52     |
| Incurable. . . . .             | 191    | 278      | 469    |

## COMPLICATED WITH EPILEPSY, PARALYSIS, AND CHOREA.

|                      |    |    |    |
|----------------------|----|----|----|
| Epileptics . . . . . | 46 | 30 | 76 |
| Paralytics. . . . .  | 24 | 21 | 45 |
| Choreic . . . . .    | 3  | 1  | 4  |

## EMPLOYMENT.

|                                                 |     |     |     |
|-------------------------------------------------|-----|-----|-----|
| Capable of being Employed . . . . .             | 149 | 174 | 323 |
| Incapable . . . . .                             | 65  | 133 | 198 |
| Able to attend Chapel . . . . .                 | 121 | 150 | 271 |
| Total Number in the Asylum, 25th December, 1863 | 214 | 307 | 521 |

TABLE, No. 15.  
SHOWING THE NUMBER OF PATIENTS CHARGEABLE TO  
EACH UNION.

| Unions.               | In<br>December,<br>1862 |     | Received<br>since. |    | Discharged,<br>Removed,<br>&c. |    | Died. |    | Remaining<br>25th Dec.,<br>1863. |     | Total Males<br>and Females. |
|-----------------------|-------------------------|-----|--------------------|----|--------------------------------|----|-------|----|----------------------------------|-----|-----------------------------|
|                       | M.                      | F.  | M.                 | F. | M.                             | F. | M.    | F. | M.                               | F.  |                             |
| Braintree . . .       | 10                      | 12  | 4                  | 8  | 4                              | 2  | 1     | 3  | 9                                | 15  | 24                          |
| Bishop Stortford .    | 5                       | 4   |                    |    |                                |    |       |    | 5                                | 4   | 9                           |
| Billericay . . .      | 7                       | 6   | 4                  | 2  | 3                              |    |       |    | 8                                | 8   | 16                          |
| Chelmsford . . .      | 18                      | 23  | 7                  | 6  | 1                              | 5  | 2     | 5  | 22                               | 19  | 41                          |
| Colchester . . .      | 13                      | 17  | 3                  | 4  | 5                              | 2  |       | 1  | 11                               | 18  | 29                          |
| County . . .          | 10                      | 6   |                    | 1  | 2                              | 1  |       |    | 8                                | 6   | 14                          |
| Dunmow . . .          | 8                       | 22  | 3                  | 3  | 3                              | 2  | 1     | 2  | 7                                | 21  | 28                          |
| Edmonton. . .         | 3                       | 6   | 1                  | 1  |                                |    | 1     |    | 3                                | 7   | 10                          |
| Epping . . .          | 6                       | 16  | 2                  | 5  | 2                              | 4  |       | 1  | 6                                | 16  | 22                          |
| Halsted . . .         | 7                       | 7   | 2                  | 4  | 2                              | 1  | 3     | 2  | 4                                | 8   | 12                          |
| Lexden and Winstree . | 18                      | 16  | 3                  | 5  |                                | 3  | 5     | 1  | 16                               | 17  | 33                          |
| Maldon . . .          | 10                      | 11  | 4                  | 6  | 1                              | 2  | 2     | 1  | 11                               | 14  | 25                          |
| Ongar . . .           | 3                       | 4   | 3                  | 2  | 2                              |    |       |    | 4                                | 6   | 10                          |
| Orsett . . .          | 7                       | 5   | 1                  | 3  |                                | 1  |       |    | 8                                | 7   | 15                          |
| Risbridge . . .       |                         | 2   |                    | 3  |                                |    |       |    |                                  | 5   | 5                           |
| Rochford . . .        | 8                       | 15  | 4                  | 5  | 1                              | 1  |       |    | 11                               | 19  | 30                          |
| Romford . . .         | 19                      | 22  | 3                  | 4  | 3                              | 2  | 2     | 3  | 17                               | 21  | 38                          |
| Sudbury . . .         | 4                       | 5   |                    |    |                                |    |       |    | 4                                | 5   | 9                           |
| Saffron Walden . .    | 10                      | 20  | 3                  | 3  |                                | 2  | 4     | 1  | 10                               | 20  | 30                          |
| Tendring . . .        | 13                      | 18  | 4                  | 6  | 1                              | 4  | 1     | 3  | 15                               | 17  | 32                          |
| West Ham . . .        | 20                      | 39  | 4                  | 16 | 4                              | 9  |       | 4  | 20                               | 42  | 62                          |
| Witham . . .          | 12                      | 10  | 6                  | 4  | 1                              | 1  | 2     | 1  | 15                               | 12  | 27                          |
|                       | 212                     | 286 | 61                 | 91 | 35                             | 42 | 24    | 28 | 214                              | 307 | 521                         |

TABLE, No. 16.

## WORK DONE BY FEMALE PATIENTS DURING THE YEAR 1863.

| Articles.              | Made. | Rpd.  | Articles.               | Made. | Rpd. |
|------------------------|-------|-------|-------------------------|-------|------|
| Night Caps. . . .      | 12    | 1565  | Window Blinds . . .     | 30    |      |
| Day Caps . . . .       | 303   | 1632  | Shrouds . . . .         | 52    |      |
| Dresses . . . .        | 433   | 2186  | Iron Holders . . . .    | 46    |      |
| Petticoats . . . .     | 434   | 3999  | Knitted Hose . . . .    | 25    |      |
| Chemises . . . .       | 649   | 5082  | „ Valences . . . .      | 3     |      |
| Aprons . . . .         | 377   | 3860  | „ Table Covers . . .    | 19    |      |
| Bed Gowns . . . .      | 62    | 2349  | „ Curtains . . . .      | 31    |      |
| Handkerchiefs . . .    | 1060  | 1657  | Dusters . . . .         | 2125  |      |
| Shirts. . . .          | 344   | 4114  | Hoods . . . .           | 73    |      |
| Flannel Waistcoats.    | 43    | 477   | Dresses Turned . . .    | 63    |      |
| „ Drawers. . . .       |       | 282   | Skirts for Dresses . .  | 10    |      |
| Sheets . . . .         | 667   | 2594  | Mattresses Upholstered  | 13    |      |
| Towels . . . .         | 656   | 39    | Chair and Sofa Cushions |       |      |
| Hose . . . .           |       | 11954 | and Cases . . . .       | 64    | 116  |
| Blankets Hemmed . .    | 71    | 577   | Tea Bags . . . .        | 7     |      |
| Mattress Cases . . .   | 17    | 27    | Bibs . . . .            | 2     |      |
| Rugs . . . .           |       | 837   | Muslin Curtains . . .   | 3     | 19   |
| Pillow Cases and Ticks | 421   | 2668  | Anti Macassa . . . .    | 2     |      |
| Stays . . . .          | 61    | 418   | Ticking Drawers . . .   | 3     |      |
| Pinafores . . . .      | 280   | 491   | Ironing Sheets . . . .  | 7     |      |
| Table Cloths . . . .   | 61    | 27    | Draperies . . . .       | 9     |      |
| Carpets Bound . . .    | 82    |       | Surplices . . . .       |       | 2    |
| Bonnets Trimmed . .    | 178   | 7     |                         |       |      |

## WORK DONE FOR BENEVOLENT FUND.

|                     | Made. | Rpd. |                        | Made. | Rpd. |
|---------------------|-------|------|------------------------|-------|------|
| Drawers. . . .      | 9     |      | Night Shirts . . . .   | 8     |      |
| Chemises . . . .    | 7     |      | Petticoat . . . .      | 1     |      |
| Handkerchiefs . . . | 12    |      | Embroidered Frock . .  | 1     |      |
| Blouse . . . .      | 1     |      | Strips of Embroidery . | 2     |      |
| Shirts . . . .      | 24    |      |                        |       |      |

## WORK DONE BY MALE PATIENTS DURING THE YEAR 1863.

| Work by Tailors—       | No.  | Work by Shoemakers—       | No.  |
|------------------------|------|---------------------------|------|
| Jackets made . . . .   | 15   | Male Leather Boots and    |      |
| Vests „ . . . .        | 18   | Shoes made . . . .        | 42½  |
| Trousers „ . . . .     | 56   | Female ditto. . . .       | 41   |
| Jackets repaired . . . | 594  | Male Cloth and Canvass    |      |
| Vests „ . . . .        | 351  | Boots . . . .             | 4½   |
| Trousers „ . . . .     | 1218 | Female ditto . . . .      | 37   |
|                        |      | Boots and Shoes repaired. | 1230 |

## CHAPLAIN'S REPORT.

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### TO THE VISITING JUSTICES OF THE ESSEX COUNTY LUNATIC ASYLUM.

GENTLEMEN,

In my last Report I stated that, in addition to the appointed services, I had given an occasional sermon every third week. Having reason to believe that this additional sermon was highly appreciated, I have continued it through the past year. Many of the more intelligent and thoughtful inmates of the Asylum have thanked me again and again, in the warmest terms, for the pleasure and the spiritual blessings which it has been the means of affording them. And altogether the effort has been so well received that, although it has not entirely succeeded in the object which I had principally in view when I first undertook it, I intend, if it please God to give me health and strength, to continue it another year. It may be that through God's blessing the seed thus sown "will be found after many days." Indeed, it has been found already. A young woman in No. 8, who had been in a state of deep depression, and who long feared that there was no hope of pardon for her, told me that the first ray of comfort she received was from one of these evening sermons.

The text was Isaiah lv.<sup>1</sup>, and she was so fully convinced from the Word thus preached that the invitation "Come ye to the waters," given to "every one that thirsteth," was intended for all the world, that from that time forth the burden which had so heavily laden her was taken away. I have had repeated evidence that the subject of the sermon is discussed by some of the Patients among themselves after they have retired to their wards. The passages that may have been referred to as throwing light on the text are carefully examined; and little difficulties that they cannot quite resolve are referred to me for further explanation. I remember expressing some little astonishment when told of one man in particular taking part in such discussions, and the reply which I received was—"Oh! Sir, old John pays as much attention to the sermon as anybody, and often puts us right. Many of us think a deal about such things, but you see, Sir, we don't like to talk much about it except among ourselves."

I have much pleasure in recording the good effect produced by the preaching of other clergymen. I have heard more than once of the good derived from the sermons of the Rev. Mr. Quennell, whom you kindly appointed to officiate during my absence in the summer. Indeed, all my friends who from time to time have lent me their kind assistance have obtained not only my own grateful regards for the service rendered me, but also the gratitude of many of the afflicted poor committed to my charge.

I pass on now to notice the effect produced by pastoral visits to the sick and dying. Many linger on in a totally unconscious state; or at least they are without the power of understanding the simplest elements of religion. But there are some of whom

I can speak most hopefully. At the beginning of the past year a poor fellow died who had been confined to his bed about two years. During his illness I saw him daily. At first he was in that distressing state so common, alas ! in our Asylums, in which he believed there was no hope for him here or hereafter. He thought himself already condemned to everlasting punishment ; and yet, with the strange inconsistency which is observable in almost all who are subject to this terrible fear, he longed for death rather than life : like those “ who rejoice exceedingly and are glad when they can find the grave.” This horrible dread overwhelmed him long. But after he had by God’s mercy been delivered from it he seemed like one who had come up out of the Valley of the Shadow of Death, from the very gates of the grave and the mouth of hell, into “ the bright and fruitful land of Beulah.” He listened morning after morning to the few verses of Psalm or Gospel which I read to him, with such reverential and glad attention, that I believe he was speaking only the simple truth when he told me, as he often did, that he “ preferred it to his daily food.” As long as he was able he would raise himself up, and join his hands in an attitude of devotion while we prayed together, he repeating after me each separate petition, and concluding all with a fervent Amen, Amen. In conversation he generally expressed his ideas in that peculiar language which is only to be heard among seafaring men. He mingled together words of devotion and allusions to his past pursuits in a manner so strange and incoherent that it was often difficult to say whether he was conscious of the present or was living over again in the past. This difficulty was increased by the fact that his utterance was indistinct. Sometimes he talked of the sea

being rough, he could not come into port ; but generally he added something about his soul, and his Father, and his Saviour in Heaven, and home, so that I could hardly doubt, though his words were incoherent, that his heart was right, and was "surely there fixed where true joys are to be found." As might be expected, his state varied from time to time, and towards the end of life he was often quite bewildered and lost ; but upon the whole his case appeared to me very hopeful. I have dwelt longer on this case than I otherwise should, partly because his long-continued illness gave me so full an opportunity of studying his peculiarities, but chiefly because his was what may be called a "representative case." He had been a religious man in early life ; he was well acquainted with Holy Scripture, so that his mind was already fitted to receive light and comfort. The majority of such cases end peacefully. Some, on the contrary, who are subject to the same dreadful anguish of heart that he suffered from, come out of the fearful darkness in only a partial degree. The fear which overwhelmed them passes away, but having little or no knowledge of God's Word, they seem incapable of receiving any true comfort. In some instances, also, there appears to be an habitual melancholy, out of which they cannot rise.

Very many of the Insane appear so wrapped up in self, or so lost to reason, that they have no care or feeling for the sufferings of others. But this is by no means a universal characteristic. There are some who take a most lively interest in the joys or the sorrows of others. One man especially I have noticed, who is always delighted to see his fellow Patients restored to reason and to liberty, although he himself is left still in the Asylum.

And I had recently a most convincing proof of the fact that they feel not less acutely than we do, when any event of unusual solemnity occurs among them. On the last Sunday in the year a Patient was in apparently perfect health at Chapel in the morning; in the evening she sickened and died. The event excited the same feeling, and was commented on with the same solemnity and awe, that would be witnessed in any of our English parishes. So that, although there is much that is saddening in ministering to minds diseased, there is also something that is hopeful. In reviewing the labors of the year, I may say that many proofs have been given me that they have not been unsuccessful.

I have the honor to be,

GENTLEMEN,

Your obedient Servant,

JOSEPH SOWTER,

CHAPLAIN.

*December 31, 1863.*

TREASURER'S ACCOUNTS, &c.,  
1863.

## ACCOUNT OF RECEIPTS AND PAYMENTS BY WILLIAM

Lunatic Asylum

MAINTENANCE  
RECEIPTS.

| 1862.                                                                                        | £      | s. | d. | £      | s. | d. |
|----------------------------------------------------------------------------------------------|--------|----|----|--------|----|----|
| Dec. Balance of last Account ... ..                                                          |        |    |    | 2,062  | 0  | 2  |
| From Unions contributing to the Asylum for<br>One Year ending 25th December,<br>1863, viz.:— |        |    |    |        |    |    |
| Braintree ... ..                                                                             | 642    | 16 | 8  |        |    |    |
| Bishop Stortford ... ..                                                                      | 224    | 8  | 9  |        |    |    |
| Billericay ... ..                                                                            | 379    | 11 | 7  |        |    |    |
| Chelmsford ... ..                                                                            | 988    | 5  | 3  |        |    |    |
| Colchester ... ..                                                                            | 751    | 18 | 11 |        |    |    |
| Dunmow ... ..                                                                                | 704    | 13 | 3  |        |    |    |
| Edmonton ... ..                                                                              | 235    | 17 | 5  |        |    |    |
| Epping ... ..                                                                                | 544    | 4  | 7  |        |    |    |
| Halsted ... ..                                                                               | 288    | 14 | 2  |        |    |    |
| Lexden and Winstree                                                                          | 831    | 13 | 10 |        |    |    |
| Maldon ... ..                                                                                | 571    | 5  | 9  |        |    |    |
| Ongar ... ..                                                                                 | 217    | 4  | 7  |        |    |    |
| Orsett ... ..                                                                                | 339    | 8  | 10 |        |    |    |
| Risbridge ... ..                                                                             | 89     | 16 | 4  |        |    |    |
| Rochford ... ..                                                                              | 648    | 5  | 10 |        |    |    |
| Romford ... ..                                                                               | 986    | 13 | 7  |        |    |    |
| Sudbury... ..                                                                                | 224    | 8  | 9  |        |    |    |
| Saffron Walden ... ..                                                                        | 796    | 18 | 1  |        |    |    |
| Tendring ... ..                                                                              | 807    | 7  | 8  |        |    |    |
| West Ham ... ..                                                                              | 1481   | 0  | 1  |        |    |    |
| Witham ... ..                                                                                | 622    | 9  | 3  |        |    |    |
|                                                                                              |        |    |    | 12,377 | 3  | 2  |
| Carried forward ... ..                                                                       | 12,377 | 3  | 2  | 2,062  | 0  | 2  |

MICHAEL TUFNELL, ESQUIRE, Treasurer of the Essex County  
during the year 1863.

## ACCOUNT.

### PAYMENTS.

#### SALARIES AND WAGES.

|                          | £     | s. | d. | £     | s. | d. |
|--------------------------|-------|----|----|-------|----|----|
| Clerk to Visitors ... .. | 65    | 0  | 0  |       |    |    |
| Officers ... ..          | 1,215 | 10 | 0  |       |    |    |
| Male Attendants ... ..   | 520   | 11 | 3  |       |    |    |
| Female ditto ... ..      | 451   | 13 | 7  |       |    |    |
| Male Servants ... ..     | 183   | 16 | 6  |       |    |    |
| Female ditto .. ...      | 48    | 0  | 0  |       |    |    |
|                          | <hr/> |    |    | 2,484 | 11 | 4  |

#### PROVISIONS.

|                                                                                                                                            |        |    |    |        |    |   |
|--------------------------------------------------------------------------------------------------------------------------------------------|--------|----|----|--------|----|---|
| Ale and Porter, 6 doz. ... ..                                                                                                              | 1      | 7  | 0  |        |    |   |
| Arrowroot and Sago, 378 lbs....                                                                                                            | 6      | 16 | 0  |        |    |   |
| Beer—Malt, Hops, and { 197 qrs. Malt }<br>Brewer ... .. { 1,887 lbs. Hops }                                                                | 826    | 10 | 0  |        |    |   |
| Butter, 10,304 lbs. ... ..                                                                                                                 | 411    | 5  | 1½ |        |    |   |
| Bacon, ... ..                                                                                                                              | 9      | 1  | 2½ |        |    |   |
| Barley and Oatmeal, 700 lbs. ... ..                                                                                                        | 5      | 10 | 0  |        |    |   |
| Cheese, 8,477 lbs. ... ..                                                                                                                  | 221    | 6  | 7½ |        |    |   |
| Coffee, 25 lbs. ... ..                                                                                                                     | 1      | 12 | 5  |        |    |   |
| Currants and Raisins, 3,378 lbs. ..                                                                                                        | 55     | 16 | 4  |        |    |   |
| Eggs, 10,771 ... ..                                                                                                                        | 40     | 0  | 9  |        |    |   |
| Fish ... ..                                                                                                                                | 29     | 14 | 4  |        |    |   |
| Flour, 617 sacks ... ..                                                                                                                    | 1,072  | 10 | 0  |        |    |   |
| Fruit ... ..                                                                                                                               | 14     | 1  | 10 |        |    |   |
| Meat ... { Boned Beef, 36,179 lbs.<br>Roasting ditto, 11,825 lbs.<br>Mutton, 29,592 lbs.<br>Pork (Farm), 8,861 lbs.<br>Shins, 8,380 lbs. } | 2,480  | 16 | 8  |        |    |   |
| Milk, 8,419 gallons ... ..                                                                                                                 | 350    | 15 | 10 |        |    |   |
| Molasses, 1,021½ lbs. ... ..                                                                                                               | 7      | 12 | 4½ |        |    |   |
| Peas, 44 bushels ... ..                                                                                                                    | 15     | 4  | 6  |        |    |   |
| Potatoes, 140 bushels<br>„ 1,241 „ (Farm) }                                                                                                | 178    | 14 | 7½ |        |    |   |
| Carried forward ...                                                                                                                        | £5,728 | 15 | 7½ | £2,484 | 11 | 4 |

## RECEIPTS—continued.

|                                     | £      | s. | D. | £      | s. | D. |
|-------------------------------------|--------|----|----|--------|----|----|
| Brought forward ...                 | 12,377 | 3  | 2  | 2,062  | 0  | 2  |
| From Unions, &c., not contributing— |        |    |    |        |    |    |
| Daventry ... ..                     | 5      | 8  | 0  |        |    |    |
| Ipswich ... ..                      | 7      | 14 | 0  |        |    |    |
| Poplar ... ..                       | 4      | 11 | 6  |        |    |    |
| Shoreditch ... ..                   | 2      | 4  | 0  |        |    |    |
|                                     | <hr/>  |    |    | 19     | 17 | 6  |
| From County Treasurer ... ..        | 333    | 8  | 3  |        |    |    |
|                                     | <hr/>  |    |    | 12,730 | 8  | 11 |

## From Unions, &amp;c., for Funeral Expenses—

|                            |       |    |   |         |    |   |
|----------------------------|-------|----|---|---------|----|---|
| Braintree ... ..           | 3     | 12 | 0 |         |    |   |
| Chelmsford ... ..          | 5     | 8  | 0 |         |    |   |
| Colchester ... ..          | 0     | 18 | 0 |         |    |   |
| Dunmow ... ..              | 2     | 14 | 0 |         |    |   |
| Edmonton ... ..            | 0     | 18 | 0 |         |    |   |
| Epping ... ..              | 0     | 18 | 0 |         |    |   |
| Halsted ... ..             | 3     | 12 | 0 |         |    |   |
| Lexden and Winstree ... .. | 5     | 8  | 0 |         |    |   |
| Maldon ... ..              | 2     | 14 | 0 |         |    |   |
| Romford ... ..             | 3     | 12 | 0 |         |    |   |
| Saffron Walden ... ..      | 4     | 10 | 0 |         |    |   |
| Tendring ... ..            | 3     | 12 | 0 |         |    |   |
| West Ham ... ..            | 3     | 12 | 0 |         |    |   |
| Witham ... ..              | 2     | 14 | 0 |         |    |   |
|                            | <hr/> |    |   | 44      | 2  | 0 |
| Carried forward ... ..     | <hr/> |    |   | £14,836 | 11 | 1 |

# PAYMENTS—continued.

|                     | £     | s. | d. | £     | s. | d. |
|---------------------|-------|----|----|-------|----|----|
| Brought forward ... | 5,728 | 15 | 7½ | 2,484 | 11 | 4  |

## PROVISIONS—continued.

|                                                                      |     |    |    |       |    |    |
|----------------------------------------------------------------------|-----|----|----|-------|----|----|
| Poultry ... ..                                                       | 12  | 1  | 1  |       |    |    |
| Rice, 784 lbs. ... ..                                                | 6   | 10 | 0  |       |    |    |
| Sugar 15,643 lbs. ... ..                                             | 242 | 17 | 7½ |       |    |    |
| Salt, Spices, &c....                                                 | 24  | 16 | 7½ |       |    |    |
| Tobacco and Snuff { Tobacco, 350 lbs. }<br>{ Snuff, 70 lbs.        } | 74  | 16 | 10 |       |    |    |
| Tea, 3,088 lbs. ... ..                                               | 444 | 5  | 2  |       |    |    |
| Vegetables (Farm) ... ..                                             | 249 | 7  | 1  |       |    |    |
|                                                                      |     |    |    | 6,783 | 10 | 0½ |

## FUEL AND LIGHTING.

|                                                                                                           |     |    |   |       |   |   |
|-----------------------------------------------------------------------------------------------------------|-----|----|---|-------|---|---|
| Coals & Coke { Wallsend, 380 tons }<br>{ Steam, 580 " }<br>{ Skreenings 140 " }<br>{ Coke, 4½ chaldrons } | 896 | 10 | 5 |       |   |   |
| Candles, Stores 40 doz. 4 lbs., Comp. 4½ doz.                                                             | 13  | 17 | 3 |       |   |   |
| Gas, 1,159,100 feet ... ..                                                                                | 313 | 18 | 6 |       |   |   |
| Oil and Cotton ... ..                                                                                     | 16  | 12 | 3 |       |   |   |
| Faggots ... ..                                                                                            | 5   | 4  | 0 |       |   |   |
|                                                                                                           |     |    |   | 1,246 | 2 | 5 |

## WASHING.

|                                                                   |     |    |    |     |   |    |
|-------------------------------------------------------------------|-----|----|----|-----|---|----|
| Soap, Yellow, 10,735 lbs. ... ..                                  | 151 | 9  | 8  |     |   |    |
| „ Soft, 26 firkins ... ..                                         | 20  | 6  | 6  |     |   |    |
| Soda, 2,515 lbs.... ..                                            | 6   | 8  | 5½ |     |   |    |
| Starch and Blue { Starch, 1,064 lbs. }<br>{ Blue 91 lbs.        } | 22  | 7  | 3  |     |   |    |
| Washerwomen ... ..                                                | 78  | 11 | 10 |     |   |    |
|                                                                   |     |    |    | 279 | 3 | 8½ |

## NECESSARIES.

|                                    |    |    |   |     |    |   |
|------------------------------------|----|----|---|-----|----|---|
| Brushes, Mops, &c....              | 57 | 15 | 3 |     |    |   |
| Blackening, Black Lead, &c. ... .. | 17 | 10 | 8 |     |    |   |
| Casks... ..                        | 17 | 10 | 0 |     |    |   |
| Combs and Hair Brushes ... ..      | 15 | 10 | 4 |     |    |   |
| House Flannel, Dusters, &c. ... .. | 23 | 13 | 6 |     |    |   |
|                                    |    |    |   | 131 | 19 | 9 |

## SURGERY AND DISPENSARY.

|                |    |   |   |     |    |   |
|----------------|----|---|---|-----|----|---|
| Drugs ... ..   | 71 | 0 | 8 |     |    |   |
| Wine ... ..    | 74 | 8 | 0 |     |    |   |
| Spirits ... .. | 53 | 8 | 0 |     |    |   |
|                |    |   |   | 198 | 16 | 8 |

Carried forward ... .. £11,124 3 11

## RECEIPTS—continued.

|                                     | £     | s.  | d.  | £       | s. | d. |
|-------------------------------------|-------|-----|-----|---------|----|----|
| Brought forward                     | ...   | ... | ... | 14,836  | 11 | 1  |
| PROVISIONS.                         |       |     |     |         |    |    |
| Luncheons ...                       | 4     | 7   | 4   |         |    |    |
| Dripping ...                        | 4     | 12  | 0   |         |    |    |
|                                     | <hr/> |     |     | 8       | 19 | 4  |
| CLOTHING.                           |       |     |     |         |    |    |
| Clothes ...                         |       |     |     | 1       | 18 | 6  |
| GARDEN AND FARM.                    |       |     |     |         |    |    |
| Barley ...                          | 30    | 17  | 6   |         |    |    |
| Pigs ...                            | 47    | 0   | 0   |         |    |    |
| Hay ...                             | 36    | 10  | 0   |         |    |    |
| Sheep ...                           | 96    | 0   | 0   |         |    |    |
| Swedes ...                          | 8     | 10  | 0   |         |    |    |
| Value of Pork supplied to House ... | 258   | 8   | 11  |         |    |    |
| „ Potatoes „ ...                    | 156   | 4   | 7½  |         |    |    |
| „ Other Vegetables „ ...            | 249   | 7   | 1   |         |    |    |
|                                     | <hr/> |     |     | 882     | 18 | 1½ |
| MISCELLANEOUS.                      |       |     |     |         |    |    |
| Discount ...                        | 15    | 13  | 8   |         |    |    |
| Old Stores ...                      | 1     | 11  | 11  |         |    |    |
|                                     | <hr/> |     |     | 17      | 5  | 7  |
| <hr/>                               |       |     |     |         |    |    |
| Carried forward                     | ...   |     |     | £15,747 | 12 | 7½ |

## PAYMENTS—continued.

|                                   | £                | s. | d. |
|-----------------------------------|------------------|----|----|
| Brought forward                   | 11,124           | 3  | 11 |
| <b>CLOTHING.</b>                  |                  |    |    |
| Calico ...                        | 27               | 17 | 9  |
| Leather, &c. ...                  | 137              | 2  | 7  |
| Bonnets and Ribbon ...            | 0                | 8  | 0  |
| Shawls ...                        | 34               | 8  | 6  |
| Hose, Female...                   | 7                | 19 | 0  |
| Handkerchiefs, Female ....        | 2                | 5  | 0  |
| Striped Linen...                  | 35               | 1  | 2  |
| Print and Linsey for Dresses ...  | 117              | 6  | 7  |
| Jean for Petticoats and Stays ... | 11               | 16 | 9  |
| Check for Aprons ...              | 21               | 2  | 11 |
| Material for Caps ...             | 4                | 7  | 6  |
| Stays ...                         | 0                | 2  | 9  |
| Superintendent of Needlework ...  | 50               | 0  | 0  |
| Thread, Needles, &c. ...          | 77               | 8  | 7  |
| Shoemaker ...                     | 54               | 12 | 0  |
| Tailor ...                        | 54               | 12 | 0  |
| Cloth, &c. ...                    | 33               | 4  | 8  |
| Clothing, Male ...                | 227              | 15 | 0  |
| Shirting ...                      | 101              | 12 | 0  |
| Hose, Male ...                    | 23               | 17 | 0  |
| Hats ...                          | 4                | 19 | 8  |
| Braces ...                        | 3                | 0  | 0  |
| Handkerchiefs, Male...            | 14               | 17 | 0  |
|                                   | <hr/> 1,045 16 5 |    |    |

## FURNITURE AND BEDDING.

|                             |               |    |    |
|-----------------------------|---------------|----|----|
| Crockery ...                | 32            | 15 | 4  |
| Ironmongery ...             | 37            | 12 | 6½ |
| Matting and Carpet ...      | 154           | 2  | 8½ |
| Furniture ...               | 64            | 16 | 5  |
| Towelling ...               | 25            | 18 | 1  |
| Sheeting ...                | 121           | 15 | 0  |
| Bed Tick ...                | 21            | 0  | 4  |
| Strong Rugs ...             | 18            | 4  | 11 |
| Blankets ...                | 65            | 8  | 4  |
| Diaper for Table Cloths ... | 15            | 2  | 7  |
| Water Beds ...              | 5             | 1  | 3  |
| Material for Blinds ...     | 15            | 0  | 2  |
| Mattress Making...          | 5             | 12 | 0  |
| Toilets ...                 | 3             | 14 | 0  |
|                             | <hr/> 586 3 8 |    |    |
| Carried forward             | £12,756       | 4  | 0  |

## RECEIPTS—continued.

|                    | £       | s. | d. |
|--------------------|---------|----|----|
| Brought forward... | £15,747 | 12 | 7½ |

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|       |         |    |    |
|-------|---------|----|----|
| Total | £15,747 | 12 | 7½ |
|-------|---------|----|----|

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## PAYMENTS—continued.

|                                                                                     | £       | s. | d. |
|-------------------------------------------------------------------------------------|---------|----|----|
| Brought forward ...                                                                 | 12,756  | 4  | 0  |
| FUNERAL EXPENSES ...                                                                | 44      | 2  | 0  |
| GARDEN AND FARM.                                                                    |         |    |    |
| Implements and Repairs ...                                                          | 29      | 10 | 9½ |
| Provender for Live Stock ...                                                        | 116     | 0  | 0  |
| Bailiff and Laborers ..                                                             | 99      | 1  | 0  |
| Seeds and Plants...                                                                 | 25      | 15 | 10 |
| Straw ...                                                                           | 62      | 4  | 0  |
| Rates ...                                                                           | 10      | 4  | 6  |
| Rent-Charge ...                                                                     | 17      | 18 | 9  |
| Sheep ...                                                                           | 86      | 0  | 0  |
| Manure ...                                                                          | 24      | 5  | 2  |
| Sundries ...                                                                        | 8       | 9  | 5½ |
|                                                                                     | 479     | 9  | 6  |
| MISCELLANEOUS.                                                                      |         |    |    |
| Advertisements ...                                                                  | 11      | 4  | 6  |
| Books and Periodicals ...                                                           | 33      | 12 | 5  |
| Stationery, Printing, and Account Books                                             | 53      | 2  | 9  |
| Postage and Carriage of Goods, &c.                                                  | 53      | 2  | 1  |
| Petty Disbursements ...                                                             | 106     | 14 | 1  |
| Removing Patients ...                                                               | 3       | 5  | 0  |
| Professional Charges ...                                                            | 1       | 6  | 6  |
| Taxes ...                                                                           | 5       | 9  | 2  |
| Allowance to Discharged Patients on Trial<br>(16 and 17 Vic., cap 97, sec. 79). ... | 4       | 15 | 0  |
|                                                                                     | 272     | 11 | 6  |
| Balance ...                                                                         | 2,195   | 5  | 7½ |
| <hr/>                                                                               |         |    |    |
| Total ...                                                                           | £15,747 | 12 | 7½ |

# BUILDING ACCOUNT.

## RECEIPTS.

|                                                                                | £   | s. | d. |
|--------------------------------------------------------------------------------|-----|----|----|
| 1862. Dec. To balance of the last Account .....                                | 680 | 0  | 9½ |
| 1863. To proportion of Expenses of Additions, Alterations, and Improvements :— |     |    |    |
| County Treasurer .....                                                         | 316 | 9  | 8  |
| Borough of Colchester .....                                                    | 17  | 13 | 10 |
| " Saffron Walden .....                                                         | 5   | 0  | 1  |
| " Maldon .....                                                                 | 3   | 18 | 8  |
|                                                                                | 343 | 2  | 3  |

## To proportion of Expenses of Ordinary Repairs, &c. :—

|                             |     |    |   |
|-----------------------------|-----|----|---|
| County Treasurer .....      | 920 | 7  | 5 |
| Borough of Colchester ..... | 51  | 9  | 0 |
| " Saffron Walden .....      | 14  | 11 | 0 |
| " Maldon .....              | 11  | 8  | 8 |
|                             | 997 | 16 | 1 |

## To proportion of Expenses of New Buildings :—

|                             |      |   |   |
|-----------------------------|------|---|---|
| County Treasurer .....      | 8000 | 0 | 0 |
| Borough of Colchester ..... | 447  | 4 | 1 |
| " Saffron Walden .....      | 126  | 9 | 8 |
| " Maldon .....              | 99   | 7 | 7 |
|                             | 8673 | 1 | 4 |

£10,694 0 5½

## 1863.

|                                                       | £   | s. | d. |
|-------------------------------------------------------|-----|----|----|
| Additions, Alterations and Improvements :—            |     |    |    |
| Diverting drain from north wing .....                 | 56  | 11 | 9  |
| Lavatory and Shoe-room .....                          | 120 | 0  | 0  |
| Doorway in wall, and paved way to new buildings ..... | 112 | 19 | 7  |
| Boiler (male side) .....                              | 20  | 0  | 0  |
| Sunshades .....                                       | 18  | 19 | 3  |
| Wood-shed .....                                       | 14  | 11 | 8  |
|                                                       | 343 | 2  | 3  |

## Ordinary Repairs, &c. :—

|                                                                   |     |    |    |
|-------------------------------------------------------------------|-----|----|----|
| Bricklayers' wages, Bricklayers' work, bricks, tiles, &c. ....    | 352 | 16 | 1  |
| Engineers' wages, engineering, ironmongery and Smiths' work ..... | 332 | 3  | 4  |
| Painting, glazing, and Plumbers' work .....                       | 79  | 19 | 10 |
| Carpenters' wages, timber, &c. ....                               | 138 | 6  | 9  |
| Insurance, papering, &c. ....                                     | 78  | 9  | 9  |
| Law charges .....                                                 | 16  | 0  | 4  |
|                                                                   | 997 | 16 | 1  |

## New Buildings :—

|                              |       |    |    |
|------------------------------|-------|----|----|
| Contract .....               | 5,370 | 0  | 0  |
| Extras .....                 | 187   | 3  | 11 |
|                              | 5,557 | 3  | 11 |
| Engineering .....            | 889   | 12 | 0  |
| Extras .....                 | 37    | 6  | 4  |
|                              | 926   | 18 | 4  |
| Architect's commission ..... | 369   | 9  | 0  |
| Foreman of Works .....       | 5     | 0  | 0  |
| Preparing Contracts .....    | 20    | 4  | 4  |
| Furniture, &c. ....          | 1,317 | 3  | 7  |
| Fittings and Blinds .....    | 710   | 0  | 3  |
|                              | 8,905 | 19 | 5  |

## Balance .....

447 2 8½

£10,694 0 5½

# COUNTY OF ESSEX.

| 1862. Dec. To Balance<br>1863.                                                  | DR. | £ s. d.            | CR.     | £ s. d.            |
|---------------------------------------------------------------------------------|-----|--------------------|---------|--------------------|
|                                                                                 |     |                    |         |                    |
| 1862. Dec. To Balance                                                           | ... | 576 17 1           | ...     | 8,000 0 0          |
| 1863. Proportion of Bills for Additions, Alterations, and Improvements, page 44 | ... | 316 9 8            | ...     | 576 17 1           |
| The like for Ordinary Repairs, &c. "                                            | ... | 920 7 5            | ...     | 604 16 0           |
| The like for New Buildings                                                      | ... | 8,000 0 0          | Balance | 632 1 1            |
|                                                                                 |     | <u>£9,813 14 2</u> |         | <u>£9,813 14 2</u> |

# BOROUGH OF COLCHESTER.

| 1862. Dec. To Balance<br>1863.                                                     | DR. | £ s. d.          | CR.     | £ s. d.          |
|------------------------------------------------------------------------------------|-----|------------------|---------|------------------|
|                                                                                    |     |                  |         |                  |
| 1862. Dec. To Balance                                                              | ... | 32 5 1           | ...     | 32 5 1           |
| 1863. Proportion of Bills for Additions, Alterations, and Improvements, page 44... | ... | 17 13 10         | ...     | 33 16 1          |
| The like for Ordinary Repairs, &c. "                                               | ... | 51 9 0           | ...     | 482 10 10        |
| The like for New Buildings                                                         | ... | 447 4 1          | Balance | ...              |
|                                                                                    |     | <u>£548 12 0</u> |         | <u>£548 12 0</u> |

# BOROUGH OF SAFFRON WALDEN.

| 1862. Dec. To Balance<br>1863.                                                     | DR. | £ s. d.         | CR.     | £ s. d.         |
|------------------------------------------------------------------------------------|-----|-----------------|---------|-----------------|
|                                                                                    |     |                 |         |                 |
| 1862. Dec. To Balance                                                              | ... | 9 2 6           | ...     | 9 2 6           |
| 1863. Proportion of Bills for Additions, Alterations, and Improvements, page 44... | ... | 5 0 1           | ...     | 9 11 4          |
| The like for Ordinary Repairs, &c. "                                               | ... | 14 11 0         | ...     | 136 9 5         |
| The like for New Buildings                                                         | ... | 126 9 8         | Balance | ...             |
|                                                                                    |     | <u>£155 3 3</u> |         | <u>£155 3 3</u> |

## BOROUGH OF MALDON.

|                                                                        | DR. | 1863.              | CR. | £    | s. | d. |
|------------------------------------------------------------------------|-----|--------------------|-----|------|----|----|
|                                                                        |     |                    |     |      |    |    |
| 1862. Dec. To Balance                                                  | ... | Feb. 12th. By Cash | ... | 6    | 4  | 3  |
| 1863. Proportion of Bills for Additions, Alterations, and Improvements | ... | Aug. 5th. "        | ... | 7    | 3  | 3  |
| The like for Ordinary Repairs, &c.                                     | ... | Balance ...        | ... | 114  | 14 | 11 |
| The like for New Buildings                                             | ... |                    |     |      |    |    |
|                                                                        |     |                    |     | £128 | 2  | 5  |

## BALANCE SHEET.

|                          |     |       |    |    |                                       |         |        |    |    |
|--------------------------|-----|-------|----|----|---------------------------------------|---------|--------|----|----|
| 1863.                    | £   | s.    | d. |    | 1863.                                 | £       | s.     | d. |    |
| Dec. Maintenance Account | ... | 2,195 | 5  | 7½ | Cash at Messrs. Sparrow's Bank        | ...     | 1,419  | 12 | 8  |
| Building                 | ... | 447   | 2  | 8½ | Balance in hands of Steward and Clerk | ...     | 18     | 12 | 11 |
| Balance due to Builder   | ... | 200   | 0  | 0  | ARREARS:—                             |         |        |    |    |
|                          |     |       |    |    | Unions                                | ...     | 33     | 10 | 2  |
|                          |     |       |    |    | Private Patient...                    | ...     | 4      | 16 | 4  |
|                          |     |       |    |    | County Treasurer                      | page 45 | 632    | 1  | 1  |
|                          |     |       |    |    | Borough of Colchester                 | ...     | 482    | 10 | 10 |
|                          |     |       |    |    | " Saffron Walden                      | "       | 136    | 9  | 5  |
|                          |     |       |    |    | " Maldon                              | page 46 | 114    | 14 | 11 |
|                          |     |       |    |    |                                       |         | 1,404  | 2  | 9  |
|                          |     |       |    |    |                                       |         | £2,842 | 8  | 4  |

(Approved.)

CHARLES G. ROUND, CHAIRMAN.

(Examined.)

 NATHL. C. BARNARDISTON, } AUDITORS.  
 JNO. GURNEY FRY, }

## SUMMARY.

| Heads of Expenditure.              | Expenditure. |    |                 | Average Cost per |                  | Head per Week. |
|------------------------------------|--------------|----|-----------------|------------------|------------------|----------------|
|                                    | £            | s. | d.              | s.               | d.               |                |
| Salaries and Wages ... ..          | 2,484        | 11 | 4               | 1                | 10 $\frac{1}{4}$ | 145,136        |
| Provisions (less receipts) ...     | 6,774        | 10 | 8 $\frac{1}{2}$ | 5                | 1                | 148,686        |
| Fuel and Lighting ... ..           | 1,246        | 2  | 5               | 0                | 11 $\frac{1}{4}$ | 5,372          |
| Washing ... ..                     | 279          | 3  | 8 $\frac{1}{2}$ | 0                | 2 $\frac{1}{2}$  | 16,446         |
| Necessaries ... ..                 | 131          | 19 | 9               | 0                | 1                | 143,084        |
| Surgery and Dispensary ...         | 198          | 16 | 8               | 0                | 1 $\frac{3}{4}$  | 34,384         |
| Clothing (less receipts) ... ..    | 1,043        | 17 | 11              | 0                | 9 $\frac{1}{4}$  | 134,164        |
| Furniture and Bedding ... ..       | 586          | 3  | 8               | 0                | 5 $\frac{1}{4}$  | 33,824         |
| Miscellaneous (less receipts) ...  | 255          | 5  | 11              | 0                | 2 $\frac{1}{4}$  | 41,876         |
|                                    | 13,000       | 12 | 1               | 9                | 9 $\frac{1}{4}$  | 145,068        |
| DEDUCT—                            |              |    |                 |                  |                  |                |
| Garden and Farm (less payments)... | 403          | 8  | 7 $\frac{1}{2}$ | 0                | 3 $\frac{1}{2}$  | 107,506        |
|                                    |              |    |                 |                  |                  | 37,562         |
|                                    | £ 12,597     | 3  | 5 $\frac{1}{2}$ | 9                | 5 $\frac{3}{4}$  | 185,968        |

CHAS. RAYNER,

STEWARD AND CLERK.

# FARMING ACCOUNT.

| Dr.                                |     |        | Cr.                                                     |        |       |
|------------------------------------|-----|--------|---------------------------------------------------------|--------|-------|
| 1862.                              | £   | s. d.  | 1863.                                                   | £      | s. d. |
| Dec. 31st. Value of Live Stock ... | 204 | 16 0   | Dec. Value of Vegetables, &c., supplied to House, viz.: |        |       |
| Dead Stock ...                     | 301 | 18 9   | Rhubarb, Fruit, &c. ...                                 | 19     | 18 8  |
| Implements ...                     | 70  | 0 0    | Herbs, Onions, &c. ...                                  | 14     | 0 1   |
|                                    |     |        | Celery, Salad, &c. ...                                  | 12     | 19 4  |
|                                    |     |        | Turnips ...                                             | 10     | 13 8  |
|                                    |     |        | Carrots, Parsnips, Beet-root, &c. ...                   | 22     | 12 10 |
| Dec. Implements and Repairs ...    | 29  | 10 9½  | Peas and Beans ...                                      | 78     | 9 10  |
| Provender for Live Stock ...       | 116 | 0 0    | Cabbages and Brocoli ...                                | 90     | 12 8  |
| Bailiff and Laborers ...           | 99  | 1 0    | 1,241 bushels of Potatoes                               | 156    | 4 7½  |
| Seeds and Plants ...               | 25  | 15 10  |                                                         | 405    | 11 8½ |
| Straw ...                          | 62  | 4 0    |                                                         |        |       |
| Rates ...                          | 10  | 4 6    | 8,861 lbs. of Pork supplied to House                    | 258    | 8 11  |
| Rent Charge ...                    | 17  | 18 9   | Labor done by Horses in Carting                         | 22     | 10 0  |
| Sheep ...                          | 86  | 0 0    | Gravel, &c. ...                                         | 47     | 0 0   |
| Manure ...                         | 24  | 5 2    | By Sale of Pigs ...                                     | 30     | 17 6  |
| Sundries ...                       | 8   | 9 5½   | Barley ...                                              | 36     | 10 0  |
|                                    |     |        | Hay ...                                                 | 96     | 0 0   |
|                                    |     |        | Sheep ...                                               | 8      | 10 0  |
|                                    |     |        | Swedes ...                                              | 185    | 6 0   |
| Balance in favor of Farm ...       | 317 | 17 10½ | By value of Live Stock ...                              | 223    | 8 0   |
|                                    |     |        | Dead Stock ...                                          | 60     | 0 0   |
|                                    |     |        | Implements ...                                          | 468    | 14 0  |
|                                    |     |        |                                                         | £1,374 | 2 1½  |

CHAS. RAYNER,

## CONTRACT PRICES of the Principal Articles of Consumption.

| ARTICLES.                            | DURING THE QUARTER ENDING |                     |                      |                     |
|--------------------------------------|---------------------------|---------------------|----------------------|---------------------|
|                                      | 25th Mar.,<br>1863.       | 24th June,<br>1863. | 29th Sept.,<br>1863. | 25th Dec.,<br>1863. |
|                                      | £ s. d.                   | £ s. d.             | £ s. d.              | £ s. d.             |
| Arrowroot ... .. Per Cwt. ...        | 2 18 0                    | 2 18 0              | 4 4 0                | 4 4 0               |
| Butter ... .. „ ...                  | 4 9 0                     | 4 6 0               | 4 6 0                | 4 12 0              |
| Coals, Wallsend ... Per Ton. ...     | 1 0 3                     | 1 0 3               | 1 0 3                | 1 0 3               |
| „ Screenings ... .. „ ...            | 10 9                      | 10 9                | 10 4                 | 10 4                |
| „ Inland Steam ... .. „ ...          | 14 10                     | 14 10               | 14 7                 | 14 7                |
| Cheese ... .. Per Cwt. ...           | 2 19 0                    | 2 18 0              | 2 18 0               | 2 19 0              |
| Currants ... .. „ ...                | 1 14 0                    | 1 14 0              | 1 12 0               | 1 12 0              |
| Flour ... .. Per Sack ...            | 1 15 0                    | 1 16 0              | 1 16 0               | 1 12 0              |
| Meat, Boned Beef per Stone of 14lbs. | 7 0                       | 7 0                 | 8 2                  | 7 7                 |
| „ Roasting ditto... .. „ ...         | 7 7                       | 7 10½               | 8 2                  | 7 7                 |
| „ Mutton... .. „ ...                 | 7 7                       | 7 10½               | 8 2                  | 7 7                 |
| „ Legs and Shins ... .. „ ...        | 3 6                       | 3 6                 | 3 6                  | 3 6                 |
| Milk ... .. Per Gallon...            | 10                        | 10                  | 10                   | 10                  |
| Malt ... .. Per Quarter..            | 3 2 6                     | 3 4 6               | 3 6 0                | 3 4 0               |
| Raisins ... .. Per Cwt. ...          | 2 0 0                     | 2 2 0               | 2 0 0                | 2 0 0               |
| Sugar, Moist ... .. „ ...            | 1 18 0                    | 1 18 0              | 1 17 0               | 1 15 0              |
| Soap, Yellow ... .. „ {              | 1 15 0                    | 1 15 0              | 1 11 0               | 1 10 6              |
|                                      | 1 11 0                    | 1 11 0              | 1 8 0                | 1 6 0               |
| „ Soft ... .. Per Firkin ...         | 16 6                      | 16 6                | 14 6                 | 15 0                |
| Starch ... .. Per Cwt. ...           | 1 19 0                    | 1 19 0              | 1 16 0               | 1 19 0              |
| Sago ... .. „ ...                    | 1 2 0                     | 1 2 0               | 1 7 0                | 1 2 0               |
| Snuff... .. Per lb. ...              | 3 10                      | 3 10                | 4 0                  | 3 10                |
| Tobacco ... .. „ ...                 | 3 6                       | 3 6                 | 3 6                  | 3 6                 |

# ESSEX LUNATIC ASYLUM.—DIETARY FOR THE PATIENTS.

| Days of the Week. | BREAKFAST. |        |     |         |        |     | DINNER.       |       |      |      |          |                         |          |               |       |      |      |          | SUPPER.      |                       |       |         |     |       |        |     |   |    |    |   |
|-------------------|------------|--------|-----|---------|--------|-----|---------------|-------|------|------|----------|-------------------------|----------|---------------|-------|------|------|----------|--------------|-----------------------|-------|---------|-----|-------|--------|-----|---|----|----|---|
|                   | Male.      |        |     | Female. |        |     | Male.         |       |      |      |          |                         | Female.  |               |       |      |      |          | Male.        |                       |       | Female. |     |       |        |     |   |    |    |   |
|                   | Bread      | Butter | Tea | Bread   | Butter | Tea | Uncooked Meat | Bread | Beer | Soup | Meat Pie | Plum Pudding            | Potatoes | Uncooked Meat | Bread | Beer | Soup | Meat Pie | Plum Pudding | Potatoes              | Bread | Butter  | Tea | Bread | Butter | Tea |   |    |    |   |
| SUNDAY ... ..     | 42         | 3½     | 7   | 35      | 3½     | 7   | 34            | 26    | 3½   | 1½   | 12       |                         | 12       | 7             | 5     | ½    |      |          |              | 12                    | 7     | 4       | ½   | 6     | ½      | 1   | 5 | ½  | 1  |   |
| MONDAY ... ..     | 6          | ½      | 1   | 5       | ½      | 1   | 3             | 6     | ½    | 1½   |          |                         |          | 3             | 5     | ½    | 1½   |          |              |                       | 6     | ½       | 1   | 6     | ½      | 1   | 5 | ½  | 1  |   |
| TUESDAY ... ..    | 6          | ½      | 1   | 5       | ½      | 1   | 7             | 5     | ½    |      | 12       |                         | 12       | 7             | 4     | ½    |      |          |              | 12                    | 7     | 4       | ½   | 6     | ½      | 1   | 5 | ½  | 1  |   |
| WEDNESDAY ... ..  | 6          | ½      | 1   | 5       | ½      | 1   | 3             |       | ½    |      | 12       | { 8 oz. inclu. in pie } |          | 3             |       | ½    |      | 12       |              | 8 oz. inclu. in pie } | 6     | ½       | 1   | 6     | ½      | 1   | 5 | ½  | 1  |   |
| THURSDAY ... ..   | 6          | ½      | 1   | 5       | ½      | 1   | 7             | 5     | ½    |      |          | 16                      |          | 7             | 4     | ½    |      |          |              | 12                    | 6     | ½       | 1   | 6     | ½      | 1   | 5 | ½  | 1  |   |
| FRIDAY ... ..     | 6          | ½      | 1   | 5       | ½      | 1   |               |       | ½    |      |          |                         |          |               |       | ½    |      |          | 16           |                       |       | 6       | ½   | 1     | 6      | ½   | 1 | 5  | ½  | 1 |
| SATURDAY ... ..   | 6          | ½      | 1   | 5       | ½      | 1   | 7             | 5     | ½    |      |          |                         | 12       | 7             | 4     | ½    |      |          |              | 12                    | 7     | 4       | ½   | 6     | ½      | 1   | 5 | ½  | 1  |   |
| Total.....        | 42         | 3½     | 7   | 35      | 3½     | 7   | 34            | 26    | 3½   | 1½   | 12       | 16                      | 48       | 34            | 21    | 3½   | 1½   | 12       | 16           |                       | 48    | 42      | 3½  | 7     | 35     | 3½  | 7 | 35 | 3½ | 7 |

When Vegetables are not given at Dinner the Males receive 8 oz., and the Females 7oz., Bread each.

## ESSEX LUNATIC ASYLUM.

## THE ESTABLISHMENT, DEC. 31, 1863.

## OFFICERS.

|                                 | £   | s. | d. |                                                             |
|---------------------------------|-----|----|----|-------------------------------------------------------------|
| Medical Superintendent ...      | 600 | 0  | 0  | { Apartments, Coals, Gas, Vegetables, and Washing           |
| Chaplain ... ..                 | 230 | 0  | 0  |                                                             |
| Medical Assistant and Dispenser | 100 | 0  | 0  | { Furnished Apartments, Board, Attendance, and Washing      |
| Steward and Clerk ... ..        | 200 | 0  | 0  | { Furnished Apartments, Coals, Gas, Vegetables, and Washing |
| Matron ... ..                   | 100 | 0  | 0  | { Furnished Apartments, Board, Attendance, and Washing      |

## MALE ATTENDANTS AND SERVANTS.

|                             |     |    |   |                                         |
|-----------------------------|-----|----|---|-----------------------------------------|
| Head Attendant ... ..       | 37  | 0  | 0 | Board, Lodging, & Washing               |
| Two Attendants, £32 each    | 64  | 0  | 0 | Ditto                                   |
| Four „ £30 „ ...            | 120 | 0  | 0 | Ditto                                   |
| Ten „ £28 „ ...             | 280 | 0  | 0 | Ditto                                   |
| One Night ditto ... ..      | 32  | 0  | 0 | Ditto                                   |
| Engineer ... ..             | 80  | 0  | 0 |                                         |
| Bailiff ... ..              | 52  | 0  | 0 | { House, Coals, Washing, and Vegetables |
| Baker ... ..                | 60  | 0  | 0 |                                         |
| Carpenter ... ..            | 60  | 0  | 0 |                                         |
| Shoemaker ... ..            | 54  | 12 | 0 |                                         |
| Tailor ... ..               | 54  | 12 | 0 |                                         |
| Bricklayer ... ..           | 60  | 0  | 0 |                                         |
| Gate Porter ... ..          | 50  | 0  | 0 | { House, Coals, Gas, and Washing        |
| Assistant Store Keeper ...  | 30  | 0  | 0 | Board, Lodging, & Washing               |
| Cook ... ..                 | 20  | 0  | 0 | Ditto                                   |
| House Porter ... ..         | 10  | 0  | 0 | Ditto                                   |
| Stoker ... ..               | 13  | 0  | 0 | Ditto                                   |
| Ploughman, at 15s. per week | 39  | 0  | 0 |                                         |
| Engineer's Boy ... ..       | 15  | 0  | 0 | Board, Lodging, & Washing               |
| Ploughboy, 2s. 6d. per week | 6   | 10 | 0 | Ditto                                   |

## FEMALE ATTENDANTS AND SERVANTS.

|                              |     |   |   |                                  |
|------------------------------|-----|---|---|----------------------------------|
| Head Attendant ... ..        | 30  | 0 | 0 | Board, Lodging, & Washing        |
| Ten Attendants, £20 each ... | 200 | 0 | 0 | Ditto                            |
| Twelve „ £18 „ ...           | 216 | 0 | 0 | Ditto                            |
| One Night Attendant ... ..   | 18  | 0 | 0 | Ditto                            |
| Superintendent of Needlework | 50  | 0 | 0 | { House, Coals, Gas, and Washing |
| Cook ... ..                  | 24  | 0 | 0 | Board, Lodging, & Washing        |
| House Maid ... ..            | 12  | 0 | 0 | Ditto                            |
| Kitchen Maid ... ..          | 12  | 0 | 0 | Ditto                            |
| Head Laundress ... ..        | 24  | 0 | 0 | Ditto                            |
| Three Under ditto, £18 each  | 54  | 0 | 0 | Ditto                            |

