

**Fifth annual report of the Cumberland and Westmorland Lunatic Asylum :  
1866.**

**Contributors**

Cumberland and Westmorland Lunatic Asylum.  
Hasell, E. W.  
Clouston, T. S.  
Todd, Jonas.  
Nairne, Robert.  
Campbell, W. G.

**Publication/Creation**

Carlisle : Printed by C. Thurnam and Sons, 1867.

**Persistent URL**

<https://wellcomecollection.org/works/b86jmshs>

**License and attribution**

This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>

F I F T H

A N N U A L R E P O R T



OF THE

CUMBERLAND AND WESTMORLAND

LUNATIC ASYLUM.

---

1866.

---

CARLISLE :

PRINTED BY C. THURNAM AND SONS, ENGLISH-ST.

—

1867.

Digitized by the Internet Archive  
in 2018 with funding from  
Wellcome Library

Committee of Visitors.

Chairman.

E. W. HASELL, Esq.

SIR ROBERT BRISCO, BART.  
W. N. HODGSON, Esq., M.P.  
T. H. GRAHAM, Esq.  
G. H. HEAD, Esq.  
W. E. JAMES, Esq.  
WM. BROUGHAM, Esq.  
A. B. STEWARD, Esq.  
G. J. JOHNSON, Esq.

C. FETHERSTONHAUGH, Esq.  
JOHN WALKER, Esq.  
WM. CRACKANTHORPE, Esq.  
W. H. WAKEFIELD, Esq.  
RICHARD BURN, Esq.  
F. A. ARGLES, Esq.  
WM. HOPES, Esq.  
MATTHEW THOMPSON, Esq.

Clerk to the Visitors.

T. H. HODGSON, Esq., Carlisle.

House Committee.

T. H. GRAHAM, Esq., Chairman.

W. E. JAMES, Esq.  
G. H. HEAD, Esq.  
W. H. WAKEFIELD, Esq.

SIR ROBERT BRISCO, BART.  
G. J. JOHNSON, Esq.  
A. B. STEWARD, Esq.





## CHRISTMAS SESSIONS, 1866-7.

---

### REPORT OF THE COMMITTEE OF VISITORS OF THE UNITED COUNTIES OF CUMBERLAND AND WESTMORLAND.

---

Your Committee have to report that the number of patients at present in the Asylum is as follows, viz.:—For Cumberland, 123 Males, 93 Females; for Westmorland, 36 Males, 26 Females; total, 278.

The present weekly cost of maintenance is 8s. 9d. per head, being a reduction of 1s. 9d. since the previous quarter; and your Committee fully expect that a further reduction may still be effected, without in any way endangering the health of the patients.

The General Committee have met at the Asylum once a month, and the House Committee once a fortnight, during the past year.

By the 62nd section of the Lunacy Act, your Committee are required at this Sessions to lay before the Justices of the County “a Report in writing of the state and condition of the Asylum, and as to its sufficiency for the proper accommodation of the number of Lunatics for whom it may be necessary to provide accommodation, and as to the management of such Asylum and the conduct of the officers and servants thereof and the care of the patients therein, a copy of which Report is to be transmitted to the Commissioners in Lunacy.”

In accordance with this requirement, your Committee have now to report that the state and condition of the Asylum is most satisfactory; that the new west wing having been completed, the whole of the Lunatics chargeable to the two Counties, for whom it was necessary to provide accommodation, and who were in a fit state to be removed, have been now brought to Garlands, and there is still room to receive 46 additional patients there.

Owing to the continued strike in the building trades, nothing further has been done in the erection of the east wing of the Asylum beyond laying down additional materials.

The Committee are glad to be able again to report most favourably as to the management of the Asylum by Dr. Clouston, and also as to the officers and servants at present engaged therein.

The Committee have every reason to be satisfied with the care which has been taken of the patients during the past year, which they feel reflects great credit upon the Medical Superintendent and the various officers, both male and female, under him.

In accordance with the Report laid before the Court at last Sessions, your Committee have advertised for an Assistant Medical Officer, at the salary of £80 a-year and board.

It will be necessary for the Court at this Sessions to appoint a Committee for the ensuing year, in compliance with the terms of the Act.

E. W. HASELL.

THOS. HENRY GRAHAM.

A. B. STEWARD.

W. N. HODGSON.

G. HEAD HEAD.

ROBERT BRISCO.

WM. CRACKANTHORPE.

GEORGE J. JOHNSON.



## COPY OF REPORT OF COMMISSIONERS IN LUNACY.

CUMBERLAND & WESTMORLAND ASYLUM,  
4th August, 1866.

Since our last visit in the month of February, 1865, the following changes have taken place, viz.:—

			Males.		Females.		Total.
Admitted ..	..	..	28	..	39	..	67
Discharged ..	..	..	13	..	23	..	36
Died ..	..	..	10	..	10	..	20

Of the 67 patients admitted, 4 of the male and 5 of the female sex were re-admissions.

Of the patients discharged, 11 males and 19 females were recovered.

Four of the deaths were from dysentery, and occurred in the month of March, 1865, when 5 of the female patients were attacked, the other fatal cases were from general paralysis (in one instance combined with scalds) and other ordinary diseases.

The general bodily health of the patients is now good, but 3 of the inmates are suffering from diarrhœa, one of the cases presenting dysenteric symptoms.

Every attempt seems to have been made to discover the cause of the tendency to dysentery and diarrhœa amongst the patients, and arrangements have been made for the flushing and deodorizing of the drains with carbolic acid.

We have examined all the patients to-day, and inspected the wards and offices; there are 132 men and 110 women.

The men were very quiet and orderly, but some of the women in No. 1 were noisy and excited.

We noticed much improvement in the clothing of the women in this ward, and were glad to observe how much had been done to give the gallery and day-room a more comfortable appearance. Similar improvements have been made in No. 1 male ward, and much painting and papering has been done throughout.



One of the dormitories in the female division was entirely papered by the women themselves.

The house is greatly over-crowded, for it contains 4 men and 6 women more than at our last visit.

Every expedient has been adopted to find room for the beds, and for some time past two women have been placed to sleep in one of the lavatories, which in the meantime is not used for its original purpose; the new building for women is almost completed, but everything is now nearly at a standstill, owing to the strike in the building trade. A few of the contractor's apprentices are, however, still at work, and it is hoped that ere long at least a portion of it may be rendered habitable.

Some of the furniture has already been prepared, and the inmates of the Reformatory are engaged in making a stock of new clothing.

There are now 22 patients at Dunston Lodge and elsewhere belonging to the united counties.

With reference to the arrangements for occupation and amusement, we have nothing new to report. About 108 of the men work on the land or at trades, and in assisting in the wards. Of the women, between 60 and 70 are regularly employed in the kitchen and laundry, or in needlework and household duties.

We noticed a fair supply of books, &c., in the several wards, and meetings for dancing and recreation are stated to be held once a fortnight.

The present staff of attendants consists of 8 ordinary and 1 head attendant, and in the female division there are, besides the head nurse, 7 ordinary nurses.

The men's airing court is planted with flowers, and much better kept than the women's, and we think that the latter should be attended to.

The beds, bedding, and clothing, were clean and in excellent order, and the rooms throughout properly ventilated.

We saw the patients at dinner, they all behaved in the most quiet and orderly manner.

The food consisted of soup and bread which we ate and thought very good. We noticed however that many of the patients, especially of the male sex, refused to eat it.

We met Mr. Page, the consulting Medical Officer, who is now attending the Asylum during the absence of Dr. Clouston, who left on the 31st of last month for a fortnight's holiday.

No arrangements however have been made for the residence of any medical man in the building.

As the visits made by Mr. Page must necessarily be very limited as to their duration, the patients are left during the greater portion of the day without medical supervision and assistance, it is ordered that in case of sudden illness or accident, Mr. Page shall be at once sent for; but we do not think that the present arrangement carries out the intention of Rule 9, relating to the duties of the Medical Superintendent, nor that it is proper to allow this Asylum at any time to be without a resident Medical Officer.

The Matron and Steward assisted us in our visit with such information as they could afford; and we are glad to report that we found the Asylum in a satisfactory and improved condition.

W. G. CAMPBELL,	}	<i>Commissioners in Lunacy.</i>
ROBERT NAIRNE,		



TO THE CHAIRMAN AND VISITORS  
OF THE CUMBERLAND AND WESTMORLAND  
ASYLUM.

GENTLEMEN,

I beg to submit to you the following Report of the Cumberland and Westmorland Asylum for the year 1866.

At the beginning of the year there were 239 patients in the Asylum; there were 278 on the 31st of December.

There were 74 admissions during the year, of whom 40 were males, and 34 females.

There were 25 discharges, 6 of whom were males, and 19 females.

There were 10 deaths, 7 of whom were males, and 3 females.

The average number of patients resident during the year was 134 males and 110 females, in all 244.

In the accompanying tables I have given the usual statistical information in regard to the admissions, discharges, and deaths.

ADMISSIONS.

The number of admissions this year has been greater than in any previous year since that in which the Asylum was opened. In the first nine months of the year I had to refuse admission to 41 patients, but in the last three months all were admitted for whom application was made. Of the admissions 35 were transfers from other Asylums, to which the patients had been sent on account of the want of room here. This accounts for the large number of admissions this year, for at the end of last year there were many patients belonging to the two counties in other Asylums who have all been removed here now.

Of the whole number of admissions 21 were from Westmorland.

I considered 29 of the cases admitted to be curable. This is a smaller proportion of curable cases than usual. The reason of this is that most of those removed from other Asylums were incurable.



It was not usually considered desirable to remove convalescent patients. They were allowed to remain in the Asylums to which they had been sent, and to be thence discharged recovered.

About one-sixth of the patients admitted had had previous attacks of insanity. One-half of them were under 40 years of age. One-tenth of them had been in the Asylum before, and had to be sent back either from a recurrence of their malady after having been discharged recovered, or from the inability of their friends to manage them after having removed them from the Asylum while still insane.

One-third of the patients admitted laboured under forms of insanity that are incurable, viz., Dementia, Epileptic Insanity, General Paralysis, and Congenital Defect of Mind. Intemperance was the assigned cause of the disease in 7 of the admissions. In only 4 of the cases admitted was the assigned cause of a mental or moral kind. This might either tend to show that the people of these two counties are very exempt from the anxieties and worries, the disappointments and afflictions that elsewhere so commonly cause insanity, or that they are a remarkably phlegmatic people, not easily affected by such emotions.

One-third of the curable cases admitted had been more than three months insane before they were sent here. This was certainly too long a time to have kept so many of them at home or in work-houses. In the case of incurable patients much may be said for keeping them as long out of the Asylum as possible to save expenses to the ratepayers, but in the case of curable patients in the rank of life from which the inmates of this Asylum come, it will certainly be found in the end the most economical as well as the most humane step to send them here as soon as possible.

About one-fourth of the patients admitted were suicidal. About one-half of them were in indifferent or bad bodily health.

## DISCHARGES.

Nineteen patients were discharged recovered, being  $25\frac{1}{2}$  per cent. on the admissions. There are two causes for the percentage of recoveries being lower this year than last. One is that the patients removed from other Asylums were for the most part incurable; and the other is, that more than one-half of the admissions



of the year took place in the months of November and December, so that the curable among them had not time to recover before the end of the year.

Only one of the cases discharged recovered this year had a relapse. Most of the patients were at first discharged for a month on trial.

About one-half of the patients who recovered had been in the Asylum under six months. One woman had been an inmate of the Asylum for more than three years before she recovered.

### DEATHS.

The number of deaths this year amount to 4 per cent. on the average numbers resident. This is the lowest death rate of any year since the Asylum was opened.

The causes of death were all inevitable. General paralysis and other brain diseases, and consumption, carried off 8 out of the 10 who died.

*Post mortem* examinations were made in all the cases of death. This is most important for many reasons. The exact cause of death is discovered, the presence of any internal injuries is shown if the patient has ever injured himself or been injured by others—attendants or fellow-patients—and by a careful record of each case our knowledge of insanity and its causes is increased.

### GENERAL HISTORY OF THE INSTITUTION.

The general health of the patients has been on the whole very good. The only exceptions were two or three slight outbreaks of diarrhoea, among a few of the patients accompanied in two or three cases by dysenteric symptoms. The cause I have no doubt was sewage emanations. Mc.Dougall's system of deodorization of the sewage by carbolic acid, I cannot pronounce a complete success. It is true it was subjected to perhaps too severe a test. The sewage was run on to undrained land with a clay subsoil. It could not percolate down through the soil, and however completely the sewage was deodorized at first, yet it will necessarily decompose and give off injurious gases, except the soil absorbs and transforms it. I never could detect any offensive smell from the sewage when first run on to the land, but since it has been run off in a covered drain, we have



had no more diarrhoea. The field over which it is to run is not yet levelled and drained, and until that is done we shall try no more experiments with it.

There have been two cases of mild typhoid fever in the house, one a male patient, and the other the laundress. Probably both were the result of the same cause as the diarrhoea.

In 1864, when the sewage was running freely from a tank where it had previously decomposed, 15 patients died from dysentery; in 1865, when the sewage from the same tank was for a few days inadvertently allowed to run while the wind blew the effluvia towards the house, this was immediately followed by 4 deaths from dysentery, and the patients then remained free from this disease until 1866, when the fresh sewage, supposed to be completely deodorized, was run freely on the land within 20 yards of the house, and several patients had attacks of diarrhoea. Such is the history of our sewage utilization.

There is much reason for thankfulness that no accident of any severity has occurred in the house this year.

The usual work and the usual amusements have been carried on; a Christmas tree for the patients being the chief addition to the latter. All the woodwork of the house has been painted this year. The school is continued.

The event of the year has been the opening of the new block for 100 women. It was fully occupied on the 19th December. The strikes among the workmen in the building trade retarded the completion of the building till that time, and even now it is not quite complete.

It has not yet been sufficiently long occupied to enable me to give a very strong opinion of the convenience of all its arrangements. All I have seen as yet would lead me to speak most highly of them.

It is a narrow building with plenty of windows and no corridors, and therefore the rooms are light and airy. Every room in it has a through ventilation, both by means of the windows, and ventilators near the roof and floor that can be opened or shut, so that it is thoroughly well ventilated without I hope being too cold. In the evening when the gas is lighted, ventilation is provided for by openings above each gas burner in the ceiling, so that the bad air from the gas is carried away, and a constant upward current created.



There is no other system of ventilation, and no system of heating but by open fireplaces. The water closets, bath rooms, and lavatories are all placed in a special offshoot connected with the main building by a narrow neck with windows on both sides of it, so that any smells are cut off from entering the day rooms or sleeping rooms by a cross current of air. All the sleeping accommodation is in the form of associated dormitories, except six single rooms to which noisy patients may be removed.

The Infirmary for 20 patients will be a great advantage to the institution. All the furniture except the chairs has been made here. In that way its strength and soundness is secured. All the linen has been made up by the women; and the mattresses were made on the premises. In this way, doubtless, some saving of cost has been effected, but what is of more importance, sound, durable articles have been got without any trouble with contractors.

The chapel services and the constant and assiduous ministrations of the Rev. J. F. Simpson have been productive of much good.

I am glad to be able to report favourably of your present staff of attendants and servants.

To all the officers I owe thanks for their cordial good feeling towards myself, and for their zeal and efficiency in the performance of their duties.

I have in conclusion to thank the Committee for their continued confidence and kindness.

I have the honour to be, Gentlemen,

Your obedient Servant,

T. S. CLOUSTON, M.D.,

*Medical Superintendent.*





TABLE II.

*Admissions, Re-Admissions, Discharges, and Deaths from the Opening of the Asylum (Jan. 1, 1862) to December 31, 1866.*

	Males.	Females	TOTAL.
Admitted for the first time during the five years .. .. .	236	220	456
Re-Admissions .. .. .	22	15	37
Total Admissions .. .. .	258	235	493
Discharged Recovered .. M. F. T. 52 56 108			
„ Relieved .. 5 19 24			
„ Not Improved 4 6 10			
Died .. .. .	38	35	73
Total Discharged and Died during the five years .. .. .	99	116	215
Remaining December 31, 1866 ..	159	119	278
Average number resident during the five years .. .. .	120	97	218



TABLE III.

*The Admissions, Discharges, and Deaths, with the mean Annual Mortality and Proportion of Recoveries per Cent. on the Admissions for each Year since the Opening of the Asylum.*

YEARS.	Admitted.			Discharged.						Died.			Remaining. December 31.			Average Numbers Resident.			Percentage of Recoveries on Admissions.			Percentage of Deaths on Average Nos. Resident.					
	Males.	Females.	TOTAL.	Recovered.		Relieved.		Not Improved.		Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.			
				Males.	Females.	TOTAL.	Males.	Females.	TOTAL.																Males.	Females.	TOTAL.
From the opening of the Asylum to December 31.																											
1862	136	114	250	21	14	35	1	6	7	2	0	2	6	4	10	106	90	196	97	77	174	15	13	14	6	55.74	
1863	36	32	68	11	6	17	1	8	9	0	2	2	5	6	11	125	100	225	115	94	209	30.6	18.4	25	4.3	6.4	5.2
1864	26	21	47	8	8	16	1	0	1	1	1	2	15	12	27	126	100	226	125	100	225	57.7	18.7	34	12	12	12
1865	20	34	54	6	15	21	2	1	3	1	1	2	5	10	15	132	107	239	131	106	239	30	44	38.6	3.8	9.4	6.2
1866	40	34	74	6	13	19	0	4	4	0	2	2	7	3	10	159	119	278	134	110	244	15	38	25.7	5.2	2.8	4
TOTALS (5 years) and AVERAGES.	258	235	493	52	56	108	5	19	24	4	6	10	38	35	73	159	119	278	120	97	218	20.2	23.8	21.9	6.3	7.2	6.7



TABLE IV.

*Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each year remaining on the 31st December, 1866.*

Admitted.				Of each Year's Admissions Discharged and Died in 1866.												Total Discharged and Died of each Year's Admissions.												Remaining of each Year's Admissions 31 Dec., 1866.				
Years.	New Cases.		Relaps'd Cases.		Recovered.			Relieved.			Not Improved.			Died.			Recovered.			Relieved.			Not Improved.			Died.			Males.	Females.	Total.	
	Males.	Females.	Males.	Females.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.							
1862	134	122	2	2	250	1	0	1	0	0	0	0	1	1	3	1	4	27	20	47	2	13	15	2	1	3	22	21	43	83	59	142
1863	29	31	7	1	68	0	0	0	0	0	0	0	0	0	1	1	2	8	10	18	1	2	3	0	3	3	8	7	15	19	10	29
1864	21	18	5	3	47	1	2	3	0	1	1	0	0	0	1	1	2	8	7	15	2	1	3	1	0	1	4	5	9	11	8	19
1865	15	29	5	5	54	2	6	8	0	1	1	0	0	0	1	0	1	7	14	21	0	1	1	1	1	2	3	2	5	9	16	25
1866	31	30	9	4	74	2	5	7	0	2	2	0	1	1	1	0	1	2	5	7	0	2	2	0	1	1	1	0	1	37	26	63
TOTAL	230	220	28	15	493	6	13	19	0	4	4	0	2	2	7	3	10	52	56	108	5	19	24	4	6	10	38	35	73	159	119	278

Summary of the Total Admissions 1862-66.				Males		Fe- males.		TOTAL	
Percentage of Cases Recovered	..	..	..	20.2	23.8	21.9	21.9	21.9	21.9
" Relieved	..	..	..	1.9	8	4.8	4.8	4.8	4.8
" Not Improved	..	..	..	1.6	2.6	2	2	2	2
" Died	..	..	..	14.7	14.9	14.8	14.8	14.8	14.8
" Remaining	..	..	..	61.6	50.2	54.4	54.4	54.4	54.4

TABLE V.

*Admissions, Discharges, and Deaths each Month.*

		Admissions.			Discharges.			Deaths.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
January	...	1	2	3	0	1	1	1	1	2
February	...	1	2	3	1	0	1	1	0	1
March	...	2	1	3	0	2	2	1	0	1
April	...	0	3	3	0	1	1	1	1	2
May	...	3	1	4	1	0	1	0	0	0
June	...	4	2	6	1	3	4	2	0	2
July	...	1	2	3	2	1	3	0	1	1
August	...	0	1	1	0	1	1	0	0	0
September	...	0	0	0	0	3	3	0	1	1
October	...	3	5	8	0	1	1	0	0	0
November	...	4	11	15	0	1	1	0	0	0
December	...	21	4	25	1	5	6	0	0	0
TOTAL	...	40	34	74	6	19	25	7	3	10

TABLE VI.

*Ages of those Admitted, Discharged, Recovered, and Dead.*

	Admitted.			Discharged Recovered.			Dead.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
From 10 to 20	2	2	4	1	1	2	0	0	0
" 20 " 30	6	11	17	0	2	2	0	0	0
" 30 " 40	7	9	16	0	6	6	3	0	3
" 40 " 50	13	3	16	3	2	5	1	1	2
" 50 " 60	3	5	8	2	0	2	1	1	2
" 60 " 70	7	3	10	0	2	2	2	0	2
" 70 " 80	2	1	3	0	0	0	0	1	1
TOTAL ...	40	34	74	6	13	19	7	3	10



TABLE VII.

*Form of Mental Disease in those Admitted.*

	Males.	Females	TOTAL.
Acute Mania .. .. .	3	9	12
Mania .. .	14	15	29
Epileptic Mania .. .. .	1	3	4
Melancholia .. .. .	4	4	8
Dementia .. .. .	5	1	6
Epileptic Dementia .. .. .	9	0	9
General Paralysis .. .. .	2	2	4
Congenital Imbecility .. .. .	2	0	2
TOTAL .. .. .	40	34	74

TABLE VIII.

*Form of Insanity in those Admitted.—Another Classification.*

	Males.	Females.	TOTAL.
Congenital Insanity .. .. .	2	2	4
Epileptic Insanity .. .. .	3	3	6
Insanity from Masturbation .. .. .	1	0	1
Puerperal Insanity .. .. .	0	2	2
Insanity from Lactation .. .. .	0	6	6
Climacteric Insanity .. .. .	4	6	10
Senile Insanity .. .. .	6	3	9
Phthisical Insanity .. .. .	0	2	2
General Paralytic Insanity .. .. .	9	0	9
Traumatic Insanity .. .. .	3	0	3
Ovario-Mania .. .. .	0	3	3
Hysterical Insanity .. .. .	0	3	3
Dipsomania .. .. .	1	2	3
Insanity of Tubescence .. .. .	7	2	9
Unknown { Sthenic .. .. .	3	0	3
{ Asthenic .. .. .	1	0	1
TOTAL .. .. .	40	34	74

TABLE IX.

*Assigned Causes of the Insanity.*

					Males.	Females.	TOTAL.
Physical.	{	Congenital Defect	..	..	2	2	4
		Epilepsy	..	..	3	3	6
		Intemperance	..	..	7	0	7
		Child-birth	..	..	0	2	2
		Over-Lactation	..	..	0	6	6
		Railway Accident	..	..	1	0	1
		Indigestion	..	..	0	1	1
		Debility	..	..	0	1	1
		Apoplexy	..	..	1	0	1
		Injury to Head	..	..	3	0	3
		Paralysis Agitans..	..	..	0	1	1
		Uterine Irritation..	..	..	0	1	1
Moral.	{	Disappointment	..	..	1	0	1
		Anxiety	..	..	1	1	2
		Disappointment in Love	..	..	0	1	1
Predis- posing.	{	Previous Attacks	..	..	9	4	13
		Hereditary	..	..	6	7	13
		Unknown	..	..	18	11	29

TABLE X.

*Number of Previous Attacks in those Admitted.*

					Males.	Females.	TOTAL.
Cases of First Attack	..	..	..		26	27	52
"    Second "	.	..	..		4	1	5
"    Third "	..	..	..		0	1	1
Had several attacks	..	..	..		5	2	7
Congenital	..	.	..		2	2	4
Unknown	..	..	..		3	1	4
TOTAL	..	..	..		40	34	74



TABLE XI.

*Duration of Insanity previous to Admission, and Condition  
of those Admitted.*

Duration of Insanity.	Incurable.		Curable,		Already Dis- missed Cured.	
	Males.	Females	Males.	Females.	Males.	Females.
Under 1 week ..	0	0	2	1	0	1
"  2  "  ..	2	1	0	5	1	0
"  3  "  ..	1	0	1	0	0	0
"  1 month	0	0	2	1	0	0
"  2  "  ..	1	0	1	2	1	1
"  3  "  ..	1	0	2	1	0	0
"  4  "  ..	1	0	1	0	0	0
"  5  "  ..	0	0	1	0	0	2
"  6  "  ..	3	0	0	4	0	0
"  9  "  ..	4	1	1	2	0	0
"  1 year ..	1	6	0	0	0	0
"  2  "  ..	5	1	0	2	0	1
"  4  "  ..	0	1	0	0	0	0
"  5  "  ..	1	0	0	0	0	0
"  6  "  ..	1	0	0	0	0	0
"  7  "  ..	0	1	0	0	0	0
"  8  "  ..	0	1	0	0	0	0
"  9  "  ..	1	0	0	0	0	0
"  10  "  ..	1	0	0	0	0	0
"  11  "  ..	1	0	0	0	0	0
"  13  "  ..	0	1	0	0	0	0
"  14  "  ..	0	1	0	0	0	0
"  24  "  ..	1	0	0	0	0	0
Congenital ..	2	2	0	0	0	0
Unknown ..	2	0	0	0	0	0
TOTAL ..	29	16	11	18	2	5

TABLE XII.

*Illustrations of Suicidal Tendency in those Admitted.*

	Males.	Females.	TOTAL.
Have attempted Suicide .. ..	3	7	10
„ meditated „ .. ..	3	4	7
TOTAL Suicidal .. ..	6	11	17
<i>Forms of Insanity in which Suicide was attempted.</i>			
Melancholia .. ..	2	3	5
Mania .. ..	1	4	5
TOTAL .. ..	3	7	10
<i>Forms of Insanity in which Suicide was meditated.</i>			
Melancholia .. ..	1	0	1
Acute Mania .. ..	1	1	2
Mania .. ..	0	1	1
Congenital Imbecility .. ..	1	1	2
Epileptic Mania .. ..	0	1	1
TOTAL .. ..	3	4	7
<i>Means used in attempts made.</i>			
Burning Clothing .. ..	0	1	1
Cutting Throat .. ..	0	2	2
Hanging .. ..	1	0	1
Precipitation .. ..	1	2	3
Strangulation .. ..	1	3	4
Drowning .. ..	1	1	2
TOTAL .. ..	4	9	13



TABLE XIII.

*State of Bodily Health and Condition of those Admitted.*

	Males.	Females	TOTAL.
In good Bodily Health and Condition ...	20	14	34
In indifferent Health and reduced Condition .. .. .	12	15	27
In bad Health and exhausted Condition	8	5	13
TOTAL .. .. .	40	34	74

TABLE XIV.

*Occupations of those Admitted.*

Males.				Females.			
Farm Servants ..	3			Dressmaker ..	1		
Clerk .. ..	1			Domestic Servants .	4		
Labourers .. ..	15			Wives of Labourers	4		
Farmers .. .	2			Shop Keeper ..	1		
Shoemaker .. ..	1			Farm Servants ..	3		
Cooper . .. .	1			Wife of Mariner ..	1		
Calico Printer ..	1			Wife of Blacksmith	1		
Innkeeper . . .	1			Wife of Hatter ..	1		
Painter .. ..	1			Lodging-house Keeper	1		
Sawyer .. ..	1			Lady's Maid ..	1		
Tailor .. ..	1			Cotton Winders ..	2		
Butler .. ..	1			Wife of Coal Miner	1		
Coachman .. ..	1			Cotton Weavers ..	2		
Ship Carpenter ..	1			Wife of Currier ..	1		
Weavers . . .	4			Knitter .. ..	1		
Engineman .. ..	1			Slate Picker ..	1		
Joiner .. ..	1			Factory Worker ..	1		
Railway Guard ..	1			Governess .. ..	1		
Dyer .. ..	1			None .. ..	6		
Turner .. ..	1						
TOTAL .. ..	40			TOTAL .. ..	34		

TABLE XV.

*Social Condition of those Admitted.*

					Males.	Females.	TOTAL.
Married	..	..	..	..	14	14	28
Widowed	..	..	..	..	3	3	6
Single ..	..	..	..	..	23	17	40
TOTAL ..	..	..	..	..	40	34	74

TABLE XVI.

*Religious Persuasion of those Admitted.*

					Males.	Females.	TOTAL.
Church of England	..	..	..	..	22	24	46
Methodists	..	..	..	..	1	2	3
Presbyterian	..	..	..	..	2	0	2
Roman Catholics	..	..	..	..	3	3	6
Independent	..	..	..	..	0	1	1
"Protestants"	..	..	..	..	9	2	11
Unknown	..	..	..	..	3	2	5
TOTAL ..	..	..	..	..	40	34	74

TABLE XVII.

*Diseases of those Discharged Recovered, Relieved, and Not Improved.*

	Recovered.			Relieved.			Not Improved.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Acute Mania ..	2	0	2	0	0	0	0	0	0
Mania. . . .	3	8	11	0	3	3	0	1	1
Puerperal Mania	0	3	3	0	0	0	0	0	0
Melancholia ..	1	2	3	0	1	1	0	0	0
Epileptic Mania	0	0	0	0	0	0	0	1	1
TOTAL ..	6	13	19	0	4	4	0	2	2



TABLE XVIII.

*Period of Residence of those Discharged Recovered, Relieved,  
and Not Improved.*

	Recovered.			Relieved.			Not Improved.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Under 1 Month	0	1	1	0	0	0	0	0	0
" 2 "	1	0	1	0	0	0	0	1	1
" 3 "	2	1	3	0	1	1	0	0	0
" 4 "	0	1	1	0	1	1	0	0	0
" 6 "	0	2	2	0	0	0	0	0	0
" 8 "	1	1	2	0	0	0	0	0	0
" 12 "	0	3	3	0	0	0	0	0	0
" 18 "	0	3	3	0	1	1	0	0	0
" 2 Years	1	0	1	0	1	1	0	0	0
" 3 "	0	1	1	0	0	0	0	0	0
" 4 "	0	1	1	0	0	0	0	0	0
" 5 "	0	0	0	0	0	0	0	1	1
TOTAL ...	6	13	19	0	4	4	0	2	2

TABLE XIX.

*Causes of Death.*

	Males.	Females.	TOTAL.
<i>Cerebral Disease.</i>			
General Paralysis. . . . .	2	0	2
Tumour of Brain . . . . .	0	1	1
Ramollissement of Brain . . . . .	1	0	1
<i>Thoracic Disease.</i>			
Phthisis Pulmonalis . . . . .	2	0	2
Pneumonia and Old Age . . . . .	0	1	1
<i>Abdominal Disease.</i>			
Ulceration of Prostate Gland . . . . .	1	0	1
Cancer of Duodenum and General Paralysis . . . . .	1	0	1
Disease of Knee Joint . . . . .	0	1	1
TOTAL . . . . .	7	3	10

TABLE XX.

*Period of Residence of those Deceased.*

					Males.	Females.	TOTAL.
Under 6 Months	..	..	..		2	0	2
„ 2 Years	..	.	..		1	0	1
„ 3 „ ..	..	..	..		1	2	3
„ 4 „ ..	..	..	..		2	0	2
„ 5 „ ..	..	..	..		1	1	2
TOTAL ..	..	..	..		7	3	10

TABLE XXI.

*Form of Insanity in those Deceased.*

					Males.	Females	TOTAL.
Mania ..	..	..	..		0	1	1
Epileptic Mania ..	..	..	..		1	0	1
Dementia ..	..	..	..		2	1	3
General Paralysis	..	..	.		3	0	3
Melancholia ..	..	..	..		1	1	2
TOTAL ..	..	..	..		7	3	10



*Annual Statement of Receipts and Payments on account of the  
for the Year ending 31st December, 1866.*

*Dr.*

To Balance in Treasurer's hands on the 1st

January, 1866 .. .. £1,612 16 9

Do. Clerk's hands .. .. 49 16 1

£1,662 12 10

December 31—*Sales from Farm.*

To 16 Fat Pigs .. .. 83 10 8

24 Fat Sheep .. .. 57 10 6

75 Sheep Skins .. .. 23 6 6

339 lbs. Tallow .. .. 4 19 3

2 Old Horses .. .. 0 13 0

240 stones Potatoes .. .. 6 0 0

Grazing Sheep .. .. 8 0 0

Cabbage Plants .. .. 1 5 8

185 5 7

*Supplied the Asylum with—*

To 6,304 stones Potatoes .. .. 159 11 4

4,599 lbs. Mutton .. .. 155 4 5

4,679 lbs. Pork .. .. 131 6 7

Cabbages, Onions, Leeks, &c. .. 76 0 3

Carting done for the Asylum .. 15 14 0

537 16 7

*Sales Maintenance Account.*

To Stores supplied to Medical Superintendent 44 7 2

Dripping .. .. 21 1 7

Two Bars of Copper .. .. 4 18 4

Bones .. .. 4 4 6

Old Iron .. .. 1 10 0

Old Leads .. .. 1 0 6

Rags .. .. 0 19 5

Fines and Forfeits .. .. 0 8 8

Discount .. .. 0 0 6

78 10 8

Carried forward .. .. £2,464 5 8

*Cumberland and Westmorland Asylum, at Garlands, near Carlisle,**£s.**Salaries and Wages paid during the Year.*

## OFFICERS.

By Medical Superintendent .. ..	£325	0	0	
Consulting Medical Officer, (27 visits)	28	7	0	
Chaplain .. ..	125	0	0	
Treasurer .. ..	20	0	0	
Matron .. ..	52	10	0	
Clerk and Steward .. ..	85	0	0	
				£635 17 0

## MALE ATTENDANTS AND SERVANTS.

By Head Attendant .. ..	41	16	8	
Seven Ordinary Attendants .. ..	185	14	9	
Night Attendant .. ..	53	5	8	
Shoemaker, do. .. ..	32	5	0	
Tailor, do. .. ..	29	6	7	
House Porter .. ..	£24	19	1	
Do. Cloth for Suit of Livery 4 0 6				
		28	19	7
Engineer .. ..	68	0	8	
Carpenter .. ..	70	2	0	
Two Stokers .. ..	60	7	6	
				569 18 5

## FEMALE ATTENDANTS AND SERVANTS.

By Head Attendant .. ..	20	8	10	
Eight Ordinary Attendants .. ..	106	11	11	
Night Attendant .. ..	15	3	8	
Cook .. ..	23	0	0	
Head Laundress .. ..	24	14	11	
Assistant do. .. ..	13	1	8	
Bakeress .. ..	15	2	0	
House Maid .. ..	13	9	6	
Two Kitchen Maids .. ..	19	16	9	
				251 9 3

Carried forward .. .. £1,457 4 8

(Asylum Staff and Rate of Payment, see page 41.)



*Annual Statement for 1866 of Receipts and**Dr.*


---



---

To Amount brought forward .. .. £2,464 5 8

*Expenses removing Patients from other Asylums.*

To Bootle Union .. ..	£1 14 2		
Carlisle do. .. ..	13 12 2		
Cockermouth do. .. ..	6 11 3		
East Ward do. .. ..	5 18 10		
Kendal do. .. ..	12 18 6		
Penrith do. .. ..	4 11 8		
West Ward do. .. ..	1 5 5		
Whitehaven do. .. ..	16 12 10		
Wigton do. .. ..	3 10 11		
County Treasurer (Westmorland) ..	2 2 10		
		68 18 7	

*Funeral Expenses of Patients deceased.*

To Carlisle Union .. ..	4 5 0		
East Ward do. .. ..	1 12 6		
Kendal do. .. ..	1 12 6		
County Treasurer (Westmorland) ..	1 12 6		
		9 2 6	

*Unions for Maintenance of Patients.*

To Alston Union .. ..	155 3 6		
Bootle do. .. ..	64 16 9		
Brampton do. .. ..	294 9 0		
Carlisle do. .. ..	1,044 12 4		
Cockermouth do. .. ..	662 15 7		
East Ward do. .. ..	250 2 0		
Kendal do. .. ..	986 18 9		
Longtown do. .. ..	155 3 6		
Penrith do. .. ..	735 16 2		
Carried forward ..	£4,349 17 7	£2,542 6 9	

*Payments on Account of the Asylum.**£s.*

By Amount brought forward		..	..	..	£1,457	4	8
<i>Provisions.</i>							
By Arrowroot, Sago, &c.	153 lbs.	..	£2	8	2		
Barley..	56 stones	..	4	13	4		
Biscuits	64 $\frac{1}{4}$ lbs.	..	1	11	0		
Beef	34,315 lbs.	..	1,090	18	5 $\frac{1}{4}$		
Butter	4,075 lbs.	..	251	10	10 $\frac{1}{4}$		
Cocoa	2 lbs.	..	0	3	0		
Coffee	707 lbs.	..	53	0	6		
Cheese	4,108 $\frac{3}{4}$ lbs.	..	140	15	8 $\frac{1}{2}$		
Currants and Raisins	65 stones	..	17	12	0		
Chicory	19 stones	..	7	15	2		
Candied Lemon	14 lbs.	..	0	18	8		
Eggs	296 dozen	..	14	13	3		
Flour	5,580 stones	..	553	13	4		
Fish	..	..	1	15	3		
Gelatine	18 pkts.	..	0	9	0		
Hops	39 $\frac{1}{4}$ lbs.	..	3	18	6		
Lemons	21 dozen	..	1	3	3		
Milk	14,525 gallons	..	573	6	0		
Mustard and Pepper	97 lbs.	..	5	2	2		
Nuts	15 $\frac{1}{2}$ lbs.	..	0	5	0		
Oatmeal	1,300 stones	..	135	18	4		
Oranges	1 box	..	1	1	0		
Peas	158 $\frac{1}{2}$ stones	..	11	18	2		
Potatoes	265 stones	..	10	13	10		
Rice	26 stones	..	3	11	1		
Salt	256 stones	..	2	18	8		
Sugar	563 stones	..	127	13	10		
Saltpetre	17 lbs.	..	0	11	1		
Spices	20 $\frac{1}{4}$ lbs.	..	2	5	11		
Carried forward		..	£3,022	4	6	£1,457	4 8



*Annual Statement for 1866 of Receipts and**Dr.*

To Amount brought forward .. £4,349 17 7 £2,542 6 9

*Unions for Maintenance of Patients**continued.*

To West Ward Union .. ..	£228 8 3
Whitehaven do. .. ..	862 18 3
Wigton do. .. ..	598 0 9
County Treasurer, (Cumberland) Main- tenance of Patients chargeable to the County .. ..	206 18 0
Do. Westmorland do. .. ..	37 10 5
	<hr/>
	£6,283 13 3

*Credit by Maintenance of Patients away on  
trial previous to being discharged.*

Carlisle Union .. ..	£2 0 6
Cockermouth do. .. ..	4 1 0
East Ward do. .. ..	4 5 3
Kendal do. .. ..	8 8 2
Whitehaven do. .. ..	2 5 0
	<hr/>
	£20 19 11
	<hr/>
	6,262 13 4

To Mr. H. Dobinson, Treasurer of the Committee of Visitors, amount of Expenditure on account of Capital (see page 35) .. ..	734 17 10
	<hr/>
Carried forward .. ..	£9,539 17 11

*Payments on Account of the Asylum.**£r.*


---



---

By Amount brought forward .. £3,022 4 6 £1,457 4 8

*Provisions continued.*

By Treacle .. ..	26½ stones ..	3 14 1	
Tea .. ..	1,032 lbs. ..	113 8 0	
Tobacco and Snuff ..	313 lbs. ..	58 5 8	
Vinegar .. ..	12 gallons ..	1 10 0	
Yeast and Baking Powder ..	.. ..	5 8 10	
		<hr/>	3,204 11 1

*Supplied from the Farm.*

By Potatoes .. ..	6,304 stones ..	159 11 4	
Mutton .. ..	4,599 lbs. ..	155 4 5	
Pork .. ..	4,679 lbs. ..	131 6 7	
Cabbages, Onions, Leeks, &c. ..	.. ..	76 0 3	
		<hr/>	522 2 7

*Clothing.*

By Apron Linen .. ..	72 yards ..	2 7 6	
Black Casban .. ..	77 yards ..	3 13 9½	
Black Holland .. ..	18¾ yards ..	0 15 7½	
Buttons .. ..	21¼ gross ..	2 1 2½	
Calico .. ..	352 yards ..	10 1 0	
Chocolate Tick .. ..	90½ yards ..	7 3 3	
Drabbett .. ..	44 yards ..	2 7 8	
Elastic and Braid .. ..	152½ yards ..	1 4 3½	
Fustian .. ..	67¾ yards ..	9 15 8	
Flannel .. ..	460 yards ..	29 0 7	
Handkerchiefs .. ..	24½ dozens ..	5 6 0	
Hair Nets .. ..	13 dozens ..	0 11 0	
Jean .. ..	18 yards ..	0 17 3	
Leather .. ..	96 lbs ..	8 7 4	
Laces .. ..	14 gross ..	3 2 0	
Linen Ticking .. ..	110 yards ..	11 0 0	
		<hr/>	
Carried forward .. ..	.. ..	£97 14 2	£5,183 18 4



*Annual Statement for 1866 of Receipts and*  
*Dr.*

---



---

To Amount brought forward .. .. £9,539 17 11

Carried forward .. .. £9,539 17

*Payments on Account of the Asylum.**£s.*


---



---

By Amount brought forward	..	£97 14 2	£5,183 18 4
---------------------------	----	----------	-------------

*Clothing continued.*

By Muslin	..	42 yards	..	1 15 0	
Men's Braces	..	6 dozen	..	2 5 0	
Printed Cotton	..	1,139 yards	..	39 15 3½	
Shirting Linen	..	816 yards	..	43 9 1	
Swansdown	..	206½ yards	..	9 13 8	
Straw Bonnets	..	100	..	8 10 10	
Screw Buttons	..	36	..	0 16 0	
Shoemaker's Thread, Nails, &c.	..		..	4 18 7	
Sewing Thread	..		..	8 3 0	
Tapes	..	8 gross	..	1 9 4	
Worsted and Yarn		112 lbs.	..	13 12 4	
Woollen Shawls	..	19 lbs.	..	2 9 1	
Winsey	..	8 yards	..	0 9 8	
					235 1 0½

*Necessaries.*

By Bees Wax	..		..	0 10 0	
Blacking & Black Lead	17 stones	..		5 1 0	
Carbolic Acid	.. 210 gallons	..		12 8 9	
Coal	.. 680 tons	..		416 13 4	
Dubbin	.. 2 stones	..		1 1 0	
Emery Paper	..	..		0 2 10	
Fire Wood	..	..		8 4 6	
House Cloth	.. 259¾ yards	..		17 17 1	
Matches	.. 57 dozen	..		2 7 6	
Oil	.. 24 gallons	..		6 2 0	
Plate Powder	.. 10 packets	..		0 10 0	
Rubbing Stones & Bath Bricks	24 gross			4 17 7	
Soap	.. 6,035 lbs.	..		94 1 6	
Soda	.. 207 stones	..		10 3 10	
Starch and Blue	.. 371½ lbs.	..		10 6 9	
Turpentine and Naptha	7 quarts	..		0 11 8	
Carried forward	..			£590 19 4	£5,418 19 4½



*Annual Statement for 1866 of Receipts and**Dr.*

To Amount brought forward .. .. £9,539 17 11

Carried forward .. .. £9,539 17 11

*Payments on Account of the Asylum.**£s.*


---



---

By Amount brought forward .. £590 19 4 £5,418 19 4½

*Necessaries continued.*

By Washing Powder ..	8 dozen ..	0 6 8	
Wax Tapers ..	10½ lbs ..	2 1 0	
Whiting ..	10 stones ..	0 3 4	
Wash Leathers and Sponges ..		1 17 0	
		<hr/>	595 7 4

*Surgery and Dispensary.*

By Drugs, &c. .. .. .	34 7 10
-----------------------	---------

*Wine, Spirits, and Porter.*

By Wine .. ..	58½ gallons ..	40 16 0	
Spirits .. ..	16½ gallons ..	15 10 10	
Ale and Porter ..	450 gallons ..	40 13 0	
		<hr/>	96 19 10

*Furniture, Bedding, and Repairs.*

By Bricklayer's labour, clearing out Flues	0 2 11	
Brushes .. ..	17 12 3	
Carpeting .. ..	34 2 9	
Clothes Baskets, and Repairs ..	4 4 0	
Crockery and Glass .. ..	17 11 8	
Cocoa Matting and Mats .. ..	9 8 4	
Clock, and Repairs to do. .. ..	3 2 6	
Calico for Shrouds .. ..	2 8 8	
Fenders .. ..	1 6 0	
Furnishing, Ironmongery, Locks, Keys, &c.	14 11 8½	
Gas Fitting, and Fitter's Labour ..	3 9 0	
Gutta Percha Chambers .. ..	4 4 6	
Hearse Hire, &c. .. ..	5 12 6	
Ironing Blanket .. ..	1 12 6	
Iron and Brass Pans .. ..	1 0 3	
Knives, Forks, and Spoons, .. ..	6 12 4	
Linoleum Floor Cloth .. ..	28 8 4	
Leather Cloth .. ..	2 4 0	
	<hr/>	
Carried forward .. ..	£157 14 2½	£6,145 14 4½



## Annual Statement for 1866 of Receipts and

*Dr.*

To Amount brought forward .. .. £9,539 17 11

Carried forward .. .. £9,539 17 11

*Payments on Account of the Asylum.**£s.*


---



---

By Amount brought forward .. £157 14 2½ £6,145 14 4½

*Furniture, Bedding, and Repairs continued.*

By Lantern .. ..	0	5	6	
Malleable Iron for Repairs .. ..	1	19	10	
Mangling Cloths .. ..	0	10	6	
Paint and Turpentine .. ..	1	3	2	
Repairs to Tubs .. ..	0	17	3	
Rope for Machine .. ..	0	10	8	
Smith's large Hammer .. ..	0	6	0	
Shoemaker's Tools .. ..	1	19	6	
Turning Wood .. ..	1	14	11	
Tinware and Repairs .. ..	8	6	11	
Towelling .. ..	0	13	0	
Wood and Glue .. ..	0	19	3	
Window Blinds .. ..	0	3	4	
	<hr/>			177 4 0½

*Garden and Farm.*

By Wages .. ..	123	18	3	
Rates and Taxes .. ..	28	3	0	
Sheep .. ..	286	4	0	
Pigs .. ..	68	6	6	
Oats .. ..	27	16	0	
Straw .. ..	22	13	0	
Bran .. ..	2	18	8	
Guano .. ..	44	18	11	
Bone Meal .. ..	25	1	6	
Lime .. ..	15	7	6	
Manure .. ..	5	13	6	
Seeds .. ..	7	0	9	
Implements and Tools .. ..	9	9	9	
Smithwork .. ..	7	18	6	
Advertising .. ..	1	2	0	
Ropes .. ..	0	8	11	
Potato Baskets .. ..	0	14	0	
Sheep Dipping Composition .. ..	0	12	6	
Sundries .. ..	0	11	0	
	<hr/>			678 18 3

---



---

Carried forward .. .. £7,001 16 8



*Annual Statement for 1866 of Receipts and**Dr.*

To Amount brought forward	..	..	..	£9,539 17 11
---------------------------	----	----	----	--------------

Carried forward	..	..	..	£9,539 17 11
-----------------	----	----	----	--------------

*Payments on Account of the Asylum.**£r.*

By Amount brought forward	..	..	£7,001 16 8
<i>Miscellaneous.</i>			
By Expenses removing Patients from other Asylums	..	..	£59 6 11
Advertising	..	..	27 6 6
Newspapers and Periodicals	..	..	23 6 6
Postage and Receipt Stamps, Post-Office Orders and Telegrams	..	..	20 3 0
Printing Annual Report for 1865 and other Forms	..	..	18 10 8
Sundries	..	..	14 0 5
Stationery	..	..	10 10 2
Carriage of Parcels, &c.	..	..	10 3 0
Account and other Books for Office and Wards	..	..	7 15 0
Expenses in bringing back escaped Patients	..	..	3 17 3
Amusements	..	..	3 15 0
Flower Seeds and Bulbs	..	..	3 3 2
Pins, Needles, and Thimbles	..	..	2 18 4
Auditing Asylum Accounts, 1865	..	..	2 2 0
Sweeping Chimneys	..	..	1 19 0
Stamps for marking Linen	..	..	1 11 6
Bagatelle Balls and Draught Men	..	..	1 9 9
Canary Seed	..	..	1 4 6
Rent of Letter Bag	..	..	1 1 0
Spectacles and do. Cases	..	..	1 0 6
Hire of Harmonium	..	..	0 18 0
Gravel for Walks	..	..	0 15 0
Naptha	..	..	0 9 2
Carting done by Farm for the Asylum	..	..	217 6 4
			15 14 0
Total Expenditure on Maintenance Account	..	..	£7,234 17 0
Carried forward	..	..	£7,234 17 0



*Annual Statement for 1866 of Receipts and*  
*Dr.*

---

To Amount brought forward .. .. £9,539 17 11

Carried forward .. .. £9,539 17 11

*Payments on Account of the Asylum.**£s.*


---



---

By Amount brought forward .. .. £7,234 17 0

*Capital Account.*

By Tiling Bath Rooms, Lavatory, and Water Closet Floors, and Fitting-up Baths, Urinals, &c. .. ..	£207 10 6 $\frac{1}{2}$	
Iron Railing to Drying Ground, and Four Iron Gates and Posts .. ..	79 18 6	
Seven Gas Retorts and Fittings, and Labourer and Material taking down and Re-setting Six others .. ..	53 15 7	
A Patent Gas Regulator .. ..	36 0 0	
Window Glass .. ..	32 19 5	
Oil, Paint, Putty and Varnish .. ..	32 1 1	
Painter's Labour, Painting 507 Windows, and Water Cisterns, &c. .. ..	31 8 5	
Labour and Fittings to Water Pipes, Closets and Lavatories .. ..	28 11 13 $\frac{3}{4}$	
A Kneading Machine .. ..	26 15 0	
A Work Horse .. ..	24 10 6	
Fire Grates, Furnace Bars, and other Castings .. ..	21 8 4	
Tile and Sewer Pipes .. ..	18 15 2	
Bricklayer and Mason, Labour and Material, Repairing Fireplaces, Fur- naces, &c. .. ..	16 18 0	
Wood for Furniture and Tank Room Floor .. ..	14 9 5	
Larch Railing and Posts .. ..	14 5 0	
Repairs to Engine and Pump and Kitchen Steam Boiler .. ..	11 14 3	
Forest Trees, Shrubs, &c. .. ..	9 6 6	
A Sewing Machine .. ..	9 3 0	
Carried forward .. ..	£669 9 10 $\frac{1}{2}$	£7,234 17 0



*Annual Statement for 1866 of Receipts and**Dr.*


---



---

To Amount brought forward    ..    ..    ..    £9,539 17 11

£9,539 17 11

---

JONAS TODD,

*Clerk and Steward.*

*Payments on Account of the Asylum.**Gr.*


---



---

By Amount brought forward .. £669 9 10½ £7,234 17 0

*Capital Account continued.*

By Paper Hangings .. .. .	8 10 6	
Insurance .. .. .	8 4 0	
Linoleum Floor Cloth .. .. .	6 12 11	
A Harmonium .. .. .	6 0 0	
Gas Fittings and Fitter's Labour ..	5 4 1½	
A Weighing Machine .. .. .	4 4 0	
Twelve Pairs of Quoits .. .. .	4 1 6	
An Iron Tar Heating Barrow ..	4 0 0	
Oil Cloth .. .. .	3 10 6	
Engineer's and Carpenter's Tools ..	3 9 0	
Furnishing Ironmongery and Glue ..	2 14 10	
A Butter Purifying Machine .. ..	2 2 0	
A Concertina . .. .	2 2 0	
Repairs to Bells and other Smithwork	1 19 6	
Plasterer's Labour and Material Plaster- ing Ceiling in Tank Room .. ..	1 10 11	
A Paraffin Lamp and Fittings to Lodge Gate .. .. .	1 2 2	
	<hr/>	734 17 10
By Balance in Treasurer's hands on the 31st December, 1866. .. ..	1,562 6 1	
Do. in Clerk's hands .. .. .	7 17 0	
	<hr/>	1,570 3 1
		<hr/>
		£9,539 17 11

*Examined and found Correct,—*

J. R. DONALD, DISTRICT AUDITOR,  
15th March, 1867.



*Average Weekly Cost of Maintenance, Medicine, Clothing, and Care of  
Patients during the year 1866.*

Provisions	...	...	...	...	...	5	0 $\frac{10}{16}$
Clothing	...	...	...	...	...	0	4 $\frac{7}{16}$
Salaries and Wages	...	...	...	...	...	2	3 $\frac{9}{16}$
Necessaries (e.g., Fuel, Light, Washing, &c.)...						0	11 $\frac{4}{16}$
Surgery and Dispensary	...	...	...	...	...	0	0 $\frac{10}{16}$
Wine, Spirits, and Porter	...	...	...	...	...	0	1 $\frac{13}{16}$
Furniture, Bedding, and Repairs	..	...	...	...	...	0	3 $\frac{6}{16}$
Garden and Farm	..	...	...	...	...	1	0 $\frac{14}{16}$
Miscellaneous	...	...	...	...	...	0	4 $\frac{2}{16}$
						10	6 $\frac{11}{16}$
Less Moneys received for Articles, Goods, and Produce Sold, including Provisions, &c., supplied from the Farm, Cost of Removals, Funeral Expenses, &c.						0	6 $\frac{8}{16}$
Total Average Weekly Cost per head						10	0 $\frac{3}{16}$
Daily Average Number of Patients resident, 243 $\frac{93}{85}$							

*Weekly Charge for Maintenance, &c., of Patients from Counties to which  
Asylum belongs :—*

			s.	d.
Quarter ending	25th	March	9	11
"	"	June	10	6
"	"	Sept.	10	6
"	"	Dec.	8	9

No Private Patients, or Patients from other Counties or Boroughs.

*Number of Patients in the Asylum on the 31st December,  
1866, and Unions to which Chargeable.*

			Males.	Females.	Totals.
Alston Union	...	...	5	1	6
Bootle do.	...	...	3	0	3
Brampton do.	...	...	7	5	12
Carlisle do.	..	...	27	25	52
Cockermouth do.	...	..	19	11	30
East Ward do.	...	...	6	5	11
Kendal do.	...	...	25	14	39
Longtown do.	...	...	4	2	6
Penrith do.	...	...	18	12	30
West Ward do.	...	..	6	6	12
Whitehaven do.	...	..	21	20	41
Wigton do.	..	...	14	13	27
Chargeable to the County					
of Cumberland	...	...	4	4	8
Do. Westmorland	...	...	0	1	1
			<hr/>	<hr/>	<hr/>
			159	119	278



*Contract Prices of the Principal Articles of Provisions and  
Necessaries supplied during the Year 1866.*

Description of Articles.	For the Quarters ending							
	25th March		25th June.		25th Sept.		25th Dec.	
	S.	D.	S.	D.	S.	D.	S.	D.
Arrowroot .. at per st.	14	0	14	0	14	0	14	0
Barley .. ..	1	8	1	8	1	8	1	8
Beef (forequarters) ..	8	9	8	9	8	5½	8	5½
Ditto Rounds ..	10	6	10	6	10	6	10	6
Ditto Houghs ..	5	3	5	3	4	4½	4	4½
Butter (salt) ..	16	6	14	0	14	6	16	0
Cheese (new milk) ..	9	0	10	3	10	0	9	0
Coffee .. ..	21	0	21	0	21	0	21	0
Currants ..	5	6	5	6	5	6	5	6
Flour (best seconds) ..	1	9	2	2	2	2	1	10
Milk (new) .. at per gal.	0	10¾	0	10¾	0	10¾	0	10¾
Ditto (skim) ..	0	4½	0	4½	0	4½	0	0
Mustard .. .. lb.	1	8	1	8	1	8	1	8
Oatmeal .. .. st.	1	11	1	11	2	3	2	3
Peas (split) .. ..	1	6	1	6	1	6	1	6
Pepper .. .. lb.	1	0	0	6	0	6	0	6
Raisins .. .. st.	5	6	5	6	5	6	5	6
Rice .. ..	2	9	2	9	2	6	2	9
Sago .. ..	3	0	3	0	3	0	3	6
Salt .. ..	0	3	0	3	0	3	0	2
Snuff .. .. lb.	3	9	3	9	3	9	3	9
Sugar (moist) .. st.	4	8	4	3	4	3	4	8
Tobacco .. .. lb.	3	9	3	8½	3	8	3	9
Treacle .. .. st.	2	0	2	0	2	0	2	0
Vinegar .. .. gal.	2	6	2	6	2	6	2	6
Coal .. .. ton	12	6	12	6	12	6	12	6
Soap .. .. st.	4	4½	4	4½	4	4½	4	4½
Soda .. ..	1	0	0	11	0	11	1	0
Starch .. ..	7	0	7	3	7	0	7	0



*Ordinary Diet Table.*

		BR'KFAST					DINNER.								SUPPER.					
		Bread.	Porridge.	Milk.	Coffee.	Butter.	Bread.	Meat Pie.	Cooked Meat free from Bone.	Dumpling.	Irish Stew.	Cooked Vegetables.	Potato-pot.	Broth.	Milk.	Bread.	Milk.	Tea.	Butter.	Cheese.
		oz	pt	pt	pt	oz	oz	oz	oz	oz	oz	oz	oz	pt	pt	oz	pt	pt	oz	oz
Sunday	Men ...	8	...	...	1	$\frac{1}{2}$	...	10	...	...	...	12	...	...	1	8	...	1	$\frac{1}{2}$	...
	Women...	6	...	...	1	$\frac{1}{2}$	...	9	...	...	...	9	...	...	$\frac{2}{3}$	6	...	1	$\frac{1}{2}$	...
Monday	Men ...	...	1	1	...	...	3	...	5	...	...	12	...	...	1	8	...	1	$\frac{1}{2}$	...
	Women...	6	...	...	1	$\frac{1}{2}$	2	...	4	...	...	9	...	...	$\frac{2}{3}$	6	...	1	$\frac{1}{2}$	...
Tuesday	Men ...	...	1	1	...	...	...	...	...	16	...	...	...	...	1	8	...	1	$1\frac{1}{2}$	...
	Women ..	6	...	...	1	$\frac{1}{2}$	...	...	...	13	...	...	...	...	$\frac{2}{3}$	6	...	1	$1\frac{1}{2}$	...
Wednesday	Men ...	...	1	1	...	...	3	...	...	...	...	...	22	...	1	8	...	1	$\frac{1}{2}$	...
	Women...	6	...	...	1	$\frac{1}{2}$	2	...	...	...	...	...	18	...	$\frac{2}{3}$	6	...	1	$\frac{1}{2}$	...
Thursday	Men ...	...	1	1	...	...	3	...	5	...	...	12	...	...	1	8	...	1	$\frac{1}{2}$	...
	Women...	6	...	...	1	$\frac{1}{2}$	2	...	4	...	...	9	...	...	$\frac{2}{3}$	6	...	1	$\frac{1}{2}$	...
Friday	Men ...	...	1	1	...	...	3	...	...	22	...	...	...	...	1	8	...	1	$1\frac{1}{2}$	...
	Women...	6	...	...	1	$\frac{1}{2}$	2	...	...	18	...	...	...	...	$\frac{2}{3}$	6	...	1	$1\frac{1}{2}$	...
Saturday	Men ...	...	1	1	...	...	7	...	...	...	...	...	...	$1\frac{1}{2}$	...	8	1	...	$\frac{1}{2}$	...
	Women...	6	...	...	1	$\frac{1}{2}$	5	...	...	...	...	...	...	$1\frac{1}{2}$	...	6	...	1	$\frac{1}{2}$	...

*Extra Diet for Working Patients employed in the Kitchen and Laundry.*

MEN.		WOMEN.		
Bread.	Cheese.	Bread.	Cheese.	Tea.
ounces.	ounces.	ounces.	ounces.	pints.
3	1	2	$\frac{3}{4}$	$\frac{1}{2}$

**PORRIDGE**—Six ounces of oatmeal to each pint.

**COFFEE**—For 100 persons, 20 oz. coffee, 10 oz. chicory, 4 lbs. sugar, and 3 gallons of milk.

**DUMPLING**—For men, each, 9 ounces flour, 1 ounce currants and raisins, one-sixth of an ounce of sugar, and 2 ounces dripping. For women, each, 7 ounces flour, 1 ounce currants and raisins, one-sixth of an ounce of sugar, and 2 ounces dripping.

**MEAT PIE**—For men, each, 6 ounces of uncooked meat free from bone, 3 ounces of flour, and 1 ounce dripping. For women, each, 5 ounces of uncooked meat free from bone, 3 ounces of flour, 1 ounce of dripping, and seasoned to taste.

**IRISH STEW**—For 100 persons, 32 lbs. of uncooked meat free from bone, 6 stone of peeled potatoes, with a suitable dilution of water, and pepper and salt to suit taste.

**POTATO-POT**—For 100 persons, same as Irish Stew.

**BROTH**—For 100 persons, 28 lbs. meat (necks, houghs, &c.) including bone, 10 lbs. barley, liquor from stewed bones, thickened with bread crusts and vegetables, and seasoned to taste.

**TEA**—For 100 persons, 1 lb. tea, 4 lbs. sugar, and 2 gallons of milk.

*Rations allowed to Attendants and Servants.*

8 lbs. bread,  $\frac{1}{2}$  lb. butter, 1 lb. sugar,  $\frac{3}{4}$  lb. cheese, 2 ounces tea and 2 ounces coffee weekly; 1 quart of milk daily to males, and 3 gills to females. Cooked meat and vegetables each day for dinner, at discretion, with rice, sago, or fruit dumpling three days in the week.



*Asylum Staff and Rate of Payment.*

## OFFICERS.

*T. S. Clouston, Esq., M.D., Medical Superintendent ... ..	£400	0	0	per annum
†W. B. Page, Esq., F.R.C.S., Consulting Medical Officer ... ..	1	1	0	per visit
†The Rev. J. F. Simpson, Chaplain ...	125	0	0	per annum
†H. Dobinson, Esq., Treasurer ..	20	0	0	"
Miss H. C. Groder, Matron ...	60	0	0	"
§Mr. Jonas Todd, Clerk and Steward	120	0	0	"

## MALE ATTENDANTS AND SERVANTS.

Head Attendant ... ..	42	0	0	"
One Attendant ... ..	32	0	0	"
Three Attendants, each ... ..	31	0	0	"
Three Attendants, each ... ..	25	0	0	"
†Night Attendant ... ..	53	5	10	"
Shoemaker Attendant ..	33	0	0	"
Tailor Attendant ..	30	0	0	"
†House Porter ... ..	25	0	0	"
Engineer, Gasman, and Lodge Keeper	1	6	0	per week
†Carpenter ... ..	1	6	6	"
†Stoker ... ..	0	15	0	"
†Assistant Stoker ... ..	0	8	6	"
Farm Bailiff ..	0	14	0	"
†Gardener ... ..	0	18	0	"
†One Farm Labourer ... ..	0	15	0	"

## FEMALE ATTENDANTS AND SERVANTS.

Head Attendant ... ..	21	0	0	per annum
Night Attendant ..	16	0	0	"
Two Attendants, each ... ..	17	0	0	"
Two Attendants, each ... ..	16	0	0	"
Two Attendants, each ... ..	15	0	0	"
One Attendant ... ..	13	0	0	"
One Attendant ... ..	12	0	0	"
Cook ... ..	22	0	0	"
Head Laundress ... ..	22	0	0	"
Assistant ditto ... ..	12	0	0	"
Bakeress ... ..	16	0	0	"
House Maid ... ..	14	0	0	"
One Kitchen Maid ... ..	11	0	0	"
One ditto ... ..	10	0	0	"

Marked \*, with unfurnished house, coal, gas, washing, and pony kept.

Marked †, neither boarded nor lodged.

Without a mark, boarded and lodged

Marked ‡, boarded and lodged, and a suit of clothes in the year.

Marked ||, with house and garden.

Marked §, with part board.