

Eighth annual report of the Cumberland and Westmorland Lunatic Asylum : 1869.

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EIGHTH

ANNUAL REPORT

OF THE

CUMBERLAND AND WESTMORLAND LUNATIC ASYLUM.

1869.

CARLISLE:

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EPIPHANY SESSIONS, 1869-70.

THE REPORT OF THE COMMITTEE OF VISITORS OF THE UNITED COUNTIES OF CUMBERLAND AND WESTMORLAND.

Your Committee have to report that the number of patients at present in the Asylum is as follows :—For Cumberland, 153 males, 116 females ; for Westmorland, 39 males, 38 females ; for other counties and private patients, 7 males and 20 females ; making a total of 373 patients now in the Asylum. It is satisfactory to know that the number of patients chargeable to the two counties has only increased four during the past year.

The weekly cost of maintenance is eight shillings and ninepence per head for pauper patients, and fourteen shillings for those of other counties and for private patients.

The General Committee have met at the Asylum once a month, and the House Committee once a fortnight during the past year.

By the 62nd section of the Lunacy Act your Committee are required at this sessions to lay before the Justices of the county “a report in writing of the state and condition of the Asylum, and as to its sufficiency for the proper accommodation of the number of lunatics for whom it may be necessary to provide accommodation, and as to the management of such Asylum, and the conduct of the officers and servants thereof, and the care of the patients therein,” a copy of which report is to be transmitted to the Commissioners in Lunacy. In accordance with this requirement, your Committee have now to report that the state and condition of the Asylum is most satisfactory, the whole of the lunatics chargeable to the two counties for whom it was necessary to provide accommodation are now at Garlands, and after reserving sufficient room for such future admissions as may be required, your Committee have been able to receive pauper patients belonging to the county of Lancaster, and

private patients to the number of 27. Some additional accommodation has been obtained by the alteration of workrooms and a blacksmith's shop at a small cost, which will be much more than repaid by the increased number of patients which the Asylum is thus enabled to receive.

The Committee are glad to be able again to report most favourably as to the management of the Asylum by Dr. Clouston, and also as to the Assistant Medical superintendent and the other officers and servants engaged therein. Owing to the increased number of patients your Committee have thought right to raise the salary of the Assistant Medical Superintendent to £100 a year.

The Committee have every reason to be satisfied with the care which has been taken of the patients during the past year, which they feel reflects great credit upon Dr. Clouston and the various officers, both male and female, under him.

It will be necessary for the Court at this Sessions to appoint a Committee for the ensuing year, in compliance with the terms of the Act.

E. W. HASELL.

GEO. HEAD HEAD.

THOS. HENRY GRAHAM.

THOS. HORROCKS.

JOHN WALKER.

ROBERT BRISCO.

W. N. HODGSON.

W. E. JAMES.

REPORT OF COMMISSIONERS IN LUNACY.

CUMBERLAND & WESTMORLAND ASYLUM,

9th February, 1869.

Since our colleagues' last visit on the 14th September, 1868, 16 male and 22 female patients have been admitted; 7 males and 11 females have been discharged; and 9 males and 3 females have died. Of the patients discharged, 6 men and 9 women were recovered. The twelve deaths were attributed to the following causes, viz., General Paralysis, 5; Disease of the Brain, 3; Epilepsy, 1; Phthisis, 1; Mania and Diarrhoea, 1; Acute Tuberculosis, 1.

In the course of our inspection this day we have seen and spoken to every patient, and have visited all the wards and offices. The numbers now in the house are 196 of the male and 151 of the female sex—total 347; there are also one patient of each sex away on probation. The state of the patients was generally satisfactory, the only exception being in No. 1 Female Ward, where there was a good deal of noise and excitement, and where some of the dresses were not in proper condition. This ward now contains 43 patients, and has four attendants. We regret to have again to allude to the unfavourable condition of the inmates of this ward, and we must repeat the opinion we formerly expressed, that the evil is to be attributed to the number of patients of the same faulty habits who are here congregated together. The health of the patients during the interval which has elapsed since our last visit has been good, and no epidemic has prevailed. To-day 4 men and 7 women were in bed, and it appears that 6 men and 19 women are under medical treatment, in addition to 28 men who are under special medical treatment for Epilepsy alone.

The dietary remains unchanged. We saw the patients at dinner, both in the hall and in the new female block, the food consisting of scouce, or Irish stew, and appeared to us to be excellent, and we were surprised to find that some of the patients refused to eat it; they certainly had no reasonable ground for complaint.

As many as 155 of the men are employed, a considerable proportion of them being occupied on the land, and a good deal has been done lately in levelling and preparing it for planting. Of the women, 94 are stated to be regularly engaged in various ways; 16 or 18 of them work in the laundry, and live entirely in the rooms connected with that department.

The average attendance at chapel on Sundays is 133 of the men and 66 women, and on week-days 80 of the former and 42 of the latter are usually present. The weekly concerts and dances are continued, and are well attended and much appreciated. Mechanical restraint has been employed in the cases of one male and one female patient; the former has worn a strait waistcoat, or "polka," every night since his admission* on account of strong suicidal propensities, and the latter was restrained on one occasion only, for surgical reasons.

Four males and ten females have been secluded, the majority of them only on one occasion.

We have inquired, as directed by the statute, as to the number of Attendants, and find there are now in the male division 13 men, and a female nurse in the Infirmary; and for the women 10 nurses. These numbers do not include the head attendants, the night attendants, or the laundry maids.

Dr. Clouston having brought under our notice a charge against an attendant named L—— of having kicked and struck a patient named G—— H—— on Saturday last, the 6th inst., we have examined the patient himself, and also another patient, named H——, who witnessed the assault, and we are very strongly of opinion that the charge is well founded. We therefore beg that the matter be referred to the consideration of the Committee at the earliest period.†

The condition of the wards and the Asylum generally was very creditable, and the bedding throughout was excellent, and well kept.

* The patient was admitted with his lower jaw broken and face lacerated on the 3rd November, from throwing himself under a loaded cart. No restraint was used at first. He tried to cut his throat on the 27th December, and then the polka was used at night, with great benefit to the patient.

† The attendant was discharged by the Committee. The patient had not been hurt, no mark, or bruise, or injury being found on him at the time.

In the month of October last the new building on the male side was opened for the reception of patients. The Infirmary in this department has been painted and finished in the same excellent manner as in the corresponding block in the female division, and the rest of the rooms will shortly be completed. These two new blocks now afford admirable accommodation for the sick and the more orderly class of patients, and we learn that they have been erected at a cost of about £57 per head.

The vacant accommodation now consists of 38 beds in the male and 30 in the female division, exclusive of the basement on each side, either of which would afford good provision for 12 patients.

The Asylum now contains only one patient of the private class, but we are glad to learn that the Committee propose to give increased facilities for the admission of patients of this description, at a charge of 14s. per week. The charge for paupers continues to be 9s. 0½d.

We have signed and examined the books and registers, which are properly kept.

Especial credit is due to Dr. Clouston for the systematic way in which he directs his attention to the medical treatment of the various cases of insanity which are under his observation

(Signed)

W. G. CAMPBELL,	}	<i>Commissioners in Lunacy.</i>
JAMES WILKES,		

MEDICAL SUPERINTENDENT'S REPORT.

TO THE CHAIRMAN AND VISITORS OF THE CUMBERLAND
AND WESTMORLAND ASYLUM.

GENTLEMEN,

I beg to submit to you the following Report of the Cumberland and Westmorland Asylum for the year 1869 :—

In the beginning of the year there were 343 patients in the Asylum ; there were 373 on the 31st of December.

There were 115 patients admitted during the year, of whom 51 were men and 64 women.

There were 57 discharges, of whom 29 were men and 28 women.

There were 28 deaths, of whom 18 were men and 10 women.

The average number of patients resident during the year was 202 men and 160 women, in all 362.

In the accompanying tables I have given the usual statistical information in regard to the patients admitted, discharged, and dead.

ADMISSIONS.

The total number of admissions this year have been more numerous than in any previous year since the opening of the Asylum ; but this has been entirely owing to the number of private patients, and pauper patients from Lancashire admitted. The number of admissions from the two counties was 88, which is less than either of the two preceding years. This fact alone strongly confirms my opinion that the great increase of patients in the Asylum, which has taken place within the past eight years, has not been the result of any increase of lunacy. It took six years after the opening of the Asylum to get into it most of the chronic lunatics that were with their relatives or in workhouses, to habituate the minds of patients' friends to the existence of an institution, within easy distance, for the

care and cure of insanity, and to overcome the scruples of a social class slightly better off than that from which the majority of the patients had previously come, against allowing their insane relatives to go to a county institution. During that period the applications for admission steadily rose year by year; since then they have begun to decrease. The alarm which is felt by many therefore as to the increase in the number of lunatics, is quite unfounded. It is true that the number of patients in the Asylum has greatly increased, but this results from the increased longevity of the chronic and incurable patients after they are sent here; and the total increase in the patients chargeable to the two counties for this year is only four. The numbers resident in the Asylum will increase for several years to come, even though the yearly admissions diminish, but this increase will year by year be less, till the admissions will be balanced by the discharges and deaths. The number of such patients in the Asylum at the end of each year was on an average 25 more than the preceding years, from 1862 to 1868. The increase of only four during 1869 contrasts strongly with that of every preceding year, and seems to show that even now the lunatic population of these two counties has almost reached its permanent level.

Distance from the Asylum certainly operates as a cause for not sending in patients at once. In the end of 1862 the County of Westmorland had only 37 patients in the Asylum altogether, or only 19 per cent. of its inmates. In the end of 1869 there were 77 Westmorland patients, or over 22 per cent. of the entire number of lunatics from the two counties. Cumberland reached its maximum of inmates in 1868, and at the end of 1869 had decreased somewhat. Westmorland still keeps up its steady increase of about 7 patients a year. By next year Westmorland will have reached the proportion of about 24 per cent., which will then be in proportion to its population as compared with that of Cumberland.

The number of old persons sent here during the year has been less than usual; there were only eight over 60 years of age, and only one over 70.

The curability of those admitted was on the whole high; I estimated that about 60 per cent. had more or less chance of recovery. I think that will be about the standard to be expected in future, as I mentioned in my last year's report it would probably be. The unusual number (14) of cases of insanity occurring after child-

birth in women helped to keep up the standard of curability, as such cases usually recover if properly and early treated. Intemperance, as usual, figures as the cause of the insanity in about 14 per cent. of the cases.

There is still a continued tendency to send suitable cases into the Asylum at an early stage of the disease. In 1866 only 22 per cent. of the cases were sent in within the first month of the disease; this year 42 per cent. of the admissions had been less than a month insane previous to admission.

About one-third of the patients admitted were suicidal; and about two-thirds of them were in poor bodily health.

DISCHARGES.

Forty-five patients were discharged recovered, being about 40 per cent. of the number of admissions. This is the highest percentage of recoveries in any year since the Asylum was opened. Taking no account of the private patients and those from Lancashire, who were admitted in the end of the year, and who had therefore no time in which to get better, the number of recoveries among the patients from the two counties amount to 49 per cent., which is a very high rate indeed. The highest rate ever reached before in any year was $38\frac{1}{2}$. The average rate for England in county asylums for the last ten years were $35\frac{1}{2}$ per cent.

None of the patients discharged recovered had a relapse during the year.

There are two causes to which the large number of recoveries were due in my opinion—the first, and most important, was the early stage of the disease at which the curable patients were sent here, two-thirds of them having been less than a month insane; and the second is the large number of cases of puerperal insanity, every one of whom recovered.

Two-thirds of the patients who recovered had been in the Asylum for periods under nine months.

Twelve cases were discharged unrecovered, eleven of whom were more or less improved since their admission into the Asylum. They were chiefly removed by their relatives, who had signed the statutory obligation to take charge of them and keep them from doing harm to themselves or others,

While only one-half of the admissions were under 40 years of age, two-thirds of the recoveries were under that age, showing the greater curability of insanity in young persons.

The increase in weight of the patients who recovered was constant in every case this year. The actual number of pounds gained varied of course greatly, ranging from three stones to a few pounds. One man, who had a good constitution, and during his excitement before coming here had been half-starved, gained sixteen pounds in twenty-one days. In nearly every curable case I take it as a good sign when a patient begins to gain in weight.

DEATHS.

The deaths have been about $7\frac{1}{2}$ per cent. on the average numbers resident, which has been the average mortality since the opening of the Institution. The average death rate in the county asylums of England for the last ten years has been $10\frac{1}{3}$ per cent.

Diseases of the brain and consumption caused death in 23 of the 28 cases. The large number of deaths from the latter disease (9) is the only unusual circumstance to be noted in regard to the causes of death. I think this is probably accidental, for hitherto there have been very few deaths from consumption in this Asylum. Up to this year only about $8\frac{1}{2}$ per cent. of the entire number of deaths resulted from this cause, and including this year the rate is only 13 per cent. I found in 1863 that in the five years previous to that time the death rate from consumption was $15\frac{1}{2}$ per cent. of the entire number of deaths in the county asylums of England. In certain cases there is a close connection between consumption and insanity; and indeed the view which I put forward in 1863—that there is a special form of insanity (Phthisical insanity) which is dependent on consumption as its cause—has been generally accepted by asylum physicians since that time. The small number of patients that have died of consumption in the Asylum up to this year, and the comparatively small number of cases of that special form of insanity which I have alluded to, attest, I think, the sufficiency of our dietary, the healthy situation of the Asylum, and the attention paid to cleanliness and ventilation in it. I used to think the consumptive form of insanity a much more incurable disease than I have found it to be since I came here. I can only account for this on the supposition that the combination of even two such terrible diseases

as consumption and insanity may, by suitable food, very good hygienic conditions, and appropriate medical treatment, be successfully met and cured in some cases. When I first entered on my duties here, seven years ago, I confess I thought it a mistake that no beer was given to the patients as a part of their ordinary dietary ; but I was perfectly willing to give the system I found in operation a fair trial ; and if such facts as a low death rate, little consumption, a high rate of recovery, and good general health on the part of the patients can prove anything, I think they do prove that insane patients of that class do not, in this county, need beer as part of their diet. In recent cases that are weak, and whenever on medical grounds I think they will do good, I order stimulants freely ; but still the above facts remain to show that this, one of the few English asylums in which no beer is given as a part of the ordinary dietary, does not seem to have suffered in consequence.

GENERAL HISTORY OF THE INSTITUTION.

The general health of the patients has been good. There has been no epidemic disease, and no very serious accidents have occurred, which are matters for much thankfulness. The attendants have, with few exceptions, given satisfaction as to the way in which they did their duty. I find it increasingly difficult to get good female attendants. The combination of qualities, mental, moral, and bodily that are required to make a good attendant on the insane are certainly not to be met with every day, and when found, should be appreciated and well paid. Few persons who have had nothing to do with the insane can have any idea of the inexhaustible patience required to manage some of them well, and of the wearing effects of constant intercourse with them.

The only new feature of the institution during the year has been the reception of private patients and patients from other counties at 14s. per week. By this means the Asylum gains pecuniarily, a want in the district is supplied, and other counties are accommodated. The class of persons received as private patients have been those not differing much socially from the county patients, and as a general rule, I have found the patients themselves satisfied with the accommodation provided, and their relatives pleased and grateful to get them in here. I have not found any real inconvenience to result

from the practice of placing them in our better wards. They cause more work to the officers of the Asylum certainly, but the fact that of the fourteen we have had during the year only one was removed elsewhere, shows that they and their friends were satisfied with their treatment and accommodation. According to the last report of the Commissioners in Lunacy there were about eight pauper patients in England to one private patient. If this proportion holds good here there should be in these two counties about forty private patients, and if we suppose half of those are in circumstances to be sent to institutions where a higher rate of payment is made, or to be boarded in private houses, there are still twenty left who probably are each paying a pound a week for the same sort of accommodation for which fourteen shillings are charged here, this extra cost dragging down and pauperizing their relatives who have to maintain them. Then the convenience and comfort of their being within easy distance, so that their relatives can visit them occasionally is very great. It helps to reduce the number of pauper patients too, for there is now no excuse for persons being here as paupers whose relatives are able to pay fourteen shillings, but not the higher sums usually charged in private Asylums. In every point of view, therefore, it seems right that private patients should be received here.

During the year there have been about 150 men and 110 women employed usefully every day. The usual amusements consisting of reading, writing, dances, concerts, out-door and in-door games, picnics, lectures, readings, and peripatetic juggler's entertainments have been provided for the patients with the usual result of pleasing and amusing them to a great extent.

A curious epidemic of escaping took place among the patients towards the end of the year. The unusual number of fifteen patients escaped who were all soon brought back except one. The idea of running away and of breaking windows to get away seemed to take possession of patients who were not thought desirous of leaving the Asylum at all. Several of them smashed window frames, and all the weak points of the building seemed to be looked for and discovered during this epidemic. The water closets in the new block for men, which are for sanitary reasons placed behind the main building, connected to it by a passage, and where of course the patients are less under observation, seemed first to have suggested the idea of escaping to one patient and the others took it up. The block had

been opened for a year before anything of the kind named seemed to have occurred to anyone. The windows of these water closets had to be strengthened by iron rods.

The medical treatment of the patients has been carried on as described in last year's report. The effort which I then described to give it a thorough and systematic character has been very satisfactory to myself, and beneficial to the patients. Nothing can be more important or more interesting than after a patient has been carefully examined on admission, and an accurate record made of all his symptoms, to watch and record systematically the changes that occur, to test by careful observation, by the thermometer, and by the scales the improvement in the bodily health that so often precedes and always accompanies mental convalescence, until at last the satisfaction is felt of seeing him quite well, *mens sana in corpore sano*, and he is restored to his friends. Even to be able to relieve the worst symptoms of chronic incurable insanity, soothing and quieting the excitement, modifying the extreme depression of such cases, rendering them more capable of enjoying their lives, and making them less dangerous to themselves and their attendants, is of immense importance. And those who recover are by no means ungrateful; they generally express themselves as very thankful for the benefit they have derived from the institution. The epileptic patients are certainly one of the worst classes in the Asylum. By means of the bromide of potassium given to many of them during the whole year, the number of fits taken by them have been immensely reduced, and their mental condition much improved. It may be a mere coincidence, but this year for the first time in the history of the institution, no epileptic patient has died from fits or otherwise.

An annual report of an Asylum circulates among three classes of persons who each look in it for quite different information. The magistrates, to whom it is addressed, like it to be short, and to contain only official matter; the public generally look for sensational incidents and a readable account of things, which they regard with mingled interest and aversion; the medical profession seek an accurate history of the diseases treated in it. It is simply impossible to write one that will satisfy all parties. Such a document really should be a history of lunacy in the district. As such it should certainly be made interesting enough to induce the public to read it; while the statistical tables and financial information which are always

appended should be absolutely accurate, uniform from year to year, and simple of comprehension.

I am happy to report most favourably of all the officers, the Rev. J. F. Simpson, Dr. Campbell, Miss Groder, Mr. Todd, and Mr. Deuchars the head male attendant, and to thank them for their hearty co-operation and zeal in the service of the Institution.

In conclusion, I beg to thank you for your continued confidence and kindness.

I am, Gentlemen,

Your most obedient Servant,

T. S. CLOUSTON, M.D.,

Medical Superintendent.

TABLE II.

Admissions, Re-admissions, Discharges, and Deaths from the Opening of the Asylum (Jan. 1, 1862) to Dec. 31, 1869.

						Males.	Females	Total.
Admitted for the first time during the								
eight years	380	356	736
Re-admissions	37	28	65
Total Admissions ...						417	384	801
		M.	F.	T.				
Discharged Recovered		107	111	218				
„ Relieved		12	26	38				
„ Not Improved		7	8	15				
Died	92	65	157
Total Discharged and Died during the								
eight years	218	210	428
Remaining December 31, 1869 ...						199	174	373
Average number resident during the eight								
years	146	115	261

TABLE III.

The Admissions, Discharges, and Deaths, with the mean Annual Mortality and Proportion of Recoveries per Cent. on the Admissions for each Year since the opening of the Asylum.

YEARS.	Admitted.			Discharged.						Died.			Remaining December 31.			Average Numbers Resident.			Percentage of Recoveries on Admissions.			Percentage of Deaths on Average Nos. Resident.					
				Recovered.		Relieved.		Not. Improved.																			
	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.						
	From January 1 to December 31.																										
1862	136	114	250	21	14	35	1	6	7	2	0	2	6	4	10	106	90	196	97	77	174	15	13	28	6	5	11
1863	36	32	68	11	6	17	1	8	9	0	2	2	5	6	11	125	100	225	115	94	209	30.6	18.4	25	4.3	6.4	5.2
1864	26	21	47	8	8	16	1	0	1	1	1	2	15	12	27	126	100	226	125	100	225	57.7	18.7	34	12	12	12
1865	20	34	54	6	15	21	2	1	3	1	1	2	5	10	15	132	107	239	131	106	239	30	44	38.6	3.8	9.4	6.2
1866	40	34	74	6	13	19	0	4	4	0	2	2	7	3	10	159	119	278	134	110	244	15	38	25.7	5.2	2.8	4
1867	59	38	97	16	13	29	0	0	0	1	0	1	22	9	31	179	135	314	172	130	302	27.1	34.2	29.9	12.8	6.9	10.3
1868	49	47	96	18	18	36	0	3	3	1	2	3	14	11	25	195	148	343	188	143	331	36.7	38.3	37.5	7.4	7.7	7.6
1869	51	64	115	21	24	45	7	4	11	1	0	1	18	10	28	199	174	373	202	160	362	41.2	37.5	39.1	8.9	6.3	7.7
TOTALS (28 years) and	1172	848	2020	107	111	218	13	26	39	7	8	15	93	65	158	199	174	373	146	115	261	25.7	28.9	27.2	7.9	7.1	7.5

TABLE V.

Admissions, Discharges, and Deaths each Month.

		Admissions.			Discharges.			Deaths.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
January	...	5	3	8	1	0	1	1	1	2
February	...	5	5	10	2	1	3	2	1	3
March	...	4	2	6	2	1	3	2	1	3
April	...	6	5	11	1	1	2	1	1	2
May	...	5	1	6	2	4	6	0	1	1
June	...	1	4	5	2	1	3	1	0	1
July	...	4	10	14	3	3	6	4	1	5
August	...	7	8	15	3	3	6	1	0	1
September	...	3	6	9	0	2	2	1	0	1
October	...	1	3	4	2	3	5	1	1	2
November	...	8	4	12	2	1	3	2	1	3
December	...	2	13	15	9	8	17	2	2	4
TOTAL	...	51	64	115	29	28	57	18	10	28

TABLE VI.

Ages of those Admitted, Discharged, and Dead.

	Admitted.			Discharged Recovered.			Removed.			Dead.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
From 15 to 20	1	3	4	2	1	3	0	0	0	0	0	0
„ 20 „ 30	11	11	22	3	7	10	3	0	3	2	2	4
„ 30 „ 40	12	22	34	7	9	16	3	1	4	4	1	5
„ 40 „ 50	13	13	26	6	5	11	2	0	2	4	1	5
„ 50 „ 60	10	11	21	2	2	4	0	3	3	5	3	8
„ 60 „ 70	4	3	7	1	0	1	0	0	0	2	2	4
„ 70 „ 80	0	1	1	0	0	0	0	0	0	1	1	2
TOTAL	51	64	115	21	24	45	8	4	12	18	10	28

TABLE VII.

Form of Mental Disease in those Admitted.

	Males.	Females.	TOTAL.
Acute Mania	6	3	9
Mania	16	21	37
Epileptic Mania	4	0	4
Puerperal Mania	0	14	14
Melancholia	10	13	23
Dementia	3	6	9
Epileptic Dementia	2	0	2
General Paralysis	7	5	12
Monomania	2	1	3
Congenital Imbecility	3	0	3
Idiocy	0	1	1
TOTAL	51	64	115

TABLE VIII.

Form of Insanity in those Admitted.—Another Classification.

	Males.	Females.	TOTAL.
Congenital Insanity (<i>from birth</i>) ...	4	1	5
Epileptic Insanity (<i>from fits</i>) ...	4	0	4
Puerperal Insanity (<i>from childbirth</i>) ...	0	14	14
Insanity of Pregnancy	0	2	2
Climacteric Insanity (<i>from change of life</i>)	6	14	20
Senile Insanity (<i>from old age</i>) ...	2	4	6
Phthisical Insanity (<i>from consumption</i>)	2	5	7
General Paralytic Insanity	7	5	12
Hysterical Insanity	0	1	1
Amenorrhœal Insanity (<i>from uterine disorder</i>)	0	2	2
Insanity of Puberty	1	0	1
Dipsomania (<i>drinking insanity</i>) ...	3	1	4
Insanity of Masturbation (<i>from self-abuse</i>)	3	0	3
Post-Connubial Insanity (<i>after marriage</i>)	1	0	1
Utero-Mania (<i>from uterine disorder</i>) ...	0	5	5
Alcoholism (<i>from intemperance</i>) ...	2	0	2
Unknown { Sthenic (<i>vigorous</i>) ...	8	2	10
{ Asthenic (<i>weak</i>) ...	8	8	16
TOTAL	51	64	115

TABLE IX.

Assigned Causes of the Insanity.

				Males.	Females.	TOTAL.
Physical.	{	Congenital Defect		4	1	5
		Epilepsy		4	0	4
		Intemperance		12	4	16
		Child-birth		0	14	14
		Injury to Thumb		1	0	1
		Old Age		0	1	1
		Disease of Brain		1	0	1
		Pregnancy		0	2	2
Moral.	{	Over-work		2	0	2
		Domestic Affliction		1	3	4
		Religious Excitement		1	0	1
		Anxiety		2	0	2
		Disappointment in Love		1	0	1
		Over-study		1	0	1
		Losses in Business		2	0	2
		Ill-treatment by Husband		0	1	1
Predis- posing.	{	Previous Attacks		13	17	30
		Hereditary		20	18	38
		Unknown		11	21	32

TABLE X.

Number of previous Attacks in those Admitted.

				Males.	Females.	TOTAL
Cases of First Attack				34	40	74
" Second "				9	10	19
" Third "				2	1	3
Had several Attacks				2	6	8
Congenital				4	1	5
Unknown				0	6	6
TOTAL				51	64	115

Duration of Insanity on Admission in the Admissions, Discharges, and Deaths.

CLASS.	Duration of Disease on Admission, in Four Classes.											
	Admissions.			Recoveries.			Removals not Recovered.			Deaths.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
FIRST CLASS: <i>First Attack—</i> Under 1 Week " 1 Month " 2 " " 3 "	6	4	10	4	5	9	1	0	1	3	0	3
	5	16	21	5	5	10	0	0	0	0	2	2
	4	4	8	1	2	3	1	0	1	0	0	0
	6	5	11	1	3	4	0	0	0	2	1	3
	(21)	(29)	(50)	(11)	(15)	(26)	(2)		(2)	(5)	(3)	(8)
SECOND CLASS: <i>First Attack—</i> Above 3 and under 6 Months " 6 " " 12 "	3	2	5	1	0	1	1	0	1	1	1	2
	3	4	7	0	1	1	0	1	1	2	1	3
	(6)	(6)	(12)	(1)	(1)	(2)	(1)	(1)	(2)	(3)	(2)	(5)
THIRD CLASS: <i>Not First Attack—</i> Under 1 Month " 6 " " 12 "	10	7	17	6	5	11	1	0	1	0	0	0
	1	9	10	0	2	2	1	0	1	0	0	0
	0	1	1	0	0	0	0	0	0	1	0	1
	(11)	(17)	(28)	(6)	(7)	(13)	(2)		(2)	(1)		(1)
FOURTH CLASS: <i>First Attack or not—</i> But over 12 Months ...	13	12	25	3	1	4	3	3	6	9	5	14
TOTAL	51	64	115	21	24	45	8	4	12	18	10	28

TABLE XII.

Illustrations of Suicidal Tendency in those Admitted.

	Males.	Females.	TOTAL.
Have attempted Suicide	6	7	13
„ meditated „	8	14	22
TOTAL Suicidal	14	21	35
<i>Forms of Insanity in which Suicide was attempted.</i>			
Mania	2	2	4
Melancholia	4	5	9
TOTAL	6	7	13
<i>Forms of Insanity in which Suicide was meditated.</i>			
Monomania	1	0	1
Melancholia	4	6	10
Mania of Pregnancy	0	2	2
Mania	2	4	6
Dipsomania	0	1	1
Epileptic Mania	1	0	1
Dementia	0	1	1
TOTAL	8	14	22
<i>Means used in attempts made.</i>			
Cutting Throat	1	1	2
Hanging	1	1	2
Precipitation	0	1	1
Strangulation	1	0	1
Refusing Food	1	1	2
Taking Poison	0	1	1
Drowning	4	2	6

TABLE XIII.

State of Bodily Health and Condition of those Admitted.

	Males.	Females.	TOTAL.
In good Bodily Health and Condition...	20	22	42
In indifferent Health and reduced Condition	26	34	60
In bad Health and exhausted Condition	5	8	13
TOTAL	51	64	115

TABLE XIV.

Occupations of those Admitted.

Males.				Females.			
Schoolmaster	1	Governess	1
Miner	1	Sempstresses	2
Baker	1	Domestic Servants	7
General Dealer	1	Wives of Labourers	13
Labourers	10	Wives of Shopkeepers	2
Farmers	2	Wives of Millers	2
Shoemakers	2	Wife of Tailor	1
Masons	2	Wife of Carpenter	1
Waiter	1	Wife of Sailor	1
Blacksmiths	2	Wives of Weavers	2
Butcher	1	Wife of Engineer	1
Gentlemen	2	Wives of Miners	2
Joiners	3	Housekeepers	2
Plasterer	1	Schoolmistresses	2
Wood Turner	1	Factory Workers	2
Yeoman	1	Wife of Upholsterer	1
Weaver	1	Wife of Barber	1
Sailors	2	Wife of Boatman	1
Hawker	1	Wife of Joiner	1
Boots	1	Wife of Policeman	1
Hooper	1	Wife of Mason	1
Postman	1	Wife of Farmer	1
Iron Moulder	1	Wife of Hatter	1
Sweep	1	Widow of Gentleman	1
Engine Driver	1	Widow of Surgeon	1
Dog Trainer	1	Machinist	1
Carter	1	Charwoman	1
Surveyor of Taxes	1	Hawker	1
Cork Cutter	1	Coal Picker	1
Toy Maker	1	None	2
Basket Maker	1	Unknown	7
None	3				
TOTAL	51	TOTAL	64

TABLE XV.

*Condition as to Marriage in the Admissions, Discharges,
and Deaths.*

Condition as to Marriage.		Admissions.			Discharges.						Deaths.		
					Recovered.			Not Recovered.					
		M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Single	...	19	20	39	8	8	16	4	0	4	9	3	12
Married	...	27	31	58	12	14	26	4	4	8	8	3	11
Widowed	...	5	13	18	1	2	3	0	0	0	1	4	5
TOTAL	...	51	64	115	21	24	45	8	4	12	18	10	28

TABLE XVI.

Religious Persuasion of those Admitted.

					Males.	Females.	TOTAL.
Church of England	24	30	54
Methodists	6	1	7
Roman Catholics	3	20	23
Independents	0	2	2
"Protestants"	13	7	20
Lutheran	0	1	1
Presbyterian	3	3	6
Unknown	2	0	2
TOTAL	51	64	115

TABLE XVII.

Diseases of those Discharged, Recovered, Relieved, and Not Improved.

	Recovered.			Relieved.			Not Improved.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Acute Mania ...	5	1	6	1	0	1	0	0	0
Mania ...	12	7	19	2	4	6	0	0	0
Puerperal Mania	0	12	12	0	0	0	0	0	0
Epileptic Mania	0	0	0	1	0	1	0	0	0
General Paralysis	0	0	0	1	0	1	0	0	0
Mania of Pregnancy	0	1	1	0	0	0	0	0	0
Melancholia ...	4	3	7	1	0	1	1	0	1
Dementia ..	0	0	0	1	0	1	0	0	0
TOTAL ...	21	24	45	8	4	12	1	0	1

TABLE XVIII.

Period of Residence of those Discharged Recovered, Not Recovered, and Died.

	Recovered.			Not Recovered.			Died.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
Under 1 Month	0	0	0	0	0	0	3	0	3
From 1 to 3 "	3	3	6	1	0	1	3	1	4
" 3 to 6 "	4	9	13	2	2	4	1	2	3
" 6 to 9 "	3	8	11	1	0	1	0	1	1
" 9 to 12 "	3	3	6	0	0	0	2	0	2
" 1 to 2Y'rs	5	0	5	2	0	2	2	2	4
" 2 to 3 "	3	1	4	2	0	2	2	1	3
" 3 to 5 "	0	0	0	0	2	2	1	0	1
" 5 to 7 "	0	0	0	0	0	0	2	0	2
" 7 to 9 "	0	0	0	0	0	0	2	3	5
TOTAL ...	21	24	45	8	4	12	18	10	28

TABLE XIX.

Causes of Death.

	Males.	Females.	TOTAL.
<i>Cerebral Disease.</i>			
General Paralysis	5	2	7
Do. do. with Apoplexy...	0	1	1
Softening of Brain	1	2	3
Exhaustion from Mania	0	1	1
Tumour of Brain	1	0	1
Apoplexy	1	0	1
<i>Thoracic Disease.</i>			
Phthisis Pulmonalis	5	2	7
Acute Tuberculosis	2	0	2
<i>Abdominal Disease.</i>			
Disease of Liver	0	1	1
Peritonitis	0	1	1
Exhaustion from Old Age	1	0	1
Suppurative Fever	1	0	1
Hip-joint Disease and Softening of Brain	1	0	1
TOTAL	18	10	28

TABLE XX.

Form of Insanity in those Deceased.

					Males.	Females.	TOTAL.
Acute Mania	1	0	1
Mania	7	5	12
Dementia	3	1	4
General Paralysis	5	3	8
Melancholia	1	0	1
Congenital Imbecility	1	0	1
Idiocy	0	1	1
TOTAL					18	10	28

*Annual Statement of Receipts and Payments on account of the
for the Year ending*

D£.

To Balance in Treasurer's hands on the 1st

January, 1869	£1,781	7	10	
Do. in Clerk's hands	28	14	0	
				£1,810 1 10

December 31—*Sales from Farm.*

To 107½ stones Pork, at 8s. 3d. per stone ..	44	12	5	
137 do. do. at 8s. 5d. do. ..	57	13	0	
150¼ do. do. at 8s. 6d. do. ..	63	17	2	
46 do. do. at 8s. 9d. do. ..	20	10	0	
4 Fat Pigs, at £5 each	20	0	0	
8 do. at £5 : 15s. each	46	0	0	
399 lbs. Wool, at 1s. 6d. lb. ..	29	18	0	
120 Sheep Skins	27	1	8	
36¾ stones Tallow	7	1	7	
32 lbs. Turnip Seed	0	18	8	
Piece of dirty Wool	0	0	9	
				£317 13

Supplied the Asylum with

To 5,821 lbs. Mutton, at 8d. per lb. ..	194	0	8	
960 do. do. at 7d. do. ..	28	0	0	
6,257 do. Pork at 7d. do. ..	182	9	11	
116 stones Potatoes at 8d. per stone	3	17	4	
4,073 do. do. at 7d. do. ..	118	15	11	
2,375 do. do. at 6d. do. ..	59	7	6	
Cabbages, Onions, Leeks, &c.	86	7	1	
Carting done for the Asylum	19	4	6	
				692 2 10

Carried forward £2,819 18

*Cumberland and Westmorland Asylum, Garlands, near Carlisle,
31st December, 1869.*

£r.

Salaries and Wages paid during the Year.

OFFICERS.

By Medical Superintendent	£400	0	0	
Consulting Medical Officer (two visits)	2	2	0	
Assistant Medical Superintendent ..	80	0	0	
Chaplain	125	0	0	
Treasurer	20	0	0	
Matron	60	0	0	
Clerk and Steward	120	0	0	
				£807 2 0

MALE ATTENDANTS AND SERVANTS.

By Head Attendant	50	0	0	
Twelve Ordinary Attendants	356	10	6	
Night Attendant	56	9	1	
Shoemaker do.	35	0	0	
Tailor do.	27	10	3	
Baker	34	19	8	
House Porter	£24	4	7	
Do., a Suit of Livery	5	5	10	
				29 10 5
Engineer	75	1	6	
Carpenter	72	12	6	
Two Stokers	85	4	9	
				822 18 8

FEMALE ATTENDANTS AND SERVANTS.

By Head Attendant	25	2	11	
Twelve Ordinary Attendants	155	3	0	
Night Attendant	16	14	8	
Nurse for Male Infirmary	14	16	0	
Head Laundress	24	11	5	
Two Laundry Maids	28	6	1	
Cook	25	15	0	
Housemaid	13	17	0	
Two Kitchen Maids	22	18	6	
				327 4 7

Carried forward £1,957 5 3

(Asylum Staff and Rate of Payment see page 47.)

*Annual Statement for 1869 of Receipts and
Dr.*

To Amount brought forward	£2,819 18
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Sales Maintenance Account.

To Stores supplied to Medical Superintendent	£59	2	4	
322 lbs. Dripping	6 14 2
80½ stones Rags	4 0 3
Hydro Extractor	8 0 0
Oak Coffin for Private Patient deceased				2 10 0
Old Butter Firkins	2 0 9
Compensation for Damage by Fire	..			1 10 0
One cwt. old Tea Leads		..		0 14 0
Old Shoes	0 10 0
10 stone Small Potatoes		0 2 6
11 Lamp Chimneys	0 1 10
				85 5

Expenses removing Patients from other Asylums.

To Kendal Union	3 9 2
Penrith do.	6 0 5
Whitehaven do.		1 19 4
					11 8

Funeral Expenses of Patients deceased.

To Brampton Union		1 12 6
Carlisle do.	9 2 6
Cockermouth do.		8 2 6
Kendal do.	1 12 6
Penrith do.	3 5 0
West Ward do.		4 17 6
Whitehaven do.		8 2 6
Wigton do.	1 12 6
County Treasurer, (Cumberland)	..				1 12 6
County Treasurer, (Westmorland)	..				1 12 6
					41 12
Carried forward		£2,958 5

*Payments on Account of the Asylum.**£r.*

By Amount brought forward £1,957 5 3

Provisions.

ay Arrowroot, Sago, &c.	24 lbs. ✓ ..	£0 16 0	
A Apples	✓ ..	1 3 8	
B Biscuits	31 lbs. ✓ ..	0 12 0	
B Barley	86 stones ✓ ..	7 4 10	
B Beef	3082½ stones ✓ ..	1,032 14 3	
B Butter	486½ stones ✓ ..	380 6 9½	
C Coffee	88½ stones .. ✓	89 10 0	
C Cheese	435¾ stones .. ✓	199 3 6	
C Currants and Raisins	99 stones .. ✓	26 6 6	
C Chicory	37½ stones .. ✓	13 12 0	
C Cocoa	2 lbs. .. ✓	0 3 0	
C Candied Lemon ..	16 lbs. .. ✓	0 18 10	
C Curry Powder ..	✓ ..	0 1 0	
E Eggs	✓ ..	18 15 1	
F Flour	8,410 stones .. ✓	733 15 0	
F Fish	✓ ..	5 15 3	
G Gelatine	24 pkts. .. ✓	0 12 0	
G Ginger	14 lbs. .. ✓	1 6 8	
H Hops	20 lbs. .. ✓	2 0 0	
L Lemons	✓ ..	1 13 11	
M Milk	19,905 gallons.. ✓	912 6 3	
M Malt	14 stones .. ✓	2 4 0	
M Mustard and Pepper	158½ lbs. .. ✓	6 9 2	
N Nuts	✓ ..	0 7 6	
O Oatmeal	1,600 stones ✓	176 13 4	
O Oranges	✓ ..	1 11 0	
P Peas	476 stones .. ✓	39 4 4	
P Pickles	✓ ..	0 1 0	
P Potatoes	2,645 stones.. ✓	65 17 0	
P Rice	56 stones .. ✓	6 10 3	
Carried forward ..		£3,727 14 1½	£1,957 5 3

*Annual Statement for 1869 of Receipts and**Dr.*

To Amount brought forward £2,958 5

For Maintenance of Patients.

To Alston Union	£185	10	8
Bootle do.	120	0	5
Brampton do.	395	3	10
Carlisle do.	1,647	5	5½
Cockermouth do.	951	5	8
East Ward do.	397	9	2
Kendal do.	1,006	19	8
Longtown do.	222	3	10
Penrith do.	815	16	10½
West Ward do.	310	8	9½
Whitehaven do.	1,047	11	2
Wigton do.	757	10	2
County Treasurer (Cumberland) Main- tenance of Patients chargeable to the County	285	14	9
Do. Westmorland do.	25	5	2
Easington Union (Durham)	5	9	0
Haltwhistle Union (Northumberland)	5	13	9
Parish of Liverpool	74	6	0
Township of Manchester	20	8	0
Private Patients	301	10	5

Carried forward £8,575 12 9½ £2,958 5

*Payments on Account of the Asylum.**£s.*

By Amount brought forward	£3,727	14	1½	£1,957	5	3
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Provisions continued.

By Salt	344 stones	..	✓	£4	6	0
Sugar	736 stones	..	✓	201	15	10
Saltpetre	24 lbs	..	✓	0	11	4
Spices	✓	0	11	4
Syrup	3½ stones	..	✓	0	9	0
Treacle	51½ stones	..	✓	5	3	7
Tea	1,739 lbs.	..	✓	170	3	1
Tobacco and Snuff	371 lbs.	..	✓	62	13	2
Vinegar	17 gallons	✓		2	4	4
Yeast	317 lbs.	..	✓	13	19	6
						—————	£4,189	11 3½

Supplied from the Farm.

By Mutton	5,821 lbs. at 8d.	£194	0	8
Ditto	960 lbs. at 7d.	28	0	0
Pork	6,257 lbs. at 7d.	182	9	11
Potatoes	116 stones at 8d.	3	17	4
Ditto	4,073 stones at 7d.	118	15	11
Ditto	2,375 stones at 6d.	59	7	6
Cabbages, Onions, Leeks, &c.	86	7	1
				—————	£672	18 5

Carried forward	£6,819	14	11½
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Annual Statement for 1869 of Receipts and
Dr.

To Amount brought forward	..	£8,575	12	9½	£2,958	5
<i>Credit by Maintenance of Patients away on</i> <i>trial previous to being discharged.</i>						
Bootle Union	..	£4	16	3		
Carlisle do.	19	14	3½		
Cockermouth do.	..	5	16	3		
East Ward do.	..	3	17	6		
Kendal do.	..	7	16	4		
Longtown do.	..	0	17	6		
Penrith do.	8	11	3½		
West Ward do.	..	3	17	6½		
Whitehaven do.	..	7	13	9		
Wigton do.	1	17	6		
		<hr/>			£64	18 2½
					<hr/>	
					8,510	14
To Mr. H. Dobinson, Treasurer of the Committee of						
Visitors, amount of Expenditure on account of						
Capital (see page 42)				155	11
Carried forward				£11,624	11

*Payments on Account of the Asylum.**£r.*

By Amount brought forward £6,819 14 11½

Clothing.

Buttons ..	522	dozen	✓	£1	8	9
Boot Laces ..	6	gross	✓	2	5	9
Braces ..	72	pairs	✓	1	16	0
Black Casban ..	70	yards	✓	2	12	6
Canvass ..	124	yards	✓	3	4	0
Chocolate Tick ..	206½	yards	✓	13	10	4
Cloth ..	143¾	yards	✓	17	19	8
Clog Soles ..	163	..	✓	2	0	7
Cotton Handkerchiefs	144	..	✓	2	14	0
Dimity ..	1	yard	✓	0	1	4
Elastic ..	18	yards	✓	0	8	9
Flannel ..	971½	yards	✓	54	12	8½
Fustian ..	148	yards	✓	16	6	10
Fleecy Wool ..	8	hanks	✓	0	10	0
Grey Calico ..	868½	yards	✓	15	19	8½
Jean ..	103	yards	✓	4	5	10
Knitting Cotton	42	lbs.	✓	4	5	4
Leather ..	882¼	lbs.	✓	84	0	0
Linen ..	24	yards	✓	1	2	0
Linen Ticking ..	30	yards	✓	4	10	0
Muslin ..	118½	yards	✓	3	17	6
Making Shoes	✓	2	0	8
Men's Cloth Jackets	22	..	✓	20	7	0
Making Flannel Drawers	✓	1	6	10
Making Men's Stocks	✓	1	8	0
Night Caps ..	24	..	✓	0	11	0
Printed Cotton ..	2,813	yards	✓	73	3	9½
Reels of Cotton & Twist	62	..	✓	1	16	7
Shoemaker's Nails, Thread, &c.	✓	6	2	2

Carried forward £344 7 7½ £6,819 14 11½

*Annual Statement for 1869 of Receipts and**Dr.*

To Amount brought forward	£11,624 11
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Carried forward	£11,624 11
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*Payments on Account of the Asylum.**£s.*

r Amount brought forward	£344	7	7½	£6,819	14	11½
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Clothing continued.

Stuff .. .	91½ yards	.. ✓	£3	5	10½	
Sundry articles of Clothing for Private Patients ✓	5	15	5½	
Sheeting Linen	891 yards	.. ✓	38	1	1	
Straw Bonnets ..	100	.. ✓	9	13	9	
Shirting Linen .	893½ yards	.. ✓	34	3	6	
Stays	1 pair	.. ✓	0	5	0	
Thread	26 lbs.	.. ✓	3	13	8	
Tape	29 doz.	.. ✓	3	1	2	
Worsted and Yarn	382 lbs.	.. ✓	40	14	10	
Waterproof Aprons	12	.. ✓	4	10	0	
						487 11 11½

Necessaries.

Blacking ..	13 stones	.. ✓	£2	19	9
Blacklead ..	8 stones	.. ✓	2	9	0
Bath Bricks ..	2 gross	.. ✓	2	8	0
Blue ..	4 lbs.	.. ✓	0	4	0
Bees Wax ..	2 lbs.	.. ✓	0	5	0
Candles ..	12 lbs.	.. ✓	0	6	0
Coal	1,035 tons	.. ✓	554	7	6
Carbolic Acid ..	70 gallons	.. ✓	4	2	11
Dubbin ..	1 stone	.. ✓	0	10	6
Firewood ✓	18	15	0
Gas Tapers ..	14 lbs.	.. ✓	2	16	0
House Cloth ..	435 yards	.. ✓	13	2	11½
Lamp Wick ..	4 lbs.	.. ✓	0	16	0
Matches ..	90 dozens	.. ✓	3	15	0
Oil	36 gallons	.. ✓	8	7	0
Plate Powder ..	4 packets	.. ✓	0	4	0

Carried forward ..	£615	8	7½	£7,307	6	10¾
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*Annual Statement for 1869 of Receipts and
Dr.*

To Amount brought forward £11,624 11

Carried forward £11,624 11

*Payments on Account of the Asylum.**£s.*

 By Amount brought forward .. £615 8 7½ £7,307 6 10¾
Necessaries continued.

By Paris White	..	2 stones	..	✓	£0	2	0
Pitch	..	1 stone	..	✓	0	2	6
Rosin	..	1 stone	..	✓	0	2	6
Rubbing Stones	250	dozens	..	✓	3	12	11
Soap (Hard)	..	480 stones	..	✓	94	12	5
Soap (Soft)	..	234 stones	..	✓	35	5	2
Soda	..	265 stones	..	✓	10	2	5½
Starch	..	430¼ lbs.	..	✓	8	18	10¾
Sundries	✓	0	8	6
Whiting	..	12 stones	..	✓	0	4	0
						<hr/>	
						768	19 11¾

Surgery and Dispensary.

Drugs, &c.	✓	89	4	8
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Wine, Spirits, and Porter.

Wine	..	108 gallons	..	✓	£75	12	0
Spirits	..	16 gallons	..	✓	12	16	0
Porter and Ale	..	696 gallons	..	✓	60	7	6
						<hr/>	
						148	15 6
						<hr/>	
Carried forward	£8,314	7	0½

Annual Statement for 1869 of Receipts and
Dr.

To Amount brought forward £11,624 11

Carried forward £11,624 11

*Payments on Account of the Asylum.**£r.*

By Amount brought forward £8,314 7 0½

Furniture, Bedding, and Repairs.

By Bread Tins ✓	£3 12 0
Brushes ✓	11 10 0
Carpet ✓	15 2 7
Counterpanes ✓	1 16 0
Castings ✓	4 4 0
Crockery and Glass ✓	2 18 0
Cocoa Matting and Mats ✓	2 18 2
Cheese Cloth ✓	0 5 6
Dust Pans ✓	0 8 6
Dish Tubs ✓	1 6 6
Gutta Percha Chambers ✓	2 17 0
Ironmongery and Repairs ✓	12 12 9
Interments ✓	16 8 6
Italian Irons ✓	0 2 0
Knives and Forks ✓	0 8 0
Lamp Chimneys ✓	0 2 0
Laces for Engine Belts ✓	0 7 0
Patent Knotting ✓	0 4 0
Pincers ✓	0 2 5
Padlocks and Keys ✓	0 6 6
Razor Strops ✓	0 1 6
Repairing Machines ✓	11 1 1
Repairing Tins ✓	0 1 3
Repairing Clocks ✓	2 10 0
Sheeting Linen ✓	4 16 7
Shoemaker's Tools ✓	0 17 8
Sponges ✓	0 13 0
Shovels ✓	0 7 0
Sundries ✓	1 3 11

Carried forward .. £99 3 5 £8,314 7 0½

Annual Statement for 1869 of Receipts and

Dr.

To Amount brought forward £11,624 11

Carried forward £11,624 11

*Payments on Account of the Asylum.**£ s. d.*

By Amount brought forward	..	£99	3	5	£8,314	7	0½
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Furniture, Bedding, and Repairs continued.

Table Linen ✓	5	13	7½
Towelling ✓	0	19	6
Turning Table Legs and Spindles ✓	4	6	0
Upholstering ✓	2	5	9
Wood for Furniture and Repairs ✓	15	14	6
White Calico ✓	1	7	6
Washing Tubs, Baskets, and Repairs ✓	7	13	0
						137	3 3½

Carried forward	£8,451	10	4
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Annual Statement for 1869 of Receipts and
Dr.

To Amount brought forward £11,624 11

Carried forward £11,624 11

*Payments on Account of the Asylum.**£s.*

By Amount brought forward	£8,451 10 4
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Garden and Farm.

Wages	£120 14 0
Rates and Taxes	17 4 0
Cows	54 16 6
Sheep	140 19 9
Pigs	154 6 6
Oats	33 13 6
Straw	23 5 0
Indian Meal	18 0 10
Bran	1 4 8
Guano	37 13 1
Manure	45 8 9
Lime	2 18 3
Salt	1 2 6
Grinding Bones	0 17 1
Grass Seeds	1 19 6
Carrot, Turnip, and Rape Seed	1 13 8
Garden Seeds	3 6 4
Implements and Tools	2 2 9
Smithwork	3 13 11
Cart Sheet	1 14 0
Potato Baskets	0 14 0
Sheep Dipping Composition	0 12 0
Iron Work for Barrows	6 0 0
Wood for do.	11 1 10
Toll	0 14 6
Sundries	1 10 4
				<hr/>
				687 7 3
				<hr/>
Carried forward	£9,138 17 7

*Annual Statement for 1869 of Receipts and**Dr.*

To Amount brought forward £11,624 11

Carried forward £11,624 11

*Payments on Account of the Asylum.**£r.*

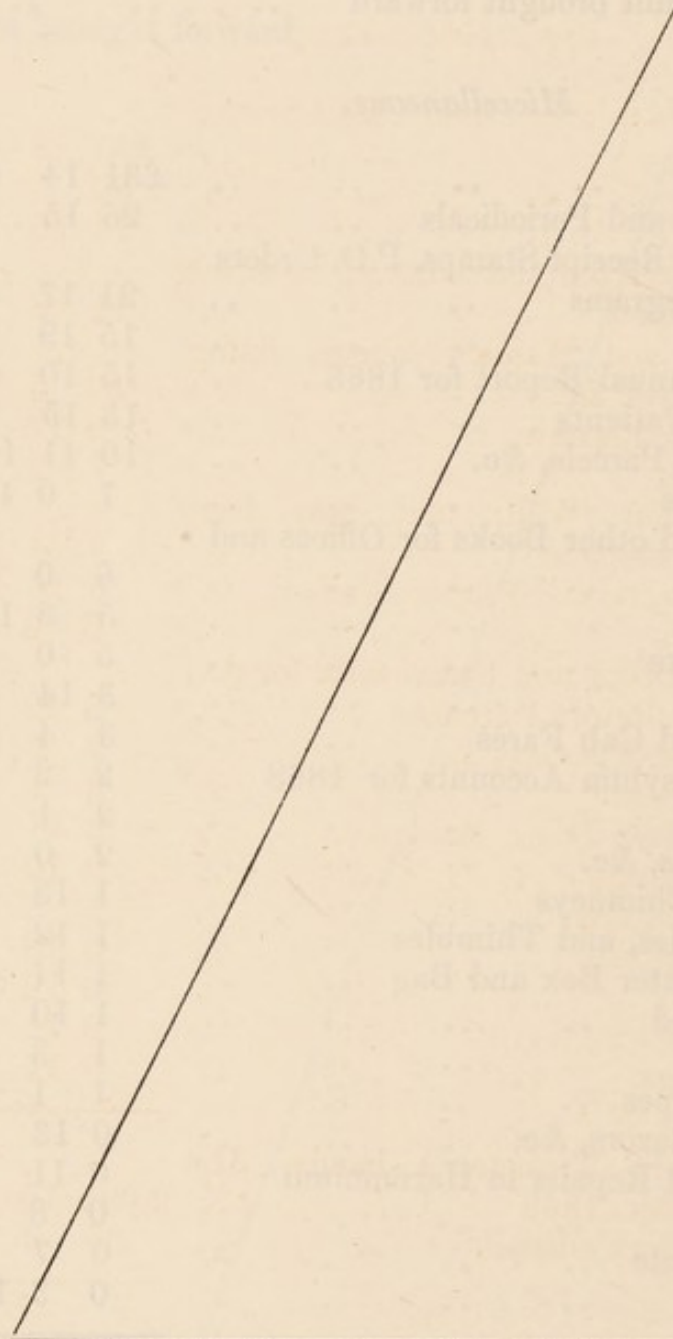
By Amount brought forward £9,138 17 7

Miccellaneous.

Advertising	£31 14 0		
Newspapers and Periodicals	26 15 4		
Postage and Receipt Stamps, P.O. Orders and Telegrams	21 17 6		
Stationery	15 19 6		
Printing Annual Report for 1868	15 10 6		
Removing Patients	13 15 1		
Carriage of Parcels, &c.	10 11 10		
Amusements	7 0 10		
Account and other Books for Offices and Wards	6 0 6		
Sundries	5 3 10		
Hymn Books	5 0 0		
Escapes	3 14 6		
Railway and Cab Fares	3 4 6		
Auditing Asylum Accounts for 1868	2 2 0		
Toll	2 1 7		
Cricket Bats, &c.	2 0 0		
Sweeping Chimneys	1 13 9		
Pins, Needles, and Thimbles	1 12 8		
Rent of Letter Box and Bag	1 11 6		
Canary Seed	1 10 9		
Spectacles	1 3 0		
Tobacco Pipes	1 1 0		
Grinding Razors, &c.	0 13 3		
Tuning and Repairs to Harmonium	0 11 0		
Statuettes	0 8 0		
Cotton Waste	0 7 0		
Combs	0 3 10		
		183 7 3	
Carting done by Farm for the Asylum		19 4 6	
Total Expenditure on Maintenance Account	£9,341 9 4		
Carried forward	£9,341 9 4		

Annual Statement for 1869 of Receipts and
Dr.

To Amount brought forward £11,624 11



£11,624 11

JONAS TODD,

Clerk and Steward

*Payments on Account of the Asylum.**£r.*

By Amount brought forward	£9,341	9	4
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Capital Account.

By Furnace Bars and other Castings and			
Repairs	£31	9	5
Fencing	30	5	0
Insurance	14	18	3
Bricklayer's labour and material, re-setting			
Gas Retorts	11	8	2
Bricklayer and Mason's labour, fixing			
Firegrates, &c.	10	5	4
Slating and Repairs	9	17	1
Sewer Pipes	7	9	8
Cleaning out Well, and new Iron			
Pump complete	7	4	11
Shrubs, Plants, and Flower Seeds	6	16	10
Flower Pots	6	6	0
Cast-iron Doors and Framework for do.,			
for Gas Retort Furnaces	3	12	6
Bricks, Tile, Fireclay, &c.	3	6	11
Window Glass	3	1	9
Malleable Iron Bolts, Nuts, &c.	2	14	2
Repairing Engine	2	10	0
Locks, Keys, &c.	1	8	11
Stone for Roads	0	18	0
Gasket	0	16	1
Turpentine	0	11	3
Gas Fittings	0	11	0
		155	11 3
By Balance in Treasurer's hands, 31st			
December, 1869	2,091	10	6
Ditto in Clerk's hands	36	0	0
		2,127	10 6
		£11,624	11 1

*Examined and found correct 9th March, 1870.*J. R. DONALD, *District Auditor.*

*Average Weekly Cost of Maintenance, Medicine, Clothing, and
Care of Patients during the year 1869.*

	s.	d.
Provisions	4	5 $\frac{4}{16}$
Clothing	0	6 $\frac{3}{16}$
Salaries and Wages	2	0 $\frac{4}{16}$
Necessaries (e.g., Fuel, Light, Washing, &c.) ...	0	9 $\frac{1}{16}$
Surgery and Dispensary	0	1 $\frac{2}{16}$
Wine, Spirits, and Porter	0	1 $\frac{4}{16}$
Furniture, Bedding, and Repairs	0	1 $\frac{2}{16}$
Garden and Farm	0	8 $\frac{1}{16}$
Miscellaneous	0	2 $\frac{5}{16}$
	<hr/>	<hr/>
	9	1 $\frac{1}{16}$
Less Money received for Articles, Goods and Produce Sold, Funeral Expenses, &c.	0	4 $\frac{5}{16}$
	<hr/>	<hr/>
Total Average Weekly Cost per head	8	8 $\frac{1}{16}$ *

Daily Average Number of Patients resident—

Males, 202 $\frac{11}{365}$ Females, 160 $\frac{2}{365}$ Total, 362 $\frac{11}{365}$

*Weekly Charge for Maintenance, &c., of Pauper Patients from
Counties to which Asylum belongs :—*

	s.	d.
Quarter ending 25th March ...	9	0 $\frac{1}{2}$
„ „ June ...	9	0 $\frac{1}{2}$
„ „ September ...	8	9
„ „ December ...	8	9
Weekly Charge for Pauper Patients from other Counties	14	0
Do. do. for Private Patients ...	14	0

* Total average weekly cost per head for the County Asylums of England for 1868, 9s. 2 $\frac{1}{2}$ d.

*Number of Patients in the Asylum on the 31st December
1869, and Unions to which chargeable.*

			Males.	Females.	Totals.
Alston Union	6	2	8
Bootle do.	4	1	5
Brampton do.	10	7	17
Carlisle do.	35	31	66
Cockermouth do.	26	14	40
East Ward do.	9	9	18
Kendal do.	.	..	23	21	44
Longtown do.	6	4	10
Penrith do.	19	14	33
West Ward do.	7	6	13
Whitehaven do.	24	21	45
Wigton do.	16	17	33
Chargeable to the County					
of Cumberland	7	6	13
Do. Westmorland	0	1	1
Haltwhistle Union	..		0	1	1
Parish of Liverpool	..		1	12	13
Township of Manchester	..		3	1	4
Private Patients	3	6	9
			<hr/>	<hr/>	<hr/>
			199	174	373

*Contract Prices of the Principal Articles of Provisions and
Necessaries supplied during the Year 1869.*

Description of Articles.				For the Quarters ending							
				25th March.		25th June.		25th Sept.		25th Dec.	
				S.	D.	S.	D.	S.	D.	S.	D.
Arrowroot	...	at per st.		14	0	14	0	14	0	14	0
Barley	...	"		1	8	1	8	1	9	1	8
Beef (forequarters)	...	"		6	5	6	5	6	2½	6	2½
Ditto Rounds	...	"		8	0	8	0	7	11	7	11
Ditto Houghs	...	"		3	4	3	4	2	5	2	5
Butter (salt)	...	"		16	6	15	6	13	9	15	0
Cheese (new milk)	...	"		9	0	9	6	8	6	9	6
Coffee	...	"		20	0	20	0	21	0	20	0
Currants	...	"		5	0	5	0	4	6	5	0
Flour (best seconds)	...	"		1	10	1	8½	1	8	1	9
Milk (new)	...	at per gal.		0	11	0	11	0	11	0	11
Mustard	...	" lb.		1	6	1	6	1	6	1	6
Oatmeal	...	" st.		2	3	2	3	2	3	2	1
Peas (split)	...	" "		1	6	1	7½	1	6	1	6½
Pepper	...	" lb.		0	6	0	6	0	6½	0	6
Raisins	...	" st.		5	0	5	0	5	6	6	6
Rice	...	" "		2	9	2	9	3	0	2	6
Sago	...	" "		3	0	3	0	3	0	3	0
Salt	...	" "		0	3	0	3	0	3	0	3
Snuff	...	" lb.		3	6	3	6	3	9	3	6
Sugar (moist)	...	" st.		4	3	4	10	4	7	5	0
Tobacco	...	" lb.		3	4	3	4	3	5	3	4
Treacle	...	" st.		2	0	2	0	2	4	2	0
Vinegar	...	" gal.		2	6	2	6	2	8	2	6
Coal	...	" ton		10	10	10	10	10	10	10	10
Soap (hard)	...	" st.		3	9	3	9	3	9	3	9
Soap (soft)	...	" "		3	0	3	0	3	0	3	0
Soda	...	" "		0	9	0	9	0	10	0	9
Starch	...	" "		6	0	5	10	5	6	5	6

Ordinary Diet Table.

		BR'KFAST.					DINNER.								SUPPER.					
		Bread.	Porridge.	Milk.	Coffee.	Butter.	Bread.	Meat Pie.	Cooked Meat free from Bone.	Dumpling.	Irish Stew.	Cooked Vegetables.	Potato-pot.	Broth.	Milk.	Bread.	Milk.	Tea.	Butter.	Cheese.
		oz	pt	pt	pt	oz	oz	oz	oz	oz	oz	oz	oz	pt	pt	oz	pt	pt	oz	oz
Sunday	{ Men.....	8	1	$\frac{1}{2}$...	10	12	1	8	...	1	$\frac{1}{2}$...
	{ Women...	6	1	$\frac{1}{2}$...	9	9	$\frac{3}{4}$	6	...	1	$\frac{1}{2}$...
Monday	{ Men.....	...	1	1	3	...	5	12	1	8	...	1	$\frac{1}{2}$...
	{ Women...	6	1	$\frac{1}{2}$	2	...	4	9	$\frac{3}{4}$	6	...	1	$\frac{1}{2}$...
Tuesday	{ Men.....	...	1	1	3	22	1	8	...	1	...	$1\frac{1}{2}$
	{ Women...	6	1	$\frac{1}{2}$	2	18	$\frac{3}{4}$	6	...	1	...	$1\frac{1}{2}$
Wednesday	{ Men.....	...	1	1	3	22	...	1	8	...	1	$\frac{1}{2}$...
	{ Women...	6	1	$\frac{1}{2}$	2	18	...	$\frac{3}{4}$	6	...	1	$\frac{1}{2}$...
Thursday	{ Men.....	...	1	1	3	...	5	12	1	8	...	1	$\frac{1}{2}$...
	{ Women...	6	1	$\frac{1}{2}$	2	...	4	9	$\frac{3}{4}$	6	...	1	$\frac{1}{2}$...
Friday	{ Men.....	...	1	1	16	1	8	...	1	...	$1\frac{1}{2}$
	{ Women...	6	1	$\frac{1}{2}$	13	$\frac{3}{4}$	6	...	1	...	$1\frac{1}{2}$
Saturday	{ Men.....	...	1	1	7	$1\frac{1}{2}$...	8	1	...	$\frac{1}{2}$...	
	{ Women...	6	1	$\frac{1}{2}$	5	$1\frac{1}{2}$...	6	...	1	$\frac{1}{2}$...	

Extra Diet for Working-Patients employed in the Kitchen and Laundry.

MEN.		WOMEN.		
Bread.	Cheese.	Bread.	Cheese.	Tea.
ounces.	ounces.	ounces.	ounces.	pints.
3	1	2	$\frac{3}{4}$	$\frac{1}{2}$

BRIDGE—Six ounces of oatmeal to each pint.

COFFEE—For 100 persons, 20 oz. coffee, 10 oz. chicory, 4 lbs. sugar, and 3 gallons of milk.

DUMPLING—For men, each 9 ounces flour, 1 ounce currants and raisins, one-sixth of an ounce of sugar, and 2 ounces dripping. For women, each 7 ounces flour, 1 ounce currants and raisins, one-sixth of an ounce of sugar, and 2 ounces dripping.

MEAT PIE—For men, each 6 ounces of uncooked meat free from bone, 3 ounces of flour, and 1 ounce dripping. For women, each 5 ounces of uncooked meat free from bone, 3 ounces of flour, 1 ounce of dripping, and seasoned to taste.

FISH STEW—For 100 persons, 32 lbs. of uncooked meat free from bone, 6 stones of peeled potatoes, with a suitable dilution of water, and pepper and salt to suit taste.

POTATO-POT—For 100 persons, same as Irish Stew.

RICE—For 100 persons, 28 lbs. meat (necks, houghs, &c.) including bone, 10 lbs. barley, liquor from stewed bones, thickened with bread crusts and vegetables, and seasoned to taste.

TEA—For 100 persons, 1 lb. tea, 4 lbs. sugar, and 2 gallons of milk.

Rations allowed to Attendants and Servants.

8 lbs. bread, $\frac{1}{2}$ lb. butter, 1 lb. sugar, $\frac{3}{4}$ lb. cheese, 2 ounces tea, and 2 ounces sugar weekly; 1 quart of milk daily to males, and 3 gills to females. Cooked meat and vegetables each day for dinner, at discretion, with rice, sago, or fruit dumpling three times in the week.

Asylum Staff and Rate of Payment.

OFFICERS.

*T. S. Clouston, Esq., M.D., Medical Superintendent	£400	0	0	per annum
+W. B. Page, Esq., F.R.C.S., Consulting Medical Officer	1	1	0	per visit
J. A. Campbell, Esq., M.D., Assistant Medical Superintendent	100	0	0	per annum
+The Rev. J. F. Simpson, Chaplain	125	0	0	"
+H. Dobinson, Esq., Treasurer	20	0	0	"
Miss H. C. Groder, Matron	60	0	0	"
§Mr. Jonas Todd, Clerk and Steward	120	0	0	"

MALE ATTENDANTS AND SERVANTS.

Head Attendant	50	0	0	"
Four Attendants, each	34	0	0	"
One Attendant	33	0	0	"
Two Attendants, each	31	0	0	"
One Attendant	30	0	0	"
Three Attendants, each	27	10	0	"
One Attendant	25	0	0	"
+Night Attendant	57	5	10	"
Shoemaker Attendant	35	0	0	"
Tailor Attendant	30	0	0	"
Baker	35	0	0	"
+House Porter	23	0	0	"
Engineer, Gasman, and Lodge Keeper	1	9	0	per week
+Carpenter	1	7	6	"
+Two Stokers, each	0	16	0	"
Farm Bailiff	0	14	0	"
*+Gardener	0	18	0	"
+One Farm Labourer	0	15	0	"

FEMALE ATTENDANTS AND SERVANTS.

Head Attendant	25	0	0	per annum
Night Attendant	15	0	0	"
Two Attendants, each	20	0	0	"
One Attendant	18	0	0	"
Two Attendants, each	16	0	0	"
Five Attendants, each	15	0	0	"
Two Attendants, each	12	0	0	"
Nurse for Male Infirmary	17	0	0	"
Cook	26	0	0	"
Head Laundress	25	0	0	"
One Assistant ditto	16	0	0	"
One ditto ditto	13	0	0	"
House Maid	14	0	0	"
One Kitchen Maid	12	0	0	"
One Kitchen Maid	10	0	0	"

Marked *, with unfurnished house and garden, coal, gas, washing, and pony kept.

Marked †, neither boarded nor lodged.

Without a mark boarded and lodged.

Marked ‡, boarded and lodged, and a suit of clothes in the year.

Marked ||, with house and garden.

Marked §, with part board and washing.

Marked *†, with vegetables.