

**Third annual report of the Committee of Visitors of the Cambridgeshire, Isle of Ely and Borough of Cambridge Lunatic Asylum, for the year ending the 31st day of December, 1860 : with appendix.**

**Contributors**

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THIRD ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

Cambridgeshire, Isle of Ely, and Borough of Cambridge

LUNATIC ASYLUM,

FOR THE YEAR ENDING

THE 31<sup>ST</sup> DAY OF DECEMBER, 1860.

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WITH APPENDIX.

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Cambridge :

PRINTED BY FOISTER & JAGG, PETTY CURY.

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1861.

THE COMMITTEE OF VISITORS  
THIRD ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

Geographical, Ethnological and Historical Museum at Cambridge

MUSEUM ASSYLUM

THE YEAR ENDING

THE 31st DAY OF DECEMBER 1890

WITH APPENDIX

PRINTED BY JOHNSON & JOHNSON, 15, PATERNOSTER ROW, LONDON.

1891

# THE COMMITTEE OF VISITORS,

FOR THE YEAR 1861.

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## For the County of Cambridge.

THE RIGHT HONORABLE THE EARL OF HARDWICKE,  
*Wimpole.*

THOMAS ST. QUINTIN, ESQ., (Chairman), *Hatley Park.*

WILLIAM PARKER HAMOND, ESQ., *Pampisford Hall.*

CHRISTOPHER ROBERT PEMBERTON, ESQ., *Newton.*

EDWARD HICKS, ESQ., *Wilbraham Temple.*

THE REVEREND JAMES FENDALL, *Harlton.*

THE REVEREND JOHN THORNHILL, *Boxworth.*

THE REVEREND JOHN HAILSTONE, *Bottisham.*

THOMAS JOHN FICKLIN, ESQ., *Cambridge.*

## For the Isle of Ely.

THE REVEREND ALGERNON PEYTON, *Doddington.*

THE REVEREND WILLIAM GALE TOWNLEY,  
*Beaupré Hall, Outwell.*

CHARLES WATSON TOWNLEY, ESQ., *Fulbourn.*

JOHN RICHARDSON FRYER, ESQ.,  
*Crowe Hall, Downham, Norfolk.*

THE REVEREND HENRY JACKSON, *Wisbech.*

WILLIAM WHITTING, ESQ., *Thorney Abbey*

FREDERICK DANIEL FRYER, ESQ., *Needham Hall, Elm.*

## For the Borough of Cambridge.

THE WORSHIPFUL THE MAYOR,  
(C. F. FOSTER, ESQ.) *Cambridge.*

PATRICK BEALES, ESQ., *Cambridge.*

ELLIOT SMITH, ESQ., *Cambridge.*

FREDERIC BARLOW, ESQ., *Cambridge.*

## Officers.

*Medical Superintendent:* GEORGE WILLIAM LAWRENCE, M.D.

*Matron:* MISS BRYAN.

*Chaplain:* THE REVEREND WILLIAM SAMUEL PARISH.

*Clerk to the Committee of Visitors:* MR. CLEMENT FRANCIS.

*Treasurer:* MR. GEORGE EBENEZER FOSTER.

*Clerk & Steward:* MR. JOSEPH FRITH.

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# THE THIRD ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

Cambridgeshire, Isle of Ely, and Borough of Cambridge

## PAUPER LUNATIC ASYLUM.

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PURSUANT to the 62nd section of the 16th and 17th Vic., cap. 97, the Committee of Visitors of the above Asylum, beg to Report to Her Majesty's Justices of the Peace for the County of Cambridge and Isle of Ely respectively, in Quarter Sessions assembled, and to the Town Council of the Borough of Cambridge, as follows :

Your Committee have much pleasure in reporting that, except as regards the Boilers hereafter referred to, the "state and condition" of the Asylum throughout the past year has been highly satisfactory.

The House Committee (to whom great praise is due for the zeal they have displayed in performing their onerous duties), have regularly visited

the Asylum, and seen each of the Patients therein once in each month, and have uniformly reported to your Committee that they have found the Asylum in good working order, and its Inmates tranquil and contented.

Your Committee have much satisfaction in recording their approval of the conduct and efficiency of the Officers and Servants of the Asylum during the past year, as evinced by the good management of the establishment, and the care of the unfortunate Lunatics under their charge.

Your Committee beg to submit the following Extracts from the Report of R. W. S. Lutwidge, Esq., and James Wilkes, Esq., two of the Commissioners in Lunacy, who inspected the Asylum on the 4th June, 1860 :

The Sanitary state of the Asylum is very satisfactory, 22 Patients only (5 males and 17 females) being registered as under medical treatment for bodily ailment, generally of an ordinary character.

Mechanical restraint continues as a rule never to be employed, and instances of seclusion since the last visit have been few.

We found the Patients of both sexes remarkably tranquil and orderly, and we were especially struck by the satisfactory personal condition as to dress and otherwise of the female Patients.

We found the Wards and Rooms throughout, and the beds and bedding very clean, and in the best order ; and the air in all parts was pure, and of a comfortable temperature.

The general management and condition of the Asylum and

Patients are, in our opinion, very creditable to the Superintendent and other Officers.

Your Committee regret to report the loss of the services of Dr. Bryan, as their Medical Superintendent, that gentleman having sent in his resignation of that office on the 26th June last, whereupon the following letter, addressed by the Chairman to Dr. Bryan, expressing the opinion of your Committee of his valuable services during the two years he had so satisfactorily filled the office of Medical Superintendent, was unanimously agreed to :—

*Hatley Park, June 25th, 1860.*

Dear Sir,

I am glad to congratulate you upon the happy and satisfactory prospect of your recent marriage, and I beg to state officially and privately, as the Chairman of the Cambridgeshire County Asylum, my great regret at your determination of resigning the important duties as Medical Superintendent of that Asylum, adding, at the same time, my sincere and anxious testimony to the very skilful, considerate, and humane manner in which you have always performed your duty there, to the great satisfaction of the Committee of Visitors, and to the very material benefit of the unfortunate Lunatics.

*(Signed)*

THOMAS ST. QUINTIN,

*Chairman of the Committee.*

*Dr. E. Bryan,  
The Fulbourn Asylum.*

An Advertisement was then inserted in *The*

*Times*, *Medical Times*, *Lancet*, and Cambridge newspapers, for a Medical Superintendent, and your Committee received numerous replies, accompanied by Testimonials, which they examined, and selected five for a personal attendance before the Committee on the 28th August last; of this number, George William Lawrence, Esq., M.D., formerly Resident Medical Officer of the Camberwell House Asylum, London, was elected by a large majority, and that gentleman commenced the duties of his office on the 25th of September last.

Your Committee, from the high testimonials Dr. Lawrence presented, and from their subsequent knowledge of him, feel convinced that they have made a very satisfactory choice.

Dr. Lawrence being unmarried, the services of Miss Bryan were retained as Matron of the Asylum.

The subjoined Tables show the number of Patients in the Asylum on the 26th of December, 1859, and the 18th December, 1860, respectively :

26th DECEMBER, 1859.

	County and Isle Patients.	Out-County.	Private.	Total.
Male . . . . .	74	2	3	79
Female . . . . .	70	8	2	80
	144	10	5	159

18TH DECEMBER, 1860.

	County and Isle Patients.	Out-County.	Private.	Total.
Male . . . . .	70	10	8	88
Female . . . . .	79	27	6	112
	<u>149</u>	<u>37</u>	<u>14</u>	<u>200</u>

By these Tables, it will be seen that during the past year there has been an increase of only five Patients chargeable to the County and Isle, the out-County Patients having increased 27, and private, 9, making the total increase 41 ; but leaving still vacant accommodation in the Asylum for 37 male and 13 female patients, to complete the number which the Asylum was built to receive.

A Report having been presented to your Committee by the Finance Sub-Committee, calling attention to the large expenditure each Quarter for Coals and Fuel consumed at the Asylum, a Sub-Committee was on the 24th of April, 1860, appointed to consider the question. That Sub-Committee ascertained, from information they had obtained as to the quantity of coals consumed in other Asylums, containing a similar number of Patients, that the expenditure for Coals at the Cambridgeshire Asylum was excessive, and that four Boilers were employed in various parts of the Asylum, which, with their furnaces, were constructed on a very imperfect principle, both as to

consumption of Coals and the Work performed by them, and after several Meetings, the Sub-Committee sent in the following Report on the subject:—

## REPORT OF THE SUB-COMMITTEE

Appointed on the 24th of April, 1860,

“To inquire into the cause of the present large expenditure for Coals and Fuel at the Asylum,—to ascertain the best mode of heating the Asylum, and of cooking and washing therein on a more inexpensive principle than that at present adopted,” beg to Report to the General Committee as follows :

That your Committee, pursuant to a Resolution passed at the last Meeting of the Visitors, met this day at the Clerk's Office, at Cambridge, when Mr. Swann Hurrell attended, and explained in detail his proposed arrangement and construction of Boilers at the Asylum.

Mr. Hurrell suggests that two new Tubular Boilers (in duplicate) be fixed in a cellar adjoining the present Boiler House at the Asylum, with connecting pipes and taps, so that one or both Boilers may be used as required, thus affording facilities for repairing or cleaning either without stopping the cooking, &c.

These Boilers, by generating Steam, will perform the following work, viz., heat water for Lavatories, Baths, Sculleries, &c., supply steam to Laundry by means of pipes conveyed from the Boilers through a dry drain, heat water for all Laundry purposes, and supply steam for the drying Closets, and Cooking Apparatus; the two new Boilers in fact performing more work than now accomplished by four distinct Boilers, and at considerably less expense in fuel, and wear and tear of furnaces, &c.

The Boilers being placed in a central part of the Building, will

be entirely under the control of one Engineer, and the objectionable and dangerous plan now adopted of having a Boiler and Furnace in the Laundry will be obviated.

With regard to the old Boilers (with the exception of that in the Laundry), your Committee do not recommend their removal, for the following reasons, viz.: If removed, the boilers would realize very little beyond the cost of removing them. If allowed to remain as fixed, they would be made available during the time occupied in completing the new works, or they could be adapted to heating the Asylum by means of Hot Water, should that question be entertained by the Visitors at a future period.

It is estimated that the time occupied in making and fixing the New Boilers, will not exceed three months; but as before observed, the present Boilers could be made available during that period, so as not to interfere with the culinary arrangements of the establishment.

Your Committee beg to submit the foregoing observations for the consideration of the General Committee, together with Mr. Hurrell's Estimate for carrying out the Work at a cost not exceeding £390, and a sketch of the position of the proposed Boilers, and recommend that it be accepted.

(Signed) W. PARKER HAMOND,  
Chairman.

CAMBRIDGE,

29th September, 1860.

The Boilers, in addition to being constructed on a bad principle, were reported to be in a very dilapidated condition, and the matter being one which would admit of no delay, your Committee therefore ventured to adopt the Report of the Sub-

Committee, and entered into a Contract with Mr. S. Hurrell, at a cost not exceeding £390., to carry out the Work on the terms before stated, which are now in progress.

Your Committee beg to append hereto the Reports of the Medical Superintendent (Dr. Bryan's from the 1st January to the 25th September, 1860, and Dr. G. W. Lawrence's from the latter date to the close of the year,) and Chaplain, as to the health and general conduct of the Asylum during the past year.

(Signed) THO<sup>S</sup>. ST. QUINTIN,  
Chairman.

FULBOURN,  
18th December, 1860.

# MEDICAL SUPERINTENDENT'S REPORT.

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*DR. BRYAN'S REPORT.*

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BRIGHTON,

*Dec. 20th, 1860.*

MY LORD AND GENTLEMEN,

In accordance with your wishes, I have the honor of laying before you a short Report of the condition and progress of the Cambridge County Asylum, during the nine months preceding my retirement from the superintendence on the 26th September last.

Dr. Lawrence, your present Superintendent, has kindly promised me to furnish you with the Statistics of the whole year, in a form similar to that in which they have been previously submitted to you, the data necessary for such Statistics being contained in the books of the Asylum.

Such an arrangement will, I think, be found more convenient for perusal than the division of the year into the respective periods of nine and three months.

As on former occasions, I am happy to be

enabled to state that the even and favourable tenour of the general course of events at Fulbourn during the first nine months of the present year, leaves me little to report worthy of your special notice.

As a general rule, the sanitary condition of the House has been very satisfactory, although the ratio of mortality has been somewhat high, owing chiefly to the advanced age and unfavourable condition in which many of the Patients were received into the Asylum. For the same reasons the percentage of recoveries during the current year has been lower than in 1859.

In reference to the employment of the Patients, that of the males has consisted, as heretofore, chiefly of out-door labour; but our carpenter's, smith's, shoemaker's, and tailor's shops, have also afforded occupation for a fair proportion of artizans; and the painting, whitewashing, and decorating various portions of the Asylum, and more especially the chapel and day-rooms, have been a source of useful occupation to many.

On the women's side the work has continued to be of domestic character, the laundry, household work, sewing and knitting having given employment to somewhat more than two-thirds of the female Patients.

The amusements and recreations afforded to the Patients in the former year have been continued,

and have produced the same beneficial results : they have conduced to the cheerfulness and enjoyment of the Inmates, and materially assisted in many cases in their recovery : they have also, undoubtedly, promoted the general good conduct of the Patients, and have led in a great measure to that order and tranquillity throughout the Establishment which has so frequently been made the subject of remark by the Magistrates and other visitors to the House, and by the Commissioners in Lunacy on the occasion of their last visit.

Before closing this brief report, permit me to tender, my Lord and Gentlemen, my warmest acknowledgments and thanks for the unvarying kindness and courtesy I have always met with at your hands, and also to express my entire approbation of the conduct of every officer, and nearly every attendant and servant of the Establishment since the period of my last report. The tranquillity and order of the Asylum, which has so frequently been noticed, has been due in a great measure to their good conduct.

I have the honour to remain,

My Lord and Gentlemen,

Yours very faithfully,

(*Signed*)

E. L. BRYAN.

MEDICAL SUPERINTENDENT'S REPORT.

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*DR. LAWRENCE'S REPORT.*

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CAMBRIDGESHIRE COUNTY ASYLUM,  
*Dec. 31st, 1860.*

MY LORD AND GENTLEMEN,

On entering upon the duties of Medical Superintendent on the 25th September last, my first care was to ascertain precisely the number, character, and condition of the Patients then in the House. I found there were 86 males, and 102 females, with one male, and three females absent on trial, in all 192; the majority of whom were free from severe bodily disorder, but two were dying, and died within the week.

Since that time 7 males and 17 females have been admitted, 1 male and 7 females have been discharged recovered: one female has been transferred to another Asylum relieved; and one male private Patient was removed by his friends, his quiet and tranquil behaviour under Asylum discipline leading them to believe they could themselves take proper care of him; but he was returned three days subsequently, having been found unmanageable at home: a not infrequent circumstance in connection with the insane.

Five males and 4 females have died.

These changes leave in the house to-day 197 Patients, 87 male, and 110 female; of whom 8 males, and 6 females are private Patients.

The chief circumstances which attract attention in regard to the Patients now resident, are, the large number of them who are suffering from chronic forms of Insanity of very long standing, many having been several years resident in licensed houses in London before the opening of this Asylum; and the few acute, or curable cases included amongst them. There are at present only 17 males, and 29 females, for whose recovery there is reasonable ground for hope.

These facts will be made more evident by the following tables.

## Forms of Mental Disease in the 197 Patients remaining in the Asylum, December 31st, 1860.

	Male.	Female.	Total.
Mania Acute . . . . .	2	6	8
Mania Chronic . . . . .	34	49	83
Mania Senile . . . . .	3	4	7
Mania with Melancholia . . . . .	4	1	5
Melancholia . . . . .	6	10	16
Dementia . . . . .	23	25	48
Senile Dementia . . . . .	1	2	3
Acquired Imbecility . . . . .	8	9	17
Congenital Imbecility . . . . .	4	2	6
Idiocy . . . . .	2	1	3
Aggravated Hysteria, simulating Insanity . . . . .	0	1	1
Total . . . . .	87	110	197

## DURATION OF THEIR MALADY.

	Male.	Female.	Total.
Above 2 months and under 3 months	0	2	2
„ 3 months „ 4 months	3	2	5
„ 4 months „ 5 months	5	2	7
„ 5 months „ 6 months	2	3	5
„ 6 months „ 9 months	4	7	11
„ 9 months „ 1 year	2	4	6
„ 1 year „ 2 years	10	13	23
„ 2 years „ 3 years	6	8	14
„ 3 years „ 4 years	7	7	14
„ 4 years „ 5 years	7	7	14
„ 5 years „ 10 years	14	23	37
„ 10 years „ 15 years	11	7	18
„ 15 years „ 20 years	2	6	8
„ 20 years „ 25 years	2	3	5
„ 25 years „ 30 years	0	2	2
„ 30 years . . . . .	1	1	2
From birth . . . . .	6	3	9
Many years, duration unknown . . . . .	5	10	15
Total . . . . .	87	110	197

From the foregoing Table it will be seen that about one-half the cases are of more than five years' standing.

Many of these persons are aged, and infirm; a large proportion are in a much enfeebled state; 34 are afflicted with epilepsy, and 15 with paralysis, general or partial.

The remark has so frequently been made in Asylum reports, and the fact is of such general acceptance, that persons in an early state of mental disorder, to whom the comforts and means of cure afforded by an Asylum would be most beneficial, are allowed to remain in workhouses under a mistaken idea of economy, and are only removed to the Asylum when they become unusually dangerous or unmanageable on account of their habits, by which time they have frequently become incurable; that I should not have reverted to it here, were it not that the circumstance appears to obtain fully as much in this County as in others, by the small number of recent or curable cases included in the admissions.

The general health and condition of the Patients during the quarter has been on the whole good. Towards the close of November, and during the first week in December, a few cases of erysipelas occurred, and several slight wounds put on an erysipelalous appearance. These appeared at different parts of the building at the same time, in

an epidemic manner : all recovered well, and no new cases have been met with since. With this exception there has been no disease among the Patients calling for remark.

The average daily number of Patients employed, and the manner of their employment, has been as follows :

MALES.		FEMALES.	
In Garden and Farm	24	Household Work . . . .	15
With the Carpenter .	2	In the Kitchen . . . .	4
„ Engineer . . . .	2	Laundry . . . . .	18
„ Painter . . . . .	2	Sewing . . . . .	26
„ Shoemaker . . . .	2	Knitting . . . . .	10
„ Tailor . . . . .	3	Shoebinding . . . . .	1
In Ward Work . . . .	12		
Hair Picking . . . .	5		
Total . . . . .	<u>52</u>	Total . . . . .	<u>74</u>

Very few have been unoccupied of the persons to whose cases occupation was suitable ; or excepting those who have been prevented working by physical disability.

The sources of amusement and recreation have been of much the same character as heretofore. Books, to the stock of which a considerable addition has recently been made, weekly periodicals, in-door games—such as, Bagatelle, Cards and Draughts. The sexes continue to meet one evening in the week for music and dancing ; and during the past quarter two balls have been held : one at the conclusion of harvest, and one at Christmas, both of which were the source of much gratification

and benefit to the patients. An excellent skittle-alley has recently been completed ; and a suitable piece of ground has been levelled and turfed for the purposes of a bowling green. Three times a week a school is held by one of the nurses, in which Patients are taught, or improved in reading and writing ; and one middle-aged female, who on admission was unable either to read or write, has acquired both arts in the Asylum, and recently handed me with genuine pride and satisfaction a letter written by herself to one of her friends. In addition to the chapel-service every Sunday morning, there is held on the evening of the same day, a meeting for the practice of Psalmody, under the superintendence of Miss Bryan, by whose able and sustained endeavours the Patients have been taught to sing with considerable ability. This affords great pleasure to many, as is proved by the fact that the time set apart for the meeting is frequently prolonged at their request.

The following Tables which are made out for the whole of the past year, are those in accordance with the General Rules ; and some others, which indicate chiefly the changes that have occurred amongst the Patients throughout the year, and the character of the admitted cases. Some of these Tables, such as the previous duration of the mental diseases, or their supposed causes, are necessarily compiled from the statements which accompany

the Orders for Admission, and are only approximate to the truth, as unfortunately these statements are rarely made with the care which they deserve.

### GENERAL STATEMENT.

	Male.	Female.	Total.
Remaining in the Asylum Dec. 31, 1859	*74	78	152
Admitted during the year 1860 . . . . .	40	59	99
<hr/>			
Total Number under treatment during the } year 1860 . . . . .	114	137	251
<i>Removed during the Year.</i>			
	Male.	Female.	Total.
Recovered . . . . .	5	17	22
Relieved . . . . .	4	1	5
<hr/>			
Total . . . . .	9	18	27
Died during the year . . . . .	18	9	27
<hr/>			
	27	27	54
<hr/>			
Remaining under treatment December 31st, } 1860 . . . . .	87	110	197

### AGES OF PATIENTS ADMITTED IN 1860.

	Male.	Female.	Total.
IN DECENNIAL PERIODS.			
From 10 to 20 years . . . . .	2	6	8
„ 20 to 30 . . . . .	7	9	16
„ 30 to 40 . . . . .	11	15	26
„ 40 to 50 . . . . .	8	12	20
„ 50 to 60 . . . . .	5	7	12
„ 60 to 70 . . . . .	5	7	12
„ 70 to 80 . . . . .	1	1	2
„ 80 to 90 . . . . .	0	1	1
Above 90 . . . . .	1	0	1
Not ascertained . . . . .	0	1	1
<hr/>			
Total . . . . .	40	59	99

\* Misprinted 75 in the report of last year: of the cases received during the year, 5 males and 2 females were re-admissions.

## THEIR SOCIAL STATE.

	Male.	Female.	Total.
Married . . . . .	20	22	42
Single . . . . .	17	28	45
Widowed . . . . .	3	9	12
Total . . . . .	40	59	99

## THEIR PREVIOUS OCCUPATIONS.

	Male.	Female.	Total.
Blacksmith . . . . .	1	0	1
Butcher, and daughter of a . . . . .	1	1	2
Bookbinder . . . . .	1	0	1
Bricklayer, and wife of a . . . . .	1	1	2
Carpenter, and wife of a . . . . .	1	1	2
Cabinet Maker . . . . .	1	0	1
Charwoman . . . . .	0	3	3
Carman's wife . . . . .	0	1	1
Domestic Servants . . . . .	0	11	11
Dressmakers and Needlewomen . . . . .	0	6	6
Draper . . . . .	0	1	1
Engine Cleaner . . . . .	1	0	1
Farmers, and wives of . . . . .	4	3	7
Farmers' sons, and daughters of . . . . .	3	1	4
Fitter, wife of a . . . . .	0	1	1
Factory Worker . . . . .	0	1	1
Gardener . . . . .	1	0	1
Gentleman's Servant . . . . .	1	0	1
Hawkers . . . . .	1	1	2
Housekeeper . . . . .	0	1	1
Labourers, and wives of . . . . .	14	10	24
Publican, and wife of a . . . . .	1	1	2
Porters, and wives of . . . . .	2	2	4
Shoemaker, wife and daughter of a . . . . .	1	2	3
Sexton . . . . .	1	0	1
Sailors, wives of . . . . .	0	2	2
Tailors . . . . .	2	0	2
Upholsterer . . . . .	0	1	1
Vagrant . . . . .	0	1	1
No occupation . . . . .	2	7	9
Total . . . . .	40	59	99

## THEIR RELIGIOUS PERSUASIONS.

	Male.	Female.	Total.
Church of England . . . . .	23	43	66
Dissenters—Independents . . . . .	0	3	3
"    Baptists . . . . .	2	3	5
"    Methodists . . . . .	7	4	11
"    sect unknown . . . . .	2	4	6
Roman Catholics . . . . .	2	0	2
Unknown, or none (as with idiots)	4	2	6
<b>Total . . . . .</b>	<b>40</b>	<b>59</b>	<b>99</b>

## FORMS OF THEIR MENTAL DISEASES.

	Male.	Female.	Total.
Mania Acute . . . . .	7	11	18
"    Chronic . . . . .	5	15	20
"    with Epilepsy . . . . .	5	7	12
"    with Paralysis . . . . .	2	1	3
"    Puerperal . . . . .	0	5	5
"    Senile . . . . .	2	3	5
"    with Melancholia . . . . .	1	2	3
Melancholia . . . . .	6	6	12
Dementia . . . . .	0	3	3
"    with Paralysis . . . . .	4	2	6
"    with Epilepsy . . . . .	1	0	1
"    Senile . . . . .	2	0	2
Imbecility acquired . . . . .	1	3	4
"    Congenital . . . . .	1	0	1
Idiocy . . . . .	2	1	3
Delirium Tremens . . . . .	1	0	1
<b>Total . . . . .</b>	<b>40</b>	<b>59</b>	<b>99</b>

## STATED CAUSES OF THEIR INSANITY.

	Male.	Female.	Total.
Childbirth . . . . .	0	3	3
Congenital . . . . .	1	2	3
Disappointment in love . . . . .	1	0	1
Death of father . . . . .	2	1	3
Disease of brain . . . . .	1	0	1
Epilepsy . . . . .	3	7	10
Fever . . . . .	2	0	2
Fright . . . . .	1	1	2
Hereditary . . . . .	3	2	5
Intemperance . . . . .	4	1	5
Injury to head . . . . .	1	1	2
Illtreatment by husband . . . . .	0	2	2
Illness (not defined) . . . . .	0	1	1
Loss of children . . . . .	0	1	1
Measles . . . . .	0	1	1
Old age . . . . .	1	1	2
Pregnancy . . . . .	0	1	1
Pecuniary disappointment . . . . .	0	1	1
Religious excitement . . . . .	2	1	3
Small-pox . . . . .	0	1	1
Trouble . . . . .	0	1	1
Want of employment . . . . .	1	0	1
Unknown, or not stated . . . . .	17	30	47
Total . . . . .	40	59	99

## LENGTH OF TIME INSANE ON ADMISSION.

	Male.	Female.	Total.
Under 1 month . . . . .	9	11	20
„ 2 months . . . . .	9	6	15
„ 6 months . . . . .	7	10	17
„ 1 year . . . . .	3	4	7
„ 2 years . . . . .	2	5	7
„ 5 years . . . . .	1	10	11
„ 10 years . . . . .	3	7	10
„ 20 years . . . . .	1	2	3
From birth . . . . .	2	3	5
Unknown . . . . .	3	1	4
Total . . . . .	40	59	99

DURATION OF MALADY ON RECEPTION IN THE  
CASES DISCHARGED RECOVERED IN 1860.

	Male.	Female.	Total.
Under 1 week . . . . .	1	3	4
"  3 weeks . . . . .	2	0	2
"  5 weeks . . . . .	0	4	4
"  2 months . . . . .	0	1	1
"  3 months . . . . .	0	2	2
"  6 months . . . . .	1	2	3
"  12 months . . . . .	0	3	3
"  4 years . . . . .	0	1	1
Unknown . . . . .	1	1	2
Total . . . . .	5	17	22

PERIOD UNDER TREATMENT IN THE CASES  
DISCHARGED RECOVERED IN 1860.

	Male.	Female.	Total.
Under 2 months . . . . .	3	2	5
"  3 months . . . . .	2	2	4
"  4 months . . . . .	0	2	2
"  5 months . . . . .	0	1	1
"  6 months . . . . .	0	6	6
"  7 months . . . . .	0	1	1
"  9 months . . . . .	0	1	1
"  12 months . . . . .	0	1	1
"  17 months . . . . .	0	1	1
Total . . . . .	5	17	22

## CAUSES OF DEATH IN 1860.

	Male.	Female.	Total.
General Decay . . . . .	2	1	3
„ Paralysis . . . . .	3	1	4
Epilepsy and Epileptic Coma . . . . .	4	3	7
Exhaustion from Mania . . . . .	3	1	4
„ Age and Diarrhoea . . . . .	1	0	1
Paralysis . . . . .	1	0	1
Disease of the Rectum . . . . .	0	1	1
Dysentery . . . . .	0	1	1
Apoplexy . . . . .	1	0	1
Chronic Cystitis . . . . .	0	1	1
Cardiac Disease . . . . .	1	0	1
Diffuse Cellulitis and Old Age . . . . .	1	0	1
Fracture of Ribs . . . . .	1	0	1
Total . . . . .	18	9	27

The ages at death were respectively :—94, 86, 78, 77, 71, 68, 68, 67, 66, 63, 62, 58, 54, 53, 51, 51, 50, 50, 49, 47, 43, 39, 39, 36, 35, 30, and 22 years ; and the average age at death was 55.8 years, which is above the average age at death of the Insane generally.

In two cases of death, one, that of an epileptic, who died during a fit in the night ; and one in which the cause of death was accidental fracture of the ribs : Coroner's inquests were held, and verdicts returned in accordance with these facts.

GENERAL STATISTICS OF THE ASYLUM SINCE  
ITS OPENING.

	Male.	Female.	Total.
ADMITTED . . . . .	140	154	294
<b>DISCHARGED.</b>			
Recovered . . . . .	19	30	49
Relieved . . . . .	5	1	6
Not improved . . . . .	2	0	2
Died . . . . .	27	13	40
Total . . . . .	53	44	97
Remaining in the Asylum Dec. 31, 1860	87	110	197

I have only further to add that the conduct of the Officers and Servants of the Asylum during the quarter has been good.

I am,

My Lord and Gentlemen,

Your obedient Servant,

(*Signed*)      **GEORGE W. LAWRENCE.**

## CHAPLAIN'S REPORT.

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CAMBRIDGESHIRE ASYLUM,

*Fulbourn, near Cambridge,*

14th Dec., 1860.

MY LORD AND GENTLEMEN,

I beg to inform you that the duties appertaining to my office have been duly performed during the present year, with the exceptions noted in my diary. The Patients who are able to attend Divine Service have invariably conducted themselves in a very orderly manner, so that I am led to believe that they all have at least some impression of the nature of the service in which they are invited to join. Many of them assure me that they take great pleasure in attending Chapel. Upon no occasion has the service been interrupted, except when a patient has been seized with a fit: an interruption that must occasionally occur.

In my visits to the wards I have always found some of the aged women glad to hear me read a

portion of Scripture: and both in the male and female wards many of the Patients seem to think a visit from their minister acceptable. If it has no better effect, it helps perhaps to keep up that spirit of cheerfulness and contentment which it is so desirable to promote, as far as possible, among the afflicted inmates of an asylum.

I am,

My Lord and Gentlemen,

Your obedient Servant,

*(Signed)*

W. S. PARISH,

*Chaplain.*

*To the Committee of Visitors,  
Cambridgeshire Asylum.*

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APPENDIX.

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REPORT

OF THE

COMMITTEE OF VISITORS

Upon the Audit of Accounts

OF THE

TREASURER AND CLERK TO THE ASYLUM,

Pursuant to the 16th & 17th Vic., c. 97.

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The Committee of Visitors having audited the Accounts of the Treasurer and Clerk of the Asylum, as directed by section 60 of the above Act, do hereby Report the same to the General Quarter Sessions of the County of Cambridge and the Isle of Ely, and to the Council of the Borough of Cambridge, and append hereto an Abstract of such Accounts accordingly.

(Signed)            THOMAS ST. QUINTIN,  
*Chairman of the said Committee of Visitors.*

*Asylum, Fulbourn,*  
*2nd April, 1861.*



# CAMBRIDGESHIRE, ISLE OF ELY AND BOROUGH OF CAMBRIDGE LUNATIC ASYLUM.

Income and Expenditure from 1<sup>st</sup> January, to 31<sup>st</sup> December 1860.

INCOME.										EXPENDITURE.																								
HEADS OF INCOME.	From Weekly Rate.								YEAR ENDING 31 <sup>st</sup> DEC <sup>r</sup>	TOTAL.	HEADS OF EXPENDITURE.	From Weekly Rate.								YEAR ENDING 31 <sup>st</sup> DEC <sup>r</sup>	TOTAL.													
	QUARTERS ENDING.											31 <sup>st</sup> March	30 <sup>th</sup> June	30 <sup>th</sup> Sept <sup>r</sup>	31 <sup>st</sup> Dec <sup>r</sup>	31 <sup>st</sup> March	30 <sup>th</sup> June	30 <sup>th</sup> Sept <sup>r</sup>	31 <sup>st</sup> Dec <sup>r</sup>															
	L.	s.	d.	L.	s.	d.	L.	s.														d.	L.	s.	d.	L.	s.	d.	L.	s.	d.			
1860 Dec 31											1860 Dec 31																							
From Unions & Parishes to which Asylum belongs	994	11	10	1000	16	2	1063	3	10	1122	2	3	4180	14	1			By Salaries & Wages	339	6		346	13	9	352	3	10	362	14		1400	17	7	
From other Unions	98	3		176	16		254	17	10	308	4	4	838	1	2			Provisions	361	16	24	446	9	74	498	94	557	4	84	1863	11	3		
From Private Patients	63	3		95	13		102	15		100	2		361	13				Necessaries	263	2	114	187	14	104	162	1	44	210	4	11	823	3	34	
																		Surgery	4	8	10	4	7	8	6	2	11	5	7	8	20	7	1	
																		Wine, Spirits & Porter	18	2	10	28	10	10	38	3		44	7	10	129	4	6	
																		Clothing	59	11	9	41	3	3	49	9	4	39	2	2	189	6	6	
																		Furniture & Bedding	9	7	7	2	2		18	12	24	21	8	6	51	10	34	
																		Funeral Fees																
																		Garden & Farm	244	13	24	159	12	54	166	14	4	8	15	2	579	14	104	
																		Miscellaneous	39	10	6	45	18	9	70	19	5	64	15	4	221	4		
																			£	1339	19	10	1262	13	2	1362	6	104	1313	19	54	5278	19	44
																		Balance													422	9	54	
																		Total Expenditure from Weekly Rate													£	5701	8	94



CAMBRIDGESHIRE, ISLE OF ELY, AND BOROUGH OF CAMBRIDGE  
LUNATIC ASYLUM.

*Balance Sheet for the Year ending 31st day of December, 1860.*

	£.	s.	d.		£.	s.	d.
1861. Dec. 31. To balance of cash this day, } see account current .....	...	...	4		1075	8	4
To amount due for maintenance, &c., of patients to which Asylum belongs .....	1137	12	11		361	9	4
To amount due for maintenance, &c., from other Unions .....	318	19	8		19	16	11
	—————		7		7	7	4
			7		1456	12	7
					—————	1	11
					£1464	1	11

2nd day of April, 1861.

*Examined and found correct.*

JOSEPH FRITH, Clerk of Asylum.

JAMES FENDALL,  
C. W. TOWNLEY,  
FRED. BARLOW, }  
*Auditors.*

£1464 1 11



To cash paid for Provender—

Meal for Stock ..	145 18 4
Linseed Cake ..	61 5 0
Hay .....	133 11 4
Straw .....	67 16 0
Mangold Wurtzel	6 2 0
	414 12 8

Veterinary Surgeon .....	7 2 6
Smith for Shoeing .....	0 17 2
Saddlery .....	4 19 9
Implements .....	2 14 4
	15 13 9
Wheat Crop (bought at Sale) .....	42 10 0
Stock .....	96 8 0
Salt (manure) .....	2 18 0
Seeds .....	15 17 0
	157 13 0

Wages to Farm Bailiff .....	52 0 0
Ditto to Gardener .....	41 12 0
Ditto to Laborers and Sundries ..	125 6 11½
	218 18 11½
	806 18 4½

To Garden Produce consumed on {		
Farm as per contra .....	..	7 5 6
To Farm Produce ditto .....	..	67 10 0
		74 15 6
To pig-wash from Asylum to Farm {		
(estimated) .....	..	10 0 0
To Rent of 40 acres of land (under		
cultivation) estimated at 40s. per	..	80 0 0
acre* .....		90 0 0

\* N.B. Although no land is rented it is only considered fair in stating the profit and loss, to shew the quantity of land under cultivation at an estimated rental.

JOSEPH FRITH, Steward.

£971 18 10½

Dec. 31. By cash received for produce sold—

Mar. 31. ,, Mrs. King for Calves .....	..	..	3 2 0
June 30. ,, Hagger (63st. 5lbs. Pork at 7s. 6d.) }	27	10 6	
ditto (26lbs. fresh Butter) }	6	5 0	
Palmer (for Hides, &c.) .....	27	8 11	61 4 5
Dr. Bryan (for Vegetables, &c.) .....			13 3 9

Sept. 29. ,, Dr. J. Bryan (ditto) .....	51	5 0	
Dec. 31. ,, Raper (for Wheat and Barley).	4	9 1	
Dr. Lawrence (for Vegetables).	5	8 2	
Miss Bryan (for ditto) .....	0	10 6	
Hagger (for butter) .....	0	16 0	
King Receipts from Farm .....	8	4 6	70 13 3
Rev. D. Harding, Rent of Land			148 3 5

By produce from Farm to Asylum—

117st. 11lbs. Beef, at 7s. ....	40	12 6	
377st. 9lbs. Pork, at 6s. to 8s. ..	137	5 1	
2866½galls. Milk, at 10d. ....	119	8 9	
752½lbs. Butter, at 1s. 2d. ....	43	17 7½	
1 Duck .....	0	2 0	
1 Turkey .....	0	14 2	
1725 Eggs .....	4	11 4	
4 Chickens .....	0	6 0	346 17 5½
By produce from Garden to Asylum—			
47206lbs. Potatoes, at ½d. ....	98	6 10½	
Vegetables (as per Gardener's book)	67	2 7¼	165 9 5¼

By produce from Garden to Farm—

86 bushels Carrots, at 9d. ....	3	4 6	
54 ditto pig-potatoes, at 1s. ....	2	14 0	
108 ditto parsnips, at 3d. ....	1	7 0	
Greens .....	..	..	7 5 6
By produce from Farm (continued)—			
35 tons Wurtzel, at 10s. ....	17	10 0	
50 quarters Oats, at £1. ....	50	0 0	67 10 0
			74 15 6

By increase on Stock compared with corresponding dates of preceding year .....

Balance .....

69 15 2

166 12 10½

£971 18 10½

# ORDINARY DIET TABLE.

	BREAKFAST.				DINNER.										SUPPER.										
	Males.		Females.		Males.					Females.					Males.		Females.								
	Cocoa.	Bread.	Cocoa.	Bread.	Beef Uncooked free from Bone.	Stew.	Meat Pie.	Suet Dumpling.	Potatoes.	Bread.	Beer.	Beef Uncooked free from Bone.	Stew.	Meat Pie.	Suet Dumpling.	Potatoes.	Bread.	Beer.	Bread.	Butter.	Tea.	Bread.	Butter.	Tea.	
pts.	ozs.	pts.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	pts.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	pts.	ozs.	ozs.	ozs.	ozs.	ozs.	pts.	
Monday.....	1	6	1	5	4	16	...	4	6	...	...	4	14	...	4	6	...	...	...	...	6	...	...	...	1
Tuesday.....	1	6	1	5	4	...	...	...	6	...	...	4	...	12	...	6	...	...	...	...	6	...	...	...	1
Wednesday..	1	6	1	5	7	...	...	...	12	...	...	6	...	...	...	9	...	...	...	...	6	...	...	...	1
Thursday ..	1	6	1	5	4	16	...	4	6	...	...	4	14	...	4	6	...	...	...	...	6	...	...	...	1
Friday .....	1	6	1	5	7	...	...	...	12	...	...	6	...	...	...	9	...	...	...	...	6	...	...	...	1
Saturday ..	1	6	1	5	4	16	...	4	6	...	...	4	14	...	4	6	...	...	...	...	6	...	...	...	1
Sunday .....	1	6	1	5	7	...	...	...	12	...	...	6	...	...	...	9	...	...	...	...	6	...	...	...	1
TOTALS .....	7	42	7	35	37	48	14	12	60	9	4½	34	42	12	12	51	9	3½	42	3½	35	5	3½	7	7

N.B.—Extra to workers, 3 ozs. Bread, ½-pint Beer, and 1 oz. Cheese daily.  
 Cocoa in the following proportions for 1 pint: viz., ½-oz. Cocoa, ¾-oz. Treacle, and ¼-pint Milk.  
 Tobacco and Snuff given as indulgences to the working patients.

(Signed) **JOSEPH FRITH, Steward.**