### Report of the Committee of Visitors of the Bedford Lunatic Asylum, for the year ending the 31st of December, 1856: with appendix.

#### **Contributors**

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# REPORT

OF THE

### THE COMMITTEE OF VISITORS,

OF THE

# Bedford Lunatic Asylum,

FOR THE YEAR ENDING

THE 31st OF DECEMBER, 1856.

WITH APPENDIX.

BEDFORD:
PRINTED BY W. C. GREY.
MDCCCLVII.

THE COMMITTEE OF VISITORS

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### THE COMMITTEE OF VISITORS,

FOR THE YEAR, 1857.

#### FOR THE COUNTY OF BEDFORD.

Thomas Charles Higgins, Esq., Chairman, Turvey, Newport John Harvey, Esq., Ickwell Bury, Biggleswade. [Pagnel. Lieut. Colonel Higgins, Picts Hill, Newport Pagnel. Henry Littledale, Esq., Kempston, Bedford. Charles Moore, Esq., Maulden, Silsoe.

William St. Quintin, Esq., Goldington, Bedford.

William Lynn Smart, Esq., Linden, Woburn.

Captain William Stuart, M.P., Kempston, Bedford.

William Henry Whitbread, Esq., Southill, Biggleswade.

Rev. Chas. Colyear Beaty-Pownall, Milton Ernest, Bedford.

### FOR THE COUNTY OF HERTFORD.

THE MOST NOBLE THE MARQUIS OF SALISBURY, K. G., Hatfield. RIGHT HON. THE EARL OF VERULAM, Gorhambury St. Albans. THE RIGHT HON. THE LORD DACRE, The Hoo, Welwyn. Captain William Franks, 2 Upper Hyde Park St., London. Thomas Mills, Esq., M.P., Tolmers, Hertford. William John Blake, Esq., Danesbury, Welwyn. George Robert Marten, Esq., Marshalls Wick, Sandridge. William Wilshere, Esq., The Thryfte, Welwyn. Marlborough Pryor, Esq., Weston, Stevenage. Rev. Frederick Sullivan, Kimpton, Hitchin.

#### FOR THE COUNTY OF HUNTINGDON.

Colonel Linton, Stirtloe House, Buckden.
George Thornhill, Esq., Diddington, Buckden.
George William Rowley, Esq., The Priory, St. Neots.
George Rust, Esq., Cromwell House, Huntingdon.
Captain William Humbley, Eynesbury, St. Neots
Philip Tillard, Esq., Stukeley Hall, Huntingdon.
Rev. James Linton, Hemingford Abbotts, St. Ives.

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# REPORT.

The Committee of Visitors of the Lunatic Asylum for the Counties of Bedford, Hertford, and Huntingdon, in pursuance of section 62 of "The Lunatic Asylums Act, 1853," report as follows:—

1.—The admissions, discharges, removals, and deaths of the patients have been as follow, viz.:—

ADMISSIONS.	M.	F.	T.
Patients in the Asylum, Dec. 31st, 1855	136	159	295
Absent upon trial, Dec. 31st, 1855	3 57	54	111
Total	196	214	410
DISCHARGES, REMOVALS, AND DEATHS.	м.	F.	T.
Patients discharged—recovered	16	26	42
,, relieved	3 2 1	5 1	8
" not improved	2		8 3 1
Removed to other Asylums		0	
Died during the year	20	24	44
Absent upon trial	0	1	1
reg Table to bear built stills will see	42	57	99
Remaining in the Asylum, Dec. 31, 1856	154	157	311
Total	196	214	410

2.—The Patients in the Asylum on the 31st December, 1856, were from the following counties, &c., viz.:—

NAME OF COUNTY, ETC.	M.	F.	T.
Bedfordshire	61	60	121
Borough of Bedford	4 66	67	133
Huntingdonshire	23	26	49
Total	154	157	311

- 3.—The daily average number of patients maintained in the asylum during the year has been 307, or an increase of 13 compared with last year.
- 4.—The average number of patients daily employed during the year in various useful occupations has been 216. viz., 90 males, 126 females, shewing an increase of 39, viz., 11 males, 28 females, compared with the preceding year.
- 5.—The daily average number of patients attending divine service in the chapel during the year has been 112, or an increase of 6 in comparison with the year 1855.
- 6.—The deaths during the year have numbered 44, being a mortality after the rate of 10.7 per cent. The mortality last year was 43, shewing a decrease of 0.2 per cent.

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The tables appended to the resident Medical Superintendent's report in the appendix will give the assigned cause of death of each patient.

- 7.—The Committee have been enabled at a small expense, and with advantage to the internal arrangements of the asylum, to increase the accommodation for upwards of 20 additional patients. The numbers to be received from the counties of Hertford and Huntingdon at any one time have consequently been varied; the numbers from the former County are increased from 120 to 131, and the latter County increased from 48 to 52; the residue of such accommodation having been reserved for Bedfordshire patients.
- 8.—The Committee have taken into consideration the recommendations of the Commissioners in Lunacy on their visitation of the asylum in July 1855,—"whether pending the erection of a new asylum it might not be found advantageous to enter into an arrangement with some of the neighbouring public asylums, so as to secure temporary accommodation for the pauper patients who cannot be received into this institution." And the Committee are of opinion that it is not desirable under existing circumstances to enter into such an arrangement, inasmuch as they have every reason to believe that the patients belonging to the united counties (about 50) are as well taken care of in the licensed houses where they are now

confined, as they would be if the committee were to adopt any other temporary measure for this purpose, until the opening of the new asylum.

- 9.—The Committee desire to express their gratification at the improved state of the patients as regards their mental tranquillity, and social and industrial condition, and much credit is due to the house steward for the manner in which he keeps his accounts, and the profitable return from the garden and farm.
- 10.—The Committee have found it necessary to restrict the days on which relations and friends may visit patients to Monday and Saturday in each week, except as provided by rule 21 in case of illness, and except in any special case, at the discretion of the resident medical superintendent.
- 11.—The asylum has been regularly visited during the year, and the observations of the Visitors entered in a book provided for that purpose, which is produced and read at the monthly meetings of the committee.

The Commissioners in Lunacy visited the asylum on the 12th of December, 1856, and made the following entry in the Visitors, Book:—

<sup>&</sup>quot;Since the last visit of the Commissioners, on the 12th July, 1855, 153 patients have been admitted and 76 discharged, of whom 56 were recovered, and 60 have died. The assigned causes of death were as follows, viz.:—

Pulmonary diseases 10, paralysis 12, epilepsy 9, general debility 8, dysentery and diarrhea 7, appoplexy 3, dropsy 1, erysipelas 1, exhaustion after mania 4, disease of the heart 2, natural decay 1, marasmus 1, and suffocation during a fit of epilepsy 1. The present number of patients on the books is 313, viz., 152 males and 161 females, of the latter three were absent on trial. We were informed that there were altogether 10 vacant beds, viz., 1 in the male and 9 in the female division. We saw all the patients at present resident in the asylum, and with the single exception of a female patient received on Sunday last, in a very feeble condition and who was in a state of acute mania, they were all tranquil and free from excitement. The patient last referred to, who was in seclusion, is recorded in the case book as having been brought to the asylum 'tightly bound in a strait jacket, covered with bruises, having also a large wound on the left shin bone.' Her wrists and ancles bore marks of ligatures which have produced ulceration.

"The general health of the patients appeared to be good. Three male and 7 female patients were registered on the 6th inst. as under medical treatment.

"The clothing and personal condition of the inmates of both sexes were satisfactory; as respects the former, we think it very desirable that in all asylums the patients generally should be provided with a better description of dress for Sundays.

"It appears by the ward lists that on the 8th inst. as many as 240 patients, 81 males and 123 females, were employed in various ways. Of the former 35 were occupied in out door labour and 9 as artisans; of the latter 45 were engaged in needlework, 13 in straw work and lace making, and 28 in the wash-house and laundry.

"The amount of work done in the female wards, even of the worst class, is most creditable to the matron and those acting under her. We have suggested the advantage which would be derived by the institution and the patients by the further introduction of knitting of stockings, &c.

"We are informed that, during the last six months, bonnets and clothing have been made by the female patients for sale to the poor, at low but but remunerative rates.

"Prayers are read daily in the chapel, and Divine service is performed on Sunday by the Chaplain. The attendance, which is limited by the size of the chapel, is about 60 patients of each sex.

"With reference to the recommendations of the last visiting Commissioners, we have to report that,—

- "1.—Some additions have been made to the furniture in the female division by the introduction of small tables, chests of drawers for the attendants, chairs, and cupboards.
- "2.—Straw work and lace making have been introduced. All the tailors' and shoemakers' work is now done in the asylum. Shops have been constructed with the bricks of the division walls of the airing courts pulled down, for shoemakers, tailors, tinmen, and carpenters.
- "3.—There is stated to be now a fair supply of amusing books, and we were informed that framed prints are in course of preparation for suspension on the walls of the day rooms, &c.
- "4.—The proposition to rent premises for the accommodation of patients pending the erection of the new asylum, has been considered by the Committee and not deemed expedient.
- "5.—One wall of an airing court has been slightly lowered in the female division.
- "6.—Two courts on each side have been thrown into one by the removal of the division walls.
- "7.—No steps have been taken to lay out or plant the airing courts, which remain in the same condition as before.
- "8.—The wire work has been removed from all the windows, excepting those of the sleeping rooms in wards No. 2 and 4 in each division. Some heavy fireguards have been removed, but many remain.
  - "9.-A regular night watch has been adopted with benefit on each side.
- "In considering the present condition and arrangements of the asylum we have not failed to bear in mind that the institution is about to be removed to another locality. This however, as we are informed, will in all probability not take place in less than three or four years, and we therefore feel it our duty to urge upon the Committee of Visitors the necessity of making every provision, in the meantime, for the comfort and well-being of the patients, which will not involve any great outlay upon structural alterations. With this view we submit the following observations and suggestions:—
- "The asylum is obviously much crowded both as to sleeping and day rooms. As the renting of additional premises is thought unadvisable, we recommend, for the consideration of the Visitors, the further discharge upon

trial, under the provisions of 'The Lunatic Asylums Act 1853,' section 79, of some harmless and incurable cases, who, with the aid of an adequate weekly allowance, may be properly taken care of by their friends.

"We think that, in all the sleeping rooms with stone or slate floors, carpets or coir matting should be introduced; that a better description of beds should be furnished for the sick and bed-ridden patients, and that horse hair or wool should in all cases be substituted for chaff in the pillows.

"We also recommend that the perpendicular bars over the doors of the sleeping rooms be removed, as affording facilities for suicide.

"As respects the airing courts, we trust that the Committee will reconsider the suggestions made by the last Visiting Commissioners. We further recommend that the patients be taken out for walks in the country as frequently, and in as large numbers, as possible.

"Having regard to the disadvantages under which the institution now labours, both from its over-crowded state, and structural imperfections, we think that its management and condition reflect much credit upon the medical superintendent, matron, and other officers."

"R. W. S. LUTWIDGE, Commissioners in Lunacy."

- 12.—The Committee further report, they have contracted with the Council of the Borough of Bedford, for the reception of Borough patients until the new asylum is completed, upon the following terms, viz.:—
  - 1. That the Borough shall pay to and for the exclusive use of the County of Bedford the clear annual sum of £30 by equal portions quarterly, free from all deductions, and the first portion of the said annual payment shall become due and payable on the 25th day of March next.

- 2. That in addition to such annual payments, the weekly sum to be charged for the lodging, maintenance, medicine, clothing, and care of each pauper lunatic confined in the asylum for the said borough, shall be the rate fixed for the like charges in respect of the pauper lunatics belonging to the counties of Bedford, Hertford, and Huntingdon.
- 3. That the necessary expenses attending the burial, discharge, or removal of any of the pauper lunatics of the said borough shall be borne by the borough, union, or parish, to which such pauper is chargeable, in manner provided by section 120 of "The Lunatic Asylums Act 1853."
- 4. That the contract shall be determined when and as soon as the new asylum about to be erected for the counties of Bedford, Hertford, and Huntingdon, shall be completed.
- 13.—The Committee report lastly that the average weekly rate of payment for the maintenance, &c., of the patients in this asylum during the past year, has been 10s., and for the last quarter, 9s., per week only. The Committee are sanguine to hope that it will not be necessary to exceed the last named rate during the ensuing year, now that the new arrangements for the management of the asylum are completed, and the proceeds from the improved cultivation of

the garden and farm materially increased.

Signed on behalf of the Committee,

THO. CHA. HIGGINS, Chairman.

Bedford, December 31st, 1856.

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### The following Documents are appended to this Report:-

SCHEDU	LE.
Report of the Resident Medical Superintendent	A
Report of the Chaplain	В
Statistical Tables	. C
Abstract of Annual Returns.—Schedule D	D
Report of Committee of Visitors upon Audit of Accounts	E
Abstract of Receipts and Payments	. F
Abstract of Garden and Farm Account	. G
Annual Abstract of Accounts with Counties, &c. and Unions	. н
Comparative Table of Receipts and Expenditure from 1847 to 1857	. I

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# APPENDIX [A]

### REPORT

OF THE

### RESIDENT MEDICAL SUPERINTENDENT.

To the Committee of Visitors, of the Beds., Herts., & Hunts., Lunatic Asylum.

GENTLEMEN,

From the accomodation afforded by the alterations alluded to in the last annual report, a larger number of patients by 14 were received into the asylum than in the preceding year, those admitted during the year 1855 being 40 males and 57 females, and throughout the year just closed 54 males and 57 females. Of these 70 were cases of mania, 16 melancholia, 17 imbecility, 2 dementia, and 5 idiots; amongst whom the combinations of physical disease are so numerous, and many, of so incurable a nature, as to reduce the prospect of recovery to a very small amount.

The discharges numbered 54, the average of recoveries being nearly equal to the increase of admissions; 8 only were discharged relieved, 3 removed by friends, and 1 transferred to another asylum.

The mortality, although very large, has been a fraction under the average (upon the whole numbers) of last year. As many as 12 have died within 3 months of their being brought here, 5 of whom did not survive a fortnight. One male an epileptic 79 years of age, and having been bed-ridden for years from contracted limbs, and nearly exhausted from the

journey, died on the 12th day. A female aged 68, with disease of the heart, died on the 4th day from exhaustion, having been some time without rest, and refused her food previous to admission. A female in the last stage of pulmonary consumption lived but 17 days; and one very distressing case of a female in the prime of life, whose youthful days had been spent in debauchery but who for 11 years had been an industrious and faithful wife, was brought to the asylum, worn out from constant excitement, having a large wound on the leg, with ulcerations from ligatures on the wrists and ankles, sunk on the 14th day. The two last mentioned patients were reported to have refused food for nearly a week, but took every kind of nourishment offered to them from the moment they were in the asylum.

Several cases of dysentery and diarrhoa have been recorded during the year, the former in April and May, the latter in August and September; but a circumstance worthy of remark connected with them is, that it was confined to two corresponding wards on either side of the house, being evidence of some local cause, but to what it may be attributed cannot be ascertained.

One Coroner's inquest was held upon a patient, who died suddenly from serous apoplexy.

A few solitary cases of erysipelas have appeared in the wards, but with the exception of one, all have terminated favorably.

The casualties, have been so unimportant in their character, as not to be worthy of mention here, except that of a fractured thigh in a female, who in descending two steps in the airing court on a frosty day, slipped from the lower one, and struck the upper third of the thigh against the edge of the step, thereby producing the accident, from which she recovered, but died at the end of four months from epilepsy, having at that time disease of the uterus. It is at all times a source of thankfulness, in even the best constructed institutions, to be spared those painful scenes of self-destruction so many of the insane are

prone to, and it affords me much pleasure to state, that we have been free from even an attempt to commit such an act, notwithstanding thirty-six cases having that propensity, have been added to the list.

The advantages of the night attendants are made manifest by the comfort of a wholesome atmosphere in the dormitories of the dirty patients. The officers in their night visits to the wards, have particularly noticed that these apartments, ordinarily are as sweet as those of more cleanly habits; and those disposed to be noisy are calmed, by the nurses administering a word of comfort at times during the night.

Every attempt has been made to reduce the number of seclusions, and to a certain extent has succeeded; those subject to epilepsy forming the exception, who, from the crowded state of the wards, are brought into such close contact with each other, that the irritability consequent upon this distressing malady is aggravated by the impossibility of separation, to which the only resource left is "seclusion". To this, even by gentle persuasion they may be led and induced to go to bed; indeed "many of them will inform an officer or attendant they had better do so for safety."

The destruction of clothing and bedding is so small, as scarcely to be perceived, beyond the ordinary wear and tear of such articles; the saving from which, added to the strictest economy, has enabled your officers to secure a large stock in hand, of every thing appertaining to that department.

It affords me much gratification to state that the mode of culture adopted in the farm and garden has been highly successful; a very large quantity of all sorts of vegetables, including lettuces, cucumbers, radishes, and small salading, has been supplied to the patients, besides which, from the sale of the surplus, there is a large balance in favor of the farm.

The gradually increasing numbers of those employed evidently

tends to add to the happiness and comfort not only of themselves, as a working class, but also to their less fortunate fellow inmates, who from age or infirmity, are unequal to any occupation; and frequently, from the moment of their seeking employment, do I trace a salutary advance towards recovery.

The amusement of the patients continues unabated, the men at cricket, football, &c.: and on the female side, during the winter months, a dance every fortnight is given, and those who are able to enjoy it consider it a great privilege, as a diversion to their indoor occupation. In the fine weather, parties of either sex make excursions into the country.

The Commissioners in Lunacy made their visit to the asylum on the 12th of December last, and their record bears a favorable impression of their opinion of the state of the patients, &c.,

The appointment of a Head Attendant on the male side, there can be no doubt, will tend to enhance the comfort of the patients, besides being of much importance to your Medical Superintendent, in the supervision of that department.

To the uniform attention to the duties, by the officers, attendants, and servants of the institution, I must beg to mention as being most worthy of your commendation.

In conclusion, I beg to submit this report to your inspection, and offer my best thanks for the courtesy and kind consideration I have ever received at your hands.

I have the honor to be,

Gentlemen,

Your very obedient Servant,

WILLIAM DENNE.

February, 1857.

# APPENDIX [B]

### REPORT OF THE CHAPLAIN.

To the Visiting Justices of the Bedford Asylum.

GENTLEMEN,

The usual routine of my duties has presented so little variety, that I have nothing to report to you.

I should be glad if the accommodations for the Chaplain were a little more convenient, but I am aware that this is not to be expected in the present building.

My intercourse with the patients is certainly more agreeable and less hazardous than formerly, owing to the improved order and general spirit of contentment which prevades the house.

I have the honor to be,

Gentlemen,

Your obedient Servant,

EDWARD SWANN, Chaplain.

February 10th, 1857.

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REPORT OF THE CHAPLAIN.

To the Training Justice of the Bodford Andon.

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EDWARD BY ANALYS

February 10th, 1857.

# APPENDIX [c]

### STATISTICAL TABLES,

BY THE

### RESIDENT MEDICAL SUPERINTENDENT.

TABLE I.

GENERAL RESULTS OF THE YEAR.

				M.	F.	T.
Patients in the Asylum, Decer ,, admitted in 1856	139 57	160 54	299 111			
Total	196	214	410			
Removed during the year.	M.	F.	T.			
Recovered	16 3 3	26 5 1	42 8 4	-	02.01	T most
Died	22 20 0	32 24 1	54 44 1	11 11 11 11 11 11 11 11 11 11 11 11 11		
	42	57	99	42	57	99
Remaining in the Asylum, De	cember	31st, 18	856	154	157	311

TABLE II.

NUMBER OF ADMISSIONS, DISCHARGES, AND DEATHS, DURING EACH MONTH IN THE YEAR.

Months.	Admissions.			Discharges.			Deaths.		
Tes 1,00 100 100	M.	F.	T.	М.	F.	T.	M.	F.	T.
January	1	4	5	4	2	6	3	0	3
February	13	4	17	1	0	1	1	1	2
March	3	4	7	1	4	5	2	2	4
April	4	1	5	1	0	1	0	2	2
May	5	10	15	2	3	5	6	0	6
June	2	8	10	1	5	6	0	5	5
July	7	3	10	2	6	8	1	1	2
August	4	4	8	3	0	3	0	2	2
September	5	2	7	3	3	6	2	0	2
October	2	1	3	2	4	6	3	4	7
November	6	8	14	0	3	3	1	4	5
December	5	5	10	2	2	4	1	3	4
Total	57	54	111	22	32	54	20	24	44

\*\*\* The Seven following Tables contain the particulars of 111
cases admitted during the year.

TABLE III.

		Age.	M.	F.	T.
From 10 to 20	years .		4	4	8
,, 20 to 30			12	10	22
, 30 to 40	1000		13	6	19
,, 40 to 50			11	12	23
,, 50 to 60			7	10	17
" 60 to 70			5	9	14
" 70 to 80	1.320		5	2	7
Not ascertained	10.50		0	1	1
		Total	57	54	111

TABLE IV.

Social Condition.	м.	F.	T.
Married Single Widowed. Not ascertained	25 26 6	21 24 8 1	46 50 14 1
Total	57	54	111

TABLE V.

Religious Persuasion.	М.	F.	T.
Church of England	44	32	76
Roman Catholic	100000000000000000000000000000000000000	1	3
Wesleyan	2 2 4	6	8
Baptist		9	13
Presbyterian	1	12000	1
Independent	2	1	3
Not ascertained	2	5	7
Total	57	54	111

### TABLE VI.

No, of Attacks.	M.	F.	T.
First Attack Second, ditto, or more		35 16	71 35
Congenital	2	3	5
Total	57	54	111

### TABLE VII.

	Duration of Disease on Admission.	M.	F.	T.
Not ex	cceeding 1 week	10	5	15
,,,	,, ,, 2 ,,	1	4	5
,,,	" " 1 month	4	4	- 8
,,	,, ,, 2 ,,	4	7	11
"	,, 3, ,,	7	7	14
"	,, ,, 4 ,,	2 3	3	5
"	,, ,, 5 ,,	1	2	5
"	,, ,, 6 ,,	2	3	5
"	,, 9 ,,	4	3	7
"	,, ,, 1 year, , ,, 2 years	8	1	9
"	9	1	2	3 .
"	,, ,, 7 ,,		1	1
22	,, ,, 8 ,,	1	1	2
23	,, ,, 9 ,,		1	1
,,,	,, ,,10 ,,	1	1	1
"	,, ,,15 ,,		1	1
"	,, ,,18 ,,	1		1
"	,, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		1	1
	Childhood	2	3	5
Not as	scertained	5	4	9
	Total	57	54	111
	TABLE VIII.			
	Form of Insanity.	M.	F.	T.
Mania		9	14	23
	Suicidal	8	5	13
	with Epilepsy	2	Barrell .	2
	Suicidal	3	2	5
	with Paralysis	1	1	2
	Suicidal	3 2		3
	with General Paralysis	5	1	3
	with Delusions	9	11	16 2
	with Hysteria		2	4
	Silicidal		1	1
Melan	Suicidal	1	1	1 5
Melan	cholia	1 5	1 4	5
Melan	choliaSuicidal	5	1	5 7
Melan	cholia	5	1 4	5 7 1 1
	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal	5	1 4 2	5 7 1 1 2
Melan	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal	5 1 1	1 4 2	5 7 1 1 2 6
	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal sility Suicidal	5 1 1 4 1	1 4 2 2 2 2 1	5 7 1 1 2 6
	cholia Suicidal with Paralysis. with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy	5 1 1 4 1	1 4 2 2 2 1 1	5 7 1 1 2 6 2 5
	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy. with Paralysis	5 1 1 4 1 4	1 4 2 2 2 2 1	5 7 1 1 2 6 2 5 1
	cholia Suicidal with Paralysis. with Incipient General Paralysis Suicidal with Hysteria Suicidal with Epilepsy with Paralysis. with General Paralysis	5 1 1 4 1 4	1 4 2 2 2 1 1	5 7 1 1 2 6 2 5 1
	cholia. Suicidal with Paralysis. with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy. with Paralysis. with General Paralysis Suicidial	5 1 1 4 1 4 1 1	1 4 2 2 2 1 1	5 7 1 1 2 6 2 5 1 1
Imbec	cholia Suicidal with Paralysis. with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy. with Paralysis. with General Paralysis Suicidial and Epilepsy	5 1 1 4 1 4 1 1 1	1 4 2 2 2 1 1 1	5 7 1 2 6 2 5 1 1 1
Imbec	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal sility Suicidal with Epilepsy with Paralysis with General Paralysis Suicidial and Epilepsy ntia.	5 1 1 4 1 4 1 1 1	1 4 2 2 2 1 1 1	5 7 1 1 2 6 2 5 1 1 1 1
Imbec	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy with Paralysis with General Paralysis Suicidial and Epilepsy ntia cy Congenital	5 1 1 4 1 4 1 1 1	1 4 2 2 2 1 1 1	5 7 1 1 2 6 2 5 1 1 1 2 3
Imbec	cholia Suicidal with Paralysis. with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy with Paralysis with General Paralysis Suicidial and Epilepsy ntia cy Congenital Suicidal	5 1 1 4 1 4 1 1 1	1 4 2 2 2 1 1 1	5 7 1 1 2 6 2 5 1 1 1 1
Imbec	cholia Suicidal with Paralysis with Incipient General Paralysis Suicidal with Hysteria Suicidal cility Suicidal with Epilepsy with Paralysis with General Paralysis Suicidial and Epilepsy ntia cy Congenital	5 1 1 4 1 4 1 1 1	1 4 2 2 2 1 1 1	5 7 1 2 6 2 5 1 1 1 2 3 1

### TABLE IX,

### STATION OR OCCUPATION.

Males.	No.	Females.	No.
Groom Basketmaker Labourers Shoemaker Carpenters Mason Grocer Carrier Servant Bakers Butcher Tailors Sadlers, &c. Gardeners Sack Carrier Bailiff Brewers Tobacco Manufacturer Law Clerk Superannuated Officer of Excise Cow Keeper Navigator Publicans Straw Plaiter and Cutter Porter Policeman formerly Soldier and Pugilist Pugilist Not ascertained	1 1 2 2 1	Servants Lacemakers Plaiters of Straw Wives of Labourers Dressmakers and Milliners Bonnet Sewers Sempstress Laundress Knitter Wife of Turner ,, Farmer ,, Navigator ,, Grocer Authoress Schoolmistress Not ascertained	11 6 6 12 3 3 1 1 1 1 1 1 1 4
Total	57	Total	54

<sup>\*\*</sup> The Tables containing PARTICULARS OF DISCHARGES, also of ADMISSIONS, and RE-ADMISSIONS, will be found at end of Report.

TABLE X.

### TABLE OF MORTALITY DURING THE YEAR.

1		A	ge.		Duration	
No.	Form of Disease.		F.	Cause of Death.	of	under
		м.	¥.		Disease.	treatment
7000	M : : : : : : : : : : : : : : : : : : :			C1D-1374	0	10.1
1067	Mania with Paralysis	79		General Debility	z years	12 days
1000	Idiotey	50		Diarrhœa	From birth	16 mhts.
973	Idiotey	17	20	Marasmus	Ditto	1 year
1004	Dementia with Epilepsy		24	Pulmonary Consumption	lyr. 8ms.	9 months
1061	Mania with General Paralysis	46		General Paralysis	2 weeks	2 months
485	Dementia with Epilepsy		30	Fever after Epilepsy	Syr. 5ms.	8 years
693	Imbecility		43	Pulmonary Consumption	8 years	5 years
1044	Mania with G. Paralysis	34		Apoplexy	1 year	lyr. 5ms.
773	Mania with Epilepsy	36		Fever after Epilepsy	Unknown	4yrs.2ms.
393	Dementia with Epilepsy		53	Exhaustion after Epilepsy	16 years	Syrs.3ms.
459	Mania with Epilepsy		62	Erysipelas	Unknown	8 years
1076	Imbecility with Epilepsy	70		General Debility	4 months	3 months
1079	Mania	34		Dysentery	7 months	3 months
1060	Idiotey	20		Exhaustion after Epilepsy Erysipelas General Debility Dysentery Exhaustn.after Dysentery	Fm. birth	5 months
1088	Mania	164		General Dropsy	4ms. Lwk.	3 months
995	Mania with G. Paralysis	31		General Paralysis	1y.2m.3w	lyr. lm.
863	Mania with Epilepsy	28		Pulmonary Consumption	Unknown	3 years
885	Melancholia		42	Exhaustion	lyr. 10m,	1 yr. 6m.
1116	Melancholia		54	Serous Apoplexy	4 months	4 days
965	Melancholia		47	General Debility	2yrs.9ms.	1 yr. 6m.
676	Mania with Epilepsy		36	ExhaustionafterEpilepsy	Unknown	6 years
96	Mania with Epilepsy		49	ExhaustionafterEpilepsy	17 years	16 years
821	Mania with G. Paralysis	46		Apoplexy	5yrs.6ms.	4 years
552	Melancholia		83	Paralysis	Unknown	7 years
108	Imbecility with Epilepsy		41	Exhaustion after Epilepsy	Unknown	12yrs8ms
374	Dementia with ditto		34	ExhaustionafterEpilepsy	From Chidhe	10 years
1135	Imbecility with G. Parly.	40	)	General Paralysis	lvr. 2ms.	2 months
107	Mania	48	3	Exhaustn. after Diarrheea	Unknown	12yrs9ms
1102	Imbecility with Paralysis		73	Exhaustn. after Diarrhæa Paralysis	lyr. 3ms	5 months
233	Mania	37		Pulmonary Consumption	Unknown	1 10 yrs6ms
1117	Mania		55	Suppuration of the Lungs from Congestion during Epilepsy	1yr. 1m.	4 months
1000	M :	00		from Congestion during Epilepsy	0-11	0
1020	Mania with G. Paralysis	39		General Paralysis	9ms. Iwk	9 months
487	Mania	71	-	Disease of the Heart	Syrs. 2ms	/yrs10ms
1058	Mania		51	General Paralysis	lyr. Im.	Ilmonth.
				Exhaustion after Mania		
1079	Mania		50	General Debility	1vr. 1m	10month
845	Melancholia	1	50	Bronchitis	Unknown	3vrs 6mg
1151	Melancholia with Gen Paralysis	30	)	Apoplexy	6 months	1 month
				Dysentery		
1159	Mania	1	31	Pulmonary Consumption	3 wooks	18 days
1140	Imbegility	1	6	General Debility	6 months	4 months
1160	Mania		16	Exhaustion after Mania	3 wooka	2 weeks
1108	Idiotov	90	2 2	Pulmonary & Mesenteric Disease	Unknown	10vre Ore
204	Molenaholia	-	10	Disease of the Heart	Unknowi	16 week
003	Breiancholia		1	Disease of the fleart	CHKHOWI	110 years
	Total	20	10			
	Total	120	JIZ'	E		1

### TABLE XI.

### STATION OR OCCUPATION.

Males.	No.	Females.	No.
Labourers Farm Bailiff Sadler and Harness-maker Publican Cordwainer Policeman, formerly Soldier and Pugilist Not asceertained	12 1 1 1 1 1 3	Wives of Labourers Wife of Baker Servants Lacemakers Plaiters Bonnet Sewer Retailer of Beer Field Labourers Labourers' Daughter Not ascertained	3 1 3 5 2 1 1 2 1 5
Total	20	Total	24

### TABLE ALL.

Social Condition.	м.	F.	T.
Married Widowed	8	10 4	18 5
Single	11	10	21
Total	20	24	44

TABLE XIII.

FORM OF DISEASE, IN THE CASES OF THE 310 PATIENTS, REMAINING IN THE ASYLUM ON THE 31ST OF DECEMBER, 1856.

			-			
Form of Disease.	M.	F.	T.	M.	F.	T.
Mania Suicidal with Epilepsy Suicidal with Paralysis and Epilepsy with General Paralysis. and Epilepsy with Incipient G. Paralysis Suicidal with Delusions Suicidal with Hysteria Suicidal	35 7 12 2 1 5 1 16 1	44 8 5 3 4 2 15 7	79 15 17 5 4 1 7 1 31 1 7		00	
Melancholia Suicidal with Epilepsy Suicidal with Incipient General Paralysis with Delusions with occasional Violence with Hysteria	7 1 3 1	9 4 1 1 1 1	17 11 2 3 1 1	81	89	36
Incoherence	1	3	4 1	20	10	30
Imbecility Suicidal with Epilepsy Suicidal with Paralysis and Epilepsy Congenital & Epilepsy with General Paralysis with occasional Violence Senile	6 1	16 1 6 1 1 1	29 3 12 1 1 2 1 2	1	4	5
Dementia	12 1 1	8 2	20 3 1	25	27	52
Idiotcy	8 4	9 2	17 6	14	10	24
	otal			153	157	310

TABLE XIV.

AGES OF THE 310 PATIENTS REMAINING IN THE ASYLUM.

Age.	M.	F.	T.
From 10 to 20 years	7	4	11
" 20 to 30 "	29	28	37
,, 30 to 40 ,,	41	32	73
,, 40 to 50 ,,	27	30	57
,, 50 to 60 ,,	23	29	32
" 60 to 70 "	10	22	32
,, 70 to 80 ,,	9	4	13
" 80 to 90 "	1	1	2
" 90 to 100 "		1	1
Vot ascertained	6	6	12
			-
Total	153	157	310

### TABLE XV.

Social Condition.	M.	F.	T.
Single	101	87	188
Single	39	45	84
Widowers	11		111
Widows	and the same of	21	21
Not ascertained	2	4	6
Total	153	157	310

### TABLE XVI.

THE TIMES APPOINTED FOR THE PATIENT'S RISING, EMPLOYMENT, RECREATION, AND GOING TO BED.

The state of the s	Time for Rising.	Interval for Breakfast & Chapel.	Employ- ment.	Interval for Dinner.	np	Interval for supper and recreation	Time for going to bed.*
		7 to halfpast 8		half-past 12 to 2	2 to 6	6 to 9	9 o'clock.
From 29 Sept. to 25th March.		7 to halfpast 8		half-past 12 to 2		6 to 8	8 o'clock.

<sup>\*</sup> Those who wish to go to bed earlier are allowed to do so.

		CO.T.	D	176							
	Females.	Саке Річт	oz.	00	:	:	:	:	:		8
	Fem	Butter.	0Z.	:	HICH	(cq	464	-(0)	rios.	~(0)	60
.B.		Bread.	0Z.	:	9	9	9	9	9	9	36
SUPPER		Tea.	pt.	-	:	:	-	-	:	:	1
SI		Cheese.	oz.	:	4	100	12	13	13	13	6
	Males.	Butter.	oz.	r- 01	:	:	:	:	:	:	H 09
	-	Bread.	oz.	1	1-	1	1-	-	-	1	49
		Beer.	pt.		Ha	-(0)	-101	rd01	-101	rios	3
		Vegeta- bles	oz.	12		12	:	12	4		40
	-	Stew.	pt.	:	:	:	-	:		:	1
		'dnog	pt.	:	1	:		:	:	:	1
	ales.	Pie.	.zo		:	:	:	::	10	:	10
	Females.	Plum Pudding.	oz.	:	:	:	:	:	:	12	12
		Cooked Meat.	oz.	5	:	5	:	5	13	:	163
		Bread.	oz.	67	9	:	4	:	:	:	12
INNER.		Beer.	pt.	rica	:		:	:	:	:	r403
DINI		Vegeta-	oz.	16		16	:	16	4	:	52
		Stew.	pt.	:	:	:	-	:	:		1
		.quos	pt.	:	100	:	.:		:	:	13
	les.	Pie.	oz.	:	:	:	:	:	10	:	10
	Males.	Plum Pudding.	oz.	:	:	:	:	:	:	16	16
		Cooked Meat.	oz.	9	•	9	:	9	13	:	193
		Bread.	oz.	2	00	:	9	:	:	:	16
		Beer.	pt.	-(0)	:	:	:	:	:	:	400
	S.	Tea.	pt.	1	1	1	1	1	1	1	7
AST.	Females.	Butter.	0Z.	-101	Hid	-107	-(0)	HICH	H(S)	-4cs	32
AKE.	Fe	Bread.	oz.	9	9	9	9	9	9	9	42
BREAKFAST	les	Milk Porridge.	pt.	100	$1\frac{1}{2}$	13	12	-44	100	13	103
	Males	Bread.	oz.	1	7	7	7	1-	1	7	49
DAVE	4	OF THE WEEK.		Sunday,	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	TOTALS

Twelve ounces Oatmeal, One pint New Milk. N.B.—Scale per Gall, for Porridge.....

Tea ..... One ounce Tea, Four ounces Sugar, One pint New Milk.

", ", "Ib. for Plum Pudding... Eight ounces Flour, One ounce Raisins, and One ounce Treacle.
Soup, for 300 Patients......The liquor of the Meat the previous day, 75lbs. Legs and Shins of Beef, 14lbs. Peas, 56lbs. Carrots, 28lbs. Onions, 14lbs.

Oatmeal, Salt, Pepper, Herbs, &c.

Stew for 300 Patients. ...... The liquor of the Meat the previous day, 40lbs. Meat, 112lbs Potatoes, 28lbs. Onions, 14lbs. Oatmeal.

EXTRA.-All Male Patients Employed.-Two ounces Bread, goz. Cheese, and g-pint Beer at 10 a.m., and g-pint Beer at 4 p.m.

Women employed at the Wash-house and Laundry. -Six ounces Meat and Vegetables for Dinner on Mondays. Bread and Cheese and 1 pint of Beer a 10 a.m. and at 4 p.m.

Helpers in the Wards and Needlewomen--Bread and Cheese and 1-pint Beer at 10 a.m.

Snuff and Tobacco to be given as indulgences to the workers, &c.

## TABLE XVIII. ATTENDANTS AND SERVANTS RATIONS.

-	THE PARTY OF THE P	ERVANIS RATIONS.	The State of the Land			
MAI	LES.	FEMALES.				
Weekly.	Daily.	Weekly.	Daily.			
4oz. Coffee  ½lb. Moist sugar  ¾lb. Cheese ½lb. Butter or  1lb. Bacon Fruit and other Puddings twice.		or §1b. Moist sugar	1lb. Bread  \$\frac{3}{4}\text{lb. Cooked meat}\$  \$1\frac{1}{2}\text{-pints beer}\$  \$\frac{1}{2}\text{-pint New milk}\$  Vegetables according to season.			
RETURN O	TABLE F MATERIAL IN ST	XIX. ORE DECEMBER 31st	r, 1856.			
Calico Cotton print Coburg Corduroy Drabbette Fustian Flannel Holland Jean	313 ,, 302 ,, 119 ,, 33 ,, 8 ,, 43 ,, 57 ,,	Lawn Linen check Linen shirting Lindsey Leather Moreen Pilot Cloth Slate Lining Velvet	184 ,, 367 ,, 137 ,, 109lbs. 10yds. 6 ,, 363 ,,			
		JOHN · BA	RNES, Steward.			
A RETURN (	TABLE OF CLOTHING IN S	E XX. TORE, DECEMBER 31	sт, 1856.			
Aprons Bonnets (straw) Boots (men's) pair Braces, pairs Caps, (men's fustia Caps, (women's) Chemises Chemises, (children Drawers Flannel Shirts Flannel Chemises Handkerchiefs Neckerchiefs Jackets Waistcoats	s. 42 s. 47 n) 17 10 74 14 10 74 10 74 61 193 104 15		18 62 216 23 32 95 6 17 277 17			
		JOHN BA	RNES, Steward.			

TABLE XXI.

A RETURN OF CLOTHING AND OTHER ARTICLES MADE AND REPAIRED
IN THE ASYLUM DURING THE YEAR 1856.

Males.	Made	Repd.	Females.	Made	Repd.
Boots and shoes	496 144		Aprons	169 199	674 82
Capes	1 145	324	Blankets	24	30
Waistcoats Trousers Flannel drawers	114 132 2	137 618	Bonnets, (straw) Boots&shoes bound(prs) Caps	138 161 231	820
Bed sackings Desk pillows	8		Caps, (infants) Chemises	7 166	2460
Mattrasses	7 2	3	Drawers, (pairs)  Dusters  Flannel shirts	7 296 124	63
			Flannel chemises Frocks	87 46	73
Attendants & Servants.	5	6	Gowns Handkerchiefs Hats, (straw)	318 365 35	2376
Waistcoats	5 5	6	House flannels Knitted fringe, (yards)	1053 50	abatch:
			Lace, (yards)	6	23
			Night gowns Night jackets	25 13	646
			Petticoats	100 83	1784 2403
			RugsShawls		54
			Shirts	413	1046 3132 246
			Stays jean, (pairs) Stockings knitted, (pairs) Shrouds	18 12 18	6283
			Straw plait, (score)	214 16	
			Table cloths Towels Velvet stocks	202	
			Window blinds Large Dimity bed and Window curtains & Valance	16	1
Total	1068	1651	Total	5449	22195

JOHN BARNES, Steward.

# APPENDIX [D]

### ABSTRACT OF ANNUAL RETURNS,

16 & 17 VICT., CAP. 97, Schedule D.

					Friends	00	Persons not in confinement.				
							Sexes	8	rous to elf thers.	1 01	Dirty bits.
Name of Union.	М.	F.	М.	F.	M.	F.	Tol	м.	F.	М.	F.
Bedfordshire. Ampthill Bedford	9 13	9 25		··· i	6 5	6 7 23	30 50		::	1	
Biggleswade Hitchin, part of Leighton Buz.,pt. of	12	12			11		59			::	
Luton, part of Neots St., part of Wellingboro, part of	12 1 1	9 2		i	5 2 1	6 9 2	32 15 4			::	1
Woburn	5	8		•••	6	6	25		•••		•••
Totals  Hertfordskire.	57	66		2	37	59	221			1	1
Albans St Amersham, part of	6	11	::	1	4	24	46		::		::
Barnet, part of Berkhampsteadpt.of		1	.:	1 1	4	1 12	6 21	::			::
Bishop Stortford ptof Bunting ford	2	5 5 2	1 3	2 4	8 2 2	11 7 2	34 16 15			::	
Edmonton, part of Hatfield	5 5	8 5	1		2 2	6	22 13				
Hertford Hitchin, part of	8 11	4 9			3 16	5 11	20 47	••			
Luton, part of Royston	5	1 7	.:		3	3 12	7				
Ware	10	6 3	1		13 9	12	39 37 3				
Totals	66	69	6	10	68	107	326				
Huntingdonshire. Caxton, part of Huntingdon	1 5	8		5	2	4	1 24				· · · · · · · · · · · · · · · · · · ·
Ives, St., part of Neots, St., part of	9 5	11 3	3	1	2 4	6	23 21			··· i	
Oundle part of Peterboro, part of	4	2	3	1	1	4	1 15	::	::		::
Stamford, part of Thrapston, part of	::					1	1			::	
Totals	24	24	6	7	10	16	87			1	1
Grand Totals	147	159	12	19	115	182	634			2	2

