

**Report of the Committee of Visitors of the Bedford Lunatic Asylum to 31st December, 1848 : with appendix.**

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REPORT 13

OF

THE COMMITTEE OF VISITORS

OF THE

**Bedford Lunatic Asylum,**

TO 31st DECEMBER, 1848.

WITH APPENDIX.

BEDFORD:

PRINTED BY THOMAS LAURENCE, HIGH-STREET.

—  
1849.

REPORT

THE COMMITTEE OF VISITORS

Wesleyan University

TO THE DEGREE OF

WITH APPENDIX

REDACTED

PRINTED BY THOMAS LEECH, HIGH STREET

1848

# THE COMMITTEE OF VISITORS,

FOR THE YEAR 1849.

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## For the County of Bedford.

THO. CHA. HIGGINS, Esq., Chairman, *Turvey, Newport Pagnel.*  
SIR CHARLES GILLIES PAYNE, Bart., *Blunham, St. Neots.*  
JOHN HARVEY, Esq., *Ickwell, Biggleswade.*  
HENRY LITTLEDALE, Esq., *Kempston, Bedford.*  
GEORGE PETER LIVIUS, Esq., *Bedford.*  
CHARLES MOORE, Esq., *Maulden, Silsoe.*  
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REV. CHAS. COLYEAR BEATY-POWNALL, *Milton Ernest, Bedford.*  
REV. THOMAS TYLECOTE, *Marston Moretaine, Ampthill.*  
REV. BOTELER CHERNOCKE SMITH, *Aspley Guise, Woburn.*

## For the County of Hertford.

THE MOST NOBLE THE MARQUIS OF SALISBURY, K.G., *Hatfield.*  
THOMAS BRAND, Esq., M.P., *The Hoo, Welwyn.*  
WILLIAM FRANKS, Esq., *Woodhill, Hatfield.*  
THOMAS MILLS, Esq., *Tolmers, Hertford.*  
WILLIAM JOHN BLAKE, Esq., *Danesbury, Welwyn.*  
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WILLIAM WILSHERE, Esq., *The Thryfte, Welwyn.*  
MARLBOROUGH PRYOR, Esq., *Weston Stevenage.*  
F. P. DELME RADCLIFFE, Esq., *The Priory, Hitchin.*  
REV. FREDERICK SULLIVAN, *Kimpton, Hitchin.*

## For the County of Huntingdon.

THE HON. OCTAVIUS DUNCOMBE, M.P., *Waresley Park, Caxton.*  
GEORGE THORNHILL, Esq., M.P., *Diddington, near Buckden.*  
JAMES RUST, Esq., *Alconbury House, Huntingdon.*  
JOHN MOYER HEATHCOTE, Esq., *Connington Castle, Stilton.*  
COLONEL LINTON, *Stirtloe House, Buckden.*  
JAMES DUBERLY, Esq., *Gains Hall, St. Neots.*  
REV. JAMES LINTON, *Hemingford Abbots, St. Ives.*

## For the Borough of Bedford.

CHARLES HIGGINS, Esq., *Mayor.*



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REPORT OF THE COMMITTEE OF VISITORS  
OF THE  
BEDFORD LUNATIC ASYLUM,

TO THE 31st DECEMBER, 1848.

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THE Committee of Visitors, agreeable to the regulations for the government of the Asylum, present their Annual Report on the state of the Institution.

The additional buildings and the alterations and improvements referred to in their last Report are now completed, and the Committee are happy to state that the comfort of the patients has been materially improved thereby.

The whole of the expenses will amount to upwards of £5000, of which it will be remembered the County of Bedford agreed to raise £4000 by way of loan under the provisions of the Statute, 8 & 9 Vict. c. 126. The County of Hertford contributed £350 towards a portion of the alterations, and the remainder will be provided for by the Visitors for the County of Bedford, out of the proceeds of the Asylum Estate.

The number of patients during the year has considerably increased, partly by removals from Licensed Houses,

where most of the patients from the County of Huntingdon had been previously confined, and in some measure from the facility now afforded for procuring the admission of patients at an early period of their disease.

The admissions and discharges during the year have been as follows :

	M.	F.	Total.
The number of Patients in the Asylum, December 31st, 1847, . . . . .	107	99	206
Admissions during the year, . . . . .	40	67	107
Totals, . . . . .	147	166	313

	M.	F.	Total.
The number of Patients who have been discharged during the year . . . . .	20	29	49
The number of Patients who have died during the year, . . . . .	17	14	31
Remaining January 1st, 1849, . . . . .	110	123	233
Totals, . . . . .	147	166	313

Of the patients in the Asylum remaining on the 31st December, 1848, there were from—

	M.	F.	Total.
Bedfordshire, . . . . .	42	41	83
Hertfordshire, . . . . .	43	55	98
Huntingdonshire, . . . . .	21	23	44
Borough of Bedford . . . . .	3	4	7
County of Oxford . . . . .	109 1	123 ..	232 1
Grand Totals, . . . . .	110	123	233



The daily average of patients during the year being 224. The Asylum is calculated to hold 250 patients.

The number of patients from the county of Huntingdon having exceeded the limits prescribed in the agreement (42), the Committee passed a resolution, authorizing the Superintendent to receive a greater number, on payment to the County of Bedford of a rent charge of 1s. 6d. per week for each patient.

The Committee are happy to state that there has been plenty of employment for the patients. The daily average number employed has been 80, of whom a greater part of the male patients have been engaged in the garden and in their various trades, whilst the females have been occupied in the household work, under the direction of the Matron.

The male patients during this year have performed the labour of digging and making the foundations for the walls of the new buildings.

In consequence of this increased number of patients, the Committee have thought it necessary to appoint an additional number of ward-attendants and servants, and the Visitors have increased the wages of some of the servants, who from length of service and good conduct deserved such a mark of approbation.

The Committee also resolved for the future to increase the wages or allow a gratuity to ward-attendants and servants, according to the term of their service, agreeable to a scale to be adopted.

The Committee are deeply impressed with the importance of engaging ward-attendants and servants of the



highest character, as to integrity, and of the kindest dispositions ; and, in order that all cases of hiring may come under their immediate notice, the Committee require the appointments to be reported, and where practicable, to be made at the monthly meetings ; and applicants to be furnished with written certificates of character before such appointments shall be made or confirmed.

The number of resident officers, ward-attendants, and servants are as follows :—

1 Resident Medical Officer	1 Under Laundress
1 Steward	1 Cook
1 Matron	1 Housemaid
1 Assistant Matron	1 Kitchenmaid
6 Male Ward Attendants	1 Porter
5 Female Ward Attendants	2 Gardeners
1 Sempstress	1 Stoker
1 Laundress	1 Barber.
1 Nurse	
	Total, 27

The Asylum has been regularly visited during the year ; at the quarterly meetings by the whole Committee, and at the monthly meetings by the monthly Committee, and during the intervals of such meetings by the House Visitors appointed at the Annual Meeting agreeable to rule xiii.

The Committee attach great importance to the occasional visits, not only of members of the Committee, but of the Magistrates of the several jurisdictions in the three counties ; and in order to make this more generally known, the Committee caused a circular to be addressed to the Magistrates requesting them from time to time, as opportunity may offer, to inspect the general management of the Asylum, and record their opinions in a book kept for that purpose.



There is one criminal patient in the Asylum, from the County of Oxford, which the Committee have long desired should be removed, and considerable correspondence has taken place with the Secretary of State for the Home Department, and the magistrates of Oxfordshire, on this subject. In answer to which it was stated that the asylum at Littlemore, belonging to that county, not being constructed for criminal lunatics, the patient could not be received there. The Committee were of opinion that it was unfair for this Institution to be burthened with the extra cost of maintenance of this patient, and decided to increase the rate of payment to 14s. per week, and the Committee hope that the magistrates of Oxfordshire will not suffer the Institution to be inconvenienced with him much longer.

The annual return of lunatics and idiots (Schedule D), chargeable on the 1st January, 1848, have been made, and an abstract thereof is inserted in the Appendix, No. 4.

The Committee attach considerable importance to the above-named Returns, and also those prescribed in Schedule F, to be made quarterly by the medical officers of Unions, by which the Visitors are enabled to ascertain the condition of all the chargeable lunatics and idiots in the district for which the Asylum is provided, and who are not confined in the Asylum. The Committee regret to state that but few of the medical officers have made these returns *quarterly*, and the Visitors have considered it their duty to address a circular urging a compliance by the medical officers with the Statute (8 & 9 Vict. c. 126, s. 55) in this respect, as in the opinion of the Visitors its provisions are compulsory. They are happy however to state that a large proportion of these returns have been made for the last quarter.

Some members of the Committee, in the month of



August last, took an opportunity of visiting Hanwell Asylum.

It is impossible to doubt that the excellencies of that institution are mainly attributable to the very large number of patients, from which the visitors are enabled to secure advantages with respect to staff, servants, extent of accommodation and luxuries (which to the diseased mind are ever to be desired), which would be unattainable by any institution on a small scale. The Committee were much struck by the entire absence of all restraint on patients. How this is accomplished without risk to the patients is a secret at present to be acquired with respect to the Bedford Asylum, and the Committee have hitherto felt the responsibility too great to justify an order that all coercion be removed, in the face of the strongest remonstrance from the medical officers and attendants.

The Committee afterwards, on the recommendation of the Sub-Committee, adopted the following rules and regulations :—

1. That greater attention be paid to the classification of the patients; so that the one class shall have no communication with the other.
2. That there be at least three classes, viz: one of dirty, noisy and violent patients; one of the inoffensive, quiet and more cleanly patients; and one of patients which may be deemed approaching to convalescence.
3. That there be servants appointed for each class, and a greater number than at present for the violent and helpless patients.
4. That the ground in front of the road be fenced off and divided, so as to afford to the better class of male and female patients more scope for air and recreation.
5. That a board be affixed at the entrance of the ward of each class, containing the name of each patient, the date of admission, and whether for the first time or otherwise, with the parish and county to which he or she may belong, and also the names of the servants under whose care the patients are, and that the names be added or erased as changes may occur.
6. That there be a board also, containing the names of all the patients in each class, to be left in the visitors' room, so that a visitor may refer to it on going through the Institution.



7. That there be warm baths and washing sinks provided for the patients.
8. That on the male and female side there be provided at least two wadded cells in each.
9. That there be provided rocking horses on each side, similar to those at Hanwell.
10. That there be a form of grace, for before and after dinner, printed and hung up in each room where the patients dine, and that a patient if able, and if not, a servant read the grace, the patients all standing.
11. That all violent and helpless patients have a belt of leather round them, similar to those at Hanwell, so that they may be more readily moved from place to place; and that those patients addicted to tear their clothes have a wrist-strap round the wrists.
12. That the patients be allowed to sit up to eight o'clock, though they may go to bed earlier if they wish.
13. That a notice be printed and affixed about the House, to this effect; "That no attendant is permitted to make a perquisite of any kind, to sell anything to a patient, or to receive money from the friends of patients, or from visitors to the Asylum, on pain of dismissal." And "that if a patient escape in consequence of negligence, the expense of the retaking of the patient shall be borne by the attendant."
14. That the attendants be provided with a whistle, but which is never to be used excepting when the aid of other attendants may be instantly required.
15. That no patient in future be subjected to restraint, such as confinement of the arms or legs, except under the orders of the Medical Officers.

The Asylum has not been visited during the year 1848 by the Commissioners in Lunacy, but early in January two members of that body performed this statutable duty. As their report has some reference to the year 1848, the Committee subjoin a copy thereof.

"Bedford County Asylum, 16th January, 1849.

"Since the last visit of the Commissioners to this Asylum, on the 25th October, 1847, 142 new patients have been admitted, and during the same period 52 have been discharged, and 34 have died.

"At present the Asylum contains 236 patients in all, of whom 109 are males, and 127 are females. These are mostly in a tranquil state at the time of our visit to-day. One male patient wore hand-muffs and a belt, and two females were in seclusion.

"By the medical journal it appears that 8 males and 12 females are at present under medical treatment for bodily illness, and we found 4 males



and 10 females in bed to-day, but not in consequence of indisposition of a serious character.

"We are sorry to learn that many of the patients who have been admitted, were sent to the Asylum in bad or feeble health, and by reference to the register it appears that seven died within a month of their admission.

"We have gone over the whole establishment, inspected the wards and examined the clothing and bedding of the patients. The various rooms were clean and well ventilated, and the patients were neat in their persons, and warmly and comfortably dressed. Each bed has now three blankets and a rug.

"The new galleries have now been occupied for about four months. They are well ventilated, and afford sleeping accommodation for 35 patients of each sex. There are besides two new day rooms, two additional airing yards, two washing houses and drying rooms, and a new kitchen. All the airing courts have also been enlarged.

On an average 60 patients of each sex are regularly employed, and receive extra diet, consisting of an allowance of bread and cheese and beer. The dietary continues the same as heretofore, and there is nothing new to report relative to the attendance of the patients at divine service, which is performed regularly as usual to about one hundred of them.

"We have made the various enquiries directed by the statute, and have received satisfactory replies.

"Altogether the Asylum is in a very satisfactory condition."

W. G. CAMPBELL, }  
THOMAS TURNER, } *Commissioners in Lunacy.*

Notwithstanding the manifest improvements which have been already effected in this Asylum during the past year, the Committee cannot let this opportunity pass without expressing their unanimous opinion that still further alterations and improvements are required.

1. The Committee consider it essential that a large extent of land should be occupied for the employment and exercise of the patients. The average number usually at work in the grounds is 40; and the quantity of land, the property of the Asylum, available for the purpose, is 9a. 2r. including buildings, &c., which is evidently too small for the Asylum in its enlarged state. For the last two or three years two additional closes have been rented of His Grace the Duke of Bedford, by the year.



The Committee considering it of the highest importance to the Asylum that this property should be permanently annexed to the Asylum, caused an application to be made to his Grace's land agent, enquiring if the Duke would consent to dispose of the two closes at a price to be ascertained by valuation. His Grace has most readily consented to the disposal of the land upon these terms, and the Committee hope that means may be obtained whereby it may be secured to the Asylum.

2. The Committee would urge the importance of the Asylum premises being inclosed, for the better security of the property and patients, and for increasing the means of providing additional airing yards for the convalescent patients. The propriety of having but one entrance for persons to pass to and fro, in order that a complete supervision and control may be secured, is too evident to require any further comment: and the Committee earnestly hope that this important improvement may be carried into effect at no distant period.

3. The continued increase of patients attending divine worship is highly satisfactory. There is an average attendance of 100 patients. The service is performed in one of the galleries, which is much too small, and the Chaplain has brought under the notice of the Committee the great want of sufficient accommodation for the religious services of the Institution. The Committee are most anxious that the suggestions of the Chaplain should be carried out.

Since the last Report, applications have been made to the Committee by the Counties of Buckingham and Cambridge, to be received into union under the provisions of the statute. The first application was made from the county of Buckingham, in January, 1848. The subject



was fully discussed by the Committee, and it was the opinion of the majority that the staff of the Asylum might be rendered more efficient, and that it would be advantageous to the general interests of the Institution, if the union were extended by taking in another county, by means whereof the alterations and improvements recommended in this Report, as well as other improvements, might easily be effected; and other advantages would also accrue, which a smaller institution would not admit of. The Committee offered to receive a deputation of the magistrates of Buckinghamshire to confer more fully on the subject, which however was declined, and the subject dropped. But in November last an application was made from Cambridgeshire, when the matter was again discussed and a Sub-Committee of Visitors was appointed to consider whether any and what benefits would result to the Asylum from the proposed extension of union. The Sub-Committee reported at an adjourned quarterly meeting in favour of the application, and the county surveyor was instructed to prepare a plan and estimate for the extension of the buildings and other alterations requisite for the accommodation of 120 patients. Mr. Smith reported his opinion, that to erect suitable buildings for such accommodations, and to inclose the Asylum premises, and erect a new chapel, &c., it would amount to such a sum that the Committee considered they could not ask of the county of Cambridge less than £20,000 for a permanent interest in the Asylum.

The Committee of Justices for Cambridgeshire, in consequence of this very large estimate, declined entering into the treaty.

The receipts for the year have been as follows :—

General account . . . .	£4719	0	11
Building account . . . .	4711	18	1
	<hr/>		
Total, £	9480	19	0
	<hr/>		

The expenditure for the year has been —

On general account . . . .	£4339	2	5
Building account . . . .	4535	10	4
	<hr/>		
Total, £	8874	12	9
	<hr/>		

There is a balance in the Treasurer's hands—

On the general account . . . .	£226	15	9
Building account . . . .	198	0	0
	<hr/>		
Total, £	424	15	9
	<hr/>		

The rate of payment for the maintenance, &c., of patients during the year, has been 7s. 6d. per week. The accounts with the Boards of Guardians have been in a more satisfactory state this year than last, all of them having in a great measure complied with the regulations of the Asylum by payment in advance. The balances owing on the 31st December, 1848, were £64 17s. 5d. only, whilst those due from the Asylum were £61 0s. 10½d.

The Committee have pleasure in stating that the health of the patients during the year has been, on the whole, good.



The following documents are annexed to this Report,  
*viz* :—

REPORT OF THE SUPERINTENDENT, AND THE RESIDENT  
MEDICAL OFFICER,  
REPORT OF THE CHAPLAIN,  
STATISTICAL TABLES, BY RESIDENT MEDICAL OFFICER,  
ABSTRACT OF ANNUAL RETURNS, SCHEDULE D,  
ABSTRACT OF RECEIPTS AND PAYMENTS,  
ABSTRACT OF GARDEN ACCOUNT.

THO. CHA. HIGGINS, *Chairman*,  
JAMES RUST,  
MARLBOROUGH PRYOR,  
CHARLES G. PAYNE,  
C. C. BEATY-POWNALL,  
CHAS. MOORE,  
WM. SHOVE CHALK,  
T. TYLECOTE,  
GEORGE P. LIVIUS,  
JOHN HARVEY,  
HENRY LITTLEDALE.



REPORT  
OF THE  
VISITING SURGEON AND SUPERINTENDENT,  
AND THE  
RESIDENT MEDICAL OFFICER.

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*To the Committee of Visitors of the Bedford Lunatic Asylum.*

GENTLEMEN,

In compliance with the Rules 55 & 56, we have the honour to present our Annual Report for the year 1848.

The number of patients remaining in the Asylum at the close of the year 1847 was 206, 107 males and 99 females.

During the last year there have been 107 patients admitted, consisting of 40 males and 67 females, making the total number under treatment 313. Many of the cases were re-admissions from other Asylums, and incurable; some having been confined many years, but removed to this Asylum in consequence of the union with the county of Huntingdon. The majority of patients consists of agricultural labourers or their wives, and persons of the humbler classes of society. Several have been brought in a very weak and almost dying state, and many of very advanced age.



There have been discharged 49 patients—33 recovered ; 16 have been removed at the request of their friends, 12 of whom were improved and 4 not improved ; the number of recoveries being 12 less than last year.

There have been 31 deaths, 17 males and 14 females, most of which have occurred in patients of advanced age, and many from old age and general decay alone. There were four deaths within a week of admission.

One case of suicide has unfortunately occurred within the last few days, the patient being a criminal lunatic. He was a dissolute character, and had spent seven years of his life in goal, having been committed no less than seventeen times. He had often threatened us for detaining him, but never seemed disposed to injure himself. Two others have attempted to destroy themselves, but we are happy to say neither proved fatal, and one was eventually discharged, cured. No less than 28 cases have been reported on admission as dangerous to themselves.

The recent alterations and additions have afforded us accommodation for about 70 more patients, besides other necessary offices ; the airing yards have been much enlarged ; different parts of the building warmed and ventilated by artificial means, and the Asylum supplied with hot and cold water, which have been found very beneficial and conducive to the health and comfort of the patients.

During the alterations and additions the house was put to much inconvenience, but fortunately the patients enjoyed good health, no prevailing epidemic having made its appearance, or we should have felt it much more. The increased number of attendants has been very useful, and we trust that the more liberal scale of wages will en-



able us to keep good servants when we have them ; most of our new ones suffer from the noise, smell, and general excitement of their positions, and are some time ere they become accustomed to it.

We have much pleasure in stating that no accident of a serious nature has occurred, and no one has effectually escaped, although the buildings, walls, &c., were nearly nine months before they were completed.

The patients are divided into four classes, each class having separate day-rooms, airing yards and sleeping departments. The first class consists of curable convalescent, and a great number of chronic cases, which though incurable, are constantly employed in various occupations, and have been in the Asylum many years. The second, of both curable and incurable patients, who are quiet and inoffensive, yet not disposed to employ themselves. The third, of idiots and dirty. The fourth, of noisy and violent.

There are about 80 patients of both sexes generally employed, the greater number of men in the garden, and fields, which contain about 12 acres ; others in the galleries and about the house, and some at their trades ; the women in the workroom, washhouse, laundry and galleries.

At the suggestion of your Committee, two rocking horses were provided for the amusement of the patients, but they do not use them much, nor appear to take much interest in them. Foot-balls and draughts seem to afford the greatest pleasure. Books, papers, &c., have been introduced, but very few seem to appreciate them.

About 100 attend divine service, and with few exceptions conduct themselves with order and attention.



Owing to a great wish to do entirely without mechanical restraint, several female attendants have been seriously injured, and the amount of property destroyed very considerable. The number under restraint has been about  $2\frac{1}{2}$  per cent.

There are about 60 patients of dirty habits, and many very mischievous, although not violent or dangerous. The number of criminals confined during the year has been 10, one of whom has been discharged cured, and one died. There are now 233 patients in the Asylum, consisting of 183 incurable, and only 50 curable cases. The accompanying tables will give the particulars of the various cases.

We have the honor to remain,

Gentlemen,

Your obedient, humble Servants,

J. HARRIS,

*Visiting-Surgeon and Superintendent,*

BENJ. F. MATTHEWS,

*Resident Medical Officer.*

Lunatic Asylum,

Jan. 31st, 1849.

## REPORT OF THE CHAPLAIN.

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*To the Committee of Visitors of the Bedford Lunatic Asylum.*

GENTLEMEN,

The period has again arrived when a report from the officers of the Lunatic Asylum is required by the Visiting Magistrates.

I have to record with much satisfaction, for your information, that all the duties devolving on the Chaplain have been strictly and constantly attended to. The attendance at the Sunday services, which have regularly taken place at the accustomed times, has been good. Indeed, as many as can be comfortably accommodated have always been present, and sometimes we are inconvenienced by the largeness of the number; and yet, more patients might, and doubtless would attend, if we could receive them.

The patients and the sick have been regularly visited in the week, throughout the year, for religious instruction, and spiritual consolation. I might add, they have been visited almost daily. Of course, the subject of religion is never forced upon any individual, but there are very few



who are unwilling, and also very few who are at *all times incapable* of attending to it. I may state as a fact, of the truth of which I have no doubt, that the great portion of the patients attend to private prayer regularly, and a still larger number occasionally. In many instances I fear it is attended to formally, but in others it is, I am persuaded, an earnest lifting up of the heart to God.

We have had a considerable number of deaths this year, and the sick have had the benefit of the oft-repeated visits of the Chaplain, which in some instances have not been lightly valued, while in others, there has been little or no spiritual perception. Some of those who have gone forth from the Institution, and others who now remain there, have known the worth of religion, and have highly valued their christian privileges, which have been a great comfort to them.

I have the honor to remain,

Gentlemen,

Your most obedient, humble Servant,

HENRY TATTAM.

Bedford,

Feb. 3rd, 1848.

[APPENDIX, No. 3.]

## TABLES.



# STATISTICAL TABLES

BY

THE RESIDENT MEDICAL OFFICER.

TABLE I.

GENERAL RESULTS OF THE YEAR.

PATIENTS IN THE ASYLUM DEC. 31st, 1847.	M.	F.	Total.	
Incurable, . . . . .	83	81	164	
Curable, . . . . .	24	18	42	
	107	99	206	
Patients admitted during the year, . . . .	40	67	107	
Total under treatment, . . . .	147	166	313	
REMOVED DURING THE YEAR.	M.	F.	Total.	Grand Total.
Recovered, . . . . .	16	17	33	
Improved, . . . . .	..	8	8	
Unimproved, . . . . .	4	4	8	
	20	29	49	49
Dead, . . . . .	17	14	31	31
Remaining in the Asylum, Dec. 31st, 1848,	110	123	233	233
Total, . . . . .	..	..	..	313

TABLE II.

NUMBER OF ADMISSIONS, DISCHARGES AND DEATHS, DURING  
EACH MONTH IN THE YEAR.

Months.	Admissions.			Discharges.			Deaths.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
January, . . . . .	6	5	11	..	..	..	4	2	6
February, . . . . .	..	6	6	..	1	1	3	1	4
March, . . . . .	3	6	9	2	4	6	1	..	1
April, . . . . .	2	5	7	2	2	4	1	1	2
May, . . . . .	6	8	14	1	2	3	..	2	2
June, . . . . .	4	6	10	1	3	4	..	2	2
July, . . . . .	4	8	12	1	2	3	2	..	2
August, . . . . .	4	7	11	9	3	12	..	..	..
September, . . . . .	3	7	10	2	4	6	2	..	2
October, . . . . .	3	3	6	..	3	3	2	4	6
November, . . . . .	1	2	3	2	4	6	2	..	2
December, . . . . .	4	4	8	..	1	1	..	2	2
Total, . . . . .	40	67	107	20	29	49	17	14	31

\* \* \* The seven following Tables contain the particulars of 107 cases  
admitted during the year.

TABLE III.

AGE.	M.	F.	Total.
From 10 to 20 years . . . . .	..	4	4
„ 20 to 30 years . . . . .	6	10	16
„ 30 to 40 years . . . . .	10	18	28
„ 40 to 50 years . . . . .	13	13	26
„ 50 to 60 years . . . . .	4	11	15
„ 60 to 70 years . . . . .	6	7	13
„ 70 to 80 years . . . . .	1	4	5
Total, . . . . .	40	67	107



TABLE IV.

DURATION OF INSANITY PREVIOUS TO ADMISSION.	M.	F.	Total.
Not exceeding 1 week, . . . . .	4	2	6
"    "    2 weeks, . . . . .	5	4	9
"    "    1 month, . . . . .	2	7	9
"    "    2 months, . . . . .	3	6	9
"    "    3 months, . . . . .	2	2	4
"    "    6 months, . . . . .	1	4	5
"    "    1 year, . . . . .	5	4	9
"    "    2 years, . . . . .	3	5	9
"    "    3 years, . . . . .	1	..	1
"    "    4 years, . . . . .	1	1	2
"    "    5 years, . . . . .	..	2	2
"    "    6 years, . . . . .	1	..	1
"    "    7 years, . . . . .	..	4	4
"    "    8 years, . . . . .	..	1	1
"    "    10 years, . . . . .	1	1	1
"    "    11 years, . . . . .	1	1	2
"    "    14 years, . . . . .	1	..	1
"    "    17 years, . . . . .	..	1	1
"    "    25 years, . . . . .	1	..	1
Not ascertained, . . . . .	6	18	24
Congenital, . . . . .	2	4	6
Total, . . . . .	40	67	107

TABLE V.

FORM OF INSANITY.	M.	F.	Total.
MANIA, . . . . .	10	12	22
"    Suicidal, . . . . .	4	3	7
"    with Epilepsy, . . . . .	1	3	4
"    with Delusions, . . . . .	9	8	17
"    Suicidal, . . . . .	1	5	6
MELANCHOLIA, . . . . .	1	7	8
"    Suicidal, . . . . .	1	6	7
"    with Delusions, . . . . .	2	5	7
MONOMANIA, . . . . .	5	1	6
DEMENTIA, . . . . .	..	5	5
"    with Epilepsy, . . . . .	2	4	6
AMENTIA, . . . . .	..	2	2
"    with Epilepsy, . . . . .	..	2	2
IMBECILITY, . . . . .	4	4	8
Total, . . . . .	40	67	107

TABLE VI.

NUMBER OF ATTACKS.	M.	F.	Total.
First, . . . . .	18	27	45
Not ascertained, . . . . .	20	36	56
Congenital, . . . . .	2	4	6
Total, . . . . .	40	67	107

TABLE VII.

SOCIAL CONDITION.	M.	F.	Total.
Married, . . . . .	16	25	41
Widowed, . . . . .	8	15	23
Single, . . . . .	16	27	43
Total, . . . . .	40	67	107

TABLE VIII.

STATE OF BODILY HEALTH.	M.	F.	Total.
Bad, . . . . .	16	48	64
Good, . . . . .	24	19	43
Total, . . . . .	40	67	107

TABLE IX.

## OCCUPATIONS.

MALES.		FEMALES.	
Builders, . . . . .	2	Tradesmen's Wives, . . . . .	2
Draper, . . . . .	1	Dressmakers, . . . . .	2
Baker, . . . . .	1	Bonnet-Sewers, . . . . .	2
Painter, . . . . .	1	Straw-Plaiters, . . . . .	5
Tailor, . . . . .	1	Chairwoman, . . . . .	1
Shoemakers, . . . . .	3	Servants, . . . . .	6
Porters, . . . . .	2	Shoemaker's Wife, . . . . .	1
Carrier, . . . . .	1	Dairywoman, . . . . .	1
Shepherd, . . . . .	1	Waterman's Wife, . . . . .	1
Gardener, . . . . .	1	Lacemaker, . . . . .	1
Silk Throwster, . . . . .	1	Crape-Worker, . . . . .	1
Labourers, . . . . .	23	Labourer's Wives, . . . . .	20
No Occupation, . . . . .	2	No Occupation, . . . . .	24
Total, . . . . .	40	Total, . . . . .	67



*\* \* The six following Tables contain the particulars of 49 cases discharged during the year.*

TABLE X.

Age.	Recovered.			Improved.			Unimproved.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
From 10 to 20 years, .	..	..	..	..	..	..	1	..	1
„ 20 to 30 years, .	5	4	9	..	3	3	..	1	1
„ 30 to 40 years, .	1	8	9	..	3	3	3	1	4
„ 40 to 50 years, .	8	1	9	..	1	1	..	1	1
„ 50 to 60 years, .	1	3	4	..	..	..	..	..	..
„ 60 to 70 years, .	1	1	2	..	1	1	..	1	1
Total, . . .	16	17	33	..	8	8	4	4	8

TABLE XI.

FORM OF INSANITY.		M.	F.	Total.
Mania, . . . . .		8	9	17
„ Suicidal, . . . . .		2	1	3
„ with Epilepsy, . . . . .		1	1	2
Melancholia, . . . . .		..	10	10
„ Suicidal, . . . . .		1	6	7
Monomania, . . . . .		4	1	5
Amentia, . . . . .		2	..	2
Imbecility, . . . . .		2	1	3
Total, . . . . .		20	29	49

TABLE XII.

RESIDENCE IN THE ASYLUM.		M.	F.	Total.
Not exceeding 2 months, . . . . .		2	2	4
„ „ 3 months, . . . . .		5	6	11
„ „ 4 months, . . . . .		4	5	9
„ „ 6 months, . . . . .		4	1	5
„ „ 9 months, . . . . .		1	6	7
„ „ 1 year, . . . . .		1	2	3
„ „ 2 years, . . . . .		1	3	4
„ „ 3 years, . . . . .		2	3	5
„ „ 7 years, . . . . .		..	1	1
Total, . . . . .		20	29	49

TABLE XIII.

NUMBER OF ATTACKS.	M.	F.	Total.
First, . . . . .	6	10	16
Not ascertained, . . . . .	12	19	31
Congenital, . . . . .	2	..	2
Total, . . . . .	20	29	49

TABLE XIV.

SOCIAL CONDITION.	M.	F.	Total.
Married, . . . . .	6	16	22
Widowed, . . . . .	4	2	6
Single, . . . . .	10	11	21
Total, . . . . .	20	29	49

TABLE XV.

## OCCUPATIONS.

MALES.	FEMALES.
Labourers, . . . . . 11	Labourer's Wives, . . . . . 12
Schoolmasters, . . . . . 2	Straw-Plaiters, . . . . . 4
Carpenter, . . . . . 1	Tradesmen's Wives, . . . . . 2
Builder, . . . . . 1	Dressmakers, . . . . . 1
Shoemakers, . . . . . 2	Dairywoman, . . . . . 1
Porter, . . . . . 1	Servants, . . . . . 4
No Occupation, . . . . . 2	Lacemaker, . . . . . 1
	No Occupation, . . . . . 4
Total, . . . . . 20	Total, . . . . . 29



*\*\* The seven following Tables contain particulars of 31 deaths during the year ending December 31st, 1848.*

TABLE XVI.

AGE.	M.	F.	Total.
From 20 to 30 years, . . . . .	2	1	3
„ 30 to 40 years, . . . . .	2	3	5
„ 40 to 50 years, . . . . .	3	..	3
„ 50 to 60 years, . . . . .	2	5	7
„ 60 to 70 years, . . . . .	6	..	6
„ 70 to 80 years, . . . . .	2	5	7
Total, . . . . .	17	14	31

TABLE XVII.

FORM OF INSANITY.	M.	F.	Total.
Mania, . . . . .	7	2	9
Monomania, . . . . .	1	..	1
Dementia, . . . . .	8	11	19
Amentia, . . . . .	1	1	2
Total, . . . . .	17	14	31

TABLE XVIII.

DURATION OF INSANITY.	M.	F.	Total.
Not exceeding 1 year, . . . . .	1	1	2
„ „ 2 years, . . . . .	2	..	2
„ „ 3 years, . . . . .	..	1	1
„ „ 5 years, . . . . .	..	1	1
„ „ 7 years, . . . . .	..	..	1
„ „ 23 years, . . . . .	1	1	1
Not ascertained, . . . . .	13	10	23
Total, . . . . .	17	14	31

TABLE XIX.

LENGTH OF RESIDENCE IN THE ASYLUM.	M.	F.	Total.
Not exceeding 1 week, . . . . .	3	1	4
" " 3 months, . . . . .	..	2	2
" " 6 months, . . . . .	..	6	6
" " 9 months, . . . . .	2	..	2
" " 2 years, . . . . .	2	1	3
" " 3 years, . . . . .	2	1	3
" " 4 years, . . . . .	1	1	2
" " 5 years, . . . . .	2	..	2
" " 7 years, . . . . .	1	1	2
" " 10 years, . . . . .	1	..	1
" " 11 years, . . . . .	2	..	2
" " 12 years, . . . . .	..	1	1
" " 13 years, . . . . .	1	..	1
Total, . . . . .	17	14	31

TABLE XX.

CAUSES OF DEATH.	M.	F.	Total.
Old age and general decay, . . . . .	1	5	6
Epilepsy, . . . . .	4	1	5
Phthisis, . . . . .	1	3	4
Apoplexy, . . . . .	2	..	2
Chronic inflammation of brain, . . . . .	1	1	2
General paralysis, . . . . .	2	..	2
Congestion of the brain, . . . . .	2	..	2
Enlargement of the heart and disease of the lungs, . . . . .	1	..	1
Hydrothorax, with disease of heart and lungs, . . . . .	..	1	1
Phlegmonoid Erysipelas, . . . . .	1	..	1
Erysipelas, . . . . .	1	..	1
Diarrhœa, . . . . .	..	1	1
Gangrene of foot and leg, . . . . .	..	1	1
Maniacal exhaustion, . . . . .	1	..	1
Gradual exhaustion, . . . . .	..	1	1
Total, . . . . .	17	14	31

\*.\* Post mortem examinations were made in 17 cases. Three Coroners' inquests have been held.

TABLE XXI.

SOCIAL CONDITION.	M.	F.	Total.
Married, . . . . .	4	3	7
Widowed, . . . . .	5	5	10
Single, . . . . .	8	6	14
Total, . . . . .	17	14	31



TABLE XXII.

## OCCUPATIONS.

MALES.		FEMALES.	
Labourers, . . . . .	11	Labourers' Wives, . . . . .	2
Shepherd, . . . . .	1	Shoemaker's Wife, . . . . .	1
Baker, . . . . .	1	Washerwoman, . . . . .	1
Maltster, . . . . .	1	No Occupation, . . . . .	10
No Occupation, . . . . .	3		
	—		—
Total, . . . . .	17	Total, . . . . .	14
	—		—

*\* \* \* The four following Tables contain particulars of 233 cases remaining in the Asylum, December 31st, 1848.*

TABLE XXIII.

NUMBER.	M.	F.	Total.
Curable, . . . . .	22	28	50
Incurable, . . . . .	88	95	183
Total, . . . . .	110	123	233

TABLE XXIV.

AGE.	M.	F.	Total.
From 10 to 20 years, . . . . .	8	8	16
„ 20 to 30 years, . . . . .	12	15	27
„ 30 to 40 years, . . . . .	29	26	55
„ 40 to 50 years, . . . . .	25	34	59
„ 50 to 60 years, . . . . .	17	23	40
„ 60 to 70 years, . . . . .	5	15	20
„ 70 to 80 years, . . . . .	3	2	5
Not ascertained, . . . . .	11	..	11
Total, . . . . .	110	123	233

TABLE XXV.

SOCIAL CONDITION.	M.	F.	Total.
Married, . . . . .	37	41	78
Widowed, . . . . .	2	19	21
Single, . . . . .	61	61	122
Not ascertained . . . . .	10	2	12
Total, . . . . .	110	123	233

TABLE XXVI.

SUMMARY.	M.	F.	Total.
Average number of Patients attending chapel, .	50	50	100
"    "    "    "    employed, . . . . .	40	40	80
"    "    "    "    of dirty habits, . . . . .	30	30	60
Number of Epileptics, . . . . .	7	15	22
"    of Idiots, and those totally demented, .	18	26	44

TABLE XXVII.

GENERAL TABLE OF ADMISSIONS, INCLUDING ALL RE-ADMISSIONS,  
FROM THE OPENING OF THE ASYLUM IN 1812, TO DEC. 31, 1848.

	1847.			1848.			Total.		Grand Total.
	M.	F.	T.	M.	F.	T.	M.	F.	
Admissions, inclu. re-admiss.	741	662	1403	40	67	107	781	729	1510
Deduct re-admissions, .	33	26	59	9	11	20	42	37	79
Total, . . . . .	708	636	1344	31	56	87	739	692	1431



TABLE XXVIII.

## DISCIPLINE.

*All the Patients in the Asylum, except the sick, rise, are set to work, leave off work, and go to bed at the times mentioned as under, viz.—*

	Time for Rising.	Interval for Breakfast.	Time for Work.	Interval for Dinner.	Time for Work.	Interval for Supper.	Time for going to bed. *
From 25th March to 29th Sept.	6 o'clock.	7 to 8	8 to 12	12 to 2	2 until 6	half-past 6	8 o'clock.
From 29th Sept. to 25th March.	6 o'clock.	7 to 8	8 to 12	12 to 2	2 until 4	half-past 4	8 o'clock.

\* Those Patients who wish to go to bed earlier are allowed to do so.

TABLE XXIX.

## DIETARY.

Days of the week.	Breakfast.		Dinner.		Supper.	
	Males.	Females.	Males.	Females.	Males.	Females.
Sunday, .	8 oz. bread,	6 oz. bread,	6 oz. meat	5 oz. meat	8 oz. bread	$\frac{1}{2}$ lb. plum
Tuesday, } Thursday, }	$1\frac{1}{2}$ pint porridge.	1 pint porridge.	with vegetables.	with vegetables.	$1\frac{1}{2}$ oz. cheese	bread, $\frac{3}{4}$ pt. tea
Monday, } Wednes. } Friday, }	. . . .	. . . .	$1\frac{1}{2}$ pint soup with	1 pint soup with	$\frac{1}{2}$ pint beer.	6 oz. bread, 1 oz. cheese, or $\frac{1}{2}$ oz. butter, $\frac{1}{2}$ pt. beer
Saturday,	. . . .	. . . .	8 oz. bread.	6 oz. bread.	. . . .	. . . .
			16 oz. suet pudding.	12 oz. suet pudding.	. . . .	. . . .
Sick Patients, . . .	whatever is ordered by the Superintendent or Medical Officer.					
Patients in the washhouse and Galleries . . .	two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon.					
Patients in the garden .	one pint of beer daily.					

BENJ. FIELDING MATTHEWS,

*Resident Medical Officer.*