

## **Sixth annual report of the managers of the Adams Nervine Asylum. 1883.**

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SIXTH ANNUAL REPORT

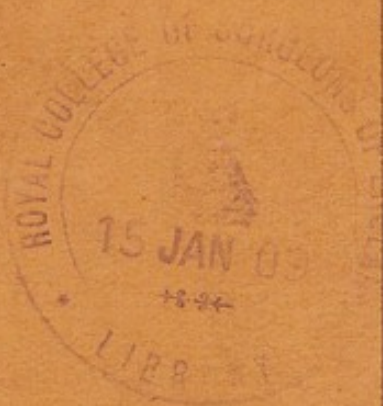
OF THE

MANAGERS

OF THE

ADAMS NERVINE ASYLUM.

1883.



*Bond all in*

BOSTON:

ALFRED MUDGE & SON, PRINTERS,  
34 SCHOOL STREET.

1883.

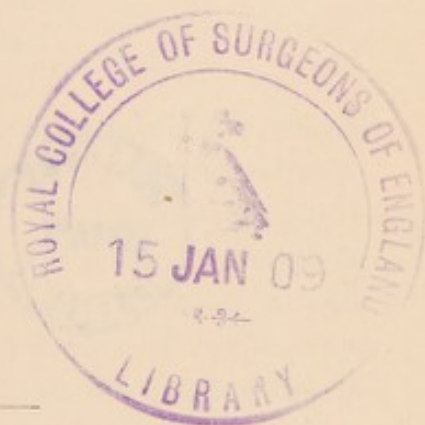
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SIXTH ANNUAL REPORT  
OF THE  
MANAGERS  
OF THE  
ADAMS NERVINE ASYLUM.

1883.



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BOSTON:  
ALFRED MUDGE & SON, PRINTERS,  
34 SCHOOL STREET.  
1883.







THE ADAMS NERVINE ASYLUM, which is situated on Centre Street, at Jamaica Plain, was founded by the will of Seth Adams, late of Newton, who died Dec. 7, 1873, "for the benefit of such indigent, debilitated, nervous people, who are not insane, inhabitants of the Commonwealth of Massachusetts, as may be in need of the benefit of a curative institution." It is also authorized by its charter (St. 1877, c. 55) to receive and care for persons not indigent, who may be otherwise suitable for treatment in its institution, on payment of reasonable compensation for such treatment, the amount of which is to be determined by its managers.

Patients were first received in February, 1880, in the dwelling-house purchased with the estate occupied by the Asylum, and the new Asylum building was first used in December, 1880.

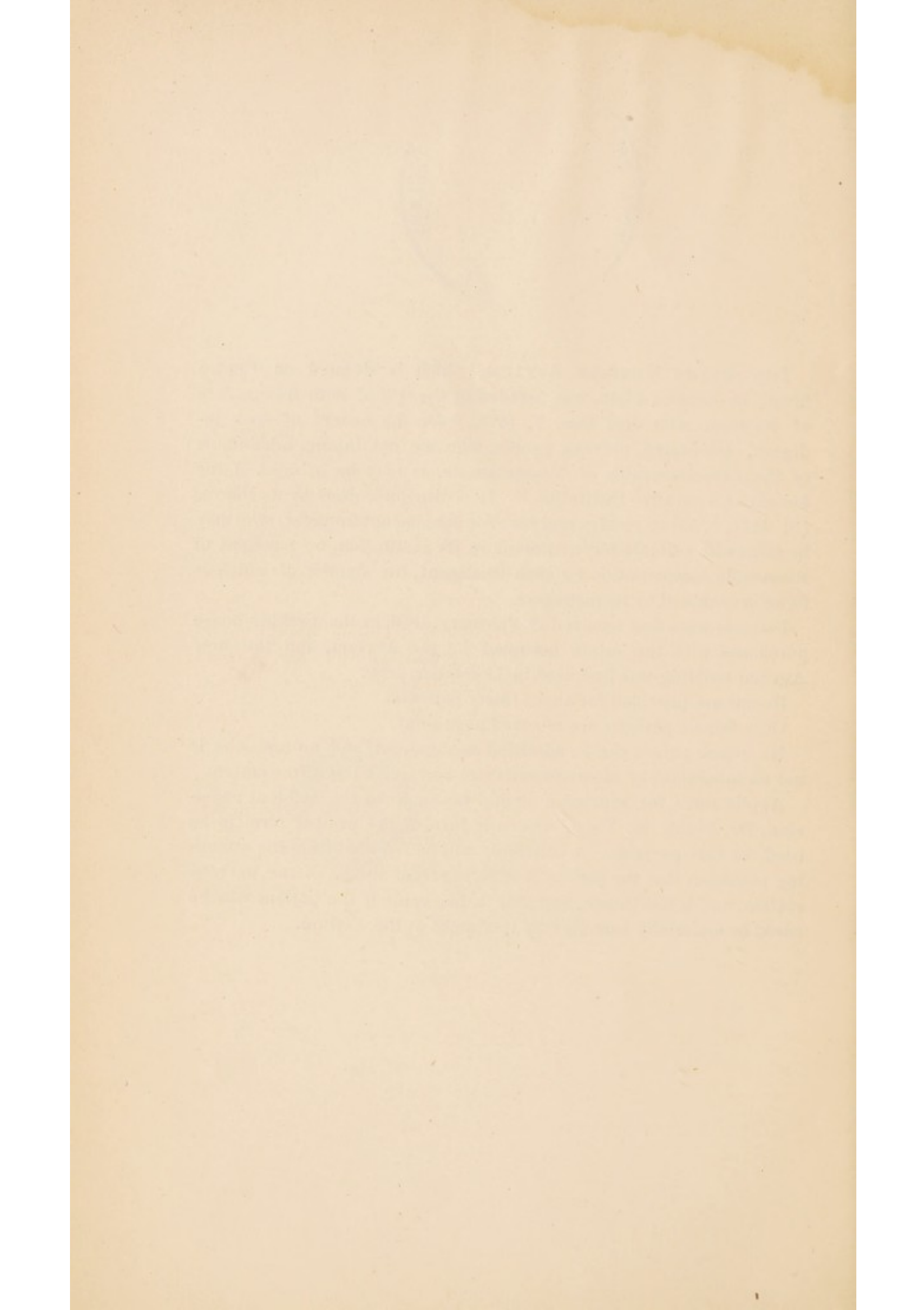
Rooms are provided for about thirty patients.

Only female patients are received at present.

No insane person can be admitted as a patient, and no one who is not an inhabitant of Massachusetts can be received as a free patient.

Applications for admission should be made to the resident physician, Dr. Frank W. Page, who will furnish the printed form to be used for this purpose. A certificate will be required from the attending physician that the patient is suffering from disease of the nervous system, and is not insane, and that in his opinion the patient can be cured or materially benefited by treatment at the Asylum.







# ADAMS NERVINE ASYLUM.

## SIXTH ANNUAL REPORT OF THE MANAGERS.

MAY, 1883.

THE Board of Managers respectfully submit to the corporation their sixth annual report.

The Trustees under the will of Seth Adams, the founder of the institution, have sold during the past year a portion of the real estate held by them, yielding \$20,095.70, — a gain of \$5,600 over its assessed valuation, — and they have expended \$8,286 in filling a large parcel of land on Dorchester Avenue belonging to the trust. The extension of D Street has been laid out and is being constructed across this tract of land, which contains about 200,000 square feet, and which should at some time yield a considerable sum to the trust.

The real estate now held by the Trustees was assessed in 1882 as of the value of . . .	\$58,900.00
And the personal estate stands on their books (this valuation being less than the present market value) at . . . . .	518,940.24
The total amount of the trust property being .	\$577,840.24
The net income from the trust during the past year has been . . . . .	\$26,920.92
All of which has been paid over to the Treasurer of the corporation, who has also received for interest on loans and deposit .	558.84
Making the total income of the Asylum for the year . . . . .	\$27,479.76



The income received from the trust property is somewhat larger than that of previous years, it being remembered that the report of last year covered a period of fifteen months.

The receipts of annual income from the Trustees have been as follows, since the corporation was established : —

In 1878	.	.	.	.	.	.	.	\$21,376.54
“ 1879	.	.	.	.	.	.	.	23,897.89
“ 1880	.	.	.	.	.	.	.	22,881.52
“ 1881	.	.	.	.	.	.	.	26,486.28
“ 1882 (for fifteen months)	.	.	.	.	.	.	.	32,081.80
“ 1883	.	.	.	.	.	.	.	26,920.92

The expenses of the Asylum for the year, including salaries, furniture and apparatus, and alterations and repairs, have been	.	\$31,507.82
There has been received from board of patients	.	11,623.56
The balance paid from the funds of the corpo- ration being	.	\$19,884.26

The boundaries of the estate of the Asylum have been changed and materially improved since our last report. In December last we purchased of Miss A. M. Glover and others a dwelling-house and 248,060 square feet of land adjoining our estate on the south, at a cost of \$13,606.27, and sold to the city of Boston, for \$11,078.84, 503,184 square feet, a large part of it being low land in the rear of our estate, to be added to the Arnold Arboretum; the net cost to us of the purchase and sale being \$2,527.43. The newly acquired land will afford an admirable site for another building. Our estate is now bounded on the east and south wholly by the grounds of the Arboretum; on the west by Centre Street, having a frontage of  $1,804\frac{55}{100}$  feet on that street, and on the north by the estate of Mr. Edward K. Butler, and contains  $17\frac{84}{100}$  acres.

A new building for the use of the nurses has been put up



during the past year at a cost of \$13,461.36, and is now in use. It has been built in the most thorough and substantial manner, and contains twelve chambers, two bath-rooms, and a sitting-room, for the nurses, and in the basement two large sleeping-rooms for the use of four male employés. It is connected by a corridor with the main Asylum building. The rooms formerly occupied by the nurses were immediately under the roof of the main building, in an attic not originally designed for such use, and did not afford them suitable accommodations; and the new rooms for the men were also much needed.

All the patients' rooms in the main building have been neatly papered, and the ceilings have been tinted, and an ash picture moulding put up, so that the rooms have been made much more cheerful and attractive. The bare white plaster walls had been found in some cases trying to the eyes of patients.

The Asylum has been connected with the suburban telephone system, with the right to use also the city telephone service, its number being 8,333.

In accordance with a vote of the corporation, the managers' report of last year — their fifth annual report — has been printed and distributed, being the first of our reports which has been published. It is proposed to print these reports annually hereafter.

The account of the treasurer and the annual report of the resident physician are submitted herewith.

The number of patients under treatment during the year has been 105. Of this number 29 were in the Asylum at the beginning of the year, and 76 were admitted during the year; 37 have been discharged as recovered, 27 as relieved, and 16 as not relieved; and 25 were remaining in the Asylum April 30. There have been no deaths during the year. The daily average number of patients has been  $27\frac{9}{100}$ . There have been 371 applications for admission. Of the 76 persons admitted during the year, 20 were free patients, and of



the remaining 56, 14 have paid full rates of board, and 42 have paid in part, according to their means, the expenses which have been incurred for them. The amount received from paying patients has exceeded one-third of the expenses of the Asylum for the year.

The visiting committee organized by the lady members of the corporation have continued their visits to the Asylum throughout the year, and have cheered and helped the patients very much.

The managers regret to announce that Dr. Samuel A. Green, who has been a valued member of their board from the time of its organization, finds it inconvenient for him to render us further service, and declines re-election.

For the Board of Managers,

JAMES C. DAVIS, *Secretary*.

MAY 9, 1883.

## REPORT OF THE RESIDENT PHYSICIAN.

TO THE MANAGERS OF THE ADAMS NERVINE ASYLUM.

*Gentlemen,* — In accordance with the requirements of your Board, which determine that I shall make an annual report at least seven days before the annual meeting of the Corporation, I have the honor respectfully to submit the following :—

TABLE No. 1.

### GENERAL STATISTICS.

Patients in the Asylum May 1, 1882 . . . . .	29
Admissions within the year . . . . .	76
<hr/>	
Whole number of <i>cases</i> during the year . . . . .	105
Discharged —	
Namely, — as recovered . . . . .	37
relieved . . . . .	27
not relieved . . . . .	16
<hr/>	
	80
Patients remaining April 30, 1883 . . . . .	25
Number of different <i>persons</i> under treatment during the year .	105
“   “   “   “   admitted . . . . .	76
“   “   “   “   recovered . . . . .	37
Daily average number of patients . . . . .	27.09
Average stay of patients (in months) . . . . .	3.70
“   “   “   “   who recovered . . . . .	4.34
“   “   “   “   “ were relieved . . . . .	4.
“   “   “   “   “ were not relieved . . . . .	2.77
Total number of applications for admission . . . . .	371

In the foregoing statistics there are several items of interest worthy of consideration, to which I would call your attention. The number of applications for admission, an average of one and a fraction daily for every day of the year, has been larger than ever before, and is probably a



fair indication of what the future demands on the resources of the Asylum are likely to be. While it probably does not in any way indicate an increase of nervous disorders among women (female patients only being admitted at present), it unquestionably affords satisfactory evidence of the urgent need felt for special facilities in the treatment of nervous derangements; and especially for such facilities as are afforded in this Asylum. Owing to this unusual demand, greater care has been exercised in selecting patients for admission, preference being given to recent cases and those believed to be curable.

As there have been no readmissions during the year, the total number of cases admitted and under treatment represent a corresponding number of different persons.

Of seventy-six patients admitted, sixty-eight had never before been in any hospital, and sixty-six had never been insane. Of ten patients who had suffered from melancholia, none had ever received other than home treatment.

Of thirty-seven patients discharged as recovered, four had had melancholia at a former period, and two at date of admission, mild melancholia or depression. Their restoration to health without either a recurrence or an aggravation of symptoms is wholly traceable to the direct influences of Asylum treatment. The recoveries have been forty-six per cent of the discharges. Of those discharged as "relieved," many have since recovered, further time only being needed to complete the cure.

The average residence in the Asylum for all patients has been  $3\frac{7}{10}$  months; for those who recovered,  $4\frac{3}{10}\frac{4}{10}$  months, and for those who were relieved, four months. These figures closely approximate to those of the previous year.

The value of "rest and seclusion" as remedial agents is an exceedingly interesting question, in view of the rather indiscriminate application which has been made of this treatment to all forms of nervous disturbance, whether of cerebral, spinal, or peripheral origin. This method of treatment is



of great value in many disorders, the characteristics of which were mentioned in last year's report. In hysteria it assists by its discipline in regaining self-control, but *not* in melancholia, either of a mild or severe type. On the contrary, its use in cases of *depression* invariably aggravates rather than soothes or mitigates the symptoms, and I do not resort to it in the treatment of this class of patients. In nervous exhaustion, so-called, whether of cerebral, spinal, or mixed types, it is more certain of satisfactory results than any other plan yet tried. It retards waste, checks morbid activities, and prevents the drains and lesser strains so fruitful in perpetuating this condition. Whether imaginary or real, the confused thought; the supposed loss of memory, or its sudden lapses; the weaknesses of vision; the irregular and varied forms of circulatory disturbances; the disturbed digestion; the motor irregularities; incapacity for work; insomnia, and all other symptoms, speedily disappear under its judicious use, seldom to reappear.

In this connection I am led to refer to many inquiries that have been made in reference to the stability of our cures.

As the Asylum is comparatively new, having been in practical operation less than four years, and therefore not rich in experience, it is impossible to base upon its results conclusive or reliable deductions. In general, however, it may be stated that heredity and temperament exert an important influence in determining this question. It is well known that heredity carries with it from one generation to another abnormal anatomical peculiarities, as for instance supernumerary fingers and toes. So neurotic traits, whether psychological or not, to a much greater degree manifest themselves in parents and children for successive generations. Even disturbed nerve functions, like migraine and neuralgia, perpetuate themselves in different members of a family through a long line of descent. Always quiescent in good health, these neuroses promptly manifest themselves whenever nutrition is seriously disturbed.



The average weekly cost for each patient, including salaries, has been \$20.20. This advance on that of last year is owing to two causes: the enhanced cost of provisions, and some extraordinary expenses not likely to occur again. While great care has been exercised, and the utmost economy practised in the administration of the Asylum, it is impossible to conduct it as economically as if the numbers were much larger; and also, it has been no part of the management to try with how small expense the work could be carried on; on the contrary, the aim has been to afford as many advantages and comforts for the patients confided to our care as would enable them to become useful and satisfactory members of the households to which they belonged. With what success the results amply show.

The occupation of the new nurses' building completes an improvement the need of which has long been felt. By means of it our nurses are now enabled to obtain that relief from the exacting cares and depressing influences of their vocation which their health and comfort demand. It has been occupied two months, and affords them agreeable accommodations and delightful quiet.

Other changes of interest and decided importance have also been accomplished during the year. Notably, the papering and tinting of the different rooms in the Asylum building proper, whereby their general appearance has been greatly improved and their glaring whiteness, so trying to the vision of nervous invalids, happily obviated. In attractiveness and general homelike character and comfort I believe they are unsurpassed by those of any other hospital in the country.

A valuable appliance, added to the means of cure already in use, is the large and effective Holtz electrical machine (No. 12), for producing and administering statical or frictional electricity. During the short time in which it has been in use, it has become exceedingly popular with the patients, and proves to be an excellent complement as well as adjuvant to

the other forms of electricity, exerting in many ways a curative influence not possessed by either faradism or galvanism.

A telephonic communication has been made with the suburban lines and with the city proper, and though in operation less than one month, it has proved highly convenient and useful. To a certain extent it has been made available by the friends of patients to ascertain their welfare.

During the year a fair beginning has been made in establishing a medical library for the sole use of the Asylum. As this is an important matter, and lies at the foundation of its success and future good work, it is hoped that contributions on all matters relating to the special field of nervous diseases may be sent to us. Any works, whether books or pamphlets, bearing on this subject, will be gratefully received.

Many friends during the past year have in various ways shown their interest in the work of the Asylum; to them I would offer my acknowledgments. In conclusion, I would express to the Board my deep sense of appreciation for the courtesy and confidence shown me. I also desire to make favorable mention of my assistant, Dr. C. A. Cheever, who has so ably and efficiently co-operated with me in the work confided to my care, and also to Mrs. Sherwood and the employés, whose faithfulness and interest in their work are worthy of praise.

FRANK W. PAGE,

*Resident Physician.*

MAY 1, 1883.







TABLE No. 5.

## OCCUPATIONS OF PERSONS ADMITTED.

Housewives . . . . .	24	
Housekeepers . . . . .	3	
	<hr/>	27
Teachers (including one music-teacher) . . . . .	9	
Students . . . . .	3	
Seamstresses . . . . .	3	
Clerks . . . . .	2	
Shoe-stitcher . . . . .	1	
Lace-worker . . . . .	1	
Companion . . . . .	1	
Nurse . . . . .	1	
Nursery-maid . . . . .	1	
Missionary . . . . .	1	
Of no occupation . . . . .	26	
	<hr/>	
Total . . . . .		76

TABLE No. 6.

## RELATION TO HOSPITALS OF PERSONS ADMITTED.

Never before in any hospital . . . . .	68
Former inmates of this Asylum . . . . .	0
“ “ “ other hospitals in this State: —	
Free Hospital for Women . . . . .	3
Boston City Hospital . . . . .	2
Massachusetts General Hospital . . . . .	1
Homœopathic Hospital . . . . .	1
	<hr/>
	7
Women's Hospital, N. Y. . . . .	1
	<hr/>
Total . . . . .	76

TABLE No. 7.

EXPENSES, MAY 1, 1882, TO APRIL 30, 1883.

Supplies . . . . .		\$9,614 10
Furniture . . . . .	\$1,364 22	
Alterations and repairs . . . . .	1,729 42	
		<u>3,093 64</u>
Contingent expenses . . . . .	\$193 92	
Stationery, printing, advertising, etc. . . . .	209 48	
Garden . . . . .	267 29	
Books . . . . .	145 93	
Express . . . . .	297 56	
Insurance . . . . .	135 00	
Grading and labor on grounds . . . . .	323 98	
		<u>1,573 16</u>
Fuel . . . . .	\$2,119 07	
Gas . . . . .	1,190 40	
		<u>3,309 47</u>
Water . . . . .	\$551 48	
Ice . . . . .	168 50	
		<u>719 98</u>
Medicines and medical apparatus . . . . .	\$2,005 42	
Stable . . . . .	1,030 64	
Salaries . . . . .	2,462 51	
Wages . . . . .	7,530 89	
General expenses . . . . .	168 01	
		<u>13,197 47</u>
		<u>\$31,507 82</u>
Amount received from patients . . . . .	\$11,623 56	
Balance paid from funds of the Asylum . . . . .	19,884 26	
		<u>\$31,507 82</u>

Paying patients, 56; free patients, 20; total, 76.

Of paying patients, eleven paid \$25; three paid \$20; two paid \$17; one paid \$17.50; six paid \$15; twelve paid \$10; one paid \$8; one paid \$6; twelve paid \$5; one paid \$4; one paid \$3.50; four paid \$3; and one paid \$2.50 per week.

## REPORT OF THE TREASURER

FOR THE YEAR ENDING APRIL 30, 1883.

THE Treasurer reports that the amount of the income of the Asylum for the last year, from the funds in the hands of the Trustees, and interest on moneys in the hands of the Treasurer, was . . . . . \$27,479.76

That the expenses, after crediting amount received from the board of patients, were for Asylum . . . . .	\$19,884.26	
Treasurer's department . . . . .	125.00	
	20,009.26	20,009.26

Balance of income over the ordinary expenses of the Asylum is . . . . .	\$7,470.50	
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That there has been invested in land beyond the amount received from that sold to the city of Boston . . . . . \$2,527.43

In a new building for the nurses . . . . . 13,461.36

Leaving the balance in the treasury April 30, 1883, \$8,518.29 less than on the 1st of May, 1882.

A summary of the account is as follows :—



ACCOUNT OF CALEB WM. LORING, TREASURER OF THE ADAMS NERVINE ASYLUM,  
FOR THE YEAR ENDING APRIL 30, 1883.

1882-1883.		1882-1883.	
May 2, Bal. of last account, cash	\$10,372 77	Paid expenses of the Asylum, including salaries, furniture, electrical apparatus, alterations, and repairs.	\$31,507 82
" " Note on hand . . .	5,000 00	Allowance for clerical assistance to the treasurer, and sundry small expenses, for 15 months to May 1, 1882 . . . . .	125 00
Received from John N. Barbour, James C. Davis and Aquila Adams, trustees, income of trust in their hands . . . . .	26,920 92	Paid for additional land, and expenses . . . . .	13,606 27
By interest received on deposits and loans . . . . .	558 84	Paid for new building for the nurses, Balance to next account,	13,461 36
By sale of land to city of Boston . .	11,078 84	Cash held by the resident physician . . . . .	\$200 00
From Dr. Page for board of patients,	11,623 56	Loan to So. Boston R. R. Co. . . . .	5,000 00
		Cash in N. E. Trust Co. on deposit . . . . .	1,654 48
			<u>\$65,554 93</u>

Balance to new account . . . \$6,854 48

C. W. LORING, *Treasurer.*

# INVESTMENT OF THE PROPERTY HELD BY THE TRUSTEES ON MAY 1, 1883.

## REAL ESTATE.

(As valued by the Assessors in 1882.)

Land on Dorchester Avenue, South Boston . . . . .	\$37,000
“ and house, 103 W. Broadway, South Boston . . . . .	6,200
“ on Silver Street, South Boston . . . . .	800
“ and house, 411 E. Seventh Street, South Boston . . . . .	3,300
“ “ 44 E. Windsor Street, Boston . . . . .	4,300
“ “ 46 E. Windsor Street, Boston . . . . .	4,300
“ on Norman Street, Boston . . . . .	3,000
	<hr/>
	\$58,900
	<hr/>

## PERSONAL ESTATE.

(As valued in the probate appraisal made in January, 1878, and in regard to property purchased since the appraisal at its cost.)

194 Shares Atlantic National Bank, Boston, at 133	\$25,802 00
167 “ Atlas “ “ “ 110	18,370 00
48 “ Boston “ “ “ 103	4,944 00
37 “ Eliot “ “ “ 111	4,107 00
150 “ Howard “ “ “ 109½	16,425 00
16 “ Nat. B'k of N. America, “ “ 108	1,728 00
70 “ “ the Republic, “ “ 130	9,100 00
58 “ National Union Bank, “ “ 134½	7,801 00
100 “ “ Webster Bank, “ “ 99	9,900 00
200 “ New England Nat. B'k, “ “ 133	26,600 00
23 “ North National Bank, “ “ 117	2,691 00
20 “ Second “ “ “ 141	2,820 00
300 “ State “ “ “ 111	33,300 00
100 “ Traders' “ “ “ 100	10,000 00
	<hr/>
1,483 “ of bank stock . . . . .	\$173,588 00
100 Shares Boston & Albany R. R. Co., cost, \$11,985 00	
25 “ Boston & Lowell R. R. Co. (par \$500) . . . . .	9,970 00
50 “ Boston & Providence R. R. Co., 5,735 06	



9 Shares	Chicago & Alton R. R. Co., pref. stock, cost at 140 . . . . .	\$1,260 00
42	" Chicago & Alton R. R. Co., com- mon stock, cost . . . . .	5,641 00
150	" Connecticut River R. R. Co. . . . .	19,086 25
165	" Fitchburg R. R. Co. . . . .	18,497 25
80	" Louisiana & Missouri River R. R. Co. pref. guar. stock, cost . . . . .	7,817 56
57	" Manchester & Lawrence R. R. Co. at 124 . . . . .	7,068 00
100	" Metropolitan R. R. Co. . . . .	5,900 00
100	" Old Colony " . . . . .	9,370 00
325	" South Boston " . . . . .	17,855 00
100	" Vermont & Massachusetts R. R. Co., cost . . . . .	11,112 00
100	" Chicago, Burlington & Quincy R. R. Co., cost at 125 . . . . .	12,500 00
50	" Detroit, Lansing & Northern R. R. Co., pref. stock, cost at 113 . . . . .	5,650 00
50	" Kansas City, Fort Scott & Gulf R. R. Co., pref. stock, cost . . . . .	5,981 25
		<hr/>
		\$155,428 31
Notes of South Boston R. R. Co. for \$10,000		
	on demand, 5% . . . . .	\$10,000 00
\$10,000	Old Colony R. R. 6% bonds, 1897, cost at 102 $\frac{3}{8}$ . . . . .	10,239 17
5,000	Boston & Lowell R. R. 6% bonds, 1896, cost at 100 . . . . .	5,000 00
4,000	Rutland R. R. 1st mortgage 6% bonds, 1902, cost at 99 . . . . .	3,960 00
12,000	Kansas City, Lawrence and Southern R. R. 5% bonds, 1909, cost . . . . .	12,552 50
2,000	Lincoln & Northwestern R. R. 7% bonds, 1910, cost at 117 . . . . .	2,340 00
8,000	Atchison & Nebraska R. R. 7% bonds. 1908, cost at 117-117 $\frac{3}{4}$ . . . . .	9,405 00
4,000	Republican Valley R. R. 6% bonds (Western Division), 1919, cost at 105 . . . . .	4,200 00
7,000	Burlington & Missouri River R. R. in Nebraska 6% bonds, 1918 (exempt), cost . . . . .	7,778 75
5,000	Burlington & Missouri River R. R. in Nebraska 6% bonds, 1918 (not ex- empt), cost at 102 $\frac{5}{8}$ . . . . .	5,131 25

10,000 Chicago, Clinton, Dubuque & Minnesota 7% bonds, 1910, cost . . .	10,750 00	
20,000 Atchison, Topeka & Sante Fe R. R. 5% bonds, 1920, cost at 94 . . .	18,800 00	
7,000 New York & New England R. R. 6% bonds, 1905, cost at 109 $\frac{3}{4}$ . . .	7,682 50	
14,000 Kansas City, Fort Scott & Gulf R. R. 7% bonds, 1908, cost 110 $\frac{1}{2}$ . . .	15,470 00	
5,000 Marion & McPherson R. R. 7% bonds, 1909, cost at 113 . . .	5,650 00	
5,000 Cowley, Sumner & Fort Smith R. R. 7% bonds, 1909, cost at 113 . . .	5,650 00	
	<hr/>	\$134,609 17
\$16,000 Chicago, Ill., municipal 7% bonds, 1884-1895, appraised at . . .		17,240 00
Mortgage of Albert Brackett, 6% . . .	8,717 40	
John W. Candler, 6% . . .	14,500 00	
Helen A. Woodbridge, 6% . . .	2,500 00	
G. & C. E. Nicholson, 6% . . .	2,600 00	
Asa P. Morse, 5% . . .	9,000 00	
	<hr/>	37,317 40
6 shares South Bay Co. stock . . .		5 00
Cash in bank . . .		752 36
		<hr/>
		\$518,940 24
		<hr/>
Real estate . . .	\$58,900 00	
Personal estate . . .	518,940 24	
	<hr/>	\$577,840 24



## REPORT OF THE SUPERVISORS.

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THE undersigned, Supervisors of the Adams Nervine Asylum, a corporation organized under the laws of Massachusetts, being charged under the will of Seth Adams, the founder of the corporation, with the duty of examining its affairs and reporting "the general result of such examination through two of the leading newspapers of Boston annually," hereby, in performance of this duty, report that they have made their sixth annual examination, and that the general result thereof is as follows:—

1. The Trustees appointed under the will of Mr. Adams to hold the principal of the fund given by him for the benefit of the corporation have during the past year sold a part of the real estate in Boston which they held last year, realizing for it \$20,095.70; and they have expended in the improvement of real estate \$8,286. The total amount of real estate now held by the Trustees, as assessed in 1882, is .....\$58,900

2. The whole amount of personal property now held by the Trustees, estimating it according to the probate appraisal (which is less than its present value), and in regard to property bought since that appraisal according to the cost of it, is .....\$518,940.24

Which is invested as follows:—

Bank stocks.....	\$173,588.00
Railroad stocks.....	155,428.31
Railroad bonds and notes .....	134,609.17
Municipal bonds .....	17,240.00
Mortgages .....	37,317.40
South Bay Co. stock .....	5.00
Cash .....	752.36
	<hr/>
	\$518,940.24
	<hr/>

3. The gross income of the property during the last year, viz.: .....	\$31,514.48
after deducting accrued interest paid on securities bought .....	681.52
has been.....	\$30,832.96
The expenses of the trust, including taxes, repairs, brokers' commissions, and trustees' charges, have been.....	3,912.04
Leaving as the net income.....	<u>\$26,920.92</u>

The Trustees paid over the whole amount of this net income to the Treasurer of the corporation ..... \$26,920.92

4. The accounts of the Treasurer of the corporation have been examined by the undersigned, and they appear to be accurately kept and vouched.

The Treasurer had on hand May 1, 1882.....	\$10,372.77
Also note of South Boston R. R. Co. for .....	5,000.00
He has received from the Trustees.....	26,920.92
From board of patients .....	11,623.56
From sale of land.....	11,078.84
For interest on loans and deposit .....	558.84
	<u>\$65,554.93</u>

From the amounts thus received the Treasurer has paid out as follows: —

For the expenses of the Asylum, including salaries, furniture, electrical apparatus, alterations, and repairs.....	\$31,507.82
For clerical assistance to the Treasurer .....	125.00
For additional land .....	13,606.27
For new building for the nurses.....	13,461.36
For note of South Boston R. R. Co.....	5,000.00
Cash held by resident physician .....	200.00
And there remains on deposit May 1, 1883, in New England Trust Co .....	1,654.48
	<u>\$65,554.93</u>

5. The undersigned have inspected the securities held by the Trustees and the Treasurer, and have examined and approved the



Trustees' and Treasurer's accounts. They have at various times visited and thoroughly examined the Asylum at West Roxbury, and have found it in excellent order and admirably fitted to fulfil the purposes for which it is intended. Since the last report an additional piece of land has been acquired, giving an increase of frontage on the street and space which can be made available for the erection of buildings, should the Asylum need to be enlarged at some future day. The building for the nurses has been completed and occupied recently, and is well adapted to its uses. In the rear of the estate land has been disposed of to the city of Boston which could hardly have been made available for the purposes of the Asylum. The number of applications for admission this year has been three hundred and seventy-one, the number of patients admitted seventy-six, remaining from last year twenty-nine; the whole number under treatment during the year one hundred and five. Thirty-seven have been discharged as recovered, twenty-seven as relieved, and sixteen as not relieved. The average number under treatment has been twenty-seven and 9-100.

A. L. HOLLINGSWORTH,

ROBERT WILLARD,

*Supervisors.*

MAY 9, 1883.

## WILL OF THE FOUNDER.

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THE following is the residuary clause of the will of Seth Adams (which was executed Feb. 15, 1872) : —

I give, devise, and bequeath to my said executors, and the survivors or survivor of them, their successors in said trust, their heirs and assigns, forever, all the rest and residue of my estate and property, whether real, personal, or mixed, and wherever or however situated, of which I shall die seised or possessed, including any or all of the foregoing bequests, which may lapse, if any, in trust, for the following uses and purposes, viz. : the same is to constitute a perpetual fund, the net income of which is to be managed and dispensed by a corporation to be established for the benefit of such indigent, debilitated, nervous people, who are not insane, inhabitants of the Commonwealth of Massachusetts, as may be in need of the benefit of a curative institution, in the following manner, viz. : my said executors and trustees, with such others as they may associate with them, shall, as soon after my decease as practicable, obtain from the government of said Commonwealth authority to organize and act as a corporation under the title of "The Adams Nervine Asylum" for the legitimate purposes of this bequest.

Said curative institution shall be established in the Roxbury district, or in one of the towns of West Roxbury, Brookline, Brighton, Newton, or Watertown, in said Commonwealth, and shall be distant not more than fifteen miles from said city of Boston, and shall comprise not less than ten acres of land. And chief curative principles relied on shall be the "movement cure," hot and cold bathing, good air, gymnastic and other exercises, with great attention to diet, genial association, and religious exercises. The architectural style of the buildings of said institution shall be plain, substantial, and simple, and great attention shall be paid to convenience, comfort, good-sized rooms, and good air.

When any person or persons, receiving the benefit of this institution, shall have so far recovered their health, or when, for any other reason, it is deemed advisable by said managers to discharge them, they shall do so, and admit others in their stead.

Said corporation shall be composed of my said executors and trustees and their successors, and the persons associated with them in



the act of incorporation, of such persons as may at any legal meeting be nominated and elected members by ballot, of such persons as shall at one time pay to the trustees as an addition to the fund hereby created the sum of one hundred dollars or more, each ; and also of such persons as pay into said fund the sum of twenty-five dollars, as an initiation fee, together with an annual subscription of three dollars; said last-mentioned persons to be considered members while they shall continue the payment of said annual subscription of three dollars, and no longer.

Whenever any one of the trustees of this fund and corporation shall die or resign, or from any cause become incompetent to perform this trust, another trustee in his stead shall be elected by ballot at a legal meeting of said corporation, duly notified for the purpose ; but no person so elected shall have power or authority to act as trustee of said fund until approved by some probate court in said Commonwealth, or a corresponding jurisdiction.

The officers of said corporation shall consist of the aforesaid trustees under my will, and their successors, a president and vice-president, a treasurer, a secretary, a medical professional man, and a board of not less than nine managers; also of three supervisors, whose duty it shall be to examine into the affairs of said corporation as often as once in three months, and to report the general result of such examination through two of the leading newspapers of said Boston annually.

All the officers of said corporation, other than the trustees, the manner of whose election is mentioned above, are to be elected annually by ballot at a legal meeting of said corporation called for the purpose.

And my said executors and trustees are hereby requested and directed to dispose of and convey, by proper deed or deeds, under seal or otherwise, any and all property and estate of which I shall die seised or possessed as soon after my decease as may be by them deemed wise ; and after paying the legacies hereinbefore given, to prudently invest the residue and hold it in trust, and pay the net income thereof to the treasurer of said corporation semi-annually, to be held by him subject to be disposed of by regular legal action of said corporation for the purposes of establishing and carrying on said " Adams Nervine Asylum " in said Commonwealth.

Said fund, together with any accumulation thereof, to be reinvested as often as the same may be proper, and the net income to be used as aforesaid, forever ; I meaning by " accumulation " any money or property received from contributions or otherwise.

(Mr. Adams also bequeathed to the Needle Woman's Friend Society in Boston, \$1,000 ; to the Consumptives'

Home, \$30,000 ; to the Home for Aged Men, \$20,000 ; to the Association for the Relief of Aged Females, \$20,000 ; to the General Theological Library, \$500 ; to the Baldwin Place Home for Little Wanderers, \$10,000 ; to the Boston Provident Association, \$5,000 ; to the Industrial Aid Society, \$1,000 ; to the Boston North End Mission, \$500 ; to the Boston Young Women's Christian Association, \$1,000 ; to the Boston Children's Aid Society, \$500 ; to the Female Orphan Asylum, \$500 ; to the Temporary Home for the Destitute, \$500 ; to the Children's Hospital, \$500 ; and to the Massachusetts Society for the Prevention of Cruelty to Animals, \$1,000.)



## ACT OF INCORPORATION.

[CHAP. 55 OF THE ACTS OF THE YEAR 1877.]

### AN ACT TO INCORPORATE THE ADAMS NERVINE ASYLUM.

*Be it enacted, etc., as follows:—*

SECTION 1. John N. Barbour, James C. Davis, Aquila Adams, Emory Washburn, Alpheus Hardy, Samuel Eliot, Charles H. Dalton, James B. Thayer, William Claflin, John E. Tyler, Amor L. Hollingsworth, James Longley, Samuel A. Green, Robert Willard, Caleb William Loring, Samuel D. Warren, Rufus Ellis, Joseph Burnett, Solomon B. Stebbins, Charles F. Choate, their associates and successors, are hereby made a corporation by the name of the Adams Nervine Asylum, for the purpose of establishing and maintaining a hospital to afford care and relief to indigent, debilitated, and nervous persons, inhabitants of this Commonwealth, who are not insane and who may be in need of the benefit of a curative institution, with all the powers and privileges, and subject to all the duties, restrictions, and liabilities set forth in all general laws which now are or may hereafter be in force and applicable to such corporations.

SECT. 2. Said corporation shall have authority to receive, hold, and disburse the income of the fund bequeathed for the purposes for which the said corporation is created by the will of Seth Adams, late of Newton, deceased, and any other donations or bequests which may be made for its benefit, and may hold for the purposes aforesaid real and personal estate to an amount not exceeding three hundred thousand dollars.

SECT. 3. The members of said corporation shall consist of the Trustees under the residuary clause of the will of the said Seth Adams, and their successors, and the persons associated with them in this act of incorporation, of such persons as may at any legal meeting of the corporation be elected members by ballot, of such persons as shall, with the consent of the Board of Managers hereinafter referred to first obtained, pay to the said Trustees, as an addition to the fund held by them for the use of the corporation, the sum of one hundred dollars or more each, and also of such persons as shall, with the consent of the said Board of Managers first obtained, pay into the said fund the sum of twenty-five dollars each, as an initiation fee, and shall thereafter pay and continue to pay into said fund annually in advance the sum of

three dollars each ; the said last-mentioned persons to be members while they shall continue the said annual payment and no longer.

SECT. 4. The officers of said corporation shall consist of the Trustees under the will of the said Seth Adams, and their successors, a President, a Vice-president, a Treasurer, a Secretary, a Physician, a Board of not less than nine Managers, of which the President, Vice-President, Treasurer, and Trustees shall be members, and three Supervisors, who shall examine the affairs of said corporation as often as once in three months, and report the general result of such examination annually in two of the leading newspapers of Boston. All the said officers, except the said Trustees, shall be annually elected by ballot at meetings duly called for the purpose, and whenever a Trustee shall die, resign, or become incompetent to discharge the duties of his trust, a successor shall be elected by ballot at a meeting of the corporation duly called for the purpose; but no person so elected shall have power or authority to act as a Trustee until approved as such by the judge of probate for the county of Middlesex.

SECT. 5. The said institution shall be established in one of the parts of Boston formerly called Roxbury, West Roxbury, and Brighton, in Brookline, in Newton, or in Watertown, and shall be conducted and managed in accordance with the provisions of the will of the said Seth Adams, and with such by-laws as may be adopted by the corporation, not inconsistent therewith.

SECT. 6. The said corporation shall have authority to receive and care for persons not indigent, who may be otherwise suitable for treatment in its institution, at the discretion of its Board of Managers, but shall require the payment to the corporation by such persons of reasonable compensation therefor, the amount of which shall be determined by the Managers.

SECT. 7. This Act shall take effect upon its passage.

*Approved March 16, 1877.*



LIST OF OFFICERS,  
COMMITTEES AND MEMBERS OF THE CORPORATION.  
1883.

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TRUSTEES UNDER THE WILL OF SETH ADAMS.

JOHN N. BARBOUR.      JAMES C. DAVIS.      AQUILA ADAMS.

OFFICERS OF THE CORPORATION.

PRESIDENT.

HENRY P. KIDDER.

VICE-PRESIDENT.

ALPHEUS HARDY.

TREASURER.

C. W. LORING.

MANAGERS.

The Trustees, President, Vice-President, and Treasurer, *ex-officio*, and

RUFUS ELLIS.

JOSEPH W. BALCH.

SAMUEL D. WARREN.

OLIVER W. PEABODY.

JAMES LONGLEY.

HENRY P. BOWDITCH.

JAMES W. AUSTIN.

JOSHUA M. SEARS.

HENRY PARKMAN.

SECRETARY.

JAMES C. DAVIS.

PHYSICIAN.

FRANK W. PAGE.

SUPERVISORS.

JAMES B. THAYER.

A. L. HOLLINGSWORTH.

ROBERT WILLARD.

## CONSULTING PHYSICIANS.

RICHARD M. HODGES.

CALVIN ELLIS.	SAMUEL G. WEBBER.
FRANCIS MINOT.	JAMES J. PUTNAM.
CHARLES F. FOLSOM.	J. COLLINS WARREN.
ROBERT T. EDES.	MORRILL WYMAN.
CLARENCE J. BLAKE.	OLIVER F. WADSWORTH.

## COMMITTEES.

## ON ELECTIONS.

JAMES C. DAVIS.  
RUFUS ELLIS.  
GEORGE A. GODDARD.

## ON FINANCE.

ALPHEUS HARDY.  
OLIVER W. PEABODY.

## ON ADMITTING PATIENTS.

SAMUEL D. WARREN.  
HENRY P. BOWDITCH.

## ON ACCOUNTS AND EXPENDITURES.

JAMES C. DAVIS.  
JAMES LONGLEY.

## VISITING COMMITTEE OF THE MANAGERS.

JOSEPH W. BALCH, }  
OLIVER W. PEABODY, } FOR JANUARY AND JULY.

JAMES C. DAVIS, }  
JAMES LONGLEY, } FOR FEBRUARY AND AUGUST.

ALPHEUS HARDY, }  
HENRY PARKMAN, } FOR MARCH AND SEPTEMBER.

JOHN N. BARBOUR, }  
JAMES W. AUSTIN, } FOR APRIL AND OCTOBER.

RUFUS ELLIS, }  
J. M. SEARS, } FOR MAY AND NOVEMBER.

HENRY P. BOWDITCH, }  
SAMUEL D. WARREN, } FOR JUNE AND DECEMBER.



## VISITING COMMITTEE OF LADIES.

MISS HANNAH A. ADAM, *Chairman.*MISS FRANCES GOODWIN, *Secretary.*

MISS ANNA P. JACKSON, FOR JANUARY AND FEBRUARY.

“ C. C. DIXWELL, FOR JANUARY AND DECEMBER.

“ HELEN J. ADAM, FOR FEBRUARY AND MARCH.

“ FRANCES GOODWIN, FOR MARCH AND APRIL.

“ LOUISA P. LORING, FOR APRIL AND MAY.

“ J. L. MOTLEY, FOR MAY AND JUNE.

“ E. L. ANDREW, FOR JUNE AND NOVEMBER.

“ K. P. MOTLEY, FOR SEPTEMBER AND OCTOBER.

“ L. P. WENDELL, FOR SEPTEMBER AND OCTOBER.

“ HANNAH A. ADAM, FOR NOVEMBER AND DECEMBER.

## MEMBERS OF THE CORPORATION.

Miss HANNAH A. ADAM.	ALPHEUS HARDY.
Miss HELEN J. ADAM.	ALPHEUS H. HARDY.
AQUILA ADAMS.	Mrs. EDWIN A. HILLS.
Miss ELIZABETH L. ANDREW.	AMOR L. HOLLINGSWORTH.
JAMES W. AUSTIN.	CHARLES E. INCHES.
Mrs. WALTER BAKER.	Miss ANNA P. JACKSON.
JOSEPH W. BALCH.	HENRY P. KIDDER.
JOHN N. BARBOUR.	HENRY LEE.
WILLIAM S. BIGELOW.	JAMES LONGLEY.
HENRY P. BOWDITCH.	CALEB WILLIAM LORING.
JOSEPH BURNETT.	Miss LOUISA P. LORING.
WILLIAM CLAFLIN.	Miss ELEANOR G. MAY.
CHARLES F. CHOATE.	CHARLES J. MORRILL.
EDWARD COWLES.	Miss J. L. MOTLEY.
CHARLES H. DALTON.	Miss K. P. MOTLEY.
JAMES C. DAVIS.	FRANK W. PAGE.
Mrs. JAMES C. DAVIS.	FRANCIS E. PARKER.
JAMES H. DENNY.	HENRY PARKMAN.
ARTHUR DEXTER.	FRANCIS H. PEABODY.
Miss CAROLINE C. DIXWELL.	OLIVER W. PEABODY.
CHARLES F. DOLE.	JOHN C. PHILLIPS.
Miss EMILY ELIOT.	Miss EMMA RODMAN.
SAMUEL ELIOT.	JOSHUA M. SEARS.
Mrs. SAMUEL ELIOT.	LEMUEL SHAW.
RUFUS ELLIS.	SOLOMON B. STEBBINS.
CHARLES FAIRCHILD.	JAMES B. THAYER.
Mrs. GEORGE FAULKNER.	HENRY P. WALCOTT.
Mrs. DELANO A. GODDARD.	SAMUEL D. WARREN.
GEORGE A. GODDARD.	Miss L. P. WENDELL.
Miss FRANCES GOODWIN.	ROBERT WILLARD.
SAMUEL A. GREEN.	ROGER WOLCOTT.
CHARLES E. GUILD.	HENRY WOODS.









