State of the Lincoln Lunatic Asylum: [fifth report].

Contributors

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1829.

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OF THE

LINCOLN LUNATIC ASYLUM.

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FIFTH REPORT

OF THE

LINCOLN LUNATIC ASYLUM.

DURING the last session of Parliament two important Acts were passed, consolidating the whole of the existing law concerning Lunatic Asylums, and introducing a great variety of improvements for the prevention of abuses.

When the bills were first brought into Parliament, they contained a variety of clauses for the visitation and control of Public Asylums. These clauses were dropped in the progress of the bills through Parliament; and it has been the feeling of the Governors of this Institution, that this confidence so liberally placed in them by the Legislature, should be met by every possible exertion on their part to adopt the views of Parliament as far as applicable. It may

Inspection.

indeed be laid down as a principle in human nature, which experience will amply confirm, that no institution of this sort can be considered safe in its management, where the Managers are not subject to some eye unconnected with the government of the Institution itself. The public eye and public opinion have in all cases been found the most efficient: and the original Rules of this Institution, wisely and humanely acting upon this principle, court and avow a system of public inspection under due regulation. This same principle the Governors have now further pursued, by endeavouring to give additional facility to the observation of the state of the Patients and of the Institution, by all the respectable classes of society. At the same time they have opened a second entrance to the Asylum, by which they have prevented all persons approaching the house merely on business, from passing continually through the very midst of the Patients, in their principal exercise ground as heretofore: and have also taken means to prevent Strangers from addressing the Patients, or even making remarks in their presence, by placing them under the care of a responsible officer, while passing through the wards. Every opportunity is afforded to all who inspect the Asylum, to record any observations and suggestions they may think proper to make; and where, in any case, peculiarity in the disease may imperatively require privacy, the Director is fully authorized to prevent inspection in such case; under this condition however, that ne is required to lay all the circumstances of the case before the proper authorities without delay, in order to secure from abuse this hazardous though necessary discretion.*

Coercion.

The Governors have particularly directed their views to the subject of Coercion and Restraints, well aware of their injurious consequences to the Patients, and seeing from the late Parliamentary investigations on these points, the deplorable results which caprice, tyranny, negligence, and above all a wish to avoid necessary attention and trouble, have elsewhere produced. In order to ascertain the number and condition of the instruments in use for these purposes, instead of being dispersed in all parts of the house under the control of the inferior Keepers as heretofore, they are now collected in a single apartment, accessible at once, and open to inspection at any moment. In the next place, the Governors have adopted a Register universally used in the Scotch Asylums, wherein the Director is bound to enter the nature of every instance of restraint, and the time of its continuance, during the night as well as the day. And lastly,

13th Report of the Glasgow Asylum, p. 9.

^{* &}quot;A Lunatic Asylum is unlike every other establishment for the "care or confinement of human beings, in this respect, that the Patients "are wholly incompetent witnesses, and too often that there is no direct "mode of detecting any fault in their treatment, but through those who have an interest in concealing it."

the construction of the instruments in use having also been carefully examined, they have destroyed a considerable proportion of those, that were not of the most improved and least irritating description, and hope hereafter to introduce still further amelioration into this department.

Divine Service.

One of the Acts of Parliament alluded to, and various investigations before Parliamentary Committees, having shewn the strong feeling of the Legislature against a total neglect of religious duties in these establishments, the attention of the Governors has been further drawn to this point. The danger of excitement in all cases, and particularly of religious impressions in peculiar forms of insanity, are perfectly obvious. But it having been found by experience, that the periodical performance of divine service has been very beneficial to the Patients, as being in accordance with the former healthy habits of their minds, the Governors have been very desirous that portions of Scripture should be read to selected Classes of the Patients on the Lord's day; a custom adopted with great benefit elsewhere, and not exposed to the danger of enthusiastic addresses, or the excitement of private conferences. The funds of the Institution however not being capable of affording the expense of a regular Chaplain, this wish of the Governors has not yet been carried into effect.

The new Act of Parliament requiring a considerable modification in the Forms hitherto used in the admission of Patients, these Forms have been altered accordingly and enlarged, and now embody almost every information, which can be required to facilitate this object. They have been extensively circulated among the Magistrates, the resident Clergy, and the Faculty of the County.—These Forms will also be found to exhibit an improved system of payments in advance on the admission of Patients, from which a greater regularity in the accounts of the Institution, and an increased convenience to the friends of the Patients, are expected to arise. In the statement of the terms of admission which they contain, it will be observed that a reduction has taken place in the rate at which the poorer patients may be received. The Governors feel much satisfaction in drawing the attention of the Public to this point, and would have experienced still greater pleasure in doing more in this way; but they are well aware that such a reduction as would lead to a false economy in the attendance upon the Patients, in their comforts, and especially in the nutritive and digestible qualities of their diet, could not fail to be attended with the very worst effect upon the treatment of the disease, and consequently be productive of vital injury to the main object and design of the Establishment.

Forms of Admission.

Patients' Accounts.

General Accounts. It remains only further to observe that the Governors, while attempting to introduce the utmost punctuality, accuracy, and economy, into the private accounts of the Patients, have not neglected the public accounts of the Institution: a Committee has for some time been appointed to arrange them, to class the papers and documents, and to form an improved system of book-keeping; the whole details being, by the avowed principles of the Institution, open to the most minute investigation of each individual Governor.

Directions have been given for a regular Digest to be formed, of the several cases and their Medical treatment: a document on which, it is presumed, the medical character of the Institution, and its future utility, greatly depend.

The new Airing Grounds have been for some time in use, and with the new Buildings now in occupation, are found to conduce most essentially to the comfort of the Patients.

R. PRETYMAN, CHAIRMAN.

LINCOLN, 1829.

STATEMENT of ACCOUNTS

From the 1st January, 1828, to the 31st December, 1828, inclusive.

Tron the 1st bandary, 1020, to the 51st December, 1020, inc	lusive	inhi	
RECEIPTS.	C	ing	,
Balance of Banker's book, 31st December, 1827,	£. 158		d. 2
Received from Patients, including Arrears paid up, and Deposits	100		To the
paid in advance,	1694		5
Subscriptions,	175		0
Benefactions, Dividends on Stock,	611	0	0
Return of Premium from the County Fire Office,		10	0
Sale of Grains,	2	3	0
Sale of Stock,	609	17	6
TREESCALS VEHILLED VAD DIRCHVERD	3283	2	1
From such Appell 1870, to 9 lot Donnaber 1828	==	-	=
PAYMENTS.	£.		d.
Bills left to pay 31st December, 1827,	204		
Household Expenses, Salaries, and Wages, as per statement in			
annexed sheet,	1231		0
Patients' Clothing,	119		4
Fees, Patients' Deposits returned,	61	19	8
Insurance,	12	0	0
Power of Attorney,	1	5	0
Furniture and Fabric Account,	194	16	5
New Buildings,		-	6
Ealance in Bank,£	3219		4
Balance in Bank,	101	0	3
	3320	16	7
Bills left to pay,	37	14	6
AVED OF AM, From PATHENTS ON CARE and MAINTENAM	3283	9	78
According to their different rates of payment,	0200	-	
Opening of the state of the state of December 21st 1838	out the	in'i	
1 0 01 Sh 1 8 2 2			
In hand, viz.; — £. s. d.			
New Four per Cent Stock,	301	0 :	3
Cash in Lincoln Bank, 101 0 3 5			
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
Control of the Contro			1
E 11 E15			
£. s. d.	£.	s.	d.
Due from Patients, 202 6 8 Bills left to pay,	£ 37	14	6
Arrears of Subscriptions, 22 1 0			
£224 7 8			
ertagions in the rates of na mer	-		-

PATIENTS ADMITTED AND DISCHARGED

From 1st January, 1828, to 31st December, 1828, inclusive.

Males. Females. Total.
Remaining 31st Dec., 1827, 28 18 46 87 (Recovered,
Discharged since 31st Dec. 1827, 21 24 45 viz. On trial,
Discharged since 31st Dec. 1827, 21 24 45 viz. Removed during treatment, 7 Remaining 31st Dec. 1828, 25 17 42 Removed during treatment, 7 By order of the Board, 1
Died, † 7
+ viz.
Dying when admitted, 1 Found dead in bed, 1 Maniacal exhaustion, 1 Epilepsy, 1 Gradual exhaustion, 2 Old age,
Epilepsy, I Graduat exhaustion, ord age, metalestion,
5 TI 900 Stock Stock
PATIENTS ADMITTED AND DISCHARGED
From 26th April, 1820, to 31st December 1828.
Males. Females. Total. (Recovered, 84
Admitted,
Discharged,
Improper object,
Remaining in the house, 25 17 42 By order of the Board, 1 Died, ‡
8 61 10 Died, +
‡ viz. Apoplexy,
Catalepsy, Found dead in bed, Old age, 3
Dropsy, 6 Gradual exhaustion, 8 I soas abscess,
Dying when admitted,4 Inflammation of the brain, 1 Suicide, Epilepsy,4 Locked jaw,1
Epinepsy,
7 81 020
A CARL A SANCE
SUMS RECEIVED, or due, from PATIENTS for CARE and MAINTENANCE,
According to their different rates of payment,
From the Opening of the Institution in March, 1820, to December 31st 1828.
From the Opening of the Institution in March, 1820, to December 31st 1626. £. s. d. £. s. d. £. s. d. 1st Rank, 1 Patient at 2 12 6 per week, 6 7 6 2 2 2 0
1st Rank; 1 Patient at 2 12 6 per week, 6 7 6 43 10 0
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
10** 10 0
24 1 1 0 1077 10 0
2d Rank, 38 0 15 0 1078 19 9½1078 19 9½
3d Rank, 23 0 12 0 343 11 2 157 0 10 0 4629 16 4
4 0 9 0 220 7 8
£ 7506 12 64
0.50
253

Occasional variations in the rates of payment by some of the Patients, and occasional readmissions, will account for the difference in the total number of Patients given in the above statements. The number of Patients received, independent of readmissions, has been 232.

LINCOLN LUNATIC ASYLUM.

GENERAL ABSTRACT OF THE HOUSE EXPENDITURE, AND OF THE INCOME FROM PATIENTS FOR CARE AND MAINTENANCE,

WITH A STATEMENT OF THE AMOUNT OF PERSONS DAILY MAINTAINED, From the Opening of the Institution on the 25th March, 1820, to the 31st December, 1828.

HOUSE	1820 12 Mo		182 12 M	1-2. onths.		23.		234. Ionthis,		4-5.		25-6. Months.		267. Months.		1827. Months.	12	1828. Months.
EXPENDITURE,	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.	Quantity.	£. s. d.
Ale and Beer, Bread, Bread, Butter, Eggs, Cheese, Fish, Flour, Fruit, Hops, Malt, Malt, Oat and Barley Meal, Pease, Plums and Currants, Poultry, Rice, Salt, Pepper, Mustard, Sagar, Tea and Coffee, Vegetables, and Seeds, Candles, Oil, Coals, Wood, Medicines, Mops, Brooms, & Brushes, Soap, Surach and Blue, Stationery and Postage, Straw, Sundries and Incidentals, Wine, (Sick stock), Salaries and Wages, Totals,	11 lbs. 4½ sto. 13 sto. 224 lbs. 808 oz. 179 lbs. 64½ chal. 1cwt. 2qrs. 111bs. 4oz. 125 trus.	35 0 1 26 14 2 12 2 2 2 11 6 14 0 11 10 6 14 0 11 10 6 14 0 11 10 6 14 0 11 10 6 6 5 1	11 lbs. 18 sto. 288 lbs. 1,152 oz. 140 lbs. 46½ chal. 1cwt.3 qrs. 25 lb. 8oz. 500 trus.	54 12 1 42 4 5 9 11 7 20 2 5 0 1 1 0 8 11 9 0 14 6 92 15 6 4 3 10 0 9 1 1 0 4 6 92 15 6 8 11 0 4 5 5 8 114 5 5 18 9 9 2 14 0 0 7 5 8 18 14 0 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	900 gal. 7.687 lbs. 214 lbs. 214 lbs. 699 lbs. 93 sto. 81 lbs. 98 str. 12 lbs. 2 sto. 18 tlbs. 12 lbs. 12 lbs. 312 lbs. 880 ez. 144 lbs. 43 chal. 16 wt. 3qrs. 19 lb. 340 trus. 18 bottles.	17 0 9 36 10 1 9 10 4 4 16 14 6 6 0 19 9 36 2 3 3 77 7 9 13 11 5 1 10 14 8 15 10 6 0 10 8 9 9 10 6 1 17 10 0 6 1 17 6 1 3 17 4 40 17 6 3 3 17 4 40 17 6 3 3 17 4 5 2 0 6 1 1 1 3 19 0 0 13 1 3 19 0 0 13 1 3 19 0 0 13 1	10,227lbs. 240 lbs. 1,018 lbs. 1,018 lbs. 1144 sto. 190 lbs. 2 201 str. 4,905 lbs. 4 sto. 22 sto. 13 lbs. 4 sto. 22 sto. 1,122 oz. 168 lbs. 884 chal. 11 lb. 505 trus. 20 bottles.	61 4 2 12 6 2 28 16 10) 0 14 0 13 8 4 1 4 5 82 12 4 107 0 3 112 1 4 15 18 1 1 8 10 0 9 3 1 3 2 0 14 7 2 0 14 7 2 1 1 3 3 1 3 2 4 4 4 4 7 5 8 10	13,632 lbs 285 lbs. 1,363 lbs. 140 sto. 267 lbs. 2 266 str. 5 5,615 lbs.	90 6 6 16 4 11	14,296 lbs 333 lbs. 1,448 lbs. 150 sto. 260 lbs. 2 200 str. 5 200 str. 5 6,068 lbs. 6 sto. 44 sto. 503 lbs. 1,648 oz. 203 lbs. 62 chal	98 12 04 19 17 114 45 5 1 1 1 10 1 10 1 10 1 10 1 10 1 10 1 10 1 149 2 2 176 12 104 19 16 8 10 13 9 1 13 1 1 8 6 2 6 5 1 4 10 114 22 10 8 1 14 10 114 11 11 12 4 6 7 4 56 14 7 5 5 15 5 2 16 0 2 14 15 14 7 14 15 14 7 16 16 0 17 17 18 18 1 14 10 114 14 10 114 14 10 114 14 10 114 14 10 114 14 11 1	18,081 lbs 413 lbs. 1,613 lbs. 1,613 lbs. 1,613 lbs. 280 lbs. 2 280 str. 5 7,268 lbs. 15 lbs. 15 lbs. 11 sto. 760 lbs. 1,730 cz. 224 lbs. 954 chal 6cwt.3qrs. 4 lb. 600 trus. 12 bottles 12	109 9 4 27 12 01 48 17 11 0 13 10 16 11 4 1 1 11 144 8 0 191 4 62 25 16 4 14 2 11 2 12 0	Porter 2 dog. 15,170 lbs. 333 lbs. 333 lbs. 126 sto. 224 lbs. \$224 str. \$6,356 lbs. \$22 lbs. \$25 lbs.	1 1 0 90 3 11 22 16 0 9 42 17 9 1 0 0 3 10 10 13 30 107 10 7 10 13 30 177 10 7 12 10 13 2 6 8 1 11 0 3 18 2 1 12 7 14 18 0 19 1 4 7 15 6 3 18 6 4 10 0 4 4 14 3 6 11 3 9 3 5 1 16 5 7 6 0	Porter Ikild. 21,670 lbs. 645 lbs. 1,364 lbs. 1,364 lbs. 1,364 lbs. 1,364 lbs. 284 lbs. 288 str. (9,883 lbs. 22 lbs. 23 sto. 42 sto. 1,048 lbs 2,848 oz. 1,048 lbs 2,848 oz. 300 lbs. 70 chal 4cwt. 2qrs. 47 lbs. 350 trus. 24 bottles.	1 10 0 136 1 7 36 13 10 68 0 4 1 9 10 22 16 2 1 5 2 119 19 4
INCOME *																120 17 94		
From Patients.	£	277 11 7	£	531 14 5	£	462 15 11		C 604 6 11		884 12 10	£	975 6 9	£	1277 17 2	£	965 14 01	£	1526 12 11
PERSONS DAILY MAINTAINED.	Total Amount Per Year.	Average † Number Per Day.	Total Amount Per Year,	Average Number Per Day.	Total Amount Per Your,	Average Number Per Day.	Total Amount Per Year.	Average Number Per Day.	Total Amount Per Year.	Average Number Per Day.	Total Amount Per Year,	Average Number Per Day.	Total Amount Per Year.	Average Number Per Day.	Total Amount P 9 Months.	Average Number Per Day.	Total Amount Per Year.	Average Number Per Day.
Patients, Household,	2486 2212	6	5490 2642	15 7	6097 2557	16 7	7908 2562	21 7	11311 2766	31	12186 3000	33 8	14897 3523	40 9	12199 2792	44 10	17214 4061	47 11
Totals,	4698	12	8132	22	8654	23	10470	28	14077	38	15186	41	18420	49	14991	54	21275	58

^{*} Received or Due.

c> 9 Months.

⁺ Fractions omitted.

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