

The eleventh annual report of the Committee of Visitors of the Cambridgeshire, Isle of Ely and Borough of Cambridge Pauper Lunatic Asylum, for the year ending the thirty-first day of December, 1868 : with appendices.

Contributors

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THE
ELEVENTH ANNUAL REPORT
OF THE
COMMITTEE OF VISITORS
OF THE
CAMBRIDGESHIRE, ISLE OF ELY, AND
BOROUGH OF CAMBRIDGE
PAUPER LUNATIC ASYLUM

FOR THE YEAR ENDING
THE THIRTY-FIRST DAY OF DECEMBER, 1868.

WITH APPENDICES.



CAMBRIDGE :
PRINTED BY FOISTER AND JAGG, PETTY CURY.

1869.

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COMMITTEE OF VISITORS

OF THE

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BOROUGH OF CAMBRIDGE

PAUPER LUNATIC ASYLUM

FOR THE YEAR ENDING

THE TWENTY-SEVENTH DAY OF DECEMBER, 1898



CAMBRIDGE

PRINTED BY THISTON AND SON, 100 N. BOSTON ST.

THE COMMITTEE OF VISITORS

FOR THE YEAR 1869.

Visitors for the County.

THE RIGHT HON. THE EARL OF HARDWICKE, *Wimpole*.
CHRISTOPHER ROBERT PEMBERTON, ESQ., (CHAIRMAN), *Newton*.
THOMAS ST. QUINTIN, ESQ., *Hatley Park*.
EDWARD HICKS, ESQ., *Wilbraham Temple*.
LIEUTENANT-COL. WALE, *Little Shelford*.
THE REVEREND JOHN THORNHILL, *Boxworth*.
CHARLES PETER ALLIX, ESQ., *Swaffham House*.
WILLIAM PARKER HAMOND, JUN., ESQ., *Pampisford Hall*.
RICHARD ARCHER HOUBLON, *Bartlow*.

Visitors for the Isle.


JOHN RICHARDSON FRYER, ESQ., *Chatteris*.
THE REVEREND WM. GALE TOWNLEY, *Beaupré Hall, Outwell*.
FREDERICK DANIEL FRYER, ESQ., *Moulton Paddocks, Newmarket*.
CHARLES WATSON TOWNLEY, ESQ., *Fulbourn*.
JAMES CROPLEY, ESQ., *Ely*.
OLIVER CLAUDE PELL, ESQ., *Wilburton Manor, Ely*.
THOMAS RICHARDS, ESQ., *Doddington*.

Visitors for the Borough.

CHARLES EDWARD BROWN, ESQ., (MAYOR), *Cambridge*.
ELLIOT SMITH, ESQ., *Cambridge*.
SAMUEL PEED, ESQ., *Cambridge*.
RICHARD ROWE, ESQ., *Cambridge*.

Officers.

Medical Superintendent—GEORGE MACKENZIE BACON, M.D.
Chaplain—THE REVEREND WILLIAM SAMUEL PARISH.
Clerk to the Committee of Visitors—MR. CLEMENT FRANCIS.
Treasurer—MR. GEORGE EBENEZER FOSTER.
Clerk and Steward—MR. WM. HENRY NORMAN.
Matron—MRS. W. H. NORMAN.



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THE
ELEVENTH ANNUAL REPORT
OF THE
COMMITTEE OF VISITORS
OF THE
Cambridge, Isle of Ely, and Borough of Cambridge
PAUPER LUNATIC ASYLUM.

PURSUANT to the 62nd Section of the 16th and 17th Victoria, cap. 97, the Committee of Visitors of the above Asylum beg to report to Her Majesty's Justices of the Peace for the County of Cambridge and Isle of Ely, respectively, in Quarter Sessions assembled, and to the Town Council of the Borough of Cambridge, as follows :—

IN presenting their Eleventh Annual Report, your Committee have pleasure in stating that the past year has not been marked by any great changes in the Asylum itself, or in the regularity of its operations.

The Asylum is everywhere in good working order, and the Patients are cleanly and, with few exceptions, in good bodily health. This is probably

in a great measure to be attributed to the remarkably healthy locality of the Asylum, and the scope for recreation and exercise in the grounds which surround it.

The farm is still a source of profit to the Asylum, especially as a great portion of the labour employed on it is contributed by the Patients themselves, who derive much advantage from this out-door employment, and evince a considerable willingness to assist in farming operations.

Since the date of their last Report your Committee, in consequence of the continued high prices of food, have found it necessary to increase the charge for maintenance of Out-County Patients from 13s. to 14s. per week, and the latter sum has accordingly been charged for that class of Patients throughout the past year.

No change has been made during the year in the charge for maintenance of Patients belonging to Unions in the County, Isle and Borough,—10s. 9d. per week having been the uniform rate.

At a Meeting of your Committee held on the 28th of January last, Dr. Bacon, the Medical Superintendent of the Asylum, reported that he had experienced a great inconvenience and a want of proper supervision over the Female Patients employed in the culinary department of the Asylum, arising from the fact that the cooking-boilers were in a room in the basement of the building, instead of being on a floor level with the kitchen. The room in question com-

municated with the Engine room, where the Engineer, with Male Patients as his Assistants, was engaged, and also there being no means of escape for the steam, noxious smells pervaded throughout the whole Asylum.

To remedy the defects complained of, Dr. Bacon suggested that a new room should be erected in the kitchen-yard, approached from the kitchen by a covered way, and that the cooking-boilers should be removed thereto.

The question was referred to the Visiting Subcommittee, who, on the 25th of February last, reported that they were convinced of the necessity of the alteration on sanitary, as well as moral, grounds ; being of opinion that the then arrangement did not admit of any supervision over the Females employed in the cooking-room in the basement floor, and that the offensive smells arising from the confined steam complained of by Dr. Bacon, were highly objectionable. They also suggested that a larder should be made at the same time. Acting on the above Report, your Committee ordered the erection of a new room for the cooking-boilers and a larder for meat.

The whole of the work was efficiently carried out by Messrs. Bell & Sons of Cambridge, at a cost of £274. 15s.

The above-mentioned sum of £274. 15s. has been debited to the Building Fund of the Asylum raised by profit on Out-County Pauper Patients, established under sec. 6 of the 25th and 26th Vic., cap. 111,

without applying to the respective Quarter Sessions of the County and Isle, or to the Town Council of the Borough, for special grants to meet such expenditure. The cost of the new ward for Female Patients built in 1865 was defrayed in a similar manner.

Subsequent experience has proved the propriety of the alteration, and the great improvement it has effected in the cooking department of the Asylum.

The Officers and Attendants of the Asylum have for some years taken upon themselves the pleasing duty of providing Theatrical and Musical Entertainments, and other amusements for the Inmates of the Asylum ; and much credit is due to them for having at great personal inconvenience and trouble, contributed a great source of amusement for these poor creatures. They have hitherto however felt a difficulty in the want of a suitable room for their performances, as no such room was originally contemplated. Sometimes the Laundry, and at other times the Workshops of the Asylum have been improvised for the purpose, and the Commissioners in Lunacy who inspected the Asylum 2nd November, 1863, in their Report of that date, urged upon your Committee the erection of a suitable Recreation Hall ; but the expense of such a building for some time deterred them from carrying out the suggestion.

In May last, however, the Visiting Sub-Committee considered the matter, and reported that a

slight alteration in the open shed in the men's yard would make a good carpenter's shop, and the shop hitherto used by the carpenters could, with little expense, be converted into a room to be permanently used for recreation purposes. Your Committee acceded to the suggestion, and the result has been that a good recreation room has been made for the Patients, and a building every way adapted for a carpenter's shop provided at a very little outlay.

Your Committee regret to have occasion to report a case of deficient supply by one of the Asylum Contractors,—the only instance of the kind known since it was opened. In December, 1867, a Tender for the supply of Coals to the Asylum for six months was accepted by your Committee ; but soon after the supply had commenced, the Steward of the Asylum discovered that in a quantity of 7 tons of coal delivered at the Asylum, 6 cwt. was deficient, and thereupon your Committee cancelled the Contract and ordered the Steward to procure Coals of Messrs. Coote and Son, the former Contractors.

No provision is made in the Asylum for the residence of married Attendants, the result of which is that in the event of the marriage of any male Attendant, he almost invariably vacates his office, and your Committee thus frequently lose the services of valuable Attendants. To obviate this your Committee in March last empowered the Medical Superintendent to grant wages not exceeding £1. per week to day Attendants (not at any time exceeding four in

number) on their marrying, and wishing to retain their situations on the understanding that they resided out of the Asylum—such wages to be in lieu of all rations or allowances for the same. The order has since been adopted in a few instances, and proves satisfactory.

Your Committee would urge upon all Parish and Medical Officers in the County, Isle and Borough, the absolute necessity of having the certificates and other forms required for the admission of Patients into the Asylum properly filled up, as the neglect of this important duty has resulted in the discharge of Daniel Moxon, a Pauper Lunatic received into the Asylum in March last from Ely, the Commissioners in Lunacy being of opinion that inasmuch as the Medical Officer set forth in his Certificate no facts of insanity observed by him, your Committee had no authority to detain the Patient.

Your Committee have for some time been made aware that a practice is adopted by Boards of Guardians in the County, Isle and Borough, whereby Insane Persons above the rank of Paupers are sent to the Asylum as *Pauper* Patients by their friends, instead of being placed in a Private Asylum, the Guardians being charged for the maintenance of such Patients in the first instance, but afterwards being reimbursed by the friends of such Patients. Your Committee have on account of the increasing demands for space required for Pauper Patients, for some time practically abandoned the reception of Private Patients into the Asylum ; but the practice above

alluded to is both an evasion of the spirit and intent of the Pauper Lunacy Act, and of the Resolution of the Board and of the proper charge for Private Patients, if they could be received, and they hope that after the present notice it will not be further resorted to.

In September last the following correspondence took place between the Clerk to your Committee and the Commissioners in Lunacy, on the subject of certain Idiot Children being continued as Patients in the Asylum :—

“CAMBRIDGE,
“30th Sept., 1868.

“GENTLEMEN,

“I am directed by the Visitors of the above Asylum to apply to you under the following circumstances.

“Dr. Bacon, the Medical Superintendent, has brought before the Visitors the case of Read Fletcher, an idiot boy only seven years of age, admitted into the Asylum on the 21st instant as a Pauper Patient from Stretham, in the Isle of Ely.

“The Patient weighs only 35½lbs., is unable to stand or feed himself, or speak, is subject to Epileptic fits and of dirty habits, and, in Dr. Bacon’s opinion, there is little room to hope for improvement.

“The Visitors are unanimously of opinion that this sad case of humane imbecility is not a proper object for a Lunatic Asylum, and that the mixture of such a class with Adult Insane is highly injurious to both, and absolutely injurious to the poor idiot himself, as a separate staff cannot be provided to attend him and the three other Children who are idiots under 14 years of age now in the Asylum, and no suitable ward can be set apart for such Patients. The Asylum is getting very full, and very shortly the space occupied by these idiot patients will be required, and in every way their removal is desirable and necessary.

“On reference to page 46 of your 19th Report, you remark :—‘It has long been our opinion as the result of extended experience and observation that the association of Idiot Children

with Lunatics is very objectionable and injurious to them, and upon our visits to County Asylums we have frequently suggested for their separate treatment and instruction.'

"And at page 21 of your 20th Report, you observe:—
'Besides other considerations it is material to observe that the removal of Idiot Children from Asylums is most desirable on the ground of their crowded state, and the necessity of providing space for recent and acute cases of Lunacy.'

"The Visitors fully coincide with these views, but for the reasons before given separate treatment cannot be afforded to the few Idiot Patients in this Asylum, and it becomes therefore a question of removal therefrom.

"The Visitors under Sec. 79 of the Lunacy Act could discharge this class of Patients from the Asylum, but this of course would naturally bring them into collision with the Boards of Guardians who sent them to the Asylum, which would be very undesirable.

"Under these circumstances the Visitors ask you to exercise the powers conferred upon you by the 82nd Section of the Act, and cause the Idiot Patients to be removed.

"I have the honor to be,

"Gentlemen,

"Your obedient Servant,

"CLEMENT FRANCIS.

"*The Commissioners in Lunacy.*"

"OFFICE OF COMMISSIONERS IN LUNACY,

"19, WHITEHALL PLACE,

"6th Oct., 1868.

"SIR,

"In reference to your letter of the 30th ult., and the case of Read Fletcher, the idiot boy seven years of age, a pauper patient in the Cambs., &c., Asylum, I am directed by the Commissioners in Lunacy to say that they entirely concur in opinion with the Visitors as to the unsuitableness of an ordinary asylum for idiot children, and that they look forward with hope to some proper provision being made for that class of the insane.

"As respects the request of the Visitors that the Commissioners will exercise the power conferred upon them by the 82nd Section of the 'Lunatic Asylums Act, 1853,' and cause the Idiot in question to be removed, I am instructed to observe that the power thus vested in them is limited to the transfer of the Patient to some other Asylum, Hospital, or Licensed House.

"If due arrangements can be made for such a transfer, and for the proper care of the Idiot boy in a suitable Institution, the Commissioners will be prepared to sanction and facilitate the same.

"I am, Sir,

"Your obedient Servant,

"THOS. MARTIN,

"For the Secretary.

"CLEMENT FRANCIS, ESQ."

Subsequently, on a communication being made to the Guardians of the Union to which the Idiot Patient, Read Fletcher, was chargeable, he was removed from the Asylum.

Your Committee trust that the publication of this correspondence will have the effect of preventing idiot children being in future sent to the Asylum, for the reasons disclosed by such correspondence.

The Medical Superintendent will, as usual, at the close of the year furnish you with the Statistics as to the admission, discharge, deaths, and number of Patients under treatment throughout the past year, but in order to supply you with an account of the number of Patients in the Asylum previous to that statement being published, your Committee beg to lay before you the following Returns supplied at each of our Monthly Meetings, and the number of Patients in the Asylum during corresponding periods of the year 1867:—

1868.	Cambridgeshire Patients, 1868.			Cambridgeshire Patients, 1867.			Out-County Patients, 1868.			Private Patients, 1868.			Totals, 1868.			Totals, 1867.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
28th January ...	114	129	243	116	128	244	14	16	30	1	..	1	129	145	274	132	149	281
26th February ...	119	130	249	114	125	239	14	16	30	1	..	1	134	146	280	129	145	274
31st March	121	130	251	113	125	238	14	16	30	1	..	1	136	146	282	128	145	273
5th May.....	123	130	253	110	129	239	14	16	30	1	..	1	138	146	284	125	145	270
26th May	125	131	256	110	132	242	14	17	31	1	..	1	140	148	288	125	148	273
30th June	122	133	255	110	133	243	14	17	31	1	..	1	137	150	287	125	149	274
28th July	126	140	266	112	130	242	14	17	31	1	..	1	141	157	298	127	146	273
25th August	123	140	263	110	130	240	15	17	32	1	..	1	139	157	296	125	146	271
29th September...	123	137	260	111	131	242	16	17	33	1	..	1	140	154	294	126	147	273
27th October.....	125	138	263	109	131	240	16	17	33	1	..	1	142	155	297	124	147	271
24th November...	116	138	254	114	132	246	15	16	31	1	..	1	132	154	286	129	148	277
29th December ...	118	143	261	116	131	247	16	16	32	134	159	293	131	147	278

The Asylum having now been opened for the reception of Pauper Patients for a period of ten years, it appears to your Committee to be a good opportunity to lay before you in a tabular form, as follows, the number of Cambridgeshire Pauper Patients in the Asylum, as recorded on the usual day of Meeting of your Committee in the Month of December in each year since such opening.

	In the Asylum on the 31st December of each year.			Total Yearly Increase.	
	Male.	Female.	Total.	M. and F.	
1858.....	59	56	115	...	Asylum opened, November, 1858.
1859.....	74	70	144	29	
1860.....	70	79	149	5	
1861.....	78	80	158	9	
1862... ..	90	88	178	20	
1863.....	101	103	204	26	
1864.....	108	111	219	15	
1865.....	103	120	223	4	
1866.....	117	125	242	19	
1867.....	116	131	247	5	
1868.....	118	143	261	14	
Increase ...				146	

The above Table shews a total increase of 146 Pauper Patients chargeable to Unions in the County, Isle and Borough, since the opening of the Asylum in November, 1858 ; such increase varying each year from 29 in the year 1859 (the highest) to four (the lowest) in the year 1865.

With regard to the increase between the years 1858 and 1859 it is only fair to surmise that as the Asylum was then only in its infancy, part of that increase might arise from Patients really chargeable to the County, Isle and Borough, not having then been transferred to the Asylum. The Table, however, shews a great increase in lunacy in the County, Isle and Borough, during the last 10 years. It must also be borne in mind that in 1851 the population of Cambridgeshire was 185,405, whilst in 1861 it was only 176,016, being a decrease of 9,389, or about 5 per cent., and possibly a farther diminution might take place in the Census of 1871. This increase in Lunacy could not have been anticipated, as at one time it was intended to limit the accommodation in the Asylum to the reception of 250 Patients, a number exceeded at present ; but, fortunately, it was ultimately decided in completing and fitting it up for 300 Patients, and the new ward, built in 1865 for Females, affords accommodation for an additional 10, with day-room space for 20 Patients. Thus enabling the Asylum at present to receive 150 Male and 160 Female Patients.

As the Asylum with the new Ward is constructed to hold 310 Patients only, it will be seen that should the rate of increase in Patients chargeable to the County, Isle and Borough, be as great in the next as in the past ten years, every available space in the Asylum will be required for that class of Patients, and consequently the Out-County Patients (now a source of profit) must be discharged.

Whilst on the subject of Statistics connected with Lunacy, your Committee think it desirable to lay before you the following Summary of Returns of Lunatics and Idiots chargeable to the County, Isle and Borough, on the 31st of December, 1867, received from the Clerks to the several Unions therein, comprising those in this Asylum, in other Asylums, in workhouses, and with friends elsewhere :—

	Male.	Female.	Totals, 1867.	Totals, 1866.	In- crease.	De- crease.
In this Asylum	113	129	242	242
In other Asylums	2	2	2
In Workhouses	29	36	65	64	...	1
With Friends elsewhere	48	48	96	107	...	9
	190	215	405	415	...	10

Although the above Table shews a decrease of ten lunatics and idiots upon comparing the Returns of 1867 with those of 1866, yet on inspection it will be found that that decrease only applied to the number of insane or idiots in workhouses and with friends, and not to those in the Asylum, which remained the same, and possibly it may be accounted for by the non-return of some persons or the removal of their names from the list of insane.

The following Table shews the total number of Pauper Lunatics chargeable to Unions in the County, Isle and Borough, at the close of the year 1851, furnished to the Committee of Visitors, and entered on the Minutes of their Meeting held the 4th June,

1852, on the occasion of the then contemplated union of this County with the County of Huntingdon for the erection of a joint Lunatic Asylum for both Counties ; and for comparison opposite each Union, are placed the numbers similarly chargeable on the 31st of December 1867, (the latest available Return). The last column shews the increase on each Union since 1851:—

UNION.		31 December, 1851.			31 December, 1867.			Increase.	Decrease.
		Male.	Female.	Total.	Male.	Female.	Total.		
County...	{ Caxton and Arrington	4	9	13	7	16	23	10	...
	{ Chesterton	6	6	12	16	23	39	27	...
	{ Linton	5	9	14	22	17	39	25	...
	{ Newmarket	9	6	15	29	34	63	48	...
	{ Royston	8	9	17	10	17	27	10	...
	{ St. Ives	2	...	2	4	6	10	8	...
	{ County	1	...	1	1	...
		34	39	73	89	113	202	129	...
Isle	{ Ely	19	17	36	25	27	52	16	...
	{ North Witchford	5	2	7	18	12	30	23	...
	{ Peterborough	3	3	3	2	5	2	...
	{ Whittlesey	4	1	5	5	9	14	9	...
	{ Wisbech	7	10	17	15	18	33	16	...
		3	...	3	3	...
		35	33	68	69	68	137	69	...
Borough ...	Cambridge	19	21	40	32	34	66	26	...
Total County, Isle and Borough		88	93	181	190	215	405	224	...

It will thus be seen that in the 16 years which have elapsed between 1851 and 1867, the number of Lunatics and Idiots in the County and Isle have been more than doubled, whilst in the Borough, although it is largely increased, the ratio of increase is much less.

Your Committee have, during the past year under the 38th sec. of the "Lunatic Asylums Act, 1853," issued orders to the Treasurers of the County, Isle and Borough, respectively, for payment of the undermentioned sums to defray the ordinary Repairs of the Asylum :—

1868.	COUNTY.			ISLE.			BOROUGH.			TOTALS.		
	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.
January 28th	43	3	3	33	11	0	14	7	9	91	2	0
May 5th ...	47	3	3	36	13	8	15	14	6	99	11	5
July 28th ...	46	11	9	36	4	8	15	10	7	98	7	0
October 27th	44	4	5	34	7	10	14	14	10	93	7	1
	181	2	8	140	17	2	60	7	8	382	7	6

At the date of your Committee's last Report, they therein stated that they had then had little experience of Dr. Bacon's management of the Asylum, he having been only appointed to the office of Medical Superintendent on the 29th October, 1867, although he had previously acted as Dr. Lawrence's Deputy ; but rather more than a twelvemonth's experience of Dr. Bacon's entire management of the Asylum, enables your Committee to speak in high terms of his performance of the duties of that office, and to be well satisfied with their selection of Dr. Bacon as their Medical Officer.

The several Members composing the Visiting, Finance, and Auditing Sub-Committees have assiduously performed the onerous duties devolving upon them, and great praise is due to them for the

care and attention bestowed upon the various matters brought before them.

Your Committee have also pleasure in recording their entire satisfaction with the kind and faithful discharge of the duties of the Office of Chaplain of the Asylum, now so well filled for many years by the Rev. W. S. Parish, the Vicar of Cherryhinton.

Your Committee regret to report the loss of the valuable services and advice of one of its Members, in consequence of Mr. Patrick Beales having ceased to be an Alderman of the Borough of Cambridge, and therefore a Member of this Committee. Mr. Beales was appointed by the Borough a Visitor of the Asylum on the 1st of January, 1858, (that being the year the Asylum was opened for the reception of Patients,) and from that time to the 9th November last (nearly eleven years), he has scarcely missed a Meeting of your Committee. Mr. Beales has also been equally punctual in attending the several Meetings of the Visiting and Finance Sub-Committees, of both of which he has been a Member since the 25th January, 1859, and his services at all times have been freely rendered and are deeply appreciated both by the Members of your Committee, and the Officers of the Asylum.

The annexed Report of two of the Commissioners in Lunacy on their inspection of the Asylum on the 31st day of October last, will corroborate your Committee in stating that the Officers and Attendants of the Asylum have, throughout the past year,

severally performed their respective duties in a highly satisfactory manner, which is still further proved by the cleanly state of every part of the Establishment, and the quiet and orderly state of all its unfortunate Inmates.

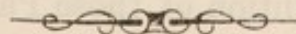
The Committee think it right to add that the strong recommendations of the Commissioners in Lunacy, on their visit to the Asylum on the 31st of October last, relative to additional Baths and Water-closets, shall receive early consideration.

The Committee wish to take this opportunity of expressing their high sense of the very able and valuable services of their Solicitor, Mr. Clement Francis.

C. R. PEMBERTON,

Chairman.

FULBOURN, 29 *December*, 1863.



REPORT OF TWO OF THE COMMISSIONERS IN LUNACY.

CAMBRIDGE COUNTY ASYLUM,

31st October, 1868.

SINCE this Asylum was visited on the 23rd of February, 1867, 135 Patients have been admitted, only 3 of whom did not belong to the County; 86 have been discharged, of whom 67 were recovered and 14 relieved; and 34 have died—all from ordinary disease; the proportions of male and female being, under the first head, 61 and 74; under the second, 42 and 44; and under the third, 11 and 23. The only inquest held was in a case of sudden death from heart disease. The numbers in the Asylum to-day are 290,—138 Males and 152 Females; of whom 32, and the one who is still retained on the private list, belong to the non-contributing Boroughs of Ipswich and Lynn; all the rest being County Patients.

We thought the condition of those Patients, all of whom we saw, very satisfactory, on the whole. There was no case of excitement in either division; the clothing was good in both, and we were pleased to observe effect given to a suggestion of the last visit by the supply on the women's side of linseys, woollen and flannels to the old and infirm; nor did we notice any patient, numerous as the infirm and epileptic are in this Asylum, whose

personal appearance gave indication of neglect or inattention on the part of those having charge of the wards. We must make favourable report also of the appearance of the wards themselves. They were altogether more cheerful : more pictures on the walls ; better supplied with periodicals and light reading ; and the new cleaning and painting in various parts of the building very judiciously done. The ventilation was excellent in the dormitories, which otherwise were in the best order : and, since the last visit, the introduction of urinals has added to the comfort of the male wards.

This leads us to speak of what remains a grave defect in the Asylum. The baths and waterclosets are both in number insufficient, Nos. 1 and 2 Wards being in the latter respect inadequately provided in both divisions ; and owing to the fact that two rooms on each side marked in the original plans for bath-rooms have been appropriated as attendants' rooms,—there being only two baths for the use of 138 male patients, and three (one having been added by the new wing) for 152 females. The supply of water is excellent, but the means of heating it quite defective : the result is that the practice remarked upon at the last visit as so objectionable, of bathing as many as three and four in the same water, is still continued, and in connection with the whole subject,—which we regard as of the greatest importance,—we would impress upon the Committee the extreme desirability of at once erecting additional offices by which these various requirements might be supplied, and which would be, as it seems to us, most conveniently and economically constructed in communication with the wards on the ground floor of each division.

Some structural changes effected since the last visit, comprising the erection of a new cook-house and meat-larder—by which, among other conveniences, the patients employed in the kitchen are brought under better supervision, we think a great improvement ; and another is now in progress, by which the advantage of a hall suitable for recreation and dramatic performance

will be secured for the patients generally, as it converts to this use the very spacious room formerly occupied by the carpenters and painters, sending the latter to an outside building even more suitable for them which heretofore has been used only for lumber.

The associated amusements continue to be fairly supplied and well attended ; but we think the opportunities of walking out regularly, as well within as beyond the Asylum grounds, are at present too much restricted to walking Patients, only from 50 to 60 in each division, and ought to be more extended. The workers in the garden, and on the farm, and in the workshops, are about 57 ; at needlework and in the laundry about 65 ; the rest, including such as clean in the wards, can do little ; but the majority of these have perhaps most need of occasional fresh air and exercise beyond the airing courts.

The chapel attendance averages 140 on Sundays and 35 on week days ; and we are glad to mention the school classes are still held in both divisions under the superintendence respectively of the Matron and Head-attendant, the former having just now about 20, and the latter 10 regularly present twice a week, and really deriving benefit from them. The dinners which we saw served in the male wards to-day consisted of meat pie, ample and very good in quality.

Of other matters of statutory enquiry we have only to add that the number entered as taking medicine is 30, the health generally being unusually good ; that the seclusions since the last visit has been limited to 10 Patients of each sex, the men on 27 occasions, and the women on 25 ; and that the average return of wet and dirty beds is not more than six on each side, which, considering the proportion of infirm and epileptic, is creditable to the vigilance of the night attendants. We are of opinion indeed that the present condition of this Asylum generally is deserving of much praise, and that the new Superintendent has been discharging his duties ably. We continue at the same time to

entertain strongly the opinion expressed when the last visit was made, that for the completely efficient discharge at all times of the various labours incident to the superintendence of such an Asylum as this, an Assistant Medical Officer is absolutely essential.

(Signed)

JOHN FORSTER,	} Commissioners	
JOHN D. CLEATON,		
	} in Lunacy.	

CHAPLAIN'S REPORT.

CAMBRIDGESHIRE ASYLUM,
FULBOURN, NEAR CAMBRIDGE,
26th December, 1868.

MY LORD AND GENTLEMEN,

I beg to report to you that the Services in the Chapel of this Asylum have been regularly performed during the past year.

I have read prayers daily, with the exception of three weeks in September, when I was absent by your permission ; and a few other occasions noted in my diary.

Divine Service has been performed every Sunday Morning. There is an average attendance on Sundays of about 125 Patients, many of whom appear to pay considerable attention to the service. The behaviour of the Patients is, with very rare exceptions, quiet and orderly ; and I believe that their attendance at Chapel has a good influence upon them all.

In March last it was found that many of the books belonging to the Library were in very bad condition, and some few missing. By your direction books were selected by Dr. Bacon and myself to the extent of 44 volumes, to replace those that were worn out or lost ; and there is now a library of 127 volumes, all, I think, well adapted for the instruction and amusement of the Patients.

I am, my Lord and Gentlemen,

Your obedient Servant,

W. S. PARISH,

Chaplain.

REPORT OF THE MEDICAL SUPERINTENDENT FOR 1868.

CAMBRIDGESHIRE ASYLUM,
FULBOURN, NEAR CAMBRIDGE,
December 31st, 1868.

MY LORD AND GENTLEMEN,

The year which has just closed brings to an end the first decenniad of the working life of this Asylum, and forms, perhaps, a suitable resting-point for a more extended retrospect than usual.

Looking back over this period, one is chiefly struck by the scarce looked-for increase in the number of patients. The Asylum, originally constructed for 250, contains to-day 290 patients; of whom 258, or 118 Males and 140 Females, belong to this County, and there is, I fear, every probability of a further addition year by year from the accumulation of incurable cases.

While the numbers have increased the accommodation has been extended; the arrangements of the establishment have been improved in all ways, especially in the kitchen and shops; and the estate has given proof of care and judicious cultivation in its appearance as well as in its results.

The proportion of the insane in the Asylum to the rest of the population of this County is now about 1 in 682.

Since the 1st of January, 1859, the admissions from the various Unions within the County have been as follows, viz. :—

	Males.	Females.	Total.
Cambridge	73	61	134
Ditto (County)	4	...	4
Newmarket	48	46	94
Ely	26	36	62
Wisbech	32	38	70
Chesterton.....	33	37	70
St. Ives	6	10	16
St. Neots	2	1	3
Caxton	13	16	29
North Witchford	35	22	57
Peterborough	2	2	4
Linton	22	30	52
Whittlesey.....	11	14	25
Royston.....	10	22	32
Downham	1	1	2
TOTAL.....	318	336	654

The past year has not been behind its predecessors in good results, and, I am thankful to state, has been unmarred by accidents or by the occurrence of any epidemic illness.

The erection of the new cooking-room in connection with the kitchen has proved a great boon, and not less so has been the acquisition of a permanent recreation-hall. This latter has twice during the year been the scene of theatrical performances, which have proved very successful in amusing both inmates and visitors, as well as being available for the usual dances, and the larger annual Harvest and Christmas parties.

Two men escaped during the year, one of whom reached Newmarket and the other Ipswich, but both were brought back in a few days.

The admissions for the year amount to 88 ; 40 being males and 48 females.

The recoveries were at the rate of 37.5 per cent. on the admissions; the absolute numbers being 14 males and 19 females,—total 33.

The deaths were 25 in all ; 15 of them having occurred on the male, and 10 on the female side. They were almost all from chronic disease, and there was no occasion on which an Inquest was called for. The disproportion between the deaths in the sexes is not unusual in asylums ; but the distribution of the mortality on the male side has been remarkably irregular. It is a curious fact that more than *eleven months* passed by without a death among the men,—no male having died between July 12th, 1867, and June 16th, 1868, though several of the patients had been very ill ; but, in the month of November, 6 men died,—5 of them from chronic disease of the brain. The gross mortality is, altogether, below the average, being only 8.8 per cent., and would have been still less had it not been for the admission of certain hopeless cases, merely to die.

In the tables appended to this Report will be found numerous details of importance as regards the statistics of the Asylum.

I regret to say that great trouble continues to be caused by the faulty manner in which the documents relating to the admission of patients are filled up. Considering that the Act by which these things are regulated, has been in operation since 1853, and that minute explanations as to what is required are given, it might fairly be supposed that the certifying surgeons, if not the relieving officers, might fill up the forms correctly, yet so far from this being the case, I may safely say that in one half the admissions I still have to return the papers for amendment, thus giving rise to no little trouble, delay and expense, as well as superfluous correspondence. The chief value of these documents is their *legal* character, and their validity depends on their being accurately filled up, for the information they give is too often very unreliable, if not misleading. I may mention in illustration a case received this year in which the patient was described as a “dangerous” lunatic ; the fact being that he was, on admission, a miserable half-starved creature, in an advanced stage of general paralysis, and almost too feeble to walk about or steady himself.

In conclusion I would venture to express a hope that it will not be long before some efforts are made for the collective care and

treatment of the class of idiots apart from the rest of the insane. In some parts of this country, Idiot Asylums for the pauper class have been lately erected, and others are in course of formation,—in Northampton* and Warwick,† for instance. East Anglia would probably furnish cases enough for an institution common to three or four counties ; and such a separation of the idiots from the other insane would be a mutual advantage, as, in the crowded wards of public asylums, the idiot can rarely get the particular treatment and education that is required, while the presence of these wretched objects is an evil and an encumbrance to the others. Paupers are ineligible for the only charity for this class in the Eastern Counties, and the want of a proper place for such cases has made itself more than usually evident here by the experience of the last year,—three very bad idiots having been sent during that time.

I have the honour to be,

My Lord and Gentlemen,

Your obedient Servant,

G. MACKENZIE BACON, M.D.

To the Committee of Visitors.

*The Governors of the Northampton Asylum resolved to provide a separate building, in the first instance, for the reception of 100 patients, at a cost of about £8,000.

†A county meeting for Warwickshire was held in the Public Hall, Leamington, in support of the proposed new idiot asylum for the counties of Warwick, Stafford, Worcester, Leicester, and Shropshire. Lord Leigh, Lord-Lieutenant of the county, Mr. J. Dugdale, the high sheriff, and other influential county gentlemen were present, and took part in the meeting. Mr. F. A. Godson, of Birmingham, explained that the sum of £50,000 was required in order to erect a first-class institution, replete with all necessary appliances for the proper training of idiots. Resolutions were passed approving the project, and a local committee appointed to represent the county in matters connected with the institution. A subscription list was opened which realised nearly £500 among those present at the meeting. Each county will endeavour to raise £10,000 as its quota of the cost.—*Brit. Med. Journal*, January 16, 1869.

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths during the year 1868.

	Male.	Female.	Total.
In Asylum, 1st January, 1868	128	145	273
	Male.	Female.	Total.
Admitted for the first time during the year 1868 ...	33	36	69
Re-admitted during the year	7	12	19
Total admitted	40	48	88
Total under care during the year	168	193	361
Discharged or Removed.			
	Male.	Female.	Total.
Recovered ...	14	19	33
Relieved	1	5	6
Not improved	4	2	6
Died	15	10	25
Total discharged and died during the year	34	37	71
Remaining in the Asylum, Dec. 31st, 1868 (inclusive of absent on trial)	134	156	290
Average number resident during the year	135	149	284

TABLE II.

Showing the Admissions, Re-Admissions, and Discharges, from the opening of the Asylum to the present date, Dec. 31st, 1868.

	Male.	Female.	Total.
Persons admitted during the period of 10 years and more, that is, since Nov. 2nd, 1858	442	491	933
Re-admissions	40	53	93
Total of Cases admitted	482	544	1026
Discharged or Removed :			
	Male.	Female.	Total.
Recovered ...	144	201	345
Relieved	40	46	86
Not improved	18	18	36
Died	150	118	268
Total discharged and died during the 10 years and more	352	383	735
Remaining, December 31st, 1868	134	156	290
Average numbers resident during the 10 years	122	142	261

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. of the Admissions for each year since the opening of the Asylum.

YEAR.	Admitted.			Discharged.												Died.			Remaining 31st Dec. in each year.			Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on average Nos. resident.		
				Recovered.			Relieved.			Not Improved.																				
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.						
	1858.....	60	58	118	1	12	26	2	2	4	2	1	3	59	56	115	45	45	90	35	32.4	33.7	2.2	2.2	2.2	2.2				
1859.....	40	37	77	14	17	22	4	1	5	2	3	10	74	78	152	73	74	147	82	35	33.7	9.5	4.05	4.05	4.05					
1860.....	40	59	99	5	22	27	2	1	3	9	9	27	87	110	197	82	96	178	96	12.5	22.2	21.9	9.3	15.1	15.1					
1861.....	59	67	126	14	29	43	4	1	5	3	11	28	109	135	244	96	131	227	96	22.3	34.1	17.7	8.3	12.3	12.3					
1862.....	47	44	91	15	22	37	3	2	5	2	12	27	123	142	265	116	138	254	116	31.9	40.6	12.9	8.6	10.6	10.6					
1863.....	45	46	91	16	18	34	4	1	5	5	17	31	133	152	285	130	148	278	130	35.5	37.3	10.7	11.4	11.1	11.1					
1864.....	39	43	82	16	17	33	4	1	5	22	16	25	136	148	284	137	151	288	137	41	40.2	11.6	5.9	8.6	8.6					
1865.....	42	47	89	20	20	40	2	3	5	5	16	29	140	159	299	136	152	288	136	47.6	44.9	11.7	8.5	10.6	10.6					
1866.....	40	50	90	10	24	34	11	13	24	8	18	33	133	146	279	144	162	306	144	25	37.7	12.5	9.2	10.7	10.7					
1867.....	30	45	75	17	25	42	7	1	8	4	11	20	128	145	273	126	146	272	126	56.6	56	8.7	13.6	11.3	11.3					
1868.....	40	48	88	14	19	33	1	6	7	4	15	25	134	156	290	135	149	284	135	35	37.5	11.1	6.7	8.8	8.8					
TOTAL....	482	544	1026	141	204	345	40	46	86	18	18	269	149	120	269				

TABLE IV.

Showing the History of the Annual Admissions since the opening of the Asylum, with the Discharges and Deaths, and the Number of each Year remaining on the 31st December, 1868.

Admitted.										Of each Year's Admissions, Discharged and Died in 1868.										Total Discharged and Died of each Year's Admissions to 31st December, 1868.										Remaining of each Year's Admissions, 31 Dec., 1868.		
YEAR.	New Cases.		Relapsed Cases.		Re-covered.		Re-lieved.		Not Im-proved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		Total.		Male.		Female.							
	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.						
	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.	Total.					
1858...	60	58					
1859...	39	37	1					
1860...	35	57	5	2					
1861...	55	60	4	7					
1862...	41	42	6	2					
1863...	41	42	4	4					
1864...	37	38	2	5					
1865...	38	43	4	4					
1866...	38	42	2	8					
1867...	25	36	5	9					
1868...	33	36	7	12					
TOTAL.	442	491	40	53	1026	1419	33	1	6	7	4	2	6	15	10	25	141	204	345	40	46	86	18	18	36	149	120	269	134	156	290	

TABLE V.

Showing the Causes of Death during the Year.

CAUSES OF DEATH.	Male.	Female.	Total.
<i>Cerebral or Spinal Disease.</i>			
Apoplexy and Paralysis	1	2	3
Epilepsy and Convulsions	1	1	2
General Paresis	2	...	2
Maniacal and Melancholic Exhaustion or Decay
Inflammation and other Diseases of the Brain	4	2	6
Meningitis	1	...	1
Disease of Spinal Cord	1	1
<i>Thoracic Disease.</i>			
Inflammation of the Lungs, Pleuræ, and Bronchi	4	1	5
Embolism of Pulmonary Artery	1	...	1
<i>Abdominal Disease.</i>			
Amyloid Disease of Liver and Kidneys	1	1
Cancer (of Stomach, &c.)	1	...	1
Chronic Abscess	1	1
General Debility and Old Age	1	1
TOTAL	15	10	25

*** See Note at end of Tables.

TABLE VI.

*Showing the length of Residence in those Discharged Recovered,
and in those who have Died during the Year.*

Length of Residence.	Recovered.			Died.		
	Male.	Female.	Total.	Male.	Female.	Total.
Under 1 month	1	1	2	4	1	5
From 1 to 3 months... ..	7	4	11	1	...	1
„ 3 „ 6 „	2	2	4	...	1	1
„ 6 „ 9 „	2	4	6	2	...	2
„ 9 „ 12 „	1	2	3	2	...	2
„ 1 „ 2 years	1	3	4	2	...	2
„ 2 „ 3 „	2	2	1	1	2
„ 3 „ 5 „	1	1	1	3	4
„ 5 „ 7 „	1	1	2
„ 7 „ 10 „	1	3	4
TOTAL.....	14	19	33	15	10	25

TABLE VII.

Showing the Duration of the Disorder on Admission in the Admissions, Discharges, and Deaths, during the Year.

Duration of Disease on Admission in Four Classes.												
CLASS.	On Admission.			Recovered.			Removed, (Relieved, or Otherwise.)			Died.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
FIRST CLASS— First attack, and within three months on ad- mission	13	11	24	9	4	13	1	3	4	5	2	7
SECOND CLASS— First attack, above three, and within twelve months on admission	8	8	16	...	3	3	1	2	3	5	1	6
THIRD CLASS— Not first attack, and within twelve months on admission	13	20	33	4	11	15	...	1	1	3	2	5
FOURTH CLASS— First attack or not, but of more than twelve months on admission	6	9	15	1	1	2	3	2	5	2	5	7
TOTAL	40	48	88	14	19	33	5	8	13	15	10	25

TABLE VIII.

Showing the Ages of the Admissions, Discharges, and Deaths, during the Year.

AGES.	The Admissions.			The Discharges.				The Deaths.		
	The Admissions.			Recovered.		Removed, (Relieved, or Otherwise.)		Male.	Female.	Total.
	Male.	Female.	Total.	Male.	Female.	Male.	Female.			
From 5 to 10 years	1	...	1	1
" 10 " 15	...	1	1
" 15 " 20	2	...	2
" 20 " 30	4	4	8	3	4	1	1	3
" 30 " 40	8	11	19	4	5	1	2	2	1	4
" 40 " 50	8	11	19	2	4	1	2	2	1	3
" 50 " 60	8	10	18	2	5	...	2	5	2	7
" 60 " 70	4	8	12	3	1	1	2	3	2	5
" 70 " 80	5	3	8	1	1	2
" 80 " 90
Total	40	48	88	14	19	5	8	15	10	25

TABLE IX.

Condition as to Marriage in the Admissions, Discharges, and Deaths, during the Year.

	The Admissions.			The Discharges.				The Deaths.		
				Recovered.		Removed, (Relieved, or Otherwise.)				
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Total.
Single	17	19	36	6	9	15	3	2	5	9
Married	21	22	43	8	9	17	2	3	5	9
Widowed	2	7	9	...	1	1	...	3	3	7
Total	40	48	88	14	19	33	5	8	13	25

TABLE X.

*Showing the Religious Opinions of those Admitted during
the Year.*

	Male.	Female.	Total.
Church of England	26	32	58
Dissenters :—			
Baptists.....	6	4	10
Methodists	1	1
Wesleyans.....	1	2	3
Independents	1	1
Protestants undefined	5	5	10
Roman Catholics	1	1	2
Unknown	1	2	3
Total.....	40	48	88

TABLE XI.

Showing the previous Occupations of those Admitted during the Year.

	Male.	Female.	Total.
Labourers and their Wives	14	18	32
Artisans and their Wives.....	10	3	13
Domestic Servants	10	10
In Industrial Employments.....	9	5	14
In Literate „	1	1	2
Unknown	6	11	17
Total.....	40	48	88

TABLE XII.

*Showing the Causes of the Insanity in the Cases Admitted,
as illustrated by its character.*

	Male.	Female.	Total.
Senile Insanity	2	3	5
Climacteric „	2	2
Congenital „	1	2	3
Epileptic „	3	2	5
Uterine „	4	4
Post-Febrile „	1	1
Moral „	2	2
Insanity from General Paralysis	6	2	8
„ „ Sun-stroke	2	...	2
„ „ Drink	1	1	2
„ „ Localised Brain Disease ...	3	2	5
Unknown	22	27	49
Total	40	48	88

TABLE XIII.

Showing the Forms of Mental Disorder in those Admitted.

	Male.	Female.	Total.
Mania	14	30	44
„ Acute	5	3	8
„ Senile	2	4	6
„ à potû	1	1	2
Melancholia	3	1	4
Dementia	6	3	9
„ Acute.....	...	1	1
„ Epileptic	3	1	4
General Paralysis	5	1	6
Idiocy	1	3	4
Total	40	48	88

TABLE XIV.

*Showing the Admissions and Deaths during each Month
in the Year.*

	ADMISSIONS.			DEATHS.		
	Male.	Female.	Total.	Male.	Female.	Total.
January	1	...	1
February	5	3	8	...	1	1
March	3	2	5
April	4	4	8	...	1	1
May	3	7	10	...	1	1
June	1	4	5	1	...	1
July	4	6	10	2	1	3
August	4	4	8	2	1	3
September	6	5	11	1	2	3
October	4	2	6	1	1	2
November	1	3	4	6	...	6
December	4	8	12	2	2	4
Total	40	48	88	15	10	25

NOTES TO TABLE V.

THE subjoined Notes give some further particulars as to the year's deaths. A *post-mortem* examination was made in sixteen instances.

1. Female, æt. 17, a demented epileptic, had gradually declined in health for 3 years, and died, after a month's illness, from an acute brain affection. *P.M.*—The halves of the skull were unsymmetrical, the petrous bones very thick and rugged, the ant. clinoid processes short and blunt, and a sesamoid bone existed on either side between the sphenoid and frontal. There was acute red softening of the right hemisphere of the brain at the vertex.

2. Female, æt. 32, had suffered from epilepsy since 14, gradually declined in health, and died from the decay of epilepsy. *No P.M.*

3. Female, æt. 68, admitted in 1863 with melancholia, which passed into dementia. Died, after 3 months' illness, from spinal disease causing hemiplegia. *P.M.*—Was found caries of cervical vertebræ, pus in the spinal canal, and softening of the cord, with granular bodies in the gray substance. Brain normal.

4. Male, æt. 45, a general paralytic, died, after a few days' illness from extension of an abscess from the last molar in lower jaw, upwards along the face to the base of skull, and terminating in the orbit of the opposite side. *P.M.*

5. Female, æt. 54, had been paralysed on the right side for about 5 months before admission (March 1868). Her father and two sisters had all died insane and hemiplegic. *P.M.* showed softening involving both corpora striata, but deeper on left side; atheroma of arteries, granular kidneys, and embolism of pulmonary artery.

6. Male, æt. 60, died, after a few minutes' dyspnoea from embolism of the pulmonary artery. Lungs emphysematous and pleura universally adherent. *P.M.*

7. Male, æt. 56, died from meningeal apoplexy, with some softening in one hemisphere. The effusion of blood was confined to the surface of right hemisphere.

8. Female, æt. 39, from chronic brain dis. and bed-sores. *No P.M.*

9. Male, æt. 27, demented, died from phthisis. *No P.M.*

10. Male, æt. 57, died from unilateral meningitis of about 10 days' duration, causing violent mania. *P.M.*

11. Female, æt. 29, admitted in 1860 with acute mania; had been failing for a year. *P.M.* showed the kidneys, liver and spleen in a state of amyloid degeneration, fluid in both pleural cavities, remains of strumous abscesses over the chest and shoulder, and a psoas abscess with caries of lumbar vertebræ.

12. Male, æt. 25, died from epileptic coma, having had, while in his usual health, a succession of fits for 12 hours. *P.M.*—Serous effusion in ventricles.

13. Female, æt. 67, from acute bronchitis. *No P.M.*

14. Female, æt. 57, from effusion of blood into the centre of the pons Varolii. She only lived 1½ hour after the seizure. *P.M.*

15. Male, æt. 46, died from cancer of stomach, &c. *P.M.*—The greater part of the inner surface of stomach was found invaded by cancerous growth, in places in a state of ulceration, and a scirrhus mass united the pancreas, stomach and spleen. The mesentery was studded with minute masses of the same nature. Effusion of serum into the pleural cavities and pericardial sac.

16. Male, æt. 50, admitted after a few days' illness, and died in less than a month, having had a series of epileptic fits, after which he became hemiplegic. *P.M.*—The right corp. striatum was found much larger than the other, being apparently swollen, no fresh growth existing in it. No other dis. in brain beyond serous effusion.

17. Male, æt. 52, from atrophy of brain. *P.M.*

18. Male, æt. 38, from general paralysis. *No P.M.*

19. Male, æt. 38, ditto *P.M.*

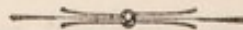
20. Male, æt. 66, from extensive softening of left hemisphere. *P.M.*—The dura mater at base of skull was of a rusty-brown colour, as though from old effusion of blood. The cerebellum was atrophied on one side. He was blind, and latterly hemiplegic, and had, some years back, received an injury to his head.

21. Male, æt. 72, from pneumonia. *No P.M.*

22. Female, æt. 48, had a chronic abscess in the thigh, with a sinus leading up to the pubis, which was carious at the symphysis and in the horizontal ramus. There were loose fragments of bone in the sinus, and also a sequestrum ready to separate. *P.M.*

23. Male, æt. 66, from phthisis. He had been a gentleman of property, and after being ruined became melancholic. His delusions persisted to the last. *No P.M.*

24. Female, æt. 80, from the decay of old age. *No P.M.*



APPENDIX.

REPORT

OF THE

COMMITTEE OF VISITORS

Upon the Audit of Accounts

OF THE

TREASURER AND CLERK OF THE ASYLUM,

Pursuant to the 16th and 17th Vic., c. 97.

THE Committee of Visitors having audited the Accounts of the Treasurer and Clerk of the Asylum, as directed by section 60 of the above Act, do hereby Report the same to the General Quarter Sessions of the County of Cambridge and the Isle of Ely, and to the Council of the Borough of Cambridge, and append thereto an abstract of such Accounts accordingly.

(Signed) C. R. PEMBERTON,
Chairman of the said Committee of Visitors.

*Asylum, Fulbourn,
February 22nd, 1869.*

CAMBRIDGESHIRE, ISLE OF ELY, AND BOROUGH OF CAMBRIDGE LUNATIC ASYLUM.

Account current for the Year ending December 31st, 1868.

1868.				1868.			
Jan. 1.				Dec. 31.			
To balance of Cash this day				By Cash paid on Main-			
Dec. 31.				tenance account:—			
£	s.	d.	£	s.	d.	£	s.
.....	1009	6	0	Salaries, and Wages.....	2372	0	10
7026	19	2		Provisions	2875	5	11
{				Necessaries	616	11	1
To Cash received for Main-	1115	19	1	Surgery	36	0	10
tenance, &c., of Out-				Wine and Spirits	128	2	10
county Paupers				Clothing	461	2	1 $\frac{1}{2}$
To Cash received for Main-	27	6	0	Furniture and Bedding ..	414	12	9 $\frac{1}{2}$
tenance, &c., of Private				Funeral Fees.....	16	19	7
Patient				Garden and Farm.....	589	12	8
To Cash received for pro-	87	4	4	Miscellaneous	257	15	1 $\frac{1}{2}$
duce sold							
			8257			7768	3
			8				9 $\frac{1}{2}$
{				By Cash paid on Building			
To Cash received from	374	1	11	Account:—			
Treasurers of the County,				Messrs. Bell & Son, build-			
Isle, and Borough, on				ing Cook House, as per	273	0	0
Building Account.....				agreement			
To Interest on Invested	13	12	0	Messrs. Bell & Son for			
Account				Incidentals.....	28	6	0
			387				
			13				
			11				
{				Additions, Alterations, and Improvements			
				Insurance	301	6	0
				Amount invested in Exchequer Bills ..	607	19	11
				Balance in hands of Treas-	31	11	0
				urer	708	18	10
				Ditto Steward	197	5	6
					39	3	5 $\frac{3}{4}$
						236	8
							11 $\frac{3}{4}$
						£9654	8
							6 $\frac{1}{4}$

Submitted to the Committee of Visitors, February 22nd, 1869.

C. R. PEMBERTON, *Chairman.*

CAMBRIDGESHIRE, ISLE OF ELY AND BOROUGH OF CAMBRIDGE LUNATIC ASYLUM.

Income and Expenditure from the 1st day of January to the 31st day of December 1868.

FROM WEEKLY RATE.

INCOME.

HEADS OF INCOME.	QUARTERS ENDING.												YEAR ENDING THE 31 st DEC ^r 1868.	TOTAL.	
	March 31 st			June 30 th			Sept ^r 30 th			Dec ^r 31 st					
	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.
From Unions to which Asylum belong.....	1713	7	11	1753	16	2	1824	11	10	1819	15	8	7111	11	7
From Out-County Unions	273	-	-	285	2	-	293	-	-	294	10	-	1145	12	-
For Maintenance of Private Patients	9	2	-	9	2	-	9	2	-	3	4	-	30	10	-
	1995	9	11	2048	-	2	2126	13	10	2117	9	8	8287	13	7
Excess of Income over Expenditure from Maintenance of Out-County Paupers, Carried to a Building Fund.....	34	2	6	77	5	8	118	12	-	61	13	9	291	13	11
	1961	7	5	1970	14	6	2008	1	10	2055	15	11	-	-	-
Balance from Dec ^r 31 st 1867.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

EXPENDITURE.

HEADS OF EXPENDITURE.	QUARTERS ENDING.												YEAR ENDING THE 31 st DEC ^r 1868.	TOTAL.		
	March 31 st			June 30 th			Sept ^r 30 th			Dec ^r 31 st						
	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.	
By Salaries & Wages	498	11	10	476	3	10	477	-	2	555	19	1	2007	14	11	
Provisions	753	15	71	732	14	1	875	19	5	698	19	7	3061	8	81	
Necessaries	182	7	11	97	6	2	114	3	9	169	16	-	563	13	10	
Surgery	5	5	1	10	6	2	8	6	4	7	2	11	31	-	6	
Wine & Spirits	36	12	6	48	19	4	22	16	6	44	6	9	152	15	1	
Clothing	158	2	11	198	9	11	150	18	2	112	3	8	619	13	101	
Furnishing & Bedding	92	13	11	114	11	4	99	-	8	122	18	71	429	4	61	
Funeral Fees	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Garden & Farm	372	17	10	167	9	3	-	-	-	367	9	6	907	16	7	
Miscellaneous	115	-	111	49	11	1	26	7	5	69	18	5	260	17	101	
	2215	7	91	1895	11	2	1774	12	5	2148	14	61	-	8034	5	11
Profit on Farm, &c.	-	-	-	-	-	-	177	3	-	-	-	-	-	177	3	-
	2215	7	91	1895	11	2	1597	9	5	2148	14	61	-	7857	2	11
Balance remaining to Maintenance Account	-	-	-	-	-	-	-	-	-	-	-	-	-	1569	15	-
	Total												£	9426	17	11

FROM COUNTY RATE AND BUILDING & REPAIR FUND.

INCOME.

	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.
<i>From County Treasurer for additions, alterations and Improvements as per Order of the Committee</i>	47	3	3	46	11	9	44	4	5	47	2	-	185	1	5
<i>From the Treasurer of the Isle of Ely for d^o d^o</i>	36	13	8	36	4	8	34	7	10	36	12	11	143	19	1
<i>From the Borough Treasurer for d^o d^o</i>	15	14	6	15	10	7	14	14	10	15	14	-	61	13	11
<i>Interest and Bonus</i>	99	11	5	98	7	-	93	7	1	99	8	11	390	14	5
<i>Excess of Income over Expen- diture from Maintenance of Out-County Paupers</i>	34	2	6	77	5	8	118	12	-	61	13	9	-	-	291
<i>Balance from Dec^r 31st 1867.</i>	133	13	11	182	8	8	221	5	10	161	2	8	-	-	698
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1314
															15
															2
															6
															3
															2013
															6
															3

EXPENDITURE.

	QUARTERS ENDING.												YEAR ENDING THE 31 st DEC ^r 1868.	TOTAL.	
	March 31 st			June 30 th			Sept ^r 30 th			Dec ^r 31 st					
	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.	£.	s.	d.
By Building Cook-House & Meat Larder as per Estimate.....	-	-	-	273	-	-	-	-	-	-	-	-	273	-	-
„ Incidentals.....	-	-	-	28	6	-	-	-	-	-	-	-	28	6	-
„ Additions, Alterations and Improvements.....	202	12	5	156	11	1	186	11	7	150	19	2	696	14	3
	202	12	5	457	17	1	186	11	7	150	19	2	-	-	-
													998	-	3
By Balance Dec ^r 31 st 1868.	-	-	-	-	-	-	-	-	-	-	-	-	1015	6	-
													Total	£	2013 6 3

Aggregate days of Residence of Patients 104403
Average daily number Resident 286 ¹³/₃₆₅
Average daily number of Attendants Resident 27 ²⁹¹/₃₆₅

Submitted to the Committee of Visitors the 22nd day of February 1869.

Ch. Amberton
Chairman.

Average Weekly Expenditure for the Year ending December 31st 1868.

	£	s.	d.	£	s.	d.
Salaries & Wages	2097	14	11	2	81	24065
Provisions	3061	8	81	4	11	5455
Necessaries	563	13	10	-	9	29500
Surgery	31	-	6	-	-	104085
Wine & Spirits	152	15	1	-	-	2186881
Clothing	619	13	101	-	-	9192625
Furniture & Bedding	429	4	61	-	-	6165825
Funeral Fees	-	-	-	-	-	-
Garden & Farm	907	16	7	1	21	49238
Miscellaneous	260	17	101	-	4	82758
8034	5	11	-	10	91	14117
Less Profit on Farm Account	177	3	-	-	-	2142015
7857	2	11	-	10	61	76595
						104403

Average Weekly Rate of Charge to Own County Unions 10 9
Average Weekly Rate of Charge to Out County Unions 14
D^o D^o Private Patients 14
Income on Maintenance Account 7995 19 8
Expenditure on D^o D^o 7857 2 11
Excess of Income over Expenditure on Maintenance of Own County Paupers 138 16 9

William Henry Norman
Clerk & Steward.

The undersigned
 Members of the
 Executive Committee
 of the
 Board of Directors
 of the
 New York
 Public Library
 do hereby certify
 that the
 following is a
 true and correct
 copy of the
 original as the same
 appears in the
 records of the
 Board of Directors
 of the
 New York
 Public Library

IN WITNESS
 WHEREOF

Signed and attested
 this _____ day of _____

 Secretary

 President

CAMBRIDGESHIRE, ISLE OF ELY, AND BOROUGH OF CAMBRIDGE LUNATIC ASYLUM.

Balance Sheet for the Year ending December 31st, 1868.

<p>1868. Dec. 31.</p>	<p>To Balance of Cash this day, see account current To amount invested in Exchequer bills To amount due for main- tenance from Unions within the County To amount due for main- tenance of Out-county Patients To amount due for main- tenance of Private Patient To amount due from the Treasurer of the County of Cambridge for ad- ditions, alterations, and improvements To amount due from the Isle of Ely Treasurer for ditto ditto To amount due from the Borough Treasurer for ditto ditto</p>	<p>£ s. d. 1828 0 8 297 2 0 3 4 0 <hr/>2128 6 8 47 2 0 36 12 11 30 18 10 <hr/></p>	<p>£ s. d. 236 8 11³/₄ 708 18 10 By amount due to Tradesmen on maintenance account By amount due to Tradesmen on account of additions, alterations and improvements <hr/>1457 18 10</p>	<p>1868. Dec. 31. By amount due to Tradesmen on maintenance account By amount due to Tradesmen on account of additions, alterations and improvements <hr/>1457 18 10</p>	<p>Balance 1730 9 4³/₄</p> <hr/> <p>£3188 8 2³/₄</p>
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Examined and found Correct, February 22nd, 1869.

C. R. PEMBERTON, } *Auditors.*
C. E. BROWN, }
E. HICKS, }

CAMBRIDGESHIRE, ISLE OF ELY, AND GARDEN AND

Profit and Loss for the Year

1868.	Dr.	£	s.	d.	£	s.	d.
Dec. 31.	To Cash paid for						
	10 Store Pigs, at 15/6	7	15	0			
	2 Cows	38	0	0			
	20 Sheep, at 33/-	33	0	0			
					78	15	0
	Meal and Bran	13	16	0			
	2 $\frac{3}{4}$ tons Linseed Cake	27	17	0			
					41	13	0
	Machine and Drill Hire	13	7	0			
	Horse Hire, 83 days, at 3/-	12	9	0			
					25	16	0
	Seed: Wheat, 10 sacks, at 27/-	13	10	0			
	Peas, 5 sacks, at 25/6.....	6	7	6			
	Barley, 16 sacks, at 22/-	17	12	0			
	Carrots, Wurtzel and Turnips...	10	3	2			
	Potatoes, 2 tons, at 100/-	10	0	0			
					57	12	8
	Shrubs				6	0	0
	Saddlery	4	13	1			
	Farrier	11	18	9			
	Killing Pigs and Beast	1	13	6			
	Miscellaneous	37	6	6			
					55	11	10
	Wages: Farm Bailiff & Gate Keeper	59	16	0			
	4 Farm Labourers	158	7	7			
					218	3	7
	222 Bushels Potatoes bought and consumed on Establishment (as per contra)				51	5	9
	Garden Produce consumed on Farm (as per contra)	16	9	0			
	Farm Produce consumed on Farm (as per contra)	189	19	0			
					206	8	0
	Pig Wash to Farm from House, estimated value for the year				10	0	0
	Rent of Land, 27A. 2R. 14P. adjoining the Asylum, at 50/- per acre.....				68	6	10
	*Rent of Land belonging to the Asylum, 40 acres, at 40/-				80	0	0
					899	12	8
	Decrease of Stock as compared with preceding year				192	10	8
	Balance in favour of Farm and Garden Account				5	1	5
					£1097	4	9

* This Land is the property of the Visitors, but in Shewing the Profit and Loss it is only fair to charge it with an Estimated Rental.

ending December 31st, 1868.

ending December 31st, 1868.

WILLIAM HENRY NORMAN, *Steward.*

WILLIAM HENRY NORMAN, *Steward.*

ORDINARY DIET TABLE.

BREAKFAST.										DINNER.																SUPPER.						
Males.		Females.		MALES.								FEMALES.								Males.		Females.										
Cocoa.	pts	Bread.	ozs	Boiled beef or pork un-cooked, free from bone.	ozs	Boiled mutton, uncooked, free from bone.	ozs	Beef.	ozs	Pastry.	ozs	Beef, un-cooked, free from bone, seasoned in a pie.	ozs	Beef, un-cooked, free from bone, seasoned in a stew.	ozs	Suet Dumplings.	ozs	Vegetables.	ozs	Bread.	ozs	Beer.	pts	Bread.	ozs	pts	Bread.	ozs	Butter.	ozs	Tea.	pts
Sunday.....	1	6	5	..	7	4	4	9	..	3	..	4	4	4	6	1	5	5	4	1	1	
Monday	1	6	5	4	4	3	9	1	5	5	4	1	1	
Tuesday	1	6	5	8	6	..	3	4	3	1	5	5	4	1	1	1	
Wednesday ..	1	6	5	7	4	..	9	4	3	1	5	5	4	1	1	1	
Thursday	1	6	5	6	6	1	5	5	4	1	1	1	
Friday	1	6	5	6	1	5	5	4	1	1	1	
Saturday	1	6	5	6	6	1	5	5	4	1	1	1	
Totals.....	7	42	35	14	7	8	16	8	12	8	48	9	4	12	6	8	39	9	3	42	3	4	4	4	35	7	3	7	3	7	7	

N.B.—Extra Workers, 3 ozs. Bread and 1 oz. Cheese daily. Cocoa in the following proportions for one pint: $\frac{1}{4}$ oz. Cocoa, $\frac{3}{4}$ oz. Treacle, and $\frac{1}{4}$ pint of Milk. Tobacco and snuff given as indulgencies to the working patients. Weekly quantity of Meat consumed by each patient, uncooked and free from bone : Males, 37 ozs. ; Females, 34 ozs.

(Signed) WILLIAM H. NORMAN, Steward.

STATISTICS

Of Pauper Lunatics, Idiots, and Persons of Unsound Mind chargeable to Unions in the County and Borough of Cambridge and Isle of Ely, showing the number in the Asylum, in Workhouses, and elsewhere, compiled from Annual Returns, 31 December, 1868.

[illegible]

FIFTH ANNUAL REPORT

COMMITTEE OF VISITORS

REPORT MADE BY THE COMMITTEE OF VISITORS
TO THE

THE LUNATIC ASYLUM

AT THE END OF DECEMBER 1868

NEW BEDFORD

CAMBRIDGE

PRINTED BY J. CLARK, 14 CORNHILL

1869

