

**Report of the Committee of Visitors of the Bedford Lunatic Asylum, to 31st December, 1847 : with appendices.**

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REPORT

OF

THE COMMITTEE OF VISITORS

OF THE

Bedford Lunatic Asylum,

TO 31st DECEMBER, 1847.

WITH APPENDICES.

BEDFORD:

PRINTED BY FORMAN AND LAURENCE, HIGH-STREET.

—  
1848.

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# THE COMMITTEE OF VISITORS,

FOR THE YEAR 1848.

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## For the County of Bedford.

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SIR CHARLES GILLIES PAYNE, Bart., *Blunham, St. Neots.*  
JOHN HARVEY, Esq., *Ickwell, Biggleswade.*  
HENRY LITTLEDALE, Esq., *Kempston, Bedford.*  
GEORGE PETER LIVIUS, Esq., *Bedford.*  
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REV. WILLIAM SHOVE CHALK, *Wilden, Bedford.*  
REV. CHAS. COLYEAR BEATY POWNALL, *Milton Ernest, Bedford.*  
REV. THOMAS TYLECOTE, *Marston Moretaine, Ampthill.*  
REV. BOTELER CHERNOCKE SMITH, *Aspley Guise, Woburn.*

## For the County of Hertford.


THE MOST NOBLE THE MARQUIS OF SALISBURY, K.G., *Hatfield.*  
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WILLIAM FRANKS, Esq., *Woodhill, Hatfield.*  
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THE HON. OCTAVIUS DUNCOMBE, M.P., *Waresley Park, Caxton.*  
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JAMES RUST, Esq., *Alconbury House, Huntingdon.*  
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JAMES DUBERLY, Esq., *Gains Hall, St. Neots.*  
REV. JAMES LINTON, *Hemingford Abbots, St. Ives.*

## For the Borough of Bedford.

HENRY LEECH, Esq., *Mayor.*



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REPORT OF THE COMMITTEE OF VISITORS  
OF THE  
BEDFORD LUNATIC ASYLUM,

TO THE 31<sup>ST</sup> DECEMBER, 1847.

---

THE Committee, in presenting their Annual Report, in relation to this Institution, are fully sensible of the important duties entrusted to them by 8 & 9 Vict. c. 126, under which they are constituted, and they have anxiously endeavoured to carry out, in the spirit as well as in the letter, its various enactments, by extending the general accommodation and classification of the patients, as well as promoting their cheerfulness and comfort.

The Committee, in the first place, propose to give some account of the progress that has been made since the Statute came into operation.

On the 21<sup>st</sup> of September, 1846, an agreement was entered into with the County of Hertford and the Borough of Bedford, under the ninth section of the Act, for the joint use of the Asylum, whereby it was stipulated that the former should pay a rent of £420, and the latter £30 per annum; the repairs to be borne by the County of Bedford. The number of patients, to be received at any one time from the County of Hertford, being limited to 120, unless provision be made for a greater number.



The number of Visitors for each County was fixed to be 10, and for the Borough one.

The Committee, thus constituted, had it in contemplation to make certain alterations and improvements in the Asylum, which however were postponed in consequence of a subsequent negotiation for admitting to its benefits the County of Huntingdon, which was completed on the 11th of May, 1847, with the stipulation that the annual rent should be £210 for the first ten years of the union, to commence on the 29th of September last, subject to a reduction at the expiration of that term to £160 per annum. And the number of patients not to exceed 42, unless provision be made for the reception of a greater number. The Committee is therefore now formed in the following proportions, *viz.*—

Bedfordshire .....	10 Visitors.
Hertfordshire.....	10 „ „
Huntingdonshire .....	7 „ „
Borough of Bedford .....	1 „ „
Total .....	<u>28</u>

In consequence of this latter arrangement it became necessary to provide additional accommodation for an increased number of patients.

The Committee estimated the total number for each County as follows, *viz.*—

Bedfordshire (including Bedford) .....	90 Patients.
Hertfordshire .....	120
Huntingdonshire .....	42
Total .....	<u>252</u>

The Asylum as now constructed cannot properly accommodate more than 180 patients, leaving 78 to be provided for.



The Committee therefore have had plans prepared for providing this additional accommodation, as well as for effecting certain necessary alterations and improvements in the old buildings, in regard to ventilation and kitchen accommodation. These plans (after a few alterations suggested by the Commissioners in Lunacy) were finally approved by the Secretary of State, and an outlay of £4000 was sanctioned at the Bedfordshire Midsummer Quarter Sessions, for the purpose of carrying out the said plans. The Visitors have since accepted proposals for the execution of the several works, at a total cost of £4574 8s. 0d., which will be borne exclusively by the County of Bedford, from the revenues of the Asylum Estate; with the exception of £350, which the Justices of Hertfordshire have agreed to contribute towards certain of the alterations in the old building, and erecting a new kitchen, to which that County by the fourth clause of the agreement for union, is liable.

The Committee, as directed by section 40 of the Act, have revised the Rules and Regulations for the government of the Asylum, and having adopted such suggestions from the proposed Rules, recommended by the Commissioners in Lunacy, as appeared likely to render them more generally useful, submitted the same to the Secretary of State, and they have since been approved by him.

In conformity to the provisions contained in section 42, the Committee elected a gentleman as Resident Medical Officer who shortly afterwards resigned; they have since elected MR. MATTHEWS to the office, and have every reason to be satisfied with his appointment.

The Committee did not overlook the long and valued services of MR. HARRIS, whom they have appointed Visiting Surgeon and Superintendent of the Asylum.



The admissions and discharges during the year, have been as follows: *viz.*—

	Males.	Females	Total.
The number of Patients in the Asylum, 31st Dec. 1846 .....	91	97	188
Admitted during the year.....	60	41	101
Totals .....	151	138	289

	Males.	Females	Total.
The number of Patients who have been discharged during the year .....	24	27	51
The number of Patients who have died during the year .....	20	12	32
The number of Patients remaining in the Asylum on the 31st December, 1847.....	107	99	206
Totals.....	151	138	289

The daily average number of Patients during the year has been ..... 190

Of the number in the Asylum on the 31st December, 1847, there were from—

	Males.	Females	Total.
Bedfordshire .....	42	36	78
Hertfordshire .....	45	43	88
Huntingdonshire .....	16	15	31
Borough of Bedford .....	3	4	7
	106	98	204
Cambridgeshire .....	0	1	1
Oxfordshire.....	1	0	1
Grand Totals.....	107	99	206

The average number attending chapel has been 90, and an average of 60 have been employed either in daily labour in the garden, or employed in their various trades, and other useful services, in the galleries and domestic departments of the institution.



The Committee refer to the Report of the Visiting Surgeon and to the Statistical Tables of the Resident Medical Officer, for a detailed statement of the medical and moral treatment of the patients, and they bear testimony to the zeal and ability with which both the Visiting Surgeon, and the Resident Medical Officer, have discharged their important duties.

App. No. 1.  
App. No. 3.

The Committee are desirous also of expressing their commendation of the diligence shewn by the Clerk to the Visitors in the discharge of his laborious duties, and the accuracy with which the accounts of the Asylum are kept.

The Committee also refer to the able Report of the Chaplain, whose valuable services demand their warm commendation.

App. No. 2.

The Committee have much pleasure also in recording their opinion of the valuable services of Mr. & Mrs. Pither, the Steward and Matron of the Institution, and of their uniform kindness and attention to the patients under their care.

The Asylum has been visited twice during the year by the Commissioners in Lunacy; copies of whose Reports the Committee subjoin.

“ February 26th, 1847.

This Asylum contains 191 Patients,—93 males and 98 females. Of them it appears by the Registers that 35 are under medical treatment, and 9 under restraint. Since the last visit of the Commissioners, on the 28th February, 1846, 71 Patients have been admitted, 46 have been discharged, and 31 have died. Of the Patients admitted we have no means of ascertaining the bodily condition of the 23 last admitted, but of the remaining 48 it appears that 35 were admitted in bad bodily health.

We understand that the Offices on the Basement Floor (the smallness of which was adverted to in our former Report), and also the exercise grounds are likely to be enlarged in the course of the ensuing spring.



The Asylum is clean and in good order, and the Patients were for the most part tranquil at the time of our visit."

J. R. HUME, }  
B. W. PROCTOR, } *Commissioners in Lunacy.*

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"October 25th, 1847.

This Asylum at present contains 96 males and 93 females (altogether 189) Patients, of whom 4 appear by the Medical Register to be subjected to mechanical restraint, and 13 to be under medical treatment.

Since the last visit of the Commissioners, on the 26th of February last, 60 Patients have been admitted (35 being in bad bodily health at the time of admission), 38 have been discharged, and 20 have died. In 12 of the last mentioned cases the causes of death have been ascertained by post mortem examination.

We found 5 Patients (1 male and 4 females), and one nurse ill in bed. We are informed that several cases of erysipelas have lately occurred in this Asylum, and that fever of a low character has been very prevalent in the county.

The Asylum is clean and in good order, except that one or two of the male wards are deficient in ventilation. A considerable portion of the beds have only one blanket for the upper covering of the Patients, which we think quite insufficient at this season of the year."\*

B. W. PROCTOR, }  
J. C. PRICHARD, } *Commissioners in Lunacy.*

The receipts for the year have been £3,911 7s. 0d., and the expenditure £3,945 13s. 7d. A balance of £117 16s. 10d. was due to the Treasurer on the 31st December, 1846, and £152 3s. 5d. at the end of the last year. This account is not in so satisfactory a state as it might have been had the boards of guardians of all the unions contributed in advance according to rule lxvi. It is of the utmost importance that the Committee should be supplied with sufficient funds, to carry on the management of the institution in the most economical manner; and it is only by a strict conformity to this rule that the Committee are enabled to do so.

\* The Asylum is heated with hot water to the temperature of summer heat. During the cold weather each Patient has two blankets.



Had all the sums been paid up which were owing, there would have been a balance in the Treasurer's hands of £96 1s. 9d.

The Annual Account of the receipts and payments for App. No. 4. the year ending December 31st, 1847, accompanies this Report.

The Committee have been under the necessity of increasing the weekly rate of maintenance during three quarters of the year, from 7s. to 8s. per week, for each patient, owing to the increased price of provisions and other articles. They hope however to be able to reduce it to 7s. 6d. for the ensuing year.

An abstract of the Garden and Farm Account for the App. No. 5. year ending December 31st, 1847, is also appended hereto.

The Committee, in conclusion, are happy to state that the condition of the patients, in reference to health during the year, has been good.

THO. CHA. HIGGINS, *Chairman*,  
JOHN HARVEY,  
BOTELER C. SMITH,  
GEORGE P. LIVIUS,  
THOMAS TYLECOTE,  
HENRY LITTLEDALE,  
HENRY LEECH,  
C. C. BEATY POWNALL,  
WM. SHOVE CHALK,  
FREDERICK SULLIVAN,  
JAMES DUBERLY.

*February 7th, 1848.*



that of the same been told up with some other, the  
would have been a balance in the Treasury's hands of  
\$100,000.

The Annual Report of the Treasury and Finance for the  
year ending March 31st, 1892, contains the following  
statement:

The Treasury has been under the necessity of  
drawing on the Treasury for the purpose of making  
good the deficiency in the Treasury's hands of  
\$100,000. The Treasury has been under the necessity  
of drawing on the Treasury for the purpose of making  
good the deficiency in the Treasury's hands of  
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of drawing on the Treasury for the purpose of making  
good the deficiency in the Treasury's hands of  
\$100,000.

A statement of the Treasury and Finance for the  
year ending March 31st, 1892, is as follows:

The Treasury has been under the necessity of  
drawing on the Treasury for the purpose of making  
good the deficiency in the Treasury's hands of  
\$100,000. The Treasury has been under the necessity  
of drawing on the Treasury for the purpose of making  
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good the deficiency in the Treasury's hands of  
\$100,000.

REPORT OF Mr. HARRIS,

Visiting Surgeon & Superintendent.

---

*To the Committee of Visitors of the Bedford Lunatic Asylum.*

GENTLEMEN,

The Asylum has been throughout the past year generally healthy, more so than during the one preceding.

Influenza has prevailed to some extent, but the cases have been more tractable than formerly, though some have degenerated into the low typhoid fever that has prevailed to such an extent in the neighbourhood.

Erysipelas has made its appearance in several patients, but it has not been followed by serious consequence in any case. No other disease has appeared in a greater ratio than might be expected.

One case of suicide, in a young female, has unfortunately occurred; and I am only surprised that such events are not more frequent, when we consider the great number of patients that have been admitted prone to self



destruction. With all the care and watchfulness that can be exercised, it is impossible to guard against such accidents entirely.

A few days ago a man who was not suspected, after getting up and coming down stairs, went up again and suspended himself by his handkerchief, but he was fortunately cut down ere it was too late. This man did it not from a wish to die, nor to get rid of trouble, but because he was "ordered to do it" by the "spirits"—by the "higher powers;" and he told me that if he received such "strong orders" again he should repeat the attempt.

There have been a great many patients admitted during the last year, not from an increase of the malady, but from the union of the counties of Bedford, Hertford, and Huntingdon. From this cause a great proportion of the patients are incurable and idiotic; being those who have been hitherto confined in other asylums, and in union houses. These cases will not only prevent our cures appearing so many, but will add very much to the trouble and expense, as many of them are dirty and mischievous. There are but few institutions where the number of incurable and dirty patients are in so great a proportion as in this. The number of cures must therefore be regarded in connection with the number of probably curable cases.

By reference to the Tables it will appear that low fever and exhaustion have been the causes of many of the deaths. It will appear also that several of the fatal cases have been those of advanced age.

Many patients have been brought to the Asylum in a very weak state, and required great care, with generous



diet and stimulants; indeed it may be said that nearly all the recent cases have been accompanied by a debilitated state of the body. It would be well for those who have the care of conveying patients to the Asylum, to see that they do not suffer from cold and want of generous diet on the road.

Insanity is not necessarily a disease of great power, requiring low diet and depletion: for many years past it has been one of little power, with but little reaction, requiring generous diet, tonics and stimulants, which means we have found more efficacious in allaying maniacal paroxysms, and in procuring sleep, than any other.

The Asylum is in a very crowded state, and has been so for a long time; the enlargement of the building about to be carried into effect will remedy this, but we shall feel an additional inconvenience during the work from the diminution of the yards (already too small) by the necessary fencing off the new parts.

When the number of idiots and dirty patients are taken into consideration, it cannot be supposed that we can be free from offensive smells; indeed it is quite impossible to prevent them entirely, with all the ventilation and attention to cleanliness that can be had. This ought not to be the test of cleanliness, but a much more sure one will be the examination of the various rooms, bed-clothes, and the persons of the patients; we trust however there will be a much better mode of ventilation than we now possess, for it is only when there is an active state of the atmosphere that we can have the dirty patients' rooms sweet.

We look forward with satisfaction to the possession of more offices than we have hitherto had. The Asylum was



originally built to hold only 40 patients, and there has been an increase of patients' rooms without any increase in the offices. It is only those who have lived in such institutions that can truly appreciate these advantages.

On comparing the number of servants in this Asylum, and the amount of their wages, with other institutions, it will appear that our number is far below any other, and that they are worse paid. I trust the Visitors will take this matter into consideration and make such alteration as they shall deem necessary.

There is no situation where a good servant is of so much consequence as in a Lunatic Asylum; they should be more than human; but where are such to be found? When we do meet with them they should be valued and treated accordingly.

We have been enabled to carry on the duties of the Establishment with few servants, through the assiduous and indefatigable exertions of our excellent Steward and Matron, but I am sorry to observe that their health is suffering.

On visiting other similar institutions we are struck with the size of the various rooms, and convenience of the offices,—with the air of comfort and almost luxurious appearance of the various departments: these asylums have had the advantage of experience, whereas we can only claim the merit of being one of the earliest that were built under 48 George 3rd, c. 56.

When we reflect that this Asylum is only for the reception of paupers,—that they will possess all the advan-



tages of cure, safety, kind treatment, and many other comforts that they have not at home, we are reconciled to our unostentatious appearance.

We have much pleasure in reporting that nearly a hundred patients attend divine service, and that many appear to appreciate its benefits.

All patients who are capable are put to some work ; the garden is cultivated, and the house supplied with vegetables by the labour of the patients, and the spare produce is sold for the benefit of the Asylum.

The female patients are employed in assisting the servants and attendants in their various duties, and all the linen and female clothing is made by them, with the assistance of one servant to cut out the clothes. There have been about 30 males and 30 females constantly employed during the last year.

With reference to economy, it will appear that the patients have cost more this year than the last, but when the prices of bread, meat, &c., are considered, it will not be thought unreasonable. Instead of growing potatoes enough for own use and to sell, we have had to buy largely.

MR. MATTHEWS, the Resident Medical Officer, has with much care drawn out some statistical tables, which are worthy of attention.

If all institutions were to publish an uniform set of tables, they would form a very valuable collection of facts ; as it is, each institution acts by itself.



It would be very desirable also if the plans of all asylums were published, by which, the excellencies of some might be adopted, and the defects of others avoided, in asylums hereafter built or enlarged.

I have the honor to be,

Gentlemen,

Your most obedient, humble Servant,

J. HARRIS,

*Visiting Surgeon and Superintendent.*

Lunatic Asylum,

Feb. 7th, 1848.

## REPORT OF THE CHAPLAIN.

---

*To the Committee of Visitors of the Bedford Lunatic Asylum.*

GENTLEMEN,

I have the honour to present to you my report for the last year as Chaplain at the Lunatic Asylum.

I have much gratification in stating to you that the Sunday Services have regularly taken place at the Institution during the year, and the attendance of the patients has been uniformly good, and their conduct very orderly. Indeed, as many of the patients as the gallery could accommodate have generally been present, and a considerable number always join in the responses. The benefits resulting from the services must be left to the Searcher of hearts; but cases are by no means wanting where good evidently appears to have resulted from the spiritual ministrations at the Institution. Patients have from time to time expressed their gratitude for the religious privileges of the place, and for the comfort they have derived from them.



The patients and the sick have been regularly visited in the week for instruction, and with a view to their spiritual improvement, as far as circumstances would permit.

I have had much pleasure in attending some of the sick during their illness. On their side the visits have been sought and valued, and I have been gratified and thankful to see that the visits have not been in vain.

I have the honour to be,

Gentlemen,

Your most obedient, humble Servant,

HENRY TATTAM.

Bedford,

Jan. 7th, 1848.

[APPENDIX, No. 3.]

TABLES.



# STATISTICAL REPORT OF THE RESIDENT MEDICAL OFFICER.

TABLE I.

## GENERAL RESULTS OF THE YEAR.

PATIENTS IN THE ASYLUM JAN. 1ST, 1847.	M.	F.	Total.
Incurable .....	74	64	138
Curable .....	17	33	50
	91	97	188
Patients admitted during the year .....	60	41	101
Total under care .....	151	138	289

REMOVED DURING THE YEAR.	M.	F.	Total.	Grand Total.
Recovered .....	23	22	45	
Improved .....	..	2	2	
Unimproved .....	1	3	4	
	24	27	51	51
Dead .....	20	12	32	32
Remaining in the Asylum, Dec. 31st, 1847, ..	..	..	..	206
Total .....	..	..	..	289

*\* \* The six following Tables contain the particulars of 101 cases admitted during the year.*

TABLE II.

AGE.	M.	F.	Total.
From 10 to 20 years .....	6	4	10
„ 20 to 30 years .....	11	6	17
„ 30 to 40 years .....	13	11	24
„ 40 to 50 years .....	18	7	25
„ 50 to 60 years .....	4	6	10
„ 60 to 70 years .....	5	3	8
„ 70 to 80 years .....	1	1	2
Unknown .....	2	3	5
Total .....	60	41	101

TABLE III.

DURATION OF INSANITY PREVIOUS TO ADMISSION.	M.	F.	Total.
From 1 day ..... to ..... 3 months .....	21	20	41
„ 3 months .. to ..... 6 months .....	4	2	6
„ 6 months .. to ..... 12 months .....	3	1	4
„ 1 year .... to ..... 5 years .....	8	6	14
„ 5 years .... to ..... 10 years .....	2	..	2
„ 10 years .... to ..... 15 years .....	1	2	3
Unknown .....	11	4	15
Congenital .....	10	6	16
Total .....	60	41	101

TABLE IV.

FORM OF INSANITY.	M.	F.	Total.
Insania (ordinary madness,—conduct or conversation absurd and irrational) .....	33	18	51
Melancholia .....	6	11	17
Mania (raving madness) .....	6	..	6
Dementia .....	15	12	27
Total .....	60	41	101



TABLE V.

NUMBER OF ATTACKS.	M.	F.	Total.
First .....	21	20	41
Unknown .....	29	15	44
Congenital .....	10	6	16
Total .....	60	41	101

TABLE VI.

SOCIAL CONDITION.	M.	F.	Total.
Married .....	14	13	27
Widowed .....	2	2	4
Single .....	44	26	70
Total .....	60	41	101

TABLE VII.

## OCCUPATIONS.

## MALES.

Lacedealer .....	1	Carriers .....	2
Butcher .....	1	Bricklayers .....	4
Labourers .....	16	Carpenters .....	4
Soldier .....	1	Publican .....	1
Fishmonger .....	1	Iron Founder .....	1
Smiths .....	2	Gentleman .....	1
Railway Labourers .....	2	Schoolmasters .....	2
Grocer .....	1	Shopkeeper .....	1
Horsedealer .....	1	Gardener .....	1
Tailor .....	1	Shoemaker .....	1
Sawyer .....	1		—
Coopers .....	2	Total .....	60
No occupation .....	12		—

## FEMALES.

Farmer's Wife .....	1	Servants .....	10
Labourers' Wives .....	11	Horsebreaker's Wife .....	1
Groom's Wife .....	1	Sempstress .....	1
Lacemaker .....	1		—
Sawyer's Wife .....	1	Total .....	41
No occupation .....	14		—

*\* \* \* The six following Tables contain the particulars of 51 cases discharged during the year.*

TABLE VIII.

AGE.	M.	F.	Total.
From 10 to 20 years .....	1	2	3
„ 20 to 30 years .....	4	5	9
„ 30 to 40 years .....	6	6	12
„ 40 to 50 years .....	10	2	12
„ 50 to 60 years .....	1	6	7
„ 60 to 70 years .....	1	1	2
Unknown .....	1	5	6
Total .....	24	27	51

TABLE IX.

PERIOD OF RESIDENCE IN THE ASYLUM.	M.	F.	Total.
From 3 months.... to 6 months.....	14	14	28
„ 6 months.. . to 12 months.....	9	7	16
„ 12 months.... to 3 years.....	1	6	7
Total .....	24	27	51

TABLE X.

FORM OF INSANITY.	M.	F.	Total.
Insania .....	13	14	27
Melancholia .....	5	10	15
Mania .....	4	1	5
Dementia .....	2	2	4
Total .....	24	27	51

TABLE XI.

NUMBER OF ATTACKS.	M.	F.	Total.
First .....	9	10	19
Unknown .....	14	16	30
Congenital .....	1	1	2
Total .....	24	27	51



TABLE XII.

SOCIAL CONDITION.	M.	F.	Total.
Married .....	11	14	25
Widowed .....	2	3	5
Single .....	8	10	18
Unknown .....	3	..	3
Total .....	24	27	51

TABLE XIII.  
OCCUPATIONS.

## MALES.

Labourers .....	7	Carpenter .....	1
Bricklayers.....	3	Painter .....	1
Lacedealer .....	1	Gentleman .....	1
Soldier.....	1	No Occupation .....	3
Smith .....	1		—
Ironfounder .....	1	Total .....	24
Shoemakers .....	2		—
Coopers .....	2		

## FEMALES.

Washerwoman .....	1	Horsebreaker's Wife .....	1
Groom's Wife .....	1	Sawyer's Wife.....	1
Servants .....	3	No occupation .....	12
Straw Hat Makers.....	2		—
Sempstress .....	1	Total .....	27
Publican .....	1		—
Labourers' Wives .....	4		

*\*\* The three following Tables contain the particulars of 32 fatal cases during the year.*

TABLE XIV.

No.	Age.	Sex.	Cause of Death.	Length of Residence in the Asylum.	Duration of Insanity.	Form of Insanity.
1	68	Female	Epilepsy	9 months	Unknown	Dementia
2	25	Male	Low Fever	6 months	6 months	Insania
3	54	Male	Phthisis	10 years	Unknown	Insania
4	37	Male	Epilepsy	11 years	37 years	Dementia
5	55	Male	Hydrothorax	8 months	10 months	Insania
6	70	Female	Paralysis	9 months	10 months	Insania
7	73	Male	Inflammation of the bladder	5 years	Unknown	Insania
8	34	Male	Low Fever	4 months	18 months	Dementia
9	30	Female	Exhaustion	3 yrs. 8 months	Unknown	Dementia
10	68	Female	Low Fever	18 months	Unknown	Mania
11	46	Male	Congestion of the brain	1 year	17 months	Insania
12	19	Male	Exhaustion	1 day	Unknown	Insania
13	27	Female	Exhaustion	4 years	Unknown	Dementia
14	61	Male	Disease of the heart	6 yrs. 6 months	Unknown	Insania
15	63	Female	Pneumonia & Pleuritis	25 days	6 weeks	Melancholia
16	24	Male	Exhaustion from maniacal excitement	14 days	3 weeks	Mania
17	44	Male	Disease of the lungs	8 yrs. 5 months	Unknown	Insania
18	40	Female	Exhaustion from maniacal excitement	3 weeks	2 months	Mania
19	70	Male	Exhaustion from old age and debility	7 months	Unknown	Dementia
20	49	Male	Epilepsy	10 yrs. 10 months	Unknown	Dementia
21	38	Male	Congestion of the brain	3 weeks	7 weeks	Insania
22	27	Male	Phthisis	1 year	Unknown	Insania
23	25	Female	Suicide by hanging	2 months	3 months	Melancholia
24	46	Female	General Paralysis	1 year	Unknown	Insania
25	60	Female	Exhaustion & old age	1 year	1 year	Dementia
26	35	Male	Inflammation of the brain	4 days	4 days	Mania
27	51	Female	Apoplexy	9 months	10 months	Dementia
28	63	Male	Effusion of blood on the brain	7 months	1 year	Insania
29	73	Female	Old age and debility	20 months	Unknown	Insania
30	70	Male	Old age & exhaustion	10 weeks	4 months	Insania
31	52	Male	Apoplexy	1 month	9 years	Insania
32	72	Male	Old age & exhaustion	3 months	5 years	Dementia

*\*\* Post mortem examinations were made in 17 cases.*



TABLE XV.  
OCCUPATIONS.

MALES.			
Gardeners .....	2	Maltmaker ..	1
Carpenter .....	1	Schoolmaster .....	1
Tailor .....	1		—
No Occupation .....	4	Total.....	20
Labourers .....	10		—
FEMALES.			
Carpenter's Wife .....	1	Labourers .....	2
Labourers' Wives .....	2		—
No occupation .....	5	Total .....	12
Servants .....	2		—

TABLE XVI.

SOCIAL CONDITION.	M.	F.	Total.
Married .....	7	3	10
Single .....	12	7	19
Widowed .....	1	2	3
Total .....	20	12	32

TABLE XVII.

NUMBER OF ADMISSIONS, DISCHARGES, AND DEATHS, DURING  
EACH MONTH IN THE YEAR.

Months.	Admissions.			Discharges.			Deaths.		
	M.	F.	Total.	M.	F.	Total.	M.	F.	Total.
January	4	4	8	1	3	4	2	1	3
February	3	2	5	2	2	4	3	1	4
March	5	3	8	..	2	2	1	1	2
April	3	2	5	3	3	6	2	1	3
May	6	4	10	4	1	5	1	2	3
June	5	3	8	3	3	6	1	..	1
July	6	4	10	2	2	4	2	1	3
August	3	4	7	2	1	3	3	1	4
September	3	2	5	3	3	6	..	2	2
October	7	3	10	2	4	6	1	1	2
* November	7	7	14	2	2	4	1	..	1
December	8	3	11	..	1	1	3	1	4
	60	41	101	24	27	51	20	12	32

\* During this month ten were admitted from other Asylums, in which some of them had been confined many years.

*\*\* The five following Tables contain particulars of 206 cases remaining in the Asylum, December 31st, 1847.*

TABLE XVIII.

NUMBER, DEC. 31st, 1847.	M.	F.	Total.
Incurable .....	83	81	164
Curable .....	24	18	42
Total .....	107	99	206

TABLE XIX.

AGE.	M.	F.	Total.
From 10 to 20 years .....	9	4	13
„ 20 to 30 years .....	12	14	26
„ 30 to 40 years .....	25	23	48
„ 40 to 50 years .....	23	24	47
„ 50 to 60 years .....	16	20	36
„ 60 to 70 years .....	7	11	18
„ 70 to 80 years .....	4	3	7
Unknown .....	11	..	11
Total .....	107	99	206

TABLE XX.

PERIOD OF RESIDENCE.	M.	F.	Total.
Under 6 months .....	26	17	43
„ 1 year .....	16	11	27
„ 5 years .....	34	44	78
„ 10 years .....	19	18	37
„ 15 years .....	10	8	18
From 20 to 35 years .....	2	1	3
Total .....	107	99	206

TABLE XXI.

SOCIAL CONDITION.	M.	F.	Total.
Married .....	31	35	66
Widowed .....	6	12	18
Single .....	60	50	110
Not known .....	10	2	12
Total .....	107	99	206



TABLE XXII.

SUMMARY.	M.	F.	Total.
Average number of Patients of dirty habits .....	30	30	60
" " " " employed .....	30	30	60
" " " " attending chapel .....	40	50	90
Number of Epileptics.....	14	11	25
Number of Idiots .....	16	12	28

TABLE XXIII.

GENERAL TABLE OF ADMISSIONS, INCLUDING ALL RE-ADMISSIONS, FROM THE OPENING OF THE ASYLUM IN 1812, TO DECEMBER 31st, 1847.

FROM THE OPENING OF THE ASYLUM IN 1812, TO 31st DECEMBER, 1843.									1843.		
									M.	F.	Total.
Total of cases, including re-admissions .....									577	524	1101
Deduct re-admissions .....									25	22	47
Total .....									552	502	1054

1844.			1845.			1846.			1847.			Total.		Grand Total.
M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	
32	28	60	31	39	70	41	30	71	60	41	101	741	662	1403
..	..	..	..	..	..	1	3	4	7	1	8	33	26	59
32	28	60	31	39	70	40	27	67	53	40	93	708	636	1344

TABLE XXIV.

## DISCIPLINE.

*All the patients in the Asylum except the sick, rise, are set to work, leave off work, and go to bed at the times mentioned as under, viz.*

	Time for Rising.	Interval for Breakfast.	Time for Work.	Interval for Dinner.	Time for Work.	Interval for Supper.	Time for going to bed.
From 25th March to 29th Sept.	6 o'clock.	7 to 8	8 to 12	12 to 2	2 until 6	half-past 6	7 to 8
From 29th Sept. to 25th March.	6 o'clock.	7 to 8	8 to 12	12 to 2	2 until 4	half-past 4	5 to 6

TABLE XXV.

## DIETARY.

Days of the week.	Breakfast.		Dinner.		Supper.	
	Males.	Females.	Males.	Females.	Males.	Females.
Sunday..	8 oz. bread 1½ pint porridge.	6 oz. bread, 1 pint porridge.	6 oz. meat with vegetables.	5 oz. meat with vegetables.	8 oz. bread, 1½ oz. cheese	½ lb. plum bread ¾ pint tea.
Monday ..	.....	.....	1½ pint soup with 8 oz. bread.	1 pint soup with 6 oz. bread.	½ pint beer.	6 oz. bread, 1 oz. cheese, or ½ oz. butter, ½ pt. beer
Tuesday ..	.....	.....	6 oz. meat with vegetables.	5 oz. meat with vegetables.	.....	.....
Wednesday	.....	.....	1½ pint soup with 8 oz. bread.	1 pint soup with 6 oz. bread.	.....	.....
Thursday..	.....	.....	6 oz. meat with vegetables.	5 oz. meat with vegetables.	.....	.....
Friday....	.....	.....	1½ pint soup with 8 oz. bread.	1 pint soup with 6 oz. bread.	.....	.....
Saturday..	.....	.....	16 oz. suet pudding.	12 oz. suet pudding.	.....	.....
Sick Patients .....	whatever is ordered by the Superintendent or Medical Officer.					
Patients in the Wash house and Galleries..	two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon.					
Patients in the Garden.	one pint of beer daily.					

BENJ<sup>N</sup>. FIELDING MATTHEWS,*Resident Medical Officer.*



