Report of the medical officers and superintendent, with the accounts of the treasurer of the Thorpe lunatic asylum for the year, 1858 / [Norfolk Lunatic Asylum].

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## REPORT

OF

# The Medical Officers and Superintendent,

WITH THE

### ACCOUNTS OF THE TREASURER

OF THE

## THORPE LUNATIC ASYLUM,

FOR THE YEAR, 1858,

#### NORWICH:

PRINTED BY W. H. STEVENS, UPPER GOAT LANE, SAINT GREGORY'S.

REPORT

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### NORFOLK LUNATIC ASYLUM

## Medical Officers' Annual Report

FOR THE YEAR, 1858,

### TO THE COMMITTEE OF VISITORS.

The Medical Officers of the Lunatic Asylum of the County, beg permission to present to the Committee of Visitors, the subjoined statement of the condition of its Inmates throughout the year 1858.

The Institution contained at the beginning of the year 303 patients, namely, 127 Summary of Madmissions, males and 176 females; to these have been added by admission during the year, 112 Discharges, patients, namely, 56 males and 56 females; the whole number under treatment has been and Deaths. 415, namely, 183 males and 232 females; the daily average for that period being 312, namely, 135 males and 177 females. 57 patients have been discharged, namely, 28 males and 29 females; of whom 45, viz. 21 males and 24 females were recovered; 11, viz. 6 males and 5 females were relieved; and 1 male patient left the asylum unimproved. 44 Deaths have occurred in 1858, namely of 16 male and 28 female patients.

The annual admissions into this Asylum continue to increase, and justify the enlarge-Admissions. ment of its area of buildings, now nearly completed. A reference to Tables III. and IX. will show, that in many of the cases admitted in 1858, there existed the complications of paralysis or epilepsy, and that, in many instances too, the mental disease had recurred or was of long standing: several were admitted in a precarious state of health; of these, 7 patients, 3 males and 4 females, sunk within a month of their reception. It is to be regretted that the Insane are still often kept at home, in the earlier and curable stage of their disorder, to be sent at last, from cottages and union houses, in the decadence of their strength, to swell the mortality here.

Discharges.

The number of discharges during the year 1858 has been small, yet the Medical Officers have anxiously watched for such indications of convalescence among the inmates as would justify their dismissal. This low rate of recovery is scarcely to be wondered at, when it is taken into the account how large a proportion of the worst class of chronic cases, or those with hopeless complications, crowd an Institution so long established as this; the fact being also remembered, that the Medical Officers continually encourage the discharge of harmless chronic lunatics of the better class, on the application of their friends.

Absence on Probation. During the year 1858, the cases likely to be improved by absence from the Asylum on probation, have been very few; 6 patients only, namely, 4 men and 2 women, have been thus enlarged; nor have they been so happy as usual in their results, one-half having been brought back for a longer residence; these have, however, eventually recovered—and within the year.

Deaths.

The deaths in 1858 have been numerous, though, as will be seen in Table VII., only 9 of them have been due to other diseases than those specially incident to the insane; the rest—no less than 35—may be attributed to exhaustion from recent mania, from age, or protracted insanity; as well as to various diseases of the nervous structures (mostly chronic) always present in a Lunatic Hospital, and especially so in one where the survivors of more than a generation of the insane persons of a large county are accumulated.

Diseases.

The diseases which have been epidemic during the year 1858, have not fallen upon the inmates of the Asylum. A few cases of diarrhea occurred in August, and this was fatal to one aged female. There were also some catarrhal diseases induced by the vicissitudes of temperature in November and December; one death arose from acute bronchitis; the cold weather also probably hastened the decline of several aged and feeble patients.

No Suicide.

Suicide, though sometimes inevitable, must always be deemed a blot in the management of an Asylum; in 1858, none has occurred or been attempted here: one man was admitted with a severe wound in his throat, self-inflicted, but he was discharged recovered in three months.

Inquest in the Asylum.

One inquest has been held in the Asylum in 1858. J. D., male, at. 55, on the night of the 11th December, suffered a fracture of the scapula by falling over a gate in the attempt to escape in his night clothes; from the evidence of the night watch he could not have been exposed more than three quarters of an hour; from his condition on being brought back, its duration was probably less; the injury to the shoulder was not likely to cause death—nevertheless he only survived ten days; symptoms of enteritis—sickness, pain, constipation, &c.—came on, of which he died; the exposure to cold being the probable

cause. When admitted on November 3rd, he was thin, feeble, and melancholic, and he continued restless in mind during his residence in the Asylum; though reported to be suicidal, it is not probable that he ever made any attempt at self-destruction.

Another case in which an inquest was held out of the Asylum, demands a few obser- Inquest at vations in this place. M. A. M., female, et. 50, the subject of advanced dementia and Aylmerton. general paralysis, died May 6th of obstruction of the bowels, from paralysis of their muscular coat. It happened that on April 27th, she scalded her legs, not severely, by inserting them into a pail of hot water;—the skin was simply vesicated, and the blisters were healing without apparent constitutional irritation. On May 2nd her bowels became torpid, and abdomen distended; - purgatives were rejected by the stomach, and the bowels were only relieved by injections on May 4th; the distention of the body however continued, but without pain or tenderness, and she sunk on May 6th. As her death was, in the opinion of the Medical Officers, not in any way due to the accidental scalding, the body was allowed to be removed without a post mortem examination, to her distant parish by the sea. The incumbent of this parish is a Doctor of Medicine, who without inquiry of those parties concerned, who could have satisfied him, thought fit to demand a Coroner's Inquest; and although the resident Medical Officer attended to give evidence of the facts, and reasonings thereon, which he alone could give, a verdict was returned that her death resulted from the accident! The Medical Officers have thought fit to notice this case, because they are ever mindful of the paramount duty of having due enquiry made here into all doubtful deaths; and though not ignorant how extensive burns of the surface are fatal by inducing internal inflammations, they wish to record their firm belief that this patient's death was not caused by the accident; which, slight in itself-produced no collapse in the patient, and was far in the progress of cure.

Only three accidents of any severity, besides those above recorded, have occurred Accidents. during the year. M. W., a female, at. 31, suffered a very extensive incised wound through the cheek, by falling against a plank in a fit of epilepsy.

G. H., a male, æt. 53, had a rib broken by a blow inflicted by another patient.

M. G., female, æt. 64, fractured the neck of the thigh bone in a fall.

During several months of the year 1858, the tranquility of the wards was disturbed by the extensive works which were going on. The inevitable access of workmen caused much excitement, particularly among the female inmates; and for some time, the transfer of the two sexes, from one side of the house to the other, though got through in a single day, unsettled the whole establishment.

Restraint has, during 12 months, been resorted to on four occasions, for maniacal Restraint. violence of the most intense degree, and this only after much damage to the walls and

doors had occurred, and when other remedies had failed; two men were under restraint, once each, for 36 hours; and one man for two nights, of 12 hours each.

Seclusion.

The Medical Officers have made more frequent use of seclusion in these cases; they find it of the highest service, in ending quarrels, calming excitement, or for the protection of some from the bad effects of their own restlessness.

Infirmaries not complete for Women.

The Infirmaries, on the female side, are not yet sufficiently enlarged; this is more needful than on the male side, from the preponderance of the former sex in the house, and the larger number of sick and feeble persons among them.

Baths.

Among the many structural improvements of the past year, has been the increase in the number of Baths, one being now in use for each ward—this is manifestly a great advantage; but some further accommodation is yet required, for dressing the patients apart from the steam and the wet floors of the Bath Rooms; and it seems advisable too that the water closets and sinks for washing chamber utensils, should be in a separate though adjacent place.

Means of Employment and Amusement.

The Medical Officers esteem light voluntary employment, adapted to the powers and habits of each patient, even before mere amusement, as a means of restoration; the opportunities of this kind afforded by the new laundries and workshops, are now most ample; in the former, the judicious application of steam diminishes the severer labour: and for the latter, cheerful work rooms are provided; but the male patients belonging more to the class of agricultural labourers than of artizans, find work most congenial to them on the land. The means of amusement are not wanting.

Tables.

In the Appendix are continued for the year 1858, the statistics of former Reports.

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demonds benow besign ovienesze your a benefice 10 am clamet a Visiting Medical Officer.

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Man i at parod deside ad to spoor only home and Resident Medical Officer.

Doring several months of the year 1858, the tranquility of the words was dispersional

has March 18th, 1859. Additived of T. no golog erew delider show evienetze ad yd

#### APPENDIX.

### TABLE I.

Showing the Admissions, Discharges, and Deaths, from May 14th, 1814, to December 31st, 1858.

during each year. Year.	.7257	Male.	Female	Total.	Male.	Female	Total.
Admitted since May, 1814	16.	Pemale	Make		1178	1407	2585
Discharged	B	543	725	1268	Se.	FIRE	
Died	25	508	506	1014	102	1816	
2 6 8 53 41 98 8- 2 7 10 50 64 94 20-	02 12 70	10	01 12 0 83	61 82 83	1051	1231	2282
Remaining December 31st, 1858	9	11	3 75		127	176	303
Admitted during 1858	B#**	6	2 0		56	56	*112
Total under Treatment in 1858	81 49	10 10			183	232	415
Discharged Recovered	76	19	23	42	12	1881 1882 1842	113
"Ditto after Probation	89	2	1 1	3	AT	98 I 68 (	
" Relieved 01		6	5	11	80	1881	28
" Not Improved	02	1	0	1	30	1887	1,18
Died 18 11	Ť	16	28	44	25 25 102	1840	128
Total Discharged and Died	78 18	20 20 16	100 100 100 100 100 100 100 100 100 100	. 8	44	57	101
Remaining December 31st, 1858	18 18 18	81 ···	H - 68	. 22	†139	175	314
Average Number Resident during 1858	18 25 32 38	81 18 81 18	76 1 88 1	100	135	177	312

<sup>\*</sup> Twenty-five of these have been Inmates of the Asylum at some former period.

<sup>†</sup> Includes One Male out on Probation until the end of January.

#### TABLE II.

Showing the Admissions, Discharges, and Deaths, from May 18th, 1814, to December 31st, 1833, thence to December 31st, 1858, beginning the 1st day of each Year up to the last.

	The residence of the species													
	6.0		lmission		I	ischarg	es	ACULT CO. C.	Deaths		Ave	rage nui ident in	nber	Mean Annual Mortality per cent. Resident.
Late	Years beginning May 18th.	durin	g each	Year.	durir	ig each	Year.	durin	ng each	year.	res.	Year.	eacn	al er c
	egir th.	- COMMAN		Y Die	ana,	GIRAGE	1	-		1		1		onuc y pe
Number.	18 5		Female.	-		ale.			Female.			ale.		alit lent
a a	Lean Ilay	Male.	ems	Total	Male.	Female.	Total.	Male.	ems	Total.	Male.	Female.	Total.	fean fort esid
-		-			- 2		H	N	_H_	H	~		H	REE
1 2	1814	33 15	33 18	66	6	166	.12	3	1	8	20	20	40	10 1
3	1815 1816	22	31	53	7 7	17 13	24 20	6 4	1 2 7	11	30 33	30 34	60 67	13·3 14·28
4	1817	24	20	44	10	15	25	4	6	10	47	40	87	11.49
5	1818	11	20	31	9	17	26	7	1	8	47	42	89	8.98
6 7	1819 1820	18 20	16 26	34 46	10	10 15	20 24	4 2	3 6	7 8	46 52	40 41	86 93	8·13 8·60
8.	1821	18	29	47	12	13	25	12	7	19	50	44	94	20.21
9	1822	18	23	41	9	11	20	7	7	14	52	54	106	13.20
10)8	1823 1824	11 16	16 30	. 27	8	11	.19	11	6	17	8 54 d	48	102	16.66
12	1824	13	28	46 41	9 12	21 20	30 32	3 3	2 8	5 11	52 55	57 59	109 114	4·58 9·64
13	1826	19	21	40	7	9	16	4	8	12	52	65	117	10.25
14	1827	19	15	34	12	13	25	12	8	20	56	56	112	17.86
15 16	1828 1829	27 21	25 23	52	5 13	10 11	15	10 11	6 14	16 25	66	60	126 132	12.69
17	1830	24	24	44 48	15	20	24 35	6	8	14	65	65	130	18·94 10·76
18	1831	25	41	76	10	15	25	13	8	21	78	82	160	14.0
19 20	1832	24	31	55	12	015	27	17	11	28	76	721	158	17.72
20	1833 May 1 to )													
1	Dec. 31	17	19	36	10	12	22	8	9	17	75	84	159	15.93
21	1834	20	30	50	11	13	24	16	14	30	70	93	163	18.46
22 23	1835 1836	28 28	22	50	13	14	. 27	18	10	28 31	75	94	169 162	13.60
24	1837	25	20 21	48 46	8 9	11 8	19 17	17	13 15	32	68 68	94 96	164	18·40 19·25
25	1838	30	29	59	11	9	20	17	18	35	72	94	166	21.11
26 27	1839	24	24	48	6	12	18	19	14	33	70	94	164	20.12
28	1840 1841	32 29	39	71 60	13 11	7	27 18	18	14 14	22 32	81 80	92	173 170	12·71 24·70
29	1842	26	32	58	16	20	36	14	8	22	76	99	175	12.57
30	1843	31	38	69	17	20	37	21	22	43	72	95	167	26.35
31 32	1844 1845	38	29	67	15	16	-31	16	15	31 28	70	94	164	18.96
33	1846	38	42	74 80	14 10	10 21	24 31	11 9	17 13	22	80 94	86 100	166 194	16.88 11.45
34	1847	29	41	70	12	19	31	18	18	36	95	105	200	18.0
35 36	1848	35	51	86	23	22	45	9	19	28	100	110	210	33.33
37	1849 1850	40 37	51 39	91 76	19	18 23	37 42	18	17 19	35 38	115 110	120 130	235 240	14.89 15.83
38	1851	33	52	85	10	16	26	12	14	26	120	140	260	10.0
39	1852	40	43	83	5	21	26	14	18	32	130	153	283	11.30
40	1853	36	47	83	20	26	46	19	17	36	139	165	304	11.70
42	1854 1855	34 28	48 48	82 76	19 18	34	54 51	14	14 20	28 32	139 135	165 161	304 296	9·21 10·81
43	1856	41	44	85	21	20	41	18	19	37	141	157	298	12.41
44	1857	41	60	101	36	33	69	15	1.4	29	134	.165	299	8.60
45	1858	56	56	112	28	29	57	16	28	44	135	177	312	14.10

### TABLE III.

Showing the Form of Mental Disorder in the Cases Remaining December 31st, 1857, and in those Admitted during the Year, 1858, with their Complications.

Form of Disease in the Cases remaining		ım ber Cases			ener			arti		Ер	ilep	sy.		iicid		Form of Disease in	N	umbe Case	er of		ener ralys			arti		Epi	ilep	sy.	Su	icid den	
Dec. 31st, 1857.	Male.	Female.	Total.	Male.	Female.	Total.	Male,	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Cases admitted in 1858.	Male.	Female.	Total.	Male.	Female.	Total,	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Acute Mania	9	12	21	2	1	3	1	1	2	3	2	5	2	1	3	Acute Mania	15	10	25	1	0	.1	1	1	2	3	1/1	4	0	0	0
Chronic ditto	68	73	141	5	4	9	3	3	6	13	17	30	3	4	7	Chronic ditto	28	27	50	2	3	5	4	3	7	2	1	3	0	1	1
Melancholia	26	30	56	1	2	3	1	2	3	0	0	0	5	9	14	Melancholia	18	3 15	28	0	0	0	1	1	2	0	0	0	3	5	8
Dementia	23	45	68	3	5	8	1	1	2	3	5	8	1	1	2	Dementia	3	2	5	1	0	1	0	0	0	1	1	2	0	0	0
Imbecility (Congenital)	6	9	15	0	0	0	2	4	6	0	0	0	0	0	0	Imbecility (Congenital)	) 1	1	2	0	0	0	0	0	0	0	0	0	0	0	0
Idiotcy (Congenital)	7	6	13	0	0	0	1	1	2	2	1	3	0	0	0	Idiotey (Congenital	) 1	1	2	0	0	0	0	0	0	0	0	0	0	0	0
2					8	-		1	0		81	4		2	80	8 8 9	08	31	85				-		56	oh	10		-	-	
Totals	139	175	314	111	12	223	9	12	21	21	25	46	11	15	26	8 0 11	5	6 56	112	4	3	7	6	5	11	6	3	9	3	6	9

TABLE IV.
Showing the Occupations of those Admitted in 1858.

	-		-	-	-	-	_	-	-	-	-	-	-	-	-
Compagations.	OCCUP	ATIONS.	aY :	THE	07	narro	á as	M	ale.		Fema	ile.	To	otal.	
Laborers, their Wives,	Daughter	s, or Widows							23	-	32		- (	55	-
Servants											8			8	
Shoemakers	to melecold	3	Inbig	9			tsh	Par	5	0 3			mW.	5	
Tailors	annui)	SHOW T	2000	100			bury	Pare	4	a sal			0	4	1333
Sailors									3					3	ones
Soldiers		Cases plmitted							3					3	8 .
Fisherman and Wife	1	1808L mi						1	1	1	1			2	857
Bricklayers and Wife of	of		夏月						2		1		E	3	1
Clerks									2	10			P	2	
Weaver											1			1	
Wheelwright								P	1					1	
Millwright	150	Acque.Mania	8 3	e			8		1	0			0	1	11 0
Brickmaker									1					1	1
Coachman and Wife of									1		1			2	1
Draper									1					1	1
Thatcher									1					1	
Publican	08 19.89	Chronic ditto	7 1	8				1 2	1	18	J	27		1	nie
Master of Union Hous									1	1		1		1	OH
Needlewomen											2			2	
Wood Turner									1					1	
Sawyer's Wife										-	1			1	
Coach Builder	19 5.5.81	Melayeholin	D 14				0		1	1	27.	ne		1	Town
Wife of Wherryman										1	1	1		1	11311
Baker	L								1					1	
No occupation or unkn									2	1	8		1	0	1
										_					
211000101	8 2 4	Dementin	Tota	ls	8	3 1	2 3	16	66	18	56	3.5	11	2	enti
	The second second second	THE RESERVE TO SERVE THE PARTY OF THE PARTY	-	-	-	Acres 1	STATE OF TAXABLE PARTY.	-	THE RESERVE OF THE PERSON NAMED IN	Name of Street	THE RESERVE	and the same	-		

TABLE V.

CIVIL CONDITION OF THE PATIENTS ADMITTED, 1858.

						Educ	ation							Reli	gion.					1
Marriage.		dmitted. Read Wr		e to l and ite.	Re	e to		Edu-	lis	tab- hed irch.	Bap	tist.	Wesl	eyan	D	her is- ters.	As	ot cer- ned.	Y	
0 0 0 0 0 0 0 0 0	M.	F.	Tot.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	) B
Married	24	31	55	14	9	8	8	2	14	18	20	1	3	3	0	2	4	0	4	
Widowed	9	11	20	6	2	3	3	0	6	5	7	0	0	1	0	1	2	2	2	1
Single Men	22		23	11	0	8	0	4	0	11	0	2	0	1	0	1	0	8	0	T
Single Women		14	14		6	0	2	0	6	0	7	0	0	0	2	0	1	0	4	-
Totals	56	56	112	31	17	17	19	6	26	34	34	3	3	5	2	4	7	10	10	

TABLE VI.

Showing the Causes of Disease in those Admitted during 1858, as far as can be Ascertained.

Causes.				Male.	Female.	Total.
Predisposing or Remote Causes:  Hereditary Transmission Religious Excitement Fever General Debility or Poverty Age Change of Life, &c Former attack Intemperance Love Loss of Parents, &c. Congenital Unknown	P 1 7 7 8 8 8 9 9 2 9 9 9	Discharg		6 3 5 5 2  19 6  1	13 1 3 8 3 3 11 2 1 1 4	19 4 8 13 5 3 30 8 1 2 7 12
45 16 28 44	9.0	Totals		56	56	112
Exciting or Proximate Causes:  Poverty, Care, Debility, &c.  Fright  Intemperance  Age  Love  Uterine Disorders, &c.  Fever  Religious Excitement Injury to the Head Unknown	IX Diskiss	TABLE ORATION OF	C will o	10 1 9 5 1  5 10 3 12	18 1 2 8 3 3 5 2 1 13	28 2 11 13 4 3 10 12 4 25
		Totals		56	56	112

TABLE VII.

SHOWING THE CAUSES OF DEATH DURING 1858.

12 21	CAUSES	of Death.			Male.	Female.	Total.
Exhaustion from Ins	anity in its	various forms	n priewi s	and moves that	2	9	11
General Paralysis					4	7	11
Senile Debility			***		3	3	6
Phthisis		months durati	an twelve	di erese bun :	one A ser	3	4
Chronic Cerebral Di	sease				1	2	3
Paralysis	33	Totals	***		0	1	1
Epilepsy					3	0	3
Obstruction of Bowe	els	***		***	0	1	1
Diarrhœa					0	1	1
Spinal Disease					0	1	1
* Enteritis from Expo	sure				1	0	1
Bronchitis					1	0	1
			Totals	,	16	28	44

<sup>\*</sup> The subject of Inquisition by the Coroner of the County.

TABLE VIII.

Showing the Ages of those Discharged Recovered, and those who have Died in 1858.

			A	GE	2.			Discha	rged Reco	overed.	ЗтокаЯ Темпенія	Died.	Enuns
8					- 10			M.	F.	Total.	M.	F.	Total
From	15	to	20	yea	rs			 0	1	1	0	0	0
			30					 5	7	12	1	2	3
,,	30							 3 4 5	3	6	3	5	8
"	40	,,	50	,,				 4	6	10	2	5	7
"			60	,,				 5	3	8	4	7	11
,,	60			"				 3	2	5	2 3	6	8
"	70			"				 1	0	1	3	2	5
"	80	,,	90	"				 0	2	2	1	nwaranl	2
					То	tals		21	24	45	16	28	44

TABLE IX.

Showing the Duration of Disease on Admission.

	Duration of Disease.	Male.	Female.	Total.
56 118	Totals 56		nwonshi.	
FIRST CLASS: First attack and	not more than three months' duration	20	21	41
SECOND CLASS: First Attack of	f more than three but not more than twelve	Snov		
months'	duration	9	12	21
THIRD CLASS:				
Not First Attac	ek and not more than twelve months' duration	19	mo17 noi	No.
FOURTH CLASS:			bebility	Senile I
	t Attack and more than twelve months' duration	8	- 6	149
	Totals	56	- 56	122
	8			Epilepsy

TABLE X.

Showing the Classes in Reference to the Duration of the Disease in those who have Recovered and in those who have Died in 1858.

Duration of Disease on Admission.	5 1 27	Recovered			Died.	
00-81	Male.	Female.	Total.	Male.	Female.	Total.
First Class: First Attack & within three months	7	9 ===	16	3	A 13	9F 6
SECOND CLASS: First Attack above three but within twelve months			arola		no very on	
THIRD CLASS: Not First Attack and within twelve						
82.68 months		14	28	lasim3 A	15.	18
FOURTH CLASS: First or not First Attack and more	***	Resident	abor Daily	Mean Nu	adr no or	iG "
than twelve months		0 10	onU O day	W 8 W	ed 29 ot	id 17
Totals	21	24	45	16	28	44

TABLE XI.

Showing the Duration of Residence in the Hospital of the 314 Patients Remaining on the 31st December, 1858.

			D	uration	of Residence	e.		Male.	Female	Total
Under	2	Moni	he					9	9	18
From		to 6			•••	••		9 8	11	19
		to 12				•••	•••	16	13	29
"			Yea				•••	6	18	24
"		to 5						21	32	53
"		to 10						38	51	89
"		to 15	100				•••	20	22	42
***		to 20						4	6	10
		to 25						12	8	20
"		to 30						3	4	7
		to 35			•••					
			"			•••		2	1	3
,,	00	to 40	"						1	
						Totals		139	175	314

### TABLE XII.

PER CENTAGES OF THE YEAR 1858.

. boiCT	herezoogSt			Per cen
Of Admissions on the Number remain	ning at the End of	Last Year	n of Disease on	33.93
" Re-admissions on the Admissions				18.00
, Repeated Attack on the Admission	ns e	three months	nidiws 8 within	
" Recovery on the Admissions …			LATE AND THE	
" Ditto on the Mean Number D	aily Resident			
" Ditto on the Whole Number	Under Treatment			
" Deaths on the Admissions …	£1 £1		bas sloutf Atri	
" Ditto on the Mean Number Daily	Resident		sweet	
,, Ditto on the Whole Number Under	er Treatment 0		or not First At tawlve months	

#### TABLE XI.

SHOWING THE DURATION OF RESIDENCE IN THE HOSPITAL OR THE SIA PATIENTS

			Under 3 Months  From 3 to 6 Months  , 6 to 12 Months  , 1 to 2 Years  , 5 to 10  , 15 to 20  , 20 to 25  , 35 to 30  , 35 to 30  , 35 to 40  , 35 to 40  , 35 to 40

DIETARY FOR PATIENTS. TABLE XIII.

SATURDAY	<b>F</b> ВІДАУ	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY		ог	Days	
6	6	6	6	6	6	6	oz.	Bread.	M.	
1 ×21-1	12	I kopi	12	)C()	12	111	pt.	Milk Broth.*	MALES.	BR
O1	٥١	Ot	O1	Ox	51	Ct	oz.	Bread.		BREAKFAST.
\$0lm	\$0)	\$OI₩	ko⊫	(C)H	f0)	łci-	oz.	Butter.	FEMALES.	AST.
460	#KG	#HG0	<del>14</del> 60	<del>10163</del>	4450	#Ko	pt.	Tea.†	35.	
÷	:	4	:	4	:	4	0Z.	Cooked Meat.‡		
:	101	:	:	:	101	:	oz.	Meat Pie.§		
103	: ,	:	101	:	:	:	oz.	Meat Dumpling.	Mades,	
12	12	12	12	12	12	12	02.	Vegetables.¶	LES.	
:	:	2	:	22	:	19	0Z.	Bread.		
82)m	10)	60)	60) <del></del>	<b>€</b> 2} <b>→</b>	şcı-	50H-	pt.	Beer.		DIN
:	:	4	:	4	:	4	oz.	Cooked Meat.		DINNER.
:	101	:	:	:	101	:	oz.	Meat Pie.		
103	:	:	10½	:	:	:	0Z.	Meat Dumpling.	FEMALES.	
12	12	12	12	12	12	12	oz.	Vegetables.	LES.	
:	: -	2	:	22	:	22	oz.	Bread.		
eo ⊷	(c)	ec	roj	k0]	80)	kc)	pt.	Beer.		
6	6	6	6	6	6	6	oz.	Bread.		
10	:	2	:	29	:	19	oz.	Cheese.	MA	
sol-	:	80)	:	60)	:	80b-	pt.	Beer.	Males.	SI
:	1	:	_	4:	1	:	pt.	Meat Broth.		SUPPER.
O1	Or	O1	O1	O1	5	O1	oz.	Bread.	1	
ach-	*0	60)	k0)	*0}	80)	80	oz.	Butter.	FEMALES.	
NHS3	14160	#Ko	<del>(N</del> )	<del>(D</del> ISS)	<del>(e)</del> (So	c3/4t	pt.	Tea.	- ço	

\* The Milk Broth is made from \$\frac{2}{4}\$ pint of New Milk, thickened with Oatmeal, to which \$\frac{1}{4}\$ pint of water is added.

† 1 oz. of Tea, 4 oz. of Sugar, \$\frac{3}{4}\$ pint of Milk—to \$\frac{5}{6}\$ pints.

‡ The Cooked Meat is without Bone, consists of Mutton or Beef, Roast or Boiled.

§ Meat Pie is made of \$2\frac{1}{6}\$ oz. of Meat to 8 oz. of Crust.

¶ 12 oz. of Potatoes, or if other Vegetables, at least 6 oz. of Potatoes.

EXTRA DIET.—For Out-door Workers, Artizans, and Laundry Women, &c., half-pint of Beer, with Bread and Cheese, at Eleven o'clock a.m., and Four p.m.

					Moxuar			TRURBDYY		
					. 00					
				1			110			
		Bread.			no	10				
									-629	
		Cooked Mean			:		-		1	1
								1		
			4				:			
							-			
					0					
							-	CI		
00							-			***
SUTTUE										
	1	1							- 14	un

The Alle Broth is made flow 3 pint of New Milk, thickened with Ontineel, to which I plat of writer is sedded.

The Cocked Meet is without Bane, consists of Muston or Beef, Roset or Bolled.

The Cocked Meet is without Bane, consists of Muston or Beef, Roset or Bolled.

Meet Pranching, 25 ex. of Meet to 5 ex. of Ornet.

The Cocked Meet is without Workers, Arrisan, and Laundry Worker, See, helf-pint of Beer, with Breef and Cheese, at least 5 ex. of Polatoes.

EXTRA DIET.—For Out-door Workers, Arrisan, and Laundry Worker, See, helf-pint of Beer, with Breef and Cheese, at Blevga o'clock a.m., and Four pin

NORFOLK COUNTY ASYLUM,
March 1859.

GENTLEMEN.

The alterations and improvements which have for a considerable time been in progress in the Asylum Buildings, are now in a great measure completed; and, as these works have an intimate bearing on my daily duties, it may not be deemed out of place for me to make a brief reference to them.

I beg to advert, in the first place, to the improvements which have been effected in the internal arrangements of the old portions of the building: each ward is now rendered capable of accommodating all the patients belonging to it during both day and night; and each ward is also provided with water closets, baths, and lavatories, as well as with washing and clothes closets. These are conveniences of much importance. The staircases have been re-arranged so as to afford more easy communication with the Airing Courts. The small prison-like windows throughout the old portions of the building, numbering about 200, have been removed, and their places supplied with windows similar to those of private houses. By this means the advantage of better light and improved ventilation has been secured, while the several rooms and corridors have a much more cheerful aspect. Boarded floors have been substituted for the stone flooring in nearly all the dormitories and single bed rooms, and in most of the day rooms of the several wards.

Much inconvenience had long been experienced in consequence of there being no suitable general Store Room: such a room is now provided. Its size, position, and fitting up are such as to render it of great advantage to the Institution. Improved arrangements have been made for giving out the supplies of bread, cheese, and beer from the stores on the basement floor. A Subterranean Passage has been formed to communicate between the North and South sides of the main building: this affords great facilities for receiving stores, and for conveying vegetables, &c. to the kitchen.

With respect to the new portions of the Building, I would refer specially to the New Wings, East and West, which have been occupied by patients since last July:

all the works, both external and internal, appear to be substantial and well executed. The several Rooms and Corridors are light, airy, and perfectly dry. The Workshops which are of ample dimensions and conveniently arranged, are now used by patients who follow various trades, such as Carpenters, Shoemakers, Turners, Tailors, Upholsterers, Painters and Glaziers, and Engineer. A large number of the Tables, Chairs, and Seats required for the New Buildings, were manufactured in the Carpenters' Shop. Those engaged as Shoemakers and Tailors are always fully employed in making or mending shoes and articles of clothing for the use of the Establishment.

The Laundry, together with the Day-room and Dormitories for those employed in the Laundry, has been completed and in full use for some time past. The Wash-house and Drying Closets answer the expectation formed of them.

The Washing and Wringing Machines work most satisfactorily. The increased facilities now afforded for washing and drying are of great value, they not only lessen labour, but they expedite the work most materially;—articles can now, with little trouble, be washed, dried, and made ready for use in a few hours. The patients are thus able to obtain changes of linen and clothing more frequently than formerly.

The want of a room sufficiently large to accommodate all the patients in health has often been found an inconvenience. This want is now happily supplied in the New Dining Hall. The patients dined in this Hall for the first time on Christmas day, and greatly enjoyed the ample fare provided for them. They were again assembled in the room late in the day, and allowed to engage in such innocent diversions as appeared best calculated to interest and please them.

The New Chapel, which will contain sittings for 420 persons, is now roofed, and considerable progress has been made with the internal works. It may be expected to be ready for occupation by the end of March next. Provision has been made for warming the Chapel and Dining Hall with hot air.

The number of patients in the Asylum at the close of the year was 140 males and 175 females. The average during the year was 312. A large proportion of them are engaged in various occupations, with the sanction of the Resident Medical Officer. The following list shows the number daily employed.

#### MALES. of neewled stasian more

Garden and	Pleasure	e Groun	nds	Burkusea	101 801	allipat a	20
Farm							22
Carpenters',	Turner	s', and	Painter	s' Shop	e new	di oi io	3
Shoemal-ers	Shop		meed o	which hav	West,	ban tar	3

Tailors' and Upholsterer's Shop and J. sew J. many 4 m priles
Kitchen and Bake-house depend son, to say all a land a land
acinique Drying-housed radmosp Cl batte add account of the grant notinents
Helpers in the Wards . ad od .doidw . mini . h
sofficient In Stable ide no the right on the right on which is some of moising
In the Office and no police and and and and an interior and an interior
Average Number of Males daily employed
to the office that he died from inflammation of the stomach and intestines produced
FEMALES. blos of emerges vd
ban stan Laundry lints out of any teng od gairab not bbe on sood an 22 mil
self gair Kitchen of ober need and decomposition on tel male. A sale is showing
Helpers in the Wards . died . di o . de clan. I sel . o me 13 A heall
Cleaners in the Corridors and other places
Needle-work affine on the estimate who are confined with the latter of the latter of
Work-room Fancy-work
Straw Bonnet ditto . oved v.langag. stanford lands
Stocking Knitting
It only remain. for me, to notice the exemsion, to Lower oliver and miner along
August lalt The number of patients taken there, was 100 saugh Penales.
Average Number of Females daily employed . 145
animaya adt ni shala'a 2 vd baa was sant inconstant and by 9 o'clock in the evening

The comparatively unprotected state of the premises during the period that the extensive alterations were in progress rendered increased watchfulness and vigilance necessary, in order to prevent the escape of patients. Considering however the difficulties with which we have to contend, the number of escapes has been but small, and in almost every case the patient has been retaken within a few hours and within a short distance of the Asylum; although generally thus fortunate, in one instance we failed to retake a patient who effected his escape. Every effort was made as well by the Police as others to recover him, but without success. I am led to believe, however, that he has lately been in communication with his friends.

It is with much regret that I have to mention that one of the patients, named James Davey, has died from the effects of cold and exposure in endeavouring to escape. His bedroom was on the ground floor, and by breaking a pane of glass (14 in. by 9) in the window of his room, he made an aperture through which he forced himself, and gained the ground.

He was within less than an hour missed by the night attendant, and on search being made was discovered just out-side the Asylum wall, having succeeded in scaling two gates. When he was discovered he complained of having injured his shoulder by a fall. He was at once brought in and placed in bed, and every attention was given to the case. On the 22nd December he died. In the opinion of the Medical Officers the injury which he had sustained from the fall was not sufficient to cause death. The weather on the night on which he escaped was severe, and as the patient at the time had nothing on but his shirt, it is believed that his death was occasioned by cold and exposure. The verdict of the jury was to the effect that he died from inflammation of the stomach and intestines produced by exposure to cold.

There has been no addition during the past year to the staff of attendants and servants of the Asylum, but an arrangement has been made for transferring the Head Attendant on the Female side to the Male side and entrusting her with the responsible care of all linen and bedding on that side of the House. She also assists in attending on the patients who are confined to their beds in the Infirmary. This arrangement has, up to the present time, worked well. It gives me pleasure to state that the attendants generally have conducted themselves becomingly, and discharged their duties in a very satisfactory manner.

It only remains for me to notice the excursion to Lowestoft in the month of August last. The number of patients taken there was 100 Males and 101 Females. They left the Asylum at ½ past 8 o'clock in the morning, and reached Lowestoft by Rail about 10 o'clock. The day was spent joyously, and by 9 o'clock in the evening the party was again in the Asylum. No accident of any kind occurred to mar the pleasure of the trip.

I have the honour to be,

Gentlemen, ad aw daily daily saithroffib

midliw bas smod works midliw and ster Your most obedient Servant, we be mid at bas

ani ono ni etamprol sudi vilaronon denodila ; ma EBENEZER OWEN, de a

an obam saw trothe graves and bis escape. Every effort was made as

The Visiting Justices, would and and revoces of seems as soiled and ve liew

Norfolk County Lunatic Asylum. al and youth and and and any several several

scape. His bedroom was on the ground floor, and by breaking a pane of gla 14 in. by 9) in the window of his room, he made an aperture through which I

forced himself, and gained the ground.

He was within less than an hour missed by the night attendant, and on search

being made was discovered just out-side the Asylum wall, having succeeded in

### SUPERINTENDENT'S FARM AND GARDEN ACCOUNT,

From January 1st, 1858, to January 1st, 1859.

RECEIPTS.		EXPENDITURE.				
1858. Jan. 1. Balance in hand -	£ 23	s. d. 3 0	1858. £ s. d. Jan. 1. Value of Live Stock - 78 2 0			
By Sale of Pigs during }	62	14 3	Live Stock purchased during the year - 44 18 0			
" Turnips -	12	0 0	Shoeing 2 3 4			
,, Mangel Wurzel	84	9 6	Manure 2 9 6			
,, Onions	6	8 0	Labour 40 5 0			
" Potatoes -	0	7 6	Seeds 6 12 7			
Bones To an and the state of th	6	5 8	Provender - 46 16 8			
" Mangel Wurzel Se	ed 3	3 6	Rates and Tithes - $20 \ 15 \ 6\frac{1}{2}$			
" Swede Seed -	9	0 0	Blacksmith's Work - 8 7 2			
Treasurer on account of Vegetables and 1902 lbs.	28	5 5	Sundries 4 0 11			
of Pork consumed in the Asylum -	50	0 0	Dec. 31. Cash in hand 1 2 8½			
Dec. 31. Present Value of Live	71	0 0	Swill and Bones from House 16 5 8			
Stock (  Due for Vegetables con-) sumed in House -	88	13 53	Rent of Land, 27 acres 35s. 47 5 0			
Extra Labour for other purposes by Horses and Man	40 1	10 0	By Balance in favour of Farm 179 10 93			
	£498	14 103	£498 14 10¾			

# DAILY AVERAGE OF PATIENTS EMPLOYED DURING EACH MONTH. 1858.

North Farm	MALES.	Jan.	Feb.	Mar.	Apl.	May	June	July	Aug.	Sep.	Oct.	Nov.	Dec.
Shop	North Farm					(DODE)		March Street	1,000 76 1 100	1 0 70 70 70 10	The second second	ALCOHOL: NO	21 21
Shoemakers' Shop	Shop	118		1	0	12	-		Borler	nil.			3
Foul Linen House	Shoemakers' Shop	3	3	4	3	3	3	2	2	3	3	2	3
In Stable	Foul Linen House	14	14	14	15	1 15	16	19	15	16	100000	14	13
Average Number of Patients   -   128   130   133   131   136   137   137   138   138   138   137	In Stable	1	1	1	1	1	1	1	1	1	1	2	1 2
Laundry 22 23 23 23 23 24 25 19 18 19 21 23 Kitchen 7 6 5 5 5 5 6 5 5 5 4 5 Helpers in the Wards 13 14 13 13 13 13 12 12 12 12 13 12 Cleaners in Corridors and other places 10 11 11 11 12 12 12 12 13 12 13 12 13 12 13		1						100000000000000000000000000000000000000		1150.7680			
Kitchen -       -       -       -       -       -       7       6       5       5       5       5       6       5       5       4       5         Helpers in the Wards -       -       -       13       14       13       13       13       12       12       12       12       12       12       12       12       12       13       14       13       13       13       13       13	FEMALES.	BI			. 0	6		bes	ede S	Sw			
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$			100000000000000000000000000000000000000			100000000000000000000000000000000000000	17773755		E 1000				23
Work Room       Fancy Work       -       17       18       18       12       16       22       18       16       17       15       14       13         Stocking Knitting       -       -       18       18       17       21       23       25       24       20       15       14       17       21         Cravat Knitting       -       -       -       1       1       1       1       2       1	Helpers in the Wards	13	14	13	13	13 12	13	12	12	12	12	13	12
Stocking Knitting       -       -       18       18       17       21       23       25       24       20       15       14       17       21         Cravat Knitting -       -       -       1       1       I       2       1	Work Room { Fancy Work -	17	18	18	12	16	22	18	16	17	15	14	13
In the Establishment 1 1 1 2 2 2 2 Foul Linen House 1 1 1 1	Stocking Knitting	18	18	17	21	23	25	24	20	15	14	17	21
	In the Establishment Foul Linen House	1 1	 1	1						1	2	2	2
Total Number Employed - 137   139   139   138   140   146   146   151   147   153   151   152   174   173   172   171   176   180   182   179   182   180   178			139 174	Control of the Contro	138 172		The second second	100 100 100 100 100 100 100 100 100 100					

### CONTRACT PRICES OF THE PRINCIPAL ARTICLES OF CONSUMPTION.

.858. TANK 1858.

LIST OF REPAIRS.	Quarter ending 21st March.	Quarter ending 20th June.	Quarter ending 19th Sept.	Quarter ending 19th Dec.
Bread per score loaves of 2 lbs. each Flour - per sack Meat - per stone Suet - per stone Cheese, Gloucester - per cwt. Cheese, Derby - per cwt.	£ s. d. 0 6 1 2 5 0 0 6 8 0 6 8 3 11 0 3 11 0	£ s. d. 0 4 03 1 13 9 0 6 4 0 6 4 3 5 0 3 5 0	£ s. d. 0 4 $0\frac{3}{4}$ 1 13 9 0 6 4 0 6 4 3 5 0 3 5 0	£ s. d. 0 3 113 1 13 9 0 6 6 0 6 6 3 3 0 3 3 0
Butter per pint Oatmeal per peck Rice per lb. Tea, black per lb. Tea, green per lb.	$\begin{array}{ccccc} 0 & 1 & 7 \\ 0 & 2 & 4 \\ 0 & 0 & 2\frac{1}{2} \\ 0 & 3 & 1 \\ 0 & 3 & 6 \end{array}$	$\begin{array}{ccccc} 0 & 1 & 4 \\ 0 & 1 & 8 \\ 0 & 0 & 1\frac{3}{4} \\ 0 & 3 & 1 \\ 0 & 3 & 6 \end{array}$	$\begin{array}{ccccc} 0 & 1 & 4 \\ 0 & 1 & 8 \\ 0 & 0 & 1\frac{3}{4} \\ 0 & 3 & 6 \\ 0 & 3 & 6 \end{array}$	0 1 6 0 1 8 0 0 1 0 3 0 0 3 6
Sugar, raw per stone Sugar, loaf per stone Coffee per lb. Milk per gallon Beer per barrel Porter per barrel	0 6 6 0 8 2 0 1 3 0 0 8 1 6 0 2 7 0	$\begin{array}{ccccc} 0 & 5 & 7\frac{1}{2} \\ 0 & 7 & 4\frac{1}{2} \\ 0 & 1 & 1\frac{1}{2} \\ 0 & 0 & 8 \\ 1 & 6 & 0 \\ 2 & 7 & 0 \end{array}$	$\begin{array}{ccccc} 0 & 5 & 7\frac{1}{2} \\ 0 & 7 & 4\frac{1}{2} \\ 0 & 1 & 1\frac{1}{2} \\ 0 & 0 & 8 \\ 1 & 6 & 0 \\ 2 & 7 & 0 \end{array}$	0 4 9 0 7 0 0 1 3 0 0 8 0 19 0 2 7 0
Arrowroot per lb. Salt per cwt.  Mustard per lb. Tobacco per lb. Snuff, Scotch - per lb. Coals per ton	0 0 10 0 2 0 0 1 2 0 3 8 0 4 6 1 0 6	$\begin{array}{ccccc} 0 & 0 & 10 \\ 0 & 1 & 10\frac{1}{2} \\ 0 & 1 & 4 \\ 0 & 3 & 8 \\ 0 & 4 & 6 \\ 1 & 0 & 6 \end{array}$	0 0 10 0 1 10½ 0 1 4 0 3 8 0 4 6 1 0 6	0 2 0 0 1 9 0 1 0 0 3 8 0 4 6 1 0 6
Coke - per chaldron Candles, dips - per lb. Soap, yellow - per cwt. Starch - per lb.	0 12 0 0 0 7 2 0 0 0 0 6	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	0 12 0 0 0 6½ 1 13 0 0 0 4½	0 12 0 0 0 6 1 10 0 0 0 5

ARTICLES MADE AND REPAIRED BY THE MALE ATTENDANTS AND PATIENTS DURING THE YEAR 1858.

SHOEMAKERS.							
LIST OF NEW WORK.	LIST OF REPAIRS.						
22 pairs of Men's Leather Boots 4 pairs of Men's Leather Shoes 36 pairs of Women's Leather Boots 9 pairs of Women's Leather Shoes 6 pairs of Men's Duffield Boots 18 pairs of Women's Duffield Boots 7 pairs of Women's Duffield Shoes	241 pairs of Boots and Shoes, soled, heeled, and welted 111 pairs of Boots and Shoes, soled and welted 46 pairs of Boots and Shoes, soled and heeled 121 pairs of Boots and Shoes, soled 127 pairs of Boots and Shoes, heeled 200 pairs of Boots and Shoes, repaired 23 Mats Bound						
8 1 0 1 1 t 1 TZ	AILORS.						
LIST OF NEW WORK.	LIST OF REPAIRS.						
10 Jackets 4 Waistcoats 4 pairs of Trowsers 8 Caps 14 pairs of Braces 1 pair of Sails, for Boat 12 Mattresses (Hair) 1 Mattress Fibre 6 Cushions for Couches	970 Jackets 941 Waistcoats 1032 Trowsers 207 Frocks 1 Carpet bound 31 pairs of Duffield Boots bound 2 Caps repaired and sundry repairs to Padded Rooms						

#### ARTICLES MADE.

	-		-		NAME AND ADDRESS OF THE OWNER, WHEN
Shirts Beds Sheets Handkerchiefs Hose knitted pairs - Towels Pillow Cases Shifts	162 174 381 120 221 287 280 219 226 486 109 152 242 271 34 1 20 15 43 24 2	Pillows Curtains Druggett Bead Baskets - Carpets pieces - Hearth rugs Men's Hats, trimmed Cloaks Collars Shrouds and Caps - WORK ROOM.  Articles Made & Sold viz.  Anti-macassars, knitted Aprons Bag, braided - Basket, pin Basket, beads	94 16 3 5 49 5 110 13 24 44 41 1 1 1 8	Chemise Counterpanes, knitted Cap Caps, knitted - Caps Night Caps, net Crib Blankets, knitted Doyley, ditto - Drawers, ditto, pairs Doll, dressed - Doll's Hats Flowers, bunches - Frock Guernseys, knitted - Gaiters, ditto - Hose, ditto, pairs - Handkerchief Box - Lace Collars - Mitts, knitted, pairs - Night Gowns - Pen Wipers	1 3 1 2 2 3 2 7 2 1 5 3 1 13 2 33 1 4 1 2 9
			100000000000000000000000000000000000000		
		Shrouds and Caps -	44		
		WORK ROOM.			
					-
The state of the s	34				2
					33
			200		
			100		
Jackets -	3	Basket, straw -	1		- 3
Pinafore -	1	Comforter, knitted -	1	Socks, knitted, pairs - Pinafores	2
Counterpanes knitted	25	Curtains, ditto -	21	Shirt	1
Glass cloths	8	Collars, embroidered	2	Shawls, knitted -	2
Jackets flannel -	24	Cushions, pin -	12	Sleeves, embroidered	6
Napkins dinner -	6	Cape, embroidered -	1	Screen, braided -	1
Sofa cover	1	Cap Crowns, ditto -	2	Stays, knitted, pairs -	3
Toilet covers knitted	11	Cushions, knitted -	1	Work, embroidered, yds.	33
Table Cloths -	52	Cushions, embroidered	2	Vails	4

#### ARTICLES MADE

esim				Shirts
nterpanes, knitted 8				
				Fillow Cases
				Gowns -
dressed - 1	lati I			
	Eut.			
		WORK ROOM		
		Articles Made & Sold		
				Bonnet -
			84.	
8 - sping bottled a		Basket, straw		
			1 9	



