

**East Anglian Regional Hospital Board, Group No.9, Mental Deficiency :
Little Plumstead Hall, Heckingham Institution, Eaton Grange, Lothingland
House Annual report 1950 / J.V. Morris.**

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EAST ANGLIAN REGIONAL HOSPITAL BOARD

NO. 9 GROUP

NORFOLK (MENTAL DEFICIENCY) H.M.C.

LITTLE PLUMSTEAD HALL

HECKINGHAM INSTITUTION

EATON GRANGE

LOTHINGLAND HOUSE

ANNUAL REPORT 1950



Dr. J. V. Morris, M.A., M.D.,
Medical Superintendent.

Little Plumstead Hall,
Near Norwich.

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EAST ANGLIAN REGIONAL HOSPITAL BOARD - NO.9 GROUP

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HOSPITAL MANAGEMENT COMMITTEE

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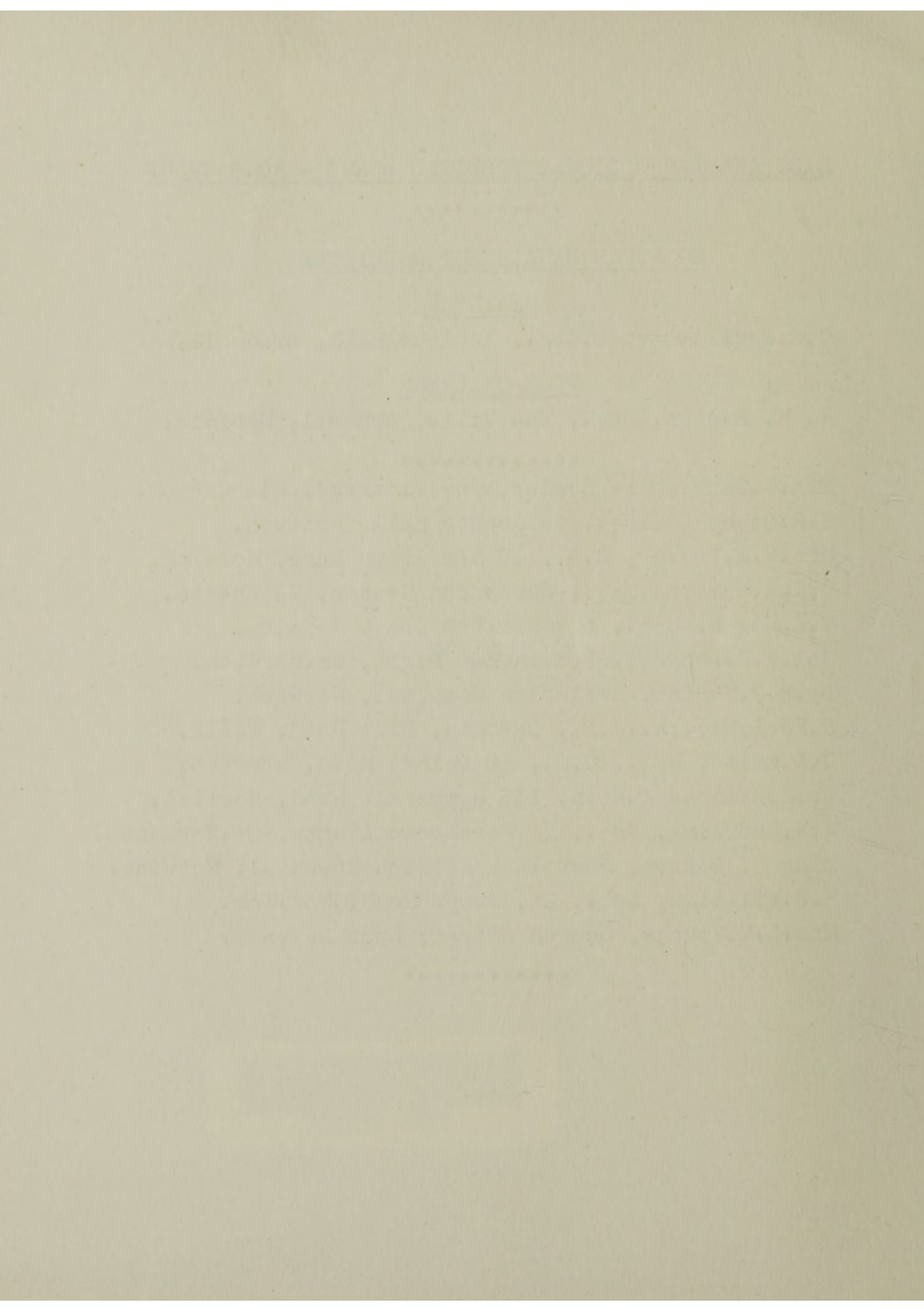
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H.B.Williams, Esq., 26, Capps Road, Norwich.

Mrs. I. M. Youngs, Church Street, East Dereham.

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OFFICERS OF THE GROUP.

Medical and Allied Professional.

Medical Superintendent	J.V.Morris, M.A., M.D.
Deputy Med. Superintendent	J.J.Ryan, M.B., B.Ch., B.A.O., D.P.H., D.P.M.
Senior Registrar	L.A.Kerwood, M.D., D.P.M.
Registrar	R.A.Browne, M.B., B.Ch., B.A.O., D.P.M.
Educational Psychologist	Miss C. M. Mathieson, M.A., B.Ed.

Administrative

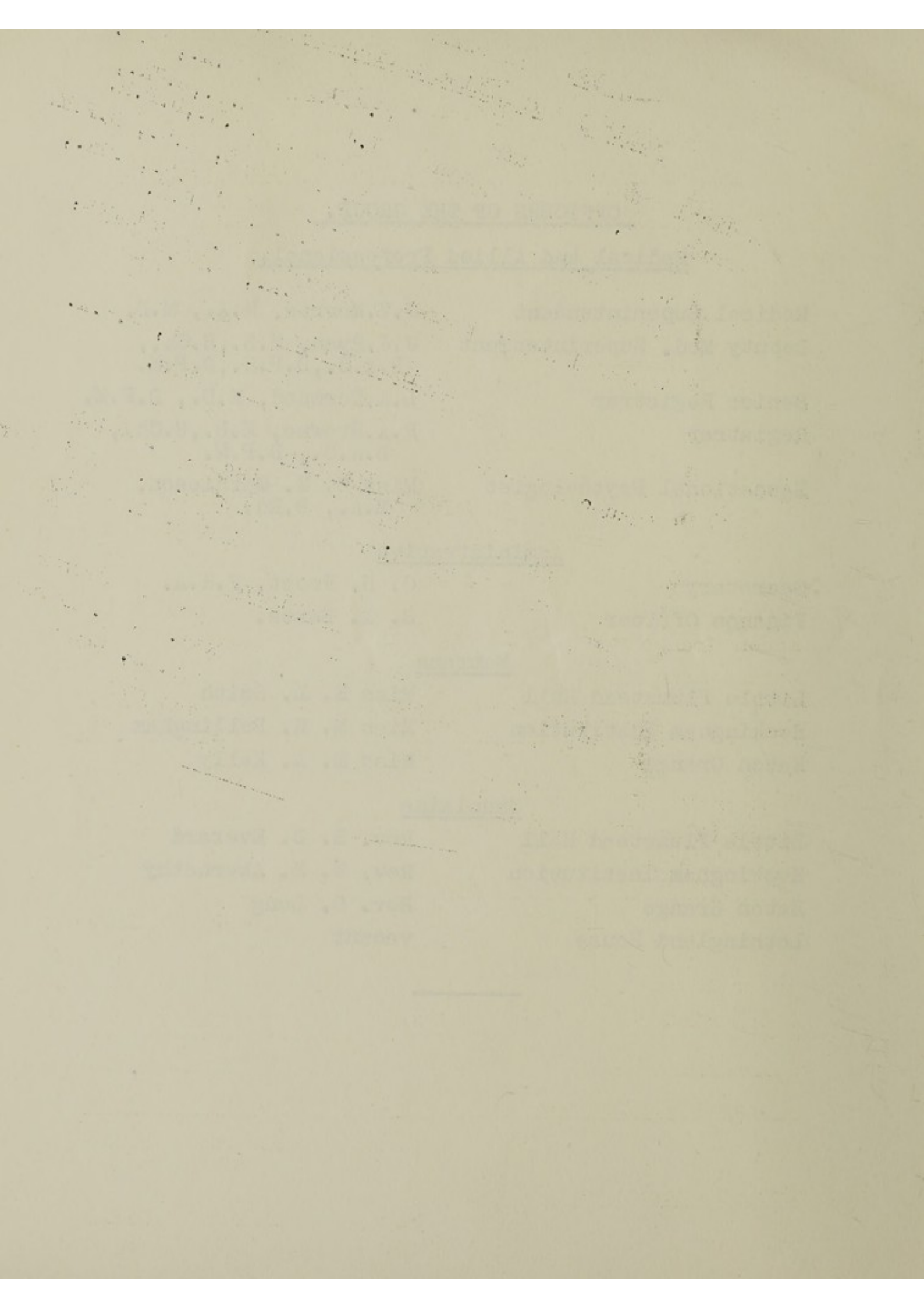
Secretary	C. H. Frost, F.H.A.
Finance Officer	S. A. Betts.

Matrons

Little Plumstead Hall	Miss E. L. Smith
Heckingham Institution	Miss M. H. Bellingham
Eaton Grange	Miss M. A. Kelly

Chaplains

Little Plumstead Hall	Rev. E. D. Everard
Heckingham Institution	Rev. W. M. Abernethy
Eaton Grange	Rev. S. Long
Lothingland House	vacant



EAST ANGLIAN REGIONAL HOSPITAL BOARD - NO.9 GROUP

ANNUAL REPORT OF MEDICAL SUPERINTENDENT

1st JANUARY, 1951

Mr. Chairman, Ladies and Gentlemen, I beg to submit my Annual Report for the Year 1950.

General Report on Statistics

The numbers on the books as at the 31st December, 1950, were 887, as shown below:-

	Sect. 6		Sect. 8 & 9		Totals		
	M	F	M	F	Male	Female	Total
Little Plumstead	269	255	28	13	297	268	565
Heckingham Inst.	59	156	11	3	70	159	229
Eaton Grange	-	66	-	2	-	68	68
Lothingland House	19	-	6	-	25	-	25
<u>Totals</u>	<u>347</u>	<u>477</u>	<u>45</u>	<u>18</u>	<u>392</u>	<u>495</u>	<u>887</u>

Of these, the following were under 16 years of age:-

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Little Plumstead Hall	54	48	102

Grading of Admissions during the year 1950

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Idiots	4	3	7
Imbeciles	10	4	14
Feebleminded	40	21	61
<u>Total Admissions</u>	<u>54</u>	<u>28</u>	<u>82</u>

Patients discharged from the M.D. Acts during the year

	<u>Male</u>	<u>Female</u>	<u>Total</u>
	8	7	15

Escapes during the year

	<u>Male</u>	<u>Female</u>	<u>Total</u>
	8	Nil	8

Causes of Deaths during the year

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Diseases of the circulatory system	1	1	2
Pneumonia	3	-	3
Epilepsy	1	2	3
Pulmonary Tuberculosis	2	-	2
Other diseases	1	2	3
	8	5	13

Cases on Licence from the Institutions

<u>Male</u>	<u>Female</u>	<u>Total</u>
35	73	108

Casualties

The following casualties were reported during the year. All suspected fractures are X-rayed as a matter of routine. M.C. fractured wrist; M.B. fractured thigh; K.A. fractured wrist. These three were female patients from Heckingham, who received treatment in the Colony hospital block. L.W. male patient, Heckingham, struck a table when trying to hit another patient; two small bones in the hand were fractured. Male casualties at Little Plumstead were G.S. fractured little finger. left hand; J.J. partial loss of sight through splashing lime in right eye; J.L. dislocation of clavicle; J.M. fractured metacarpals, left hand.

Leaves

Leaves have been granted throughout the year at Easter, mid-summer and Christmas to 530 patients, 288 females and 242 males.

Licence Cases

Licence cases have been supervised by Mrs. Morris and Mr. D.E. Kemp. In all cases where long travel would be necessary complete supervision is handed over to the Local Health Authority concerned. The liaison between the Mental Health Departments of the Medical Officers of Health and this Group has been built up. During the year two male and three female patients were returned from licence.

State of Health

The general health in all hospitals of the Group has been

good throughout the year. There have been four cases of Dysentery on the male side and ten on the female side during the past year. In February and March sixty male and forty female cases of Influenza were reported, the epidemic being a mild one. Three cases of Infective Hepatitis occurred on the female side during the spring, and in June thirty of the male patients were suffering from Whooping-cough.

Pulmonary Tuberculosis

One patient was admitted in an advanced state of the disease and died during the year. One male and one female case were admitted from other hospitals in the Region for treatment. One male patient on licence to his home died from Pulmonary Tuberculosis.

Special Treatment

E.C.T. has been used as indicated, with successful results. The hospital unit has been busy throughout the year, especially with the temporary treatment cases, for which two beds are permanently reserved, twenty-one patients having been thus admitted during the year for periods varying from two to five weeks treatment. This service is much appreciated by the relatives, especially those whose children are on the Waiting Lists, and who are becoming worn and anxious through the care of difficult defectives in the home. General practitioners in the area are becoming increasingly aware of these facilities, and defective children are now also sent in for dental treatment at the Colony where their own general dental practitioners are unable or unwilling to cope with them.

Dental Clinics

Two sessions per week are held at the Colony, and one per fortnight at Heckingham Institution. A considerable amount of conservative work is being done, especially amongst the younger group of patients.

External Clinics

The external clinical work of the Group is growing, and the total number of Domiciliary Visits and special examinations carried out by the Consultants is as follows:-

At patients' homes	45
At the Colony	5
At Remand Homes	27
At H.M.Prison	16
At Hospitals	39
Others	13
	<u>145</u>

The total number of visits is comparatively high, and it is possible that it will grow further now that Dr.J.J.Ryan has been appointed to the Group and it is possible to attend more promptly to requests for Consultant service.

Child Guidance Clinics

The figures for attendances at the Child Guidance Clinics staffed by the Group are as follows:-

	<u>Norwich</u>	<u>King's Lynn</u>	<u>Great Yarmouth</u>	<u>Others</u>	<u>Total</u>
New cases	88	37	87	13	225
Recalls	47	23	77	3	150
Total attendances	135	60	164	16	375
Total clinic sessions	43	18	40		101

The teams working at the Child Guidance Clinics have been reinforced by the appointment of Miss C. M. Mathieson, Educational Psychologist, the total number of tests carried out by her since her appointment in October being as follows:-

Terman Merrill Intell. Tests	92+
Raven's Prog. Matrices, Sets A,B,AB	12
Wechsler Verbal Intell. Scale	6
Burt's Graded Word Reading Test	22
Alexander Perf. Scale	2
Collins Drever Perf. Scale	4
Athematic Apperception Test	4+
Word Association Test	1
Cattell Intell. Tests	5

The Clinics have now been sub-divided, Drs.Ryan and Kerwood taking charge of the Gt.Yarmouth Clinic, and the Medical Superintendent and Dr.Browne serving the Norwich and King's Lynn Clinics. A number of feeble-minded children are being brought to the Clinics for diagnosis and specialist opinion, more indeed than heretofore. This is in my opinion mainly due to the fact that the Clinics are termed "Child Guidance" and not special clinics for mentally deficient children are arranged. A further extension of specialised opinion is the provision of diagnostic reports for the National Service Medical Boards. Special attention is given to the making of this type of appointment, so that the men should not come into contact with the parents and children attending the Clinic proper.

The appointment of our Educational Psychologist

has enabled much more work to be done at the Clinics and routine testing of all patients attending the Clinics is now possible. Further, the provision of satisfactory Social Worker's reports on the homes in cases in the Norfolk geographical area is now dealt with by Miss Joanna Buxton, Mental Health Social Worker of the Norfolk County Council, whose services have made a very valuable contribution. It is now possible to have case conferences concerning the problem children, which are extremely useful in reaching a correct diagnosis and advising as to treatment and future disposal.

Remand Home Visits

Visits have been paid to both Remand Homes on request, and it is now a practice to obtain the Educational Psychologist's report before a Consultant sees the case. I have made the suggestion to Dr. Ruddock-West that if possible all cases of delinquent children admitted to the Remand Homes should be seen, assessed, and a medical report given. I feel that a number of cases pass through the Remand Homes without this necessary service being given, and it would be in the interests both of the children and of the community if this were done in the future.

Hostel for Maladjusted Children

Colne Cottage Hostel for maladjusted children, which is administered by the Norfolk Education Committee, is visited monthly as routine, and more frequently on request, with a view to professional advice being given concerning the problems of the children therein.

H. M. Prison

During the year the number of visits to Norwich Prison has increased. It is understood that the Home Office are appointing a Lay Psychologist with a view to psychiatric assessment of all persons committed to Norwich Prison. The majority of cases seen were mentally deficient, and a number have been the subject of Home Office Orders for admission to certified institutions.

Special Clinical Sessions

Special sessions have been held as required, including sessions at Downham Market and at the Colony itself, for diagnosis and report.

Visits to Hospitals

Visits have been made as requested by the Medical Staff of other Groups, to see patients in their hospitals.

Training of Registrars

It has been the practice throughout the year for Registrars to take part in all outside clinical work, visits to the Remand Homes, the hostel for maladjusted children, and many of the domiciliary visits. The Consultant in charge of a session is invariably accompanied by a Registrar.

During the year Dr. L. A. Kerwood was successful in passing his M. D. examination.

Visiting Consultants

I would like to pay tribute to the work of the Consultants attached to the No. 6 Hospital Group for services which have been made freely available both at their own hospital out-patient clinics and at the hospitals of the No. 9 Group on request. I feel that it would be invidious to mention any one name, as all Consultants have been most helpful throughout the year and I believe that as a result of their efforts the standard of medical treatment in the Group has continued to improve.

Extra-Mural Work

Reviewing the extra-mural work done during 1950 it is impossible not to feel a little apprehensive in view of the pending reduction in the number of Registrars. A considerable volume of valuable work has been done, and it will be impossible to maintain either this work or the work within our own Group without a medical staff of four, whatever be the grade of appointment. I am also convinced that the question of the appointment of a second Educational Psychologist will arise. I understand that the Norfolk Education Committee proposes to appoint an Educational Psychologist, and if this is so some further relief may be given in the field of Child Guidance Work. At present we find that our Educational Psychologist has only limited time available to see cases in the hospitals of the No.9 Group.

L I T T L E P L U M S T E A D H A L L

Physical Training - Female Side.

Country dancing classes have been continued, two sessions weekly being held. Country walks and rambles are a regular feature of the patients' entertainment.

Male Side

Two football teams have been active throughout the year; a senior side composed mainly of patients playing in the Blofield and District Football League, and a junior team of boys under 16 playing matches against the local schools. It is of interest that a local schools league has been formed for the 1950-51 season, and our boys have given a very good account of themselves. The results in the leagues are as follows:-

<u>Senior Team</u>	P.	W.	L.	G.F.	G.A.
League matches	8	6	2	38	15
Cup games	2	1	1	2	5
Friendly games	1	1	-	9	3

Position in Blofield & District League - 3rd.

<u>Junior Team</u>	P.	W.	L.	D.	G.F.	G.A.
Season 1949-50	20	6	6	8	56	47

Cricket fixtures were arranged during the summer months, except when the boys were in Camp during June and July, and the results are as follows:-

<u>Senior Team</u>	<u>Played</u>	<u>Won</u>	<u>Drawn</u>	<u>Lost</u>
1950 Season	12	4	2	6

<u>Junior Team</u>				
1950 Season	6	3	-	3

A very keen interest in all sports has been shown by both staff and patients. Inter-house matches have been arranged as well as the league fixtures.

Colony Revue

The annual Concert was arranged under the direction of Mr. K.S.Brister and Mrs. P.L.Blunderfield, and was of excellent quality. A show was arranged for the patients on Christmas Eve, and arrangements have been made for a special show to be given to the patients of Eaton Grange and Lothingland House, who will be transported to the Colony by 'bus, and also for the concert party to visit Beech House, Gressenhall. Further shows will be given to aid British Legion charities in the district, for Red Cross charities and for the aged folk of the Blofield District.

Cinema

Weekly cinema shows have been arranged during all but the midsummer months, with extra ones on Bank Holidays. The size of the Recreation Hall is of course inadequate, and two shows have been necessary to enable all patients to see the films, which have been of high standard.

Outings

Outings to the seaside by 'bus were arranged for all patients during the summer months, the cost being met from Free Monies.

Reading Material

Books are in short supply. Daily papers and illustrated weeklies are being purchased and we are indebted to many friends for gifts of reading matter for our patients.

Scouts

The Scouts have done extremely well during the year under Mr. C R.Seaman's care, he having taken over from Mr. Kemp. Three weeks' camping was arranged in the grounds of Lothingland House during the summer, which was thoroughly enjoyed by all the boys. The Old Scouts' Club continues to flourish. Meetings are held regularly, and Christmas Cards were received from nearly all former patients.

Guides

The Colony Head Teacher, Miss P.M.Dilrew, has taken over the Guides, and has drastically reduced the age limit. All kinds of normal Guide activities are encouraged, and a most interesting feature is the teaching of club swinging, with the assistance of Mr. Day of the Works Staff, which, apart from promoting a sense of rhythm, is a most useful method of physical training.

Works and Maintenance

Buildings have been satisfactorily maintained throughout the year. The programme of re-decoration of two Villas per year has been continued. The work of internal decoration has been somewhat hampered by the overcrowding and difficulty has been experienced in freeing the patients' rooms for re-decoration.

Farm

The farm has continued to provide first class facilities for Occupational Therapy throughout the year. The roads throughout the estate have been improved to allow of the patients using them for walks and rambles.

Handicrafts

Owing to absence of adequate workshop accommodation on the male side it has been difficult to develop handicrafts as well as had been hoped. Lothingland House has not developed as rapidly as anticipated, it has therefore been impossible to open workshops there.

On the female side an occupational therapist was appointed with a view to improving handicrafts, but shortage of accommodation and trained nursing staff has rather handicapped any further developments. The occupational therapist appointed was unfortunately not fully trained, and it is hoped during 1951 to recruit a fully trained therapist, who will be able to cope with the more difficult type of girls.

Senior Nursing Staff

I would like to express my appreciation of the work done by Miss E.L.Smith and her Deputy, Miss L.C.Blunderfield, also to Mr. K.S.Brister, Mr. D.E.Kemp, his Deputy for part of the year, and Mr. W. Bunkle, who became Deputy on Mr. Kemp's departure to Lothingland House. It has been possible during 1950 to recruit a certain number of male staff, so the difficulties are not now so acute on this side, although the general quality of the recruits presenting themselves is not good.

Nursing Staff

Recruitment of Nursing Staff is a perennial problem. A number of suitable candidates have been sent to Hellesdon Hospital Preliminary Joint Training School. The recruitment of females has become an even more acute problem during the past year. In my last report I suggested that all Ward Sisters should be of fully trained professional standard, and that the bulk of the other work should be carried out by Assistant Nurses. This state of affairs is rapidly taking shape, principally through lack of suitable recruits for training. Large numbers of part-time nurses are also employed. Throughout the year we have enjoyed the voluntary assistance of the St. John's Ambulance Brigade and the British Red Cross workers, who give assistance mainly in the Hospital.

Laundry

The laundry staff remains inadequate, consisting as before of a Head Laundress and two part-time Laundresses, with 30 patients. The laundry is still working at 50% above its normal capacity, and with the contemplated increase of accommodation in the Colony, serious attention will have to be given to its enlargement and to the installation of additional equipment.

Hairdressing

I would recommend the appointment of a part-time hairdresser on the female side.

Outside Working Parties

Between 20 and 25 male patients normally go out to daily work, and the fact that they are able to work from the Colony has fixed the attention of the Regional Hospital Board on the necessity of providing male hostel accommodation. I am glad to say that steps are being taken to acquire a suitable property for this purpose.

Few female patients go out from the Colony itself. Patients who are trained and suitable to go out to daily work are sent to Eaton Grange to go out to daily employment, which very frequently results in licence thereafter to residential posts.

Kitchen

Services from the kitchen have now been expanded and the total number of cooks at present employed is five. Male patients are employed throughout the kitchens. Training in home cooking for the female patients is carried out at Eaton Grange.

School

I am pleased to report that our Head Teachers, Miss P.M.Dilrow and Mr. C.R.Seaman, have continued two separate schools in the Colony throughout the year. Miss Dilrow's group of girls and small boys is taught in the Recreation Hall. The older boys and those who are a little more turbulent are taught by Mr. Seaman and his helpers in the Villa. Attention has previously been drawn to the unsatisfactory nature of the arrangement, which is entirely due to the lack of suitable accommodation wherein the patients could be taught. Much of the good work done by the teaching staff is wasted as a result of the inadequate accommodation.

Recreation Hall

I am pleased to say that arrangements have been made to increase the capacity of the Hall. This improvement has been needed for some years as the size of the Hall is completely inadequate for the number of patients in the Colony.

Gardens.

The gardens have been continually improved throughout the year, and the nurseries have been successful in providing shrubs, plants and fruit bushes for the gardens of the other hospitals of the Group.

Staff Social Club

The Staff Social Club has been encouraged throughout the year, and tennis and other matches have been arranged with outside clubs during the summer.

Office staff

It is difficult to pay tribute to the office staff of the Group in a section of my report concerned mainly with the activities of only one hospital of the Group. Mr. C.H.Frost as Secretary of the Group, and Mr. S.A.Betts our Finance Officer, have been unremitting in their efforts for the patients' welfare throughout the year, and I have found it a great pleasure to work with colleagues whose entire efforts are ever devoted to the well-being of our patients.

Medical Staff

At the Colony I continue to have the assistance of Dr. R.A.Browne. Efforts to recruit a Junior Registrar during the past year have met with no success, despite repeated advertisement. Dr. Browne has had to carry a heavy burden of responsibility, which to my mind is quite unfair to a doctor in training as a specialist. I am, however, pleased to record that he has been most conscientious in his duties, even though the volume of work which had to be carried on has resulted in his having to postpone the taking of a post-graduate examination.

Psychiatric Social Worker

A psychiatric social worker is still badly needed, but unfortunately no response has been received to our advertisements.

H E C K I N G H A M I N S T I T U T I O N .

Physical Training - Female Side

Country dancing classes continue to be held weekly. Country walks are encouraged for all patients capable of enjoying them.

Recreations - Male Side

Football and cricket have been encouraged. With some improvement in the skill of the patients a few fixtures have been arranged with outside teams, both for cricket and for football.

Entertainments

A few visits have been made during the year by outside concert parties.

Seaside Outings

During the summer outings to the seaside by 'bus were arranged, which were enjoyed by all the patients.

Cinema

Weekly shows for the patients have been held, except during the hot summer months.

Works and Maintenance

The reconditioned heating system on the female side now provides most satisfactory warmth and comfort. Slow but steady progress is being made in the re-plastering of the old distempered brick walls.

Farm and Garden

Both the farm and the gardens continue to provide useful occupational therapy for the patients.

Handicrafts

Handicrafts are popular with the patients and a large number of rugs have been made on the female side. Demand from outside purchasers is beginning to fall off owing to the high price of wool. Groups of patients have been out fruit picking, pea pulling and doing other forms of light field work during the summer months.

Nursing Staff

The nursing staff is still totally inadequate, and is supplemented by part-time workers.

Kitchen

The kitchen is being greatly improved, and a fish fryer is being installed early in 1951.

Laundry.

The laundry here is old, but is still quite satisfactory. The patients' laundry from Lothingland House is being dealt with at Heckingham, but the equipment is not sufficient to carry a much larger load.

Medical Staff

Dr. L.A.Kerwood, Senior Registrar, is posted at Heckingham Institution, and from there visits other hospitals of the Group as required. During the year Dr. Kerwood has carried out a complete series of intelligence tests on all patients in this branch hospital.

E A T O N G R A N G E

Eaton Grange has been further developed as a hostel throughout the year under Miss M.A.Kelly, who took up duties in January 1950. A considerable change over of patients has taken place to complete the reorganisation as foreshadowed in my last Report.

Physical Training

Country dancing classes are held weekly, and the recreation hall is in full use. Tennis is to be developed in 1951, now that a suitable tennis court is available.

Recreations

Patients are allowed on parole in Norwich one day per week. The Eaton branch of the Toc H. have almost adopted the Eaton Grange Hostel, and weekly instructional film shows are provided, also dances and a concert party, all of which are deeply appreciated. I am pleased to report that the Lord Mayor of Norwich proposes to attend a concert to be given by the Toc H. and their friends during the New Year. In addition to these entertainments the patients are allowed to attend cinemas in Norwich, and arrangements are made from time to time for the girls to go in a party to selected theatre performance.

Works and Maintenance

Gradual improvement in the general state of maintenance can be reported. Unfortunately it is not yet possible to close down the laundry here, which is still the major problem.

Gardens

The gardens yield a good supply of fruit and vegetables, these being supplemented by bulk vegetables grown at Little Plumstead Hall.

Handicrafts

These have developed most satisfactorily during the year, the Recreation Hall being in daily use as an Occupational Therapy room.

Working Patients

The placing of girls in outside daily employment is now working smoothly and most satisfactorily, and a number of the cases licenced to residential employment have eventually been discharged from the Mental Deficiency Acts. Every effort is made to place the higher grade girls with suitable employers and at the moment there are 25 girls out to daily work and 27 girls on licence from this branch.

Nursing Staff

The nursing staff here is extremely small, consisting of the Matron and the Deputy Matron only. On the other hand the personalities of Miss Kelly and Miss Cronin, together with their very active interest in the welfare of their patients, would appear to indicate that no more than one additional nurse for relief duties is needed.

Medical Care

During the year the medical care of this branch has been carried out by Dr. L.A.Kerwood, working from Heckingham, which arrangement proved most satisfactory. During 1951 Dr. Browne will take over the major part of the medical care, to give him additional experience in the management and working of a hostel branch.

LOTHINGLAND HOUSE

Lothingland House opened on the 26th September 1950 for the reception of 25 high grade male patients. Dr. Ryan had already taken up residence in the Medical Officer's House and Mr. D.E.Kemp, Deputy Head Male Nurse at Little Plumstead was appointed Head Male Nurse of Lothingland House, with duties including Heckingham Institution. Two other male staff were drafted from the Colony, and additional staff were recruited locally.

Physical Training

So far only football has been possible, but the patients' team has played matches against local clubs with a considerable measure of success. Table tennis is also popular and matches with local Youth Clubs have been arranged. It is of interest that so far the Lothingland boys have not been beaten at either game.

Amusements

All these patients are given parole and attend the local cinema where they are given free seats. They also have the advantage of being near the sea and Oulton Broad, and parties of patients are fond of watching speedboat racing on the Broad.

Occupations

The majority of the work done at Lothingland House is demolition, including the burnt-out Nurses Home, and many old walls. The bricks are cleaned and stacked for subsequent use in additions or improvements. The gardens, which were a wilderness, have been cleaned up, and large amounts of weeds and rubbish have been burned, and all ditches cleared of undergrowth. The whole work reflects most satisfactorily on both staff and patients.

Handicrafts

No handicrafts have been developed here in view of the heavy commitments of the advance party for clearing a site which has for so long been neglected.

Patients' Allowances

The patients are receiving a flat rate allowance of 5/- per week each, with the exception of one who is receiving 7/6 in view of his skill.

Nursing Staff

I would like to thank Mr. Kemp and his deputy Mr. Wurr for the work they have done during their short period of residence at Lothingland House. Not a little of the success of this venture has been due to their dependability and enthusiasm, coupled with their thorough understanding of the patients under their care.

Kitchen

The small temporary kitchen now in use is entirely adequate for the number of patients. A satisfactory cook has been appointed and the dietary is excellent.

Medical Care

The medical care of these patients is in the hands of my deputy, Dr. J.J.Ryan, who has proved a most helpful colleague. He has been untiring in his efforts for the patients' welfare.

E. D. IVERARD.
Chaplain.

CHAPLAINS' REPORTS.

LITTLE PLUMSTEAD HALL.

"I am glad to be able to report on a very happy and interesting year's work with regard to the spiritual side of the work at the Colony.

The Sunday services are always a pleasure to conduct and the Hall is always full to capacity. The heartiness of the singing and the reverence of the patients is a real inspiration. I would very much like to emphasise this point as it is not perhaps ideal to hold services in the same building where perhaps a cinema has been shown the night before; but in spite of this, one can always feel a distinct devotional atmosphere throughout any service.

I have prepared 10 females and 7 males for Confirmation and the Bishop of Norwich was very impressed with the service which he performed in the Parish Church on December 8th 1950. A very encouraging feature of the Confirmation Classes was the number of candidates who had already been confirmed and who wished to attend the classes again as a "refresher" course.

I have been able to administer the Holy Communion in the wards and hospital for those cases unable to attend the monthly celebration in the Parish Church.

I have tried to enter into the recreational side of the patients' routine by watching their cricket and football matches and playing billiards, etc. in the evening. This has given me the opportunity of getting into personal contact with many of the patients.

I also try to interview all newcomers, especially the Section 9 cases, and I look upon this work as perhaps the most important of all.

I should like to conclude by adding that my work has been made so much easier and happier by the kind co-operation I always receive from all sections of the staff."

E. D. EVERARD.
Chaplain.

EATON GRANGE.

"During the past twelve months I have conducted weekly services, including an address, at Eaton Grange and have visited each of the patients afterwards.

I have been much helped in the taking of services by Miss Alice Harvey of 300 Unthank Road, Norwich, one of the parishioners of Christ Church, Eaton, who has throughout the year voluntarily given her services as pianist.

I find the patients appreciative, friendly and in the majority of cases, responsive to such spiritual and pastoral help as I am able to offer them.

They now attend Matins and Evensong every Sunday at Christ Church and several of them make their Communion at the 9.0 a.m. Eucharist once a month. I would like to see some of them more frequently at the Holy Communion.

Five patients are at present attending weekly classes in preparation for Confirmation shortly before Easter 1951. I am pleased to find that several others, already confirmed themselves, also voluntarily attend every class. These are being encouraged to act as 'pilots' or sponsors to individual candidates so as to give them a personal part and interest in the work of preparation.

The Eaton Toc H. Branch, of which I am also Chaplain, continues to provide weekly film shows and monthly variety concerts, which are much appreciated.

It is noticeable that under the care of the Matron and her staff, there is a happy and well-ordered atmosphere at Eaton Grange. "

SIDNEY LONG.
Chaplain.

HECKINGHAM INSTITUTION.

"During the year services were held every Sunday and on Good Friday and Christmas Day. The Holy Communion was celebrated once a month and on most of the Great Festivals of the Church. The attendance at all services was very good, the chapel being almost filled on every occasion, although when the service is held in the morning on the first Sunday of each month, a number of patients are occupied with necessary work and the congregation is slightly less than at the afternoon services. The average attendance at Holy Communion is about 30. I have also administered the Holy Communion of the sick to indisposed patients in the wards on a number of occasions.

The patients enter heartily into the services and sing very well. On most Sundays my wife has accompanied the hymns on the harmonium, as she has done for the past 3 years. The patients often make requests for particular hymns and their wishes are fulfilled as far as possible.

The chapel was closed for some weeks for repairs and during that time the services were held in the Dining Hall when many more patients were enabled to be present. I hope to take one service each month in the Dining Hall to cater for those unable to be accommodated in the Chapel. My parish church choir visited the Institute and sang Christmas carols on the Sunday before Christmas Eve.

At least one visit per week was made through the year. On several occasions I had private interviews with the patients at their own request, and I was, I believe, able to help them spiritually. I wrote several letters to patients' relatives on their behalf and this service proved in some cases to be helpful.

The staff has been helpful and co-operative and I have been given every facility in my work.

The re-decoration of the chapel has helped to give a better atmosphere to the chapel, although the difficulty of it being used as a passage to the Sewing Room and the shortage of proper chapel chairs or pews still remain.

A most welcome and encouraging development during the year was the money raised by Missionary boxes for the Church Missionary Society. The female side box brought in £1.7s.1d and that on the male side 19/2½d. These voluntary offerings from the small sums possessed by the patients shows a fine spirit. "

W.M.ABERNETHY.
Chaplain.

Summary and Conclusions

The year has mainly been one of extension of clinical services. The majority of the additional beds available on the opening of Lothingland House were absorbed by the long Waiting List. I feel that some slight progress has been made, and that the development of plans during the year should prove fruitful in the years to come.

The Group suffered a serious loss during the year by the resignation of Mr.H.E.Taylor, who had been Chairman of the Management Committee from 1948 to October 1950, but who had been associated with the Group since its inception in 1930. Mr.Taylor has always been a welcome visitor, being well loved by both patients and staff, and knowing most of them by name. Indeed it is difficult to think of any activity in the Group with which he has not been intimately associated. I personally am deeply indebted to him for his kindness, wisdom and encouragement throughout the period of 21 years in which I have been associated with him at Little Plumstead Hall, firstly as a certified institution with 70 patients, later as the headquarters of the No. 9 Group.

I would like to express to the Committee, headed by our new Chairman, Mr.C.E.Kevill-Davies, our sincere appreciation of their guidance and kindness throughout the year, and their unsparing efforts to forward all developments for the welfare of the patients under their care.

I remain, Mr.Chairman, ladies and gentlemen,

Your obedient Servant,

(Signed) J. V. MORRIS.

Medical Superintendent.

