Fifty-second annual report of the Mental Hospital at Berry Wood, near Northampton, for the year ended December 31st, 1928: with a statement of income and expenditure during the year ended 31st March 1929 / [Northampton County Mental Hospital].

Contributors

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FIFTY-SECOND

ANNUAL REPORT

OF

The Mental Hospital

AT

Berry Wood, near Northampton

FOR THE

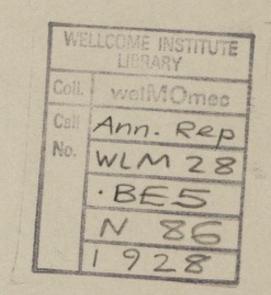
Year ended December 31st, 1928,

WITH A

STATEMENT of INCOME and EXPENDITURE

During the Year ended 31st March 1929.

KETTERING.
T. BEATY HART LTD., Bridewell Printing Works, Green Lane.





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COMMITTEE OF VISITORS.

J. PENDERED, Esq. (Chairman) Redwell, Wellingborough	
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T. AMOS, Esq Stoke Bruerne, Towcester	
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J. C. BOARDMAN, Esq Daventry Wellingbor	ougn
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R. E. W. WOODCOCK, Esq 1, Headlands, Kettering	pton

OFFICERS OF THE HOSPITAL

Resident Medical Superintendent—
F. J. STUART, M.R.C.S., Eng., L.R.C.P., Lond.

Senior Assistant Medical Officer—
EDMUND D. T. HAYES, B.A., M.D. (Dublin), D.P.M.

Junior Assistant Medical Officer— H. C. REED, M.B., B.S., Dunelm.

Visiting Opthalmic Surgeon— E. H. HARRIES-JONES, M.D., Ed.

Visiting Dentists-

F. A. HUSBANDS, L.D.S., R.C.S., Eng. L. M. CROCKETT, L.D.S., R.C.S., Eng. D.D.S, Penna.

Chaplain—
THE REV. E. VANDERLURE MARTIN, B.A.

Clerk to the Committee of Visitors—
Major C. A. MARKHAM, 1, Guildhall Road, Northampton.

Treasurer—

C. J. COOPER, The National Provincial Bank, Northampton.

Clerk and Steward to the Hospital— ARTHUR HENRY JAMES.

Assistant Clerk and Steward— HAROLD WILCOCK.

Matron— MISS G. M. STEWART.

Head Attendant— HARRY S. BAILEY.

The Mental Hospital,

BERRY WOOD.

THE 52nd ANNUAL Report of the Committee of Visitors.

The Committee of Visitors of the Mental Hospital have to lay the following Report before the County Council.

The number of Patients in the Hospital on the 31st December, 1928, was 968. This total was made up of—

Duivata Dationto (including Couri

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	amp-	of North	ounty o	the C	nging to	s beloi	Patients
620						1	ton
al lai	orth-	gh of N	Boroug	the	nging to	s belo	Patients
286						pton	am
	ounty	de the Co	is outsid	Union	nging to	s belor	Patients
None					ampton	North:	of 1

Since the 1st January, 1928, the total number of patients has increased by 15. The patients from Unions within the County of Northampton have increased by 17, and those from the Borough of Northampton have decreased by 2.

The number of Private Patients and Out-County Patients remains unchanged.

The number of Male Patients now exceeds the accommodation by 15.

The number of Female Patients exceeds the accommodation by 2.

The Committee feel that the time has now come when the provision of further accommodation is imperative.

The weekly charge for Unions within the County of Northampton was decreased from 18s. 11½d. per week to 18s. 8d. per week on and from 1st January, 1928. The sum of £481 7s. 7d.—being the excess charge on Private Patients during the year—has been handed over to the County Council. The profits, other than those from Private Patients, have, as usual, been transferred to the Building and Repairs Fund.

An iron border fence from the Lodge Gates to the Farm road has been erected at a cost of £392 3s. 5d. The erection of this fence was necessitated by the fact that a row of houses has been built adjoining the Estate.

The Farm Buildings have been improved by the addition of a Dairy, including a Cooling Room and a Sterilising Plant.

An X-Ray and Ultra Violet Light Apparatus have been installed in the Hospital.

Pensions under the Asylum Officers' Superannuation Act, 1909, have been awarded to the following:—William Clark, Carpenter, after 37 years' service—£59 12s. 0d. per annum.

William H. Bonner, Baker, after 35 years' service—£126 19s. 8d. per annum. George Scrivener, Painter, after 17 years' service—£56 9s. 11d.

The Officers and Staff have discharged their duties to the entire satisfaction of the Committee of Visitors.

JOHN PENDERED, Chairman.

31st December, 1928.

The Medical Superintendent's Annual Report.

On the 1st January, 1929, there were 968 patients in the Hospital, of whom 465 were Males and 503 Females, whose chargeability is shewn in the following table:—

		Males.	Females.	Total.
Belonging to the County	of			
Northampton		284	336	620
Belonging to the Borough	of			
Northampton		128	158	286
Private Patients and other	ers			
not chargeable to t	he			
Poor Rate		53	9	62
	200			
During the year 1928 there have	ve b	een—		
		Males	Females	Total
Admitted		61	80	141
Discharged		29	41	70
Died		25	31	56

The increase in the number of patients in the Hospital during the year was 15 (Males 7, Females 8).

The number of patients belonging to the County of Northampton has increased by 17 (Males 8, Females 9). Those belonging to the Borough of Northampton have decreased by 2 (Males 2). There has been no change in the number of Private Patients and others not chargeable to the Poor Rate.

The average yearly increase during the last 5 years is as follows:—

Patients belonging to the County of Northampton, 8.8. Patients belonging to the Borough of Northampton, 2.

The chargeability of patients belonging to Unions in the County is shewn in the following table:—

			Males	Femal	es Total	Inc.	Dec.
***			3	5	8	2	-
			13	23	36	4	-
			17	21	38	-	2
			29	32	61	5	-
(Rural)			3	10	13	-	1
			67	90	157	4	-
rough			10	4	14	-	-
(Rural))		8	3	11	1	-
County	Cor	ıncil	2	-	2	-	-
			9	13	22	-	-
			17	5	22		-
			2	6	8	-	1
			1	3	4	-	-
			17	25	42	4	-
			15	18	33	-	1
			-	2	2	-	-
gh			71	76	147	2	-
	(Rural) orough (Rural) County	(Rural) (Rural) (Rural) County Co	(Rural) (Rural) (Rural) (County Council		3 5 13 23 17 21 29 32 (Rural) 3 10 67 90 brough 10 4 (Rural) 8 3 County Council 2 9 13 17 5 2 6 17 5 2 6 17 25 15 18 2	3 5 8 13 23 36 17 21 38 29 32 61 (Rural) 3 10 13 67 90 157 brough 10 4 14 (Rural) 8 3 11 County Council 2 - 2 9 13 22 9 13 22 17 5 22 2 6 8 1 3 4 17 25 42 15 18 33 2 2	3 5 8 2 13 23 36 4 17 21 38 29 32 61 5 (Rural) 3 10 13 67 90 157 4 brough 10 4 14 - (Rural) 8 3 11 1 County Council 2 - 2 9 13 22 9 13 22 17 5 22 2 6 8 17 25 42 4 17 25 42 4 15 18 33 2 2 -

The average daily number of patients resident in the Hospital during the year was 951·38 being 6·98 more than in 1927. The highest number resident was 968 on December 19th and 20th.

ADMISSIONS.

The number of patients admitted during the year was 141 (Males 61, Females 80) which is 8 more than the average of the quinquennium 1924-1928.

DISCHARGES.

During the year 70 patients were discharged, of whom 31 (12 Males and 19 Females) recovered, which equals 23·13 per cent. of the direct admissions.

DEATHS.

The number of patients who died during the year was 56 (Males 25, Females 31). Of these 55·4 per cent. (15 Males, 16 Females) were over 65 years of age. The percentage of deaths to the daily average number resident being 5·88 (Males 5·47, Females 6·26).

HEALTH.

There was no serious epidemic.

A Female Nurse contracted Chicken Pox in August and as a result two boys and two girls in the Children's Block contracted Chicken Pox in the same month.

Four patients suffered from Typhoid Fever (Males 1, Females 3). One Female patient died.

The usefulness of the Hospital has been extended by the installation of an Ultra-Violet and X-Ray apparatus.

During the year 3 male nurses and 11 female nurses passed the Preliminary Examination and 6 Male Nurses and 1 Female Nurse passed the Final Nursing Examination of the Royal Medico Psychological Association.

The Medical Superintendent thanks the Officers and Staff for their loyal assistance during the year.

Report of the Commissioners of the Board of Control.

NORTHAMPTON COUNTY MENTAL HOSPITAL, MARCH 10TH, 1928.

Since the visit by two of our colleagues in February of last year, 146 patients have been admitted, 5 have been transferred to other care, 69 have been discharged (37 upon recovery), and 60 have died. Ten patients were dealt with under Sec. 25 and 19 under Sec. 79 of the Lunacy Act, 1890. Thirty-eight patients were allowed out on trial to test their fitness for discharge, money allowances being granted in 23 cases.

There are now on the Statutory books the names of 454 men and 491 women, a total of 945, but of these two females were out on trial at the time of our visit, leaving in residence 943. Private patients number 61, of whom 10 are female patients, 44 service and 4 ex-service patients. Full parole is granted to 18 male patients, a more limited parole being granted to 8 males and 19 females. One ward on the male side and two wards and the Convalescent Home on the female side are conducted on the open door principle.

The weekly maintenance charge per head is 18/8d. for Home patients and 29/2 to 38/6 for private Patients.

We found the day rooms, corridors and dormitories, with the exception of those which were in the hands of the painters and decorators, clean, comfortable and well warmed. The day was a bitterly cold one and the good fires burning in the grates were much appreciated. The walls everywhere were well supplied with pictures and there appeared to us to be a good supply of bed tables and hot-water bottles in the wards where the sick were being nursed. The electric light installation has been completed and is giving great satisfaction, but the appearance of some of the wards is rather marred thereby and will be so until re-decoration takes place. We were, therefore, glad to see that no time has been lost in getting the decorators to work. We noticed that the lighting of the outside staircases has also been done.

We thought that a few bed trays for the use of patients in bed elsewhere than the sick wards would be a desirable and useful addition to the equipment. We were delighted to find a capital supply of books in all the book shelves, and the day rooms seemed to be well supplied with games and amusements. In the ward gardens, where we saw a number of female patients, we were pleased to see that some new flower beds have been dug and planted and we hope that it may be found possible to make more, and that the garden set aside for the more turbulent patients will not be left out, as we are sure that flowers are much appreciated even by this class of patient and that though some may be destroyed at first, after a time the patients will learn to take care of them.

The patients themselves were quiet, orderly and contented, and though we had many conversations and interviews of a semi-private character, no one asked to see us alone. We gave every one an opportunity of speaking to us and we believe that we saw all the patients who are now in residence.

It appears from a return made to us to-day that the Hospital is over-full on the male side by 2 and that there are only 15 vacancies on the female side. In the light of these figures, the question of additional accommodation is uppermost in our minds. Rapidly increasing difficulty is being experienced practically all over the country, in securing vacancies, so that reliance on being able to board out is already unsafe and is likely to be more so. It seems, therefore, indubitable that, even if building operations could be commenced here forthwith, they could not be completed before there is a pressing need for beds, and to such a number that were it allowed to be met by overcrowding would quickly be a menace to the health of the Institution. Confronted with such a situation and at the risk of being thought importunate, we feel it our duty strongly to urge the Committee to consider the seriousness of the position; and while the responsibility for meeting it is primarily a local one, we feel that our Board would gladly co-operate in thinking out how it can best be met with due regard to economy and efficiency. There are always many matters requiring preliminary consideration, and the getting out of plans to a stage at which our Board can, when desired, seek the Ministers' consent to them, involves considerable time. We, therefore, venture to suggest to the Committee at once to get into touch with our Board on the matter so that the Committee

Superintendent and Architect may confer with one of the Commissioners and the Board's Architect. Such a step in no way commits the Committee to expenditure, and it would without doubt avoid the wastage of much valuable time and avert a condition of things which is likely to prove costly to the County.

Casualties in the nature of fractures and dislocations have been limited to seven cases, one spontaneous in origin, due to great fragility of the bones, and all the others being the outcome of simple accidents.

Now that the Hospital is supplied with electric current, we hope that sympathetic consideration will be given to the provision of X-ray apparatus and to means for giving ultra violet radiation. The former is often of great service in connection with the detection of such injuries as the foregoing, and the prevention sometimes of their being overlooked on admission; but of still more importance is the value of both these facilities in direct aid to treatment.

A female patient who has been here since 9th June, 1924, has been found to be pregnant. Such an occurrence in a Mental Hospital is happily of great rarity. In this case the woman is deaf and almost dumb and is otherwise materially unable to give information. Such facts as are available were at once communicated to our Board and careful investigation followed. We thought it right to see this patient to-day, and though she endeavoured to communicate with us we were quite unable to understand what she wished to convey.

The death rate during 1927 was 5.8 per cent, upon the average number resident, the percentages for the male and

female sides being respectively 4.4 and 7.0. These are satisfactorily low.

In the 13 months under review there have been 19 male and 41 female deaths. One was due to the effects of swallowing a safety pin and was the subject of an inquest. Otherwise they were all from natural causes verified by post-mortem examination in 57 per cent. of these 60 cases—a proportion which in the future we should like to see increased. In contrast with only one case among the 19 male deaths, Tuberculosis accounted for nearly 15 per cent. of the female deaths; the present cases of this disease number 2 on the men's and 6 on the women's side. Apart from these 8 tuberculosis cases, the Hospital is free from any active infective disorder, but there exist some 3 female enteric carriers. We saw 30 patients of each sex in bed; that is 6.3 per cent. of the total in residence. Apart from the fact that so many of these 60 cases are being treated in upstairs wards and the meagreness of verandah facilities, we were well satisfied with the excellence of the medical and nursing attention of which they are in receipt; and with the efforts made by the Doctors to elucidate the nature of the conditions present. With respect to the latter statement, our satisfaction is necessarily diminished by the absence of Laboratory activities; nor can we feel that two Assistant Medical Officers are sufficient for a Mental Hospital of not far short of a thousand patients; their number just before the War and when the number of patients was much as now, was in fact three.

Another matter which affects treatment is the small proportion (only 8 per cent.) of the women nurses who are certificated in mental nursing; it is only fair to add that twice that proportion have passed the preliminary examination. It seems to us, however, that there is need of someone who, by acting as Sister Tutor, can spend much of her time in the tuition of the nursing staff. No women nurses are employed on the male side.

As resident medical colleagues, Dr. Stuart has the services of Dr. E. D. T. Hayes, D.P.M. (Dep. Supt.) and Dr. H. C. Reed.

HERBERT C. BAILEY, C. HUBERT BOND.

Commissioners of the Board of Control.

General Table, showing the movement of the Hospital Population during the year 1928.

		C	ERTIFIE	D PATH	IENTS.			
	м.	F.	т.	м.	F.	T.		
On the Asylum Registers, January 1st, 1928	458	495	953					
Total cases admitted during the year	61	80	141		*			
Total cases under treatment during the year Cases discharged or transferred during the year				519	575	1094		
Recovered	12	19	31					
Relieved	17	19	33					
Not improved	_	3	3					
Died during the year	25	31	56					
Total cases discharged, transferred and died during the year			3	51	72	126		
On the Asylum Registers, December 31st, 1928 Average daily number on the Registers during the year				465 456·6	503 494·7	968 951·3		

Ages and Conditions as to Marriage on Admission of Patients admitted during 1928.

Direct Admissions only.

I.	5	9	œ	54	32	59	13	17	134
AL.	22	4	20	13	22	14	7	6	76
TOTAL.	. 00	61	60	11	10	15	9	00	68
WIDOWED.	:	:	:	:	61	4	1	က	10
Wido	:	:	:	:	:	1	1	-	60
MARRIED. M. F.	:		:	20	14	4	5	4	35
MARI M.	:	:	-	67	5	6	4	9	27
ILE. F.	67	7	55	œ	9	9	-	61	34
SINGLE.	60	67	2	6	5	5	1	1	58
		:	:	:	:	:	:		
	:	:	:	:	:	:	:	:	:
AGES.	:	:	:	:	:	:	:	:	1
AG	:	:	:	:	:	:	:	urds	TOTAL
	15	:	:	:	:	:	:	npwa	
	Under 15	61—21	20-24	25-34	35—44	45-54	55—64	65 and upwards	

15a													-					TH	CE M	ENTA	L HOS	PITAL,	BER	RY W	FOOD.	-			-	-										
										GI	ENER	AL I	ABL	E, sh	owing	the	Move	ment	of th	he As	rylum	Popu	lation	, toge	ether	with t	the R	ecoper	y an	d De	ath R	ates.								
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Year.		Direct.		In-	direct.		7	Total.			Total er Tre	No. atment.	1	Recove	red.	1	Relieve	d.	Not	t Impe	roved.	Not Insans		Died	d.	1	mainir Registr t Dece	ers	Nu	rage I imbers legiste	on	To	tal Reco in the To Number Admissio	veries otal of	To	Percentage tal Reco on the Di Admissio	veries	1 5	Percenta Deaths Verage Number Regist	on Daily on
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Table showing the Form of Mental Disorder on Admission in the Direct Admissions during the year 1928.

Forms of Mental Disorder.	Direct	t Admis	sions.
Forms of Mental Disorder.	м.	F.	T.
Congenital or infantile mental deficiency (idiocy or im- becility) occurring as early in life as it can be observed		11110	
1. Intellectual \{ a. With epilepsy	2	1	3
b. Without epilepsy	3	3	6
2. Moral	-	-	-
1. Insanity with epilepsy	3	3	6
2. General paralysis of the insane	4	-	4
3. Insanity with grosser brain lesions	-	1	1
4. Acute delirium	-	2	2
5. Confusional Insanity	5	7	12
6. Stupor	-	1	-
7. Primary dementia	12	10	22
(a. Recent	1	6	7
8. Mania \ b. Chronic	-	-	-
c. Recurrent	3	7	10
(a. Recent	12	15	27
9. Melancholia { b. Chronic	2	_	2
c. Recurrent	2	6	. 8
10. Alternating insanity	-	-	
11. Delusional a. Systematised	. 1	1	2
Insanity $\{b. \text{ Non-systematised} \dots \dots \dots \}$	1	7	8
12a Volitional Insanity	-	-	-
14. Dementia { a. Senile	7	5	12
14. Dementia $\begin{cases} a. \text{ Senile} & \dots & \dots \\ b. \text{ Secondary} & \dots & \dots \end{cases}$	-	2	2
TOTALS	58	76	134
			100

Tables showing the Causes of Death in the Cases of all the Patients who died during the year 1928 and the age at death.

Cause of Death.		М.	F.	Т.
I. Epidemic, Endemic and Infectious Disease	s:			
Énteric Fever			1	1
Tuberculosis of the Respiratory System			2	2
II. General Diseases :			State of the	
Cancer and other malignant disease		1		1
Diseases of the thyroid Gland			1	î
III. Diseases of the Nervous System and S Organs:	ense			in a
Encephalitis			1	1
General Paralysis of the Insane		2	î	3
Cerebral Hæmorrhage		2	2	
Other forms of Inconity	Section 1	ĩ	2 3	4
Epilepsy		1	1	4 4 2 2
Cerebral Softening			2	2
IV. Diseases of Circulatory System :				
Acute Endocarditis and Myocarditis		10000	1	1
Other Diseases of the Heart		3	4	7
Diseases of the Arteries			î	7
Valvular disease of the Heart		2	8	10
rarvarar disease of the ficulty		-		
V. Diseases of Respiratory System:				
Bronchitis		4		4
Broncho-Pneumonia		3		
Pneumonia, Lobar		3	2	3 5
Pleurisy (not Tuberculous)		2		2
VI. Diseases of Digestive System :				
Hernia, Intestinal Obstruction		1		1
Other diseases of the Liver			1	1
	-			
TOTAL		25	31	56
Ages at Death		M.	F.	T.
			II I ROM	100
25—34 years		1	2	3
35—44 .,		1	2 2 5	3
45—54 ,,		4		3 3 9 10
55—64 ,,		4	6	
65 years and upwards		15	16	31
Total		25	31	56
10TAL	***	20	31	90

Table shewing Causes and Associated Factors of Insanity in Patients admitted during the year 1928. (Direct admissions only.)

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the sea man and a member of

PATIENTS' DIETARY.

SPECIMEN MENU FOR ONE WEEK.

The order of these meals is changed and other meals substituted each week in order to secure variety.

BREAKFAST.

Sunday. Tea, bread and margarine, and galantine of beef.

Monday. Tea, bread and margarine, and porridge with milk.

Tuesday. Tea, bread and margarine and sausage.

Wednesday. Tea, bread and margarine and porridge.

Thursday. Tea, bread and margarine, and corned beef.

Friday. Tea, bread and margarine, and marmalade.

Saturday. Tea, bread and margarine and porridge.

DINNER.

Sunday. Meat pudding, greens, soup, bread.
Monday. Roast beef, potatoes, greens, bread, milk pudding.
Tuesday. Curried stew, potatoes, dumplings, bread.
Wednesday. Lentil soup, bread, currant pudding.
Thursday. Fried fish, potatoes, bread, raisin pudding.
Friday. Fried liver and bacon, potatoes, greens, bread and cheese.
Saturday. Roast mutton, potatoes, onions, bread, plain suet pudding and treacle.

TEA.

Sunday. Tea, bread and margarine, cake and jam.

Monday. Tea, bread and margarine, cake, and meat paste.

Tuesday. Tea, bread and margarine, cake, and jam.

Wednesday. Tea, bread and margarine, cake, and meat paste.

Thursday. Tea, bread and margarine, cake, and jam.

Friday. Tea, bread and margarine, cake and fish paste.

Saturday. Tea, bread and margarine, cake and jam.

BREAKFAST ALLOWANCES.

Males	 	 6 ozs. bread	1
Females	 	 5 ozs. bread	Daily.
Tea, coffee, or cocoa	 	 1 pint	Dany.
Margarine or butter		 1 oz.)

With one or other of the following extras:-

Galantine of beef, brawn (beef or pork), veal loaf, breakfast sausage, corned beef, rissoles, black puddings, fish cakes, kedjeree, bacon, kipper, bloater, haddock, egg, marmalade, jam, cheese, macaroni cheese or porridge.

The allowance for each patient for breakfast every other day is 2 ozs. of any of the above mentioned prepared meats, 4 ozs. dried fish, or 1 oz. cheese or jam.

On alternate days with the above extras, ½ pint porridge shall be supplied during the winter months.

Summer.—Porridge may be dropped entirely during the months April to September, inclusive, and its place taken in sequence by stewed fruit, marmalade, jam, or one or other of the "extras" mentioned above. In no case should breakfast consist of a beverage and bread and margarine only.

DINNER ALLOWANCES.		
	Males.	Females.
Meat, joints, uncooked, and including bone	6 ozs	. 5 ozs.
Bacon, fore and gammon hocks, including bone	$3\frac{1}{2}$ ozs	. 3 ozs.
Fish, cleaned, ready for cooking, including bone	8 ozs	. 7 ozs.
Liver and bacon—		
Bacon rashers	2 ozs	. 2 ozs.
Liver	3 ozs	. 2 ozs.
Rabbit or meat pie or pudding (see ingredient table)	20 ozs	. 17 ozs.
Soups (see ingredient table)	1 pint	. 1 pint
Stews do	1 pint	. 1 pint
Potatoes—unpeeled and uncooked—		
Only with fish	9 ozs	. 7 ozs.
In addition to fresh vegetables with roast or boiled		
meat dinner	7 ozs	. 6 ozs.
With Stew	8 ozs	. 8 ozs.
New Potatoes, up to 30th September, same allow-		
ances as above less 15%.		
Fresh vegetables, i.e., greens, carrots, parsnips,	0	0
turnips, onions, etc	6 ozs	
Broad beans	11 ozs	. 11 ozs.
Green Peas	8 ozs	. 8 ozs.
Haricot beans, split peas, etc., when issued in lieu		
of the above fresh vegetables—7 lbs. per 100 persons.		
	0	
Bread, daily with dinners		. 2 ozs.
Puddings (flour), such as jam, treacle, raisin, currant	,	
date, fig, ginger, bread, etc. (see ingredient table)	8 ozs	. 8 ozs.
		. 0 025.
Puddings (milk), rice, sago, tapioca, semolina (see ingredient table)	½ pint	. ½ pint
Bread and cheese—	2 (2 1
Bread	2 ozs	. 2 ozs.
Cheese	1½ ozs	
	12 000	

Summer.—During the months April to September, inclusive, some of the hot dinners should be replaced by cold, accompanied by salads, lettuces, radishes, tomatoes, etc. Fresh fruit puddings or stewed fruit should be substituted for some of the heavier suet puddings on other than soup days, and fresh uncooked fruit should be regularly supplied when obtainable at reasonable cost.

TEA ALLOWANCES.

Males		***		!	ozs.	bread)
Females				:	3 ozs.	bread	
Cake				:	3 ozs.		Daily.
Margarine	OF	butter			oz.		
Tea, coffee	or	cocoa	***	***	l pint)

With one or other of the following extras:-Jam or marmalade, 7 times per fortnight, 1 oz. each patient.

Meat or fish paste, bloater, or shrimp and salmon, etc., 7 times per fortnight, 2 oz. each patient.

The supply of cake should be varied, being made either with currants, sultanas, raisins, or carraway seeds. Scones, buns or oatmeal biscuits of the same weight may be issued in lieu.

If preferred, an orange or apple may be given for tea twice weekly, replacing the meat or fish paste on these days.

Summer.—During summer months the jam or pastes should be replaced by fresh vegetables or fruit. Lettuces, onions, tomatoes, radishes, watercress, mustard and cress, or beetroot are desirable foods, for the regular provision of which arrangements should be made.

EXTRAS.

Supper. Supper is given to patients in club wards who stay up to 9 p.m. Scale: bread, 4 ozs.; cheese, 1 oz.; and 1 pint lemonade, tea, or cocoa.

Extras for Workers .- Daily 4 ozs. bread and 1 oz. cheese. For laundry, kitchen and sewing room workers, 4 ozs. bread, 1 oz. butter and 1 pint tea in addition.

DIETARY FOR PRIVATE PATIENTS.—Same as other patients with the following extras :-

Breakfast. 1 egg or 2 ozs. bacon or kipper or equivalent daily.

Dinner. Pudding daily.

Tea. 8 ozs. jam, and 11b. cake or equivalent weekly. Supper. $\frac{1}{2}$ pint milk daily and $\frac{1}{2}$ lb. biscuits weekly.

Also extra to the above, for women, tea, bread and butter at 4.0 p.m. daily. For men, I tin sardines weekly

DIETARY. FOR PATIENTS RESIDENT IN CONVALESCENT HOME:-

Breakfast. 1 egg or 2 ozs bacon, or 1 kipper or equivalent, ½ pint porridge,

5 ozs bread, ½ oz margarine, and 1 pint tea, coffee, or cocoa Dinner. Same as "Patients' dietary," but with pudding daily. Tea. Same as "Patients' dietary."

INGREDIENT TABLE.

Apple sauce	Per 100 5 persons	lbs. apples, 15 ozs. sugar.
Batter pudding	1 lb l	Flour, 8 ozs.; milk, 6 ozs.; fat, ½ oz.; baking powder, ½ oz.; pepper and salt to taste; water, a sufficiency.
Bread-and-butter Pudding	1 lb I	Bread, 6 ozs.; milk, 10 ozs.; margarine, 1 oz.; sugar, 1 oz.; raisins or currants, 1 oz.
Brawn	30—35 lbs. (Clods and stickings, 7 lbs.; cow heels, 1 set (scalded, approximate weight 16 lbs.); spice, 1 oz.; saltpetre, 1 oz.; salt, 2 lbs.; pepper, 1½ ozs.
Bread pudding [Baked or Stean		Bread, 5 ozs.; sugar, 1 oz.; fat, 1 oz.; currants or raisins, 1 oz.; milk, $2\frac{1}{2}$ ozs.; water. $2\frac{1}{2}$ ozs.; mixed spice to taste.
Breakfast sausage	1 lb 1	Bread, 6 ozs.; beef, 12 ozs.; spice to taste (may be covered with a thin coating of gelatine).
Beverages—Tea	100 pints	Tea, 13 ozs.; sugar, 3 lbs.; milk, 1½ gallons; water, a sufficiency.
Coffee	100 pints	Coffee, 2 lbs.; sugar, 3 lbs.; milk, 1½ gallons; water, a sufficiency.
Cocoa	100 pints	Cocoa, 3 lbs.; sugar, 3 lbs.; milk, 1½ gallons, water, a sufficiency.
Cake (fruit)	100 lbs	Flour, 50 lbs.; currants, raisins or sultanas, 12½ lbs.; milk, 12½ pints; sugar, 10 lbs.; dripping or margarine, 8 lbs.; baking powder, 1½ lbs.; salt to taste; water, a sufficiency.
Cake (seed)	85 lbs	Flour, 50 lbs.; carraway seeds, 1½ lbs.; milk, 12½ pints; sugar, 10 lbs.; dripping or margarine, 8 lbs.; baking powder, 1½ lbs.; salt to taste; water, a sufficiency.
Current pudding	1 lb	Currants, 2 ozs.; bread, $2\frac{1}{2}$ ozs.; flour, 4 ozs.; suet, 2 ozs.; sugar, 1 oz.; baking powder approximately 1-10th oz.; water, a sufficiency.
Curried stew	Per 100 persons	Same as meat stew, plus 3 ozs. curry powder.
Date pudding	1 lb	Dates (without stones), 2 ozs.; bread, 2½ ozs.; flour, 4 ozs.; suet, 2 ozs.; sugar, 1 oz.; baking powder, approximately 1-10th oz.; water, a sufficiency.

Dumplings Per 100 Suet, 13 lbs.; flour, 10 lbs. 9 ozs.; water, persons a sufficiency.
Fig Pudding 1 lb Dried figs, 2 ozs.; bread, $2\frac{1}{2}$ ozs.; flour, 4 ozs.; suet, 2 ozs.; sugar, 1 oz.; baking powder, approximately 1-10th oz.; water, a sufficiency.
Fish paste 1 lb Fish (raw and boned), 1 lb.; rice, 1 oz.; margarine, 2 ozs.
Fruit pudding 1 lb Fruit in season (fresh), 6 ozs.; flour, 5 ozs.; fat, 1½ ozs.; sugar, 1 oz.; baking powder, salt and water, a sufficiency.
Fruit (stewed) Pint Fruit in season, 16 ozs.; sugar, 3 ozs.; water, a sufficiency.
Galantine of beef 1 lb Bread, $5\frac{1}{2}$ ozs.; beef, 11 ozs.; spice to taste.
Ginger pudding 1 lb Ground ginger, $\frac{1}{8}$ oz.; bread, $2\frac{1}{2}$ ozs.; flour, 4 ozs.; suet, 2 ozs.; sugar, 1 oz.; baking powder, approximately, 1-10th oz.; water, a sufficiency.
Golden pudding 1 lb Golden syrup or treacle, 2 ozs.; bread, 2½ ozs.; flour, 4 ozs.; suet, 2 ozs.; baking powder approximately 1-10th oz.; water, a sufficiency.
Irish stew Pint Neck of mutton (uncooked with bone), 5 ozs.; or breast of mutton (uncooked), 4 ozs.; potatoes, 2 ozs.; onions, 1 oz.; water, a sufficiency.
Jam or treacle roll 1 lb Flour, 8 ozs.; jam or treacle, 2 ozs.; suet, 2 ozs.; water, a sufficiency.
Kedjeree 1 lb Any cold fish, free from skin and bone, (dried haddock, good), 6 ozs.; rice, 1 lb.; hard boiled egg (chopped); dripping or margarine, 2 ozs.; salt and pepper to taste.
Macaroni cheese Per person Macaroni, $1\frac{1}{2}$ ozs.; cheese, $\frac{1}{2}$ oz.; milk, 4 ozs.; margarine, $\frac{1}{6}$ oz.
Meat paste Per 100 Meat, 3 lbs. 6 ozs.; dripping, 6 ozs.; (potted meat) persons spices to taste.
Meat pie or pudding 1½ lbs Meat (uncooked without bone), 5 ozs.; onions, ¾ oz.; carrots, ¾ oz.; potatoes 8 ozs.; flour, 4 ozs.; suet or fat, 1 oz.; water, a sufficiency. (when soup is given as well this scale for
meat pie or pudding is reduced by $\frac{1}{2}$ oz. meat and $\frac{1}{2}$ oz. flour.) Meat stew Pint Meat, (without bone, uncooked), 4 ozs.; carrots, 2 ozs.; turnips, 2 ozs.; onions, 2 ozs.; pearl barley, $\frac{1}{2}$ oz.; ground peas, $\frac{1}{4}$ oz.; water, a sufficiency.

26	THE MENTAL I	IOSPITAL, BERRY WOOD.
Milk puddings	Per patient	Rice, sago, tapioca or semolina, 1 oz.; sugar, ½-oz.; milk, ½ pint.
Porridge	Pint .	Oatmeal or rolled oats, 3 ozs.; sugar, $\frac{1}{2}$ oz.; milk, $2\frac{1}{2}$ ozs.; water, a sufficiency.
Potato pie	1 lb	Raw beef free from bone, 5 ozs.; fat, 1 oz.; potatoes, 8 ozs.; flour, 1 oz.; onion, ½ oz.; meat liquor, 2½ ozs. pepper and salt to taste.
Rabbit pie	1¼ lbs	Rabbit, 6 ozs.; onions, 3 oz.; carrots, 3 oz.; potatoes, 8 ozs.; flour, 4 ozs.; suet or fat, 1 oz.; water, a sufficiency.
Rabbit stew	Pint	Rabbit, 5 ozs.; carrots, 2 ozs.; turnips, 2 ozs.; onions, 2 ozs.; pearl barley, ½ oz.; ground peas, ¼ oz.; water, a sufficiency.
Raisin pudding	1 lb	. Raisins, 2 ozs.; bread, $2\frac{1}{2}$ ozs.; flour, 4 ozs.; suet, 2 ozs.; sugar, 1 oz.; baking powder, approximately 1-10th oz.; water, a sufficiency.
Rice and currants	1 lb	. Rice, $2\frac{1}{2}$ ozs.; currants, $1\frac{1}{2}$ ozs.; sugar, $\frac{1}{2}$ oz.; milk, 5 ozs.
Salmon paste		Tinned salmon, 10 lbs.; margarine, 1 lb.; rice, 5 ozs.
Shepherd's pie	1 lb	. Cold cooked meat (free from bone), 4 ozs.; fat, ½ oz.; cold cooked potatoes (mashed), 12 ozs.; onion, ½ oz.; gravy or stock, 1 oz.; pepper and salt to taste.
Soup (lentil, barley or pea)	Pint	. Peas or lentils, 1 oz.; or pearl barley, \frac{1}{2} oz.; sago, \frac{1}{2} oz.; ground peas, \frac{1}{4} oz.; onions, 1\frac{1}{2} ozs.; carrots, 1\frac{1}{2} ozs.; turnips, 1\frac{1}{2} ozs.; stock and water, a sufficiency.
Soup (when given a extra course)	as	As above, less $33\frac{1}{3}\%$.
Suet pudding	1 lb	 Flour, 9 ozs.; suet, 1½ ozs.; salt to taste; water, a sufficiency.
Plain suet pudding and treacle	Per 100 persons	$3\frac{1}{2}$ lbs. suet; flour, $21\frac{1}{16}$ lbs.; treacle, $6\frac{1}{4}$ lbs.
Treacle pudding		See golden pudding.
Tripe and onions	Per person	Tripe, 4 ozs.; onions, 4 ozs.; milk, 1 oz.; water, a sufficiency.

BUILDING AND REPAIRS STAFF.

The Wages of whom are charged to the Building and Repairs Account.

Clerk of Worl	ks	 		 	·	1
Engineer		 		 		1
Engineer's Fi	tter	 		 		1
Plumber		 		 		1
Plumber's Ma	ate	 		 		1
Blacksmith		 		 		1
Bricklayers		 		 		2
Carpenters		 		 		4
Painters		 		 		9
Labourers		 		 		5
		7	Total	 		26

Statement of

PART 1.—MAINTENANCE ACCOUNT

EXPENDITURE. £ s. d.											
To Salaries and Wages, Officers 456	7 16	2	r	s.	a.						
""			- 20354	2	3						
	6 16 2 19	2 11									
			- 1699	55	1						
" Provisions				12	1						
"Wines and Spirits			30	11	5						
" Clothing for Patients 242		9									
" " " Staff (Uniforms) 34	0 3	7	0000	0							
	200	_	- 2762	2	4						
" Necessaries (Fuel, Lighting, Washing, &c.)			4881	9	3						
" Surgery and Dispensary			522	5	10						
" Furniture and Bedding			1559	3	7						
" Poor Rates			1628	9	3						
" Funeral and Removal Expenses			33	17	9						
" Insurances			54	14	1 7						
" Advertising, Printing, Postages, &c			379	12	7						
" Patients' Amusements, Newspapers, &c			139	1	3						
" Carriage of Goods and travelling Expenses …			106	17	11						
,, and	0 5										
" ,, Service and Private Patients 27	8 2	10	990	0	0						
C			- 338	8	2						
" Government Audit Stamp			118	10	7						
" Miscellaneous Items			75	9							
,, Transfers to Building and Repairs Fund Account, viz. :											
	4 13	4									
,, ,, ,, Service Patients 72											
" " " Private Patients 40	9 18	5	3000	100							
			- 8033	14	7						
" Transfers to Farm and Garden Account,											
Value of Provisions supplied 305	3 6	1									
,, ,, Flowers and Plants supplied 21	0 16	0									
	7 6	8									
			3281	8	9						
" Excess of Income over Expenditure for the year,			11212131213	1							
carried to Balance Sheet			1349	10	4						
			£57667	13	1						

Accounts.

For the Year ending 31st March, 1929.

	INCOME.	£ s.	d		£	s.	d.
By	Goods Sold—						
	Kitchen Stuff and Old Stores	74	12	2			
	Sundry Sales	853	6	7			
				-	927	18	9
By	MAINTENANCE CHARGES-						
	(a) Pauper Patients.						
	Unions within the Administrative County	29826	5	4			
	Unions outside the Administrative County			10			
	Northamptonshire County Council			8			
	Northampton County Borough	6853		4			
	ziorenampeon county Dorough				50582	19	2
	(b) Private Patients.						- 1
	Ministry of Pensions	3233	3	8			
	Board of Control	233		6			
	Friends of Private Patients		3	1			
	Friends of Frivate Patients	020	.,	•	4390	2	3
	(c) Criminal Patients.				4000	-	
	Poloco Commissioners				105	4	0
By					100	-	
DI	0 11 177 1	25	15	9			
			10	3			
	Ministry of Pensions	,	10		43	6	0
D	OTHER INCOME-				40	0	U
DY		91	15	6			
	Pension Contributions by other Authorities		15				
	Bank Interest	143		6			
	For extra comforts supplied to certain patients			6			
	Miscellaneous Items	26	14	4	040	0	10
-			-		240	0	10
By							
	VIZ.—						
	Surplus on Farm and Garden Account for the				10==	10	
	year				1377	16	1

£57667 13 1

PART II.—BUILDING & REPAIRS FUND

		EXPE	NDIT	URE.							
						£	S.	d.	£	s.	d.
To	Ordinary Repairs					6606	5	8			
,,	New Dairy and Cooling	Room	S			203	0	2			
,,	New X Ray Apparatus					332	10	0			
,,	Installation of Electric	Light (part)			10	0	0			
,,	Pensions					238	15	2			
,,	Tithe Rent Charge					105	7	5			
,,	Insurances					161	1	1			
,,	Land Tax and Property	Tax				77	0	6			
,,	Government Audit Stan	np				31	10	0			
,,	Retaining Fee for Nort	hampt	on Bo	rough	Fire						
	Brigade					7	6	2			
							-		7772	16	2
,,	Northants. County Cour Private Patients for				es on				481	7	7
	Transfers from Farm a viz.:	ND GA	RDEN	Accou	NT,						
	Loan of Horse and Cart								34	13	4
									£8288	17	1

ACCOUNT For the Year ending 31st March, 1929.

			INCOM.	E.							
Ву	Bank Interest					£ 140		d. 3	£	s.	d.
,,	Pension Contribution	s by oth	ner Auth	norities	3	3	0	4			
,,	Sales					5	17	7			
,,	Miscellaneous Receip	ts					3	0			
							-		149	4	2
22	TRANSFERS FROM MA	INTENAN	CE ACC	OUNT,	VIZ. :						
	Excess Charges on O	ut-Coun	ty Patie	ents		6894	13	4			
	" " S	ervice P	atients			729	2	10			
	" " P	rivate P	atients			409	18	5			
							-		8033	14	7
,,	Excess of Expendit	ure ove	r Incon	ne for	year						
	carried to Bala	nce She	et						105	18	4

£8288 17 1

PART III.—FARM & GARDEN ACCOUNT

			EXP	ENDIT	URE.							
							£	s.	d.	£	S.	d.
To	Wages						1287	15	9			
,,	Pensions						132	18	3			
,,	Provender						855	13	8			
,,	Seeds and Mar	nures					358	16	6			
,,	Live and Dead	Stock					1077	8	11			
,,	Coal, Coke and						70	0	4			
,,,	Rent of two fie	elds in D	uston				48	7	6			
,,	Poor Rates						38	15	6			
,,	Insurances						12	16	4			
,,	Pig Swill						40	0	0			
,,,	Shoeing Horse			o Impl	ements		54	14	0			
33	Miscellaneous						22	13	8			
								-		4000	0	5
27	Surplus for th		transfe	erred t	o Main	ten-				-	232	
	ance Acc	count								1377	16	1
										£5377	16	6

For the Year ending 31st March, 1929.

	INCOME.						
		£	s.	d.	£	s.	d.
Bv	Sales	1717	13	3			
	Pension Contributions by other Authorities		8	6			
"	Other Receipts		0				
"				-	1727	1	9
22	TRANSFERS FROM MAINTENANCE ACCOUNT, VIZ. :						
	VALUE OF SUPPLIES TO THE HOSPITAL.						
	Pork and Mutton (34 pigs and 1 sheep) Poultry and Rabbits (157 fowls, 6 ducks,	151	0	0			
	3 rabbits, 24 pigeons)	38	2	6			
	Eggs, 42,060	255		8			
	Milk, 29,197½ gallons	1745	23.	4			
	D. I. IIIO O I E II		3				
	Other Vegetables and Fruit, 129,363\(\frac{1}{2}\) lbs.	602		9			
	Other vegetables and Fruit, 129,5055 lbs.	002	14	3	3053	6	1
	Flowers and Plants for Words for at cost	210	10	0	3000	0	1
	Flowers and Plants for Wards, &c., at cost						
	Loan of Horse and Cart	17	0	8	228	2	8
	The woman man Description and Description						
33	TRANSFERS FROM BUILDING AND REPAIRS FUND ACCOUNT, VIZ. :						
	Loan of Horse and Cart				34	13	4
	V 1						
22		4414 15					
	Less Value of Stock at beginning of year 4	1080 2	6		001	10	
			-		334	12	8

£5377 16 6

BALANCE SHEET

2492 2 41

LIABILITIES.

MAINTENANCE ACCOUNT.

				£ s.	d		£	s.	d.
Sundry Creditors :-									
For goods supplied			 	2208	13	1			
Salaries and Wages			 	213	15	81			
Pensions			 	10	14	11			
Insurances			 	26	11	5			
Extra comforts for patie	ents' A	ccount	 	32	7	3			
The state of the s							9409	9	41

				27798	
ended 31/3/29 13	349	10	4		
Add excess of Income over Expenditure for year					
Balance :— As per last Balance Sheet 26	6449	3	3		
Delenes					

BUILDING & REPAIRS FUND ACCOUNT.

Sundry	y Creditors :-	-										
	Wages						4	18	9			
,,	goods supplie	ed					49	0	1			
,,	Tithe Rent (Charge					52	13	9			
,,	Insurances						7	9	5			
,,	Pensions						1	7	2			
2 .								-		- 115	9	2
Balane		200						1000				
	per last Balan						5646	2	11			
Less	excess of Ex		ire ove	er Inco	me for	year						
	ended 31/3	3/29					105	18	4		137	120
								-		- 5540	4	7
										20 80 10		
										£35946	9	84

31st March, 1929.

ASSETS.

MAINTENANCE	C .	ACCOUN	T.						
				£s	. d		£	s.	d.
Cash Balance :									
In hands of Treasurer		***	***	6736	2	5			
" " Clerk and Steward .		***	***	888	14	91			
							7624	17	$2\frac{1}{2}$
Value of Stocks on hand :									
Farm and Garden			***	4414		2			
Stores		***		4376	17	1			
				-	-	maria constra	8791	12	3
Sundry Debtors :—									
For Maintenance of Patients :-									
Unions within the Administrative			***	7479	18	8			
Unions outside the Administrative	e C	ounty		3482	16	0			
Northamptonshire County Counci	il			24	0	0			
				1714	13	4			
				870	13	4			
		***		57	12	10			
Prison Commissioners				18	0	0			
				-			13647	14	2
For Sales				208	14	4			
For Pensions Contributions .				5	6	3			
For Insurances				8	17	0			
For Miscellaneous				2	2	3			
,, Extra Comforts for Patients		***		1	12	6			
" The second				-		-	226	12	4
		1.0							
BUILDING & REPAIRS F	TUN	ND ACC	OUN'	r.					
Cash Balance :-									
In hands of Treasurer							7400	11	10
In hands of Treasurer	**	***	***				5499	14	10
Sunday Daktom									
Sundry Debtors :-				-	119	*			
For Sales		***	***		17	7			
" Insurances	**	***	***	150	1	4	* **	10	11
				attacks head to seem	-	-	155	18	11

£35946 9 8½

A. H. JAMES, Clerk & Steward, Average Weekly Cost of Maintenance, Medicine, Clothing and Care of Patients during the year ended 31st March, 1929.

Salaries and Wages						s. 8	d.
Pensions							81
Provisions Purchased						4	11/2
" Supplied from Farm	n and G	arden				1	25
Wines and Spirits							18
Clothing						1	11
Necessaries (e.g.) Fuel, Light,	Washing	, etc.				1	113
Surgery and Dispensary							21/2
Furniture and Bedding							71/2
Rates							73
Miscellaneous						1000	53
						19	1%
Less surplus on Farm and Gard	len Acce	ount, Sa	ales and	1 Sund	ry}		
Receipts			•••		5	1	
Total Average Weekly Cost per	r Head					18	11/2
		-		-			-
Average daily number of Patie	nts resid	dent du	ring th	e year	***	94	15.97
Street 3 2 08 2					1000	meal	-
MAINTENANCE CHARGES FOR Y	EAR:						
County Unions, per week					. £	s. d. 8 8	
Out County Unions, per w					. 1	8 0	
Private Patients 10/6 per week							ate.
Service Patients 3/9 per week a							- ~
January States							

