### [Report 1920] / Medical Officer of Health, Worthing Borough and East Preston R.D.C.

### **Contributors**

Worthing (England). Borough Council.

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### 1920. ANNUAL REPORT

ON THE

### HEALTH

OF

### WORTHING

AND

EAST PRESTON RURAL DISTRICT

AND

Medical Inspection of School Children, Worthing.

BY

### R. HEYWOOD WILSHAW,

M.D. (Lond.), M.R.C.P., D.P.H.

MEDICAL OFFICER OF HEALTH;

MEDICAL SUPERINTENDENT OF ISOLATION HOSPITAL;

MEDICAL OFFICER TO THE BOROUGH EDUCATION COMMITTEE;

BOROUGH METEOROLOGIST.

WORTHING:

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### BOROUGH OF WORTHING.

### Public Health Committee, 1920.

Alderman Mrs. ELLEN CHAPMAN, J.P., Mayor. Alderman W. T. Frost, M.P.S., Chairman.

Councillor H. C. B. Bowles. C. B. Cook.

..

Mrs. Greenfield.

" A. MERCIER W. G. PATCHING.

" G. W. RUNDALL.
" Mrs. SMEDLEY, M.B., B.S.

Mrs. Galloway, (representing C. C. Society.)

Miss POTTER (representing National

Council of Women.)
Dr. F. Hinds & Dr. H. M. MilbankSmith (representing local Medical

Practitioners in connection with M. & C. Welfare.)

Town Clerk: J. Kennedy Allerton.

Borough Surveyor: Frank Roberts, A.M.I.C.E.

### Staff of Health Department.

Clerk: C. A. BUXTON.

Assistant Sanitary Inspector and Registrar of Meteorological Observatory:

J. W. King, A.R.S.I.

Health Visitor: Mrs. TUPMAN, A.R.S.I.

Matron of the Borough Isolation Hospital, Swandean: Miss R. A. Hall. Chief Sanitary Inspector: Charles T. Gardner, A.R.S.I.

### Contagious Diseases Animals Act.

Veterinary Inspector: J. R. Robins, M.R.C.V.S.

Inspector: Ex-Superintendent W. Bridger.

Medical Officer of Health:

R. HEYWOOD WILSHAW, M.D. (Lond.), M.R.C.P., D.P.H.

### Education Committee.

Chairman: Ald. W. Walter. Vice-Chairman: Ald. H. T. Duffield.
The Mayor (Alderman Mrs. Ellen Chapman, J.P.)

Alderman W. T. FROST, M.P.S.

J. FARQUHARSON WHYTE, M.A., J.P.

Councillor G. B. BENNETT, B.A.

H. R. CARTER. Mrs. GREENFIELD.

,, Mrs. Mayson. ,, A. Nichols.

" Mrs. Parker.
" W. G. Patching.

Councillor G. W. RUNDALL.

Mrs. Smedley, M.B., B.S. W. E. Wenban Smith.

Rev. E. J. CUNNINGHAM, M.A.

Rev. C. J. Hollis, M.A. Mr. G. Bell.

Mr. G. Bell. Mr. F. J. Norman. Mr. J. T. Treleaven.

Miss K. Coast. Mrs. Wright.

Clerk: J. KENNEDY ALLERTON (Town Clerk.)

School Nurse: Miss E. F. Bailey, A.R.S.I., C.M.B.

Assistant School Nurse: Miss E. M. Belchem.

Ophthalmic Surgeon: C. H. BRYANT, M.D., F.R.C.S.

Dental Surgeon: W. Adderley, L.D.S.

School Attendance Officers: C. Robinson and J. Wallis. School Clinic Clerk: J. Holdstock.

School Medical Officer:

R. HEYWOOD WILSHAW, M.D. (Lond.), M.R.C.P., D.P.H.

### PREFACE.

February, 1921

To the Mayor, Aldermen and Councillors of Worthing, and the Chairman and Members of the East Preston Rural District Council.

MRS. MAYOR, LADIES AND GENTLEMEN,

In accordance with the Memorandum of the Ministry of Health, dated February, 1921, I have the honour of submitting to you my Thirteenth Annual Report on the "Natural and Social Conditions" of the district, together with the "Sanitary circumstances" of the Borough of Worthing and the Rural District of East Preston.

The Infantile Mortality rate is the lowest on record, and is exceptionally good, viz., 39 per 1,000 births

The Sanitary circumstances of the District:—This part of the Report includes a statement prepared by the Inspector of Nuisances.

Food:—Under this heading will be found the annual return made by the County Food and Drugs Inspector, Mr. F. Knott.

Maternity and Child Welfare:—Great interest has been taken in this department of the work, especially at the Centre.

The Education Report shows that much good work has been done especially in the operative work on tonsils and adenoids, and X-rays for ring worm, and also in the eye and dental departments.

The Children's Care Society has again rendered valuable assistance to us in connection with the Notification of Births Act.

The progress made under Sections 15 and 17 of the Housing, Town Planning, Etc., Acts, is given under Housing.

I again have to thank the Sanitary and Education Committees for their continued interest and support, also my colleagues, the Sanitary Staff, the Matron and Nurses at the Hospital, the Education Officers and Teachers.

I am, Mrs. Mayor, Ladies and Gentlemen,

Your obedient servant,

R. HEYWOOD WILSHAW.

### VITAL STATISTICS, 1920.

Area of Municipal Borough, including foreshore	acres	3,012
Excluding foreshore	acres	2,637
Rateable Value to General District Rate		€209,167
Assessable Value to General District Rate		£192,472
Estimated Population, Registrar General		31,555
Population at 1911 Census		30,305
Persons per acre in the Borough		12.0
Number of Houses		7,986
Average number of persons per House		4.1
Net Death Rate	•	13.8
Corrected Death Rate		11.4
Average Death Rate for previous five years		14.9
Zymotic Death Rate		0.19
Average Zymotic Death Rate for previous five year	s	0.31
Birth Rate		18.5
Average Birth Rate for previous five years		13.4
Infant Death Rate under one year, per 1,000 births		39
Infant Death Rate average for previous five	vears,	
per 1,000 births		65

### NATURAL AND SOCIAL CONDITIONS OF THE DISTRICT.

### POPULATION.

The estimated population of Worthing at the 1911 Census was 30,305 and the Registrar General estimates the population at the middle of 1920 as 31,555.

### PHYSICAL FEATURES AND GENERAL CHARACTER OF THE DISTRICT.

WORTHING is situated on the Coast of Sussex, ten miles west of Brighton, and 55 miles south of London, in lat. 50° 49′ N. and long. 0° 22′ W.

### SITE, SOIL, ETC.

The town is of a level nature, situated at the foot of the South Downs. These hills form a good protection from the North. The soil is of loam.

The town is essentially residential and therefore contains many detached and semi-detached houses and good thoroughfares well planted with trees.

### RECREATION GROUNDS AND OPEN SPACES.

In addition to the long stretch of Foreshore (375 acres) on the south of the town, there are the following open spaces, comprising about  $35\frac{1}{2}$  acres:—Broadwater Green ( $8\frac{1}{2}$  acres) in the Broadwater Ward, Homefield Park (16 acres) in the Selden Ward, Victoria Recreation Ground (8 acres) in the Heene Ward, and the Steyne Gardens, Brighton Road (3 acres) in the Selden Ward. There is an open space in front of the Public Baths in the Heene Ward, which is used for tennis courts, also the privately owned Sports Ground in the West Tarring Ward.

There is a large number of Boarding Schools for Boys and Girls.

The chief industry is fruit growing, carried on in glasshouses, of which there are about 35 miles.

At the time of the passing of the Public Health Act, 1875, Worthing was an Urban Sanitary District with a population of 8,0%, the area then being 584 acres, and for parochial purposes was within the Parish of Broadwater; an extension of the district was made in 1876, when 200 acres were included from Broadwater; in 1881 the acreage was 979; a further extension was made in 1890 (West Worthing and the Rural part of Heene) the added area being 426 acres, making a total of 1,405 acres; the town was then incorporated and divided into five Wards, the population being 16,606 at the 1891 census. Further extension was made in 1902 and the urban portions of the parishes of Broadwater and West Tarring were added at this time, 656 acres from Broadwater and 566 from West Tarring, making a total area of 2,637 acres, exclusive of the Foreshore. The town was then divided into seven Wards, viz.: Selden, Central, Park, Victoria, Heene, Broadwater and West Tarring.

### POOR LAW RELIEF.

The following particulars were obtained from Mr. T. A. Boyden, the Relieving Officer, as to the extent of Poor Law Relief for the Borough:—

Half year ending March, 1920 . 1360 7 4½ , "September, 1920 ... 1446 13 10

The extent to which Hospital gratuitous medical relief is utilised will be seen in the following extract from the Report, with statement of Accounts, of the Worthing Hospital, for the year ended 31st July, 1920:—

Number of patients during the year:

differ of patterns during	till y	C.CLL .		
From Worthing Parish From other parishes		patients. 227 122	 out-patients 1719 286	S.
		349	2005	
Cured or relieved Died		293 35	 1690	
Remaining on books		21	 315	
		349	2005	

The amount expended by the Corporation on milk, etc., will be found under the heading of food.

## VITAL STATISTICS.

### TABLE I.

Borough of Worthing.

# Vital Statistics of Whole District during 1920 and previous Years.

Year.         Population Setimated to Setimate to Set		_	-			_		_	_	_	_	
Population		A critical	0.90	Late	13	13.0	15.8	13:5	13.8	16.5	15:1	13.8
Population estimated to Mindle of each   Note of Estimated to Mindle of each   Number   Rate.   Number   Rate.   Number   Rate   Number   Numb	elonging to	At all	110 AE	Number	12	428	507	418	415	511	478	434
Population estimated to Mindle of each   Note of Estimated to Mindle of each   Number   Rate.   Number   Rate.   Number   Rate   Number   Numb	et Deaths b	sav of Amo	200 111 1100	Rate per 1,000 Net Births	111	99	19	99	64	92	56	39
Population	N	L'ador I V.	T TONIE		10	50	28		23	32	21	23
Population	erable ths		of Resi-	dents not registered in the District	6	52	59	52	54	58	59	54
Population estimated to Middle of each Year.  2 3 4 5 33,000 4774 483 14·6 31,000 454 468 15·1 30,000 351 359 12·0 31,000 444 419 13·5 31,555 560 583 18·5	Transf		of Non-	registered in the District	00	25	35	38	30	74	40	50
Population estimated to Middle of each Year.  2 3 4 5  33,000 474 483 14.6  31,000 454 468 15.1  30,000 351 359 12.0  31,000 444 419 13.5  31,555 560 583 18.5	eaths 4 in the	riet me		Rate	7	12:2	15.1	13.0	13.0	17.0	14.8	136
Population estimated to Middle of each Year.  2 3 4  33,000 477 483  31,000 444 419  31,000 - 376  31,555 560 583	Total I	Dist		Number	9	401	483	404	391	527	459	430
Population estimated to Middle of each Sear.  2 3 4  33,000 477 483  31,000 454 468  31,000 444 419  31,555 560 583				Rate.	20	14.6	14.2	15:1	12.0	13-5	12:1	18:5
Population estimated to Middle of each Year.  2 33,000 32,000 31,000 31,000 31,000 31,555	Births.		Net	Number.	4	483	457	468	359	419	376	583
			Tine	corrected Number.	3	474	447	454	351	444	1	260
Year.  1 1 1914 1915 1916 1917 1918 1919		Population	estimated to		63	33,000	32,000	31,000	30,000	31,000	31,000	31,555
					1	1914	1915	9161	1917	1918	6161	1920

Area of District in acres (land) 2,637 and inland water) ...

Total Population at all ages .... Total Families or Separate Occupiers...

30,305 At Census 7,064 1911.

TABLE II.

## Borough of Worthing.

Cases of Infectious Disease notified during the Year 1920.

	Total Cases	Removed to Hospital.	:	:	:	35	200	66	:-	,		:					::	:			88
ality.	· Sata	TaT.W	:	:	:	-	:0	c		:	:			:	::		7	:	:		12
Total Cases Notified in each Locality.	зесь	Broadw	:		:	7	- 1	,	:	:	:		:		::	1	3		:	1	61
ui benin		Heene.	:	:	:	13	::	1	: "	2		:	:	:	:	::	71		-		47
Jases No	.46	Victori	:	:	:	3	::	13	: "	c	::	:	-		:	:	2	:	:		25
Total (		Pack.	:	:	:	9	:	-	:	:	:	:	:		:	:	-	:	:		80
		O.ntral	:	:	:	7	- :	=	:		:	:			:	7	+	:	:		25
		Selden.	:		:	00	7.0	77	:		:	:		::		-	9		:		39
		65 and up- ward	:		:	:	:	:	:	-	:	:	:	:	:		-	:	:		2
		55 65 65	:	:	:	-	-	:			:	:		:	:		10	:	:	1	12
tifled.	ears	25 45	1	***	:	+		~	:	:	:	:	-	:	:	***	17	-	:		27
N Ses	At Ages-Years	25 25	::	::	:	4	7	7	:-	-	:	:	:	:	:	***	4	:	1		13
of Cas	At A	5 0 2 1	:		:	30	-	20	:	7	***	:		:	***		-	***	-		104
Number of Cases Notified		- 310	:	:		9		+	: "	7	::		:	::	:		1	:	:	1	12
Nun		Cn- der	:	:	:	:		-	:	4		:	:	:		2			:		10
	-	At all Ages	::		:	45	4	79	:	9.	***	:	-		-	20	33	-	1		175
		NOTIFIABLE DISEASE.	Small-pox	Cholera	Plague	Diphtheria (including Membranous Croup)	Erysipelas	Scarlet fever	Typhus fever	Enteric fever	rer	Continued fever	Puerperal fever	Cerebro-spinal Meningitis	Poliomyelitis	Ophthalmia Neonatorum	Pulmonary Tuberculosis	Other forms of	Paratyphoid		Totals

Isolation Hospital-"Swandean," Durrington.

TABLE III.

### Borough of Worthing.

Causes of and Ages at Death during the Year 1920.

	Net whet	Death her oc	s at th	e sub	joined hin or	ages	of "l	e Dis	nts" trict.	Total Deaths whether of
Causes of Death.	All Ages.	Under 1 year	1 and under 2 years	2 and under 5 years	5 and under 15 years	15 and under 25 years	25 and under 45 years	45 and under 65 years	65 and upwards	" Residents " or " Non- Residents " in Institu- tions in the District.
1	2	3	4	5	6	7	8	9	10	11
All { Certified Causes { Uncertified	433 1 •	23	3	3	5	11	33	95	260	90
Enteric Fever	1								1	
Small-Pox										
Scarlet Fever										
Whooping Cough										
Diphtheria and Croup	1		•••	•••	1			1		
Erysipelas										
Phthisis (Pulmonary								0.023		
Tuberculosis) Tuberculous Meningitis	23			1	1	6	9	6	1	5
Other Tuberculous Diseases	2 4					ï		î	2	2
Cancer, Malignant Disease						1	4	20	25	17
Rheumatic Fever	1						1			
Meningitis Organic Heart Disease	61			1	1		6	16	38	6
Bronchitis	31	ï						1	29	
Pneumonia (all forms)	15	1			***		2	5	7	3
Other diseases of Respira-			1					4	4	
tory Organs Diarrhœa and Enteritis	9 4	3	1							
Appendicitis and Typhlitis	4				1	1	1	1		7
Cirrhosis of Liver	2							1	1	
Alcoholism Nephritis and Bright's			•••				***		***	3
Disease	9					1	1	3	4	
Puerperal Fever	1								***	
Other accidents and diseases of Pregnancy	-								1	
and Parturition	1	1								
Congenital Debility and	1									
Maiformation, including		-								1
Premature Birth Violent Deaths, excluding		7					***	***	***	1
Suicide		1	1				1	5	3	5
Suicide		100						1	145	
Other defined diseases Diseases ill-defined or un	194	10		1		1	8	29	145	40
known					1					
	-		-				-	-	-	-
Totals	434	23	3	3	6	11	33	95	260	90

### TABLE IV.

### Borough of Worthing.

INFANT MORTALITY, 1920.

Net Deaths from stated causes at various Ages under I Year of Age.

Causes of Death.	Under 1 week	1-9 weeks	2-3 weeks	3-4 weeks	Total under 4 weeks	4 weeks and under 3 months	3 months and under 6 months	6 months and under 9 months	9 months and under 12 months	Total Deaths under I year
All Causes. Certified Uncertified	11	1			12	6	2		3	23
Small Pox	1 2 5 2								i	         
Totals	. 11	1			12	6	2		3	23

Net Births | legitimate 553 Net Deaths | legitimate infants 19 in the year of lillegitimate 30 in the year of lillegitimate infants 4

### INFANTILE MORTALITY.

The deaths of infants under one year of age were 23; which is equivalent to a mortality of 39 per 1,000 births.

Table IV. shows that of these 12 died under four weeks of age.

The chief causes of infantile mortality are given in the following Table, also in Table IV.

Return of deaths from stated causes in years 1911, 1912, 1913, 1914, 1915, 1916, 1917, 1918, 1919 and 1920 under one year:—

Causes of Death.	1911	1912	1913	1914	1915	1916	1917	1918	1919	1920	Total 10 yrs.
Measles	4		1		2					,,,,,	7
Diphtheria (including Membranous Croup)					1						1
Croup			***								
Whooping Cough		1	1	2		1	2		1		8
Diarrhœa, all forms	15		1		1		2			133	19
Enteritis, Gastro Enteritis											13
(not !uberculous)	8		2	2	144	6	2	2	3	3	25
Gastritis, Gastro-Intestinal											16
_ Catarrh		2	2				1			1	6
Premature Birth	11	3	9	10	7	8	1	12	5	6	72
Congenital Defects	3		***	3				1	***		7
Diseases and Accidents of											
Parturition		1	***	277			111	100.0		***	1
Injury at Birth		***		111				111		***	
Accident		•••	***	****	111	***	19.5	10.00	1		. 1
Respiratory Organs AtrophyDebilityMarasmus			***								-223
Tuberculous Meningitis	8	1	4	3	9	6	1	8	7	3	50
Tabes Mesenterica		i	***		1				***	***	2
Other Tuberculous Diseases		1122		***	1	2	2	1	1	***	4
Cancer, Malignant Diseases		***		***	1		1	1	***	***	5
Syphilis		**	***			0.0.0			(100)	***	
Rickets							1.0			***	
Meningitis (not Tubercu-					***			****	444		3.7
lous)		1	1				1	1			4
Convulsions		2	2		1			î		1	7
Bronchitis		3		3		3	1	2	3	î	16
Laryngitis								***			
Pneumonia	4	***	2	5	3	***	6	2	1	1	24
Suffocation (overlying)		2	2				1	1		1	7
Phthisis		***	***			***					***
Pleurisy	***		112					1			1
Other causes	2	3	7	1	2	5	2	1.50	2	6	30
Total	56	20	34	29	28	31	23	32	21	23	297
Rate per 1,000 Births	105	41	67	60	61	66	64	76	56	39	64
Total Number of Births	532	486	504	483	457	468	359	419	376	583	4665

Birth-rate, Death-rate, and Analysis of Mortality during the Year 1920.

BIRTH ANNUAL DEATH-RATE PER 1000 POPULATION. RATE 1000 BIRTHS.	TOTAL All Schell- Popula- Causes. Enterties Diaph- Influ- Causes. Enterties One Tion.	25.4 12.4 0.01 0.00 0.19 0.04 0.11 0.15 0.28 0.48 8:3 80	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
ANI	vá.	12.4	
BIRTH	S 1000 OTAL PULA- ION.	25.4	26-2 24-9 26-5 18-5
		England and Wales	96 Great Towns 148 Smaller Towns London WORTHING

### BIRTHS.

The total number of births registered during 1920 was 583, (281 males and 302 females.)

This is equivalent to a birth-rate of 18.5 per 1,000 inhabitants. The average birth-rate of the 148 smaller English towns was 24.9 per 1,000. This is the highest birth-rate recorded for Worthing since 1910.

Of the births, 30 were illegitimate children, forming 5 per cent. of total births. The average number of illegitimates born during the last five years is 28.4.

### DEATHS.

The number of deaths registered during 1920 belonging to Worthing was 434. This is equivalent to a death-rate of 13.8 per 1,000 population. When this is corrected by the Standardizing Factor, 8302, as supplied by the Registrar General, it is equivalent to a local death-rate of 11.4.

### ZYMOTIC MORTALITY.

There were 6 deaths from the seven principal zymotic diseases.

Small-pox		 	_
Measles		 	
Scarlet Fever		 	 _
Whooping Cou	gh	 	 _
Diphtheria		 	 1
Enteric Fever		 	 1
Diarrhœa		 	 4
			_
			6

The Zymotic Death Rate is thus 0.19.

### SANITARY CIRCUMSTANCES OF THE DISTRICT.

### WATER SUPPLY.

The Water undertaking belongs to the Corporation. The source is from deep wells in the chalk at the foot of the Downs.

It is an ample supply and, though rather hard, of exceptional purity, as shown by the chemical and bacteriological analyses.

In the early part of 1918 a further supply was obtained, particulars of which have been supplied by the Borough Engineer, as follows:—

A 12in. steel tube was driven in the chalk 13ft. from the bottom of the pilot well and continued to the ground level. A bore hole was then driven through this tube to a depth of 37lft. below O.D., the ground level at this point being 82ft. above O.D.

From this source a greatly increased supply has been obtained, connection between the borehole and the headings being made by a 12in. junction with valve worked from the top of the well.

The Council has recently purchased 150 acres of land in the immediate vicinity of the Water Works for the protection of the supply.

### WATER ANALYSIS.

/1	) CHEMICAL.						
( )	i) Chemions			Parts per 100,000	,	Grains per gallon	
	Total solids (dried at 120°	C.)		39.5		21.35	
	Combined chlorine			2.5		1·75 2·89	
	Equivalent to NaCl	•••		4·13 0·6		0.43	
	Nitric nitrogen Nitrous nitrogen			Nil		Nil	
	Ammoniacal nitrogen			0.0003		0.0002	
	Albumenoid nitrogen Oxygen absorbed in 4 hou	 ırs at	27° C.	0.008		0.006	
	Lead or copper			Nil		Nil	
	Temporary hardness (equ	ivale	ent to	20.0		14.0	
	CaCO <sub>3</sub> ) Permanent hardness			3.8		2.7	
	Total hardness			23.8		15.7	

(2) BACTERIOLOGICAL (cultural and microscopical).

Average number of organisms producing visible colonies on gelatine plates incubated at 20—22° C.

for 3 days ... ... ... 69 per c.c.

Average number of organisms producing visible colonies on agar plates, incubated at 37 5° C. for

2 days ... ... ... 24 per c.c.

B. Coli ... ... Not found in 100 c.c.
Streptococci ... ... Not found in 30 c.c.
B. Enteriditis Sporogenes ... Not found in 100 c.c.

The results show this water to be of a high degree of organic and bacterial purity.

### RIVERS AND STREAMS.

There are only two streams in the district worth mentioning, viz., the River Ditch and Teville Stream.

The River Ditch is the main stream taking the natural drainage of the district to the sea; this drains the surface immediately south of the Downs. The Teville Stream joins the River Ditch on its course to the sea, and takes the natural drainage from the surface on the north side of the ridge running parallel with the Downs.

Both streams are under the control of the Worthing Corporation as Commissioners under the 1826 George IV Act.

### DRAINAGE AND SEWERAGE.

This is a water-carriage system by gravitation to the sewage works situated at the eastern end of the Borough, where the sewage is screened and lifted into storage tanks from which the sewage discharges by gravitation into the sea twice each day, from one hour after high water.

In 1915 additional pumping was provided at a cost of £7,389. The scheme was prepared and carried out by the Borough Engineer.

The sewers are well laid, well flushed and efficiently ventilated by air shafts.

The system of house drains is modern and intercepting chambers are provided. Great attention is paid to the efficient working of the whole system.

### CLOSET ACCOMMODATION.

The type of apparatus mostly in use is the short hopper flush rim pan for most houses, pedestal washdown basins being used in the best class of house. Each class is supplied by syphon cisterns giving a flush of three gallons each.

### SCAVENGING.

Movable dustbins are used at each house, and the refuse collected once a week from ordinary dwellings and biweekly from the hotels and large boarding establishments.

An electric motor vehicle has been purchased to take the place of horse-drawn vehicles.

Most of the refuse is burnt at the Corporation Refuse Destructor, at the Sewage Pumping Station, East Worthing, and the steam generated by the burning of the refuse is used for working the sewage pumps, which were formerly worked by gas engines.

Excepting a very small number of houses with privies and cesspools in the outlying districts the whole of the houses are connected to the sewerage system of the Borough.

### 30th ANNUAL REPORT OF THE SANITARY INSPECTOR TO THE PUBLIC HEALTH COMMITTEE.

Public Health Department, Gloucester Lodge,

CHAPEL ROAD, WORTHING

C. T. GARDNER, A.R.S.I., Sanitary Inspector. April, 1921.

The usual systematic inspection of the Registered Common Lodging House, five Slaughterhouses, thirty-two Bakehouses, seven Dairy Farms, thirty-four Dairies and Milkshops was carried out.

The Slaughterhouses were found to be generally well kept. One complaint was received as to alleged nuisance and breaches of the Bye-laws at Broadwater Street Slaughterhouse. This was inquired into and certain works were carried out to improve the lighting and ventilation and to enable slaughtering to be carried on with the minimum of annoyance to persons living near.

There are seven registered Cowkeepers within the Borough; their sheds have been kept in satisfactory condition; they are situated as follows:—Selden Ward 1, Broadwater Ward 2, Heene Ward 1, West Tarring Ward 3.

### MOSQUITOES.

There were three complaints received and dealt with. The worst infested places were regularly treated and every facility was given by the nurserymen and private owners for treating their tanks.

It is satisfactory to record that the steps taken in the past, and the efforts still being directed to the reduction of these pests, show excellent results.

### COMPLAINTS.

Thirty-five complaints of a miscellaneous nature were received, inquired into, and dealt with, viz.: Rubbish deposited on allotments, animals improperly kept, passages dirty and drains choked, etc.

### DESTRUCTION OF RATS ORDER, 1918.

Co-operation with the Rats Destruction Organizer for the West Sussex County Council resulted in a considerable number of rats being destroyed.

An agreement was made with the County Council for the destruction of rats by poisoning, on the land owned by the Corporation at their depot in Meadow Road. The poison method has not proved as successful as anticipated. The former method of using the fire hose and dogs secured the destruction of a much larger number of rats.

### UNDERGROUND SLEEPING ROOMS.

Two underground sleeping rooms were closed, after representation to the owners, under the Bye-laws, viz., No. 11, Liverpool Terrace and No. 5, Bedford Row.

### RAG FLOCK ACT, 1911,

AND

### RAG FLOCK REGULATION, 1912.

Enquiries have been made under this Act, and its Regulations, at the local upholsterers' premises and of persons engaged in making up bedding, and it was found that Rag Flock is not used in the manufacture of bedding in the Borough.

### OFFENSIVE TRADES.

There are five persons carrying on the trade of Marine Store Dealer and five Fish Fryers. These businesses have been carried on satisfactorily during the year.

### INCREASE OF RENT & MORTGAGE INTEREST (RESTRICTIONS) ACT, 1920.

The Council appointed me as the Officer to report under the above Act. During the year 24 houses were examined under Section 2 (4) of this Act and certified reports supplied to the applicants, on payment of the prescribed fee.

### HOUSE TO HOUSE INSPECTION.

The Table on page 21 shows the Sanitary Inspections and House to House Inspections carried out during the year.

### DISINFECTION.

This is carried out after notified cases of infectious disease, including consumption, and in other cases after payment of prescribed fees.

The fees received by the Council for disinfection after non-notifiable diseases amounted to £24 8s. 6d.

The total cost of disinfectants, appliances, etc., was £131 13s. 10d., including £29 5s. 10d. used for destruction of mosquitoes.

### SANITARY SURVEYS.

Under the Council's regulations there were 15 houses examined and reported on during the year.

The fees received by the Council for this work amounted to £24 13s. 0d.

### SECTION 41, PUBLIC HEALTH ACTS.

One complaint was made under Section 41 of the Public Health Act, 1875. The premises dealt with and action taken were as follows:—

Premises.	Result of Action taken.	No. of houses affected.
No. 66, Marine Parade and Nos. 1 and 2, Augusta Place.	The common drain was intercepted in the passage of No. 2, Augusta Place and reconstructed in heavy castiron pipes, with additional means of access by an inspection chamber of No. 1. The apportionment was disputed, but after considerable correspondence and a meeting of the owners concerned, an agreement to pay was arrived at.	3
July 20th, 1920. Marine Parade, Nos. 90, 91, 92, 93 and 94.	This complaint related to the combined drain taking the drainage of these premises into the sewer in West Street.  The work was outstanding at the close of 1920.	5

Borough of Worthing.-Health Department.

ANNUAL CHART to Sanitary Inspector's Report on Houses and Premises, including House to House Inspection, from January to December, 1920.

	fected or destroyed,		_	_	_	_		-	6
ase.	Bedding, &c., disin-	36	19	19	20	20	17	00	139
Dise	Drains flushed.	36	19	18	20	17	17	00	135
Infectious Disease.	Premises cleansed.	36	19	19	20	20	17	00	139
fecti	Premises disinfected.	4	27	22	26	27	71	=	175
In	Inquiries made.	36	19	19	20	20	17	00	139
us.	Miscellancous defects.	5	=	=	12	2	10	4	55
tion	accumulation.	-	1	1	7		4		5
ndi	Offensive			1	1	1	4		
у со	Animals improperly kept.	-	1	1	1	2	-	1	4
nitar	Overcrowding found.	1	-	1	-	1	1	1	-
Other Insanitary conditions.	Roof and Shooting defective.	4	Ξ	5	00	1	00	S	41
her	Yard and Scullery surfaces bad.	9	4	9	+	3	9	3	32
ō	Premises dirty.	12	14	6	12	7	=	4	69
is.	No means of access.	1	-	1	T	1	1	1	-
Drainage defects.	Unventilated.	1	-	1	1	1	1	1	-
ige d	Defective.	-	7	-	2	-		-	14
raina	Tested.	2	12	1	1	4	1	1	18
D	Срокед.	3	9	3	3	10	2	2	29
fittings	Dust receptacles	20	29	18	10	00	38	41	137
e fitt	Sink and Waste Pipes, also Channels.	7	5	-	2	1	7	-	22
ctive	Soil and R.W. P's.	7	3	1	1	1	1	1	1
Defe	W.c's and Flushing apparatus	10	12	5	5	10	15	4	-19
ined	Defects found at	37	55	30	31	33	87	30	303
xam	No. of premises.	197	204	105	97	106	299	911	1124
No. examined Defective	Complete Streets.	3	7	2	1	1	10	2	21 1
-		1 :	:	1	:	:	:	6.0	1 1
	SITUATION OF PREMISES.	Selden	Central	Park	Victoria	Heene	Broadwater	West Tarring	Totals
	S d	Se	Ce	Pa	Vi	He	Br	W	1

### SCHOOLS.

The sanitary condition of all schools is good. Town water is laid on to them all.

The scholars are examined by the School Medical Officer, who is also the Medical Officer of Health.

Where Infectious Disease occurs in connection with a school, action is taken in accordance with the Memorandum on Closure and Exclusion from School, 1909.

The following schools had to be closed for Infectious Disease:—

FOR WHOOPING COUGH-

Broadwater, Infants' Heene, Infants'	 		April 1-		
Christ Church, Infants'	 		Jan. 26-		
St. Joseph's, Infants'			Jan. 26-		
J Pro o, Millelles	 	***	Feb. 2—	reb.	23.

FOR MEASLES-

St. George's, Infants'	 	June 21-July 12-
St. Andrew's, Infants'	 	July 5—commence- ment of Summer vacation.

### THE SHOPS ACT, 1912.

The Shops Act came into operation on May 1st, 1912, and is administered by the Public Health Committee.

The Register, which is kept by the Inspector, Mr. J. W. King, at the Public Health Office, Gloucester Lodge, contains 730 shops, which are classified according to trades.

The Act has proved of great benefit to the Shop Assistants, and the various Orders which the Town Council has made have reduced the complex working of the Act and made it more welcome to Shopkeepers, who have, on the whole, honestly conformed to their obligations.

312 shops were visited during the year with a view of ascertaining if the provisions of the Act were being carried out, and the following minor breaches of the Act were found:—

At 43 shops the occupiers had failed to keep affixed the prescribed form of Notice as to Assistants' Weekly Half

Holiday. These occupiers were cautioned and it was found on a subsequent visit that the Notices had been provided and fixed on the premises.

The seating accommodation at 3 shops which was insufficient has been made good.

A census of the Retail Shop Assistants in the Borough showed a total of 924 and as far as could be ascertained all receive their weekly half holiday.

Trade or Business	No. of Shops.	Trade or Business.	No. of Shops.
Antique and Art Dealers Art Needlework Auctioneers and Estate Agents Bakers and Confectioners Basket and Brush Dealers Booksellers and Stationers Boot Dealers and Repairers Builders, Plumbers and Decorators Chemists China Dealers Coal Merchants Corn and Seed Merchants Costumiers Costumiers Cycle Dealers Dairy Shops Domestic Machine Dealers Drapers Dyers and Cleaners Fruiterers, Florists and Greengrocers Furniture Dealers and Brokers Gas Fitters and Electricians General Stores Grocers & Provision Merchants	2 5 68 2 41 40 8 30 14 8 14 5 12 16 18 3 3 2 3 14 43 13 6 54	Hairdressers and Perfumers Hardware, Oil and Iron- mongers Hosiers, Outfitters and Clothiers House Furnishers Jewellers and Watchmakers Marine Store Dealers Milliners Motor Dealers Musical Instrument Dealers Monumental Masons Naturalists Opticians Pawnbrokers Picture Dealers Photographers Public Houses and Hotels Restaurants Rope and Twine Merchants Saddlery & Leather Goods Tailors Toys and Fancy Goods Tobacconists Umbrella Dealers Undertakers (Artificial Flowers) Upholsterers Wardrobe Dealers	16 3 15 2 14 5 3 4 1 1 1 3 7 57 16 14 11 27 2

The total number of shops as per above table is 769, of which number 39 are duplicated in the Register owing to different trades being carried on in the same shop, leaving a total of 730 separate shops.

### Food.

### MILK SUPPLY.

The normal quantity of milk consumed in the Borough is about 1,500 gallons per day, four-fifths of which is brought in from farms within a ten mile radius of the town.

The cowsheds within the Borough are, on the whole, well constructed, and the milk is produced under wholesome conditions.

The Dairies, Cowsheds and Milkshops Order of 1885 and Article II of the Dairies, Cowsheds and Milkshops Order of 1899 are in force and the conditions well observed.

The majority of the milkshops are of first class character, with modern plant for cleansing purposes.

The Public Health Committee arranges from time to time for an examination of all the dairy cows within the Borough by their Veterinary Inspector, in order to eliminate tuberculous milk.

### MILK AND CREAM REGULATIONS, 1912 AND 1917.

The West Sussex County Council administers these regulations, and I append the report of Mr. F. Knott, the Inspector under the Sale of Food and Drugs Acts, &c.—

Description	Number of Samples Analysed	Result of A	analysis Otherwise
New Milk	 43	36	*7
Separated Milk	 2	2	
Butter	 1	1 .	

<sup>\*</sup>Did not comply with the Board of Agriculture (presumptive) Standard of 3 per cent fat—8.5 per cent non-fatty solid.

Particulars relating to other food are given in the Sanitary Inspector's detailed report.

There is no public abattoir. The slaughterhouses are regularly visited at the usual times of slaughtering.

### MILK (MOTHERS AND CHILDREN) ORDER, 1918.

Milk and food have been supplied to nursing and expectant mothers, and children under five years of age, under the Maternity and Child Welfare Scheme, in accordance with the scale adopted for necessitous cases. Details are given in Maternity and Child Welfare Section.

### FOOD INSPECTION.

The Butcher, Fish and Provision Shops, and the Railway Stations were frequently visited and the result of inspections is shown in the following table, giving the amount of diseased or unsound food surrendered and destroyed:—

TUBERCULOUS-

10 carcases of Beef. 1 Hind Quarter of Beef.

FROZEN-

742 lbs. Beef. 38 lbs. Kidneys. 112 Rabbits.

### Unsound-

55 lbs. of Bacon.

1 Sheep.

2 Lambs.

1 cwt. Herrings.

 $1\frac{1}{2}$  lbs. Butter.

31 boxes Codling. 1 barrel Mackerel.

122 lbs. Mutton.

4 boxes Haddock.

5 gallons Prawns.

19 tins Condensed Milk.

2 tins Sardines.

21 boxes Bloaters.

3 lbs. Sausages.

1 tin Tomatoes.

Since the decontrol of meat by the Government, on July 3rd, 1920, the quality of the beasts dealt with at the local slaughterhouses has greatly improved.

### FACTORY AND WORKSHOP ACTS, 1901.

Annual Report for the year 1920 for the Borough of Worthing on the administration of the Factory and Workshop Act, 1901, in connection with Factories, Workshops, Workplaces, and Homework.

### 1.—INSPECTION.

Including Inspections made by Sanitary Inspectors or Inspectors of Nuisances.

Premises.	Numbe	Written
Factories (including Factory Laundries) Workshops (including Workshop Laundries) Workplaces (other than Outworkers' premises included in Part 3 of	15	6
this Report	29	-
Total	152	16

### 2.—DEFECTS FOUND.

	Nu	mber of Def	fects
Particulars.	Found.	Remedied	Referred to H.M. Inspector
Want of Cleanliness Want of Ventilation	. 6	6	
Overcrowding Want of Drainage of Floors Other Nuisances Sanitary Accommodation:	1 2	1 2	
Insufficient Unsuitable or defective . Not separate for sexes	. 5	5 1	
Totals .	. 15	15	

3.--НОМЕЖОКК.

1		Notices served on Occupiers	as to keeping or sending	LISTS.	51   4	19	-	Number	and 2	or ut	11
		Year.	Outworkers.	Workmen.	0     61	13	MATTERS.		f Factories: Factory ar	H.M. Inspect salth Acts, b op Acts (s.5); H.M. Inspect	
tion 107.		Sending once in the Year.	Outw	Contractors.	11111			Class	I. Inspector o stract of the s. 133)	he Public He and Worksh sspector aken) sent to	ses (s. 101);— luring the year ne year
Outworkers' Lists, Section 107.	Lists received from Employers.	Send	Liste	*CACOTA	1 2     2	11	5.—OTHER	0	Matters notified to H.M. Inspector of Factories: Failure to affix Abstract of the Factory an Workshop Acts 's, 133)	Action taken in matters referred by H.M. Inspector as remediable under the Public Health Acts, but not under the Factory and Workshop Acts (s.5):— Notified by H.M. Inspector Reports of action taken) sent to H.M. Inspector	Underground Bakehouses (s. 101) : Certificates granted during the year In use at the end of the year
Outwo	Lists received	Year.	Outworkers	Workmen.	11111	1	,		Matters no Failure Wor	Action tak as remed not unde Notifie Report	Undergrou Certifica In use at
		Sending twice in the Year.	· Outw	Contractors,	11111			Number	32 46 19 8	117	. 222
		Send	Lists.		11111		DRKSHOPS.	of the year			Register
		Nature of Work.			Wearing Apparel:— (1) Making, &c. (2) Cleaning and Washing Lace, Lace Curtains and Nets Furniture and Upholstery Toy Manufacture	Total	4.—REGISTERED WORKSHOPS	Workshops on the Register (s. 131) at end of the year	Bakehouses Dressmakers, Milliners and Tailors Laundries Printing Works	Miscellaneous	Total number of Workshops on Register

### NOTICES SERVED, 1920.

### STATUTORY.

Infectious Disease Prevention Act	 _
Public Health Act, Section 41	 4
Section 36	 _
Section 46, Cleansing and Whitewashing	 -
Housing, Town Planning, &c., Act	 2
Preliminary, or Informal Notices .	 214

The result of serving the Notices was that the work was carried out with the least possible friction, to the satisfaction of the Town Council.

In rare cases, where trouble is anticipated, a Statutory Notice is served, with the desired result.

At the end of 1920 there were no works of urgent sanitary importance outstanding.

### PREVALENCE OF AND CONTROL OVER INFECTIOUS DISEASE.

### INCIDENCE OF DISEASE.

The number of notifications during 1920 was 175:-

Scarlet Fever		 79
Diphtheria		 45
Enteric Fever		 6
Puerperal Fever		 1
Ervsipelas		 4
Ophthalmia Neo	natorum	 5
Cerebro-Spinal M	Ieningitis	 _
Poliomyelitis		 
Paratyphoid		 1
Tuberculosis		 34

### SCARLET FEVER.

Of the 79 cases notified, 59 were removed to Swandean Isolation Hospital, and all recovered.

The greatest number of cases occurred during October, November and December, and nearly all the persons affected were under 15 years; four were between 1 and 5 years, and 70 between 5 and 15 years.

There were no "return" cases.

### DIPHTHERIA.

Forty-five cases were notified, 35 of which were treated at Swandean. The greatest number of cases occurred during January, February and March, and the majority of the persons affected were under 15 years, six were between 1 and 5 years, and 30 were between 5 and 15 years.

There were no "return" cases.

Of the 45 cases one was fatal from Cardiac paralysis.

Diphtheria Anti-Toxin Order of the Local Government Board

Under this Order a supply of Anti-Toxin has been kept at the Public Health Offices for distribution to Medical Practitioners for use in the case of the poorer inhabitants of the District.

Twenty-one packets of Anti-Toxin were supplied to Local Medical Practitioners during the year.

### PUERPERAL FEVER.

One case was notified during the year.

### ENTERIC FEVER.

Seven cases were notified, one of which was paratyphoid.

### OPHTHALMIA NEONATORUM.

There were five cases notified and all recovered.

### CEREBRO-SPINAL MENINGITIS.

There were no cases notified during the year.

### ACUTE POLIOMYELITIS.

There were no cases notified during the year.

### SMALL POX.

There were no cases notified during the year.

### MEASLES.

The Public Health (Measles and German Measles)
Regulations were rescinded as from December 31st, 1919.

### INFLUENZA.

Two cases were notified during the year.

### TUBERCULOSIS.

Notification has been faithfully carried out by local medical men. There were 34 such notifications, 33 pulmonary and 1 other form.

### BACTERIOLOGICAL.

Swabs for Diphth	neria	 	76
Blood tests		 	3
Sputum tests		 	38

The following table shows the notification of the notifiable diseases for the previous 10 years and 1920.

Year.	Scarlet Fever.	D	piphthe	ria.	Enteric	Oth	er Infec Disease	tious	
1910	 122		62					э.	Total
1911	 94			•••			9		193
1912		•••	50	***	8		- 6		158
	 65		36		1		11		113
1913	 46		30		7		10		
1914	 45		176		4			•••	93
1915	 65		57		7		15		240
1916	 39				1		17		140
			55		9		173		276
1917	 23	***	33		2		459		517
1918	 21	***	51		4		373		
1919	 53		53		7				449
1920	 79				/		102		215
1020	 10		45		6		45		175

### VACCINATION.

The number of exemptions from vaccination for Worthing for 1920 was 364, and the number of births registered 639.

Showing the number of DEATHS from the seven principal Zymotic Diseases in the Ten Years 1910—1919, and in 1920.

	1910	1911	1912	1913	1914	1915	1916	1917	1918	1919	Average 10 years	1920
Estimated Population	29630	30500	31330	32160	33000	32000	27766	27662	28780	30345	30327	31555
Small Pox Scarlet Fever Diphtheria Enteric Fever Measles Whooping Cough Diarrhoca	110114	5: 16 27	: ! !o :	: :0-400	: :02 :04	1: 0: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1: 1:		: :2 : : : : : : : : : : : : : : : : :	::44088	1 12 1 1	3.5. 0.8 2.2 4.5 4.5 4.5	-
Total	80	50	20	12	18	14	5	6	13	+	13.8	9
Zymotic death rate per 1,000 living	0.27	1.64	0.16	0.37	0.54	0.44	0.18	0.32	0-45	0.13	0.45	0-19

### NOTIFIABLE DISEASES.

Diseases notified in each month during 1920:-

Month	Scarlet Fever	Diphtheria	Enteric Fever	Puerperal Fever	Erysipelas	Small Pox	CS. Meningitis	Opthalmia Neonatorum	Policmyelitis	Tuberculosis (All forms)	Paratyphoid	Total
January February March April May June July August September October November December	5 6 2 2 1 5 4 4 6 12 22 10	7 13 6 2 1 2 4 3 1 4 1	1 2 1  1 	    	1 2 1			 1 1 1   1		1 2 1 2 10 6 4 3  1 1 3	1	14 24 11 8 13 15 13 10 9 18 24 16
The 12 months Totals  Total number	79	45	6	1	4			5		34	1	175
Total deaths registered	35	1	1		3					29		98

### CONSUMPTION AND CANCER.

The following table shows the number of deaths from Tuberculosis and Cancer for the past ten years:—

Year.		Phthisis.	Ot	her Tubero Diseases.	All Forms of Cancer.		
1911		24		13 .		45	
1912		23		14		37	
1913		25		2		39	
1914	***	25	***	9		42	
1915		47		9		49	
1916		50	***	8		58	
1917		60	***	3		63	
1918		67		6		73	
1919	* ***	35		-		49	
1920		23		4		50	

### NOTIFICATION.

The Infectious Diseases (Notification) Act, 1889, came into force August 3rd, 1890.

The Infectious Diseases (Prevention) Act, 1890, came into operation on July 4th, 1891.

The Public Health Tuberculosis Regulations, 1912, came into force on February 1st, 1913.

The Public Health (Cerebro-Spinal Fever and Acute Poliomyelitis) Regulations came into force on September 1st. 1912.

The Public Health (Tuberculosis in Hospitals) Regulations, 1911, came into force on May 1st, 1911, and further Regulations (Pulmonary Tuberculosis), dated November 15th, 1911, requiring the General Notification of all cases from January 1st, 1912.

The Public Health (Tuberculosis) Regulations, 1912, which came into force on February 1st, 1913, require notification of all forms of Tuberculosis.

The Worthing Authorities added Cerebro-Spinal Fever and Acute Poliomyelitis to the list of Notifiable Diseases under the Infectious Diseases (Notification) Act, 1889, March 25th, 1912, which was followed on 1st September, 1912, by a general order of the L.G.B. making these two diseases notifiable throughout the country.

The Council decided on September 2nd, 1913 (with the consent of the Local Government Board) to make the notification of Ophthalmia Neonatorum compulsory, to take effect as from November 1st, since this date the Local Government Board have made a general Order throughout the country with regard to the notification of this disease, which came into force on 1st April, 1914.

The Public Health (Pneumonia, Malaria, Dysentery, etc.) Regulations, 1919, came into force on March 1st, 1919.

The Public Health (Acute Encephalitis Lethargica and Acute Polio-Encephalitis) Regulations, 1918, came into force on January 1st, 1919.

### INFECTIOUS DISEASES HOSPITAL, SWANDEAN.

There were 98 patients admitted during the year.

The following are the cases with the longest stay in Hospital:—

Scarlet Fever.

Diphtheria.

One case was in 100 days.

One case was in 90 days.

The beds available are as follows:-

14 for Scarlet Fever.

14 for Diphtheria.

4 for Observation.

Arrangements are made with Brighton for isolating possible Small-Pox patients.

A Tuberculosis Pavilion for 12 patients (6 male and 6 female) has been completed at a cost of £4,924 and new bedrooms for nurses and staff added to the Administration block at a cost of £1,484 and were opened on Jan. 1st, 1921.

The annexed table shows the number of patients received at Swandean during the past 10 years.

Cases of Infectious Disease treated in the Borough Infectious Diseases Hospital, Swandean, during the last 10 years, 1910-1919, and for 1920.

			0				1	11	
			1920	:	20%	:	: :	-	
		Casa Mostality	of cases treated at their own homes during the 10 years 1910-1919*		3.1%		333		
			1920		2.9%	:	: 4:		
Case Mortality for each disease of cases treated in Hospital during the 10 years 1910-1919								-	
1920	35 35	98		:	-	:	: :	:	-
Total for the 10 years 1910-1919	388 495 24 1 4	912			31.				36
9161	48 48 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	16	-	:		1	1 :	:	3
1918	39	52		:	4	:	: :		4
1917	2 :2 : 1 : 1 : :	54		:	· m	:	: :	:	3
9161	24 42 5 ::: 1 ::	72		:	: : :	:	:-	1	-
1915	± :81 : :2 :	92		-	4	:	1 :	:	4
1910 1911 1912 1913 1914 1915 1916 1917 1918 1919	37	176		3	: ∞ -	:	: :	1	6
1913	32 27:	65		:		:	1 :	:	2
1912	29 29 1	81		:	:	:	1 :	:	2
1161	58 : 1 = 5 = 1 : 1 : 1	104		:	:50-	:	1 :	:	9
1910	L :2 : : : : :	125 104		-	7		: :		2
	Scarlet Fever Smallpox Diphtheria Enteric Fever Erysipelas Puerperal Fever Cerebro-S. Meningitis Poliomyelitis	Totals	Deaths occurred amongst the above cases as follows:—	Scarlet Fever	Smallpox Diphtheria Enteric Fever		Puerperal Fever Cerebro-S. Meningitis	Poliomyelitis	Totals

\*Obtained by deducting the notifications and deaths of cases treated in the Borough Hospital, Swandean, from the total notifications and deaths of cases of infectious disease in whole Borough.

The above table does not include cases received at Swandean from outside the Borough of Worthing.

## SWANDEAN EXPENDITURE.

## For the Year ended March 31st, 1920.

				£	S.	d
Medical Superintendent and Fees				111	0	6
Wages-Nursing and Domestic S	taff			464	15	1
Other Wages				306	0	9
Subsistence—Staff and Patients		***		696	8	9
Drugs and Medical Appliances				124		6
Fuel and Lighting				316		4
Furniture, Fittings and Repairs					16	2
Carriage Hire and Cartage				53		5
Household Utensils, Nurses' Unifo				140	6	7
Rates, Taxes and Insurance	, iii,	cic.			100	
Repaire to Buildings		***		88		11
Repairs to Buildings				240	0	6
Garden Requisites				22	17	7
Sundry and Petty Expenses				116	9	11
			-			
			£	2,687		0
			100			

The Income from the Hospital was as follows:—
Maintenance Charges, Rent of Land, &c. ... £31 19 0

## ACTS AND BYE-LAWS IN FORCE.

Public Health Act, 1875, and Amendments, 1890, and 1907, and extension of Section 112 as to offensive Trades.

Housing and Town Planning, etc., Act. 1909, etc.

Bye-laws as to New Streets and Buildings with extension, dated May, 1911.

Bye-laws as to Common Lodging Houses.

Bye-laws as to Slaughterhouses.

Bye-laws as to Nuisances.

Bye-laws as to Nuisances in connection with the removal of offensive and obnoxious matter.

Bye-laws as to Good Rule and Government of the Borough.

Bye-laws as to Contagious Diseases of Animals Act, 1886.

Bye-laws as to Dairies, Cowsheds and Milkshops Regulations, 1885.

Bye-laws as to Rag Flock Regulations, 1912.

37

## INQUESTS DURING 1920.

Month	Sex	Age in Years	Cause of Death
January	M.	57	Syncope, resulting from a Fatty Heart.
,,	F.	4 hrs.	Atelectasis.
,,	М.	76	Hypostatic Pneumonia. Shock from Frac- ture of left Humerus, caused by a fall.
February	F.	23 months	Exhaustion following extensive scalding, caused by falling into a bath of hot water.
,,	M.	4 days	Accidentally suffocated whilst in bed with his parents.
March	F.	88	Exhaustion following Fracture of neck of left Femur, caused by an accidental fall.
April *	F.	69	Syncope as the result of Pleurisy and Fatty Degeneration of Heart.
May	F.	41	Malignant Tumour at base of Brain.
,,	F.	91	Senile Decay, accelerated by shock from accidental fall.
August	F.	38	Injuries caused by being knocked down by a Motor-car, whilst riding a bicycle.
"	M.	57	Injuries sustained by accidentally falling from his bedroom window on to the ground.
,,	F.	69	Cardiac Valvular Disease.
September	M.	72	Disease of the Aorta.
October	М.	75	Bronchitis, accelerated by impacted fracture of neck of right Femur, caused by an accidental fall.
November	F.	78	Arterio Sclerosis. Contributory: Fracture of neck of right Femur, caused by a fall
59	F.	53	Acute Congestion of Lung (left) and Pleurisy
December	F.	41	Perforating Ulcer of Stomach. Peritonitis
,,	М.	57	Fracture of Ribs caused when stepping of his bus, resulting in Pneumonia (left) and consequent Meningitis.
,,	F.	Newly Born	Want of attention at birth. Misadventure

## MATERNITY AND CHILD WELFARE.

## NOTIFICATION OF BIRTHS ACT, 1907.

There were 583 Births registered in Worthing during the year 1920, of these 560 were notified to us, in accordance with this Act.

Of this number 135 were notified by the Local Medical Practitioners; 414 were notified by the Midwives; 11 were notified by the parents.

The work done by Nurse Tupman, expressed in tabular form is as follows:—

1.—Infants notif	ied (in	cluding	11 lots of	truinal	560
2.—Number visi	ted (II)	crucing		twins)	560
				•••	705
3.—Stillborn					10
4.—Infants who					7
5Infants who		nvisited	l		8
6.—Left Worthin	ng				46
7.—Visited only	a few	times			291
8.—Followed up					
9.—Average nun	her o	f visite	or modelin		414
now car	ried of	ut	ber working		20
10.—Refused Adn					20
11.—Visits each n					2
January		211	July		244
February		220	August		258
March		226	Septembe	er	290
April		250	Ostal		295
May		270	Novembe		281
June		199	December		239
	1000	tal 2,98			439
		-,90			

## Information obtained by card system :-

Number Breast fed " Breast and bottle fed " Bottle fed	318	358	380	400	400	404	346	1919 342 113	1920 371 223
Wanta Mills	37	42	34	34	26	22	25	36	48
(Condensed Milk) Bottle fed	17	17	<b>1</b> 6	14	11	14	23	5	15
10 1 1	12	8	9	6	10	12	34	21	48

The marked increase in number of "breast and bottle fed" is due to the growing use of citrated cows' milk especially recommended by the M.O.H., and so successfully carried out by our Mothers. The increase in "other Foods' is due to the increased use of Glaxo.

## TUBERCULOSIS VISITS IN 1920.

January		 44	July	 74
February		 58	August	 53
March	1	 36	September	 62
April		 36	October	 42
May		 27	November	 47
June		 36	December	 17
		Tota	1 532.	

## CHILDREN'S CARE SOCIETY.

During the year the Committee-

Visited 445 mothers and infants and in so doing paid over 1,267 visits.

Relief was also given to a large number of families, 75 cases in all.

Nine cases of tuberculous school children have obtained great benefit by receiving a constant supply of milk. One tuberculous child has been sent to a Home, the expenses being defrayed by the Society.

## SCHOOL BOOT CLUB.

There were supplied during 1920, 1,099 pairs of boots and £732 14s. 3d. was paid in by the children.

## CRECHE.

The attendances at the Day Nursery for the year have been 1,616 There was thus an average of 37 infants in the Crêche each week it was opened.

The Board of Education made a grant to this Society of £29 5s. 0d. for the year 1920.

## MOTHERS' WELFARE CENTRE.

Is open once a week to all mothers, and children under 5 years of age.

Month.		No. of Welfares	under 1	o. of chil	dren over 1 y	ear.	Advice given.	New
January		4	 58		-21		47	 26
February		4	 76		16		62	 23
March		5	 61		16		39	 25
April		3	 44		9		19	 11
May		4	 76		13		29	 20
June		4	 74		16		48	 16
July		4	 89		7		47	 19
August		4	 85		17		35	 13
September	4	4	 84		12		34	 17
October		5	 92		19		33	 16
November		3	 33		.15		15	 5
December		5	 75		15		36	 19

An Ante-Natal Clinic is held on the first and third Monday in the month, at which 15 cases were seen during 1920.

Also, in connection with the Welfare, Dental Clinics are held twice a week, for expectant and nursing mothers, and children under 5 years of age, on Wednesday and Friday.

RE-Exams: Children under 5 years of age are reexamined every 6 months.

	Ke-Exams		1	1	1	:	1	1	1	1	1	1	mot
	Fasing	1	1	-	3	3.	2 .	4	3	-	1	1	some of whom
	:	:	. :	- 1	1	:	:	:	:	:		1	ome
ork	1	1	-	-	3	2		4	3	1	1	1	5, 80
nieal W	1 1	1	1	1	3	2 .	3	4	2	-	1	i	other
cha	:	:	1	:	-	:	:	1	1	:	1	:	171 mothers,
=	1	1	1	3	1	1	3	9	-	2	1	1	to 17
New Programme Contract of the	3 .	1	3	2	2	3	4	00	7	12	00	4	nd Lactagol were sold at the Centre to 171 mothers, some of
0	10 S	:	:	:	1	1		:	. :	:	1	1	Cen
-	Dressi	-	1	1	:	5	9	6	12	13	00	7	the
-	Samues I	-	1	1	2	1	2	1	1	1	-	1	dat
0	sons so	:	:	:	:	:	:	:	:	:	. :	1	los a
1	Extract 19	13	50	99	58	21	59	18	49	41	39	18	Wer
New	4 +	2	5	5	. 9	1	7	. 9	œ	5	5	2	agol
	1	-	:	-		:	1	:	:	:	:	:	Lact
Attend-	ances	11	14	30	31	14	37	44	41	27	27	. 19	nd J
No. of	5	4	5	7	$\infty$	4	6	6	8	8	.:. 8	5	ol a
		V	1	1	:	:	- :	:	Jec	1	er	er	y, Virol ar
Month	January	February	March	April	May	June	July	August	September 8	October	November	December 5	Glaxo, Virol and Lactagol were sold at the Centre to

## STILL BIRTHS, 1920.

Midwife. Number. Causes. Mrs. Dolton ... 5 ... Macerated (7 months fœtus). (1 of Twins) Accidental Birth, cord stretched. Macerated (8 months) Syphilis. Patient attended V.D. Clinic. Macerated (7 months) Syphilis. Decomposed (8 months). R. Swaby ... 1 ... Twin pregnancy. Very small mother. Mrs. Street ... 1 ... Macerated. Syphilis. Miss Churchill 1 Midwife refused to give any in-... formation

As to the GENERAL ARRANGEMENTS made for attending to the health of expectant and nursing mothers and children under 5.

An Ante-Natal Clinic is held every fortnight and a Mothers' Welfare Centre once a week where babies and children under 5 are weighed, and food sold—such as Glaxo. Virol, and Lactagol, and milk given free or at half-price, and at the same time a consultation is given to mothers by the M.O.H. Twice a week a Mothers' Dental Clinic is held, where expectant and nursing mothers, and children under 5, are treated. Arrangements are made for the reception of mothers (married and unmarried) into a private maternity home in the town. Since June, 1919, for abnormal or severe confinements, arrangements are made to send them to the Women's Hospital at Brighton. Arrangements are also made for unmarried mothers and their babies to enter a Hostel at Hove. The Children's Care Society co-operates with us in visiting children from over 1 year up to 5 years of age and supplying milk in necessitous cases.

CASES OF OPHTHALMIA NEONATORUM, 1920.
Number.

5 Both eyes in all 5 cases. All completely recovered Epidemic Diarrhœa was not prevalent and no deaths took place.

Great interest is taken in Infant Welfare work and it is very gratifying to note the gradual reduction of Infantile Mortality during the last ten years. This year having been the lowest on record, viz., 39 per 1,000 births.

## SANITARY ADMINISTRATION.

The staff of the Public Health Department is as follows: -

Medical Officer of Health.

Sanitary Inspector.

Assistant Sanitary Inspector.

Health Visitor.

Clerk.

Two handy men.

The Medical Officer of Health is also Medical Superintendent of the Isolation Hospital, Medical Officer to the Borough Education Committee, Superintendent of the Infant, Welfare Centre and Borough Meteorologist.

The Sanitary Inspector is also the Housing Inspector, Inspector under the Petroleum Acts and Inspector under the Poisons and Pharmacy Acts. He inquires into cases of infectious disease, superintends their removal to hospital and the disinfection of premises and clothing. He undertakes the testing of drains and sanitary fittings of private houses for private persons, the fees for which are paid to the Council. He enquires into all complaints and carries out the duties under the Housing and Town Planning Acts, assisted by Mr. King.

The Assistant Sanitary Inspector is also Meteorological Registrar, the Council's Shops' Inspector, and assists the Inspector in all matters connected with his office.

A School Nurse and a Health Visitor are employed by the Council. Miss E. Bailey, the School Nurse, devotes all her time to the duties in connection with the Medical Inspection of School Children, School Clinic, Eye and Dental Clinics, assists at X-ray treatment and at operations for Tonsils and Adenoids, also at the Maternity and Child Welfare Centre.

Mrs. K. Tupman, the Health Visitor, assists the County Tuberculosis Officer at the Worthing Hospital, attends at the Maternity and Child Welfare Centre, the Dental Clinics for Mothers and Children under 5 years, and carries on the work in connection with the same.

At the close of the year it was necessary, owing to the increasing work, to advise the Council to appoint a third Nurse to assist generally, and Miss Belchem, who assisted for some time during 1919, was permanently appointed in January, 1920.

The Clerk, Mr. C. A. Buxton, carries out the clerical duties of the Public Health Department and acts as assistant to the Meteorological Observer.

One handy man is responsible for the destruction of mosquitoes and gives general assistance in connection with the Department.

The second handy man assists in the removal of cases to hospital, the disinfection of premises and clothing, and the testing of house drains and fittings, also general labouring work in connection with the Department.

## HOUSING, TOWN PLANNING, Etc., ACTS.

A census was taken in 1919 of the houses in the Borough where the rent did not exceed £24 per annum, in order to ascertain the amount of overcrowding on space, due to the shortage of houses, and where there were two or more families.

In cases of more than two persons per bedroom it was considered to be overcrowding,

From the Enumeration Returns it is found that there were 411 houses, the rent of which did not exceed £24 per year, with two or more families each. Of this total 20 houses have two bedrooms each. Ten houses have an average of more than four occupiers. Taking an average of two persons per bedroom,

10 houses required.

320 houses have three bedrooms each, and 99 houses have an average of more than six occupiers, therefore 99 houses required.

56 houses have four bedrooms each, and six have over eight occupiers, therefore

6 houses required.

8 houses have five bedrooms each, three with over ten occupiers, therefore

3 houses required.

I estimate the unsatisfied demand for houses to be 118
Thus:—

Allowing 35 houses per year for the next three years, 105 would be required.

Of the 93 scheduled as unfit for human habitation 2 were certified under Section 17 of the Housing, Town Planning, Etc., Act during 1920, but owing to the scarcity of houses could not be vacated by the end of the year.

59 others should be closed and demolished.

The remaining 32 might, with improvements, be allowed to remain, although they fall below a reasonable standard for a seaside resort.

Total number required, therefore, is 284.

The Corporation Housing Scheme was commenced, under the Borough Surveyor, in May 1920, the contract being let for the erection of 56 houses of the "B" type and 6 houses of the "A" type, none of which was ready up to December 31st, 1920.

I have obtained from Mr. F. Martin, the Rate Collector, the number of inhabited and uninhabited houses in the middle of 1920:—

			Occupied.	Unoccupied.
Selden Ward			1548	 5
Central Ward			1330	 1
Park Ward			810	 _
Victoria Ward			821	 _
Heene Ward			1345	 5
Broadwater Wa	rd		1252	 10
West Tarring V	Vard		880	 6
	Tota	.ls	7986	27
			-	_

At the 1911 Census the population was 30,305. At the 1901 Census the population was 20,015.

## Borough of Worthing.

## MEDICAL INSPECTION OF SCHOOL CHILDREN.

Official Accommodation	 	4,465
Total on Books	 	3,511
Average Attendance	 	3,140.5

The following Table, No. I, Board of Education, shows the number of children inspected:—

A.—" CODE " GROUPS.

		Entrants						Inter- mediate	Seniors		Grand
	Age	3	4	5 -	6	7	Total	- 8	12	Total	Total
Boys		21	53	56	30	6	166	179	186	365	531
Girls		14	45	74	37	13	183	174	164	338	521
Tota	ıls	35	98	130	67	19	349	353	350	703	1052

## B.—GROUPS OTHER THAN "CODE."

	Intermediate Group, other than 8 years old	Special Cases	Number of Children Re-examined
Boys	 	4	126
Girls	 	8	135
Totals	 	12	261

Number of individual children inspected—1,325.

TABLE II.

RETURN OF DEFECTS FOUND IN THE COURSE OF

## MEDICAL INSPECTION.

	Code	Groups	Spe	ecials
Defects.	No. referred for treatment	No. requiring observation not referred for treatment	No. referred for treatment	No. requiring observation not referred for treatment
Malnutrition Uncleanliness : Head Body	1 3 2		122	
Ringworm: Head Body Scabies	 10 4		24 10 45 242	
Other Disease Defective Vision and Squint External Eye Disease Defective Hearing	2 88 4 4		47 30 	***
Ear Disease	9 4 79 3	58	32 64 86 32	
Enlarged Tonsils and Adenoids Defective Speech Heart Disease: Organic		 1 10		
Anæmia Functional Pulmonary Tuberculosis : Definite		6		
Suspected Chronic Bronchitis Other Disease Mental Deficiency		1 1 2		
Other Disease: Gen. Health Non-Pulmonary Tuberculosis:			13	
Glands Bones and Joints Other Forms Rickets	1 1	 'ï	14	
Deformities Other Defects or Diseases : Rash	7	7 	200	
Totals	222	87	980	1

Number of individual children having defects which require treatment or to be kept under observation ... 1089

TABLE III.

NUMERICAL RETURN OF ALL EXCEPTIONAL CHILDREN IN THE AREA IN 1920.

			Boys	Girls	Total
Blind (including tially	uding par- blind)	Attending Public Ele- mentary Schools Attending Certified Schools for the Blind Not at School			1
Deaf and D (includin deaf)	Oumb og partially	Attending Public Ele- mentary Schools Attending Certified Schools for the Deaf Not at School	2	5	7 (partial- ly deaf.)
	1	Attending Public Ele- mentary Schools Attending Certified Schools for Mentally	1	1	2
Mantallu	Feeble Minded	Notified to the Local (Control) Authority	2		2
Mentally Deficient	\	during the Year Not at School	1 4	5	9
	Imbeciles	At School Not at School			
	Idiots	Notified to Local (Control) Authority during the year	1		1
Epileptics				2	2
		Schools for Epiletics Not at School	ï	ï	2
(	Pulmonary Tuberc'losis		8	3	11
		Defective Children Not at School	···i	3	4
Defective	Other forms	Attending Certified	4	5	9
	Tuberc'losis	Defective Children Not at School			:::
	Cripples other than	Attending Public Ele- mentary Schools Attending Certified		1	1
	Tubercular	Schools for Physically Defective Children Not at School			
Dull or Back	ward*	Retarded 2 years Retarded 3 years	87 30	61 15	148 45
	* Indao	according to age and standard		-	

<sup>\*</sup> Judged according to age and standard.

TABLE IV.

		-	200	4 1	9	- 00	00	= :	77	14	15	16	.17	28	200	21		
Percent'ge of defects	treated	100	100	000	46	900	:	: :	:	: :	:		:	::	1001	38		
No. of defects not	treated	:	: :	:	73:	: :	:	: :	:	: :				::	79	: :		135
ment	Un- changed	:	: :		73		70	2	7	: "	14	cc		7	79	10		208
Results of Treatment	Improved	:	::		-	40	:.				2		2	_	:	: :		33
Resul	Remedied Improved	1	:0	7-	69	7	: 4		:	:	: :		: :	::	43	23		152
No. of defects	treated	-	:"	m 4	70	12		4	7	:10	:	***	m	3	43	3.0		242
No. of defects found for	which no report is available	:	::	:	: :	::	:	: :		:	: :		: :	:	:			
nd for was sary	Total	-	:00	2	143	12	Report	4	2	:4	16	cr	. m	3	105	33	200	393
No. of defects found for which treatment was considered necessary	New	-	::	2	79	40	Dental	7	2	:-	1	2	-	::	88	73	77	.246
No. of which consis	From last year		::		, 3	2.6	See	+7	:	: "	+ 6		2	~	17	101	NT.	147
		1 Clothing	ss : Head	Body	6 Nose and Throat	se	Teeth	10 Heart and Circulation	Nervous System		15 Deformities	Tu	17 Speech	Mental Condition	Vision and Squint	20 Hearing		Totals

## Area: WORTHING EDUCATION AUTHORITY.

## TABLE V.

Inspection, Treatment, etc., of Children during 1920.

(1) The total number of children medically inspected (whether Code Group, special or ailing child)	2174
(2) The number of children in (1) suffering from defects (other than uncleanliness or defective clothing or footgear) who require to be kept under observation (but not referred for treatment)	87
(3) The number of children in (1) who were referred for treatment (excluding unclean-liness, defective clothing, etc.)	1235
(4) The number of children in (3) who received treatment for one or more defects (excluding uncleanliness, defective clothing, etc.)	1084

## AVERAGE HEIGHT AND WEIGHT.

	-	-	-	-	1	NFAN'	10.		-		
				MALES.					FEMAL	ES.	
	dren		Не	ight.	Weig	ght	Idren	He	eight	Wei	ght
Age	No. of Children	Fraction	Eligiisii	Metric	English	Metric	No. of Children	English	Metric	English	Metric
3 4 5 6 7	21 53 56 30 6	ft. 3 3 3 3 3	ins. 114 334 6 834 914	Centimetres 94·61 100·96 106·67 113·66 114·93	st. lbs. 2 7½ 2 9½ 2 13¼ 3 2¼ 3 3½	Kilograms 16:10 17:01 18:71 20:07 20:63	14 45 74 37 14	ft. ins. 3 1½ 3 3¾ 3 6 3 8½ 3 10	Centi- metres 94·61 100·96 106·67 113·02 116·83	st. lbs. 2 6\frac{3}{4} 2 9\frac{3}{4} 2 12\frac{1}{4} 3 2 3 4\frac{3}{4}	Kilo- grams 15:76 17:12 18:25 19:95 21:20
					INTI	ERMEI	DIAT	ES.			
8	179	4	01/2	123.18	3 1114	24.15	174	4 0	121-91	3 91/2	23:36
		_				SENIO	RS.				
12	186	4	74	140.33	5 31/2	33-33	164	4 8	142.23	5 31/4	33.22
II.			11		FOLL up, the			UP.		home	es, a

follows:-

Re	Eves	 171
"	Teeth	 139
"	Heads	 93
,,	Tonsils	 478
"	Ringworm	 21
"	Various	 197
		1.099

She also paid 520 visits to Schools, as follows:-Inspection for Cleanliness 192 " Eye Cases 13 Various " 315 520

(a) No. of children found unclean: Heads 122,

Bodies 9. Total 131.
(b) Cleansing arrangements: Homes visited. Printed instructions given to parents. Inspected periodically at Clinic until clean.

(c) Record of legal proceedings: 10 parents. Re-

sult: 3 fined; 7 attendance orders made.

## TABLE SHOWING DEFECTS FOUND ON INSPECTION. 1920.

	Entrants Juniors.	Intermediate Age 8.	Seniors Age 12	Totals.
Clothing Nutrition Cleanliness and Condit-	1 Ver	ï	:::	1 1
ion of Skin Head Body		 2 1	1 1	3 2 4
Nose and Throat: Def. Septum Tonsils Sl	26)	24 \	3	3
Mk Adenoids Glands	26 ) 61 35 ) 61 1 17	24 ) 54 30 ) 54 2 20	14 22	79) 137 3 47
Cleft Palate External Eye Disease : 3 Bleph) 1 Ptosi )	4) 10			1
Vision Squint Ear Disease	6) 10 3 Otorr	59 5 Otorr	23 1 Otorr	10 82 9 Otorr
Hearing Speech Mental	1 Deaf 4 (2 Org.	2 1 Artic. 5 (3 Org.	1 deaf	1 16(10 Org.
Heart and Anæmia Lungs Nervous System	1 Bron.	1 Epi.	1 Epi.	16) 6 Func. 2 2 Epi.
Tuberculosis Rickets Deformities and Spinal	2 (1 Gl. (1 Spi.		1 Pro. ex. D. L. Apex.	3 1
Disease	2 Inf. Par.) 2 Pig. Ch.) <sup>4</sup> 1 Imp. ) <sub>7</sub> 6 Scab.)	1 Pig. Ch.) <sub>2</sub> 1 Ft. Ft. ) <sub>2</sub> 1 Imp. ) <sub>2</sub> 1 Scab.) <sup>2</sup>	2 Imp. )	7 4 Imp. )
Other Defects	6 Scab.)'	1 Scab.) <sup>2</sup> 2 Thy.	3 Scab. )7 2 Other) 4 Thy.) <sub>5</sub> 1 Her. ) <sup>5</sup>	10 Scab. )16 2 Other) 6 Thy.)7 1 Her. )7
Parents present Total Examined	226 349	133 353	85 350	1 Hel.) 444 1052

Number of parents who responded to the invitation to be present at the examination:—

65% of parents of the younger one.

31% " " " older "

1920.

The following Table shows the work done at the Inspection Clinic:—

Comple	ints.	No. of Children.	No. of Attendances at Clinic.	
Ringworm .			 34	221
Verminous Head			 131	695
Impetigo .			 242	736
Th. 1			 10	23
General Health .		***	 13	15
Ear Discharge .			 32	115
47 4 77			 77	443
Ph. 1.1			 45	195
Sore Throat			 32	60
Chorea ' .			 1	1
Teeth .			 64	80
Swollen Glands .			 14	22
<b>Enlarged Tonsils</b>			 86	147
Other Defects .			 200	370
Total			 981	3123

Examination of Ringworm Hairs	31
Negative 3 Positive 28 Cases cured 13	
Tonsils and Adenoids—Clinics	17
Number of children operated on 69 Ditto (private treatment) 1	
Total 70	

1920.

## MEDICAL TREATMENT.

The arrangements include treatment for:-

- (i) Minor Ailments.
- (ii) Eyes.
- (iii) Dental Defects.
- (i) The following Table shows the work done in treating Minor Ailments:—

## 1st January to 31st December, 1920.

Disease.	Total Treated.	Total Attendances.	Cures.
Ringworm of Head Ringworm of Body External Eye Disease Impetigo and Eczema Otorrhœa Scabies Conjunctivitis Other Defects	24 10 11 242 26 45 19 72	235 47 599 736 172 195 233 205	15 10 6 238 30 45 17 66
Totals	 449	2422	427

## (ii) EYES :--

New cases examined-22.

- (a) Glasses provided ... ... 19
- (b) Glasses not recommended 3

(c) Requiring treatment only -

22

Re-examinations 21. Fresh Glasses 9 Parents paid £5 3s. 6d.

Total Glasses 28 Total Cases 43

Note.—Re Eyes. April 13th, 1920 to October 23rd, 1920, no Clinic, Opthalmic Surgeon resigned. October 23rd, 1920 to December 11th, 1920, Temporary Clinic at Worthing Hospital. December 21st, 1920, Clinic resumed at School Clinic, Gloucester Lodge.

## (iii) Dental. (See Dental Report.)

## RINGWORM.—X-RAY OPERATIONS, 1920. Number of cases—15. Fit—14. Nearly Fit—1.

Initials. Se		Duration.	Distribution.	Treated.	Result— passed fit.		
1. D.T. 2. J.D. 3. B.W. 4. F.B. 5. E.C. 6. L.L. 7. C.A.B. 8. S.M. 9. L.M. 10. W.B. 11. R.P. 12. B.Y. 13. M.B. 14. O.S. 15. J.C.T.	F M M M M M F F M M F F M M	Jan. 1920  Aug. 1919 9 months April 1920 Jan. 1920 June 1920 Dec. 1919 July 1920 July 1920 July 1920 3 weeks Sept. 1920	Whole head One patch "" Whole head "" "" "" "" "" "" "" "" "" "" "" "" ""	Jan. 28, 1920 Mar. 17 ", " ", 22 ", " 31 ", April 27 ", " 30 ", July 2 ", Oct. 6 ", Nov. 15 ", " 22 ", " 29 ",	April 12, 1920  " 22 " " 28 " " 26 " " 28 " " 28 "  July 12 " Sept. 9 " " 23 "  Jan. 25 " " 20 "		

## (iii) DENTAL :-

THE SCHOOL CLINIC,

DENTAL DEPARTMENT,

GLOUCESTER LODGE, WORTHING.

January, 1921.

R. HEYWOOD WILSHAW, Esq., M.D., M.R.C.P.

Medical Officer of Health.

Dear Sir.

I have particular pleasure in submitting herewith the Tenth Annual Report of the work done in the Dental Department during the year 1920.

The work, as you are aware, is growing very rapidly indeed and the attendance is wonderfully good.

The total number of children inspected was 1,735.

The number of children requiring treatment was 1,510.

The number of children treated was 833.

The average number treated each half-day was 14.

The average number of fillings each half-day was 15.

The attendance of the following-up children was 50%.

I should like to bring to your careful notice the figures above, they are particularly remarkable.

Of the total number of children inspected 90% needed treatment. Of these 60% were treated.

The conclusion to be drawn from these figures is that more time is required to cope efficiently with the work. It is practically impossible to deal effectively and efficiently with such a number in the limited time allowed, i.e. 1\frac{1}{3} days per week, and I am anxious to emphasize this point. The work at present mainly consists of conserving permanent teeth, but it should not rest there.

I am anxious to see the rapid progression extend and I am confident that ultimately the remaining 40% will enter the fold. To ensure this result, and to cope with the ever increasing number of "followers-up," i.e., those children over nine years of age who have received treatment previously, more time should be allowed at the Dental Clinic.

If we take the "followers-up" and compare present with past figures, we have 244 children in 1918, against 634 in 1920.

With regard to the "followers-up" the reasons there were not more treated were three:—

Absence from school on the day of Dental Inspection.

Change from one school to another.

A few had left the town.

I will not burden the report with further figures, but trust that some practical steps will be taken to ensure a continual progression of the work, of which all your staff are justly proud.

It has always been my custom to call attention to my co-workers and helpers. They have worked untiringly and have been as enthusiastic as myself, and our best thanks are due to them. We have all missed the sympathetic help of Miss Bailey, the School Nurse, during the last few months, and trust she will soon return restored in health. Mr. Holdstock, the Clinic Clerk, must be congratulated on obtaining the consent of parents to dental treatment to the extent of 60%.

I am, dear Sir,

Yours faithfully,

(Signed) W. Adderley, L.D.S., Eng., School Dentist.

Borough of Worthing Education Authority.

## DENTAL.

## TABLE A.

Number of children on the Registers of the Schools— term ended 31st December, 1920	
Number of children under 9 years who have been examined	
Number of children over 9 years who have been examined	
Number of those whose teeth need attention	
Number of those examined whose teeth are all sound	225
Number of forms sent to parents notifying necessity for treatment	
Number of forms returned signed by parents desiring	
treatment	
Number of children treated	833
Number of attendances made by such children	
Number of extractions	602
Number of fillings	
Number of dressings	
Number of half-days occupied in treatment	
Number of half-days occupied in school inspections	
Average number of children treated each half-day	
Amounts received from parents towards cost of	
treatment £141	9s. 9d.

TABLE B.

Results of the Examination of the Children's Teeth:—

	No. of	No. whose	Те	mporary Te	eeth	Pe	rmanent Te	eeth
Age.	Children examined.	teeth need attention	Sound	Carious Savable	Carious Unsavable	Sound	Carious Savable	Carious Unsavable
3 4 5 6 7 8	4 2 19 317 340 341	4 2 17 259 303 326	46 22 256 4016 3340 2160	8 3 50 689 509 405	26 11 65 810 985 978	9 954 2275 3435	1 119 271 312	 2 2 2 4
Total	1023	911	9840	1664	2875	6673	703	8
9 10 11 12 13 14	180 149 165 124 81 10	164 131 135 99 60 10	843 475 304 146 53 3	130 82 39 16 1	384 221 136 79 14	2443 2346 3165 2619 1940 240	128 169 161 186 136 22	12 21 28 24
Total	712	599	1824	268	835	12753	802	85
Grand Total	1735	1510	11664	1932	3710	19426	1505	93

TABLE C.

Number of children examined and treated:—

No. 0	f Exai	minations	Total No. Treated	No. of Attendances	Fillings only	Fillings and Extractions	Extractions only
Boys		894	443	600	253	103	87
Girls		841	390	565	217	98	75
Total		1735	- 833	1165	470	201	162

61

TABLE D.

Number of Operations performed:—

Age	No. of Children Treated	Fillings	Dressings	Temporary Teeth Extracted	Permanent Teeth Extracted
4 5 6 7 8 9 10 11 12 13 14	2 15 78 122 156 115 95 99 83 55 9	 97 232 247 153 152 159 145 93 14	1 13 20 30 21 19 38 45 16 5	2 22 102 105 109 80 31 42 24 7	2 6 2 1 11 12 16 13 2
	833	1293	208	537	65

## FOLLOWERS-UP.

Age	No. of Children Examined	No. of Children Treated	Fillings	Dressings	Temporary Teeth Extracted	Permanent Teeth Extracted
9 10 11 12 13 14	157 134 154 107 72 10	78 80 87 68 42 9	134 146 150 136 80 14	17 17 30 37 9 5	49 18 39 16 4 1	1 4 8 4 5 2
	634	364 -	660	115	127	24

Followers-	Т	emporary Te	eth	I	ermanent Te	eth
up	Sound .	Savable	Unsavable	Sound	Savable	Unsavable
634	1627	226	706	11505	646	33

DENTAL TREATMENT, 1911 TO 1920.

	1911	1912	1913	1914	1915	1916	1917	1918	1919	1920
No. of Children examined	701	1295	1201	1082	737	1213	1398	1052	1314	1735
" requiring treatment	585	1149	940	1004	632	1007	1209	943	1160	1510
" treated "	129	266	347	380	308	420	369	433	645	833
" attendances	213	474	540	845	893	644	603	677	942	1165
" extractions	220	765	1052	979	437	427	419	500	563	602
", fillings	53	85	138	525	683	532	620	699	994	1293
" dressings	1	1	1	1	1	1	50	74	138	208
Half-days occupied-treatment	19	31	49	59	28	19	55 1	51	68	82
", inspections	7	17	21	12	7	6	122	71	102	122
Average No. treated each								9	0	9
half-day	=	15	1	. 12	==	10.5	11	13	133	14
No. of hours—treatment	57	93	147	177	174	183	166	153	205	246
" " inspections …	21	51	63	36	21	27	38	22	32	38

From 1914 more attention paid to Conservation work - Permanent Teeth.

## EAST PRESTON RURAL DISTRICT COUNCIL.

Chairman:

JOHN T. STRONG, Esq., J.P.

Vice-Chairman;

A. W. F. Somerset, Esq., J.P.

Mr. S. S. PYLE.

The Hon. LADY JOHNSTON.

Admiral WARREN, M.V.O.

Mr. J. LANGMEAD.

Mr. H. OVERINGTON.

Mr. W. E. MASON.

Mr. N. HAGUE.

Mr. W. B. STACY.

Mr. J. TURNER.

Mr. E. G. P. WYATT, M.A.

Mrs. Gordon.

MR. F. G. PRING.

Mr. G. C. ALLAN.

Mr. W. Hollis.

Mr. L. N. GRABURN.

Mr. P. E. Schweder.

Clerk: Mr A. SHELLEY.

Medical Officer of Health:

R. HEYWOOD WILSHAW, M.D. (Lond.), M.R.C.P., D.P.H.

Surveyor and Inspector of Nuisances:

Mr. R. E. BOOKER.

(Succeeded Mr. C. W. Leney, September 30th, 1920.)

## VITAL STATISTICS.

Registi	rar Gen	eral's	estin	nate of	f popu	lation	, 1920		6402
Births	'								142
	Males	١							81
	Femal	es .							61
Birth R	ate, per	1,000	popt	lation	1				22.2
Number	r of ille	gitim	ate cl	hildrer	1				8
	Males								6
	Female	es							2
Infantil	e Morta	lity, I	er 1,0	000 bir	ths				35
Numb	er of de	eaths	unde	r 1 yea	ır				5
Deaths	(after o	correc	tion f	for 8 ir	nward	Trans	fers a	nd	
	43 Out	ward)							57
Death F	Rate, pe	r 1,000	o pop	ulatio	n				8.9
Zymotic	Death	Rate							0.2

# VITAL STATISTICS.

## TABLE I.

# East Preston Rural District.

Vital Statistics of Whole District during 1920 and previous Years.

			Births.		Total Deaths	eaths	Transferable Deaths	erable ths	4	Net read Special was the District	strict	
	Donnlotion	1			Kegistered in the District	d in the			Under 1 Year of Age	ear of Age	At all Ages	Ages
	estimated to	True	Net.				of Non-	of Resi-		0		
Year.	Middle of each Year.	corrected Namber.	Number.	Rate.	Number	Rate	registered in the	registered in the District	Number	1,000 Net Births	Number	Rate
1	63	60	4	40	9	7	8	6	10	11	12	13
1014	7174	151	144	20-1	125	17-4	51	9	16	Ξ	80	11:1
210	0023	117	113	16.8	114	17-0	52	6	5	44	71	10.6
5161		103	100	14.5	125	18-3	56	11	13	130	80	12.6
1017	(D.R. 6893) (B.R. 6052)	59	77	11.4	117	17.3	52	7	1	13	72	11-9
81018		92	85	12.5	86	16.1	38	14	3	35	74	12.2
1919	(B.R. 6414) (D.R. 6157)	\$	93	14:5	83	13.5	25	14	c)	32	72	11.7
1920		135	142	22.2	92	14.4	43	∞	5	35	57	8.9
Area of	Area of District in acres (excl	cres(excl	lusive!	10000	Tota	1 Popula	Total Population at all ages	II ages		6,8	6,853 At Census	ensus

28,127 Area of District in acres (exclusive ) of area covered by water)

TABLE II.

## East Preston Rural District.

Cases of Infectious Disease notified during the Year 1920.

		N.	mhor	Number of Cases Nesters	N. N.	100		-				
			1000	or car	NE SAG	tined.				Total Cases Notific	Total Cases Notified in each Locality.	
NOTIFIABLE DISEASE				At A	At Ages-Years.	ears.					-	-
	At all Ages	Un- der	- Sia .	5 15	25 25 25	25 45	5 5 5	65 and up- ward	Worthing Sub-District.	Arundel Sub-District.	Littlehampton Sub-District.	Total Cases Removed to Hospital.
Encephalitis Lethargica Malaria Small-pox Cholera Diphtheria (including Membranous Croup) Erysipelas Scarlet fever Typhus fever Typhus fever Continued fever	35 2 1 2 3.5 3.5 3.5	1111 111111111111		111111111111111111111111111111111111111	10 11 2 11 11 1 2 1		7		1-06     1-1	:::: = ::: = ::: = ::	22	1111 - 11111111111
Totals	80	-	3	46	12 1	14	4	1:	=======================================	20	49	

Isolation Hospital—"Swandean," Durrington, in the East Preston Rural District. Total available beds—32.

## TABLE III.

## East Preston Rural District. Causes of and Ages at Death during the Year 1920.

	whet	Death:	s at the	e sub	hin or		of " ]		nts trict.	Total Deaths whether of
Causes of Death.	All Ages.	Underl year	and under 2 years	and under 5 years	and under 15 years	and under 25 years	and under 45 years	and under 65 years	65 and upwards	"Residents" or "Non- Residents" in Institu- tions in the
	V	Un	- s	2 an	5 8	10	25.8	45.8	- 5	District.
1	2	3	4	5	6	7	8	9	10	11
All Certified		5.			1	4	3	9	35	34
Causes \ Uncertified				•••		•••	**	***		
Enteric Fever						***		***		
Small-Pox Measles										
Scarlet Fever										
Whooping Cough	:									
Diphtheria and Croup Influenza	1 2				***	1		***	2	1
Erysipelas	1									
Phthisis (Pulmonary									1	
Tuberculosis)						1	1	111		5
Tuberculous Meningitis Other Tuberculous Diseases	1	1			***				***	***
Cancer, Malignant Disease							1	1	4	5
Rheumatic Fever										,***
Meningitis				***				···	5	
Organic Heart Disease Bronchitis	7 2	***		***					2	4 2
Pneumonia (all forms)										2 1
Other diseases of Respira-										
tory Organs Diarrhœa and Enteritis	2							1	1	
Appendicitis and Typhlitis	1						***		1	
Cirrhosis of Liver										
Alcoholism										
Nephritis and Bright's Disease	1								1	1
Puerperal Fever	1									
Other accidents and										
diseases of Pregnancy and Parturition										1
Congenital Debility and										1
Malformation, including										
Premature Birth	3	3								***
Violent Deaths, (excluding Suicide)	3					1		1	1	2
Suicide										
Other defined diseases .	26	1			1	1		5	18	12
Diseases ill-defined or un-										
known						•••				
Totals	57	5			1	4	3	9	35	34
Cerebro-Spinal			1000					1		
Meningitis										
Sub- Meningitis										
Sub- Entries Poliomyelitis			***				***		***	

## TABLE IV.

## East Preston Rural District.

INFANT MORTALITY, 1920.

Net Deaths from stated causes at various Ages under 1 Year of Age.

The Deaths from Stated (	ALLIS.	3 at	vali	lous	Ages	s unc	ier 1	Year	107	age.
Cause of Death.	Under I week	1-2 weeks	2-3 weeks	3-4 weeks	Total under	4 weeks and under 3 months	3 months and under 6 months	6 months and under 9 months	9 months and under 12 months	Total Deaths under I year
All Causes. Certified Uncertified .	2				3	1			1	5
Small Pox Chicken Pox Measles Scarlet Fever Whooping Cough Diphtheria and Croup Erysipelas Tuberculous Meningitis Abdominal Tuberculosis Other Tuberculous Diseases Meningitis (not Tuberculous) Convulsions Laryngitis Bronchitis Pneumonia (all forms) Diarrhœa Enteritis Gastritis Syphilis Rickets Suffocation, overlying Injury at Birth Atelectasis CongenitalMalformations Premature Birth Atrophy, Debility and Marasmus										
Other Causes	***	***			-	1				1
Totals	2			1	3	1			1	5
Net Births   legitimate in the year   legitimate	134 8	Net in t	Dea he y	ear	; le	gitin	nate	infai e inf	nts ants	3 2

## BIRTHS.

The number of births registered and belonging to the district during 1920 was 142, (81 males and 61 females)

This is equivalent to a birth rate of 22.2 per 1,000.

Of the births eight were illegitimate, forming 5.6 per cent. of the total births.

## DEATHS.

The number of deaths registered during 1920 from all causes at all ages of persons belonging to the East Preston Rural District was 57, giving a death rate of 8.9 per 1,000.

The total number of deaths registered in the Sanitary district of East Preston was 92. Of these 34 were in Public Institutions receiving sick persons from beyond the district, viz., 31 at North View, East Preston; one at the Worthing Isolation Hospital, Swandean; and two at Millfield Convalescent Home, Rustington.

## INFANTILE MORTALITY.

The deaths of infants under one year of age were five, which is equivalent to a mortality of 35 per 1,000 births; of the 5 infant deaths registered, two were illegitimate, forming 40 per cent. of the total infant deaths.

Infantile Mortality for the last 10 years:—

1911 1912 1913 1914 1915 1916 1917 1918 1919 1920

Total Infant Deaths 16 9 17 16 5 13 1 3 3 5

Rateper 1,000 births 111 60 145 111 44 130 13 35 32 35

Total births ... 142 148 117 144 113 100 77 85 93 142

## ZYMOTIC MORTALITY.

There was a death from one of the seven principal Zymotic diseases:—

 	 _
 	 -
 	 _
 	 -
 	 1
	-

The Zymotic death rate is thus 0.2.

## NOTIFIABLE DISEASES.

The number of notifications during 1920 was 80.

Diphtheria			 35
Scarlet Fever			 21
Erysipelas			 1
Enteric Fever			 1
Puerperal Fev	er		 2
Tuberculosis			 13
Pneumonia			 3
Encephalitis I	Letha	argica	 1
Malaria			 3

## DIPHTHERIA.

There were 35 cases notified during the year, viz., 13 in the Arundel Sub-District, and 22 in the Littlehampton Sub-District. Most of the latter occurred at the Metropolitan Asylums Board Institution, Millfield, Rustington,

27 of the cases attacked were between 5 and 15 years of age.

## SCARLET FEVER.

21 cases were notified, I in the Arundel Sub-District, and 20 in the Littlehampton Sub-District. The majority of these cases occurred at the Metropolitan Asylums Board Institution, Millfield, Rustington.

## ENTERIC FEVER.

One case was notified during the year.

## ENCEPHALITIS LETHARGICA.

One case occurred at Climping, which was of a rather severe type and the patient died after seven days' illness.

## PUERPERAL FEVER.

Two cases were notified during the year.

The Administration of the Midwives Act is carried out by the West Sussex County Council.

Since the adoption of the Infectious Diseases (Notification) Act, 1889, which came into operation on March 1st, 1891, a record of the cases notified each year has been kept. This is shown in the following statement:—

No. case		No. of cases.	No. of cases.
1891 6 1892 54 1893156 1894 40 1895 61 1896 66 1897 37	1899 69	1906 13 1907 36 1908 29 1909 33 1910 31 1911 54 1912 12	1913 18 1914 16 1915 20 1916 81 1917 73 1918 46 1919 39
1898 80			1920 80

The prevalence in each quarter of 1920, and the totals for 1915-1920, of each notifiable disease is shown in the following table:—

Disease.	1st Qr.	2nd Qr.	3rd Qr.	4th Qr.	1920	1919	1918	1917	1916	1915
Encephalitis Leth Smallpox Scarlet Fever Diphtheria Enteric Fever Puerperal Fever Erysipelas Measles & German Pueumonia Malaria	  1 8 1  1  1	1 1 1 2 2 7	 16 16  1  1	 3 11  1 	1  21 35 1 2 1  3 3	4 7 2 23 3	 11 2 4  25 13 	 3 4 1  2 56 	 55 2  2 16 	 6 12 1  1 

## TUBERCULOSIS.

Tuberculosis in all forms is now compulsorily notifiable under the 1912 Regulations.

There were 13 persons notified under Form A of these Regulations suffering from Tuberculosis, viz., seven in the Worthing Sub-District, four in the Arundel Sub-District, and two in the Littlehampton Sub-District.

There was one case notified under Form C, also one under Form D.

## WATER SUPPLY AND DRAINAGE.

The Parishes of Warning Camp. Cross Bush, Burpham and a part of Poling are supplied with water from the mains of the Borough of Arundel.

Durrington is served by the Worthing Corporation water mains.

The remaining parishes derive their supply chiefly from shallow wells, but in many cases where new property has been erected bored wells have been constructed.

There is no main drainage system in the district. The mansions and larger class of houses are provided with water closets and drainage systems in connection with cesspools. A number of cottages have privies, but in many cases earth and pail closets are provided.

## INFECTIOUS DISEASES HOSPITAL.

In the case of the Worthing Registration Sub-District, which includes the parishes of Clapham, Goring, Ferring and Durrington, and in which Swandean (the Worthing Corporation Hospital) is situated, arrangements have been made with that Council to admit to their hospital cases of Infectious disease from this sub-district.

In the remaining 14 parishes of East Preston outbreaks of infectious disease take their natural course.

## ACTS AND BYELAWS IN FORCE WITHIN THE DISTRICT.

Infectious Diseases Notification Act, 1889.
Infectious Disease Prevention, 1890.
Public Health Acts Amendment Act, 1890.
Public Health (Tuberculosis) Regulations, 1912.

## BYE-LAWS.

1.—With respect to new streets and buildings (Urban Model).

2.—Dairies, Cowsheds and Milkshops Regulations.

DAIRIES, COWSHEDS & MILKSHOPS ORDER, 1885 & THE CONTAGIOUS DISEASES ANIMALS ACT, 1878.

The Contagious Diseases Animals Act is carried out by the County Police.

## REPORT OF INSPECTOR OF NUISANCES.

Year ending 31st December, 1920.

					NO S
Complaints received					62
Preliminary inspections					71
Written notices served					15
Verbal notices given					34
Statutory notices given					1
Samples of water taken					2
Houses overcrowded					2
Rooms disinfected					21
Rooms cleansed					15
Premises redrained					6
Cesspools cleansed					2
Drains cut off or repaired					2
Privies cleansed					17
New earth closets provided					12
Defective sinks replaced					
Improved light and ventilat					18
Floors repaired					6
Roofs repaired					4
Accumulations removed					3
Miscellaneous defects remed					4
Condemned houses improve		a occupi	ad a		6
Condemned nouses improve	d and i	e-occupi	eu	•••	0

## SCAVENGING AND CLEANSING.

Rustington is the only parish which is systematically scavenged.

The Tip used near Broadmark Lane was closed down and a Tip near the Brickfields is now in use.

No complaints as to this were received.

## FACTORY AND WORKSHOPS ACTS.

Bakehouses		 	 	5
Blacksmiths		 	 	11
Bootmaker and re	epairers		 	3
Builders		 	 	6
Gut Cleaner		 	 	1
Wheelwright		 	 	5
Builders' yards an	d shops	 	 	2
Also the following fac	ctory :-			
Miller		 	 	1

## DAIRIES, COWSHEDS AND MILKSHOPS ORDERS.

There are three cowkeepers in the district. Two new cowkeepers were registered during 1920 (one at Goring and one at Offham, near Arundel) and the Regulations were satisfactorily complied with.

There is only one slaughter house in the district, and it is frequently inspected and verbal notices given as to cleanliness.

## NEW HOUSES ERECTED IN 1920.

Durrington ... 12 (5 of these were timber structures.)

East Preston... 5

Goring ... 4 (1 of these a timber structure.)

Salvington ... 3 (timber structures.)

Rustington ... 14 (3 of these were timber structures.)

Kingston ... 2 Angmering ... 1

## HOUSING, TOWN PLANNING, Etc. ACT, 1909.

To complete the forms and information required by the Ministry of Health a general inspection as to the state of housing in the District was made and the number of houses regarded as unfit for habitation or defective was given. In this connection the Ministry of Health's Inspectors made several inspections in the District.

## COUNCIL COTTAGES, ANGMERING.

Four cottages erected by the Council in 1914 have been occupied without a break since that date.