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**Contributors**

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PORT HEALTH DISTRICT  
OF WORKINGTON



# Annual Report

OF THE

PORT MEDICAL OFFICER

For the Year 1963

BY

JAMES L. HUNTER,  
M.B., Ch.B., D.P.H.

*Public Health Department,  
Town Hall, Workington.  
February, 1964.*



**PORT HEALTH DISTRICT  
OF WORKINGTON**

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MEMBERS OF THE WORKINGTON  
PORT HEALTH AUTHORITY

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FORT HEALTH DISTRICT  
OF WASHINGTON

# Annual Report

OF THE

FORT MEDICAL OFFICER

For the Year 1903

BY

JAMES L. HUNTER

M.B., C.D., D.P.H.

Public Health Department  
Fort and Washington  
February, 1904

MEMBERS OF THE WORKINGTON  
PORT HEALTH AUTHORITY

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*Chairman:*

COUNCILLOR H. H. McMANUS.

*(Workington Borough)*

COUNCILLOR J. BROWN (Cockermouth R.D.C.)

.. W. J. CONNOR (Workington Borough)

.. T. G. EDWARDS (Workington Borough)

.. J. E. LOVELL (Workington Borough)

.. T. McCRACKEN (Ennerdale R.D.C.)

.. J. E. MILLER (Workington Borough)

.. J. C. MOORE (Workington Borough)

.. J. STANGER (Cockermouth R.D.C.)

ALDERMAN W. A. WALKER (Workington Borough)

TOWN HALL,

WORKINGTON.

*February, 1964.*

*To the Chairman and Members of the  
Workington Port Health Authority.*

Mr. Chairman and Members,

I present my Annual Report for the year 1963 which has been prepared in the form and sequence as required by the Ministry of Health Form Port 20, dated October, 1952.

No case of infectious disease was reported during the year and the health of seamen arriving in vessels has been satisfactory.

The majority of foreign-going vessels are of modern design providing good conditions and amenities for seamen. The condition of coastwise vessels, the subject of adverse comments in past years, is gradually being improved.

Once again it is pleasing to report the absence of rats and vermin on vessels and in dockside buildings.

There has been a decrease in imports (chiefly iron ore) during the year, but petroleum products increased from 43,293 tons to 67,925 tons.

## SECTION I—STAFF.

| <i>Name of Officer.</i>                 | <i>Nature of Appointment.</i>       | <i>Date of Appointment.</i> | <i>Any other Appointments held.</i>   |
|---|-------------------------------------|-----------------------------|---|
| George McKay Porter,<br>Solicitor       | Clerk.                              | March, 1959                 | Town Clerk,<br>Borough of<br>Workington.  |
| James L. Hunter,<br>M.B., Ch.B., D.P.H. | Port Medical<br>Officer of Health.  | July, 1950                  | Medical Officer of<br>Health, Borough of<br>Workington.<br>Senior Assistant,<br>Medical Officer,<br>Cumberland<br>County Council. |
| Ronald E. Fletcher,<br>M.B., Ch.B.      | Deputy Port<br>Medical Officer.     | October,<br>1941            | Private<br>Practitioner.  |
| *†Richard James                         | Port Health<br>Inspector.           | February,<br>1933.          | Chief Public<br>Health Inspector,<br>Borough of<br>Workington.  |
| *Charles E. Pearson                     | Assistant Port<br>Health Inspector. | November,<br>1948           | Assistant Public<br>Health Inspector,<br>Borough of<br>Workington.  |

\*Holds the statutory qualification as a Public Health Inspector.

†Holds the Meat and Other Foods Certificate of the R.S.H.

Address and Telephone Number of the  
Medical Officer of Health:—PUBLIC HEALTH DEPARTMENT.

TOWN HALL, WORKINGTON.

PHONE: WORKINGTON 2251.



## SECTION II.

## SHIPPING ENTERING THE PORT DURING THE YEAR.

| <i>Ships from.</i> | <i>Number.</i> | <i>Net Tonnage.</i> | <i>Number Inspected.</i>                 |                                       | <i>Number of ships reported as having, or having had, during the voyage, infectious disease on board.</i> |
|--------------------|----------------|---------------------|--|---------------------------------------|---|
|                    |                |                     | <i>By the Medical Officer of Health.</i> | <i>By the Port Health Inspectors.</i> |   |
| Foreign Ports      | 91             | 185,343             | 14                                       | 91                                    | Nil   |
| Coastwise          | 333            | 88,811              | Nil                                      | 316                                   | Nil   |
| Total              | 424            | 274,154             | 14                                       | 407                                   | Nil   |

## SECTION III.

## CHARACTER OF SHIPPING AND TRADE DURING THE YEAR.

*Passenger Traffic:*

|                                   |     |     |
|-----------------------------------|-----|-----|
| Number of passengers Inwards ...  | ... | 14  |
| Number of passengers Outwards ... | ... | Nil |

*Cargo Traffic:*

The number of vessels arriving increased by eight as compared with 1962, but imports decreased by 55,942 tons.

|                             |     |              |
|-----------------------------|-----|--------------|
| Iron and manganese ores ... | ... | 524,980 tons |
| Petroleum ...               | ... | 67,925 tons  |
| Pig Iron ...                | ... | 8,358 tons   |
| Rock phosphates ...         | ... | 5,107 tons   |
| Bricks and ganister ...     | ... | 2,537 tons   |
| Scrap ingot moulds ...      | ... | 1,644 tons   |
| Aluminium ...               | ... | 1,293 tons   |
| Miscellaneous cargoes ...   | ... | 150 tons     |

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611,994 tons

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Exports decreased by 14,433 tons as compared with 1962.

|                       |     |     |     |     |             |
|-----------------------|-----|-----|-----|-----|-------------|
| Billets               | ... | ... | ... | ... | 20,528 tons |
| Ingot moulds          | ... | ... | ... | ... | 17,894 tons |
| Coal                  | ... | ... | ... | ... | 12,380 tons |
| Pig iron              | ... | ... | ... | ... | 8,506 tons  |
| Rails                 | ... | ... | ... | ... | 4,814 tons  |
| Pitch                 | ... | ... | ... | ... | 4,700 tons  |
| Soleplates            | ... | ... | ... | ... | 3,133 tons  |
| Sleepers              | ... | ... | ... | ... | 1,426 tons  |
| Tar                   | ... | ... | ... | ... | 1,299 tons  |
| Fishplates            | ... | ... | ... | ... | 677 tons    |
| Miscellaneous cargoes | ... | ... | ... | ... | 203 tons    |
|                       |     |     |     |     | 75,560 tons |
|                       |     |     |     |     | 75,560 tons |

*Ports from which Ships arrived.*

Foreign—91.

|              |     |     |     |              |     |     |     |    |
|--------------|-----|-----|-----|--------------|-----|-----|-----|----|
| France       | ... | ... | ... | Blaye        | ... | ... | ... | 1  |
|              |     |     |     | Ambiers      | ... | ... | ... | 1  |
| Germany      | ... | ... | ... | Hamburg      | ... | ... | ... | 2  |
|              |     |     |     | Bremen       | ... | ... | ... | 2  |
| Holland      | ... | ... | ... | Ymuiden      | ... | ... | ... | 2  |
| India        | ... | ... | ... | Vizagapatam  | ... | ... | ... | 1  |
| North Africa | ... | ... | ... | Bona         | ... | ... | ... | 3  |
|              |     |     |     | Casablanca   | ... | ... | ... | 3  |
|              |     |     |     | Melilla      | ... | ... | ... | 1  |
| Norway       | ... | ... | ... | Kirkenes     | ... | ... | ... | 52 |
|              |     |     |     | Kristiansund | ... | ... | ... | 1  |
|              |     |     |     | Moi-Rana     | ... | ... | ... | 10 |
|              |     |     |     | Mosjoen      | ... | ... | ... | 3  |
| Russia       | ... | ... | ... | Poti         | ... | ... | ... | 5  |
| Spain        | ... | ... | ... | Almeria      | ... | ... | ... | 1  |
|              |     |     |     | Bilbao       | ... | ... | ... | 1  |
| Sweden       | ... | ... | ... | Oxelsund     | ... | ... | ... | 1  |
| West Africa  | ... | ... | ... | Conakry      | ... | ... | ... | 1  |



## Coastwise—333.

|                        |    |                     |    |
|------------------------|----|---------------------|----|
| Ardrossan ... ..       | 3  | Greenock ... ..     | 16 |
| Avonmouth ... ..       | 1  | Heysham ... ..      | 34 |
| Ayr ... ..             | 3  | Holyhead ... ..     | 7  |
| Bangor ... ..          | 1  | Larne ... ..        | 2  |
| Barrow ... ..          | 8  | Limerick ... ..     | 1  |
| Belfast ... ..         | 22 | Liverpool ... ..    | 37 |
| Birkenhead ... ..      | 31 | Londonderry ... ..  | 7  |
| Cardiff ... ..         | 1  | Manchester ... ..   | 3  |
| Carrickfergus ... ..   | 2  | Mostyn ... ..       | 3  |
| Connah's Quay ... ..   | 9  | Newry ... ..        | 1  |
| Dingle ... ..          | 1  | Portsmouth ... ..   | 1  |
| Drogheda ... ..        | 1  | Preston ... ..      | 6  |
| Douglas ... ..         | 2  | Runcorn ... ..      | 5  |
| Dublin ... ..          | 7  | Shotton ... ..      | 1  |
| Dundalk ... ..         | 1  | Silloth ... ..      | 1  |
| Ellesmere Port ... ..  | 1  | Sligo ... ..        | 2  |
| Faslane (Clyde) ... .. | 5  | Stanlow ... ..      | 74 |
| Fort William ... ..    | 1  | Troon ... ..        | 1  |
| Garston ... ..         | 1  | Waterford ... ..    | 1  |
| Glasgow ... ..         | 4  | Weston Point ... .. | 1  |
| Glasson Dock ... ..    | 2  | Whitehaven ... ..   | 1  |
| Fishing Grounds ...    |    | 21                  |    |

## SECTION IV—INLAND BARGE TRAFFIC.

There is no inland barge traffic.

## SECTION V—WATER SUPPLY.

The Authority for supplying water is the West Cumberland Water Board, and vessels in the dock are supplied with drinking water from dockside hydrants.

The source of supply is Crummock Lake with a gathering area of some 25 square miles. Regular chemical and bacteriological examinations of samples show the water to be of a high degree of purity.

On all vessels enquiries are made as to the source of existing drinking water and the frequency of cleaning out water tanks. During the year samples of water from five vessels proved satisfactory.

## SECTION VI—PUBLIC HEALTH (SHIPS) REGULATIONS, 1952.

The arrangements for dealing with quarantinable diseases, radio messages, mooring stations and disinfection remains the same and was fully dealt with in my last report.

## SECTION VII—SMALLPOX.

The measures for dealing with smallpox are the same as outlined in my previous report.

## SECTION VIII—VENEREAL DISEASE.

Treatment for venereal diseases is readily available for seamen of all nationalities. Information cards issued to each docking ship and dock posters in suitable places direct men to the appropriate doctor in town who is employed by the Regional Hospital Board for this purpose. Despite this, one or two cases are known not to have had comprehensive treatment. In such a confidential matter it is perhaps difficult for captains and officials of the dock to realise what is needed for men who simply ask to see a doctor, but it is hoped this coming year to influence captains, who are up to a point "in loco parentis" to the crew, to interest themselves more in the subject and exert their influence to ensure that any case gets directed to the treatment centre.

During the year one case was known to have attended for treatment.

## SECTION IX—

CASES OF NOTIFIABLE AND OTHER INFECTIOUS DISEASES  
ON SHIPS.

No case was reported on any vessel entering Workington Dock during the year.

On one vessel only was sickness reported, that being an acute asthma case on a British vessel from Russia.

## SECTION X—MALARIA.

Prior to vessels reaching known mosquito infested areas regular doses of anti-malarial drugs are issued to seamen. No case was reported on ships reaching Workington as having, or having had, malaria during the voyage.



SECTION XI—MEASURES TAKEN AGAINST SHIPS  
INFECTED OR SUSPECTED FOR PLAGUE.

There has been no occasion to take action under this Section.

SECTION XII—MEASURES AGAINST RODENTS IN SHIPS FROM  
FOREIGN PORTS.

It is gratifying to report that no rats were discovered on any vessel entering the Port. The modern design of vessels, constant international vigil against rodents, and the types of cargoes (mineral) carried are factors which have achieved this satisfactory result.

During the year 21 Deratting Exemption Certificates were issued in accordance with the Public Health (Ships) Regulations, 1952, and 5 Rodent Control Certificates in accordance with the Prevention of Damage by Pests (Application to Shipping) Order, 1951.

SECTION XIII—INSPECTION OF SHIPS FOR NUISANCES.  
INSPECTIONS AND NOTICES.

| <i>Notices served.</i>                   |                           |                       |   |  |
|--|---------------------------|-----------------------|---|--|
| <i>Nature and Number of Inspections.</i> | <i>Statutory Notices.</i> | <i>Other Notices.</i> | <i>Result of serving Notices.</i>                       |  |
| British 329                              | Nil                       | 11                    | 1 vessel attention next port.<br>Remainder carried out. |  |
| Foreign 132                              | Nil                       | 4                     | 1 vessel attention next port.<br>Remainder carried out. |  |
| 461                                      | Nil                       | 15                    |   |  |

The 15 notices cover the following defects, nuisances or other conditions prejudicial to health:—

|  | <i>British.</i> | <i>Other Nationalities.</i> |
|--|-----------------|-----------------------------|
| Insufficient ventilation .....           | 2               | —                           |
| Leaking steampipe .....                  | 1               | —                           |
| Leaking deck (above accommodation) ..... | 1               | —                           |
| Defective food lockers .....             | 2               | —                           |
| Defective showers .....                  | 2               | 1 Norwegian                 |
| Dirty provision storerooms .....         | 3               | 2 Norwegian                 |
| Dirty galleys .....                      | 2               | 1 Danish                    |
| Dirty or choked waterclosets .....       | 3               | 2 Norwegian                 |
| Broken W.C. basins .....                 | 2               | 1 Norwegian                 |
| Defective flushing cisterns .....        | 4               | —                           |
| Choked scuppers .....                    | 3               | 1 French                    |
|  | 25              | 8                           |

The number of vessels that entered the Port during 1963 was 424 as compared with 416 in the previous year.

| <i>Year.</i> | <i>Number.</i> | <i>Total<br/>Net Tonnage.</i> | <i>Total<br/>Cargo<br/>Tonnage.</i> |
|--------------|----------------|-------------------------------|-------------------------------------|
| 1954         | 504            | 391,962                       | 714,715                             |
| 1955         | 578            | 355,141                       | 699,550                             |
| 1956         | 540            | 351,731                       | 730,957                             |
| 1957         | 608            | 377,009                       | 750,901                             |
| 1958         | 503            | 313,097                       | 585,922                             |
| 1959         | 418            | 303,251                       | 685,774                             |
| 1960         | 544            | 475,216                       | 1,046,696                           |
| 1961         | 464            | 288,194                       | 588,909                             |
| 1962         | 416            | 267,802                       | 667,936                             |
| 1963         | 424            | 274,154                       | 611,994                             |

The numbers by nationalities of the vessels entering the Port were as follows:—

| <i>Nationality</i> | <i>No. of Ships.</i> |
|--------------------|----------------------|
| British ... ..     | 302                  |
| Norwegian ... ..   | 62                   |
| Dutch ... ..       | 35                   |
| German ... ..      | 13                   |
| Danish ... ..      | 6                    |
| French ... ..      | 4                    |
| Panamanian ... ..  | 1                    |
| Spanish ... ..     | 1                    |
|                    | —                    |
|                    | 424                  |
|                    | —                    |



SECTION XIV—PUBLIC HEALTH (SHELL-FISH)  
REGULATIONS, 1934 AND 1948.

There are no shell-fish beds or layings within the jurisdiction of the Authority.

SECTION XV—MEDICAL INSPECTION OF ALIENS.  
The Port is not approved for the landing of Aliens.

SECTION XVI—MISCELLANEOUS.

Special attention has again been given to the condition of the foreshore under the jurisdiction of the Authority, especially from the pollution aspect—sewer outfalls and discharges from collieries, steelworks and chemical works. Certain remedial measures have been carried out. The carcasses of 2 dogs, 3 sheep and 1 calf were also removed from the foreshore.

The various Regulations have continued to work smoothly and there has been no prosecution during the year.

I record my appreciation to Mr. J. Z. Bridgewater, Secretary and Manager to the Workington Harbour and Dock Company Limited, and his Staff, and to the Officers of H.M. Customs for their co-operation and assistance rendered during the year to your Port Health Inspectors and myself. To the Staff of the Port Health Authority I also tender my thanks.

I am,

Mr. Chairman and Members,

Your obedient servant,

JAMES L. HUNTER, M.B., Ch.B., D.P.H.,

Port Medical Officer.







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