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# Annual Report

OF THE

# Medical Officer of Health

TO THE

## URBAN DISTRICT COUNCIL

OF

## WELLINGBOROUGH,

for the year 1909.

WELLINGBOROUGH:
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# Annual Report

for the year 1909.

The Chairman and Councillors of the Wellingborough Urban District Council.

Gentlemen,

I beg to forward you my Report for the year 1909, to the Urban Sanitary District Council of Wellingborough.

The number of inhabited houses in 1909 was 4,723, and 29 new houses were erected and occupied during the year. If we allow  $4\frac{1}{2}$  persons to each house (as it was at the Census in 1901), this gives us a population of 21,253, but as there were 200 unoccupied houses in June last, I have based the average rate on the same population as last year, viz: 21,000.

The registered number of Births was 432 in 1909, viz: Boys 209, Girls, 223. Of this number, 21 were illegitimate, giving a birth rate of 20.5, an increase on last year, and there were more girls born than boys.

The registered number of Deaths during the year was 237 at all ages, giving a death rate of 11.2. There were 29 deaths of non-residents, and these deducted from the above gives a death rate of 9.9. Three deaths of residents were reported as occurring beyond the district, and these being added, makes a death rate of 10.0. There were 42 deaths in the Workhouse Infirmary and 6 in the Cottage Hospital, but none in the Isolation Infectious Hospital. Of these deaths, 34 were in children under one year of age, and 97 were in persons over 65 years of age, 7 were accidents and 2 suicides, leaving 97 deaths which might be attributable to the conditions prevailing in the town, and one death occurred in the Notifiable Infectious Diseases cases. There was a decided decrease in the deaths of children under one year of age, viz: 34. Of these 10 deaths were from premature The death rate of children under one year per 1,000 births registered was 78.7, the lowest (with one exception) during the last 20 years (see Table V.). Details of the cause of Death and the ages at which they occurred will be found in Table IV. The greatest number of deaths occurred in the months of February and May, and the fewest in the months of July and August. There was one death from Whooping Cough in December. It was very prevalent in the Spring.

The number of Infectious Diseases notified during the year was 171. Of these 21 were Erysipelas. There was only one fatal case in the month of November, viz: Diphtheria. There were 143 cases of Scarlet Fever notified, the greater number being in the early part of the year. The epidemic began during the last three months of the year 1908 and continued through 1909. During January there were 31 cases notified, in February 38, March 25, April 9, and May 9. Then a smaller number each month to the end of the year, as in December only one was notified. 61 cases were moved to the Isolation Hospital during the year, and all when possible. Those not moveable were properly isolated and treated at home successfully. Disinfection and purification of rooms, bedding and clothes, was carefully carried out by the Sanitary Inspector. As the epidemic was very prevalent in every district the chief cause was importation, then school infection and contagion. The cases were not confined to one locality or school, but distributed. 98 cases occurred in children from 5 to 15 years of age, 27 in children from 1 to 5 years of age, 17 in persons 15 to 25 years of age, and one was over 25 and under 65 years of age. School children have been reported on to the Sanitary Authority by the School Attendance Medical Officer from the County Council, at Northampton, and these cases have been examined and seen by myself, and, when necessary, referred to their own Club Medical men for treatment.

There were three cases of Typhoid Fever or Enteric notified, all were imported, isolated, and treated successfully at home.

There were 18 deaths from Phthisis (one less than last year), the greatest number being in persons from 25 to 65 years of age, and one over 65 years. Ten cases of Phthisis were notified, viz: 8 in the Workhouse Infirmary and 2 paupers in Urban Union District, the other cases were visited, disinfectants supplied, and advice given to prevent infection and aid the patient. The houses were also disinfected.

The number of deaths from Bronchitis was about the same as last year, viz: 18, chiefly in persons over 70 years of age.

There were five deaths from Measles, four under 5 years of age and one under 15. One death occurred in August and two in November from complications. The posting of notices throughout the town had, I believe, a beneficial effect as a caution and advice as to treatment of cases.

The number of deaths from Pneumonia in 1909 was 14, and in 1908, 13.

There were 18 deaths from Cancer, an increase on last year's return. Eleven were in persons over 65 years of age and seven in persons between 25 and 65 years of age.

There was a slight decrease on last year of Heart Disease, chiefly in persons between 25 and 65 years of age

There were twenty-five deaths registered of Senile Decay, and several more were in non-residents.

The Drainage and Sewerage of the town continues in good and satisfactory order. The latter is pumped up from a low level below the town to the high level 2 or 3 miles distant to the Irrigation Farm, from which the purified effluent runs into the river Nene.

The Isolation Hospital has been very beneficial for the isolation and treatment of Scarlet Fever cases during the epedemic. The increased number of beds has been useful, and the nursing staff increased helped very much as long as was necessary,

The epédemic declined during the last months of the year. At the Isolation Hospital, for the convalescent patients, chiefly children, the Urban Council have made a lawn close to the Hospital for excercise and play.

The Smallpox Hospital is a mile from the town, in an isolated position, and is kept ready for use and commodious with a permanent resident caretaker, but there has not been a case for a long period.

The town water supply is plentiful and continues sound and pure. The softening and filtering process is very beneficial. The water is procured from the limestone and ironstone wells about 2 or 3 miles from the town.

The disinfection of houses and schools has been regularly and thoroughly carried out during the epidemics of Scarlet Fever and Measles, also of Mumps.

The Slaughter Houses have been regularly and carefully inspected, and any defects found, want of limewashing and cleansing, &c., have been properly remedied.

The inspection of meat in the district is carried out by the Sanitary Inspector, who possesses the Special Certificate of the Royal Sanitary Institute, London, in meat inspection.

There are twenty-four Slaughter Houses in the district, and these are visited regularly at times of slaughtering.

No tuberculous meat has been found during the foregoing inspections.

The Dairies, Cowsheds and Milkshops have been regularly inspected, and all defects found have been remedied. Proper milk cans with lids have been ordered for purity and cleanliness.

The Lodging Houses have been frequently inspected and found satisfactory after improvements ordered, and all are registered.

I have also with the Sanitary Inspector inspected all uninhabitable old houses, and when not habitable have recommended them to be removed after proper information given to the Urban Council.

The house refuse is always carefully and periodically collected and removed from every district and carted to a suitable yard for destruction and incineration.

From regular and systematic inspections of the Urban District all defects found as regards drainage, filth accumulations, animals, pigs, &c., kept to be a nuisance, have been reported on and remedied.

Overcrowding has been abated in several instances in dwellinghouses, proper water supplies have been ordered, and defective closets to houses have been remedied.

The offensive trades have been carefully inspected and found to be kept satisfactorily.

There has been 2qrs. 21hs. of meat and 5hs. of fruit destroyed, the same being unfit for human food.

The Notification of Births Act has been adopted, and now, after instructions again given to the public, it has been better attended to. A Lady Health Visitor does not reside in the town, nor in the district now, but I believe it is advantageous to have one, for I have always found that her services have been valued by some mothers in the working class.

The requirements of the Factories and Workshops Act of 1901 have been attended to and enforced. Notices have been served and improvements, &c., have been carried out. There were 187 Inspections of Factories and Workshops made, Laundries and Workplaces, and 80 infringements found, including 14 instances of failure to affix Abstract of Factory and Workshops Act which has been forwarded to H.M. Inspector of Factories, the other infringements have been remedied by the various owners. There were 225 outworkers on the register, 17 of which have been forwarded to other Councils; 113 inspections of outworker's premises have been made and all found in a satisfactory condition.

Bakehouses have been inspected and 20 infringements found, 18 want of limewashing, 1 ceiling insanitary, 1 failure to affix Abstract of Factory and Workshop Act, all of which have been remedied by the owners. There were 2 underground bakehouses. The workshops have been cleaned and limewashed and overcrowding abated, sanitary accommodation provided or improved.

The improvements by widening the streets in the centre of the town, the new Post Office and shops are a great benefit to the public.

In my monthly reports to the Sanitary Committee of the Urban District Council I have been able to give a satisfactory report of the health and good sanitary condition of the Urban District all the year. I beg to thank Mr. Hall, the Sanitary Inspector, for his great help in all matters.

I am, Sir, Yours obediently,

WM. WAKE CLARK, M.D., M.R.C.S., &c.,

Medical Officer of Health,

Urban District Council, Wellingborough.

Vital Statistics of Whole District during 1909 and previous years. Table I.

																_,
NETT DEATHS AT ALL AGES belonging to the	District.	Rate.	13		12:1	12.3	11:1	10-7	11.1	10-1	10.8	8.6	10.8		10-0	
NETT DE	Dist	Number.	12		243	230	216	213	225	207	226	205	823		211	
Deaths of Residents	in Public Institu-	tions beyond the District.	111												60	
Deaths of Non-	registered in Public	Institu- tions in the District.	10		13	9	ŭ	19	25	18	12	12	30		23	
TOTAL	PUBLIC	INSTITU- TIONS IN THE DISTRICT	6		88	98	88	42	75	88	44	41	33		48	-
ED IN	At all Ages.	Rate.*	œ	14.3	14-1	12.8	11.4	11.6	12-3	10-9	11.4	10-4	12-2	12:1	11.2	-
REGISTER!		Number.	7	265	256	236	221	232	250	225	238	217	258	2308	237	1
TOTAL DEATHS REGISTERED IN THE DISTRICT.	Year of Age	Rate per 1,000 Births registered	9	155-02	116.50	1111-5	127.8	8-26	127-8	117-1	109.8	74-9	103.8	114-1	7-87	
TOTA	Under 1	Number.	5	73	58	99	98	90	19	54	48	29	43	531	34	
rhs.		Rate.*	4	25.8	27	28.7	22.5	25.7	23.8	22.5	21.0	18.5	19.7	23.5	20.5	to de de
BIRTHS.		Number.	3	458	489	529	438	511	482	461	437	387	414	4606	482	4 10-4
Population	estimated	Middle of each Year.	7	17,740	18,074	18,412	19,400	19,872	20,180	20,480	20,780	20,810	21,000	196,748	21,000	
	VEAR		-	1899	1900	1001	1902	1903	1904	1905	1906	1907	1908	Averages for years 1899-1908	1909	

\* Rates in Columns 4 and 8 calculated per 1,000 of estimated gross population.

Total Domination at all ages 18 419

Area of District in acres (exclusive of area covered by water).

Total Population at all ages—18,412.

Number of inhabited houses—4,694.

Average number of persons per house—4.5.

At Census of 1901.

I.  Institutions within the District receiving sick and infirm persons from outside the District.	II.  Institutions outside the District receiving sick and infirm persons from the District.	III.  Other Institutions, the deaths in which have been distributed among the several localities in the District.

Table II. Vital Statistics of Separate Localities in 1909 and previous years.

	Deaths under 1 year.	d.		-										
	Deaths at all ages	3												
7.	Births registered.	6.												
	Population esti- mated to middle of each year.	a.												
	Deaths under 1 year.	ď.												
	Deaths at all ages								1					
é	Births registered.	9.												
	Population esti- mated to middle of each year.	a.						1						
	Deaths under 1 year.	d.												
	Deaths at all ages													
16	Births registered.	6.												
	Population esti- mated to middle of each year.	a.							No.		-			
	Deaths under 1 year.	d.												
	Deaths at all ages													
+	Births registered.	6.												
	Population esti- mated to middle of each year.	a.												
	Deaths under 1 year.	d.												
	Deaths at all ages	:												
ಣೆ	Births registered.	9.												
	Population esti- mated to middle of each year.	a.		9,000										
	Deaths under 1 year.	d.												
	Deaths at all ages													
64	Births registered.	6.												
	Population esti- mated to middle of each year.	a.												
	Deaths under I year.	d.	73	28	29	99	20	19	54	48	20	43	531	34
	Deaths at all ages	6.	265	256	236	221	232	250	225	238	217	258	2398	237
-1	Births registered.	ъ.	458	489	529	438	511	482	461	437	387	414	4606	432
	Population esti- mated to middle of each year.	a.	17,740	18,074	18,412	19,400	19,872	20,180	20,480	20,780	20,810	21,000	196,748	21,000
Names of Localities.	YEAR.		1899	1900	1001	1902	1908	1904	1905	1906	1907	1908	Averages of Years 1899 to 1908	1909

Cases of Infectious Disease notified during the Year 1909. Table III.

		s o								1-11-11					1
TAL	00	Total cases removed to Hospital.													١
IOSPI		Total remo Hos													١
No. of Cases removed to Hospital From each Locality.	1														1
VED	9														
REMC	2														
VSES TOM F	4														
PF CI	63														
No. o	01														
	-														
z	7														
IED I	9														
OTIF	S														1
ES N Loca	4														-
TOTAL CASES NOTIFIED IN EACH LOCALITY.	60														-
OTAL	61														ı
T	н														_
я,		65 and upwards				9								9	
иног	ars.	.50 of 52				13	-		-					15	1
CASES NOTIFIED IN WHOLE DISTRICT.	At Ages-Years.	.62 or 81			14		17							17	
OTIFIED IN	Ages	.dI of d			00	1	88		6.1					104	1
NOT	At.	I to 5.			Н		27							88	1
ASES		Under 1				1								-	4
0	·sə	At all ago			4	21	143		ಣ					171	_
	SE.		-	:	ling (dno		:		-			-	-	:	
Male 1	DISEA				ncluc is cre					ver	ver	Jer	-	57	
	NOTIFIABLE DISEASE.	1	: ×	:	Diphtheria (including)	as	ever	Typhus fever	Enteric fever	Relapsing fever.	Continued fever	Puerperal fever	-	Totals	
	IFIAE		Small-pox	Cholera	hther	Erysipelas	Scarlet fever	hus	eric 1	apsin	tinue	rpera	Plague		
	Nor		Sma	Cho	Dipl	Ery	Scal	Typ	Ent	Reli	Con	Pue	Plag		
									_						_

Total available beds. 23 Number of Diseases that can be concurrently treated, one.

### Table IV.

### Causes of, and Ages at, Death during Year 1909.

(See notes on next page.)

	"Re	eaths siden or l	at the	wheth	er oc	currin	of ng in	1000	ths a belo hethe	ongin r occu	g to I	ocali in or	ties.		Total Deaths whether of Residents
Causes of Death.	All ages.	Under 1 year.	1 and under 5.	5 and under 15.	15 and under 25.	25 and under 65.	65 and upwards.								or non- Residents in Public Institutions in the District.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
mall-pox	5	2	2	1											
Membranous croup) roup  Typhus Enteric Other continued pidemic influenza	1			1											
lague	1 4	1 4													
hthisis (Pulmonary Tuberculosis) Other tuberculous diseases ancer, malignant di-	18 2			2	5	12	1								5
on next page) ronchitis neumonia leurisy ther diseases of Respiratory organs	17	1 2	4			7 4 3	11 12 5								5 3 2
enereal diseases remature birth iseases and accidents of parturition eart diseases ccidents uicides	10 2 21 7 2 4	10	1	2	1	2 15 1 2	4 3								3 1
Vant of breast milk leningitis enile decay	4 4 25 51	5	3 4	3	1	21	25 17								2 11 16
All causes	211	34	15	9	8	67	78								48

### Notes to Tables IV. and V.

- (a) In Table IV., all deaths of "Residents" occurring in public institutions, whether within or without the district, are to be included with the other deaths in the columns for the several age groups (columns 2-8). They are also, in columns 9-15, to be included among the deaths in their respective "Localities" according to the previous addresses of the deceased as given by the Registrars. Deaths of "Non-residents" occurring in public institutions in the district are in like manner to be excluded from columns 2-8 and 9-15 of Table IV.
- (b) See notes on Table I. as to the meaning of "Residents" and "Non-residents," and as to the "Public Institutions" to be taken into account for the purposes of these Tables. The "Localities" in Table IV. should be the same as those in Tables II. and III.
- (c) All deaths occurring in public institutions situated within the district, whether of "Residents" or of "Non-residents," are, in addition to being dealt with as in note (a), to be entered in the last column of Table IV. The total number in this column should equal the figures for the year in column 9, Table I.
- (d) The total deaths in the several "Localities" in columns 9-15 of Table IV. should equal those for the year in the same localities in Table II., subcolumns c. The total deaths at all ages in column 2 of Table IV. should equal the gross total of columns 9-15, and the figures for the year in column 12 of Table I.
- (e) Under the heading of "Diarrhœa" are to be included deaths registered as due to Epidemic diarrhœa, Epidemic enteritis, Infective enteritis, Zymotic enteritis, Summer diarrhœa, Dysentery and Dysenteric diarrhœa, Choleraic diarrhœa, Cholera (other than Asiatic or epidemic), and Cholera Nostras.
  - Deaths from diarrhœa secondary to some other well-defined disease should be included under the latter.
  - Deaths from Enteritis, Muco-Enteritis, Gastro-Enteritis, and Gastritis (see under the heading Diarrhœal Diseases in Table V.) in Tables IV. and V. should be placed immediately below, but separately from, those enumerated under the heading Diarrhœa as defined by enumeration above. This is particularly important for deaths under one year of age, as many of the deaths in infancy returned as due to Enteritis are really caused by Epidemic Diarrhœa. In the course of years, by the adoption of this recommendation, it will be practicable to ascertain the probable amount of transfer between these different headings.
- (f) Under the headings of "Cancer" and "Puerperal fever" should be included all registered deaths from causes comprised within these general terms. Thus: Under "Cancer" should be included deaths from Cancer, Carcinoma, Malignant disease, Scirrhus, Epithelioma, Sarcoma, Villous tumour, and Papilloma of bladder, Rodent ulcer. Under "Puerperal fever" are to be included deaths from Pyæmia, Septicæmia, Sapræmia, Pelvic peritonitis, Peri- and Endo-Metritis occurring in the Puerperium.
- (g) Under "Congenital Defects" in Table V. are to be included deaths from Atelectasis, Icterus neonatorum, Naval hæmorrhage, Malformations and Congenital hydrocephalus.
- (h) Under "Tuberculous Meningitis" are to be included deaths from Acute hydrocephalus.
- (i) Under "Other Tuberculous Diseases" are to be included deaths from Tuberculosis, Tuberculosis of bones, joints and other organs, Lupus and Scrofula.
- (j) All deaths certified by registered Medical Practitioners and all Inquest cases are to be classed as "Certified"; all other deaths are to be regarded as "Uncertified."

In recording the facts under the various headings of Tables I., II., III., IV. and V., attention has been given to the notes on the Tables.

WM. W. CLARK, M.D., &c., Medical Officer of Health.

Table V. Infantile Mortality during the year 1909. DEATHS FROM STATED CAUSES IN WEEKS AND MONTHS UNDER ONE YEAR OF AGE.

	CAUSE OF DEATH.	Under 1 Week	1-2 Weeks	2-3 Weeks	3-4 Weeks	Total under 1 Month	1-2 Months	2-3 Months	3-4 Months	4-5 Months	5-6 Months	6-7 Months	7-8 Months	8-9 Months	9-10 Months	10-11 Months	11-12 Months	Total Death under One Year.
Causes.	Certified					-	4-											
Diseases.	(Small-pox						1					1						2
Diseases.	Diarrhœa, all forms Enteritis, Muco-enter- itis, Gastro-enteritis dastritis, Gastro- intestinal Catarrh (See Notes to Table IV.)					2 00000	-			2	1			1		1		4
Diseases.	Premature Birth	8 2	1 1	1	1 1	9 2 2 4	1 1		1									10 3
Discases.	Tuberculous Meningitis (See Notes to Table IV.) Tuberculous Peritonitis: Tabes Mesenterica Other Tuberculous Diseases (See Notes to Table IV.)					and and and		1										1
V. Uluer concess.	(Erysipelas Syphilis Rickets Meningitis (not Tuberculous) Convulsions Bronchitis Laryngitis Pneumonia Suffocation, overlying Other causes	1				1					2	1						1 2 1 1
		12	2	2	2	18	4	1	1	2	3	3		1		1		34

Births in the year { illegitimate 400.

of 1909-21,000.

Deaths from all Causes at all ages-237.

# FACTORIES, WORKSHOPS, WORKPLACES and HOMEWORK. 1.-INSPECTION.

Including Inspections made by Sanitary Inspectors or Inspectors of Nuisances.

		Number of	
Premises. (1)	Inspections.	Written Notices.	Prosecutions (4)
Factories	76	6	
Workshops	111	9	
Workplaces (Other than Outworkers' premises included in Part 3 of this Report.)			
Total	187	15	

### 2.- DEFECTS FOUND.

	Nu	mber of Def	ects.	Number
Particulars.	Found.	Remedied	Referred to H.M. Inspector.	of Prosecu- tions.
14/	- 17	1 3/		
Nuisances under the Public Health Acts:—*  Want of cleanliness	18	18		
Want of ventilation	1	,		
Overcrowding	1	1		
Other nuisances	7	7		
( insufficient	2	2		
Sanitary unsuitable or defective	37	36		
not separate for sexes	1	1		
Offences under the Factory and Workshop Act:—  Illegal occupation of underground bake- house (s. 101)				
Breach of special sanitary requirements for bakehouses (ss. 97 to 100)  Other offences (Excluding offences relating to outwork which are included in Part 3 of this Report.)	19	19		
ACPOINT)				
Total	85	84		

<sup>\*</sup> Including those specified in sections 2, 3, 7 and 8, of the Factory and Workshop Act as remediable under the Public Health Acts.

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(0)
10

						15	712
IN SMISES, 9, 110.		Prose-	cutions (Sections	109, 110).	(61)		
OUTWORK IN INFECTED PREMISES, SECTIONS 109, 110.		Ondore	made		(81)		
INFECT			Instances		(12)		
IN PREM- N 108.			Prose- cutions.		(91)		
UNWHOLESOME PREM- ISES, SECTION 108.			Notices served.		(13)		
UNWHO ISES,			premises Instances		(14)		
	-EP-	spections of Out-	premises		(13)	113	113
	Prosecutions.		Failing	lists.	(12)		
	Prosec	Failing to	keep or permit	inspect- ion of lists.	(11)		
.701	to to to	ss ss region list	es se ipier icpir epir ding	Notice Occu ke	(IO)		
SECTION	Addresses of		14	other Councils.	(6)	. 1	17
OUTWORKERS' LISTS, SECTION	Addre		Received	other Councils.	(8)	9	9
ORKERS	yers.	ing ne year.	Outworkers.	Work- men.	(4)		
OUTW	Lists received from Employers.	Sending once in the year.	Outv	Lists Con- trac- tors.	(2) (9)		
	ed fro	ır.	ž			20 10	225
	is receive	Sending twice in the year.	Outworkers.	Con- trac- tors.	(3) (4)	200	23
	Lis	Se wice i	0	Lists C	(2)	3 21	53
		NATURE OF WORK.		TI.	(1)	Wearing Apparel— (1) making, &c. — 4 (2) cleaning & washing Lace, lace curtains & nets Artificial flowers — Nets, other than wire nets Tents — Sacks Furniture & upholstery Fur pulling — Heather sorting — Duttons, &c. Of Duttons, &c. Of Daper bags and boxes Basket making — Basket making — Basket making — Basket making — Cables and chains — Cables and chains — Cables and chains — Locks, latches & keys — Locks	Total 4

### 4.- REGISTERED WORKSHOPS.

Workshops on the	Register (s. 131) at the end of the year.	Number.
Important classes of workshops, such as workshop bakehouses may be enumerated here.	180 Register being Revised.  mber of workshops on Register	

### 5.-OTHER MATTERS.

Class.	Number.
Matters notified to H.M. Inspector of Factories:—  Failure to affix Abstract of the Factory & Workshop Act (s. 133)	15
Action taken in matters referred by H.M. Inspector H.M. Inspector as remediable under the Public Health Acts, but not under the Factory and Workshop Act (s. 5)  Reports (of action taken) sent to H.M. Inspector.	7
Other	
Certificates granted during the year	
In use at the end of the year	2

WM. W. CLARK, M.D.,

Medical Officer of Health.