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

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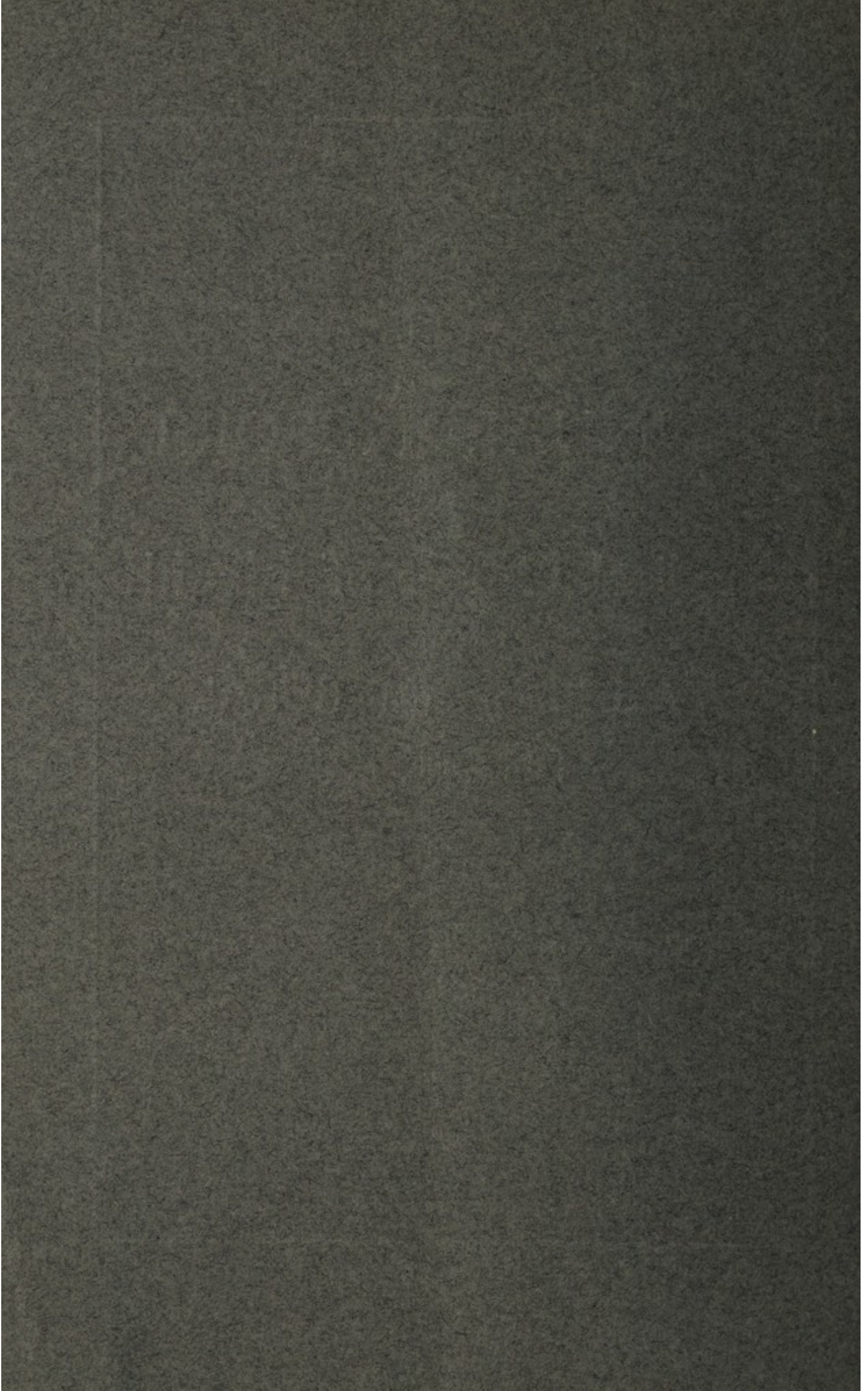
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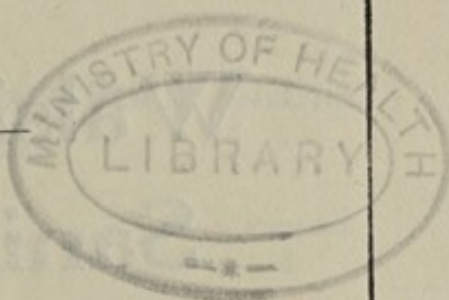
THE
ANNUAL REPORT
OF THE
Medical Officer of Health
FOR THE
WALSINGHAM RURAL
DISTRICT.

——
*Read at a Council Meeting held on
May 26th, 1926.*
——

Miller, Son & Compy.,
Printers,
Fakenham and London.



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Walsingham Rural Sanitary District.

VITAL STATISTICS FOR YEAR 1925.

Area of Rural Sanitary District	73,837 acres.
Population (1921 Census)	16,214

Births.

			Males.		Females.		Total.
Legitimate	127	...	130	...	257
Illegitimate	7	...	7	...	14
							<hr/> 271 <hr/>

Birth-rate = 16·6 per 1,000 of the population.

Increase of Births over Deaths = 76.

Deaths.

Males.		Females.		Total.
96	...	99	...	195

Death-rate = 11·8 per 1,000 of the population.

England and Wales :	{	Birth-rate	...	18·3 per 1,000.
Rate for 1925 :	{	Death-rate	...	12·2 per 1,000.

Causes of Death in the Walsingham Rural District during the Year 1925.

Causes of Death.								Males.	Females.
Influenza	8	6
Tuberculosis of Respiratory System	5	2
Other Tuberculous Diseases	—	1
Cancer, Malignant Disease..	11	17
Rheumatic Fever	1	—
Diabetes	2	1
Cerebral Hæmorrhage, &c...	6	7
Heart Disease	11	15
Arterio-sclerosis	11	4
Bronchitis	5	1
Pneumonia (all forms)	2	1
Ulcer of Stomach or Duodenum	1	2
Appendicitis and Typhlitis..	3	—
Cirrhosis of liver	—	1
Acute and Chronic Nephritis	1	3
Congenital Debility and Malformation, Premature Birth								5	1
Suicide	1	1
Other deaths from Violence	1	3
Other Defined Diseases	22	33
All causes								96	99
Deaths of Infants under 1 year of age								7	1
„ „ Illegitimate	1	—
Births—Legitimate								127	130
„ Illegitimate	7	7
Total Births								134	137
Population								16,290.	

Vital Statistics of Whole District during 1925 and Previous Years.

YEAR.	Population estimated to Middle of each Year.	BIRTHS.		TOTAL DEATHS.		Under 1 Year of Age.	
		Number.	Rate.*	Number.	Rate.*	Number.	Rate per 1,000 Nett Births.
1	2	3	4	5	6	7	8
1903.	17,117	403	23.5	195	11.3	28	69
1904.	17,117	431	25.1	222	12.8	50	116
1905.	17,117	411	24	221	12.9	35	85
1906.	17,307	397	23.1	204	11.8	35	88
1907.	17,500	387	22.1	222	12.6	46	119
1908.	17,500	361	20.6	208	11.8	31	87.9
1909.	17,500	360	20.6	232	13.2	27	75
1910.	17,500	341	19.1	219	12.5	25	73
1911.	17,248	356	20.5	240	13.3	28	78
1912.	17,248	326	18.9	216	12.5	25	79
1913.	17,248	362	20.6	200	11.5	20	55
1914.	17,248	315	18.6	233	13.5	25	79
1915.	16,660	306	18.1	227	13.4	26	84.9
1916.	17,355	327	18.7	200	12.5	20	61.5
1917.	16,497	223	13.6	211	13.6	18	80.7
1918.	16,552	290	17.5	237	16.09	17	62
1919.	16,266	237	14.5	220	14.09	20	84
1920.	16,237	372	22.9	186	11.5	28	75
1921.	16,190	342	21.1	192	11.2	17	46.8
1922.	16,190	313	19.3	228	14.08	9	28.7
1923.	16,250	283	17.4	160	9.8	16	56
1924.	16,350	290	18.8	198	12.2	14	48
1925.	16,290	271	16.6	195	11.8	8	29.4

* Rates in Columns 4 and 6 calculated per 1,000 of estimated population.

Area of District in acres (exclusive of area covered by water), 73,837.

At Census of 1921 { Total Population at all Ages, 16,214. Number of Inhabited Houses, 4,070.
Average Number of Persons per House, 4.

Cases of Infectious Disease notified during the Year 1925.

NOTIFIABLE DISEASE.	CASES NOTIFIED IN WHOLE DISTRICT.						
	At all Ages.	At Ages—Years.					
		1 to 5.	5 to 15.	15 to 25.	25 to 4	45 to 65.	65 and upwards.
Diphtheria ...	3	1	—	1	—	—	
Scarlet Fever ...	26	2	2	—	—	—	
Tuberculosis ...	20	1	6	4	3	—	
Typhoid Fever ...	1	—	—	1	—	—	
Pneumonia ...	13	—	4	4	3	2	
Poliomyelitis ...	—	—	—	—	—	—	
Ophthalmia Neonatorum	—	—	—	—	—	—	
Erysipelas ...	1	—	—	—	1	—	
Encephalitis Lethargica	1	1	—	—	—	—	
Puerperal Fever ...	2	—	—	2	—	—	
Totals ...	67	5	29	12	7	2	



INFECTIOUS DISEASES, 1925.

PARISH.				Diphtheria.	Scarlet Fever.	Tuberculosis.	Pneumonia.	Typhoid Fever.	Erysipelas.	Puerperal Fever.	Encephalitis Lethargica.
Barney	—	—	—	1	—	—	—	—
Fakenham	—	4	8	2	1	—	1	—
Egmere	—	—	—	1	—	—	—	—
Helhoughton	—	2	—	—	—	—	—	—
Hempton	—	3	—	—	—	—	—	—
Hindringham	—	—	—	1	—	—	—	—
Kettlestone	—	—	—	1	—	—	—	—
Langham	—	—	1	—	—	—	—	—
Melton Constable	—	—	2	—	—	1	—	—
Raynham, East	—	1	—	1	—	—	—	—
„ West	—	—	2	—	—	—	—	—
Ryburgh, Great	—	—	—	1	—	—	1	—
Stibbard	—	—	—	1	—	—	—	—
Sculthorpe	—	—	1	2	—	—	—	—
Sharrington	—	—	1	—	—	—	—	—
Stiffkey	—	1	2	—	—	—	—	—
Tattersett	—	—	—	—	—	—	—	1
Toftrees	—	—	—	1	—	—	—	—
Walsingham, New	—	7	1	—	—	—	—	—
„ Old	—	8	2	—	—	—	—	—
Warham	2	—	—	1	—	—	—	—
Wiveton	1	—	—	—	—	—	—	—
Totals	3	26	20	13	1	1	2	1

Total cases of Infectious Diseases—67.

Disinfection carried out at 40 houses.

REPORT.

NATURAL AND SOCIAL CONDITIONS OF THE DISTRICT.

In accordance with instructions from the Ministry of Health, this year's report is to be in the nature of a survey report of the past five years.

The subjects to be dealt with accordingly fall under the following main heads :—

- (a) Natural and Social Conditions of the Area.
- (b) General Provision of Health Services.
- (c) Sanitary Circumstances.
- (d) Housing.
- (e) Inspection and Supervision of Food.
- (f) Prevalence of and Control over Infectious Diseases.
- (g) Maternity and Child Welfare.

(a) POPULATION CENSUS, 1921, 16,214.

SEPARATE DWELLINGS, 4,070.

The Walsingham Rural District comprises an area of 73,837 acres, situated in North-West Norfolk, essentially an agricultural district; the major portion being highly-farmed arable land; the population is fairly evenly divided over the area, the largest town, Fakenham, having a population of about 3,000; there are few factories existing, Melton Constable Railway Works, Miller, Son & Co., Printers, Fakenham, the Farmers' Foundry, Great Ryburgh, Cornish's Norfolk Iron Works, Walsingham, being the only works employing forty people, and coming under the Factory Act of 1901.

Amount of Poor Law Relief for 1925, £3,931.

I again have to report a year of good health, with about the same incidence of infectious disease. An average death rate of 11·8, and again I must comment on the fact that there were 6 deaths over 90, 37 between 80 and 90, and 50 between 70 and 80. Equalling 93 deaths over 70 in a total number of 195.

Birth Rate, 16·6, the lowest since 1919.

Infantile Mortality, 29·4 per 1,000 births, which may be regarded as extremely satisfactory, the rate for England and Wales being 75.

Rainfall for 1925, 23·69 in.

(b) GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

No Hospitals are provided or subsidized by the Local Authority.

No Institutional provision for unmarried mothers.

Ambulance Facilities.

(a) For Infectious cases, *nil*.

(b) In Non-Infectious cases and accidents, there is now a motor ambulance stationed at Fakenham at the instance of the Red Cross Society, for the use of the district. A charge of 6d. a mile is made and there is a fund raised locally for helping necessitous cases and running expenses of car.

List of Adoptive Acts in force.

<i>Byelaws for</i>	<i>Adopted for</i>	<i>Date of Adoption</i>
Byelaws for Nuisances	4 Parishes	1908
Byelaws for Tents, Vans and Sheds	Whole District	1908
Byelaws for New Buildings	Whole District	1908
	Amended	1924
Slaughter-houses	Whole District	1925

Clinics and Treatment Centres.

There is at present only one Maternity and Child Welfare

Centre, namely, at Walsingham. School Clinics are held at the various Council Schools by the School Medical Officers.

Public Health Officers of the Local Authority.

(1) Part-time Medical Officer of Health.

(2) One Building Surveyor and Sanitary Inspector combined.

(3) One Assistant Sanitary Inspector.

The Inspector has the special certificate for inspection of meat and other foods.

Professional Nursing in the Home.

(a) General.

There are 10 district nurses, and the area is covered by these with the exception of the Ryburgh and Raynham Districts.

The work of these nurses is carried out under the supervision of local committees who raise the necessary funds by voluntary subscriptions, members, and payment for services rendered, the Board of Guardians helping with an annual subscription to each Committee.

The nurses attended 71 confinements in the year.

(b) For infectious diseases, *nil*.

Midwives.

There is only one midwife who is qualified to practise without the C.M.B.

Chemical Work.

A large number of water analyses are made during the year by the Sanitary Inspector. In doubtful cases a sample is sent to the County Analyst.

TUBERCULOSIS.

New Cases and Mortality during 1925.

Particulars of new cases of tuberculosis and of death from the disease in the area during 1925 :—

Age Periods.	New Cases.†				Deaths.			
	Pulmonary.		Non-Pulmonary.		Pulmonary.		Non-Pulmonary.	
	M.	F.	M.	F.	M.	F.	M.	F.
0	—	—	—	—	—	—	—	—
1	—	—	—	1	—	—	—	—
5	1	—	—	—	—	—	—	—
10	—	1	2	2	—	1	—	—
15	1	1	—	3	—	1	—	—
20	—	1	—	—	2	—	—	—
25	1	—	1	—	—	—	—	1
35	1	1	—	—	2	—	—	—
45	1	—	1	1	1	—	—	—
55	—	—	—	—	—	—	—	—
65 and upwards	—	—	—	—	—	—	—	—
Totals ..	5	4	4	7	5	2	—	1

(c) SANITARY CIRCUMSTANCES OF THE AREA.

Water Supply.

The water supply of the district (with the exception of the artesian wells at Melton Constable and Fakenham Council Housing Scheme) is exclusively derived from surface wells of varying depths. These wells are in many cases defective in structure and are very liable to pollution from their immediate surroundings.

The area of pollution in Hempton is still existent, involving some 29 households. The sources of pollution have been remedied, but it will take some time yet for the soil to recover.

No definite steps have yet been taken for a public water supply for Fakenham, which I strongly recommend for the benefit of the town.

Rivers and Streams.

No grave pollution of rivers and streams.

Drainage and Sewerage.

The only sewage schemes in the district are those at Fakenham and Melton Constable. In the rest of the district the pail system is mostly in use, privy vaults being as far as possible abolished. Slop-water is usually utilized in the gardens.

Scavenging.

The systematic removal of house refuse and pail contents is now existent in the following parishes, Fakenham, Blakeney, Hempton, Stiffkey, Great Ryburgh, Walsingham and Melton Constable. In 1922-1923, in connection with the Fakenham scavenging, 23 houses were provided with separate closet accommodation, and 240 houses provided with separate portable dust-bins.

(d) HOUSING.

(1) General Housing Conditions in the Area.

Fair for a rural district, on the large estates a high standard attained.

(2) (a) Extent of Shortage.

The shortage of houses are in my opinion mainly apparent in Fakenham, Walsingham, and Melton Constable.

(b) Measures taken to meet shortage.

Six housing schemes, in Melton, Fakenham, Ryburgh, Sculthorpe, Hempton, and Wiveton, and erection of cottages by private enterprise with the aid of Government subsidy, and especially by Messrs. Wyman, of Fakenham (10 in Fakenham and 22 in course of erection in Norton).

(1b) No serious overcrowding.

(3) Fitness of Houses.

(a) General standard, fair.

(b) General character of defects.

(1) Deficient light and ventilation.

(2) Dampness and defective roofs.

(3) Poor sanitary arrangements.

(4) Insufficiency of bedroom accommodation.

(4) A general survey of the district was made in 1919.

Unhealthy areas. No complaints received or representations made, but there are some black spots in Fakenham, Hempton and Walsingham.

During the past five years the following houses were erected in the district:—

Built by private enterprise without subsidy	30
„ „ „ with „	23
„ District Council	37
„ County „	2
	<hr/>
	92
Railway carriage bungalows under licence ...	10
Number of cases of re-construction following closing order... ..	10
Two cottages connected into one	3 cases.
Three „ „ „ one	2 „

(e) INSPECTION AND SUPERVISION OF FOOD.

(a) **Milk Supply.**

Cow sheds and dairies have been inspected during the year and verbal notice given as to cleansing and whitewashing. No disease has been traceable to the milk supply in the district. The general standard of cleanliness observed has much improved during the past 5 years.

(b) **Meat.**

The Sanitary Inspector's report of meat condemned indicates the necessity of supervision and the arrangement for inspection at the time of slaughter and for marking under the Public Health (Meat) Regulations, 1924, during the coming year.

Appended number of Slaughter Houses in use in the area.

	In 1920.	In Jan., 1925.	In Dec., 1925.
Registered	0	0	0
Licensed	12	16	16

(f) PREVALENCE OF AND CONTROL OVER INFECTIOUS DISEASES.

The most noteworthy feature during the past 5 years has been the gradually diminishing number of cases of Diphtheria. Scarlet Fever remains about stationary, and Enteric Fever rarely met with.

No cases of Malaria, Dysentery or Trench Fever notified.

Average Pneumonia cases about 10 to 12.

Arrangements are made with the County Pathological Laboratory for the examination of pathological and bacteriological specimens and free use is made of this facility. Diphtheria anti-toxin supplied free to necessitous cases.

No use has been made of the tests known as the Schick and Dick tests in Diphtheria and Scarlet Fever.

No vaccinations have been performed by the Medical Officer of Health.

One hundred and twenty-eight successful primary vaccinations in the year ; 271 births.

Influenzal colds and Chicken-pox were very prevalent in the schools and Influenza in adults in the spring and autumn.

There were 14 deaths from Influenza in 1925.

The number of deaths from Cancer during the past five years :—

1921	1922	1923	1924	1925
21	26	21	32	28

There are no facilities available in the area for the cleansing and disinfection of verminous persons and their belongings.

Tuberculosis.

Number of deaths in each year :—

1921	1922	1923	1924	1925
19	13	17	11	8

Public Health (Prevention of Tuberculosis) Regulation, 1925.—No action has been taken under Article 3 or 5.

Number of new houses erected during the year	...	13
As part of a municipal housing scheme	...	0

Unfit dwelling-houses.

Inspection—(1) Total number of dwelling-houses inspected for housing defects (under Public Health or Housing Acts)	56
--------------------------------------------------------------------------------------------------------------------	-----	-----	-----	-----	-----	----

(2) Number of dwelling-houses which were inspected and recorded under the Housing (Inspection of District) Regulations, 1910	10
(3) Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	4
(4) Number of dwelling-houses (exclusive of those referred to under the preceding sub-heading) found not to be in all respects reasonably fit for human habitation	6

Remedy of Defects without Service of formal Notices.

Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their Officers	6
-----------------------------------------------------------------------------------------------------------------------------	-----	-----	-----	-----	---

Action under Statutory Powers.

Proceedings under Public Health Acts.

(1) Number of dwelling-houses in respect of which notices were served requiring defects to be remedied	6
(2) Number of dwelling-houses in which defects were remedied	6

Proceedings under Section 3 of Housing Act, 1925, and Section 28

(1) Number of representations made with a view to the making of Closing Orders	4
(2) Number of dwelling-houses in respect of which Closing Orders were made	4

Annual Report of the Medical Officer of Health for the year 1925,
on the administration of the Factory and Workshop Act, 1901, in
connection with

FACTORIES, WORKSHOPS, WORKPLACES AND HOMEWORK.

I.—INSPECTION.

Including Inspections made by Sanitary Inspectors or Inspectors of Nuisances.

Premises. (1)	Number of		
	Inspections. (2)	Writt'n Notices (3)	Prosecutions. (4)
Factories (Including Factory Laundries)	30	—	—
Workshops (Including Workshop Laundries)	60	1	—
Workplaces (Other than Outworkers' premises included in Part 3 of this Report)	—	—	—
TOTAL.. .. .	90	1	—

2.—DEFECTS FOUND.

Particulars. (1)	Number of Defects.			Number of Prosecu- tions. (5)
	Found. (2)	Remedied. (3)	Referred to H.M. Inspector. (4)	
<i>Nuisances under the Public Health Acts—*</i>				
Want of Cleanliness	1	1	—	—
Want of Ventilation	—	—	—	—
Over-crowding	—	—	—	—
Want of Drainage of floors	—	—	—	—
Other Nuisances	—	—	—	—
Sanitary { insufficient	—	—	—	—
accommo- { unsuitable or defective	—	—	—	—
dation { not separate for sexes	—	—	—	—
<i>Offences under the Factory and Work- shop Act—</i>				
Illegal occupation of underground bakehouse (s. 101)	—	—	—	—
Breach of special sanitary require- ments for bakehouses (ss. 97 to 100)	—	—	—	—
Other Offences (Excluding offences relating to out- work which are included in Part 3 of this report)	—	—	—	—
TOTAL	1	1	—	—

* Including those specified in sections 2, 3, 7 and 8, of the Factory and Workshop Act as remediable under the Public Health Acts.

3.—REGISTERED WORKSHOPS.

WORKSHOPS ON THE REGISTER AT THE END OF THE YEAR.

Bakehouses	26
Smiths	20
Dressmakers and Milliners	11
Tailors	9
Carpenters	12
Bootmakers	6
Builders	5
Miscellaneous	36
Total number of Workshops on Register	125

W. H. FISHER,

Medical Officer of Health.

ANNUAL REPORT

OF THE

Sanitary Inspector and Building Surveyor.

Food Supply.

FOOD CONDEMNED AND DESTROYED.

Description of Food.	Weight. Lbs.	Cause of Condemnation.
1 Bovine carcase and organs	224	Tuberculosis (generalised).
1 „ carcase and organs	91	Cedema with emaciation.
1 „ Fore-quarters (chilled beef) ..	201	Decomposition.
1 „ Top piece (broken thigh) ..	40	Local congestion.
1 „ Lungs, heart and forequarters	55	Pneumonia & pleurisy.
5 Ovine carcasses and organs	385	Dead in slaughter-house when inspected.
1 „ carcase and organs	80	Cedema with emaciation.
3 „ carcasses and organs	208	Pneumonia with general Cedema.
2 „ carcasses and organs	50	Septic intoxication.
3 „ heads	8	Cænurus cerebri.
3 „ plucks	15	Congestion.
5 Swine carcasses and organs	591	Erysipelas.
1 „ carcase and organs	75	Jaundice with septic intoxication.
2 „ plucks	12	Congestion.
3 Tins Salmon	3	Decomposition.
1 „ Corned Beef	6	„
3 „ Pineapple	3	„
2 „ Peaches	4	„
1 „ Greengages	2	„
1 „ Crab	$\frac{1}{2}$	„
1 „ Herrings in Tomatoes	1	„

Total weight of Food Destroyed, 2,054½ lbs.

Emergency Slaughtering Notifications, 51.

**Cowsheds, Dairies, and Milkshops Order, 1885, and
Milk and Dairies Act, 1922.**

There are 913 cows kept by persons registered. The milk from 19 farms is sent out of the district—13 sending to London, 2 to Wells, 1 to Norwich, 1 to Sheringham, 1 to Hunstanton, and 1 to Yarmouth.

There are 62 persons on the register; of these 3 are "Retail Purveyors of Milk" only, and the remainder "Wholesale Producers and Purveyors."

Bakehouses.

There are 26 bakehouses, 25 being workshops, *i.e.* without mechanical power, and 1 factory, *i.e.* with mechanical power. By the Factory and Workshops Act, 1901, all workshop bakehouses have to be cleansed every six months.

Housing.

One case of overcrowding was discovered. Statutory notice served and nuisance abated.

Housing and Town Planning Act, 1909.

Ten inspections and reports were made under Housing (Inspection of District) Regulations, 1910.

Four closing orders were made during the year.

Seven closing orders determined.

Plans for 13 new houses were approved and work commenced thereon. Three Licences for the erection of railway carriage bungalows, as "temporary buildings," were issued during the year.

**Increase of Rent and Mortgage Interest (Restrictions)
Act, 1920.**

No application was received under Section 2 of above.

Legal Proceedings.

It was only necessary to institute legal proceedings in one case during the year, in which a summons was issued under

Sec. 12 of the Housing Act, 1925, against the owner of a house at Little Snoring for allowing the premises to be occupied before Closing Order on same had been rescinded. Fined 10s.

Notices Issued.

	No. Issued.	Complied with.	Outstanding
Preliminary Notices	54	51	3
Section 91 Public Health Act, 1875..	10	6	4
„ 28 Housing Act, 1919.. ..	2	0	2
	66	57	9

Factory and Workshop Act.

In accordance with Section 131 of the above, a register has to be kept of all factories and workshops in the district.

The alteration of proprietorship, and the opening and closing of different premises, render the keeping of a complete register a very difficult matter.

One workshop has been limewashed.

The following list gives the number of the various business premises in the district that come within the scope of the Act :—

Bakehouses	26	Masons.. .. .	2
Dressmakers and Milliners ..	11	Carpenters	12
Laundries	4	Machinists	3
Smiths	20	Coachbuilders	4
Tailors	9	Cyclebuilders	5
Bootmakers	6	Firewood Cutting	1
Builders	5	Printers	2
Brickmakers	2	Millers	3
Saddlers	4	Foundries	4
Plumbers	1	Fellmongers	1

Total number on Register. .. 125

Water Supply.

Thirty-six samples of water have been analysed, 8 by Mr. W. L. Sutton, the County Analyst; the results being as follows:—14 unsatisfactory, 22 satisfactory; 1 well has been closed and 7 cleaned out, and water supply improved; and 6 new wells sunk, 4 water certificates issued, providing for 4 houses.

The small water scheme in connection with the Council's Housing Scheme at Fakenham continues to provide an ample and satisfactory supply, the windmill power being sufficient for all ordinary purposes.

COMPLAINTS RECEIVED—TOTAL 16.

No.	Purport.	Action Taken.
8	Insanitary condition of premises	Investigated and Notices issued.
1	Foul accumulations ..	Nuisance removed.
7	Miscellaneous	Investigated and, where possible, action taken.

CLERICAL WORK.

Letters written and received	3,000
Reports made to Medical Officer of Health	127
Reports made to Council	24
Reports made to Committees	36
Notices issued	62
House Inspection Reports	10
“ “ “ copies for Medical Officer of Health and Clerk	20

Scavengers.

The systematic collection of night soil and house refuse is undertaken in the following parishes:—Blakeney, Fakenham, Hempton, Stiffkey, Great Ryburgh, Walsingham, and Melton Constable.

W. O. HUMPHERY,

Sanitary Inspector.



