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#### **Contributors**

Selby (England). Urban District Council.

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## ANNUAL REPORT

UPON THE

## Public Health and Sanitary Condition

OF THE

### SELBY URBAN DISTRICT

FOR THE YEAR 1905,

BY

#### BERNARD STEDMAN,

M.D. (Lond.), D.P.H. (Camb.),

MEDICAL OFFICER OF HEALTH.

Belby :

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#### SELBY

## URBAN DISTRICT COUNCIL.

## ANNUAL REPORT

UPON THE

## Public Health and Sanitary Condition

FOR THE YEAR

1905.

GENTLEMEN,

I have pleasure in submitting to you my Annual Report upon the Public Health and Sanitary Condition of the Selby Urban District for the year 1905.

#### POPULATION.

The estimated population is 8,800. The number of inhabited houses is 1893, and the average number of persons per house 4.6. 27 new houses have been occupied during the year.

#### BIRTHS.

236 births have been registered, giving a birth rate of 26.8. This is about one below the average. The birth rate for the smaller towns of England and Wales in 1905 was 26.9; and for the whole country 27.2. These being the lowest ever recorded.

#### DEATHS.

147 deaths have occurred; the death rate being 16.7. This is about the average for this district, but is somewhat higher than that of last year, owing to a larger number of deaths among old people. For the smaller towns of England and Wales the death rate was 14.4.

36 deaths occurred in children under I year of age, which gives an infantile mortality (rate per thousand births registered) of 152. This is much higher than it should be, as neither measles nor whooping cough have been prevalent.

Table V. (which is introduced for the first time), shews the cause of death amongst infants, and it will be seen that more than half the total number come under the heading of "Wasting Diseases." Many women belonging to the town work in the fields or factories and their babies are reared upon artificial foods instead of the nourishment nature has provided for them.

From Zymotic disease 15 deaths have taken place, giving a rate of 1.7 per thousand. Seven of these deaths were the result of Scarlet Fever, which has been prevalent most of the year.

#### INFECTIOUS DISEASES.

120 cases have been reported, of which 100 was Scarlet Fever, 7 Diphtheria, 6 Typhoid Fever, and 7 Erysipelas. There have been no epidemics of Measles or Whooping Cough during the year.

#### SCARLET FEVER.

As stated above 100 cases have been notified, the complaint being prevalent in town from the beginning of the year until the middle of November.

Attendance at school does not appear to have spread the disease so much as intercourse between the children at other times, and therefore it has not seemed advisable to recommend their closure. 7 were children who had not commenced attending school; 37 of the cases were due to insufficient isolation in the houses, 5 patients being women who caught it from nursing their children.

Had the hospital been completed many of these cases might have been prevented by prompt removal of the first case.

#### DIPHTHERIA.

7 cases were reported. As a result of bacteriological examination by the County Council, the diagnosis was confirmed in 2 cases, and in 3 the diphtheria bacilli were not found. 2 were not examined bacteriologically.

As this examination is made free of charge, and all the necessary outfits provided by the County Council, I hope in future a specimen will at once be sent from every suspected case.

Antitoxin is provided by the Urban Council free of charge.

#### TYPHOID FEVER.

6 cases have been reported, but in one the diagnosis was doubtful. One patient probably contracted the complaint through eating infected mussels, but in none of the others could the origin be traced.

#### ISOLATION HOSPITAL.

The Selby Urban and Rural Joint Isolation Hospital was ready for the reception of patients in November. It consists of an administrative, two ward blocks, and a laundry block. The administrative block contains kitchen, scullery, store room, 2 nurses' sitting rooms, doctor's room, and 7 bedrooms. The Isolation block consists of two wards, each to hold 2 beds, and a nurse's kitchen.

In the pavilion block are two wards to hold six and four beds respectively; and 2 private wards, each with a single bed; there is also a nurse's kitchen.

The laundry block, in addition to the wash-house, contains an ambulance shed, disinfector, engine house, coal house, and mortuary. The water supply is from a bore hole 130 feet deep into the red sandstone. It is pumped by an oil engine into tanks over the engine house. There is also a soft water tank to supply the wash-house.

The sewage is treated in a septic tank, and from the effluent chamber pumped by a wind engine on to the adjoining land.

A telephone has been laid from the Hospital to Selby.

Ten cases have already been admitted, 5 being from the Urban and 5 from the Rural District, all being Scarlet Fever.

#### WATER SUPPLY.

The bore hole at Brayton was tested in the early part of the year. After three weeks pumping it was found that the supply was so abundant that the Council decided it was unnecessary to construct wells and adits as originally proposed. Another bore hole has been made a short distance from the first. This is necessary in order that the pumps may be in duplicate.

#### REMOVAL OF REFUSE.

This is carried out by the Council's own staff of workmen. The box and pail closets are emptied at least once a week, and privies and ashpits as a rule at not longer intervals than a month.

The number of privies in the town is steadily diminishing. In 1902 the number given in the Inspector's Report was 225. At present there are 200, but of these at least 50 are in the outlying houses, where the water supply and drainage are not sufficient for water-closets.

There are still 252 water-closets flushed direct from the main. These might prove a serious danger by causing contamination of the water supply. The flush of water is generally poor, thus pre-disposing to blockage, and the valves on the supply pipe are old and often defective. During the last three years more than a hundred of these closets have been provided with flushing cisterns.

The sanitary dust bins are not always a success in some of the poorer class of houses, as the tenants occasionally empty the contents on to the ground and use the bin as a washtub.

#### COWSHEDS.

There are 17 registered cowkeepers. Two new sheds have been built during the year to replace defective ones, and several others have been improved by the provision of more light and ventilation. The cowsheds in the town are now in very fair condition.

#### COMMON LODGING HOUSES.

There are 5 registered common lodging houses, but they are seldom used as such, except at harvest time, during the rest of the year the lodgers are more or less permanent. They have been regularly inspected, and found in satisfactory condition.

#### WORKSHOPS and WORKPLACES.

These have been visited, and are in a clean and satisfactory condition, the light and ventilation being sufficient for the needs of the workers, most of whom are employed in dressmaking.

The three bakehouses on the register are all above ground and in good condition.

I am, Gentlemen,

Your obedient Servant,

BERNARD STEDMAN, M.D.,

Medical Officer of Health

## ANNUAL REPORT OF NUISANCES ABATED AND OTHER SANITARY WORK

#### FOR THE YEAR ENDING 31ST DECEMBER, 1905.

Inspections made	. 1991
Verbal and written notices from Inspector (not water notices	) 227
Notices from Council	. 11
Do. do. for contravention of Bye-Laws	. 5
Notices for waste of water	. 6I
Plans passed for dwelling houses	. 7
Do. other buildings	. 8
Plans disapproved for buildings	. 2
Number of houses connected with sewers	. 29
Number of new houses occupied during the year	. 27
Number of new houses connected with town water supply	y 29
Factories, Workshops, and Workplaces registered	. 69
Do. do. do. inspected	. 69
Notices to get Workshops limewashed, &c	. 3
Dairies and Cowsheds on the register and inspected	. 16
Dangerous Buildings (notices sent)	. 4
Canal Boats inspected	. 44
Notices under Canal Boats' Act	. 8
Common Lodging Houses on the register and inspected	. 5
Slaughter Houses registered	. 14
Do. repaired	. 2
Number of loads of refuse removed	. 1547
Ashpits, Privies, &c., cleansed (including 188 box-closet	S
weekly)	
Dust-bins emptied	
Dust-bins emptied, number of loads of refuse	
Rooms disinfected and papered by Council	
Notices to abate smoke nuisances	
Overcrowding notices sent	
New Spouts for houses	
W.C.'s provided with flushing cisterns (new houses)	
Do. do do. (old houses)	. 41
W.C.'s cleansed and repaired	. 27

Galvanized boxes substituted for wood	den bo	oxes in	box clo	osets	17
Milk samples taken and tested					2
Offensive accumulations removed					9
Defective privies and ashpits rebuilt					3
New W.C.'s built for old property					10
Yards repaired and paved					12
Notices to get yards cleaned					9
Notices to remove wood erection from	m bac	k yard	ls		4
Old and defective ashpits removed					3
Defective drains cleansed and relaid					32
Sinks disconnected (old)					4
Disconnecting chambers for drains of	of old	proper	ty		9
Back roads repaired					4
Notices sent to improve cowsheds					5
Notices to get cowsheds cleansed and	d lime	ewashe	ed		4
Pigs removed from vicinity of buildi	ngs				4

#### NOTES.

We are gradually getting rid of the old fashioned and unsatisfactory W.C.'s

The numbers of closets of various kinds in Selby are as follows, viz.:

Cistern W.C.'s			 987
Wash out (flush	ned fro	om main)	 252
Privies			 199
Box closets			 150
Trough closets			 6

#### BRUCE McGREGOR GRAY,

A.M.I.C.E., M.R. San. I.,

Surveyor and Inspector.

I GIVE BELOW PARTICULARS OF RAINFALL AT WATERWORKS, SELBY, DURING THE YEARS 1903, 1904, and 1905.

Date of wettest day during Month.		1903. 1904. 1905.	7th	3rd	7th	r4th	27th	26th	23rd	22nd	30th	9th	7th	9th			
			:	:	:	:	:	:	:	:	:	:	:	:			
iinfall day nth.		1905.	71.	91.	.38	.33	.35	94.	64.	09.	.47	.31	.54	91.			
t of Ru vettest ng Mo	NCHES	1904.	.38	20.1	94.	.36	.26	.29	.73	49.	.53	91.	64.	.38			
Amount of Rainfall on wettest day during Month.	I	1903.	.32	.27	04.	.23	17.	64.	49.	.48	II.I	1.27	.31	.32			
			:	:		::	:	:	::	:	::	:	:	:		INCHES.	
th.		1905.	.44	<del>+</del> 9.	1.80	2.19	.52	2.83	1.26	3.30	1.64	1.56	2.60	.56	-	9.04	
for Month	NCHES.	1904.	1.38	2.67	19.1	19.1	2.41	65.	1.49	3.00	90.1	.48	1.56	1.44			-
Total for	I	1903.	1.12	1.02	5.00	1.22	3.18	1.54	2.47		3.11	68.9	68.	10.1	1	29.92	-
			ANUARY	FEBRUARY	MARCH	APRIL	MAY	TUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER		TOTAL DURING 26.62 19.30 YEARS	

BRUCE McGREGOR GRAY,

Waterworks Engineer.

# TABLE I.

Vital Statistics of whole District during 1905 and previous years. Name of District, SELBY URBAN.

_														
ths at all	strict.	Rate.*	19.0	18.0	17.3	18.3	19.5	19.1	15.4	13.8	14.4	15.0	16.8	16-7
Nett Deaths at all Ages belonging to	the District.	Number.	117	114	109	122	144	153	120	113	121	129	124	147
Deaths of	Residents	in Public Institu- tions be- yond the District.	:	:	:	2	:	1	1	1	1	1	1	:
Deaths of	Non- residents	registered in Public Institu- tions in District.	1	00	4	20	11	6	9	1	20	11	1-	6
Total	Deaths	In Fuelle Institu- tions in the District.	18	11	7	10	16	17	10	11	20	18	14	18
District.	ages.	Rate.*	20.0	18.4	17.9	18.7	20.6	20.0	16.0	14.5	14.8	16.1	17.6	18.8
Total Deaths Registered in the District.	At all ages.	Number.	124	117	113	125	155	161	125	119	125	139	130	156
aths Regist	ar of age.	Rate per 1000 Births registered.	189	180	138	159	232	107	165	122	126	180	160	152
Total De	Under 1 year of age.	Number.	43	34	26	27	53	26	37	29	32	41	35	36
0.00	HS.	Rate.*	32.2	29.0	30.0	29.3	30.4	30.2	28.7	28.9	30.5	26.4	29.6	26.8
Browns	DIRI	Number.	206	188	188	192	228	242	224	237	254	227	218	236
	Popula-	estimated to Middle of each year.	6200	6250	6300	6500	.7500	8000	7786	8200	8400	8600	7373	8800
		YEAE.	1895	1896	1897	1898	1899	1900	1901	1902	1903	1904	Averages for years 1895-1904	1905

\* Rates in Columns 4, 8, and 13 calculated per 1,000 of estimated population.

Area of District in acres (exclusive of area covered by water).

Total population at all ages Number of inhabited houses Average number of persons per house

7786) 1686 At Census of 1901.

#### TABLE II.

There are no recognised Divisions in the town of Selby, therefore

Table II. is not given.

#### TABLE III.

## CASES OF INFECTIOUS DISEASE NOTIFIED DURING THE YEAR 1905.

#### SELBY URBAN DISTRICT.

	Cases Notified in whole District.												
Notifiable Disease.			OF CASES REMOTO HOSPITAL EACH LOCAL										
	At all Ages.	Under 1.	1 to 5.	5 to 15.	15 to 25.	25 to 65.	65 and up- wards	No. of Cases removed to Hospital From Each Locality.					
Small-pox													
Cholera													
Diphtheria	7			6	1								
Membranous Croup													
Erysipelas	7			1	1	5							
Scarlet Fever	100	2	30	58	4	6		5					
Typhus Fever													
Enteric Fever	6			1	1	4							
Relapsing Fever													
Continued Fever													
Puerperal Fever													
Plague													
Totals	120	2	30	66	7	15		5					

Isolation Hospital at Selby (Joint Isolation Hospital for Selby Urban and Rural Districts.)

TABLE IV.— Causes of, and Ages at, Death During Year 1905.

Name of District, SELBY URBAN.

						'Reside HE Dist		WHETHER OR NON N PUBLIC IN THE
Causes of Death.	All ages.	Under 1 year.	1 and under 5.	5 and under 15.	15 and under 25.	25 and under 65.	65 and upwards.	TOTAL DEATHS WHE OF RESIDENTS OR "RESIDENTS" IN P INSTITUTIONS IN 1 DISTRICT.
Small-pox								
Measles								
Scarlet fever	7	2	2	2		1		1
Whooping-cough								
Diphtheria and	2	1		1				1
Croup								
(Typhus								
Fever Enteric								
Other continued								
Epidemic Influenza	1						1	
Cholera								
Plague								
Diarrhœa Enteritis	6 3	3		2		1	2	
Proposed Fores				•••				
Erysipelas	1						1	
Other Septic Diseases	2	1				1		1
Phthisis	11		2		3	5	1	1
Other Tubercular )	2	1			1			
Cancer, Malignant )	11					5	6	2
Bronchitis	7	2	2			2	1	
Pneumonia	8	2	1			4	- 1	3
Pleurisy							***	
Other Diseases of Respiratory Organs \	2		1	1				
Alcoholism Cirrhosis of Liver \	2					2		
Venereal Diseases	1	1						
Premature Birth	7	7			****			
Diseases and Accidents	2					2		
of Parturition \\ Heart Diseases	8					3	5	1
Accidents	3				1	1	1	1
Suicides	1						î	
All other causes	60	15 .	5	1		10	29	7
All causes	147	36	13	7	5	37	49	18

In recording the facts under the various headings of Tables I., III., and IV., attention has been given to the notes on the Tables.

BERNARD STEDMAN, Medical Officer of Health.

## TABLE V.—SELBY URBAN DISTRICT. INFANTILE MORTALITY DURING THE YEAR 1905. Deaths from stated Causes in Weeks & Months under One Year of Age

	CAUSE OF DEATH.	Trades 1 Week	1-2 Weeks.	2-3 Weeks.	8-4 Weeks.	Total under 1 Month	1-2 Months.	2-3 Months.	3-4 Months.	4-5 Months.	5-6 Months.	6-7 Months.	7-8 Months.	8-9 Months.	9-10 Months.	10-11 Months.	11-12 Months.	Total Deaths under One Year.
All Causes	Certified Uncertified	1	2 1	1	1	15	2	6	1	2		1	1	3	2	2	1	36
	Small Pox																-	
ions ses.	Chicken-pox Measles									•••			•••				***	
Common Infectious Diseases.	Scarlet Fever .											1				1		2
PEC	Diphtheria: Croup .												1					1
	Whooping Cough . (Diarrhœa, all forms							2								i		3
Diarrheal Diseases.	Enteritis (not Tuberculous)	}								1								1
Diarr	Gastritis, Gastro- intestinal Catarrh	1																
	(Premature Birth .		7			7												7
8 09			. 1			1	1											7 2 1
Wasting Diseases.	Injury at Birth . Want of Breast-milk		1			1												1
Dis		1	4	1	1	6	1	1		1								9
	(Tuberculous Men'git																	
uberculous Diseases.	Tuberculous Peri- tonitis: Tabes	1.																
Tuberculous Diseases.	Mesenterica Other Tuberculous	1													1			1
-	Erysipelas	)					1											
	Syphilis							1										1
	Rickets																	
	Meningitis (not Tuberculous)	}																
	Convulsions	'						2										2
	Bronchitis													2				2
	Laryngitis Pneumonia														1		1	2
	Suffocation, overlayin	18													1		1	
	Other Causes								1					1				2
		1	2 1	1	1	15	9	6	1	2	-	1	1	3	2	2	1	36
		1	1	1	1	10	4	0	1	4		1	1	0	4	4	1	90

District (or sub-division) of Selby Urban.

Population (estimated to the middle of 1905), 8,800.

Births in the year:—legitimate, 226; illegitmate, 10.



