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# Borough of Swindon EDUCATION COMMITTEE.

ANNUAL

# REPORT

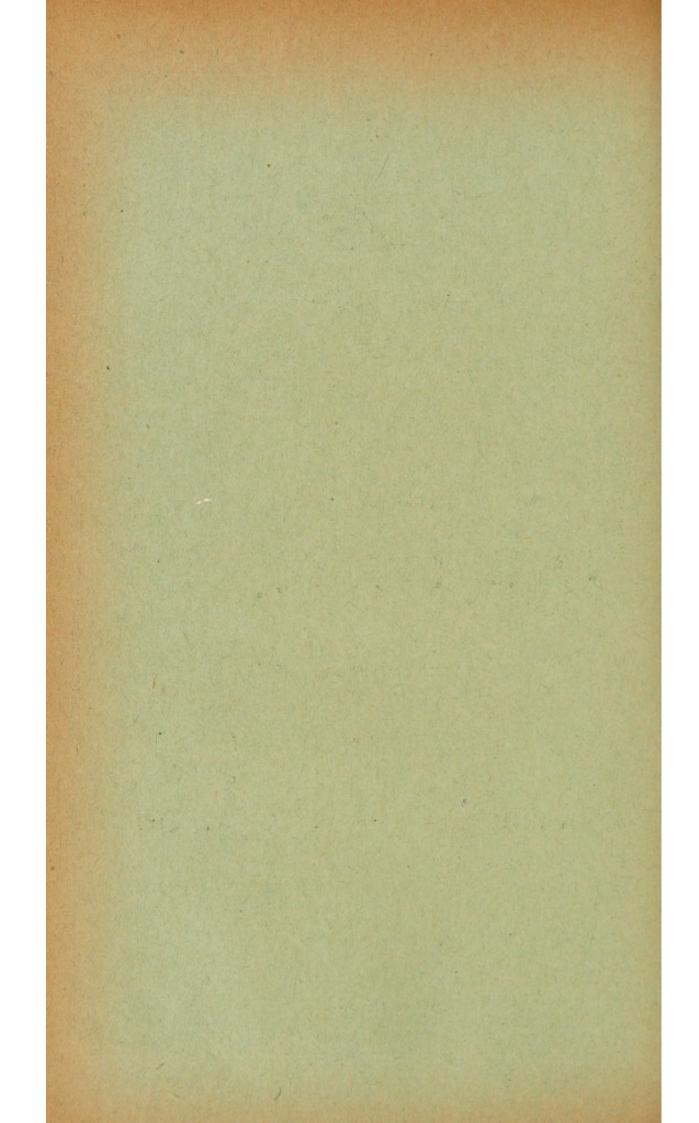
FOR THE YEAR 1930

OF THE

# SCHOOL MEDICAL OFFICER

(DUNSTAN BREWER, M.R.C.S., L.R.C.P., D.P.H.)

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### BOROUGH OF SWINDON

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### STAFF.

School Medical Officer-Dunstan Brewer, M.R.C.S., L.R.C.P., D.P.H.

Assistant School Medical Officers-

J. S. LOGAN, M.B., Ch.B., D.P.H. VIOLET REDMAN KING, M.B., Ch.B. (Leeds).

Specialist Ophthalmic Surgeon.

OLIVER BEAKLEY PRATT, M.A., M.B., B.Ch., (Oxon) D.O., M.R.C.S., L.R.C.P.

Specialist Nose, Throat and Ear Diseases.

F. COURTENAY MASON, B.A., Lond. M.S., M.B., B.S., F.R.C.S. (Eng.)

Dental Surgeons-W. Kenyon Berrie, L.D.S., R.F.P.S.G.

JOHN HUTTON MITCHELL, L.D.S., R.F.P.S.G.

Head Clerk-S. Mansfield Dee.

Assistant Clerks-Miss Gladys L. Norris. JOHN W. DAY.

School Nurses-

Miss A. M. Hoare. 2 years Certificate of Hospital Training. Certificate of Central Midwives Board.

Certificate of the Royal Sanitary Institute.

Miss I. D. Sampson.

3 years Certificate of Hospital Training.

Certificate for Tuberculosis (Royal Chest Hospital, London). Queen's Nurse.

Certificate of Central Midwives Board.

Miss E. M. Pilcher.

3 years Certificate of Hospital Training.

School Nurses and Health Visitors and Tuberculosis Certificate. Certificate of the Royal Sanitary Institute.

Miss A. Hawkins.

4 years Certificate of Hospital Training. Certificate of Central Midwives Board.

# BOROUGH OF SWINDON. EDUCATION COMMITTEE.

Area	6021 Acres
Number of Elementary Schools	16
Number of School Departments	34
Recognised Accommodation	11,244
Number of Children on Register	9,443
Average Attendance	8,392
(Sept Sept Sept 1) to to discuss	
Number of Secondary Schools	3
Number of Scholars on Roll:—	
The College, Secondary School	286
Euclid Street Secondary School	236
The Commonweal Secondary School	273

To the Chairman and Members of the Education Committee of the Borough of Swindon.

LADIES AND GENTLEMEN,

I have pleasure in presenting the report upon the Medical Inspection and Treatment of School Children in the Borough for the year 1930.

The year 1930 was a quiet one for the school medical service so we were enabled to catch up certain arrears which had accumulated during the difficult year 1929 and get well ahead with the ordinary routine work of the department. There were no changes in the Staff during the year under review, nor any new developments of the service, which for some years has been fairly complete and calls for no radical alteration. Two important matters connected with the department are, however, at present under consideration, namely, the Open Air School, which gets no nearer realisation, and the re-arrangement of the school clinics so as to relieve the centre at Eastcott Hill which, with the growth of the borough, offers increasing difficulties of management.

During 1930 the X-ray treatment of ringworm was discontinued owing to local difficulties with X-ray machinery. The apparatus belonging to the department is no longer suitable for modern treatment, though its value for diagnosis remains unimpaired. This was not a matter of much consequence, because ringworm is rapidly declining and does not present the formidable problem it did in past years.

Consonance between the school medical department and the maternity and child welfare department, which in Swindon has been complete for ten years, allows the treatment of a considerable number of defects, usually treated during the infant school age, before the children enter school, and this is reflected in the drop in the percentage of "entrants" requiring treatment.

Though 1930 was, in general, a healthy year, it was an extremely unfavourable year for fatal disease among school children, there being no less than 49 deaths of children between the ages of two and seventeen. Several factors contributed to this. There were nine deaths from rheumatism and its sequelae, the highest number on record, and nine from diphtheria, seven of which occurred between the ages of five and ten. Eight deaths from tuberculosis give also an unusually high figure, though these were mainly the ends of old cases, the incidence of new tuberculosis during the year being low. Three deaths from meningitis follow-

ing ear disease were another grim feature. Generally the incidence of epidemic disease was low during 1930 and interfered comparatively little with school attendance.

### FINDINGS OF MEDICAL INSPECTION.

The defects discovered at routine inspection show certain differences from those of last year. There was a noticeable drop in the incidence of ringworm. In 1921, when a vigorous campaign was started against ringworm, and for several years subsequently, the incidence of this disease, if it can be called a disease, was exceedingly high in Swindon, much higher than in most parts of the country. Some of this apparent excessive incidence may not be genuine, but due to the special attention that was paid to the detection of the disease locally, but there is no doubt that for nearly a decade the disease was more prevalent in Swindon than in the country as a whole. For the last two years there has been a considerable decline; in 1930 the cases known had dropped to 27 new and 25 old, and at the end of the year there remained but 21 cases in the town.

There was a noticeable increase in one or two minor defects: minor skin diseases, blepharitis, enlarged glands, enlarged thyroid and minor deformities. Most of the increases were due to alteration in the standards of the school inspectors. This is most marked amongst minor deformities. When allowance is made for this, the general distribution of defects shows no significant difference from that of the past few years.

### CHILD RHEUMATISM.

1930 was an exceedingly bad year for child rheumatism in Swindon. Throughout the time that the present School Medical Officer has been connected with Swindon, rheumatism has been comparatively rare, the record for the town being exceptionally and somewhat puzzlingly satisfactory. Swindon forms part of the Bristol scheme for the supervision of rheumatic heart disease and Dr. Herapath, of Bristol, pays periodical visits to Swindon to examine our heart cases. The actual number of cases seen by Dr. Herapath in 1930 was 22, of which 10 were reported as being rheumatic heart disease of which four had arisen during This, unfortunately, does not give us a true picture of the present position, for the heart disease of rheumatism develops slowly and insidiously and usually is missed until it is revealed by routine inspection. There were nine deaths from rheumatism amongst Swindon children in 1930, this number being in excess of any in any previous year. We have, however, no direct knowledge of cases of rheumatism that do not end fatally as the disease is not notifiable and, indeed, is frequently so apparently trivial that it receives scant medical attention. The incidence must have been great to give nine deaths, for the fatality of acute rheumatism is low.

### PROVISION OF MEALS.

The Education (Provision of Meals) Acts of 1906 and 1914, were in force in the Borough throughout the year. The scheme for carrying out this work remains similar to what was in vogue last year. It is extremely simple, easy to administer and very cheap, but efficient for dealing with local needs.

### SCHOOL BATHS.

There are no school baths in Swindon, nor, indeed, are there any public baths. The Great Western Railway Medical Fund Society possesses private baths and swimming baths which, for all practical purposes are open to the public. The swimming instruction of the scholars is carried out in these baths.

# EMPLOYMENT OF CHILDREN AND YOUNG PERSONS.

There is no employment of young children in Swindon. The Juvenile Employment Committee looks after children and young persons and this committee is in constant touch with the school medical department. Since practically all the children in Swindon are known to the school medical department, which possesses life records of them during their childhood, co-operation is comparatively simple.

### SPECIAL INQUIRIES.

The special inquiries in progress in Swindon are:-

- 1. An inquiry into the distribution and causes of thyroid disease.
- 2. An inquiry into the histories and environment of rheumatic children.
- 3. An inquiry into the pulse rate and blood pressure during school age.
- 4. An inquiry into the blood changes of childhood.

Numbers 1 and 4 will be referred to in the appendix.

### INFECTIOUS DISEASE.

The incidence of the common infectious diseases was low in 1930 and interference with school attendance from this cause below average. An epidemic of scarlet fever interfered with the attendance to some extent in the early part of the year, and an epidemic of diphtheria began to play havoc towards the decline. Both measles and whooping cough were comparatively low in incidence amongst school children. School closure from infectious disease is never utilised in Swindon and the disinfection of school premises, which still has some popularity amongst the older school of epidemiologists, has been abandoned. important matter has regard to the exclusion of contacts. general, the recommendations of the Board of Education are followed, but since the Board's schedule was drawn up, much knowledge in regard to the endemic infections has become available which renders it doubtful whether the exclusion of contacts in epidemic times does not further instead of diminish the amount of disease produced by infection. It has not yet been possible to formulate a practice to accord with the researches of Topley, Dudley and Stocks or, indeed, to reconcile what we do with the theory of infection which rests mainly, though not exclusively, upon the researches of these authorities. If Stocks is correct (and his work on the subject resists all assaults against it) it should be possible to utilise exposure to infection as a means of raising herd immunity and escaping the disease re-action or so modifying it that it becomes trivial; but how to do this is a puzzle that is not yet solved, though there are many able minds at present at work on it. Whatever may come from research in field epidemiology, it is quite certain that no reasonable scheme can ever be reduced to rule which can be automatically carried out. shall never be able to say, for instance, that it is, or is not, safe for cases of scarlet fever or their contacts to mix freely with the population, though we may be able to say quite definitely whether any given case is, or is not, safe in any given environment.

### FOLLOWING UP.

The method that has been in practice in Swindon for many years produces an automatic following up of all children from birth until they leave school or otherwise fall out.

### OPEN AIR EDUCATION.

We have no Open Air School in Swindon, though for the past eleven years we have been agitating for one. There still lingers some faint hope that at some future period some commencement may be made towards its realisation.

### PHYSICAL TRAINING.

There is close association between the school medical service and the physical training given in the schools, and we hope, in the near future, to develop this by utilising the services of the orthopædic surgeon to survey the physical state of the children and advise the instructors in physical training.

### CO-OPERATION.

Co-operation between the school medical department and the parents, teachers, attendance officers, and various agencies which are capable of giving help, is essential for smooth working and a satisfactory scheme. We have long since overcome any difficulty in obtaining this co-operation. Co-operation with the parents is, of course, the most important point, for this means the satisfactory education of the parents and what is obtained by education is lasting and progressive. All parents are not as enlightened or as sweetly reasonable as might be desired, but to win over an obstructive parent, or to educate an ignorant one, is to produce a lasting benefit, of very different value from the temporary success which can be obtained by force.

### NURSERY SCHOOLS.

There are no Nursery Schools in Swindon nor indeed are any called for.

### SPECIAL SCHOOLS.

There is a Special School in Swindon for mentally defective children. During the last year some progress was made in developing this school for the education of defectives who are educable and some effort was put into the work of killing the tradition which this school has behind it.

### CONCLUSION.

Lord Kelvin said that biology could not rank as a science until its functions could be expressed in mathematical terms; but in the fifty years that have elapsed since his statement, our knowledge of biological phenomena has increased enormously and as it increases it becomes less and less possible to express biological functions mathematically. The reason for this is the fundamental difference between living and non-living matter. Spencer's definition of life: "The continuous adjustment of internal to ex-

ternal relations," given some sixty years ago and completely misunderstood at the time, has recently found favour amongst biologists and gives a reason for the difficulty in applying mathematics to biological phenomena. The terms that we use in common parlance, normal, defect, disease, being relative to unknown constants, have but the vaguest meaning. If we were dealing with an organism which had evolved to the state in which it was no longer subject to great variation, we could establish some average or mean which would correspond somewhat closely with the normal, but in dealing with man—an animal in a state of rapid evolution, in many respects unspecialised and in others most highly but irregularly specialised and therefore liable to such enormous variation that in no particular are any two individuals similar—there can be no normal as applied to the species, though there is a normal for each individual at any particular minute. This, however, would have to be worked out separately for each and is at present quite beyond our expression. Consequently each inspector has to form, in his own mind, a somewhat broad standard which he regards as healthy. Naturally no such standard would admit of the inclusion of any definite disease obviously calling for remedy, or any gross defect; but it is much influenced by the æsthetic sense of the examiner, particularly in such particulars as spinal curvature, flat foot, abdominal conformations, or nutrition. In such matters the proportion of children found defective may vary from one per cent. to ninety or more per cent. according to the special view of the examiner. There are those who think that we should set a high standard and attempt to reach it and who hold that by perfect heredity, nurture, and environment such could be obtained; but there is little biological foundation for such a view. No doubt it would be very delightful if we could all have the physical attributes of Venus or Apollo combined with the mental qualities of Shakespeare or Newton and the moral perfection of Asissi, but it may well be questioned whether such combinations are biological possibilities. though we have talked for 2,000 years about "Mens sana in corpore sano " the study of variations tells us that variations are frequently correlated and that certain combinations are impossible. Thus, it is impossible to breed a sandy female cat or a blue-eyed cat with coloured hair, and it may be that we could not produce a Venus who was not a social nuisance, or a Shakespeare without a remarkably ugly ear. Little is gained and a great deal may be lost by placing the standard of normality too high, but on the other hand, it is a great mistake to place it too low so that it could include anything which could rightly be called pathological. Another error which is common is due to lack of the knowledge of the biology of development. There is an exceedingly able article by Dr. Harris on development in the recent publication of the Board of Education, "Primary Education." This may well be studied by persons who, though trained in medicine, are but poorly equipped with knowledge of biology. During several

age periods of man, particularly that which precedes puberty, a healthy condition is one which bears a superficial resemblance to ill-nutrition. During this period the limbs resemble bent match sticks, with big joints, poor muscles and absence of subcutaneous fat. Much damage is done to healthy children in this condition by trying to make them plump. Somewhat similar traps occur throughout the whole of the developing period.

Health is dependent upon balance of function and upon the capacity of the organism as a whole to re-act to environment; these are practically the same thing. The functions themselves may, and actually do, differ considerably in different individuals, but is impossible to say whether any one is healthy or not unless it is known how it is balanced by the others. It is, for instance, impossible to that there is a normal temperature, or normal heart rapidity, or a normal weight, without consideration of all other factors that concur with it. Two men, one five feet high and the other six feet, may both be normal, but neither could be normal if any one function normal to the one occurred in the other. It follows from this that the general aim and object of school inspection and of all preventive medicine is extremely difficult to reach, but it is not impossible, for there is a limit to physiological variation and it is possible to determine what is within this limit and whether the balance is, or is not, maintained.

The true aim of medical inspection is not to hunt out specimens from which surgeons can pick bits, though it must be admitted that a great deal of attention has to be directed to this object, which from the old way of looking at things, unfortunately far from obsolete, seemed to be quite satisfactory. obvious that from biological conception it is all wrong, for within certain limits nothing can require surgical treatment in its initial stages, the departures from physiological balance being but seldom occasioned by structural alteration, and it is the true business of inspection work to detect departures from balance before structural changes take place. Since physiological strain, in the main, arises from failure to re-act to environment, it must, in most cases, be possible either to alter environment or to modify re-action so that tangible disease does not develop. This gives a much limited role to surgery and the undoubted fact that, particularly since the war, most medicine, both curative and what is alleged to be preventive, has led to the enormous increase in surgery, is an acknowledgment that preventive medicine has not developed as it should have done. Incidentally it is at present causing violent controversy between the biologists and the surgeons. The former allege, and not without reason, that everything works against them, that their efforts are not understood and not appreciated and that the public, for whose benefit all should be directed, delight in the attention of the surgeons and ignore the advice of the physiologists. Recently, however, there has been a slight change of attitude. A very remarkable address, given by one of the foremost surgeons living, on the future of surgery, has made one section of the community think that if this is indeed the future which the surgeons promise us, alternative propositions ought to be considered. As a counterblast to this address we have had an equally famous and far more erudite pronouncement from the foremost authority on statistical medicine and the guarded, but still emphatic, report of Sir George Newman in the State of the Public Health in 1930, which have given great encouragement to those who look upon the preservation of human health as the practical application of biological principles.

DUNSTAN BREWER,
School Medical Officer.

### APPENDIX I.

### REPORT OF THE SCHOOL DENTAL SURGEON.

To the Chairman and Members of the Education Committee.

LADIES AND GENTLEMEN,

I have pleasure in presenting the Annual Report on Dental Inspection and Treatment for the year 1930.

Twelve Elementary Schools comprising 25 departments have been dentally inspected, and it was found that 76.6% of the children require treatment. 3,655 children were referred for treatment and 3,342 attended the Clinic.

### ELEMENTARY SCHOOLS.

6,508 appointments were made, 6,253 or 96.08% were kept.

3,952 teeth were extracted and 1,146 were filled.

12,639 other operations, including dressings, scalings and root treatments were carried out.

Thirteen regulations were completed by means of Orthodentic appliances.

One fact which is revealed from the inspection is an increase of 1.6% in the amount of caries found. This calls for special notice as it is in the entrants that the increase in dental caries seems to be prevalent.

Otherwise there is no important change to record from last year. The work is steadily increasing, and the demand for treatment at the Clinic greater.

The practice of seeing all children up to nine years of age and following up those who accept treatment is being continued.

Casuals (those having no appointment) are seen each school morning between 11 and 12).

### INFANT WELFARE.

304 Children were treated from the Infant Welfare Centre, and 43 patients were treated or given advice from the Ante-Natal Clinic.

### ROUTINE INSPECTION.

- 4,768 Children were inspected at the schools.
- 1,083 or 22.7% were found free from caries.
  - 31 or .65% were found to require no treatment.
- 3,655 or 76.6% were recommended for treatment.
- 3,038 or 83% recommended, attended the Clinic for treatment.
- 6,253 attendances were made.
- 2,383 of these were rendered dentally fit as the result of treatment.

### SECONDARY SCHOOLS.

Dental inspection was carried out at the three secondary schools (The College, Euclid Street, and the Commonweal).

765 pupils were examined.

401 or 52% were referred for treatment.

Treatment is at present proceeding for this group of pupils.

225 pupils were treated at the Clinic and made 422 attendances.

100 teeth were extracted and 264 permanent teeth were filled.

197 other operations (including scalings, dressings and root treatment) were carried out.

A detailed report of the inspection is appended in the statistical tables for Higher Education.

A point worth noting from this inspection is the drop to 49% from 62% in the entrants requiring treatment. Undoubtedly this shows the value of routine inspection and treatment during the years in the elementary schools.

Once again I thank all the teachers and members of the medical department for the assistance they give us in carrying out our work, and assure them that it is greatly appreciated.

W. KENYON BERRIE, L.D.S., R.F.P.S.G.,

School Dental Surgeon.

### APPENDIX II.

### REPORT OF THE OPHTHALMIC SURGEON.

LADIES AND GENTLEMEN,

I have the honour to submit my report on the work of the Eye Clinic. As in former years the work has gone on continuously during the school terms.

After Dr. Oldershaw had left the numbers of applications for treatment were greater than I was able to deal with, but this state of things has now been overcome, thanks to the valuable help I have received from Dr. Logan in doing the refraction work.

The arrangement is continued with the Oxford Eye Hospital for the treatment of children as in-patients when required, and this has proved as valuable as in former years.

I wish again to record my gratitude to the Nursing and Clerical Staffs for their active help in carrying on the work of the Clinic.

O. B. PRATT, M.A., M.B., M.R.C.S., L.R.C.P.,

Ophthalmic Surgeon.

### APPENDIX III.

### REPORT OF AURAL SPECIALIST.

To the Chairman and Members of the Education Committee.

LADIES AND GENTLEMEN,

There has been a considerable development in the work of the Special Aural Clinic during the year 1930. The number of patients examined has increased from 24 to 53, and the number of consultations from 25 to 56, as compared with the year 1929. This is probably due in part to the uninterrupted working of the arrangements, and in part to an increased popularity of the Clinic as a result of its beneficial record.

The conditions dealt with in this Clinic have an important bearing on the future health of the children. Careful records are kept of the medical histories, which may be of use in later years.

I should like to express my appreciation of the assistance I have received from the Medical, Nursing and Clerical Staff.

### F. COURTENAY MASON.

B.A., M.B., M.S. (London), F.R.C.S., Eng.

### SUMMARY OF CASES SEEN AT SPECIAL AURAL CLINIC, 1930.

Number of Clinics held	. 7
Number of cases examined	. 58
Number of consultations	. 56
Number of attendances at Clinic	. 56
Number of cases recommended for: Mastoid operation (Operations performed)	. 2
Operation for removal of Tonsils and Adenoids (Number performed 19, Refused 8, Awaiting operation)	. 29 n 2)
Operation for removal of Adenoids only (Operations performed)	. 3
Operation for Nasal Obstruction (Operation performed)	. 1
Operation for removal of Tonsils only (Operations performed 3, Refused 2)	. 5
Other operations—S.M.R	. 2
Other forms of treatment—Ionisation, etc	. 8
Observation:—	
? Mastoid	. 1
? Nasal operation	. 1
Nasal obstruction	. 1
the ambiect is very lar from being exhausted.	70
Total	. 53

### APPENDIX IV.

### THYROID DISEASE IN CHILDREN.

In the Annual Report for 1925 we published, as an appendix, an inquiry into thyroid swelling affecting children in the Borough of Swindon, based upon the experience of a special clinic which we had had locally for the preceding five years. Half a decade has elapsed since the first report, so it seems desirable to augment, and where necessary to modify, what was written in 1925, in the light of the experience which has been gained since that date.

Five years ago, a great deal of attention was paid to thyroid enlargement in children, but recently interest in the subject has slackened. The reason for this is not far to seek and is of some interest, because it operates in all medical researches, with their consequent introduction of new forms of treatment, which have been prosecuted during the past fifty years. When attention is first paid to a special subject, many discoveries are made, new knowledge in abundance falls from research and indications for new forms of treatment are numerous. But, unfortunately, the abundance of fruit tends to produce dogmatism and exorbitant claims, and as research proceeds the harvest of new knowledge becomes thinner and mainly of a nature to force modifications of the original claims, often to so great an extent as to be disappoint-Moreover, it is a little difficult in this short and busy life to maintain a fixed interest in any subject over a large number of years and many feel that, having skimmed the cream off a promising line of investigation, it is not worth labouring for the small return that can be obtained from pursuing it. It is for this reason that attention to thyroid function has rather dropped out of late, but the subject is very far from being exhausted.

In this short study we shall modify and augment what we said five years previously, though we do not profess to have got any nearer the solution of some of the outstanding difficulties. In 1925 we had definitely come to the conclusion that so far as preventive medicine is concerned, the two major forms of disease connected with the thyroid gland, namely ex-ophthalmic goitre and myxædema, had a common origin. Since that date, the development of the biological conception of disease has converted a pathological paradox into a biological truism. Taking the balance of function as the criterion of health, disease must be the upset of this balance and the prime cause of all disease, the factors which interfere with true balance. If we consider the thyroid gland as an item in the endocrine cycle whose function is to manufacture and balance a special chemical substance, which in this case is one containing the element iodine, the genesis of

thyroid disease can be made clear. Of the elements of which the thyroid secretion is made, the only one which is exceptional is iodine and from this it has been concluded that lack of iodine is the initial cause of thyroid failure. There is abundant experimental and field evidence that this is the case. iodine the thyroid cannot function; with insufficient iodine intake it can only function imperfectively or under difficulty. Poverty of iodine intake is the cause of thyroid failure, but the amount of iodine required is variable, for it depends upon the call made by the body for thyroid secretion. One may presume that under all normal circumstances the amount of available iodine in the food supply is sufficient to supply any call that may be made for thyroid secretion. About the time that the connection between iodine deficiency and thyroid disease was receiving great attention, an explanation which, on the surface, was totally opposed to it, also gained considerable favour: namely, that thyroid enlargement was caused by septic intoxication. work of McCarrison gives great support to this theory but it also showed that the two explanations are not antagonistic but con-It seems clear that the proper way of looking at the matter is this. The thyroid function varies with the call made upon it. If this call is not excessive and the supply of iodine in the food-stuff is ample, the thyroid remains small; but if the call is excessive, or if the supply is deficient, the thyroid gland will enlarge. The call is normally excessive shortly before ovulation and it is normally or abnormally excessive during the process of re-action to infection. The gland will enlarge abnormally if the supply of jodine is deficient at the same time as the call is excessive. Of itself, enlargement of the thyroid gland is no more to be considered a disease than is the enlargement of the muscles in an athlete, but since the enlargement in both cases comes about from the utilisation of potential, both are liable to exhaustion and to degeneration.

Normally the thyroid gland alters in size with a monthly rhythm and the output of thyroid secretion varies also in a monthly This phenomenon is most readily observed in menstrurhythm. ating females. The thyroid gland starts to increase in size toards the end of the menstrual flux, it increases steadily for rather less than three weeks and then rapidly diminishes, reaching its minimum size at ovulation. The symptoms of increased thyroid activity are to be observed when the gland is shrinking, i.e., just before ovulation. At this time it is possible to produce the symptoms of ex-ophthalmic goitre by the administration of large doses of iodine or of thyroid extract, but during the remainder of the cycle such symptoms cannot be produced by iodine and only with difficulty by thyroid extract. There is a work by S. C. M. Sawton and C. E. Myers called "Two Contributions to the Experimental Study of the Menstrual Cycle," published as Report No. 45 of the Industrial Health Research Board, which, though

little known, is one of the most enlightened pieces of research of the past decade, which enables us to form a mental picture of the biological phenomena of the lunar rhythm centred round The thyroid function fits into this rhythm in the manner indicated above, but the monthly cycle of thyroid function is not limited to females and can be observed, though rather less strikingly, in children of both sexes, particularly in those in whom the gland is chronically enlarged. It will be seen that this rhythmical variation bears very strongly on the question of treatment and management. Of the two factors which cause difficulty to the thyroid, undoubtedly the more important is poverty of iodine intake. If this is slight, the gland becomes enlarged probably to extract more freely such iodine as is available, but should the deficiency be great, the thyroid either atrophies, or fails to develop and cretinism results. Endemic enlargement of the thyroid is common and is generally found in places where the local soil is deficient in iodine. The work of Orr and Leitch practically proves that an inland community obtains most of its iodine supply from vegetables, especially those of the order cruciferae. This had been deduced by us from observation in 1925 and the management of endemic goitre in Swindon was based upon this assumption. Since the memo of 1925 was written, through the courtesy of the Rowett Institute, Aberdeen, we have had analyses made of the water supply, the soil, local vegetables, and the thyroid gland of sheep, from the Swindon district. Details of these analyses will be found in the special reports Nos. 123 and 154 of the Medical Research Council. From these we learn that the iodine content of Swindon water is 0.05 y, the lowest of any water supply in the country, and that the iodine content of milk, pasturage and of some other foods, particularly cabbage and onion, is low. Dr. Orr's second report, which is No. 154 of the Medical Research Council, Swindon is given as a district of low goitre prevalence, but though the local incidence has decreased very markedly of recent years, Swindon must still be considered as a potential endemic centre.

The thyroid is much the largest of the endocrine glands and is the only one which can be inspected during life. We do not know whether the other members of the ring vary in size as does the thyroid. It is quite possible that the suprarenals, for instance, might undergo rhythmical variations as does the thyroid or that they may be subject to more persistent enlargements corresponding to the goitrous neck. It is certain that in the ordinary minor forms of goitre, which are not accompanied with symptoms either of hyperthyroidism or hypothyroidism, the other endocrine glands much vary to maintain the physiological balance. We speak of certain symptoms as being hyperthyroid or hypothyroid because similar symptoms can be produced by the exhibition of thyroid extract or by removal of the thyroid respectively, but it is certain that these symptoms are of composite causation, in

which probably all the endocrine glands have some say. If thyroid extract in comparatively large doses is given to a normal, the symptoms of hyperthyroidism can be produced, but these are short-lived and even if the exhibition continues, so long as the endocrine ring is healthy, they will subside. It is important to remember that in dealing with thyroid conditions we are not dealing with a local swelling or an isolated physiological phenomenon, but with the whole endocrine function.

Shortly after the special thyroid clinic in Swindon was established, an attempt was made to prevent the occurrence of goitre in on-coming children. The proposition was that endemic thyroid prevalence was due to insufficient iodine intake, particularly during early childhood, and that the usual source of iodine in the community was fresh vegetables, chiefly those of the order cruciferæ, and sea-fish; so an extensive campaign was entered upon to modify the diet usually given to young children, especially toddlers, so as to include the substances rich in iodine. If the premise was correct and the campaign successful, it should result in a material diminution of the percentage of children found with enlarged thyroid. In the five years 1921 to 1925 there were 424 cases of enlarged thyroid treated at the clinic, or roughly 80 new cases per annum. In 1926 the number was 60, in 1927 it was 11, in 1928 it was 25, in 1929 23, and in 1930 it was 51. The increase in the last year will be referred to later. Taking the broad figures, that in the five years before the campaign there were 424 cases and in the five years after the campaign the number was 172, we get some reason to believe that the original thesis was correct. Moreover, the cases found at medical inspection during the 10 years were as follows:-

### ELEMENTARY EDUCATION (Elementary Schools):

Year.	Total number of children Inspected	of o	otal num children arged th	with	Per cent.
1921	 2184		57		2.61
1922	 2673		91		3.40
1923	 2362		166		7.02
1924	 2491		114		4.57
1925	 3070		66		2.15
1926	 2457		33		1.34
1927	 3198		15		0.46
1928	 3833		25		0.66
1929	 2067		22		1.06
1930	 3126		42	***	1.34

### HIGHER EDUCATION (Secondary Schools):

Ye	ar.		Total number of children Inspected.	of	Total num children v nlarged th	with	Per cent.
19	22		377		38		10.08
19	23		203		38		18.72
19	24		410		28		6.83
19	25		422		51		12.09
19	26	4 80	284		4		1.41
19	27		776		8		_ 1.03
19	28		169		4		2.37
19	29		635		14		2.21
19	30		902		34		3.77

The following Table shows the number of thyroid cases arranged according to the year of birth of the children. This Table is similar to the table given in 1925, but is brought up-to-date:—

# TABLE SHOWING THE YEAR OF BIRTH OF CHILDREN WITH ENLARGED THYROID.

T'tals		8	3	22%		233		12		25		σ	0	596	3
Total	22877	36	09	53	173	48	190	4	8	2	23	1	80	134	462
1925	942		:	:	1	:	:	:	:	:	:	:	:	:	1
1924	896		1	:	2	:	1	:	:	:	:	:	:	:	4
1923	989		:	-	;	:	1	:				:	1	:	03
1922	1057	:	:	:	4	:	1	:	1	:	:	:	:	:	9
1921	1125	:	:	03	4	:	2	:	;	:	:	:	:	2	9
1920	1246	:		:	4	:	1	:	:	:	:	:	:	:	2
1919	305	:	1	1	03	:	- 3	:	:	:	1	:	:	1	4
1918	934	:	1	:	7	:	03	1	:	:	:	:		1	10
1917	877	N	ю	63	9	1	2	:	1	:	:	:	;	2	15
1916	1022	2	2	ю	15	:	7	:	1	1	2	:	03	9	83
1915	1093	4	9	9	6	83	00	:	1		2	:	:	12	88
1914	1193	1	9	4	11	5	12	:	3		:	:	1	10	133
1913	12%	1	10	9	21	:	12	:	:	:	:	:	03	7	28
1912	1218	63	7	7	88	03	6	1	1		1	:	:	12	38
1161	1105	9	15	7	16	10	83	1	:		4	1	:	25	64
1910	1198	7	=	00	15	11	33	:	:	-	4		2	56	11
1909	1355	:	2	2	20	13	44	-	:	:	4	:	:	19	202
1908	1477	1	03	8	13	4	00	:	:	1	03	:	:	8	83
1907	1469	:	:	:	2	:	4	:	:	:	100	:	:	:	6
1906	1472	:	:	1	1	:	2	:	:	:	:	:	:	:	9
	No. of Births	B.	9	B.		B.	 G.	B.	 G.	B.	. G.	B.	5	B.	Totals G.

The numbers are of those cases which attended the thyroid Clinic and represent about 85% of the total number of thyroid enlargements occurring in Swindon children. The percentage of cases which attend the Clinic has been nearly constant for some years though it shows a tendency to slightly increase. The numbers for the years 1906 to 1908 are grossly imperfect; those for the years 1919 to date are of little value at present, though they will become valuable in the course of years. It will be seen that there has been an almost steady and very satisfactory reduction in the incidence of thyroid enlargement. The letters at the beginning of the ranks have the following significance:—

symptoms. (h) Obvious (e) Cases of Exophthalmic (o) Enlargement of no particular consequence and without symptoms.

(a) Enlargement with symptoms of hyperthyroidism.

(b) Irregular enlargement with cysts or tumours.

(c) Cases of Goitre.

(d) Cases in which the thyroid enlargement is part of a general enlargement of the lymph glands.

It must The high proportion of cases with hyperth yroidism and the comparatively large number of exophthalmic goitres are noteworthy. be remembered that the figures include children from the Secondary Schools of ages up to 20.

### TREATMENT.

If thyroid enlargement indicates a deficiency of iodine in the diet, the correct treatment should be to modify the diet to contain more iodine. If thyroid enlargement is due to a septic process calling for an increased supply of thyroid secretion, the treatment should be to cure the septic process if possible, and if not, to remove it and in either case to give a diet with a high The arrangement of the diet to contain fair iodine content. quantities of iodine prevents thyroid enlargement and should cure it when it occurs. The author holds, most emphatically, that in the prevention of endemic goitre, iodine should be given in organic combinations in foodstuffs and not as an artificial product in the shape of iodized water, salts, etc. He is quite satisfied that in goitrous districts the exhibition of small quantities of iodine salts has produced marked improvement, but he submits that better results can be obtained by giving iodine in organic form as it occurs in certain dietetic articles. The objection that he has to using iodine salts for prevention, is that in all cases they are totally absorbed and the body can exercise no selection upon them and, moreover, the inorganic salts are not the iodinecontaining substances with which the thyroid normally deals. In addition to these theoretical objections, there is a very practical objection which will be made obvious in the next paragraph.

In the treatment of enlarged thyroid, i.e., in treating children who are individually under inspection, there is little objection to using any compound which may be valuable. In thyroid enlargements of the ordinary kind, we meet with perfect physiclogical balance, with hypothyroidism, or with hyperthyroidism, and in the same case these three conditions may alternate. For the treatment of thyroid enlargements of various kinds, in addition to the modification of the diet, the following substances have been used: potassium iodide, collosol iodine, thyroid extract, cod liver oil, and para-thyroid extract. In addition to these, a host of other substances, particularly hormonic extracts, have been tried, but no evidence of their utility is forthcoming. The use of iodide of potassium has been practically discontinued and cod liver oil is only given where the thyroid enlargement is associated with general enlargement of the lymph glands and lymphocytosis. so that the treatment for the ordinary varieties is simplified down to the use of the three substances, collosol iodine, thyroid extract, and para-thyroid extract. It may be said of the last that its action is extremely uncertain. There is a suspicion that most of the para-thyroid which is obtainable is mixed with thyroid to a varying extent and until we can obtain a purer extract of para-thyroid we cannot hope to find it very useful. in any form, but particularly in the form of thyroid extract, is given to cases of enlarged thyroid during that part of the monthly cycle when the thyroid is normally increasing, it produces a gradual diminution of the gland without any disturbance of the physiological balance; but during that part of the cycle when the gland is shrinking, the exhibition of iodine will produce symptoms of hyperthyroidism, and, if it is pushed, the symptoms of exophthalmic goitre. The treatment of goitre by iodine compounds gives very excellent results if the exhibition is tuned to the physiological activity of the gland, but to give it without paying attention to the monthly rhythm may do good in many cases, but is disastrous in others.

Mere enlargement of the thyroid gland is not a disease, but a physiological response to a difficult environment. What may we call disease of the thyroid gland? How is it produced? Hypothyroidism seems to be due to marked diminution in the iodine intake, so marked that the thyroid either atrophies as it does in cretinism, or that no physiological enlargement of the gland can gather sufficient for the body's purposes, as occurs in goitre with persistent hypothyroidism. Theoretically, the obvious treatment of hypothyroidism is the administration of thyroid extract and, in practice, this is the ordinary treatment and is The other form of thyroid disease, namely hyperthyroidism and exophthalmic goitre, can be produced temporarily in cases of enlarged thyroid by the injudicious administration of iodine when the gland is shrinking as it does normally just before In the clinic at Swindon we see, not unfrequently, children with exophthalmic goitre in its early stages. These are generally curable but are apt to relapse. Some of the cases which have been watched for seven to nine years, through adolescence into maturity, have, on many occasions, developed the symptoms of exophthalmic goitre which so far have always yielded to treatment. It is not the purpose of these short notes to enter into the pathology of exophthalmic goitre except to draw attention, as we have done, to the fact that the disease can be produced by the injudicious use of remedies to relieve thyroid enlargement. We have said, and we again insist, that the thyroid gland is part of a complex system. The connection between thyroid and ovarian function is particularly close for there appears to be direct correspondence between the monthly cycles of the two glands, so the increased discharge of thyroid secretion which can be proved clinically to be connected with rapid diminution in size of the gland doubtless plays a great part in balancing the physiological explosion occasioned by the rupture of the graafian follicle.

In view of what has been said, the combination of enlargement of the thyroid with symptoms of hyperthyroidism, very common in Swindon, is a little puzzling. This combination is rarely observed in children before puberty. The explanation that we gave in 1925 wears well on further experience and is worth repeating. Poverty of iodine intake in the early years of infancy

causes the thyroid to enlarge. If this poverty is continued, cr if severe, and not treated, it becomes persistent and at puberty or afterwards, when the child's diet generally contains a reasonable amount of iodine, the enlarged thyroid over-secretes during the negative phase of the monthly cycle.

Correspondence between clinical phenomena and histological changes in the thyroid gland has not been obtained up to the present, but from reading the accounts of those who have specialised in histology of the thyroid, this lack of correspondence is what might have been expected; for most of the research, at all events as regards the human subject, has been made on cases that have died from thyroid disease or on glands that have been removed at operation.

The material upon which the forthcoming remarks are based has not yet been fully analysed, so we are not prepared at present to bring the tables, published in 1925, up-to-date, but it is hoped to do this very shortly.

D.B.

### APPENDIX V.

In the Annual Report for last year certain statements were made regarding the cytology of the blood in childhood. Amongst these remarks were the following:—

- (1). It was found that children with a high lymph cell count in the blood stood minor operative treatment very badly, particularly if the operative treatment was inseparable from the flooding of the body with toxins from septic foci.
- (2). The examination of the blood in children tells us the beginning of the leukaemias and anaemias; it helps us to estimate the probabilities of appendicitis, of tonsillar enlargements, of awakening activity in tuberculosis; to appreciate the course, prognosis and indications for treatment of acute and chronic infections and the advisability or otherwise of operative measures not needed urgently to avert death.

Thirty years study of the cytology of the blood in childhood has led to the appreciation of certain definite danger signals, particularly in connection with the disease of the lymphatic system, and it would seem that the time has come to place before the profession the results of the experience gained. Our grandfathers spoke of a condition that they called "Struma" or the Strumous Diathesis." This condition covered a great number of pathological states, one of which was tuberculosis of the lym-After Koch had discovered the tubercule germ phatic system. the term "Struma" gradually became obsolete, as it was considered that it was really synonymous with tuberculous adenitis; but further experience shewed that this was too sweeping and that there were other conditions besides tuberculosis which had been included in the strumous diathesis. Another term then came into fairly common use, namely, "status lymphaticus." Those who used this term originally did not give it any very definite meaning, but used it as a convenient expression to cover enlargements of the lymph glands and certain accessory glands, accompanied with increase of the lymphocytes in the blood. They recognised that children in this condition stood disease and operative interference badly and were very likely to die from comparatively trivial injuries. The rise in our knowledge of vitamins explained, to some extent, the nature of this condition and, perhaps, at the present day, what our grandfathers called strumous diathesis corresponds to in great part to vitamin deficiency, particularly of "A" and "B." Meanwhile status lymphaticus had become exalted into a definite disease with what. in topical slang, is known as a "syndrome," but within the last few months this idol has fallen and the belief expressed that status lymphaticus is a myth. We shall not enter into this discussion except to point out that if status lymphaticus is a myth, the sudden calamities which it was supposed to cause are most unpleasantly real and in many cases are connected with the phenomena of lymphism or struma.

In these days the operation for the removal of tonsils and adenoids is an every-day occurrence. If certain authorities had their way, it would be extended to some 90% of children, and even those who reject the operation wherever possible, have to admit that in some 5% at least of all children this treatment is desirable. This operation is performed for a condition which is not, in itself, immediately dangerous and any calamity which occurs during or immediately after its performance is a matter to give us serious concern. Our experience in the blood of children suggests that when the total white cell count exceeds 6,000 per c.m.m. and the percentage of polymorphonuclear exceeds 50% of the total, operation is without danger and that healing will occur after it without complications; but that when the number of leucocytes sinks below 3,000 per c.m.m. and the lymphocytes exceed them numerically, the operation is not free from danger, and may be followed by complications which may prove fatal. Being confident of the general correctness of this statement I have declined to sanction the operation for tonsils and adenoids until the blood has been examined and passed as satisfactory. For the past ten years that this procedure has been followed, no operation sanctioned by me for tonsils and adenoids has given rise to anxiety, either at the time of operation or subsequently. During the same period there have been a certain number of tonsil and adenoid operations, not done under our scheme, which have been followed by complications, two at least of which were Unfortunately there is no information as to the blood condition of these children before the operation was undertaken and as we should not allow an operation in a case where the blood condition suggested to us that there might be danger, we not only cannot prove our point by evidence which is scientifically acceptable, but must decline to do the necessary research work with controls which is necessary to prove it. Dr. King, Assistant Medical Officer, has examined the bloods of most of the cases in which removal of tonsils and adenoids was desirable and the information that she gives below will make clear what blood states we consider to be safe and which unsafe for operation, and also the results of treatment for altering the unsafe into the safe condition.

This investigation of the blood conditions of children who have been referred for the removal of adenoids and enlarged tonsils, has covered a period of five and a half years, and is still proceeding.

The blood picture of each case was carefully scrutinised. If it were normal, operation was advised. If certain abnormalities were noted, operation was deferred and the child was put on yeast to be taken daily, as a routine treatment. After at least a month, another blood count was done, and if the condition was either normal or sufficiently improved operation was recommended. Otherwise another interval was suggested, during which the yeast was continued, and so on. It will be noted that in more than one case, several counts were considered to be necessary.

For the purposes of this report, twenty typical cases in each group were selected. These shew the blood picture in detail, and indicate the reasons for postponement of the operation, and for subsequent permission.

In considering the question as to whether each case should proceed for operation, certain factors were noted. If there was a high lymphocytosis, the case was always referred back. If, however, there was a slight excess, and a sufficiency of eosinophile cells, with a fairly normal total number of leucocytes, the case would be allowed to proceed. Any marked case of leucopenia was also prohibited from operation. The general condition of the child was always carefully considered, and if operation was urgently needed, it was recommended unless certain limits in the blood picture were exceeded.

Total number of counts	{ Boys Girls	$\frac{125}{179}$	} Total:	304
Bloods counted once only				222
Bloods recounted				82
Operations performed	$\left\{ \begin{array}{c} \operatorname{Boys} \\ \operatorname{Girls} \end{array} \right.$	109 100	} Total:	209

### Total age groups:

Ag	е		Cases
6	months	 	1
2 - 3	years	 	6
3 - 4	years	 	20
4 - 5	years	 	36
5 - 6	years	 	55

Total age groups (continued):

Age		Cases
6 — 7 year	's	 39
7 — 8 year	'S	 20
8 — 9 year	'S	 31
9 —10 year	's	 23
10 —11 year	·s	 14
11 —12 year	's	 15 .
12 —13 year	s	 23
13 —14 year	's	 15
14 —15 year	's	 6

Red Cells, in millions, of bloods counted once only:

		Cases
3 - 4	 	 3
4 — 5	 	 23
5 — 6	 	 63
6 — 7	 	 103
7 — 8	 	 27
over 8	 	 2
Haemolysed	 	 1

White Cells, in thousands, of bloods counted once only:

		Cases
5 — 6	 	 6
6 — 7	 	 18
7 — 8	 	 28
8 — 9	 	 46
9 10	 	 30
1011	 	 23
11 —12	 	 21
12 —13	 	 14
13 —14	 	 14
1415	 	 9
15 —17	 	 4
17 —18	 	 3
1820	 	 1
2021	 	 1
21 - 23	 	 1
23 - 27	 	 1
27 31	 	 1
over 31	 	 1

Red Cells, in millions, of	blood	s reco	unted				
				Cas	ses		
3 - 4					1		
4 — 5					6		
5 - 6				3:	2		
6 - 7				2	8		
7 — 8				1:			
over 8					1		
omitted					1		
Haemolysed					1		
White Cells, in thousands,	of blo	oods r	ecount	ed:			
				Cas	ses		
3 - 4					2		
4 - 5							
$\tilde{5} - \tilde{6}$					2		
6 - 7		-			9		
7 - 8	200			1			
8 — 9					7		
9 —10				1			
10 —11			***	1:			
11 -12		***			9		
12 —13	***	***					
13 —14		,			2		
14 —15							
					3		
15 —16							
16 —32					3		
omitted	***				l		
EOSINOPHILIA. Blo eosinophiles:	ods co	ontain	ing m	ore t	han 3%	of	
In bloods counted one	e only	. con	nts va	rvino	from 4	9	16
Number					nom 1		
Percents							
					100/		
In bloods recounted : o					-12%		
Number							
Percenta	ige			34			
Cases postponed once.	Oper	ation	after	2nd	blood		
. count						33	cases
Cases postponed twice.					blood		
count						2	cases
						_	Cases
Cases postponed three ti						01	case
blood count							
Operation refused							cases
No second attendance						1	case
No information						1	case
			KING,				
March, 1931.				001 1	Iedical	Off.	er.
March, 1001.	21	SSISTA	at ben	001 1	redical	Ome	CI.

30

Z N 1 N = Z Sex. 3/12 6/12 4/12 1/12 Age. REFERRED FOR OPERATION AFTER FIRST BLOOD COUNT. 10 00 90 4 4 10 10 Nose Mouth breather; snores, frequent colds; glands and tonsils enlarged. frequent Snores; mouth breather; tonsils con-Rheumatic pains. Severe nasal obstruction; earache. siderably enlarged; otorrhoea Nasal and throat obstruction. bleeding. mouth breather; Condition of patient. Heavy, noisy breathing. Enormous tonsils. Snores; colds. 9.5 4.5 3.5 10 3800 Fosinophiles. 10 00 200 10 10 00 00 00 Hyalines. Lymphocytes. 0.5 200 10 01 00 27% 46.5 27.5 Small Lymphocytes. 500 47 45 899 45.5 Polymorph. Leucocytes. 20 TYPICAL CASES 62 19 12 53 006 13,600 13,500 10,600 8,300 12,000 14,000 White Corpuscies. 6,160,000 5,350,000 3,940,000 6,070,000 6,540,000 5,490,000 3,830,000 Corpuscles. Red CI 00 4 10 9 1-Case No.

M 1 1 Z Ĺ Z Sex. 20 TYPICAL CASES REFERRED FOR OPERATION AFTER FIRST BLOOD COUNT.—(Continued). 9/12 1/12 9/12 1/12 2/13 OC. 'asy 9 9 9 1--Earache; mouth breather; snores; tonsilsconsiderably enlarged. Glands Sore throats; thick speech; snores; deaf. Snores; mouth breather; glands considerably enlarged; tonsils and adenoids enlarged. Tonsils much enlarged; breathing severely obstructed; voice thick. Glands enlarged; tonsils consider-ably enlarged. Eye trouble; poor general health. Deafness; pronounced adenoids. Condition of patient, enlarged. 200 1-21 13 1.5 10 Eosinophiles. 3800 1.5 90 Hyalines. Parge Lymphocytes 38 Q1 31 91 \*\* 31 25% Small Small Lymphocytes. 49.5 333 56 43 10 39 71% Рођумогрћ. Гепсосутеs 7 59 F9 25 20 9,300 6,100 6,400 15,600 11,000 14,600 Corpuscles. White 4,990,000 6,990,000 5,840,000 6,110,000 5,910,000 6,030,000 Corpuscles. Bed 6 12 00 13 11 Case No.

20 TYPICAL CASES REFERRED FOR OPERATION AFTER FIRST BLOOD COUNT.—(Continued).

Sex.	1	(m)	M	í4	M	N	12
.9gA.	6	10 7/12	11 5/12	12 10/12	13	12 6/12	1.5
Condition of patient.	Mouth breather; pronounced adenoids.	Mouth breather; earache and deaf- ness. Adenoids and glands enlarged. Tonsils considerably enlarged.	Severe adenoids.	Earache and headache. Tonsillitis attacks. Tonsils and adenoids moderately enlarged.	Snores; mouth breather; thick speech; many colds; glands and tonsils en-	Enlarged tonsils; tonsillitis; noisy breathing.	Mouth breather; enlarged tonsils.
Posinophiles.	96,00	4.5	3,5	9.8	2.5	60	51
Hyalines.	%	4	10.0	61	:	3.5	10
Lymphocytes.	96,0	-	9	0.5	:	-	60
Small Lymphocytes.	% <del>60</del>	44	45	83	47.5	33	89
Polymorph.	96.T-	46	44	65	20	57.5	48
White Corpuscles.	5,700	7,500	008'9	006'9	7,900	006'9	7,300
Red Corpuscles,	6,510 000	6,270,000	6,100,000	2,830,000	5,030,000	6,290,600	6,360,000
Case No.	14	15	16	17	18	19	50

NO	Sex.	M					M	
MISSI	-95V	4		4 10/12	5 5/12	8 7/12	11 6/12	11 7/12
FOR SUBSEQUENT PERMISSION	Reason for permission.					Leucocytes and small lympho- cyteslevel. Sufficient eosi- nophiles.		Increase of white cells. Increase of Leucocytes.
	Reason for postponement.	Excess of lym- phocytes. Leu- copenia.		do.	Still excess of lymphocytes.		Lymphocytosis.	incon the contract of the cont
ATIONS WITH REASONS	Condition of patient,	Tonsils and ade- noids enlarged. Debility. Fre-	quent colds.	do.	Recent diph- theria.	Tonsils considerably enlarged.	Glands and ton- sils enlarged.	No change.
WIT	Posinophiles.	%9		60	4	4	t-	4.5
ONS	Hyalines.	%01		67	3.5	1.5	4	3.57
	Lymphocytes.	13%	7	4	6.5	0.5	c1	4.5
OPER	Small Lymphocytes.	% 45		47	70	47	46	30.5
NED	Polymorph. Leucocytes.	55.		41	16	47	98	99
POSTPONED	White Corpuseles.	4,300		3,300	7,300	7,900	7,300	10,900
CASES OF	Red	5,664,000		000'069'9	5,730,000	6,430,000	6,520,000	6,240,000
20 0	Case No.	1					63	

Sex. 1 Z 20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION 2/12 2/12 7/12 9 ·asy 10 9 9 -1-Increase in red cells & white. Increase of leu-Increase of leu-Increase of leupermission. cocytes. cocytes cocytes. Reason for Excess of lym-Excess of lym-Lymphocytosis. Reason for postponement. phocytes. phocytes. Otorrhoear Deafness; ton-sillitis. Earache; mouthbreather. Tonsils and ade-Headache. Sep-Glands and ton-Health improved. noids enlarged. sils enlarged. tic throats. Condition of patient. do. (Continued). 1.5 90,00 Bosinophiles 01 1-10 3.5 1.5 1.5 Hyalines, 9601 0 Lymphocytes. 2.5 1.5 %.I NO. 00 07 53.5 42.5 Small Small by Small by the state of the sta 300 35 47 1 Polymorph. 39.5 36 53 39 57 51 10,400 10,100 11,100 8,100 6,000 7,200 White Corpuscies, 6,380,000 5,510,000 7,390,000 5,980,000 6,464,000 4,800,000 Red Corpuscles, 90 4 10 Case No.

Z	.xə8	ĮT.	-		4		97		à
PERMISSION	Age.	10 1/12	10 3/12		4 3/12			4 5/12	W1821
	Reason for permission.	continue procured on you	Increase of small lymphocytes.	Manufacture of the last				Increase of leuc- ocytes.	GOENT SEN
FOR SUBSEQUENT	Reason for postponement.	Excess of lymphocytes.	Special of plan		Excess of lym- phocytes.	Transfer of Part			EOK 2082B
OPERATIONS WITH REASONS —(Continued).	Condition of patient.	Marked ade- noids.	Autoria entre		Frequent colds. Mouth breath-	0 8	Tonsils and glands enlarged.		WENDAR H
WITH-(Cont	Eosinophiles.	96.00	64		00		Legislani	1.5	MELL
SNO	Hyalines.	26.00	00		10	200	Mealing	-	0 14.2
RATI	Lymphocytes.	1.5	18		10.5		1930	4.5	TAR
OPE	Small Lymphocytes.	49.5	30 20		53.5		Panelsonia munit	33.5	Oh
NED	Polymorph. Leucocytes.	39.5	09		35	200	in the same	59.5	MED
POSTPONED	White Corpuscies.	6,000	5,500		14,700	12,900	Costants A Pho	13,400	POSTP.
CASES OF	Red Corpuscies.	5,340,000	5,920,000		7,170,000	97190'960	Gorbusts Red	7,380,000	VSEZ OF
20 C/	Case No.	9			1-		Gare No.		20 0

20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION. Sex. Z L Z 4 11/12 3 10/12 9 2/12 9 3/12 10 vasv. Increase of leu-Slight increase of leucocytes. cocytes and eosinphiles. Increase of leu-Increase of eos-inophiles. permission. cocytes. Reason for Excess of lym-Excess of lym-Excess of lym-Reason for postponement phocytes. phocytes. phocytes. Earache; throat Severe adenoids. enoids enlarged Glands and ad-Tonsils consid-Otorrhoea. De-bility. erably enlarged Condition of patient. trouble. (Continued). 1.5 20 Eosinophiles. 201 CO 2.5 900 10 Hyalines. 00 25.52 0.5 9.5 Бляде Гутросутев. œ CV 46.5 37.5 51.5 57.5 Small Small 53 61 33.5 47.5 39.5 Polymorph. Leucocytes. 46 36 12,900 16,200 11,600 10,000 9,800 14,300 White Corpuseles, 6,400,000 5,240,000 5,640,000 6,210,000 5,750,000 6,000,000 Red Corpuscles, 10 6 00 Case No.

Z Z Sex 20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION 3 10/12 8 2/12 4 2/12 10 Age. Reduction in total lencocycocytes and eosinophiles. Increase in leuphocytes. permission. Reason for Leucocytosis. Excess of lym-Excess of lymphocytes, postponement. phocytes. Веззоп 101 Marked ade-noids. Glands and Tonsils en-larged. Marked adenoids. Glands enlarged. Condition of patient. -(Continued). 3.5 1.5 30 Rosinophiles. 4.5 9 00 0 Hyalines. Гутріосутев. Гутріосутев. 00 00 93 30 10 Small Lymphocytes. 45 43 30 52. 57 38.5 42.5 Polymorph. Leucocytes. 46 38 41 11,300 20,000 10,600 7,300 Corpuscles. White 5,270,000 6,050,000 5,810,000 4,880,000 Corpuscles Red . 7 H Case No

Z Z 20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION Sex. 5 11/12 4 10/12 7/19 5 1/12 5 4/12 .92A small lympho-cytes. General health improv-ed. Increase of leu-Increase of leu-Decrease of cocytes and eosinophiles. Reason for permission. cocytes. Leucopenia. Some excess of lymphocytes. Excess of lynn-Excess of lymphocytes. phocytes. postponement Reason for Poor physique. Marked aden-oids. Marked aden-Severeadenoids. oids. Frequent Tonsils considerably enlarg-Condition of patient. colds. -(Continued). 6.5 95 20 1-00 03 Bosinophiles. 0.5 1.5 3001 10 Hyalines. 1.5 1.5 Lymphocytes. 9 00 47.5 10 Phubpochies: 300 45 17 7 333 Hems 87.5 42.5 61.5 Polymorph. Leucocytes. 5° 2° 43 43 12,400 10,500 7,700 6,860 8,100 11,500 White Corpuseles, 5 870,000 5,920,000 5,140,000 5,520,000 6,350,000 7,140,000 Corpuscies, Bed 14 15 13 Case Xo.

N		Sex.	<u>in</u>		×	- T
MISSIC		Age.	12	12	3 3/12	A 1 2 2 10
QUENT PER	STATES	Reason for permission.		Increase of leu- cocytes.		Increase of leu- cocytes and eosinophiles.
TIONS WITH REASONS FOR SUBSEQUENT PERMISSION		Reason for postponement.	Excess of lym- phocytes.		Exces :of lym- phocytes.	Bearing Top See See See See See See See See See Se
WITH REASONS	mana).	Condition of patient.	Recent tonsill. itts. Tonsils considerably enlarged.	General health improved.	Adenoids en- larged. Throat trouble. Ton-	sils considerably enlarged.  General health improved.
WITH		Rosinophiles,	%	1	1.5	Kontroll on
ONS		Hyalines.	96 70	3.5	60	61
RATI		Lymphocytes.	96 10 -1	55 7G	60 FC	1.5
OPE		Small Small	96 10	34.5	55 50 50 50 50 50 50 50 50 50 50 50 50 5	44
NED		Polymorph.	96 84	800	60	49.5
POSTPONED OPERA		White Corpuseles,	10,600	000'6	11,600	7,200
CASES OF		Red Corpuseles.	6,190,000	7,010,000	5,820,000	5,880,000
20 C		Case No.	16		17	One Ye. O

Z 20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION Sex. 6 5/12 6 8/12 .9gA Slight leucocy-tosis. Increase of leucocytes. Referred for operation, but this not per-formed. permission. Reason for Slight improve-ment, but not enough. Leucopenia. Excess of lymphocytes. postponement. Reason for Frequent colds. Earache. Mouth-breather; snores; tonsils enlarg-ed. Condition of patient. -(Continued). 0.5 CI 28 Eosinophiles. 0.5 30 9 9 Hyalines. 3.5 Lymphocytes. -8 10 10 Small Lymphocytes. 200 35 56. 48 54.5 40.5 Leucocytes. 35 41 Polymorph. 11,500 8,200 6,100 Corpuscles. White 7,240,000 7,080,000 6,890,000 Corpuscles. Red 18 Case No.

Z Sex. 20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION 5 9/12 6/12 O vasv. Hig'h eosino-philia. permission. Reason for High leucocy-totis and rela-tive lymphocy-tosis. Diminution in red cells. Ex-Improvement not sufficient. cessive phocytes. postponement Reason for following epi-demic diarr-hoea. Chronic acholia Asthma; ade-noids; nasal spur; enlarged turbinates. Condition of patient. -(Continued). Asthma. 96 10 4 1-10 Posinophiles. 2001 CVI 10 Hyalines. Lymphocytes. Lymphocytes. 6.5 5.5 200 00 44.5 Lymphocytes. 67 9 823 Small S rencocytes. 30% 37 37 35 Polymorph. 10,200 8,800 6,800 32,000 Corpuscles, White 3,910,000 4,544,000 5,408,000 6,460,000 Corpuscies. Red 19 Case No.

Z Sex. 20 CASES OF POSTPONED OPERATIONS WITH REASONS FOR SUBSEQUENT PERMISSION 5 2/12 7 6/12 ·asv Increased total of white cor-puscles. Reason for permission. Leucopenia. postponement Reason for Enlarged glands and tonsils. In-fected crypts. Ear trouble. patient. Condition of -(Continued). 0.5 Posinophiles. 38 6.5 36 Hyalines. Parge Lymphocytes. % 23.5 Small Lymphocytes. 3% 68.5 Ројутогрћ. Генсосу ев. 20 9,600 3,700 Corpuscies. White 4,910,000 6,880,000 Red Corpuscles. 20 Case No.

ELEMENTARY EDUCATION.

# Statistical Tables.

### TABLE I .- Return of Medical Inspections.

#### A.—ROUTINE MEDICAL INSPECTIONS.

### Number of Code Group Inspections:

1	Entrants					 1254
1	Intermedia	tes	0.3	Y.R.A	1.1903	 1140
	Leavers					 732
						—
	Total					 3126
Number of	of other Ro	outine	Inspect	ions	H2	 Nil

#### B.—OTHER INSPECTIONS.

Number of Special Inspections	 	3007
Number of Re-Inspections	 	6344
Total	 	9351

ITABLE II.—A.—Return of Defects found by Medical Inspection in the Year ended 31st December, 1930.

No. of Delega No. of Urieda		TINE CTIONS.	SPECIAL INSPECTIONS.		
198	No. of Defects.		No. of Defects.		
DEFECT OR DISEASE.	Requiring Treatment.	Requiring to be kept under observation, but not requiring Treatment.	Requiring Treatment.	Requiring to be kept under observations, but not requiring Treatment.	
(1)	(2)	(3)	(4)	(5)	
Malnutrition	10	2	15	3	
Uncleanliness: (See Table IV., Group V.)	•••	***		N	
ikin—					
Ringworm:		and then	10		
Scalp Body	2 3 1	***	16 11		
Scabies	1		10		
Impetigo	5		103		
Other Diseases (Non-Tuberculous)	74	6	536	4	
zye—	-		210	Mily S	
Blepharitis	63	1	39		
Conjunctivitis Keratitis	6		36 3		
Corneal Opacities	4		3		
Defective Vision (excluding Squint)	198		80	26	
Squint	26	4	11		
Other Conditions	13	3	140	3	
-car—			ensalt ront	ō	
Defective Hearing	42	7	32	8	
Otitis Media		***	151	48	
Other Ear Diseases	165	17	269	26	
Vose and Throat-					
Enlarged Tonsils only	68	142	159	93	
Adenoids only	3	4	15	3	
Enlarged Tonsils and Adenoids Other Conditions	5 69	15 18	31 154	4	
	O#	10	104	13	
inlarged Cervical and Sub-maxillary					
Glands (Non-Tuberculous)	31	43	122	46	
Enlarged Thyroid Gland	39	3	45	1	
refective Speech	3	2	4		

## TABLE II. A .-- (Continued).

nent sedmaner terminal		A STATE			
		TINE CTIONS.	SPEC INSPEC		
lamentone Instrument.	No. of	Defects.	No. of Defects.		
DEFECT OR DISEASE.	Requiring Treatment.	Requiring to be kept under observation, but not requiring Treatment.	Requiring Treatment.	Requiring to be kept under observation, but not requiring Treatment.	
(1)	(2)	(3)	(4)	(5)	
Teeth—Dental Diseases	575		14		
	575		noiteum	inid	
Heart and Circulation — Heart Disease:		wm0 . 71			
Organic	1 1	6	1	3	
Functional	7	54 3	2 9	22 5	
Anaemia		"	in the	2	
Lungs— Bronchitis	01	0	9	,	
Other Non-Tuberculous Diseases	21 13	3 37	3 48	1 19	
	Littoja	resdult-onl			
Tuberculosis— Pulmonary:					
Definite			1	1	
Suspected	1	1	1	1	
Non-Pulmonary:			0		
Glands	***		1	1	
Hip		1		enime	
Other Bones and Joints			100	201112	
Skin					
Other Forms	1	1			
Nervous System-					
Epilepsy	3	2	4	2	
Chorea	3	2	10	5	
Other Conditions	20	15	25	27	
Deformities—			475	analy.	
Rickets ! III	13	6	3	meless:	
Spinal Curvature	14	12	8	13	
Other Forms	11	35	17	9	
Other Defects and Diseases	78	63	696	52	
			-		

B. Number of INDIVIDUAL CHILDREN found at ROUTINE Medical Inspection to Require Treatment (Excluding Uncleanliness and Dental Diseases).

I	-Valuation of the state of the	Number o	Percentage	
	GROUP.	Inspected	Found to require treat- ment	of Children found to
	(1)	(2)	(3)	(4)
18	CODE GROUPS:	17/10/10/0	(MALLO (LO)	
ł	Entrants	1254	263	20.9
	Intermediates	1140	301	26.4
	Leavers	732	190	25.9
-	Total (Code Groups)	3126	751	24.1
27	Other Routine Inspections	-	_	

## TABLE III.—Return of all Exceptional Children in the Area.

					-
			Boys	Girls	Tot
Blind (including	(i) Suitable for training in a School or Class for the totally blind.	Attending Certified Schools or Classes for the Blind Attending Public Elementary Schools At other Institutions At no School or Institution		1 1	
partially blind).	(ii) Suitable for training in a School or Class for the partially blind.	Attending Certified Schools or Classes for the Blind Attending Public Elementary Schools At other Institutions At no School or Institution	1	1	
Deaf (including deaf and dumb and partially	(i) Suitable for training in a School or Class for the totally deaf or deaf and dumb.	Attending Certified Schools or Classes for the Deaf Attending Public Elementary Schools At other Institutions At no School or Institution Attending Certified Schools		1	
deaf).	training in a School or Class for the partially deaf.	or Classes for the Deaf Attending Public Elementary Schools At other Institutions At no School or Institution	3	 1 	
Mentally Defective,	Feebleminded (cases not noti- fiable to the Local Control Authority).	Attending Certified Schools for Mentally Defective Children		3 2  11	
	Suffering from severe epilepsy	Attending Certified Special Schools for Epileptics In Institutions other than Certified Special Schools Attending Public Elemen- tary Schools At no School or Institution		1	
Epileptics.	Suffering from epilepsy which is not severe.	Attending Public Elementary Schools At no School or Institution	8	3	

## TABLE III.—(Continued).

			oys	Girls	Tota
	Infectious pul- monary and glandular tuber- culosis.	At Sanatoria or Sanatorium Schools approved by the Ministry of Health or the Board At other Institutions At no School or Institution	1		1
	Non - infectious but active pul- monary and glandular tuber- culosis.	At Sanatoria or Sanatorium Schools approved by the Ministry of Health or the Board At Certified Residential Open Air Schools At Certified Day Open Air Schools At Public Elementary Schools At no School or Institution		  7 1	27
cally tive.	Delicate children (e.g., pre-or latent tubercu- losis, malnutri- tion, debility, anæmia, etc.)	At Certified Residential Open Air Schools	40	42	83
	Active non-pul- monary tuber- culosis.	At Sanatoria or Hospital Schools approved by the Ministry of Health or the Board	1	1 7	4 13 
	Cripple Children (other than those with active tubercu- lous disease).	At Public Elementary	13	2 24 3	 2  37  4

Statement of the number of Children notified during the Year ended 31st December, 1930, by the Local Education Authority to the Local Mental Deficiency Authority.

## Total number of Children notified—12. ANALYSIS OF THE ABOVE TOTAL.

## GIRLS. Boys. DIAGNOSIS. 1. (i) Children incapable of receiving benefit or further benefit from instruction in a Special School: (a) Idiots ... 3 (b) Imbeciles ... 1 (c) Others ... ... ... (ii) Children unable to be instructed in a Special School without detriment to the interests of other children: (a) Moral defectives (b) Others 2. Feeble-minded children notified on leaving a Special School on or 1 before attaining the age of 16 ... Feeble-minded children notified under Article 3, i.e., "special circumstances" cases ... ... 4. Children who in addition to being mentally defective were blind or deaf GRAND TOTAL ... 5

TABLE IV.—Return of Defects Treated during the Year ended 31st December, 1930.

#### TREATMENT TABLE.

Group I.—Minor Ailments (excluding Uncleanliness, for which see Group V).

		Number of Defects treated, or under treatment during the year.				
	DISEASE OR DEFECT.	Under the Authority's Scheme.	Otherwise.	Total.		
	Lord Roberto pro W and					
The same of the same of the	Ringworm—Scalp Ringworm—Body Scabies Impetigo Other Skin Disease  Minor Eye Defects	31 9 10 104 258	10 2 — —	41 11 10 104 258		
	(External and other, but excluding cases falling in Group II).		MIT WALL			
	Ainor Ear Defects	140	port III	140		
0	discellaneous (e.g., minor injuries, bruises, sores, chilblains, etc.)	1113	8	1121		
	Total	1881	20	1901		

## TABLE IV.—(Continued).

# Group II.—Defective Vision and Squint (excluding Minor Eye Defects treated as Minor Ailments—Group I).

harma agay aga samus harr	N	No. of Defects	lealt with.	1184
DEFECT OR DISEASE.	Under the Authority's Scheme.	Submitted to refraction by private pract- tioner or at hospital apart from the Authority's Scheme.	Otherwise	Total.
Errors of Refraction (including Squint)	486	amonila -	onist	486
Other Defect or Disease of the Eyes (excluding those recorded in Group I.)	37	708330	- Tala	37
Total	523	-	_	523
Total number of children for whom s	spectacles w	ere prescribed	:	
(a) Under the Authority's So (b) Otherwise	cheme			332
Total number of children who obtain  (a) Under the Authority's So  (b) Otherwise		ved spectacles:		284 1
Group III.—Treatment	t of Defec	ts of Nose	and Throa	ıt.

#### NUMBER OF DEFECTS.

Received (	Operative Treatment.	Received		
Under the Author- ity's Scheme, in Clinic or Hospital	By Private Practi- tioner or Hospital, apart from the Authority's Scheme.	Total.	other forms of Treatment.	Total number Treated.
127	tim-m	127	170	297

## TABLE IV .- (Continued).

## Group IV .- Dental Defects.

## (1) Number of Children who were:-

	(a) Inspected by the D	Ontigt .				
			77.0	,		
	Aged	3	$\frac{76}{262}$	1		
		4 5 6 7 8 9	498			
	and the Discount of the last	6	597			
	notificate condition	7	766	10		
		8	647			
	Routine Age Groups {		523	1	Total	4763
		10	505			
		11	290	1		
	Will resident about the land	12 13	269 188			
	The state of the s	14	135	1		
		15	7	)		
	Specials					106
	And the second s	enu L fi	aghto the			
	Gra	and Tot	al			4869
	(b) Found to require tre	atment				3655
	(a) Actually treated					2240
18Y	(c) Actually treated	10.000	- Circus	***		3342
	To a second seco		10.1			
2)	Half days devoted to: { Ins	pection	49	Total		459
	( Tre	atment	410 1			100
3)	Attendances made by childre	n for tr	eatment			6253
,	Tree in the contract of children	11 101 01	carmen		***	0200
45	Permanent	teeth	1097)	m i i		1110
4)	Fillings { Permanent Temporary	teeth	49 )	Total		1146
			0000			
5)	Extractions { Permanent Temporary	teeth	302)	Total		3952
1	(Temporary	teeth	3650 )	20000		0002
3)	Administrations of general ar	nmethet	ies for o	vtract	ions	
")	Administrations of general at	næstnet	N 5 101 C	atract	TOILS	
-	(Permanent	teeth	760)	m , a		10101
7)	Other operations Permanent	teeth	11721	Total		12481

## Group V .-- Uncleanliness and Verminous Condition.

(i)	Average number of visits per school made during the year by the School Nurses	
(ii)	Total number of examinations of children in the	
	Schools by School Nurses	30991
(iii)	Number of individual children found unclean	1388
(iv)	Number of children cleansed under arrangements made by the Local Education Authority	
(v)	Number of cases in which legal proceedings were taken (a) Under the Education Act, 1921	
	(b) Under School Attendance Byelaws	Nil

TABLE V.—Return showing Defects Treated at Minor Ailment Clinic, Year ended 31st December, 1930.

No. of the				of Def		Num-	No. of Defects	No of	
BOOK GOODE		1911		rity's S		ber	remain-	Attend-	No of
The 12 1500	1000	100	territoria de la companya del companya de la companya del companya de la companya	illy 5 3	Cheme	of	ing	ances	Consul-
Disease or I	efect.	-	From	**		Defects	under	ances	tations.
- anni			pre-	New	Total	Cured	Treat-	Clinic.	tations.
			vious	Cases		Cureu		Chine.	
			Year.				ment.		
	-								
entagious Skin Dis			9	101	101	103	,	628	0==
Impetigo			3	101	104		1		277
Scabies	***		***	10	10	10		40	28
Other Diseases		***	***	1	1	1	***	5	5
on-Contagious Skir	1	37					# 9 % 5		bulga -
Dermatitis				7	7	7		19	17
Eczema			1	8	9	8	1	167	130
Seborrhoea				5	5	5		10	10
Pityriasis Rosea				3	3	3		54	19
Abscesses				9	9	9		22	14
Boils				25	25	24	1	152	89
Warts			3	40	43	39	4	312	74
Herpes				16	16	16		92	60
Urticaria				5	5	5		18	17
Psoriasis				4	4	4		30	18
Cellulitis				1	1	1		1	1
Intertrigo				1	1	1	***	2	2
Other Diseases			1	44	45	43	2	143	123
N 1 771	at Discourse								
Glands	ut Diseases	,		38	38	38		116	95
Rhinitis				2	2	2		2	2
Tonsilitis				26	26	26		69	51
Other Diseases				74	74	74		201	170
Other Discussor									1
ounds and Injuries	-				1				
Injuries, Grazes, &	kс.			206	206	206	***	1235	841
Bites and Stings			***	46	46	46		152	127
Burns, Scalds, Cu	ts, &c.			81	81	80	1	499	341
Septic Sores			1	244	245	238	7	1534	836
Bruises and Sprain	ns			23	23	28	***	77	70
Others			***	85	85	85		403	240
reternal Eye Diseas	P C		,			118 8			
Foreign Body				16	16	16		45	26
No.				37	37	37		167	142
Blepharitis			3	34	37	37		161	124
Conjunctivitis				34	34	33	1	255	196
Phlyctenular Conj				1	1	1		11	10
Conjunctival Hem	orrhage			2	2	2		3	3
Glioma				1	1	1		2	2
Corneal Ulcer				3	3	2	1	8	8
Strabismus			1	2	3	3		3	3
Ceratitis				3	3	3		24	23
Pink Eye			2	18	20	20		114	104
Other Diseases			1	58	59	57	2	116	95
				-	-				47 4 7

## TABLE V.—(Continued).

	what i	Auth	of Def eated un ority's S	der	Num- ber	No. of Defects remain-	No. of Attend-	No. of
Disease or De	efect.	From pre- vious Year.	New Cases	Total	of Def'cts Cured	ing under Treat- ment.	ances at Clinic.	Consultations.
Chicken Pox Mumps Whooping Cough Diphtheria Scarlet Fever Influenza Erysipelas		0	7 770 9 19 12 3 1 1	7 72 9 21 12 3 1 1	7 72 9 21 12 3 1 1		9 91 18 36 12 3 1 1	9 91 16 36 12 3 1
General— Ill-health, &c.		. 3	241	244	244		420	362
Тот	rals	. 23	1678	1701	1680	21	7484	4925

Total number of Children Treated ... 1265

	Myrin- gitis, Diseases and Perfor. ation of Mem- branes	54
	Poly- charging ears	108
	Poly-	60
	Nasal Inflam- mation	23
	Nasal Spurs, Deflec- tions and obstruc- tions	34
CTS.	Cervical and other Glands	102
DEFECTS.	Tonsil- Inflamed and itis ates Glands o	6
	Tonsil- itis	11
	Ade- noids	18
	Tonsils and Ade- noids	34
	Tonsils consider ably enlarged enlarged	1111
	Tonsils consid- ably enlarged	77
	of of attend- ances for treat- ment	1380
	Number of cases Number of cases for consultreat tations ment	1208
	Number of cases eferred for treat- ment	553

	No. of cases for whom no report is available	œ				
No. of	No. of cases remaining under reatment roor kept aunder observation					
	No. of cases cured	351				
	No. of other oper- ations per- formed	9				
No. who	No. who received operative treatment for for tonsils and adenoids					
No. for	No. for No. who whom received oper- ation for treat- tonsils ment for and for adenoids tonsils was and advised adenoids					
	Other con- ditions	103				
	Wax in ears	75				
	Deafness Wax in (Severe) ears	- 1				
ontinued)	Deafness (Slight)	88				
DEFECTS (Continued)	Indrawn Mem- branes	48				
DEFE	Thick- ened Scarred and Opaque Mem- branes	75				
F 3 5	Drums Inflamed Scarred Indrawn Deafness I Mem- stroy- branes Opaque branes Mem- Stroy- branes Deafness I Mem- Stroy- branes Deafness I Mem- Stroy- branes	19				
	Drums de. stroy- ed	1				
	Post Diph- theritic Para- lysis	1				

TABLE VII.-Electrical Ionisation.

Number of Cases	Treatment or Report is Observation.	
Number of Cases	still under Treatment or Observation.	- 67
	Cases Cured.	15
DEFECT.	Discharging Ears.	71
Number of	Treatment.	110
Number of	Consultations.	28
Number of Cases	referred for Treatment.	17

TABLE VIII.-Treatment of Ringworm.

Number for whom	Attending Not attend- is available School.	1
Number of Cases still under Treatment.	Not attend- ing School.	1
Number of Cases st under Treatment.	Attending School.	21
- 4	Cured.	31
Number of Bacterio-	logical Examina- tions.	88
Number of Attendances	Children at Clinic.	422
Number of Organita	Old. New. Total. Doctor.	243
ases.	Total.	52
Number of Cases.	New.	15.
Num	Old.	25

TABLE IX.—Electrical Treatment.

DISKASE OR DEFECT.		Infantile Naevus Paralysis		
	279			
	Total		19	
ASES.	ds.	New	9	
NUMBER OF CASES.	Girls.	Old	õ	
Nu	ys.	New	4	
	Boys.	PIO	4	

TABLE X.—Summary of School Accidents which occurred during the Year 1930. (Elementary School Children).

Number of Cases resulting in	Permanent Disability.	1		
Number of Cases referred to Hospital	Number of Cases referred to Hospital or Private Practitioner for further Treatment.			
Number of	Exposures.	18		
Number of Cases where Treatment	was completed at Clinic.	141		
Total number of	by children at Clinic.	537		
ASES.	Total.	149		
NUMBER OF CASES.	Minor	148		
Nuw	Serions	1		

Cases of simple fracture not resulting in permanent disability and cuts requiring stitching, however extensive, so long as no permanent injury but a good scar resulted, are included as minor injuries. NOTE:

TABLE XI.—Showing number of Children discovered at Routine Inspection with Enlargement of the Thyroid Gland. Year 1930.

Group examined.			er of Ch		Number of Children found with enlargement of the Thyroid Gland.		
		Boys	Girls	Total	Boys	Girls	Total
Entrants		621	633	1254	1	1	2
Intermediates		577	563	1140	3	13	16
Leavers		367	365	732	3	24	27
TOTAL		1565	1561	3126	7	38	45

#### TABLE XII.—Treatment of Enlarged Thyroid at Special Clinic.

Number of Cases.		Number of attendances for	Number of Consul- tations.	Number of Cases cured.	Number of Cases still under observation	
Old	New	Total	treatment.	tations.	curea.	and treatment.
26	40	66	492	452	18	48

## TABLE XIII.—Bacteriological and Other Examinations carried out during the Year 1930.

Number of Bacteriological examinations	 247
Number of Blood examinations—Histological	 25
Urine—Number of Chemical examinations	 16
Number of Microscopical examinations	 2
Number of X-ray examinations	 130

HIGHER EDUCATION.

# Statistical Tables.

## Higher Education.

Schools inspected during the Year ended 31st December, 1930.

#### A.—ROUTINE MEDICAL INSPECTIONS.

			AGE GROUPS.								
		11	12	13	14	15	16	17	18	19	Total.
Boys		 25	87	111	123	101	111	37	12	1	608
Girls		 17	49	44	69	57	39	11	8	-	294
	Totals	 42	136	155	192	158	150	48	20	1	902

#### B.—OTHER INSPECTIONS.

Number of Special Inspections	 ***	***	***	212
Number of Re-Inspections	 			493
		l'otal		705

TABLE II.—A.—Return of Defects found by Medical Inspection in the Year ended 31st December, 1930.

3					
		TINE CTIONS.		CIAL CTIONS.	
	No. of 1	Defects.	No. of Defects.		
		1 1 4			
DEFECT OR DISEASE.	Requiring treatment.	Requiring to be kept under obser- vation but not re- quiring treatment	Requiring treatment.	Requiring to be kept under obser vation but not re quiring treatment	
(1)	(2)	(3)	(4)	(5)	
Malnutrition	1	3	on atom	108	
Skin—					
Ringworm—Body	1				
Other Diseases (non-Tuberculous)	15		21		
Eye-					
Blepharitis	4		4		
Conjunctivitis	2		1		
Defective Vision	72	21	7	1	
Squint Other Conditions	1 4		10	***	
Other Conditions	4	2	19	1	
Ear—					
Defective Hearing	8	4	2		
Other For Deces	1		14		
Other Ear D seases	7	4	17	5	
Nose'and Throat-					
Enlarged Tonsils only	7	22	10	3	
Adenoids only	***	***	1	****	
Enlarged Tonsils and Adenoids		1	2	**;	
Other Conditions	7	8	3	4	
Glands-					
Enlarged Cervical and Sub-max:	2		4		
(non-Tuberculous)					
Enlarged Thyroid	31	3	4	***	
Speech-					
Defective					
Teeth-					
Dental Diseases	3	FG (17)			
Heart and Circulation-					
Heart Disease—Organic	2	3	te malitant	1	
Functional	3	9	1	4	
Anaemia	9	2	2	1	
Lungs-					
Bronchitis			***	***	
Other Non-Tuberculous Diseases	1	2			
process of the second s		-		-	

## TABLE II.—A.—(Continued).

				TINE CTIONS.		CIAL CTIONS.	
			No. of	Defects.	No. of Defects.		
DEFECT OR DISEASE.		Decare series	Requiring treatment.	Requiring to be kept under obser- vation but not re- quiring treatment.	Requiring treatment.	Requiring to be kept under obser- vation but not re-	
(1)			(2)	(3)	(4)	(5)	
Chorea Other Conditions			17	 5	1 3		
Rickets Spinal Curvature Other Forms	•••		$\begin{array}{c} 2\\ 58\\ 100 \end{array}$	10 11	5 6	2	
her Defects or Diseases			16	20	79	13	

TABLE III.—Summary of Accidents which occurred to Secondary School Children During the Year 1930.

	Number of	Cases resulting in permanent disability.	1
	Number of Cases referred to	Private Practi- tioner for further Treat- ment.	5
The second secon	Number	X.Ray Exposures.	15
	Number of	Treatment was completed at Clinic.	60
	Total Number	made by Children at	138
	ses.	Total.	35.0
	Number of Cases.	Minor.	80 70
	N	Serious.	

NOTE.—Cases of simple fracture not resulting in permanent disability, and cuts requiring stitching, however extensive, so long as no permanent injury but a good scar resulted, are included as minor injuries.

ABLE IV.—Return of Defects Treated during the Year ended 31st December, 1930.

#### TREATMENT TABLE.

#### Group I .- Minor Ailments (excluding Uncleanliness).

		Number of Defects treated, or under treatment during the year.					
1	DISEASE OR DEFECT.	Under the Authority's Scheme.	Otherwise	Total.			
四日 本 四日 王 王	Ringworm—Scalp Ringworm—Body Scabies Impetigo Other Skin Disease  for Eye Defects  for Ear Defects  cellaneous (e.g., minor injuries, bruises, sores, etc.)	- - - 18 13 2 64	- 1 - - - - 2	- 1 - 18 13 2 66			
	Total	97	3	100			

### TABLE IV .- (Continued).

#### Group II.-Defective Vision and Squint.

		No. of Defects	dealt with	
DEFECT OR DISEA	Scor madenana	TRANSPORT OF OF	Otherwise	Total.
Errors of Refraction (including Squint)		TABEL	-	122
Other Defect or Disease of t	he Eyes 1	mino_Alles	l_gae	1
Total	123	-		123
Total number of Children fo	or whom Spectacles	were prescribe	d :	ac I
(a) Under the Auth	ority's Scheme			81
(b) Otherwise			***	-
Total number of Children w	ho obtained or recei	ved Spectacles	:	
(a) Under the Auth				74
(b) Otherwise			***	1

## Group III.—Treatment of Defects of Nose and Throat.

#### NUMBER OF DEFECTS.

Received	Operative Treatment.	Received			
Under the Author- ity's Scheme, in Clinic or Hospital.	By Private Practi- tioner or Hospital, apart from the Authority's Scheme.	Total.	other forms of Treatment.	Total number Treated.	
7	_	7	20	27	

## TABLE IV .- (Continued).

## GROUP IV .- Dental Defects, Dental Inspection and Treatment.

No.	GR	OUP IV.—Dental L	erects,	Dental I	nspectio	n and	Trea	tment.
	(1)	Number of Childre	n who v	vere:—				
		(a) Inspected						
		Age G	Aged roups	$ \begin{pmatrix} 11 \\ 12 \\ 13 \\ 14 \\ 15 \\ 16 \\ 17 \\ 18 \end{pmatrix} $	68 112 135 183 125 96 32 13	T	otal	765
		Specia	als			,,,,,		-
			Grai	nd Total		···		765
		(b) Found to	require t	reatmen	t			401
		(c) Actually t	reated					228
	2)	Half days devoted	to: \\T	nspection reatment	1 9 }	Total		99
	3)	Attendances made	by Child	lren for t	treatme	nt		422
The Person named in	)	Fillings (1	Permane Pempora	nt teeth ry teeth	264 }	Total		264
Old page	)	Extractions $\begin{cases} \frac{1}{4} \end{cases}$	ermane 'empora	nt teeth ry teeth	61 ? 39 }	Total		100
- Control of the last of the l	.)	Administrations of	general	anæsthe	etics			1 8 1 0 mm
-	)	Other operations	Permane Fempora	ent teeth	112	Total		127

### TABLE IV .- (Continued).

## GROUP IV.—Condition of Teeth of Scholars Dentally Inspected at the Secondary Schools during the Year 1930.

### THE COLLEGE SECONDARY SCHOOL.

BOYS.

Year of		N	Number free from	Total number					
Birth.	1	2	3	4	5	6	8	Caries.	examined.
1912			1	1	***			2	4
1913	5	1	1					9	16
1914	8	7	1			1		10	27
1915	12	3	4					8	27
1916	10	5	3	1			1	21	41
1917	10	3	3					9	25
1918	10	6		1		2		6	25
1919	3	1		3	1		***	4	12
Totals	58	26	13	6	1	3	1	69	177

### GIRLS.

Year	N	umber of	Carious T	Number from from	Total	
of Birth.	1	2	3	4	free from Caries.	number examined.
1912	2		***		2	4
1913	1				2	3
1914	5	1	1	***	5	12
1915	8	2	2	1	6	19
1916	11	1			11	23
1917	6		1	1	5	13
1918	4	3	1		8	16
1919	3	1	2		3	9
Totals	40	8	7	2	42	99

### EUCLID STREET SECONDARY SCHOOL.

BOYS.

Year		Num	ber cf	Number	Total			
of Birth.	1	2	3	4	5	6	free from Caries.	number examined
1914	3	3	1				8	15
1915	8	3					11	22
1916	7	2	1		1		11	22
1917	6	4	1	2	2	1	19	
1918	8	4	1	***	***		14	27
1919	2	4	2	1	1	1	4	35 27 15
Totals	34	20	6	3	4	2	67	136

## TABLE IV.—(Continued). Group IV.—(Continued). EUCLID STREET SECONDARY SCHOOL.

GIRLS.

Year of Birth.	Nur	mber of (	Carious To	Number free from Caries.	Total number	
Dittii.	1	2	3	4	nom caries.	Cxammed.
1914	1		1		6	8
1915	6	2		1	6	15
1916	7	3	1	2	11	24
1917	5	1			13	19
1918	4	2	2		5	13
1919	3			2	2	7
Totals	26	8	4	5	43	86

## THE COMMONWEAL SECONDARY SCHOOL. BOYS.

Year of Birth.		Numb	er of C	arious	Number free from Caries.	Total number examined.		
Diffil.	1	2	3	4	5	8	from Carles.	examined.
1912							2	2
1913	2		***				7	9
1914	8	2				1	9	20
1915	5	2	2	1	1		17	28
1916	14	5	1	1000		***	24	44
1917	14	1	***	1	1		11	28
1918	3	3	1	1			9	17
1919	2	2	2	1			8	15
Totals	48	15	6	4	2	1	87	163

### GIRLS.

Year of Birth.	Nu	mber of	Carious te	Number free from Caries.	Total number	
Dirtii.	1	2	3	5	nom caries.	Gaammed.
1911					1	1
1912					3	3
1913	1	***			3	4
1914	4	1		***	9	14
1915	6	1			7	14
1916	9	2	1	1	16	29
1917	5	1	1	***	8	15
1918	7	2			5	14
1919	5		1		4	10
Totals	37	7	3	1	56	104

TABLE IV.

GROUP IV.—(Continued).—Summary of Results of Dental Inspection at the Secondary Schools, Year 1930.

	ENTRANTS.	ANTS.	RE-INSP	RE-INSPECTIONS.	138	Total	
Secondary School.	Number Inspected.	Number referred for Treatment.	Number Inspected.	Number referred for Treatment.	Total number Inspected.	number referred for Treatment.	Number free from Caries.
The College	34	13	242	152	276	165	111
Euclid Street	99	42	156	70	222	112	110
The Commonweal	36	12	231	112	267	124	148
Totals	136	29	629	334	765	401	364

49.2 53.1 52.4 Percentage of Entrants requiring Treatment
Percentage of Children Re-inspected requiring Treatment
Percentage of total number of Children inspected requiring Treatment

### TABLE V.—Treatment of Enlarged Thyroid at Special Clinic.

-	Num	ber of C	ases.	Number of attendances for	Consulta-	Number of Cases	Number of Cases still under
I	Old	New	Total	treatment.	tions.	cured.	observation and treatment.
00	13	22	35	150	147	6	29

TABLE VI.-Treatment of Defects discovered in Secondary School Children.

at the Sausder	Not For whom no report is available.		;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;
ECTS.		Total.	32 33 39 39 39 37 17 160 91
NUMBER OF DEFECTS	TED.	Otherwise.	:4 0 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
NUME	TREATED	Under Local Education Authority's Scheme.	28 49 30 34 16 30 30 30 11 11 128
	Referred	Treatment.	80 80 34 39 10 35 171 171
SHOULD IN	DEFECT OR DISEASE.		Nutrition Skin Vision and Squint Eye Disease Ear Disease Defective Hearing Nose and Throat Enlarged Thyroid Enlarged Glands (Non-Tuberculous) Heart and Circulation Lungs, Defective Nervous System Deformities General

Total number of X-Ray Examinations made during the year ....

50



MILLIS ON FRED FROM

Borough of Swindon.

ANNUAL

# REPORT

OF THE

## Medical Officer of Health

FOR THE YEAR 1930

AND THE

## **Isolation Hospital Annual Report**

From the 1st April, 1930, to the 31st March, 1931

BY

DUNSTAN BREWER, M.R.C.S., L.R.C.P., D.P.H.

Report of the Chief Sanitary Inspector

FOR THE YEAR 1930.



### BOROUGH OF SWINDON.

### HEALTH COMMITTEE:

Chairman-Councillor Mrs. L. FRY.

Vice-Chairman-Councillor Mrs. M. GEORGE.

#### Members:

THE MAYOR (Alderman J. BELCHER).

Alderman G. H. HUNT	Councillor Mrs. S. Andrews
,, R. George	,, S. E. WALTERS
,, A. H. WHEELER	, L. M. SUTTON
Councillor T. MANNING	., A. W. HAYNES
,, F. E. AKERS	, R. G. CRIPPS
,, C. C. PRICE	,, G. W. BRUNGER
,, L. J. NEWMAN	,, A. E. HARDING.
,, J. Webber	

### MATERNITY AND CHILD WELFARE SUB-COMMITTEE:

Chairman-Councillor MRS. M. GEORGE.

#### Members:

Alderman	G. H. HUNT	Councillor L. M. SUTTON
,,	R. GEORGE	., A. W. HAYNES
.,	A. H. WHEELER	,, R. G. CRIPPS
Councillo	Mrs. L. FRY	, G. W. BRUNGEI
,,	T. MANNING	,, A. E. HARDING
,,	F. E. AKERS	Miss K. J. Stephenson
,,	C. C. PRICE	Miss D. P. Chappell
,, .	L. J. NEWMAN	Mrs. Arnold Forster
,,	J. WEBBER	Mrs. Weston
,,	Mrs. S. Andrews	Mrs. Schmitz
.,	S. E. WALTERS	Miss I. F. Moore.

Town Clerk-W. H. Bentley, Esq.

### BOROUGH OF SWINDON.

### PUBLIC HEALTH DEPARTMENT.

#### STAFF:

Medical Officer of Health, School Medical Officer and Medical Superintendent of the Isolation and Maternity Hospitals.

DUNSTAN BREWER, M.R.C.S., L.R.C.P., D.P.H.

Deputy Medical Officer of Health.

J. Stevenson Logan, M.B., Ch.B., D.P.H.

Assistant Medical Officer of Health.

VIOLET KING, M.B., Ch.B.

Chief Sanitary Inspector. F. H. BEAVIS.

Certificate of the Royal Sanitary Institute. Certificate of the Royal Sanitary Institute for Meat Inspection. Certificate in Building Construction.

Assistant Sanitary Inspectors.

H. A. BANWELL.

Certificate of the Royal Sanitary Institute.

Certificate of the Royal Sanitary Institute for Meat Inspection.

Certificate of the Worshipful Company of Plumbers and Final Certificate City and Guilds.

Certificate in Hygiene.

### R. N. HUGHES.

Certificate of the Royal Sanitary Institute and Sanitary Inspectors Examination Joint Board.

Liverpool University Certificate in Meat and Food Inspection. Liverpool University Certificate in Sanitary Science.

L. R. ELDRED.

Certificate of the Royal Sanitary Institute.

Head Clerk-Ernest A. Beasant.

Assistant Clerks—W. M. WATTS
W. H. PAUL
F. YATES.

### PUBLIC HEALTH DEPARTMENT. STAFF-Continued.

Assistant Clerk and Clinical Assistant-Miss M. E. Butler.

Matron of the Isolation Hospital.

Miss J. McKinnon Smith, A.R.R.C.

Matron of the Maternity Home and Training Centre.

Miss F. R. Sillick.

Health Visitors.

Miss M. Hanna.

3 years General Training. State Registered Nurse. Certificate of the Central Midwives Board.

Miss M. Johns.

3 years Certificate of Hospital Training. Certificate of the Central Midwives Board. Queen's Nurse.

Miss H. E. HARTLEY.

4 years Certificate of Hospital Training.
Brompton Hospital Tuberculosis Certificate,
Certificate of the Central Midwives Board,
Health Visitor's Certificate of the Royal Sanitary Institute.

Disinfector-G. GREENAWAY.

Woluntary Helpers at Maternity Centres—
Mrs. E. Schmitz Mrs. Weston.
Mrs. Osmond Mrs. Humphries

Mrs. Hulance.

### To the Chairman and Members of the Health, etc. Committee.

LADIES AND GENTLEMEN,

The aim of all public health work can be stated quite simply: it is to attain and to maintain a constant high level of the physiological value of the population. But in practice the difficulties are formidable, for we have but a vague idea of what values are naturally attainable, incomplete knowledge of the adverse factors which interfere with them and a much limited capacity to remedy the errors which we can detect. The administrative troubles of dispensing public health functions, exasperating as they are, are nevertheless problems which our ingenuity can surmount if we are prepared to give the time, trouble and money necessary for their solution, but though we are ready enough to preach that trouble and expense are of no moment in matters of life and health, we are given to equivocation when it comes to filling in the time sheet and settling the bill, so that even in the most enlightened community there is considerable lag between what could be done and what is done, quite apart from any indecision because the way is uncertain.

In order to maintain the continuity of records it is advisable to preface this quinquennial report by a brief summary of the work done during the year 1930, so that that year's record can be compared and contrasted with those of former and of future years.

Generally throughout the country, 1930 was an extremely favourable year for health. The crude death rate was the lowest on record and the standardised death rate, the figure which must be used for comparisons, will work out much below any of which we have knowledge. The morbidity rate, which tells us the extent of disease, though incapable of exact measurement, must have been a low record also, but owing to certain factors which need not be discussed here, of recent years the morbidity, or disease, rate has become discontinent with the sickness rate and we are no longer able to measure the extent of disease by the number of persons who go sick and the amount of time they lose through sickness. The infantile mortality rate for the country as a whole was also a low record and there was no important factor relative to the health of the community in which 1930 But locally in Swindon 1930 was by no was unsatisfactory. means a favourable year. The infantile mortality was high; the general mortality was no better than average for recent years, and certain diseases were more prevalent than usual and exhibited a higher fatality. These matters will be discussed later.

### STAFF OF THE PUBLIC HEALTH DEPARTMENT.

Mr. A. T. Selvey, the junior sanitary inspector, resigned early in the year and was replaced by Mr. L. R. Eldred.

Mr. H. J. Pugh and Mr. W. A. Sawyer, assistant clerks, also resigned during the year and were replaced by Mr. W. H. Paul and Mr. F. Yates respectively. Otherwise the personnel of the department underwent no change during the year.

### HOUSING.

205 new houses were erected in the Borough during the year, of which 42 were erected by the Corporation and 163 by private enterprise.

Maternity and Child Welfare.

## ANNUAL STATISTICS RELATING TO THE MATERNITY HOME, 1930.

		., 1000.		
		Borough	County	Total
(1)	Number of cases in the home on 1st January, 1930	4		4 .
(2)	Number of cases admitted during 1930.	215	7	222
(3)	Number of cases remaining in the home on 1st January, 1931.	4		4
(4)	Average duration of stay	13 days	15 days	1 March
(5)	No. of cases delivered by— (a) Midwives (b) Doctors No. of cases in which no delivery took place	161 23 31	6 1 -	167 24 31
6)	No. of cases in which medical assistance was sought by the midwife, with reasons for requiring assistance:—  (a) Ante-natal (b) During labour (c) After labour (State separately No. of ruptured perineums which required suture) (d) For infant	8 23 4 37 23		8 25 4 38 23
7)	No. of cases notified as:—  (a) Puerperal Fever, and (b) Puerperal Pyrexia, (i.e., rise of temperature to 100.4° F. sustained for 24 hours or recurring within that period) with result of treatment in	Hosp treate Mate cover	removed to ital; all rece ed througho rnity Hospita red. (See s peral Pyrexi	overed. 11 ut at the al; all re- section on

Nil.

each case.

No. of cases of pemphigus neonatorum.

- (9) No. of cases notified as ophthalmia neonatorum, with result of treatment in each case. ...
- 3 removed to Isolation Hospital, 1 treated at the Maternity and Child Welfare Centre. All recovered without injury to the eyes.
- (10) No. of cases of "inflammation of the eyes," however slight.
- 16.
- (11) No. of infants not entirely breast-fed while in the Institution, with reasons why they were not breast-fed. ...
- 1 entirely artificially fed, owing to active tuberculosis of mother.
- 2 partially artificially fed, owing to a temporary poor supply of milk.
- (12) No. of maternal deaths with causes. ...

Nil.

(13) No. of foetal deaths :-

(a) Still-born, and

(b) within 10 days of birth and their causes—and the results of the post mortem examination if obtainable. (a) 16 Still-births :-

4 Macerated: 1 for certain, and 2 others probably, due to congenital syphilis. 1 was a hydrocephalic infant.

12 Fresh: 5 connected with antepartum haemorrhage, 3 with eclampsia, 1 with post-partum haemorrhage, 1 had hydrocephalus, and in 2 no cause was found to account for the still-birth.

(b) 7 deaths under 10 days :— One pair twins, premature, 24 weeks. Lived a few hours.

1 full-time induction for eclampsia. Lived a day.

Spina bifida and anencephalic.
 Lived three days.

1 Transverse presentation, premature 29 weeks. Lived two days.

1 premature 36 weeks, blue asphyxia. Lived a few hours.

1 premature 38 weeks. Lived three days and died of "fits."

The agreement with the Wilts County Council terminated in March, 1930, after which date no County cases were admitted into the Home.

### EXTERN MIDWIFERY DEPARTMENT.

Swindon Maternity Home is a recognised training school for midwives and has an extern department, managed by the same staff as the Home.

In 1930 there were 218 deliveries and five miscarriages in the district. Six of these cases were transferred to the Hospital. Among these 223 cases there were five stillbirths and nine deaths of infants during the first ten days. Medical aid was sought in 27 cases during labour, for six cases during the puerperium and in five cases a doctor was called in at the request of the relatives.

During the year 13 probationers were under instruction. Of these, seven obtained the certificate of the Central Midwives Board.

### REPORT ON WORK DONE AT THE ANTE-NATAL CLINIC, 1930.

(By Dr Violet King, Assistant Medical Officer of Health).

There has been a slight increase in the number of new patients who attended this Clinic during the year, while the total number of attendances has been very satisfactory. Twenty per cent. of the mothers had previously visited on one or more occasions.

Of the five cases of heart disease, two were serious. Both mothers had normal confinements with living babies, one of which was premature.

Two patients received treatment for enlarged thyroid, and another had her ear ionised. Eight mothers developed puerperal pyrexia after their confinements. One of these was suffering from tuberculosis. Five were transferred to the Isolation Hospital. Four mothers suffered from eclampsia; of these, three were delivered of still-born infants.

The reasons for applying forceps in twenty-two of the cases were: Twelve for delay in the second stage of labour, four for prolonged labour, two for uterine inertia, two for rigid os, the second of which was also a mal-presentation, one for a deformed baby and one for a large baby.

Of the eight still-births recorded, three were connected with the cases of eclampsia noted above, one followed ante-partum haemorrhage, one was a mal-presentation, one was a monster, and one was macerated.

The still-births represent 2.7 per cent. of the confinement results, and 4.1 per cent. of the live-born babies died within one month.

There were no maternal deaths.

### V. REDMAN KING.

Asst. Medical Officer of Health.

Public Health Department,
61, Eastcott Hill,
Swindon.

## STATISTICS RELATING TO THE ANTE-NATAL CLINIC, 1930.

No. of old cases on the books		54
No. of old cases on the books		355
110. Of Hew Cubes	urrou/	
Total		409
ability and the state of the st		
Attendances at Doctor's Clinic		875
Attendances at Matron's Clinic		1166
Total		2041
Carried forward into 1931		78
Urine examinations		1912
Wassermann tests		4
Patients treated at V.D. Clinic		$\frac{2}{1}$
X-rayed		19
Gynaecological cases		7
Cases of doubtful pregnancy		14
County cases Sent by family doctor		5
Cant be widning		38
Rooked for Motornity Home		146
Booked for District		100
Patients referred to Consultant		11
Patients referred to family doctor with note		14
Post-natal cases		3
Confinement results not known		14
Referred to dentist		21
Blood pressures taken		131
napa anak da dantan gakunungan attisa		
Conditions found at Clinics:-		
Albuminuria		10
Contracted pelvis		1
Enlarged thyroid		18
Heart disease		5
Discharging ears		
Mastitis		$\frac{2}{1}$
Unruptured hymen		1
Prolapse		5
Varicose veins		40
Pyorrhoea		12
Epilepsy		1
Tuberculosis		1

Known results of Confinem	nents:	_		
Normal deliveries			 	195
Of these: Twins			 T	5
Premature			 	13
Inductions			 	2
Abnormal Cases:—				
Instrumental			 	32
Breech presentations			 	2
Eclampsia			 	4
Still-births			 	8
Abortions			 	3
Foetal Abnormalities:—	1000			
Spina bifida			 	1
Partial hypospadias			 	1
Double talipes			 	1
Monster			 	1

The following table gives the details of confinements of women who had attended the Ante-natal Department, but in whom the child failed to survive.

No.	Age	Para.	Visits	Comments.	Details of Confinements.
1	29	1	1	A delicate anaemic mother. Suffers much from gastritis and constipation. Has bad teeth. Married 4 years be- fore conception.	Mother developed eclampsia. De- livered of a macerated pre- mature foetus.
2	26	1	2	A healthy mother. No movements felt before 2nd visit, and no heart sounds heard at that time. Foetus alive 18 days previously.	Abortion occurred 5 days after 2nd visit. Mother sent for blood test.
3	38	5	1	Mother healthy. All previous confinements normal. Had eclampsia after delivery of last baby. Present blood pressure 150.	Still-birth follow- ed ante-partum haemorrhage.
4	22	1	1	Mother in good health. Subject to nose bleeding. Blood pressure 140.	Instrumental de- livery for diffi- cult presentation.
5	22	2	3	Mother had anaemia and chorea at 12 years. Albuminuria present before 1st confinement which resulted in stillbirth. A cyst of Bartholin's gland present in this pregnancy. Sent to Gorse Hill for treatment.	Mother admitted to Maternity Home as an emergency case with eclampsia.

No.	Age	Para.	Visits	Comments.	Details of Confinements.
6	24	3	1	Mother healthy. Very fat. Suffered from abdominal pains and cramp. Had a fall three weeks previous to visit. Hydramnios present. Referred to Consultant for diagnosis of presentation.	Confinement on district 2 weeks after clinic visit. Breech presenta- tion, deformed infant.
7	38	5	4	Mother had bad teeth, otherwise healthy.	Delivered on dis- trict of still-born twins.
8	27	1	3	General health of mother good. Some abdominal heaviness and indigestion. Not sleeping well. Blood pressure 126. Came unexpectedly for last visit: had sudden pains in the street. Advised to go home to bed, and send for own doctor if any worse.	Admitted to Maternity Home the following day with eclampsia, and delivered of a premature macerated foetus.
9	38	11	1	Physical health fair. Unhappy domestic circumstances. Severe varicose veins; back ache, slight albuminuria.	Delivered in the Maternity Home of a premature macerated foetus. Wassermann negative.

### Neo-Natal Deaths in relation to Ante-Natal Work.

No.	Age	Para.	Visits	Mother's History.	Infant's History.
1	43	14	2	Had a negative Wassermann in 1928. Has had kidney trouble. Has severe varicose veins. History of shivering and headache shortly before confinement. Trace of albumin in urine.	Baby born on district. Attended Public Health Department for eye trouble. Had talipes. Referred to Gorse Hill as congenital syphilis requiring treatment. Died at one month.

No.	Age	Para.	Visits	Mother's History.	Infant's History.
2	21	2	3	One child still-born. At 1st visit had slight coloured discharge and backache. None subsequently. Admitted to Maternity Home several times between July and October for albuminuria.	Born on district. Delivered with forceps at 8 months. Deform- ed and prema- ture. Died in eight hours.
3	27	2	1	Healthy mother.	Delivered in the Maternity Home. Baby premature. Died in 21 hours.
4	35	3	1	A delicate woman. Had had pneumonia, pleurisy and spinal curvature. Was in a sanatorium at 22 years of age. Had 2 abortions 1921, 1924 respectively. 1st baby premature, weighed 34lbs. 2nd normal. Had much sickness, backache and headache during present pregnancy.	Delivered at home of triplets, each of which weighed 2lbs. 1oz. All died within 24 hours.
5	32	6	1	A healthy mother.	A premature baby born at home. Weighed 3½lbs. Died from asthenia in 3 weeks.
6	36	7	4	Healthy. Passed blood clot several times a few weeks before present delivery. Was in bed, under family doctor.	Born in Maternity Home prematurely. Weighed 4½lbs. Died in 18 days from inanition.
7	16	1	1	A healthy girl.	Twins, born prematurely on district. Both died within 2 weeks.
8	17	1	1	Healthy. Albumin in urine and swollen feet at visit. Diagnosed as a case of gonorrhoea after confinement and transferred to Gorse Hill.	An illegitimate premature baby, born in the Maternity Home Developed ophthalmia. Transferred with mother to Gorse Hill. Died at 6 days from congenital heart disease.

No.	Age	Para.	Visits	Mother's History.	Infant's History.
9	18	1	2	Suffering from ear discharge. Ionised at Public Health Clinic. Mother not very well since.	Premature twins, born on district, weighed respectively 4½ and 3½ lbs. Both died within 4 days.
10	30	1	4	Had had scarlet fever, diphtheria and floating kidney. During pregnancy suffered from backache and swollen ankles. Some albuminuria.	Born in Maternity Home. Weighed 5lbs. Died at 3 days from debility and congenital heart disease.
11	22	1	3	Mother has suffered from anaemia and digestive troubles.	Born at home. Died at 3 days from congenital heart disease.
12	42	13	6	A delicate, worn - out woman. Has attended V.D. Clinic in past years. Has had 4 abortions and 2 still-births. Not at all well during pregnancy.	Delivered in Maternity Home by forceps of a monster. Died in 3 days.

### PUERPERAL PYREXIA.

There were 31 notifications of puerperal fever and pyrexia during 1930, but of these, three were women who were not natives of Swindon, two of whom had been delivered outside the Borough. All were investigated, though in some cases the investigation was not carried very far. 15 cases were notified from the Maternity Home, 2 from private nursing homes, 1 from Victoria Hospital, 1 from the V.D. Hospital and 12 occurred in women delivered in their own homes. 4 of the cases from the Maternity Home, I from a private nursing home, 1 from the V.D. Hospital and 4 of those delivered in their own homes were removed to the Isolation Hospital. In addition, 3 cases from the outside district, not included in the above statistics, were treated in the Isolation Hospital.

The 34 cases which came under the notice of the Public Health Department may be analysed as follows:—

Streptococcal septicaemia: I case with 1 death.

Septic infection of the uterus, with retention: 12 cases with 1 death.

Scarlet fever occurring in the puerperium: 2 cases with 1 death.

Albuminuria: 3 cases with no death.

Bacillus coli septicaemia: 1 case with no death.

Influenza: 6 cases with no death. Pleurisy: 2 cases with no death.

Inflamed breasts: 2 cases with no death.

Tuberculosis: 1 case with no death.

Septic abortion: 4 cases with no death.

The incidence of puerperal pyrexia amongst the patients delivered in the Maternity Home appears to be high. This is due to a different interpretation of the Puerperal Pyrexia Order for the Home cases and for others. If the same basis for notification had been used in the Maternity Home as is used outside it, the number of cases of puerperal pyrexia occurring in the Home sinks from 15 to 5.

### MATERNAL DEATHS.

The details of 4 deaths occurring as a result of, or in connection with, reproduction were investigated. One of these was a death from heart disease occurring as an accident in a puerperal woman,

one was a case of concealment of birth, one a case of scarlet fever septicaemia and the other of streptococcal septicaemia.

### OPHTHALMIA NEONATORUM.

The number of cases of this disease notified in the Borough during 1930 was 11. This is the highest number since 1927. 48 cases of discharging eyes, in addition to the above, were reported by midwives and 10 cases were seen at the infant clinics, notified neither by doctors nor midwives.

1 notified case and 5 unnotified cases were treated privately; the remainder were treated throughout at the Public Health Department. 2 of the unnotified infants died from causes not connected with the ophthalmia; the remainder recovered completely without any interference with the sight.

### TREATMENT AT THE CHILD WELFARE CENTRE.

7 notified cases, 30 midwives cases and 10 cases which had not been notified either by a practitioner or a midwife, were treated at the Child Welfare Centre. One of the notified and one of the unnotified cases were transferred to the V.D. Department.

### TREATMENT AT THE MATERNITY HOSPITAL.

4 notified cases occurred in the Maternity Hospital, 3 of which were removed to the V.D. Department and 1 was transferred to the Maternity and Child Welfare Centre. 16 unnotified cases occurred. 4 of these were transferred to the Maternity and Child Welfare Centre; the remainder were treated throughout in the Maternity Hospital.

### TREATMENT AT GORSE HILL V.D. HOSPITAL.

3 notified cases from the Maternity Hospital, 1 notified case from the Child Welfare Centre and 1 unnotified case from the Child Welfare Centre were treated at Gorse Hill V.D. Hospital during the year.

Ophthalmia neonatorum and sore and discharging eyes were highly prevalent in 1930 and gave rise to a good deal of anxiety and a great amount of work, though the actual amount of damage done by the condition was negligible.

The bacteriology of these cases is given in the following table:—

#### NOTIFIED CASES: -

Gonococcus	 	 	8
Sterile	 	 	2
Not examined	 	 	1

### NON-NOTIFIED CASES :-

Pneumococcus	 	 	5
Streptococcus	 	 	1
Spirochaeta pallida	 	 	1
Various organisms	 	 	12
Sterile	 	 	20
Not examined	 	 	19

OPHTHALMIA NEONATORUM.

Not	Notified as O.N.	19	16	11	12	11	22	15	30	28	829
	Died.		:	23	:				:	:	:
Result.	Blind. Injured.	:	1	67	:	:	:	-	:	1	:
Res	Blind.	:	:	:	:	:	:			:	:
	Cured.	1	20	30	15	6	∞	111	4	63	11
	Maternity Hospital.				63	1		1	:	:	:
Where Treated.	Clinic.	4	19	25	10	10	oc	9	63	67	9
Where	Gorse Hill.	:	:	7	60	5		00	61	1	4
	Home.	60	22	10	:	1		1	:	:	1
Cases of Infantile	Ophthalmia due to Gonococcus.	٠.	٠.	23	13	4	ေ	20	4	63	∞
No.	Notified.	1	21	34	15	6	∞	11	4	00	11
,	Year.	*1921	1922	1923	1924	1925	1926	1927	1928	1929	1930

\* These figures are incomplete.

Table showing number of cases of Ophthalmia Neonatorum notified, the number treated, the results of treatment, and the number of deaths occurring. 1930.

The second secon		Second Lines		The same of the sa	The state of the s	-		
No. of Cases notified		11	1	No. of Cases	Vision Unimpaired	Vision Impaired	Total Blindness	Deaths
Treated at Clinic	:	:		9	9	-	:	:
Treated at Gorse Hill Clinic	:	:	:	4	4	:	:	:
Treated at Maternity Hospital	:	:	F	:	:	:		:
Treated privately	:	:	:	1	1	:	:	:
TOTALS	:	:	1	11	11			1

## Table Showing the Number of Visits Paid by the Health Visitors to Mothers and Children and to cases of Tuberculosis.

Special statement was the	1926	1927	1928	1929	1930
No. of first visits paid to mothers and children	975	815	874	884	975
No. of revisits	3368	3674	3731	4765	4240
No. of visits paid to expectant mothers No. of visits paid to cases of deaths and still-	166	168	220	330	260
births	103	87	89	110	109
No. of visits to cases of Tuberculosis	114	170	145	127	161
No. of visits paid to children aged 1-5 years	2584	3421	4048	5570	5419
Though Steel and Barriellain	7310	8335	9107	11786	11164

## Record of Work done at the Infant Welfare Centres during the Years 1926-1930 inclusive.

				1926	1927	19.8	1929	1930
No. of separate Infar Centre at—	nts who	attended	the					
Eastcott Hill				1116	1153	1242	1247	1278
Gorse Hill				305	328	316	263	243
Rodbourne				255	273	260	261	233
Pinehurst*							66	139
							1	
					-	1		
Ton	CAL			1676	1754	1818	1837	189
							1	
lumber of Attendances-	_							
Eastcott Hill				6079	6173	6281	6649	823
Gorse Hill				1736	2473	2185	1917	209
Rodbourne				1556	2057	2115	2282	215
Pinehurst							309	92
							- Comment	A LE
					THE REAL PROPERTY.	The same of	0.030.00	
Tor	CAL			9371	10703	10581	11157	1340
				-+				
lumber of cases which r	eceived	medical ad	vice					-
and treatment				746	787	942	939	105
				0000	0111	2505	0000	0.00
Total Consultat	ions			2029	2111	2505	2636	356

<sup>\*</sup>Opened 15th July, 1929.

## Summary of Conditions Seen and Treated at the Infant Welfare Clinics during the Year 1930.

	Infants.	Toddlers.	Total.
Discours and Defeats due to			
Disease and Defects due to Ante-Natal Causes—			
Phimosis	150	1	151
Congenital defects of nervous system	29	13	42
Congenital diseases of the blood	1		1
Other congenital deformities & defects	33	6	39
	213	20	233
	- District	Later to asset	of stiller in set
Specific Infections—	***************************************		
Congenital syphilis	13	1	14
Gonorrhœa other than O.N	1		1
Ophthalmia neonatorum	61	_	61
Tuberculosis	2	3	5
Diphtheria, scarlet fever, measles,			
whooping cough	12	15	27
Pneumonia	6	3	9
Rheumatism	-	_	
Nervous system	4	7	11
Various infections	70	32	102
	THE BOOK OF	and the same of th	
	169	61	230
Deficiency States-			
Ill-feeding	220	6	226
Scurvy	- 4	_	4
Rickets	14	2	16
Anaphylaxis	18	5	23
Teeth		42	67
Tonsils and Adenoids		10	13
Various	16	3	19
	000		The state of the s
	300	68	368
· · · · · · · · · · · · · · · · · · ·			
Injuries	The state of the s	12	33
Miscellaneous	125	61	186
	828	222	1050
No. of Operations for the re-			
moval of Tonsils & Adenoids	-	9	9
No. of Bacteriological examin-			
ations	60	11	71
No. of Haematological examin-			/
No. of X-Rays examinations	0	3	8
No. of A=Rays examinations	9	2	11
	-		
No. of Mental Defectives	9	0	15
No. of Physical Defectives	8 2	9	17
No of Blind Children		THE REAL PROPERTY.	2
No. of Deaf Children	3	1	1
No. of Mute Children	1		- 1
	Annual Contract of the last		1

Table Showing the Number of Infants and Toddlers referred to Special Departments for Treatment during 1930.

		Infants	Toddlers	Тота
Dental Clinic	See a se	21	304	325
Eye Clinic		 11	9	20
V.D. Clinic		 17	1	18
Orthopaedic Clinic		 6	5	11
Throat, Nose and Ear	Clinic	 1	14	15
Electrical Clinic		 6	3	9
Tuberculosis Clinic		 2	3	5
Rheumatic Clinic			-	
Total		 64	339	403

### THE MILK (MOTHERS AND CHILDREN) ORDER.

The state of the s					
lenutur (Atlees garatera estenja	1926	1927	1928	1929	1930
No. of applications granted	106	77	72	71	100
Total quantity of Milk issued (Galls)	1750	1497	1186	1572	2195
Total Cost £ (approx.)	160	140	100	150	200

### INFANTILE MORTALITY.

The deaths of all persons under the age of 20 which occur in Swindon, and of all Swindon children who die away from the town, are investigated. Some knowledge of the previous history of these children is in the possession of the Health Office, and in an increasing number, the full life histories are available. Since some children die in the institutions of Swindon who do not belong to the town, and certain other children who have regularly attended the Swindon clinics die elsewhere, these investigations become somewhat complicated. In the review which follows, cognizance is only taken of those deaths which the Registrar General accredits to Swindon.

### STILLBIRTHS.

44 stillbirths occurred in Swindon during 1930. Of these, 2 did not belong to the Borough, so 42 are accredited to Swindon, against 44 for last year. 15 Swindon cases and 1 of the outside cases occurred in the Maternity Hospital and 1 Swindon case and 1 outside case occurred in a private nursing home. All but one were legitimate. Of the 42 Swindon cases, 26 were males and 16 females. 16 were first pregnancies, 12 second, 7 third, 2 fifth, 1 seventh, 2 eighth, 1 eleventh and 1 thirteenth. 25 were full term and 17 premature.

The causes of stillbirth were, so far as can be ascertained, as follows:

FOETAL CAUSES:—		
Hydramnios	 	 1
Congenital syphilis	 	 1
NATAL CAUSES:-		
Malpresentation	 	 3
Died during difficult labour	 	 6
MATERNAL CAUSES:—		
Ante-partum haemorrhage	 	 5
Albuminuria	 	 4
Injury	 	 2

In the remaining 20 the cause of stillbirth is uncertain. Of these 42 mothers, 18 had received ante-natal attention.

#### DEATHS BEFORE THE END OF THE FIRST DAY.

17 such deaths occurred, against 9 for last year. 5 of these deaths occurred in the Maternity Hospital. 2 occurred outside

the Borough and nothing is known of them. 1, whose dead body was found in the canal, was the child of unknown parents, and another was an illegitimate child whose birth was concealed and whose body was found in a decomposing condition. The other 13 children were legitimate. Of the 17 children, 6 were males and 11 females. Of the 13 children of whom we have details, 4 were first pregnancies, 5 second pregnancies, 3 subsequent pregnancies and in the other there is no information. 2 were non-viable monsters, 1 died apparently from toxaemia of the mother, who had eclampsia, 2 were non-viable twins, but in the remaining cases no cause of death is known and the certificates were signed "prematurity," or "debility," or "inanition." 2 of these mothers had received ante-natal supervision.

### DEATHS BETWEEN THE END OF THE FIRST DAY AND THE END OF THE FIRST WEEK.

17 such deaths occurred, against 5 for last year. 7 were males and 10 females. 10 were first pregnancies and the others subsequent pregnancies. 2 were illegitimate. 3 were non-viable malformations (spina bifida); 7 are certified as dying from congenital heart disease or malformations of the heart, but in two only of these can the diagnosis be said to have been substantiated; the remaining 7 are reported to have died from prematurity or debility. 2 of the mothers had received ante-natal attention.

### DEATHS BETWEEN THE END OF THE FIRST WEEK AND THE END OF THE FIRST MONTH.

8 such deaths occurred ,against 4 for last year. 3 were males and 5 females. All were legitimate. 3 were first pregnancies and the others subsequent pregnancies. 5 were breastfed. Of these, 1 is reported to have died of congenital heart disease, 1 died of pneumonia, possibly whooping cough, 1 died of infantile diarrhoea due to maltreatment and the other 2 died without any assignable cause, though one of these was a seventh month child who was probably not viable. Of those who were not breast fed, 2 were a pair of premature twins not viable, and the other was a premature infant, also possibly not viable. 3 of the cases occurred in the practice of one midwife. 7 of these mothers had received ante-natal attention.

### DEATHS BETWEEN THE END OF THE FIRST MONTH AND THE END OF THE FIRST YEAR.

19 such deaths occurred, against 23 for last year. 12 were males and 7 females. All but one were legitimate. 10 of the cases had not attended the Clinics and their previous histories are uncertain. 2 of these occurred in the practice of one midwife. 4 were breastfed, all of whom died of acute lung disease, of which one was for certain due to measles, one probably due

to measles and two due to whooping cough. 2 were fed on breast milk pumped off. These were a pair of premature twins. Of the 4 who had not been breast fed, 2 died of ill-feeding, 1 died from septicaemia and 1 was a case of spina bifida.

Of the 9 cases who had attended the infant Clinic, 5 had been breast fed. Of these, 2 died of acute bronchitis doubtfully due to whooping cough, 1 died of congenital syphilis, 1 died under operation undertaken for intestinal obstruction and 1 was a mongolian imbecile whose death is certified as being due to congenital heart disease, but there is proof positive that it had not that condition. 4 had been artificially reared, of which 1 died of broncho pneumonia of uncertain causation and the other 3 of ill-feeding. There is reason to be strongly suspicious that one, and mildly suspicious that another, had been helped out because they were not wanted. 9 of these mothers had received ante-natal attention.

### DEATHS OF CHILDREN BETWEEN THE FIRST AND SECOND YEAR.

There were 8 such deaths, against 14 for last year; 4 males and 4 females. All were legitimate. 5 had not attended the Clinic. 4 of these had been breast fed, 2 of whom died of whooping cough, 1 of infantile diarrhoea and 1 of tuberculous meningitis. The 1 who had not been breast fed died of whooping cough.

All 3 cases who had attended the Clinic had been artificially fed. 2 died of measles and 1 of whooping cough.

## DEATHS OF CHILDREN BETWEEN THE SECOND AND THE FIFTH YEAR.

11 such deaths occurred, against 12 for last year; 4 males and 7 females. 2 of these had not attended the Clinic. 1 had been breast fed and died from intussusception. The other had not been breast fed and died of diphtheria.

Of the 9 who had attended the Clinic, 7 were breast fed. 2 died of measles; 1 died of diphtheria; 1 died of cellulitis; 1, who was knocked down by a motor-car, died of a fractured skull; 1 was reported as dying of haemophilia, which is probably correct, though from the history of the child we know that she suffered from tuberculous glands; and 1 died of pneumonia, away from the town. 2 had been artificially fed. 1 of these, who was an imbecile, died of whooping cough, the other died of infantile diarrhoea.

### DEATHS OF CHILDREN BETWEEN THE FIFTH AND THE TENTH YEAR.

19 such deaths occurred, against 6 for last year. 10 were males and 9 females. The histories of 2 of these children are not known to us. 1 died of diphtheria and the other of tuberculosis of the hip.

In the remaining 17 we have histories. 4 died of diphtheria; 1 is reported as dying from congenital heart disease, but it is obvious from the known history of this child that the disease could not be congenital and was rheumatic; 1 died of rheumatic endocarditis; another died of rheumatic heart disease; 1 died of pneumococcal septicaemia; 1 died of ulcerative endocarditis (rheumatic); 1 died of whooping cough; 1 died of measles; 1, a defective child, died of pneumonia of doubtful nature; 2 died of septic meningitis secondary to ear disease; 1 died of acute influenzal pneumonia; 1, a defective child, died of injury; and 1 died of acute polio myelitis.

### DEATHS OF CHILDREN BETWEEN THE TENTH AND THE SEVEN-TEENTH YEAR.

18 such deaths occurred, against 7 for last year; 11 males and 7 females. In 3 of these the histories are not known, of whom 1 died of diphtheria, 1 of lobar pneumonia and 1 of rheumatic heart disease.

The histories of the remaining 15 are known to us. 1 died of an injury caused by a motor-car; 1 died of acute rheumatic endocarditis; 1 died after nephrotomy for calculus, an old tuber-culous case; 1 died of diphtheria; 1 died of sarcoma; 1, a defective child, died of diabetes; 1 died of acute general tuberculosis; 1 died of rheumatic fever; 1 died of abdominal tuberculosis; 1 died of lymphadenoma; 1 died of meningitis due to ear disease; 1, a defective child, died of bronchitis; 1, a defective child suffering from congenital heart disease, died of tuberculous meningitis; 1 died of pulmonary tuberculosis; and 1, whose death was certified as being caused by influenza, was probably due to rheumatic fever.

### DEATHS BETWEEN THE SEVENTEENTH AND THE TWENTIETH YEAR.

There were 7 of these, against 6 for last year; 2 males and 5 females. In 2 the histories are not known. 1 died outside the Borough from abdominal tuberculosis and 1 died from mitral stenosis, probably rheumatic.

Of the 5 whose histories are known, 1 died of influenzal pneumonia, a lad who was known to suffer from congenital

syphilis; 1 died of tuberculosis of the lungs; 1 died of tuberculous peritonitis; 1 died from operation for enlarged thyroid; and 1 died of pneumococcal empyema.

We shall deal with infantile mortality in a later part of the report. Here we are only concerned with the special factors of the year 1930. The infantile mortality rate, 62.82, is the most unfavourable that we have experienced for six years, though it still is reasonably low for an industrial town. The child mortality also was extremely unfavourable; in fact for child death 1930 was the worst year for which we have accurate records. When we analyse the evidence, we find certain points which are curious and of great interest. The high infantile mortality rate is dependent almost entirely upon increased natal death; the second moiety which makes up infantile mortality, namely, the deaths between the first month and the first year, was low. Extremely favourable was the toddler death rate. The school age rate was, however, very unfavourable. We find also, excluding the natal deaths, that the fatalities were mainly caused by the four great infections of childhood: measles, whooping cough, diphtheria and rheumatism, and that the number of children who fall out from all other diseases is comparatively small.

Table Showing the Causes of Deaths of Children under 20 years of age in the Borough of Swindon during the Year 1930.

Cause.	0-1	1-2	2.5	5-10	10-17	17-20	Total
Pathologically Differentiated:  Congenital Defects Congenital Syphilis Measles Influenza Whooping Cough Pneumonia Diphtheria Rheumatic Infection & Sequel Acute Tuberculosis Pulmonary Tuberculosis Tuberculous Meningitis Other Tuberculous Diseases Meningitis following Ear Diseas Intussusception Polio Myelitis Diabetes Lymphadenoma Septicaemia Injury Haemophilia Toxaemia of Mother Calculus Sarcoma	 10 1 2 - 5 - - - - - 1 - 1			5-10	1 1 1 1 1 1 1 - 1 1 1 1 1 1 1 1 1		11 1 7 2 11 5 9 9 1 2 2 4 3 1 1 1 1 2 3 1 1 1 1 1 1 1 1 1 1 1 1 1
Unviable Monsters  Undifferentiated:  Prematurity  Illfeeding  Bronchitis  Diarrhoea  Under Operation  Unknown	 5 24 6 1 - 1 4	- - - 1  -	- - 1 -			_ _ _ _ 1	5 24 6 1 2 2 4
Totals	 61	8	11	19	18	7	124

NOTE —The death of every child under the age of 20 years is made the subject of inquiry, in which all matters connected with the medical history of the child are considered, and from the available evidence the conclusion is drawn as to what was the main factor which destroyed life. In the above table the deaths are given in accordance with these findings. They agree in number, but not in causes of death, with the official records.

Infection and Epidemiology.

#### EPIDEMIOLOGY.

The year opened with a very favourable Winter. Smallpox, which had been prevalent in the Borough during 1929, died out in December of that year and did not reappear in the Borough during 1930, though there was a diffuse outbreak of the disease in parts of Wiltshire. Whooping cough was present and continued as the chief dangerous disease during the first three months of the year, when it died out completely. There was no influenza in the Winter of 1930. Scarlet fever, which had been prevalent in epidemic form for two years, had reached the declining stage of the epidemic and died out about the middle of the year. The epidemic had been severe as regards incidence, but quite trivial as regards severity, no death having occurred during the epidemic, except one, which was a puerperal case and occurred at the end of 1930.

January was a favourable month, whooping cough being the only disease present in any numbers. There were two fatal cases of polio-myelitis during this month, which were the last cases of the epidemic which had occurred in the West of England during the late Summer, Autumn and Winter of 1929. An unfavourable feature at this time of the year was a number of cases of acute ear disease ending in meningitis and death. These cases were not directly connected with the scarlet fever outbreak, none of the cases having been attacked by scarlet fever during the present epidemic, nor were they connected with whooping cough. They might have been connected with a rather high incidence of insignificant puerperal pyrexia which was occurring about the same time.

March was another favourable month except for its high incidence of natal death. There was some mumps present, chiefly affecting adults, but it was not widespread. At the end of March there was nothing, either locally or in the general distribution of disease throughout the world, upon which could be formed any indications for the future.

In April there was evidence of an approaching high incidence of measles. One noted in this month that "an epidemic of measles is expected, reaching its height in the second week in June, but the indications are that its severity will not be great and that lung complications will not be numerous." This forecast was fulfilled. Diphtheria began to cause increasing anxiety. As has been stated on many previous occasions, there are no diphtheria carriers in Swindon and the cases that occur can generally be traced to outside sources; but it was presumed that the state of immunity of the population towards diphtheria was

exceedingly low and that an epidemic of the disease was to be expected. In the early months of the year, however, though we had many introductions of diphtheria of an extremely fatal type, the disease did not spread.

May showed the beginning of the expected epidemic of measles. There were several introductions of diphtheria, all serious, but these did not spread, though it was becoming clear that an epidemic of diphtheria would occur in Swindon and would be centred in the Gorse Hill district.

July was a very quiet month. The epidemic of measles died out as was expected. Scarlet fever had ceased to be present in epidemic form and for the rest of the year gave us nothing more than a few sporadic cases. Diphtheria caused great anxiety, but there was no further evidence bearing upon the expected epidemic. There was a fairly high prevalence of mild puerperal pyrexias and of ophthalmia in new-born infants.

August was quiet, but towards the middle of August the epidemic of diphtheria started in the part of the town where it was expected. There was some increase in pneumonia of the June epidemic type during this month. About the end of September the epidemic of diphtheria began to take definite shape. The type was severe, but not so severe as had been that of the sporadic cases in the earlier part of the year. On the 14th October an outlook was issued regarding the expected prevalence The chief essentials of the forecast were that of diphtheria. the disease would remain epidemic in Swindon until the middle of March, that the number of cases expected was an average of five per week, that its maximum brunt would be borne by the Gorse Hill district and that though cases were expected to occur in other parts of the town, they would not spread. This forecast proved to be accurate.

An acute fulminating case of cerebro-spinal meningitis occurred in the Borough in September and, it may be mentioned in passing, that another occurred in January, 1931.

The conditions in October gave rise to some anxiety and in the early part of November a crop of cases of virulent influenzal pneumonia, all fatal, the victims being mainly adult males, caused much anxiety regarding the health of the town during the Winter. This point, with several other factors which cannot be given here, enabled us to forecast an epidemic of influenza in the town during the month of February, 1931. The details of this forecast were that the outbreak of fatal influenzal pneumonia of mid-November would collapse as suddenly as it arose, that it would be followed later in Autumn by increased prevalence of diarrhoea and indefinite abdominal disease, that December and the major part

of January would be healthy and free from influenza, but that that disease would assume epidemic prevalence towards the end of January or beginning of February. This forecast also proved to be accurate in all details. Except for the continuance of the epidemic of diphtheria, December was a quiet month.

The foregoing account of the epidemiology of Swindon in 1930 may read rather strange, for it sounds as though the author set out to be a prophet. He has not such pretensions, but does claim to be able to make deductions from evidence and probabili-It has been the custom for many years to forecast the future health of the town, both as a biological study and because of the very obvious advantage that accrues from knowing what is going to happen. Many, perhaps most, of the forecasts prove to be accurate, some extraordinarily accurate even to minute details; some cannot be said to be accurate even with quibbling, and others are entirely wrong. As these forecasts are given in detail, month by month, to the Health Committee and are printed in the minutes, it is not possible to equivocate with them. Nor is it desired to do so, the whole object being to test the validity of the premises upon which the forecasts are made. This evidence is partly local and partly universal. It is essential to know as far as possible what disease is doing in all parts of the world, where infectious disease is starting, how it is spreading and how it is varying in type, and to visualise what would happen should it appear locally. If we could have a perfectly accurate diary of disease as it occurred in the town, accurate forecasts, not only in connection with the chief epidemic diseases, but probably with many diseases not in general considered to be infectious, might be made and no doubt in the future we shall be able to do this at least as accurately as we can now forecast the weather.

#### DIPHTHERIA.

115 cases of diphtheria were notified, of which 3 were withdrawn, 1 was a second notification and 12 did not have the disease, giving 99 genuine cases, but 1 of the cases withdrawn was a native of Swindon who developed the disease outside and was sent back to Swindon Isolation Hospital, so that there were really 100 cases. 9 cases died. This gives the very high mortality of 9%, but the disease was exceedingly virulent, particularly amongst the early sporadic cases.

When the epidemic started, an immunising campaign was inaugurated, the details of which up to the end of the year are given in the appendix, but the history of the epidemic, which presents some extraordinary features, belongs more to 1931 than to 1930 and will be dealt with in detail in next year's report.

#### SCARLET FEVER.

There were 106 notifications of scarlet fever, of which 1 was withdrawn and 5 did not have the disease, leaving exactly 100 genuine cases. The only death which occurred was that of a puerperal case which died after anæsthetic for operation. The disease generally was mild, but it must be admitted that it was by no means so mild as it had been during the height of the It is always found that as an epidemic declines, the severity of the cases increases and they tend to become less typical and more complicated. This happened throughout the country in the latter part of 1930, when the big wave of scarlet fever which had swept over Northern Europe during the past five years showed signs of collapsing. Whether it is any indication that future visitations of scarlet fever will be more severe than those of the immediate past is a question which is exercising the minds of epidemiologists.

#### PNEUMONIA.

There were 105 notifications of pneumonia, the lowest number since 1924, the first year for which accurate statistics are available. This number, 105, is only about 60% of the average. The cases can be roughly divided into five groups: Whooping cough pneumonia, most prevalent in the first quarter; measles pneumonia, most prevalent in the second quarter and beginning of the third; influenzal pneumonia, mainly limited to November; and a crop of miscellaneous types, chiefly of the June epidemic type, occurring mainly in the Summer months. 40 of the cases died, so its fatality was exceptionally high. It is, however, only amongst the cases admitted to the Isolation Hospital that it is possible to work out types and fatality rates, as with the cases who died at their own homes the evidence is not sufficient for the purpose.

THE PNEUMONIAS.

The statistics for Pneumonia for the past ten years are as follows:--

	Total No.	Total	. Cases r	Cases removed to Hospital.	spital.	Case	Cases treated at Home.	Iome.
Y car.	of cases notified.	deaths.	No.	Deaths.	Death Rate.	. No.	Deaths.	Death Rate.
1921	36	19				36	19	59
1922	156	43	1	0	0	155	400	27
1923	68	28	12	0	0	99	28	50
1924	175	62	31	5	16	144	57	46
1925	204	61	99	10	20	154	51	33
1926	172	52	27	9	22	145	46	32
1927	202	58	63	14	22	139	44	31
1928	204	53	99	16	24	138	37	27
1929	176	54	52	111	21	124	43	34
1930	105	40	44	12	27	61	28	46
	The state of the s							
10 years.	1498	470	346	74	21.4	1152	396	34.4

## THE INFECTIONS DUE TO PARASITES BELONGING TO THE GENUS BACTERIUM.

These infections were totally absent from the town during 1930, as they had been during 1929.

#### THE VIRUS DISEASES.

There were 3 notifications of polio myelitis, two fatal and one trivial case notified late. They were the remains of the epidemic of the Autumn of 1929. There was no encephalitis lethargica and no smallpox, but chickenpox was prevalent in the early part of the year. It was notifiable up to 11-3-30. During the period that it was notifiable there were 146 cases. In the latter part of the year the disease ceased to be prevalent. One fatal case of cerebro-spinal meningitis was notified.

#### MEASLES AND WHOOPING COUGH.

Measles, which had been absent from Swindon during 1929, became epidemic in May, 1930. The epidemic was not extensive, but it was the cause of seven deaths. It died out in July and did not reappear during the rest of the year.

Whooping cough, which had been epidemic in the Autumn of 1929, continued epidemic prevalence during the first three months of the year and caused eleven deaths.

#### TUBERCULOSIS.

The number of new notifications of pulmonary tuberculosis was 41, which is very considerably lower than that of any year since 1914. The deaths from respiratory tuberculosis were 37, which is considerably more than last year or in 1926, but, with these exceptions, are the fewest recorded. The deaths from tuberculous meningitis were 3, the same as last year and a favourable figure. The deaths from other forms of tuberculosis were 12, against 1 for last year, and gives the largest number of deaths from other forms of tuberculosis since 1914.

The new notifications of non-pulmonary tuberculosis were 45, which is a high figure, but of these no less than 17 were notifications of tuberculosis of the abdominal glands discovered at operation.

The numbers of cases of tuberculosis left on the register at the end of 1930 were 147 pulmonary and 78 non-pulmonary. These numbers are very low, but their reduction from former years is not altogether genuine, as at the end of 1930 all cases on the register were re-considered and more than usual were struck off, either as being clinically cured, or as not suffering from the The position of the town as regards tuberculosis in 1930 was distinctly favourable. The most important figure upon which to judge progress is the number of new cases of pulmonary tuberculosis and this, as we have seen, was low. The deaths, which were high, do not very much affect the position, because these will be mainly cases notified in previous years and tell us what tuberculosis has done, rather than what it is doing at The high notification figure of other forms of tuberculosis is much complicated by the notification of enlarged glands found during abdominal operations. In these days, when abdominal section has become a ritual, it will naturally occur that when nothing else can be found, search will be made for tuberculous glands. Since we know from post-mortem examinations that some 70% of bodies of persons who have been presumably healthy show tuberculous glands, it follows that now abdominal section is common a great number of these glands will be discovered during life which in past years would have escaped detection. There is in the majority of these cases not sufficient reason for considering that the patients are suffering from clinical tuberculosis and unless the abdominal operation lights up the disease, which we know that it does do occasionally, it is probable that the presence of such glands is of no clinical importance.

The problem of tuberculosis is essentially different from that of the acute infectious diseases in which cure occurs through the establishment of immunity. We know that the majority of persons in a civilised community are infected with tuberculosis at some time or another and that the disease does not produce immunity, so that, strictly speaking, something between 70% and 80% of the population has been attacked by, reacted to, and remains sensitive to, tuberculosis. In the majority, the infection remains shut off and of no particular danger unless something occurs to break down the barrier.

Notwithstanding the vast amount of attention that has been given to tuberculosis, more particularly since the War, the position at present is not one which satisfies epidemiologists. It is impossible to get the grasp of tuberculosis that can be obtained of all other notifiable diseases. Much of the difficulty is due to elaborate registers which do nothing but confuse the issue. The latest Tuberculosis Order of 1930, however, offers some hope of clearing the position and, at last, enables us to obtain and to keep in a form that can be utilised, the statistical information

which is essential in order to understand the variations of the disease. In Swindon, many attempts have been made to come to grips with the epidemiological problems of tuberculosis, but they have not met with success. Another attempt is now being made which is more promising.

No action was taken under the Public Health (Prevention of Tuberculosis) Regulations, 1925, as no cause for action occurred, and no action was taken under the Public Health Act, 1925, Section 62.

#### CANCER.

There were 97 deaths from cancer, against 91 for last year and the year before. During the last few years there has been a distinct slackening in the increase of cancer and most of the actual increase that has occurred can be accounted for by the alteration in the average age of the population.

#### DIABETES.

10 deaths occurred in 1930, against 13 in 1929.

# SURVEY

FOR THE

Years 1926-1930.

#### SURVEY FOR THE YEARS 1926-1930.

The following brief history of the public health services in Swindon during the past quinquennium and critique of its various functions, is intended to give an idea of the extent of, and lines along which, they have developed. It will afford the opportunity of calling attention to what is satisfactory and what is unsatisfactory and of fixing the attention of the inhabitants of Swindon upon certain of their social functions in which they have not made that progress which they should have made. In judging the state of the public health service and of the energy shown in developing it, attention must be paid to all details and an opinion passed, not upon isolated factors, but upon the general movement. More important than knowing where we stand is to know in which direction we are going and to what extent we have left behind us the unsatisfactory features of the past.

Local developments must be governed by local factors. Basically, they are dependent upon the progress made in public health science and the development of the national sanitary code, for, in England, public health is essentially a State rather than a local function. But since the coming of the Ministry of Health, it has been recognised in practice that though Whitehall gives the principles of public health, the local authorities are expected to develop them in accordance with their special needs. Moreover, legislation must of necessity be somewhat belated; if sound, it is itself dependent upon experiment and the experiment must be made before there is legal sanction for making it.

Though the English sanitary code is extremely voluminous and the legal powers conferred on local authorities and their officers considerable, there is a growing tendency to base public health practice not upon law, but upon the voluntary or semi-voluntary action of communities, and instead of force to rely upon education. So, though the law is always there and can be enforced, it is seldom utilised and even where the sanitary authority and its officers can compel under penalty, they prefer to reach their object by persuasion.

The development of the public health service in different localities varies considerably according to many local factors: the nature of the population and its industries, the degree of prosperity and of fixity of the population, the political ideas of the people and of their elected representatives, and the personality of the chief officer of the health department. All these variants lead to embellishments of what might be called the standard base of sanitary administration and development. They tend to variety of experiment and to noticeable differences between the methods in vogue in different districts, or at different

experiment, there has grown up in our system of public health administration an unofficial method of keeping health workers in touch with each other and, through the media of conferences and meetings, to provide the opportunity for the ventilation of differences of opinions, of successes and of failures. The net result of this method has been a steady and rapid improvement in public health administration, with a corresponding improvement of the health of the community. Though no two districts will progress in precisely the same manner under our system, it is expected that all will progress and that their records will show continuous improvement.

There is no social development which does not in some way affect the health of the people. The health department itself is mainly concerned with factors whose avowed object, or whose principle object, is the improvement of the public health, but there are many other functions which affect the position, some of which are actually of more importance than the special measures which have health as their sole objective. For example, there is reason to believe that the change from horse to motor traffic in stamping out infantile diarrhoea has had greater influence upon infantile mortality than all of the medical measures taken for this purpose put together. An increase in unemployment or a diminution of wages which reduces the money available for food below the full nutrition line, has greater effect on the health of the community than an epidemic; a change of fashion in dress may influence to a significant extent the respiratory death rate, the most sensitive index of the health of the community; whilst a difference in the philosophical or moral attitude of the population towards reproduction may, as there is reason to fear is happening at present, produce greater damage to health than our special endeavours to improve it can overcome.

The health services which are more directly under the control of the health department fall into three categories: first, the general sanitation of the district, including its water supply, its drainage and sewage, its scavenging, the control of its water courses, of smoke, of streets and of buildings. These services are but little under the control of the medical officer of health. They have become questions mainly for experts in sanitary engineering, and in most modern towns are under the direct control of the borough surveyor. It is important, however, that the medical officer of health should not lose touch with these services, for there are occasions when it is necessary for him to take very special interest in them and he should always be in a position to advise the sanitary authority and their other technical experts in regard to these services which, in the main, have passed from his purview. The second series of functions are those which

belong more particularly to the sanitary inspectors. They deal more with domestic than with communal matters: housing, the cleanliness of premises and the supervision of the food supply. All these matters are highly important. The sanitary inspectors must be experts in their particular side of the business and over them the medical officer of health must exercise more than mere supervision. The third function of the health department is entirely the work of the medical officer of health and his medical and nursing assistants. It deals with the general and individual health of the citizens, with the prevalence of disease and the methods required to prevent it, and also with the utilisation of the methods of curing disease which either cannot be, or has not been, prevented.

# EPITOME OF PUBLIC HEALTH HISTORY OF THE BOROUGH, 1926-1930.

1926.

A scheme for the improvement of the Waterworks at Ogbourne and purchasing of additional land at Poughcombe for additional adits or wells, as required, was approved.

Further improvements in the chief sewage works at Rodbourne were carried out, including the replacement of the pumps, which were insufficient for their purpose. The number of humus tanks was increased.

Attention was paid to the littering of the highways with waste paper, etc., and wire baskets were provided to try to educate the people to keep their town clean.

Considerable progress was made in the renovating and improvement of private property, but progress was not so rapid as it might have been, owing to the difficulty of obtaining, and the expense of, material.

Discussion on the hospital system in Swindon was very much to the fore in this year and the G.W.R. Medical Fund Society started to build their temporary hospital. Conversations regarding the advisability of building a new maternity hospital also took place.

The year generally was favourable and progress in the Medical Department fairly steady. There was a sharp outbreak of influenzal pneumonia in November.

#### 1927.

There was a somewhat severe epidemic of influenza in the Winter of 1927. In June there was considerable prevalence of pneumonia of the June epidemic type and in August there was a small outbreak of pneumonia of an exceedingly fatal type.

The Town Council petitioned for the extension of the Borough boundaries.

A re-organisation of the sanitary conveniences of the town was undertaken and four up-to-date conveniences for both sexes were erected in the town.

There were further improvements made in the main sewage works.

During this year several of the wells in Old Swindon were closed.

In this year all meat slaughtered for human consumption in the Borough was seen by the sanitary inspectors and considerable attention was given to the milk supply, notably by instituting systematic bacteriological examinations.

The child welfare scheme was consolidated by offering all the provisions to any child in the Borough and abolishing what had remained of the distinction between school children and others.

At the end of October there was an outbreak of food poisoning limited to one household. This is the only outbreak of food poisoning which has occurred in Swindon during the past ten years, though several reported outbreaks have been investigated and proved not to be genuine.

#### 1928.

This was the record year of health for the Borough.

The epidemic of scarlet fever started in August.

Towards the end of the year the epidemic of smallpox started.

In October, 1928, the Borough boundaries were extended, the Swindon and District Hospital Board abolished and the Isolation Hospital taken over by the Borough Council.

In December the Borough took over the Training School for Midwives which up to that date had been run by the Wilts Nursing Association.

#### 1929.

1929 was an exceedingly difficult year for public health work. Smallpox was epidemic throughout the Borough throughout the year, as also was scarlet fever. A moderately severe epidemic of influenza occurred in the Winter and polio-myelitis in the late Summer.

#### 1930.

This was another difficult year, though disease prevalence was generally low.

The new Maternity Hospital was started in the late Summer and in the Autumn the Administrative Block at the Isolation Hospital was re-constructed.

On October 1st the Borough became the Supervising Authority under the Midwives Acts.

The hospital question loomed largely during 1930. Victoria Hospital opened the new wing on November 6th.

The coming into force of the Local Government Act, 1929, did not materially affect the health services of Swindon, though indirectly is should do so in the near future.

Towards the end of the year the Council decided to proceed with a scheme of obtaining a new supplementary water supply from Latton.

## GENERAL PUBLIC HEALTH AND SANITATION OF THE TOWN.

#### WATER SUPPLY.

In the survey report for 1925 we published a somewhat elaborate critique of the water supply of Swindon as it then was and as it still exists. But little need be added to this. The position at present is exactly as it was at the end of 1925. Since that date no complaint of any importance has been made in relation to the quality of the water and on no occasion has the town water supply fallen under any suspicion.

The only new fact regarding Swindon water which we have to record is that the iodine content of the mixed water was determined for us by the Rowett Institute of Aberdeen. The iodine content of Swindon water is  $0.05\gamma$  per litre. This is the lowest of any water in Great Britain. This point is of interest in connection with the prevalence of goitre in Swindon, though,

as it has been pointed out on many occasions, the high incidence of goitre locally is not directly connected with the lack of iodine in the water supply.

As regards the quantity of water available for Swindon, matters are not so satisfactory. There was plenty of water for the immediate needs of the district for the first three years of the quinquennium, but in 1929 matters began to look serious, as towards the end of the Summer both sources of supply showed signs of failing. Some restrictions on the use of water had to be imposed and plant was erected for the utilisation of the water at Coate, a reservoir on the old canal, for drinking purposes. It was, however, only necessary to use a very small amount of Coate water during the Autumn of 1929, and in the latter part of the year and during 1930 the supplies from Ogbourne and Wroughton were sufficient. But it has been recognised for some years that the existing water supply is not sufficient for the development of the town and that further sources of supply must be found.

The Waterworks Committee have been considering this matter for several years. It is no part of the business of the Medical Officer of Health to concern himself with the various ideas and suggestions which came before the Waterworks Committee for consideration; he is only concerned with the facts that a further supply was necessary and that eventually, in 1930, the Waterworks Committee had found a remedy. This remedy is to obtain a supply of water from Latton, in the Thames watershed. Latton is about nine miles from Swindon and from this source is promised an abundant supply of a water which is very pure, and of similar hardness to the waters of Ogbourne. The scheme for obtaining water from Latton has now been sanctioned by the Ministry of Health and the work will be put in hand immediately. It is reckoned that it will furnish up to 3,000,000 gallons per day, take between two and three years to complete and cost £120,000.

There were in Swindon several wells in the upper part of the town. Cutting right across Swindon hill there is a boggy stratum which contains much water. In former years this water was the main supply of the district, but it has long since been disused and is now merely a nuisance. However, there still exists, or did until recently, several shallow wells sunk into this stratum for the supply of water which was used for domestic purposes. Analyses of water from these wells showed, as might be expected, that the water is utterly unfit for consumption and all these wells, with the exception of two which are at present under condemnation, have been closed. In Rodbourne Cheney, which was taken into the Borough in October, 1928, there are also some shallow wells which are being dealt with as the public water supply is available for every house in the Borough.

#### WATER COURSES.

The only water courses existing in Swindon at the present time are the River Ray and the River Cole. These streams, as regards size, are of no consequence, but the Ray takes the effluent from the Swindon Sewage Works and eventually finds its way into the Thames. The condition of this stream is mainly the concern of the Thames Conservators.

In former years Swindon was practically cut in twain by the old Wilts and Berks Canal. For many years this canal supplied much food for controversy in the Town Council, much disturbance to the Medical Officer of Health and an Elysium for mosquitoes and sundry other obnoxious beasts which we can forget. Most of this canal is now filled in and the rising generation of Swindonians only know of it as a tradition; but in one part of the town, a fragment of it still remains, awaiting the oblivion which has overtaken the major portion.

Since the lower part of Swindon is built on a bed of Kimmeridge clay, which is as impervious as india rubber, and since in former years there was a good deal of quarrying done in what are now integral parts of the town, Swindon has been troubled, and still is to some extent, by ponds. We shall not say anything of those ponds and their somewhat unsavoury history which have vanished, but we are interested in the future of those which still remain. They have all got to go and the going of a pond is apt to be a somewhat malodorous business, unless it is looked after properly. There is no doubt, however, that the abolition of these ponds is not an easy business. Owing to the conformation of the strata, it is impossible to drain them, so they have to be filled in. In theory, coke, or breeze, or clinker is ideal for filling in ponds, but financial consideration generally dictates that less desirable material must be utilised.

#### DRAINAGE AND SEWAGE.

#### SEWERAGE WORKS AND SEWAGE DISPOSAL WORKS.

Owing to the inadequate discharging capacity of the outfall sewer from Evelyn Street to the Broome Sewage Works, the Works and Streets Committee decided in 1926 to lay a new sewer in land adjoining Marlborough Lane and, at the same time, it was considered advisable to make provision for the sewering of the Coate Road area of the Borough, which at this date was in process of development. Accordingly sewers were laid down Marlborough Road and Broome Manor Lane which are capable of taking the drainage from a population of 5,400 over a drainage area of about 90 acres.

#### SEWERS-HOUSING SITE.

During the past five years extensions to sewers have been made on the Hurst Estate for the development of the site. These sewers are taking the drainage of 316 houses. In addition to the foul water sewers there are surface water sewers taking the rainwater from the fronts of the houses and the roads into the stream which passes under Pinehurst Road.

A notable feature in the recent development of the Borough has been the scheme for sewering the Rodbourne Cheney district of the Borough. This scheme is of considerable magnitude and consists of 6.4 miles of sewers of various sizes and two small pumping stations. These sewers are capable of dealing with the sewage from a population of 25,000 over a drainage area of about 600 acres.

#### SEWAGE DISPOSAL.

In 1927 it became evident that the Rodbourne Sewage Disposal Works, additions to which were designed in 1914 and completed in 1923, required further additions to meet the growth of Swindon. As a result of the Council's deliberations it was decided to extend the Rodbourne Sewage Disposal Works to secure a good effluent from the present flow of sewage and at the same time to make adequate provision for an estimated increase of population over the next decade.

The main features of these extensions are a detritus tank, screening and dredging plant, intermediate settling tanks, 17 percolating filters with humus tanks. The total number of percolating filters available for use is now 38.

The extensions were completed in February, 1930, since when the production of an effluent of a good standard has been consistently maintained.

#### COLLECTION AND DISPOSAL OF REFUSE.

The household refuse of Swindon is now collected in S.D. Freighters, except in a few parts of the town where a horse-drawn cart is used as being more economical. Sanitary dustbins are now enforced for every house in the Borough. The rubbish is disposed of on tips. For the past five years there have been no serious complaints, either of the tips or of the method of removal and disposal of refuse.

#### CLOSET ACCOMMODATION.

Every house in Swindon is supplied with a water closet, though there are still a number of water closets which are not provided with flushes. Most of these are kept perfectly clean and give rise to no offence, but they are obsolete in a town and should be supplied with proper flushing tanks. This would have been done some years ago had the water supply of the town been as abundant as we could wish. As soon as the supply of water from Latton is available, it will be feasible to insist that every water closet in the town is provided with a proper flush.

#### HOUSING.

From much that is heard locally, one would be lead to suppose that housing was one of the most unsatisfactory features of the Borough of Swindon; but this is entirely erroneous, for the housing of Swindon is exceptionally good for an industrial Perfect it most certainly is not and there are many directions in which it can be and must be improved, but compared with the majority of the industrial towns of Britain, the general level of housing must be considered satisfactory and the town contains no slums nor insanitary areas. The original planning of Swindon was atrocious. Formerly there were two urban districts: New Swindon and Old Swindon. The planning of Old Swindon was probably determined by sheep runs and it was bad; that of New Swindon by jerry-builders and that is worse; but the planning of the modern parts of the town is excellent and many improvements have been effected in the older parts to relieve some of the worst features. Unfortunately, street improvements are prohibitive in cost and though it would be possible to replan the older parts of the town, it would not be possible to give effect to the plan without the expenditure of vast sums of money.

The work of house-to-house inspection and of the remedying of nuisances which can be dealt with under the Public Health Acts will be dealt with by the Sanitary Inspector in his report. There are no houses in Swindon that are unfit for habitation and could not be made fit at a reasonable cost. There are a few in which the cost of repair would be so considerable that it might be advisable to demolish them, even though such a course is not absolutely necessary, but, in general, nothing is wanted except such ordinary repair work as is required from time to time on all property.

During the five years, 1,361 new houses were erected in the Borough, of which 121 were erected by the Corporation and 1,240 by private enterprise, in addition to which 121 were erected on the Corporation's Housing Estate at Hurst between the 1st January, 1926, and the 1st October, 1928, when the Estate was taken into the Borough. During the same period the population

of Swindon is believed to have increased by 5,140, so that the number of new houses is considerably in excess of that required to take up the increased population and, in theory, allows a very good margin to re-house those who were living in overcrowded or in insanitary conditions. But it is well-known in connection with housing problems that what sounds all right on paper goes all wrong in practice and however many houses may be built, the problems of overcrowding and insanitary dwellings remain unaffected so long as overcrowding is allowed and insanitary dwellings remain standing. The amount of overcrowding in Swindon is not great, but it shows little tendency to diminish, because as soon as an overcrowded tenement is relieved, the process of overcrowding starts afresh. Council houses let to selected tenants under agreement that they will not sub-let, difficulties arise. We can prevent a tenant from taking in strangers, but we cannot prevent him from giving shelter to his mother or father, and, by extension, to his two grandmothers, two grandfathers, uncles, aunts and cousins. It is extraordinary how many houseless relatives a man who possesses a house seems to pick up. Of course, theoretically in law, we can deal with this, but in practice it offers very considerable difficulties.

In accordance with the terms of the 1930 Housing Act, Swindon has submitted a scheme for the next five years. The

proposals are as follows:-

500 new houses to be erected, 50 of which are to be allocated to the Public Health Department to re-house persons who might be displaced by closing or demolition orders against the houses they now occupy.

#### SCHOOLS.

There are in the Borough of Swindon 16 elementary schools and 3 secondary schools. Two of the elementary schools are not provided by the local authority. The water supply to all the schools is from the town water supply and they are drained into the town sewers. Their sanitary condition is generally good, though in some the sanitary conveniences are not up-to-date, and are receiving attention from the Education Committee. The Board of Education keeps several lists of schools which are not efficient, but as no Swindon school appears on any one of these lists, the presumption is that they are passably efficient according to the standard which satisfies this country.

With the exception of the Commonweal Secondary School and the Infants' Department at Ferndale Road Elementary School, which are modern in type and good in construction (though neither is faultless), the remaining schools in Swindon are all of

obsolete type. The two least efficient from the point of view of the buildings are the Church of England School and Queenstown Infants' School, but these are the oldest buildings. The remaining school buildings are more or less efficient for their purpose. The Education Committee is considering the re-organisation of the schools, which includes some additional new schools and considerable modification of those which at present exist, so that, at the present time, it would not be advisable to give any detailed criticism of the buildings as they are at present, especially as from the general public health point of view the buildings are passably satisfactory.

The report on the health of the scholars and the work of the School Medical Department appears in a separate report.

#### INSPECTION AND CONTROL OF FOOD STUFFS.

The County Council is the authority for carrying out the provisions of the Sale of Foods and Drugs Act and of the Tuberculosis Order, but the Borough administers the Public Health Acts. The best that can be said of the control of food in Swindon is that all is done locally that can be enforced by law. factory this is not, for it is unfortunately true that in the handling of food stuffs and the control of human feeding the law of England is obsolete, if not barbaric. Everywhere those who have to deal with food stuffs, or with feeding the population, take hygienic measures which cannot be insisted upon by law, but in Swindon there is not so much of this voluntary action amongst purveyors as is desirable, or as might be expected. Unfortunately, though very fine attempts have been made to introduce legislation dealing with feeding in this country, which would bring us somewhat within measurable distance of countries which are more civilised in this respect, they have mostly ended in compromises which irritate everybody and safeguard nothing. An exception to this is the Public Health (Preservatives, etc., in Food) Amendment Regulations, 1926, which were carried in the face of opposition, which do safeguard food against adulteration and the use of preservatives and which, in practice, have worked with perfect smoothness.

We have a code dealing with the milk supply, which is so elaborate that few profess to understand it, and also a tremendous code dealing with meat, which consists mainly of compromises and prevarications. The people in this country seem quite indifferent to the way in which their food is handled and until they wake up and insist upon reform, there is little hope of our obtaining legislation for dealing with food stuffs which is in accord with the principles of elementary hygiene and cleanliness. So long as the people will consent to eat bread which is

delivered unwrapped, fouled by dirty hands and occasionally with road dung; milk supplied by the open method, where it is exposed to all forms of contamination; and meat that has been exposed to flies, dust, dirty handling and, occasionally, much greater dangers; cooked meats that escape infection with the germs of food poisoning by lucky accident rather than design, the methods of dealing with food in this country will remain a disgrace to our civilisation.

So far as anything can be done, the Swindon Health Committee insists upon it being done. They have certain powers over milk shops and dairies, very limited powers over butchers' shops, complete powers to prevent the sale of food which is diseased or unsound and the right to grant or refuse licences for slaughterhouses or milk premises. There are 20 slaughterhouses in Swindon: 8 registered and 12 licensed. These slaughterhouses are inspected regularly and frequently, and all meat killed in Swindon is seen by the Sanitary Inspectors before it is released for consumption. Legally it is impossible to find fault with the slaughterhouses, but aesthetically it must be admitted that they suggest dens to which beasts are lured to be murdered, rather than premises where man uses his science to minimise what must be an unpleasant and somewhat messy business.

The question of building a public abattoir has been before the Health Committee on many occasions, but has never got very far owing to the expense involved and the difficulty presented by the number of registered slaughterhouses. It is impossible to press for the provision of a public abattoir unless the citizens themselves demand it. This they will not do at present, for they are, in general, quite indifferent to the horrors they allow and will put up with much that is repulsive because they are ignorant of its existence.

#### MIDWIVES.

Swindon became the local supervising authority in October, 1930. The number of midwives practising in the area at the end of the year was 12. The Local Authority possesses the Maternity Hospital, connected with which is a training school for midwives with an extern practice. Of the midwives on the register, 5 are servants of the Corporation and do no private work.

#### MATERNITY AND NURSING HOMES.

On the 1st October, 1930, Swindon became the authority for carrying out the Nursing Homes Registration Act, 1927. No new applications for registration were received from the 1st October to the end of the year.

Particulars of the Homes at present on the register are as follows:—

Name of Home.	No. of cases for which accommoda- tion is available.	Class of cases taken.
"The Haven" Maternity Home	3	Maternity. Occasional general cases (clean only) are taken when no maternity work is booked.
Cheriton Nursing Home	12	2 beds for Maternity cases; the remainder for general.
Glenwood Nursing Home	12	General & occasional Maternity.
Padstow Cottage	2	General Nursing.

### HOSPITALS.

The following table will give a bird's-eye view of the hospital accommodation in Swindon:—

### HOSPITALS WITHIN THE SWINDON BOUNDARY.

Name of Hospital.	Situation.	No. of beds.	Class of cases received.	Owned by.
Swindon & North Wilts Victoria Hospital.	On the top of Swindon hill.	28 for males. 34 for females. 6 private wards. 12 cots.	General med- ical and surgical.	Voluntary. Managed by a Com- mittee.
G. W. R. Medical Fund Hospital (Temporary Structure).	In the centre of the Town.	16 for males. 18 for females. 6 cots.	General surgi- cal.	G.W.R. Med- ical Fund Society.
Infectious Dis- eases Hospital.	In the North of the Town.	70 beds.	All infectious diseases, whether notifiable or not, except ophthalmia neonatorum and tuber-culosis.	Swindon Cor- poration.
Maternity Hospital. (A new Maternity Hosital of 24 beds is being opened early in 1931)	In the centre of the Town. (The new Hospital is at the top of Swindon hill, opposite the Victoria Hospital).	11	Maternity, Ante-natal, and a small number of ailing in- fants.	Swindon Corporation.
V. D. Hospital. (Staffed by, & run in conjunction with, the Infectious Diseases Hospital).	In the same cur- tilage as the Infectious Diseases Hos- pital.	6	Venereal Dis- eases, Oph- thalmia Ne- on a torum and Pem- phigus Neo- natorum.	Wilts County Council.

STAFF OF THE INFECTIOUS DISEASES HOSPITAL.— The Medical Superintendent is the Medical Officer of Health of the Borough, who has the assistance of the Deputy and Assistant Medical Officers of Health. The nursing staff consists of a Matron, two Sisters, three third-year probationers, three second-year probationers and three first-year probationers. The Medical Superintendent is empowered to call in any Consultant whose help he requires. For throat, eye, or gynaecological work he employs the services of the consultants officially appointed by the Corporation, but for special cases, such as nervous, mental, etc., he employs whom he considers has the greatest knowledge of the special points involved. The former class is paid by fixed fees. In the latter, the fee is arranged between the Consultant and the Medical Superintendent, subject to the sanction of the Committee.

STAFF OF THE MATERNITY HOSPITAL.—The Medical Officer of Health of the Borough is also Medical Superintendent of the Maternity Hospital. The medical staff consists of a rota of general practitioners. The nursing staff is composed of a Matron, three Sisters, a Staff Nurse and eight pupil midwives. An extern midwifery service is run in conjunction with the Maternity Hospital. The Consulting Gynaecologist is Mr. J. Sydney Rowlands, M.D., F.R.C.S., who is paid by fees on a fixed scale.

There is a hospital under the Public Assistance Committee of the Wilts County Council just outside the Borough boundary, accommodation available as required; and two Sanatoria for tuberculosis within the County of Wilts, in which Swindon patients are accommodated, accommodation available as required. The G.W.R. Medical Fund Society has an arrangement for sending their patients to various general and special hospitals, sanatoria, convalescent homes, etc. There is an agreement between the Education Committee and the Maternity and Child Welfare Committee with Bath Orthopaedic Hospital, to give orthopaedic treatment to Swindon children; accommodation limited at present. There is a Smallpox Hospital, six miles out of Swindon, belonging to the Wilts County Council, which satisfies the needs of the town as regards smallpox.

The local hospital question and its history during the past five years will be dealt with later in the report.

### NURSING IN THE HOME.

There is a voluntary District Nursing Association in Swindon which employs two nurses, but no co-ordination exists between the Nursing Association and the Sanitary Authority. No special arrangements are made in Swindon for the nursing of infectious diseases at home, because locally it is so much easier, more convenient, cheaper and more satisfactory to treat such cases, whether notifiable or not, in the Isolation Hospital; but in times of stress the Health Visitors, and sometimes the School Nurses, are utilised for giving such help as they can to cases of infectious disease which cannot be removed.

#### MATERNAL MORTALITY AND PUERPERAL PYREXIA.

Complete arrangements are in operation for investigating all cases of maternal death and puerperal pyrexia. Owing to local circumstances this work can be carried out in a satisfactory manner.

## UNMARRIED MOTHERS, ILLEGITIMATE INFANTS AND HOMELESS CHILDREN.

There is no institutional provision in Swindon for unmarried mothers, illegitimate infants and homeless children.

## INSTITUTIONS FOR THE CARE OF MENTAL DEFECTIVES.

There is no institution for the care of mental defectives belonging to the local authority.

## PREVALENCE OF, AND CONTROL OVER, INFECTIOUS DISEASES.

Diphtheria antitoxin and, indeed, any other curative serums are obtainable by practitioners on application to the Health Office, but as practically all cases requiring antitoxin are removed to hospital, this provision is rarely utilised.

There is a complete arrangement for such pathological and bacteriological work as is required for the control of infection. Towards the end of the year provision was made for Schick testing and immunization against diphtheria. This is new and has not made much headway at present, though its outlook is promising. No similar provision will be made for immunization against scarlet fever unless the disease alters considerably in type, as, in the opinion of the author, in the present mildness of scarlet fever, artificial immunization is not worth while.

During the year no vaccinations, either primary or otherwise, were done by the staff of the Public Health Department.

There was no anthrax, undulant fever or psittacosis in Swindon during 1930, but there were two small outbreaks of epidemic jaundice, though neither was serious. Rheumatic fever was highly prevalent and fatal in Swindon during 1930. This disease has a complex epidemic beat and the year 1930 was one when the disease was at the height of its prevalence. In connection with the School Medical Department we have a special heart clinic connected with the centre established by Bristol University, but we are woefully lacking in accommodation for cases of acute and sub-acute rheumatism in children. This is a matter which will be considered in the near future and is somewhat bound up in the main hospital question of the town.

Facilities available for the disinfection of premises, articles, etc., exposed to infection, or verminous, are satisfactory, but as regards verminous persons the only work that is done in Swindon is in the School Medical Department.

#### LABORATORY FACILITIES.

All the ordinary clinical laboratory work is done in the laboratory attached to the Public Health Department, but examinations that require full laboratory equipment or biological experiment are sent to Bristol or Liverpool Universities. Details of the laboratory work appear in the table in the appendix.

### THE HOSPITAL SITUATION IN SWINDON.

The actual state of the hospital accommodation available for the citizens can be gathered from other parts of this report and some indication of what improvements will be effected under any circumstances in the immediate future, but the final state of the hospitals of the town still remains an uncertainty.

It will be advisable to consider what are the requirements of the town which are at present not fully met, and then to discuss what available means exist for their satisfaction. The new Maternity Hospital will provide all accommodation that is likely to be needed for many years for normal and abnormal midwifery and for the diseases of pregnancy requiring in-patient treatment. The Isolation Hospital affords accommodation for all infectious diseases, whether notifiable or not, which require hospital treatment and which it is advisable to treat in separation. In the future some alteration of the Isolation Hospital, probably involving some small extensions, will be required, but this presents

no problem of any difficulty, as the Hospital can readily be altered or extended to meet any call that can be made on it. The Venereal Diseases Hospital of the County Council more than satisfies the needs of the district. The arrangement with Bath Orthopaedic Hospital partly satisfies the need for institutional treatment of orthopaedic cases in children, and the G.W.R. Medical Fund have arrangements which practically satisfy the needs for orthopaedic treatment for their patients.

There remain the following for consideration: General surgical cases, general medical cases, chronic incurable cases, mental cases not requiring certification, special cases such as eye, ear and throat, gynaecological cases and cases requiring radium treat-With the exception of radium, for which it is possible that we shall be able to get an arrangement with Bristol, and the care of the incurably sick, for which we can, in reason, rely upon the Public Assistance Committee of the County Council, all the above are functions which can be carried out in a general hospital. It is generally considered that the town is mainly deficient in beds for surgical cases, but a consideration of the beds available will show that the general surgical is better catered for than any other class of case. The chief lack in Swindon is for beds for general medical cases requiring special forms of treatment. Until recently there was no accommodation at all for these cases, but since the new wing at Victoria Hospital has been built, some accommodation is provided for cases other than surgical. This accommodation is insufficient, markedly insufficient, and the means of treatment available locally are There is also lack of accommodation for special cases such as eye, ear, etc. The G.W.R. Medical Fund Hospital of 40 beds is a temporary building which cannot continue indefinitely, but, even if it could, the accommodation available is insufficient.

There is a great deal of division of opinion in the town as to what is the best solution of its hospital question. One section of the citizens favours one general hospital which, in practice, would mean considerable extension of the existing Victoria Hospital; another section favours a dual system, which means slight additions to Victoria Hospital and the building of an entirely new hospital by the G.W.R. Medical Fund Society; and another section of the community, which includes some from both the former sections, is in favour of the municipality taking over the voluntary hospital and enlarging it to meet the needs of the whole town. There are advantages and drawbacks to each of these plans and one difficulty common to all of them, namely, lack of money. It is well known locally that the writer of this report favours one hospital only and not two, on the grounds that he believes that it would be considerably cheaper and more efficient, as it would admit of one first class equipment rather than of two which were less efficient. Whether such single

hospital should be on the old voluntary basis, or on the levy system which really exists at present under the G.W.R. Medical Fund Society and the contributory scheme of Victoria Hospital, or upon a municipal basis, paid for by rate and administered entirely by elected representatives, is a matter for the citizens themselves to decide. In Swindon the position is somewhat open. Many of the objections to municipalities absorbing voluntary hospitals do not exist in Swindon, so the question of its future hospital policy must be considered as a local question and not as one much influenced by, or much influencing, the national question of the future of hospitals.

On the other hand, as half of the citizens are members of the G.W.R. Medical Fund Society, it is clear that if the Fund builds its own hospital, the municipality could not subsidise this hospital, as it would be a private institution, and could not in justice to the G.W.R. Medical Fund contributors absorb the local voluntary hospital. Nor, indeed, can the Town Council be advised to utilise Section 64 of the Public Health Act, 1925, to relieve the financial position of Victoria Hospital, as this might re-act unfairly to the contributors to the G.W.R. Medical Fund. The acceptance of the contributory scheme by the Victoria Hospital has placed a large number of the citizens who do not belong to the G.W.R. Medical Fund in much the same position as the members of that Fund so far as hospital accommodation is concerned, and it should be mentioned, for it redounds much to the credit of many of the citizens, that a considerable number of those belonging to the G.W.R. Medical Fund pay into the contributory scheme of Victoria Hospital and in other ways have given financial assistance to that institution.

Great as is the difference of opinion in the town regarding the hospital situation, there is a very genuine and general desire to settle it if possible. Swindon, being a self-contained unit of workers, little blest with extensive possessions or cursed with much poverty, must support itself and all its civic functions by its own industry. The local voluntary hospital, which was founded after the first jubilee of Queen Victoria, came into existence under a state of affairs which no longer exists anywhere and which never existed in Swindon at any time. Its history has been a constant struggle to maintain its existence by eking out its very meagre endowments and donations by such small sums as can be gathered from the individual charity of the citizens.

The question of the complete unification and municipalisation of the whole hospital system of Swindon is one to be commended to the consideration of the citizens as being probably the most satisfactory and the cheapest way of settling their problem. Nothing is more difficult to manage than a series of small isolated

units where financial considerations prevent anything from being done in the best and cheapest manner. This is the great difficulty in small self-contained communities. They cannot afford to give a service of guaranteed efficiency under all stresses, unless there is a complete unity of effort which allows automatic interchange and pooling of facilities for mutual relief of the various functions. An example of the advantage of getting the broadest base possible is afforded by the history of the Isolation Hospital. In 1923, the late Hospital Board adopted a change of policy by which the number of diseases which could be treated in the Hospital was increased from three to about thirty and facilities were offered to accept cases of infections from a wider area than that for which the Hospital was originally built. This just about doubled the work done by the Hospital, it reduced the average charge per patient per day by nearly thirty per cent. and diminished the total running expenses of the Hospital. In hospital administration nothing is more costly than empty beds, idle apparatus and staff not utilised to a full even working capacity, and in small units it is impossible to prevent these and their corollary of alternating periods of slackness and overtime.

The author has tried to put this matter before the citizens as dispassionately as possible. He neither desires, nor would he find it possible, to hide his own opinion of the solution, but the matter is one which obviously must be settled by the citizens themselves after consideration of all sides of the question.

#### HEALTH EDUCATION.

The education of the citizens in healthy living is probably the most important function of modern public health. Without it, everything is sure to fail; with it, much may succeed in course of time. There are widely different views as to the best method of awakening the public conscience to the needs of health. The Medical Officer of Swindon is not favourably impressed by any method which is sensational, or which attempts to arrest the attention of the population in any startling manner. Health teaching is education, not amusement, and its success is to be measured by its influence in producing steady, if slow, improvement.

The method used locally consists in giving public lectures and talks; in advice given to the individual citizens at the various clinics, and in the dissemination of the monthly periodical "Better Health," of which we have a local edition, which contains a long monthly letter addressed by the Medical Officer to the citizens of the town. At present this periodical is supplied without cost to the citizens or to the Council. We can only satisfy a circulation of 2,000, which is considerably less than the demand

and, under present circumstances, this circulation cannot be increased. We are, on the whole, satisfied with the influence of this publication in developing the health conscience of the population and we find evidence that the basic principles of healthy living, which are the main theme of this publication, are gradually sinking into the public mind.

In this country the chief means of educating the coming generation to live healthily and soundly, namely, health training and instruction during childhood, is in a very poor way and is much inferior to that practised abroad, in the Colonies and in The result of this is very obvious to those who have some acquaintance with foreign nations, or with the British from overseas. If those who go abroad, instead of dissipating a week in the cosmopolitan resorts of Paris and returning with queer ideas of what they call the Continental Sunday, would go into the smaller communes of France or Germany and study the methods of health education and citizenship which are given to children, they would come back with a very definite determination to improve certain things in our own country, in which we are behind the times in equipping our citizens for the struggle for existence in a world that is rapidly becoming unnational and cosmopolitan. We would particularly advise such a journey to that section of the community of Swindon who are fond of speaking of Swindon as an educational paradise.

The difficulty of educating adults whose training in child-hood has been faulty is almost insuperable. When the mind is young and developing, one can inculcate habits which are good as easily as those which are bad, but to change habits which are fixed is only possible amongst those whose minds are above the average of activity.

### THE DIRECT CONTROL OF DISEASE.

#### EPIDEMIOLOGY.

The science of epidemiology, using that word with its modern meaning, deals with the natural history of disease. Originally it had inference only to those diseases known to be of parasitic causation and liable to occur in epidemic form, but it is now extended to include the causation, distribution and variation of all human diseases. It is a composite science, requiring the services of the statistician, of the biologist and of the physician, and its development during the present century has been one of the most characteristic features of modern science.

The improvements in epidemiology which have occurred in Swindon during the past quinquennium have been entirely dictated by the advance in science. Much attention has been paid to the forecasting of disease prevalence and the correct scientific utilisation of such methods as immunization and isolation. Disinfection, which in former years was looked upon as an important, if not the most important, method of stemming the advance of infection, has, as a result of increasing knowledge, fallen out of favour and general or house disinfection is looked upon, quite rightly, as a mere superstition. We have, however, retained house disinfection in Swindon, not because it has any influence upon the propagation of disease, but because it is a very convenient instrument for improving the cleanliness and sanitation of individual houses.

The work of Topley and Dudley particularly, but also of other laboratory and field workers, has modified enormously our conceptions of the process of infection. It has taught us how to appreciate the methods by which parasitic disease is spread, to understand its periodicity and the biological relationship of parasites and hosts. Though the actual treatment of persons diseased remains a medical function and the work of the physician, the prevention of the spread of disease is a purely biological prob-Infection does not necessarily produce disease, in fact its influence is rather the reverse, so that there are occasions when the best management of epidemics is not the limitation of infection, but its diffusion in an attenuated form. The epidemic of scarlet fever which had been in progress for about two years was, in the opinion of the writer, a benefit rather than a disadvantage to the citizens, and the future health of the town will be improved rather than damaged by its occurrence.

The history of the epidemiology of Swindon has been given year by year in the annual reports and little more need be said of it here. The chief events in the quinquennium were the epidemics of influenza in the Winter of 1926-27 and in February, 1929, the epidemic of scarlet fever which started about the end of 1927 and collapsed in 1930, the epidemic of smallpox which started in July, 1928, and ended in December, 1929, the epidemic of polio-myelitis in the Autumn of 1929 and the epidemic of diphtheria which started in August, 1930, and still continues.

During the five years, the town has been extraordinarily free from the diseases due to the parasites which mainly find entry through the abdominal canal, one case of dysentery in 1926, three cases of enteric in 1927 and an outbreak of food poisoning, limited to one household, in 1927 being the total for the five years.

A permanent feature of the epidemiology of Swindon is the attention that is paid to the pneumonias. This has been stressed every year, and the record of the pneumonias, their distribution

and their management, one of the most satisfactory evidences of progress that the town can show.

#### MATERNITY AND CHILD WELFARE.

By the end of 1925 the infant welfare side of maternity and child welfare had reached a state that did not admit of any further development under existing legislation and in the state of science then ruling, so that during the last quinquennium this department has changed very little; nor is it likely to change much for many years, save to accommodate itself to the growth of the town.

A new sub-centre was opened in 1929 to serve that district which became incorporated with the Borough on the alteration of its boundaries, but beyond this there has been no great change, nor any call for alteration.

In the maternal side of maternity and child welfare there has been great progress and there is an urgent call for still greater developments in the future. At the end of 1928 the Borough took over from the Wilts Nursing Association the training school for midwives connected with the Borough temporary Maternity Hospital in Milton Road, and in October, 1930, the Borough became the supervising authority under the Midwives Acts. Almost throughout the whole of the quinquennium the question of replacing the temporary Maternity Hospital by a permanent hospital was under consideration, and it was not until nearly the end of the period that these controversies materialised in building the new Maternity Hospital at Kingshill, which will be opened early in 1931.

Ante-natal work, which had been somewhat spasmodic in Swindon since 1921, was re-organised in 1925 and during the past five years has grown and developed considerably. It was started under auspices which promised great things to those who are impressed by the tall talk of supermen; but those who were experienced in the practice of preventive medicine were by no means happy about it and have not been surprised that antenatal work up to the present has not fulfilled expectations. The five years experience that we have had of ante-natal work has convinced us that it is not altogether on right lines. We may say in passing that the department is now, and has been for some years, organised in complete agreement with the Ministry's recommendations in their memorandum 145 M.C.W. of 1929. The reasons why ante-natal work has not produced the results for which we hoped are very clear and, in view of the experience of child welfare, by no means unpromising as regards the remedy. All preventive medicine has started from the medical aspect.

We have for generations tried to get at the causes of disease from the consideration of the end product and based our theory of its genesis upon histories that have been obtained when the process was ending. These histories are a mixture of misconceptions, false impressions, imagination and lies. Moreover, it been assumed that the beginnings of disease exhibit symptoms, similar in kind but less in degree, to those of the late stages when patients come under treatment. The shift over of the consideration of the origin of disease from the medical to the biological outlook has taught us that this premise is false and that we must find methods to detect the beginning, or the threat, of disease, different from those which we use to diagnose its nature when its presence has become obvious. The obstetrical side of ante-natal work has been developed and has produced a certain amount of benefit, but the biological side has not yet been given practical expression and it is from this side that we can hope to improve matters in the future. We met with exactly the same thing in the early days of school medicine and of child welfare and we have every reason to believe that eventually we shall be as successful in dealing with maternity as we are in dealing with children.

The pernicious doctrine that reproduction is a disease and delivery a surgical operation has blocked the progress of antenatal work and until it is rooted out it is useless to expect the favourable rates of maternal mortality which rule in countries where this unphysiological teaching never existed. Skill we have in superabundance, understanding we have not. This passage is going to be wilfully misunderstood, so to forestall "remedies" which may be suggested, we state that the ante-natal work in Swindon, as elsewhere, is founded on the teaching of obstetricians and fails because the obstetricians know next to nothing of the physiology of reproduction.

#### CHILD MORTALITY.

The child welfare and school medical work of Swindon rests on continuous supervision from birth or before, up to the end of school life and further whenever possible. The principle underlying the whole endeavour is the biological conception of disease, according to which the first symptoms of departure from health are to be looked for in the failure of balance of functions, and that the beginning of disease, even where it progresses steadily to a fatal termination, bears little resemblance to the final phases. There is an old medical paradox that no man dies of the disease which kills him. From the pathological point of view this is interpreted that the actual cause of death, which takes first place on the certificate, is merely a termination, striking down the victim because of antecedent disease. But in the

biological conception of disease the paradox can be given a somewhat different explanation, namely, that diagnosable disease is due to stresses incidentally caused by environment upon an unstable physiological balance, itself induced either by inherent incapacity, or by failure of nutrition, or by super-added chemical poisons, the result of parasitic infection. In explanation, the following may be given: The chief diseases associated with the thyroid function are myxoedema and ex-ophthalmic goitre, which, pathologically, are opposites; but both of these conditions originate from the failure of the thyroid gland to balance its intake and output. Either failure of iodine intake, or excessive call for that element, disturbs the smooth working of the thyroid part in the endocrine cycle and causes the gland itself to increase in size. Should this increase be able either to make better use of diminished intake, or to manufacture more quickly for increased call, health is maintained, but if not, disease will supervene, varying its nature according to differences in environmental factors. From the point of view of true preventive medicine, the causes of ex-ophthalmic goitre and of myxoedema are identical.

To discover the factors which lead up to disease, we have to go much further back in history than was suspected in former ages and, in order to follow the process, it is necessary to have histories, if possible, from the beginning of life right up to death. These histories must be compiled from events as they happen and for any useful purpose must be dated. A history of disease taken after the disease has developed is not of the slightest value. The histories of those citizens who fall out early are obviously simpler than of those who live their normal span, and from these short histories very much can be gained to help us to unravel the causes of failure. It is for this reason that very great attention is paid to the mortality of infancy and childhood. Every year a table showing the causes of death of children is included in the annual report, arranged in accordance with what is known of their medical history. This table, though it agrees in number with the official register of deaths, differs from the latter very markedly in regard to causation. Not only do most of the somewhat doubtful causes, such as bronchitis, diarrhoea, or convulsions, disappear, but many of the more definite causes are taken further back to their origin; thus, heart disease of any kind does not appear in the table, for heart disease is a result of some previous condition and this previous condition can be discovered.

The following table gives the infantile mortality for the five years of the quinquennium and also the deaths from the more important infections:—

YEAR.	1926	1927	1928	1929	1930	Five Years.
No. of Births	 980	830	910	867	971	4558
Standardizing Figure	1.020	1,205	1.099	1.153	1.03	.219
Stillbirths 0-1 Day 1-7 Days 7-28 Days	 34 14 5 6	34 7 10 4	31 6 3 5	44 9 5 4	42 17 17 17 8	185 53 40 27
Total Natal Deaths	 59	55	45	62	84	305
Rate per 1,000 Births	60.18	66.275	49.455	71.486	86.52	66.795
1 month to 1 year	 24	18	19	23	19	103
Rate per 1,000 Births	24.48	21.69	20.881	26,519	19.57	22.557
1.2 Years	 12	8	10	14	8	52
2.5 Years	10	5	10	12	11	48
5-10 Years	17	6	7	6	19	55
10-17 Years	12	7	6	7	18	50

## CHIEF CAUSES OF DEATH (POST-NATAL).

YEAR.		1926	1927	1928	1929	1930	Five Years.
Measles Whooping Cough	.:	6 2	<u>-</u>	15 13	_ 19	7	28 49
Diphtheria Scarlet Fever		6	3	2	1	9	21
Rheumatic Fever Influenza	::	8	1 3	1 3	4 6	9 2	23 14
Pneumonia Tuberculosis		9	5 5	2 5	2 6	2 5 9	23 36
Illfeeding and errors o management, includ ing rickets, etc.	f	17	14	4	3	8	46

Several important matters can be deduced from these tables. If we take the infantile mortality from one month to a year we can see that this is dominated to day mainly by measles and whooping cough; the diarrhoeal diseases, which, in former years, were the largest unit in causing mortality at this age, having practically disappeared. We find also that the deaths due to errors of management and feeding tend to be fewer. When, however, we turn to the deaths which occurred either before birth, during birth, or immediately after birth, we find that though for the first three years of the quinquennium there was a steady improvement, there was a very rapid increase in 1929 and a still more rapid increase in 1930. The deaths during the first month of life since the beginning of the decade were 36, 35, 32, 31, 30, 25, 21, 14, 18, 42. The rates will, of course, be somewhat different from these owing to the variation in the number of births, but the rates will follow very much the same graph and the high rate of 1930 undoubtedly calls for explanation. Deaths during this age are practically unaffected by the infectious diseases of childhood. There was nothing in the health of the population to give any explanation of this extraordinary rise and one cannot escape from the suspicion that it is in large part factitious. There are other factors which add to this suspicion. The high stillbirth rate in second pregnancies, that pregnancy which normally shows the lowest stillbirth rate, the something more than a suspicion that in four at least of the fatalities of 1930 death was not altogether free from attempts to produce it, lead one to fear that there is a lowering of what may be called "maternal morality" and that the increase in the number of new citizens who fall out is due to deliberate destruction.

It has been remarked in Swindon on many occasions, and also in every part of the world where child welfare schemes are in operation, that the death rate of infants who attend the infant clinics is very much lower than of those who do not attend. The difference is not merely one of a few points. If we exclude infants under one month old and pay attention only to children between the ages of one month and two years, one finds that last year 27 deaths occurred. 15 of these children had not attended the clinic and 12 had. In 1928 there were 29 such deaths, 13 of which had not attended the clinics. Now it happens that for this year we have a complete record of the percentage of children who did and did not attend the clinic. During the year 1928, 910 children were born in Swindon. For various reasons, death during the first month, removals, etc., this number left 843 children who had survived the first month and remained in the town. Of this number, 720 who are still alive, plus 8 who died, attended the clinic, and 123, plus 10 who died, did not attend the clinic. This gives a death rate of 11 per 1,000 for the clinic children and 75 per 1,000 for those children who did not attend the clinic. It is fairly certain that this difference is still more marked amongst the children born in 1930, though the complete figures are not yet available, but actually it is more marked even for the 1928 children, because of the 123 who did not attend the clinic, 39 had left the town permanently and their history is unknown, so that of those who remained in the town and did not attend the clinic the number is only 94 and their death rate works out at 106, or nearly ten times that of the clinic children.

Another matter of very considerable interest is the relative infantile death rate of normal and defective children. Child welfare has been attacked upon the grounds that it tends to keep alive defectives who would be better dead and so upsets the natural selective process of elimination of the unfit. That we strive to prevent death amongst all and under any circumstances is correct, but with the defectives we do not succeed. These die at much the same rate as they did in former years.

Development of child welfare in Swindon gives us the opportunity to study the early stages of mental defection. very great attention has been paid to mentally defective children of the ages of five and above, there has been singularly little work done in connection with their infancy, due in great measure to the lack of opportunity of study. Perhaps there is a personal reason why so much attention has been given to this subject in Swindon, but however this may be, there is no question that we have somewhat unusual facilities for watching the mental processes of infants and toddlers. This is not the place to enter deeply into this question, so it must suffice to say that, as a result of our experience, we maintain that imbecility with an intelligence quotient below 30 can be recognised in an infant a month old, and that the lower grades of mental defection with a quotient below 50 are detectable well before the end of the first It is obvious that the higher grades of mental defection cannot be detected early, many of them indeed cannot be detected until late in the school life and sometimes not until school life is over and the individual has to fight his own battles in the The commonest form of mental defection met with in infants is Mongolism. One child in 200 born is a Mongol; of these, one-third die before the end of the first year and twothirds before the end of the fifth year, so that it is only onethird of the Mongolian imbeciles born who reach school age. Our experience also leads us to believe that a considerable amount of mental defection (apart from Mongolism and microcephale) is of post-natal origin, due sometimes to indefinite infections, but more frequently to nutritional causes. There is reason to believe that lack of vitamin A and also lack of vitamin B in early life interferes with the normal development of the brain cells (which should be extremely active in the first two years of life) and that since deficiency is a remediable condition, much mental defection should be preventable. We must leave this matter here, as we intend to deal with it at another time.

The death rate among defectives is, as has been stated, very high. No evidence of this will appear from the Registrar's figures, because mental defection never appears upon the death certificate and these unfortunate children pass out through much the same terminal causes as do normal children. It will be noticed that amongst the 75 children between 1 month and 17 years who passed out in 1930, 8 were known to be defective. In the near future, figures will be available for the past ten years.

Comparatively few of the children who attend the clinics die and, if the yearly reports are studied carefully, it will be seen that the chief causes of death now are measles and whooping cough, two diseases for which, up to the present, we have done little in the way of prevention. The main work of child welfare is the management of the nutrition and infection of early child-hood, errors of which produce diseases mainly temporary in character and, if properly managed, resulting in an output of perfectly healthy citizens. Morbidity and defection follow the curves of mortality, and from the infant mortality tables a very shrewd guess can be made of the prevalence of child disease and defects.

ISOLATION HOSPITAL, GORSE HILL.

# ANNUAL REPORT From 1st April, 1930, to 31st March, 1931.

### ISOLATION HOSPITAL.

The Isolation Hospital year runs from the 1st April to the 31st March, and it is advisable to keep to this year, because, as the Hospital caters for a large area outside the Borough boundary, its report could not be made to fit in entirely with the report for the Borough, whereas, by carrying on the Hospital year three months beyond the end of the calendar year, it is possible to get a better retrospective view of the epidemiology of the last quarter, and a break at the end of March is least disturbing to the history of epidemiology.

The number of new admissions during the year 1st April, 1930, to the 31st March, 1931, was 330, against 419 and 529 for the two preceding years and an average of 300 for former years. The drop in numbers was entirely due to the low prevalence of scarlet fever, which is still, numerically, the most important disease treated in hospital. When scarlet fever is low in incidence, admissions to the Hospital are also always low in numbers, but actually the amount of work entailed may be greater with the fewer numbers. This was so last year, as we had an unusual number of cases of great severity and complexity.

On the 1st April, 1930, 32 patients remained under treatment and 330 new cases were admitted, so that there were 362 cases under treatment during the year. Of these:—

307 were discharged cured.

1 was discharged to another institution.

28 died, and

26 remained in Hospital on 31-3-31.

The new admissions were received under the following notifications:—

Scarlet Fever	 	 	81
Diphtheria	 	 	165
Pneumonia	 	 	59
Puerperal Pyrexia	 	 	13
Babies with Mothers	 	 	7
Erysipelas	 	 	4
Rubella	 	 	1

The 362 cases arranged according to their final diagnosis were:—

Scarlet Fever				87
Diphtheria				141
Pneumonia				61
Puerperal Pyrexia				14
Babies with Mothers				6
Tonsillitis				16
Cerebro-spinal Meningitis				1
Scarlet Fever and Measles				2
Scarlet Fever and Chickenpox				1
Diphtheria and Measles and Me				1
Diphtheria and Rubella				4
Diphtheria and Scarlet Fever				4
Diphtheria and Vincent				1
Ein-alan				4
Dukalla				6
TT 1. The state of	A REAL EST	1		1
Macalan		•••		
				3
Marasmus			•••	1
Staphylococcal Septicaemia	• • •	,	•••	1
Septic Rash			•••	1
Glandular Fever				1
Cerebral Haemorrhage				1
No obvious disease				4

### DIPHTHERIA.

There were 141 cases of pure diphtheria and 10 of diphtheria complicated with other infections on admission, a total of 151, or five times as many as in the preceding year. The hospital year covers nearly the whole period of the last epidemic of diphtheria, but here we are concerned only with the clinical, not with the epidemiological features of that epidemic. Not only were the cases numerous, but they were severe, those of the beginning of the epidemic especially being of an exceedingly serious type. Altogether there were 10 deaths, giving a fatality of 6.6%, which, in these days, is high.

Excluding the superadded infections with which 10 of the cases were admitted, the complications were as follows:—There were 6 laryngeal cases, all of which recovered with anti-toxin

alone. 2 were second attacks of the disease, in one case ten years and in the other two years after the primary attack. There were 3 relapses during the stay in Hospital. The author's experience is that second attacks of diphtheria, in which both attacks are proved to be genuine clinical diphtheria, are rare and until this year he has never had any experience of a true relapse in diphtheria. Only one case was haemorrhagic, but two had severe bull-neck; these three cases were fatal. 14 of the cases developed paralysis, 12 heart failure, 9 otorrhoea, 1 anaemia, 1 septic endocarditis and 2 herpes labialis. 32 of the cases had antitoxin rashes, a higher proportion than we have seen in recent years, and 1 had acute anaphylaxis during injection, but recovered. An interesting case was diphtheria of an eye socket, in which the eye had been removed some years previously. No case was discharged from Hospital until we had obtained three consecutive negative cultures from the throat, and no case of otorrhoea was discharged until the ear perforation had healed. Four of the ear cases were treated by ionization.

### THE PNEUMONIAS.

There were 61 cases of pneumonia under treatment during the Hospital year. The 61 cases can be worked out as follows:—

Variety	у.		del , timi	Cured.	Died.	Still in Hospital	Total.
Croupous type				10	1	1	12
Inflůenzal type				8	6		14
Whooping cough pneumo	nia			5	2	1	8
Measles pneumonia .				12	2	_	14
June epidemic type				4	_		4
Post operative type .				1-808	m 111	1	1
Syphilitic pneumonia .			***	-	1115	1	1
Pneumonia of uncertain ty	ype			4	4	1	5
Moribund on admission .		o		1/2- in	2	-	2
Totals .				43	13	5	61

The mortality amongst the completed cases was 23.2%, which is favourable. Amongst the influenzal pneumonias there were four cases complicated with pericarditis and mediastinitis. These were

all young adult males and occurred in November. This form of influenza was extremely common in the epidemic of 1892-94, but has not been common during the present century. The pneumonia which accompanied the influenza during the epidemic period in February, 1931, was not of a fatal type.

One of the whooping cough cases developed severe surgical emphysema and another developed empyema; both of these recovered. Four of the more severe cases of whooping cough pneumonia were treated with Immunogen; three of them recovered. We have been favourably impressed by the action of Immunogen in whooping cough pneumonia and think that it is worthy of scientific exploration. So far, the evidence of its value which we can offer from Swindon is of no scientific value.

One of the measles cases developed croup, so severe that tracheotomy was necessary. The case recovered. Diphtheria could be excluded as the cause of the croup. Measles croup is never very uncommon, but in these days it is very exceptional for it to require operative treatment. One of the measles cases died with symptoms of encephalitis. Unfortunately, we could not get a post mortem examination on this case.

Pneumonic anti-toxin was used in one croupous and one influenzal case. Both died. We had proposed this year to deal with the blood changes of pneumonia and the use of pneumonic anti-toxin, but as this report is inordinately lengthy, we shall present a special monograph on this subject at a later date.

### SCARLET FEVER.

There were only 87 cases of scarlet fever under treatment, compared with 288 for the preceding year and 340 for the year before. The year under review covered the decline of the epidemic and, as is usual in such periods, the type was less benign than it had been in the height of the epidemic. 15 cases were treated with anti-toxin. There were 5 second attacks of scarlet fever, in which the previous attacks had been:—2 four years, 1 five years and 2 ten years previously.

The chief complica	tions	were a	s follov	vs :	
Enlarged Glar					 4
Secondary Son	re Thi	roat			 3
Otorrhoea					 6
Systolic Murn	nurs				 9 +
Endocarditis					 1 +
Herpes					 3
Nephritis					 1
Relapse					 4
* One case of chas		J			

<sup>\*</sup> One case of abscess occurred.
† Cleared up before discharge.

The cases of otorrhoea:-

Day of development:-

4th	 	 	1
6th	 	 	3
12th	 	 	1
21st	 	 	1

Duration until perforation completely scarred :-

15	days	 	 	1
24	,,	 	 	1
26	,,	 	 	1
28	,,	 	 	1
30	,,	 	 	1
43	,,	 	 	1

Cases of otorrhoea which last for three weeks are treated by ionization. Five of the children had tonsils and adenoids removed while they were in Hospital, but with the exception of one case of popliteal abscess, there was no other surgical treatment required.

There were no deaths amongst the scarlet fever cases, but one puerperal woman who died (not included in the above statistics) is considered to have been a case of scarlet fever; and one case of septic scarlet fever which left Hospital completely recovered, died ten days later from fulminating cerebro-spinal meningitis.

### RETURN CASES.

There were 6 alleged return cases investigated, 3 of which fell out on inquisition. The details of the other 3 are as follows:—

(1) This case is of particular interest. A boy, aged 8, admitted with septic scarlet fever on 24-2-30, returned home on 25-3-30. His father, aged 48, sickened on 3-4-30 with what was thought to be rubella, but he peeled typically of scarlet fever. He was nursed at home. Another boy, aged 4, sickened on 12-4-30, also nursed at home and thought to be rubella, but peeled. A third young man, aged 24, sickened on 26-4-30. He was removed to Hospital and was, unquestionably, a case of rubella.

(2) and (3) A boy discharged from Hospital on 22-4-30 after scarlet fever. Two girls developed diphtheria in the same household on 9-5-30. The presumed infector developed rubella in Hospital and one of the infectees developed rubella as soon as she came in Hospital. There is, however, not the slightest reason to believe that the two girls had been infected with diphtheria by the boy who was discharged from Hospital. Another case in the same household developed diphtheria, admitted 10-5-30, was probably infected from a known source of diphtheria.

### PUERPERAL PYREXIA.

14 cases of puerperal pyrexia were treated in Hospital during the year. Of these, 2 were fatal; one a case of concealment of birth with retention of products; and the other a case of scarlet fever occurring in the puerperium, with parametric abscesses, who died under operation. 6 of the 14 cases were due to abortion, 1 was a case of severe anaemia from ante-partum haemorrhage and the remainder were cases of retention.

### DUNSTAN BREWER.

Medical Supt. Isolation Hospital.

Public Health Department,
61, Eastcott Hill,
Swindon.

Epilogue

### EPILOGUE.

We can regard the future with optimism, for in the past we have made progress in spite of foreseen and unforeseen difficulties. It is only twenty-three years since medical inspection of school children was introduced into this country—the date of prime importance in the history of preventive medicine—and in that comparatively short period we have established a new method of approach to the solution of the hindrances to physiological integrity. Accepting the metaphysical proposition that health is a positive factor and not the mere negation of disease, it has become possible to utilise the appreciation of the relationship of that species of animal known as homo-supiens to his environment and the process by which he has reached his present position in the scheme of Nature. We must not expect to go rapidly, this cannot be; for even if our wisdom grew equally with our knowledge, it would take many years ere it suppressed the errors and superstitions with which we have encumbered ourselves and until these are out of the way, Truth, with the odds heavily loaded against her, has continuously to battle against falsehood as well as ignorance. It is difficult enough to get the average human to appreciate the mathematical argument, the simplest of all truth and one in which emotion and prejudice do not interfere; how much more difficult must it prove to establish biological truth which is the reverse of obvious, frequently barely tangible and too often opposite to what our passions have mislead us to regard as true.

We should not be depressed by the apparent failure of all the clixirs and wonderful cures which, in a constant stream, are crammed down the throat of the credulous; for in all, failure is not complete; many have some basis which is genuine, true and valuable. If one hundred-thousandth part of the claims of new "remedies" had stood up to test, we should long since have seen the end of disease. Most are intrinsicly and obviously worthless, but in many there is more than .001 per cent. of value; some indeed, such as the results of research into nutrition, scoring marks which are quite tangible to those whose estimation of quantity is limited by their ten fingers.

From strictly medical research, from the seeking of remedies for disease, what is called preventive medicine (an unfortunate term, for what it stands for is not preventive and not medicine) can gain little, but this is about the most barren department of science so far as the maintenance of health is concerned. Unfortunately it is the only element of which the public mind has any understanding or in which it exhibits interest. Disease, like crime, has a grim fascination for mankind; health, like virtue, is uninteresting.

The difficulties of unravelling the mysteries of human biology are formidable enough in themselves, owing to the immense range of human variation, but they are rendered still more difficult by the limitation of experiment upon our species enforced by ethics. The only method we have for trying out new ideas is by contrasting parallel series of subjects, in which all factors are as nearly constant as possible except the known variant which is the object of the experiment. As soon as it is apparent that the variant has an influence, either beneficial or the reverse, the experiment, so far as man is concerned, must cease, for we cannot submit our fellows to anything which we have the smallest reason to believe to be deleterious, or to deprive them of anything which appears to be to their benefit. This does not stop progress, but it makes it extremely slow, and leaves in suspense many promising discoveries.

But we do progress. Even in the short span of our own lives, we see the fading and disappearance of old falsenesses and evil customs. These take much going, but when gone they never return and are eventually forgotten. The witchcraft of the seventeenth century is now known only to the historian and much which was false in the science of the nineteenth century is barely remembered, even by those who learned it. So in its turn will the sham biology of the post war period, of which there is much, Yet each of these events leaves behind somepass on its way. thing which does not pass, because it is true and being true is indestructable. Let us not be gloomy because much of the teaching of the present day is obviously false (for the false when it once becomes obvious rapidly succumbs), let us rather rejoice that so much has been proved to be true and build our future on this base which can resist all assaults against it.

For many of our difficulties we are responsible, not because of our sins, but because of our ignorance. In the present state of our evolution, our prejudices lead us into troubles from which our sense is insufficient to extricate us. We are all fools, but since some have sufficient wisdom to know that they are fools and exercise what wits they have to overcome their folly, the outlook for the future of our species is highly promising. We are, or can train ourselves to be, highly skilful and are apt to mistake skill for wisdom; therefore we ignore biology, the most sobering of all pursuits, and try to subdue Nature by subterfuge, at which we are all experts. And of course we fail; but from our failure some of us exact something and that something leads us to the right road. Knowledge of an evil does not always lead us to its remedy, but without the knowledge, the chance of stumbling on the remedy is infinitely small and not worthy of a moment's We have to train ourselves to go back to the beginning (the most humiliating experience which man can endure) when we come to a deadlock. We must be prepared to wipe off the

slate the experiences of ten thousand years whenever some new fact proves conclusively that the beginning was founded in error and the product must therefore be false. Trying to patch up error has caused the downfall of all human civilisations, all philosophies and threatens the downfall of preventive medicine at the present day. From this catastrophe it can be saved and there are many able minds at present engaged in saving it. Let there be no mistake, science cannot live in a fool's paradise; mankind can have health, but not unless he is prepared to jettison his prejudices. There can be no compromise, from what is false nothing can come but evil, so the false must be exterminated. The extermination of biological falsehood is the most pressing need of the immediate future.

### DUNSTAN BREWER.

Medical Officer of Health.

Public Health Department,

61, Eastcott Hill,

Swindon.

### APPENDIX.

### DIPHTHERIA IMMUNISATION CLINIC.

### By J. Stevenson Logan, Deputy Medical Officer of Health.

In September of this year, facilities were provided for the active immunisation against diphtheria in cases where it was desired. Mention of these arrangements was made in "Better Health," and 18 persons have been presented for a preliminary Schick test as a result. The rest of our cases have come to us mainly because they have been contacts with the disease, and immunisation has been offered at the same time as the throat has been swabbed.

The process is explained to the parent, and no immunisation is attempted unless a promise to complete the course and to submit to second Schick test, is obtained. In all cases a preliminary Schick test is performed. Three injections, each of Icc. Diphtheria Prophylactic (T.A.M.) are given intramuscularly into the deltoid, at intervals of a fortnight, and arrangements are made to perform a second Schick test at the expiration of six months.

Owing to the relatively small numbers treated it has been found possible to do this work without disturbing any of the existing arrangements, and experience has shown that, with good organisation, a large number of cases could be dealt with satisfactorily under the existing scheme. Recently there has been some diminution in the numbers desiring the treatment and, should the disease become absent in Swindon, it would appear that some educational methods will have to be introduced if the work is to go on.

Even after this short experience two facts stand out clearly. There is an almost complete absence of any local or general reaction to the T.A.M. 70 injections have been given, and the presence or absence of any reaction ascertained. In two cases this has occurred, a youth of 17 complained of pain in the arm which lasted for several days, and a girl of 12 had general malaise for a day; it is probable that there was some suggestion in this case. One has been able to reassure parents on this score, and this has a great deal to do with their willingness to have the treatment. The other feature is the willingness of the children. Few, if any, of them are frightened and no trouble is experienced with the second or subsequent injection, and many of them bare their arms voluntarily in a most confident way. It would appear that

the Schick test is more inconvenient for them than the immunising injections.

From the few results we have, it would appear that in Swindon almost all children under the age of five are positive reactors, and that about 85% of those between the ages of 5 and 10 also come into this category. It may be that these high percentages are due to the fact that of recent years there has been little diphtheria in the Borough.

68 primary Schick tests have been performed, of which records are available for 67. 25 persons have been presented for immunisation, and the complete course given in 20 cases. 5 persons are in the process of immunisation.

Results of 68 primary Schick tests classified in age groups:-

AGE.	Positive	Pseudo- Positive	Negative	Pseudo- Negative	No Re- cord.	Doubtful	Total Positive	Percent- age Positive
0.5	12		_	_	1	1	12	100
5.10	18	2	3	_	_	_	20	87
10-15	8	-	7	_	-	_	8	53
15-20	1	_	2	_		_	1	33
20.30	1	1	4	_	_		2	33
30.40	1	_	3			_	1	25
40.50	1	-		-		-	1	100
50-	_	_	2			1	0	0

Results of Schick test in 31 known contacts:-

AGE.	Schick Pos. Swan Neg.	Schick Neg. Swab Neg.	Schick Pos. Swab Pos. *	Schick Neg Swab Pos.
0.5	7	Andrews 16	2	Miles
5-10	8	2		
10-15	2	3	1	
15-20	1	3		
20 30	_	1		_
30-40	_	_	_	
40 50	_		B S CHEL OF THE	
50-	_	1	_	_

<sup>\*</sup> One of this group returned 2 positive swabs, but the strain was found to be non-virulent on guinea pig inoculation. 2 others returned positive swabs, but later became negative; there is no information as to the virulency of the strains.

5 persons Schick tested gave a history of having had diphtheria. One of these was pseudo-positive, 14 years after the attack, the others being Schick negative.

One Schick positive contact subsequently developed the disease. No Schick negative person has contracted the disease. No person in the process of immunisation has contracted the disease.

J. STEVENSON LOGAN,

Deputy Medical Officer of Health.

### BOROUGH OF SWINDON.

### GENERAL STATISTICS.

Area (acres) 6021
Population (1929) 62020 *
Number of inhabited houses (1930) 15659
Number of families or separate occupiers (1930) (Figure not available).
Rateable Value (Genera! Rate) £315,256
Sum represented by a penny rate £1,284
EXTRACTS FROM VITAL STATISTICS OF THE YEAR.
Total M. F.
Births: Legitimate 933 449 484
Illegitimate 38 24 14 Birth Rate 15.66
Deaths 668 350 318 Death Rate 10.77
Number of women dying in, or in { From sepsis 2 consequence of childbirth { From other causes —
Deaths of Infants under one year of age per 1,000 births:-
Legitimate 58.95 Illegitimate 157.89 Total 62.82
Number of deaths from Measles (all ages) 6 ,, ,, Whooping Cough (all ages) 5 ,, . ,, Diarrhoea (under 2 years of age) 5
* This figure is the estimated population at the middle of 1929. There is reason to believe that it is an under-estimate. All the statistics are worked out upon this figure and are, therefore, approximations only.

Table showing the numbers of Infectious Diseases notified in the Borough during the year 1930.

	100		1		Cases	notified	ases notified at various ages.	ous age	1 2	(Vears).			Total	Jo oN	
Disease.	Unde	Under   1-2   2-3   3-4	2-3	3.4	-	5-10	10.15	15-20	0	35-45	45.65	65 and	cases notified.	cases ad- mitted to	Total Deaths.
	-											upwards.		Hospital.	
Smallpox	:	:	:	:	:	:		:	:	:	:	:	:	:	:
3	-	7	4	00	12	43	23	7	13	:	:	:	112	112	6
	:	:	:	:	:	7	:	:	1	30	5	67	12	4	:
Ver	:	63	:	7	14	47	15	5	10	4	1	:	105	93	1
Toon of comment					:			:				:	11	4	
		-	4	60	00	68	18	es	57		:	:	109	:	: :
		-	_			)									
	: œ	. xc	: œ		. 60	: 10	: 00	. 10	10	· 00	. 10	10	105	44	40
		-	,	)	,	-	,	,		,			201		
:	:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
	:	:	:	:	:	:	:	:	:	:	:	:	:	:	:
Encephalitis Lethargica	:	:	:	:	:	:	:	:	::	::	:	:	• •		
	:	:	:	:	:	:	:	20	77	9	:	:	30	10	20
	:	:	:	:	:	:	:	:	-	:	:	:	1	:	:
	:	:	:	:	:	2		:	1		:	:	00	-	67
d Meningitis	:	:	:	:	:	:	:	:	:	:	-	:	-	1	1
	:	:	:	:	:	:	:	:	:	:	:	:		:	:
	:	:	;	;	:	:	:	:	:	:		:		:	:
Tuberculosis-										D.	,				
ury	:	:	:	:	:	:	:	27	10	4	9	:	55	:	55
F	:	:	:	:	:	:	:	:	12	3	2	-:	20	:	19
TOTAL			99				H			edi iii			40		37
M Wen Dulmonau M	1	23	1	1	:	7	60	1	10	2	:	1.	24	:	10
	:	:	:	:	:	63	4	4	33	2	:	-:	16	:	ŏ
TOTAL							ń		6) 6	-10	ipa iili		40		15
	000	2	+	-	t	100	00	000	00	00	0.1	1.0	200	000	100
Totals	23	21	17	24	37	186	99	30	83	22	31	13	690	502	103
				-	1		-		-						

\*Ceased to be notifiable in Swindon on 11/3/30.

TABLE SHOWING MONTHLY INCIDENCE OF INFECTIOUS DISEASES AND THE NUMBER OF DEATHS DURING 1930.

1	No. of Deaths.	6   1   1   6   1   1   1   1   1   1	99
	Total.	105 105 106 109 109	489
	Dec.	1982-119   18   1   1   1   1	34
	Nov.	12   20   20   10	43
	Oct.		88
	Sept.	r - 1 0 1   1   1   1   1   1   1   1   1	16
BS.	Aug.	10   1   1   9	19
NUMBER OF CASES.	July	14   1-2   6     8	25
MBER (	June	11288215	41
No	May	c1 x 1   2     1   1	28
	April	21   12     1   1	22
100	Mar.	36   1   1   2   1   1   36   1   1   1   1   1   1   1   1   1	81
	Feb.	21   91     4	85
a Lab	Jan.	27   111   10   121   12   12   12   13   14   15   15   15   15   15   15   15	57
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	DISEASE.	Smallpox Diphtheria Scarlet Fever Dysentery	Totals

\* Ceased to be notifiable in Swindon on 11-3-30

### TUBERCULOSIS, 1930.

Age Periods.	Pulmo		Cases. Non-Pi	ılm'ry	Pulmo	DEA	тн <b>s</b> . Non-Pu	ılm'ı
3	М	F	М	F	М	F	М	F
Under 1 year	 		1					
1-5	 		4	1			1	
5—10	 		10	3				1
10—15	 		3	4			2	
15—20	 2		1	3	1	2	1	2
20—25	 3	7	1	3	3	4	1	1
25—35	 7	6	5	1	9	3	2	1
35—45	 4	3	2	2	4	4	2	
45—55	 4	1			2	2		
55—65	 2	2			2			
65 and over	 		1		1		1	
Totals	 22	19	28	17	22	15	10	5

# DEATHS FROM TUBERCULOSIS, 1930. TABLE SHEWING WHEN CASES WERE NOTIFIED.

When Noticed	Pulm	onary.	Non-Pu	lmonary.
When Notified.	Males.	Females	Males.	Females
One year or more before death	11	10		
Less than one year and more than 6 months before death	2	2	1	1
Less than six months and more than two months before death	3	1		
Less than two months before death	2		2	3
At or immediately before death	2	2	5	1
Unnotified. (Cases who died outside the Borough and never notified to Swindon).	2		2	
TOTALS	22	15	10	5

Comparative statement showing the	Show	Suil		number of	r 01	notiff	notifications	1s re	ceive	received of the		Vario	various forms of Tuber-	orms	10	I uber	
culosis and the Death Rates resi	Death	Rates	resul	ting	ulting from		each form of the	of t	he di	disease	for	the	years		1914-1930.		
	1930	1930 1929 1928	1928	1927	1926	1925	1925   1924   1923		1922	1921 1920 1919	1920	6161	1918	1917	9161 1918	1915	1914
No. of cases notified (all forms)	86	98	114	102	94	91	1111	117	103	98	97	73	116	129	132	140	160
Deaths from Respiratory Tuberculosis	37	23	40	45	30	42	42	84	59	42	55	44	99	09	48	51	53
Deaths from Tuber. Meningitis Deaths from other forms of the	00	eo	9	-	00	5	7	13	9	=	œ	00	=	œ	10	10	00
disease Total deaths from Tuberculosis	12	27	48	55	41	51	53	67	9 11	12	9 6)	8 09	88	10	10	8	1 57
General Death Rate for all forms of Tuberculosis	0.84	0.84 0.44	0.83	96.0	0.71	68 0	0.93	1.19	1.27	1.17	1.28	1.16	1.74	1.5	1.3	1.32	1.07
Death Kate for Kespiratory Tuberculosis	09.0	0.60 0.37 0.68		0.78	0.5	0.73	0.74	0.85	1.05	0.75	1.03	0.85 1.30	1.30	1.15	0.95	0.98	1.0
The second secon	-	-	-				-	-						-			-

34

:

:

No. of samples of water submitted for chemical and bacteriological analysis during 1930

No. of samples of sewage effluent submitted for chemical examination during 1930

BACTERIOLOGICAL INVESTIGATIONS.

	P	UBLIC ]	HEALTH	PUBLIC HEALTH DEPT.		S	CHOOL	SCHOOL MEDICAL DEPT.	AL DEP	T.
	1926	1927	1928	1929	1930	1926	1927	1928	1929	1930
Examinations carried out by Bristol or Liverpool Universities	++	6	13	56	56	2	:	-	:	:
Throat Swabs examined	646	93	168	115	524	:	:		:	:
Urine: Examination for Tubercle bacilli	-	:	:	:		:	:	:	:	:
Throat; swabs examined	83	157	244	241	851	1	90	21	10	84
Eyes; swabs examined direct	45	41	55	36	55	20	:	9	03	5
Pus and discharges:—	c	0	c	0	0.5	0		,		
For other organisms (cultures)	200	200	25	99	54	21 4	: -		:6	:
Hair. Examinations for Ringworm fungus	11	6	:	:	5	253	229	271	206	. 68
	1		1	:	:	-	:	5	:	1
Blood, Histological examinations	27	18	14	12	16	83	53	99	35	25
Cerebro-spinal fluid	:	:-	:-	: a		-	23	1	:	:
Sputum. For Tubercle bacilli	: :	61	01	-		: -	: :	: -	: :	: :
For other organisms	:	:	:	:	:	:	:	:		: :
Urine-Chemical examinations		13	49	24	92	12	9	23	18	16
", Microscopical examinations	:	00	17	5	10	:	4	19	4	5
E 1: , Bacteriological examinations	:00	::	:00	: !	:	4	:	:	:	:
For diseased meat	55	77	223	17	.77	:		:	:	:
Miscellaneous	26	34	22	2	1	1		:		89
Totals	616	448	640	563	1645	370	868	403	272	290
										-

REVIEW OF THE COMPARATIVE VITAL & MORTALITY STATISTICS FOR THE BOROUGH OF SWINDON, TOGETHER WITH THOSE FOR ENGLAND AND WALES FOR THE YEARS 1901 TO 1930 INCLUSIVE.

	BIRTH	RATE.	DEATH	RATE	INFA MORTA RAT	Illegiti- mate		
Year	Swindon	England and Wales	Swindon	England and Wales	Swindon	England and Wales	Death Rate	
1901	30.6	28.5	11.8	16.9	102.9	151	-	
1902	28.3	28.5	12.7	16.3	104.7	133		
1903	29.5	28.5	11.27	15.5	106.9	132		
1904	30.0	28.0	12.49	16.3	111.2	145	_	
1905	28.4	27.3	11.2	15.3	95.4	128	-	
1906	29.4	27.2	9.9	15.5	86.2	132	_	
1907	28.8	26.5	12.3	15.1	91.8	118	-	
1908	28.9	26.7	11.8	14.8	101.5	120	-	
1909	26.5	25.8	10.8	14.6	78.2	109	-	
1910	23.4	25.1	9.7	13.5	86.8	105	-	
1911	21 6	24.3	10.9	14.6	103.1	130	_	
1912	23.4	23.9	10.3	13.3	76.3	95	-	
1913	23.39	24.1	12.08	13.8	86.4	108	-	
1914	22.5	23.8	11.5	14.0	73.7	105	-	
1915	21.16	21.9	12.83	15.7	67.7	110		
1916	18.9	20.9	11.3	14.4 14.4	72.4 88.6	91	_	
1917	15.5	17.8	12.25 15.13	17.6	81.3	96 97	100.00	
1918	16.53 16.86	17.7 18.5	11.97	13.8	83.9	89	129.63	
1919 1920	23.25	25.4	11.64	12.4	69.0	80	79.52 $122.44$	
1920	20.27	22.4	9.58	12.1	67.5	83	102.56	
1921	18.98	20.6	12.17	12.9	60.5	77	121.95	
1923	17.77	19.7	9.27	11.6	53.2	69	83.33	
1924	17.11	18.8	10.78	12.2	63.01	75	192,30	
1925	16.56	18.3	11.09	12.2	60.5	75	52.63	
1926	17.09	17.8	10.67	11.6	47.95	70	193,54	
1927	14.52	16.7	11.16	12.3	46.98	69	107.14	
1928	15.63	16.7	9.92	11.7	36.26	65	51.28	
1929	13.98	16.3	10.96	13.4	47.29	74	32,26	
1930	15.66	16.3	10.77	11.4	62.82	60	157.89	

### BOROUGH OF SWINDON.

### CAUSES OF DEATH, 1930.

(Registrar-General's Official Returns).

Causes.				Males.	Females.	Total
Measles		ban I	mbalwa	3	2	R
Whooping Cough				0	5	6 5
Diphtheria				5	3 5 3	8
Influenza				6	3	9
Meningococcal Meningitis			2.6	1	3	1
Fuberculosis of Respiratory Sys				22	15	37
Other Tuberculous Diseases	stem			10	5	15
Cancer, Malignant Disease			500	56	41	97
D D.			2 3 3 3	3	1	4
				3	7	10
Diabetes Cerebral Haemorrhage, &c.				14	16	10
Heart Disease				81	81	162
Arterio-Sclerosis				10	4	14
0 11/1				10	7	17
Pneumonia (all forms)				16	9	25
Other Respiratory Diseases			on or	7	7	14
Ulcer of Stomach or Duodenum					i	1
Diarrhoea, &c. (under 2 years)				3	2	5
Appendicitis and Typhlitis				5	1	6
all's cri					1	1
Acute and Chronic Nephritis				9	15	24
Puerperal Sepsis			00 67	0	2	2
Congenital Debility and Malfor	mati	on Pre	mature		2	-
Birth				19	26	45
3 1 1 3				10	20	10
Other Deaths from Violence				6	1	7
0.1 D C 1D'			-	51	62	113
The Denned Diseases				01	02	110
				350	318	668

### BOROUGH OF SWINDON.

### INFANT MORTALITY.

1930. Nett Deaths from stated causes at various ages under One Year of Age.

Compiled from the Official Registrations.

and the second s	PERMIT	1227710						22.33		
CAUSES OF DEATH.	Under 1 week.	1-2 weeks.	2—3 weeks.	3-4 weeks.	Total under 4 weeks.	4 weeks and under 3 months.	3 months and under 6 months.	6 months and under 9 months.	9 months and under 12 months.	Total deaths under 1 year.
All Causes:— Certified Uncertified	34	3	2	3	42	10	1	4	4	61
Small-pox Chicken-pox Chicken-pox Measles Scarlet Fever Diphtheria and Croup Whooping Cough Diarrhoea Enteritis Tuberculous Meningitis		::				2				
Abdominal Tuberculosis Other Tuberculous Disease Congenital Malformations Premature Birth Atrophy, Debility and Marasmus Atelectasis	 8 16 8	3	 1 1	··· ·i ···	8 21 9	··· 2 2 ···	::	··· 2 ··· ·· ·· ·· ·· ·· ·· ·· ·· ·· ··		10 23 11
Injury at Birth Erysipelas Syphilis Rickets Meningitis (not Tuberculous) Convulsions Gastritis						1 1	··· ··· ··· ···		··· ·· ·· ··	··· · · · · · · · · · · · · · · · · ·
Laryngitis Bronchitis Pneumonia (all forms) Suffocation, overlying Intestinal Obstruction Inattention at Birth	2			1	·· 1 ·· 2	·· 2 ·· ·· ·· ·· ·· ·· ·· ·· ·· ·· ·· ··		·· 1 ·· 1	1 2 	3 4  1 2
Totals	34	3	2	3	42	10	1	4	4	61

# LIST OF HOSPITALS PROVIDED OR SUBSIDISED BY THE LOCAL AUTHORITY OR BY THE COUNTY COUNCIL.

TUBERCULOSIS.

MATERNITY.

CHILDREN.

FEVER.

SMALLPOX.

VENEREAL DISEASES.

ORTHOPAEDIC.

Two beds at Winsley Sanatorium, near Bath, provided by the local authority.

The Wilts County Council has two sanatoria for the treatment of tuberculosis; one at Winsley for early cases and the other at Harnwood, near Salisbury, for advanced cases.

A Maternity Hospital of 11 beds provided by the local authority. (A new Maternity Home of 24 beds will be opened early in 1931).

Nil.

A fever hospital provided by the local authority of 70 beds.

A Smallpox Hospital provided by the Wilts County Council.

A hospital with 6 beds provided by the Wilts County Council.

Use of beds in Bath Orthopaedic Hospital.

# LIST OF CLINICAL TREATMENT CENTRES IN THE BOROUGH OF SWINDON.

e. By Whom Provided.	idays, Swindon Corporation " " 2 p.m 3 p.m "
Days and hours of attendance.	Mondays, Wednesdays and Fridays, 2 p.m. to 4.30 p.m.  Tuesdays, 2 p.m. to 4 p.m.  Thursdays, 2 p.m. to 4 p.m.  Tuesdays, Thursdays, Fridays and Saturdays, 2 p.m. to 4.30 p.m.  Every morning 9 a.m. to 11 a.m.  Daily, 9.30 a.m. to 12.30 p.m.  Tuesdays, 2 p.m. to 4.30 p.m.  Tuesdays, 2 p.m. to 5 p.m.  Thursdays, 2 p.m. to 4 p.m.  Thursdays, 9.30 a.m. to 12 noon  Thursdays, 9.30 a.m. to 12 noon  Thursdays, 9.30 a.m. to 12 noon  Thursdays, 5 p.m. to 4 p.m.  Thursdays, 5 p.m. to 4 p.m.  Thursdays, 2 p.m. to 4 p.m.
Where Held.	61, Eastcott Hill  Girls' Club, St. Paul's Street Primitive Methodist School, Romsey Street Primitive Methodist Church, Pinehurst Maternity Home, Milton Road 61, Eastcott Hill Faringdon Road  Tabercott Hill  Tuberculosis Dispensary, Milton Road Isolation Hospital Grounds, Gorse Hill
Name of Clinic,	Maternity and Child Welfare  Maternity and Child Welfare  Maternity and Child Welfare  Maternity and Child Welfare  Minor Ailments  Dental Clinic  Throat, Nose and Ear Clinic  Throat, Nose and Ear Clinic  Electrical Treatment (General)  Electrical Ionization Clinic  Tuberculosis Clinic  Venereal Diseases Clinic  Orthopaedic Clinic  Orthopaedic Clinic

### AMBULANCE FACILITIES.

- (a) For Infectious Diseases. Two Motor Ambulances are supplied by the Swindon Town Council.
- (b) For non-infectious and A Motor Ambulance is provided by accident cases. the Swindon Town Council.

### LIST OF LOCAL ACTS, SPECIAL LOCAL ORDERS AND GENERAL ADOPTIVE ACTS IN FORCE IN THE DISTRICT.

### LOCAL ACTS AND ORDERS.

Swindon Water Act, 1894.

Swindon New Town Electric Lighting Order, 1895.

Swindon (Water) Orders of 1902 and 1919.

The Swindon Corporation Act, 1904.

Swindon Corporation (Wilts and Berks Canal Abandonment) Act, 1914.

The Swindon Order, 1923. The Swindon Order, 1925.

Swindon Corporation Act, 1926.

The Swindon Order, 1927.

The Swindon (Extension) Order, 1928.

The Swindon Electricity (Extension) Special Order, 1929.

### ADOPTIVE ACTS IN FORCE.

Date of Adoption.

The Public Health Acts Amendment Act, 1890

11th Nov., 1890. Infectious Diseases (Prevention) Act

1890 The Museums and Gymnasiums Act, 1891 (so far as it relates to museums) ...

6th June, 1905.

11th March, 1902.

The Local Government and Other Officers Superannuation Act,

1st July, 1924.

### THE PUBLIC HEALTH ACTS AMENDMENT ACT, 1907:-Section 85 (Registries for Servants). 22nd Dec., 1926.

Part III. Secs. 36, 37, 49, 50 and 51. Part IV. Secs. 62, 64 and 65.

3rd Jan., 1927.

Part X. Sec. 93.

### THE PUBLIC HEALTH ACT, 1925:-

Part II. (except Secs. 20, 24 and 29).

Part III.

Part IV.

Part V.

1st Feb., 1927.

BOROUGH OF SWINDON. BIRTH AND DEATH RATES. INFANTILE MORTALITY. TOTAL INFANTILE MORTALITY, INCLUDING STILLBIRTHS. BIRTHS. INFANTILE MORTALITY DEATHS OF INFANTS UNDER ONE YEAR). DEATHS. 1926-1930. DEATHS OF INFANTS UNDER ONE MONTH. 110 100 18-90 16. 80 50 30 20 10 1926 1924 1928 1929 1930 1926 1924 1928 1929 1930

BORGUES OF SWINLON.

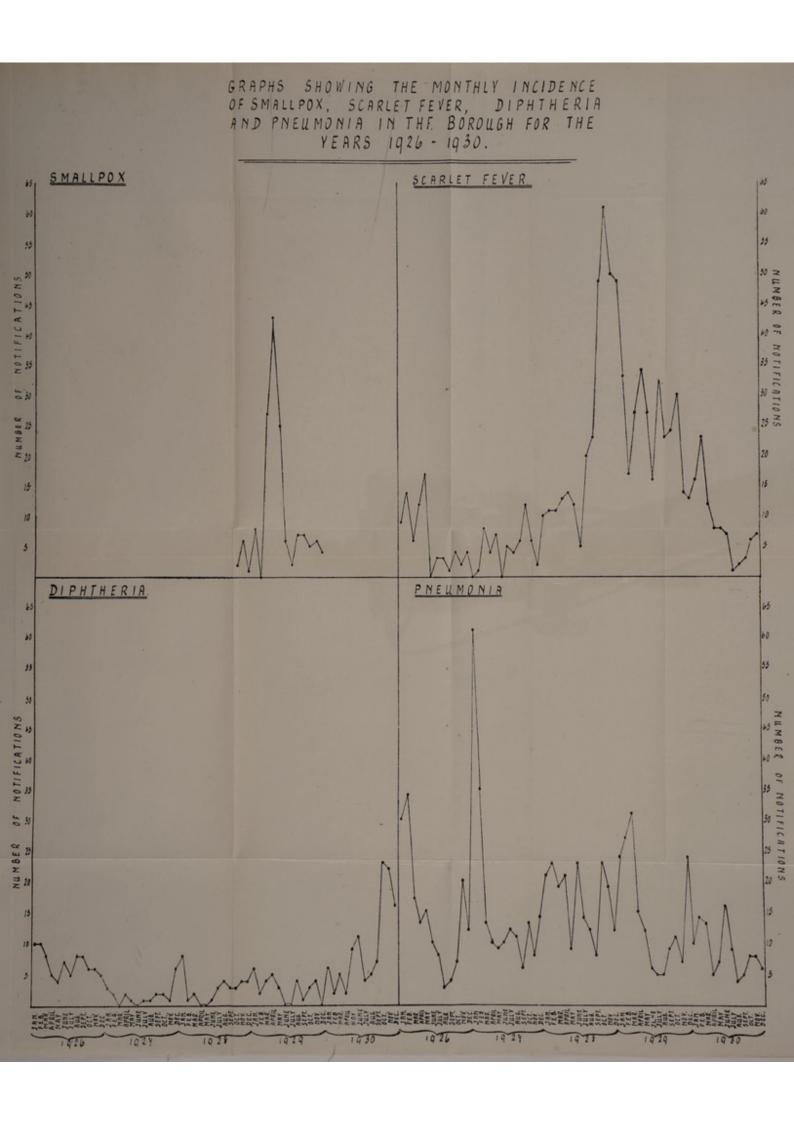
# ANNUAL REPORT

OF THE

Chief Sanitary Inspecto

F. H. BEA

the Year



### APPENDIX.

BOROUGH OF SWINDON.

## ANNUAL REPORT

OF THE

# Chief Sanitary Inspector,

F. H. BEAVIS,

For the Year 1930.

BORDUCH OF SWINDON.

# ANNUAL REPORT

SHT TO

Chief Sanitary Inspector,

E. H. BEAVIS,

For the Year 1930.

To the Chairmen and Members of the Health, etc., Committee.

LADIES AND GENTLEMEN,

I have the honour of submitting my fifth Annual Report dealing with the work carried out by the Sanitary Department during the year ending 31st December, 1930.

Appended hereto will be found the tables giving full particulars of the inspections made during the year, in conformity with the requirements of the Ministry of Health.

1930 again proved to be a very busy year in the Sanitary Department. In January Mr. A. T. Selvey, Assistant Sanitary Inspector, left the service of the Corporation, having obtained a more remunerative post elsewhere. In the meantime, Mr. L. R. Eldred had been appointed to the post vacated by Mr. Selvey, and took up his duties on the 6th May. In August Mr. H. J. Pugh, who had been Clerk to the Department for about 6 years, obtained an appointment as Head Clerk in the Health Department of the Teddington U.D.C., and left the service of the Corporation. In the meantime, Mr. W. H. Paul, who had been a junior clerk in the Town Clerk's Department, was transferred to the Sanitary Department, and took up his new duties on the 15th September.

The continual change in the personnel of the Sanitary Staff, although unavoidable, is to be deplored, as it tends to materially affect the routine work of the Department.

### MILK SUPPLY.

Swindon, being situated in the midst of an agricultural district, is particularly fortunate as regards its milk supply, the bulk of which is delivered to the consumer practically direct from the place of production, with a minimum of delay and handling, thus ensuring to the inhabitants an abundant supply of fresh and wholesome milk. Unfortunately, owing to various causes, we have been unable to carry on the work of bacteriological examination of milk, and this work was practically suspended during the year. This important work is highly essential, if the people's milk supply is to be kept at a high standard, as it enables the Department immediately to check any dealer whose milk does not come up to the standard aimed at. On the whole, the milk supply of the Borough is fairly satisfactory.

There are, at present, one farm and three bottling establishments licensed for the production and bottling, respectively, of Grade A (Tuberculin Tested) milk, and another farm is licensed for the production of Grade A milk. A subsidiary licence to sell

Grade A (Tuberculin Tested) milk within the Borough was granted to a dealer at Burderop, whilst Grade A milk is being retailed within the Borough from a farm at Hodson.

Lately there has been a noticeable tendency on the part of the public to require a graded milk. This is highly satisfactory, owing to the fact that graded milk is produced and retailed under greatly improved conditions.

During the year 5 traders were prosecuted for offences under the Milk and Dairies Order, 4 for bottling milk in the street and 1 for carrying on the business of a dairyman within the Borough without being previously registered by the Local Authority to do so. Fines amounting to £5 10s. were inflicted. The practice of bottling milk in the street is very objectionable, as these bottles are usually picked up at the door of one house and, after being filled with milk, are delivered at the door of another, without any sterilisation whatever—a practice which cannot be too severely condemned.

#### FOOD SUPPLY.

The following tables give a résumé of the work carried out under the Meat Regulations. A total of 14,411 animals was slaughtered for human consumption during the year, every one of which was seen by your Inspectors before being offered for sale This work is absolutely necessary if the people's food supply is to be adequately safeguarded, as will readily be seen by a perusal of the tables relating to unsound food. In addition to this, there is considerable traffic in dead meat from outside districts, some of which is of very doubtful quality, and it is only by constant watchfulness on the part of the Sanitary Department that meat of this description is prevented from being foisted upon the public. The only solution to this problem, as I said last year, is the compulsory inspection of all meat at a recognised clearing house before it is allowed to be sold within the Borough. Legislation is, of course, necessary before this can be done, but in order to check the traffic in meat of doubtful quality I am of opinion that every town of over 10,000 population should be vested with the necessary powers.

The question of a Public Abattoir still remains in abeyance, but it must be fairly obvious to everyone that adequate meat inspection can only be carried out in such an institution. Absolute cleanliness is essential in dealing with the people's food supply, and an up-to-date Abattoir is the only place where the unpleasant business of slaughtering and preparing animals for human consumption can be properly supervised and controlled.

The unsound food destroyed during the year amounted to close upon 24 tons. This is somewhat less than last year, and is accounted for by the fact that certain butchers who deal in meat of a doubtful character and whose practice it was to slaughter these animals within the Borough, now find that it pays them better to slaughter them elsewhere, where there is a better chance of getting the meat through. As I stated last year, the work of meat inspection is at present carried out under considerable difficulties, owing to our slaughterhouses being scattered all over the Borough and to the lack of quick mechanical transport. This work takes up a tremendous amount of time, and it is almost becoming impossible to keep it at the high standard we have aimed at without some means of quick conveyance from place to place. Your Committee still has this matter under consideration, and it is hoped that a decision will be arrived at in the near future.

Cases relating to diseased meat and unsound food were conspicuous by their absence; notwithstanding the strict supervision exercised over all food shops, not a single case of exposing unsound food being discovered during the year.

### CASEOUS LYMPHADENITIS.

During the year a large quantity of imported carcases of frozen mutton was released from the ports on condition that they were submitted for inspection in the various districts to which they were consigned. In Swindon we had about 700 of these carcases, and on inspection 6, or about 1%, were found to be affected with the disease.

Small shops and fish frying establishments, where cooked food is sold, still continue to increase with the expansion of the Borough, and although these premises are kept under constant supervision by your Officer, and every effort is made to ensure absolute cleanliness, it would be greatly to the advantage of the general public if all premises where food is prepared or sold were required to be registered or licensed by the Local Authority, because, as the law stands at present, it is only when an actual nuisance occurs or some unsound food is exposed for sale that any effectual steps can be taken to punish the offender.

### HOUSING.

There has not been any material change in the housing situation during the year, and the problem of overcrowding is still with us. 42 houses were erected by the Local Authority and 163 by private individuals, but unfortunately this does not get to the root of the matter. Overcrowding invariably occurs amongst

the poorer classes of the community, and the inability to pay the rents asked for these new houses is a most important factor. Apparently overcrowding, to some extent, will remain until it is found possible to build houses which can be let at a rental of from 5s. to 7s. per week—a sum which, to most of these people, is the utmost to which they can go in order to rent a house in which to live.

During the year there was one prosecution for overcrowding, when 17 persons were found to be occupying a 4-roomed house—a most deplorable state of affairs. Here again, the problem was to get a house at a rental which these poor people were able to pay. Your Inspector did what he could to secure a suitable house for them, but signally failed, and finally each of the defendants was fined 10s. and 4s. costs, and ordered to abate the nuisance within 14 days.

There is still a considerable number of houses, the W.C.s of which are not provided with flushing cisterns. In most cases these W.C.s are kept in a satisfactory condition, but the provision of a flushing cistern to every W.C. is very desirable in the interests of public health.

## TENTS, VANS AND SHEDS.

There are still a few caravans in the Borough which are being used for human habitation, but very little trouble regarding them was experienced during the year. Every effort is made to ensure that no nuisance arises from this class of the community, and the bye-laws relating to these dwellings are strictly enforced. The solution of the problem regarding these dwellings would appear to be some form of legislation prohibiting the use of tents, vans or sheds for human habitation in any Borough with a population of over 30,000.

## THEATRES, CINEMAS, ETC.

There are, at present, one theatre, seven cinemas, one billiard hall and six dancing halls within the Borough. Since the end of the year under review, the Empire Theatre has been adapted for cinematograph purposes. These premises are regularly visited and every effort is made to ensure that they are kept in a satisfactory condition. Recently the ventilation of one of the dancing halls was found to be unsatisfactory, and steps are being taken to remedy these defects.

### DISINFECTION OF VEHICLES AT THE CATTLE MARKET.

The disinfection of vehicles used for the conveyance of animals at the Cattle Market had been carried on by the Corporation for several years, but in October the Transit of Animals (Amendment) Order, 1930, came into force, and your Committee decided that in future this work should be carried out under the direct supervision of the Sanitary Department, and that a nominal charge be made for each vehicle disinfected. Below will be found a table setting out the receipts and expenditure relating to this work, up to the end of the year under review.

#### HDRAINAGE WORK.

During the year the drainage systems of 123 houses were steither relaid or overhauled under the direct supervision of your alnspector. This work is of the utmost importance, as several of the drains, when exposed, proved to be nothing more than celongated cesspools. A general survey of all the licensed houses within the Borough was also carried out, with the result that the assanitary accommodation at these premises has been greatly mimproved.

#### GENERAL.

There are still several houses in the added area of the Borough in where the water supply is from shallow wells. Samples of the swater from these wells are periodically taken, and in three cases whave proved to be unfit for domestic purposes. In each case the wtown supply was laid on at the request of your Officer, without wany legal action being necessary.

The provision of a properly covered sanitary dustbin for every house is very desirable from a public health point of view, but unfortunately there are still a few houses where old boxes, etc., are being used for this purpose.

### ARATS AND MICE DESTRUCTION.

1930, owing to weather conditions, proved to be slightly less reasonable than 1929 for the propagation of rats and mice, but despite the weather these vermin again proved troublesome at the various Tips; and to make matters worse, the Rat Catcher employed by the Corporation had the misfortune to poison his thumb in July, and was off duty for about four months. In the meantime your Committee appointed a temporary man to fill the

post, but, although this man did his best, he was quite unable to keep the rats and mice under control, with the result that the various Tips again became thoroughly infested with these vermin. Since the return to duty of the proper Rat Catcher, in October, it has been found necessary to concentrate almost entirely on the Tips, so as to bring down the number of rodents.

A perusal of the table under this heading will show that very useful work is being done, over 7,000 of these pests being accounted for.

I am, Ladies and Gentlemen,

Your obedient servant,

F. H. BEAVIS, Chief Sanitary Inspector.

TABLE OF NUISANCES RECORDED AND ABATED, 1930.

	80 1 18	C	Lotat	abated during 1930	at end of year.
	31 7 9	109	105	15	10
Trans	31	231	22	16	9
and eaves troughing		48	79	56	23
	91	95	186	144	42
and dirty W.C. pans	16	26	113	103	10
floors	42	65	107	74	333
and insufficient yard paving	20	33	53	45	00
walls	49	94	143	28	65
flushing cisterns	00	64	7.5	44	28
ceilings	30	52	85	55	27
forecourts	9	67	00	9	2
	တ	12	15	12	60
Offensive animals	1	6	6	6	1
Offensive accumulations	6	69	89	99	2
Choked drains	1	130	130	127	8
Damp walls	12	22	67	48	19
Dirty rooms	140	227	367	289	78
Overcrowding	15	15	30	23	1
Absence of covered receptacle at butchers'		THE REAL PROPERTY.			000
premises	1	2	2	2	1
Miscellaneous	166	591	757	616	141
TOTALS	649	1776	2418	1897	521

# VISITS AND INSPECTIONS, 1930.

Infectious Disease				 	365
Work in course of	construc	tion		 	1497
Slaughterhouses				 	4047
Bakehouses				 	143
Dairies, Cowsheds	and Mil	kshop	S	 	535
Markets				 	383
Outworkers				 	28
Common Lodging				 	42
Fried Fish Shops				 	695
Re-visits				 	1481
Miscellaneous				 	1946
Workshops				 	475
Ice Cream Shops				 	79
Butchers' Shops				 	257
Contacts with Sm	10.00			 	1
Pig-killing on priv				 	55
House-to-House I	nspection	ns		 	58
TOTAL				 	12087

## DEFECTS IN OUTWORKERS' PREMISES.

Dirty Floors		 	 	1
Dirty Ceilings		 	 	_
Dirty Walls		 	 	
Defective Roofs		 	 	
,, Water-cle	osets	 	 	
,, Floors		 		
,, Yard Par		 	 	
,, Firegrate	The state of the s	 	 	
,, Walls		 	 	1
,, Drains		 	 	î
Other Defects		 	 	
	133		 	
TOTAL				3

# INSPECTION OF FACTORIES, WORKSHOPS AND WORKPLACES.

Including Inspections made by Sanitary Inspectors or Inspectors of Nuisances.

	Number of					
Premises.	Inspections.	Written Notices.	Occupiers Prosecuted.			
(1)	(2)	(3)	(4)			
Factories (including Factory Laundries)	103	2	Nil			
Workshops (including Workshop Laundries)	338	8	Nil			
Workplaces (other than Outworkers' Premises)	34	2	Nil			
TOTAL	475	12	Nil			

DEFECTS FOUND IN FACTORIES, WORKSHOPS & WORKPLACES.—Contd.

	4	Number of Defects	efects.	Number of Offences in respect to
Particulars.	Found.	Remedied.	Referred to H.M.	which Prose- cutions were
(1)	(2)	(3)	Inspector. (4)	Instituted. (5)
Nuisances under the Public Health Acts :* Want of cleanliness	24	24		
:	9	5		::
	::			
Want of drainage of floors	21 1-	-11:		:
Linsufficient	-			
Sanitary accommodation unsuitable or defective	12	=======================================		:
not separate for sexes	4	00		:
Offences under the Factory and Workshop Acts:— Illegal occupation of underground bakehouse (s. 101) Other offences	:		MOM:	:
(Excluding offences relating to outwork and offences under the Sections mentioned in the Schedule to the Ministry of Health (Factories		losq2		
and Workshops Transfer of Powers) Order,		al un	xo:m	:
TOTAL	55	52		:
			The second second	

\* Including those specified in Sections 2, 3, 7 & 8 of the Factory and Workshop Act, 1901, as remediable under the Public Health Acts.

# DISINFECTANTS.

Number of Appli	ications	 			3419
Number of Appli					3419
Quantity given:	Fluid	 		4221	galls.
	Powder	 	6cwts.	0qr.	21lbs.

## DISINFECTION.

Cases of Infectious Disease		 	396
,, Cancer		 	30
,, Consumption		 	124
,, Smallpox		 	10000
Verminous Rooms		 	199
Number of Lots of Bedding destro	yed	 	43
Number of Lots of Bedding disinfe	cted	 	581
School Shawls disinfected		 	61
Library Books disinfected		 	59
Animals destroyed		 	8
Miscellaneous Articles disinfected		 	260
Miscellaneous Articles destroyed	/le	 	_
No. of School Rooms disinfected		 	13

	DAIRIES, CO	WSHI	EDS A	ND M	ILKS	HOPS	
	Dairies and Milksh	ops					49
	Cowsheds						22
	Milk Purveyors from		ide the	Borou	igh		30
	TOTAL						101
	m)					1 2: 1	
	There are two far						
	ments licensed for						
	of Grade A (Tub	ercum	Teste	a) Mii	K WITT	nn th	е
	Borough.		o a amo m	tod for	u the w	tailin	
	One subsidiary lice of Grade A (Tuber	ence w	Tooted)	Mille	r the re	caming	6
	Inspections			MIIIK.			535
Nur	SANCES FOUND—						000
1101	Dairies requiring lin	namae	hing				. 16
	Cowsheds requiring						23
							20
	Dirty yards			***			3
	Defective paving Offensive accumulat						5
	Defective ceiling pl		ile				3
	Unsuitable and dirty Milk and containers					• • • •	24
	Defeating floor		ered				5
		+		•••			2
	Defective vent shaft						
							22
	Insufficient water s						
	Choked drains	acta					
	Defective water-clo		***		***		2
	Defective drains Miscellaneous					•••	24
	Miscenaneous		***				24
	TOTAL						129
	TOTAL			***			128
	STA	HGH	TERHO	HISE	Q		
	Registered	cull.	1 131011.	JUBE	υ.		8
	Licensed						12
	incensed						12
	TOTAL						20
	TOTAL						20
	Number of Inspecti	one					4047
NIIIs	SANCES FOUND—	OHS		***			1011
	Requiring limewash	ing					38
	Want of cleanliness						7
	Insanitary condition		ne and	varde			15
	Offensive accumulat						15
	Choked drains						4
	Other defects			•••			26
	contractions						20
	TOTAL					233	105
				0.000			200

## COMMON LODGING HOUSES.

On Register						1
Number of persons	for	whom	accom	modat	ion is	
provided :-Adults						
Inspections						42

## RATS AND MICE (DESTRUCTION) ACT, 1919.

The following is a table showing the work carried out by your officer under the above Act during the year under review:—

Rats Caught.	Complaints Received.	Due to Defects of Drains or Sewers.	Due to Structural Defects
7,662	411	22	18

## BAKEHOUSES.

	Factory Bakehouses					14
	Workshop Bakehouses					11
	Domestic Bakehouses				TODAY T	1
	and the state of t					_2
	Total					26
	Harris III			• • • • • • • • • • • • • • • • • • • •		_
	Number of Inspections					143
	Trumber of Impections			***	***	
Nr	UISANCES FOUND-					
711						10
	Limewashing overdue			***		12
	Dirty yards					1
	Ceilings requiring re-pair	nting				1
	Choked drains	7				2
	Dirty W.C. pans					2
	No separate accommodat	ion for				
	Accumulations of manur					2
	Defective yard paving		3		10000	1
	Defective vent shafts		4			
	Want of cleanliness					2
						2
	Other defects					4
	market market area					05
	Total					25

### FOOD SUPPLY.

There are on the registers of	the D	epartmen	t		
Butchers Shops				. 9	0
Butchers Stalls (in covere				. wat	3
7777 1 1 2 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6		11 -10		HATT	1
Fried Fish Shops				0	6
Ice Cream Shops				14	
Cooked Meat Shops			/	0	
and these premises are regular	ly ins				
and these premises are regular	ly ills	spected by	your on	icers.	
MEAT AND FO	OOD	DESTRO	OYED.		
		Ton		qrs.	lbs.
Carcases of Beef and Offal		16	6	1	9
Portions of Beef		2	8	î	203
Carcases of Pig and Offal			10	2	2
Portions of Pig	•••		6	1	173
Carcases of Mutton and Offal			6	3	7
D C M		W. Aurel	O		9
Dluck			E	0	3
Plucks			5	0	
Heads		1	3	1	$11\frac{1}{2}$
Livers			13	2	81
Lungs			4	2	2
Offal		***	17	2	19
Hearts					111

Tripe ... Kippers 1 20 French Potatoes 4 0 0 Chilled Beef Suet 15 Prawns 1 8 ... 1 Fowl 41 ... Herrings 5 1 8 6 Fish 3

13

154

24

14

1

Kidney

1 Turkey ...

... Plate Corned Beef

24 Rabbits ... . . . TOTAL 23 14 2 123

## PUBLIC HEALTH (MEAT) REGULATIONS, 1924. The following is a table showing the number of carcases inspected during the year, together with the average per week:-

The state of the s	Beasts.	Calves.	Pigs.	Sheep.	Total.
Total Inspected	1318	1342	4898	6853	14,411
Average per Week	25.34	25.80	94.19	131.78	277.13

# CLASSIFICATION OF THE DISEASES FOUND IN THE UNSOUND FOOD.

		,	Tons	cwts.	qrs.	lbs.
Abscesses		 		14	3	81
Actinomycosis		 		1	1	2
Angioma		 		1	0	27
Bone Taint		 		1	0	12
Bruising		 	1	7	0	4
Caseous Lymph		 		3	1	12
(1)		 		7	3	19
Cystercercus Te		 			1	11
Decomposition		 		9	2	$24\frac{1}{2}$
Degeneration		 		1	1	111
Distomum Hep		 		4	2	11
Echinococcus V		 			1	10
Emaciation		 	1	1	2	6
Hæmorrhagic I		 			1	24
Ill-bled		 		18	0	17
Inflammation		 	2	10	0	191
Jaundice					3	6
Johnes Disease		 	1	6	2	3
Moribund		 		1	0	16
Necrosis		 			1	4
Oedema		 	1	. 8	2	11
Pericarditis		 	1	19	2	151
Peritonitis		 				12
Pleuritis		 				27
Pneumonia		 		3	0	27
Sarcoma		 		1	0	2
Septicaemia		 		9	1	0
Septic Metritis		 	1	0 .	1	10
Strongylus Fila		 			1	181
Strongylus Para	doxus	 				6
Strongylus Rufe		 			1	20
Swine Erysipela		 				25
Toxaemia		 		7	$\frac{2}{3}$	0
Tuberculosis		 	8	4	0	16
Unsoundness		 		6	1	19
Urticaria		 				4
			-			
	TOTAL	 	23	14	2	$12\frac{3}{4}$

# TABLE SHOWING THE RESULTS OF BACTERIOLOGICAL EXAMINATION OF MILK SAMPLES.

Sample.	Organisms per $\frac{1}{1000}$ c.c.	Т.В.	Coli per	Sediment.
				durant James
Nil	Nil	Nil	Nil	Nil
			imining	ediroquiore cutro po- li Nauniare
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		notestifict	anisaismili panisassassas botostu
				denimanian appropriate
	8			simonates america alimenotistor
	2000		amaghara	
	The same of the sa			
	H 62			abunin.

# HOUSING.

Nı	imber of new houses erected during the year:—	
	(a) Total (including numbers given separately under (b)	205
	(b) With State assistance under the Housing Acts:—  (i) By the Local Authority  (ii) By other bodies or persons	42
	(11) By other bodies or persons	_
I.	(1) Total number of dwelling-houses inspected for	:-
	housing defects (under Public Health or Housing Acts)	777
	(2) Number of dwelling-hosses (included under subhead (1) above) which were inspected and recorded under the Housing Consolidated Regulations, 1925	58
		00
	(3) Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	_
	(4) Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	508
II.	REMEDY OF DEFECTS DURING THE YEAR WITHOUT SE	RVICE
11.	OF FORMAL NOTICES :-	HVIGE
	Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their officers	592
	munority of their officers	002
Ш	. ACTION UNDER STATUTORY POWERS DURING THE YE	AR :
	A. Proceedings under Section 3 of the Housing Act, 1925:—	
	(1) Number of dwelling-houses in respect of which notices were served requiring repairs	1
	(2) Number of dwelling-houses which were rendered fit after service of formal notices—  (a) By Owners (b) By Local Authority in default of owners	1
	(3) Number of dwelling-houses in respect of which Closing Orders became operative in pursuance of declarations by owners of intention to close	-

В.	Proceedings under Public Health Acts:—						
	(1)	Number of dwelling-houses in respect of which notices were served requiring defects to be remedied	4				
	(2)	Number of dwelling-houses in which defects were remedied after service of formal notices—  (a) By Owners (b) By Local Authority in default of owners	4				
C.		oceedings under Sections 11, 14 and 15 of the Housing Act, 1925:—					
	(1)	Number of representations made with a view to the making of Closing Orders					
	(2)	Number of dwelling-houses in respect of which Closing Orders were made					
	(3)	Number of dwelling-houses in respect of which Closing Orders were determined, the dwelling-houses having been rendered fit	_				
	(4)	Number of dwelling-houses in respect of which Demolition Orders were made	_				
	(5)	Number of dwelling-houses demolished in pursuance of Demolition Orders	_				

DISINFECTION OF VEHICLES AT THE CATTLE MARKET.

Da	ate of Market.	No. of Vehicles Disinfected.	Fees Received.	Expenditure.
	1930.		£ s. d.	£ s. d.
	Oct. 27	67	1 2 4	19 0
	Nov. 3	45	15 0	14 0
	,, 10	76	1 5 4	19 0
	,, 17	39	13 0	14 0
	,, 24	42	14 0	19 0
	Dec. 1	29	9 8	14 0
	,, 8	60	1 0 0	19 0
	,, 15	26	8 8	14 0
70	,, 22	27	9 0	14 0
	,, 29	25	8 4	19 0
To	otals at end of year	436	£7 5 4	£8 5 0