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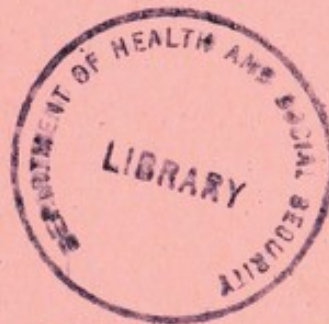


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COUNTY BOROUGH OF SOUTH SHIELDS

EDUCATION COMMITTEE



**THE HEALTH OF
SCHOOL CHILDREN
1971**

**SCHOOL HEALTH
SERVICE**



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COUNTY BOROUGH OF SOUTH SHIELDS



ANNUAL REPORT

of the

Principal School Medical Officer

for the year 1971

E. M. YOUNG, M.B., B.S., D.P.H.

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TO THE CHAIRMAN AND MEMBERS OF THE EDUCATION COMMITTEE

I have the honour to submit my Annual Report on the School Health Service for 1971. The aims of the School Health Service remained unaltered in 1971, to seek out those children who had handicaps, to ensure that all school children were mentally and physically fit to receive the education offered and to recommend special educational treatment when necessary.

It is pleasing to report that the general standard of physical health amongst school children remained high throughout the year. The organisation of the service was unchanged as far as staff shortages would allow.

There were many staff changes in the year under review, Dr. I. D. Leitch who had been Medical Officer of Health and Principal School Medical Officer since December 1952 resigned in April on his appointment as Director of Social Services; Mr. A. Smith, Consultant Ophthalmic Surgeon retired and was succeeded by Mr. P. O'Rourke; Dr. R. N. Stansfield, Consultant Child Psychiatrist since 1963 retired in December; Mr. A. Brewis, Senior Officer for Administration transferred to Social Services and was replaced by Mr. R. Dickie; Mrs. Wheatley, Audiometrician for this Authority since 1963 left to further her career and finally it is my unhappy duty to report the untimely death of Mr. T. A. Berry, Consultant Orthopaedic Surgeon and his succession by Mr. T. T. Win.

The general shortage of Medical and Dental staff continued and there was no speech therapist in post throughout the year.

In April 1971 junior training centres which had been under the jurisdiction of the Health Department of Local Authorities were transferred to the Education Department and absorbed into the educational system, with the status of "special school", some regret is inevitable at this transfer but the occasion should call for rejoicing as it is public recognition of the excellence and high standard of the work done in these centres and because the children attending are no longer educational outcasts.

I would like to thank the members of the Education Committee, the Director of Education and his staff and the teachers for their co-operation throughout the year. My thanks too to Mr. R. Dickie and Mr. W. Johnson for their valuable help in compiling this report and to the staff of the Health Department for their support and loyalty during my first year in office.

E. M. YOUNG

Principal School Medical Officer

Health Department,
Stanhope Parade,
SOUTH SHIELDS.

EDUCATION COMMITTEE

1971

THE MAYOR

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CHAIRMAN

ALDERMAN M. A. MADSEN

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Councillor J. M. H. Raffle

Councillor M. Campbell

Councillor J. G. Woods

SCHOOL HEALTH SERVICE STAFF

Principal School Medical Officer

ENID M. YOUNG M.B., B.S., D.P.H.

Medical Officers in Department:

JEAN WALMSLEY M.B., Ch.B., D.P.H.

J. C. HIRST M.B., Ch.B. (commenced 1.7.71)

P. A. Y. NARAYANAN M.B., B.S., D.P.H. (commenced 14.4.71)

VALERIE CALDER M.B., B.S.

GITIKA BANNERJEE M.B., B.S., F.R.C.S. (res. 28.2.71)

Principal School Dental Officer:

T. W. CLARKSON B.D.S.

School Dental Officers:

J. P. BLUNT L.D.S. (sessional)

MOYA KENT B.D.S. (res. 31.5.71)

D. ATKINSON B.D.S., (commenced 1.11.71)

D. H. YOUNG L.D.S. (commenced 6.9.71)

3 Dental Surgery Assistants

Anaesthetist (part time):

D. C. F. BANKS M.D., D.A.

Acting Superintendent Health Visitor and School Nurse:

MRS. P. STEWART

16 Health Visitors

8 School Nurses

1 Audiometrician (res. 24.10.71)

4 Clinic Assistants

1 Student Health Visitor

Speech Therapist

Vacant

Child Guidance and School Psychological Service

Consultant Psychiatrist:

R. N. STANSFIELD M.R.C.S., L R.C.P.

Educational Psychologist:

I. R. McKENZIE B.Sc. (Psych) M.Ed., D.E.P.

Consultant Advisers:

Paediatrics:

MARGARET TAYLOR D.C.H., M.R.C.P.

Orthopaedics:

T. A. BERRY F.R.C.S.

T. T. WIN (Commenced 1.9.71)

Ophthalmology

A. SMITH M.B., Ch.B., M.R.C.S., L.R.C.P., D.O.M.S. (res. 31.7.71)

P. O'ROURKE (commenced 22.7.71)

Ear Nose and Throat:

G. RHYS EVANS M.C., M.B., B.S., D.L.O.

Orthodontics:

D. T. BENNETT L.D.S., F.D.S., R.C.S., Cons. Orthodontist

Oral Surgery:

R. KERR GILBERT L.R.C.P.I., & L.M., F.D.S., R.C.S.

Mental Subnormality:

I. A. FRASER M.B., Ch.B., D.P.H., D.C.H. Dip. Psych.

W. H. K. CARPENTER M.B., Ch.B., M.R.C.S., L.R.C.P., D.P.M.

Administration:

Senior Officer for Administration:

R. G. DICKIE

The following appointments were vacant at
the end of the Year:

2 Speech Therapists

1 Audiometrician

Social Worker for Child Guidance Clinic

SCHOOL POPULATION

NUMBERS AND ATTENDANCE OF PUPILS AT
SCHOOLS MAINTAINED BY THE AUTHORITY
IN 1971

	Number of Schools	Number of Children on Register at end of 1971	Average Attendance for the year (%)
Primary -			
Infants	19	3,215	94.0
Juniors	18	5,702	95.3
Juniors and Infants	6	1,480	93.5
Secondary -			
Modern	12	5,670	92.6
Grammar Technical	2	2,083	96.0
Special -			
Educationally Subnormal	2	213	87.5
Physically Handicapped	1	94	82.0
Other -			
Harton Nursery	1	60	90.0
School Loaning Nursery	1	40	91.0

SCHOOL CLINICS

Minor Ailments Clinic	Stanhope Parade Clinic	9.00 a.m. - 10.00 a.m. Monday - Friday
	Boldon Lane Clinic	9.00 a.m. - 10.00 a.m. Monday - Friday
Dental Clinics	Stanhope Parade Clinic	9.00 a.m. - 12.00 a.m. 1.30 p.m. - 4.00 p.m. Monday - Friday
	Boldon Lane Clinic	9.00 a.m. - 12.00 a.m. 1.30 p.m. - 4.00 p.m. Monday - Friday
Child Guidance Clinic	Stanhope Parade	Thursday afternoon and evening, Friday Morning and afternoon, by appointment only
Hearing Assessment Clinic	Stanhope Parade Clinic	By appointment only
Refraction Clinic	Stanhope Parade Clinic	By appointment only
Immunisation Clinic	As and when required	

MEDICAL INSPECTION

The organisation of the School Health Service remained unchanged throughout 1971, each medical officer having duties in the schools and maternity and child welfare clinics in a given area of the town, although shortage of medical staff necessitated the doctors moving out of their given areas on occasions.

Routine medical inspections of children in the usual three age groups continued throughout the year, the percentage of parents attending the medical examination remained high in the infant and junior groups.

Special arrangements whereby a medical officer and a school nurse made weekly visits to the Boys Grammar Technical School continued during the year.

PERIODIC MEDICAL INSPECTIONS

	Number of Children Inspected	Number of Parents Present	%
Entrants.....	1,674	1,496	89.36
Other periodic Inspections....	2,737	2,241	81.87
Leavers.....	1,558	807	51.79
	5,969	4,544	76.12

OTHER INSPECTIONS

Number of Special Inspections..... 875

Number of Re-Inspections..... 778

1,653

MISCELLANEOUS EXAMINATIONS

The following examinations were carried out for special purposes.

Camping holidays..... 145

Holidays abroad..... 30

W.R.V.S. holidays..... 17

Residential School.....	204
Teacher and Teaching Candidates.....	163
Children boarded out.....	203
Other examinations.....	5
	767

In addition, 317 children were examined in Junior Schools with a view to the provision of free milk. Certificates were issued for 144 children.

OUT OF SCHOOL EMPLOYMENT

A total of 100 children were examined in accordance with the Local Byelaws and given the necessary certificate.

GENERAL CONDITION OF CHILDREN INSPECTED

Of the 5,969 children examined, the school doctors assessed 13 (0.22%) as being in unsatisfactory physical condition.

AVERAGE HEIGHT AND WEIGHT OF SCHOOL CHILDREN 1971

Age in Years	No. of Children		Height (in inches)		Weight (in lbs.)	
	Boys	Girls	Boys	Girls	Boys	Girls
Entrants -						
5 - 6	649	703	44.50	44.35	45.47	44.85
Others -						
10 - 11	745	777	55.02	54.89	76.40	74.12
Leavers -	640	731	63.89	62.61	109.74	113.37

For comparison purposes the figures for children examined in 1961 are shown in the following table:-

AVERAGE HEIGHT AND WEIGHT OF SCHOOL CHILDREN 1961

Age in Years	No. of Children		Height (in inches)		Weight (in lbs.)	
	Boys	Girls	Boys	Girls	Boys	Girls
5 - 6	926	859	43.87	43.62	44.31	43.14
10 - 11	838	780	54.87	55.51	76.09	71.34
14 - 15	965	945	63.20	61.98	116.15	113.70

DEFECTS FOUND AT PERIODIC MEDICAL INSPECTIONS

Table A(2) Part 1 page 31 gives details of the defects (excluding dental disease and infestation with vermin) found at medical inspection during the year for each group of children examined. By far the most common defects found were those related to the eyes (125 per 1,000 children examined) followed by defects of the ear, nose and throat (110 per 1,000 children examined) and orthopaedic defect (63 per 1,000 children examined).

Pupils found to require treatment at Periodic Medical Inspection. Table A Part II page 33 shows that 14.1% of the children examined were considered to require treatment.

CLEANLINESS OF SCHOOL CHILDREN

Nurses continued to visit schools twice yearly to examine pupils for infestation with vermin. The number of pupils found to be infested was 1,057 (3.0%) as compared with 638 (3.4%) in 1970.

MEDICAL TREATMENT AND SPECIAL CLINICS

MINOR AILMENT CLINIC

Daily minor ailment sessions were held at the Stanhope Parade and Boldon Lane Clinics.

Treatments were confined to simple medicaments and pupils requiring further attention were referred to their family doctors or the hospital services.

A total of 705 pupils attended for treatment, of whom, 143 were referred to general practitioners or the appropriate consultant. There were 778 return visits and of the total 6,047 attendances 4,222 were of such minor degree as to be treated throughout by the school nurse.

CHIROPODY SERVICE

The school chiropody service introduced in 1968 continued to be well attended and 971 school children made 3,958 attendances at the clinic. I am again indebted to the Orthopaedic Consultant and his staff at the South Shields General Hospital for their co-operation in giving advice

and guidance in certain cases referred from the chiropodist.

OTOLOGICAL SERVICES

The comprehensive scheme to provide for the ascertainment and assessment of children with impaired hearing continued during the year and the monthly audiology clinic under the supervision of Mr. G. Rhys Evans, the Consultant Otologist, was maintained.

AUDIOMETRY AND ROUTINE HEARING TESTS

1. Pre-School Arrangements

The health visitors carried out screening tests for deafness in young children and although it has not been possible to test every child during the first year of life, the main effort was concentrated on those children known to be 'at risk' of developing hearing defects.

2. Routine Sweep Testing

All new entrants to infants' school are given a routine pure tone audiometric sweep test by a nurse specially trained in audiometric techniques. In 1971 a total of 1504 children were tested in this way, of whom 193 were considered in need of further investigation and were referred to the Hearing Assessment Clinic. Home visits were made to 41 children to give parents guidance on the care and supervision of children with defective hearing and to assist in the supervision and adjustment of hearing aids. Five children were provided with hearing aids.

HEARING ASSESSMENT CLINIC

The Statistics for 1971 are as follows:	1971	1970
Total number of attendances	564	663
Boys.....	314	344
Girls.....	245	319
Adults		
Males.....	3	-
Females.....	2	-
Referred by		
School Medical Officer.....	71	115
E.N.T. Consultant.....	7	7

	1971	1970
Others.....	76	75
General Practitioners.....	17	19
Audiometrician - routine sweep testing...	130	155
Re-assessments.....	263	292
Number found to have defective hearing.....	264	309
Referred to Audiology Clinic for consultant opinion.....	97	146
Speech Therapist.....	2	3
Hospital.....	38	57

AUDIOLOGY CLINIC

Mr. Phyllis Evans

	1971	1970
Number of children seen.....	96	125
New cases.....	39	76
Number of children reviewed.....	57	49
Referred for surgical treatment.....	34	63
Classified Treatments.....		
Tonsils and adenoids.....	11	14
Adenoids.....	11	21
Grommets drain.....	3	5
Adenoids and myringotomy.....	6	10
Myringotomy.....	2	10
Aural Polypectomy.....	-	2
Antral lavage.....	1	1
Observation and further investigation ...	42	49
Advised.....	8	5
Hearing aids prescribed.....	5	5
Children recommended for partially hearing unit..	-	2
Hearing aids discontinued.....	1	1
Grommets drain removed.....	1	-
Referred to own doctor for treatment.....	4	-
Referred to General Hospital South Shields	1	-

OPHTHALMIC SERVICES

Consultant Service

During 1971, 15 children were referred by the school medical officer for the opinion of the ophthalmologist. These children were seen by Mr. A. Smith and Mr. P. O'Rourke and

their staff at the Diagnostic Centre, South Shields General Hospital.

There were ten cases of squint from which six had glasses prescribed and treatment arranged for the remaining four. There were two children who showed no evidence of squint and were under observation.

Refraction Clinic

Of the 5,969 children seen at periodic medical inspections, 281 required attention for visual defects. Of these, 137 were examined at the Stanhope Parade Clinic and 74 had spectacles prescribed. The routine screening of visual acuity is now carried out by the school nurses who use a Keystone Vision Screener in most schools. The opticians saw 228 children and prescribed glasses in 198 cases. This includes children referred in previous years who attended for a re-test. The incidence of visual defects and their treatment for the past two years is given below:

	1971	1970
Children seen at periodical medical inspection.....	5,969	4,908
Found to require treatment for visual defects.....	281	134
Of the above:		
examined at the Stanhope Parade Clinic..	137	76
seen by opticians.....	228	304
Other cases.....	1,035	1,270

Sanction for the repair of spectacles was made by the school medical officers in 485 cases on Form OSC 10. The Education Authority accepted liability in 120 cases, at a cost of £181.93.

ORTHOPAEDIC SERVICE

Children with orthopaedic and postural defects are referred to the local hospital where facilities for consultations, surgical procedures and physiotherapy are readily available. This arrangement has worked satisfactorily for a number of years and whilst I would normally record our gratitude to Mr. T. A. Berry, Consultant Orthopaedic surgeon for his co-operation it is with great regret I have to refer to

his untimely death in 1971. This is a sad loss to the service and to the community. He was succeeded by Mr. T. T. Win on 1st September, 1971. During the year, thirteen children were referred to the orthopaedic department - nine for foot deformities and three for other defects, and one for a spinal defect. All of these children were treated and there were no cases waiting at the end of the year.

PAEDIATRIC SERVICES

The close liaison existing between the school health service and the paediatric department of the local hospital was maintained throughout the year. Dr. M. Taylor, Consultant Paediatrician, has always been most helpful in giving the benefit of her experience and advice to the school medical service and we are greatly indebted to her.

Hospital Treatment

During 1971, the department was notified of the discharge from hospital of 1,131 children, 549 of these being under five years of age. Of the total, 259 were admitted for treatment for ear, nose and throat defects (38 under five years): 319 were treated for fractures and other results of accidents, including 63 cases of accidental poisoning (161 under five years): 125 were treated for respiratory infections (85 under five years).

Arrangements for Special Tuition in Hospital and at Home

In accordance with the provisions of Section 56 of the Education Act, 1944, arrangements were continued during the year for tuition of children who were long term patients in hospital or who were unable to attend school for long periods owing to illness. The number of children receiving tuition in hospital during the year was nine and one child also received home tuition.

SKIN CLINIC

Following the reorganisation of the school clinics in 1968, the skin clinic, as such, was discontinued and the cases

were absorbed into normal clinic sessions. Warts and verrucae previously dealt with in these clinics are now treated by the school chiropody service. Scabies still continues to give rise for concern. There were 227 cases treated as compared with 271 in 1970.

OVERWEIGHT CLINIC

Boldon Lane Clinic

Children 34

Attendances 156

Stanhope Parade Clinic

Children 17

Attendances 71

SCHOOL DENTAL SERVICE

Report of the Principal School Dental Officer

(Mr. T. W. Clarkson)

1971 saw changes in the staffing of the clinics. Mrs. Kent, dental Officer, left in May after a long period of sickness. A Senior Dental Officer was appointed to start in September and a Dental Officer to start in November. No Senior Schools were inspected at all in 1971 and it was only possible to give additional inspections to the Open Air School and one Infant School only. As a result of staff changes and a reduction in the number of sessions worked, it would be pleasant to record a reduction in the number of extractions - 751 permanent teeth extracted compared with 807 in 1970, neither is it possible to report much change in the number of emergency treatments and general anaesthetics.

With only 0.4 p.p.m. of Fluoride in the water, the state of the teeth of South Shields children is now only equivalent to national average and a major revolution in eating habits is needed before any improvement will be seen. Mr. D. T. Bennett, a Consultant Orthodontist at Newcastle Dental Hospital continued his monthly visits to the clinic at Stanhope Parade. Advice in diagnostic treatment planning forms an important part of the service but cases involving difficult surgical extractions are referred to the Newcastle Dental Hospital.

INFECTIOUS AND CONTAGIOUS DISEASES

Cases of infectious disease notified to the Health Department as occurring among school children are given in the following table.

NOTIFIABLE DISEASE IN SCHOOL CHILDREN IN 1971

Disease	Number of Cases Reported		
	Primary School	Secondary School	Total
Scarlet Fever.....	22	3	25
Whooping Cough.....	4	1	5
Measles.....	51	7	58
Tuberculosis.....			
Pulmonary.....	4	-	4
Non-pulmonary.....	-	-	-
Infective Jaundice.	7	3	10
Dysentery.....	6	1	7
Food Poisoning.....	-	1	1
Acute Meningitis...	1	-	1

MEASLES

Most of the 58 cases were notified in the first quarter of the year.

SCARLET FEVER

A total of 25 cases were notified during the year. All the cases attended primary school and were of a mild type.

INFECTIVE JAUNDICE

Ten cases were notified during the year.

DYSENTERY

Eight cases were reported of children who attended primary school and seven cases were confirmed.

TUBERCULOSIS

During the year, 4 children were notified as having respiratory tuberculosis. The following tables indicate the

present position, as compared with previous years.

TUBERCULOSIS NOTIFICATIONS

Age Group	1971		1970	
	Respiratory		Respiratory	
	Boys	Girls	Boys	Girls
5 - 9 years	2	2	-	-
10 - 14 years	-	-	1	-
Total	2	2	-	-

	Non-Respiratory		Non-Respiratory	
5 - 9 years	-	-	-	-
10 - 14 years	-	-	-	-
Total	-	-	-	-

TUBERCULOSIS NOTIFICATIONS AND DEATHS OF CHILDREN (5 to 14)

	Respiratory		Non-Respiratory	
	Notification	Deaths	Notification	Deaths
1921-25	62	17	62	14
1926-30	49	13	71	14
1931-35	35	11	65	16
1936-40	21	3	40	6
1941-45	25	2	30	5
1946-50	27	1	15	3
1951-55	27	-	7	-
1956-60	12	-	2	-
1961-65	61	-	5	-
1966	3	-	-	-
1967	2	-	2	-
1968	1	-	-	-
1969	4	-	-	-
1970	1	-	-	-
1971	4	-	-	-

TUBERCULIN TESTING OF SCHOOL ENTRANTS

The routine programme of tuberculin testing of school entrants by means of the Heaf Test was carried out during the year. A total of 1,636 children were tested, 1,378 were negative and 210 had a positive reaction. Of the positive reactors, 170 had previously been given BCG and the number of natural conversions was therefore 40. This gives an incidence of new positive reaction as 2.4%. All positive reactors were referred to the Chest Clinic at the Diagnostic Centre for further investigation. Nil cases of tuberculosis were notified from this group.

EXCLUSION FROM SCHOOL

The following rules for the exclusion of school children who are cases or contacts of infectious disease were revised in 1970. They are based on Department of Education and Science and Department of Health and Social Security Recommendations.

COUNTY BOROUGH OF SOUTH SHIELDS

EXCLUSION FROM SCHOOL OF CERTAIN INFECTIOUS DISEASES

Disease	Usual Incubation Period days	Minimum Period of Exclusion from School	
		Patients	Contacts
Whooping cough	7-10	21 days from beginning of the characteristic cough.	None
Measles	10-15	7 days after the appearance of the rash if the child appears well.	None
German measles	14-21	4 days from the appearance of the rash.	None
Rumps	12-26	Until swelling has subsided.	None
Chickenpox	11-21	6 days from the date of the appearance of the rash.	None
Streptococcal infection	2-5	Until appropriate treatment has been given	Children-no exclusion. Persons engaged in handling of food-until certified by Medical Officer of Health as free to return to duties.
Diphtheria	2-5	Until bacteriological examination is clear	Until bacteriological examination is clear.
Acute Poliomyelitis	3-21	Until clinical recovery	A minimum period of 3 weeks.
Meningococcal Meningitis	2-10	Until clinical recovery and bacteriological examination is clear.	None
Dysentery	1-7	Until declared free from infection by Medical Officer of Health	Children-no exclusion if bacteriological investigation is negative. Persons engaged in handling of food until certified by Medical Officer of Health as free to return to duties.
Infective Jaundice	15-50	7 days from onset of jaundice.	None.

VACCINATION AND IMMUNISATION

Efforts to maintain high levels of protection against communicable diseases were maintained during 1971. Particular emphasis was placed on the primary courses and booster injections of diphtheria and tetanus at school entry. Programmes for protection against tetanus of all school children and the maintenance of high levels of protection against poliomyelitis were effectively pursued.

VACCINATION AGAINST SMALLPOX

During the year, 38 children of school age received primary vaccination and 21 pupils were re-vaccinated.

VACCINATION AGAINST POLIOMYELITIS

During the year 32 children of school age received primary vaccination and 854 pupils were given a fourth reinforcing dose of vaccine.

DIPHTHERIA IMMUNISATION

Every effort continued to be made at pre-school and school entry medical examinations to check the immunisation state of each child and to ensure that appropriate primary or booster injections were given. In most cases, combined diphtheria-tetanus antigen was used. The number of school children immunised against diphtheria either singly or in combination with other antigens, was as follows:-

Primary course 31

Reinforcing doses 871

It is estimated that 76.6% of children aged 5 - 9 years have completed a course of immunisation against diphtheria in the last five years.

TETANUS IMMUNISATION

During 1971, the programme of tetanus immunisation for school children was continued, and a large number of school leavers were offered immunisation against this important disease. Primary and reinforcing immunisation was also offered as in

previous years to school entrants. The number of school children immunised against tetanus either singly or in combination with other antigens was as follows:-

Primary course 420

Reinforcing doses 891

BCG VACCINATION

In accordance with the policy of previous years, BCG vaccination was offered to children during their first year in senior schools.

No. of children offered tuberculin testing and BCG vaccination	1,635
No. of consents received.....	1,458
Percentage of consents.....	89.17%
Number who had previously had BCG.....	184
Number tuberculin tested.....	1,467
Number found to be positive(excluding those already vaccinated with BCG).....	82
Percentage of children found to be positive (excluding those already vaccinated with BCG).....	5.6%
Number vaccinated with BCG.....	1,085
Number x-rayed by mass x-ray.....	78
Number requiring further investigation after mass x-ray.....	2
Number found to be tuberculous.....	NIL

All positive reactors were followed up by a health visitor or school nurse and full details of all positive reactors were notified to the family doctor.

VACCINATION AGAINST MEASLES

During 1971, 21 school children were vaccinated against measles.

VACCINATION AGAINST GERMAN MEASLES

Senior girls born between 1st April, 1958 and 31st December, 1959, were offered protection against rubella and 1218 girls were vaccinated.

SCHOOL NURSES AND HEALTH VISITORS

The routine work of the School Health Service has continued to

be carried out by the school nurses rather than by health visitors and summary of their work is set out in the following table.

SCHOOL NURSES AND HEALTH VISITORS

1. VISITS TO SCHOOLS

(a) Routine medical inspection.....	313
(b) Vision testing.....	356
(c) Cleanliness survey.....	754
(d) Heaf Testing.....	64

2. HOME VISITS..... 242

3. CLINIC SESSIONS

(a) Minor ailments.....	520
(b) Immunisation.....	54
(c) Superannuation Medical Examination.....	48
(d) Cytology.....	7
(e) Eye Clinic.....	20
(f) Others.....	281

NURSERY CLASSES

This service is so popular that there is obviously a need for more nursery school provision. There were 113 children in nursery classes, attending half days at Harton Infant School and 7 children attended all day.. The average attendance for the year was 90.0%. Also, 40 children attended half day and 24 attended all day at School Loaning Nursery School and the average attendance for the year was 91.0%. Seasonable ailments were the main reasons for absence. There were no serious epidemics and the health of the children was good.

HANDICAPPED CHILDREN

The following is a list of categories of handicapped children giving details of educational placements and other arrangements for 1971:

1. BLIND AND PARTIALLY SIGHTED CHILDREN

There were 4 blind and 2 partially sighted children notified in the town.

At the end of the year one blind boy aged 9 attended Camphill

The special class for severely handicapped and retarded children which was formed during 1964, continued and again proved extremely successful, particularly for those children with reading difficulties. The average attendance for the year was 82% which can be considered a very good figure for this type of school.

4. EDUCATIONALLY SUB-NORMAL

(a) ASCERTAINMENT

During the year 70 children were referred by head teachers or from other sources as being educationally retarded. They were examined by an approved school medical officer and the following recommendations were made:-

	Boys	Girls	Total
Transfer to ESN School (Day).....	19	11	30
Transfer to ESN School (Residential)	4	-	4
Recommended for Remedial Teaching...	13	2	15
Decision Deferred.....	2	-	2
To remain at present school.....	4	5	9
Unsuitable for education at school..	-	4	4
To remain at ESN School.....	2	4	6
	44	26	70

(b) PLACEMENT OF EDUCATIONALLY SUB-NORMAL PUPILS

The following educationally subnormal children in the town are attending school as shown:

At Special Day Schools for the Educationally Subnormal	213
At Residential School.....	14
Awaiting Placement.....	2

(c) MARGARET SUTTON SPECIAL DAY SCHOOL FOR EDUCATIONALLY SUBNORMAL CHILDREN

This school has accommodation for 120 children and during 1971, there were 134 pupils on the roll, 89 boys and 45 girls. There were 21 new admissions (13 boys and 8 girls) and 13 children were discharged or left the school. Of those children leaving 6 were found employment and two were unemployed. The average attendance for the year was

92%.

(d) OAKLEIGH GARDENS SPECIAL SCHOOL

This School transferred from the former Health and Welfare Department to the Education Department on 1st April, 1971.

The School has accommodation for 65 children and 20 places in the special care unit for children with multiple handicaps.

During the year 11 children were admitted and 8 were discharged or admitted to the Adult Training Centre.

The number on the roll at the end of the year was 79 - 42 boys and 37 girls.

The average attendance during the year was 83%.

5. Maladjusted Children

During the year 18 children were ascertained as maladjusted and were placed as follows:-

One child Redworth School, Nr. Darlington.

Three children Feversham School, Newcastle.

Two children St. Thos. More's School, South Devon.

Two children Monken Hadley School, Newton Stewart.

One child Cotswold Chine School, Nr. Stroud.

One child Corstie Hall, School, Fife.

One child Potterspury Lodge, Northants.

One child Shotton Hall School, Nr. Shrewsbury.

One child Merton Hall School, Newton Stewart.

Four children Cleadon Park Open-Air School.

One child awaiting admission to residential school.

CAREERS SERVICE AND THE PLACEMENT OF HANDICAPPED YOUNG PEOPLE

I am indebted to the Manager of the local office of the Department of Employment for the following report:

Placing of Handicapped Young People in 1971

Although the number of handicapped young people leaving school during 1971 decreased in comparison with the previous three years, the task of finding suitable employment did

not prove to be any easier. Once again Careers Officers were able to place the Educationally Subnormal leavers in employment more easily than the physically handicapped leavers.

It was pleasing to note that two physically handicapped boys entered apprenticeship - one as a gardener, the other as a panel beater.

As in previous years, handicapped young people who were unable to find employment were invited to attend the Local Authority Occupational Centres. Following a short assessment course at the Spastics Society Centre at Bexhill-on-Sea, a girl suffering from the effects of hemiplegia is expected to be accepted for a course of industrial rehabilitation and training at the Society's Lancaster Centre.

The following tables show the position of 1971 leavers from the two special schools in the town and the types of employment entered.

	Margaret Sutton School		Cleadow Park Open-Air School		TOTAL
	Boys	Girls	Boys	Girls	
Eligible to leave during 1971	4	4	5	4	17*
Entered long term employment	3	3	2	2	10
Entered short term employment			2		2
Unemployed	1	1	1	2	5

* It should be noted that the above figures relate to pupils who left the two special schools at the normal leaving time and were interviewed by a Careers Officer prior to leaving. Pupils transferred to Secondary Modern Schools, Residential Schools, Occupational Centres etc. would not therefore be included.

TYPES OF EMPLOYMENT ENTERED BY HANDICAPPED LEAVERS DURING 1971

MARGARET SUTTON SCHOOL

GIRLS		BOYS	
Unskilled Factory Workers	3	Timberyard Labourer	1
		Factory Labourer	1
CLEADON PARK OP-AIR SCHOOL		Printer's Labourer	1

GIRLS		BOYS	
Factory Stores Assistant	1	Apprentice Gardener	1
Shop Assistant	1	Van Boy	1
		General Labourer	1
		Apprentice Panel Beater	1

SCHOOL PSYCHOLOGICAL SERVICE

Mr. I. R. McKenzie, Education Psychologist, reports as follows:

This service deals with educational and behavioural problems in schools and it is also concerned with the social adjustment of children in the school setting. The service is closely linked with the child guidance clinic and cases may be transferred from one service to the other.

During 1971, 84 children were seen in the school psychological service. These children were referred from numerous sources, probation officers, school welfare officers, youth employment officers, social workers from the Children's Department, social workers from voluntary organisations and, of course, the head teachers and their staff. There were also several referrals from health visitors and general practitioners. A further 364 children were given remedial teaching under the direction of the Educational Psychologist and the 22 part-time teachers employed in the service. The age range of these children was from 8 years to 15 years and most children attended for one hour per week. Some use was also made of the Thursday evening Child Guidance Clinic session to interview parents and to continue remedial work with young people who had left school and were working.

The service has also assisted several students from colleges

and universities by giving insight and practical experience of various aspects of the work. Although not strictly within its province the School Psychological Service also organised and supervised extra help given to four immigrant children.

CHILD & FAMILY GUIDANCE CLINIC

The clinic has four sessions per week, one session being an evening one which is very valuable for seeing parents unable to attend during the day. The evening session is also useful for seeing older children and youths who prefer to come out of school or working hours.

During the year there were 122 new cases and these can be classified as follows:

Behaviour disorders	64
Habit and psychosomatic disorders	27
Intellectual and learning problems	31

Of course many of the cases could fall into two or even all three categories. The allocation to category has been in accordance with what was considered to be the main problem.

There were 650 appointments for follow up counselling and therapy. These were for the new cases referred during the year and for some 82 cases followed up from the previous year.

The clinic team consisted of Dr. Stansfield, Consultant Child Psychiatrist, Mr. McKenzie, Educational Psychologist and health visitors Mrs. Kerrison and Mrs. Prince.

Unfortunately Dr. Stansfield retired at the end of the year and his services will be greatly missed by patients and staff alike. He had worked for nine years at the clinic and was always cheerful, considerate, patient and understanding.

CLINIC FOR MENTALLY SUBNORMAL

During the year, 31 children of school age were seen at the Diagnostic Centre, General Hospital, South Shields, where fortnightly clinics continued to be held under the

guidance of Dr. W. H. K. Carpenter, to whom we are indebted.

DEATHS AMONG SCHOOL CHILDREN

One child of school age died during 1971, the following table gives the cause of death.

Cause of Death	Boys		Girls		Total
	5-9	10-14	5-9	10-14	
Hypothalamic tumour	-	-	-	1	1
	-	-	-	1	1

The average annual deaths amongst school children and pre-school children since 1901 are shown in the following table.

Quinquennium	Under 1 Year	1 - 4 Years	5 - 14 Years	Average Annual Deaths
1901-5	539	302	101	942
1906-10	455	266	82	803
1911-15	440	268	94	802
1916-20	388	251	136	775
1921-25	318	202	92	612
1926-30	240	146	88	474
1931-35	186	100	72	358
1936-40	136	59	53	248
1941-45	127	38	36	200
1946-50	105	23	15	143
1951-55	68	12	8	88
1956-60	46	6	6	58
1961-65	41	7	5	48
1966-70	34	4	5	43
1971-72	26	4	1	31

HEALTH EDUCATION

In 1971 the comprehensive programme of health education followed the pattern of previous years in seven senior schools in the town. In addition six senior schools participated in the Child Care Course as prescribed by the National Association for Maternal and Child Welfare.

The number of schools and individual school children requesting special information or talks on various subjects appears to be increasing. All staff are encouraged to participate and we are fortunate in having some members who take a special interest in health education.

The practise of providing all school entrants with tooth-brush kits continued throughout the year and the opportunity taken of inviting the parents to the school for a short talk on dental health and oral hygiene.

APPENDIX 1

Report of the Organiser of Physical Education for 1971

Three new schools were opened during the year, namely the Ashley Road Junior and Infants, All Saints Infants and Laygate Infants. All three schools have been provided with with very good indoor facilities for physical education and two of these schools - the All Saints and Laygate Infants Schools - were replacements for very old buildings with poor facilities for physical education where the contrast between the old and the new was most marked and so appreciated all the more by both children and teachers.

The game of table tennis increases in popularity in both secondary and junior schools and to serve this increasing interest a table tennis staff coaching course for teachers arranged. The course was taken by a staff coach of the English Table Tennis Association and was well attended. This increased interest also resulted in the organisation of an inaugural schools table tennis tournament which attracted 60 entries and was most successful.

To stimulate interest in sailing in schools an introductory course in dinghy sailing for men and women teachers was held. Thanks are due to the Marine and Technical Sailing Club who kindly offered to provide both the staff and the equipment for this course.

Progress was made in competitive swimming when a full team of boys and girls representing South Shields schools competed in the area finals arranged by the Northumberland and Durham Schools Swimming Association. Two competitors - one boy and one girl - qualified to compete in the Divisional Finals and the boy gained second place in the senior boys breaststroke event and the girl third place in the senior girls breaststroke. In addition, the boy was selected as a member of the senior boys team to compete in the English Schools Championships.

Exceptionally good results were achieved in athletics when pupils from South Shields schools put up their best performance for several years in the Durham County Schools Athletics championships. Three girls achieved County titles by winning the intermediate hurdles, intermediate

high jump and senior 800 metres championships. In addition two boys and one girl were runners-up in their events, and two 3rd places, four 4th places, one 5th place and three 6th places were gained by other competitors. The girl who won the intermediate hurdles event was subsequently selected to represent Durham in the English Schools Championships at Crystal Palace.

Success was also recorded in the unusual but rapidly growing sport of trampolining when a 13 year-old girl, after winning the North-East Junior Trampolining Championship had the exceptional honour of being chosen to represent Great Britain in an international match against West Germany.

The Schools Cricket Association reported a successful season. An increased number of teams took part in the schools cricket leagues and two boys were chosen to play for the Durham County Schools XI. The Schools Netball Association also had a very active season. All girls' secondary schools competed in all four divisions of the schools netball league and all teams - an impressive total of 44 - completed all their fixtures, and in addition the usual end-of-season junior and senior tournaments were held.

SWIMMING CERTIFICATES 1971

EDUCATION AUTHORITY CERTIFICATES

Honours	16
1st Class	652
2nd Class	1044
½ mile	625
¼ mile	746
100 yards	1219
25 yards	1553
	5955

AMATEUR SWIMMING ASSOCIATION AWARDS

Personal Survival - Bronze	459
Personal Survival - Silver	309
Personal Survival - Gold	220
Personal Survival - Honours	36
	1024

ROYAL LIFE SAVING SOCIETY AWARDS

Bronze Medallion	175
Bronze Cross	37
Award of Merit	38
Preliminary Safety Award	22
Advanced Safety Award	125
Teachers Certificate	14
Diploma	2
Adv. Artificial Respiration	4
	417

APPENDIX II

SCHOOL MEALS SERVICE

During 1971 a total of 961,537 meals were supplied to school children. This figure shows a decrease of 68,346 on the previous year. Included in the total figure of meals supplied is 428,479 free meals. The number of children entitled to free meals in December, 1971 was 3,158 which is equivalent to 17% of the school population. The number of nursery meals supplied during the year was 3,904, and the average daily number of free and paid meals consumed was 5,806, which is equivalent to 34% of the school population.

Establishments

At the end of December the number of school meals establishments in operation was:-

3 Central Kitchens

25 Kitchen/Dining Rooms

18 Dining Rooms and Dining Centres

A daily average of 2,254 container meals were despatched to the dining rooms and dining centres in the town and a daily average of 3,552 were served in the Kitchen Dining Rooms.

The cafeteria service has been extended to two further schools. This offers senior pupils who wish to stay for school meals a choice of menu served in cafeteria style.

The introduction of family service for the serving of meals to children has again been extended in 1971, and the total number of dining rooms providing this service is now 21.

Milk in Schools

The number of children receiving free milk in 1971 was greatly reduced owing to the policy of H. M. Government withdrawing the supply of milk to pupils aged 7-11 years, and at December, 1971 the number receiving milk was approximately 3,800. Some 1,455,603 third pint bottles were consumed, i.e. 60,650 gallons of milk at a total

APPENDIX III

DEPARTMENT OF EDUCATION AND SCIENCE RETURNS

YEAR ENDED 31ST DECEMBER, 1971

PART I

MEDICAL INSPECTIONS OF PUPILS ATTENDING MAINTAINED AND
SECONDARY SCHOOL (INCLUDING NURSERY AND SPECIAL SCHOOLS)

TABLE A - PERIODIC MEDICAL INSPECTIONS

Age groups Inspected (by year) of Birth (1)	No. of Pupils (2)	PHYSICAL CONDITIONS OF PUPILS INSPECTED	
		Satisfactory No. (3)	Unsatisfactory No. (4)
1967 and later	106	105	1
1966	572	569	3
1965	1,100	1,099	1
1964	29	29	-
1963	20	20	-
1962	6	6	-
1961	598	597	1
1960	1,322	1,319	3
1959	586	586	-
1958	18	18	-
1957	832	828	4
1956 and earlier	780	780	-
TOTAL	5,969	5,956	13

Percentage of total found

(a) Satisfactory 99.78%

(b) Unsatisfactory 0.22%

TABLE A (2)

**PUPILS FOUND TO REQUIRE TREATMENT AT PERIODIC
MEDICAL INSPECTIONS**

(excluding dental diseases and infestation with
vermin)

Age Groups Inspected (by year of birth)	*For Defective Vision (excluding Squint)	For any of the other conditions recorded Part II	Total Individual Pupils
(1)	(2)	(3)	(4)
1967 and later	2	16	16
1966	10	55	59
1965	32	110	131
1964	-	1	1
1963	1	6	5
1962	-	-	-
1961	27	47	66
1960	84	138	200
1959	42	36	117
1958	-	2	2
1957	33	54	85
1956 and earlier	50	43	84
TOTAL	281	558	766

TABLE B

OTHER INSPECTIONS

Number of Special Inspections 875

Number of re-inspections..... 778

TABLE C

INFESTATION WITH VERMIN

- (a) Total number of individual examinations of pupils in school by school nurses or other authorised persons..... 35,167
- (b) Total number of individual pupils to be found infested..... 2,113
- (c) Number of individual pupils in respect of whom cleansing notices were issued (Section 54(2), Education Act 1944)..... 734
- (d) Number of individual pupils in respect of whom cleansing orders were issued (Section 54(3), Education Act 1944)..... 3

1956 and earlier			
1957	33	24	33
1958	5	2	5
1959	42	36	117
1960	84	62	300
1961	47	101	66
1962	-	275	-
1963	5	401	702
1964	-	1	1
1965	32	110	131
1966	32	110	131
TOTAL			
	281	228	766

TABLE A PART II
DEFECTS FOUND AT MEDICAL INSPECTION

Defect Code No.	Defect or Disease	PERIODIC INSPECTIONS							
		Entrants		Leavers		Others		Total	
		Requiring Treatment (3)	Requiring Observation (4)	Requiring Treatment (5)	Requiring Observation (6)	Requiring Treatment (7)	Requiring Observation (8)	Requiring Treatment (9)	Requiring Observation (10)
4	Skin	22	85	32	69	62	118	116	272
5	Eyes (a) Vision	42	67	79	116	157	148	278	331
	(b) Squint	14	22	1	5	7	21	22	48
	(c) Other	8	7	2	24	5	22	15	53
6	Ears (a) Hearing	18	43	12	19	28	27	58	89
	(b) Otitis Media	7	40	-	3	4	11	11	54
	(c) Other	1	7	-	3	-	5	1	15
7	Nose and Throat	26	204	2	53	13	130	41	387
8	Speech	7	61	-	11	2	30	9	102
9	Lymphatic Glands	2	34	-	7	1	29	3	120
10	Heart	1	35	1	29	4	43	6	107
11	Lungs	10	91	1	31	7	86	18	208
12	Developmental (a) Hernia	2	7	1	1	1	9	4	17
	(b) Other	1	12	-	2	3	43	4	57
13	Orthopaedic (a) Posture	-	12	-	25	2	20	2	57
	(b) Feet	9	45	13	41	20	90	42	176
	(c) Other	1	26	4	23	6	39	11	88
14	Nervous System (a) Epilepsy	-	6	-	2	3	3	3	16
	(b) Other	1	25	-	10	1	24	2	59
15	Psychological (a) Development	-	26	-	2	1	8	1	36
	(b) Stability	2	46	-	14	7	30	9	90
16	Abdomen	3	17	3	11	2	31	8	59
17	Other	31	76	18	122	126	146	175	344

TABLE B
DEFECTS FOUND AT SPECIAL INSPECTIONS

Defect Code No.	Defects or Disease	SPECIAL INSPECTIONS	
		Pupils Requiring Treatment	Pupils Requiring Observation
(1)	(2)	(3)	(4)
4	Skin.....	371	10
5	Eyes (a) Vision.....	44	1
	(b) Squint.....	1	-
	(c) Other.....	20	1
6	Ears (a) Hearing.....	17	3
	(b) Otitis Media.....	-	-
	(c) Other.....	16	-
7	Nose and Throat.....	11	3
8	Speech.....	3	2
9	Lymphatic Glands.....	-	-
10	Heart.....	-	-
11	Lungs.....	1	-
12	Development (a) Hernia.....	-	-
	(b) Other.....	2	-
13	Orthopaedic (a) Posture.....	-	-
	(b) Feet.....	6	-
	(c) Other.....	14	3
14	Nervous System (a) Epilepsy.....	1	-
	(b) Other.....	2	-
15	Psychological (a) Development...	-	-
	(b) Stability.....	2	-
16	Abdomen	2	-
17	Other.....	371	13

PART III

**TREATMENT OF PUPILS ATTENDING MAINTAINED PRIMARY
AND SECONDARY SCHOOL (INCLUDING NURSERY AND SPECIAL
SCHOOLS)**

TABLE A

EYE DISEASE, DEFECTIVE VISION AND SQUINT

	No. of cases known to have been dealt with
External and other, excluding errors of refraction and squint.....	23
Errors of Refraction (including squint).	1,130
Total.....	1,153
No. of pupils for whom spectacles were prescribed.....	1,105

TABLE B

DISEASES AND DEFECTS OF EAR, NOSE AND THROAT

	No. of cases known to have been dealt with
Received operative treatment:	
(a) for disease of the ear.....	45
(b) for adenoids and chronic tonsilitis..	45
(c) for other nose and throat conditions.	106
Received other forms of treatment.....	38
Total.....	234
Total number of pupils in schools who are known to have been provided with hearing aids:	
(a) in 1971.....	9
(b) in previous years.....	26

TABLE C

ORTHOPAEDIC AND POSTURAL DEFECTS

	No. of cases known to have been dealt with
(a) Pupils treated at clinics or out-patients departments.....	31
(b) Pupils treated at school for postural defects.....	-
Total.....	31

TABLE D

DISEASES OF THE SKIN

(EXCLUDING UNCLEANLINESS FOR WHICH SEE TABLE C OF PART I)

	No. of cases known to have been dealt with
Ringworm (a) Scalp.....	-
(b) Body.....	-
Scabies.....	229
Impetigo.....	20
Other Skin diseases.....	387
Total.....	636

TABLE E

CHILD GUIDANCE TREATMENT

	No. of cases known to have been treated.
Pupils treated at Child Guidance Clinics.....	162

TABLE F
SPEECH THERAPY

	No. of cases known to have been treated
Pupils treated by speech therapists	20

TABLE G

OTHER TREATMENT GIVEN

	No. of cases known to have been treated
(a) Pupils with minor ailments.....	129
(b) Pupils who received convalescent treatment under School Health Service arrangements.....	-
(c) Pupils who received BCG vaccination..	964
(d) Other than (a), (b), and (c) above...	-

DENTAL INSPECTION AND TREATMENT

1. Attendances and Treatment

	Ages 5 to 9	Ages 10 & over	Ages 15 & over	Total
First visit.....	1,573	1,412	222	3,207
Subsequent visits.....	886	1,333	208	2,427
Additional courses of treatment commenced.....	133	152	35	320
Fillings in permanent teeth	807	1,902	401	3,110
Fillings in deciduous teeth	957	20	-	977
Permanent teeth filled.....	756	1,884	383	3,023
Deciduous teeth filled.....	926	20	-	946
Permanent teeth extracted..	107	528	116	751
Deciduous teeth extracted..	1,835	536	-	2,371
General anaesthetics.....	555	154	5	714
Emergencies.....	435	300	51	786

Number of pupils x-rayed.....	135
Prophylaxis.....	177
Teeth otherwise conserved.....	2
Number of teeth root filled....	14
Inlays.....	-
Crown.....	3
Courses of treatment completed.	3,318

2. ORTHODONTICS

New cases commenced during year.....	25
Cases completed during year.....	21
Cases discontinued during year.....	3
No. of removable appliances fitted.....	29
No. of fixed appliances fitted.....	-
Pupils referred to Hospital Consultant..	-

3. PROSTHETICS

	Ages 5 to 9	Ages 10 & over	Ages 15 & over	TOTAL
Pupils supplied with F.U. or F.L. first time.....	-	-	1	1
Pupils supplied with other dentures first time.....	1	12	7	20
No. of dentures supplied.....	1	12	8	21

4. ANAESTHETICS

General anaesthetics administered by dental officers.. 45

5. INSPECTIONS

(a) First inspection at school - No. of pupils	10,271
(b) First inspection at Clinic - No. of pupils	1,443
No. of (a) and (b) found to require treatment	7,394
No. of (a) and (b) offered treatment	6,056
(c) Pupils re-inspected at school or Clinic	1,202
No. of (c) found to require treatment	631

6. SESSIONS

Sessions devoted to treatment.....	600
Sessions devoted to inspection.....	149
Sessions devoted to dental health education.....	-



