[Report 1969] / Medical Officer of Health, Samford R.D.C.

Contributors

Samford (England). Rural District Council.

Publication/Creation

1969

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ANNUAL REPORT

of the

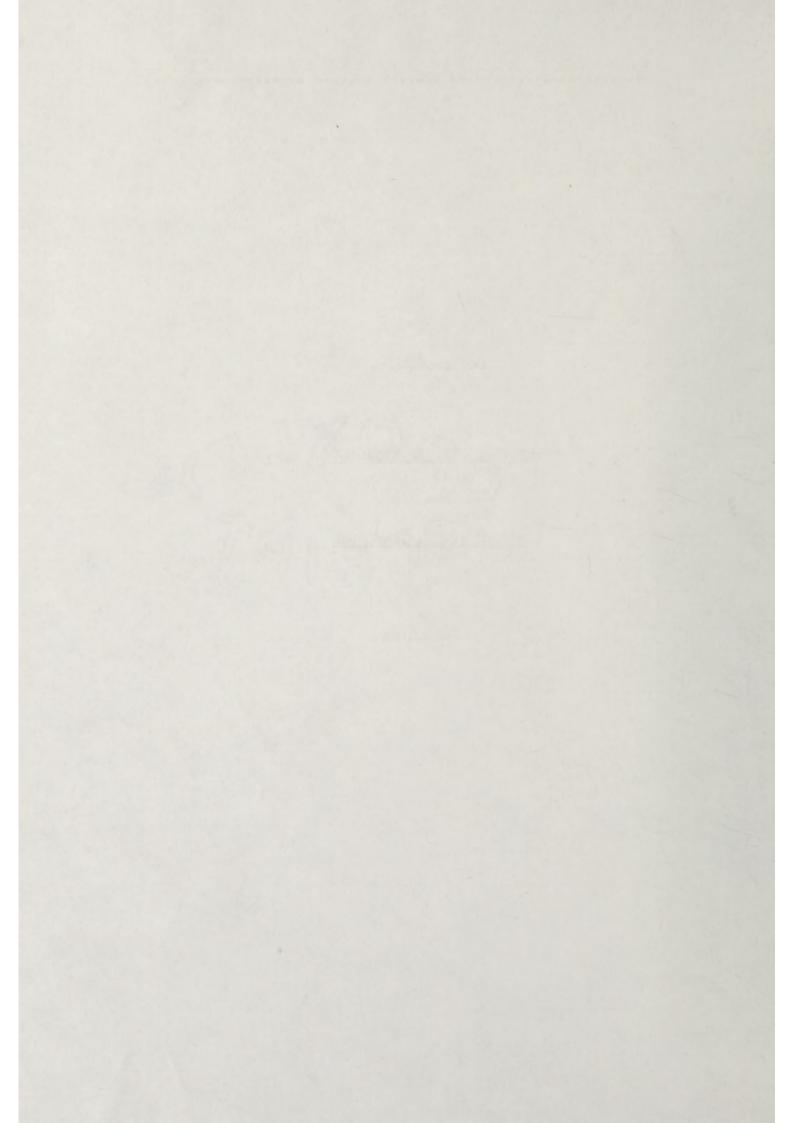
MEDICAL OFFICER OF HEALTH

and the

PUBLIC HEALTH INSPECTOR

for the

YEAR 1969



PUBLIC HEALTH OFFICERS OF THE AUTHORITY

Kathleen M. Harding M.D., D.P.H., A.K.C.

Medical Officer of Health

W. L. Brown M.R.S.H., M.A.P.H.I. Senior Public Health Inspector

D.W.J. Barker M.A.P.H.I. Additional Public Health Inspector

J.P.E. Rudd (With effect from 2/6/1969) A.R.S.H., M.A.P.H.I.

Additional Public Health Inspector

J.R. Finch

Administratvie/Technical Assistant

A.H. Cresswell

Pests Officer

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Mr. Chairman, Ladies and Gentlemen,

I have the honour to present my Annual Report for 1969.

Statistics contained therein show that the estimated population has increased from 19,930 to 20,150. There has been a slight fall in the Standardised Birth Rate but the Samford figure of 22.00 per thousand population is considerably higher than the rate for England and Wales (16.30).

Both the Stillbirth Rate (4.00) and the Infant Mortality Rate (7.00) are very satisfactory, the respective National figures being 13.00 and 18.00. Our Standardised Death Rate of 10.6 per thousand compares favourably with the National Rate of 11.90.

In the list of causes of death it will be seen that the number of persons dying of Cancer of the Lung has risen from 11 to 13. There was also an increase of 6 in the deaths from Ischaemic (coronary) Heart Disease, making a total of 60.

It is now well established that heavy cigarette smoking over a period of years is a very significant factor in the causation both of Lung Cancer and Coronary Heart Disease. Some members of the Public have heeded the warning but there are many others who choose to ignore it. The feeling that "it can't happen to me", and the fact that it takes a number of years of heavy smoking before the disease develops, lulls people into a false sense of security.

Yet both Lung Cancer and Coronary Thrombosis strike when a man is in the prime of life, when he has many business and family responsibilities, when he can least be spared. These are two diseases which the individual can do a great deal to prevent. What a tragedy it is that the citizen does not face up to his responsibilities and take the necessary action. It is not a complicated procedure - just to cut down or stop cigarette smoking.

Turning now to the notifiable infectious diseases, it is interesting to see a fall in the number of cases of Measles from 120 in 1968 to 30 in 1969. Of course, many more cases of Measles occur which are not notified, but allowing for these it is evident that Measles was not so prevalent in Samford last year. The cause for this may be found further on in the Report under the heading "immunisations and Vaccinations" which records that 163 children received Vaccination against Measles during the year.

The next disease on the list of those against which protection has just been made available is German Measles (or Rubella). It is generally mild, but if an expectant mother catches it during the early stages of pregnancy there is a serious danger that her baby may be born with deafness, affected sight, or some other disability.

It has been recommended that vaccination against German Measles should be made available first to girls between the ages of 11 and 14 years with priority for girls aged 13 years. Immunisation is carried out by means of one injection.

A woman in the older age group could be considered for vaccination provided that she was not pregnant at the time of the injection or did not become pregnant for two months after the injection. Such persons would be advised by their family doctor, and Local Education Authorities have been asked to make special arrangements for the immunisation of girls between the ages of 11 and 14 years. Let us hope that all parents will co-operate in this project. Anyone who has come into contact with a partially hearing or partially sighted baby will know what a tragedy this can be both for the child and its parents. Schoolgirls and their parents now have the means of preventing these tragedies in the future.

I should like, in conclusion, to thank the Chairman and Members of the Public Health Committee for their continued support during the past year. I am also very grateful to Mr Brown and all the staff of the Public Health Department for their loyalty and enthusiastic undertaking of the many tasks which fell to their lot during the year.

I am, Yours faithfully,

K M HARDING Medical Officer of Health.

1. GENERAL STATISTICS

Area Estimated Population (Registrar General's figures)		45,02	9 acres 20,150
Inhabited houses Rateable value at 31st March 1970 Sum represented by a penny rate 1970		£	6,361 704,089 £2,850
2. VITAL STATISTICS			
(a) Live Births	М.	F.	Total
Legitimate Illegitimate	136 10	127	263 18
	146	135	281
Crude Birth Rate per 1,000 population (Samford) Comparability factor Standard Birth Rate =	nod - 4		13.90 1.51
Crude rate x comparability factor Live Birth Rate - England and Wales Ratio of local adjusted birth rate to national ra	te		21.00 16.30 1.29
(b) Still Births	М.	F.	Total
Legitimate Illegitimate	1	100-1	1
1116g101m206	C June 1		
	981-98	- 1	1
Still Birth Rate per 1,000 total live and still " " England and			4.00 13.00
(c) Infant Mortality (deaths of infants under 1 year)	<u>M.</u>	<u>F.</u>	Total
Legitimate	1	1	2
Illegitimate	continue of the	-	or retro
	1	1	2
Neonatal Deaths (deaths of infants under 4 weeks of age)	М.	<u>F.</u>	Total
Legitimate Illegitimate	1 -	1 -	2 -
	1	1	2
Infant Mortality Rate per 1,000 live births (Sam	ford) d and Wale	S	7.00 18.00
(d) Deaths	<u>M.</u>	F.	Total
Total Deaths Crude death rate per 1,000 population (Samford) Comparability factor Standard death rate =	114	95	209 10.40 1.02
Crude rate x comparability factor Death Rate - England and Wales Ratio of local adjusted death rate to national r	ate		10.60 11.90 0.89

3. CAUSES OF DEATH

	M.	F.	TOTAL 1969	TOTAL 1968
Enteritis and other Diarrhoeal Diseases		1	1	-
Other Tuberculosis - including late effects	1	-	1	10/2
Other Infective and Parasitic Diseases	-	- 00		1
Malignant Neoplasam - Buccal Cavity etc.	2	-	2	_
" - Oesophagus	1	100- 6	1	-
" - Stomach	1	3	4	2
" - Intestine	3	6	9	-
" - Lung, Bronchus	8	5	13	11
" - Breast	000	2	2	5
" - Uterus	-	1	1	4
" - Prostate	3	1142	3	_
Other Malignant Neoplasms	4	2	6	25
Leukaemia	-	-	-	2
Benign and Unspecified Neoplasms	-	1000	10 OLIA	2
Diabetes Mellitus	1	-	1	2
Other Endocrine etc. Diseases	-	- 8	THE STATE OF	1
Mental Disorders	.1	1	2	2
Other Diseases of Nervous System, etc.	_	1	1	3 4 6
Chronic Rheumatic Heart Disease	1	2	3	4
Hypertensive Disease	2	-	2	6
Ischaemic Heart Disease	33	27	60	54
Other forms of Heart Disease	5	3	8	3
Cerebrovascular Disease	10	20	30	35
Other diseases of Circulatory System	7	1	8	8
Influenza	-	20110	Foll amile	8 2
Pneumonia	10	10	20	20
Bronchitis and Emphysema	6	_	6	12
Asthma	_	-	1	1
Other Diseases of Respiratory System	2	1	3	1
Peptic Ulcer	-	1	1 1	2
Intestinal Obstruction and Hernia	_	-	_	1
Cirrhosis of Liver	1	-	1	-
Other Diseases of Digestive System	2	1	3	1
Nephritis and Nephrosis	5 -000	1	1	3
Hyperplasia of Prostate	1	-	1	1
Other Diseases - Genito-Urinary System	_	-	-	3 1 5
Diseases of skin - Subcutaneous Tissue	-	1	1	_
Diseases of Musculo-Skeletal System	1	1	2	-
Congenital Anomalies	-	-	-	2
Birth Injury, Difficult Labour etc.	1	1	2	-
Motor Vehicle Accidents	2	dell - Street	2	1
All Other accidents	3	4	7	1
Suicide and Self-inflicted Injuries	3 2	_	2	2
All Other External Causes	-	-	2 300	1
			Land Table	
	114	95	209	225
		1		

4. COMPARATIVE STATISTICAL TABLE FOR PAST FIVE YEARS

	1965	1966	1967	1968	1969	ENGLAND & WALES
Estimated Population	18,730	19,300	19,880	19,930	20,150	-
Total Live Births	278	308	273	297	281	and and
Crude Birth Rate	14.85	15.96	13.70	14.90	13.9	16.3
Standardised Birth Rate	19.89	21.38	22.68	22.50	21.0	16.3
Deaths of Infants under 1 yr	6	2	5	4	2	10101
Infant mortality rate	21.59	6.49	18.00	13.00	7	18.00
Total Deaths	269	226	197	225	209	ng-n0
Crude Death Rate	14.36	11.71	9.90	11.30	10.4	11.9
Standardised Death Rate	9.34	10.07	10.89	11.86	10.6	11.90

5. MONTHLY NOTIFICATIONS OF NOTIFIABLE DISEASES (Excluding Tuberculosis)

25 15	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOA	DEC	TOTAL
Measles	3	14	8	1	1	1	-	2	-v	-	-	-	30
Infective Jaundice	1	1	2	-	-	-	-	-	1	1	-1-81	- 1	6
Scarlet Fever	1.	-	4	2	3	-	90	-	-	1	_1	3	15
Dysentery	-	-	1	-		-	-	-	1	-	-	-Web	2
Whooping Cough	-	-	-	-	-	2	Line	Nog.	- 1111	-		-	2
Acute Poliomyelitis	-	-	-	-	-	-	p=270	-1	-141	1	-	5120	1
TOTAL	5	15	15	-3	4	3	-	2	2	3	1	3	56

NOTIFIABLE DISEASES (Excluding Tuberculosis)

AGE DISTRIBUTION

- 200	0-	1-	2-	3-	4-	5-9	10-14	15-24	25 Over	Age Unknown	TOTAL
Measles	1	6	1	2	5	12	-	1	1	1	30
Infective Jaundice	-	-	-	-	-	-	3	2	1	electrical	6
Scarlet Fever	-	-	1	-	1	6	5	2	1324 do		15
Dysentery		-	1-	-	1	-		-	-	-	2
Whooping Cough	-	1	-	1	-	-	100	-	-	- Transc	2
Acute Poliomyelitis	-	-	-	- 9	-	1,-	2 - , 1	1		10 to 2 to 10 to 1	1
TOTAL	1	7	3	3	7	18	8 -	6	2	1	56

6. NOTIFIABLE DISEASES (Excluding Tuberculosis) TOTALS FOR PAST FIVE YEARS

	1965	1966	1967	1968	1969
Scarlet Fever	26	2	4	26	15
Whooping Cough	7	-	1	40	2
Diphtheria			-	-	-
Measles	176	44	101	120	30
Pneumonia	6	4	7	28	-
Dysentery	_	-	13	2	2
Acute Poliomyelitis - Non-paralytic	- 1	-	-	-	-
Acute Foliomyelitis - Paralytic	-		-	034 328	1
Infective Hepatitis	-	-	-	8	6
Food Poisoning	4	-	-	1	-
Meningococcal Infection	-	1	-	5	-
Erysipelas	-	1	-	3	-

7. TUBERCULOSIS

(a) Number of cases on Register at beginning of year

(Figures corrected by the Chest Clinic, East Suffolk County Council)

MAL	ES	FEM	IALES	TOTAL
Pulmonary	Non-Pulmonary	Pulmonary	Non-Pulmonary	
16	4	3	. 3	26
Three cases	recovered during	the year. (Three male pulmona	ry)

(b) Tuberculosis Notifications during past five years

MALE	1965	1966	1967	1968	1969
Pulmonary	1	1	3	2	-
Non-Pulmonary	-	mode-1	-	1	-
FEMALE					
Pulmonary	0 -	1	2	- (1)	-
Non-Pulmonary	-		2	-	-

8. IMMUNISATIONS

(Details kindly supplied by the County Medical Officer)

	PRIMARY	BOOSTERS
Diphtheria	6	22
Tetanus	51	145
Diphtheria/Tetanus	24	284
Diphtheria/Whooping Cough/Tetanus	159	166
Poliomyelitis - Salk Vaccine	1	2
- Sabin Vaccine	199	594
Measles	163	72

9. VACCINATION AGAINST SMALLPOX

Primary Vaccinations
Re-vaccinations

150

120

10. FACTORIES ACT, 1961

In accordance with the Ministry of Health Circular 1/70, Appendix II is set out as follows:

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH IN RESPECT OF THE YEAR 1969 FOR THE RURAL DISTRICT OF SAMFORD IN THE COUNTY OF EAST SUFFOLK

Prescribed Particulars on the Administration of the Factories Act, 1961

PART I OF THE ACT

1. INSPECTIONS for purposes of provisions as to health (including inspections made by the Public Health Inspectors).

	Number	- N	umber of	
Premises (1)	on Register (2)	Inspections (3)	Written Notices (4)	Occupiers Prosecuted (5)
(i) Factories in which Sections 1, 2, 3, 4	26	2 1986		15
& 6 are to be enforced by Local Authorities	2	6	- 10	-3
(ii) Factories not included in (i) in which Section 7 is enforced by the	est ve bil	pala Cibella	Date()	30.1
Local Authority	37	38	-	- and and a second
(iii) Other premises in which				culuitét 7
Section 7 is enforced by the Local Authority			Assert Laborer	Digither
(excluding out-workers' premises)	15	23	-	Political Contract of the Cont
a been paratysta epi		salecay godat		6
TOTAL	54	67	-	Rolling N

2. Cases in which DEFECTS were found:-

			f cases in ts were fou		Number of cases in
Particulars			Refe	rred	which prosecutions
The Care Spirit	Found	Remedied	To H. M. Inspector	By H. M. Inspector	were insti- tuted
(1)	(2)	(3)	(4)	(5)	(6)
Want of cleanliness (S.1.)	etan ad relegad	1-1	1 - 0 1 - 0 1 - 0 1 - 0	respections	(22)
Overcrowding (S.2.)	1 0012E	gingly of	the recess	a apraeli	(vi) _
Unreasonable Temperatures (S.3.)	1	1	ood evad m	Lipsia ontic	or of asign=1
Inadequate ventilation (S.4.)	Marry Sales	or staying	- 9 3	1101 ZE 111	THE 4s) I
Ineffective drainage of floors (S.6.)	destat e destat e debou de	ty a-sob s	to be unbed	hard sist	nuedi lo noliggan ar edi-lo eduizahan
Sanitary Conveniences (S.7.)	ADE LES TO SES Espaces	So han a	et adrenie et adrenie et al		
(a) Insufficient	1	1	-	-	4.
(b) Unsuitable or defective	-	-	-	-	- 1
(c) Not separate for sexes	-	-	-	-	-
Other offences against the Act (not including offences relating to outwork)	Page	-	erdal Gurya erdald yapa 0.50 papah	retigerkat	breertains)
TOTAL	2	2	-	-	-

PART VIII OF THE ACT - OUTWORK (Sections 133 and 134) Nil

REPORT OF THE PUBLIC HEALTH INSPECTOR

(In accordance with Circular 1/70 Ministry of Health Dated 1st January, 1970) SERVICES UNDER THE PUBLIC HEALTH ACTS

"Para. 5" Water Supply

1. (a) PUBLIC SUPPLIES

The sources of the water used in the public mains are:-

- (i) The two borewells at the Water Treatment Station at Lower Raydon.
- (ii) The borewell at Wenham Airfield.
- (iii) Wells at Stoke-by-Nayland The Melford R.D.C. (Supplying Shelley Priory).
- (iv) Ipswich Borough Public Supply (Elton Park).
- (v) In an emergency, water from the South Essex Waterworks Company.

18 routine samples have been taken and analysed during 1969 - All results of analyses state that the waters are of excellent quality.

(b) PRIVATE SUPPLIES

34 samples were taken from private water supplies during the year, 26 of these were found to be unsatisfactory. Some of the unsatisfactory supplies were found as a result of samples taken as supporting evidence of the unfitness of houses being dealt with under the survey now being undertaken in the District.

The private supply of the Royal Hospital School, Holbrook, has been sampled regularly during the year and copies of the reports sent to the responsible department. In one case, the sample showed evidence of minor pollution, possibly caused by the ingress of a bird into the storage tanks. Subsequent samples proved satisfactory.

1. (c)

The number of dwelling houses and population receiving a public supply are:-

The success of the	Direct to the Houses	By means of stand- pipes.	Population (est.) Supplied.
Arwarton Belstead Bentley Brantham Burstall Capel St. Mary Chattisham Chelmondiston Copdock East Bergholt Freston Harkstead Higham Hintlesham Holbrook Holton St. Mary Raydon Shelley Shotley Sproughton Stratford St. Mary Stutton Tattingstone Washbrook Wenham Magna Wenham Parva Wherstead Woolverstone	44 78 272 551 59 384 39 393 143 792 62 126 56 164 322 68 139 16 656 370 143 298 138 139 54 7 124 88	6 8 36 13 1 20 7 42 10 28 1 - 28 16 3 2 2 2 2 2 2 6 2 5 4 1 1 1 2 5 4 1 1 1 2 1 2 1 2 1 2 1 3 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	164 242 807 1,573 170 1,143 132 1,233 432 2,338 176 331 158 535 952 202 400 51 3,830* 1,057 410 839 533* 422 204 20 360 669*
TOTAL	5,725	278	19,383

^{*} Includes Shotley (H.M.S. Ganges) 1,900; Tattingstone (St. Mary's Hospital) 130 and Woolverstone (London County Council Grammar School) 420.

1. (d) FLOURIDE CONTENT

(Figures kindly supplied by the Ipswich Corporation Water Undertaking)

Raydon Pumping Station. No 1 Bore 0.65 p.p.m. No. 2 Bore 0.80 p.p.m. Wenham Auxiliary Pumping Station 0.90 p.p.m.

1. (e) PREVENTITIVE MEASURES AGAINST WELL WATER CYANOSIS Number of notifications from County Council = 67 Number receiving mains supply presumed safe = 64 Sampled and found safe = 2 Sampled and found unsafe (doubtful) = 1

"Para, 6" Sewerage and Sewage Disposal

2. (a) EXISTING SEWERS

Parishes of: - Brantham (including East End), Capel St. Mary, Chelmondiston, Copdock, East Bergholt, Hintlesham, Holbrook, Shotley, Washbrook.

(b) PARTLY SEWERED, FURTHER EXTENSIONS CONTEMPLATED

Parishes of: - Bentley, Harkstead (including Lower Holbrook), Sproughton, Woolverstone.

2. (c) PARTLY SEWERED, NO FURTHER EXTENSIONS CONTEMPLATED

Parishes of: - Arwarton, Wenham Magna

2. (d) NOT SEWERED BUT WHOLE OR PARTIAL SEWERAGE INTENDED

Parishes of:- Belstead, Burstall, Higham, Holton St. Mary, Raydon, Stratford St. Mary, Stutton, Tattingstone, Wherstead.

(e) NOT SEWERED AND NO SEWERAGE CONTEMPLATED

Parishes of: - Chattisham, Freston, Shelley, Wenham Parva.

"Para. 9" Services Under the Food and Drugs Act, 1955

58

(a) MILK SUPPLIES

Examination of Milk Samples (Figures kindly supplied by East Suffolk County Council.)

Statutory 27
Chemical Analysis 16
Biological 38

Milk Ring Tests 58

Antibiotics

Positive 2 Satisfactory 56

3. (b) THE LIQUID EGG (PASTEURISATION) REGULATIONS 1963

There are no pasteurisation plants in the District.

3. (c) FOOD HYGIENE (GENERAL) REGULATIONS 1960

- (i) The number of food premises, by type of business in the District.
- (ii) The number of visits made.

(i)	No. of Premises	(ii)	No. of Visits	Defects Found	<u>Defects</u> <u>Removed</u>
	1	Bakehouse	1	(21)	-
(i)	16	Butchers' shops & mobile shops	28	1	1
	23	Cafes, canteens, etc.	15	1	1
	5	Fish fryers & mobile shops	9	(1.5)	-
	51	Grocers' shops & mobile shops	68	3	3
	55	Ice-cream premises	52	1	1
	51	Licensed premises	32	Elli-	-
	17	Milk distributors, etc.	28	A the - trying	- 1-
	1	Knackers yard	4		-
	220	Amelia Const. vol. box-	237	6	6

3. (d) POULTRY INSPECTION

There are no poultry processing plants in the District.

4. HOUSING, PUBLIC HEALTH AND OTHER RELATED WORKS

Brief outline of the work carried out during the year:-

4.	(a)	HOUSING ACTS, 1957 - 64							
		No. of houses inspected	3,226*						
		No. found unsatisfactory in any respect	786*						
		No. rendered fit by:-							
		(i) Informal action	17						
		(ii) Formal action	-						
		(iii) Repair of unfit houses	-						
		No. demolished or closed:-							
		(i) Demolition Order	3						
		(ii) Informal action	Fish faye						
		(iii) Closing Order	147110-0-0						
		(iv) Undertakings not to re-let	Hamilton Wall						
		No. of families rehoused from unfit houses	7						
		New houses erected:-							
		(i) By Local Authority	35						
		(ii) By Private Enterprise	119						
		No. of properties improved by Improvement Grants:-							
		(i) Discretionary	6						
		(ii) Standard	72						
		* These totals include preliminary housing carried out in 19 parishes.	g survey work						
4.	(b)	PUBLIC HEALTH ACTS, 1936 - 61							
		Complaints received and investigated 28 Resolved by:-							
		(i) Formal action	-						
		(ii) Informal action	26						
4.	(c)	OFFICES, SHOPS & RAILWAY PREMISES ACT, 1964							
		No. of premises on the Register	43						
		No. of visits made	104						

4.	(d)	CARAVAN SITES AND CONTROL OF DEVELOPMENT ACT, 196	0
		Number of caravan sites licensed Number of visits made	22 45
4.	(e)	ANIMAL BOARDING ESTABLISHMENTS ACT, 1963	
		Number of establishments licensed Number of visits made	5 9
4.	(f)	PETROLEUM REGULATIONS, 1928 AND 1936	
		Number of premises licensed Number of visits made	80 51
4.	(g)	PREVENTION OF DAMAGE BY PESTS ACT, 1949	
		Nonlan of amendana based for sola and since	

Number of premises treated for rats and mice:-

(i) Dwelling houses 1,275 (ii) Other premises 122

4. (h) REFUSE COLLECTION AND DISPOSAL

Type of collection - Backdoor - Skep system
Frequency of collection - weekly in all parishes
Method of disposal is by controlled tipping at two refuse
tips, one at Chelmondiston and one at Sproughton.

4. (i) SALVAGE COLLECTIONS FOR 1969

Annual table of tonnages collected and prices realised

The following table shows in detail the quantity and prices realised for the various items of salvaged materials collected and sold during 1969. The table for 1968 is also shown for comparison.

	1969				1968					
	Tons	Cwts.	£	s.	d.	Tons	Cwts.	£	s.	d.
Waste Paper - Mixed.	131.	16.	1,198.	2.	0.	150.	7.	1,231.	2.	9.
Waste Paper - Newspaper.	141.	18.	1,521.	15.	0.	128.	8.	1,190.	14.	7.
Waste Paper - Fibreboard	142.	17	1,631.	5.	0.	109.	6.	1,128.	10.	3.
Scrap Iron - Heavy	8.	1.	44.	4.	2.	7.	2.	39.	2.	4.
Scrap Iron - Light	15.	12.	15.	12.	3.	2.	15.	2.	15.	6.
Brass		1.	1.	14.	0.		1.	2.	0.	10.
Aluminium		2.	1.	16.	8.		6.	4.	3.	0.
Rags	10.	2.	100.	16.	9.	9.	15.	97.	6.	10.
Sacking	2.	13.	25.	17.	11.	2.	11.	15.	5.	2.
String and Rope		5.	1.	1.	6.		6.	1.	4.	6.
Stock in hand	453. 27.	7· 13.	4,532. 294.	5.	3.	410.	17. 13.	3,712. 196.	5. 17.	9.
TOTAL	481.	0.	4,826.	11.	3.	433.	10.	3,909.	2.	11.

1969 has proved to be yet another record year for the salvage compaign, particularly in the collection of the various grades of waste paper. Taking our stocks into account at the end of the year, we have achieved nearly a 10% increase over the 1968 collection.

Competition is still keen from the itinerant dealers, especially in the field of scrap metal and rags. The householders, shop keepers and others, including the men, are therefore to be congratulated in doing such a fine job, and in sustaining the pressure year in and year out.

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