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# BOROUGH OF RYE





I

# ANNUAL REPORT

# of the

# **Medical Officer of Health**

# for the Year 1963

by

M. I. SILVERTON, O.B.E., T.D., Q.H.P., M.R.C.S., L.R.C.P., D.P.H., F.R.S.H.

BOROUGH OF RYE

With the Comptiments of the Medical Officer of Health

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To the Mayor, Aldermen and Councillors of the Borough of Rye.

I have the honour to present the Annual Report of the Medical Officer of Health for 1963.

The statistics reveal that the health of the Borough compares favourably with the rest of England and Wales.

The Borough's water undertaking, originated in the 16th century and modernised over the intervening years, was taken over by Hastings Corporation on 1st April, 1963, the resultant service continued to give satisfaction.

I am obliged to the Chief Public Health Inspector who has supplied the statistical information relating to the sanitary circumstances of the Borough included in this report. It will be noted that his appointments include those of Borough Surveyor and Town Planning Officer and I once again stress the demanding nature of these duties which necessarily restrict the time which could be profitably spent in the public health field.

I am obliged to the Town Clerk and other Officers for their courtesy and co-operation.

I am grateful to the Mayor, Alderman and Councillors for their stimulating interest and support.

Your obedient servant,

M. I. SILVERTON

Medical Officer of Health.

The Watch Oak, BATTLE, Sussex

Telephone: Battle 2214 - 2217.



BOROUGH OF RYE

# STAFF

Medical Officer of Health:

M. I. SILVERTON, O.B.E., T.D., Q.H.P., O.St.J., N.R.C.S., L.R.C.P., D.P.H., F.R.S.H.

(also Medical Officer of Health to the Rural District of Battle and School Medical Officer to East Sussex County Council)

Chief Public Health Inspector, Surveyor, Town Planning Officer, and until 31st March, 1963 Water Engineer:

> E. E. EVANS, M.R.S.H., M.A.P.H.I (Until 31.7.1963)

R. J. CONNOLLY, M.I.P.H.E., C.R.S.I (From 30.8.1963)

Water Superintendent:

H. ROOK (Until 31.3.1963)

The staff of the Battle Rural District Public Health Department carry out all the clerical work of the Medical Officer of Health.

# STATISTICS RELATING TO THE BOROUGH OF RYE

Area of the Borough in acres. . . . . . . 1,021 Population (Registrar-General's estimate for mid-year). . 4,370

# Analyses of Rateable Values

		valuation March, 1963		lustion il, 1963
Domestic properties	·· £39,	780 53.9%	£102,849	60.3%
Commercial properties	£17,8	399 24.2%	€38,974	22.8%
Industrial properties	·· £3,	162 4.3%	€9,499	5.6%
Other properties	•• £13,0	17.6%	£19,329	11.3%
	\$73,8	362 100 %	€170,651	100 %
Sum represented by a pe	nny rate		£676	
	190	51	1962	<u>1963</u>
Number of rateable prem as at 1st April		18 1	1,988	2,447

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> M. R. BIARD, N.M.B.R.R. M.A.P.B. I (Detil 31.7.1943)

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# BURTHS AND BIRTH RATES

Live Births:				Still Births:			
	Male	Female	Total		Male	Female	Total
Legitimate Illegitimate	31	27 2	58 2	Legitimate Illegitimate	3	Ξ	3
	31	29	60		3	-	3
					Rye	Borough	England & Wales
Live Birth R			home pop	ulation (crude).		13.7)	18.2

Still birth rate per 1,000 births (live and still)47.617.2\*Still birth rate per 1,000 home population...0.680.3

A stillbirth is defined as any child which has issued forth from its mother after the 28th week of pregnancy, and which did not at any time after being completely expelled from its mother, breathe, or show any signs of life.

\* lowest rate recorded.

Illegitimate birth rate per 1,000 live births..33.369.0Illegitimate birth rate per cent of total live births3.37.2

Live births registered in England and Wales in 1963 totalled 856,232; this is the highest number since the 1947 "bulge" year when 886,820 babies were born.

#### DEATHS AND DEATH RATES

	Rye Borough	England & Wales
Deaths of infants under 1 week (Perinatal)	Nil	10,498
Death rate of infants under 1 week per 1,000 live and still births	Nil	12.1
Deaths of infants under 4 wocks (Neonatal)	Nil	12,176
Death rate of infants under 4 weeks per 1,000 live births	Nil	14.2*
Deaths of infants under 1 year of age	1	18,043
Death rate of infants under 1 year per 1,000 live births	16.6	21.1*
Maternal mortality rate per 1,000 live and still births	Nil	0.2

\* Lowest rate recorded.

#### PETER READE AND DESCRIPTION

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A stillight in defined as any shild which has issued forth from the mother after the 20th work of promoney, and which the act at any time after being completely expelled from its perior, treather, or show any algos of 1100.

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Disettinate birth rate per cont of total live births 2.3 1.4 1.4

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Di	(4) EATHS			
Borough of Rye		Engl	land and Wale	88
Males 30) 60 Females 30)		<u>Males</u> Females	292,466) 280,415)	572,881
Death rate per 1,000 population Corrected death rate	13.7 11.5	12.2		

# DEFAILED CAUSES OF DEATH

Cause of Death	Sex	Total All Ages	Under 1 Year	1-14	15-24	25-34	35-44	45-54	55-64	65 and over
Tuberculosis, other than respiratory	MF	-	-	-	-	-	-	-	-	- 1
Malignant Neoplasm, Lung Bronchus	MF	1	-	-	-	-	-	-	-	1
Malignant Neoplasm, Breast	MF	-	-	-	-	-	-	- 1	-	- 2
Other Malignant and Lymphatic Neoplasms	M F	56	-	-	-	-	-	1	-	4
Leukaemia, Aleukaemia	M F	1	-	-	-	-	-	-	-	1
Vascular Lesions of Nervous System	M F	35	-	-	-	-		-	- 2	3
Coronary Disease, Angina	M F	8	=	-	-	=	=	Ξ	3	5
Other Heart Disease	M F	36	-	-	Ξ	-	=	Ξ	-	36
Other Circulatory Disease	M F	-	-	-	-	-	-	-	- 1	-
Influenza	M F	-	-	-	-	=	-	Ξ	-	-
Pneumonia	M F	32	1	-	-	-	-	-	-	2
Bronchitis	M F	3	-	-	-	-	-	1	-	2
Other Defined or Ill- Defined Diseases	M F	3-	-	-	-	-	-	-	1 -	2 -
TOTAL ALL CAUSES	M F	30 30	1 -			-	-	2 4	43	23 23

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MAIN CAUSES OF DEATH

	1961	1962	1963
(i) Diseases of the heart and circulatory system (Coronary disease)	17 (23.%) 12 (16.%)	15 (26.8%) 5 (8.9%)	23 (38.3%) 13 (21.6%)
(ii) Vascular lesions of the nervous system	18 (25.3%)	10 (17.8%)	8 (13.3%)
(iii) Malignant neoplasms (Cancer) (Cancer of lung and	13 (18.3%)	12 (21.4%)	15 (25%)
bronchus)	4 (5.6%)	3 (5.3%)	1 (1.6%)
(iv) Respiratory diseases (excluding tuberculosis)	8 (11.2%)	8 (14.3%)	8 (13.3%)

DEATHS FROM SPECIFIC CAUSES AND RATES PER 1,000 POPULATION

the state of addition and state state	Boro	ugh of Rye	England	and Wales
	No. of deaths	per 1,000 population	No. of deaths	per 1,000 population
Tuberculosis (respiratory)	Nil	Nil	2,613	0.05
Tuberculosis (other)	1	0.22	. 349	0.06
Influenza	1	0.22	3,214	0.07
Bronchitis	3	0.68	35,334	0.75
Pnoumonia	5	1.14	36,065	0.76
Poliomyelitis	Nil	Nil	7	0.00
Coronary and arterio- sclerotic heart disease	13	2.97	107,865	2.29
Cancer of the lung, trachea and bronchus	1	0.22	24,422	0.52
Cancer, all forms	15	3.43	102,380	2.19
Motor vehicle accidents	Nil	Nil	6,353	0.13
All other accidents	Nil	Nil	12,240	0.26

DEATHS - 65 YEARS OF AGE AND OVER

	Bo	rough of 1	Rye	London (England and Wales not available)		
	1961	1962	1963	1961	1962	1963
Total deaths	71	56	60	37,915	38,346	39,590
No. of deaths 65 years and over	54	42	46	25,691	26,025	26,769
Percentage of total deaths	76.0	75.0	76.6	67.7	67.8	67.6

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DEATHS FROM CANCER, ENGLAND AND WALES

		<u>1961</u>	1962	1963
Cancer, all forms	Males	53,441	54,716	55,180
	Females	46,474	46,854	47,200

# LUNG CANCER AND SMOKING

Lung Cancer deaths in England and Wales

	1960	1961	1962	1963
Males Females	18,882 3,118	19,460	20,278	20,742
	22,000	22,810	23,779	24,422

The risk of contracting lung cancer would appear to be proportionate to the number of cigarettes smoked.

Non-smokers between 45 and 54 are three times more likely to survive the next ten years than the heavy smoker.

Between 1920 and 1962 sales of cigarettes in the United Kingdom rose from 36,000 million to 110,000 million, similarly deaths assigned to lung cancer rose from 592 to 23,779 and over half of these deaths occurred in the age groups 45-65, in the prime of life.

It is considered that 80-90% of deaths from lung cancer are associated with heavy cigarette smoking and that this one factor far outweighs the effects of atmospheric pollution or occupational exposure.

Both the Royal College of Physicians of London and the Advisory Committee of the Surgeon-General of the United States have come to similar conclusions in associating cigarette smoking with the increased incidence of lung cancer. In view of this weight of evidence one must advise that cigarette smoking is a direct menace to health and that the habit should be combated by allevailable means, this applies in particular to children and young persons.

It is noted that the Ministry of Health has issued guidance to hospitals to assist them in discouraging smoking both for out-patients and in-patients.

The economic loss to the country has been assessed at £800 million per year, this includes absence from work and the increased mortality of smokers, the loss of productivity being comparable to the loss to the nation by strikes throughout the year.

There is also a higher mortality amongst smokers for cardio-vascular diseases including coronary disease.

The Children and Young Persons Act, 1963, will come into force on 1st February, 1964, and will increase the penalties for the selling of tobacco or cigarette papers to persons apparently under 16 years of age, maximum fines will now be £25 for the first occasion and £50 subsequently. Similarly a Court Order can require the removal of an automatic vending machine from a position where it can be used by persons under 16 years with heavy daily fines for non-compliance. <u>Bronchitis</u> is responsible for 33,000 deaths in England and Wales and loss of 27 million working days, here both cigarette smoking and air pollution play their parts.

(6)

The risk of sectors the larg senser while sprent to be propertionate to

Ens-androre between 45 and 54 are three three these that a note that to envire the

Determine 1920 and 1962 addee of signrettee in the United Kingdos roam free 36,000 million to 110,000 million, similarly jestim analyzed to long omning rea from 532 to 23.779 and over helf of these tistim ecourted in the age groups 45-65, in the prime of life.

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		1962		1963			
	Male	Female	Total	Male	Female	Total	
Coal gas poisoning	442	629	1,071	481	738	1,219	
Other poisoning	242	273	515	285	281	566	
Falls	1,234	2,871	4,105	1,282	2,882	4,164	
Burns and scalds	271	520	791	302	586	888	
Choking and suffocation	291	226	517	273	220	493	
Other accidents	219	140	359	230	193	423	
	2,699	4,659	7,358	2,853	4,900	7,753	

ACCIDENTS IN THE HOME - ENGLAND AND WALES

Those affected were usually under 5 years or over 65 years of age; these accidents were almost wholly preventable with the exercise of foresight and care.

It is salutary to reflect that accidents in the home account for a higher percentage of child mortality than accidents on the roads and the trend is still upward.

# MOTOR VEHICLE DEATHS

England and Wales

				Male	Female	Total
1959	 	 	 	4,414	1,612	6,026
1960	 	 	 	4,754	1,889	6,643
1961	 	 	 	4,753	1,881	6,634
1962	 	 	 	4,519	1,784	6,303
1963	 	 	 	4,589	1,764	6,353

There were no deaths from this cause within the Borough of Rye during 1963.

#### MOTOR CYCLE DEATHS IN 1963 England and Wales Male Female Total Under 5 years ... ... 2 7 5 15 - 24 years ... ... 724 679 45 25 years and over ... ... 415 36 451 1,099 83 1,182

The age group 15 - 24 appears to be especially vulnerable in riders and pillion passengers and emphasises the necessity for wearing crash helmets, a proven life saver and injury limiting measure.

It will be observed that about 10% of the motor vehicle deaths occurred in motor cyclists, this pinpoints the need for more safety education in school, particularly in youths.

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<u>Natural</u> Variation	6 +	+ 15	- 4	9+	+ 2	- 12	- 6	- 1	- 20	- 1	
Death Fate Bugland & Wales	11.4	11.3	11.7	11.7	11.5	11.7	11.6	11.5	12.0	11.9	12.2
Corrected Death Rate	11.1	11.3	9.6	9.4	11.0	12.4	12.3	11.1	13.8	11.0	11.5
1 hs Total	99	99	56	50	58	65	64	58	11	56	60
Total Death F	29	37	26	21	27	35	33	28	31	26	8
M	37	29	30	29	31	30	31	30	40	30	30
Birth Rate England & Wales	15.5	15.2	15.0	15.6	16.1	16.4	16.5	17.1	17.4	18.0	18.2
Corrected Birth Rate	17.7	18.1	11.6	12.6	13.5	12.0	13.2	12.9	11.7	12.8	16.1
Total re Births 7 Total	75	81	52	56	60	53	58	57	51	55	60
Total Live Bir	38	47	8	27	32	28	27	23	24	29	29
M	37	\$	22	29	28	25	31	¥	27	26	31
Estimated Population	4,570	4,600	4,570	4,550	4,520	4,470	4,470	4,480			4,370
Year	1953	1954	1955	1956	1957	1958	1959	1960	1961	1962	1963

The Corrected Birth and Death Rates pay due regard to the increased proportion of aged persons within the Borough of Rye as compared with England and Wales.

The requisite correction is achieved by using a comparability factor which is provided annually by the Registrar General. The natural variation is the difference between births and deaths but having no regard to the influx cf new residents.

Natural increase in England and Wales

The number of births registered in 1963 exceeds the deaths by 283,251 - the second highest natural increase for any year since 1948 (307,073).

	Pulmonary cases			llon-	pulm	ionary Is	Total Cases (all forms)		
Stores at Seven	M	F	Total	M	F	Total	М	F	Total
1. Number on Register at 1st January, 1963	23	4	27	5	4	9	28	8	36
2. Cases previously removed and ro-notified in 1963	-	-	-	-	-	-	-	-	-
3. Primary notifications received in 1963	-	-	-	-	_	_	-	-	-
<ol> <li>Cases moved into Borough as transfers in 1963</li> </ol>	-	-	-	-	-	-	-	-	-
Totals	23	4	27	5	4	9	28	8	36
5. Cases removed from Register in 1963*	1	-	1	-	-	-	1	-	1
6. Number on Register at 31st December, 1963	22	4	26	5	4	9	27	8	35

\* Reason for removal - Left Borough

# MASS MINIATURE RADIOGRAPHY

. The result of the survey carried out in the Borough of Rye in September, 1963, is shown below:-

Number	of Persons	X-rayed
Male	Femalo	Total
332	376	708

Abnormal Films

Films	Male	Female	Total	
Tuberculosis requiring occasional clinical supervision	1	0	1	
Cardio-vascular lesions (Congenital)	1	0	1	
Cardio-vascular lesions (Acquired)	2	5	7	

It will be observed that Mass Miniature Radiography not only discloses early tuberculous lesions but other abnormal conditions of the heart and lungs which are amenable to treatmont.

As in other health investigations, it is vitally important to treat any deviations from health as soon as possible; early diagnosis makes successful treatment more likely.

Every endeavour must be made to encourage more people to take advantage of this valuable public health measure.

No appointment, no undressing, no segregation of sexes, no charge and the whole procedure is completed within minutes. A personal confidential report is forwarded by post.

This is the first occasion in 15 Annual Reports compiled by me that no new cases of tuberculosis have been discovered within the Borough. This is indeed a milestone and a matter for congratulation, it is hoped that this trend will continue.

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# COMPARATIVE STATISTICS FOR THE YEARS 1958-1963 1st January - 31st December

	1958	1959	1960	1961	1962	1963
Scarlet fever	3	1	4	4	2	-
Measles	115	10	6	162	2	6
Pneumonia	8	7	2	10	5	2
Erysipelas	2	2	4	-	-	4
Whooping cough	23	1	4	-	1	31
Puerperal pyrexia	1	1	2	1	-	-
Ophthalmia neonatorum	- 1	-	-	-	1	-

# SEASONAL INCIDENCE OF INFECTIOUS DISEASES DURING 1963

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTALS
Pnoumonia	-	-	1	-	-	-	-	1	-	-	-	-	2
Measles	-	1	-	2	3	-	-	-	-	-	-	-	6
Whooping cough	-	-	-	-	-	-	-	15	7	5	2	2	31
Erysipelas	-	-	-	-	-	-	-	2	-	-	2	-	4
TOTALS	-	1	1	2	3	-		18	7	5	4	2	43

# CASES OF INFECTIOUS DISEASES IN AGE GROUPS, 1963

	Pneumonia	Measles	Whooping cough	Erysipelas	Totals
Under 1 year		-	-	-	-
1 - 2 years	-	1	5	-	6
3 - 4 years		2	9	-	11
5 - 9 years	-	1	13	-	14
10 - 44 years	-	2	4	-	6
45 - 64 years	2		-	3	5
65 years & over	-	-	-	1	1
TOTALS	2	6	31	4	43

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CONTROL DEPARTURE DEPENDENCE DE L'ONNELLER LA MORALE

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# (11)

# DICIDENCE OF INFECTIOUS DISEASES

# Policmyelitis

	Engl	England and Wales					
	Correct	Corrected Notifications					
	Paralytic	Non-Paralytic					
1952	2,976	1,571	338				
1962	212	59	18				
1963	39	12	7				

Oral prophylactic vaccine, by its ease of administration, has consolidated the success achieved by the former method of injection. A course comprises three doses given at intervals of 4 - 8 weeks.

No case of policmyelitis has been recorded in this Borough for the past ten years.

# Diphtheria

We have continued to be free from this infection for the past 18 years. Immunisation is the controlling factor and 100% is the aim.

#### Measles

In 1962 two cases and in 1963 six cases were notified in the Borough. This small incidence in successive years will no doubt be followed by a great increase in 1964.

A time lag of 2 years allows for the emergence of a new susceptible community who will be vulnerable to this infection.

### Whooping cough

The favourable trend of decreased incidence noted in past years was reversed in 1963, there being 34,736 notifications in England and Wales as against 8,185 in 1962.

However, immunisation would appear to be effective in controlling and minimising adverse effects.

# Scarlet fever

No notifications in 1963.

### Typhoid fever

One case of typhoid fever imported from Zermatt, Switzerland, occurred in a resident of a neighbouring parish. He made a complete recovery and there was no evidence of spread.

All the general practitioners in the Borough were alerted and returning travellers from known infected areas were bacteriologically sampled with negative results.

The local press was most helpful in allaying anxiety and relaying advice on personal hygiene.

#### Dysentery

Imported bulked liquid egg has been a suspected source of salmonellae infection in this country for some years.

Regulations under the Food and Drugs Act, 1955, made it obligatory for all liquid egg including imports to be pastourised as from 1st January, 1964.

#### PRODUCT OF DIFFERENCES DIST.

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PERIOD OF EXCLUSION IN CERTAIN INFECTIOUS DISEASES MINISTRY OF EDUCATION RECOMMENDATIONS

<u>,                                     </u>			Poriod of ex	clusion
•	Usual Incubation period (days)	Interval botween enset and appearance of rash (days)	<u>Pationts</u>	Contacts, i.e.the other members of the family or household living together as a family, that is, in one tene- ment
SCARLET FEVER AND STREPTOCOCCAL SORE THROAT	1–7	1-2	Exclude from school for 7 days after discharge from hos- pital or home iso- lation. Not allowed back if discharge from the nose or car, sore throat or septic spots be present.	Adult contacts engaged in school meals service excluded until Medical Officer of Health allows return to work. Other contacts, if healthy, need not be excluded.
DIPHTHERIA	2-7	-	Until pronounced by a medical practi- tioner to be free from infection.	At least 7 days. Return to school should not be permitted until bacteriological exami- nation has proved nega- tive.
MEASLES	7–14	3-4	10 days after the appearance of the rash if the child appears woll.	Children under 5 years of age who have not had the disease should be excluded for 14 days from the date of the appearance of the rash in the last case in the house. Other contacts can attend school. Any contact suffering from a cough, cold, chill or red eyes should be immediately excluded.
GERMAN MEASLES	5–21	0-2	7 days from the appearance of the rash.	None.
WHOOPING COUGH	6–18	-	28 days from the beginning of the characteristic cough.	Children under 7 years who have not had the disease should be ex- cluded for 21 days from the date of enset of the disease in the last case in the house.
MUMPS	12-28	tanian of	7 days from the sub- sidence of the swelling.	Nono.
ÇHICKEN POX	11–21	0-2	14 days from the dato of appearance of the rash.	None.
INFLUENZA AND THE COMMON COLD	1–2	-	Exclude immediately for 7 days or until recovery is complete.	Nonc.
RINGWORM OF THE BODY (including ATHLETE'S FOOT)	oxcludod	. He should r of ringworm	can be kept covered, t not, however, take part of the feet - in gymna	he patient need not be in swimming - nor in stic classes or bare-

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# VACCINATION AND IMMUNISATION

The percentage of children born in 1962 who were immunised at 31st December, 1963, by the East Sussex Local Health Authority are compared with England and Wales:-

12 1	Children born 1962		
	Diphtheria	Whooping cough	Poliomyelitis
Local Authority	79	78	63
England and Wales	65	64	53

# SMALLPOX VACCINATION

		Local Health Aut	thority's Rec	ords	
	1962		1	1963	
	Primary	Revaccination	Primary	Revaccination	
Under 1 year	54	-	8	-	
1 year	2	-	7	-	
2 - 4 years	10	10	1	-	
5 - 14 years	40	35	-	2	
15 years and over	61	303	-	33	
	167	348	16	35	

The routine vaccination of children was recently considered by the Minister of Health in consultation with the Standing Medical Advisory Committee who jointly recommended that routine vaccination be continued and preferably given in the second year.

The Public Health (Aircraft) Regulations have been amended and from 1st August, 1963, all travellers coming directly by air from local infected areas and endemic areas will be required to produce an international certificate of vaccination.

Medical Officers at seaports have similar powers but mainly in respect of infected ships.

In 1963 there were 15,156 more cases of smallpox recorded throughout the world than in 1962; air transport increases the risk of spread.

International Certificates of Vaccination against Smallpox authenticated in this office for travel abroad:-

			Primary	Revaccination
1961	 	 	2	37
1962	 	 	5	98
1963	 	 	19	54

# (13)

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The percentage of colligen born in 1962 who were intentied at 31 m December, 1963, by the Bart Beser local Secien Anthority are ompared with Degland and Valent-

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(ER)

#### GENERAL PROVISION OF HEALTH SERVICES FOR THE BOROUGH

(A) PROVIDED BY THE EAST SUSSEX COUNTY COUNCIL UNDER THE AEGIS OF THE COUNTY MEDICAL OFFICER OF HEALTH

(i)(a) Ambulance Service

RYE Sub-station, Conduit Hill (Telephone Rye 3395) having 4 full-timers and 2 ambulances (including 1 dual purpose vehicle) and serving the parishes of

> Beckley Camber East Guldeford Iden

Icklesham Northiam Peasmarsh Playden

Rye Foreign Rye Harbour Udimore Winchelsea Town Winchelsea Beach

in addition to the Borough of Rye.

(b) Hospital Car Service

The Hospital Car Service is provided by the joint organisations of the British Red Cross Society and the St.John Ambulance Brigade. The Area Transport Office for this district is at 8, Endwell Road, Bexhill-on-Sea (Telephone 152).

(ii) Care of Expectant and Nursing Mothers and Children under School age

(iii) Contraceptive Advice

Subject to the limitation that advice is only given where prognancy or childbirth is liable to be injurious to the health of the mother, arrangements are made for contraceptive advice to be given to married women at a clinic arranged by Hastings Corporation.

(iv) District Nurses (Midwives) and Health Visitors

(v) Home Help Service

This service is much appreciated and is of great assistance in avoiding hospitalisation and institutionalism, particularly for those elderly persons desirous of remaining in their own homes.

(vi) Infant Welfare Centre

The Infant Welfare Centre is held on the 1st, 2nd and 4th Thursdays in overy month at the Clinic, Ferry Road, Rye.

(vii) Immunisation and Vaccination Service

A clinic is held on the 2nd Thursday in every month at the Clinic, Ferry Road, Ryc, also on 3rd Monday in each month at the same address from 5 - 6 p.m, for oral policyelitis protection only.

B.C.G Vaccination sessions against tuberculosis are held at schools for children aged 13 years attended by an Assistant County Medical Officer.

- (viii) Montal Health Sorvice
  - (ix) Registration of Nursing Homes (Nil in the Borough of Rye)
  - (x) School Dental Service
  - (xi) <u>School Medical Service (\*routine medical examinations including</u> the assessment of handicapped pupils)

\* Delegated duties to your Medical Officer of Health, who also acts as School Medical Officer.

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# GENERAL PROVISION OF HEALTH SERVICES FOR THE BOROUGH (Continued)

(15)

(B) PROVIDED BY THE EAST SUSSEX COUNTY COUNCIL WELFARE DEPARTMENT

Homes for the Agod

Furze House, Flimwell, Ticchurst Grey Friars, Winchelsea.

# (C) HOSPITALS

The following are the main hospitals providing accommodation and treatment for residents in the Borough of Rye :-

> Darvell Hall Hospital, Robertsbridge. Battle Hospital, Battle. Memorial Hospital, Rye Foreign. Royal East Sussex Hospital, Hastings (including V.D.Clinic). Mount Pleasant Isolation Hospital, Hastings. St.Holen's Hospital, Hastings. Fornbank Maternity Home, Hastings. Buchanan Hospital, St.Leonards-on-Sea. Eversfield Chest Hospital, St.Leonards-on-Sea. Hellingly Hospital, Hellingly. Pembury Hospital, Pembury. Hill House, Rye Foreign.

Administered by the South-East Metropolitan Regional Hospital Board through their respective Hospital Management Committees.

# Blood Transfusion Service

The National Blood Transfusion Service visits Rye periodically.

More local publicity should be given to this valuable Service. Stamped addressed leaflets for volunteer donors are available at this Council's offices. (D) <u>PUBLIC HEALTH LABORATORY SERVICE</u>

The Fublic Health Laboratory Service is a free national laboratory service designed to assist all those concerned in the diagnosis, prevention and control of communicable diseases. The benefits are not limited by health authority hospital region or other administrative boundary. These facilities are available to all doctors, both for the submission of specimens and for consultation.

Gamma globulin, prepared from pooled plasma from normal healthy adults by the Lister Institute for the Ministry of Health, is distributed to doctors in England and Wales through laboratories of the Public Health Laboratory Service. Requests for supplies, which are restricted, should be made personally to Doctor J. E. Jameson, Director, Public Health Laboratory, Royal Sussex County Hospital, Brighton (Telephone Brighton 63506).

# Disease Rubolla

# Available

Women exposed to infection in the first 4 months of prognancy

Protection is immediate providing no rash has appeared and lasts 2 - 3 weeks, no side effects. Optimum prevention is up to first week after exposure.

# Usual dosago

1,500 mg.divided into 2 doses (one in each buttock). (No need for refrigeration)

/Measles



# GENERAL PROVISION OF HEALTH SERVICES FOR THE BOROUGH

# (D) FUBLIC HEALTH LABORATORY SERVICE (Continued)

Disease		Available	Usual dosage
Measles	(i)	Children suffering from intercurrent illness or living in a poor environ- ment for whom an attack of measles would be dangerous.	Under 2 years - 250 mg. (preventive dose)
	(ii)	All older children needing prophylaxis	An attenuating dose of 250 mg.

A small stock of gamma globulin prepared from blood of persons recently vaccinated against smallpox is held for the treatment of cases of generalised vaccinia, accidental vaccinal infections endangering the eye and in special circumstances, for the protection of unvaccinated smallpox contacts.

Other types of vaccine, anti-toxins and serums are not in stock, but information may be obtained from the Director.

I am obliged to Doctor Jameson and his staff for their willing help at all times.

- (E) NATIONAL ASSISTANCE ACT, 1948
  - (i) <u>Section 47: Removal to Suitable Premises of Persons in Need of Care</u> and Attention

Fortunately, I have been able to avoid using this Section.

(ii) Section 50: Burial or Cremation of the Dead

No action was necessary.

(F) HOME PHYSIOTHERAPY SERVICE

The Home Physiotherapy Service continues to provide a qualified physiotherapist with a completely equipped van for treatment of the incapacitated.

The cost of maintaining the van and physiotherapist is estimated to be £1,350 per annum.

This charitable service is fully employed and much appreciated by patients who are accepted for treatment on referral by their medical practitioners or hospital consultants.

(G) NATIONAL SOCIETY FOR THE PREVENTION OF CRUELTY TO CHILDREN

Liaison maintained.

(H) FAMILY PLANNING ASSOCIATION

Designed to advise married people on the spacing and limitation of families, including involuntary storility and minor gynaccological ailments.

The nearest clinic is at Acacia Villa, 357, Seaside, Eastbourne (Telephone: Eastbourne 6788).

(I) MARRIAGE GUIDANCE COUNCIL

Problems related to marital relationships. Appointments Secretary, Hastings and District, Telephone Hastings 6162.

/(J) EASTERN CO-ORDINATION COMMITTEE


### GENERAL PROVISION OF HEALTH SERVICES FOR THE BOROUCH (Continued)

#### (J) EASTERN CO-ORDINATION COMMITTEE

This Committee is composed of representatives from National, Local Government and voluntary bodies, covering the Local Authority areas of Battle and Hailsham Rural Districts and the Boroughs of Rye and Bexhill.

It is concerned with the care of children in families where conditions may be adverse.

The Children's Officer of the East Sussex County Council is thus mainly concerned but all members use their best endeavours to arrive at a reasonable solution in each case.

Your Medical Officer of Health is a member of this Committee, which meets monthly at Bexhill Town Hall.

### (K) MEALS ON WHEELS

The Women's Voluntary Service provided 922 meals to old persons in 1963, with a subsidy of ninepence per meal from Rye Borough Council.

The regular contact with the individual voluntary worker delivering the meal is much appreciated by the recipient. This service makes a significant contribution to the physical well-being and mental health of the elderly, who in many cases, live isolated and lonely lives.

#### WATER SUPPLY

On 1st April, 1963, the Borough water supply was taken over by Hastings Corporation Water Undertaking.

All water supplied to Rye was treated and chlorinated and the same high standard of purity and adequate quantity was continued throughout the year.

No bacteriological reports on raw water were made available to this Authority.

#### Plumbo-solvency

None of the water supplied to this Borough is plumbo-solvent. Sampling

Fortnightly samples of treated water were submitted to the Laboratory for bacteriological examination, all were found to be uniformly satisfactory. <u>Fluoride content</u>

The fluoride content was found to be 0.1 parts per million, this falls far below the optimum level of 1 p.p.m which is advised by leading authorities as being necessary to prevent the decay of teeth in the young child.

In July, 1963, the Public Health Committee passed a recommendation in favour of fluoridation of water supplies. When presented to the Council this recommendation was lost by the casting vote of the Mayor.

### (17)

# ALCONO DE DE DISTURS SELLES ED DESERVOIT SANDER

(1) RESTRICT CO-ON DELETING (1)

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## MILK PRODUCTION

(18)

Tuberculin Tested and non-designated farms in the district surrounding the Borough of Rye

	Tubercul	Tuberculin Tested Milk		ignated milk
	Fams	Percentage	Farms	Percentage
1956	239	67.51	115	32.49
1957	281	81.21	65	18.79
1958	309	91.42	29	8.58
1959	327	95.34	16	4.66
1960	319	97.25	9	2.75
1961	319	98.76	4	1.24
1962	294	98.7	4	1.3
1963	286	99.3	2	0.7

The reduced number of milk producing farms is due in some measure to the creation of larger units. Milk production has not been affected.

### Sampling of Milk Supplies

24 samples of milk were taken for laboratory examination and passed the prescribed tests.

### Brucellosis

All milk, both pasteurised and raw, produced in England and Wales, will in future come from attested hords which have been subjected to Tuberculin testing.

Human brucellosis (Undulant fever) is predominantly milk-borne and so the drinking of raw Tuberculin Tested milk can be a potential hazard to health.

When brucellosis is isolated from a particular cow, the farmer is ordered to send that milk for pasteurisation, thus removing the possibility of infection. The farmer can, without let or hindrance, sell this cow on the open market and need not disclose its infectivity. This sequence of events contributed to a severe outbreak of undulant fever in another county when an infected Guernsey was unwittingly introduced into a herd of 24 Guernseys who were supplying raw milk for retail sale.

There is no doubt that much undisclosed illness is caused by drinking raw milk. Legislation could avoid this mode of dissemination of disease but the Central Authority seems curiously leath to take action.

Eradication of brucellosis in cows is possible and has been achieved in Scandinavia. Apart from limiting ill-health, this could result in a saving to the farming community of England and Wales of an estimated £16,000,000 per year. <u>Antibiotics in Milk</u>

The giving of antibiotics to cows results in some excretion in the milk, this could be dangerous to health and would not be in accordance with the warranty that the milk should be pure.

Incoming milk to dairies will in future be tested for antibiotics, laboratory staffs are being trained in the techniques of testing, facilities are as yet not universal.

By arrangement with the Public Health Laboratory Service, all milk submitted by this Department for biological testing will additionally be subjected to a test for antibiotics.

The restored pusher of allk producted farms is too in one measure to the creation of larger estre. Milk profestion has not hood affacted.

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FOOD HYGIENE

Total number of food premises in Borough of Rye	<u>1962</u> 104	<u>1963</u> 104
Number fully inspected	27	43
Number of informal notices served	1	5
Notices complied with by end of the year	1	5

These inspections are of paramount importance in raising and maintaining our standards of food hygiene. This ensures that the inhabitants and visitors to this attractive town will not suffer adverse effects from patronising our catering establishments.

Any lack of adequate facilities for providing a wholesome supply of food is immediately brought to the notice of the owner. The opportunity is also taken to emphasise the necessity for observing the rules of personal cleanliness at all times and in particular, when handling food.

Shops classified according to their main trades:-

Butchers
Greengrocers 5 Confectionery and sweets 5 Cafes with cake shops 7
Confectionery and sweets 5 Cafes with cake shops 7
Cafes with cake shops 7
Shops selling milk 12
Bakehouses 4
Liconsed premises (hotels and inns) 18
Hotels, guest houses and cafes 17
Canteens (industrial, etc) 5
Schools - Infants 1
Primary 1
Secondary Modern 1
Grammar 1
Private 2
105

#### Ice Cream

There are 29 premises registered under Section 16 of the Food and Drugs Act, 1955, for the sale of ice cream, which is all sold pre-packed. Examination of Meat and Other Foods

The following foods were inspected during the year and certified as unfit for human consumption :-

				Stones	lbs	OZS
Mcat					6	0
Meat (canned)				3	10	8
Fruit (canned)				1	1	14
Fish (canned)		••			1	8
Vegetables (canned)		••			3	4
Confectionery		••			6	0
Fish - 4 dozen scal	llops	••	••			
				6	1	2

These happentime are of paramount importance in valuing and maintaining our stradgets of food hypicus. This manyas that the inhibitants and visitors to this attractive town will not malter attaine efforts from patents. Ising our establishmedia.

Any ince of second facilities for graviting a abelesses supply of food in incetablely brought to the notice of the const. The experimety is also before to explanetes the necessity for observing the rules of personal block is cons at all these and is perticular, when headling foot.

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There are 3 president registered under Scotten 16 of the Food and right Lot, 1955, for the sale of ice cream, which is all sold pro-particul.

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### ACTION UNDER PUBLIC HEALTH AND HOUSING ACTS

(21)

The following information is in accordance with the requirements of the Ministry of Health -

### 1. Inspection of dwellinghouses during the year

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(i)	(a)	Total number of dwellinghouses inspected for housing defects (under the Public Health or Housing Acts)			3
	(b)	Number of inspections made for this purpose			24
(ii)	(a)	Number of dwellings (included under subhead (i) above) which were inspected and recorded under the Housing Consolidated Regulations, 1926 and 1932			-
	(b)	Number of inspections made for this purpose			-
(111)		Number of dwellinghouses found to be in a state so dangerous or injurious to health as to be unfit for human habitation			-
(iv)		Number of dwellinghouses (exclusive of those referred to under the preceding sub-heading) found not to be in all respects reasonably fit for human habitation.			-
		of Defects during the year without service of Notice			
		Number of defective dwellinghouses rendered fit in consequence of informal action by the Local Authority or their Officers			3
	Pro	under Statutory Powers during the year ceedings under Sections 9, 10 & 12 of the			
		sing Act, 1957:-			
	(1)	Number of dwellinghouses in respect of which notices were served requiring repairs			-
	(ii)	Number of dwellinghouses which were rendered fit after service of Formal Notices :-		,	
		<ul><li>(a) By owners</li><li>(b) By Local Authority in default of owners</li></ul>			-
(	iii)	Number of dwellinghouses acquired and subsequentl rendered fit by the Local Authority	у		-
(B)	Pro	ceedings under the Public Health Acts :-			
	(1)	Number of dwellinghouses in respect of which notices were served requiring defects to be remedied.			-
	(ii)	Number of dwellinghouses in which defects were remedied after service of Formal Notices:-			
		<ul><li>(a) By owners</li><li>(b) By Local Authority in default of owners</li></ul>			-
(c)		ceedings under Sections 16 and 17 of the sing Act, 1957:-			
		Number of representations, etc., made in respect of dwellinghouses unfit for habitation			-
	(ii)	Number of dwellinghouses in respect of which Demolition Orders were made			-
(	iii)	Number of dwellinghouses demolished in pursuance of Demolition Orders			-

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	ACTION UNDER THE PUBLIC HEALTH AND HOUSING ACTS (continued)
(iv)	Number of dwellinghouses in respect of which undertakings were accepted from owners:-
	<ul> <li>(a) to render the house fit for habitation</li></ul>
(v)	Closing Orders under the Housing Act, 1957
(vi)	Number of dwellinghouses in respect of which undertakings were accepted from owners which have since been made fit
(D) Pro	occeedings under Section 18 of the Housing Act, 1957 Nil
	HOUSING: LOCAL AUTHORITY AND PRIVATE
	Now Dwellings
	New dwellings erected during 1963:
	<ul> <li>(a) By the Council Nil</li> <li>(b) By private enterprise 1</li> </ul>
	Dwellings in course of erection at 31st December, 1963 5
	Accommodation under the letting control of the Council as at 31st December, 1963:-
	Assisted Schemes - Pre-war houses 115
	Assisted Schemes - Post-war houses and flats 360
	Expired Leases - Pre-1914 houses
	Applicants on Council's Housing List at 31st December, 1963 70

### COMPARATIVE TABLE - PRIVATE ENTERPRISE AND LOCAL AUTHORITY

Year	Private Ent	Private Enterprise				
IGar	New dwellings	Conversions	Local Authority New dwellings			
1951	7	6	39			
1952	-	)	12			
1953	2	Not )	28			
1954	1	known	10			
1955	2	}	28			
1956	2	5	-			
1957	2	2	4			
1958	2	2	68			
1959	1	-	-			
1960	2	-	-			
1961	2	2				
1962	2	-	38			
1963	1	2	-			

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### HOUSING - IMPROVEMENT GRANTS

<u>Discretionary Grants</u> are given at the discretion of the local Council whereby up to half the estimated cost of a wide range of improvements may be paid, subject to a maximum grant of £400.

### Discrotionary Grants

	Applications received					•••	6	
	Applications withdrawn						1	
	Properties approved for	gran	ts				5	
nal	ysis of the 5 approved pr	opert	ies					
	Owner/occupier 4:			Ton	ante	đ	1	
	Improvements						5	
	Conversions						-	

In this year the ratio is 80% owner/occupied and 20% tenanted properties. The grants have proved to be a potent factor in raising the standard of living conditions.

> Total amount of Discretionary grants approved in 1963.... ... ... ... ... £1,597. 0. 0d. Average grant per dwelling .... £319. 0. 0d. Number of applications approved and completed in 1963 .... Nil Number of applications approved in previous years and completed in 1963.... 4

Standard Grants enable house owners and certain leaseholders to obtain, as a right, half the cost, up to a maximum grant of £155, of providing five basic amenities - a bath or shower in a bathroom, a wash-hand basin, a water closet, a hot water supply and a food store.

This is an excellent measure with a twofold virtue, conserving existing housing in the Borough with a raising of housing standards by the provision of essential amonities.

#### Standard Grants

Applications received		••	••	••	10
Properties approved for 6	grants				9
Applications withdrawn					1
Total amount of Standard approved in 1963					£1,165. 0. Od

Ten properties were provided with the following amenities at a total cost of £1,139. 0. 0d:

Baths or showers in	bath	room	s	 	 5
Wash-hand basins				 	 8
Hot water systems				 	 9
Water closets				 	 7
Food stores				 	 3

It will be appreciated that the total amount of grants paid in the current year, must of necessity relate to grants made in previous years, the works having been completed in the year 1963.

Both Discretionary and Standard grants are available to landlords and owner/occupiers. An explanatory leaflet can be obtained at the Council's Offices, free of charge.

### (23)

#### SLAUGHTERHOUSES

There is no slaughterhouse in this Borough.

Hastings County Borough, the Boroughs of Rye and Boxhill and the Rural District of Battle have combined to construct and maintain a slaughterhouse in Hastings. Building will commence in early 1964.

#### PREVENTION OF DAMAGE BY PESTS ACT, 1949

The number of properties inspected in 1963

(a) as a result of complaint .. .. .. .. .. 153

Number of properties treated by Local Authority.. .. .. 278

Number of visits by Rodent Operative .. .. .. .. 537

The Council employs one Rodent Operative on a part-time basis. His duties include inspections and treatments of the town sewers, private properties and the Council's refuse tip.

No major infestations were reported during 1963.

#### SEWERAGE AND SEWAGE DISPOSAL

The scheme for re-sewering the Borough and the provision of a sewage disposal works commenced in June, 1962. The contract work for the laying of the new sewers and building the sewage disposal works has proceeded very satisfactorily through the year, and by the middle of 1964 all sewage will be treated and the effluent discharged.

#### REFUSE COLLECTION AND DISPOSAL

The refuse collection service has been fully maintained on a weekly basis.

The life of the refuse tip is shortening and it will be necessary to make arrangements outside the Borough within the next two years.

Waste paper is not collected for resale but is burned on the tip. Scrap metal is collected and sold when available, no income from this source during 1963.

#### PUBLIC CONVENIENCES

Toilets, urinals and washing facilities are provided at :-

Tower Street The Strand Cricket Salts

Toilets and urinals without washing facilities are provided at :-

Gun Garden

#### (24)

#### STATE OF LOT AND ADDRESS OF

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### FACTORIES ACT, 1961

### 1. Inspections

	Number	Number of					
Promises (1)	on Register (2)	Inspections (3)	Written notices (4)	Occupiers prosecuted (5)			
<ul> <li>(i) Factories in which Sections 1,</li> <li>2, 3, 4 and 6 are to be enfor- ced by Local Authorities</li> </ul>	9	3	-	-			
<ul> <li>(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority</li> </ul>	43	5					
<pre>(iii) Other premises in which Section    7 is enforced by Local Author-    ity (excluding out-workers'    promises).</pre>	-	-	-				
Totals	52	8	-	-			

There are no outworkers under Section 110(1)(c).

### INDUSTRIES

The numbers engaged in the main industries located in the Borough are given below :-

		As at	31st Deco 1963	omber,	As at 31st December 1962	
	1-10-1	Male	Femalo	Total	Total	
Aerated Water Manufacturers		5	3	8	8	
Bodding Makers		2	1	3	3	
Builders		108	2	110	110	
Catoring and Bakories		16	44	60	55	
Cattle Market		1	-	1	1	
Cinema		4	7	11	14	
Coal merchants		9	3	12	9	
Corn Chandlers		16	3	19	20	
Dairymen		14	7	21	20	
Engineering works		278	18	296	296	
Furniture removers		11	2	13	13	
Hotels		26	33	59	50	
Laundries		12	42	54	72	
Nurserymen		2	-	2	2	
Pottery works		14	13	27	27	
Printing works		13	14	27	26	
Sawmills		15	2	17	17	
Ship repairing		3	-	3	3	
Toy manufacturers		17	60	77	83	
Wastepaper sorters		1	-	1	3	

### Dungeness Nuclear Power Station

This important building project so close to the Borough must of necessity have drawn a proportion of its labour force from this area.

#### STUDONTING TOLY 1961

March Property .

	Inspections (3)	

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### (26) INIUSTRIES (Continued)

#### Mass Miniature Radiography in Industry

A completely mobile, self-contained Mass X-ray Unit is available to visit any premises employing 100 persons or more in the East Sussex area. The only facility required is a parking site for two vehicles.

Over 100 people can be given free chest X-ray examinations in a period of one hour, and as there is no undressing, both men and women can be X-rayed at the same session. Arrangements can be made either by telephone to Brighton 66017 or by letter to the Director, East Sussex Mass Radiography Unit, 26, Ditchling Road, Brighton, 7.

It is emphasised that the Mass X-ray service is free and that no information is disclosed without the patient's consent. Rye Market

The Market occupies an essential feature in the life of Rye and the surrounding farming community.

It is not possible to give the numbers of agricultural workers in the Borough of Rye as a separate entity; the following table shows the numbers engaged in an area covered by Hastings County Borough, the Boroughs of Bexhill and Rye, and the Rural District of Battle (excluding Burwash and Ticehurst).

Year	Men	Women	Total
1959	1,558	434	1,992
1960	1,621	469	2,090
1961	1,760	385	2,145
1962	1,587	343	1,930
1963	1,599	407	2,006

The following numbers of live stock sold in Rye Market during 1963 are indicative of the activity on Market days and the importance of this venue to farmers for buying and solling in the Romney Marsh sheep area.

Fat cattle	 2,138	Fat sheep and lambs 29,341
Store cattle	 Nil	Store sheep and lambs 3,464
Calves	 512	Fat pigs 4,410
	Store p	igs Nil

#### Port of Ryo

35 vessels are registered at the Port of Rye.

2 foreign ships brought cargoes of timber.

56 yachts from overseas (pleasure craft) used Rye berthing facilities.

It has been ascertained that there are 98 vessels engaged in fishing between Bexhill and Dungeness. They make use of the facilities available from time to time.

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VISITS	OF THE	E PUBLIC	HEALTH	INSPECTOR	IURING	1963

Council houses - def	ects	rem	edie	a	 	 			 180
Private houses re de	fects				 	 			 6
Food premises					 	 			 97
Streams and ditches					 	 			 6
Infectious diseases		•••			 	 			 5
Insects and pests					 	 	••		 3
Smoke nuisance					 	 		••	 3
Houses disinfected					 	 	•••		 2

#### METEOROLOGY

#### Number of days on Longest period Periods of drought which rain fell of drought 1958 27th Feb-23rd March incl 125 25 days 14th Nov-8th Dec incl. 1959 96 30 days 24th Jan-22nd Feb incl. 12th Sep-10th Oct incl. 1960 144 16 days 28th Apr-11th May incl. 14th July-8th Aug incl. 1961 97 30 days 3rd Mar-1st April incl. 1962 11th-25th March incl. 104 20 days 5th-24th Oct incl. 1963 176 Nil Nil

#### RAINFALL FIGURES TAKEN IN RYE

The definition of Drought is 15 days without rain.

Comparison with previous years is given in the following table:-

Year			Total Rainfall			
1958			31.34 inches			
1959			28.43 inches			
1960			37.96 inches			
1961			26.19 inches			
1962			24.46 inches			
1963			28.91 inches.			

(27)

#### CALL DOTTED REAL PROPERTY DESCRIPTION AND REAL PROPERTY.

#### Transferration and

#### STRUCTURE PRODUCT STRUCTURE

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