## [Report 1949] / Medical Officer of Health, Rutland County.

#### **Contributors**

Rutland (England). County Council.

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INSTITUTE OF SOCIAL MEDICINE

10. PARKS ROAD.

OXFORD

## RUTLAND COUNTYCOUNCIL

HEALTH COMMITTEE

ANNUAL REPORT

OFTHE

MEDICAL OFFICER OF HEALTH

for

11.9:419

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TROSTRIATED

#### PREFACE.

The year was marked by further changes in the Social Services

The British Red Grous Society (Rutland Branch) which had run an abulance in the Geunty since 1918, was unable to continue doing so; and the branky Council assumed responsibility for the Service

Similarly the Rutland County Mursing Association and the Affiliated district Mursing Association were unable to carry on owing to lack of public export; and asked the County Council to operate the Mursing and Midwifery movices themselves.

Thanks are due to the voluntary work done by members of these bodies, especially Mrs Beaumont, Director of the B.R.C.S. (Rutland Branch), Mr O.J. Whilliam Emerary Ambulance Officer and Major Shea, Chairman of the Rutland County Mustake association.

Another change, resulting from legislative action, was the trunsfer of the licensing of designated milk producers from the County Council to the finishry of Agriculture. This change however had not much significance as much of the mak involved had for many years been done by Mr MacEwan, The County Agricultural Officer.

## moral Statistics

rea of Administrative County (in sares)	:	97,273
trulation (Registrar General's estimate 1949)	:	21,663
ateable Value (1st April 1949)	:	£114,039
reduct of a penny rate (estimate 1949/50)		£405/10/-

#### Mital Statistics.

mirth rate per 1000 population :	17.6	England & Wales
tillbirth rate per 1000 population :	0.4	0.4
Sath rate per 1000 population :	10.8	11.7
absrculosis doath rate per 1000 population	0.18	0.4
infantile mortality per 1000 births :	23.5	32

There were no maternal deaths during childbirth.

	0	0-1		- 5	5	- 1	\$ 15	-45	45	-65		5 over	a	tal 11	Tot
	M	F	M	F	М	F	М	F	M	F	M	F		ges	F
erculosis of respiratory							2			T	1	1	3	1	4
hilitic	T		-	-	-		-	-	1	1-	+-	-	1	-	
(elbos	-	+	-	-	-		-	-	1	-	-	+-	1		1
luenza cer of buc: cav: &	-	-	_				_	_	-	1	1	6	1	7	8
oph (m) uterus (f)								1			2	2	2	3	5
eer of stomach											4	2	4	2	6
er of breast										1				1	1
cer of all other									4	1	6	4	10	5	15
petes /4										1	2	1	2	2	4
a-cranial ular lesions									1	1	9	17	10	17	27
t diseases							1	1	6	5	19	32	26	38	64
r diseases of the ulatory system									2	1	7	8	9	9	18
chitis								1	2	4	10	7	12	12	24
monia							1		1		4		6		6
r respiratory diseases											3		3		3
r of stomech uodenum									1	1	3		4	1	5
rhoea under 2 years	1												1		1
digestive discases												2		2	2
ritis							1	1	1	1	2	1	4	3	7
ture barth	2	1											2	1	3
mital malformations, birth ies & infantile diseases	5												5		5
do							1				1	1	2	1	3
traffic accident											1		1		1
violent causes				1	1				1	1	1	1	3	3	6
ther causes					1		1		1	2	10	2	13	4	27
Totals	8	1		1	2		7	4	21	19	86		123	113	200

# PREVAILENCE AND COMMUNE OVER DISCOURTED BUSINESS

Diseases	Ketton R.D.	Onicham U.D.	Oakham R.D.	Uppinghan R.s.	Total
neumonia	2	3	5	8	17
tery		1	5	-	6
ct Fever	4	2	9	2	27
polas	1 2	-	2	1	4
cral Pyrox'a		-		-	-
welitie		2		3	3
es	3	2	24	49	78
ing Cough	12			3	14
Poisoning cnella infection)		2		. 3	5
horia		5	-	-	1 2
	22	23	45	67	147

otified case of Whoopingi Sough appe is to have been immunised.

## 2 Diphtheria patients were adults who had never been immunised

boria Immunisation

mader of children at Desember 31et 1949 the had completed a course of distallon at any time since January Let 1935 is as follows:-

timated mid-year ald population			169	8		31	55	4753
mber immunised	6	134	1.02	62	91	1660	1129	2974
e at 31.12.49 s, born in year						5 to 9 140 - 144	20 - 14 195 - 139	Total

#### atheria Immunication

rabor of children primary itemates 49.		Total number of children who were given a secindary or reinfereing injection.  (i.e. subsequent to complete full course)	
Under 5	1 Injection 5 to 14	Total	During the year 1949.
188	76	264	896

iphtheria irrarisation is done by General Practitioners; and also at schools if Welfare Centres.

## committees

woinations against smallpox during the year were as follows;-

Primary vaccinations 118
Re vaccinations 7

I the vaccinations were done by General Practitioners.

### nooping Cough

wher of children who completed a course of innoculation with pertussis ceines (including alum-precipitated vaccines and vaccines combined with lphtheria prophylactic) during the year

	e at date co al Exjection		Total
Under 1 year	1 - 6   5 are	5 - 14 )cers	
1	77	1	79

to pertussis vaccine has not been given in connection with a controlled field that carried out by the Medical Research Council. It is usually given by meral practitioners at parents request and usually combined with diphtheria rophylaxis.

#### "TERROULOSIS

The agency agreement by which Dr Rolleston continued to act as Tuberculosis Officer from the Robton Disconsary terminated at the end of June: After this the Chart Physicians of the East Anglian and Shoffield Mospital Boards undertook the diagnosis and treatment of cases in the Eastern and Mostern areas of the County respectively - the former working from a Chinic at Stamford Mospital, Lincolnshire and the latter from the Asfordby Road School Clinic, Melton Mowbray, Loicester.

Dr Bernard Royce, Chest Physician, nowly appointed by the East Anglian Hoscital Poard, included in his area Kesteven, the Soke of Peterberough as well as the Kethen distributed for Rutland. Associated with his duties on behalf of the Board in the preventative and after one work as Tuberculosis Officer of these Authorities and it was agreed that 2/11ths of his total salary and travelling expences should be paid by these Local Health Authorities on an agreed (population) basis.

One of the Fealth Visitors, Miss Welsh, who assisted Dr Rolleston as Dispensary Sister has continued to act as Tuberculosis Health Visitor.

### Now Cance

Ago	Pulmon	ary	on-pulmonary		
groups	М	F	M	F	
5 - 15	-	-	-	-	
15 - 25	1	2	2	1	
25 - 35	1	1	-	-	
35 - 45	-	-	-	-	
45 - 65	-	-	-	-	

#### VENEREAL DISEASES

Dr Rolleston continued his work as V.D. Officer until the end of the year when ill health forced him to retire.

INSPECTION AND SUPERVISION OF FOOD

## Milk (Special Designation s) Regulations

## 1936 - 1946

Number of Telegonita "ested" licences issued to producers

8

Number of "Accredited" licences issued to producers

1

These regulations lapsed on 1st October 1949 when the issue of these licences passed to the Ministry of Agriculture.
On that date the

Number of T.T. producers in Rutland was 20 Number of Accredited producers in Rutland was 17

## Food and Drugs Acts 1938 and 1944 Milk and Dairies Regulations 1949

The powers and duties of the County Council in respect of these regulations were delegated to the Health Committee.

Under these regulations the licencing of all Pasteurising Plants is in the hands of the County Council, who thus became responsible for the Ranks-borough Dairy, Langham whose holder pasteurising plant had previously been licened by the Oakham Rural District Council. By agreement with this Authority, their Sanitary Inspector, Mr Wells continues to supervise the plant and take the necessary routine samples for the County Council.

#### Examination of Food and Drugs

Sampling is carried out under the direction of the Chief Constable. The total number of samples taken during the year was 48 and included milk, creample, beer, vinegar and occos. Three samples of milk were found to be unsatisfactor; by the County Analyst. Legal proceedings were taken in two cases and one dealer was fined.

#### CARR OF MOMERS AND YOUNG CHILDREN

There are now Infant Welfare Centres, held twice monthly, at Oakham, Uppinghan and Selson. At these centres the Health Visitors give 'leadvice on Infant feeding and are assisted in the weighing of the babics and the keeping of records by voluntary helpers

The Welfare Contre at Oakham was transferred in May from the unsuitable premises at the Women's Section of the British Legion to the Congregational Hall; a distinct improvement.

A Wellare Centre at the Bishop Clayton Hall, Ketton was opened during the year.

The following table shows the number of attendances made during the year;-

No, of children attending	First attendances	In attendance at and of year	Total No. of attendances
1	Under 1 1 - 5	Under 1 1-5	Under 1 1-5
150	108 ' 25	54 : 76	760 224

## And Care of Unmarried Mothers and Chetr Children

The Peterborough Moral Welferd Sescotation looked after two unmarried Rutland girls during their confinements and afterwards.

#### MIDWITERY & HOME WURSTUG

The agency agreement by which the Rutland County Kursing Association agreed to provide a home Murping and Midwirfory Service for the fontmistrative County of Rutland was terminated or 30th September, 1949. After this date the Health Committee assumed direct responsibility for these services.

Miss J.K. Samuel who had already been appointed non-medical supervisor of midwives attended a supervisory course of instruction in Midwifery at the Essex County Nurses Training Home, Leytenstone during February and commenced duty on March 1st, 1949. She was also appointed County Nursing Officer on October 1st, 1949.

The County Council decided to affiliate to the Queen's Institute of District Nursing so that no Queens Nurse should be predjudiced by the change over.

E	9		×		×	×		
All the District Brown Assessment	Miss Gibson Miss Lloyd	Miss Jackson	Miss Sanders	Миз Келу	Mrs Fearson	(1/1/49 - 3/9/49) Miss F. V. Stewart (3/9/49 - 31/12/49)	f l	
house here	Upping- hen	ig-uit	15.59 year	Langhan	Kaston	Greethan	Rosidence	
Beaumont Chase, Leighfield.	Uppingham, Ayston, Belton, Caldecott, Lyddington, Preston, Ridlington, Seatou, Stoke Dry, Thorpe-by-Water, Wardley, Wing, Glaston, Bisbrooke, Morcott, Pilton,	Ryhall, Essendine, Tolethorne, Gt. Casterton, L. Casterton, Pickworth, Empinghen, Tinwell, Tickencote.	Caliban, Egleton.	Rehuell, Burley, Breunston, Excleythorpe, Brooke, Langham, Whissaudine.	Ketton, Normanton, Tixover, Edith Weston, Wth. Luffenham, Sth. 27 7 Luffenham, Barrowden, Manton, Hubleton, Lyndon, Gunthorpe, Martin thorpe	Greetnam, Stretton, Clipsham, Thistleton, Market Overton, Herne, Whitwell, Teigh, Exton, Cottesmore, Berrow.	Area Served	WEST OF THE PUBLICATION OF THE PROPERTY OF THE
	24	25	34	8	27	23	Midwifery	
	36	Ur	1	N	70. 7	1	Matornity	-C7323
	1588 1588	3	27	55	80	27	General	35
	382	474	522	495	445	357	Midwifery	
	668	35	27	15	124	12	Maternity	
	3%	1415	567	905	824	640	General	
	625	780	126	295	90	263	Casual	STEELA
	623	217	312	171	350	192	Ante-natal & Post "	SIL
	23	1 .	1	1	,	1 .	Operations	
	23	1	72	12	1	1	Attendances at I.C.W.	
	w	8	15	20	30	03	No. of times gas & air administered	

(8)

### HEALTH VISITING

There are two health visitors who for routine work have divided the County between them as follows;-

## Miss Samuel

Ayston Ashwell	Hembleton	Preston
	Ketton	Ridlington
Barleythorpe		
Belton	Langham	South Luffenham
Barrowden	Leighfield	Seaton
Braunston	Liddington	Stoke
Brooke	Lyndon	20000
Bisbrooke	-	Tizover
	Manton	Thorpe - by - Water
Caldenott	Martinsthorpe	21102 90 - 10 - 11002
	Morgott	Uppingham
Edith Veston	102000	Opposit Breeze
Egicton.	Normanton	
	North Luffenham	Wardley
Guntlerge		Wing
Glasica.	Pilton	Whissendine

Miss Samuel also attends the Uppingham and Ketton Infant Welfare Centres

### 

## Mas Welsh .

Binley	Great Gasterton	Ryhall
Barrew	Gersen-hoth	
Beimistherpe		Stretton
	Ingthorpe	
Contonnone		Teigh
Citreham	Little Casterton	Thistleton
Octiosmore Camp		Tickshcoto
	Market Overton	Tinvell
Empingham	Oakham	
Essendine	-	
Exton	Pickworth	Whitwoll
The state of the s		TOTAL OFFICE

Miss Welsh also attends the Oakham and Ketton Infant Welfare Centres

Expectant Mothers	Children under 1 yr of ago.		Other cases.
Visits 1st Total	Vicits 1st Total	Visits 1st Total	Visits 1st Total
15 18	261 696	100 2337	6 156

#### AMENDANCE SERVICES

The errangements described in my report for 1948 continued to operate ntil 30th Nevember 1949; when the British Red Cross Society (Rutland Branch) eminated their agency agreement, and sold their Austin Ambulance to the County cuncil. Eachier in the year negotiations for the transference of this Ambulance of the Leicester and Rutland Phre Service broke down; and the Health Countities I the County Genneil decided to assume direct responsibility. Another intellence as ordered and it was decided to appoint a second driver as soon as this vehicle as delivered.

Mr S. Watson was appointed pert-time Ambulance Officer.
It was decided to garage both Ambulances at Stud House, Barleythorpe.

Mitual aid arrangements with neighbouring counties were continued; and he Health Department of the Leicester County Council was particularly helpful in reviding an ambulance in the Western Area of the County when the B.R.C.S. Ambulace was engaged outside Rutland.

During December the County Constabulary Headquarters at Oakham kindly pok all calls for ambulances operating a 24 hour service.

## Statistics

## Rutland County Ambulance Service

Month	Milengo	Patients
January	1756	45
February	1497	48
March	2112	68
April	2063	69
May	1880	46
Juno	2069	78
July	1491	55
August	1597	46
September Catabor	1319 1210	41
November	1504	35
Desember	1743	43 59
1.6.36 1001.	1140	27
	20,223	633
St. John's Ambulance	Brigade (Stamford I	Division)
January	349	17
February	90}	7
March	2672	13
April	334	13
May	48	4
June	2001	17
July	65½ 114	7 8
August September	50}	5
October	132	5 10
November	88	7
Docember	143	10
	1,883	118
Leicester Couns'. Ambu	lance Service.	
January )	200	
February March	130	4
April )		
May	372	5
June )		
July	003	70
August September	281	12

Leicester Corporation (to and from Burley Hospital)

Jan - Dec. 2381 571

435

1,218

10

31

October

November

December

colfulfalfor

68 4	
	a Jednica private con test of

## AMBULANCE & SITTING - CASE CAR SERVICE

## Statistics

## Rutland Stating - case Car Service

2	1//7	Journeys	Patients
Month	MITERE	000211030	
Townser	1871	35	52
January	1743	37	38
February	2192	47	63
March	2537	45	58
April	3238	65	85
May June	1596	39	64
July	2677	43	59
August	3236	68	85
Sentember	1859	39	41
October	2184	60	112
November	2406	59	110 .
Documber	2210	44	92
	27,749	581	859
	12131-2		
.1			
Stamford Sitting - case Co	ar Service	9	
-	349	9	12
January	1054	20	21
Pobruary	1702	41	44
March Acril	1800	35	36
hay	1101	27	28
Jone	1189	22	25
July	2123	52	56
August	2140	44	57 47
September	1862	43	38
October	1262	37	51
November	1890	49	35
December	1167	33	- worden
	777 620	413	450
	17, 639	-11)	
2			
Totals			
1-lulaness	25,705		1,353
Ambulances Sitting - case Cars	45,388		1,309



This service, under the direction of Mrs T.I.Street, County Organiser of the Women's Voluntary Services came into operation during the year.

Two whole time helps and a clerical assistant were also appointed and permission to engage up to three part time helps.

A charge is made to the householder for the services of the home help, but in cases where this would cause financial strain an assessment is made on an agreed scale.

Domestic helps were provided to 15 cases during the year.

## 1. Chronic Commenced 20th July 1949 Continuing indefinitely

The applicant had been crippled with arthritis for many years and unable to move from her chair, once she had been put there in the mornings, without holp. The housework undertaken by husband; and a neighbour went in daily to get her mid-day meal. A Home Help was sent for two hours two days a week to do the work which the husband could not do, i.e. scrubbing, extra cleaning, etc.

## 2. Confinement Commenced 24th Sept. 1949 Completed 13th October 1949

This was a second baby, the other child was five years old. A Home Help went in for four hours a day for forteen days.

## 3. Confinement Commenced 11th Aug. 1949 Completed 21st Aug. 1949

This was the first confinement to which a Home Help was sent and conditions were appalling. There were two other small children, aged 2% and 11 months; the house was filthy and there were no cleaning materials for use. The Home Help went in for two weeks, working there from 9 a.m. to 5 p.m. (Saturdays 1 p.m.), she made the best use of the very limited resources and left the home in a very much improved state. The improvement of the home was commented upon by the Health Visitor.

#### 4. Chronic Commenced 10th Oct. 1949. Completed 22nd Dec. 1949

An old lady, living alone, had been in hospital and could only come home if a help could go to her. The Help went in each day for as long as she was able (according to other cases) to light the fire, get a mid-day meal and do what cleaning was necessary, thus clearing a hospital bed for more urgent cases.

### 5. Chronic Commenced 22nd Aug. 1949. Continuing indefinitely.

Two elderly ladies who are both invalids and a daughter of one of them who has to work full - time. Help is required for the house work and a woman is sent for  $2\frac{1}{2}$  hours each day if possible. Alternatively these people would have to be sent to the County Hospital.

### 6. Old Age Commenced 17th Aug. 1949. Completed 26th Sent. 1949

An old couple who had recently arrived in the district required described help. A Home Help went in temporarily until they were able to make a passenger arrangement.

## 7. Post-Confinement Commenced 6th Sout. 1949 Completed 30th Cost. 4949

The family consisted of the wife (her husband was away in the Services), a son aged 6 and twins aged two weeks. She had no other help available and was preparing to move to join her husband. A Help went in for two hours each day until she left the district.

## DOMESTIC HELP SERVICE (Contd).

- 8. Confirement Commanded 29th Nov. 1949 Completed 15th December 1949

  This was a first baby and the Halp wont in 3 hours each day for a fortnight.
- 9. Chronic Commenced 22nd Sept. 1949 Completed 17th Nov. 1949

  An old lady living alone, suffering from arthritis, wanted a help to go in and scrub, one hour, once a fortnight.
- This was the third baby, the two other children aged 4 and 5 years. A help went in for four hours daily.
- The wife of an R.A.F. Officer who was away on a course, was ill with a Quinscy. There were three children, aged 5 years, 3 years, and 8 months; and the acther was getting out of bed against her doctor's orders to get their mee.s. A Home Help went in for four hours daily.
- The wife, aged 73, had had a stroke and was confined to bed. Her husband, also an ald man was unable to look after her. The Help went in for four hours daily.
- An old lady of 89, almost bed-ridden, living with her son. A help is needed for two or three hours each day to prepare the mid-day meal and do as much cleaning as possible.
- 14. Chronic

An old could, both ailing, wanted help. After assessment they said they could not afford to pay and cencelled it. The Help only went on three occasions.

15. Emergency 22nd Dec. 1949

The housewife became ill and wanted immediate help until she found someone to go in permanently. The Help went in for one day when other arrangements were made.

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#### MENTAL HEALTH.

#### Lunacy Act 18-0

Mr S. Watson as duly Authorised Officer doubt with 13 patients (8 man and 5 women) who were Certified under Section 16 and admitted to Carlton Hayes Mental Hospital.

Four men and three women were later discharged as relieved or recovered.

Two men and one woman died in hospital.

## Mental Treatment Act 1930

The number of Voluntary patients admitted to Carlton Hayes Hospital was 11 (2 men and 9 women)

The two min and 6 women were later discharged as relieved or recovered.

## Montal De Ccioncy Acts, 1913 - 1948

Two defectives were ascertained during the year, viz.

- (1) An imbecile boy (aged 4) who was placed under statutory supervision as as his parents did not wish him to be a mitted to an institution.
- (2) An imbecile girl (aged 3) who was admitted to St. Joseph's Institution, Sheffield, without an order, by the wish of her parents.

Judicial orders were obtained for detention unfer the Nambal Deficiency Acts of three women innates of the Oakham Inflammany. The of them had for years been under statutory supervision (both imbediles) and been admitted to the Institution on the deaths of their parents. The which woman, who was feeble monded, had previously lived in a neighbouring county.

Part	iculars of Mental Defectives			-	m
(a)	In Institutions (including cases on licence therefrom)	(Under 16 years of age (Aged 16 years and over	-	F 1 22	1 42
(b)	Under Guardianship (including cases on licence therefrom)	(Under 16 years of age (Aged 16 years and over	4	7	11
(c)	In places of safety"		-	-	-
(d)	Under Statutory Supervision (Excluding cases on licence)	(Under 16 years of age (Aged 16 years and over		3 21	5 41
(e)	Action not yet taken under any on	e of the above headings	_=	_	
Tota	l ascertained cases found to be "s	ubject to be dealt with	46	54	100

## RURAL WATER SUPPLIES & SEMERAGE ACT, 1944

Approval was given to the following schemes submitted by District Councils;-

Sewerage and sewage disposal schemes for the parishes of Langham, Market Overton and Ketton; and a Water Supply scheme for Ayston and Thorpe - by - Water.

HOUSING

The County Council has little direct interest in housing, apart from the operation of the Housing (Rural Workers) Acts 1926 & 1936, which is decreasing year by year; and the provision of Police Houses. Three houses were completed and occupied at Cottesmore, Preston and North Lackerham respectively.

Plans were approved for the erection of 8 others:

6 at Oakham and 2 at Casterton.

