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# Rural District of Rugby.

## ANNUAL REPORT

OF THE

HEALTH OF THE DISTRICT FOR THE YEAR 1939,

BY

H. GIBBONS WARD, M.D., D.P.H.,
MEDICAL OFFICER OF HEALTH

OF THE

### Warwickshire Combined Districts.

Leamington Spa:

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1940.

1, Milverton Hill,

Leamington Spa,

December, 1940.

### To the Rugby Rural District Council.

MR. CHAIRMAN, MRS. FAIRHOLME, AND GENTLEMEN,

Herewith the Report for 1939, very late owing to delayed arrival of the necessary statistics and pressure of other work.

As instructed by the Ministry of Health, the Report is a short statement of fact with no comment. All the available information is, however, being kept for record and, if required, can be produced.

With many thanks for much kindness on the part of the Council and my colleagues,

I am, Madam and Gentlemen,
Your obedient Servant,
H. GIBBONS WARD,
Medical Officer of Health.

### Rugby Rural District.

#### A. EXTRACTS FROM VITAL STATISTICS OF THE YEAR.

Population (estimated) Mid-year, 1939 For Birth ,, Deat	h Rate 15,530 th ,, 15,870
Total, M. F.	
Live Births $\left\{ \begin{array}{llll} \text{Legitimate} & 226 & 125 & 101 \\ \text{Illegitimate} & 6 & 2 & 4 \end{array} \right\}$ Bi	irth Rate 15.1
Still Births—Rate per 1,000 total births	29
Deaths 184 88 96 De	eath Rate 11.6
Adjusting Factor for Death Rate	0.98
Adjusted Death Rate	11.4
Deaths from Diseases and Accidents of Pregnancy and Child-birth	ses —
Death Rate of Infants under 1 year of age :-	
All Infants per 1,000 live births	39
Legitimate Infants per 1,000 legitimate live b	oirths 40
Illegitimate Infants per 1,000 illegitimate	live
births	—
Deaths from Measles (all ages)	—
,, ,, Whooping Cough (all ages)	2
,, ,, Diarrhoea (under 2 years of age)	1

## B. GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

Public Health Officers.—A complete list was given at the front of the Report for 1938. The only alterations are that Mr. Bladon has now obtained his Certificate for Meat, etc., Mr. Alison has entered the Army, and Mr. J. M. Boswell is now the Clerk.

Laboratory Facilities.—Bacteriological examinations by the Birmingham University:—

	Pos	itive.	Negativ	e.	Total.
*Diphtheria		9	 55		64
Enteric Feve	er	-	 2		2
Tuberculosis		3	 27		30
					-
					98

<sup>\*</sup> These numbers include swabs from the Joint Isolation Hospital at Harborough Magna.

#### C. SANITARY CIRCUMSTANCES OF THE DISTRICT.

- 1. (i) Water Supply.—Both the Northern and the Southern schemes were commenced in 1939, but have been carried out under great difficulty owing to War conditions, hence progress has been slow. The Council has given financial assistance to owners who make connections at the appropriate time.
- 99 samples of well water were examined, 12 of them bacteriologically. 13.4% were safe, 70.1% unsafe, and the rest unsatisfactory.
- (ii) Drainage and Sewerage.—There has been no apparent progress with respect to the Binley scheme.
- (i) RIVERS AND STREAMS.—All the premises at Draycote save two, have been supplied with cesspools.
- 3. (i) Closet Accommodation.—Whenever and wherever possible conversions to the water carriage system are effected. Failing that, conversions to pail closets is requested, and with each conversion galvanised iron dustbins are provided by the owners for household refuse and ashes. During 1939, 26 privy-middens, and 7 pail closets were abolished, and more sanitary conditions provided.
- (ii) Public Cleansing.—Direct labour has been extended; there are now two vehicles of the most modern type. 8 more parishes have been added to those set out in the Report for 1938.
  - (v) Camping Sites.—Only one licensed.

#### D. HOUSING.

Full particulars of the usual table have been compiled and are being kept for Record purposes, but with a view to economy it is not being printed.

#### 4. NUMBER OF HOUSES OWNED BY THE LOCAL AUTHORITY.

The Local Authority have erected 397 houses; of that number 54 were built under the 1919 Act, 30 under the 1923 Act, 110 under the 1924 Act, and 173 under the 1936 Act. In addition 30 non-subsidy houses have been built.

General Observations (Clearance Areas).—No Clearance Areas were proceeded with during 1939; in the case of 4 Parishes Clearance Areas have been confirmed, but owing to war conditions re-housing is not possible.

Individual Unfit Houses.—During 1939, 6 individual unfit houses were represented, and there were 3 demolition orders made; undertakings were given in the other 3.

Bye-laws.—Building and Water Supply Byelaws were made during the year.

Housing (Rural Workers) Act.—There was one application (2 houses) for assistance under the above Act during the year.

#### E. INSPECTION AND SUPERVISION OF FOOD.

- (a) Milk Supply.—Inspection has continued, and improvements in buildings and methods have been obtained.
- 113 Samples of Milk were taken for bacteriological examination, and 14 for chemical analysis.
- (b) Meat Inspection.—The Sanitary Inspectors maintain close supervision over slaughterhouses, meat shops, and vans.
- 14 Samples of Milk were taken under the Food and Drugs Acts—all were genuine.

Bakehouses.—These were on the whole satisfactory.

## VI. PREVALENCE OF, AND CONTROL OVER, INFECTIOUS DISEASE.

Incidence of Commoner Infectious Diseases since 1931.

Smallpox,	Diphtheria.	Scarlet Fever.	Enteric Fever.	Pneumonia.	Encephalitis Lethargica.	Puerperal Pyrexia.
1932 —		28	1	21	-	1
1933 —	37	55	-	27	_	
1934 —	34	141	_	37	_	
1935	16	71	_	11	-	3
1936 —	27	74	1	29	-	1
1937 —	23	62	-	40		8
1938 —	8	27		35		2
1939 —	14	43	_	23		3

Reference to Table III. will give the age distribution of the cases notified during 1939.

School Closures.

Stretton-on-Dunsmore. 18th Jan. to 13th Feb. Mumps.

Brockhurst. 23rd Jan. to 6th Feb. Influenza.

Clifton-on-Dunsmore. 6th to 13th Feb. Influenza.

Stretton-on-Dunsmore. 16th May to Whitsun Holidays.
Measles.

Stretton-on-Dunsmore. 21st June to 3rd July. Measles.

Clifton-on-Dunsmore. 10th July to Summer Holidays. Chickenpox.

Dunchurch. 17th to 31st July. Measles.

Bourton-on-Dunsmore. 11th to 18th Sept. Measles.

## PREVALENCE OF, AND CONTROL OVER, TUBERCULOSIS. NEW CASES DEATHS

				1	NEW C	ASES.		D	EATHS.		
			Puln	nona	ry. Pu	No lmona	n- ary. Pul	mona		Non- mon	
AGE-	-Perio	DS		M.	F.	M.	F.	M.	F.	M.	F.
0				-				-	—		_
1				-		. 1		-		-	1
5				_	1	. —	2	-		300	-
15				-	2	. —	1	-	1	-	-
25				2	2	. —		-	1		_
35				-				_			1
45				-		. —		-		1	1
55				3				-			_
65 an	id upwa	ırds		_				_	1	_	_
				-	-		-	-	-	-	-
	1	TOTALS		5	5	. 1	3	_	3	1	3
											_

Treatment.—12 cases were admitted to Sanatorium during the year, and 9 were discharged.

#### REPORT OF SANITARY INSPECTOR.

A copy of this Report has been received and kept for reference.

TABLE I.
RUGBY RURAL DISTRICT.

## SUMMARY OF WORK DONE IN THE SANITARY INSPECTOR'S DEPARTMENT DURING THE YEAR 1939.

		Inspections and		Notices	served.	Nuisances
		175	servations made.	Statu- tory.	In- formal.	Abated after Notices.
Dwelling Houses and Sch	nools		958	17	14	149
Roadside Cafes and Res			51	-	4	8
Dairies and Cowsheds			728		20	511
			38		3	2
Slaughter Houses, Meat S		Van	s 998		12	12
Canal Boats	-		38	page 1	3	3
Ashpits and Privies			34	-	15	5
Deposits of Refuse and M	Ianure		26		5	17
Water-closets			10		5	9
House Drainage			307	8	23	55
Water Supply			332	10	1126	162
Pigsties and Stables			64		1	3
Offensive Trades			13	-		
Smoke Observations			35	-	_	_
Tents, Vans and Sheds			38	3	5	16
Verminous Houses	2.63		47		_	2
Pails provided	****		16	-	11	18
Ashes accommodation			35	9	28	40
Shops			23	_		
Interviews and Special	Visits		758			
Visits in connection with		ing	111			
Public Conveniences			11		-	
Rats and Mice			105	-	-	2
Visits to Refuse Tips			54	-	-	-
Complaints			76	19	40	68
Watercourses			23	1	1	3
Totals			4929	67	1316	1085
Seizures and Surrenders	of Unwl	noles	some Foo	d	57 cwts	No. . 104lbs.
Samples of Food taken fo						1.4
Ditto of Food found a				1		
Ditto of Water taken						
Ditto of Water conde	mned as	unf	it for use			80
Precautio						
	- TVI-1-C	- 1	1			0.4
Lots of Infected Bedding	Disinfe	ected	Discourse	***		91
Houses Disinfected afte	r Intect	ious	Disease		•••	91

LESLIE R. NUTTING, Chief Sanitary Inspector.

TABLE II.

RUGBY RURAL DISTRICT.

VITAL STATISTICS OF WHOLE DISTRICT DURING 1939 AND PREVIOUS YEARS.

	ddle	BIRTHS.			T DEATH			
	I to Mid ur.		tt.		1 Year	At all Ages.		
YEAR.	Population estimated to Middle of each Year.	(Number.	Rate.	Number.	Rate per 1,000 Nett Births.	Number.	Rate.	
1	2	3	4	5	6	7	8	
1933	18,330	275	14.2	14	51	188	10.3	
1934	18,210	321	17.6	19	59	197	10.8	
1935	18,173	272	15.0	15	55	174	9.6	
1936	18,200	322	17.7	17	53	203	11.1	
1937	18,310	294	16.0	12	41	219	12.0	
1938	15,570	282	17.3	24	85	194	12.0	
1939	15.870	232	15.1	9	39	184	11.6	

### TABLE III.—RUGBY RURAL DISTRICT.

# Cases of Infectious Disease notified during the Year 1939.

	Number of Cases notified.								oved	,		
NOTIFIABLE DISEASE.		es.	At Ages—Years.							il cases rem to Hospital	Death	
Notifiable Dist.			At all Ages.	Under 1.	1 to 5.	5 to 15.	15 to 25.	25 to 45.	45 to 65.	65 and upwards.	Total cases removed to Hospital	Total Deaths.
Small-pox						,						
Plague	***											
Diphtheria (including branous Croup)	g Mem-		14		2	6	3	2	1		14	
Erysipelas			10			2		3	4	1		
Scarlet Fever			43		12	25	3	3			30	
Typhus Fever												
Enteric Fever												
Pneumonia			23	1	6	5	2	7	2			
Malaria												
Dysentery												
Puerperal Pyrexia			3				3					
Cerebro-spinal Menin	gitis											
Poliomyelitis			3					3				
Encephalitis Letharg	jiea											
Ophthalmia Neonate	rum		1	1								
Polio-Encephalitis												
Pulmonary Tubercul	osis		10			3	4		3			
Other forms of Tube	rculosis		4		1	3						
Totals			111	2	21	44	15	18	10	1	44	1

# TABLE IV. RUGBY RURAL DISTRICT.

### Causes of Death during the Year 1939.

CAUSES OF DEATH.		MALES.	FEMALES.
All Causes		88	96
1 Typhoid and Paratyphoid Fev	ers		
2 Measles			
3 Scarlet Fever			
4 Whooping Cough			2
5 Diphtheria			
6 Influenza		1	2
7 Encephalitis Lethargica			
8 Cerebro-Spinal Fever			
9 Tuberculosis of Respiratory Sy	ystem	1	3
10 Other Tuberculous Diseases			3
11 Syphilis		1	1
12 General Paralysis of the Insa Dorsalis	ine, Tabes		
13 Cancer, Malignant Disease		13	9
14 Diabetes		2	3
15 Cerebral Haemorrhage, etc.		4	5
16 Heart Disease		22	28
17 Aneuryism			
18 Other Circulatory Diseases		8	3
19 Bronchitis		4	3
20 Pneumonia (all forms)		2	4
21 Other Respiratory Diseases		3	3
			1
23 Diarrhoea, etc. (under 2 years	)	1	
24 Appendicitis			1
25 Cirrhosis of Liver			
26 Other Diseases of Liver, etc.			
27 Other Digestive Diseases		1	2
28 Acute and Chronic Nephritis		3	5
29 Puerperal Sepsis			
30 Other Puerperal Causes			
31 Congenital Debility, Premat Malformation, etc	ure Birth,	3	
32 Senility		5	6
33 Suicide		2	1
34 Other Violence		7	3
35 Other Defined Diseases		5	8
36 Causes, ill-defined or unknown	n		