[Report 1939] / Medical Officer of Health, Rugby Borough.

Contributors

Rugby (England). Borough Council.

Publication/Creation

1939

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Borough of Rugby.

BRAR

ANNUAL REPORT

OF THE

HEALTH OF THE DISTRICT FOR THE YEAR 1939,

BY

H. GIBBONS WARD, M.D., D.P.H.,
MEDICAL OFFICER OF HEALTH

OF THE

Warwickshire Combined Districts.

Leamington Spa:

A. TOMES, LTD., PRINTERS, 46, BEDFORD STREET.

1940.

1, MILVERTON HILL,

LEAMINGTON SPA,

December, 1940.

To the Rugby Borough Council.

MR. MAYOR, MRS. GREEN, AND GENTLEMEN,

Herewith the Report for 1939, very late owing to delayed arrival of the necessary statistics and pressure of other work.

As instructed by the Ministry of Health, the Report is a short statement of fact with no comment. All the available information is, however, being kept for record and, if required, can be produced.

With many thanks for much kindness on the part of the Council and my colleagues,

I am, Mr. Mayor, Mrs. Green, and Gentlemen,
Your obedient Servant,
H. GIBBONS WARD,
Medical Officer of Health.

Borough of Rugby.

A. EXTRACTS FROM VITAL STATISTICS OF T	HE YEAR.
Population (estimated) Mid-year, 1939 For Birth Ra	ate 39,190 ,, 39,520
Total. M. F.	
Live Births {Legitimate 534 307 227} Birth Illegitimate 16 9 7	Rate 14.0
Still Births—Rate per 1,000 total births	. 16
Deaths 459 222 237 Death	Rate 11.6
Adjusting Factor for Death Rate	. 1.0
Adjusted Death Rate	. 11.6
Deaths from Diseases and Accidents of Pregnancy and Child-birth From Sepsis other causes	
Death Rate of Infants under 1 year of age :-	
All Infants per 1,000 live births	. 36
Legitimate Infants per 1,000 legitimate live birth	ns 37
Illegitimate Infants per 1,000 illegitimate live	
Deaths from Measles (all ages)	g weed and
" " Whooping Cough (all ages)	,
., ,, Diarrhoea (under 2 years of age)	. 2

B. GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

- 1. Public Health Officers.—A complete list was given in the Report for 1938, the only alterations being the resignation of Mr. Leach and Mr. Key, and the appointment of Mr. Griffith. Mr. Burton, one of the Clerks, joined the Forces September 2nd, 1939.
- 6. Laboratory Facilities.—The following Table shows the number of free bacteriological examinations by Birmingham University:—

Positive.	Negativ	e.	Total.
Diphtheria —	 43		43
Enteric Fever—	 7		7
Tuberculosis 9	 35		44

Harwick

C. SANITARY CIRCUMSTANCES OF THE AREA.

- (1) Water.—59 samples of the Public Water Supply were examined during the year; this figure is much greater than usual owing to precautions which were necessary after the serious flooding of the works in October, 1939.
- (2) Drainage and Sewerage.—Work on the completion of the contracts for the sewage disposal extensions at the main works has proceeded, but it has now been found that further diversions of storm water, etc., are necessary.

Hillmorton works continues to give fairly satisfactory results.

3. (i) Closet Accommodation.—The majority of the closets are water-closets, but approximately 290 pail closets and earth closets remain in the area that was added in 1932. The number has been reduced by 61 during the year by conversion into water-closets connected to the sewer and by demolition of houses in Clearance Areas, etc., and will be reduced progressively from year to year.

During the year 63 water-closets have been provided with flushing cisterns under the powers given in the Public Health Act, 1936, and it is anticipated that the progress under these powers will be continued.

(ii) Public Cleansing.—Maintained satisfactorily. A total of 14,625 cleansings of pail-closets were carried out by the Authority.

D. HOUSING.

The usual Table has been prepared and is being preserved for reference.

Housing Conditions.

(i) General Observations.—No systematic house to house inspection has been carried out; such work was commenced in the early part of the year, and 38 houses were inspected.

It will be seen in a subsequent paragraph that the work of clearance of unfit property has continued, and some satisfaction can be expressed with regard to the progress made.

- (ii) Sufficiency of supply of houses.—No houses erected by the Council; 293 were erected by private enterprise.
- (iii) Overcrowding.—No new overcrowding cases were reported and there is no reason to believe that any overcrowding existed up till the end of August. After the outbreak of war, conditions fluctuated, but so far as is known did not result in overcrowding.

- (iv) Fitness of houses.—All complaints have been dealt with and housing conditions generally well maintained. Thirteen houses have been declared to be individual unfit houses and action taken has resulted in the closure of three and the acceptance of undertakings in respect of the other ten.
- (v) Unhealthy Areas.—Confirmation has been received of Clearance Orders made in respect of the Pinders Lane, Castle Street, Queen Street and Main Street, Newbold Areas, affecting 23 houses and 63 persons. No new Orders have been made and none are outstanding awaiting confirmation.
- (vi) Byelaws relating to Buildings.—New byelaws with respect to new buildings have been made and confirmed, and operated from June 1st.

E. INSPECTION AND SUPERVISION OF FOOD.

- (a) Milk Supply.—During the year the following samples were taken:—
 - (1) 2 designated milks for bacteriological examination.
 - (2) 38 ordinary milks for bacteriological examination.
 - (3) 28 ordinary milks for biological examination.
 - (4) 66 milks for chemical analysis.

Results of the examinations or analyses :-

- 1 was satisfactory.
 1 was unsatisfactory.
- (2) 24 were satisfactory. 14 were unsatisfactory.
- (3) 28 gave negative results.
- (4) 64 were genuine. 2 were not genuine.

No legal proceedings were instituted in respect of the unsatisfactory samples, but in respect of fat deficiencies in milk "appeal to the cow" samples showed the milk, as produced from the cow, was not up to the presumptive standard. The matter was referred to the County Agricultural Advisor, who gave instructions as to proper feeding in order to correct these deficiencies.

(b) Meat Inspection.—The details of animals slaughtered, carcases inspected, and meat condemned, is given in the table below. There were 20,135 animals slaughtered and inspected in the slaughterhouses in the town, of which 5 are owned by the Corporation and 9 privately. The number of slaughterhouses registered and licensed and in use is the same as shown in the 1938 Report.

Carcases Inspected and Condemne	Carcases	Inspected	and	Cond	emne
---------------------------------	----------	-----------	-----	------	------

0107 04000 1760	specielle	erow Co	routerrout	w.	
	Cattle ecluding			Sheep and	
			Calmes	Lambs.	Pigs.
Number killed (if known)					-
Number Inspected				10,302	7,340
All diseases except Tuberca	ulosis.				
Whole carcases con- demned Carcases of which some		-	3	16	2
part or organ was condemned	157	_	1	22	131
Percentage of the num- ber inspected affected with diseases other than Tuberculosis			1.28	.37	1.81
	1.24		1.20	.01	1.01
Tuberculosis only. Whole carcases condemned Carcases of which some	1	_	_		5
part or organ was condemned Percentage of the num-	191	2	-	_	251
ber inspected affected with Tuberculosis		18.18	_	_	3.49

VI. PREVALENCE OF, AND CONTROL OVER, INFECTIOUS DISEASE.

Incidence of Commoner Infectious Disease since 1930.

	Smallpox,	& Diphtheria.	Scarlet Fever.	Enteric Fever.	Pneumonia.	Encephalitis Lethargica.	Puerperal Fever.
1931	 	33	32	3	29	_	
1932	 	9	29	_	52		1
1933	 -	11	244		79	-	2
1934	 -	30	433	5	64	-	2
1935	 	84	191	1	26		
1936	 	127	86	-	48	-	8
1937	 _	71	163		84	_	22
1938	 	37	55	4	33	_	16
1939	 _	5	37	_	53	-	14

Reference to Table III. will give the age incidence of the cases notified during 1939.

Smallpox.—No cases were notified during the year.

Diphtheria.—During the past year there were 5 cases notified, with no deaths.

Of the cases, 5 were taken to the Isolation Hospital.

School Closures.—The following list indicates the prevalence of Non-notifiable Infectious Disease:—

Hillmorton C. Infants, 15th to 27th Feb. Inluenza and Whooping Cough.

St. Matthew's Infants, 11th May to Whitsun Holidays. Chickenpox.

Non-notifiable Infectious Disease—There was nothing of special note.

Notification of infectious disease occurring amongst the children at school is duly sent by the teachers.

PREVALENCE OF, AND CONTROL OVER, TUBERCULOSIS.

				N	NEW	ÇA	SES.			Di	EAT	HS:		
			Puln	nona	ry.		Non- nona	ry.	Pul	mona	ry.		Non- mon:	
AGE-	-Perio	DS		M.	F.		M.	F.		M.	F.		M.	F.
0				-	_		_			-			-	-
1		***		-			1	-		-	-			-
5				3	-		_	2		-	_		1	-
15				6	5		_	1		-	4		2	3
25				5	3		_	_		-	3			-
35				6	1		2	1		_	4		1	2
45				3	1		_	_		5	1		2	_
55				3			2	_		3	2		-	-
65 an	d upwa	rds		-	1		********			-	-			-
	7	OTALS		26	11		5	4		8	14		6	2

During the past year there have been notified 46 cases. In 37 cases the lungs were affected, and the remaining 9 the disease affected other parts of the body.

Of the 46 new cases notified during the past year, 7 have died during the year.

Treatment.—During the past year 32 cases have been admitted to a Sanatorium for treatment.

28 cases were discharged after treatment.

REPORT OF SANITARY INSPECTOR.

A copy of this Report has been received and kept for reference.

TABLE I.

BOROUGH OF RUGBY.

Summary of Sanitary Work done in the Sanitary Inspector's Department during the year 1939.

	In	spections	Notice	s ser	ved.	Nuisances
	Ob	and servations made.	Statu- tory.		in- mal.	Abated after Notices.
Dwelling Houses and Schools		1809	10		142	1732
Cow Sheds		22	-		1	
Lodging Houses		10	-		-	
Tents, Vans and Sheds		13				-
Dairies and Milkshops		50	_		1	13
Bakehouses		136	-		5	_
Slaughter Houses		4157			Territor.	
Ashpits and Privies		201	4		45	47
Deposits of Refuse and Manure		45			7	6
Water-closets		103	5		1	1
House Drainage		1105	28		32	50
Water Supply		119	31		-	17
Pigsties		1			,	1
Animals improperly kept		} 45			- 1	- 1
Smoke Nuisances		4	-		-	
Other Nuisances		2774	24		10	60
Totals		10593	102		245	1927
		-	-	-		
						No.
Seizures and Surrenders of Unw	holes	some Foo	d			782
Samples of Food taken for Anal	ysis					125
Ditto of Food found adultera						4
Ditto of Water taken for Ana	alysis				***	2
Ditto of Water condemned a	sunf	it for use				2
D		T	D.			
Precautions aga	INST	INFECTI	ous Di	SEA	SE.	
Lots of Infected Bedding Disini			royed			1055
Houses Disinfected after Infec	tious	Disease				133
Schools ditto ditto	-	ditto				-

T. BARTLETT, Sanitary Inspector.

TABLE II.

BOROUGH OF RUGBY.

VITAL STATISTICS OF WHOLE DISTRICT DURING 1939 AND PREVIOUS YEARS.

	ddle	BIR	THS.		T DEATH		
l to Mic ar.	Ne	tt.		1 Year	At all Ages		
YEAR.	Population estimated to Middle of each Year.	Number.	Rate.	Number.	Rate per 1,000 Nett Births.	Number.	Rate.
1	2	3	4	5	6	7	8
1933	35,070	379	10.8	17	45	392	11.2
1934	35,140	443	12.6	20	45	367	10.4
1935	35,680	400	11.2	11	28	406	11.4
1936	36,080	436	12.1	22	50	412	11.5
1937	37,260	498	13.4	20	40	420	11.3
1938	38,130	544	14.6	21	39	410	10.7
1939	39,530	550	14.0	20	36	459	11.6

TABLE III.-BOROUGH OF RUGBY.

Cases of Infectious Disease notified during the Year 1939.

			Number of Cases notified.								,
NOTIFIABLE DISEASE.		At Ages—Years.							d cases reme to Hospital	eaths	
		At all Ages.	Under 1.	1 to 5.	5 to 15.	15 to 25.	25 to 45.	45 to 65.	65 and upwards.	Total cases removed to Hospital	Total Deaths.
Small-pox											
Plague											
Diphtheria (including Mem- branous Croup)		5		1	3	1				5	
Erysipelas		18			1	4	4	6	3		
Scarlet Fever		37		8	20	4	4	1		32	
Typhus Fever											
Enteric Fever											
Pneumonia		53	2	3	8	4	15	19	2		17
Malaria											
Dysentery		15			4	11					
Puerperal Pyrexia		14				8	6				
Cerebro-spinal Meningitis		1			1						
Poliomyelitis		1			1						
Encephalitis Lethargica											
Ophthalmia Neonatorum											
Polio-Encephalitis											
Pulmonary Tuberculosis		37			3	11	15	7	1		22
Other forms of Tuberculosis		9		1	3		3	2			8
Totals		190	2	13	44	43	47	35	6	37	47

TABLE IV. BOROUGH OF RUGBY.

Causes of Death during the Year 1939.

CAUSES OF DEATH.		MALES.	FEMALES.
All Causes		. 222	237
1 Typhoid and Paratyphoid Fev	ers		
2 Measles			
3 Scarlet Fever			***************************************
4 Whooping Cough			1
5 Diphtheria			
6 Influenza		6	6
7 Encephalitis Lethargica '			
8 Cerebro-Spinal Fever			
9 Tuberculosis of Respiratory Sy	rstem	10	14
10 Other Tuberculous Diseases		8	2
11 Syphilis		2	2
12 General Paralysis of the Insa	ne, Tabes		
Dorsalis		***************************************	2
13 Cancer, Malignant Disease		27	34
14 Diabetes		7	5
15 Cerebral Haemorrhage, etc.		14	13
16 Heart Disease		44	43
17 Aneuryism		1	1
18 Other Circulatory Diseases		13	14
19 Bronchitis		7	8
20 Pneumonia (all forms)		14	3
21 Other Respiratory Diseases		9	5
22 Peptic Ulcer		2	
23 Diarrhoea, etc. (under 2 years)		1	1
24 Appendicitis			2
25 Cirrhosis of Liver		***************************************	1
26 Other Diseases of Liver, etc.			3
27 Other Digestive Diseases		6	2
28 Acute and Chronic Nephritis		7	2
29 Puerperal Sepsis			
30 Other Puerperal Causes			1
31 Congenital Debility, Prematur Malformation, etc	re Birth,	4	5
32 Senility		15	24
33 Suicide		3	1
34 Other Violence		9	12
35 Other Defined Diseases		13	30
36 Causes, ill-defined or unknown			

-