

[Report 1946] / Medical Officer of Health, Rayleigh U.D.C.

Contributors

Rayleigh (England). Urban District Council.

Publication/Creation

1946

Persistent URL

<https://wellcomecollection.org/works/tvz7nz44>

License and attribution

You have permission to make copies of this work under a Creative Commons, Attribution license.

This licence permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. See the Legal Code for further information.

Image source should be attributed as specified in the full catalogue record. If no source is given the image should be attributed to Wellcome Collection.



Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

ALLEN
SERIES
73

**URBAN DISTRICT OF
RAYLEIGH**

ANNUAL REPORT

OF THE

**MEDICAL OFFICER OF
HEALTH**

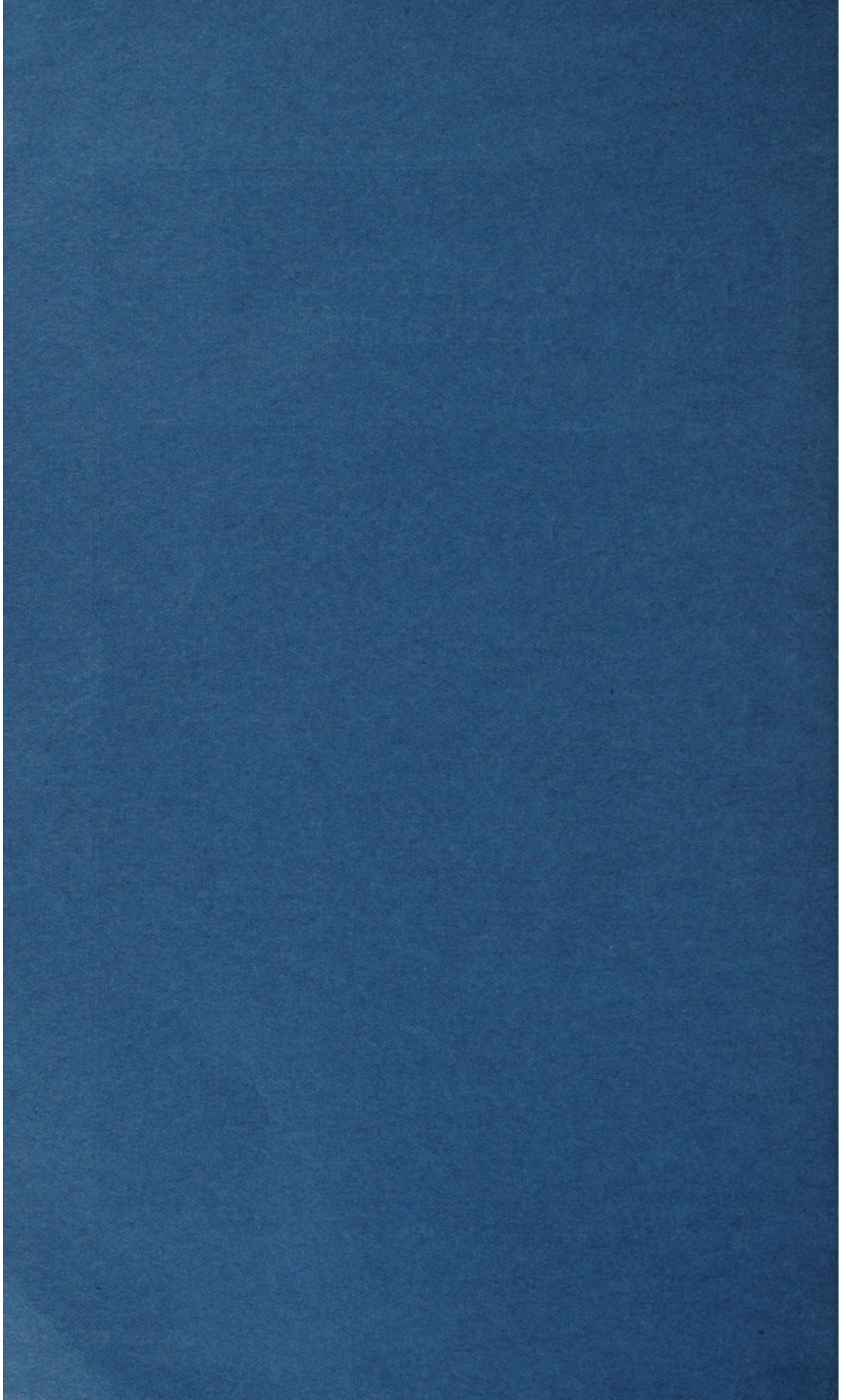
(Norman Lorraine, M.D., Ch.B., D.P.H., F.R.S.E.)

including **THE REPORT** of the

Sanitary Inspector

(E. H. LLOYD, C.R.S.I.)

for 1946



Annual Report of the Medical Officer of Health for the Year 1946

PUBLIC HEALTH DEPARTMENT,
LONDON ROAD,
HADLEIGH, ESSEX.

To the Chairman and Members of the
Urban District Council of Rayleigh.

Madam Chairman and Gentlemen,

I have the honour of presenting for your consideration my Seventeenth Annual Report on the health and sanitary circumstances of your Urban District for the year 1946.

In accordance with Ministry of Health Circular 13/47 of the 13th March, 1947, this report is prepared on the lines of that for 1945 as indicated in Ministry of Health Circular 28/46 dated 11th February, 1946, and is intended to be an interim report.

Throughout the year, the sympathetic consideration and assistance of the Council have been a great help.

I am especially indebted to all members of the staff of the Department for their loyal co-operation and assistance.

I beg to remain,

Your obedient Servant,

NORMAN LORRAINE,

M.D., M.B., Ch.B., F.R.S.E., D.P.H.,
R.C.P.S. (Edin.) & R.F.P.S. (Glas).

July, 1947.

SECTION "A"—STATISTICS AND SOCIAL CONDITIONS OF THE AREA.

Area (in acres)	6,158
Number of inhabited houses at 31st December, 1946 (according to Rate Book)	2,730
Registrar-General's estimate of resident population	8,320
Rateable Value	£55,542
Sum represented by a penny rate	£225

In the above and following statistics, several routine details are omitted, as non-essential.

EXTRACTS FROM VITAL STATISTICS OF THE YEAR.

			Total	M.	F.	
<i>Live Births:</i>	146	78	68	Birth Rate per 1,000
Legitimate	139	76	63	of the estimated
Illegitimate	7	2	5	resident population
						= 17.5
<i>Still Births:</i>	5	4	1	Rate per 1,000 total
Legitimate	5	4	1	(live and still) births
Illegitimate	—	—	—	= 33.1
<i>Deaths:</i>	106	55	51	Death Rate per 1,000
						of the estimated
						resident population
						= 12.7

Deaths from puerperal causes:

Puerperal sepsis	—
Other maternal causes	—

Death Rate of Infants under one year of age:

Total number of infant deaths	1
All infants per 1,000 live births	6.8
Legitimate infants per 1,000 legitimate live births	7.2
Illegitimate infants per 1,000 illegitimate live births	—

COMPARATIVE TABLE OF BIRTH AND DEATH RATES
DURING THE YEAR 1946.

	Rate per 1,000 resident population		Deaths under one year per 1,000 registered live births
	Live Births	Deaths from all causes	
England and Wales ...	19.1	11.5	43
126 County Boroughs and Great Towns (in cluding London) ...	22.2	12.7	46
148 Smaller Towns Resi- dent Population 25,000-50,000 at 1931 Census	21.3	11.7	37
London Adm. County ...	21.5	12.7	41
Rayleigh U.D.	17.5	12.7	7

It will be noted with pleasure that the Infant Mortality Rate of the District (6.8) is the lowest on record as far as Rayleigh is concerned. The Birth Rate, although a little below the average for England and Wales, is higher than in recent years. The Death Rate compares favourably with the rest of the Country.

TABLE OF BIRTH, DEATH AND INFANT MORTALITY RATES.

					<i>Infant Mortality</i>
<i>Year</i>	<i>Birth Rate</i>		<i>Death Rate</i>		<i>Rate</i>
1942 ...	16.1	...	15.5	...	39.0
1943 ...	14.8	...	14.5	...	17.7
1944 ...	15.2	...	13.7	...	35.4
1945 ...	16.3	...	15.9	...	16.2
1946 ...	17.5	...	12.7	...	6.8

DEATHS AT VARIOUS AGES DURING 1946.

Age	Deaths			Number of deaths which apply to District
	Number in District	Outward Transfers	Inward Transfers	
Under 1 year	—	—	1	1
1 and under 2	—	—	—	—
2 " " 5	1	—	—	1
5 " " 15	1	—	2	3
15 " " 25	—	—	—	—
25 " " 35	1	1	1	1
35 " " 45	7	1	2	8
45 " " 55	2	—	4	6
55 " " 65	5	—	10	15
65 " " 75	16	—	15	31
75 and upwards	28	1	13	40
TOTALS ...	61	3	48	106

CAUSES OF DEATH IN THE URBAN DISTRICT OF RAYLEIGH
DURING 1946.

	<i>Male</i>	<i>Female</i>	<i>Total</i>
All causes	55	51	106
1. Typhoid and paratyphoid fevers ...	—	—	—
2. Cerebro-spinal fever	—	—	—
3. Scarlet Fever	—	—	—
4. Whooping Cough	—	—	—
5. Diphtheria	—	—	—
6. Tuberculosis of respiratory system ...	1	3	4
7. Other forms of tuberculosis	1	—	1
8. Syphilitic diseases	—	—	—
9. Influenza	2	—	2
10. Measles	—	—	—
11. Acute polio-myelitis and polio-encephalitis	—	—	—
12. Acute infective encephalitis	—	—	—
13. Cancer of buc: cav: and oesoph: (M)			
uterus (F)	2	—	2
14. Cancer of stomach and duodenum ...	2	2	4
15. Cancer of breast	—	3	3
16. Cancer of all other sites	3	3	6
17. Diabetes	1	1	2
18. Inter-cranial vascular lesions	8	9	17
19. Heart disease	10	14	24
20. Other diseases of circulatory system ...	2	—	2
21. Bronchitis	5	2	7
22. Pneumonia	3	3	6
23. Other respiratory diseases	—	—	—
24. Ulcer of stomach or duodenum	—	—	—
25. Diarrhoea under 2 years	—	—	—
26. Appendicitis	1	1	2
27. Other digestive diseases	1	1	2
28. Nephritis	1	1	2
29. Puerperal and post-abortion: sepsis ...	—	—	—
30. Other maternal causes	—	—	—
31. Premature birth	—	—	—
32. Con: mal: birth inj: infant: dis: ...	1	1	2
33. Suicide	—	—	—
34. Road traffic accident	2	—	2
35. Other violent causes	—	1	1
36. All other causes	9	6	15

SECTION " B "—GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA.

In respect of (a) Laboratory facilities, (b) Ambulance facilities, (c) Nursing in the Home, (d) Treatment Centres and Clinics, and (e) Hospitals, there are no essential changes to note.

SECTION " C "—SANITARY CIRCUMSTANCES OF THE AREA.

Water supply. The water undertakers for the area are the Southend Waterworks Company who maintained a constant supply of water throughout the year. The Company submitted during the year reports from an independent Analyst upon four samples of water taken from their mains, all of which were reported as satisfying a bacteriological and chemical examination.

During the year 13 houses formerly relying on well and rain water supplies were connected to the mains of the water undertakers. In addition, 62 new properties were connected to the main supply.

The approximate percentage of dwelling-houses and the approximate percentage of population supplied from public mains at the end of the year was as follows:—

Direct to the houses	...	95.90% of dwelling-houses.
		96.78% of population.
By means of stand-pipe	...	1.21% of dwelling-houses.
		0.94% of population.

Drainage and Sewerage. During the year 1,470 yards of new sewer was laid designed to serve 42 existing premises and a proposed estate of 32 municipal houses.

11 premises formerly relying on conservancy systems of drainage were connected to the sewer during the year.

Most of the built-up area is now sewered, approximately 76.82% of premises in the district being served. Several groups of houses, however, too congested to rely on conservancy system of drainage, are still without main drainage and the worst of these are due to be dealt with in a three year programme of works formulated during the year.

Public Cleansing. Refuse and salvage are collected from house to house throughout the District, the collection being at weekly intervals in the main shopping area and at fortnightly intervals elsewhere. Regular collections were maintained throughout the year.

Night soil is collected at weekly intervals by the Council from 67 premises in the District.

The results of the salvage collection were encouraging and the post-war apathy of the public on this subject was not so evident as in the Country generally.

The weight of salvage collected during the year was over 84 tons, a decrease of 25 tons on the previous year, but this was more than accounted for by the cessation of the Council's kitchen waste collection which has now reverted to a voluntary collection sponsored by the local authority and the amounts collected are not known. The receipts from salvage amounted to £767, an increase of £64 on the previous year.

Factories Act, 1937. 33 inspections were made of factories and two defects were found and remedied.

Petroleum (Consolidated) Regulations, 1928. Licences to store petroleum in respect of 14 premises were granted during the year. 20 visits were paid during the year to premises storing or proposing to store petroleum.

General. During the year 1,659 visits were made in respect of the detection and abatement of nuisances, the repair and improvement of houses, the abatement of overcrowding, the re-housing of persons inadequately housed, building licence applications, the requisitioning of property, the administration of the Factories Act, Food and Drugs Act, Milk and Dairies Order, The Rats and Mice (Destruction) Act, enquiries into cases of infectious disease, water supplies, movable dwellings, etc., etc.

SECTION " D "—HOUSING.

Repair of properties was confined to those works necessary to abate nuisances, and 59 houses were repaired under this heading. Great difficulty was experienced in obtaining the execution of works owing to the shortage of labour and materials.

SECTION " E "—INSPECTION AND SUPERVISION OF FOOD.

There were on the Register of Dairymen on 31st December, 1946, 12 producers, including three producer-retailers, two shops from which milk is sold in sealed bottles as received from a registered dairy, and three firms who retail milk in the District from vehicles and who are registered at Dairies situated outside the District.

97 visits were made to producers' and retailers' premises, and samples of milk were taken and submitted for analysis as to the cleanliness of production, bottling, and distribution, with the following results:

			Satisfactory		Unsatisfactory		Total
Tuberculin Tested Milk	8	...	1	...	9
Accredited Milk	7	...	1	...	8
Pasteurised Milk	12	...	—	...	12
Ordinary Milk	25	...	1	...	26
			<hr/> 52		<hr/> 3		<hr/> 55

12 samples of Pasteurised Milk were submitted to a phosphate test and all were found to have been adequately heat treated.

The Essex County Council have supplied the following information relating to samples of graded milks taken at producers premises licensed by them under the provisions of the Milk (Special Designations) Order.

			Satisfactory		Unsatisfactory		Total
Tuberculin Tested Milk	12	...	—	...	12
Accredited Milk	18	...	4	...	22
			<hr/> 30		<hr/> 4		<hr/> 34

Milk (Special Designations) Order. Licences under this Order have been issued by the Essex County Council and the District Council as follows:—

			Tuberculin Tested		Accredited		Pasteurised		Total
Producers	2	...	3	...	—	...	5
Retailers	2	...	—	...	2	...	4
			<hr/> 4		<hr/> 3		<hr/> 2		<hr/> 9

Meat and Other Foods. A Ministry of Food Slaughter-house is situated within the District and during the year, inspection of the following took place:—

Beasts	2,917
Sheep	4,134
Calves	532
Pigs	1,005

having a total approximate weight of 1,673 tons. Of this amount approximately 47 tons was condemned as unfit for human food.

The following foodstuffs weighing $5\frac{1}{2}$ cwts. were voluntarily surrendered by shopkeepers and condemned as unfit for human consumption:—

Meat	92 lbs.
Canned Meat	112 „
Fish	140 „
Miscellaneous tinned goods	272 „

The facts and figures shown under Sections C, D and E have been provided by the Sanitary Inspector.

SECTION " F "—PREVALENCE OF, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES.

As will be seen from the table on page 12, there was a very low incidence of notifiable infectious diseases during the year, and the general health conditions of the Urban District are very satisfactory.

Only one case of confirmed Diphtheria occurred during the year. The child, a boy aged 9 years, although not having been immunised at all, made a satisfactory recovery and was discharged home after seven weeks in the Isolation Hospital.

Of Infective Hepatitis which became notifiable in this area under the Jaundice Regulations, 1943, only two cases were reported. In respect of this disease, a memorandum has been drawn up by me for issue to each household where a case of Jaundice occurs, and a copy is shown on page 13.

Measles, in its periodicity at the end of the year, showed a very low rate of incidence when compared with the rest of the Country. The number of cases of Whooping Cough, although not high, revealed an increase on the extremely low figure for 1945.

Of the two cases of Food Poisoning, one was the result of eating cockles. The cases were uncomplicated and mild, of short duration and uninterrupted recovery.

It is gratifying to notice that according to the figures of the Registrar-General there were no deaths from the usual notifiable infectious diseases during the year.

Returning Service personnel from abroad for demobilisation became associated with numerous cases of Smallpox whilst en route for the United Kingdom on the various troopships and 11 possible contacts of this disease who were destined for the Rayleigh area were notified during the early part of 1946. Investigations were made and surveillance kept of these persons and I am glad to report that there were no developments.

With regard to the outbreak of Smallpox in the Thurrock Urban District in February, 1946, there were no contacts who resided in the Rayleigh area.

Tuberculosis. I am unaware of any undue incidence of this disease associated with any local cause or condition. The majority of cases come from outside the District, chiefly from the Greater London area and are either brought to notice as transfers into the District under the Public Health (Tuberculosis) Regulations, 1930, or by formal notification locally for the first time.

During 1946, 10 cases of tuberculosis were notified as hereunder:—

		<i>Male</i>		<i>Female</i>		<i>Total</i>
Pulmonary	...	4	...	3	...	7
Non-pulmonary	...	1	...	2	...	3

It is regretted that during the year 5 deaths occurred from Tuberculosis as follows:—

		<i>Male</i>		<i>Female</i>		<i>Total</i>
Pulmonary	...	1	...	3	...	4
Non-pulmonary	...	1	...	—	...	1

Scabies. A few cases were officially brought to my notice during the year and were suitably dealt with.

Venereal Disease. Regulation 33B does not come within the purview of the Local Sanitary Authority.

Diphtheria Immunisation. The scheme in this District continues to work satisfactorily, although the migratory nature of the population adds to the local difficulties.

There is, however, still room for improvement in the number of children to be immunised, which, of course, is dependent on the parents, who should see to it that their children are fully protected.

The percentage of all children immunised shows a decrease on that for 1945, although, in a measure, this is due to the estimated child population being relatively much higher than in previous years together with increased losses attributed to the up-grading process which is necessary in order to keep the number of children immunised at any time within the prescribed age limit of 0—14 years.

At the end of December, 1946, the percentage of the child population considered to be immunised was as follows:—

<i>Under 5 years</i>	<i>5-14 years</i>
60.9%	79.3%

General. The question of appointing a Deputy Medical Officer of Health was considered by the appropriate Committees before the recent War, but owing to the uncertainty of the future at the material time and the shortage of medical man-power, it was decided that the matter should be deferred for the time being.

In October, 1946, I again drew the attention of my three Local Authorities to the urgent necessity of appointing a permanent Deputy to act for me when I was unable to act, and Dr. J. H. Crosby, M.B., D.P.H., Assistant County Medical Officer to the Essex County Council, was, with the knowledge and approval of the County Medical Officer, subsequently nominated for the appointment, and at a meeting of a Composite Committee on the 16th December, 1946, with representatives from each Local Sanitary Authority, Dr. Crosby was recommended for the appointment of Deputy Medical Officer of Health for the Urban Districts of Benfleet, Canvey Island and Rayleigh.

Whilst awaiting ratification by each of the Local Authorities concerned (which was ultimately given) and thereafter the approval of the Essex County Council before application was made to the Minister of Health for confirmation of the appointment, information was received on the 28th February, 1947, that Dr. Crosby had, in the meantime, been appointed as Medical Officer of Health for the Borough of Chingford and would therefore be unable to accept the post of Deputy Medical Officer of Health for my three Local Authorities.

I consider that this matter should again receive urgent attention in view of the nature of my many commitments and all-round increase of work, as soon as a suitably qualified Medical Officer becomes available. In my view, he should be in possession of the Diploma of Public Health or corresponding qualification.

NOTIFIABLE DISEASES (OTHER THAN TUBERCULOSIS) DURING THE YEAR 1946.

Notifiable Disease	Cases included in Weekly Returns													Total Deaths	Sex	
	At Ages															
	At all ages	0 to 1	1 to 2	2 to 3	3 to 4	4 to 5	5 to 10	10 to 15	15 to 20	20 to 35	35 to 45	45 to 65	65 and over	Cases admitted to Hospital		
Scarlet Fever ...	6	—	—	1	—	2 (1)	1	2	—	—	—	—	—	4	2	4
Whooping Cough ...	27	2	4	1	4	3	12	—	—	—	—	1	—	(1)	10	17
Diphtheria ...	1	—	—	—	—	—	1	—	—	—	—	—	—	1	1	—
Measles ...	31	—	3	2	3	4	14	3	—	1	1	—	—	1	15	16
Acute Pneumonia ...	11	—	1	—	1	—	1	—	—	—	2	3	3	4	6	5
Erysipelas ...	7	—	—	—	—	—	1	1	—	1	—	3	1	—	5	2
Infective Hepatitis ...	2	—	—	—	—	—	—	—	2	—	—	—	—	—	1	1
Dysentery ...	1	—	—	—	—	—	—	1	—	—	—	—	—	—	1	—
Food Poisoning ...	2	—	—	—	—	—	—	—	—	1	—	1	—	—	1	1

The figures in parentheses indicate the number of cases in which the diagnosis was corrected

URBAN DISTRICTS OF BENFLEET, CANVEY ISLAND AND RAYLEIGH.

CATARRHAL JAUNDICE, OR INFECTIVE HEPATITIS.

This disease is a notifiable infectious disease in this area and, accordingly, your local medical attendant is bound to advise me as soon as he becomes aware of the occurrence of a case.

At present it is occurring widely throughout Europe and the Mediterranean area and it is believed to be caused by an infective agent which has so far not been isolated.

The infectivity of the disease is low among the general population but it can be spread fairly readily, though slowly, among the community.

It is rarely fatal but it is unpleasant and may incapacitate the unfortunate victim for some weeks.

All the experts are agreed that, as sources of infection, there has been no cause to suspect water, or milk supplies or foodstuffs, nor can the infection have been spread by animals. Patients infected must have close contact with other persons who either were suffering from the disease or had just recovered. Most of the patients where epidemics have occurred have been under the care of private doctors and it was found that confinement to bed for a few days with restriction of fats and as much an increase of sugar as is possible was entirely effective.

It is probable that the infection is spread by droplets but no proof of this has so far been found, and the spread of infection may well be from the bowels conveyed by the fingers.

Precautions. After persons in the same household attend to the patient, strict cleanliness should be observed by them such as washing the hands with a disinfectant soap or using some disinfectant solution which can be provided, on request, free of charge, through the Sanitary Inspector's Department of the Council concerned. Any sanitary defects in the house should be brought to the notice of the Sanitary Inspector when he calls.

Schoolchildren. Contacts living in the same household where the disease exists need not be kept away from school unless they show evidence of vomiting or any unusual symptoms in which case you should consult your own Doctor.

N. S. R. LORRAINE, M.D., D.P.H.,
Medical Officer of Health.

Public Health Department,
London Road,
Hadleigh, Essex.

February, 1946.

UKRAINIAN DISTRICT OF HENRIETTA, CANVEY ISLAND AND KATYLA

CATARRAH, JAVARIC, OR INJECTIVE HEPATITIS

This disease is a bacterial infectious disease in this area and is caused by a bacterial agent which is found in water and is known as the bacterial agent of the occurrence of a case.

At present it is occurring widely throughout Katylo and the surrounding area and it is believed to be caused by an infective agent which has so far not been isolated.

The intensity of the disease is low among the general population but it can be spread fairly readily through water, among the community.

It is easily fatal but it is unpleasant and may incapacitate the unfortunate victim for some weeks.

All the reports are agreed that, as sources of infection, there has been no cause to suspect water or milk supplies or foodstuffs, but the infection have been spread by animals. Persons infected must have close contact with other persons who either were suffering from the disease or had just recovered. Most of the patients whose epidemics have occurred have been under the care of private doctors and it was found that confinement to bed for a few days with restriction of fat and as much an increase in sugar as possible was entirely effective.

It is probable that the infection is spread by contact but so far in this area so far been found, and the spread of infection may well be from the faeces conveyed by the fingers.

Precautions. After periods in the same household attend to the patient, strict cleanliness should be observed by them such as washing the hands with a disinfectant soap or using some disinfectant solution which can be provided, on request, free of charge through the Sanitary Inspector's Department of the Council concerned. Any sanitary defects in the house should be brought to the notice of the Sanitary Inspector when he calls.

Schoolchildren. Contacts living in the same household where the disease exists need not be kept away from school unless they show evidence of vomiting or any unusual symptoms in which case you should consult your own Doctor.

N. S. R. LORRAINE, M.D., D.P.H.

Medical Officer of Health

February, 1945

Public Health Department

London Road

Bradford, Essex

