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CITY OF PLYMOUTH

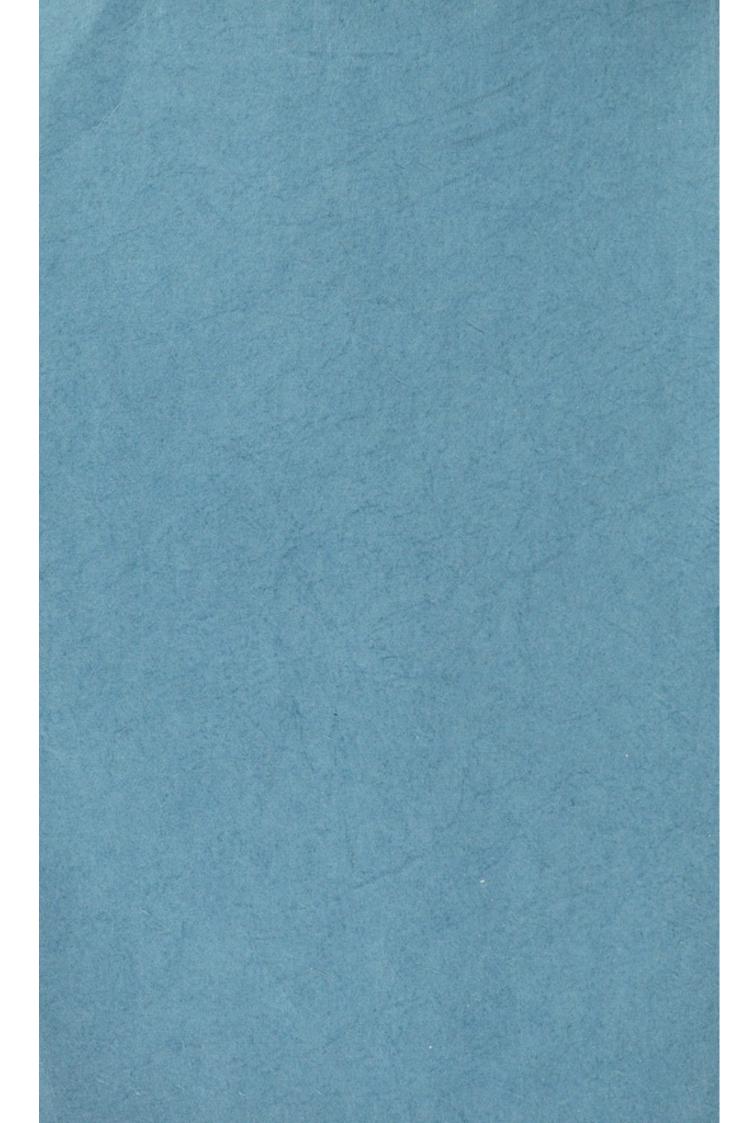


# ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

for the Year 1965





CITY OF PLYMOUTH



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of the

MEDICAL OFFICER OF HEALTH

for the Year 1965

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#### HEALTH AND WELFARE SERVICES COMMITTEE

Chairman: Alderman I. C. Lowe.

Vice-Chairman: Councillor Mrs. A. K. Osborne.

Aldermen W. T. Ainsworth, E. Broad, Mrs. L. Newbery, Miss E. K. Pryor, P. N. Washbourn.

Councillors Mrs. D. E. Drake, G. H. Miles, K. A. G. Parker, G. A. Prowse, Mrs. H. M. Ward.

Two members from the Local Medical Committee:

Dr. O. L. Lander, Dr. J. Nixon Morris.

#### EDUCATION COMMITTEE

Chairman: Alderman T. H. Stanbury.

Vice-Chairman: Councillor L. Hill.

Aldermen R. G. King, H. G. Mason, Miss E. K. Pryor, F. J. Stott.

Councillors Mrs. E. Baker, B. F. Brockington, D. G. Carter, R. C. Curry, J. W. R. Davies, Mrs. D. E. Drake, Mrs. D. M. Fleury, Mrs. G. R. Grierson, Mrs. M. Jago, C. F. Jones, R. V. Morrell, L. F. Paul, Mrs. G. M. Tucker, Mrs. H. M. Ward.

Ten members not of the Council:

Rev. P. L. Camp, Mrs. D. Childs, M. J. C. Clarke, C. E. G. Cocks, P. Fletcher, Mrs. B. Furzeman, Monsignor M. P. O'Neill, Mrs. K. Peirce, H. J. Perry, Rev. A. Skelding.

#### SPECIAL SERVICES SUB-COMMITTEE

Chairman: Councillor R. C. Curry.

Alderman Miss E. K. Pryor.

Councillors B. F. Brockington, J. W. R. Davies, Mrs. D. E. Drake, Mrs. D. M. Fleury, Mrs. M. Jago, Mrs. G. M. Tucker, Mrs. H. M. Ward.

Mrs. D. Childs, M. J. C. Clarke, Mrs. B. Furzeman, Mrs. K. Peirce, H. J. Perry, Rev. A. Skelding.

#### HEALTH OFFICERS OF THE AUTHORITY

#### Medical

Medical Officer of Health; Port Medical Officer; Principal School Medical Officer:

T. Peirson, M.D., M.R.C.S., L.R.C.P., D.P.H. (Retired 3/5/66);

T. A. I. Rees, B.Sc., M.B., B.Ch., D.C.H., D.Obst.R.C.O.G., D.P.H., D.I.H. (Commenced 9/5/66).

Deputy Medical Officer of Health; Deputy Port Medical Officer; Senior School Medical Officer:

G. B. CARTER, M.B.E., M.D., D.P.H.

Senior Maternity and Child Welfare Medical Officer:

T. R. W. Forrest, M.R.C.S., L.R.C.P.

Senior Mental Health Medical Officer:

N. R. MATHESON, M.B., Ch.B., C.P.H.

Assistant School Medical Officer:

L. N. TRETHOWAN, M.R.C.S., L.R.C.P.

Assistant Medical Officer of Health - Port and General:

T. A. LLOYD JAMES, M.B., B.S.(LOND.), M.R.C.S., L.R.C.P. (Resigned 30/11/65).

Assistant Maternity and Child Welfare and School Medical Officers:

ENID ATKINS, M.B., Ch.B., D.C.H.

M. H. Borthwick, M.R.C.S., L.R.C.P.

H. W. Haskins, M.B., ch.B. (Commenced 1/3/65).

D. Bailey, M.B., B.S. (Commenced 13/9/65).

Senior Chest Physician;

(In conjunction with the Regional Hospital Board)

J. J. Y. Dawson, M.C., M.D., M.R.C.P., M.R.C.S.

Chest Physician:

(In conjunction with the Regional Hospital Board)

E. ASHMAN, M.R.C.S., L.R.C.P.

#### Dental

Senior Dental Officer:

R. M. MAYNARD, L.D.S.

Dental Surgeons - School Health and Mothers and Young Children:

J. F. Gray, L.D.S. (Died 23/10/65).

M. S. WIDDUP, L.D.S.

MISS P. M. SIMPSON, L.D.S.

MRS. K. J. M. YOUNG, B.D.S. (Commenced 12/2/65).

#### Other Staff

Chief Public Health Inspector:

W. G. Lock, M.A.P.H.I.\*†§

Port Health Inspector:

L. MILLER, M.A.P.H.I.

Senior Welfare Services Officer:

H. J. PATERNOSTER, F.I.S.W.

Superintendent Health Visitor|School Nurse:

Mrs. B. H. Lewis, S.R.N., S.C.M., H.V.CERT., Q.N.S.

Non-Medical Supervisor of Midwives and Superintendent of Midwiferv:

Mrs. S. K. C. Chatfield, R.f.N., S.R.N., S.C.M., M.T.D. (Resigned 31.8.65).

MISS H. E. CLUEIT, R.F.N., S.R.N., S.C.M., M.T.D. (Commenced 2/9/65).

Superintendent of District Nurses' Home:

MISS D. M. WILLIAMS, S.R.N., S.C.M., M.T.D., H.V.CERT.

Chief Clerk:

C. L. Marsh (Died 9/3/66).

G. G. BAKER, M.B.E., T.D.

Ambulance Officer:

R. D. Sampson, S.B.ST.J.

Moral Welfare Officer:

MISS B. FEATHERSTON.

Home Help Organiser:

Mrs. P. Nodder (Retired 19/6/65).

MRS. D. I. FISHLEY (Commenced 29/7/65).

<sup>\*</sup> Public Health Inspector's Certificate.

<sup>†</sup> Meat Inspector's Certificate.

<sup>§</sup> Sanitary Science Certificate.

TO THE LORD MAYOR, ALDERMEN AND COUNCILLORS OF THE CITY OF PLYMOUTH

I have the honour to present to you my Annual Report on the health of the city for the year 1965.

This, my first report to you as Medical Officer of Health, refers to a period when my predecessor, Dr. T. Peirson, was in office and I would take this opportunity to pay tribute to him.

Dr. Peirson was appointed Deputy Medical Officer of Health on the 8th August, 1930, and, following some months as acting Medical Officer of Health, he was appointed Medical Officer of Health on the 5th December, 1932. He continued to serve the city ably, nobly and cheerfully until he retired 65 years young in May, 1966. The present standard of the department and the state of health of the city are ample testimony to the excellence and success of his stewardship. I am sure, however, that Dr. Peirson would want to qualify this by stating that nothing would have been achieved but for a capable and loyal staff and, above all, the necessary support, help and encouragement given by active and far-seeing Health Committees and Councils over the years. I hope he enjoys a long and happy retirement and thank him most sincerely for my inheritance.

Before writing this report I read through Dr. Peirson's first annual report to you and it is for the year 1932. An index of the improvement in the health of the city during this period is given by comparing some vital statistics.

				1932	1965
Live Births				3,251	3,765
Stillbirths				153	51
Stillbirth Rate				44.94	13.36
Maternal Deaths associated	with	Childbir	th	33	1
Deaths under 1 year of age				190	61
Infant Mortality Rate				58.44	16.20
Notified Cases of Tuberculo	sis			303	85
Notified Cases of Diphtheria	a			444	Nil
Deaths from Tuberculosis				193	4
Deaths from Diphtheria				20	Nil
Deaths from Measles				6	Nil
Deaths from Whooping Cou	gh			16	Nil

On behalf of the department and myself, I would like to pay tribute to the memory of Mr. C. L. Marsh who died in March, 1966. He had been on the staff of the Health Department for nearly thirty-nine years, the last eighteen years as Chief Clerk. His death was sudden and unexpected and he has been sorely missed, but his monument is the administrative structure of the department for which he was largely responsible.

My thanks go to all members of the staff for their loyal and efficient work during 1965 and a particular thanks to those who have helped in providing this report.

I am, my Lord Mayor, Ladies and Gentlemen, Your obedient servant,

T. A. I. REES.

HEALTH AND WELFARE DEPARTMENT, THE MUNICIPAL OFFICES, PLYMOUTH.

(Tel.: Plymouth 68000.) October 1966.

# Statistics and Social Conditions of the Area, 1965

Area in acres (Land Rateable value of the Sum represented by Registrar-General's Number of marriage Marriage Rate per	the peniestimate in the	 ny rate ( of the h City dur	estimated nome popularing 1965	£8,467,469 d) £34,740 ulation 212,550 1,795
	oyed pers	sons in t	he City A	Area as at December,
1965 :	$A_{l}$	ge		Total
Men Boys Women Girls	18 and 15 to 1 18 and 15 to 1	7 over	i	382
			Тота	AL 1,822
	M	F	Total	Commission of the Parket of th
All Deaths	1,249	1,168	2,417	Death rate per 1,000 of estimated home population – 11.37
Comparability factor	s Bi	rths	1.02	population – 11.07
	D	eaths	1.02	
STATISTICS R	ELATIN	IG to M	OTHER	S AND INFANTS
Live Births:				
Legitimate	1,772	1,660	3,432	Birth rate per 1,000
Illegitimate	190	143	333	of the estimated
Smile of wholl re-la	1,962	1,803	3,765	home population 17.71
Stillbirths:	M	F	Total	
Legitimate	19	22	41	Stillbirth rate per
Illegitimate	4	6	10	1,000 total (live
				and still) births
	23	28	51	13.36

Total live and still births: 3,816

#### Infant Deaths:

(under 1 year)	M	F	Total	
Legitimate	32	24	56	
Illegitimate	3	2	5	
	_	_	_	
	35	26	61	
			f total	16.20
Infant mortality per	1,000 liv	e births	<pre>{ legitimate</pre>	16.32
			legitimate illegitimate	15.02
Neonatal mortality	rate (de	aths und		
1,000 total live bi	rths)			10.09
Early Neonatal mor	tality ra	te (death	ns under 1 week	
per 1,000 total liv	e births)			8.76
Perinatal mortality	rate (stil	llbirths a	nd deaths under	
1 week combined,	per 1,00	0 total liv	ve and stillbirths)	22.01
Maternal deaths (incl	uding ab	ortion)		. 1
Maternal mortality ra	ate per 1	,000 live	and stillbirths	0.26
Illegitimate live birth	s per cer	nt of tota	l live births	8.84%

Cremation The Medical Officer of Health, in his capacity as Medical Referee of the City Crematorium, dealt with 1,767 applications for cremation during the year as compared with 1,671 in the previous year. It was necessary in five cases to require a post-mortem examination before authorising cremation.

Medical Examinations of Council out: 1,073 of these examinations were carried out: 1,073 of these examinations were to assess fitness of employees or prospective employees for occupation and suitability for entry to the Council's Superannuation and Sick Pay Schemes.

#### Of these:

- (a) 817 (76%) were found free from any defect likely to affect their service and were reported to the employing department as fit for employment and entry to the schemes.
- (b) 11 were found unfit for Corporation employment.
- (c) 53 (4.9%) were found to possess defects likely to curtail materially their working life or lead to undue absence owing to sickness. They were reported as being reasonably fit for their proposed employment, but not for entry to the Superannuation or Sick Pay schemes.

(d) 192 (18%) were found to have defects probably of a temporary or remediable nature. Though unfit for entry to the schemes at the time of examination it is probable that most of this group would be able to enter the schemes on re-examination after suitable treatment or a period of observation.

#### RETIREMENT ON MEDICAL GROUNDS.

Forty-three persons in Corporation employment were recommended for retirement on medical grounds before the normal retiring ages. Four of these were officers. The average age of those retiring was 57 years 5 months and the average length of service 23 years 5 months.

#### MISCELLANEOUS EXAMINATIONS.

Fifty other examinations were carried out, including fifteen for other Authorities.

Chest X-ray examinations were made on employees of Health and Children Departments and on prospective employees of other departments when clinically indicated. Cancer I am indebted to Mrs. Longstaffe, the Records
Officer of the Cancer Records Bureau, for information concerning the incidence of Cancer amongst Plymouth
residents in respect of 1964. Information in respect of 1965 was
not available when this report was printed.

PLYMOUTH RESIDENTS
REGISTRATIONS BY AGE, SITE AND SEX

R	EGI	STRAT	TONS	BY A	GE, S.	ITE A	ND SE	. A	
		Under 20	20-29	30–39	40-49	50-59	60-69	70 +	Total
140-148 Buccal Cavity and Pharynx	y M	-		-	1	6	1	6	14
AUTOMOBILION AND AND AND AND AND AND AND AND AND AN	F	-	-	-	3	-	1	4	8
150–159 Digestive Organs and Peritoneum	М		1		5	17	33	40	97
Peritoneum		-		1					
	F	-	-	3	8	16	19	39	85
160–165 Respiratory System	м	_	_	_	4	22	30	18	74
	F	_	1	- 2	2	3	4	1/_ 10	9
170 Breast	М	_	_			_	_		Page 1
	F	_	1	2	20	15	22	18	78
171-181 Genito-urina Organs	M	-	-	2	3	7	24	35	71
	F	-	-	3	13	22	16	10	64
190-191 Skin	M	-	-	4	2	8	13 ·	13	40
	F	-	-	2	2	3	6	22	35
192-199 Other and unspecified sites	М	2	_		4	6	8	3	23
	F	1	1	1	3	4	6	5	21
200-205 Lymphatic a Hæmatopoie tissues	nd tic M	2	-		_	3	6	3	14
	F	1	1		3	3	3	2	13
		1	1		0	0	- 3	-	10
TOTAL		6	4	18	73	135	192	218	646

#### VITAL STATISTICS-1914-1965

	STII	LBIRTHS.	INFANT 1	MORTALITY.	NEO-M	ORTALITY.	1	1	MATERNAL	MORTALIT	Υ.	
							Sp	PSIS.	OTT	IERS.	To	TAL.
YEAR.	No.	Rate per 1,000 Live and Still Births.	No. of Deaths under 1 year.	Rate per 1,000 Live Births.	No. of Deaths under 4 weeks.	Rate per 1,000 Live Births.	No. of Deaths.	Rate per 1,000 Live and Still Births.	No. of Deaths.	Rate per 1,000 Live and Still Births.	No. of Deaths.	Rate per 1,000 Live and Still Births.
1914	51	10.02	553	109.7	215	42.68	5	.98	22	4.32	27	5.30
1915 1916	29 64	6.80 14.51	505 394	119.3	145	34.26	6	1.41	17	3.98	23	5.39
1917	59	17.57	376	90.6 96.95	140 137	32.20 35.33	4 2	.90 1.50	20 15	4.53 3.81	24 17	5.43 4.31
1918	133	33.24	373	96.63	132	34.20	5	1.25	14	3.50	19	4.75
Average 1919	67 143	16.43	444	102.63	154	35.73	4	1.21	17	4.03	22	5.03
1920	153	33.70 27.61	352 403	85.85 74.78	135 182	32.93 33.78	5 4	1.18	18 22	4.24 3.96	23 26	5.42 4.69
1921	3	3	347	77.52	153	34.18	3	.67	12	2.68	15	3.35
1922	134	31.22	309	74.31	153	36.81	4	.93	17	3.96	21	4.89
1923 Average	129 139	30.33 30.71	209 324	50.67 72.62	102	24.74	5	1.17	12	2.82	17	3.99
1924	125	32.23	306	81.53	145 128	32.49 34.11	6	.94 1.54	16 19	<b>3.53</b> 4.90	20 25	6.44
1925	?	3	243	63.0	117	30.54	3	.78	15	3.91	18	4.69
1926 1927	3	3	262	71.9	106	29.12	3	.83	8	2.19	11	3.02
1928	149	39.64	214 250	61.0 69.2	112 121	31.99 33.53	11 5	3.15 1.38	16 17	4.56 4.71	27 22	7.71 6.09
Average	137	35.93	255	69.32	117	31.85	5	1.53	15	4.05	20	5.59
1929	147	40.03	210	59.5	111	31.49	6	1.76	11	2.86	17	4.62
1930 1931	179 128	49.73 36.00	208 229	60.0 66.8	93	27.19 29.77	8	2.22	18	5.00 2.33	26 9	7.22 2.62
1932	153	44.94	190	58.44	97	29.84	8	2.35	12	3.52	20	5.87
1933	126	37.53	188	58.16	107	33.11	7	2.08	13	3.87	20	5.95
Average 1934	147	41.64 35.5	205 172	60.58 53.69	102 91	30.28 28.41	6	1.74 1.81	12 8	3.52 2.40	18 14	<b>5.26</b> 4.21
1935	124	38.8	183	59.70	103	33.60	9	2.82	7	2.19	16	5.01
1936	120	37.7	171	55.86	77	25.16	5	1.57	4	1.26	9	2.83
1937 1938	118	36.9 40.6	141 176	45.88 53.25	66 87	21.48 26.32	7 2	2.19 0.58	10	3.13 1.45	17	5.32 2.03
Average	124	37.9	168	53.68	85	26.99	6	1.79	7	2.08	12	3.88
1939	127	35.5	145	42.04	82	23.79	2	0.55	9	2.51	11	3.06
1940	117	34.2	197	59.69	95	28.83	7 2	2.04 0.84	4	1.17	11 6	3.21 2.52
1941 1942	82	32.3 29.9	178 146	77.49 51.82	75 85	30.57	2	0.69	8	2.75	10	3.44
1943	103	31.7	118	37.53	57	18.13	5	1.54	7	2.15	12	3.69
Average	103	32.7	157	53.71	79	26.29	4	1.13 0.84	6 4	2.05	10	3.18
1944 1945	99	27.6 28.2	139 214	39.98 55.96	80 112	23.01 29.28	3	0.76	14	1.12 3.56	17	1.96 4.32
1946	101	23.09	197	46.11	113	26.45	1	0.22	5	1.14	6	1.36
1947	97	21.14	224	49.88	127	28.28	-	0.24	3	0.65	3 2	0.65
1948	82 98	19.91 23.99	120 179	29.73 44.33	80 102	19.82 <b>25.37</b>	1 2	0.41	5	0.24 1.34	7	0.48 1.75
Average 1949	98	25.34	129	34.23	75	19.89	-	_	5	1.29	5	1.29
1950	68	18.88	104	29.43	67	18.96 21.26	1	0.27	3 2	0.83 0.54	4 2	1.10 0.54
1951 1952	89	23.98 22.70	121 103	33.41 29.53	77	20.94	_	_	3	0.84	3	0.84
1953	75	20.17	98	26.90	62	17.02	1	0.27	5	1.34	6	1.61
Average	82	22.21	111	30.70	71	19.61	.4	0.11	3	0.97	4	1.08
1954	90	24.52	101 73	28.21 20.65	71 52	19.83 14.71	_	_	3	1.09 0.83	3	1.09 0.83
1955 1956	73 86	20.22 23.80	62	17.58	46	13.05	_		1	0.27	1	0.27
1957	69	18.73	81	22.41	59	16.32	-	-	1	0.27	1	0.27
1958	73	19.60	74	20.26	49	13.42	-	-	2	0.54	2 2	0.54
Average	78	21.37 21.42	<b>78</b> 79	21.82 21.61	<b>55</b> 58	<b>15.47</b> 15.86	_	_	3	0.80	3	0.80
1959 1960	80 67	17.86	85	23.08	64	17.38	-	-	-	-	_	-
1961	46	12.26	75	20.24	56	15.11	-	-	-	-	-	-
1962	66	17.26	79	21.03 20.17	59 49	15.70 12.67	_	_	_	_	_	_
1963	54 <b>63</b>	13.77 16.51	78 <b>79</b>	21.23	57	15.34	_	_	_	_	_	_
Average 1964	63	16.15	60	15.63	40	10.42	-	-	-	-	-	
1965	51	13.36	61	16.20	38	10.09	-	-	1	0.26	1	0.26



DEATHS UNDER FIVE YEARS OF AGE—BY CAUSES AND AGE GROUPS
(CLASSIFIED LOCALLY UNDER THE INTERNATIONAL STATISTICAL CLASSIFICATION OF CAUSES OF DEATH)
FOR THE 52 WEEKS ENDED 29TH DECEMBER, 1905

Cause of Death	Uma 1 da		1 day	y	2 day:	13	3 days		4 days		5 ays	6 day		7-13 days		4-20 lays	21- da	-28 iyi	Tota unde 1 mont		1-2 wouths	2000	the	3 month	g 195	4 onths	5 mont	As n	6 nonths	28601	7 nths	8 mon/	Ske w	9 months		10 outks	11 month		Total under 1 year	1	-4 urs	To me.
	M.	F.	M.	F.	M.	F.	М.	F. N	L F.	M.	F.	M.	F. 1	M. F	7. M	. F.	M.	F.	M.	F. 3	t. F.	M.	F.	M. I	. M	. F.	M.	F. 3	t. F.	M.	F.	M.	F. A	L F	. M.	F.	M. 1	F. 3	d. F.	М.	F.	M.
23 Meningococcal Infections	-					-	-	-		-	-	-	-	-		-		-	-	-	-	-												1 -					1 -	1 7		1
29 Acute infectious encephalitis	-	-			-	-		-			-	-	-	- 0				-	-	-		-				-																
66 Allergic disorders;																																										
all other endocrine, metabolic and blood disorders															1 4					1		-																	- 1	A		
70 Vascular lesions affecting central			-	-	-1															2																						100
pervous system	-4	-			-	-	-	-		100	-	-	-	- 0				-	-			-								-		1							1 7	200		
										-	-	=	-	3		-	-	-			- 1	-	-	2															2	1 3		2
82 Other diseases of heart	-											-	-	1				-	1			1 7	-	1	7				- 3			1		1				1	6 3	5 1	2	7
90 Bronchopneumonia	-			-		-				-	-	-																														
91 Primary atypical, other and unspecified pneumonia											132	12	2	- 2	_						1 -																					
97 All other respiratory diseases					31	131		1311								-		-	-	-			-						- 1											A 37		
04 Gastro-enteritis and colitis, except																																									1	112
diarrhoea of the newborn	-	-	-	-		-	-	-		-	-	-	-	-				-				-													- 1				1 -		100	
26 All other diseases of skin and																									1																	
musculoskeletal system				-	3		7.	-	7 5	-	7								131	7			31		4															1 1		1
27 Spina bifida and meningocele	-	-	-	-	-			-																																		
28 Congenital malformations of circulatory system								-	1 1	1 22				1					2	1				-	- 01	1 -	-	-		-	-	-							3	1 -		3
29 All other congenital malformations	1		1						2 2				-	-		-	-		2	1			-	-	- 3			1		- 1		-							3 3	6 7	100	
30 Birth injuries	1		1	1	1	.1		-		-	100	-	-	- 0			-		3	2		-	-	-		-	-	-	7 7			-							3 :	5 7	100	
32 Infections of the newborn	1				-		-	-									1		2	-																		Contract of the last	- 1	4		-
33 Haemolytic disease of newborn		2		-	-			-		-	-			-	-		-	-	-	2																						
34 All other defined diseases of early		100													- 6					1 -																				3 7		
infancy						-	-	-	- 1 -																																	
35 Ill-defined diseases peculiar to early infancy, and immaturity																																							100	4		
unqualified	8	6	1		1		1	-	1 -		-	-	-	-	-				12	6																						
38 Motor vehicle accidents				-	-	-				-	-	-						3					151																			400
43 Accident caused by fire and explosion																											150	-													2	
of combustible material	-										-	-																														
47 Effects of foreign body entering								18	2 -				-	-							-		1	-																1 -		
through orifice																																								13		1
50 All other and unspecified effects of external causes								-	- 4		-	-	-		-		-	-	-	-	-																					
								-	-	-	-		-	-	100			10																								
									0 1					9	9		1		22	16	1	1 4	3	1	2	1 -		1		2 1		2		2		1		1	35 2	26 3	5 7	41
TOTALS	11	10	3.	1.	2	1.0	13	-	2		100		100	-	-				-	-																						



### DEATHS BY AGE GROUPS AND CAUSES—1965 AS CLASSIFIED BY THE REGISTRAR GENERAL

	Cause of Death	4 res		4 we and u 1 ye	nder	1-		5-1 yea		15- yea		25- yea		35- yea		45- yea		55-4 yea		65- yea		75 y and		To all a	otal ges
		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
1	Tuberculosis, respiratory	-	-				_				_		1			1		,	1	1		1		4	2
2.		_	_		-	_	-	_	-	-	_	-	0.1		-	1	_	1)	-	1	1	1		-	1
3.	0 1001		_	_	_	_	_	_		_	_		-	-	_		_	_	1	1		1		2	1
4.	TV. Lat.		_					_		_			-	_		3			-	-		1		-	2
5.	Whooping-cough	-		-	_	_	0	-			-		_	-	-		-			_			_	_	_
6.		-	_	_		_		_	-		_	_	_	-		_			_	_	_		_	-	-
7.			-		_	-					_		_	_			_	_ [	-	_	_	2	_	-	_
8.	Measles		-		-	_		_	-			_	_	_	_	-	_	_	_	_	-		-	-	-
9.																									
	diseases	-	-	-	-	1	-	-	_	-	-		-	-	-	-	-	-	-	-	1	-	-	1	1
10.	Malignant neoplasm, stomach	_	-	_	_	-	_	-		-	-	-	-		-	4	-	11	3	15	8	6	11	36	22
	Malignant neoplasm, lung and															100		18/1	188	1999					
	bronchus	-	-	-	-	-	-	-		-		1	-	2	1	11	2	27	5	38	3	14	2	93	13
12.	Malignant neoplasm, breast	-	-	-	_	-	-	_	-	_	_	_		_	2	_	11	-	12	-	7	-	14	-	46
13.			-	-	-	-	-	-	-	-	-	-	-	-	3	-	4	-	6	-	8	-	2	-	23
14.	Other malignant and lymphatic																								
	neoplasms	-	-	-	-	-	-	2	-	1	1	1	4	3	2	9	14	28	18	42	32	35	33	121	104
15.	Leukaemia and aleukaemia		-	-	-	-	-	1	-	1	-	1	1	-	-	1	-	-	1	-	1	1	-	5	3
16.	Diabetes	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	1	-	1	1	7	2	4	3	14
17.		-	-	-	-	-	-	-	-	-	-	1	-	3	-	7	4	28	18	51	63	53	125	143	210
18.		_	-	-	-	-	-	-	-	-	-	-	-	10	-	24	4	82	19	105	66	88	92	309	181
19.	Hypertension with heart disease	=	-	-	-	-	-	-	-	-		-	-	-	-	1	-	1	-	14	12	12	9	28	21
20.	Other heart disease		-	-	-	-	-	-	-	-	77	-	3	2	3	3	4	5	9	30	22	71	140	111	181
21.	Other circulatory disease	-	-	-	-	-	-	-	-	-		1	-	-	1	2	2	5	9	13	16	15	31	36	59
22.	Influenza		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	1	1	2	1
23.	Pneumonia	1	-	7	6	1	2	1	-	-	-	1	1	-	1	2	1	7	7	20	17	45	46	85	81
24.	Bronchitis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4	2	14	5	26	11	24	10	68	28
25.	Other diseases of respiratory system	-	-	-	-	-	-	-	-	-	-	-		-	-	3	-	3	-	4	1	9	2	19	3
26.			-	-	-	-	-	-	-	-	-	-	-	1	1	-	-	1	-	7	-	4	4	13	5
27.	Gastritis, enteritis and diarrhoea	-	-	1	-	-	1	-	-	-	-	-		-	-	-	-	-	1	-	1	2	2	3	5
28.	Nephritis and nephrosis	=		-	-	-	-	-	-	-	-	-	1	1	2	-	1	2	2	4	1	2	4	9	11
29.		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	8	-	8	-
30.	Pregnancy, childbirth, abortion		-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	=	-	1
31.		4	3	3	1	1	1	1	-	1	2	-	1	-	-	2	-	-	-	-	-	-	-	12	8
32.	Other defined and ill-defined diseases	17	13	1	2	-	1	1	2	_	-	2	-	3	1	5	7	14	9	22	19	22	54	87	108
33.	Motor vehicle accidents		-		-	1	-	-	1	7	1	1	-	-	1	1	1	2	1	2	1	3	3	17	9
34.			-	1	1	1	2	1		9	-	4	1 0	1	1	2 3	1	1	2	1	2	2	8	23	18
35.			-						-	2		1	2	1	-	3	3	2	-	2	2	-	1	11	8
36.	Homicide and operations of war	+	-	-			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-
	TOTAL ALL CAUSES	22	16	13	10	5	7	7	4	21	5	14	15	27	19	85	62	235	130	399	302	421	598	1,249	1,168

· Comment with the comment of the co

#### DEATHS REGISTERED DURING THE 52 WEEKS ENDED 29TH DECEMBER, 1965

INTERNATIONAL STATISTICAL CLASSIFICATION OF CAUSES OF DEATH-(W.H.O. 1948)

	Cause of Death	0- yea	4	5- 34:	14	15-	-24 ars	25 30	-44 ars	45	-64 ars	65	-74	75 and	years over		otal	Grand Total	Instit-
		21.	F.	31.		31.	P.	.04.	F.	34.	F.	30.	F.	M.	F.	M.	F.	2000	mions
A 3	Tuberculosis of respiratory system Tuberculosis of intestines, peritoneum and								- 1	2	1	-1		1.	-	-4	2	6	5
A 8 A 10	mesenteric glands Tabes dorsalis											1	1			1	1	1	ī
A 17	All other syphilis Scarlet fever							7			1				-	1	1	1	1
A 20 A 23	Meningococcal infections	ī								1						1		1	1
A 29 A 43	Acute infectious encephalitis  All other diseases classified as infective	1	-													i		i	i
A 44	and parasitic Malignant neoplasm of buccal cavity and		-										1	-			1	1	1
A 45	pharynx									1 2	1	4	-	-	-	5	1	6	4
A 46	Malignant neoplasm of stomach									14	4	14	8	7	11	35	10 23	18 58	21
A 48	rectum	-			-			-	1	16	4	9	9	3	9	32	23	55	21
A 49 A 50	Malignant neoplasm of larynx								-	5	2	1	2 -	1	3	11	8 -	19	12
-	bronchus, and lung, not specified as							1000	100			-			- 100			7722	
A 51 A 52								4	2	37	21	35	7	13	14	89	44	100	47 18
A 53	Malignant neonlasm of other and on-								-1		5		5				11	11	5
A 54	specified parts of uterus				-				1	3	3	6	3	11	1	20	8	8 20	9
A 55	Malignant neoplasm of skin Malignant neoplasm of bone and connective										1	1	1	-	1	1	3	4	1
A 57	Malignant neoplasm of all other and	1			-	=	-	1	-		-	1	1	-	1	2	1	3	2
A 58	unspecified sites	-	-	1	=	- 1	=	2	2	11	20	12	14	10	19	35 5	55 3	90	39
A 59	Lymphesarcoma and other neoplasms of lymphatic and haematopoietic system			2		1	1	-	2	-	2	2		100	2	7	7	14	6
Λ 60	Benign neoplasms and neoplasms of unspecified nature									1		2		1	1	4	2	6	5
A 63 A 63	Thyrotoxicosis with or without goitre		=	-	-	-	-	-		-	2 2	2	2 6	2	1 4	-	5 13	5 17	2 11
A 64 A 65	Avitaminosis and other deficiency states	-	-	-	-	-	-		3	1	-	-	-	4		1 2	-	1	1
A 66					1		3		-		-			2 2	3		4	22	1 19
A 67	Psychoses		-	-	-	-	1	-	-	5	3	3	3	-	- 1	11	11	1	12
A 68	Mental deficiency	1	-	1	-	-	3	-	-	1	-	-	-	-	-	1	2	1	=
A 70	Vascular lesions affecting the central ner- vous system	1		-	-	-		4	-	35	21	49	61	49	125	138	207	345	142
A 71	Multiple sclerosis	1	1	-	-	-		ī	-	1	1		-		-	1 2	1	3	2 2
A 73	All other diseases of the nervous system				-	-	-	8		3	1	- 3	-	-	- 1	-	2	2	1
A 78	and sense organs			1					-	3	-	4	3	2	3 2	10	6 2	16	9 2
A 80	Chronic rheumatic heart disease	-			-1			1	3	1	7	2	5	-	3	4	19	23	12
A 80	disease	2						8	2	95	27 2	112	68 10	149 12	197	364	294	658 71	188 38
A 83 A 84	Hypertension with heart disease Hypertension without mention of heart	-						-	1	14 2	3 3	29	26	16	25	59	54	113	16 7
A 85	Diseases of arteries							1	-	2	4	10	4	7 3	9 8	20 10	17 18	37 28	15 23
A 87 A 88	Acute upper respiratory infections								-		10	2	-	-	1	-	1	1 3	-
A 89	Lobar pneumonia	-	-	-			1	1	-	1 7	9	2 18	2	3	7 39	7 80	9	16	7
A 91		7					-		2	-		18	15	47	339	- 00	73	153	113
A 92		1								1	1	2 22	1	-	2 7	3	4	7	1 -
A 93 A 95	Empyema and abscess of lung		-			-				18	4	1	9	22		62	20	82	30
A 98	Diseases of teeth and supporting structures	-	1					1		5	1	4		8	3	17	5	22	8
A 100	**************************************				-		1	1	1	2	=	3 2	1	2	3	7 4	4	11 5	6 4
A 103 A 104	Intestinal obstruction and hernia Gastro-enteritis and colitis, except diar-	-					-		-	-	1	2	1	-	5	2	7	9	6
A 105	rhoea of the newborn	1	1 -	-		-	-	1		2	2	3	2	1 3	2	2 9	5 3	7 12	5 6
A 106 A 107	Cholelithiasis and cholecystitis		-		1	-	-	-	1		- 9	2	1	1	5.3	3	6 8	6	2 9
A 109 A 110	Chronic, other and unspecified nephritis				12				2	3	1 2	3 4	3 2	1 3	4	7 7	10	17 15	9
A 111 A 112	Calculi of urinary system					-					-	-		- 8	1	- 8	1	1 8	1 7
A 114	Other diseases of genito-urinary system										1	1	2	1	1	2	4	6	5
A 120	birth and the puerperium	-					1					-	-	-	3	-1	1	1 5	1
A 122 A 126	All other diseases of skin and musculo-												-		3		4	5	2
A 127	Spina bifida and meningocele	1	1									2	1	-	1.1	2	1	4 2	3 2
A 128	system	3	1			1	2		1	1			_	-	-	5	4	9	5
A 129 A 130	All other congenital malformations Birth injuries	3	3		=		-		-	2 -	1 1	-	-	-		5 3	3	8	7 5
A 132 A 133	Hamolytic disease of the newborn	2	1 2				-			=	-	-	-		-	2	1 2	3 2	3 2
A 134 A 135	All other defined diseases of early infancy		1		-		~	-			-		-	-	-	-	1	1	1
100000	and immaturity unqualified	12	6	-	-		-	-	-	-		ī	-	- 8	14	12	6	18 23	18 2
A 136 A 137	Ill-defined and unknown causes of mor-									1	1		2		1000	3	3	6	6
AE138	Motor vehicle accidents	1	=	=	1	6		1	1	3	2	2 2	1	3	3	16	8	24	22
AE141		-		-		1		2	-		1	1	1	1	4	5	6	11	9
AE143	Accident caused by fire and explosion of combustible material	12	2			-	-	1	2	-			1	-	2	1	6	7	6
AE146 AE148	Accidental drowning and submersion Suicide and self-inflicted injury					6 2		2	2	3	3	2	2		1	7	8	7 19	14
AN138 AN147						2								-	-	2		2	2
AN149	Fiferts of poisons		1			1		2		2	1	-		-	-	5	1	1 6	3
AN150	All other and unspecified effects of external causes	1		1		1				-	1		-			3	1	4	1
-		-	99	7	5	22	5	39	32	321	189	399	309	419	601	1,247	1.167	2411	-
	TOTALS	40	33	-	13	-00	9	400	.00	1703	100	400	O'VA	4.827	1001	1 1,495	11101	2,414	11,003



#### CLIMATOLOGICAL OBSERVATIONS

Taken at The Hoe, Plymouth, during the year 1965

ntonough o beliebeide	1965	1964	Records and Averages
Temperatures:	75.2	75.0	87.0‡
Maximum	(13th May)	(4th August)	(16/8/47 and 12/7/23)
Minimum	19.9	25.8	16.0‡
	(3rd March)	(7th February)	(29/1/47  and  1/2/47)
Mean	50.2	51.3	51.5***
Daily Range	10.5	10.4	10.7***
Relative Humidity	82%	84%	81%***
EARTH TEMPERATURES:	E1 E	52.7	50.0*
Earth 1 ft. deep Earth 4 ft. deep	51.5 52.1	53.0	52.3* 52.8**
Minimum on Cross	16.1	14.9	5.01
Minimum on Grass	(3rd March)	(7th February)	(2/2/56)
SEA TEMPERATURE: Mean 6 ft. deep	52.6	53.5	53.3*
Rainfall.	The state of the s	Marie and Land	
Total during year	44.88"	30.81"	37.62"***
Greatest fall in one day	1.18"	1.31"	2.55"İ
•	(24th January)	(16th March)	(15/8/52)
Number of Rain Days	200	153	190***
SUNSHINE:			
Total number of Hours	1563.7	1506.9	1684.6***
Greatest daily Amount	15.2 (28th June)	14.7	15.3‡
	(20th June)	(1st July)	(3/6/06 and 5/6/57)
Number of Sunless days	67	87	63***
WIND:	harah san	John MI	
Prevailing direction	W	E	SW***
Highest gust, m.p.h	80	60	96‡
	(17th January)	(11th March)	(8/3/28)

#### Temperatures Fahrenheit

- ‡ Denotes an Absolute Record.
- \* Denotes a 55 Year Average.
- \*\* Denotes a 37 Year Average.
- \*\*\* Denotes a 60 Year Average.

#### SOME FEATURES OF THE WEATHER DURING 1965

Sunshine

The amount of sunshine recorded for the whole year was 121 hours below the sixty years' average, that for the summer months being well below average, which together with the cloudy and wet conditions produced a disappointing summer. October was the only exception with long periods of sunshine and little rain.

Rainfall The rainfall measured for the year at 44.88 inches was 7.26 inches above the sixty years' average, the wettest months being January, July, September, November and December with 6.05, 4.24, 5.80, 6.31 and 7.55 inches respectively. There was above average rainfall throughout the summer months, particularly in July, 4.24 inches, and September, 5.80 inches, compared with the sixty years' average of 2.55 and 2.70 inches respectively. During January, February, March, November and December there was a total of eight falls of snow, but with snow laying on one day only.

The mean temperature for 1965 was 1.3 degrees below the sixty years' average. The mean earth temperatures one foot deep and four feet deep and the mean sea temperatures, were all slightly below average. Ground frost occurred in January, February, March, April, May, November and December for thirteen, twelve, nine, two, one, eleven and eight days respectively.

Wind There were nineteen days of gale during the year.

The fresh winds during the summer months were predominantly from WSW and this, coupled with mainly low-pressure belts, would account for the dull and wet conditions prevailing then.

The highest gust recorded for the year was 80 m.p.h. on 17th January.

## Maternity and Child Welfare

Senior Medical Officer: Dr. T. R. W. FORREST

Births The number of notified and registered live births in 1965 was 5,042 and after adjustment for inward and outward transfers, 3,816. The Registrar General's allocation of live births was 3,765 making the birth rate for the year 17.71; the estimated rate for England and Wales being 18.0.

On the Registrar General's allocation, 8.8 per cent of live births were illegitimate.

There were 3,676 live births in institutions of which 1,240 were outward transfers, leaving 2,436 belonging to Plymouth. The number of domiciliary live births was 1,366, which included 10 outward transfers.

outward transfers.			
	Notified and Registered	Adjusted by transfers	Allocated
Total live births (legitimate and illegitimate)	5,042	3,816	3,765
Total stillbirths (legitimate and illegitimate)	83	52	51
	5,125	3,868	3,816
Illegitimate births – live — stillbirths	361 10	293 7	333 10
	371	300	343
PLACE OF CON	NFINEMENT		
Own home - municipal midwife			1,018
Own home – municipal midwife w	ith doctor pres	sent	344
Alexandra Maternity Home – mid	wife		416
Alexandra Maternity Home - mi	dwife with do	ctor	
present			306
Devonport Maternity Home - mid	lwife		526
Devonport Maternity Home - mi		ctor	
present			50
Freedom Fields Hospital – midwif			1,652
Freedom Fields Hospital - mid			
present			719
"Mayflower" Mother and Baby H			19
Greenbank Hospital – midwife			1
B.B.A. at home (hospital booking			7

\*Multiple births counted as one

\* 5,058

#### PLYMOUTH RESIDENTS CONFINED IN PLYMOUTH:

At home	 	 	 1,357	(35.6%)
In hospital	 	 	 2,451	(64.4%)
			-	
			3,808	

#### BIRTH RATES FROM 1920

Year			Engl	and and Wales	Plymouth
1920-29	Aver	age	 		18.90
1930-39	Avera	age	 		15.40
1940-49	Avera	age	 	16.9	21.60
1950			 	15.8	16.91
1951			 	15.5	16.49
1952			 	15.3	15.95
1953			 	15.5	16.45
1954			 	15.2	16.46
1955			 	15.0	16.22
1956			 	15.7	16.31
1957			 	16.1	16.59
1958			 	16.4	16.88
1959			 	16.5	16.89
1960			 	17.1	17.01
1961			 	17.4	17.42
1962			 	18.0	17.90
1963			 	18.2	18.41
1964			 	18.4	17.96
1965			 	18.0	17.71

Stillbirths Eighty-three stillbirths were notified and registered 51 of these belonging to Plymouth. The Registrar General's allocation was 51 and on this the stillbirth rate was 13.36, the England and Wales estimated rate being 15.7.

#### STILLBIRTH RATE

	ENGLAND AND WALES	PLYMOUTH
YEAR	Per 1,000 births	Per 1,000 births
1956	22.8	23.80
1957	22.4	18.73
1958	21.6	19.60
1959	20.7	21.42
1960	19.7	17.86
1961	18.7	12.26
1962	18.1	17.26
1963	17.3	13.77
1964	16.3	16.15
1965	15.7	13.36

Number of notified stillbirths—	-Instit	utiona	1	****		77
Freedom Fields Hospital					70	
Alexandra Maternity Home					4	
Devonport Maternity Home					3	
Mayflower Mother and Baby	Home				_	
Annual Control of the						
	-Domi	ciliary				6
						-
						83
Less outward transfer	S					32
2000 040 1111 2111						02
						51
Inward transfers						1
						-
Plymouth stillbirths						52
The following is an analyst	sis of	the re	gister	ed cau	ses of	still-
births:						
Accidental haemorrhage					3	
Gross prematurity					1	
Hydrops foetalis					3	
Toxaemia				***	9	
Prolonged labour					2	
Knot in cord and cord round				***	3	
Short cord and prolonged br					1	
Prolapsed cord in breech del					3	
Tentorial tear			-111		2	
Intra-uterine infection					1	
Placental insufficiency					6	
Spina bifida and toxaemia					1	
Congenital abnormalities					1	
Anencephaly					1	
T. C.					-	

Infant Mortality

The Registrar General allocated 61 infant deaths to Plymouth, giving an infant mortality rate of 16.20; the estimated rate for England and Wales being 19.0.

Hydrocephalus

Cause unknown ...

Cranium bifidum and meningocele

The early neonatal mortality rate is 8.76, the neonatal mortality

1

1

13

52

rate 10.09 and the perinatal mortality rate 22.01. (The Freedom Fields Maternity Unit perinatal mortality rate was 52.8, the Alexandra Maternity Home 6.8, Devonport Maternity Home 5.7 and the Domiciliary 4.4.) The higher rate for Freedom Fields is to be expected owing to abnormal bookings. The provisional perinatal mortality rate for England and Wales was 26.9.

Of the 38 deaths under one month, 86.8 per cent occurred in the first week and 55.3 per cent were born prematurely.

Age at Death		Pre	mature	Others	Total
Under 24 hours	 		16	5	21
1–6 days	 		4	8	12
					_
Total under 1 week	 		20	13	33
1 week-1 month	 		1	4	5
			_	_	
Total under 1 month	 		21	17	38
			-		-

The following is an analysis of the causes of death in the first week of life:

Prematurity		 	 10
Respiratory distress syndro	ome	 	 9
Pulmonary haemorrhage		 	 1
Placental insufficiency		 	 1
Pre-eclamptic toxaemia		 	 1
Cerebral haemorrhage		 	 1
Tentorial tear		 	 2
Rhesus haemorrhagic disea	se	 	 2
Anencephaly		 	 1
Hydrocephalus		 	 1
Congenital heart disease		 	 2
Bilateral renal agenesis		 	 1
Congenital abnormality of	C.N.S.	 	 1
			33

Between one week and one month of age, there were two deaths from congenital heart disease, one from bronchopneumonia, one from septicaemia and one from convulsions.

Between one month and one year there were thirteen deaths from bronchopneumonia and one each from cerebral haemorrhage, heart disease, absence of bile duct, hydrocephalus, muscular dystrophy, bronchopneumonia and congenital heart disease, gastroenteritis, inhalation of vomit, meningococcal septicaemia, pneumococcal meningitis.

Between one year and five years, five children died from bronchopneumonia, two from hydrocephalus and one each from gastroenteritis, encephalitis, status epilepticus, accidental drowning and motor accident.

There were no deaths among the forty-seven children reported as having been taken to the Casualty Department having taken poisonous substances. In 1964, twenty children are known to have attended Casualty for this reason.

			Deaths under 1 month	Deaths 0-1 years	Deaths 1-5 years	Total Deaths under 5 years
1956	 	 	46	62	10	72
1957	 	 	59	81	11	92
1958	 	 	49	74	14	88
1959	 	 	59	78	15	93
1960	 	 	66	85	7	92
1961	 	 	56	75	20	95
1962	 	 	59	79	8	87
1963	 	 	49	78	13	91
1964	 	 	40	60	8	68
1965	 	 	38	61	12	73

Care of Premature Infants

The total number of live born premature babies belonging to Plymouth was 269, twenty-two more than last year. 7.7 per cent of the total notified live births were premature and of those belonging to Plymouth, 7.0 per cent. The percentage surviving at one month was 88.1 and the premature neonatal mortality rate was 78.1.

Neonatal mortality rates in premature babies:

1956	 	 		108.4
1957	 	 		184.4
1958	 	 		110.6
1959	 	 		145.8
1960	 	 		157.3
1961	 	 		157.2
1962	 	 		159.1
1963	 	 		101.3
1964	 	 		85.0
				78.1
1965	 	 	***	/0.1

# DOMICILIARY PREMATURE BABY NURSING SERVICE SUMMARY OF WORK DONE—

Total number of babies attended	. 245
	. 221
(a) Born on district and nursed at home entirely 28	8
(b) Born on district and transferred to hospital 12	2
(c) Born in hospital and discharged for home nursing when 4 lb. 6 oz. or	
over 181	1
Difficult feeders (i.e. babies weighing over 5½ lb. at birth but immature, or presenting feeding	t
	. 24

#### PREMATURE BABIES BORN ON DISTRICT AND NURSED AT HOME ENTIRELY

Weight Group	No. of babies	Average duration of nursing	Illnesses in first month	Mortality in first month
Over 4 lbs. 6 oz. up to and including 4 lbs. 15 ozs	2	36 days	-	340
Over 4 lbs. 15 ozs. up to and including 5 lbs. 8 ozs	26	28 days		- 190

The statistical summaries which follow deal with all Plymouth's premature babies whether born at home or in hospital:

#### Analysis of probable causes of prematurity:

Multiple pregnancy					 36
Spontaneous premature	rupture	of me	mbrane	es	 10
Induction for supposed p	postmat	urity			 7
Induction for other reason	ons:				
Toxaemia					 9
Hypertension					 3
A.R.M. (no reason giv	en)				 1
A.P.H.:					
Accidental					 10
Toxaemia					 9
Placenta praevia					 3
At term, but underweigh	it				 32
Laparotomy					 1
History of premature lab	our				 1
Placental insufficiency					 3
Incompetence of cervix					 1
L.S.C.S					 5
Cause unknown					 138
				1043000	-

269

PLYMOUTH PREMATURE OR UNDERWEIGHT BABIES

	Total belonging to Plymouth	Died within 24 hours	Died 1-28 days	Left Plymouth within 28 days	Surviving and living in Plymouth at 28 days	Died after 28th day and up to 31.12.65	Left Plymouth after 28th day and up to 31.12.65	Surviving and living in Plymouth at 31.12.65
Institutional premature infants	225 (I.T. 9)	16	10	10	194 (I.T. 9)	2	6	183 (I.T. 9)
Domiciliary premature infants	44	-		-	43	1	2	41
TOTALS	269 (I.T. 9)	16	ıc	11	* 237 (I.T. 9)	7	11	224 (I.T. 9)

\* Surviving at one month ... 88.1%

144	125	1	569
:	:		
:	:		
Male	Female		
247	22	-	269
:	:		
:	:		
Legitimate	Illegitimate		

See following Table for more detailed information.

PREMATURE LIVE AND STILL BIRTHS BELONGING TO PLYMOUTH GROUPED ACCORDING TO BIRTH WEIGHT

# CHILD WELFARE SESSIONS

Totals	985	3,210 27,418 5,032 3,889	39,549	40.2	12,002	1,730
Whitteigh	52	112 951 244 287	1,594	30.7	200	1
Stonehouse	52	302 2,363 325 186	3,176	61.1	756	1
Southway	67	175 1,212 . 264 642	2,293	34.2	269	1
Seven	154	591 5,290 791 340	7,012	45.5	2,295	T
St. Budeaux	104	398 2,961 599 382	4,340	41.7	1,061	1
Peverell	104	341 3,101 539 483	4,464	42.9	1,435	1
Laira	52	67 1,014 286 155	1,522	29.3	408	200
Honic- knowle	48	162 1,468 323 356	2,309	48.1	571	1
Ernesettle	48	69 613 160 244	1,086	22.6	553	456
Efford	52	113 948 236 191	1,488	28.6	434	774
Devonport Park	100	417 3,370 505 202	4,494	44.9	1,369	1
Crownhill	52	189 1,410 356 150	2,105	40.5	731	1
Beacon	100	274 2,717 404 271	3,666	36.7	1,192	1
	Number of sessions held	Number of attendances:  0-1 year   Seattend.  1-2 years  2-5 years	TOTAL	Average attendance per session	Doctors' consultations	Vaccination and Immunisation: Number of attendances at combined sessions



Child Welfare Centres The sessions at our thirteen Child Welfare Centres remained unchanged and the average attendance per session was 40.2.

For details, see table on page 23a.

Welfare Food Service

During 1965 there were sixteen distribution centres, thirteen of these being in our Child Welfare Centres. We are grateful to members

of the Women's Royal Voluntary Service and others for their help. Summary of issues:

		National Dried Milk	Cod Liver Oil	Vitamin A and D Tablets	Orange Juice	
		tins	bottles	packets	bottles	
1964	 	 67,598	3,922	3,972	48,968	
1965	 	 63,650	4,030	3,577	50,477	

Notification of Congenital Defects

The scheme whereby congenital defects apparent at birth are notified to the Medical Officer of Health on the birth notification form has worked well and thirty-two defects were classified and

communicated to the Registrar General.

The following congenital defects were notified:

Talipes					 	 17
Haemangioma					 	 3
Cleft lip and pa	alate				 	 2
Spina bifida					 	 2
Multiple defect	s inclu	ding s	pina bi	fida	 	 1
Phocomelia					 	 1
Exomphalos					 	 1
Imperforate an	us				 	 1
Hypospadias					 	 1
Polydactyly					 	 1
Syndactyly					 	 1
Multiple defects	S				 ***	 1

32

#### Handicapped Children

Twenty-five children reached the age of five during the year with handicaps persisting as

### follows:

Mongolism						 	1
Retardation						 	4
Hydrocephalus						 	1
Malformation o	f hand	1				 	1
Cleft lip and pa	late r	equiring	g speecl	h thera	ру	 	2
Haemophilia						 	1
Congenital hear	t dise	ase				 	3
Severe deafness						 	3
Congenital cata	ract					 	1
Bilateral conger		ataract	s			 	1
Cerebral palsy						 	3
Epilepsy						 	2
Diabetes						 	2

#### Antenatal Attendances were as shown in the tables.

850 Kahn tests and 864 Haemoglobin estimations were made on specimens taken in the clinics.

The number of antenatal patients in the area whose specimens passed through the Plymouth Blood Transfusion Sub-Centre and were tested for syphilis was 4,974.

## Postnatal

attended.

The postnatal session is combined with one of our antenatal sessions. Four women out of nine

No. of women given an appointment	 	 	9
No. of first attendances	 	 	4
No. requiring advice or treatment	 	 	1

#### Hospital Maternity Homes

One thousand, one hundred and eleven Plymouth women were admitted to the Alexandra and Devonport Maternity Homes for confinement on social as distinct from medical grounds.

### Chest Radiography of Expectant

Three hundred and forty-two expectant mothers attended Beaumont House or the Mass Radiography Centre for chest X-ray. One hundred and twenty-seven mothers were referred through this department, of whom about 80 per cent attended.

ANTENATAL CENTRES - MEDICAL SESSIONS

						7
393	1,014 2,871 512	37	1,526	11.3	138	1,152 1,664 512
52	188 499 163	00	351	14.6	26	214 377 $163$
104	363 -1,163 9	1	372	14.8	57	420 $429$ $9$
34	44 133 60	6	104	7.2		44 104
47	77 157 34	2	111	5.7	10	87 $34$ $34$
52	151 396	1	262 396	12.7	23	174 285
52	78 211 71	8	149	7.0	10	88 71 159
52	113 312 64	15	177	9.7	12	125 $64$ $189$
Number of Medical Officers' sessions held		~	Total attendances { 1st re-	Average attendance per session	Number of transfers from 1964	Total number of women attending during 1965 Misc.
	52 52 47 34 104	52         52         47         34         104         52           113         78         151         77         44         363         188           312         211         396         157         133         1,163         499           64         71         111         34         60         9         163	52         52         47         34         104         52           113         78         151         77         44         363         188         1,           312         211         396         157         133         1,163         499         2,           64         71         111         34         60         9         163         2,           15         3         -         2         9         -         8         -         8	52         52         47         34         104         52           113         78         151         77         44         363         188           312         211         396         157         133         1,163         499           64         71         111         34         60         9         163           15         3         -         2         9         -         8           177         149         262         1111         104         372         351           177         149         262         111         104         372         351           327         214         396         159         142         1,163         507	52         52         47         34         104         52           113         78         151         77         44         363         188           312         211         396         157         133         1,163         499           64         71         111         34         60         9         163           64         71         111         34         60         9         163           15         3         -         2         9         -         8           177         149         262         111         104         372         351           327         214         396         159         142         1,163         507           9.7         7.0         12.7         5.7         7.2         14.8         14.6	52       52       47       34       104       52         113       78       151       77       44       363       188         312       211       396       157       44       363       188         64       71       111       34       60       9       163         64       71       111       34       60       9       163         15       3       -       2       9       -       8         177       149       262       111       104       372       351         327       214       396       159       142       1,163       507         9.7       7.0       12.7       5.7       7.2       14.8       14.6         12       10       23       10       -       57       26

Relaxation and Mothercraft Classes

Classes were held at Crownhill, Peverell, St. Budeaux, Seven Trees and Stonehouse Centres, and were well attended.

Attendances were as follows:

	Crown-		St.	Seven	Stone-
	hill	Peverell	Budeaux	Trees	house
Number of sessions	 52	52	52	48	52
1st attendances	 127	148	123	169	135
Re-attendances	 778	773	764	988	756
Average attendance	 17.4	17.7	17.1	24.1	17.1

Supervision of Midwives

Number notifying their intention to practise Number practising in the area at 31.12.65

116 87

			A	s Midwife
Municipal (including non-medical super	visor o	f midw	ives)	32
Alexandra Maternity Home				10
Freedom Fields Hospital				34
Devonport Maternity Home				9
"Mayflower" Mother and Baby Home				2
				_
				87
				_

Approximately 72 per cent of deliveries, district and institutional, were attended by midwives only.

Medical aid was sought by midwives in 180 cases as follows:

Alexandra Maternity Home	 	 	43
Domiciliary Midwifery Service	 	 	137

A sum of £13 was paid by the local authority to general practitioners for four accounts submitted under section 14 of the Midwives' Act, 1951.

Maternity and Nursing Homes

During the year one nursing home was registered for the reception of five expectant mothers.

There are now eighty-four beds for the chronic sick and thirtynine beds for unmarried mothers, registered.

Maternal Mortality

Five deaths occurred in Plymouth in 1965. Two of these were women living outside the city and of the remainder, one was due to pulmonary embolism, one to rheumatic heart disease and one to pulmonary tuberculosis.

### MATERNAL MORTALITY

	ENGLAND	AND WALES	PLYMOUTH  Per 1,000 total births		
YEAR	Per 1,000 i	total births			
	Including Abortions	Excluding Abortions	Including Abortions	Excluding Abortions	
1956	0.56	0.46	0.27	0.27	
1957	0.47	0.37	0.27	0.27	
1958	0.43	0.35	0.54	0.54	
1959	0.38	0.32	0.80	0.53	
1960	0.39	0.31	Nil	Nil	
1961	0.33	0.27	Nil	Nil	
1962	0.35	0.28	Nil	Nil	
1963	0.28	. 0.22	Nil	Nil	
1964	0.25	0.20	Nil	Nil	
1965	0.25	0.19	0.26	0.26	

Puerperal Pyrexia Total notifications ... ... 55
Outward transfers ... ... 11
Belonging to Plymouth ... 44

The following data refers to Plymouth cases:

### PLACE OF CONFINEMENT:

Own home	 	 	5
Freedom Fields Hospital	 	 	28
Alexandra Maternity Home	 	 	3
Devonport Maternity Home	 	 	8
			_
			44

#### Causes of Pyrexia:

Respiratory in	fection	 	 	 2
Anaemia		 	 	 3
Stitch abscess		 	 	 1
Urinary infecti	ion	 	 	 6
Uterine infecti	on	 	 	 18
Not known		 	 	 14
				-

44

Ophthalmia Neonatorum Three cases of ophthalmia were notified and in one case the sight was lost.

Planning

The Plymouth City Branch of the Family Planning Association held sessions at Seven Trees and the Plymouth and District Branch at Honicknowle and Stonehouse.

Attendances were as follows:

	Seven Trees	Honicknowle	Stonehouse
	Centre	Centre	Centre
No. of clinics held	77	51	48
New cases seen by doctor	454	187	214
Total return visits	3,025	963	799
Return visits seen by doctor	1,580	350	403

Cervical Cytology Service

A service for taking cervical smears and examining the breasts of women between 30 and 65 years was commenced in two Maternity and Child Welfare Centres on 18th October, 1965. By the end of the year 193 women had been examined. This service is available by writing to the Medical Officer of Health. Examination of the smears is performed by the Plymouth Clinical Area Laboratory.

Day Nursery Arrangements at the nursery continued as in previous years.

The number of children on the register was 48 at the beginning of the year and 40 at the end of the year.

	0-2 years	2-5 years
No. of children admitted during the year	38	46*
No. of children discharged during the		
year	30*	57
No. of children registered at the end of		
the year	2	38
Average daily attendance	3.1	30.5

<sup>\*</sup>Excludes 7 transfers to 2-5 year group

Residential Visits were made as necessary by the staff to the residential nurseries.

Nurseries and Child Minders

Three private day nurseries, accommodating eighty-eight children and five daily minders caring for forty-seven children are registered under the Nurseries and Child Minders (Regulation) Act, 1948. There are in addition numerous play groups operating in the city, where children can be placed for short periods. All are visited periodically.

### REPORT OF MISS B. FEATHERSTON

### Moral Welfare Officer

Care of Illegitimate Children and Moral Welfare Work

The number of cases reported and re-opened in 1965 shows an increase of seven. Where the re-opened cases are concerned, the number of married women is 14 as against 9 last year and

the number of unmarried women is 9 as against 17 last year.

The number of girls sent to Mother and Baby or Maternity Homes is the same as in 1964. During the year there has been a marked increase in the number of girls who are willing to stay in Plymouth to have their babies. A few families are willing to take in expectant mothers until such time as they go into hospital for their confinements.

There was a very worrying period towards the end of the year when our usual Adoption Societies did not have enough adopters to cope with the babies offered. In November, arrangements were made for the Children Department of the London Borough of Bexley to take some of our babies, so that since December we have been sending babies to London for adoption. This procedure helped a great deal by taking some of the older babies we had been unable to get placed through the usual channels. A satisfactory part of the arrangement with London is that the adopters always come to Plymouth to collect the babies. Not only does this suit us, but it also helps the girls, as we are able to give them our impressions of the adopters. The adoption figures are as follows:

Western National Adoption Society	 	 43
London Borough of Bexley	 	 1
Plymouth Children Department	 	 13
Roman Catholic Adoption Society	 	 4

The amount of money administered is less, because Dr. Barnardo's have altered their system of payment. More intensive case work is done and the case load of families to whom Dr. Barnardo Grants are paid is divided between the Dr. Barnardo Workers and this office. Grants are paid monthly as usual, but the money is paid by visiting the homes each month. It should be mentioned that this Society has been in the habit of taking our unadoptable babies, but the number placed for general admission in Dr. Barnardo's is getting smaller and the waiting period longer. Until now,

Dr. Barnardo's have not refused any of our applications, but the situation is becoming very difficult and it may mean that the time will come when girls will be forced to keep their unadoptable babies.

We are greatly indebted to the St. John Ambulance Brigade for providing escorts and to the Justices of the Peace, the Royal Naval Welfare Officer and General Practitioners for their cooperation.

The following is a summary of the work done:

Cases on hand from 1964						300
Cases reported in 1965—						
Unmarried mothers					233	
Married women with illegis		children			51	
Cases re-opened in 1965— Unmarried mothers					0	
Married women with illegit	···	obildror		•••	9	
Married women with megn	illiate (	cimarei			14	
Reported by:—					_	307
Maternity & Child Welfare					25	
Children Officer					7	
General practitioners					96	
Social workers					51	
City police					5	
Hospital Almoners		***		•••	21	
National Assistance Board		•••	***	•••	8	
Probation Officer					3	
Guild of Social Service					2	
Themselves and others into	erested			•••	89	
Total cases dealt	with in	1965				607
						_
Number of interviews						0 507
Normalism of minites		•••			• • • •	2,537
						1,438
Assistance given as follows:—						
TAKEN TO HOMES:						
"Mayflower", Salvatio	on Arm	y, Plyn	nouth		13	3
"St. Olave's", Exeter.					5	;
"Woodside", Plymout					2	2
					_	- 20

Babies:—					
Restored to mother				 5	
Foster homes				 95	
Adoptions				 61	
Residential nurseries				 8	
Sent into care				 2	
Sent to Dr. Barnardo's				 2	
Daily minded				 1	
				_	174
Helped and advised				 	43
Passed to other social wo	rkers			 	14
Returned to home town				 	6
Work obtained for				 	19
Sent to lawyer				 	38
Sent to Court				 	18
Affiliation investigations				 	22
Grants, etc., administered	1			 	245
Accommodation found fo	r			 	29
Kept in touch with throu	gh corre	sponder	ice	 	43

REPORT OF MISS H. E. CLUEIT

Superintendent of Midwifery Service

Municipal Midwifery Service

Staff

Establishment: Superintendent, Deputy and Tutor

to the Part II Training School

30 District Midwives 20 Pupil Midwives.

Mrs. S. K. C. Chatfield, Superintendent of the Midwifery Service since 1955, resigned in August, 1965. I was appointed as her successor and commenced my duties on 2nd September, 1965.

Out of the total of thirty district midwives, two have continued to devote their time to the care of premature babies, supervising those born at home and those discharged from hospital who need extra care.

Although the number of babies born at home decreased slightly during the past year, the number of patients who were discharged early from the hospitals in the area continued to increase and all those patients received attention from the domiciliary midwives.

Mothercraft talks were given at five clinics in the city by midwives and health visitors to expectant mothers. These talks have proved most popular; the mothers taking a lively interest in the discussions which follow.

Four domiciliary midwives attended Post Graduate courses of Instruction approved by the Central Midwives Board during 1965.

The Part II Training School has continued to play a very important part in the recruitment of midwives, both to the domiciliary and hospital services. Twenty-six pupil midwives entered for the Part II examination of the Central Midwives Board in 1965 and twenty-four were successful at their first attempt. Two were successful on re-entering the examination.

Eleven of our present establishment of midwives trained in our Part II School. The number of teaching midwives was fifteen.

Seventeen students studying at the local hospitals for the Obstetric Nurse Training Course approved by the Central Midwives Board, each spent a day with a domiciliary midwife during the year, visiting mothers and babies in their own homes. They also attended the Local Authority clinic sessions and relaxation classes.

ANTENATAL CLINICS - MIDWIVES' SESSIONS

Totals	869	1,445 5,885	7,330	10.5	484	1,929
Stone- house	49	176 927	1,103	22.5	88	265
Southway	52	79	220	4.2	12	91
Seven	103	189	1,204	11.7	86	275
St. Budeaux	52	128 659	787	15.1	62	190
Peverell	31	63	287	9.3	1	63
Honick- nowle	52	198 370	568	10.9	31	229
Ernesettle	51	46	311	6.1	21	. 67
Efford	52	81 290	371	7.1	21	102
Devonport Park	52	156	841	16.2	52	208
Crownhill	100	341	452	4.5	31	142
Beacon Park	104	218	1,186	11.4	7.9	297
	Number of Midwives' sessions held	1st attendances Re-attendances	Total attendances	Average attendance per session	Number of transfers from 1964	Total number of women attending during 1965



First attendances at the midwives antenatal sessions were 1,445, re-attendances were 5,885. The average attendance per session was 10.5. See table on page 33a.

The total number of confinements attended was 1,362. The forceps rate was 1.0 per cent and the perinatal mortality rate was 4.4.

The following is a summary of the work done throughout the year:

### MUNICIPAL MIDWIVES

		-			
Viim	bor	of	caene	attend	or .
		VI.	COCO	CULULIA	1000

(a)	Doctor not booked b	ut prese	nt a	t delivery			1	
(b)	Doctor not booked a	nd not	orese	ent at del	ivery		21	
(c)	Doctor booked and	present a	at de	elivery		3	343	
(d)	Doctor booked but i				y	9	97	
						-		1,362
Numl	ber of cases booked							1,740
Numl	ber of gas and air an	d trilene	adn	ninistrati	ons:			
				Gas and	Air	Trilen	0	
/ \	D	11			au		c	
(a)	Doctor present at d			138		173		
(b)	Doctor not present a	at delive	ry	424		452		
				= 00		005		
				562		625		
								1,187
Numl	per of instrumental d	eliveries	:					
(a)	Doctor not booked						-	
(b)	Doctor booked						14	
							_	14
Numb	per of emergency deli	veries						3
Numb	per booked who misca	arried						4
Numb	er of patients transfe	erred to	hosp	pital for c	onfin	ement		247
Numb	er of patients transfe	erred to	hosp	pital after	conf	inemen	t	12
Numb	er of antenatal home	e visits l	by m	idwives				10,441
Numb	er of clinic attendan	ces by n	nidw	rives				1,471
Numb	er of notifiable puer	peral py	rexia	a cases				. 5
Numb	er of accouchement :	sets issu	ed a	t Welfare	Cent	res		1,589

REPORT OF MRS. B. H. LEWIS

Superintendent Health Visitor

Health Visiting Service

Staff

Establishment: Superintendent, Deputy and 23

Health Visitors.

Staff on 31st December, 1965:

1 Superintendent

1 Deputy Superintendent

21 Full-time Health Visitors

5 Part-time Health Visitors

There has been an improvement in the staff situation during the year which has enabled the health visitors to maintain regular home visits and to co-operate more fully with other field workers. There have also been opportunities for further instruction in the form of films, lectures and discussions which have been held monthly at staff meetings.

Training and Refresher Courses The Health Visitor Training Course was approved and commenced on September 27th at Plymouth College of Technology. Five senior health visitors

were promoted to field work instructors and all attended special training courses for this position. Two went to Manchester University, two to the Royal College of Nursing and one to the Queen Elizabeth College, London, on a course arranged by the Health Visitors' Association. The Health and Welfare Services Committee agreed to sponsor six student health visitors out of the fourteen who embarked on the training.

A social evening for approximately one hundred people was privately arranged for the inauguration day. Those attending included representatives from the Ministry of Health, Royal College of Nursing and Health Visitors' Association, Dame Joan Vickers, members of Education and Health and Welfare Services Committees, County Medical Officers of Health, Principal of College of Technology, lecturers and others taking an active part in the training course.

Decentralisation The decentralisation plan is now completed and health visitors work from district offices. General Practitioners, hospitals, social workers and other colleagues have been notified and a close liaison has been established.

Health Education 1965 was Home Safety Year for Plymouth and the health visitors have taken an active part in giving group talks, displaying posters and leaflets in the clinics and demonstrating types of accidents, and age groups involved, at an exhibition held in the Municipal Buildings.

Lectures on the health visiting service have been given to student nurses training at the local general hospital and one day has been spent by the students with the health visitors observing aspects of the work. A discussion arranged between principal tutor, health visitors and students at a later date proved most valuable.

More health visitors are taking part in school health work and there has been an increase in mothercraft, hygiene and nursing lectures given to senior girls.

### Summary of cases visited:

Tubercular households		 	 	181
Infectious disease households	s	 	 	10
Aged (65 or over)		 	 	182
Mentally disordered		 	 	14
Discharges from general hosp	pitals	 	 	27
Children:				
Born in 1965		 	 3,809	
Born in 1964		 	 3,523	
Born 1960 to 1963		 	 8,527	
			-	15,859
Number of home visits		 	 	48,475

# REPORT OF MR. R. M. MAYNARD Senior Dental Officer

Dental Treatment of Mothers and Young Children The following table shows the treatment given to Expectant and Nursing Mothers and Children under five years, during 1965:

Radiographs	4	1
ures ided Partial	=	1
Deni prov Full	ıc	1
General Anaesthetics	16	96
Extractions	88	282
Crowns and Inlays	1	1
Silver Nitrate Treatment	9	34
Fillings	131	173
Scalings and Gum Treatment	10	-
completed treatment convess of	56	138
Commenced treatment treatment	72	181
Examined	98	270
Medical Only	Expectant and Nursing Mothers	Children under Five

# Sanitary Circumstances of the Area

Report of the Chief Public Health Inspector
MR. W. G. Lock

In submitting this report, I would again like to express my appreciation of the help given to me during the year by Dr. Peirson and of the support and co-operation which I have received from my staff.

It has not been possible to recruit qualified staff during the year and there are still vacancies for four public health inspectors. Two student public health inspectors, however, commenced duty in October and there are now five students in the department, three of whom are in the second year of the four years' course and will be sitting for their intermediate examination during the summer of 1966

It is with deep regret that I report the death, in December, of Mr. W. S. Wales, who for very many years was senior food and drugs inspector in the department and who only retired from this post in January, 1964.

### WATER SUPPLY

Consumption The average daily consumption of water for 1965 was 18,436,000 gallons. This includes water consumed in the Plympton Rural District area, the Borough of Saltash and part of the Tavistock Rural District area.

Supply

The rainfall over the catchment area was 79.04 inches which compares with the average of 68.61 inches. From May to October the rainfall was 32.79 inches, almost six inches more than in 1964 and just over three inches above the average of 29.65 inches.

Water was pumped from Lopwell to augment the supply from the 7th May to 17th June.

There was no necessity to impose any restrictions on the use of water.

As in previous years, 0.5 part per million of chlorine has been added to the water at Burrator and after being filtered at Crownhill, the water has been again chlorinated and treated with lime to correct the pH.

The River Tavy water has been chlorinated, treated with coagulants, settled, filtered and again chlorinated.

Bacteriological Examination

During 1965, with a view to ensuring that a pure supply of water was maintained, 188 routine samples were examined and submitted to bacteriological examination. The results of these examinations are shown in the following table:—

Source	Total Number of Samples	B. Coli. present in 100 ml.	B. Coli. absent in 100 ml.
From City Mains	186	30 (12 non-faecal) (18 faecal)	156
From wells and springs	. 2	Nil.	2
GRAND TOTAL	188	30 (12 non-faecal) (18 faecal)	158

In addition to the samples shown in the above table, whilst water was being obtained from Lopwell, samples of water were taken daily from the covered reservoir at Crownhill which receives the Lopwell water after treatment. Of the 101 samples taken, 100 were returned "B. Coli. absent in 100 ml." and Coliform bacilli (non-fæcal) was found to be present in the remaining sample.

Twenty-eight samples were also taken from Maker Camp in Cornwall, which is the responsibility of the Education Committee of the Plymouth City Council. Twenty-seven were returned "B. Coli. absent in 100 ml." and Coliform bacilli (non-fæcal), was found to be present in the remaining sample.

# CHEMICAL ANALYSIS OF WATER DURING 1965 (parts per million)

	17th February	18 Ma	sch irch	24th March	51 A p		27th April	25th May	91 J 11		41 A 11q		1. Septe	st mber	14th September	Octo		Dece	lst mber	Decer			oth mber
Sample Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Temporary Hardness	36.0	5.0	5.0	33.0	6.0	7.0	36.0	38.0	15.0	15.0	22.0	15.0	19.0	12.0	94.0	13.0	9.0	23.0	13.0	6.0	4.0	5.0	4.0
Permanent Hardness	26.0	9.0	9.0	21.0	9.0	8.0	22.0	20.0	9.0	5.0	9.0	11.0	10.0	8.0	56.0	16.0	15.0	13.0	17.0	9.0	10.0	9.0	10.0
Total Hardness	62.0	14.0	14.0	54.0	15.0	15.0	58.0	58.0	24.0	20.0	31.0	26.0	29.0	20.0	150.0	29.0	24.0	36.0	30.0	15.0	14.0	14.0	14.0
Chlorine as Chlorides	20.0	12.0	12.0	18.0	11.0	11.0	22.0	19.0	14.0	14.0	12.0	12.0	13.0	12.0	55.0	15.0	14.0	16.0	16.0	12.0	11.0	11.0	11,0
Ammonia, Saline	0.008	0.008	0.006	0.074	0.006	0.006	0.012	0.130	0.004	0.004	0.022	0.004	0.004	0.004	0.134	0.028	0.004	0.012	0.024	0.086	0.080	Nil	0.01
Ammonia, Albuminoid	0.084	0.028	0.026	0.026	0.044	0.054	0.280	0.370	0.054	0.062	0.070	0.044	0.120	0.046	0.028	0.100	0.072	0.084	0.076	0.270	0.212	0.032	0.05
Nitrates as Nitrogen	3.4	Nil	Nil	2.0	Nil	Nil	0.8	0.6	0.2	0.2	0.1	0.1	0.2	0.05	4.8	0.4	0.3	0.7	0.9	Nil	Nil	Nil	Nil
Nitrites as Nitrogen	0.002	Nil	Nil	Nil	Nil	Nil	0.005	0.01	0.002	Nil	0.002	0.001	0.002	Nil	Nil	0.001	Nil	Nil	Nil	0.02	Nil	Nil	Nil
Oxygen (absorbed 4 hrs. at 27°C)	0.6	0.25	0.15	3.0	0.45	0.4	2.0	4.0	0.95	0.7	1.65	1.2	1.8	0.85	0.9	1.4	0.8	1.0	0.75	6.3	5.1	0.25	0.65
fetals (zinc, copper, lead, iron and man- ganese)	Iron in sedi- mentary form 0.1	Nil	Nil	Iron in sedi- mentary form 2.0	Nil	Nil	Iron in sedi- mentary form 0.2	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nii	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil
pH Value	7.2	6.9	6.9	7.1	6.7	6.6	7.3	7.0	6.9	6.8	6.8	6.7	6.8	6.7	7.8	6.8	6.7	7.0	6.8	6.1	6.0	6.9	6.8

Chemical Analysis

Twenty-three samples of water were submitted for chemical analysis. The following table (3a) gives a summary of the results of these, the figures representing parts per million:

Samples 1, 4, 7 and 8 were taken from the River Tamar upstream of Gunnislake Weir. Samples 9, 11, 13, 16, 18 and 20 from Pials Brook at Marks Bridge, near Cornwood and samples 10, 12, 14, 17, 19 and 21 from the River Yealm at Fardel Mill Bridge, near Cornwood.

The foregoing samples were taken at the request of the Plymouth City Water Undertaking who require information as to the suitability of the water in the event of it being used as an additional source of supply.

Sample No. 15 was taken from the main supply tank at Maker Camp in Cornwall. All the other samples were taken within the Plymouth City Boundary.

I am indebted to the Water Engineer for part of the foregoing information.

### SWIMMING POOLS

Samples of water were taken regularly for bacteriological examination from the swimming pools in the City and the results are shown in the following table—

RESULTS OF BACTERIOLOGICAL EXAMINATION OF SAMPLES OF WATER OBTAINED FROM BATHING POOLS IN THE CITY DURING 1965

Source	Total No. of Samples	B. Coli present in 100 ml.	B. Coli absent in 100 ml.
Ballard Centre (City Mains)	24	6 (4 fæcal)	18
Burrington Secondary Modern School (City Mains)	6	3 (1 fæcal)	3
Central Park Bathing Pool (City Mains)	15	1	14
Central Park Paddling Pool (City Mains)	16	(all fæcal)	4
Compton Primary School (City Mains)	7	1 (fæcal)	6
Devonport Park Paddling Pool (City Mains)	3	(fæcal)	. 1
Drake Primary School (City Mains)	6	2 (fæcal)	4
Efford Secondary Modern School (City Mains)	3	1	2
Glenholt Camp (City Mains)	13	5 (all fæcal)	8
Kingsland School (City Mains)	2	1 (fæcal)	1
Montpelier Junior School (City Mains)	6	-	6
Mount Wise Infants' Bathing Pool (Sea Water)	10	3 (all fæcal)	7
Mount Wise Infants' Paddling Pool (City Mains)	9	(all fæcal)	6
Mount Wise Ladies' Bathing Pool (Sea Water)	11	7 (5 fæcal)	4

### SWIMMING POOLS-continued

Source	Total No. of Samples	B. Coli present in 100 ml.	B. Coli absent in 100 ml.
Mount Wise Mens' Bathing Pool (Sea Water)	11	4 (2 fæcal)	7
Munday House (City Mains)	5	(all fæcal)	2
Pennycross Primary School (City Mains)	. 6		6
Plymouth College Bathing Pool (City Mains)	3	1 (fæcal)	2
South Trelawney Junior School (City Mains)	6		6
Tinside Bathing Pool (Sea Water)	8	1 (fæcal)	7
Whitleigh Junior School (City Mains)	25	5 (all fæcal)	20
Widey Technical School (City Mains)	6	-	6
Woodfield Junior School (City Mains)	13	2	11

In May, the public swimming pool at Central Park, operating the "break point" method of chlorination, came into use.

The Woodfield Junior School, Drake Primary School and the Kingsland School commenced using their recently constructed pools in May, June and July respectively.

Mount Gould Hospital, Hydrotherapy Pool Fifteen water samples were taken from the hydrotherapy pool at Mount Gould Hospital. All except four samples were satisfactory.

### SEWERAGE AND SEWAGE DISPOSAL

I am indebted to the City Engineer for the following information relating to sewerage and sewage disposal.

At the beginning of 1965, part of the Ford area, containing approximately two hundred and forty houses, a school and Wolseley Residential Home, and which discharged untreated sewage into the River Tamar at Devonport Dockyard, was diverted to Camels Head Sewage Disposal Works for full treatment.

At Budshead Road, Crownhill, the public foul-water sewer was extended so that a septic tank could be abandoned and the site further developed and, at Ernesettle Green, where surface-water flooding affected some dwellings, an additional surface-water sewer and gullies have reduced the danger.

Where possible, storm-water overflows, with low-side weirs, were regulated so that the foul sewers ran to their full capacities and so helped to reduce pollution of streams.

Sewers were laid at Langley Farm and Widewell to provide for drainage from the new developments.

### SANITARY INSPECTION OF THE AREA

The number of complaints of housing defects and nuisances received and given attention during the year was 1,673, a little less than the number received during the previous year.

Prosecutions Only on two occasions was it necessary for legal proceedings to be instituted in connection with abatement notices which had not been complied with by the owners. In one case the magistrates made a nuisance order for the work to be carried out within fourteen days and in the other case for the repairs to be effected within twenty-eight days.

Drainage In the case of four houses, official orders had to be sent to the City Engineer to clear, in default of the owners and at their expense, blocked drains in respect of which notices under Section 17 of the Public Health Act, 1961, had been served and the work had not been done within the forty-eight hours required by the notices. In two other instances, although authority was obtained for the clearance of drains, it was not necessary to use this authority, the work being done by the owners.

It was also necessary, in accordance with Section 18 of the Public Health Act, 1961, for the local authority to effect repairs to a defective private sewer serving eight houses and which was causing a serious nuisance by discharging sewage over the garden of one of the houses.

Offices, Shops and Railway
Premises Act

Further notifications of occupation of premises have been received during the year and the numbers of the various types of premises registered at the end of 1965 as compared with 1964 are as follows:

Type of Premises		Number Registered						
2010/09/14/2013		E	nd of 1964	End of 1965				
Offices			518	557				
Wholesale shops, warehouses			120	128				
Retail shops			777	871				
Catering establishments open to	the pu	ıblic,						
canteens			128	142				
Fuel storage depots			6	6				
TOTAL			1,549	1,704				

The total number of general inspections and re-inspections made was 296 and the number of contraventions of the provisions of the Act observed was 29, of which 23 had been rectified by the end of the year.

In addition to the general inspections made, investigations were carried out in connection with thirty-five accidents which were reported to the department. These accidents occurred in the following classes of premises:

Offices				 2
Retail sho	ps			 27
Wholesale	prem	nises		 1
Catering e	stabli	shment	s	 4
Canteens		***		 1
		Тотл	L	 35

The accidents in the offices related to a hand injury whilst using a stapling machine and a fall resulting in an injured wrist; in the wholesale premises to a fall, resulting in a sprained ankle; in the catering establishment two cases of scalds, jamming fingers in a drawer and pulling a cash drawer out of its runners, resulting in a foot injury; in the canteen, cutting fingers whilst chopping cabbage.

Of the twenty-seven accidents notified as occurring in retail shops, sixteen accidents were notified by the manager of one branch of a large national multiple store. This would appear to indicate that in many cases occupiers of premises to which the Act applies are failing to observe the requirements regarding the notification of accidents.

A summary of the types of accidents in the retail shops is given below:

Injury following collision with goods trolleys	 3
Struck by falling objects	 4
Sprains and strains due to falling or tripping	 6
Other injuries due to falling or tripping	 4
Cut hands	 3
Injuries due to drawers being pulled out of runners	 2
Back strains when lifting	 2
Sprained arm when using mechanical floor polisher	 1
Injury to head in consequence of fainting	 1
Insect bite whilst unpacking goods	 1

# PREMISES INSPECTED.

The following table shows the number of inspections of various premises carried out during the year, together with information regarding the action taken as a result of these inspections:—

Premises Inspected	Inspections or Visits	Intimation Notices served or Improvements required	Intimation Notices complied with or Improvements effected	Statutory Notices served during the year	Statutory Notices complied with during the year
Houses inspected (Public Health and Housing Acts)	3,179	935	-	124	-
Houses reinspected (Public Health and Housing Acts)	6,595	-	937	-	120
No. of premises (other than houses) inspected	593	18	18	-	-
No. of Interviews	1,298	-	-	-	-
Visits to contacts of infectious diseases	39	-	-	-	-
No. of houses visited regarding notifiable diseases	397	-	-	-	-
Visits regarding Food Poisoning	167	-	-	-	-
Bakehouses	86	14	12	-	-
Boarding Houses	11	1	1	-	-
Butchers	403	18	19	_	-
Cinemas and Amusement Places	15	3	2	-	-
Common Lodging Houses	11	2	2	_	_
Dairies and Milk shops	534	-	-		
Food Vehicles	55	1	1		
Fresh Fish Shops	35	1	1		
Fresh Fish Carts	50	4	4		
Fried Fish and Chips Shops	62		7		
Fruit and vegetable shops	100 106	8	3		
Hairdressing establishments	254	3	2	_	_
Ice Cream Premises		0	4	_	_
Knackers Yards	26	1	1	_	-
Markets	96	1	1	_	_
Meat Vehicles	90	1			
Number of shops visited regarding Merchandise Marks	129	7	7	_	_
Act	40	1 1	_	_	_
Milk Vehicles	18	1	1	_	-
Offensive Trades	296	29	23	-	-
Offices, Shops and Railway Premises Act	32	_	_	-	-
Outworkers premises	45	2	1	-	-
	1,391	_	-	_	-
Premises to examine foodstuffs  Preserved food premises	17	_	_	-	-
Provision Shops	856	17	16	-	-
Public Houses	85	6	6	-	-
Public Conveniences	517	2	2	-	-
	8	-	-	-	-
Rag Flock premises	471	17	15		-
Schools	84	7	7	_	-
School Kitchens	10	-	-	-	-
Second-hand shops	8	-	-	-	-
Sites	451	33	35	-	-
Slaughterhouses	9	-	-	-	-
Smoke observations	103	5	4	-	-
Swimming baths	226	-	-	-	-
Tents, Vans, Sheds, etc	124	5	5	-	-
Tips	7	-	-	-	-
Water Courses	131	-	1	-	-
Houses inspected for infestation by rats or mice	717	717	-	-	3 -
Houses reinspected for infestation by rats or mice	777	-	717	-	-
Premises other than houses inspected for infestation					
by rats or mice	228	221	-	-	-
Premises other than houses reinspected for infesta-					
tion by rats or mice	315	-	221	-	-
Visits to Public Health Laboratory	375	-	-	-	-
	2	-		-	-
Dent investigations					

Where necessary, advice regarding accident prevention was given to the occupiers concerned, but in most cases the circumstances were not such as to warrant further action being taken.

Copies of reports on accidents notified by firms to the local authority are sent to the Deputy Superintending Inspector of Factories at Bristol, the appropriate officer appointed by the Minister of Labour and who is available to advise on technical problems of accident prevention.

Common Lodging Houses

Regular inspections of the two common lodging houses in the City have been made during the year and improvements effected when these have been necessary.

Details of the sanitary inspection of factories under the Factories Act, 1961, and of the outwork carried on within the City are given in the following tables:

1. Inspections for purposes of provisions as to health.

	N	Number of			
Premises (i)	Number on Register (ii)	Inspections (iii)	Written Notices (iv)	Occupiers prosecuted (v)	
1. Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by local authorities	21	36			
2. Factories not included in (1) in which Section 7 is enforced by the local authority	520	262	29		
3. Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers premises)	73	20			
TOTAL	614	318	29	_	

# 2. Cases in which defects were found.

Particulars	Numb	Number of cases in			
T unitemars	Found	Remedied	Referred to H.M. Inspector	Referred by H.M. Inspector	which prose- outions were instituted
(i)	(ii)	(iii)	(iv)	(v)	(vi)
Want of cleanliness(s.1)	23	23	en 7 in	1	no <del>z</del> ank
Overcrowding (s. 2)	-		-	-	-
Unreasonable temperature (s. 3)	- P	rid-w	ij li-dig	ci ba	1 00(1-1) m3
Inadequate ventila- tion (s. 4)	antigo	tol add p	trakina, sar monen	28_220	mid t <u>e</u> ar m
Ineffective drainage of floors (s. 6)	_	-	-	-	
Sanitary Conveniences (s. 7)(a) Insufficient (b) Unsuitable or	4	3	-	2	-
defective	2	2	-	1	-
(c) Not separate for sexes	-		-	itin-n ii	nome1
Other offences against the Act (not including	36	2-48	mate all the	h = 12 7d Se	colou
offences relating to outwork)	-	-			

### 3. Outwork (Sections 133 and 134).

	S	ECTION 133	SECTION 134			
Nature of Work	Number of out-workers in August list required by Section		Number of prosecu- tions for failure to supply lists	Number of instances of work in unwhole- some premises	Notices served	Prose-
(1)	110 (1) (c) (2)	Council (3)	(4)	(5)	(6)	(7)
Wearing apparel, making, etc	141	81 -	100	na benice		

During the year, following visits to the premises by the Public Health Inspectors and the staff of the Chief Fire Officer, and after the carrying out of improvements where necessary, eleven licences were issued in accordance with the Act.

Animal Boarding Establishments Act, 1963

Only one licence has been issued under this Act and the premises concerned have been regularly inspected.

Riding Establishments Act, 1964 This Act, the purpose of which is to regulate the keeping of riding establishments, came into force on 1st April and makes it illegal for any person to keep a riding establishment except under the authority of a licence granted in accordance with the provisions of this Act. There are two such establishments within the City boundary and following the carrying out of the necessary inspections and of certain improvements, licences were granted in respect of both establishments.

The number of complaints of rats and mice infestation received during the year was 895 and details of the inspections made as a result of these complaints are given in the following table:

	Owned	Type of Pro	perty	
indian language de la company	by Local Authority	Dwellinghouses (including Council houses)		Total
Number of properties in- spected as result of:				
(a) Notification	69	680	146	895
(b) Survey	2	19	5	26
(c) Otherwise	3	18	3	24
Total inspections carried out	203	1,494	340	2,037
Number of properties in- spected found to be infes- ted by: (a) Rats		e alle innesti		
∫ Major infestation	-	2	1	3
Minor infestation (b) Mice	-56	570	88	714
∫ Major infestation	-	-	-	-
Minor infestation	18	145	58	221
Number of infested proper- ties treated		nt millar		
by Local Authority	74	717	147	938

By the end of the year, with the co-operation of owners and occupiers, successful treatments had been effected in respect of 717 houses and 221 other premises.

To keep rodent infestation under control, the usual twiceannually test bait and maintenance treatment of sewers was carried out.

It was not found necessary to treat for rodent infestation at controlled refuse tips during the year. Rag Flock

Nine samples of filling materials were taken for analysis during the year under the Rag Flock and Other Filling Materials Act, 1951, of which two consisted of rag flock, four of woollen mixture felt and three of cotton felt. All these samples proved to be satisfactory.

Fertilizers and Feeding Stuffs Seven samples of fertilizers and three samples of feeding stuffs were taken for analysis. All these samples proved to be satisfactory.

National Survey of Air Pollution Daily observations have been continued at the three recording stations established in the City:

		No.	Da	ily average:	s in milli per cub		of a gram	me
Period		of weeks in period	Plymouth Market		Whitleigh Secondary Modern School		Mount Street Primary School	
			Smoke	Sulphur Dioxide	Smoke	Sulphur Dioxide	Smoke	Sulphur Dioxide
January		4	59	90	33	43	127	90
February		4	46	124	24	51	151	134
March		5	29	108	32	44	107	110
April		4	15	79	14	33	57	60
May		4	9	81	12	30	33	60
June		5	6	88	8	22	21	44
July		4	8	73	10	27	21	38
August		5	8	90	6	27	18	38
September		4	13	71	14	30	60	59
October		4	8	92	24	38	59	59
November		5	9	88	22	52	102	78
December		4	24	66	31	33	105	60
inter: January–March October–Decen	2000	26	28	95	28	44	108	89
Summer: April–Septemb	er	26	10	80	10	28	34	49

The three sites are classified as follows:

Plymouth Market Commercial area with predominantly

central heating

Whitleigh School Residential area with low density

housing

Mount Street School Residential area with high density

housing

I would like to record my thanks to the Headmaster, the staff and the scholars at Whitleigh Secondary School for their help in making daily observations during term time.

# HOUSING

1.	INSPE	CTION OF DWELLING-HOUSES DURING THE YEAR:-	
	(1) (a)	Total number of dwelling-houses inspected for defects (under Public Health and Housing Acts)	3,179
	(0)	Number of inspections made for the purpose	9,774
	(2) (a)	Number of dwelling-houses (included in sub-head (1) above) which were inspected and recorded under the Housing Consolidated Regulations, 1925 and 1932	143
	(b)	Number of inspections made for the purpose	421
	(3)	Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	42
	(4)	Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	935
2.		Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their Officers	817
3.	(a) Pr	N UNDER STATUTORY POWERS DURING THE YEAR:— occeedings under Sections 9, 10 and 12 of the Housing Act, 57:—	
		Number of dwelling-houses in respect of which notices were served requiring repairs  Number of dwelling-houses in which defects were remedied	15
		(a) By owners             (b) By Local Authority in default of owners	26 1
	(b) Pro	oceedings under Public Health Acts:—	
	(1)	Number of dwelling-houses in respect of which notices were served requiring defects to be remedied	109
	(2)	Number of dwelling-houses in which defects were remedied after service of formal notices:—	
		(a) By owners	91
		(b) By Local Authority in default of owners	2

(c) Proceedings under Sections 16 and 23 of the Housing	g Act, 1957:-	
(1) Number of dwelling-houses in respect of which Orders were made	Demolition	1
(2) Number of dwelling-houses demolished in purpose Demolition Orders	irsuance of	4
(3) Number of Undertakings not to use unfit house	es accepted	2
(4) Number of dwelling-houses in respect of whi		4
(5) Number of dwelling-houses in respect of white Orders were determined (6) Number of dwelling-houses in respect of white		2
to render fit accepted		1
(7) Number of dwelling-houses rendered fit acceptance of schemes	following	3
(d) Proceedings under Section 26 of the Housing Act	, 1957:—	
Number of dwelling-houses subject to operative Orders, where Closing Orders were substituted	Demolition	-
(e) Proceedings under Section 18 of the Housing Act	, 1957:—	
(1) Number of separate tenements or underground respect of which Closing Orders were made	d rooms in	28
(2) Number of separate tenements or underground respect of which Closing Orders were determ tenement or rooms having been rendered fit		9
(3) Number of separate tenements or underground respect of which schemes to render fit accepted		(a) _
4. Housing Act, 1957, Part IV—Overcrowding:—		
(a) (1) Number of dwellings overcrowded at the end of	of the year	99
(2) Number of families dwelling therein		117
(3) Number of persons dwelling therein		611
(b) Number of new cases of overcrowding during the	ne year	38
(c) (1) Number of cases of overcrowding relieved durin	g the year	33
(2) Number of persons concerned in such cases	relativi. (1)	226

### CLEARANCE AREAS

During this year, no representations have been made in respect of unfit houses included in Clearance Areas.

In September, the Minister of Housing and Local Government confirmed with modification the only two outstanding Compulsory Purchase Orders in respect of houses at Gascoyne Place, Plymouth and Ker Street, Devonport. In the case of the Gascoyne Place Order, one property which had been included as unfit was taken out of this category by the Minister but remained in the Clearance Area on the grounds of bad arrangement of the area. The three unfit houses and the house included by reason of bad arrangement were occupied by seven families comprising twenty-three persons. In the Ker Street Area one of the houses considered to be unfit was taken out of this category by the Minister but remained in the Compulsory Purchase Order as land outside the Clearance Area. There were sixteen unfit houses in this Order as confirmed, two of which were unoccupied and the remaining houses were occupied by thirty-nine families comprising one hundred and seven persons.

Well-maintained payments which the Minister has directed shall be made have been negotiated and settled with the owners and/or occupiers of five properties in the total sum of £706. 7s. 4d.

No applications either for the issue or for the cancellation of Certificates of Disrepair were made during the year.

During the year one hundred and twenty-one visits have been made to houses in connection with Standard Grants and ninety visits in respect of Discretionary Grants. These visits are made for the purpose of indemnifying the properties against demolition and to certify that they should provide satisfactory housing accommodation for the specified periods.

#### INSPECTION AND SUPERVISION OF FOOD

Bacteriological Examination of Milk

Three hundred and eighty samples of milk were taken for bacteriological examination.

The following table shows the number of samples of various descriptions of milk submitted to the Methylene Blue Test, and the results:

METHYLENE BLUE TEST

Description of Milk	Total Number of Samples	Satisfactory	Unsatisfactory	Void
Tuberculin Tested (farm bottled)	16	10	6	Nil
Pasteurised	160	160	Nil	Nil
Totals	176	170	6	Nil

Phosphatase A total of 160 samples of Pasteurised milk were Test obtained and submitted to the Phosphatase Test for checking the efficiency of the pasteurising process. All these samples were returned as satisfactory.

Turbidity Twenty-nine samples of sterilised milk were sub-Test mitted to the Turbidity Test and all were found to be satisfactory.

Brucella Abortus Ring Test

Fifteen samples of milk submitted to the Brucella Abortus Ring Test were found to be satisfactory.

Bacteriological Examination of Milk Bottles

After passing through bottle-washing units, twentyfour milk bottles were submitted for the colony count test and found to be satisfactory.

Licences under The Milk (Special Designation) Regulations, 1960 and 1963

The following table shows the number of licences to use the various designations applied to milk issued during the year.

Description of Licence								Number Issued	
Dealer's	Steril	ised	and/or	Paster	rised	and/or	Untre	eated	
Lice	nces								411
				Л	OTAL				411

Chemical Analysis of Milk

Twenty-four samples of Pasteurised milk, fourteen samples of Pasteurised (Channel Island) milk and ten samples of Sterilised milk were obtained for

analysis. All these samples were found to be genuine.

Registration under The Milk and Dairies (General) Regulations, 1959 During the year one hundred and thirty premises were registered for the sale of cream.

Ice Cream

The number of applications for registration of premises for the sale of loose and pre-packed ice

cream was ten.

Bacteriological Examination of Samples of Ice Cream During the year, one hundred and eighty-five samples of ice cream were submitted to the form of Methylene Blue Test prescribed by the Ministry of Health. The table below gives the results of

#### these tests:

	Grade	Hot Mix	Cold Mix	Totals
Grade 1.	Time taken to reduce methylene blue—4½ hours or more	103	5	108
Grade 2.	Time taken to reduce methylene blue—2½ to 4 hours	34	Nil	34
Grade 3.	Time taken to reduce methylene blue—½ to 2	22	Nil	22
Grade 4.	hours Time taken to reduce methylene blue—0 hours	21	Nil	21
Тота	LS	180	5	185

Of the one hundred and eighty samples of "Hot Mix", thirty-two were pre-packed. Twenty-seven of these samples were placed in Grade 1, four in Grade 2 and one in Grade 4.

During the year, three samples of water were taken from containers in which utensils for serving ice cream were kept. All the samples were unsatisfactory. Warnings and advice on the use of suitable sterilants and frequent replenishment of the water were given to the firms concerned.

Chemical Analysis of Ice Cream

During the year, six samples of ice-cream were taken and submitted to chemical analysis. All were returned as genuine. The results are given in the following table:

Sample No.	Total Fat	Butter Fat	Non-fatty Milk solids	Total solids	Sugar
1	5.95%	Not stated	10.2%	32.2%	13.5%
2	8.23%	do.	13.0%	37.3%	13.0%
3	9.5%	do.	14.5%	39.2%	12.0%
4	6.8%	do.	9.1%	30.1%	12.0%
5	11.0%	11.0% (Dairy Ice Cream)	11.3%	38.8%	14.0%
6	5.42%	Not stated	8.0%	25.2%	10.0%

## FOOD AND DRUGS

Adulteration The various samples of food and drugs submitted for analysis during the year are classified in the following table, together with the number of the various articles which were found to be adulterated.:

satisfactory	Official	Samples	Informal	Samples	
Article Sampled	Genuine	Adulter- ated	Genuine	Adulter- ated	Total No.
Aspirin	HI	-	4	-	4
Bicarbonate of Soda	THE HO			1	1
Bloater Paste		_olds	1 200	of med mo	1
Butter	-	_	6	_	6
Castor Oil	18 - Jul	035 m_27	4	_	4
Chopped Turkey in					
Jelly	_ 10		1	_	1
Clotted Cream	-	-	5	_	5
Coffee and Chicory					
Essence	_	_	4	_	4
Custard Powder	_	_	4	_	4
Flour	_	11111	3		3
Ham and Tongue					and i
Paste	_	_	1	_	1
Honey	_	_	4	_	4
Ice Cream	_		5		5
Ice Cream - Dairy	-	_	1		1
Jam - Strawberry			4		4
T - 1		The Thirts	1		1
Lime Jelly Marmalade	si Larit	Isle luco luc	1	selling also	1
37. 1.1			3		3
	_	_	4	_	4
Marzipan Olive Oil	_	_	4	-	
D- 4	. 04		4		4
Pasteurised Milk	24	_	_		24
Pasteurised Channel	1.1				1.4
Island Milk	14			-	14
Sago – Creamed		_	1	-	1
Sausages – Beef	-	_	4	1	5
Sausages – Pork	1	-	-	-	1
Squash - Lemon	-	-	1	-	1
Squash – Orange		-	3	-	3
Sterilised Milk	10	-	-	-	10
Table Jelly	-	-	4	-	4
Tongue and Turkey					
Meat Paste	-		1	-	1
Totals	49		74	2	125

In the case of the adulterated sample of bicarbonate of soda, this matter was taken up with the manufacturers. It would appear that a packet marked bicarbonate of soda was inadvertently filled with St. Vincent arrowroot. The unsatisfactory sample of beef sausages resulted in a warning being given to the firm and a further sample of sausages has since been found to be satisfactory.

Slaughterhouses Details of the number of animals killed in the Plymouth area and the number of carcases of home-killed meat dealt with from other centres are shown in the following tables:

		Slaughtered in Plymouth Area	Received from other centres	Totals
Bovines	 	 8,752	10	8,762
Calves	 	 369	1	370
Sheep	 	 6,788	9	6,797
Pigs	 	 14,611	636	15,247
		30,520	656	31,176

The total weight of meat and offal condemned during the year from animals killed inside and outside the City was 46 tons 3 cwt. 0 qtr. 26 lb.

Details of the number of whole carcases condemned and of carcases of which some part or organ was condemned are shown in the table which follows:

	Cattle excluding Cows	Cows	Calves	Sheep and Lambs	Pigs	Horses
Number killed	6,732	2,020	369	6,788	14,611	
Number inspected	6,733	2,029	370	6,797	15,247	_
All diseases except Tuberculosis and Cysticerci: Whole carcases condemned	5	42	37	97	67	north sho <u>re</u>
Carcases of which some part or organ was condemned	1,376	1,406	5	673	1,963	
Percentage of the number inspected affected with disease and other conditions, excluding Tuberculosis and Cysticerci	20.51%	71.39%	11.35%	11.33%	12.65%	

TUBERCULOSIS ONLY Whole carcases condemned	biii Vrei	muse si		lail l	a)	anono ariz <u>i p</u> o
Carcases of which some part or organ was condemned	1	2		2 m	145	I'Me I'Me
Percentage of the num- ber inspected affected with Tuberculosis	0.015%	0.09%	0.0%	0.0%	0.95%	Sol Sol

	Cattle excluding Cows	Cows	Calves	Sheep and Lambs	Pigs	Horses
CYSTICERCOSIS	-					
Carcases of which some part or organ was						
condemned	25	4	-	_	ba <del>m</del> s	Sh-A
Carcases submitted to treatment by refriger-	1008	SSILE			t-result	Simile
ation	25	4	_	-	-	-
Generalised and totally condemned	-				11-	

At the beginning of October there was a change of ownership of the slaughterhouse at "Kemps", Tamerton Foliot, and as the new owner was not proposing to continue the use of the premises as a slaughterhouse, the licence, which expired on 1st October, was not renewed. The only abattoir now operating in the City is that at Prince Rock.

Knacker's Yard

In view of the condition of these premises, which have not been used for some time, the licence issued to the occupier, and which expired on 31st December, was not renewed.

The following summary indicates the quantity of foodstuffs examined and found to be unfit for food:

TINNED GOOD	os			Tons	Cwts.	Qrs.	Lbs.
Meat			 	4	. 0	1	16
Ham			 	6	1	3	2
Fish			 	-	14	2	26
Milk			 	-8	16	1	18
Soup			 	-	3	3	5
Fruit			 	2	18	3	15
Vegetables			 	2	8	1	27
Jams and M	Iarma	alade	 	_	5	3	10
Cream			 	-	1	0	15

Provisions				Tons	Cwts.	Qrs.	Lbs.
Dried Vege	tables			 _	16	3	20
Fresh Vege	tables			 3	13	1	20
Fresh Fruit				 -	6	3	14
Dried Fruit				 -	5	1	23
Flour				 -	14	1	6
Cereals				 -	3	3	20
Biscuits				 _	4	2	23
Sweets and	Choco	olate		 	1	2	18
Cheese				 _	4	2	12
Cakes and	Cake N	<b>Iixture</b>		 _	1	2	6
Butter				 _	2	0	27
Poultry				 -	3	3	10
Miscellaneo	us			 2	4	3	3
Tea				 -	-	_	7
Rabbits				 -	-	-	-
MEAT PRODU	CTS			Tons	Cwts.	Qrs.	Lbs.
Bacon and	Ham			 _	19	2	21
Sausages ar	nd Sau	sage M	eat	 -	3	2	13

The following summary indicates the quantity of fish, smoked fish and other varieties examined during the year, and the quantity found to be unfit for food:

		Tons	Cwts.	Qrs.	Lbs.
Quantity of Fish inspected		1,304	0	0	0
Quantity of Mixed Fish found to be	e unfit				
for human consumption		1	6	2	11
Quantity of Smoked Fish found	to be				
unfit for human food		-	-	1	14

Inspection of other Food Premises type of the various food premises within the City, information regarding compliance with regulations 16 and 19 of the Food Hygiene (General) Regulations, 1960, which relate to washing facilities, together with the number of inspections made and action taken as a result of these inspections:

Type of premises	No.	Number fitted to comply with Regulation 16	Number fitted Number to which Number fitted of comply with Regulation 19 to comply with Regulation 19	Number fitted to comply with Regulation 19	Number of inspections made	Notices	Notices complied with
	20	10	2	5	20	T	1
	54	54	54	54	62	4	4
pooj	164	164	164	164	498	17	15
	166	166	166	166	403	18	19
::	47	47	47	47	98	14	12
than	66	00	33	66	e e		-
General provisions shops	00	00	cc	00	00		
s s	909	605	567	267	1,744	28	25
sell milk, cream or ice cream							
Public houses 2	255	255	255	255	85	9	9
Food vehicles	-	1	ı	1	241	61	2
in i							

Activities

Talks to student nurses and women's organisations in the various aspects of food hygiene have continued during the year.

Contamination of Food

A number of cases of food contamination came to the notice of the department during the year which indicated a certain lack of care in the preparation, storage and handling of food and in three instances it was considered that legal proceedings should be instituted. In two of the cases, one relating to a fairy cake containing a cigarette end and the other to a Nelson square in which was found a small portion of metal, the same bakery firm was involved; the fines inflicted by the Magistrates totalled thirty pounds and the costs amounted to five guineas. The third case was in respect of a scone which was found to contain a finger dressing and the bakery firm concerned was fined five pounds with five guineas costs. In the three cases the firms pleaded guilty.

Clean Food Certificates

These certificates, of which only a very limited number have been issued, are awarded in respect of premises where an exceptionally high standard of food hygiene is maintained and are reviewed every six months.

At the review in April, consideration was given to what steps were being taken at catering establishments to discourage smoking by customers and it was decided that where the managements declined to exhibit notices asking customers to refrain from smoking, the certificates should not be renewed. The managements of six establishments were unwilling to display such notices and the certificates in respect of their premises were withdrawn.

Later in the year it was necessary to withdraw a further certificate held by a firm against whom it was necessary to institute legal proceedings in connection with contaminated foodstuffs prepared at their premises.

## Infectious Diseases

The following pages give tables showing the occurrence of notifiable infectious diseases in 1965 with observations on certain of the diseases.

Table 1, on page 64a, shows the number of notifications received for each disease classified by age groups.

Table 2, on page 64b, shows the quarterly and sex incidence of infectious diseases.

Table 3, on page 65, shows the number of cases of infectious diseases notified during 1965 with comparative figures for the previous four years.

Mortality No deaths were caused by Diphtheria, Scarlet Fever, Measles and Whooping Cough.

Hospital Admissions Table 4, on page 66, shows the number of Plymouth residents admitted to the Scott Hospital by reason of infectious disease.

#### GENERAL OBSERVATIONS

There were 4,361 cases of infectious diseases notified including 3,995 measles cases of which 52 were admitted to the infectious diseases hospital. No deaths were attributed to the disease. Apart from measles, 1965 was a "quiet" year as regards infectious diseases.

Dysentery Thirty-three cases were notified, the lowest number for several years. In following up family contacts of these cases a further 55 persons were found to be harbouring dysentry organisms – Sh. Sonnei in each case.

Twenty-five cases were notified, about the average of recent years. In 7 of these cases, S. Typhimurium was the causative organism, in one S. Newport, and in 8 (a family outbreak, probably due to consuming insufficiently cooked minced meat) the cause was S. Dublin.

In following up contacts of notified cases a further 4 persons carrying S. Typhimurium were brought to light.

TABLE 2.

QUARTERLY INCIDENCE OF INFECTIOUS DISEASES—PLYMOUTH—1965

Disease	J	TO MARCH			APRIL TO JUNE		Sı	JULY TO EPTEMBE	R		Остовен то Эесемве			TOTALS FOR YEAR	
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Diphtheria	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dysentery	5	2	7	1	1	2	1	-	1	14	9	23	21	12	33
Encephalitis	-	-	-	-	-	-	-	-		-	-	-	-	-	-
Erysipelas	1	6	7	2	3	5	2	7	9	3	4	7	8	20	28
Food Poisoning	-	1	1	5	7	12	1	2	3	4	5	9	10	15	25
Measles	346	330	676	1,368	1,277	2,645	340	311	651	10	13	23	2,064	1,931	3,995
Meningococcal Infections	-	-	-	-	-	-	-	-	_	-	-	-	-	-	-
Ophthalmia Neonatorum	1	-	1	-	-	-	-	1	1 .	1	-	1	2	1	3
Paratyphoid	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pneumonia	28	27	55	17	15	32	6	2	8	11	13	24	62	57	119
Poliomyelitis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Puerperal Pyrexia	-	12	12	-	14	14	-	22	22	-	7	7	-	55	55
Scarlet Fever	3	3	6	7	8	15	2	6	8	10	7	17	22	24	46
Typhoid	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whooping Cough	10	11	21	8	5	13	9	6	15	5	3	8	32	25	57
Totals	394	392	786	1,408	1,330	2,738	361	357	718	58	61	119	2,221	2,140	4,361



TABLE 2.

QUARTERLY INCIDENCE OF INFECTIOUS DISEASES—PLYMOUTH—1965

Disease		ANUARY TO MARCH			APRIL TO JUNE		Se	JULY TO PTEMBE	R		TO TO ECEMBE			TOTALS FOR YEAR	
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Diphtheria	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dysentery	5	2	7	1	1	2	1	-	1	14	9	23	21	12	33
Encephalitis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Erysipelas	1	6	7	2	3	5	2	7	9	3	4	7	8	20	28
Food Poisoning	-	1	1	5	7	12	1	2	3	4	5	9	10	15	25
Measles	346	330	676	1,368	1,277	2,645	340	311	651	10	13	23	2,064	1,931	3,995
Meningococcal Infections	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ophthalmia Neonatorum	1	-	1	-	-	-	-	1	1 -	1	-	1	2	1	3
Paratyphoid	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pneumonia	28	27	55	17	15	32	6	2	8	11	13	24	62	57	119
Poliomyelitis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Puerperal Pyrexia	-	12	12	-	14	14	-	22	22	-	7	7	-	55	55
Scarlet Fever	3	3	6	7	8	15	2	6	8	10	7	17	22	24	46
Typhoid	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whooping Cough	10	11	21	8	5	13	9	6	15	5	3	8	32	25	57
Totals	394	392	786	1,408	1,330	2,738	361	357	718	58	61	119	2,221	2,140	4,361



There was also an outbreak of food poisining in a school when approximately 90 children out of about 200 at risk were affected. The responsible organism was Cl. Welchii probably present antimortem in legs of mutton which were boiled and consumed cold the next day.

Meningococcal Infections

No cases were notified in 1965, but the cause of the sudden death of an infant was subsequently reported as being due to meningococcal septicaemia.

Whooping The inc

The incidence of this disease was low in 1965 – 57 cases against 233 in 1964.

TABLE 3

Cases Notified in the City During the Past Five Years

Disease	1965	1964	1963	1962	1961
Dishibada		0			
	33	2 49	1 197	315	93
D 1 1111		2	4	2	2
		13	10	22	15
T. I.D.	28	27	26	31	14
	3,995	759	3,510	610	4,485
Meningococcal Infections	1	6	6	3	7,100
Ophthalmia Neonatorum		2	15	42	5
D . 1 . 1		1	1		_
-	119	71	125	68	111
Poliomyelitis					
and Polioencephalitis	-	_	_	1	5
D 1D 1	55	31	34	48	22
0 1 . 7	46	39	48	40	70
Smallpox		-	-	_	-
m 1 11		_	-	1	-
Typhus		-	-	-	-
Whooping Cough .	57	233	169	68	284

#### TABLE 4

## SCOTT HOSPITAL, PLYMOUTH

Admissions - Plymouth Residents - 1965

NOTIFIABLE (INFECTIOUS) DISEASES ONLY

			Admitted	Confirmed
Diphtheria		 		i mosts
Dysentery		 	13	9
Erysipelas		 	3	3
Food Poisoning		 	16	14
Measles		 	52	48
Meningococcal Info	ections	 	2	_ 173
Pneumonia		 	49	. 34
Scarlet Fever		 	5	2
Whooping Cough		 	10	5

## Deaths - Plymouth Residents, 1965

There were no deaths from infectious disease in the Hospital during the year.

TABLE A Immunisation - 1965 - Diphtheria, Whooping Cough, Tetanus, Poliomyelitis COMPLETED PRIMARY COURSES - NUMBER OF PERSONS UNDER AGE 16

			Year of Birt	h	Q11.00	Others under	Total
Type of vaccine or dose	1965	1964	1963	1962	1958-61	age 16	1000
1. Quadruple D.T.P.P	9	13	5	1	3	1	3:
2. Triple D.T.P	816	1,911	252	87	56	10	3,13
3. Diphtheria/Pertussis	-	2	-	-	-	-	
4. Diphtheria/Tetanus	6	11	7	23	113	7	16
5. Diphtheria	_	-	-	-	16	165	18
6. Pertussis	-	-	-	-	-	-	
7. Tetanus	-	1	1	1	9	1,126	1,13
8. Salk	20	82	42	25	27	7	20
9. Sabin	284	1,735	384	153	308	293	3,15
10. Lines 1+2+3+4+5 (Diphtheria)	831	1,937	264	111	188	183	3,51
11. Lines 1+2+3+6 (Whooping Cough)	825	1,926	257	88	59	11	3,16
12. Lines 1+2+4+7 (Tetanus)	831	1,936	265	112	181	1,144	4,46
13. Lines 1+8+9 (Polio)	313	1,830	431	179	338	301	3,39

## REINFORCING DOSES - NUMBER OF PERSONS UNDER AGE 16

			Year of Birt	h		Others under	Total
Type of vaccine or dose	1965	1964	1963	1962	1958-61	age 16	1 0141
1. Quadruple D.T.P.P	-	-	-	-	6	2	8
2. Triple D.T.P	-	154	493	57	323	129	1,156
3. Diphtheria/Pertussis	-	-	-	-	1	2	3
4. Diphtheria/Tetanus	1	15	48	50	1,284	223	1,621
5. Diphtheria	-	-	3	1	42	1,138	1,184
6. Pertussis	-	-	-	-	1	1	2
7. Tetanus	-	-	-	2	19	476	497
8. Salk	2	47	47	18	50	19	183
9. Sabin	-	44	94	47	1,093	399	1,67
10. Lines 1+2+3+4+5 (Diphtheria)	1	169	544	108	1,656	1,494	3,97
11. Lines 1+2+3+6 (Whooping Cough)	-	154	493	57	331	134	1,16
12. Lines 1+2+4+7 (Tetanus)	1	169	541	109	1,632	830	3,28
13. Lines 1 +8 +9 (Polio)	2	91	141	65	1,149	420	1,86

TOTAL BIRTHS: 3,765

CHILD POPULATION: Under 1 year, 3,840; 1-4 years, 13,560; 5-14 years, 28,900; Total, 46,300

TOTAL POPULATION: 212,550

	one newsball		
, Mari			

#### IMMUNISATION AND VACCINATION

The annual returns to the Ministry of Health of the immunisations carried out against diphtheria, whooping cough, tetanus, and poliomyelitis have now been consolidated into one comprehensive return and this is shown as Table A.

1965 has been a successful year for immunisation, acceptance of vaccination against most of the diseases for which it is offered being at least 10% higher than in 1964.

Diphtheria 3,514 primary courses were given in 1965, an increase of 393 over 1964. This figure is 91% of the births (3,765) in 1965. The great majority of those immunised were children under 3 years of age, but 188 children aged 5–8 years and 183 aged 9–14 were immunised for the first time.

3,972 reinforcing doses were administered, 586 more than in 1964.

Whooping Cough This immunisation is almost entirely given as part of the triple vaccine for babies and children under 5 years of age and 3,166 were vaccinated in 1965, 315 more than in 1964.

This immunisation also is offered first in infancy as part of the triple vaccine with reinforcement at 4 –5 years of age. Schoolchildren who have not previously been immunised are offered immunisation on school entry and reinforcement is carried out at ages 9–10 and 13–14 years of age.

3,144 children under 4 years of age and 1,325 aged between 5 and 15 years received primary courses during 1965. Over 80% of children are now immunised before school age.

The Health Department continues to maintain a record of the tetanus immunisation state of Plymouth children in a filing cabinet in the Accident Department of the Plymouth and District Hospital. This up-to-date reliable information can be very useful to those dealing with injured young people brought to the hospital in deciding what, if any, specific anti-tetanus measures are necessary.

Poliomyelitis Vaccination

Though there were no cases of poliomyelitis during the year to act as a spur to the demand for immunisation, poliomyelitis vaccination is now accepted by mothers as one of the routine protections for their children and 2,753 babies and toddlers had a primary course during the year (73% of the births in 1965). 639 school children were also immunised for the first time.

B.C.G. Vaccination against Tuberculosis

This is dealt with in the Tuberculosis and School Health sections of the report.

Vaccination against Yellow Fever

479 persons requiring vaccination and certificates for travel to yellow fever areas were vaccinated during the year.

Vaccination against Smallpox (Tables B. and C.)

In 1963 the recommended age for the performance of primary vaccination was changed from four

months to sometime in the second year of life. As was to be expected, this resulted in a reduced number of vaccinations of infants being carried out in 1963 – only 541 or 16% of the births compared with something over 2,000 (55–60% of the births) in a normal year.

Some recovery of the rate was seen in 1964 with 1,402 infants (36.5% of the births) being vaccinated.

There has been further recovery in 1965 with 1,870 vaccinations of infants under 2 years (49.7% of the births) and it is hoped this will continue in subsequent years.

In the following table, the number of children below the age of 2 years vaccinated in any year is shown as a percentage of the births in that year.

Year	Births	Primary vaccinations (all ages)	Percentage of Children vaccinated (under 2 years of age)	Re- vaccinations (all ages)
1963	3,867	743	13.99	502
1964	3,839	1,630	36.52	386
1965	3,765	2,099*	49.67	130*

<sup>\*</sup>The figures for 1965 are for persons under 16 years of age

TABLE B-VACCINATION AGAINST SMALLPOX

	Number vaccinated	Number re-vaccinated
O-3 months	 25	Care
3–6 months	 44	-
6–9 months	 65	-
9-12 months	 354	-
1 year	 1,382	maril— a
2–4 years	 186	27
5–15 years	 43	103
TOTAL	 2,099	130

TABLE C-VACCINATION AGAINST SMALLPOX

Year	Births	Primary vaccinations (all ages)	Percentage of Children vaccinated (under 1 year of age)	Re- vaccinations (all ages)
1944	3,016	1,663	55.14	85
1945	3,752	1,803	48.05	39
1946	3,947	1,890	47.88	74
1947 1948 (to	4,490	1,972	43.92	6
4.7.48)	2,223	1,001	45.48	_
1948 (from				
5.7.48)	1,813	322	17.76	69
1949	3,769	1,432	30.5	278
1950	3,534	1,691	33.5	398
1951	3,622	1,975	40.2	832
1952	3,487	1,836	42.9	475
1953	3,643	1,869	40.0	297
1954	3,580	1,692	40.8	239
1955	3,536	1,942	48.3	224
1956	3,526	1,711	42.7	264
1957	3,615	2,123	49.4	238
1958	3,652	2,127	51.3	220
1959	3,655	2,311	53.9	289
1960	3,683	2,601	55.1	317
1961	3,706	2,530	56.6	308
1962	3,757	7,280	66.57	6,085

In 1963 the recommended age for performing vaccination in infants was changed from 4 months to some time between the 12th and 24th months of age.

# Prevention of Illness Care and After-Care

## (A) TUBERCULOSIS

#### VITAL STATISTICS

Notifications The number of notified cases of tuberculosis for the year amounted to 85, consisting of 70 respiratory and 15 other forms of tuberculosis. One more respiratory case was notified posthumously. These figures show a decrease of 37 in respiratory notifications, but an increase of 3 in non-respiratory compared with the previous year.

Table 1

Age and Sex of Notified Cases of Tuberculosis in 1965

	1 00	Respi	ratory	Non-Re	spiratory
	Age roups	Male	Female	Male	Female
0-5		 1	2	1002	1
6-15		 5	4	1	1
16-25		 3(1)	4	1	3(1)
26-35		 9(5)	4(2)	1	1(1)
36-45		 7(5)	3	1	3(3)
46-55		 6(1)	5(2)	-	1
56-65		 10(5)	1(1)	402	1,-148
66 and	over	 3(3)	3(3)	1	- 889
Тота	ALS	 44(20)	26(8)	5	10(5)

Bracketed figures denote bacteriologically positive cases.

Table 2
Notifications and Deaths from Tuberculosis
for the Years 1950–1965

Year	Notific	ations		aths tal)	Deaths in non-notified persons	
1981		Non-	O LORENZO	Non-	KA.	Non-
	Resp.	Resp.	Resp.	Resp.	Resp.	Resp
1950	299	49	Not av	vailable	Not av	vailable
1956	228	17	27	2	3	2
1957	176(58)	21	16	3	2	2
1958	143(54)	16	21	1	4	-10
1959	154(40)	14	13	_980.	1	100
1960	141(47)	10	19	-	1	-
1961	160(48)	15	22	-200	4	-
1962	90(35)	10	14	-10	2	-
1963	108(34)	19	9	3	12712	1
1964	107(31)	12	9	3	2	3
1965	70(28)	15(5)	6	_	-	1

Bracketed figures denote bacteriologically positive cases.

Deaths

During 1965, tuberculosis was registered as the cause of death in 7 cases.

Clinic Register An analysis of the number of patients on the 'live' Chest Clinic Register at the end of the year is shown in Table 3.

TABLE 3

10 km (2 m / 2 m /	Males	Females	Children	Totals
Respiratory Tuberculosis Non-Respiratory	636	409	236	1,281
Tuberculosis	14	. 9	KET IE -OTE	23
Totals	650	418	236	1,304

#### CHEST CLINIC AND HOSPITAL WORK

Attendances 4,759 new cases were investigated during the year.

Of these, 1,570 were referred to the out-patient clinics, the remainder being examined at the open X-ray sessions. In addition, there were 5,239 attendances of old cases, a further 1,284 old cases attended for X-ray only and 738 contacts were examined.

TABLE 4
ANALYSIS OF CLINIC ATTENDANCES

Total		New co	ises referred	New	Re-ai	ttendances
Year Attendances	Clinic	G.P. X-ray	Contacts	Clinic	X-ray only	
1958	14,711	1,129	4,052	881	8,649	in sala
1959	15,162	1,197	4,425	948	8,592	10.8901
1960	13,924	1,059	3,957	876	8,032	1 / 10001
1961	13,794	1,861	3,634	926	7,373	- /
1962	12,831	1,707	3,139	837	7,148	
1963	11,929	1,673	3,049	933	6,274	
1964	11,587	1,448	2,382	791	6,966	
1965	12,020	1,570	3,189	738	5,239	1,284

Case Finding The main methods by which new cases are discovered are analysed in Table 5.

Table 5
Source of Notified Cases of Respiratory Tuberculosis (Percentage of total notified cases shown in brackets)

Year	M.M.R.	Clinic	G.P. X-ray	School Medical Service	Contacts	Other Hospitals
1957	43 (24.4)	60 (31.1)	26 (14.8)	2 (1.1)	21 (11.9)	24 (13.7)
1958	32 (22.4)	43 (30.0)	21 (14.7)	1 (0.7)	14 (9.8)	32 (22.4)
1959	23 (14.9)	60 (39.0)	17 (11.1)	5 (3.2)	14 (9.1)	35 (22.7)
1960	35 (24.8)	49 (34.7)	11 (8.0)	1 (0.7)	15 (10.6)	30 (21.2)
1961	28 (17.5)	67 (41.9)	10 (6.2)	2 (1.2)	15 (9.4)	38 (23.8)
1962	29 (32.2)	38 (42.2)	7 (7.8)		4 (4.5)	12 (13.3)
1963	28 (25.9)	31 (28.9)	16 (14.8)	5 (4.6)	14 (12.9)	14 (12.9)
1964	27 (25.2)	29 (27.1)	8 (7.5)	1 (0.9)	17 (15.9)	25 (23.4)
1965	18 (25.7)	23 (32.9)	4 (5.7)	1 (1.4)	14 (20.0)	10 (14.3)

Table 6
Findings in Tuberculin Positive School Leavers

Year	Number of children aged 13–14	Number tested with Tuberculin	tested Tuberculin with Positive		Active T.B. in contacts of Positive Reactors	
1959	3,198	1,889	177 (9.4%)	5	_	
1960	3,740	2,290	166 (7.2%)	1	4	
1961	3,671	2,158	145 (6.7%)	2	2	
1962	3,282	2,226	127 (5.7%)		-	
1963	3,191	1,932	101 (5.2%)	5	5	
1964	2,959	1,821	72 (3.9%)	1	3	
1965	2,953	1,886	83 (4.4%)	1	4	

The percentage of tuberculin positive reactors in the child population gives a good indication of the extent of infectious tuberculosis in this area and there has been no significant change in the past year.

TABLE 7
HOSPITAL TREATMENT

The numbers of admissions to Didworthy and the Scott Hospital for the treatment of tuberculosis during the last 3 years are shown below:

1963	 	154
1964	 	101
1965	 	78

Table 8
Resistant Bacilli in New Cases of Respiratory Tuberculosis

Year	Total No. Notified	No. Sputum Positive	No. Infected with Resistant Strains
1960	141	47	1
1961	160	48	1
1962	90	35	The same of the same
1963	108	34	1
1964	107	31	1
1965	70	28	_

Chronic Sputum
Positive Cases

These patients are few in number and are closely supervised by the Health Visitor.

The total number on 31st December, 1965 was 4.

B.C.G. Vaccination

The following table shows the number of cases vaccinated against tuberculosis in 1965.

#### TABLE 9

School Children	(under 14)		1,716
School Children	(over 14)		118
Contacts		B	219

Rehousing The Housing Committee co-operate in the rehousing of patients found to be living in unsatisfactory conditions.

To the 34 cases awaiting rehousing on the 31st December, 1964, were added a further 13 recommended by the Medical Officer of Health. 19 Families were rehoused and 17 removed from the list, leaving 11 still to be rehoused on 31st December, 1965.

Voluntary Organisations

The Plymouth Chest Clinic Patients' Care Committee, formerly known as the Tuberculosis Care and After-Care Voluntary Committee, continued to act as agent of the Local Authority for the welfare of the tuberculous patient and a grant for these services was maintained at £600.

Total expenditure for the year amounted to £1,245, of which sum £967 was devoted directly to the assistance of the patient and grants to hospitals.

As in previous years, the majority of applications was in respect of clothing, bedding and food grants. Cheap milk was granted to patients, an item accounting for expenditure amounting to £700 and amenities were also provided for Didworthy and Scott Hospitals.

In April 1966 the South-Western Regional Hospital Board published a report on tuberculosis for 1964. The following extract is worthy of note:

## "Position in Plymouth

"In previous years the opinion has been expressed that the prevalence of the disease in Plymouth is higher than in the rest of the Region. If this were correct, one would expect the natural tuberculin conversion figures for schoolchildren in Plymouth to be higher than elsewhere. The results of tuberculin testing of 13–18-year-old schoolchildren prior to B.C.G. vaccination in the school medical service show a prevalence of positive reactors in Plymouth of 4%, the lowest in the Region.

"That this was no chance occurrence is shown by examining the findings from 1959-1964, inclusive, during which period the conversion rate steadily declined from 9.4% to 3.9%. There is no reason to suspect the accuracy of the testing in Plymouth. It is carried out by experienced doctors using 10 T.U. of P.P.D. in an orthodox mantoux test. The P.P.D. is correctly stored and regularly used within three weeks of receipt. The uptake of tests, whilst on the low side of the median, does not differ markedly from most other local authority areas in the Region. The possibility was considered that one variable factor for the different parts of the Region could have been the dates on which the pasteurisation of milk became compulsory or, in other areas, more commonly used, and also the dates on which different areas became 'designated' areas. Authorities in the Public Health field were of the opinion that this was probably not significant. The indications are then that despite the high incidence of notified disease in Plymouth, the extent of infectious tuberculosis there is less than in the rest of the Region.

"Further evidence to support this point of view is that in Plymouth the proportion of all new notifications which were sputum-positive and the rate of new sputum-positive cases diagnosed per 100,000 population were both below the regional averages. It may well be that the high notification and discovery rates were occasioned either by different criteria for diagnosis and notification, or because energetic case-finding is resulting in an increased number of new patients being discovered before they become sputum-positive."

## (B) OTHER ILLNESS

Health Education

During 1965 the department's work in this field was expanded in a number of ways. With an improvement in the number of health visitors it was possible for more attention to be given to general aspects of health education by way of increased talks to mothers and to women's organisations and much more use was made of publicity material of many kinds.

In particular, special emphasis was given by the use of posters and leaflets to the campaign against smoking and against venereal disease, and in addition the Plymouth Home Safety Committee, which was formed in 1964 to co-ordinate the efforts of various organisations and departments to teach home safety, decided in the early part of the year to stage a Home Safety Exhibition during the summer.

The Exhibition, designed to show potential dangers in the home and how to avoid them, was opened in the Gallery of the Municipal Offices by the Deputy Lord Mayor on 16th July. Displays were arranged by several of the organisations represented on the Home Safety Committee, including the Health and Welfare Department. A film on "Home Safety" and demonstrations of "Mouth-to-Mouth Resuscitation" by Plymouth Ambulance Officers, were shown in Radiant House by courtesy of the South Western Gas Board. In the two and a half weeks it was open, the exhibition was seen by a large number of citizens and visitors.

### (C) VENEREAL DISEASES REPORT 1965

Then and This is my Thirthieth Annual Report on the treat-Now ment and incidence of Venereal Disease in Plymouth and the surrounding districts, and a brief review of the advances made over the years may be of some general interest. Not only has treatment changed, but the diseases have shown marked variation in their incidence and importance. In the thirties, the chief diseases treated were Gonorrhoea, Syphilis and Soft Sore. Diagnosis was largely clinical as only limited bacteriology was possible. In the case of Gonorrhoea the only test was a smear, as there were no facilities for culturing the organisms and treatment was confined to somewhat crude irrigations in the male and antiseptic packs in the female. This went on for many weeks, during which time numerous complications occurred, chiefly arthritis, eye infections, prostatitis, abscesses and stricture. These now are all things of the past except perhaps stricture. In women sterility and complications in the genital system were common, the latter often requiring surgical intervention for their relief.

The diagnosis of anything but acute primary Syphilis was based on the Wasserman blood test and it is now realised that this is a test with strict limitations, so that many patients and especially pregnant women, who often showed a false positive test, must have been treated unnecessarily. Many more very accurate blood tests have since been devised, making the ultimate diagnosis in a doubtful case almost foolproof. The treatment of Syphilis was based on long courses of injections with toxic drugs and these often produced complications which were nearly as severe as the disease.

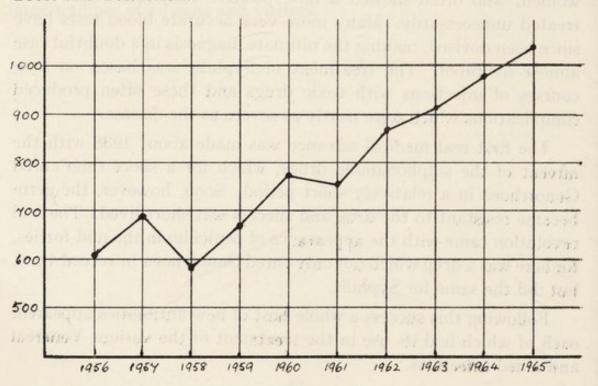
The first real medical advance was made about 1938 with the advent of the sulphonamide drugs, which for a short time cured Gonorrhoea in a relatively short period. Soon, however, the germ became resistant to the drug and success was short lived. The real revolution came with the appearance of penicillin in the mid-forties, for here was a drug which not only cured Gonorrhoea in record time, but did the same for Syphilis.

Following this success a whole host of new antibiotics appeared, each of which had its use in the treatment of the various Venereal and allied infections.

It is now recognised that Syphilis, Gonorrhoea and Soft Sore are not the only common Venereal Diseases. Trichomonal infection in both men and women as well as various parasitic infections are all recognised as either primary disease or as complications of existing Venereal infections, and it is largely owing to the first class laboratory facilities available, together with the tremendous progress in new types of drugs, that make all kinds of Venereal infections respond readily to early and correct treatment. It is useless to have all these therapeutic weapons at hand unless there is a good team devoted to the work. In Plymouth every encouragement is given for early treatment of the disease under conditions of secrecy, and tactful contact tracing by the staff has expanded the number each year. There is a general impression that this work is uninteresting. This is quite untrue, and the fact that the staff has remained stable over the years shows the attraction of the work. In thirty years only two members have left for other work and the average years of service of the rest is just over twenty years. They are still keen and enthusiastic.

General Trend in 1965

Ever since 1958 the number of patients attending the Treatment Centre for the first time has shown an increase. Last year I reported a 6 per cent increase and this year it has again increased another 7 per cent. The graph shown below illustrates the trend. There is every reason to think that this upward trend will continue in spite of education and propaganda by the Press and Television.



During the year there were 1,041 new patients, the highest ever recorded except in 1947, the year of the post-war "epidemic", when 1,153 cases were treated. There were 38 cases of Syphilis in various stages, 118 cases of Gonorrhoea, 1 Soft Sore, and 243 cases of non-Gonococcal Urethritis in men. This latter disease is becoming increasingly common and is beginning to oust Gonorrhoea as the commonest infection in men. In addition, 302 cases of other conditions allied to Venereal Disease were treated. Most of these were trichomonal infections in women, venereal warts and other parasitic diseases. After careful tests and observation, 339 cases were found to be free of the disease. Often, however, these patients showed signs of other medical diseases and were either referred to the appropriate department or to their general practitioners. There were nearly 6,000 attendances.

Contact tracing was continued on the lines indicated in my last report and no less than 42 patients were persuaded to come up for examination and treatment. One hundred and nine seamen of thirteen nationalities were treated and given directions as to further care on the International Card.

Last year I referred to the valuable help given to me by the late Mr. Austin Concanon. I am most grateful to Mr. G. Davidson for agreeing to carry on this work, and during the year 20 women suffering from uterine disease were referred to him for his opinion and treatment.

The weekly clinic held for expectant mothers has been a great success and is useful in alleviating many of the minor infections which are common in pregnancy.

The In-patient department, which works in close conjunction with the Out-patient department, and is staffed by the same personnel, has been well occupied and the In-patient days total 1,387. These patients are mostly girls from Remand Homes, homes for unmarried mothers and those without homes at all. Seamen are also admitted when treatment is urgent and unobtainable on board ship.

There is a general tendency to close this type of ward and use them for other and often unspecified purposes. This would be a great mistake as it is absolutely necessary that homeless patients and those in various institutions should have In-patient treatment, both in their own interest and to prevent the spread of infection to others. It would also prevent those living at a long distance from receiving the proper treatment appropriate to their condition. I certainly hope that such a retrograde step will not be taken in Plymouth, for without these wards the efficiency of the department would be greatly diminished.

Finally, I should like to thank the whole of the staff for their loyalty and help in making this department both pleasant and efficient from the patients' point of view.

TABLE A

TOTAL NEW Cases FOR THE YEAR, 1965,

INCLUDING TRANSFERS FROM OTHER CENTRES

Year 1965	Syphilis	Chancroid	Gonorrhoea	Non- Specific Urethritis	Other Conditions requiring treatment	Non-V.D.	Totals
PLYMOUTH	30	acateguity	107	216	259	284	896
Devon	7	LOS ITIVES	8	14	29	34	92
Cornwall	1	1	3	13	14	21	53
Totals	38	1	118	243	302	339	1041

Table B

New Cases for the Year, 1965 – Exclusive of Transfers

			Syhpilis			Gonorrhoea			
Year	H	Male	Female	Total	Male	Female	Total	Totals	
1961		11	15	26	88	24	112	138	
1962		10	7	17	112	19	131	148	
1963		8	5	13	97	37	134	147	
1964		6	8	14	94	28	122	136	
1965		22	14	36	80	38	118	154	

### MASS RADIOGRAPHY SERVICE

Report on work carried out in the City of Plymouth and abnormalities found in Plymouth residents during the year ended 31st December, 1965. (Extracted from the Report of Dr. A. R. Templeton.)

Number of Examinations and Prevalence of Pulmonary Tuberculosis

Number of persons examined			Male 9,881	Female 10,438	Total 20,319
Cases of Pulmonary Tuber	RCULOS	SIS:			
(a) Requiring treatment			11	8	19
(b) Requiring observation			12	4	16
(c) Inactive			-53	44	97

Analyses by Survey Group of Cases of Pulmonary Tuberculosis requiring treatment

troutmont.						
						Pulmonary Tuberculosis
General Practiti	oner	referra	als		698	1
School Children					3,148	1
Contact Groups					193	
Contacts of Tub	erculi	in Pos	itive R	eactors	16	and Sement for the Paris and
Prisons and Hor	mes fe	or the	Aged		44	1
Industrial and (	Comm	ercial	Surve	ys	10,028	5
Students					529	-
Hospital Staff					633	-
School Staff					1,078	_
General Public					3,610	10
Antenatal Cases	;	4,4.4			342	1

TOTAL ...

Age and Sex Analyses of Cases of Pulmonary Tuberculosis requiring treatment

20,319

19

	-15	15-24	25-34	35-44	45-59	60+	Total
							-
Male	 -	-	4	2	2	3	11
Female	 -	2	1	3	1	1	8
							19

## Non-Tuberculous Conditions

Carcinoma Bron	nchus							8
Other Malignan	t Neopl	asms						2
Non-Malignant	Neopla	asms	includi	ng enl	largeme	ent of	the	
Thyroid								3
Sacoidosis								1
Cardio Vascular	Disease	e:						
		Cong	genital					3
		Acqu	uired					46
Pneumoconiosis	- simpl	e						2
Bronchiectasis								20
Pulmonary Infe	ctions i	ncludi	ing all	types	of Pnet	imonia	and	
Fungus Infect	tions							27
Pleural Effusion	s and E	Empye	ma					2
Bronchitis and Emphysema								72
Abnormalities o	f the D	iaphra	gm and	Oesop	hagus			7
Other Significan	t Abnor	rmalit	ies					1
Others of Non-C	linical S	Signifi	cance					69

# Home Nursing

Superintendent: MISS D. M. WILLIAMS

Staff

The establishment was forty-three and one-third (including students).

The staff on 31st December, 1965, was:

- 1 Superintendent
- 2 Assistants
- 28 Female Oueen's Nurses
  - 9 Male Queen's Nurses
  - 1 Female State Registered Nurse
  - 5 Queen's Nurses (part-time)
  - 4 Student District Nurses

Transport

6 Corporation cars.

Car allowances to 38 car owners (includes 1 on public transport basis)

1 Allowance for a Moped (on public transport basis).

Training

Five students were trained during the year; one was accepted for training only and four were for

the staff.

Postgraduate Course

Three Queen's Nurses and one Administrator attended postgraduate courses recognised by the Ministry of Health.

Report

The number of patients nursed and visits paid have remained about the same, although there is a slight increase of patients over 65 years and under 5 years of age. The amount of work done is steadily increasing, since rehabilitation and dealing with social problems is time consuming.

It is becoming apparent that to meet the needs of society and not waste skilled nurses, three grades of staff are required, the State Registered Nurse (District Trained) to head the team, the State Enrolled Nurse (District Trained) to do all but the highly-skilled nursing and the Bath or Personal Attendant to meet the growing need for someone to help those who cannot manage to wash and dress themselves, because of age, infirmity or because they are alone. These workers need adequate transport and communication. To this end we are hoping to add to our staff of Queen's Nurses some State Enrolled Nurses and increase our Bath Attendants.

The use of incontinence pads has increased as follows:

			1964	1965
No. of Pads	 	 	20,500	32,187
No. of patients	 	 	130	344

The service is still only available to selected patients. At present the disposal of the pads does not cause any trouble. When they cannot be burnt on the premises, they are wrapped in newspapers and put in the dustbin. The sheet and laundry service continues to be of great use, but involves difficulties in transport.

Disposable syringes are now used for all injections except where the patient has his own syringe (e.g. Diabetics). Sterilized disposable catheters prescribed by the Doctor are also the accepted routine for patients needing such treatment. It is hoped that before long these catheters and sterile dressing packs will be part of the basic emergency equipment carried by our staff and that pre-packed sterilized dressings will be provided for the patient treated at home, just as they now are for the hospital patient.

The Nurses' Home is in the process of shedding one house, which causes much upheaval, but it is hoped that the remaining accommodation can be made more suitable and more economical to run.

#### WORK DONE

Patients on books beginning of 1965		960
New patients during the year		3,505
Total number of persons nursed during the year		4,465
Number of persons who were aged under 5 at first visit in 196	65	186
Number of persons who were aged 65 and over at first visit in	1965	2,456
Total number of visits paid during the year		147,154
Number of visits paid to persons who were aged under 5		1,134
Number of visits paid to persons who were aged 65 or over		105,811
: BB (BB) : BB		

# Home Help Service

Organiser: MRS. D. FISHLEY

The following is a summary of the work undertaken by the department's service during the year:

Visits by Organiser	 	1,253
Number of Cases assisted:		
Confinements	 	107
Tuberculosis	 	1
Chronic Sick including Aged and Infirm	 	26 > 252
General Sickness	 	117
Toxaemia of Pregnancy	 	1]
Average number of helpers employed weekly	 	29
Total number of hours worked by helpers	 	35,133
Amount recovered from householders	 	£1,965
Number of cases of full recovery of cost	 	54)
Number of cases of part recovery of cost	 	146 > 252
Number of cases free	 	52

The Plymouth Guild of Social Service has continued to provide a part-time service for old people with financial assistance from the Local Health Authority.

I am indebted to the Guild for the following details of work done:

Average number of cases assisted weekly	 795
Average number of Home Helps employed weekly	 169
Total number of hours worked by helpers	 201,557

# Mental Health

Senior Medical Officer for Mental Health:
DR. N. R. MATHESON

Statistics and some observations are embodied in the Plymouth Nuffield Clinic report.

Work at the training centres has continued as before.

The Junior centre has been full and there has been an increased demand for places for children below the age of five years. Several of the children attending are very much in need of residential care in hospital and some would be better placed in a day hospital if there were facilities in the city.

We have been disappointed at not being able to extend the Adult centre, the site next door being still occupied by a school. The present premises at St. George's are overcrowded.

The Hostel for subnormal women is now open and seventeen have been accommodated for various periods. Several residents proved to be not stable enough for this type of home. They have needed an inordinate amount of social work and yet could not manage. Fortunately, the Royal Western Counties Hospital has been able to help by offering places when they were necessary. We have a clearer idea now of the type of person suitable but we still expect that in an emergency we may have to give temporary help to other patients.

### NUFFIELD CLINIC

### REPORT OF MEDICAL DIRECTOR

### (1) Introduction

The Joint Management Committee of the Hospital and Local Authority representatives held five meetings during the year. In January, after consideration of reports submitted to them, they resolved that the Education Committee be asked to recommend the City Council to appoint an additional Educational Psychologist. They recommended that, subject to the approval of the participating authorities, Mr. J. Holwell, Senior Clerk, be authorised to attend a one-week course at the Regional Hospital Board Training Centre at Lyngford House, Taunton. It was reported to the Committee that Dr. J. Tisdall had been appointed as Clinical Assistant and would be working in the Children's Section for one session a week. At the March meeting the Annual Report for 1964 was presented and accepted. It was reported that arrangements had been made with the General Hospital for the provision of special diet meals for day hospital patients when necessary. The Committee, in June, discussed the report submitted to them - "Educational Provision for Maladjusted Children in Plymouth". They approved the appointment of Miss J. Surie as Social Worker in the Children's Section on a temporary basis. At the meeting in September they gave approval to my proposal that one full-time Remedial Teacher be appointed to work with individual referrals in the Children's Section. The Committee welcomed the progress being made towards the establishment of special day classes for severely maladjusted children (organised separately for junior and secondary age ranges), and the establishment of a hostel for not more than twenty severely maladjusted children. At the December meeting it became known that the South Western Regional Hospital Board had approved the appointment of a Consultant Child Psychiatrist and that the post for the Plymouth Clinical Area based on the Nuffield Clinic, Children's Section, would shortly be advertised. It is recorded that no progress was made towards the provision of a hostel for mentally ill persons. The Local Health Authority deferred consideration of this proposal for twelve months - but the urgent need of a hostel, on the lines of the Newport scheme, remains unchanged.

At a Conference entitled "Improving the Effectiveness of Psychiatric Hospitals" held by the Royal College of Nursing on 7th and 8th December at Church House, Westminster, Sir George Godber gave a paper "Essential Elements of a Modern Comprehensive Mental Health Service". He noted that we had been passing through a period of fundamental change in our approach to the management of the mentally ill and of the mentally sub-normal. He then said: 'The very fact that our starting point is the hospital, reflects the delayed acceptance even here of the idea that a service for the mentally disordered is a community service with hospital associations, not simply a psychiatric service with some out-patient facilities'. He noted that in 1964 in this country there were fifty-two independently sited day hospitals with 6,886 new patients referred to them in that year - 'and now see them not as isolated units, but as part of a system of community care - a part that will be just as necessary in the future as the provision of wards'. He noted that organised medical care must start with prevention and that it doesn't all need the fully-trained mental health worker but rather understanding in the health professions as a whole. 'What we need to do is to expand the volume of psychiatric work as fast as we can, consistent with quality. That work is not predominantly with longstay patients, but more with early treatment, both in-patient and out-patient, with day hospitals and with community care. There is a need for effort with the long-stay patient, but it is mainly a promoting of what has been called resocialisation, and it involved much more non-medical than medical time. The recruitment of mental nurses is just as important as the recruitment of psychiatrists'.

At the same conference and following Sir George Godber, seven members of the staff of the Nuffield Clinic gave papers under the title of "The First Step". Dr. Weeks summarised the development of the clinic and gave a brief outline of the services provided. Dr. Matheson outlined the community services for sub-normal patients in the City of Plymouth, giving brief details of the Junior and Senior Training Centres and the hostel for sub-normal women. Mr. Landy reviewed the work of the Mental Welfare Officer with both mentally-ill and sub-normal patients and mentioned a few of the advantages of working from a Mental Health Centre. Mr. Hunter, Charge Nurse of the Day Hospital, gave some details of the accommodation and the programme of the patients' day. He described the various meetings both of staff and patients which took place each week.

Mrs. Chamney explained the role of the Psychiatric Social Worker in the community and gave details of the liaison developing between various types of social workers. Miss Anderson described the work of the Children's Section mentioning the increased contact with other staff members of the Mental Health services in the area. Mr. Holwell gave details of the records system and mentioned the financial arrangements in broad outline for the year 1964–1965. The team concluded as follows: 'Whatever the units of a psychiatric service, it has to show that it can provide effective care and treatment for individual patients, effective support for the family – the people must be satisfied that they have been cared for in a dignified and humane way and have had the opportunity to benefit from the best treatment techniques available for their particular illness. Provision of a comprehensive mental health centre as the Nuffield Clinic is, may be one way of developing a community psychiatric service'.

# (2) Adult Department

(i) Day Hospital The figures given below refer to the period from 1st January to 31st December, 1965, the figures for the two previous years are also given. (It should be noted that the figures in 1963 are for a period 19th February to 31st December and not a full year.)

TABLE 1

Admissions	1965	1964	1963
Number of patients referred	207	228	169
Number of male patients	85	76	69
Number of female patients	122	152	100

TABLE II

C	1965			1964			1963		
Sources of Referral	M	F	Total	M	F	Total	M	F	Total
Out-Patient Dept. of Psychological Medicine (Freedom Fields Hos- pital); Domiciliary Consultations; Follow- up Clinics	35	56	91	21	38	59	25	34	59
Psychiatric Hospital (Moorhaven Hospital Group)	35	48	83	33	90	123	28	47	75
Others (P.S.Ws., Nursing, After-care, M.W.Os & G.Ps.)	15	18	33	22	24	46	16	19	35

TABLE III

Discharges	1965	1964	1963
Number of patients discharged	210	197	96
Number of male patients	83	75	44
Number of female patients	127	122	52

TABLE IV

After Discharge		196	5		196	4	1963		
AFTER DISCHARGE	M	F	Total	M	F	Total	M	F	Total
Home/Employment	50	71	121	42	52	94	21	19	40
Psychiatric Hospital:	- 5								
i Informal	15	28	43	22	39	61	10	20	30
ii Section 25	1	4	5	-	1	1	1	-	1
iii Section 29	2	5	7	1	6	7	1	2	3
iv Section 26	3	2	5	-	1	1	_	-	-
Adult Training Centre Unsuitable for Day	-	-	-	-	-	-	1	-	1
Hospital	_	-	-	-	=	-	3	1	4
Failed to attend regu- larly, follow-up con-									
tact, then discharge	5	12	17	2	17	19	7	10	17
Miscellaneous	7	5	12	8	6	14	_	_	_

TABLE V

A	c.p.		19	965	19	064	19	963
A	GE		M	F	M	F	M	F
10-14 years		 	_		-	1	1100	1
15-25 years		 	11	16	7	18	7	12
25-34 years		 	13	19	12	24	14	8
35-44 years		 	19	27	25	32	16	25
45-54 years		 	23	48	11	53	9	18
55-64 years		 	16	40	16	43	- 9	17
65-74 years		 	26	30	26	22	14	14
75 and over		 	6	17	3	8	_	6

TABLE VI

		1965	1964	1963
On the Register at 31st December, 19	965	101	104	73
Total attendances		13,226	12,622	7,979
Average daily attendance		52	49	duni-
Age range		16–82 years	14-80 years	15–86 years
Average age – male patients		42 years	62 years	51 years
Average age – female patients		52 years	49 years	48 years
Total admissions since February, 19	963	618	411	
Re-admissions		52 (25%)	53 (23.2%)	Total Training

At the end of May 1965, Mr. David Lowman returned to Moorhaven Hospital and has since been promoted to Assistant Chief Male Nurse. He had been Charge Nurse at the Day Hospital since the opening in February 1963. In May, Mr. Jim Hunter was appointed as Charge Nurse and he reports as follows:—

"During 1965 there was a continuous demand for vacancies, at times the number of patients on the register rose to over 120, and the daily attendance to over 60. One third of those attending required Ambulance or car transport. During the year the need to closely supervise patients' medication became more evident.

Admissions The number of patients referred from the outpatient department, follow-up clinics and domiciliary consultations has increased to 91 compared with 59 in the previous year.

Discharges The number of patients discharged to the inpatient units at Moorhaven Hospital has decreased to 60 compared with 70 in the previous year. Finding suitable employment for some patients remains a problem despite the close contact that has developed with Mr. Theaker, Disablement Rehabilitation Officer, who visits the Day Hospital on request. At the beginning of the year the number of medical sessions was increased by three sessions per week. This has enabled two weekly meetings of staff and patients to be held, each followed by a staff meeting.

For two months of the year a small amount of Industrial contract work was provided from the Senior Training Centre at Stonehouse. Traditional Occupational Therapy continued as before.

The Patients' Social Club continued to be active, organising a varied programme of indoor and outdoor social activities. A voluntary helper spent Wednesday afternoons with the Geriatric patients organising panel games and stamp collecting. A number of local voluntary organisations have given shows in the Day Hospital: the Pennycross Methodist Sisterhood Choir gave a concert; a cabaret was presented by the Miss Geraldine Lamb School of Dancing; and the Maxims Troupe presented an excellent display of Hawaiian Dancing. Discussions, play reading, painting and musical exercises have been popular – patients who have particular talents have been encouraged to help other patients in these activities.

The nursing staff have continued to accompany patients to hospital with the Mental Welfare Officers and to be with patients having out-patient electroplexy. Student Nurses from Moorhaven Hospital spend six weeks at the Day Hospital. During this time they are taken by one of the Mental Welfare Officers to visit a representative section of patients living at home and visit the St. George's Adult Training Centre and Highbury Junior Training Centre.

Mr. A. Deighton (staff nurse) and Mrs. G. Mitchell (part-time staff nurse) have continued to provide an after-care service. In addition other members of the nursing staff have carried out 120 visits to patients' homes – these are chiefly fact-finding visits to establish the reasons for non-attendance. Mrs. M. Heller (staff nurse, Moorhaven Hospital) in the course of carrying out nursing after-care duties visits the Day Hospital at least once a week.

Student Nurses from the General Hospital have had a course of lectures from Dr. F. Pilkington at the Day Hospital when patients have been readily available for demonstration." Dr. Richard Neville has been closely concerned with the Day Hospital during this year and reports as follows:

"From February 1965, I attended the Day Hospital on Monday and Thursday mornings and at first every Tuesday, then the first, third and fifth Tuesday afternoons.

Under consultant supervision I had clinical responsibility for the majority of patients attending the Day Hospital. Patients were seen for individual interview as required and I conducted community therapy meetings of all patients and staff every Monday at 10.30 a.m. and whenever I attended on Tuesdays at 2 p.m. Mrs. Shirley Chamney (Psychiatric Social Worker) attended as observer and recorder. Similar meetings were run by the Charge Nurse in my absence on other Tuesdays. In these large meetings patients were encouraged to express feelings with the aim of learning more about themselves by exchanging ideas centred on problems associated with attending the Day Hospital. The situation was to promote and maintain a therapeutic atmosphere in which patients would feel accepted, supported and understood, and able to share their problems and responsibilities with one another as well as the staff. Every community meeting was followed by a staff meeting when many topics were discussed. There was a further staff meeting on Thursday mornings, to discuss the week's admissions and discharges. The need for division of patients into several small groups each under the care of a nurse was a constantly recurring theme and a reflection of the large number of patients attending; in my view, too many for each nurse to get to know adequately."

# (3) Social Work Service.

(a) Mental Health Dept.: The social work service provided by the five Mental City of Plymouth Welfare Officers on behalf of the sub-normals is supervised by those experienced in that field and in their work with the mentally ill there is direct contact with the psychiatrists.

Tables VII and VIII give details of the work of the Mental Welfare Officers with sub-normal and severely sub-normal patients. Dr. Matheson, the Senior Medical Officer in Mental Health, City of Plymouth, continues to be in charge of this aspect of their work.

TABLE VII

	1965			1964			1963		
No.	M	F	Total	M	F	Total	M	F	Total
New cases notified: As unsuitable for education at school or after leaving school	14	13	27	11	7	18	19	5	24
From other sources	6	5	11	2	5	7	6	7	13
TOTAL	20	18	38	13	12	25	25	12	37
These were dealt with as follows:  Provided with community care	20	18	38	12	11	23	22	11	33
Admitted to Hospital for the sub-normal	_	-	-	1	1	2	3	1	4

TABLE VIII

Other Pa	TIENTS	3		1965	1964	1963
Admitted to hospitals			 	13	24	31
Ceased to be under care			 	24	83	72
Died			 	6	7	15
Supervised on behalf of the l Hospital, whilst on leave in				2	4	6

TABLE IX

The Local Health Authority were responsible for the following number of patients:

		1965		1964			1963		
	M	F	Total	M	F	Total	M	F	Total
Receiving Community	BE !							WANT.	
Care	238	215	453	250	236	486	287	244	531
In Hospital	220	174	394	219	176	395	210	174	384
TOTAL	458	389	847	469	412	881	497	418	915

Tables X and XI give details of the work of the Mental Welfare
Officers with the mentally ill:

TABLE X
Admissions to Hospital under the Mental Health Act, 1959

	- 2		1965	
		M	F	Total
Section 25		17	37	54
Section 26		3	5	8
Section 29	.,.	50	49	99
Section 60		7	-	7
Informal		46	52	98
TOTAL		123	143	266

Table XI compares the 1965 figures above with the figures for 1964, 1963, 1962 and 1961

TABLE XI

Year	Informal	Section 25	Section 26	Section 29	Section 60	Total
1961	118	61	3	87	4	283
1962	107	31	2	120	5	265
1963	91	58	8	108	4	269
1964	110	56	6	100		272
1965	98	54	8	99	7	266

With regard to After-Care for persons leaving hospital, we have held that a proper service could best be provided by a social worker who knew the patient and his family before admission and during the in-patient period. That worker would have direct contact to the doctors who had treated the patient and his work would be directed by the psychiatrist. In the early years of the service, this work was left to the hospital. In time, however, more and more mentally-ill patients have been referred to the Mental Welfare Officers for After-Care and they have been encouraged to identify themselves more and more with the whole treatment process. As the load became more than the hospital staff could cope with alone, the Mental Welfare Officers have come to share After-Care work with the Psychiatric Social Workers and Nurses.

In the field of the sub-normal, there were in Plymouth, at the end of 1965, 453 sub-normal and severely sub-normal patients living in the community under the care of the Mental Welfare Officers and a further 394 were in hospital. With five officers serving the city, each one has some responsibility towards 170 patients, varying from continuous support in the community to providing the occasional home report for the hospital. This is in addition to his duties as a Statutory officer and his work with the mentally ill. This case load should be reduced immediately by increasing the number of the staff.

Three of the Mental Welfare Officers are at present attending an extra-mural social work course at Exeter University on one half day per week. They would like to attend a two-year full-time course for a certificate in social work but with the present complement of officers this would not be possible without a serious deterioration in the service now provided.

During 1965 some 304 mentally-ill patients have been referred to Mental Welfare Officers with a view to admission to hospital and 266 were admitted – about 90%. This proportion is high compared with other areas because only the more severely-disturbed patients are referred to Mental Welfare Officers. The remaining 10% were dealt with by providing community care, out-patient treatment, admission to Day Hospital or referred to some other social agency. This admission rate, via the Mental Welfare Officer, shows a surprising uniformity.

Over the past six years the number of admissions via Mental Welfare Officers were:—

1960	1961	1962	1963	1964	1965
258	283	265	269	272	266

With the opening of the Nuffield Clinic it had been hoped to see a fall-off in these figures but this has not happened. We do know, however, that the proportion of patients admitted under Section 29 of the Mental Health Act, 1959, is reducing as follows:—

1961	1962	1963	1964	1965
13.8%	16.8%	12.9%	12.3%	10.9%

Although most after-care for the mentally ill is provided by the hospital Psychiatric Social Workers, the Mental Welfare Officers try to keep in touch with as many of their admissions as possible, whilst in hospital and afterwards, unless some other social worker is already involved.

The requirement of the Mental Health Act that a patient admitted compulsorily to hospital shall first be examined by a doctor having special experience in the diagnosis of mental disorder has led to the medical staff of Moorhaven Hospital seeing much more of patients in the community and of the social pressures involved. This, we are sure, has been to the benefit of all concerned. The number of Mental Health Act examinations carried out by the hospital medical staff in 1965 was 146 compared with 89 in 1963.

Further steps are still required to provide an even more effective service for those patients not admitted to hospital.

(b) Hospital Social Workers

Mrs. L. Claiden, Mrs. S. Chamney, Mrs. C. O'Shea, Mr. P. Hunter and Mr. D. Oakley, continued as in 1964, to provide daily sessions at the Nuffield Clinic. The total number of sessions per week was 14. The programme, in fact, means that at least one of them is present in the clinic every weekday. During 1965 they carried out 815 interviews at the clinic with patients and/or relatives attending the Nuffield Clinic or the Out-Patient Department at Freedom Fields Hospital.

The attempt is made at all times to maintain the principle of continuity of care. Therefore, as far as possible, the social worker who may first encounter a family undertakes all the psycho-social enquiry as is necessary and subsequent case work with the member of the family for whom it is appropriate. With those cases referred to the Psychiatric Service by the Children's Department of the Local Authority or the Probation Service, the psychiatric social worker's role may be one of delegating her task to the colleague who already knows the family. The Child Care staff and Probation staff may be able to carry family case work of a similar kind done by the psychiatric social worker who can be there to support and advise in specific situations. The Nuffield Clinic has become the focus for the social workers to develop much sharing of knowledge and techniques regarding casework and student training.

When nursing staff carry out after-care with patients the selection of suitability is reached by discussion, based on the patients' needs. Each nurse can discuss problems of care with a psychiatric social worker; all information is channelled into informal meetings held in the Nuffield Clinic.

The Plymouth Guild of Social Service, until recently, embraced the more orthodox practical helping services. Now, with the advent of new social work staff, there are preliminary steps towards coordinating more effectively with statutory services to more families, and to use the varying levels of skills more economically. To this purpose, voluntary visitors have been recruited who indentify themselves with the Probation Service, Child Care Service or Mental Health Services, to offer help and guidance under informal supervision. Their general training is under the organisation of the Guild of Social Service who during the year appointed a training officer for this purpose.

### (4) PSYCHOTHERAPY AND FOLLOW-UP CLINICS

The number of medical sessions held during the period under review were as on page 100a.

It should be noted that compared with the previous year three new sessions have been allocated to the Day Hospital and one new session on a Monday evening has been provided by Dr. J. Wood. At this session patients are seen who are in need of psychotherapy and are, at the same time, on probation.

### FORENSIC CLINIC

Since 1st February, 1965, an out-patient session has been conducted each Monday evening for patients whose illnesses have caused them to behave in a manner which has brought them into conflict with the Law (or would be liable to do so).

In approximately two-thirds of the cases, referral has been consequent upon conviction for a recent offence, the remaining one-third having committed offences in the past for which they may or may not have been apprehended.

The function of the clinic has so far been primarily to provide treatment, mainly of a psychotherapeutic nature, for this group of patients for whom absence from work in order to attend regularly at relatively frequent intervals, for treatment during normal working hours, would be undesirable.

Referrals have been made in most cases by other psychiatrists, but a small proportion have been referred directly by probation officers, for the purpose of diagnosis and recommendation for disposal before the patients' appearance in court.

#### TABLE XII

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dr. Pilkington	A.M.						
DR. PILKINGTON	P.M.	N.C. (PT)	O.P.D.			O.P.D.	
Dr. Blair	A.M.			O.P.D.			
DR. BLAIR	P.M.	N.C. (PT)					
Dr. Gilroy	A.M.						
DR. GILROY	P.M.		O.P.D.	N.C. (PT)		N.C. (PT)	
Dr. Weeks	A.M.		N.C.				N.C.
DR. WEEKS	P.M.	N.C.			O.P.D.		
Dr. Neville	A.M.	N.C.			N.C.		O.P.D.
DR. NEVILLE	P.M.		N.C.	N.C. (FU)			
Dr. Roy	A.M.		E.E.G.				
Dr. Roy	P.M.	O.P.D.			N.C. (FU)*		
Dr. Hellon	A.M.						
DR. HELLON	P.M.		O.P.D.			N.C. (FU)	
Dr. Lilauwala	A.M.						
DR. LILAUWALA	P.M.					N.C. (FU)†	
De Jours	A.M.						
Dr. Jones	P.M.		N.C. (FU)†	Neurology	N.C. (PT)		
	A.M.			O.P.D. (FU)			
Dr. Wood	P.M.	Forensic Clinic (eve.)					
	A.M.						
Dr. Smith	P.M.					N.C. (FU)*	
	A.M.	1					O.P.D. E.C.T
DR. KING	P.M.		N.C. (FU)*				
	A.M.						
Dr. Ostler	P.M.		N.C. (FU)†				

KEY: N.C. = Nuffield Clinic

P.T. = Psychotherapy

F.U. = Follow-up

\* = Fortnightly (1st and 3rd)

† = Fortnightly (2nd and 4th)

O.P.D. = New cases in Out-Patients Department.



Up to the 31st December, 1965, 25 patients were seen for 109 sessions. 160 appointments were offered and the impression is that the failure rate is much higher than that for normal out-patient clinics.

Nineteen of the patients were men, 10 of whom had committed offences of a sexual nature. Of the remaining 9, 4 were being seen because of theft and 5 for preventive purposes. Four men were admitted to Moorhaven Hospital for further investigation and treatment as the result of their attendance at the clinic. Fourteen of the men were suffering from neurotic illnesses of an anxiety-depressive nature, in 11 anxiety being the predominant symptom and, in the remaining 3, depression predominating.

Two patients were suffering from organic states, one was showing signs of adolescent maladjustment and in two no psychiatric abnormality was apparent. Five men were considered to have disorders of personality of a severe degree which made them especially liable to behave in an anti-social manner.

Six of the patients were women, four having been convicted of shoplifting, one of being in unauthorised possession of drugs and one had appeared in court as being beyond parental control. The four shoplifters were all suffering from neurotic illnesses in which depression was the predominant sympton, but three had illnesses in which there was a marked hysterical component and in the fourth anxiety was a prominent sympton.

One patient was showing signs of adolescent maladjustment and one showed no gross psychiatric abnormality at the time she was seen. Two of the women were considered to have disorders of personality of a severe degree which would make them especially liable to behave in an anti-social manner.

It is not possible to give any meaningful figures relating to result but it is felt the treatment provided has been of benefit to a reasonable proportion of the patients and that the clinic has been of definite value.

The value could be increased in a number of ways, the most urgent of these being regular contact of the doctor taking the clinic with the probation officers who are, or have been, actively concerned in the treatment and supervision of practically all of the patients.

This has not so far been possible.

During the year there were 937 psychotherapeutic interviews given. At the follow-up clinics the number of interviews was 2,025.

In January, 1965, Dr. R. Neville started weekly group psychotherapy meetings with eight selected female patients. Dr. Neville reports as follows: "The group met every Wednesday for 1 to 1½ hours and Staff Nurse G. Mitchell attended as non-participant observer and recorder. The results so far as they relate to the first twelve months of this eighteen month project are as follows:

Total number of meetings – 45 Meetings cancelled by therapist – 7 Meetings, 1 hour in length – 6 Meetings,  $1\frac{1}{2}$  hours in length – 39 Total hours of therapy –  $64\frac{1}{2}$ Total membership of the group – 12 Membership at the end of 1965 – 6 Improved members – 7

"'Improvement' is based on group function and adaptive changes in family, social and occupational roles. Four out of the five unimproved members attended for six or fewer meetings. The other unimproved member attended all forty-five meetings. I wish to acknowledge my debt to Dr. J. A. Johnson (Assistant Professor of Psychiatry, Emory School of Medicine, Georgia) whose book *Group Therapy* (1963) was a source of knowledge."

# (5) General Comments

During the year Mr. J. Holwell, Senior Clerk, has arranged all the appointments for the medical sessions in the adult department except for the Day Hospital sessions which are arranged by Dr. R. Neville and the nursing staff. He has the assistance of a shorthand typist, Mrs. M. Shaw, and a clerk, Miss J. Almasy. The telephone operator/filing clerk, Miss B. Solomons, has continued to provide an effective service to the clinic.

It was hoped that by the end of 1965 the research work which was started in 1960 by the Medical Research Council would be ready for publication but for technical reasons the work will not be finished until 1966. An analysis of the out-patient service only has so far been published, *British Journal of Psychiatry* (1965) 111, 10–17 Kessel, Hassall, Blair, Gilroy, Pilkington and Weeks.

Prior to the opening of the Nuffield Clinic the Local Authority Mental Health Service kept case records of its sub-normal patients, together with minor details of mentally-ill patients referred to Mental Welfare Officers. Out-patient records for mentally-ill patients were kept at the General Hospital. When the Clinic was nearing completion, after consultation with Records Officers from the Kings Fund Hospital Administrative Staff College, it was decided that all psychiatric notes should be kept at the Nuffield Clinic. All the existing Local Authority notes were perused and those thought to be "current" were given miscellaneous numbers. The General Hospital psychiatric notes have been amalgamated with any existing notes. The Child Guidance Clinic notes and those mentioned above were absorbed into the system and one index card was made out for every case record. The index cards form the master index. When more than one member of a family is known to the Clinic, the index cards are cross-referenced. When a patient is seen at the Nuffield Clinic in any connection at individual psychotherapy sessions, follow-up sessions, by mental welfare officers, psychiatric social workers, attending the Day Hospital or being seen in the Children's Section, a Nuffield Clinic folder is made out. This contains all the relevant psychiatric notes and reports previously contained in the miscellaneous file. Relevant notes include Outpatient notes, Mental Welfare Officers' notes, Psychiatric Social Workers' reports, Follow-up reports and Discharge letters. General Hospital notes are clearly marked that psychiatric notes are available at the Nuffield Clinic and will be sent to other medical staff on request - the psychiatrist in charge of the case is always asked first. When a patient is admitted to the Psychiatric Hospital, the daily list of admissions is telephoned through to the Nuffield Clinic and any notes held at the Clinic are sent to the hospital. These notes are returned, together with a discharge letter when the patient leaves hospital. A copy of every discharge letter is sent to the Clinic regardless of the address on discharge. The details of these letters are entered in the master index. In a similar manner when the General Hospital prepare their psychiatric out-patient clinics for new referrals they request the Clinic for any previous notes.

During 1965 Mr. J. Holwell attended a course arranged for all grades of staff who work in Out-patient departments. The course was organised by the Senior Training Officer of the South Western Regional Hospital Board.

I have become increasingly convinced during 1965 that the participating authorities are not yet fully conscious of the need to send senior staff to appropriate courses and conferences.

# (6) CHILDREN'S SECTION

The number of medical sessions provided is given in Table XIII. on page 104a.

It will be seen from Table XIV that in 1965 there were 359 new referrals.

TABLE XIV

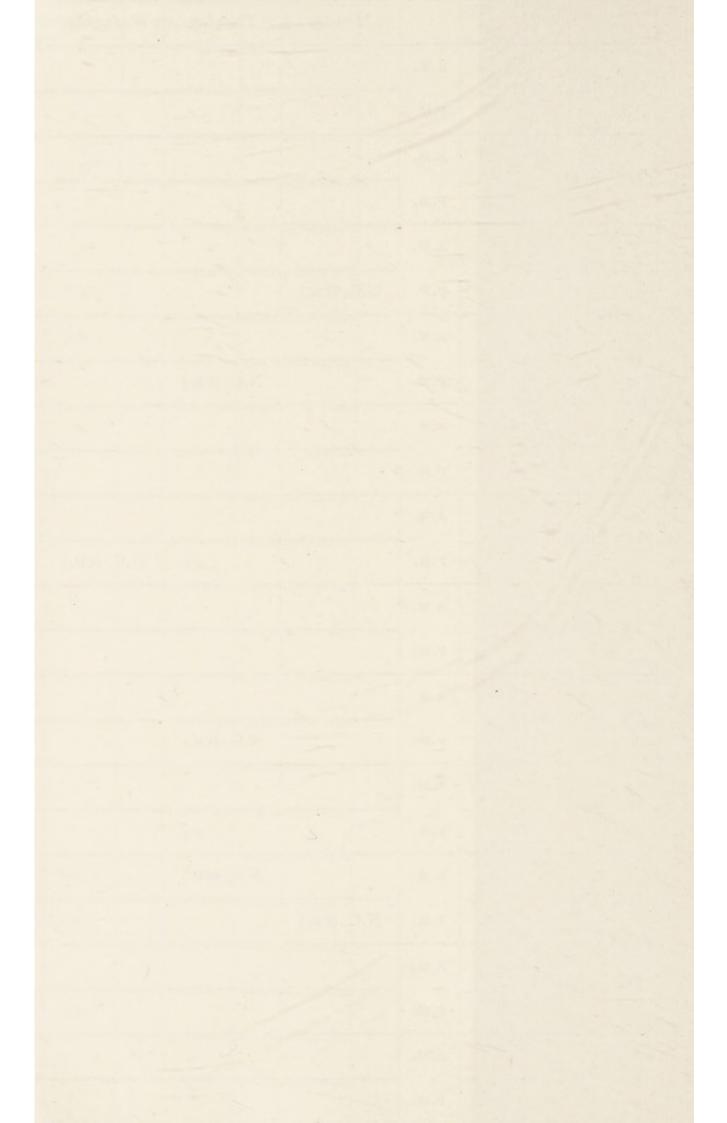
	At 31.12.65	At 31.12.64	At 31.12.63	At 31.12.62	At 31.12 61
On Treatment Waiting List	15	18	19	30	32
On Diagnostic Waiting List	78	71	39	25	41
d Koodin naham secessid	Year 1965	Year 1964	Year 1963	Year 1962	Year 1961
New Referrals	359	410	327	306	282
Cases given Full Clinical Investigation	190	246	210	219	215
Individual Treatment Interviews	1,895	1,402	1,194	1,125	1,158
Clinical Interviews by Psychologist	210	200	169	236	238
Home Visits by P.S.Ws	247	296	144	174	140
Cases closed	. 151	98	110	127	98
Cases undergoing Social Supervision	. 110	98	96	95	85

Of the 359 new cases referred, 63 were from Devon County. These cases are seen by the Educational Psychologist from Devon County, Mr. T. Hansel, and if they require remedial training they are referred to Mr. J. Foskett who attends for two sessions per week.

TABLE XIII

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dr. Pilkington	A.M.						
DR. PILKINGTON	P.M.						
Dr. Blair	A.M.						
DR. BLAIR	P.M.						
Dr. Gilroy	A.M.						
DR. GILROY	P.M.	N.C. (сн.)			N.C. (ch.)		
D. W	A.M.				N.C. (ch.)		
Dr. Weeks	Р.М.		N.C. (сн.)			N.C. (ch.)	
	A.M.						
Dr. Neville	P.M.						
Dr. Roy	A.M.						
	P.M.			N.C. (сн.)		N.C. (CH.)	
	A.M.						
Dr. Hellon .	P.M.						
D- I	A.M.		`				
Dr. Lilauwala .	P.M.		N.C. (сн.)				
D. V	A.M.						
Dr. Jones	P.M.					N.C. (сн.)	
	A.M.		N.C. (сн.)		N.C. (сн.)		
Dr. Wood	P.M.	N.C. (сн.)			N.C. (сн.)		
D C	A.M.						
DR. SMITH	Р.М.				N.C. (сн.)		
	A.M.			1			
DR. KING	Р.М.						
	A.M.	100					
DR. OSTLER .	Р.М.						

Key: N.C. (Ch.) = Nuffield Clinic (Children's Department)



In Table XV given below, it will be seen that patients have come from many sources. As in previous years, the staff have maintained close contact with the referral agencies. An increase of the establishment to four psychiatric social workers would ensure more effective support to the other social agencies.

TABLE XV

ASSESSMENT OF THE PARTY OF THE	1965	1964	1963	1962	1961
Family Doctors	115	126	108	93	78
School Medical Officers	76	75	47	68	72
Juvenile Courts and Probation Officers	32	30	42	52	41
Other Consultants	57	59	43	49	40
Head Teachers	14	27	24	16	22
Children's Officers	16	24	20	8	14
Director of Education	7	21	11	1	2
Parents	14	20	14	9	10
M. & C.W	2	5	-	1	1
Miscellaneous	26	23	18	9	2

In Table XVI there is a summary showing the reasons for the children being referred.

TABLE XVI REASON FOR REFERRAL

				1965	1964	1963	1962	1961
Behaviour Diso	rder			 132	194	162	137	122
Anxiety (variou	s mani	festat	ions)	 56	50	43	28	54
Enuresis				 34	37	15	19	40
Educational Pr	oblem			 27	29	21	17	11
Delinquency				 31	29	41	44	29
Encopresis				 6	14	5	10	5
Truanting				 2	7	17	3	6
Hysteria				 7	1	2	6	3
Sub-normality				 -	-	2	1	1
Miscellaneous				 64	49	10	41	11

In Table XVII the age distribution of the children referred is given.

TABLE XVII

Year	Under 5 years	5 to 7 years	7 to 9 years	9 to 11 years	11 to 13 years	13 to 15 years	Over 15 years	Total
1965	44	46	55	67	57	58	32	359
1964	24	48	72	81	63	73	49	410
1963	26	39	43	65	44	82	28	327
1962	31	40	42	62	41	59	31	306
1961	16	38	43	49	47	61	28	282

Although the previous tables record the numbers involved they do not give a picture of the quality of work needed or the fact that this work done by the staff of the clinic is exacting and time consuming. Some improvement in the service offered has come about since August when our third social worker and second psychologist commenced duties. There is a very real need for more time to enable the social workers to carry out more home visits and for the educational psychologists to maintain a closer link with the schools.

When the Child Guidance Clinic moved to the Nuffield Clinic it became known as the Children's Section. Some people had wondered how parents would feel about bringing children to a community mental health centre which included a Day Hospital for adult psychiatric patients, but in three years only two mothers have expressed any anxiety on that account. The Child Guidance Clinic staff have become aware, since the move, of being an integral part of a wider service. There has been a closer link with the Mental Health Department and the Hospital Social Workers, they are to be found just along the corridor. The staff can more easily discuss the families in whom there is a mutual interest; there can be joint interviews so that a decision can be reached as to who should continue to work with the family. Of course the Children's Section staff also work with other statutory and voluntary agencies. Occasionally one of the adolescents attending or a parent of a child known to the clinic is admitted to the Day Hospital and on these occasions the staff can continue to work with the nursing staff - continuity of care can be preserved. The Day Hospital patients made a very useful fort for the play waiting-room; one electric train set given by one of the children attending has been maintained by one of the nurses and a mental welfare officer.

One of the three Psychiatric Social Workers in the Children's Section supervises a student from an Exeter University Postgraduate Course in social work and there is accommodation for a pre-nursing cadet from Moorhaven Hospital. The Cadets have proved very useful indeed and their duties include reception and looking after children while their parents are being interviewed. The children are sometimes the patient but they are frequently siblings and friends. The Cadet is encouraged to learn about play and what it means to the child.

Health Visitor Teaching Groups were started some years ago by Dr. John Gilroy. These groups now include the Senior Medical Officer for Maternity and Child Welfare and his colleagues in his own department and the School Health Department and other workers, interested in the family, also attend. These meetings are now also used for teaching Health Visitor students who are attending a full-time course of training at the Plymouth College of Technology. The staff of the Children's Section are also taking an active part in the courses of lectures required.

Each month throughout the year there has been a meeting of a working party set up to study the educational provision for maladjusted children in the City of Plymouth. Provision of special classes for maladjusted children and for a hostel have been submitted to the Education Committee.

In December news was received that at long last we were to be allowed a Consultant Child Psychiatrist. His sphere of activity will be the Plymouth Clinical Area as a whole but most of his work will be done at the Children's Section of the Nuffield Clinic. This will mark a great step forward in the functioning of the Nuffield Clinic but it will not be possible to offer a complete service until we are given another junior psychiatrist, preferably a senior registrar, who will be trained to specialise in child psychiatry.

#### CONCLUSIONS

In 1966 we look forward to further consideration being given to the establishments of the various types of mental health workers. We hope that further discussions will take place in regard to establishing hostel accommodation – a hostel (or hostels) with a total of about 30 places for mentally disordered men and women over the age of 60; a hostel (or hostels) with a total of about 12 places for young schizophrenic patients to be run on the lines of the Newport scheme; a sheltered workshop for certain categories of psychiatric patients would be valuable and enhance the service we could offer our patients.

We will continue to explore ways and means of developing the preventive aspect of the service and continue to discuss providing a real emergency service. We hope to develop further the organisation of our After-Care service and social habilitation.

### THANKS

I conclude with sincere thanks to all the staff of the Clinic and many other members of the staff of the Psychiatric Service who have helped us during the third year's working of the Clinic. Throughout the year we have received the support and help of the Joint Management Committee for which we are very grateful.

KENNETH F. WEEKS,

Medical Director.

# Welfare Services

Senior Welfare Services Officer:

H. J. PATERNOSTER, F.I.S.W.

Accommodation The accommodation now provided under Part III of the National Assistance Act, 1948, is:

Wolseley Hom	e				 43 males 56 females
"Glenfield"					 27 females
"Brightside"					 26 males
"Ingleside"			***		 31 females
"Lakeside"		***			 36 mixed
Cross Park Ho					 32 mixed
Whitleigh Hor	ne				 41 mixed
Granby Way					 40 mixed
"Outlands"		***		***	 62 mixed
			Тот	AL	 394

An additional home for the elderly has been opened since last year called "Outlands", Milehouse. It provides accommodation for 62 men and women, and it has 20 double-bedded rooms and 22 single-bedded rooms.

This home was officially opened by the Deputy Lord Mayor and Deputy Lady Mayoress in September, 1965. A start on the closure of Wolseley Home was also made with the transfer of 30 of the male residents from there to "Outlands".

Despite the opening of new homes, the waiting list for Part III accommodation continues to grow. The demand for accommodation continues to be extremely heavy, not only from old people living in their own homes who require care and attention, but also from the general hospitals and Moorhaven.

The number of admissions of persons on the waiting list is shown below:

			1964	1965
Admissions from waiting list			109	113
Admissions (Emergencies)			30	38
Number of persons on waiting list at	t end	of		
			69	118

Registration of Homes

Under Section 37 of the National Assistance Act, 1948, all Old Persons' and Disabled Persons' Homes must be registered with the local authority.

The undermentioned homes are so registered:

	Accommodation
St. Joseph's Home, Hartley	116 residents (mixed)
"Rosemont", Wingfield Villas	22 residents (mixed)
Torr Home for the Blind	66 residents (mixed)
2 Thorn Park Terrace, Mannamead	15 females
The Mount, Lipson	32 females
Widey Grange, Widey Lane, Crown-	
hill	13 females, 1 male
8 Apsley Road, Mutley	24 residents (mixed)
10 Radford Park Road, West Hoe	12 males
10 Whitfield Terrace, Greenbank Road	14 females
Astor Hall for the Disabled, Stoke	30 residents (mixed)
Cann House, Tamerton Foliot, Ply-	
mouth (Cheshire Foundation Home	
for the Sick)	35 residents (mixed)

In December, the City Council approved an increase from 27 to 35 residents at Cann House, Tamerton Foliot. This new wing was opened by Group Captain Cheshire, v.c. The homes are visited regularly and there were no new registrations during 1965.

Scheme

The Boarding-out Scheme of the Plymouth Guild of Social Service is still providing a most useful contribution in the care of the elderly. At present 134 persons are boarded out.

Burials

It is the duty of the local authority under Section 50 of the National Assistance Act, 1948, to arrange the funeral and cremation of any person who has died, or been found dead in this area, in circumstances where it appears to the authority that no suitable arrangements for the disposal of the body have been made.

The Plymouth City Council undertook 22 burials of this type during the year, in most cases relieving the families concerned of financial responsibility which they would have found quite impossible to meet. Applications are made in such cases to the Ministry of Pensions and National Insurance for any portion of death grant due in respect of the deceased person, in order to keep the financial liability to the Corporation to the minimum.

The local authority is required by the National Assistance Board to provide accommodation for female persons without a settled way of living in the event of their arriving in the City. During the year eight such females were accommodated at Wolseley Home. The numbers are appreciably diminishing over the years.

### WELFARE OF THE BLIND

The Local Authority is continuing to carry out its functions for promoting the welfare of blind persons who are resident in this area under Section 29 of the National Assistance Act, 1948. New registrations during the year were 37 blind and 7 partially sighted. It will be seen from the table (page 112) that 85 per cent of the registered blind are now over the age of 50 years. On the 31st December, 1965, the total number of registered blind was 425 and registered partially sighted was 82.

There are three sighted Home Teachers of the Blind who work from the Health and Welfare Department offices at the Municipal Offices and who are the direct employees of the Plymouth City Council.

In September, 1965, a very pleasant event took place at the Garrison Church, Crownhill. The blind persons in the Crownhill, St. Budeaux, Ernesettle and Whitleigh districts had for the past year subscribed to provide a stained glass window in the church at a cost of £240. This was dedicated by the Bishop of Plymouth before a full congregation. Following the dedication a special tea and concert was held in the Crownhill Barracks by kind permission of the Commanding Officer.

There is a happy liaison between the South Devon and Cornwall Institute for the Blind (who have now settled down in their new workshops at Stonehouse) and the Plymouth and District Blind Aid Society, who both assist blind persons financially from their voluntary funds when money cannot be readily obtainable from the local authority or National Assistance Board.

There are 24 journeymen and 1 part-time journeywoman employed at the Blind Institution. There are also 3 male Home Workers (piano tuners) and 1 female Home Worker (Braille copyist).

#### OPHTHALMIA NEONATORUM

Total nur	nber	notified in 1965		3
Number	(a)	vision lost		1
	(b)	vision impaired		0
	(c)	treatment conti	nuing	
		at end of year		0

WELFARE OF THE BLIND—REGISTRATION

Year ended 31st December, 1965

TABLE I—AGE PERIODS OF REGISTERED BLIND PERSONS

Total	168	257	425
00 and Un- over known Total	1		1
90 and Un- over know	∞	17	25
30-39 40-49 50-59 60-64 65-69 70-79 80-84 85-89	11	28	39
80-84	17	4	19
70–79	39	61	100
69-69	25	30	99
19-09	17	21	38
50-59	19	27	46
40-49	6	12	21
30–39	∞	∞	91
21–29	7	4	=
16-20	60	-	> 4
0 1 2 3 4 5-10 11-15 16-20 21-29	64	61	4
5-10	61	64	4
4	1	1	1
.00	T.	1	
- 61	-	1	-
-	1	1	1
0	1	1	1
	Male	F'male	Total

# FOLLOW-UP OF REGISTERED BLIND AND PARTIALLY SIGHTED PERSONS

## CIRCULAR 2/53

	Cause of Disability						
(i) Number of cases registered during the year	Cataract	Glaucoma	Retrolental Fibroplasia	Other			
in respect of which Sect. F of Forms B.D.8 recommends:							
B.D.o recommends:	-						
(a) No treatment	1	7 4	-	13			
(b) Treatment (medical surgical or optical)	4	6	-	20			
(c) Educational		-	-	-			
Total	5	6	-	33			
(ii) Number of cases at (i) (b) above which on follow-up action have							
received treatment	2	6	-	20			

### WELFARE OF THE PHYSICALLY HANDICAPPED

The Register The number of new cases reported to the department together with the numbers on the register for the last three years are as follows:

	1963	1964	1965
New cases	 144	181	135
Register at December 31st	 624	730	806

Analysis of the new cases and the total register for 1965 are shown in Tables I and II respectively. Home Visiting 1,997 visits were made during the year. 508 problems were dealt with as follows:

Housing			 15 19
Residential Accommodation			
Training and employment			 35
Re-adjustment, handicrafts and soci	al activ	vities	 95
Social problems			 15
Modifications, aids and adaptations			 180
Financial and material assistance			 45
Other general problems			 104
			_
			508

Aids and Modifications

129 cases were assisted with aids and modifications during the year, the approximate cost of this assistance being £864 of which £154 was recoverable from those assisted.

Diversional Employment At the end of the year, 197 cases were receiving occupational therapy and handicraft instruction as follows:

In own homes	 	 	 40
In handicraft classes	 	 	 53
In old people's homes	 	 	 104

Classes continued to be held every afternoon at the occupational centre at Beaumont Hut, the average attendance being 20 per session, 15 of these being brought by ambulance.

The total value of goods completed under diversional employment was £1,295, the figures for the three previous years being £836 in 1962, £1,067 in 1963 and £1,107 in 1964.

Approximately half of this amount represented sales at the shop at Frankfort Gate.

Of the £1,295, approximately £969 represented recovery of cost of materials, the remaining £326 being profits returned to the patients.

Remunerative Employment Seven persons were employed on leatherwork preparation and the making of plywood bases for canework during the year, three of this number subsequently returning to full-time employment.

The estimated value of all the articles produced was £133, whilst payments to individuals at piece rates totalled £27.

NEW CASES ADDED TO THE REGISTER OF HANDICAPPED PERSONS DURING 1965 TABLE I

TOTATE		F 6	36	61	9	9	16	1	-	-	3	77
TOT		M	9	8	4	4	25	-1	3	-	8	58
	Children under 16	H -	1	1	1	1	1	1	1	1	3	3
	Chil	M _	1	-	1	1	1	1	1	1	1	2
	Incapable of Work	F 6	36	23	9	5	16	1	1	1	1	73
ES _	Inca of V	M 4	10	1	60	8	22	1	-	-	1	39
ABILITI	e nt only	F	1	1	.1	1	1	1	1	1	1	1
EMPLOYMENT CAPABILITIES	Home Employment only	M -	ī	ı	1	1	1	I	1	1	1	i
EMPLO	Sheltered Workshops	F	1	1	1	1	1	1	1	1	ı	1
	Sheltered Workshop	M -	-	1	-	-	1	1	61	1	-	9
	Ordinary Conditions	F	1	1	1	-	1	1	1	-1	1	1
	Ordi	M 5	1	61	1	1	3	1	ı	1	1	11
		:	1	:	eart,	:	:	:	:	:	:	:
OGLIGO COUNTY AMERICAN	DISABILITY CALEGORIES	Amputation	Arthritis	Congenital malformations	General diseases of the chest, heart, digestive system, etc	General physical injuries	Organic nervous disorders	Nervous and Mental disorders	Respiratory Tuberculosis	Non-respiratory Tuberculosis	Other diseases	Totals

REGISTER OF HANDICAPPED PERSONS AS AT 31ST DECEMBER. 1965

		EMPLOYMENT	YMENT CAPABILITIES	TIES					
DISABILITY CATEGORIES	Ordinary Conditions	Sheltered Employment	Home employment only	-	Incapable of work	Children under 16	en 16	TOT	TOTALS
Amputation	M F 19 (12) -	M F 6 -	M F	M 21	F 19	M 1	H	M 48	F 19
Arthritis	- (9) 6	- 2	67	3 35	131		1	51	134
Congenital malformations	7 (4) 1 (1)	6 4	1	9 1	12	8	-	22	19
General diseases of the chest, heart, digestive system, etc.	- (9) 8	7 2	21	1 37	31	1	1	55	34
General physical injuries	7 (4) 2	2	2	1 21	28	-	1	36	31
Organic nervous disorders	23 (18) 7 (5)	19 14	4 11	88	6	7	61	141	131
Nervous and mental disorders	1 (1) 2 (1)	1	1	4	9	- 1	1	9	6
Respiratory Tuberculosis	2 (1) -	20	2	7	8	1	1	19	8
Non-respiratory Tuberculosis	3 1	2 -	1	4	9	-	1	10	7
Other diseases	3 1	3	1	- 12	9	8	60	21	10
TOTALS	82 14	58 20	18 18	3 235	339	16	9	409	497

Figures in brackets indicate numbers recorded as being employed

Disabled Drivers and Passengers

Identification labels continued to be issued during the year for drivers who have severe difficulty in walking and the same facilities continued to be extended to disabled passengers who experience the same disability.

Residential At the end of the year 36 registered handicapped Accommodation persons were being maintained in local and national residential centres, including 11 in the Council's own homes.

#### WELFARE OF THE DEAF AND DUMB

The following table shows the state of the register at 31st December, 1965:

	Und	er 16	16-	-64	65 an	d over	To	otal
Deaf with speech	M 13	F 3	M 25	F 20	M 4	F 5	M 42	F 28
Deaf without speech	12	10	36	42	4	4	52	56
Hard of Hearing	6	3	28	95	4	15	38	113

DEAF AND DUMB REGISTER

119 domiciliary visits were made to the deaf and hard of hearing on the register and contact was also maintained at the Deaf and Dumb Mission, the Hartley School for the Deaf and the Hard of Hearing Club.

Assistance was given with various problems relating to accommodation and aids.

## NATIONAL ASSISTANCE ACTS, 1948 & 1951

REMOVAL OF PERSONS NEEDING CARE AND ATTENTION

During 1965 it was not necessary to apply to the Magistrates' Court under the powers given by these Acts for authority to move any elderly person in need of care and attention to a residential home or hospital.

#### CHIROPODY SERVICE

The Local Authority Scheme began in August, 1960. Treatment is given in Local Authority clinics and also in the patient's home when necessary. A whole-time salaried chiropodist commenced duties in January, 1965, and two local chiropodists are paid by the session for work at clinics and by a fee per visit for domiciliary work.

Those eligible for treatment are men aged 65 years and over and women aged 60 and over whose incomes do not exceed the amount of the national retirement pension or who receive a National Assistance allowance. The patient is charged 3/6d. for a treatment at a clinic and 4/6d. for a treatment at home.

During 1965, clinics were held and patients treated, as follows:

Number of clinics held		234
Number of persons attending clinics .		309
Number of treatments given in clinics .		1,792
Number of persons treated at home .		235
Number of domiciliary treatments gives	n	1,482

Separate arrangements are made for residents in the Authority's Welfare Homes who require chiropody treatment and the numbers so treated are not included in the figures shown above.

## Ambulance Service

Ambulance Officer: MR. R. SAMPSON

Use of the Service

There has again been a marked increase in the number of patients carried and of miles travelled, amounting to 8,479 patients and 20,769 miles. There does not appear to be any ceiling so far as requests are concerned and on many days saturation point was reached. On one day no less than 477 patients were carried by the service. Transport of patients to various welfare centres for the handicapped is also consuming of time and staff.

Two patients were transported by helicopter, one to Stoke Mandeville Hospital, Bucks and one to the Spencer Churchill Hospital, Oxford. Two journeys were made by road at night to London during December and one to Bristol, since the cases were urgent and no suitable train available.

The number of patients sent by rail was 293 with an approximate mileage of 43,585, this being a decrease on the previous year of 23 patients and 5,314 miles. We are again grateful to the staff of British Railways at Plymouth for their excellent co-operation.

#### TOTAL PATIENTS AND MILEAGE

ROAD JOURNEYS:	PLYMOUTH	DEVON	CORNWALL	TOTAL
Ordinary Removals	79,886	147	74	80,107
Mileage	268,286	5,367	3,266	276,919
Accidents and Emergencies	4,263	_	-	4,263
Mileage	19,440	-	-	19,440
Welfare cases	16,459	_	-	16,459
Mileage	36,431	-	-	36,431
Total Patients	100,608	147	74	100,829
Total Mileage	324,157	5,367	3,266	332,790
RAIL JOURNEYS	245	7	41	293

Approximate total rail mileage travelled by patients 43,585

Average miles per patient ... ... ... ... ... ... 148.7

The excellent relationship and co-operation with adjacent Local Authorities continues, as does the arrangement whereby we accept telephone calls on behalf of Devon County Council at specified times and then transmit the calls to their drivers who are on "stand-by" duty at home in the Plympton and Tavistock areas.

During this year the Service accepted responsibility for the transporting of all patients suffering from smallpox throughout Devon and Cornwall, including the City of Exeter.

Vehicles

Two ambulances and one dual-purpose vehicle were replaced during the year. One ambulance was of new design internally, being fitted with a wheeled trolley to carry the stretcher and thus enabling the crew to take a patient right to the side of the hospital bed without any disturbance. Not only is this more comfortable for the patient but saves a lot of back strain on the ambulance personnel.

At the end of the year there were fifty-seven fulltime driver/attendants on the staff. I would like to pay tribute to my officers, control room staff, driver/attendants and mechanics who, throughout a very busy year, have kept the Service going – often working under extremely heavy pressure.

I only have the same administrative staff as I had in 1948 and therefore find it impossible to organise any training or to spend more than a very little time getting around to the hospitals, etc. If more time could be spent on this I feel sure that we could cut down on the number of journeys undertaken.

The number of hours of voluntary duty kindly given by members of the St. John Ambulance Brigade were 956 for men and 518 for women. This was a reduction on the previous year but, nevertheless, this help is much appreciated.

General The Service continues to be responsible for the following additional duties:—

- accepting calls for the Port Medical Officers outside normal office hours;
- (2) receiving and dealing with emergency calls for midwives at all times;
- (3) receiving and dealing with all calls made on the Corporation telephone exchange between the hours of 10 p.m. and 7 a.m.

Civil Defence Seven excercises were held in 1965. One with the Warden Section, four comprising all sections (one at Liskeard, two at Bodmin, one on Dartmoor) and two demonstration exercises held at Plymouth Civil Defence Headquarters.

Two recruits passed their Standard Test and became Class A volunteers.

AMBULANCE SERVICE

TABLE SHOWING TOTAL PATIENTS AND MILEAGE OVER THE LAST FIVE YEARS

1	1	1	1	1	1	1
TOTAL	Mileage	260,410	264,561	291,736	312,021	332,790
To	Patients	73,639	75,763	85,119	92,350	100,829
CORNWALL	Mileage	2,453	2,455	2,907	2,906	3,266
CORN	Patients	70	89	98	69	74
Devon	Mileage	8,692	6,428	4,217	5,210	5,367
DE	Patients	661	176	121	157	147
PLYMOUTH	Mileage	249,265	255,678	284,612	303,905	324,157
PLYM	Patients	72,908	75,519	84,912	92,124	100,608
YEAR		1961	1962	1963	1964	1965

AVERAGE MILES PER PATIENT

4.198 3.558 3.300

: : 1960

## Plymouth Port Health Authority

REPORT OF THE PORT MEDICAL OFFICER

DR. T. PEIRSON

General This Report is in the form and sequence prescribed for Annual Reports of Medical Officers of Port Health Authorities by the Ministry of Health, Form Port 20, dated October, 1952.

There was a slight increase in the number and tonnage of ships entering the port during the year compared with 1964 (Table B).

Passenger traffic has fallen to a comparatively low level owing to the discontinuance of regular calls by passenger liners (Table C).

## SECTION I – STAFF TABLE A

Name of Officer	Nature of Appointment	Date of Appointment	Qualifications	Any Other Appointments held
T. Peirson	Port Medical Officer	5.12.32	M.D., M.R.C.S., L.R.C.P., D.P.H.	Medical Officer of Health, City of Plymouth
G. B. CARTER	Deputy Port Medical Officer	5.7.48	M.D., D.P.H.	Deputy Medical Officer of Health, Senior School Medical Officer, City of Plymouth
L. MILLER	Port Health and Food Inspector	1.4.63	Sanitary Inspectors Certificate, Diploma for Inspector of Meat and Other Foods	

Address and Telephone number of the Medical Officer of Health:

Port Health Office: MILLBAY DOCKS, PLYMOUTH Telephone Plymouth 68000, Ext. 2229 by day Telephone Plymouth 68000 at night and weekend

City Office: Municipal Offices, City Centre, Plymouth Telephone Plymouth 68000

#### SECTION II

#### Amount of Shipping Entering the District During the Year

TABLE B

			Number .	Inspected	Number of ships reported as having
Ships from	Number	Tonnage	By the Medical Officer of Health	By the Port Health Inspector	or having had during the voyage, infectious diseases on board
Foreign Ports	748	525,087	10	627	1
Coastwise	1,254	844,731	1	834	-
Totals	2,002	1,369,818	11	1,461	1

There was an increase of 63 ships and tonnage of 49,491 entering the port compared with 1964.

#### SECTION III

#### CHARACTER OF SHIPPING AND TRADE DURING THE YEAR

#### TABLE C

Passenger	Number of Passengers Inwards		2,570
Traffic	Number of Passengers Outwards	****	2,421

The total number of passengers remaining on board passengercarrying vessels entering the Port of Plymouth (exclusive of those shown above) was 1,035.

There was an increase of 215 passengers inwards and a decrease of 106 passengers outwards during 1965.

#### PRINCIPAL IMPORTS

## Foreign

Preserved meat and cheese from Holland. Fresh fruit and vegetables from Holland and France. Timber from Canada, Sweden, Poland, Russia and Finland. Grain from Canada, Holland, France and Roumania Fuel oil from the Persian Gulf and West Indies. Agricultural machinery and paper pulp from Sweden. Fertilizers from Belgium, Holland and Germany. Matches, wines and spirits from Holland and Sweden. Tinned milk from Holland. Breeding cattle from France. Fresh fruit from Cyprus. Peanuts from Holland. Confectionery from Holland. Cheese and wine from Cyprus. Oyster shells from Frederiksund. Salt from Stettin. Clinker from North Africa. Phosphates from Sfax.

#### Coastal

Coal from South Wales and North East Ports.

Petrol, oil and paraffin from Fawley, Hamble, Milford Haven and Swansea.

Fertilizers from London and Immingham.

Cement from London.

Potatoes from Northern Ireland.

Cooking fats, tinned fruit, vegetables, meat and fish, confectionery, sugar, nuts and molasses from Liverpool.

Grain from the Isle of White.

Sand and gravel from Southampton.

Tar from Jersey.

Gypsum from Dundalk.

Peat Moss from Ireland.

### PRINCIPAL EXPORTS

China clay.

Granite chippings.

Scrap metals.

Fertilizers.

Broken glass.

Live pigs and cattle for slaughter.

Coke and coke breeze.

### PRINCIPAL PORTS FROM WHICH SHIPS ARRIVE

Asia and Australasia	Еигоре	America	Africa
Abadan	Ahus	Brazil	Algiers
Aden	Antwerp	New Orleans	Dakar
Singapore	Amsterdam	Halifax	Oran
	Archangel	Port Alberni	Sfax
	Brest	San Fransisco	
	Bremen	Quebec	F. Statement
	Bilbao	Trinidad	Company to all
	Bayonne	Vancouver	
	Caen	Victoria B.C.	
	Cherbourg		
	Calais		
	Copenhagen		
	Cameret	Took but the sale of the	her world
	Dunkirk	All mail military	and the last
	Delfzyl		
	Fescamp	The second of	
	Frederiksund		
	Gibraltar		
	Gothenburg	THE RESERVE ASSESSMENT	
	Ghent	Liber size Liberal	
	Gdansk	The second of the second	
	Gravelines	The state of the s	
	Hamburg		
	Hamina		
	Honfleur		THE PROPERTY OF
	Hoogesund		I most drugs
	Kiel	The same said	
	Kotka		
	Kaliningrad		

Asia and Australasia	Europe	America	Africa
	Le Havre		
	Leningrad		
	Limassol		A THE RESIDENCE
	La Pallice		
	Malta		
	Morlaix		
	Montyluoto		
	Nantes		
	Odessa		FIL III
	Passages		1
	Quimper		
	Roscoff		
	Rouen		
	Rotterdam		
	St. Malo		
	Vigo		
	Wismar		
	Ymuiden		

#### SECTION IV

#### INLAND BARGE TRAFFIC

There is no inland barge traffic at the port.

#### SECTION V

#### WATER SUPPLY

(a) The source of water supply for the Port, British Transport Docks, Victoria Wharves, Cattedown and Sutton Harbour is from Plymouth Corporation Water Department hydrants on the wharves.

(b) Shipping is supplied with water from hydrants on the wharves or from H.M. Dockyard water-boats.

#### SECTION VI

## Public Health (Ships) Regulations, 1952 to 1963

## (1) List of Infected Areas (Regulation 6).

A list of Seaports and Airports in which a confirmed or suspected quarantinable disease has occurred is supplied weekly by the World Health Organisation, Geneva. Copies are typed and sent to the Chief Pilot, H.M. Customs and to all the boarding Medical Officers.

## (2) Radio Messages (Regulation 13).

(a) There are no arrangements for sending permission by radio for ships arriving from foreign ports to enter the district except for foreign warships and Royal Navy Auxiliary vessels which are in radio communication with the Plymouth Naval Base and report their state of health prior to entering the port. Other vessels anchor in the Sound which is a recognised mooring station and are there boarded.

## Regulation 14 (1) (a) and (2).

(b) Vessels landing passengers and any other vessels requiring the attention of the Port Medical Officer, usually wireless their time of arrival at the Port and the state of health on board to the agents. The latter then inform the Port Health Authority and, in the case of vessels landing passengers, give the time the vessel is expected to anchor in the Sound. The Medical Officer boards the vessel by means of the Port Health launch. If there are any infectious conditions aboard, the vessel is required to give preliminary radio warning either to the Port Health Authority or to the local Agents in accordance with Regulation 14 of the Public Health (Ships) Regulations, 1952.

## (3) Notification otherwise than by radio (Regulation 14 (1) (b).

Vessels entering the Port requiring the Port Medical Officer, fly the appropriate flag and are boarded in the Sound by the Medical Officer and the Inspector by means of the Port Health launch, which is prepared to land cases if necessary.

After office hours, information concerning ships entering the Port flying a signal for the Port Medical Officer is received from the Queen's Harbourmaster, H.M. Customs or Royal Naval Authorities.

(4) Mooring Stations (Regulations 22 to 30).

Jennycliffe Bay in Plymouth Sound is used as a mooring station in the case of vessels which intend entering the Docks.

As the larger liners lie off Cawsand Bay or just inside the Breakwater, the usual anchorage is regarded as a mooring station.

## (5) Arrangements for:

(a) Hospital accommodation for infectious diseases (other than smallpox).

Cases of infectious disease landed from vessels are admitted to the Scott Isolation Hospital, Beacon Park Road, Plymouth. Cases suffering from Tuberculosis may be accommodated by arrangement at the Mount Gould Orthopaedic Hospital, Plymouth, if unfit to travel to their home address.

(b) Surveillance and follow up of contacts.

Where necessary, the names and intended destinations of passengers disembarking from a ship who are contacts of infectious disease are forwarded to the Medical Officers of Health in the appropriate districts.

(c) Cleansing and disinfection of ships, persons, clothing and other articles.

When cases of infectious disease are removed from ships in the motor launch *Argus* to hospital ashore, the quarters on board are disinfected with Formalin.

Clothing, bedding, etc., are conveyed to the Scott Isolation Hospital for steam disinfection.

#### SECTION VII

#### SMALLPOX

(1) Isolation Hospitals available.

The first case or cases would be admitted to the Smallpox Hospital, Liskeard, Cornwall (Telephone: Liskeard 2385), staffed from the Scott Isolation Hospital, Beacon Park Road, Plymouth (Telephone: Plymouth 51437); Physician Superintendent: Dr. D. F. Johnstone.

Should it appear likely that more extensive accommodation

would be required, arrangements would be made for Lee Mill Smallpox Hospital, at present used for geriatric cases, to be reopened as a Smallpox Hospital.

## (2) Arrangements for the Transport of Cases to Hospital.

The launch *Argus* of the Plymouth Port Health Authority, based at Millbay Docks, Plymouth (Telephone: Plymouth 68000, Ext. 2229 by day and Plymouth 68000, Ext. 2129 at night and weekends) is available to transport cases from ship to shore. The launch is equipped with a radio transmitter and receiver linked to the Plymouth Ambulance Headquarters.

Ambulances of the Plymouth City Council's Ambulance Service (Telephone: Plymouth 64101) are available to transport cases to hospital.

## (3) Smallpox Consultants.

Dr. W. H. St. John-Brooks Office Telephone: Penzance 2382
West Cornwall Hospital Home Telephone: Cockwells 356
Penzance, Cornwall

Dr. J. Macrae Office Telephone: Bristol 31165 Ham Green Isolation Hospital Ham Green, Bristol

## (4) Facilities for the Laboratory Diagnosis of Smallpox

Materials for the collection of specimens from suspected cases are always available at the Port Health Office, Plymouth.

Specimens are forwarded to the Virus Reference Laboratory, Central Public Health Laboratory, Colindale Avenue, London, N.W.9.

#### SECTION VIII

#### VENEREAL DISEASE

When required the Port Health Inspector passes on information to ships' officers regarding the times of attendance and location of the Venereal Disease Clinics at the Plymouth General Hospital (Freedom Fields Section).

The days and hours of attendance for males are as follows:

Monday	6.00 to	7.30 p.m.
Tuesday	10.00 to	11.30 a.m.
Wednesday	10.30 to	12.00 noon
Thursday	6.00 to	7.30 p.m.
Saturday	6.00 to	7.30 p.m.

During the year 92 British and 17 Foreign seamen were treated at the Venereal Disease Clinic.

The nationalities were as follows:

British		 92
Dutch		 5
Norwegi	an	 2
America	n	 1
German		 1
Ghanian		 1
Greek		 1
Italian		 1
Maltese		 1
Polish		 1
Portuges	se	 1
Russian		 1
Spanish		 1
	TOTAL	 109

#### SECTION IX

## Cases of Notifiable and Other Infectious Diseases on Ships, 1965

#### TABLE D

Category	Disease	Number of during the	Number of ships		
Caregory	Discuse	Passengers	Crew	concerned	
Cases landed from ships from foreign ports	Pulmonary Tuberculosis	Nil	One	One	
Cases which have occur- red on ships from foreign ports but have been disposed of before arrival	None	Nil	Nil	Nil	
Cases landed from other ships	None	Nil	Nil	Nil	

Chest X-ray examination of contacts among the crew of the ship in which the case of tuberculosis occurred did not reveal any secondary cases.

#### SECTION X

OBSERVATIONS ON THE OCCURRENCE OF MALARIA IN SHIPS

There were no cases of malaria brought to notice in ships arriving at Plymouth during the year.

#### SECTION XI

MEASURES TAKEN AGAINST SHIPS INFECTED WITH OR SUSPECTED FOR PLAGUE

No plague-infected or suspected ships entered the port during the year.

#### SECTION XII

MEASURES AGAINST RODENTS IN SHIPS FROM FOREIGN PORTS

- (1) All ships arriving at the various wharves from foreign ports are boarded by the Port Health Inspector or Rodent Operator. Enquiries are made of the officers and crews and searches are carried out for evidence of rat infestation. Docksides, wharves and warehouses in dock areas are under constant surveillance for evidence of rodent infestation and Foremen Stevedores are also questioned as to the presence of rats. Where evidence of infestation is found immediate treatment is initiated by the Rodent Operator.
- (2) All rats caught are destroyed and some specimens found are submitted to the Public Health Laboratory, South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- (3) If found necessary, de-ratting of ships is carried out by fumigation with hydrocyanic acid gas. These fumigations are carried out by private firms under the supervision of the Port Health Authority.

The names of Commercial Contractors who have carried out the fumigation of vessels at this port are:

- 1. Fumigation Services Ltd., Barking, Essex.
- 2. London Fumigation Co., London, E.C.3.

Small infestations are dealt with by the Port Health Authority's Rodent Operator using "Warfarin".

Observations confirm that rat-proofing principles are adopted in the construction of all modern vessels inspected.

#### TABLE E

Rodents destroyed during the year in ships from foreign ports: NIL.

Rodents destroyed in docks, quays, wharves and warehouses:

Category		Number
Black Rats	 	 -
Brown Rats	 	 47
Sent for examination	 	 1
Infected with plague	 	 _

Number of rats presumed killed, based on the amount of poison bait consumed: 190

Number of mice presumed killed: 108.

Number of Deratting Certificates and Deratting Exemption Certificates Issued During the Year Ending 31st December, 1965, for Ships from Foreign Ports

TABLE F

After j	fumigation with	1.0	1.0	Total	Number of	Total
HCN	Other fumigant	After trapping	After poison- ing	Total	Deratting Exemption Certificates issued	Total Certifi- cates issued
1	2	3	4	5	6	7

# PREVENTION OF DAMAGE BY PESTS ACT, 1949 (APPLICATION TO SHIPPING) ORDER, 1951

No Rodent Control Certificates were issued to coastal vessels during the year.

#### SECTION XIII

## Inspection of Ships for Nuisances

TABLE G

#### Inspections and Notices

Nature and Number	Notices	served	Result of serving Notices	
of Inspections	Statutory Notices	Other Notices	Complied with	
1,461 Vessels	_	6	6	

#### SECTION XIV

Public Health (Shell-Fish) Regulations, 1934 & 1948

Under the above regulations, the following are prohibited areas for the gathering of mussels, cockles, winkles, limpets and other shell-fish for human consumption by an Order made in 1936:—

Hooe Lake

The Hamoaze, including West Mud

St. John's Lake

Off Torpoint Institution

Weston Mill Lake

Off Rat's Island

Mouth of St. German's River

Off Saltash

River Tamar and its tributaries

Notice boards are maintained in these areas warning persons that the taking of shell-fish for sale for human consumption is forbidden.

No formal action has been necessary under the regulations.

All oysters from the Yealm Oyster Fisheries are subjected to a cleansing process before sale.

#### SECTION XV

## MEDICAL INSPECTION OF ALIENS

(1) List of Medical Inspectors of Aliens holding Warrants of Appointment:

Dr. T. Peirson

Dr. G. B. Carter

Dr. T. R. Forrest

Dr. N. R. Matheson

Dr. L. N. Trethowan

Dr. T. A. Lloyd-James (resigned 30th November, 1965)

(2) List of other staff engaged on this work:

NIL

(3) Organisation of works:

All ships carrying aliens are boarded by the Medical Officer during the course of duty under the Public Health (Ships) Regulations, 1952 to 1963. At the same time, aliens are inspected as they pass before the Immigration Officer and the Medical Officer is available for consultation as necessary with the Immigration Officer.

Most of the work in connection with the Medical Inspection of Aliens is carried out by the Deputy Port Medical Officer, the remaining officers being available for relief duties.

## (4) Nature and amount of aliens traffic:

With the cessation of passenger liner traffic the majority of aliens using the port are short-stay visitors.

During the year the number of incoming aliens was 862 and the number of outgoing aliens was 793.

## (5) Accommodation for medical inspection and examination:

A room for medical examination is provided in the Port Health office.

REPORTS AND CERTIFICATES FOR ALIENS MEDICALLY EXAMINED

	Nature of Report or Certificate	Total number of Reports and Certificates issued	Aliens not permitted to land
A	Unsound mind or mentally defective	1 *	1 *
B (1)	Undesirable for medical reasons	None	None
	(a) Inability to support	None	None
B (2)	(b) Likely to require medical treatment	None	None
	(c) Inability to support and likely to require medical treatment	None	None
С	Conditionally landed for further medical examination	None	None
	Totals	1	1

<sup>\*</sup> Note: This certificate was in respect of a member of the crew of the Royal Netherlands Navy Ship Drenthe who had been admitted to the Royal Naval Hospital, Plymouth. It was subsequently ruled that this person was exempt from the operation of the Aliens Order under paragraph 24 (3) (b).

### COMMONWEALTH IMMIGRANTS ACT, 1962

#### MEDICAL EXAMINATION OF COMMONWEALTH IMMIGRANTS

List of	Medical	Inspectors	of	Commonwealth	Immigrants
---------	---------	------------	----	--------------	------------

Dr. T. Peirson

Dr. G. B. Carter

Dr. T. R. Forrest

Dr. N. R. Matheson

Dr. L. N. Trethowan

Dr. T. A. Lloyd-James (resigned 30th November, 1965)

Dr. Enid Atkins

It has, in the past, been possible to make satisfactory arrangements on board the ships concerned for carrying out the medical examination of Commonwealth immigrants referred by the Immigration Officers, with little delay in clearing the vessels.

- (1) Total number of Commonwealth citizens subject to control under the Act arriving during the year ... ... 2
- (2) Total number of Commonwealth citizens medically examined ... ... ... ... ... 1
- (3) Reports and Certificates for Commonwealth Citizens
  Medically Examined

	Nature of Report or Certificate	Number of Reports or Certificates issued	Number of Commonwealth Citizens refused entry
A	Suffering from mental disorder	None	None
B (1)	Undesirable for medical reasons	None	None
B (2)	Likely to require major medical treatment	None	None
	TOTALS	None	None

#### SECTION XVI

#### MISCELLANEOUS

Arrangements for the burial on shore of persons who have died on board ship from infectious disease:

Disposal of the dead is carried out under conditions prescribed by the Medical Officer of Health in accordance with the nature of the disease. The public mortuary is available to accommodate bodies if necessary. Cremation is advocated and is available locally.

#### FOOD INSPECTION

During the year 199 vessels were dealt with under the Public Health (Imported Food) Regulations, 1937 and 1948.

There were 154 from foreign ports and 45 coastwise.

The total amount of foodstuffs voluntarily surrendered and condemned as unsound, unwholesome and unfit for human consumption consisted of:

					Tons	Cwt.	Qrs.	Lb.	Ozs
Grapes .				 	12	8	2	14	0
Lemons				 	1	3	2	20	0
Chestnuts .				 		9	3	8	0
Flour				 		9	0	0	0
Confection	ery			 		2	0	20	0
TOI				 		3	1	11	0
Strawberri	es			 			1	25	0
Preserved	meats	, tinne	ed	 		3	0	7	14
Fruit and				 		6	2	24	8
Cl				 		1	0	22	14
Lard				 			1	26	0
Fish, tinne	d			 			1	14	7
Margarine				 			F 1999	24	0
Bacon				 				22	0
Chicken, ti	inned			 				16	12
Vegetables	, tinne	ed		 				14	14
TT				 				13	0
Ox Tongue	e, tinn	ed		 				6	0
				 			-	2	10
Rice Pudd	ing, ti	nned		 				1	0
				TOTAL	15	9	3	13	15

Six non-statutory notices were served on Masters of vessels under the Dark Smoke (Permitted Periods) (Vessels) Regulations, 1958. No further action was necessary in each case.

No action was taken under the following regulations:

Public Health (Imported Milk) Regulations, 1926
Public Health (Preservatives, etc., in Food) Regulations,
1925 and 1958

Food Hygiene (Docks, Carriers, etc.) Regulations, 1960 Food Hygiene (General) Regulations, 1960

The following specimens were submitted to the Public Health Laboratory, Greenbank, Plymouth:

Date	Nature of Specimen	From	Examined for	Result
28. 1.65	Water	Millbay Docks	B. Coli.	B. Coli – Nil
,,	,,	M.V. Sharron	B. Coli.	B. Coli - Nil
18. 3.65	,,	Drake's Island	B. Coli.	B. Coli Nil
,,	,,	Drake's Island	B Coli.	B. Coli Nil
,,	,,	Devil's Point	B. Coli.	B. Coli Nil
20. 8.65	,,	Drake's Island	B. Coli.	B. Coli Nil
,,	,,	Drake's Island	B. Coli.	B. Coli Nil
30.11.65	,,	Millbay Docks:		
		1. Cork Shed	B. Coli.	B. Coli Nil
		2. Port Health Office	B. Coli.	B. Coli Nil
		3. Shed 20	B. Coli.	B. Coli Nil
28. 9.65	1 Brown	Cole Bros. Timber	B. Pestis	Past. Pestis
	Rat	Works, Millbay Docks		not isolated

### ITEMS SUBMITTED FOR CHEMICAL ANALYSIS

A sample tin of chopped pork from a consignment imported from Hungary was submitted to the Public Analyst for examination because of staining of the inside of the tin and contents. The analyst reported that the staining was caused by sulphide of iron and was not harmful to health.

Two water samples were submitted for chemical analysis. One from a hydrant in Millbay Docks was reported as being of a normal chemical character; the other, from motor-vessel *Sharron*, was reported to contain caustic lime in sufficient concentration as to render the water significantly alkaline in reaction and this was considered to be due to recent cement washing of the internal surfaces of the tank. Flushing of the tank considerably reduced the abnormal alkalinity.

#### INFECTIOUS DISEASES

No major infectious disease occurred within the area of the Authority during 1965.

#### CASES LANDED AT THE PORT

One case of infectious disease and 13 cases of non-infectious disease or injury were landed, of whom 12 were admitted to hospital.

## School Health Service

Deputy Principal School Medical Officer
Dr. G. B. Carter

The general health of the children was satisfactory in 1965 and there was no serious outbreak of disease in the year though measles, colds and an influenza-like illness caused a considerable amount of absence in March.

The school clinics continue to provide a useful service and there was an increase of 450 in the cases attending compared with 1964. The number of treatments given by school nurses increased by over 1,000 to 32,126.

There appears to be a country-wide shortage of speech therapists and it has not been possible to fill a vacancy which has existed since early in 1965. This has much prolonged the list of children waiting for treatment which was always formidable, even when both posts on the establishment were filled.

There were several changes during the year. Two medical officers resigned and Drs. H. Haskins and D. Bailey were appointed as Assistant Medical Officers with combined duties in maternity and child welfare and school health. Mrs. K. Young was appointed dental surgeon in succession to Mr. J. F. Gray, whose death after over twenty-six years' service with the Authority is recorded with regret. Miss Nixon, one of the Authority's two speech therapists, left in March and it has not been possible to obtain a successor to fill the vacancy. Three school nurses resigned and three were appointed during the year. The integration of the nursing services has continued; most health visitors are responsible for a primary school and most school nurses attend a Child Welfare Clinic. At the end of the year the number in the various sections were:

MEDICAL, ETC.			
Medical Officers		 	 4.25
School Nurses		 	 10.80
Speech Therapists		 	 1.00
DENTAL			
Dental Officers		 	 4.05
Dental Auxiliary		 	 1.00
Dental Surgery Ass	sistants	 	 5.00

#### CHILD GUIDANCE CLINIC

Psychiatrists		 ***	 1.37
Educational Psycho	logists	 	 2.00
Psychiatric Social V	Vorkers		 3.00

Medical Inspection The detailed statistical tables relating to the medical inspection of school children are given at the end of this report.

#### 1. Periodic Medical Inspection

#### A. Number of periodic medical inspections in the age groups

		Number of children inspected
		3,337
1952 age g	groups)	1,639
		2,339
TOTAL		7,315
	1952 age g 	 1952 age groups) 

The age at which the "intermediate" examination preferably takes place is now 7 to 8 years and this is on a selective basis. The parents of children of this age completed a questionnaire on their child's health and from the answers given it was decided whether or not the child should have an examination by the School Medical Officer. There are approximately 3,500 children of this age in Plymouth. Questionnaires were received in respect of 2,898 and 1,177 were "selected" for examination. The number examined, 1,639, is little more than half the number of children usually examined as intermediates and this saving of medical officers' time allows more time to be spent on the children who are called for examination. In previous years approximately 24 children were examined in a half-day session but it is now possible to reduce the numbers of "entrants" or "intermediates" to 16 to 18, allowing a longer period to be given to each child. This is especially valuable with entrants, at which examination parents usually attend, as it may be the only occasion in the child's school life where the parent meets the school medical officer. Comparatively few parents attend at a "leavers" examination and the number of children seen per session remains at 24.

B. Number of CHILDREN found at periodic medical inspections to require treatment (including those already under treatment)

	Number inspected	Requireat for deferences	ctive ion uding	Requ trea for	ii) uiring tment r all her fects	indi: chi: requ	otal vidual ldren viring tment
		Num- ber	per 1,000	Num- ber	per 1,000	Num- ber	per 1,000
1. Entrants (1961–58)	3,337	89	26.66	663	198.68	703	210.66
2. Intermediate age groups (Selected 1957–52)	1,639	138	84.19	395	241.00	491	299.57
3. Leavers (1951–48)	2,339	377	161.18	359	153.48	668	285.59
TOTALS	7,315	604	82.57	1,417	193.71	1,862	254.54

Six hundred and four children out of the 7,315 inspected were found to require treatment for defective vision. This is equivalent to 82.57 per 1,000 and is rather less than the 104 per 1,000 found in 1964 and 1963. Children requiring treatment for all other defects totalled 1,417, a rate of 193.71 per 1,000. This compares with 186.8 per 1,000 in 1964 and 150.9 in 1963.

C. Number of DEFECTS found per 1,000 children inspected at periodic medical inspections whether requiring treatment or observation.

	1965	1964	1963
Skin	 47.9	46.4	40.3
Vision	 119.9	142.7	148.2
Squint	 28.8	21.3	38.9
Otitis Media	 18.0	13.0	10.2
Heart	 12.4	11.7	12.4
Lungs	 32.8	318	30.7
Hernia	 5.7	2.1	2.9

It will be seen that there was an increase in the rate of all diseases listed above, except for defective vision. The largest increase was in the amount of otitis media.

# D. Number of NEW DEFECTS found at periodic medical inspections to require treatment.

Table 2 C at the end of this report gives the total number of defects, old and new, found requiring treatment for each disease and for each age group, and the number of new defects, divided into those which were already under treatment at the time of the periodic medical inspection and those which were not.

In the 7,315 children examined in 1965, 613 new defects not under treatment were found. One hundred and twelve of these defects were of vision or squint.

# E. SELECTIVE MEDICAL INSPECTIONS for children in junior schools and departments.

Selective examination for children in the intermediate age group was again employed in 1965 as in 1964.

In and prior to 1963 it was customary to examine all children aged 9 to 10 years. In 1965 the children in the intermediate group who were examined were mainly those aged 7 to 8 years and 1,639 were selected for examination. In these, 169 new defects not under treatment were found, a rate of 103 new defects per 1,000 children examined. In 1963, when all children aged 9 to 10 years were examined as intermediates only 25 new defects not under treatment were found, a rate of 8.3 per 1,000 examined. These figures indicate that the effect of making the intermediate examination selective and lowering the age by two years has very considerably increased the number of new defects found per 1,000 children examined. This implies that the school medical officers' time is being employed more effectively and that many children are receiving earlier attention for defects than they would otherwise have done.

## F. Attendance of parents at periodic medical inspections

				c	umber of hildren ispected	Number of parents attending	Percentage of parents attending	
1.	Entrants				3,337	2,766	82.88	
2.	Intermedia	ates (se	elected)		1,639	1,024	62.48	
3.	Leavers				2,339	338	14.45	
		Т	OTALS		7,315	4,128	56.43	
					-	-	-	

This is much the same as in previous years.

# G. Reports to family doctors after the final inspection before leaving school.

Reports were sent to family doctors on four children found to have serious or permanent defects believed to be unknown to their doctors.

#### 2. Other Medical Inspections

(Special inspections and reinspections)

		Special		
		Inspections	Reinspections	Total
1.	Ordinary cases seen at school clinics and schools and children seen for ascertainment as handicapped	r I		
2.	pupils, excluding educationally subnormal, and all other specia examinations, except as follows For fitness for:—	1	1,870	4,916
	(a) Employment after school hours	s 436	-	436
	(b) Entertainment licences	. 9	_	9
	(c) Swimming instruction	. 10	-	10
	(d) Boxing	. 185	_	185
	(e) Entry to teacher training college	es 151	mental entre	151
3.	For defective hearing:—			
	(a) Audiometer sweep tests	. 61	1 - 1 - 1	61
	(b) Full investigation	. 144	79	223
4.	For ascertainment as educationally	7		
	subnormal pupils	902	159	362
5.	At Day Open-Air School	. –	237	237
	At E.S.N. Special Schools		259	259
	At Children's Homes	. 154	254	408
	TOTALS	. 4,399	2,858	7,257

There was an increase of 843 in the number of special inspections or reinspections compared with 1964.

The School Medical Officers continued to make annual inspections of school premises during the year and the Director of Education was notified of defects found or improvements required either directly from the Medical Officer's report or after a follow-up visit by the District Public Health Inspector in connection with certain defects.

Handicapped Children Arrangements for the ascertainment of the various categories of handicapped children remained unaltered during the year.

A. Number of children newly assessed as needing special educational treatment at special schools or in boarding homes

			1965	1964	1963
1.	Blind		1	1	2
2.	Partially sighted	11.0	_	1892	3
3.	Deaf		 2	4	5
4.	Partial hearing		 8	9	7
5.	Physically handicapped		 14	13	16
6.	Delicate		 29	13	15
7.	Maladjusted		 11	13	24
8.	Educationally subnormal		 79	77	86
9.	Epileptic		 4	1	1
10.	Speech defects		 -		-
a he	T	OTALS	 144	131	159

There was an increase of 13 children assessed as needing special educational treatment at special schools in 1965 compared with 1964. The increase was due to 29 children being assessed as delicate compared with 13 in 1964.

B. Number of handicapped children at special schools in January, 1966

	At Maintained Special Schools. Day Pupils	At non- Maintained Special Schools. Boarding Pupils	At Independent Schools	Boarded in Homes	Total
1. Blind	-	5	_	_	5
2. Partially Sighted	_	6	_	_	6
3. Deaf	31	2	-	-	33
<ul><li>4. Partial Hearing</li><li>5. Physically</li></ul>	30		- "	-	30
Handicapped	43	4	24	-	71
6. Delicate	26	3	1	-	30
7. Maladjusted 8. Educationally	8	3	29	4	44
Subnormal	306	19	10	_	335
9. Epileptic	3	-	-	_	3
10. Speech defects	-	1	-	-	1
Totals	447	43	64	4	537

		January 1966	January 1965	January 1964
1.	Blind	 5	4	5
2.	Partially sighted	 6	6	7
3.	Deaf	 33	28	29
4.	Partial hearing	 30	27	21
5.	Physically handicapped	 71	73	70
6.	Delicate	 30	27	23
7.	Maladjusted	 44	50	55
8.	Educationally subnormal	 335	323	313
9.	Epileptic	 3	3	7
10.	Speech defects	 1	1	2
V E181	TOTALS	 537	542	532

## C. Handicapped children at independent schools.

	11		
	School	Number of Children	Handicap
1.	Badgeworth Court School, Badgeworth, nr. Cheltenham, Glos	4 boys and girls	Maladjusted
2.	Burnt Norton School, Chipping Campden, Glos	1 boy	Maladjusted
3.	Childscourt School, Lattiford House, Wincanton, Somerset	5 boys and girls	Maladjusted
4.	Cotswold Chine Home School, Box, nr. Stroud, Glos	1 boy	Maladjusted
5. 6.	Farmhill House School, Stroud, Glos Farney Close School, Bolney, Sussex	1 girl 1 girl	Maladjusted Maladjusted
7.	Heathercombe Brake School, Manaton, Newton Abbot, Devon	4 boys and girls	Physically handicapped
8.	Plymouth School for Spastic Children, Trengweath, Hartley, Plymouth	21 boys and girls	Delicate Spastics
9. 10.	Marist Convent School, Paignton, Devon Oxton House School,	1 girl	Maladjusted
	Kenton, nr. Exeter, Devon	3 girls	Maladjusted
11.	Pitt House School, Chudleigh, Devon	3 boys	Educationally subnormal
12.	Pitt House School, Hr. Lincombe Road, Torquay, Devon	8 boys	Educationally subnormal and maladjusted
13.	Royal Alexandra and Albert School, Gatton Park, Reigate, Surrey	1 boy	Maladjusted
14.	St. Christopher's School, Westbury Park, Bristol	2 boys	Educationally subnormal
15.	St. Hilliard's School, Mickleton, Campden, Glos	2 boys	Maladjusted
16.	St. Peter's School, Chelmarsh Vicarage, Bridgnorth, Salop	2 boys	Maladjusted
17.	Brookside School, Clungunford, Craven Arms, Salop	4 boys	Maladjusted
	TOTAL	64	

## D. Handicapped children boarded in homes.

	Boarding Home	Number of Children	Handicap
1.	Mountstephen House Hostel, Uffculme, Cullompton, Devon	 4 boys	Maladjusted
	Total	 4	

## E. Handicapped children educated otherwise than at school.

In January, 1966, 9 children were being educated in Freedom Fields Hospital, Plymouth and 8 at home, nearly all being physically handicapped children.

## F. Children found unsuitable for education at school.

During 1965, 12 children were recorded as unsuitable for education at school under Section 57 (4) of the Education Act, 1944, as amended by the Mental Health Act, 1959, compared with 10 in 1964 and 20 in 1963.

#### G. Child Guidance Clinic.

The report on the work of the Child Guidance Clinic will be found in the Children's Section of the Nuffield Clinic Report on pages 87 to 108.

#### REPORT OF DR. L. N. TRETHOWAN

## School Medical Officer

Defective Hearing-Audiology Clinic

The Audiology Clinic continued to be held fortnightly at Seven Trees School Clinic.

As previously, young children with delayed speech, marked speech defects, those who were "at risk" or suspected of being deaf were referred by the pædiatrician, ear, nose and throat surgeons and the maternity and child welfare department.

Sixty-three children were seen, of these 56 for the first time; of these, 41 were thought not to be deaf, but it was deemed advisable to retest 6 of them again to ensure that they had no deafness and that speech was developing properly. Three were referred to the speech therapist for treatment.

Eleven very young children were found to be either profoundly or severely partially deaf. Six of these children were admitted to Hartley House School and the remaining 5 will be admitted when they are old enough to attend the nursery class at that school.

Three children were thought to be partially deaf, but it was considered that they would be able to manage in ordinary schools when they became of age to attend, with the use of hearing aids and assistance from the peripatetic teacher of the deaf.

One spastic child already attending Trengweath was found to have a marked high frequency deafness and has been provided with a commercial hearing aid and appears to be benefitting from the use of this aid.

Cleanliness Inspections and other Work of the School Nurses

The school nurses carried out 139,901 inspections during 1965 and 629 children were found to be infested. This is equivalent to 1.98% of the school population and is a slight decline from the 2%

found in 1964.

	Number of children on registers at beginning of year	Number of individual examinations of children	Number of individual children found infested	% of individual children on registers found infested
Primary Schools	19,046	100,576	514	2.7
Secondary Schools	12,190	33,343	100	0.82
Special Schools	421	5,982	15	3.55
TOTALS	31,657	139,901	629	1.98

Screening tests of vision and hearing carried out by school nurses.

The school nurses test the vision of school children annually and the hearing approximately every three years. Children with possible defects are referred to the medical officers for any necessary further investigation and treatment to be obtained.

(1) Vision Tests:			Number of children tested by nurses	Number of children referred to School Medical Officers
Primary Schools			 20,514	255
			 12,675	268
Special Schools			 301	_
10 a 3				
	Тот	ALS	 33,490	523
			-	
(2) HEARING TESTS:				
Primary Schools			 6,752	23
Secondary Schools			 2,026	2
Special Schools			 175	SID CALLED
	Тот	ALS	 8,953	25
				-

During the course of this and other work, the nurses paid 2,440 visits to schools, 2,742 visits to children's homes and attended 1,178 clinic sessions at which 32,126 treatments were given.

Medical Treatment	The school	clinic arra	ingements	at the time of
reatment	writing this	report are	as follows:	
	SCHOOL CL	INIC ARRANG		
		Nurses'	Ultra	Speech
	Medical	Minor	Violet	Therapy
Clinic	Officers'	Ailment	Light	Clinics
	Clinics	Treatment	Clinic	(by
		Clinics	(by appointmen	appointment)
1. Seven Trees	Monday	Monday	Monday	Wednesday
Clinic,	2 p.m.	to	9 a.m.	2 p.m.
Baring Street	Wednesday	Friday	Thursday	Friday
	2 p.m.	3.30 p.m.	9 a.m.	9 a.m.
	Audiology			Friday
	Clinic on			2 p.m.
	alternate			
	Saturday			
	mornings			
	at 10.0 a.n	1.		
	by			
2. Stonehouse	appointme Wednesda			
Clinic,	2 p.m.	3.30 p.n	-	II HOSTINE STEEL
Peel Street	Friday	Friday	1.	
1 cer street	3.30 p.m		1	
3. Devonport	Tuesday	Tuesday		
Clinic, Outras		3.30 p.m.		
Villa, Albert		Friday		
Road,		3.30 p.m.	-	_
Devonport		-		
4. North Prospect	Wednesday	Monday		Monday
Clinic, North	2 p.m.	to		2 p.m.
Prospect		Friday		Tuesday
School, Swilly	7	3.30 p.m.	_	2 p.m.
5. St. Budeaux	Thursday	Monday		Friday
Clinic, Stirlin		3.30 p.m.		9 a.m.
Road,	6 - P.III.	Thursday		o a.m.
St. Budeaux		3.30 p.m.	_	
6. Honicknowle	Tuesday	Tuesday		Wednesday
Clinic,	2 p.m.	3.30 p.m.		9 a.m.
Montacute		Friday		
Avenue,		3.30 p.m.	-	
Honicknowle		T		Wadaaala
7. Efford Clinic,	Tuesday	Tuesday		Wednesday
121 Efford Road	3.30 p.m.	3.30 p.m. Thursday		9 a.m.
Road		3.30 p.m.		
8. Southway Clinic	c Wednesday		v	
37 Rockfield		,cancada	,	
Southway	3 p.m.	3.30 p.n	n.	
		Friday		
		3.30 p.n	n.	
9. Child Guidance		seen by appor	intment.	
Clinic,	The psychia	trists attend	Monday p	
Children's			lay p.m.; Th	ursday a.m. and
Section	p.m.; Fr	iday p.m.	Maria III	
Plymouth				
Nuffield				
Clinic, Seven				
Trees, Baring				
Street				

The Seven Trees School Clinic and the Child Guidance Clinic are open throughout the year. The other clinics are closed during school holidays apart from specially arranged appointments.

Cases treated at School Clinics and elsewhere.

The number of cases treated by the school health service staff and those known to have been treated elsewhere are given for the various defects in Table 3 at the end of this report.

Eye diseases, defective vision and squint (Table 3A).

Three hundred and seventy cases of external diseases of the eye were treated, 105 at school clinics and the remainder at the Royal Eye Infirmary. All the 1,410 children with errors of refraction and the 1,015 children prescribed glasses were dealt with at the Eye Infirmary.

Diseases and defects of the ear, nose and throat (Table 3B).

The school medical officers referred 107 children to the consultant ear, nose and throat surgeons compared with 80 in 1964 and 46 in 1963.

All the 79 cases shown as receiving treatment were treated at school clinics. No figures are available of the amount of operative treatment carried out at hospitals.

Eighteen children were known to have been provided with hearing aids, compared with 9 in 1964 and 6 in 1963.

Diseases of the skin (Table 3D).

All the 1,044 cases of skin diseases were treated at school clinics (988 in 1964).

Thirty-six cases of scabies were treated, compared with 40 in 1964. Ringworm of the body increased to 16 cases in 1965 from 10 cases in 1964 and impetigo increased to 296 in 1965 (145 in 1964).

Three children were referred by medical officers to the consultant dermatologist.

#### REPORT OF DR. H. W. HASKINS

#### School Medical Officer

Plantar Warts The treatment of plantar warts at Stonehouse Clinic continued along the same lines as detailed in the annual report for the year 1963.

The following table gives an analysis during the year 1965:

on and named Palitic SA	Male	Female	Total
1. Total number of cases sent for	136	166	302
2. Total number of cases who attended	89	93	182
3. Total number of plantar warts removed (Warts in other sites were also treated in a number of the cases)	140	197	337
4. Number who attended for follow-up	89	64	153

It will be noticed that this is a considerable increase over the previous year when 130 patients were sent for and 92 actually attended.

It will be seen that of the 302 patients given appointments 120 failed to attend, mostly without giving any reason.

Other Defects The number of children referred by school medical officers to the various consultants was as follows:

Paediatrician	 40
Orthopaedic Surgeons	 23
General Surgeons	 29
Chest Physician	 4
Child Guidance Clinic	 42

# REPORT OF DR. L. N. TRETHOWAN School Medical Officer

Enuresis The treatment of bed-wetting by the issue of Eastleigh alarms continued to produce satisfactory results during 1965.

Twenty more alarms were purchased in 1965. It is hoped that this increase will keep pace with the ever-increasing waiting list.

Although some makers consider that these alarms are suitable from age 4 to 5 years, experience has shown that there is little success under the age of 8. Children responding best are in the 8 to 10 age group.

The total number of children treated during 1965 was 82 and of these:

47 ... were cured

15 ... are responding and are nearly ready to return the alarm

8 ... are responding slowly and present problems

5 ... alarms were recalled because of improper use

7 ... alarms were returned as the children left the district

The rate of success was 77%. The average length of time for cure was 2.75 months. Fourteen children were dry in the first week.

#### REPORT OF MISS C. BROWNLOW

#### Speech Therapist

There is an establishment for two speech therapists but since Miss Nixon resigned in March, 1965, it has not been possible to find a replacement except for a few months' part-time work from Mrs. Tozer who left in August.

As far as possible those children who had started treatment have continued with it, this means that with the reduction of sessions, there is considerable delay in starting the treatment of new referrals and the waiting list which existed even when there were two wholetime staff is now very much longer.

The full list of clinics and schools attended given in the report for 1964 has now been reduced to the following:

Seven Trees Clinic ... ... 3 sessions per week
North Prospect Clinic ... 2 sessions per week
Honicknowle Clinic ... 1 session per week
Ernesettle Primary School ... 1 session per week
Bull Point Primary School ... 1 session per week
Whitleigh Primary School ... 1 session per week
Austin Farm Primary School ... 1 session per week

The total number of children treated during the year was 295. Seventy-seven children were discharged, 64 of these being dyslalic, 7 had stammers, 2 cleft palates and 3 hard of hearing.

A number of children have been placed on review to be seen several months after the cessation of treatment to ensure that no deterioration in their speech has taken place.

REPORT OF MR. R. M. MAYNARD

Principal School Dental Officer

Dental Inspection and Treatment

Staff

In January, Mr. Gray was taken ill and died the following October at the regrettably early age of fifty-nine.

Mrs. Young, B.D.S., took over his duties and was put on the permanent staff after his death.

The dental auxiliary, Miss A. Sheppard, completed her second year of duty by the end of 1965.

While the permanent teeth are being increasingly better looked after, with the growing assistance of the G.D.S. dentists; there is still scope for further attention to the conservation of the temporary teeth; and these auxiliaries handle these young children very well and do good work. This work involved two or three visits each year for inspection for each child and further visits for the fillings. These visits must be short, or the child's tolerance will be exhausted. Unfortunately the mother of a young family may find the frequent visits to a clinic a deterrent, especially if she has to bring other children with her, if there is no one at home to supervise them. It is not, therefore, difficult to see why those who have seen the New Zealand system working, would like to see dental auxiliaries working at the schools. It would not involve great expense if the medical inspection rooms, built in new schools since the war, were used for this purpose; mobile spittoon, chair, engine, table and instruments, could be moved at weekends by Local Authority van. Not that the journey to the clinic is the only deterrent to the conservation of the temporary teeth, for in some areas, the mother on hearing that such treatment is necessary, merely makes a mental note to have the tooth out when it hurts - nevertheless greater sophistication and a desire dentally to keep up with the Joneses is showing even in the least promising areas.

During the year the Department of Education and Science suggested that the time was ripe for twice-yearly inspections and a recall system has been inaugurated to recall children for examination six months after a course of treatment is completed at the clinic; such a recall system is obviously necessary in the case of the temporary teeth, where decay is so rapid.

Those who return a consent form issued at school dental inspections, opting for a private dentist, or refuse treatment, or who fail to return a form at all, continue to be inspected once a year as previously at the school. It is dubious whether General Dental Service dentists (i.e. private dentists) would be enamoured of having their patients examined twice a year by school dentists, or whether parents refusing treatment, would be any more likely to accept treatment, if inspections were twice a year. Those who fail to return the form may be divided into those who are essentially refusing treatment and those who are making their own arrangements with a G.D.S. dentist. A twice-yearly inspection of all school children at the schools would cost more money in dental surgeon's time.

In this connection the following figures are of interest, as showing acceptance rates, since the names of dentists on the Local Executive Council lists were put on the back of the notification of 'treatment required' form, sent out after the school inspection

	Number Number Number Number on inspected requiring refuser treatment treatment		A Number referred for treatment	B Number accepting treatment at school clinic	Number accepting treatment by G.D.S. dentists		
1963			15,618	5,620	6,314*		
1964	31,821	29,352	15,731	15,731 14,559	5,137	6,357	3,065
1965	32,891	28,668	15,055	13,374	4,660	5,764	2,950

G.D.S. - General Dental Service Dentist

<sup>\*</sup> This figure includes some for 1962 as the scheme was started at the end of 1962

A further reason for the non-return of forms is the failure of the child to take the form from the school to its parent. Just as all parents do not return the forms after the school inspection, so all dentists do not return the forms sent on to them.

A Number						
	of forms sent to dentists	Treatment completed	Failed to complete treatment	Failed to keep appoint- ment	Failed to request appoint- ment	(Unaccounted for)
1964	6,357	1,943	164	72	1,411	2,767
1965	5,764	1,822	192	184	1,336	2,407
TOTALS	12,121	3,765	356	256	2,747	5,174

Those unaccounted for might, however, actually come under any of the headings under B, as some dentists do not bother to return all the forms; the figures under B, therefore, represent the minimum figures. Hence in 1964 and 1965 of 12,121 sent to private dentists at least 3,359 did not receive full treatment. The contribution of the G.D.S. dentist is, however, considerable and of the 28,668 children inspected in 1965 it was estimated that 8,212 (34%) had been treated by private dentists.

#### Orthodontic Treatment

1965
1000
124

While the figures for orthodontics are up in 1965 we have stopped issuing the special notice advising the need of orthodontic treatment to children who are obviously attending their own dentist. It is not certain, however, that all G.D.S. dentists wish to undertake orthodontic treatment and some of them might be prepared to refer cases to a purely orthodontic department, i.e. one which was not likely to draw away the conservative work. The practice of referring all but the simplest cases to the consultant orthodontist was continued and out of the 124 new cases commenced, 98 were referred for his advice.

#### Three-year Olds

At the suggestion of the Department of Education and Science a form is now being distributed by the Maternity and Child Welfare Department to the mothers of three-year olds offering inspection and treatment, together with a pamphlet on the care of the children's teeth. It is suggested that parents should arrange to have their children's teeth examined from the age of three years onwards by either their own dentists or at one of the school clinics.

#### Dental Education

Dental education has been limited to the same lectures and pamphlets as in 1964, except for the issue of a pamphlet to the mothers of three-year olds. It would seem reasonable before changing or extending the amount of dental education to await the results of the investigations being made by the department into the incidence of caries in those areas where dental education has been most highly developed in recent years.

Mass Radiography of School Leavers

One thousand, eight hundred and ninety children were given a chest X-ray and 1,890 were satisfactory.

Vaccination Immunisation

The information given here refers only to school children dealt with by school medical officers at school clinics. The complete figures are given in the immunisation and vaccination section of the report of the Medical

Officer of Health.

#### 1. B.C.G. Vaccination against Tuberculosis

Children born in 1951 and earlier were dealt with during the year and the percentage of those accepting in the 1951 age group was 73.8% compared with 69.6% for the 1950 age group in 1964.

The percentage of primary positives on Mantoux testing was 4.4% for the 1951 age group. The steady reduction of this percentage from 20.7% for the 1940 age group tested in 1954 when the scheme was started to its present low figure indicates how much the amount of tuberculosis in the general population has fallen in these years.

The following are the figures for 1965:

Matte Water of Sections	Age Group	No. Given preliminary Mantoux Test		itoux itive	Number vaccinated with B.C.G.	
a' distille children's		Mantoux 1 est	No.	%	with B.C.G.	
1951 Age Group:				- 11/1-1	Trachitets	
No. in Group=2,953	1951	1,886	83	4.40	1,716	
Acceptances=2,180	1950	103	2	1.94	101	
% Acceptances=73.82	1949	15	-	-	15	
	1948	2	-	-	2	
TOTAL		2,006	85	4.2	1,834	

#### 2. Immunisation against Diphtheria

Number of children completing full	primary	cours	es	250
Number given reinforcing doses				1,477

### 3. Immunisation against Tetanus

Number of children completing	full primary courses	1,179
Number given reinforcing doses		675

School children immunised against tetanus are issued with a small card showing the dates of the primary course and any subsequent reinforcement doses. It is hoped that the parents or the child will be able to produce the card for the information of the doctor who has to deal with any injury the child may receive later in life. Reliable information on previous immunisation against tetanus is invaluable when a decision has to be made on whether specific anti-tetanus is necessary after an injury.

#### 4. Vaccination against Poliomyelitis

Number of children completing full primary courses	345
Number given reinforcing doses	457

The information given here refers only to school children attending the authority's schools. The complete figures are given in the report of the Medical Officer of Health.

Number of cases of infectious diseases notified in school children

				1965	1964	1963
Diphtheria				-	_	1
Dysentery			·	11	14	81
Encephalitis				-	1	3
Erysipelas				1	-	_
Food Poisoning	g			9	11	5
Measles				1,349	245	1,398
Meningococcal	Infe	ctions		_	3	_
Paratyphoid				-	-	1
Poliomyelitis				4	-	-
Pneumonia				15	13	13
Scarlet Fever				31	27	31
Tuberculosis				11	18	16
Whooping Cou	gh			15	77	54
Puerperal Pyre	exia			1	_	-

Maker Camp

The medical and nursing arrangements were the same as in previous years with one of the nurses in residence for the whole period the camp was occupied by children.

Children's Homes

The medical arrangements for the Children's Homes remained unchanged in 1965. Eighty-two visits were made to Parklands by a medical officer. Of the new admissions, 3 required treatment for defective vision, 1 treatment for impetigo, 1 treatment for plantar warts and 5 dental treatment.

Eight routine visits were also made by medical officers to the other three Children's Homes and 72 children were medically examined.

School Meals The number of children taking dinners at school and Milk again increased and the daily average number was 14,929 in September, 1965, compared with 13,037 in 1964 and 12,392 in 1963. 50.6% of children present at school on a selected date in 1965 were taking the school dinner compared with 44% on the same date in 1964 and 40.6% in 1963. One hundred and sixty-six school meals' staff were examined on engagement and forty re-examined.

On the same day that the figures for dinners were taken, 80.6% were taking milk, compared with 81.6% in 1964.

STATISTICAL TABLES

MEDICAL INSPECTION OF PUPILS ATTENDING MAINTAINED PRIMARY AND SECONDARY SCHOOLS (INCLUDING NURSERY AND SPECIAL SCHOOLS)

TABLE 1A-PERIODIC MEDICAL INSPECTIONS

Pupils found to require treatment (excluding dental diseases and	min)	ii ii	recorded at pupils Part II	(7)			412 433		116 146				970		1,417 1,862	
Pupils found (excluding d infestatio			(excluding squint)	(9)	1	31	47	47	40	11	15	18	217	09	604	Col. (4) total as a
No. of pupils found not	a medical	examination		(5)						7 1,683						Col. (4)
ondition	Unsatis-	Jactory	No.	(4)	1	1	1	1 1	1	1	1	1	1 -	٠ ا	61	
Physical Condition of Pupils Inspected	Satis-	Jactory	No.	(3)	19	1,192	1,856	740	473	168	109	87	1 972	366	7,313	Col. (3) total as a
No. of	who have	full medical	examination	(2)	19	1,193	1,856	740	473	168	109	87	1 973	366	7,315	Col. (3)
Age Groups	(By year	(mund fo		(1)	1961 and later	_	1959	1957	1956	1955	1954	1953	1992	1950 and earlier	TOTAL	

162

## TABLE 1B

Number of Special Inspections ...

#### OTHER INSPECTIONS

4,399

Only by forced whisper test

at 20 feet

\*School Nurses

		Number of Re-inspections	2,858
		Total	7,257
		TABLE 1C	
		INFESTATION WITH	VERMIN
(a)	To	otal number of individual examinations	of pupils in schools
		by school nurses or other authorised per	rsons 139,901
(b)		otal number of individual pupils found t	
(c)		umber of individual pupils in respect	
(4)		notices were issued (Section 54 (2), Educ umber of individual pupils in respect	
(d)		orders were issued (Section 54 (3), Educ	
			200
	T	ABLE 1D.—Screening Tests of	VISION AND HEARING
1.	(a) (b)	Is the vision of entrants tested? If so, how soon after entry is this done?	Yes During first or second term at school
2.		If the vision of entrants is not tested, at what age is the first vision test carried out?	
3.		How frequently is vision testing repeated throughout a child's school life?	Annually
4.	(a) (b)	Is colour vision testing undertaken? If so, at what age?	Yes At 13+ to 14+ years
	(c)	Are both boys and girls tested?	Yes
5.		By whom is vision and colour testing carried out?	*School Medical Officers and School Nurses
6.	(a)	Is audiometric testing of entrants	

\* The school nurses do all the preliminary vision and hearing tests and refer any children who appear to have defective vision and/or hearing to the School Medical Officers.

...

...

Only the School Medical Officers do the colour vision testing.

(b) If so, how soon after entry is this done? As 1 (b)

...

If the hearing of entrants is not tested,

By whom is audiometric testing

at what age is the first audiometric

carried out?

carried out?

test carried out?

7.

8.

# DEFECTS FOUND BY MEDICAL INSPECTION DURING THE YEAR TABLE 2A

# PERIODIC INSPECTIONS

			Periodic Inspections											
Defect	Defect on Disease	Ent	rants	Lea	vers	Oti	hers	To	otal					
No. (1)	Defect or Disease (2)	(T) (3)	(O) (4)	(T) (5)	(O) (6)	(T) (7)	(O) (8)	(T) (9)	(O) (10)					
4 5	Skin Eyes—	86	39	130	24	55	17	271	80					
0	(a) Vision (b) Squint (c) Other	99	112 19 14	377 39 13	68 10 33	138 30 9	93 14 12	604 168 36	273 43 59					
6	Ears— (a) Hearing (b) Otitis Media (c) Other	39	88 53 15	5 7 8	23 6 4	7 12 15	77 15 10	25 58 34	188 74 29					
7 8	Nose and Throat Speech	121	167	30 6	12 12	46 32	61 45	197 105	240 122					
9	Lymphatic Glands Heart	5 60	14 48 81	3 18	20 28	2 4 33	3 11 20	3 12 111	17 79 129					
11 12	Lungs Developmental— (a) Hernia	8	24	10	1	3	6	111	31					
13	(b) Other Orthopaedic—	3	102	7	3	8	31	18	136					
	(a) Posture (b) Feet (c) Other	5 61 49	8 71 42	6 22	8 21	6 27 13	2 15 26	15 94 84	12 94 89					
14	Nervous System— (a) Epilepsy	21 6	4 18	13	2 6	17 9	5 19	51 21	11 43					
15	(b) Other Psychological— (a) Development	5	27	1	94	11	196	17	317					
16	(b) Stability Abdomen	12	39 26	3 2	8 5	24 2	33 12	39 17	80 43					
17	Other	41	125	56	11	66	47	163	183					

(T) = Requiring Treatment. (O) = Requiring Observation.

TABLE 2B
SPECIAL INSPECTIONS

D.C.			Special I	nspections
Defect Code No.	Defect or Dis	Pupils requiring Treatment (3)	Pupils requiring Observation (4)	
4.	Skin	 	661	12
5.	Eyes—			
	(a) Vision	 	349	65
	(b) Squint	 	21	1
	(c) Other	 	69	1
6.	Ears—			
	(a) Hearing	 	22	20
	(b) Otitis Media	 	22	4
	(c) Other	 	58	2
7.	Nose and Throat	 	27	8
8.	Speech	 	41	-
9.	Lymphatic Glands	 	-	-
10.	Heart	 	1	1
11.	Lungs	 	14	5
12.	Developmental—			
	(a) Hernia	 	1	-
	(b) Other	 ***	2	-
13.	Orthopaedic—			
	(a) Posture	 	_	1
	(b) Feet	 	5	-
	(c) Other	 	39	7
14.	Nervous System—			
393	(a) Epilepsy	 	-	-
	(b) Other	 	15	4
15.	Psychological—			
	(a) Development	 	12	2
	(b) Stability	 	69	10
16.	Abdomen	 	-	_
17.	Other	 	302	14

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+ 5																				_							
eatmen		ects by	Not U.T.	69	38	- 2		1 -	4	6	1	1	1 1		1 -	-	-	7	-		1 .	-	1	1	1	25	154
ider Tr	LEAVERS	New Defects Only	U.T.	47	95	C1 <del>4</del>			+ 00	13	-	10	1 00		1 -	-	1	2	12		4.	4	1	-	2	11	212
U.T.—Under Treatment	LEA	Total Defects	Treatment Old & New	130	377	39		ro t	- 00	30	9	10	18		11	,	. 4	9	22		13	0		. 60	2	56	756
	TES	w cts	Not U.T.	23	35			4 -	12	7	œ -	-	1 4		8	c	4	12	7		1 -	-	ıc.	00	1	29	169
ENT	RMEDIA: (Selected)	New Defects Only	U.T.	21	41	0 io		C1 =	03 1	25	4	1 -	18		1	1	1	4	2		0 -	1	4	6	-	16	181
TREATMENT	INTERMEDIATES (Selected)	Total Defects Requising	Treatment Old & New	55	138	30	,	10	15	46	35	7 4	33		800	0	9	27	13	t,	7	n	11	24	2	99	569
IRING		Not	Ü.T.	39	20	8	(	8 4	6	14	43	1 -	15		40	0	4	33	22			-	4	9	3	19	290
REQU	ENTRANTS	UT		47	69	983	,	03	201	107	24	1	45		4	1	-	28	27	00	07	c	-	9	10	22	539
DEFECTS REQUIRING	ENTI	Total Defects Requiring	Treatment	98	68	99		13	11	121	67	- u	09		000	0	5	61	49		17	0	ıc	12	13	41	829
TABLE 2C-NEW	Defect or Disease			Skin		(b) Squint	Ears—	(a) Hearing		nd Throat	Speech	ands	Lungs	pmental-	(a) Hernia	Orthopaedic—	(a) Posture	(b) Feet	(c) Other	Nervous System—		Derrobological	(a) Development		nen	:	Totals
-		Defect Code No.		4 4	0		9			7	00 0	9 5	11	12		13				14		4	CI		16	17	100

TREATMENT OF PUPILS ATTENDING MAINTAINED PRIMARY AND SECONDARY SCHOOLS (INCLUDING NURSERY AND SPECIAL SCHOOLS)

## TABLE 3A.—EYE DISEASES, DEFECTIVE VISION AND SQUINT

				Number of cases known to have been dealt with
External and other, excluding errors		refraction	on an	
squint				370
Errors of refraction (including squint)				1,410
	773			1 700
	LOT.	AL		1,780
Number of pupils for whom spectacles w	ere	prescrib	ed	1,015

### TABLE 3B .- DISEASES AND DEFECTS OF EAR, NOSE AND THROAT

					Number of cases known to have been dealt with
Received operative treatment-	-				
(a) for diseases of the ear					_
(b) for adenoids and chron	ic ton	sillitis			_
(c) for other nose and thro	oat co	nditions			_
Received other forms of treatn	nent				79
		Тоты	L		79
Total number of pupils in sch have been provided with hear			know	n to	
(a) in 1965					18
(b) in previous years					60

#### TABLE 3C.—ORTHOPAEDIC AND POSTURAL DEFECTS

PER LA COMPANIE DE LA	Number of cases known to have been treated
(a) Pupils treated at clinics or out-patients departments	all More - Ma
(h) Pupils treated at school for postural defects	-

# TABLE 3D.—DISEASES OF THE SKIN (Excluding uncleanliness, for which see Table 1c).

	Number of cases known to have been treated
tingworm—	
(a) Scalp	16
(b) Body	36
	296
ther skin diseases	696
the skill discuses	
Total	1,044
TABLE 3E.—CHILD GUIDANCE TREA	Number of cases known to have been treated
Pupils treated at Child Guidance Clinics	242
	Number of cases known to have been treated
Pupils treated by speech therapists	295
	GIVEN
TABLE 3G.—OTHER TREATMENT	Number of cases
	known to have been dealt with
	known to have been
a) Pupils with minor ailments	known to have been dealt with
a) Pupils with minor ailments	known to have been dealt with
a) Pupils with minor ailments b) Pupils who received convalescent treatment under School Health Service arrangements c) Pupils who received B.C.G. Vaccination	known to have been dealt with 4,116
a) Pupils with minor ailments b) Pupils who received convalescent treatment under School Health Service arrangements	known to have been dealt with 4,116

TABLE IV.
DENTAL INSPECTION AND TREATMENT

		A	ges		Total
ATTENDANCES AND TREATMENT:	5 to 9	10 to	14	15 +	1 otat
First Visit	2,615	2,10	35	509	5,289
Subsequent Visits	3,123	3,99	99	907	8,029
Total Visits	5,738	6,10	34	1,416	13,318
Additional Courses of treatment commenced	326	18	81	63	570
Fillings in permanent teeth	2,121	4,69	91	1,419	8,231
Fillings in deciduous teeth	2,734	10	65		2,899
Permanent teeth filled	1,707	4,0	93	1,306	7,106
Deciduous teeth filled	2,512	1:	58		2,670
Permanent teeth extracted	147	6	86	191	1,024
Deciduous teeth extracted	2,625	5	96		3,221
General anæsthetics	1,049	4:	35	70	1,554
Emergencies	139	1'	72	74	385
Number of pupils X-ray	yed		24	6	
Prophylaxis			29	9	
Teeth otherwise conserv	ved		33	39	
Number of teeth root fi	lled			9	
Inlays	***			1	
Crowns			1	14	
Courses of treatment co	ompleted		4,58	37	
ORTHODONTICS Cases remaining from	previous	year	5	57	
New cases commenced	during y	ear	12	24	
Cases completed during	year		7	72	
Cases discontinued duri	ing year		1	12	
No. of removable appli	ances fitt	ed	15	59	
No. of fixed appliances	fitted		1	11	
Pupils referred to hospit	tal consul	tant	9	98	

			Total		
Prosthetics		5-9	10-14	15 +	1 0144
Pupils supp (first time	lied with F.U. or F.L.	-	2	-	2
Pupils suppl (first time	ied with other dentures	2	10	8	20
Number of d	lentures supplied	4	9	6	19
Anæsthetics	General anæsthetics adn	ninistered	l by Denta	l Officers	111
Inspections	number of	pupils	27,409		
	(b) First inspection at o	elinic – nu	umber of p	upils	1,499
	Number of (a) + (b) for	and to re	quire treat	tment	15,857
	Number of (a) + (b) of	fered trea	atment		13,266
	(c) Pupils re-inspected	at school	clinic		2,541
	Number of (c) found to	require t	treatment		114
Sessions	Sessions devoted to trea	atment			1,843
	Sessions devoted to insp	pection			254
	Sessions devoted to Der	tal Heal	th Edwart	ion	42

Ages

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