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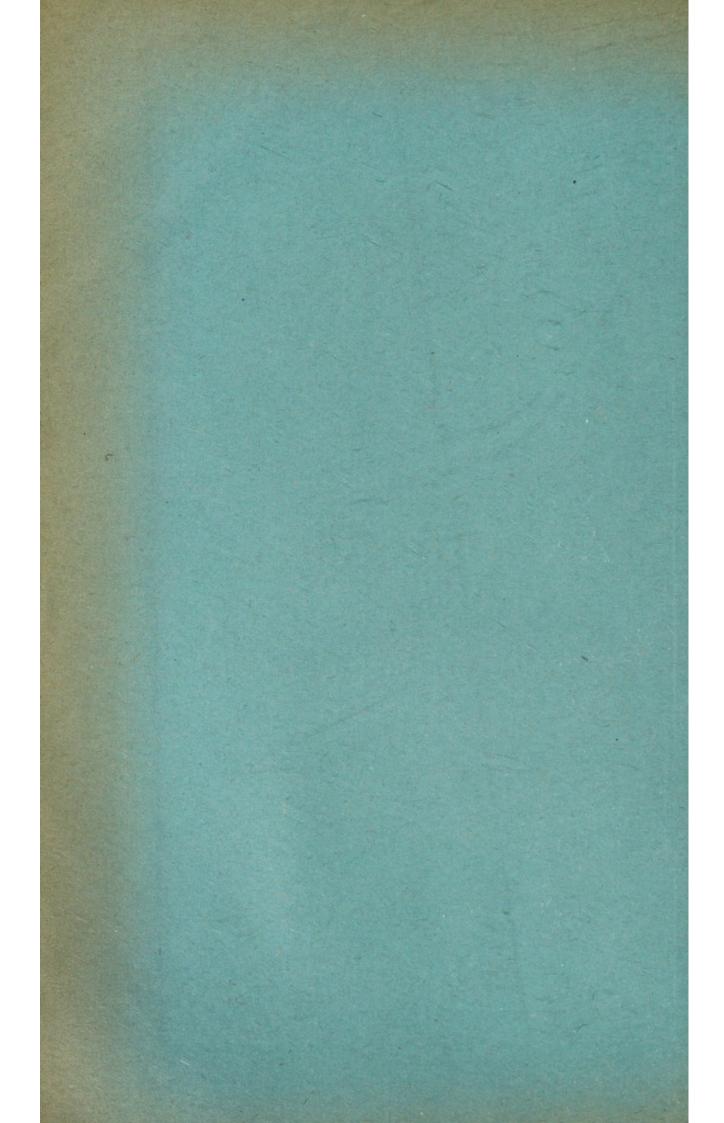
CITY OF PLYMOUTH

# ANNUAL REPORT

OF THE

MEDICAL OFFICER OF HEALTH

FOR THE YEAR 1949



Pack 15/9/50



CITY OF PLYMOUTH

# ANNUAL REPORT

OF THE

MEDICAL OFFICER OF HEALTH

FOR THE YEAR 1949

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#### HEALTH COMMITTEE

The following members of the City Council served on the Health Committee during the year :--

Chairman: Alderman (Mrs.) J. Marshall.

Vice-Chairman: Alderman (Mrs.) C. Daymond.

Councillors E. Ashworth, (Mrs.) E. Broad, Dr. M. E. Gordon, I. C. Lowe, Dr. G. H. Miles, (Mrs.) L. Newbery, C. S. C. Prance, P. N. Washbourn, W. J. Wilks, L. J. L. Russell. Dr. N. Goodbody, Dr. J. N. Morris.

#### AMBULANCE SUB-COMMITTEE

Chairman: Alderman (Mrs.) J. Marshall.

Alderman (Mrs.) C. Daymond, Councillors (Mrs.) E. Broad, Dr. M. E. Gordon, (Mrs.) L. Newbery, W. J. Wilks.

Mr. C. S. C. Prance, Mrs. H. Vellacott, Rev. Hilliard, Mr. H. L. Spear, Mr. F. Warren.

#### MENTAL HEALTH SUB-COMMITTEE

Chairman: Alderman (Mrs.) J. Marshall.

Alderman (Mrs.) C. Daymond, Councillors (Mrs.) E. Broad, Dr. M. E. Gordon, Dr. G. H. Miles, (Mrs.) L. Newbery, L. J. L. Russell.

### EDUCATION COMMITTEE

Chairman: Alderman H. G. Mason.

Vice-Chairman: Councillor L. F. Paul.

Aldermen (Mrs.) C. Daymond, F. T. Hicks, H. J. Perry, S. C. Potter, and H. S. Sangwell.

Councillors G. N. Bradley, (Mrs.) P. Colmer, G. R. Delaforce, F. J. Flawn, A. A. H. Hampton, L. G. Hicks, N. W. Lamb, R. G. Mills, (Miss) K. Pryor, T. H. L. Stanbury, F. J. Stott, L. Trebilcock, and P. N. Washbourn.

Rev. Canon N. Clarke, Mr. F. C. Collier, Rev. W. F. Grey, Mrs. M. Jolly, Mr. H. Jones, Miss E. M. Leigh, Mr. F. M. Ryall, Mr. H. G. Taylor, Mr. W. Lishman and Rev. J. Twohig.

### EDUCATION COMMITTEE

### (SPECIAL SERVICES SUB-COMMITTEE)

Chairman: Alderman F. T. Hicks.

Aldermen (Mrs.) Daymond, H. G. Mason, S. C. Potter and H. S. Sangwell.

Councillors G. R. Delaforce, A. A. H. Hampton and F. J. Stott

Miss E. M. Leigh, Rev. W. F. Grey, Rev. J. Twohig. Mrs. M. Jolly and Mr. F. J. Collier. Mr. H. Jones, Mr. W. F. Lishman.

#### HEALTH OFFICERS OF THE AUTHORITY

#### MEDICAL

- T. Peirson, M.D., M.R.C.S., L.R.C.P., D.P.H., Medical Officer of Health; Port Medical Officer; School Medical Officer.
- G. B. Carter, M.D., D.P.H., Deputy Medical Officer of Health; Deputy Port Medical Officer.
- T. H. Harrison, M.B., L.M.S.S.A., D.P.H., Senior School Medical Officer.
- H. T. Chatfield, M.C., M.B., D.P.H., Clinical Tuberculosis Officer. (In conjunction with the Regional Hospital Board).
- R. St. J. Harold, L.R.C.P. AND S.I., D.P.H., Assistant Clinical Tuberculosis Officer. (In conjunction with the Regional Hospital Board).
- Marion Smellie, M.A., M.B., D.P.H., Senior Maternity and Child Welfare Medical Officer.
- N. R. Matheson, M.B., CH.B, C.P.H., Senior Mental Health Medical Officer.
- Mildred A. Thynne, M.R.C.S., L.R.C.P., B.P.H., Assistant Maternity and Child Welfare Medical Officer.
- Hertha M. Tietze, M.D., Assistant Maternity and Child Welfare Medical Officer.
- Evelyn Steed, M.D., M.R.C.P., Assistant Maternity and Child Welfare Medical Officer.
- F. R. Philps, M.R.C.S., L.R.C.P., M.B., B.S., D.P.H., Assistant Port Medical Officer.
- M. J. Brosnan, M.B., CH.B., B.A.O., D.P.H., Assistant School Medical Officer.
- Janet Sutherland, M.B., CH.B., M.R.C.S., L.R.C.P., D.C.H., Assistant School Medical Officer.
- L. N. Trethowan, M R.C.S., L.R.C.P., Assistant School Medical Officer.

#### DENTAL

Senior Dental Surgeon:—
A. Maughan, M.C., L.D.S.

Dental Surgeons:-

W. E. Faulkner, L.D.S. (Commenced 3rd January, 1949. Resigned 30th June, 1949).

J. F. Gray, L.D.S., R. M. Maynard, L.D.S., E. R. Williams, L.D.S., Mrs. M. Owen, L.D.S. (part-time).

#### OTHER STAFF

Chief Sanitary Inspector:—
C. E. Sanderson, F.R.SAN.I.\*†‡

Port Sanitary Inspector:—
A. S. Kitt.\*†

Meat Inspector:—
P. A. Hawthorn.\*†

Superintendent Health Visitor:—
Miss M. Hornby, S.R.N., S.C.M.

Assistant Supervisor of Midwives:— Miss J. Casey, s.R.N., s.C.M.

Chief Clerk:— C. L. Marsh.

Chief Clerk, School Health Department:— E. T. Perkins.

Ambulance Officer:—
R. D. Sampson, s.B.ST.J.

Home Help Organiser: — Mrs. P. Nodder.

City Meteorologist:—
G. H. Ivory.

\* Sanitary Inspector's Certificate.

† Meat Inspector's Certificate.

‡ Sanitary Science Certificate.

To the Lord Mayor, Aldermen, and Councillors of the City of Plymouth.

I have the honour to present to you my Annual Report on the health of the City of Plymouth for the year 1949.

The Registrar General's mid-1949 estimate of the civilian population of the City was 190,860, which compares with that of 215,500 in 1939. The population has steadily increased each year since the low figure of 127,300 in 1942 after the heavy air attacks of the last war.

Of all the Local Authority's functions that which has the most profound and lasting effect upon the health of the community is, without doubt, the improvement of housing conditions. It is quite impossible to expect a people to attain a high degree of health and happiness until they are adequately housed. Overcrowded and insanitary dwellings affect both physical and mental health and are a fruitful source of family break-up.

The City Council have reason to be proud of their achievement in the provision of houses since the war. Up to July, 1950, a total of 6,350, including 2,250 pre-fabricated dwellings, had been erected by the Local Authority and a further 1,008 new or rebuilt by private enterprise. Although a great deal had been done up to the outbreak of war in 1939 in clearing areas of slum dwellings, there is still a considerable amount of work requiring attention. It is to be hoped that this will be resumed very shortly.

The work of the various services of the department are described in detail in the report which is submitted in the form required by the Ministry of Health.

I take this opportunity of recording my appreciation of the loyal work of my staff.

I am, my Lord Mayor, Ladies and Gentlemen, Your obedient servant,

T. PEIRSON.

SEVEN TREES,
LIPSON ROAD,
PLYMOUTH.
August, 1950.

# Statistics and Social Conditions of the Area

Area in acres (Land	and I	nland W	Vater)	9,515
Rateable value of the	ne City			£1,701,637
Sum represented by	the pe	enny rat	e (estimat	ted) £6,824
Registrar-General's e	estimat	e of the	civilian p	opulation 190,860
No. of marriages in	the Ci	ity durin	ig 1949	1,774
No. of unemployed p	ersons	in the C	ity on the	e 31st December,
		Ag	e.	Total.
Men		18 and	over	1301
Boys		15-17		43
Women		18 and	over	1069
Girls		15-17		96
			Tota	al 2509
Live Births.	M.	F.	Total.	
Legitimate		1760	3512	Birth rate per 1,000
Illegitimate	127	130	257	of the estimated
megitimate	127	100		civilian population
	1879	1890	3769	=19.75.
	1073	1000	3703	=13.70.
Still-Births.	M.	F.	Total.	
Legitimate		50		Still-Birth rate per
Illegitimate	6	3	9	1,000 total (live
megitimate	0	0	9	and still) births
and the latest and th	45	53	98	=25.34.
				-20.01.
Deaths under 1 year	4 1 1 1 1			
	M.	F.	Total.	
Legitimate	67	52	119	Death rate of infants
Illegitimate	5	5	10	under 1 year per
0				1,000 live births
	72	57	129	=34.23.
				August 1960.

All Deaths. M. F. Tota 1296 1211 2507	7 Death of civ	h rate per 1,000 estimated ilian population 13.14.
Death-rate of Infants under one year of age:-	ourgains	
All infants per 1,000 live births (Total D	eaths 12	29) 34.23
Legitimate infants per 1,000 Legitimat		
(119)		33.88
Illegitimate infants per 1,000 Illegitimat	te Live	Births
(10)		38.91
Deaths from Puerperal Causes (headings 29 Registrar-General's Short List):—	and 30	of the
		Rate
		per 1,000 total
	Deaths.	(live and still-) births.
No. 29. Puerperal and post-		
abortive sepsis		_
No. 30. Other maternal causes	5	1.29
	5	1.29
	_	
Deaths from Gastro-Enteritis under 2 year	s of age	
Mortality Rate per 1,000 Live Births		2.12

Facilities.

The following table shows the bacteriological and pathological work carried out for the City at the South Devon and East Cornwall Hospital, Greenbank, Plymouth.

8,258 specimens were examined for the Public Health Authorities of the City. The nature of these examinations is as follows:—

Sputums for Tubercle				3,212
Swabs for Diphtheria				1,108
Bacteriological Counts on M	lilks			1,088
,, ,, W	Vaters			605
,, ,, Id	ce-Creams			204
Hairs for Ringworm				2
Bacteriological Examinations	s on Urines			263
" "	T. Swa	abs for	Vin-	
	cent	s organ	isms	45
" "		abs for		
		nolytic		050
	Strep	otocci		658
Blood Counts				284
Blood Agglutinations				181
Sections				75
Ascheim Zondeks		3		2
C.S.F. Examinations				100
Examinations of Faeces				35
Swabs for Measles				6
Bag flour				. 1
Puddings	,			5
Miscellaneous Examinations				384
				8,258
	1			0,200

Cancer.

Up to the present time figures relating to cancer which have been available to the Department have been those of death returns. For the first time reliable information is given regarding the incidence of cancer of the various parts of the body. I am indebted to the Director of the Devon and Cornwall Regional Cancer Organisation for these statistics.

CANCER REGISTRATIONS OF PLYMOUTH RESIDENTS FOR THE YEARS 1948 AND 1949

Site	1948	1949	Site	1948	1949
Lip	6	11	Breast	54	56
Tongue	7	- 8	Scrotum	2	
Other buccal cavity			Prostate	10	18
and pharynx	14	10	Other male genital		
Oesophagus	11	5	organs '	4	2
Stomach and duo-			Urinary organs	18	14
denum	43	37	Skin	60	54
Intestines other than			Brain and nervous		
duodenum or rec-			system	3	3
tum	28	19	Bones	3 5 5	4
Rectum	25	21	Thyroid gland	5	4 3
Liver and biliary			Nose or nasal cavity	1	-
passages	5	4	Lymphosarcoma	1	2
Pancreas	31	7	Primary lymphoa-		
Peritoneum	2	3	denopathies	9	6
Larynx and trachea	9	4	Leukaemia	6	6 7
Lung and pleura	18	31	Carcinomatosis	3	1
Cervix	26	24	Miscellaneous	2	2
Uterus	13	14			
Other female genital					
organs	16	19			
	2000	1000			

Cremation. The Council's crematorium was established in 1934 and the following figures show the use made of these facilities since that time:—

Year.	Cremations.	Year.	Cremations.	Year.	Cremations
1934	10	1939	374	1944	723
1935	123	1940	552	1945	834
1936	151	1941	448	1946	942
1937	253	1942	560	1947	896
1938	261	1943	665	1948	967
				1949	1432

#### CLIMATOLOGICAL OBSERVATIONS

TAKEN AT THE 'HOE', PLYMOUTH, DURING THE YEAR 1949

Alien man	1949	1948	50 Years Average
TEMPERATURES.	05.0	05.0	07.0
Maximum	85.3 (12th July)	85.0 (28th July)	87.0 (16/8/47)†
	(12th July)	(20th July)	(12/7/23)
Minimum	28.2	21.7	16.0
	(11th Mar.)	(21st Feb.)	(29/1/47)
			(1/2/47)†
Mean	54.0	51.8	51.4
Daily Range	11.5	10.7	10.8
Relative Humidity	75%	76%	82%
EARTH TEMPERATURES.	No the last		trailed have to
Earth 1 ft. deep	54.5	53.5	52.2*
Earth 4 ft. deep	54.6	53.7	52.6‡
Minimum on Grass	20.6	20.0	10.6
	(11th Mar.)	(1st Feb.)	(31/1/12)†
			The state of the s
SEA TEMPERATURE.			
Mean 6 ft. deep	55.2	53.9	53.2*
RAINFALL.		. 11 11	41611
Total during Year	32.17"	36.53"	37.45"
Greatest Daily Fall	1.59"	1.22"	2.27"
910111111	(20th Sept.)	(6th Nov.)	(17/11/16)†
No. Wet Days	167	198	188
SUNSHINE.	20.700	1000.0	1000.0
Total No. Hours	2025.2§	1830.6	1683.3
Greatest Daily Amount	15.1	14.9	15.3
No. Sunless Days	(1st July) 50	(8th July)	(3/6/06)† 62
No. Sunless Days	30	34	02
WIND.			
Prevailing Direction	W.	S.W.	S.W.
Highest Velocity (Gust)	Not	67	-
(m.p.h.)	available	(29th Jan.)	

<sup>†</sup> Denotes Absolute Record.

G. H. IVORY & PARTNERS,
CITY METEOROLOGISTS,
24 Athenaeum Street,
Plymouth.

<sup>\*</sup> Denotes a 45 Year Average.

<sup>†</sup> Denotes a 27 Year Average.

<sup>§</sup> Denotes Highest on Record.

TABLE I.

\* VITAL STATISTICS—PLYMOUTH—1914–1949.

	Estimated Mid-year	,		Infant	Cı	RUDE DE	ATH-RATE	S PER 1,	000 Popula	TION FRO	м
Year.	Population (a) Civilian (b) Total	Birth Rate.	Death. Rate.	Mortality Rate per 1,000	Measles.	Scarlet	Whoop-	Diph-	Tuberci	ulosis.	Cancer
	Resident.			Births.		Fever.	ing Cough.	theria.	Respira- tory.	Other Forms.	Canter
1914	212,421 (b)	23.70	15.50	109.70	.26	.05	.22	.25	1.23	.37	1.08
1915	187,911 (a)	19.90	17.40	119.30	.61	.04	.13	.23	1.26	.45	1.15
1916	184,473 (a)	21.60	16.10	90.60	.26	.02	.08	.28	1.37	.35	1.24
1917	179,375 (a)	19.39	16.44	96.95	.46	.01	.11	.17	1 25	49	1.33
1918	179,629 (a)	19.17	18.90	96.63	.31	.03	.32	.09	1.67	.49	1.16
verage	101 007 /	20.75	16.86	102.63	.38	.03	.17	.20	1.35	.43	1.19
1919	181,967 (a)	21.62	15.48	85.85	.16	.02	.02	.20	1.27	.40	1.38
1920 1921	189,218 (a)	26.35	14.48	74.78	.18	.00	.17	.19	1.03	.24	1.29
1921	199,860 (a)	21.21	12.5	77.52	.01	.02	.05	.06	1.04	.21	1.34
1923	200,370 (a)	19.65	14.4	74.31	.22	.01	.10	.07	1.09	.24	1.25
verage	193,017 (a)	19.49	12.7	50.67	.03	.00	.04	.05	1.04	.23	1.40
1924	192 900 (a)	21.66	13.91	72.62	.12	.01	.07	.11	1.09	.26	1.33
1925	197,378 (a)	18.16 18.1	14.3 12.2	81.53	.13	.00	.16	.11	1.08	.22	1.31
1926	187,300 (a)	17.2	12.3	63.0 71.9	.01	.01	.07	.04	0.91	.22	1.36
1927	187,600 (a)	16.5	12.0	61.0	.00	.02	.07	.18	0.95 0.97	.18	1.49
1928	187,600 (a)	17.0	12.0	69.2	.41	.01	.02	.17	0.85	.16	1.58 1.52
verage	107.000 (11)	17.59	12.5	69.32	.13	.01	.07	.12	0.95	.19	1.45
1929	199,000 (a)	16.5	12.6	59.5	.02	.02	.17	.13	0.84	.12	1.39
1930	199,000 (a)	15.9	11.8	60.0	.14	.03	.02	.11	0.84	.17	1.47
1931	191,800 (a)	16.4	13.5	66.8	.01	.01	.05	.08	0.69	.20	1.48
1932	208,440 (b)	15.59	12.55	58.44	.02	.04	.07	.09	0.78	.15	1.49
1933	206 200 (t)	15.67	13.23	58.16	.06	.01	.06	.08	0.86	.12	1.47
verage		16.01	12.73	60.58	.05	.02	.07	.10	0.80	.15	1.46
1934	203,450 (b)	15.7	12.05	53.69	.06	.00	.08	.07	0.82	.17	1.59
1935	203,600 (b,	15.0	12.25	59.70	.02	.00	.01	.11	0.56	.15	1.58
1936	206,400 (b)	14.8	12.25	55.86	.01	.00	.09	.19	0.60	.13	1.57
1937	210,460 (b)	14.6	12.79	45.88	.00	.00	.01	.08	0.70	.07	1.63
1938	211,800 (b)	15.6	11.95	53.25	.12		.05	.07	0.64	.13	1.54
verage	015 500 (1)	15.14	12.25	53.68	.04	.00	.05	.10	0.66	.13	1.58
1939	215,500 (a)	15.6	12.61 15.72	42.04 59.69	.02	_	.00	.11	0.64 0.83	.12	1.65 1.85
1940	197,800 (a)	16.6 16.43	23.87	77.49	.08		.07	.18	0.94	.15	2.25
1941 1942	149,300 (a)	22.12	15.51	51.82	.00		.01	.12	0.95	.23	2.51
1942	127,300 (a) 136,530 (a)	23.03	16.69	37.53	.06		06	.07	0.92	.20	2.34
	130,330 (a)	18.75	16.88	53.71	.03		.03	.20	0.85	.16	2.12
verage 1944	144,700 (a)	24.03	14.66	39.98	.00		.00	.02	0.86	.12	2.13
1944	157,580 (a)	24.27	15.55	55.96	.00		01	.03	0.79	.10	2.18
1946	176,070 (a)	24.26	13.87	46.11	.00	-	.02	.01	0.60	.14	2.06
1947	181,600 (a)	24.72	14.09	49.88	.05		.01	.01	0.77	.16	1.83
1948	188,940 (a)	21.36	12.25	29.73	-	1	.01	.00	0.73	.12	2.09
Average	100,010 (10)	23.73	14.08	44.33	.01		.01	.01	0.75	.13	2.06
1949	190,860 (a)	19.75	13.14	34.23	.00		.03	.00	0.62	.03	1.98

Note .- A series of dashes indicates that there were no deaths from that particular disease during that year.

A "0" preceding a decimal point indicates that in some previous year the rate was greater than unity.

A rate of .00 indicates that there were too few deaths during that year to be expressed as a rate to two decimal places.

CONTENTANT MANY

TABLE II.

VITAL STATISTICS—1914–1949.

	STILLI	BIRTHS.	INFANT N	MORTALITY	NEO-Mo	ORTALITY.		M	ATERNAL	MORTALITY		
YFAR.	No.	Rate per 1,000 Live and Still Births.	No. of Deaths under 1 year.	Rate per 1,000 Live Births.	No. of Deaths under 4 weeks.	Rate per 1,000 Live Births.	No. of Deaths.	Rate per 1,000 Live and Still Births.	No. of Deaths.	Rate per 1,000 Live and Still Births.	No. of Deaths.	Rate per 1,000 Live and Still Births.
1914 1915 1916 1917 1918 Average 1919 1920 1921 1922 1923 Average 1924 1925 1926	51 29 64 59 133 67 143 153 ? 134 129 139 125	10.02 6.80 14.51 17.57 33.24 16.43 33.70 27.61 ? 31.22 30.33 30.71 32.23 ?	553 505 394 376 373 <b>444</b> 352 403 347 309 209 <b>324</b> 306 243 262	109.7 119.3 90.6 96.95 96.63 <b>102.63</b> 85.85 74.78 77.52 74.31 50.67 <b>72.62</b> 81.53 63.0 71.9	215 145 140 137 132 <b>154</b> 135 182 153 102 <b>145</b> 128 117 106	42.68 34.26 32.20 35.33 34.20 <b>35.73</b> 32.93 33.78 34.18 36.81 24.74 <b>32.49</b> 34.11 30.54 29.12	5 6 4 2 5 4 5 4 3 4 5 4 6 3 3	.98 1.41 .90 1.50 1.25 1.21 1.18 .73 .67 .93 1.17 .94 1.54 .78 .83	22 17 20 15 14 17 18 22 12 17 12 16 19 15	4.32 3.98 4.53 3.81 3.50 4.03 4.24 3.96 2.68 3.96 2.82 3.53 4.90 3.91 2.19	27 23 24 17 19 22 23 26 15 21 17 20 25 18	5.30 5.39 5.43 4.31 4.75 <b>5.03</b> 5.42 4.69 3.35 4.89 3.99 <b>4.47</b> 6.44 4.69 3.02
1927 1928 Average 1929 1930 1931 1932 1933 Average 1934 1935	149 137 147 147 128 153 126 147 118 124 120	39.64 35.93 40.03 49.73 36.00 44.94 37.53 41.64 35.5 38.8 37.7	214 250 <b>255</b> 210 208 229 190 188 <b>205</b> 172 183 171	61.0 69.2 <b>69.32</b> 59.5 60.0 66.8 58.44 58.16 <b>60.58</b> 53.69 59.70 55.86	112 121 117 111 93 102 97 107 102 91 103 77	31.99 33.53 <b>31.85</b> 31.49 27.19 29.77 29.84 33.11 <b>30.28</b> 28.41 33.60 25.16	11 5 5 6 8 1 8 7 6 9 5	3.15 1.38 1.53 1.76 2.22 .29 2.35 2.08 1.74 1.81 2.82 1.57	16 17 15 11 18 8 12 13 12 8 7	4.56 4.71 4.05 2.86 5.00 2.33 3.52 3.87 3.52 2.40 2.19 1.26	27 22 20 17 26 9 20 20 18 14 16	7.71 6.09 <b>5.59</b> 4.62 7.22 2.62 5.87 5.95 <b>5.26</b> 4.21 5.01 2.83 5.32
1937 1938 Average 1939 1940 1941 1942 1943 Average 1944 1945 1946 1947 1948 Average	118 140 124 127 117 82 87 103 103 99 111 101 97 82 98	36.9 40.6 37.9 35.5 34.2 32.3 29.9 31.7 27.6 28.2 23.09 21.14 19.91 23.99	141 176 168 145 197 178 146 118 157 139 214 197 224	45.88 53.25 <b>53.68</b> 42.04 59.69 77.49 51.82 37.53 <b>53.71</b> 39.98 55.96 46.11 49.88 29.73 <b>44.33</b>	66 87 85 82 95 75 85 57 79 80 112 113 127 80	21.48 26.32 26.99 23.79 28.83 30.57 30.17 18.13 26.29 23.01 29.28 26.45 28.28 19.82 25.37	7 2 6 2 7 2 2 5 4 3 3 1 1 2 2	2.19 0.58 1.79 0.55 2.04 0.84 0.69 1.54 1.13 0.84 0.76 0.22	10 5 7 9 4 4 8 7 6 4 11 5 3	3.13 1.45 2.08 2.51 1.17 1.68 2.75 2.15 2.05 1.12 3.56 1.14 0.65 0.24	17 7 12 11 11 6 10 12 10 7 17 6 3 2	3.38 3.88 3.06 3.21 2.52 3.44 3.69 3.18 1.96 4.32 1.36 0.65 0.48 1.75

ET--ESTENDAN MATEVA . 0 .

## DEATHS UNDER FIVE YEARS OF AGE—BY CAUSES AND AGE GROUPS. (CLASSIFIED LOCALLY UNDER THE REGISTRAR-GENERAL'S DETAILED LIST)

FOR THE 52 WEEKS ENDED 31ST DECEMBER, 1949.

Cause of Death		Und		1-2	wh.	2-3	wk.	3-4	wh.	То	tal der	1-	-3	3	-6	6-	9	9-	12		tal der	1-	-2	2	-3	3	4	4	-5	1475	otal der
Cause of Death		M.	F.	M.	F.	M.	F.	M.	F.	1 n M.	sth. F.		hs.	M.	hs.	mti		M.	hs.	M.	yr.	M.	rs.	700	F.	M.	F.	M.	F.	M. 5	F.
CLASS 1. Cerebro-Spinal Fever		_					-																		-						0
Whooping Cough		-	-	1	-	1 2	1	-	0	1	-	1	1	-	1	-	2	-	-	2	2	-	1	2	1	-	-	-	-	2	3
Diphtheria Tuberculous Meningitis		-	-	-	-	-	-	-	-	-	-	-	-	1 2	-	-		-	-	-	-	1	-	-	-	-	-	-	-	1	-
		-	-	-	-	-	-	-	-	=	-	-	-	-	1	-	ī	1	-	-1	1 -	-	-	-	1 -	-	-	-	-	1	2
CLASS 3. Other general diseases		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	1	-	-	-	-		4	-	1
CLASS 6, Mental Disorders and Deficiency		-	-		-																						-		-		1
CLASS 8.	***		-	7	100	1	-	-	-	-	- 1	-	1	-	-	-	.~	-			1		-		170	-			7		
Bronchitis	***	-	-	-	-	-	-	-	-	-	-	1 5	-	-	1	-	2	-	-	1	-1	343	-	-	-	-	-	-	-	1	1
	***	-	-	1	-	1	-	1	-	3	-	5	6	6	3	2	1	1	- 1	17	1 10 2	1	1	1	1	-	-	-	-	19	12
Pneumonia (unspecified)		1	1	2	-	1	-	1	-	4	1	-	1 -	-	-	-	-	-	-	4	1	-	3	-	-	-	-	-	=	4	1
CLASS 9. Enteritis Hernia, Intestinal Obstru		-	-	-	-	-	-	1	-	1	-	1	-	4	-	-	-	-	-	6	-	-	1	-	-	-	-	-	2	6	1
tion	***	700	-	-	-	-	-	-	-	-	-	-	1	2	-	1	-	-	-	3	1	-	-	-	-	-	-	-	-	3	1
Other diseases of the ir testines		-	2	-	-	-	-	-	-	-	2	-	-	-	-	-	-	-	-	-	2	-	-	-	-	-	-	-	-	-	2
CLASS 10. Acute nephritis		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	1
CLASS 14. Congenital Malformation	15	5	4	1	2	-	-	2	-	8	6	2	-	1	1	-	-	-	2	11	9	-	1	-	-	1	-	-	1	12	11,
CLASS 15. Premature Birth		20	16	3	3	1			-	23	19	-	1	-	_	-	_	-	-	23	20		-	-	-	-	-	3-2	_	23	20
Injury at Birth	***	-	-	-	-	-	-	-	1	-	1	-	2	1 -	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1
Other diseases peculiar t the first year of life		1	3	-	-	-	-	-	-	1	3	1	100	-	-	-	-	-	-	2	3	-	-	-	-	-	-	-	-	2	3
CLASS 17. Motor Vehicle Accidents		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	- 1	-	1	-	1	1	1	-	3	1
Accidental mechanical suffocation		-	-	1	1/2	-	4		-	1	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1 -	-	-	-	1	-
Class 18. Causes of death unstate or ill-defined	d	-	-	1	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1	4
		1000	26	10	5	2	-	4	1	43	32	11	11	13	5	3	4	2	3	72	55	2	5	3	4	2	1	1	1	80	66

DEATHS REGISTERED DURING THE 82 WEEKS ENDED 3187 DECEMBER, 1949.
The detailed International List of Cansos of Durth (RIIIs, review, 1950), as adopted for use in England and Walne, Scotland and Northern Ledon.

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# DEATHS BY AGE GROUPS AND CAUSES—PLYMOUTH—1949. AS CLASSIFIED BY THE REGISTRAR GENERAL.

	CAUSE OF DEATH	0- yea M.		1- yea M.			otal der ears.		15 irs. F.	yea	-45 urs.	ye	-65 ars.	ири	and pards.	all a	otals ages.	GRAND TOTAL
1.	Typhoid and Paratyphoid					,	r.	М.	F.	M.	F.	M.	F.	M.	F.	M.	F.	
2.	Cerebra eninal Favor	-	-	-	-		-	-	-	-	-	-	-	-	-	-	-	-
3.	Coorlet Power	-	2	-	-	-	2	-	-	-	-	-		-	-	-	2	2
4.	Whoming Count	-	-	-	-	-	-		-	-	-	-	-	-	-	-	-	-
5.	Dinbthonia	1	1	1	2	2	3	-	-	-	-	-	-	-	-	2	3	5
6.	Tuberculosis—Respiratory System	-	-	1	-	1	-	-	-	-	-	-	-	-	-	1	-	1
7.	011 ( ( m ) ) ;	-	-	-	-	-	-	-	1	27	42	30	9	7	3	64	55	119
. 8.	C 1 111.1 D.	-	2	-	-	-	2	-	-	4	-	-	-	-	-	4	2	6
9.		- 4	-	-	-	-	-	-	-	-	-	10	2	3	1	13	3	16
10.	March		-	-	-	-	-	-	-	-	-	5	-	4	4	9	4	13
		1	-	-	-	1	-	-	-	-	-	-	-	-	-	1	-	1
11.			1000															
10	encephalitis	-	-	-	-	-	-	-	2	-	-	-	-	-	-	-	2	2
	Acute Infectious Encephalitis	-	-	-	-	-	-	-	-	-	1	-	-	1	-	1	1	2
13.	,																	1
	Oesophagus (males)	-	-	-	-	-	-	-	-	-	-	6	.=	17	-	23	-	23
	F. Cancer of Uterus (females)	17	-	-	-	-	-	-		-	1		17	-	8	-	26	26
14.	Cancer of Stomach and Duodenum	-	-	-	-	-		-	-	1	-	17	9	30	22	48	31	79
15.		-	-	-	-	-	-		-	-	4	1	11	-	15	1	30	31
16.	Cancer of all other sites	-	-	-		-	-	1	-	6	5	49	35	72	. 56	128	96 ,	224
17.	Diabetes	-	-	-	-	-	-	-	-	-	-	-	1	8	14	8	15	23
18.	Intra-cranial vascular lesions	-	-	-	-	-	-	-	-	3 9	3	24	18	77	125	104	146	250
19.	Heart diseases	-	-	-	-	-	_	_	1	9	11	109	52 6	286	360	404	424	828
20.	Other diseases of circulatory system	-	1 -	-	-	1	1	1	_	1	2	18	9	51	33 45	50 72	40	90
21.	Bronchitis	1	1 12	2	2	22	14	-	-	1	2	10	7	18	27	51	57 50	129
22.	Pneumonia	20	0.000	1000			-	1	_	1	-	13	3	10	2	25	5	101
23.	Other respiratory diseases	-	-	-	-	-	_	-		4		5	3	9	2	18	5	23
24.	Ulcer of stomach or duodenum	7	_	-	1	7	1	_		4	_	-	-	-	_	7	1	8
25.	Diarrhœa (under 2 years of age)		-	-	-	-	-	2	1	1	_	1	_	2	1	6	2	8
26.	Appendicitis	3	1	_	1	3	2	-	_	3	1	9	3	16	11	31	17	48
27.	Other digestive disorders	-	-	_		-	_	-	-	7	6	5	9	19	9	31	24	55
28.	Nephritis		-	_	-	-	_	-		_	-	-	-		_	-		-
29.	Puerperal and post-abortive sepsis	-	-	-	-	_	_	-	-	_	6	_	-	-	_	_	6	6
30.	Other Maternal causes	- 01	17	-	_	21	17	-			-	_		_ '	-	21	17	38
31.	Premature birth	21	17			21											.,	00
32.	Congenital malformations, birth injury	17	-18	-	1	17	19	-	2	1	1	-	1	_	_	18	23	41
	and infant diseases	17	18				_	_	-	3	1	7	5	4	3	14	9	23
33.	Suicide		-	3	1	3	1	1	-	3	1	3	2	2	3	12	7	19
34.	Road traffic accidents	1	1	1	-	2	- 1	3	2	4	1	10	2	7	11	26	17	43
35.	Other violent causes	-	2	-	1	-	3	4	1	10	7	17	10	72	70	103	91	194
36.	All other causes			- 1													-	
-	TOTAL ALL CAUSES	72	57	8	9	80	66	13	10	89	96	369	214	745	825	1296	1211	2507

WE SHILLIS. Paggered and Sold Alberton Top Top

## Care of Mothers and Young Children

REPORT OF SENIOR ASSISTANT MEDICAL OFFICER FOR MATERNITY
AND CHILD WELFARE.

Births. The live birth-rate for 1949 is 19.7 per 1,000 of the estimated civilian population (190,860), the lowest rate recorded since 1941, but even so still 3 per 1,000 higher than the rate for England and Wales.

	Notified	Registered	Allocated
Total live births (legitimate	0000	0041	0700
and illegitimate)	3833	3841	3769
Total still births (legitimate and illegitimate)	124	125	98
T-4-1-1:41			
Total births	3957	3966	3867
THE STATE OF THE S	1.10	301 02 1 101	0==
Illegitimate births—live	140	140	257
still births	3	3	9
Total	143	143	266
and the state of t			
No. of births notified by doctors		ts	
No. of births notified by midwive	es		3778
			3957
PLACE OF CO	ONFINEME	ENT.	
Own home by municipal midwi	fo		877
Own home by municipal midwi		or	312
Own home by private midwife			24
Own home by private midwife	with doctor		48
Own home by T.T.N.A. district Own home by T.T.N.A. district	midwife wi	th doctor	219 203
Alexandra Maternity Home by		th doctor	865
Alexandra Maternity Home by			217
Freedom Fields Hospital by mic	dwife		818
Freedom Fields Hospital by mic	dwife with d	loctor	194
Private Nursing Home with doo	ctor		122
			3899
05 W 1- 11 0 -			

#### PLYMOUTH BIRTH RATES FROM 1920

Year				Rate	Y	ear				Rate
1920				26.3	1	930				15.9
1921				21.2		931				16.4
1922				19.6		932				15.59
1923				19.4	1	933				15.67
1924				18.16	1	934				15.7
1925				18.1	1	935				15.05
1926				17.2	1	936				14.8
1927				16.5		937				14.6
1928				17.0	1	938				15.6
1929				16.5		939				15.6
Average				18.9	A	verage		years		15.4
		Ye	av				Rate			
		19					16.6			
		19					16.43			
		19					22.12			
		19					23.03			
		19					24.03			
		19					24.27			
		19					24.26			
		19					24.72			
		19					21.36		-	
		19					19.7			
,				for 10			21.6			
**	40 D								10=	
	49 Birt					Vales			16.7	
A	verage	for 10	years,	1939-1	948				16.7	

Still Births. Plymouth's still birth rate has been slightly higher than that of the country as a whole over the past ten years, and this year it is again quite appreciably higher, being 0.51 per 1,000 of the civilian population. The rate for England and Wales is 0.39 per 1,000 of the civilian population.

STILL BIRTH RATE.

	England and Wales.	Plymouth.				
Year.	Per 1,000 population.	Per 1,000 births.	Per 1,000 population			
1939		35.5	0.59			
1940	0.55	34.29	0.59			
1941	0.51	32.3	0.41			
1942	0.54	29.95	0.68			
1943	0.51	31.7	0.75			
1944	0.50	27.68	0.68			
1945	0.46	28.20	0.70			
1946	0.53	23.09	0.57			
1947	0.50	21.15	0.53			
1948	0.42	19.91	0.43			
1949	0.39	25.34	0.51			

No.	of notified still births (institutional 88; do	miciliary	36)	124
	Institutional. Freedom Fields Hospital		61	
	Flete Maternity Home		1	
	Alexandra Maternity Home		25	
	Charlton Nursing Home		1	
			_	88
	- Domiciliary.			
	Municipal Midwife		24	
	Three Towns Nursing Association Mi	dwife	9	
	Private Midwife		3	
			-	36
				124
	Doctor in attendance	555	93	-
	30.3 .6 3		31	
		Line II	124	
	Formals atill bioths		ec	
	Female still births Male still births		66 58	
	male still biltins		00	
		llosito	124	
			-	

The following information has been extracted from a survey of the records of 124 notified still births.

### A. Macerated: 56.

Duration of pregnance	v.					
Over 40 weeks						2
40 weeks						22
36-39 weeks						14
32–35 weeks						14
Under 32 weel	CS.					4
						-
				8.7.7		56
						_
Parity.						
						22
1st pregnancy		***		***		
2nd "						10
3rd ,,						10
5th ,,						4
Over 5th preg	nancy					10
						-
						56
						-
Pre-natal supervision						
	•					F9
Satisfactory			•••	***	•••	53
Not known					• • • •	3
						-
				14		56
						-

	Causes.				1				
	(a)	Post	mature						2
		_							_
	(b)		term.						
			rstocia						1
			rd round						2
			or health	of n	other				1
			reech		***				4
			xaemia		***				4
			P.H.						2
			sociated						2 4 2 2 1 7
			arly separ		_	enta		***	7
		No	ot known	•••	***	***		•••	1
									00
									22
									-
	1-1	20 0							
	(c)		9 weeks.			t and	9741	lea	0
			ollowing v					reeks	2
			P.H. and			***	•••		2
			oxaemia	***					1
		P	yelitis						
		A	ssociated	with	small p	lacenta	111111		1
		A	ssociated	with	tall and	1 twin	pregn	ancy	1
		A	ssociated		anaem	ua of	pregn	ancy	
			(mongol)						1
		N	ot known		***		• • • •		5
									14
	7.10	-	07 1						-
	(d)		-35 weeks						1
			oxaemia				***	***	4
			.H. Incor					***	1
			ssociated			nnios			1
	17		lypertensi	on (b	reech)				1
			.P.H.	***					1
			ssociated		diabete	s	***		1
		N	ot known	1					5
									-
									14
			J. 20	1977					-
	(e)		der 32 we	eks					
			.P.H.				***		3
		S	hort cord				• • • •		1
									4
									-
В.	Promot	are b	ut not m	acera	ted : 23				
υ,					. 20	•			
	Dura		of pregnar	icy.					0
			weeks					•••	6
			-35 weeks						14
		28-	-30 weeks						3
									23
									COOKE .

Danish						1		
Parity.								0
	2nd	egnancy			•••	•••	***	9 5
	3rd	11					***	2
	4th	"						3
	5th	"						2
		5th pregn						2 2
		our progu	unoj				***	
								23
								mini
Pre-na	tal su	pervision.						
		actory						21
		pervision						1
	Not s	stated				2		1
								23
C+1-	-3 -6	Maria -						
Standa								0
				•••				8
				***				1
		nown		•••			•••	8
	TYOU P	LIIOWII			•••	•••		_
								23
Causes							1	
	week	s.						
		enta praev	ria (Ce	asar) (	M.1)			1
		emia and				r. 1)		1
		H. (M. 2)						2
	Cord	round ne	eck (Pr	r. 1)				1
	Not	known (N	I. 1)					1
								-
								6
- 00	0-							-
32-	-35 w		*1					
		mpsia (M.				•••	•••	1
	Town	ch (Pr. 1)	roomar	··· /M	1\			1
	Duoli	emia of p	negnai	icy (M.	.1)			1
	A P	H. (M. 1)						1
	Accio	dental had	emorrh	age an	d W I		tive	
								1
		cephaly (						3
		ciated wit						1
		y separatio					1000000	
		. 1)						1
	Not !	known (in	cluding	1 B.B	.A.) (P	r. 1) (N	1. 2)	3
							- 2	-
								14
	0.0							-
28-	-30 w			TT				
		ciated wit						1
		ciated wi						
	(P)	r. 1)	1 (00		\ /D-			1
	True	knot in c	ord (29	weeks	) (Pr.	1)		1
								3
								3
								-

Still bor Parity	n at or near ter	rm: 4	5 (in	good co	ondition	n).	
z dire;	1st pregnancy						22
	2nd ,, 3rd					***	9
		ancu		• • • • • • • • • • • • • • • • • • • •		***	11
	Over 3rd pregn	ancy					-
							45
							-
Age.							
	Under 21 year	S					5
							4
	25-29 ,,						20
	30-34 ,,						7
	35–39 ,,				***	•••	7
	40 years and or Not known						1
	NOT KHOWH						
							45
							-
Pre-na	atal supervision.						
	Satisfactory						43
	Not stated						2
							-
							45
C43	and of Hadman						-
Stand	ard of living.						21
	T-:-						8
	Poor		•••		***		3
	Not known						13
	2		***		10 11		_
							45
							-
Delive							
	Spontaneous						25
	Instrumental Manual			***			13
	Not stated				in	***	1
	not stated				***		_
							45
							_
Cause	S.						
	Dystocia (Pr.						17
	Difficult fo	orceps				7	
	Arm prese	100				1	
	Craniotom					1	
	Breech (ex						4
	Cord prolapsed Knot in cord						2
	Haemorrhage						3
	Placenta p					2	
						1	
	Accidental Maternal death B.B.A. precipi	h at te	erm (	M. 1)		***	1
	B.B.A. precipi	tate la	bour	(M. 1)			1
	Erythroblastos	is foet	alis (	M. 1)	***		
	Unhealthy place						
	Hypertension						1
	Anencephaly (	M. 4)	11 0				
	Hydrocephalus						3
	Other congenit	al abi	(M. O	nties (	M. 1)	***	1 6
	Not known (P	1. 4)	M. 2)	***	***	***	0
							45
							TO STATE OF

Circular 20/44. Two hundred and eighty-three premature births ture Infants. were notified. This included twenty-three pairs of twins. Fifty-six of these babies did not survive the first month of life, and between the ages of one and six months one died from broncho-pneumonia. Forty-two left Plymouth during the year, aged one to six months.

On the 31st December, 1949, there were one hundred and eighty-four (i.e. 65%) surviving and living in Plymouth, of whom ninety-three were six months old and twenty-one were under one month old. For at least the first few weeks of life, eighty-eight of these surviving babies were entirely breast fed. The percentage of premature babies reaching the age of six months was 50.5.

Approximately 7.5% of the live births were premature.

Equipment to help with the preservation of life was sent out to three cases.

Twenty premature babies born in their own homes were later removed to hospital for special care.

### 1948 Follow-up.

One hundred and fifty-three babies born in 1948 were surviving and living in Plymouth at the age of six months. By the age of one year, three had died of broncho-pneumonia, one had died of broncho-pneumonia and gastro-enteritis, and fourteen had left Plymouth, leaving one hundred and thirty-five alive and well.

# 1. Institutional and Domiciliary Premature, or Underweight Babies.

	Died within 24	Died within first	Died after first week and	Survived at end of	Died after 28	Left Plymouth between	Surv	Surviving and living in Plymouth at 31.12.49	living 4 at
hours		5 1 7 7 11	within 28 days		days	1 and 6 months	Total	Six months	Under 1 month
12		17	∞	116	1	40	76	39	14
6		oc	2	1111	1	61	108	54	7
21		25	10	227	-	42	184	93	21
Legitimate	: :	. 261	LO NO		Male Female		143		inog

# 2. Classification of the District Premature Babies Transferred to Hospital.

No.	Weight	Duration of pregnancy	Remarks
	4 11 - 10	00	
1	4 lbs. 12 ozs.	36 weeks	Accommodation at home not good.  Illegitimate.
2	41 lbs.	7 months	Home conditions unsatisfactory. Five other children.
3	5 lbs.	? 36 weeks	Shock. Facial palsy right side (surgical induction).
4	3 lbs. 15 ozs.	_	Freedom Fields Hospital booking.
5	4 lbs.	34/36 weeks	Died aged 1 day (Ia) Prematurity.  Emergency to Municipal Midwife. Died aged 1 week (Ia) Broncho-pneumonia
6	2 lbs. 14 ozs.	28 weeks	(II) Premature (6 weeks).  Feeble baby—second twin. Died within 24 hours (Ia) Atelectasis (Ib) Premature (28 weeks gestation).
7	4 lbs. 9 ozs.	30 weeks	Illegitimate. No ante-natal care. Birth notified by a doctor. No one to look after baby.
8	3 lbs.	30 weeks	Home conditions unsatisfactory. Died
9	4 lbs.	36 weeks	aged 12 days (Ia) Prematurity. Twins. Home conditions unsatis-
10	4½ lbs.	36 weeks	factory. Twins. Home conditions unsatis-
11	5 lbs.	34 weeks	factory. Transferred to Hospital on account of
12	4½ lbs.	? 36 weeks	cyanosis.  Home conditions unsatisfactory draughty basement flat.
13	3½ lbs.	? 28 weeks	Feeble. Died aged 3 days (Ia) Prematurity.
14	4½ lbs.	? 36 weeks	Transferred on account of maternal death.
15	5 lbs.	32/33 weeks	B:B.A. Transferred on 5th day on
GNA	awayayay 8	THE STREET	account of attacks of cyanosis. Died aged 11 days (Ia) Haemorrhagic
16	4½ lbs.	32 weeks	pneumonia.  Transferred on account of general poor condition. Died aged 10 hours. (Ia)  Atelectasis (Ib) Prematurity.
17	3 lbs. 13 ozs.	32 weeks	Transferred because no facilities at home for special care needed.
18	4 lbs. 10 ozs.	? 32 weeks	Transferred on account of prematurity.
19	4 lbs.	32 weeks	Premature twin. Died aged 6 days. (Ia) Bilateral broncho-pneumonia
20	3 lbs.	32 weeks	(Ib) Cerebral haemorrhage.  Premature twin. Died aged 2 days.  (Ia) Pulmonary atelectasis (II) Premature twin delivery.

Note .- 11 babies survived and 9 babies died.

# 3. Institutional and Domiciliary Premature Babies. Probable Causes of Prematurity

(INCLUDING SEVERAL FULL TERM BUT UNDERWEIGHT BABIES).

MATTERN DARMS	corsol or	Died	Died	Died	Left Plymouth	Total surviving
Probable Cause.	Total Births.	within 24	within 28	after 28	between age of	and living in
· · · · · · · · · · · · · · · · · · ·		hours.	days.	days.	1 and 6 months.	Plymouth at 31.12.49
Multiple pregnancy	41	3	5	_	9	24
Multiple pregnancy plus				90 m / RM	12 025	THE IT
toxaemia	1	-	-	-	-	1
Pre-eclamptic toxaemia	33	1	5	-	10	17
Eclampsia	1	1111-	-	-	-	1
Chronic nephritis	1	-	-	-	1	a
Pyelitis	1	-	-	-	-	1
A.P.H	9	-	4	-	1	4
Hydramnios	3	-	-	-	1	2
Erythroblastosis	1	-	1	-		-
Fibroids	1	-	-	-	-	1
Breech	1	-	1	-	-	20 - 2
Prolapse of uterus	1	1	-	-		
Marginal placenta	1	-	-	-	-	1
Low lying placenta	1	-	1	-	-	1 2 2 2
njury or bock to mother	4	1	-	-		3
General poor condition	The same					
of mother	3	-	1	1	-	1
Anaemia	2	-	-	-	-	2
Associated with active		7230				Lit of the
Т.В	1	-	-	-	1	
Associated with cardiac		Hapl.				
disease	1	-	-	-	7	1
Hormone deficiency	1	-	-	-	1	La STree
R.H. negative	- 1	-	1	-	-	
Full-term but under-	20	339			0	20
weight	68	-	2	-	8	58
Full-term but under-			1	CO. 10	1	13 SE . DE
weight Positive W.R.	1 105	1	14	-	10	67
Not known	105	14	14	-	10	67
TOTALS	283	21	35	1	42	184

4. Initial Feeding of 184 Premature Babies Surviving and Living in Plymouth on 31st December, 1949.

(a)	Institutional: 76. Entirely breast fed 33	
	Breast fed, plus complementary feeding 26	
	Artificially fed 17	
		76
(b)	Smallest baby 2 lbs. 14 ozs. Largest baby $5\frac{1}{2}$ lbs. Domiciliary: 108.	
-	Entirely breast fed 55	
	Breast fed, plus complementary feeding 33	
	Artificially fed 20	
	- revealing meet angless . I want of the meeting the second	108
	Smallest baby $2\frac{1}{2}$ lbs. Largest baby $5\frac{1}{2}$ lbs.	
	Total	184

Mortality. (See Tables on pages 14b, 14c and 14e).

The Infant Mortality rate is 34.23 per 1,000 live

births (number of allocated deaths 129). This is an increase on last year's rate of 4.5 per 1,000 births, which was the lowest recorded, and is also higher than the rate for England and Wales which is 32.

The neo-natal mortality rate is 19.37.	
Number of deaths under one week	53
Number of deaths under one month due to pre-	
maturity	42
Number of deaths under one month due to gastro-	
enteritis	1
Number of deaths under one month due to con-	
genital malformation	14
Number of deaths under one month due to con-	
genital debility, injury at birth and other diseases	
of early infancy	5

Pre-natal and neo-natal causes account for 54% of the total deaths, respiratory diseases for 28%, diseases of the digestive tract for 9% and infectious diseases for  $5\frac{1}{2}\%$ .

Deaths of children between 1 and 5 years.

No. of deaths ... ... ... 19

Four deaths were due to infectious diseases, four to respiratory diseases and five to accidents.

		Deaths 0-1	Deaths 1-	
		years.	years.	under 5 years.
1938	 	 176	59	235
1939	 	 145	48	193
1940	 	 197	94	291
1941	 	 178 (27	enemy 112 (	48 enemy 290
		a	ction)	action)
1942	 	 146	32	178
1943	 	 118	49	167
1944	 	 139	40	179
1945	 	 214	46	260
1946	 	 197	33	230
1947	 	 221	36	257
1948	 	 125	31	156
1949	 	 127	19	146

This total is ten less than in 1948, there being twelve fewer deaths among the 1-5 year olds.

Gastro-enteritis	Notifications rece	eived				114
in children	Un-notified fatal	00000				5
under two	On-notified fatai	Cases	***	***	111	3
years of age.						1 1001
	Total cases					119
	THE NAME OF THE PARTY OF THE PA	100	11119	11347	- 1	339
						18 N
	Total deaths					7
Age g	roups.					Deaths.
Und	er 1 month				5	1
	months				21	1
3-6	,,				24	4
6–9	**				19	-
9-12	**			***	15	-
1-2	years		***		35	1
					110	
					119	7
	more district.				100 (11)	
Where	treated.					
	home				67	
Isola	ation Hospital				50	
	th Devon & East	Cornwall	Hospi	ital,		
G	reenbank Road				2	
					110	
					119	
***						
Place	of birth for those un	ider thre	e mont	ths.		
	n home				13	
	kandra Maternity Ho				6	
	edom Fields Hospital				5 2	
Flet	e Maternity Home				2	
					26	
Annual management					20	
T 1'	. ,,				Did a	
	ng in those under six	months.				
	ast fed				3	
	ast fed & National I	Oried Mil	lk		1	
	uid milk		***	•••	1.	
	ional Dried Milk known			• • • •	44	
Not	known				1	
					50	
501.4						

There is little available information as to the cause of the gastro-enteritis. At least thirty-four cases were very mild and probably due to dietetic errors. The Sonne bacillus was not found in the cases admitted to the Isolation Hospital.

The death rate for gastro-enteritis in children under two years is 1.85 per 1,000 live births, the corresponding rate for England and Wales being 3.

# Ophthalmia Neonatorum. The incidence was less than half that of 1948.

(a) Notified by General (b) Notified through Ro					6 cases
(b) Notified through No	Jyai E	ye iiii	imary		- ,,
Total					39 ,,
	feet and	and the			_
Out-patient treatment					30
In-patient treatment					5
Treated at home					4
riculated are from	1800-910				
					39
					-
Attendant at delivery.					
Municipal midwife					17
Flete Maternity Hom					4
Freedom Fields Hosp	oital				4
Alexandra Maternity					9
T.T.N.A. midwife					5
					39
					-
Onset.					
Within 3 days					21
At 7 days or over			,		18
II I STORY WINDOWS AND ARREST			115.40		-
					39
			. dio		-
Vision unimpaired					39
Organisms Diphther isolated Pneumoo	occi in	2 cas 1 cas			
1 week or less					9
8-14 days					13
15-21 days					3
Over 21 days					14
0.01 21 0030 111	0.54	10/6/6	1140	and the same	5/5/
					39
					-

Child Life Protection.

Before the end of the year all child life protection work had been handed over to the Department of the Children's Officer. On March 22nd, we handed over all cases receiving financial help under our guaranteed payments to fostermothers' scheme, and on November 28th all the remaining cases were transferred.

### Summary of work up to November 28th :-

Foster-Parents			
No. on register, 1st January, 1949			45
On register at 28th November, 1949,	when	trans-	
ferred to Children's Department			45

No. on register, 1st January, 1949	64
Notifications of children received to 28th November,	0.5
1949	35
	99
	-
Removals from register to 28th November, 1949-	
Adopted 2	
Returned to own mother 22 Removed to official organisations 3	
Removed to official organisations 3 Removed to other foster-mother 1	
Removed to residential nursery 1	
Left country for U.S.A. under auspices of	
Council of Social Service 1	
Transferred to care of Children's Officer, 22nd March, 1949 25	
22nd Match, 1949 20	
Total removals from register	55
On register at 28th November, 1949, when trans-	
ferred to Children's Department	44
Interviews by Superintendent Health Visitor :-	
With fathers and mothers 102	
With foster-mothers 21	PART
TT	123
Home visits by Health Visitors Home visits by Superintendent Health Visitor	512 67
Trome visits by superintendent treaten visitor	0,
Children. (Regulation) Act, 1939.  ber, 1949, when it was transferred to ment of the Children's Officer.	o the Depar
Summary of work done:—	
Cases brought forward from 1948 New cases to 28th November, 1949	41 55
Total on register to 28th November, 1949	
Total on register to 4oth November, 1949	96
	96
Adoption completed to 28th November, 1949 55	-
Adoption completed to 28th November, 1949 55	-
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1	-
Adoption completed to 28th November, 1949 55	alle Kire
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1	-
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and	66
Adoption completed to 28th November, 1949  Adoption not proceeded with 3  No. of children died 1  No. of children transferred to other areas 7	alle Kire
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and	66
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and transferred to Children's Department  Home visits by Health Visitors:—	66 — 30
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and transferred to Children's Department  Home visits by Health Visitors:— 1st visits	66 — 30
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and transferred to Children's Department  Home visits by Health Visitors:—	66 — 30
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and transferred to Children's Department  Home visits by Health Visitors:— 1st visits	66 — 30
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and transferred to Children's Department  Home visits by Health Visitors:— 1st visits	66 — 30 67 311
Adoption completed to 28th November, 1949  Adoption not proceeded with	66 30 67 311 378
Adoption completed to 28th November, 1949 55 Adoption not proceeded with 3 No. of children died 1 No. of children transferred to other areas 7  Total on register at 28th November, 1949, and transferred to Children's Department  Home visits by Health Visitors:— 1st visits	66 — 30 67 311 378

Children. Special care was given to illegitimate children as follows:—

Admitted to our day nurseries	15
Placed with foster-mothers under our guaranteed	
payments to foster-parents' scheme (up to	
28/11/49)	10
Adoptions—Applications considered (up to 28/11/49)	55
Adoptions completed (up to 28/11/49)	55

For further information see next section on "Moral Welfare."

Moral Welfare. Activities have continued more or less on the lines of previous years, and the following table summarises the work covered:—

Cases in hand from 1948 ...

Cases re-opened, 1949 192 Cases re-opened, 1949 42	2 231
	.)
Reported by :— Maternity and Child Welfare Department 88	
Themselves and others interested 55	
Social Workers 2	
Public Officials 88	
234	
a annian mail and Barbatall saved rating sale parallely	Tomasia.
Cases dealt with	294
No. of interviews	1908
No. of visits	579
No. of girls visited in other towns	24
Cases were dealt with on the following lines:-	
Unmarried mothers helped and advised Married women with illegitimate children helped	230
and advised	74
Young girls in moral danger helped and advised Helped and advised	14
Matrimonial difficulties	
Grants, etc., administered	0.5
Affiliation investigations	32
Grants obtained	0
Affiliation Orders obtained through the Court	4
Affiliation Orders obtained through private agree-	
ment	
Kent in touch through correspondence	077
Foster homes found :	
Through Maternity and Child Welfare Department	
Through Children's Officer	2
Children taken to residential nursery Children taken to Barnardo Homes	5
Children taken to Barnardo Homes	4

	13	
Taken to hostel for expectant unmarried mothers .	8	
	22	
water to a contract to the con	77	
Investigated by Social Workers in other towns .	16	,
Adoption arrangements made :		
Through Maternity and Child Welfare Departme		
Through National Children's Home and Orphana	ge 1	
Through Rosemundy Home, St. Agnes	1	

We are grateful to St. John Ambulance Brigade for arranging for escorts to take girls and babies to Homes; also to the W.V.S. and others interested in the work for layettes, clothes, toys, etc., and to the Senior Woman Officer of the Employment Exchange for her help and co-operation in finding employment for our girls.

We are indebted to Dr. Barnardo's and the Church of England Children's Society for grants which make it possible for the unmarried Mothers to keep their babies, and to the National Children's Home and Orphanage for their help and co-operation. In this way, and including payments made through private agreements, about £1,000 has been administered during the year through the Moral Welfare Office.

The Club has continued throughout the year and, in addition to recreational facilities, the girls have listened to discussions and concerts on the wireless. They have also had interesting discussions among themselves. Educational visits have been arranged and much appreciated by the members, and we are grateful to those who have made them possible. We are also most grateful to a number of ladies and gentlemen who have given interesting talks at club meetings and to those who have taken the chair on such occasions.

A reunion was held in October of girls and their babies who had been in Rosemundy House, St. Agnes. Miss Ackroyd, the Matron, and one of her staff, came specially from St. Agnes to meet the girls. It was decided to hold this function annually.

A Christmas Party was held in Beaumont Hut for the girls and their babies. About eighty attended and all thoroughly enjoyed the entertainment provided, a Christmas tree, a Punch and Judy show, and a delightful concert given by children.

Several women's and men's meetings have been addressed by the Moral Welfare Officer on her work.

			2875	6921 (3242	2294	6529	33198	12208	45404	14805	52.5	2195	
Crownhill.	52	229 (151 1st)	224 (70 1st)	453 (221 1st)	159	440	2187	728	2915	821	56	130	. 1743
Efford.	51	330 (150 1st)	283 (60 1st)	613 (210 1st)	139	505	1424	933	2357	844	46.2	362	th Visitors
St. Budeaux.	102	465 (275 1st)	390 (85 1st)	855 (360 1st)	241	789	3693	1612	5305	2056	,52	298 703	Attendances at clinics by:—(a) Health Visitors (b) S.R.Ns
Honicknowle.	48	266 (175 1st)	218 (45 1st)	484 (220 1st)	161	484	2377	800	3177	810	66.2	127	endances at clin
Pewerell.	51	238 (144 1st)	208 (39 1st)	446 (183 1st)	139	446	2385	843	3228	774	63.3	11	61 Att
Beacon Park.	151	501 (315 1st)	353 ( 68 1st)	854 (383 1st)	270 553	823	4534	1786	6320	1624	41.8	296	1 : :
Devouport Park.	103	401 (282 1st)	239 (83 1st)	640 (365 1st)	282 358	640	2903	887	3790	1629	36.8	292	(a) Superintendent Healt (b) Health Visitors
Beatemont Hut.	255	1339 (910 1st)	785 (165 1st)	2124 (1075 1st)	739	1978	11636	3797	15433	5470	60.5	648	Health talks given by:—(a) Superintendent Health Visitor (b) Health Visitors
Town Hall.	52	277 (195 1st)	175 ( 30 1st)	452 (225 1st)	164	424	2059	820	2879	784	55.3	323	Health talks giv
	No. of sessions held	No. of babies entered on register	uildren	Total	No. remaining on register on 31.12.49: Babies Children	Total	1	No. of children weighed and mothers advised	Total	Doctors' consultations	Average attendances per session	Diphtheria Immunisation: No. of 1st attendances No. re-attendances	

									-	
		1								
										1100
			1							-
										1
										4
								9		
										-
,										
										4
						1.8				
							1			

Health Visiting Please refer to page 87.

Child Welfare Centres. The total number of weekly sessions held remained at seventeen.

See Table 31a for a summary of work done.

The Beacon Park creche was open on Friday afternoons throughout the year.

No. of sessions			 	 44
Total attendances			 	 402
Average attendance	per	session	 	 9.1

Observation Play Circle.

The Wednesday afternoon session at Beaumont Centre continued throughout the year, and 48 children made 441 attendances. This session is staffed entirely by voluntary workers and we are much indebted to Mrs. Hamley and her assistants for carrying on this good work.

The Ministry of Food had to discontinue their services at the end of January. This was most unfortunate from our point of view as these demonstrations were beginning to be really appreciated by the mothers attending our centres, and as there is no immediate prospect of the Education Department being able to resume the help formerly given in this direction.

### Ultra-Violet Light Clinics.

	Town Hall.	St. Budeaux.
No. of sessions	 104	99
1st attendances	 199	233
Transfers from 1948	 57	63
Re-attendances	 3630	4302
Average attendance	 37.3	46.4

### Ante-natal. Number of sessions held weekly: 17.

Number of expectant mothers who atten cipal ante-natal clinics during the year		muni-	2,604
Average attendance per session during th		ar	13.8
No. confined in 1949			2,229*
No. aborted in 1949			63
No. of the above confined in Freedo	om !	Fields	
Hospital			607
No. confined at Flete			409
No. confined T.T.N.A. District Midwife			18
No. confined Alexandra Maternity Home			410
37 6 136 1 13611 16			783
No. left Plymouth			115

<sup>\*</sup> Includes 48 still births.

### Character of labour in 2,229 confinements:—

Spontaneous	 	 	 	2,059
Instrumental	 	 	 	105
Caesarean	 	 	 	30
Induction	 	 	 	31
Bimanual	 	 	 	2
Hysterotomy	 ***	 	 	1
Not known	 	 	 ***	1

The following abnormalities were found in cases attending for the first time in 1949:—

1.	Contracted pelvis :-			
	Minor	 	 	31
	Major	 	 	2
2.	Toxaemia	 	 	46
3.	Syphilis	 	 	14
4.	Gonorrhoea	 	 	1
5.	Cardiac diseases	 	 	27
6.	Respiratory diseases	 	 ,	34
7.	Anaemia, marked	 	 	37
8.	Eclampsia	 	 	2

Routine Wassermann tests have been done at our ante-natal clinics since April, 1943, with the following results:—

SHICC II	P,	1010,			0		
					No. done.	No. positive.	
1943					825	5	
1944					1001	16	
1945					774	7	
1946					376	1	
1947					1109	9	
1948					2082	20	
1949					1840	21	
No. of	Rh.	tests do	ne du	ring tl	ne year.	No. negative.	
1948				996	-	321	
1949			1.	840		363	

ANTE-NATAL CENTRES.

Totals	_	1574 \2604 38 \8985	7	53	111	2664	2668	13.8	11305	658	3262 $60$ $3322$
Crownhill	51	53 \ 95	1	11	1	96	400	9.7	491	33	$\frac{128}{1}$ } 129
Efford	51	104 > 146 2 563	1	1 00	2	154	565	14	989	49	$\frac{195}{8} \right\} 293$
St. Budeaux	101	168 257 5 988		7	67	266	166	12.4	1242	53	$\frac{310}{9}$ } 319
Beacon	66	206 \328 7	61	7	1	337	1307	16.6	1628	44	$\frac{372}{9}$ 381
Honick- nowle		1 87	3 1	4	1	16	339	9.3	408	13	$\frac{100}{4}$ $\left\{\frac{104}{4}\right\}$
Devonport Park.		251 \ 425	1	1-	1	426	1084	15.1	1408	120	$\frac{545}{1}$ } 546
Beaumont Hut.	300	526 970	1070	12	3	982	3287	14.2	4211	287	$\frac{1257}{12}$ } 1269
Town Hall	100	192 296	1021	14	3	312	1024	13.4	1231	69	$\frac{355}{16}$ $371$
	No. of sessions held	M. N.P.	Ke-attendances   1st	Post-natal attendances   re-	Miscellaneous	] 1st	Total attendances	Average per session	Consultations	No. of transfers from 1948	Total No. of women attending P.N. during 1949 Misc.

Post-natal. Seven hundred and ten midwives' district cases attending our ante-natal centres were referred by special appointment to the post-natal clinic at Freedom Fields Hospital for examination six weeks after confinement. Approximately 20% attended,

matery 20	/0 all	ended.								
		of first						142		
		of re-at						10		
		requirir						33		
		referred						1		
		deficien tears, e						8 24		
		ervical po						1		
	Cystoco							5		
	Rectoco							3		
		ersion of						3		
	Lax abo	domen						8		
Flete Maternity Home.	inani)	Plymou 1949								404
		Devon	Coun	ty mo	others	confi	ned	at Fl	ete	
		durin	g 194	9						204
								Total		608
										-
Supervision	on	Numbe	r noti	fying	their	intent	ion	to pr	ctise	82
of Midwiy		On reg						to pre	ictisc	82
		On reg	ister a	at enc	i or ye	cai .	••	•••		
		Manadada	1 /:	.1 1!.	N.		1	C		-
		Municip			ng Noi	n-med	lical	Super	VISOR	00
			idwive							20
		In priv	ate p	ractic	e					9
		T.T.N.A					1			18
		Alexand	ara M	atern	ity Ho	me .				18
		Freedon	m Fie	lds H	ospital	1.				16
	100	Charlto	n Nu	rsing	Home					1
										_
										82
	+									
No.	of cases	attend	ed by	nine	priva	te mi	dwiv	res		72*
(as	midwi	fe .			66)					
(as	mater	nity nur	rse		6)					
1						n loc	+ ***	r		
	1.	his is 7	o case	s lew	er tha	II las	i yea	u.		

One midwife had 34 cases, one had 19, one had 8, one had 4, one had 3, and the remaining four 1 case each.

Approximately 71.9% of the notified births (district and institutional) were conducted by midwives only.

District cases attended by midwife	1,120
District cases attended by midwife acting as	
maternity nurse	563
*Institutional cases attended by midwife	1,683
*Institutional cases attended by midwife acting	
as maternity nurse	533
	0.000
	3,899

<sup>\*</sup> Includes maternity and nursing homes and hospitals.

Medical aid was sought by midwives in 372 cases for the following reasons:—

(i)	For mother during pres	gnancy					
	Toxaemia of pregnan	cy				 1	
	Severe sickness					 1	
	Albuminuria					 1	
	Oedema					 . 1	
	Pyelitis					 1	
	Ante-partum haemori	rhage				 23	
	Miscarriage					 4	
	Threatened abortion					 10	
	Premature rupture of	f meml	branes			 4	
	Post-maturity					 1	
1	Unsatisfactory condit		nte-nat	al		 6	
	Disproportion					 1	
	Varicose veins					 1	
	Hypertension					 1	
	Epileptic fit					 î	
	Priorie in					 	57
							٠.
,							
(11)	For mether during lab	our.					
	Malpresentation					 3	
	Foetal distress	***				 4	
-	Maternal distress					 7	
	Post-partum haemorr	hage				 6	
	Prolonged labour					 52	
	Difficult labour					 1	
	Breech					 5	
	Uterine inertia					 4	
	Adherent placenta					 10	
	Ruptured perineum					 127	
	Episiotomy					 1	
	Occipito posterior					 . 2	
	Eclampsia					 2	
	? Epileptic fit					 1	
	Hydramnios					 2	
		128	1915) 9	-	THE P	-	227

<li>ii) For mother during pu Unsatisfactory condit</li>	Section 1		al			5	0
Painful breast						5	
Rise of temperature						18	
Patient's request						1	
Varicose veins				***	***	3	
Pain in leg				***		1	
Abdominal pain				·		1	34
iv) For infant.						-	
iv) For infant.							
Feeble infant					***	7	
Unsatisfactory condit	tion o	f infant				23	
Discharging eyes						16	
Jaundice					•••	5	
Phimosis		***			•••	2	
Twins (premature)					•••	1	54
							372

Other notifications received from midwives under Central Midwives Board rules:—

Notification	of	artificial fee	eding				219
Notification	of	still birth					18
Notification	of	death					6
Notification	of	having laid	out a	dead	body		16
Notification	of	liability to	be a s	ource	of infe	ction	9

Midwifery Service. The total number of confinements attended by municipal midwives was 1,189, just over one hundred fewer than in 1948.

The staff at the end of the year consisted of eighteen midwives and one non-medical supervisor.

All municipal midwives are qualified to give gas and air analgesia.

Summary of Work done:-

Number of case Midwife only	es atte	nded :- er Mat	ernity	Med	ical S	ervice	
102)							877
Midwife with vice 307)	doctor	(under	Mater	nity !	Medic	al Ser-	312
vice 507)							1,189

	Number of cases booked	. 1.342
	Number of Gas and Air administrations—	
		87 497
	As midwife 36	9}
	Number of emergency deliveries	00
	Number of emergency deliveries transferred t	
	Dista	. 2
	Number of emergency deliveries transferred to Free	-
	dom Fields Hospital	. 3
	Number of booked miscarriages	
	Number of emergency miscarriages	
	Number of patients transferred to Hospital for con	
	finement	
	Number of patients transferred to Hospital after	
	confinement (including three emergencies)	
	Number of patients transferred to the Royal Ey	
	Infirmary (including one emergency)	
	Number of ante-natal visits paid	
	Number of ante-natal clinic visits paid	. 378
	Number of babies who were—	0.3
		3)
	(b) partly breast fed during first two weeks 8	7 1080
-	(c) artificially fed during first two weeks 13	
	Accouchement sets issued during the year	. 1040
Three	Towns Nursing Association.	
Imree		
	Number of midwives provided	. 6
	Number of midwives qualified to give Gas and Ai	
	Analgesia	. 6
	Number of cases attended :	011
	Midwife only	. 211
	Midwife with doctor	. 211
	All the same of th	422
		Tww
	Number of bookings	. 521
	Number of Gas and Air administrations	. 205
d para	Number of emergency deliveries	. 21
	Number of booked miscarriages	. 11
	Number of emergency miscarriages	. 33
	Number of cases transferred to Hospital for confine	otel binb
	ment	. 17
	Number of cases transferred to Hospital after con	- Harrist
	finement	. 10
	Number of ante-natal visits paid	. 2,374
	Number of babies who were—	
-	(a) entirely breast fed during first two	
	· weeks 362	
	(b) partly breast fed during first two weeks 11	
	(c) artificially fed during first two weeks 3-	
	Accouchement sets issued during the year	. 405
T	he following table shows the much higher incid-	ence of fo
1	no ronowing table shows the much higher meld	crice of 10

The following table shows the much higher incidence of forceps deliveries among doctors' booked cases:—

		Doctors' booked cases.	Midwives' booked cases.
Municipal midwifery Three Towns Nursing	***	25.6%	2.9%
Association		14.6%	2.8%

A total of two hundred and seventy-one accounts were dealt with under Section 14 of the Midwives Act, 1918, the amount payable being £952. 7s. 9d.

Maternity and Nursing
Homes. The Alexandra Maternity Home became part of the Hospital Maternity Unit, and therefore ceased to be registered as a maternity home.

There are only two nursing homes in Plymouth now, one admitting general, surgical, medical and maternity cases, and one for chronic cases only.

Maternal Mortality. Total deaths in Plymouth from causes attributable to child birth, 6; Belonging to Plymouth, 5. (Abortion without sepsis, 1; other causes, 4).

The Maternal Mortality rate is therefore 1.29 per 1,000 births, a marked increase on the previous two years, and also higher than the rate for England and Wales.

TOTAL PUERPERAL MORTALITY.

	ENGLAND A	AND WALES	PLYMOUTH			
Year	Per 1,000 total births		Per 1,000 total births			
	Including abortions	Excluding abortions	Including abortions	Excluding abortions		
1940	2.6	2.16	3.8	3.2		
1941	2.76	2.23	2.10	1.26		
1942	2.17	1.01	3.44	3.09 .		
1943	2.29	1.84	3.6	2.7		
1944	1.93	1.53	2.79	2.24		
1945	1.79	1.44	4.32	3.56		
1946	1.43	1.24	1.36	1.36		
1947	1.17	1.01	0.65	0.65		
1948	1.02	0.86	0.48	0.48		
1949	0.98	0.82	1.29	1.03		

auses.				
Ruptured ectopic	 	 		1
Obstetric shock	 	 		2
Eclmapsia	 	 	***	1
Toxaemia	 	 ***		2

Ca

6

CHARACTER OF	LABO	UR.					
Ruptured ec	topic						1
Caesarean se	ction						2
Forceps							1
Spontaneous							1
Undelivered							1
							-6
							_
WHERE CONFIN	NED.						
Freedom Fie	lds H	ospital					3
· Alexandra M	aterni	ty Ho	me				1
Greenbank F	Hospita	al (und	lelivere	ed 1;	ectopic	1)	2
							6
							_
DURATION OF 1	PRFGN	ANCY.					
40 weeks							3
36 ,,							1
24 ,,							1
10 ,,							1
							6
							-
PARITY.							
							4
Multip.				***			2
							6
							=
Hour Country	****						
Home Condition	NS.						0
Fair							6
ANTE-NATAL SU	PERVI	SION.					
Good	••		•••	•••		•••	3
							1
None							2
			752				6
							_

Puerperal Pyrexia. Total notifications, 27. Belonging to Plymouth, 21.

Rate per 1,000 total births, 6.9 (England and Wales, 6.31).

Year.	No. of cases notified. P.P.
1939	48
1940	59
1941	39
1942	29
1943	41
1944	49
1945	. 36
1946	77
1947	37
1948	35
1949	27

PLACE OF C	ONFINE	MENT.				
Own hom Freedom	Fields I	Iospita	1		 	11 12
Alexandra	Materi	nity Ho	ome		 	4 
						-
WHERE TRE	ATED.					
Own hom					 	6
Freedom Alexandra				•••	 •••	17
Alexandra	Materi	nty In	ome,			4 27 —
PARITY.						
Primip.					 	13
Multip.					 •••	14
						27

Sepsis		***		16
Forceps		***	2	
Caesarean section			. 3	
Retained placenta manuall	y rem	oved	3	
Abortion			2	
Internal lacerations			1	
Spontaneous delivery			5	
Mastitis				3
Influenza				2
Urinary infection (pyelitis 3)				6
				-
				27
				-

Mothers' A session has been held by a voluntary organisation every Tuesday evening at Beaumont Centre.

The Honorary Secretary reports that the work is steadily increasing.

No. of clinics held		,				51
New cases (sent by	Health	Autho	ority,	89)		404
No. of return visits						1378
Seen by Doctor				***	***	769

Day Nursery. Nelson Gardens Day Nursery:—

	0-2 years.	2-5 years.
Accommodation	10	35
No. of children admitted during the year	15	30
No. of children discharged during the year	14	32
Average daily attendance during the year		
(excluding Saturday mornings,	5.1	25.6
No. of children on register at end of year	5	35

Queen's Gate
Residential
Children's
Nursery.

Gate Residential Nursery passed from the Health Committee to the Children Committee, but the Medical Officer of Health remained responsible for the administrative and medical supervision of the nursery until 22nd March, 1949, when the administrative control was handed over to the Children's Officer.

The number of children in residence on 22nd March, 1949, was 12 under two and 21 aged 2 to 5 years.

Nursery Students. The number of nursery students in training for the National Nursery Examination Board Certificate remained at twenty four, distributed on the staffs of the day and residential nurseries. Eleven students were due to take the examination in the Autumn, 1949; one failed but succeeded at the next attempt.

### DENTAL CARE.

### REPORT OF THE SENIOR DENTAL OFFICER.

Dental treatment has been a vailable for expectant and nursing mothers and young children attending the Maternity and Child Welfare Centres and for others who have been referred by General Practitioners and Midwives.

Mothers are advised to have dental examination as part of their pre-natal examination as soon as possible after their first visit to the clinic, either by their own dentist or the authority's Dental Officer. From general observations it appears that many mothers receive treatment under the general dental services as they now receive this free of cost. It has not yet been practicable to carry out routine dental inspections at the Maternity Centres. The time available is fully occupied by those who present themselves at the dental clinic.

Dental Treatment is provided for young children at any of the six clinics in the City. Treatment for mothers is restricted to the Beaumont House clinic where the accommodation is more suitable for the treatment of adults. There is a well equipped dental laboratory staffed by a Grade I technician and any variety of acrylic, vulcanite work or precious metal castings may be undertaken.

The Dental X-ray machine is situated in the recovery room adjacent to the surgery. This room is shared with the Chest Physician who uses it for the storage and examination of films. Extra oral films are taken by the radiographer attached to the Chest Clinic whose assistance and advice is willingly given.

Encouragement is given for the children to attend at six-monthly intervals and reminder notices are sent out as time is available. Routine six-monthly inspections are carried out at the Authority's Day and Residential Nurseries and the Margaret McMillan Nursery School. Occasional lectures are given on the structure and care of the teeth to the students attending the two year course for Nursery Nurses.

By arrangement with the Regional Hospital Board, general anaesthetics are administered by a specialist anaesthetist. The Senior Dental Officer still continues to attend and provide treatment at the hospitals previously controlled by the local authority so that patients who are referred for hospitalisation remain under his care.

An inspecting officer from the Ministry gave general approval of the arrangements made by the authority for dental treatment, but suggested that improvements should be made in the waiting and recovery rooms, and that provision should be made for the routine inspection of all ante-natal mothers as soon as possible.

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### BEAUMONT HOUSE DENTAL CLINIC.

### SUMMARY OF TREATMENT, 1949.

Department	Patients Examined	Attendances	Perm. Extractions	Temp. Extractions	Local Anaesthetics	General Anaesthetics	Fillings	Scaling and Gum Treatment	Dentures	Denture Repairs	Appliances	Other Operations	
Maternity & Child Welfare	737	1186	829	478	151	248	534	123	117	11	_	336	
Freedom Fields Hospital	51	81	111	34	18	14	8	4	6	2	_ 1	20	
Didworthy Sanatorium	77	244	f04	_	43	1	131	19	11	6	_	59	
Mount Gold Hospital	202	180	194	12	39	17	25	5	21	5	_	47	
Swilly Hospital	14	38	32	_	14	2	15	2	- 3	_	_	6	
School Health	66	204	37	103	49	41	16	_	21	21	117	120	
Totals	1147	1933	1307	627	314	323	729	153	179	45	118	588	

### VISITS TO INSTITUTIONS.

Didworthy Sanatorium	25	Freedom Fields Hospital	47
Mount Gold Hospital	35	Nurseries	5
Swilly Hospital	7	Langdon Court	1

# DENTAL TREATMENT OF EXPECTANT AND NURSING MOTHERS AND CHILDREN UNDER FIVE YEARS.

1949

	Examined	Needing Treatment	Treated	Made Dentally Fit
Expectant and Nursing Mothers	339	317	331	241
Children under Five	538	375	337	304

Scalings or Uings Scaling and Gum Treatment	- Fillings	Anaesthetics Scalin Coneral General
Gum Ti	ruumgs	Fillings
173 123	94 473 12	473
203	240 203	

# Sanitary Circumstances of the Area

REPORT OF THE CHIEF SANITARY INSPECTOR, MR. C. E. SANDERSON.

### WATER SUPPLY.

Rainfall. The rainfall for the catchment area for 1949 was just over five-sixths of the average and there was a very dry period of about five months in the summer. Appeals were made to the public for economy in water consumption with considerable effect, this course being preferred to the imposition of compulsory restrictions.

Emergency wartime powers were used to stop paying compensation water and to abstract water from the Sheepstor Brook.

With a view to maintaining the purity of the supply, weekly samples are taken and submitted to bacteriological examination.

During 1949, 457 samples of water were examined with the following results:—

	Source	Lo	les examir cal Hospi Laboratory	tal	Exete	les exami r Public I Laboratory	Health
	Source	Total No. Samples	B. Coli present in 100 ml.	B. Coli absent in 100 ml.	Total No. Samples	B. Coli present in 100 ml.	B. Coli absent in 100 ml.
-	From City Mains	300	86 (81 non Faecal)	214	108	84 (81 non Faecal)	24
	From wells and springs	- 10	9 (5 non Faecal)	1	3	(Faecal)	1
	From City Mains in neighbouring areas	36	19 (17 non Faecal)	17	-	-	
	Grand Totals	346	114	232	111	86	25

Sterilization. An average of one part per million of chlorine gas has been added to the water during the year and .05 p.p.m. of ammonia since April.

The Yelverton supply has been treated with 0.5 to 1.0 p.p.m. of chlorine by the automatic addition of conchlor.

Chemical Analysis.

12 samples of water were submitted for chemical analysis. The following table gives a summary of the results of these, the figures representing parts per million:—

CHEMICAL ANALYSIS OF WATER DURING 1949. (parts per 100,000)

AN SAME STATE	March	June	September	December
Temporary Hardness	0.4	1.2	0.9	0.7
Permanent Hardness	2.0	2.1	2.4	2.0
Total Hardness	2.4	3.3	3.3	2.7
Chlorides as Chlorine	1.0	1.0	1.1	1.1
Ammonia, saline	Nil,	0.0004	Nil	0.0008
Ammonia, albuminoid	0.0004	0.0010	0.0022	0.0012
Nitrates as nitrogen	Nil	Nil	Nil	Nil
Nitrites as nitrogen	Nil	Nil	Nil	Nil
Oxygen (absorbed 4 hrs. at 27°C.)	0.085	0.065	0.17	0.17
Metals (zinc, copper and lead)	Nil	Nil	Nil	Nil
pH value	6.2	7.1	6.7	6.7

Until April 21st four cwts. of lime were added to the water each day to reduce the tendency towards plumbo-solvency. Since April 21st the lime has been added by means of an automatic dry feeding machine which gives continuous

and steady dosing. The dose has been increased to 6 cwts. per day. The Yelverton supply has been treated with Soda Ash.

I am indebted to the City Water Engineer for part of the foregoing information.

### SWIMMING POOLS.

Routine visits of inspection as well as visits for the purpose of taking samples for bacteriological examination are made to the swimming pools in the City, all but one being owned by the Corporation.

It was necessary in 1949 for the Medical Officer of Health to make a special report to the Parks and Recreation Committee regarding the inadequate system of purification at the Mount Wise Bathing Pools. It is gratifying to report that as a result of this, the Council gave instructions for the installation of pumps and direct injector gas chlorinators and it is anticipated that this work will be completed before the summer of 1950.

RESULTS OF BACTERIOLOGICAL EXAMINATION OF SAMPLES OF WATER OBTAINED FROM BATHING POOLS IN THE CITY DURING 1949

Source	B. Coli present in 100 ml.	B. Coli absent in 100 ml.
Tinside	15 samples (83.4%) (10 Non Faecal, 5 Faecal)	3 samples (16.6%)
Mt. Wise Ladies	9 samples (50%) (6 Non Faecal, 3 Faecal)	9 samples (50%)
Mt. Wise Men's	9 samples (50%) (7 Non Faecal, 2 Faecal)	9 samples (50%)
Plymouth College	3 samples (50%) (2 Non Faecal, 1 Faecal)	3 samples (50%)
Mt. Wise Infants' Paddling Pool	7 samples (63.6%) (6 Non Faecal, 1 Faecal)	4 samples (36.4%)

## SANITARY INSPECTION OF THE AREA

Complaints
Received.

During the year 2,048 complaints of nuisances and housing defects were received. These complaints referred mainly to housing defects. There are still very many houses in the City where war damage repairs have not been completed, and the need for completion of negotiations in connection with war damage claims continues to be the cause of much delay in complying with notices served under the Public Health and Housing Acts.

The table adjoining this page indicates the number of inspections of various premises carried out during the year, together with the action taken as a result of these inspections.

Prosecutions. In 35 cases it was necessary to issue summonses against persons for non-compliance with Abatement Notices. 11 of these summonses were withdrawn, the nuisances having been abated before the date of hearing.

24 Nuisance Orders were made by the Court, 16 of which were complied with, the remainder not having expired at the end of the year.

In eight cases the Nuisance Orders were not complied with and it was necessary to refer the matter back to the Court. Fines varying in amount from 10/- to £3 were imposed, and in one case the Magistrates made an Order prohibiting the use of the property for human habitation.

Rodent Control. The number of complaints of rats and mice infestation received during the year was 369.

3,027 inspections of premises were carried out in connection with rat infestation, comprising 2,070 dwelling houses and 957 other premises. These inspections revealed rat or mice infestation in the case of 913 properties and, as a result of treatment given, 855 of these rodent infestations were eliminated.

The method of treatment recommended by the Ministry of Agriculture and Fisheries continues to be used. Of unpoisoned baits laid for prebaiting purposes, 43% was taken, whereas of poisoned baits laid, approximately 25% was taken.

Owners and occupiers of infested premises have co-operated throughout the year, resulting in the very high percentage of premises completely eliminated of infestation.

Factories. Details of the Sanitary Inspection of Factories under the Factories Act, 1937, are given in the following tables:—

### 1. Inspections:-

off the three a samulat noise		Number of	settle siles
•	Inspections	Written - Notices	Occupiers prosecuted
Factories with mechanical power	509	61	
Factories without mechanical power	101	5	

### 2. Defects found :-

	Nu	mber of def	ects	No. of defects
but star by delike	Found	Remedied	Referred to H.M. Inspector	in respect of which prose- cutions were instituted
Want of cleanliness	15	12	_	_
Overcrowding	TON TO BUT	1976 _10 A	DAPA	_
Unreasonable temperature	1	1		-
Inadequate ventilation	_	_	_	_
Ineffective drainage of floors ∻⊯	MOT ZOOL	Personal sea	n i - m	enter probe
Sanitary Conveniences—				AND THE REAL PROPERTY.
insufficient	2	1 1	1111/2000	SSS AT LEGS
unsuitable or defective	5	4	_	_
not separate for sexes	2	1	TO TANGE	EL SUE
Other offences	41	11	June 1	

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premises	
various	
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inspections	
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the	otices
swort	of No
table show	number
wing	the m
following t	with
The followi	together
83	CED

Statutory Notices complied with during the	year	-	634	1	1	1	1	-	1	1	1	1	-	-	-			1	1	1	1	1	1	1	1	1	1	1	+	1 1		-	1	1	1	1	-	1	-	1		1	-				
Statutory Notices served during the	year	1	827	1	1	1	1	1	69	1	1	1	1	-	1		1	1	1	1	1	1	1	1	1	1	1	1 -	1	1 1		2	1	1	1	1	-	1	1	1		1	-				
Intimation Notices complied with or Improvements	effected	1.	1875	7	1	1	1	-	50	26	67	-	1	61 ;	110	4 -	+ 0"	0 61	-	. 1	1	1	1	1	1	1	47	70	66	3 00	0	44	1	-	61	- 1	1.		020	693			200	102	63		
Intimation Notices served or Improvements	required	2248	315	12	! !	21	1	1	54	40	3	8	1		7 9	64.	+ 4	+ 00		-	-	1	-	1	1	1	62	71.	8/8	6 8	8	3 =	1	61	5	1	1 0	2 200	989	×	916	218	-	- 1	GS		
Inspections or Visits		8229	27640	295	1252	41	225	8	215	1793	28	43	93	634	102	368	118	1053	22	-	2	7	. 88	11	103	754	585	521	. 127	41	105	347	2416	28	16	102	41	26	1389	189	200	coo .	606	38	9109	-	
Premises Inspected		Houses inspected (Public Health and Housing Acts)	Acts)	nises (other than houses) inspected to	M. of comore or contractors interviewed	No of bonses visited & contacts of infectious diseases	No of houses visited re notifiable diseases		Accumulations	:	and Amusement place	Common Lodging Houses		Dairies and Milkshops	Fresh Fish Shops and Carts	Fried Fish and Chip Shops	Fruit and Vegetable Shops	Food Venicles	Ice Cream premises	Markets Markets	nicles	Numering Homes	Offensive Trades		kers	· Premises to examine foodstuffs	Provision shops	Public Conveniences	Public Houses	ants and Kestaurant Kitchens	Schools	ACT	Slaughter houses	Smoke observations	Stables	Swimming baths	Tents, Vans, Sheds, etc	Tips	Houses inspected for rat infestation	fra	Premises other than houses inspected for rat in-		ler than houses re-inspected for ra	: : :	ations	Miscellaneous	

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# HOUSING.

1.	INSPECTION OF DWELLING-HOUSES DURING THE YEAR :-	
	(1) (a) Total number of dwelling-houses inspected for defects (under Public Health and Housing Acts) (b) Number of inspections made for the purpose	8229 27640
	(2) (a) Number of dwelling-houses (included in sub-head (1) above) which were inspected and recorded under the Housing Consolidated Regulations, 1925 and 1932	190
	(3) Number of inspections made for the purpose  Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	614
	(4) Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	2248
2.	Remedy of Defects during the Year without Service of Formal Notices:—	
	Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their Officers	1875
3.	ACTION UNDER STATUTORY POWERS DURING THE YEAR :-	
	(a) Proceedings under Sections 9, 10 and 16 of the Housing Act, 1936:	
	(1) Number of dwelling-houses in respect of which notices were served requiring repairs	104
	(2) Number of dwelling-houses which were rendered fit after service of formal notices:	47
	(a) By owners	1
	(b) Proceedings under Public Health Acts:	
	(1) Number of dwelling-houses in respect of which notices were served requiring defects to be remedied	827
	(2) Number of dwelling-houses in which defects were remedied after service of formal notices:  (a) By owners	634
	(a) By owners	Nil
	(c) Proceedings under Sections 11 and 13 of the Housing Act,	
	1936: (1) Number of dwelling-houses in respect of which Demo-	
	lition Orders were made	36
	(2) Number of dwelling-houses demolished in pursuance of Demolition Orders	14
	(d) Proceedings under Section 12 of the Housing Act, 1936:	
	(1) Number of separate tenements or underground rooms in	must r
	respect of which Closing Orders were made	20
	(2) Number of separate tenements or underground rooms in respect of which Closing Orders were determined, the	
	tenement or rooms having been rendered fit	2
	(3) Number of Undertakings not to use unfit houses	
	accepted	12

### 4. Housing Act, 1936. Part iv-Overcrowding:-

(a)	(1)	Number of dwellings overcrowded at the end of the year	379
	(2)	Number of families dwelling therein	487
	(3)	Number of persons dwelling therein	2268
(b)		Number of new cases of overcrowding during the year	196
(c)	(1)	Number of cases of overcrowding relieved during the	
		year	169
	(2)	Number of persons concerned in such cases	812

Overcrowding. In the latter part of the year, a review was made of those cases of overcrowding which had been revealed by a survey carried out in 1938 and which were still recorded as being overcrowded. 1,313 cases in all were reviewed and the following facts obtained:—

Houses demolished or overcrowding abated		1,252
Houses still overcrowded by the same families		58
Houses still overcrowded, but by different families		3
Total	W	1,313

It will be seen, therefore, that of those dwellings recorded as being overcrowded in 1938, only 61 still remained, which, added to the 400 cases which have come to the notice of this Department since 1938, make a total of 461 known cases of overcrowding at the time the 1949 survey was carried out.

By the end of the year, this number had been reduced to 379 and concerned 487 families, comprising a total of 2,268 persons.

Areas.

During the year, surveys of certain reconstruction areas were carried out with a view to the making of Declaration of Unfitness Orders in respect of those houses unfit for human habitation.

As a result of these inspections and following local Inquiries held by the Ministry of Health, Orders were made in respect of 40 houses.

Furnished Buring the year, 24 references were made by the Houses (Rent Control) Act, 1946 Health Department to the Rent Tribunal regarding the charging of excessive rents for furnished lettings. Seventeen of these dwellings comprised one room tenancies, four were two room tenancies, two were three room tenancies and one consisted of a house of seven rooms.

Most of these cases came to the notice of the Department whilst the District Sanitary Inspectors were carrying out their normal duties under the Public Health and Housing Acts.

As in the previous year, in a large number of the cases the standard of furnishing was low and domestic amenities provided inadequate and not readily accessible.

In all but three instances, the Tribunal reduced the rents, the extent of the reductions being shown in the following table.

No. of rooms in tenancy	Rent charged (Weekly unless otherwise stated)	Rent fixed by Tribunal	Amount of Reduction
1	12/6	11/6	1/-
1	10/-	8/6	1/6
* 1	£1. 0. 4.	16/6	3/10
. 1	19/4	15/-	4/4
	19/4	16/6	2/10
. 1	£1. 2. 6.	16/-	6/6
1 1	£1. 2. 6.	14/-	8/6
+ 1	15/-	12/-	3/-
7 7	£9. 0. 0.	£7. 17. 6.	£1. 2. 6.
	per month	per month	monthly
4 1	£1. 0. 0.	17/6	2/6
† 1	£22. 0. 0.	£10. 10. 0.	£11. 10. 0.
3	per month	per month	monthly
		17/6	5/6
1	~	£1. 0. 0.	4/-
1		£1. 0. 0.	3/-
1		19/-	6/-
* 1		19/6	5/6
	2	18/-	2/-
The state of	N. 10 0	£1. 0. 0.	10/-
1	N	£1. 15. 0.	15/-
* 2 * 1	~ ~ ~	£1. 13. 0.	9/-
2	$ £2. 2. 0. \\ £1. 0. 0. $	17/6	2/6

<sup>\*</sup> Including cost of gas and electricity

<sup>†</sup> Including cost of electricity

#### INSPECTION AND SUPERVISION OF FOOD.

Bacteriological Examination of Milk.

580 samples of milk were taken for bacteriological examination. Of these 555 gave satisfactory results but the remaining 25 failed the test, thereby indicating an unsatisfactory state of cleanliness. All persons concerned in the production, treatment and distribution of the milk giving unsatisfactory results were advised on the need for greater care in their dealings with the milk in order to ensure a satisfactory standard of cleanliness. Subsequent samples revealed that the necessary improvements had been achieved.

The following table shows the number of samples of various descriptions of milk submitted to the Methylene Blue Test and the results:—

**	*	m
METHYLENE	KILLE	ECT
MEINILENE	DLUE	IESI.

Description of Milk	Total No. of Samples	Satis- factory	Unsatis- factory
Tuberculin Tested (Certified)	141	132	9
Accredited	14	14	and the American
Sterilised	17	17	-
Pasteurised	345	335	10
Tuberculin Tested	63	57	6
Totals	580	555	25

Examination 48 samples of milk (28 ungraded, 13 tuberculin of Milk for Tubercle Bacilli. tested, 3 accredited and 4 pasteurised) were examined biologically for the presence of Tubercle Bacilli, and all were returned negative.

The milk from approximately 707 cows has been examined for the presence of Tubercle Bacilli, with a negative result.

Milk. 357 samples of heat treated milk, that is 340 of pasteurised and 17 of sterilised milk, were obtained and submitted to the phosphatase test for checking the efficiency of heat treatment. 355 samples gave satisfactory results, the remaining 2 being unsatisfactory. In each of these cases the cause of inadequate pasteurisation was traced and rectified.

Milk (Special Designations)
Regulations, 1949, etc.

On the 1st October, 1949, there came into operation a number of new regulations applicable to milk and dairy premises. Amongst these were the Milk and Dairies Regulations, 1949, which made a distinction between dairy farmers, i.e. milk producers, and milk distributors, i.e. persons trading from premises other than a dairy farm and between dairy farms and other premises at which milk is handled. The Minister of Agriculture is now responsible for the registration and general supervision of dairy farms and dairy farmers and Local Authorities responsible for milk distributors and other dairy premises.

The new regulations regarding Special Designated Milk reenact with amendment the provisions of the former Milk (Special Designations) Regulations, 1936 to 1948. They provide for a new Special Designation "sterilised milk" and for a new test, i.e. turbidity test, applicable to sterilised milk. There is one establishment in the City which carries out the process of sterilising milk. During the last three months of the year 12 samples of sterilised milk were submitted to the Turbidity Test, and all were found satisfactory.

Licences under the Milk (Special Designations) Order, 1936.

The following table shows the number of licences to use the various designations applied to milk issued during the year:—

· Description	No. Issued					
Pasteuriser's licences (Holder p	rocess	()				3
Pasteuriser's licences (High Tem	perat	ure She	ort Tim	e Proc	ess)	1
Tuberculin Tested Bottling Lice	ences					2
Retail Tuberculin Tested Licen-					1	26
Retail Pasteurised Licences						14
Accredited Producers' Licences						2
TOTAL						48

Analysis of Milk.

93 samples of raw milk and 34 samples of pasteurised milk were obtained for analysis. 73 of these samples were found to be genuine and 20 (all raw milk) were adulterated. Of these 20 unsatisfactory samples, 12 contained added water and 8 were deficient in fat. Four charges were brought against one vendor but the cases were dismissed on a technical

point. In the remaining cases the vendors were cautioned that the future sale by them of milk below standard would result in proceedings being taken against them.

During the year, in following up samples of milk below the standard, 9 "Appeal to Cow" samples were taken from 4 farms.

No.	Initio	al Samples		" Appeal to C	Cow "	
of Sample	Non-fatty solids	Milk- fat	Milk	Non-fatty solids	Milk- fat	
1	8.73	2.76	Evening	8.9	3.5	
1 2	8.83	2.61	Evening	8.74	4.05	
				3 8.88	2.73	
3	9.03	2.94	Morning	9.14	3.11	
3 4	9.15	2.43		9.47	2.77	
5	8.33	3.90		9.13	4.38	
5 6	7.99	3.63	Morning	> 8.97	4.05	
7	8.16	3.86	0	8.86	3.22	
7 8	8.07	3.50		9.11	4.30	

The following table shows the percentages of the total milk sold in the City under the various designations:—

1.	Milk sold under the designation "Pasteurised" which has been pasteurised by H.T.S.T. process	53.8%
2.	Milk sold under the designation "Pasteurised" which has been pasteurised by the holder process	18.35%
3.	T.T. Pasteurised	Nil
4.	T.T. Raw	0.92%
5.	T.T. Farm Bottled	1.35%
6.	Ungraded—Raw Milk	4.53%
	under the designation of pasteurised milk	3.9%
	sold under the designation of pasteurised > 1	12.75%
	milk	
7.	Sterilised Milk	4.3%

Ice Cream. The number of applications for registration of premises for the manufacture for sale of loose ice cream was 2, for the sale only of loose ice cream 38 and for the sale of pre-packed ice cream 139.

Chemical Analysis of Ice Cream.

The Tesults are given in the following table. There was a definite improvement in the percentage of total fat found in these samples, but the amount of butter fat and non-fatty milk solids could be improved. It is to be hoped that with the improvement in the supply of milk, more milk products will be used in the manufacture of ice cream.

TABLE OF CHEMICAL QUALITY OF ICE CREAM.

Sample No.	Total Fat %	Sample No.	Butter Fat %	Sample No.	Non-Fatty Milk Solids %	Sample No.	Total Non-Fatty Solids %
12	14.0	11	2.4	11	6.07	2	36.8
10	10.5	1	1.8	1	4.5	11	28.2
6 3	9.7	2 6	1.2	2	3.0	1	27.1
3	9.6		1.2	6	3.0	5	26.0
1	9.53	12	1.0	12	2.5	13	25.0
13 7	8.3	14	1.0	13	2.2	12	24.2
7	6.4	10	0.9	10	2.2	3	23.3
8	5.6	13	0.9	7 8 9	2.0	6	22.7
11	5.0	8 9 7	0.8	8	2.0	9 8	21.6
14	4.6	9	0.8		2.0	8	21.3
2	4.0	7	0.8	14	2.0	10	21.0
	3.9	3	0.2	3	0.4	7	20.3
5 9	3.4	4 5	Nil	5	Nil	4	19.5
9	1.5	5	Nil	5	Nil	14	18.3
Average	6.86	Average	0.93	Average	2.27	Average	23.95

Bacteriological Examination of Samples of Ice Cream were submitted to the form of Methylene Blue Test suggested by the Ministry of Health. The table below gives the results of these tests.

	Grade	Hot Mix	Cold Mix	Totals
Grade 1.	Time taken to reduce methy- lene blue—4½ hrs. or more	76	12	88
Grade 2.	Time taken to reduce methy- lene blue—2½ to 4 hrs	9	1	10
Grade 3.	Time taken to reduce methy- lene blue—½ to 2 hrs	1	_	1
Grade 4.	Time taken to reduce methylene blue—0 hrs	-	_	-
	TOTALS	86	13	99

Of the 86 samples of "Hot Mix" 28 were "pre-packed" samples, of which 27 were placed in Grade 1 and 1 in Grade 2.

All the 13 samples of "Cold Mix" were loose samples.

Inspection of Meat and Slaughter-Houses. There are four private slaughter-houses in use in the City, and these were visited on 2,416 occasions during the year.

Also, 1,197 visits were made to food factories and butchers' shops.

Condemned. The total number of carcases inspected at the Meat Market and in the private slaughter houses and food factories during the year was 24,757 which was made up as follows:—

Bovines		 	 	 7,546
Calves		 	 	 1,918
Sheep and	Lambs	 	 	 15,219
Pigs		 	 	 74

The total weight of meat and offal condemned during the year from animals killed inside and outside the City was 373 tons 7 cwts. 3 qrs. 16 lbs. This amount was made up as follows:—

	Cattle excluding Cows.	Cows.	Calves.	Sheep and Lambs.	Pigs.
Number killed	4519	3027	1918	15219	74
Number inspected	1	2051	9966	100997	7163
All diseases except Tuberculosis. Whole carcases condemned	emer se stemil/	95	34	97	6
Carcases of which some part or organ was condemned		37	179	2168	389
Percentage of the number in- spected affected with disease other than Tuberculosis		1.4	9.3	14.2	8.7
Tuberculosis only Whole carcases condemned	12	28	1	100	32
Carcases of which some part or organ was condemned		276	773129	2 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	495
Percentage of the number inspected affected with Tuberculosis	1	4.6	-	E.A.	11.07

# FOOD AND DRUGS.

Adulteration, etc. The various samples of food and drugs submitted for analysis during the year are classified in the following table, together with the number of the various articles which were found to be adulterated:—

Articles		Offi Sam		Info Sam		
arnues *		Genuine	Adulter- ated	Genuine	Adulter- ated	No.
Aspirin Tablets		-	_	8	_	8
Almond Paste		-	-	1	-	1
Butter-scotch	***	1	-	-	-	1
Butter	***	-	-	14	-	14
Brandy Baking Powder		-		1 4	-	1 4
Chocolate Spread			_	1	_	1
Cooking Fat		-	-	10	-	10
Coffee		-	-	6	-	6
Coffee Extract	***		-	3 7	-	3 7
Cocoa Camphorated Oil		_	_	6	1	7
Castor Oil	***	-	-	5	-	5
Cod Liver Oil	***	-	-	4	-	4
Cheese		-	-	11	-	11
Cordials Condensed M.S. Mil	b		170	8 5	7.0	8 5
Condensed Full C		100	1000		. 7.	0
Milk		-	-	8	-	8
Coffee and Chicory		100	-	7	-	7
Chipped Potatoes		100	-	1	-	1 6
Custard Powder Dried Herbs	***	2.0		6 5		5
Dried Full Cream M	ilk	0.00		1	_	1
Dripping	***		-	1	-	1
Dandelion Coffee		-	-	1	-	1
Drinking Chocolate	***	10000		1	7	1
Dried Apricot Pulp Epsom Salts			_	5	-	5
Flavourings		1	-	9	-	9
Fudge			-	1	-	1
Glycerine	***	-	-	3	-	3 5
Ground Spice		200		5 4	_	4
Gelatine Ground Almonds		100		i		i
Iodine Paint		100	-	1	-	1
Ice Cream		-	-	14	-	14
Ice Cream Powder		-	-	1	-	11
Jam Ieloid	***	15 152		11		1
Honey	***		-	i	-	1
Honey Lumps		10	-	1	-	1
Lard	***	-	-	1	-	8
Malt Vinegar Malt Extract	***		-	8	-	3
Marmalade	***		_	7	-	7
Margarine		10 100	-	11	-	11
Meat and Fish Pas	te	-	-	12	-	12
Meat and Veg. Extr			-	8 3	-	8 3
Mustard Milk	***	-	19	1	1	93
Olive Oil	***		-	5	-	5
Preservative	-		-	1	-	1
Peeled Potatoes	***	-	-	1 5	-	1 5
Pepper	***			5	_	1
Porridge Pasteurised Milk		0.0		-	-	32
Raspberry Crystals		100	-	1	-	1
Rum			-	1	-	1 2
Rolled Oats	***	100	-	10	100	10
Sausages	***	200	1	11	-	11
Sugar Soups (Tinned)	***		-	13	-	13
Sterilised Milk		0	-	-	-	2
Self Raising Flour		40 00	-	6	7	6
Saccharin Tablets	***	4	-	11 2		
Sweet Fat Sauce	***	1		8	-	8
Salad Cream	***	10	-	5	-	2 8 5 3 1
Saffron		100	-	3	-	3
Tomatoes (Tinned)			-	7	1	
Table Jelly		10 100	-	4 5	-	4 5 8
Tea Tincture of Iodina	***	1	-	8	1	8
Tincture of Iodine Whisky	***	1		1	-	1
Wafer Biscuits	***	0	-	-	-	2
Zinc Ointment		1 63	-	6	-	6
	100		-			

.0

Food and Drug Samples Reported Not Genuine.

A	rticle	Nature of Adulteration	Action taken		
Campho Tinned		Contained 0.3% add Contained tin 5.51 a pound and iron per million.	grains	per	Letter of caution Remainder of stock used for animal feeding stuffs.
Milk		 14% added water			Letter of caution
,,		 8% deficient fat			Letter of caution
,,		 10% added water			Letter of caution
,,		 10% added water			Letter of caution
,,		 10% added water			Letter of caution
,,		 4% deficient fat			Letter of caution
",		 5% added water			Letter of caution
"		 1% added water			Letter of caution
,,		 1% added water			Letter of caution
- ,,		 1% deficient fat			Letter of caution
,,		 13% deficient fat			Letter of caution
A ,,		 29% deficient fat			Letter of caution
		 3% deficient fat			Letter of caution
**		 2% deficient fat			Letter of caution
,,		 19% deficient fat			Letter of caution
,,		 5% added water			Letter of caution
,,		 2% added water		)	
15,, -		 6% added water		>	Cases dismissed
,,		 4% added water			on a technical
"		 5% added water		1	ground.

Inspection of Other Food Premises. Although there is little doubt that, generally speaking, persons engaged in the food trade are becoming more aware of the necessity for the clean handling of food, cases of contamination of foodstuffs still come to the notice of this Department which clearly show evidence of lack of care in the storage, preparation and handling of food.

Of cases which occurred during the year, one concerned a three pound bag of flour which was found to contain a small mouse. An inspection of the shop from which the flour was purchased revealed evidence of mice infestation, and an examination of the foodstuffs on the premises showed that a high proportion of the stock of flour held was contaminated by mice. The contaminated foodstuffs were surrendered to this Department, and the willing co-operation of the proprietors obtained in eliminating mice from the premises. A severe warning was also given to all persons concerned, and the proprietors cautioned as to the need for greater care being exercised in the storage and handling of food.

In another instance, a particle of splintered glass was found in a chocolate. The manufacturers were approached and took steps to avoid a repetition of this form of contamination.

Another complaint related to a cigarette end which was found in a loaf of bread. The retailer who supplied the contaminated loaf received bread from two bakers and, it was, therefore, not possible to trace the offender. Both bakeries were visited, and the management and employees cautioned as to the need for greater care being exercised in the future.

Unsound Foodstuffs. The following summary indicates the quantity of foodstuffs examined and found to be unfit for

food:—								
TINNED	GOOD	s.			Tons	cwts.	qrs.	lbs.
Meat					 3	4	2	0
Fish					 1	5	1	2
Milk					 2	3	3	6
Soup					 -	6	2	20
Fruit					 6	3	_	20
Vegeta	ables				 2	8	2	18
Jam a	and M	armala	ıde		 -	5	3	17
Variou	ıs		***		 2	5	3	26
Provision	ONS.				Tons	cwts.	qrs.	lbs.
Tea					 _	-	_	27
Jam a	and M	armala	ade ·		 -	-	2	11
Flour					 _	4	3	-
Oats	and C	ereals			 -	12	-	27
Biscui	its				 _	4	1	22
Sweet	s and	Choco	lates		 -	7	2	24
Sausa	ges an	d saus	sage m	eat	 -	4	2	21
Sugar						10	3	16
Chees	e					5	2	14
Dried	fruit				 -	4	2	23
Fats					 _	13	2	23
Vario	us				 2	7	2	3
Fresh	fruit				 1	1	2	12
Bacor	1				 -	13	3	22
Veget	ables				 7	19	3	25

The following summary indicates the quantity of fish and shell fish examined during the year and the quantity found to be unfit for food:—

To experience the provide selds		Tons	crets.	qrs.	lbs.
Quantity of fish inspected		2466	4	-	-
Quantity of mixed fish found to	be				
unfit for human food		26	8	-	-
Quantity of shell fish found to	be				
unfit for human food		-	5	3	-
		1344	of other	varieti	es

# Infectious Diseases

The following pages give tables showing the occurrence of Infectious Diseases in 1949, include general observations on a number of the diseases, and conclude with statistical information on the progress being made with immunisation against Diphtheria and Whooping Cough and vaccination against Smallpox.

Table 1 shows the numbers of cases of infectious diseases notified to the Health Department during 1949 with comparative figures for the previous four years. In all the tables, where the original diagnosis has subsequently been amended to another disease, the notification has been corrected accordingly.

Table 2 shows the number of notifications received during 1949 for each disease, classified by age groups and showing the percentage notified in each age group of the total for each disease.

Table 3 shows the quarterly and sex incidence of Infectious Diseases during 1949.

Table 4 shows the "attack rate" (i.e. the number of cases per 1,000 of the population) of the commoner notifiable diseases for 1949, with the comparative rates for (a) England and Wales, (b) 126 County Boroughs and Great Towns, and (c) Plymouth for 1948 and 1947.

Mortality. Table 5 gives the number of deaths due to Diphtheria, Scarlet Fever, Measles and Whooping Cough in Plymouth for the years 1922–1949 inclusive. This table also shows the death rates for these diseases per 1,000 of the population for the City and the comparative rates for England and Wales.

Hospital
Admissions
and Deaths.

Table 6 shows the number of Plymouth residents
admitted to the Isolation Hospital by reason of
Infectious Disease and the deaths of Plymouth residents occurring
in that Hospital.

TABLE 2. INFECTIOUS DISEASES NOTIFIED 1949—CIVILIANS—BY AGE GROUPS.

				_															100000									
			nder Year.		-2		2–3 ears		-4 ears.		-5 ars.		-10		)–15 ears.		5–20 ears.		)-25 ears.		3-35 ears.		-45 ears.		-65 ears.		Years Over.	Total
	-	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	No.	% of Total.	All Ages.
Scarlet Fever .		2	1.18	10	5.88	19	11.17	13	7.65	16	9.41	84	49.41	17	10.00	5	2.94	-	-	1	.59	-	-	2	1.18	1	.59	170
Diphtheria		1	3.45	1	3.45	-	-	1	3.45	2	6.90	3	10.35	3	10.35	2	6.90	5	17.25	9	31.00	2	6.90	-	-	-	-	29
Pneumonia		14	6.50	17	7.87	12	5.55	7	3.25	5	2.30	23	10.66	11	5.00	7	3.25	5	2.30	15	6.90	21	9.75	44	20.42	35	16.25	216
Puerperal Pyrexia .		-	_	-	-	-	_	-	_	-	_	-	-	-	-	3	11.11	8	29.63	11	40.74	4	14.82	1	3.70	-	-	27
Cerebro-Spinal Fever	r	1	100.00		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	_	-	-	-	1
Poliomyelitis		1	5.00	-	-	1	5.00	3	15.00	1	5.00	9	45.00	3	15.00	-	-	2	10.00	-	-	-	-	-	-	-	-	20
Ophthalmia Neonatorum		6	100.00	_	_	_	_	_	_	_	_	_	_	-	_	-	_	_	_	_		_	-	-		-	-	6
Erysipelas		_	-	2	3.51	-	-	-	-	_		-	-	1	1.75	1	1.75	-	-	7	12.28	6	10.53	26	45.62	14	24.56	57
Whooping Cough .		60	9.76	76	12.36	113	18.36	97	15.77	76	12.36	172	27.97	13	2.11	2	.33	2	.33	1	.16	2	.33			1	.16	615
Measles		148	5.3	358	12.30	454	16.20	414	14.80	473	17.00	900	32.01	34	1.23	11	.40	3	.12	11	.40	1	.04	3	.12	2	.08	2812
Food Poisoning		_	-	-	-	-	-	-	-	-	_	-	_	-	-	1	12.50	-	_	2	25.00	2	25.00	2	25.00	1	12.50	8
Gastro-Enteritis (under 2 years)		60	67.42	29	32.58	_	_	-	_	-	_	-	_	-	-	_	-	-	-	-	-	-	-	-	-	-	_	89
TOTALS .		293	7.23	493	12.17	599	14.79	535	13.21	573	14.15	1191	29.38	82	2.02	32	.80	25	.62	57	1.41	38	.95	78	1.93	54	1.34	4050

QUARTERLY INCIDENCE OF INFECTIOUS DISEASES-PLYMOUTH-1949

	2								11			100			1
		JANUARY- MARCH	X		A IL- JUNE		SE	JULY- SEPTEMBER		ŎĞ	OCTOBER- DECEMBER		T	TOTALS FOR YEAR	
	W.	Œ	T.	M.	Į.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Scarlet Fever	18	8 21	39	26	22	48	11	12	23	35	25	09	06	80	170
Diphtheria		3 5	∞	8	13	16	1	3	3	1	61	7	9	23	29
Preumonia	54	4 60	1114	21	21	42	12	10	22	23	15	38	110	106	216
Puerperal Pyrexia		7	7	1	7	7	1	9	9	1	7	7	1	27	27
Cerebro-Spinal Fever		1	-	1		1	1	1	1	1	1	1	1	-	-
Poliomyelitis	1:	1		1	1	67	5	6	14	1	23	3	8	12	20
Ophthalmia Neonatorum .		1	-	-	1	1	1	2	2	1	1	2	3	3	9
Erysipelas		6 4	10	7	9	13	3	6	12	5	17	22	21	36	57
Whooping Cough	145	5 153	298	95	94	189	54	43	97	6	22	31	303	312	615
Measles	1056	9011 9	2162	303	293	596	19	22	41	5	00	13	1383	1429	2812
Food Poisoning		3 . 1	4	1	61	01	-	1	2	1	1	1	4	4	∞
Gastro-Enteritis (under 2 years)	11	1 4	15	10	∞	18	18	13	31	13	12	25	52	37	88
TOTALS .	1298	8 1362	2660	467	467	934	. 128	130	253	92	Ξ	203	1980	2070	4050
The state of the s															



TABLE 1.

CASES NOTIFIED IN THE CITY DURING THE PAST FIVE YEARS.

Disease		1949	1948	1947	1946	1945
					164.9	
Smallpox		-	-		1	
Scarlet Fever		170	209	145	228	321
Paratyphoid		-	_	3		
Diphtheria		29	51	49	68	157
Pneumonia		216	161	186	185	51
Puerperal Pyrexia		27	35	37	77	36
Cerebro-Spinal Fever		1	1	12	8	3
Dysentery		. 3		3	6	23
Poliomyelitis and						
Polio-encephalitis		20	3	8	1	4
Ophthalmia Neonato		6	5	17	21	(
Erysipelas		57	59	39	58	62
Gastro-Enteritis			31 3	100		
(under 2 years)		89	81	162	34	95
Whooping Cough		615	1020	443	342	369
Measles		2812	1581	2552	216	2647
Food Poisoning	= :::	8	4	6	4	-

TABLE 4.
"ATTACK RATES" FOR THE CITY, COMPARED WITH ENGLAND
AND WALES AND OTHER AREAS.

Disease	Plymouth 1949	England and Wales, 1949	Boroughs and Great Towns (inc. London) 1949	1	Plymouth 1947
Typhoid		0.01	0.01	_	0.00
Paratyphoid Fever	-	0.01	0.02	-	0.02
Cerebro-Spinal Fever	0.00	0.02	0.03	0.00	0.06
Scarlet Fever	. 0.89	1.63	1.72	1.11	0.79
Whooping Cough	0.00	2.39	2.44	5.39	2.43
Diphtheria	0.15	0.04	0.05	0.27	0.26
Erysipelas	0.00	0.19	0.20	0.31	0.21
Smallpox		0.00	0.00	_	_
Measles	14 70	8.95	8.91	8.37	14.05
Pneumonia	1 12	0.80	0.91	0.85	1.02
Acute Poliomyelitis	0.10	0.13	0.13	0.01	0.04
Acute				The second	
Polioencephalitis		0.01	0.01	-	-
Food Poisoning	0.04	0.14	0.16	0.02	0.03

MORTALITY FROM CERTAIN INFECTIOUS DISEASES, 1921-1949. PLYMOUTH COMPARED WITH ENGLAND AND WALES. PER 1,000 CIVILIAN POPULATION. TABLE 5.

ugh.	England	and Wales Death Rate.	.11.	.04	90.	.02	.02	.02	10.	.02	.02	.02	.01
Whooping Cough.	PLYMOUTH	Death Rate.	.07	.04	70.	.01	90.	00.	10.	.02	10.	.01	.03
Who	PLYM	No. of Deaths.	14	10	111	2	8	1	3	4	2	61	5
	England	and Wales Death Rate.	.10	.04	.02	.01	.02	00.	10.	00.	10.	00.	1
Measles.	Рьумоитн	Death Rate.	01.	.03	80.	00.	90.	00.	00.	00.	.05	1	00.
	PLYM	No. of Deaths.	21	8	12	1	8	1	1	1	6	1	1
7.	England	and Wales Death Rate.	.02	10.	00.	00.	. 00	00.	00.	00.	00.	00.	1
Scarlet Fever.	оптн	Death Rate.	10.	00.		1	1	1		1	1	1	
Sc	PLYMOUTH	No. of Deaths	3	5	1	1	1	1	1	1	1	1	1
	England	and Wales Death Rate.	80.	.07	90.	.04	.03	.02	10.	10.	10.	00.	00.
Diphtheria.	оптн	Death Rate.	.10	.14	.18	.12	70.	.02	.03	10.	10.	00.	00.
1	PLYMOUTH	No. of Deaths.	20	29	28	16	10	4	9	61	61	1	1
	YEAR.	21	1921–1930 Average	1931–1940 Average	1941	1942	1943	1944	1945	1946	1947	1948	6461

A rate of .00 indicates that there were too few deaths to be expressed as a rate to two decimal places. Nores.—A series of dashes indicates that there were no deaths from that disease in that year.

# TABLE 6.

# ISOLATION HOSPITAL, PLYMOUTH. ADMISSIONS—PLYMOUTH RESIDENTS—1949 NOTIFIABLE (INFECTIOUS) DISEASES ONLY.

					Admitted.	Confirmed.
Diphtheria					66	27
Scarlet Fever					86	64
Enterics						-
Pneumonia					25	13
Cerebro-Spinal	Fever				3	1
Poliomyelitis					24	18
Erysipelas					15	10
Whooping Coug	gh				25	20
Measles					56	51
*Dysentery					1	
Gastro-Enteritis	s (under	2 ye	ears)		49	24
			Health	Dept.	. case)	

# DEATHS-PLYMOUTH RESIDENTS-1949.

Broncho-Pneumonia		 	3
Whooping Cough		 	4
Gastro-Enteritis (under 2	2 years)	 	2
Pulmonary Tuberculosis		 	3
Tuberculous Meningitis		 	1
Laryngeal Diphtheria		 	1
Erysipelas		 	1
Poliomyelitis		 	3
Cerebro-Spinal Fever		 	1

#### GENERAL OBSERVATIONS.

The amount of serious infectious disease requiring admission to the isolation hospital remains at the comparatively low level of recent years.

Measles. The number of cases notified was 2,812. This is a high incidence and follows on a high figure for 1947 and a moderately high figure for 1948 in which year the expected biennial abatement of the disease did not occur. It is reasonable to expect a low incidence during 1950. One death occurred, in a child under 1 year of age.

Scarlet Fever. The number of cases notified was 170, about the average of recent years. The cases generally were of a mild type, without complications, and no deaths resulted.

Whooping Cough.

615 cases of Whooping Cough were notified and 5 children died from this disease—3 below one year of age, 1 aged one year and 1 aged two years.

Diphtheria. A gratifying reduction in the number of confirmed cases of diphtheria was noted, to the record low figure of 29. Only one death occurred, a child aged one year who had not been immunised. Only 11 cases occurred in children below 15 years compared with 18 in the age group 15–45 years. Thus diphtheria, which used to attack the child population with great severity, is becoming almost a rarity in that part of the population which has been offered and largely accepted immunisation against the disease.

Poliomyelitis. The number of cases notified during the year was 20, a considerable increase over 1948, though the incidence in Plymouth is still below that of the country as a whole.

The occurrence of poliomyelitis attracts some attention in the national press and it seems wise to retain a due sense of proportion when considering this disease as a public health problem. Distressing though the disease is, many of the cases recover and are left with little or no paralysis. There were two deaths from the disease in the year in Plymouth, and it will perhaps help in gaining a proper perspective to recall that diphtheria for example claimed 105 deaths as recently as the year 1940.

Food Poisoning.

Eight notifications of illness believed to be due to contaminated food were received during this year. These were individual cases and no connection was found between any of them. Five cases occurred in the first quarter of the year, one in the second and two in the third. The ages of the infected persons ranged from 16 to 70 years (4 male and 4 female), and there were no deaths.

The suspected foods were: meat products (4), pasties (2), plums (1), duck-egg (1) but this could not be proved as in no case was any of the suspected food available for bacteriological examination. Examination of the stools of the case attributed to duck-egg poisoning revealed no harmful organisms.

Despite negative results in ascertaining the exact cause of these cases, there is no doubt that notification fulfils a valuable function in bringing to notice conditions which may lead to epidemic outbreaks, and visiting the implicated home and shop affords an opportunity to advise on any hygienic precautions which may be indicated.

Notes from Dr. D. F. Johnstone,

Medical Superintendent,

The Isolation Hospital, Beacon Park.

Scarlet Fever. Out of 86 cases of Scarlet Fever notified to this Hospital (Plymouth residents) 64 were confirmed as such and received the routine treatment of penicillin twice daily for a week together with an appropriate dose of Scarlet Fever antitoxin. There was one return case in the year and this may be regarded as entirely satisfactory.

The average stay in hospital of each case of Scarlet Fever was 17 days, longer than usual. The reason for this is that a number of these cases suffered from extensive burns and were in Hospital for lengthy periods, thus increasing the length of the average stay in Hospital.

The association of Scarlet Fever with burns is well known.

Gastro-Enteritis in children under 2 years of age were admitted as such, but only 24 cases were confirmed. Most of the unconfirmed cases were due to feeding mismanagement and no true disease was present. Many of the true cases were gravely ill on admission and the fact that only 2 deaths occurred was fortunate in so severe a disease in young babies.

# DIPHTHERIA IMMUNISATION.

The number of primary immunisations against diphtheria given in 1949 in Local Authority Clinics, at schools and by private practitioners taking part in the Local Authority Immunisation scheme was 3,318. Though this is a reduction of 331 below the number immunised in 1948, the number of births has been falling since 1947 and the percentage of child population immunised was increased. It is estimated that 60% of the population aged 1–5 years and 69% of the population 1–15 years are now immunised.

In addition to the primary inoculations, 2,646 children who had been immunised in previous years received re-inforcing injections, an increase of 545 over the 1948 figure.

Towards the end of the year negotiations were completed by which private practitioners receive a fee for the notification to the Medical Officer of Health of immunisations or vaccinations performed on their patients. This will result in the Authority having fuller information on immunisation work performed outside the clinics and enable a more accurate picture of the vaccination and immunisation state of the population to be formed.

It will be seen from Table "C" that only 3 cases of diphtheria occurred in immunised children as compared with 8 cases in the much smaller number of unprotected children. An unprotected child is more than 5 times as likely to develop diphtheria as an immunised one. Not one immunised child has died from diphtheria in the last 4 years.

TABLE A.

IMMUNISATION IN RELATION TO CHILD POPULATION.

i.e. Born in Year	Under 1 1949	1948	1947	3 1946	1945	5 to 9 1940-1944	10 to 14 1935–1939	Total under 15
Number Immunised	285	2016	2544	2316	2000	10,477	9712	29,350
Estimated mid-year child		Chile	Children under five	r five		Children 5-14	5-14	
population 1949.			18,520			25,	25,950	44,470

TABLE B.

San Parmers.

To show Work done in Diphtheria Immunisation in the last Nineteen Years and the Trend of Diphtheria Cases and Deaths in the Same Period.

Year.	Total		theria. ul of	D	Primary iphtheria unisatio		Popula-	Attack
1 647.	Births.	Cases.	Deaths.	Ages. 0-5.	Ages. 5–15.	Total No. 0-15.	tion.	Rates.
1931	3427	367	17	12	82	1282	191,800	1.77
1932	3251	444	20	11		1107	208,440	2.13
1933	3232	337	18		72	972	206,200	1.63
1934	3203	376	15	335	363	698	203,450	1.85
1935	3065	481	23	874	1244	2118	203,600	2.36
1936	3061	455	40	662	1104	1766	206,400	2.20
1937	3073	272	17	500	1035	1535	210,460	1.29
1938	3305	357	15	430	707	1137	211,800	1.68
1939	3446	404	25	568	615	1183	215,500	1.87
1940	3295	1361	105	2812	6765	9577	197,800	6.88
1941	2453	348	28	673	1244	1917	149,300	2.33
1942	2817	227	16	2323	1029	3352	127,300	1.78
1943	3144	209	10	1593	1050	2643	136,530	1.53
1944	3477	163	4	1680	535	2215	144,700	1.12
1945	3824	157	6	1701	417	2118	157,580	.99
1946	4272	68	2	2223	928	3151	176,070	.39
1947	4490	49	2	2485	•769	3254	181,600	.26
1948 1949	4036 3769	51 29	1	3326 2636	323 725	3649 3361	188,940 190,860	.27

TABLE C.

# DIPHTHERIA AMONGST CHILDREN AGED 0-15 YEARS DURING THE FOUR YEARS 1946-1949.

			Cas	ses	Dec	iths
Y	ear		Unprotected	Immunised	Unprotected	Immunised
1946			42	11	1	-
1947			26	8	1	-
1948			21	7	1	-
1949			8	3	1	-
Total year		four	97	29	4	_

# 1949 CASE INCIDENCE PER 1,000 CHILDREN, 0-15 YEARS OF AGE.

Unprotected population: 0-15 years: 15,120	 	 	.53
Immunised population: 0-15 years: 29,350	 	 	.102
Total population:	 	 	.25

# IMMUNISATION AGAINST WHOOPING COUGH.

Protective immunisation against Whooping Cough is available at the Immunisation Clinics and, since 5th July, 1948, general practitioners have also co-operated in the Local Health Authority's scheme, being supplied with immunising agents and receiving a fee for the notification of the primary immunisations they perform to the Medical Officer of Health.

The following table shows the numbers who have received protective inoculations since September, 1946.

	Year Bir		Protective Inoculations given (primary courses)					
	Dir	676	1946	1947	1948	1949		
1934			 -	1	- 1	-		
1935			 -	-	-	-		
1936			 -	1	2	1		
1937			 -	1	2 3 5	1		
1938			 /	-		4		
1939			 -	1	4	4		
1940			 -	5	5	6		
1941			 1	5	5	7		
1942			 2	13	19	12		
1943			 1	26	68	36		
1944			 -1	45	109	80		
1945			 4	80	132	89		
1946			 2	220	231	122		
1947			 -	88	875	207		
1948			 _	_	282	1096		
1949			 -	-	_	243		
To	OTALS		 11	483	1739	1908		

It will be noted that the number of children receiving inoculations is steadily increasing. This is without the intensive propaganda associated with the diphtheria immunisation scheme but results mainly from parents readily accepting for their babies diphtheria immunisation with which the whooping cough vaccine is combined.

Vaccination. The ground which was lost in the second half of 1948 when vaccination ceased to be compulsory has, to some extent, being recovered during 1949. Vaccination on a voluntary basis is available without charge at Local Authority Immunisation Clinics or from general practitioners participating in the Local Authority's scheme for Vaccination and Immunisation for persons on their lists.

The great body of medical opinion is convinced that vaccination in infancy followed by re-vaccination on appropriate occasions affords a very real protection against smallpox. Vaccination in infancy causes only slight and transient disturbance and subsequent re-vaccinations pass almost unnoticed. On the other hand, vaccination for the first time in adolescent or adult life, when it may be required for travel abroad, or because of an epidemic of smallpox, sometimes causes considerable discomfort and in a few cases may be associated with undesirable complications.

### VACCINATION TABLE.

Year		Year Births		Primary vaccinations	Percentage of Children vaccinated	Re- vaccination	
1944			3016	1663	55.14	85	
1945			3752	1803	48.05	39	
1946			3947	1890	47.88	74	
1947			4490	1972	43.92	6	
1948			2223	1011	45.48	mon - abs	
	4.7.48	0.00					
1948			1813	322	17.76	69	
	n 5.7.						
1949			3769	1432	*37.99	278	

<sup>\*</sup> Vaccinations related to births

# Prevention of Illness, Care and After-Care

# (A) TUBERCULOSIS

The problem of tuberculosis is a medico-social one, and from the point of view of the community the most promising line of action is in prevention. This remains the responsibility of the Local Health Authority. Improvement in the social conditions of the population is of prime importance in this matter, in particular housing, feeding and working conditions.

Excellent work is done by the Health Visitors in the homes of the patients and search for cases is made by the examination at the Dispensary of the contacts of known cases. Unfortunately, far too many cases are too long at home awaiting admission into sanatorium or hospital. Although the incidence of the disease has not increased, there is no doubt that during the last two years the waiting list of patients needing hospital admission has nearly doubled itself. This appears to be due to a slowing up of the turn-over of work at the hospitals. The Chest Physician has referred to this fact in his notes below.

The introduction of B.C.G. vaccination of young contacts of cases may prove to be another weapon in the armoury of prevention.

In connection with prevention and after-care, the Housing Committee has very properly helped by providing new housing accommodation for families with a tuberculous patient living under bad conditions. The following figures show what has been done in 1947–1949:—

Total families recommended during 1949 for rehousing	122
Total families rehoused during 1949	57
Total families recommended in three years 1947-1949	273
Total families rehoused in three years 1947-1949	149
Total number of families still awaiting rehousing at	
31.12.49	124

Mass
Miniature
Radiography.

Unit carried out a survey in the City. The object of this and similar units throughout the Country is to detect by X-rays those cases of unsuspected pulmonary tuberculosis which exist in all large bodies of the population.

The finding of such cases is of great value, both to the individual whose disease is discovered, often at an early amenable stage before symptoms have lead him to seek medical advice, and to the community in that a possible source of infection is ascertained.

The unit is equipped with apparatus which produces a miniature X-ray photograph of the lungs much more rapidly and economically than the standard hospital machine.

If an abnormality is discovered on the miniature film, the subject is recalled for a further X-ray to be taken on a large film, and if necessary a physical examination. If treatment is necessary, information is forwarded with the patient's consent to the family doctor and Tuberculosis Dispensary.

Mass Radiography examination is entirely voluntary and the result of the examination is confidential—so confidential that the Medical Officer of Health himself is not informed of the names of infected persons, but only of the numbers and types of infection found. Probably the liaison between the Unit and the Chest Dispensary is close enough to ensure that no person found to require treatment or observation fails to get it.

Whilst the number of Units is limited they are more efficiently employed in the periodical examinations of defined groups of people rather than in haphazard sampling from the whole population. For the survey in 1948, the groups selected for survey were employees of the Dockyards, commercial firms, the Corporation, and children of school leaving age, but in addition a number of sessions were open to volunteers from the general public.

The number of school children examined was 2,768 and the findings are given in the section dealing with the School Health Service.

The results of the examinations of volunteers from the Dockyards, commercial firms, the Corporation employees and the public are tabulated as follows:—

Total number X-rayed				8,090
Number recalled for large films				443
Significant cases—				
(a) Non-tuberculous conditions				64
(b) Tuberculous conditions:—				
Active				22
Inactive				83
Incidence of pulmonary tuberculosis	in §	groups	surveye	ed :—
Active				0.27%
Inactive				1.03%

#### REPORT OF THE CHEST PHYSICIAN.

Notifications. During the year 1949, 303 cases were notified as suffering from Tuberculosis. This number included 273 Respiratory (140 males and 133 females) and 30 Non-Respiratory (10 males and 20 females).

This number shews a decrease of 22 on the previous year.

The details of the notifications during 1949 are as follows:—

	Age Periods		Respir	atory	Non-Res	piratory
			M.	F.	M.	F.
0-1			WE-1/11		1000-000	1
1-5			5	1	1	1
5-15			7	10	3	5
15-25			39	58	1	7
25-35			38	31	3	2
35-45			23 '	18		2
45-55			12	9	1	1
55-65			14	3	1	
65 and	upwa	ards	2	3	-	1
Total	s		140	133	10	20

The numbers on the Notification Register at the end of the year were as follows:—

	Respirator	y	No	tory	Total	
Males.	Females.	Total.	Males.	Females.	Total.	cases.
869	581	1450	163	228	391	1841

There were five Posthumous Notifications during the year.

These consisted of 4 Respiratory and 1 Non-Respiratory case.

Deaths. 114 cases who were on the Chest Clinic Register died during 1949. This number shews a decrease of 19 on the previous year.

At the end of the year 1949, the following number of patients were on the "live" Chest Clinic Register.

and the state of t		Adults.  Males. Females.		Children. Males. Females.		
Respiratory Non-Respiratory	865 51	438	47 18	43 27	1393 162	
Totals	916	504	65	70	1555	
1 192.41	, 1	420	1			

Chest Clinic. During the year 1949, 2,489 New Cases were sent to the Chest Clinic by Medical Practitioners. This figure shews an increase of 194 on the previous year.

The following table shews the number of cases referred to the Chest Physician each year since 1940 and the number of contacts who have been examined for the same period. The twenty-five contacts found to be suffering from tuberculosis are included in the figure of two hundred and eighty-five New Cases found to be definitely tuberculous.

	Ne	w Case	Contacts.					
Year.	Definitely Tuberc.	Non- Tuberc.	Diagnosis not completed	Total	Definitely Tuberc.	Non- Tuberc.	Diagnosis not completed	Total
1940	247	677	123	1047	10	377	31	508
1941	208	585	53	846	5	163	4	172
1942	274	744	57	1075	5	224	7	236
1943	297	1015	90	1402	4	309	25	338
1944	260	1077	81	1418	12	378	10	400
1945	340	987	154	1481	10	461	9	480
1946	327	1265	154	1746	23	623	65	711
1947	311	1520	267	2098	21	807	7	835
1948	322	1540	433	2295	25	1162	207	1394
1949	285	1473	731	2489	25	1071	185	1281

Attendances. The number of attendances of patients at the Chest Clinic during the year totalled 19,850.

Since 1940 the attendances have been as follows:-

 	Ç	 8,599
 		 5,709
 		 7,270
 		 8,942
 		 9,506
 		 11,550
 		 14,007
 		 16,618
 		 18,622
 		 19,850

Clinic. The number of cases attending the Thursday evening clinic shew no tendency to diminish and keep two Chest Physicians and two Nurses fully occupied.

Visiting. The Chest Physician paid 487 visits to patients at their homes or at hospitals.

Nurse and T.B. Health Visitors. The Tuberculosis Health Visitors and Three Towns Nurses paid 5,142 visits to patients during the year.

Consultations. The following consultations were held by the Chest Physician during the year:—

Personal ... ... ... ... 35 Other than personal ... ... 2,848

Special Forms of Treatment.

The Chest Physicians gave the following special forms of treatment at the Chest Clinic during the year:—

Artificial Pneumo-thorax refills ... 1,426 Injections of Tuberculin ... 1,265

There has been no slackening in the demand for beds at the various Chest Hospitals and the "Waiting Lists" shew no tendency to grow smaller.

One would expect this state of affairs if the rate of Notification of new cases was increasing alarmingly. On the contrary, the number of Notifications has decreased compared to the previous year. This being so, what factors can account for the present position? I would suggest:—

- Modern methods of treatment and, especially thoracic surgery, tend to slow down the rate of turn-over of beds at chest hospitals.
- (2) Chronic infectious types of cases that cannot be discharged owing to unsatisfactory home conditions.
- (3) Chronic cases that have no home and nowhere to go and, consequently, must be retained.

A hostel would be most helpful for this type of case.

The details of admissions and discharges from our institutions are shewn as follows:—

Didworthy Chest	Hos	bital.	Respiratory.	Non-Respiratory.
Admissions			113	1
Discharges			101	3
Deaths			3	outside the second
Mt. Gold Hospi	tal.		Respiratory.	Non-Respiratory.
Admissions			82	107
Discharges			47	20
Deaths			39	4
Isolation Hospit	al.		Respiratory.	Non-Respiratory.
Admissions			35	10
Discharges			33	2
Deaths			3	5

# THE TUBERCULOSIS HEALTH VISITOR.

The Health Visitor is a member of the team of people who are working in the tuberculosis service. She is the link between the Chest Physician and the patient's family, and has the responsible task of educating that family in the hygiene of tuberculosis, and ensuring that contacts are regularly examined at the clinic. She divides her time between duty at the clinic and work in her own district.

All cases sent to the clinic are received by the Health Visitor who takes a history of their present illness and also records weight and temperature.

If the patient is diagnosed as suffering from tuberculosis there will be a number of duties to perform.

Receipt of a notification calls for exercise of considerable tact, discretion and patience,

The usual course is for the Health Visitor to call at the patient's home, obtain particulars of the conditions and ascertain whether the home is suitable for the patient to spend the waiting period before admission to the chest hospital.

A report of this visit is submitted to the Chest Physician and a copy is often sent to the Medical Officer of Health, if attention has to be drawn to housing difficulties requiring the attention of the Sanitary Inspector, or conditions of overcrowding which may require the family to be rehoused elsewhere.

The Chest Physician relies to a great extent on the information provided by the Health Visitor for his knowledge of the patient's social background, and this may be a decisive factor in the medical decisions which he has to make.

One can imagine the tact and ingenuity required by the Health Visitor to rearrange a home in some conditions so that the patient can have a room to himself.

The first visit paid to the home has many hazards. It may happen that the patient has not been told that he has tuberculosis and it will fall to the lot of the Health Visitor to break the news. In a few cases she may find that the patient has deliberately kept the true nature of his illness hidden from his family and is most unwilling for his relations to be disillusioned.

The Health Visitor arranges for the other members of the family to be examined at the clinic, and the success of contact examination is dependent on her amiable persistence and powers of persuasion.

She must give advice regarding infection and the risk to young children. The prevention of the spread of infection in the home relies on her deeply rooted knowledge of hygiene and the ability to stimulate this important factor in others.

In addition to the social functions already mentioned the Health Visitor still has time to practise her knowledge as a trained member of the nursing profession. She supervises the patient taking bed rest at home so that the waiting period before admission to chest hospital is not wasted, and ensures that the patient is carrying out treatment as prescribed.

Visits are also paid to cases on their discharge from chest hospital, to find out if home conditions are still suitable and arrange for them to attend the clinic.

Arrangements are made for those cases that require special treatment, either at the clinic or even at the patient's home, if necessary.

Voluntary Organisations. Tuberculosis Care and After-Care Voluntary Committee. This organisation discharges the responsibilities of the local Health Authority in respect of the care and after-care of tuberculous persons, acting under the direction of the Health Committee. The Care Committee, which consists of some 30 voluntary workers, continues to do good work for those necessitous cases of tuberculosis.

During the year 1949, 2,543 gallons of milk were provided free to patients, an increase of 725 gallons over the previous year. Clothing, shoes, bedding, etc., were granted to 164 patients and their dependants at a total cost to the Committee of £621. 14s. 4d. Amongst other grants were 66 headphones for the tuberculous patients at Mount Gold Hospital, £10 for the purchase of sweets and comforts for orphaned children at Didworthy Sanatorium and £38 for Christmas Cheer for the patients in the various Sanatoria.

On the social side, the Committee arranged for a party of 60 children to go to Bigbury during the summer, dinner and tea being provided. They also entertained 130 children at a Christmas Party. Motor coaches were provided to take male patients from Mount Gold Hospital to Didworthy to play a billiard tournament, and also for a return match. Film shows were arranged for the tuberculous patients at the Isolation Hospital.

Council of Social Service. There is still a good liaison between this organisation and the Tuberculosis Care and After-Care Committee which contributes to the welfare of many of the patients.

# (B) VENEREAL DISEASES.

Close co-operation exists between the Health Department and the Venereal Diseases Clinic at the South Devon and East Cornwall Hospital, and the Sister-in-Charge of the Clinic undertakes visiting and contact tracing on behalf of the Local Authority.

0

TABLE "A"—TOTAL NEW CASES FOR THE YEAR, INCLUDING TRANSFERS FROM OTHER CENTRES.

1								
3.4	Totals	689	935	952	1314	1153	1192	1095
Totals	Cornwall	80	80	78	125	87	65	75
Tot	Devon	09	67	94	114	88	74	101
	Plymouth	549.	788	780	1075	826	1053	919
al	Totals	290	568	662	793	700	749	716
enere	Cornwall	32	09	59	69	53	40	51
Non-Venereal	Devon	23	41	65	57	50	53	63
N	Plymouth	235	467	538	299	597	656	602
	Totals	291	139	168	297	247	231	176
Gonorrhoea	Cornwall	40	15	14	35	21	15	12
Sonor	Devon	30	16	24	33	24	6	12
	Piymouth	221	108	130	229	202	207	152
	Totals	7	1	1	5	6	8	1
Chancroid	Cornwall	27	1	1	1	1	-	1
Chan	Devon	1	'	1	1	-	1	1
	Plymouth	TO.	1	1	5	oo	2	1
	Totals	101	227	122	219	197	209	203
hilis	Cornwall	9	10	5	21	13	6	12
Syphilis	Devon	7	10	5	24	13	12	26
	Plymouth	88	212	112	174	171	188	165
	Year	1938	1944	1945	1946	1947	1948	1949

TABLE "B."—NEW CASES FOR THE YEAR (EXCLUSIVE OF TRANSFERS)

	8 1	Syphilis		G	onorrhoe	ea.	
Year	Male	Female	Totals	Male	Female	Totals	Totals
1938	 48	24	72	184	76	260	332
1944	 18	59	77	70	55	125	202
1945	 18	34	52	92	48	140	192
1946	 64	63	127	189	40	229	. 356
1947	 58	89	147	163	58	221	368
1948	 94	75	169	171	38	209	378
1949	 75	76	151	135	29	164	315

32 contacts of patients attending this or any other clinic were persuaded to attend by the Social Worker, with the following results:—

Sypi	hilis	Gonor	rhoea	So Chai	oft ncre		on- D.
M.	F.	M.	F.	M.	F.	M.	F.
-	8	-	12	-	-	-	12

Number of Contacts notified on 1 form ... 76 2 forms ... 3 3 forms ... 2 Total ... 81

## (C) OTHER ILLNESS.

Health Education.

During 1949 the Department continued to pursue its policy of urging people to learn how to be healthier.

As in past years, the spreading of useful knowledge by means of posters, leaflets and advertisements, and through the medium of lectures to various clubs and groups by members of the medical and health visiting staff, was continued. During the year under review, however, the scope of this work was widened, in collaboration with the Central Council for Health Education, by the introduction of a portable exhibition stand which carried to the public messages featuring diphtheria immunisation, food and drink infections, care of the teeth, the value of sleep, and what local health services have to offer. This exhibition stand and the topics it presents are arrestingly and attractively designed, and care was taken to ensure that the stand should be placed in positions where it could be seen by as many people as possible. In this connection, the thanks of the Department are due to the City Librarian for permitting the stand to be placed from time to time at the entrance to the Central Library, and also to the General Manager of the Odeon Cinema for his co-operation in allowing exhibits to be displayed in the cinema foyer.

Advantage was taken at all times of supporting each topic by the simultaneous distribution of appropriate leaflets and other forms of literature and by the display of posters.

As in 1948, a School Children's Exhibition was held in December under the aegis of the Council of Social Service, and here the Department took the opportunity of publicising the work in the sphere of health education carried out by Health Visitors and Domiciliary Midwives. In addition to these main exhibits the usual distribution of general health education literature was carried out, and in view of the fact that over fourteen thousand people attended the Exhibition it was felt that a considerable amount of helpful knowledge was disseminated.

Also during the year a booklet, setting out detailed information concerning the services which are provided by the local health authority under Part III of the National Health Service Act, 1946, together with information about some allied services rendered by

the Regional Hospital Board and other organisations, was prepared and distributed to all General Practitioners in the City.

In order to further the work of Health Education in Plymouth, the Health Committee in November appointed Mr. G. Baker, the member of my staff responsible for this work, to attend in London a National Conference on the subject. The information thus gained as to the methods and materials used in other parts of the country showed that Plymouth was by no means lagging behind other authorities, and a number of the ideas brought back from the conference have already been put into operation in Plymouth.

# Health Visiting

At the end of 1949 the Health Visiting staff consisted of nine teen Health Visitors (four T.B. Health Visitors) and one Superintendent Health Visitor. The known case load was 18,799 children under five years, including 3,781 under the age of one year. The individual Health Visitor's case load is higher than it should be.

On October 28th, 1949, the Health Visitors transferred adoption and Infant Life-Protection cases to the Children's Department. During the year Care and After-Care visits increased. Co-operation between Hospital Almoner and Health Visitor was satisfactory and direct contact between the two has proved to be most effective. Arrangements were made for the Health Visitor to visit the ward and discuss with the Sister the future care of babies suffering from gastro-enteritis. These babies on discharge are then immediately followed up by the Health Visitor. Requests by General Practitioners for visits are gradually increasing.

	Number Visitors	Number of Health Visitors employed	Number of Health Equivalent Whole- Visitors employed Time Health	,	Number	of visits	baid by Heavy	ealth Vis	Number of visits paid by Health Visitors during the	ng the	
	at end of year	end of year	provided under	Tah	Duhadani	Childa	Children und.	Chi	Children	Office	Office orese
	-slc4M		0	mothers	ers	1 year	1 year of age	of 1 a	of 1 and 5	, and a	cacea
	health visiting	health visiting	Child Welfare Centres)	First	Total visits	First	Total visits	First	Total visits	First	Total
Local Health Authority	21	1	20	849	1652	3712	16143	2490	24565	926	8649
Tuberculosis Visitors	4	1	4	1	1	l.	1	1	1	326	2942

# Home Nursing

The Council's agency arrangement with the Three Towns Nursing Association has operated since 5th July, 1948, satisfactorily, with increasing co-operation between the nurses, the doctors, and the hospitals. The number of visits made by the nurses is increasing, but all calls have been met.

Eighteen candidates were trained for the Queen's Roll, including one male candidate. It has proved to be impossible to obtain the number of Queen's Candidates which the Local Authority's proposals provided for, namely a total of thirty in one year. At the end of the year the staff consisted of three supervisory (shared also with the midwifery scheme) and the equivalent of fourteen whole-time staff and six candidates.

A total of 2,386 new cases was attended during the year entailing 76,279 visits by nurses. Transport arrangements have been considerably improved by the provision of cars.

# Home Help Scheme

The Council's Home Help Scheme, which was extended after the passing of the National Health Service Act, continues to be of excellent value in helping households to cope with a temporary crisis.

No great difficulty was experienced in getting home helps, and the standard was good.

The following figures give some information as to the service provided during the year:—

Visits by Organiser			 905
No. of cases assisted			 570
Average number of Home Hel	lps emplo	oyed	 36
No. of hours worked by Help	pers		 53,360
Salaries and wages of Helper	s		 £4,402
Amount recovered from hous	eholders		 £1,404
No, of cases in which free help	p was pro	ovided	 16

Since 5th July, 1948, the Council have made a grant to the Plymouth Council of Social Service for the purpose of enabling them to continue their service of providing help for old people who require something less than full-time assistance. In the year ending March 31st, 1950, this grant was £1,250. The National Assistance Board reimburse to the Council of Social Service the actual payments made to the helps.

# National Assistance Act, 1948-Section 47

REMOVAL OF PERSONS NEEDING CARE AND ATTENTION.

The services of the Department, usually through the Sanitary Inspectors and the Health Visitors, are frequently given to helping old people who are not receiving proper care or are not able to care for themselves.

These are always very difficult cases and often they are also very pathetic. There is good co-operation with the Welfare Services Department and with the Plymouth Council of Social Service and usually some satisfactory arrangements are made for the care of the old person at home.

There are, however, occasional cases where nothing but removal either to hospital or to a home is appropriate and, in the last resort, where all efforts to persuade the person to go there are unsuccessful, applications can be made to the Court for compulsory removal under Section 47 of the National Assistance Act.

During the year application was made to Court in only one case and that was for renewal of a previous order for a further three months. This was granted, but afterwards the patient remained in the home voluntarily. This was the case reported in my last Annual Report, E.M.S., an old lady aged 88 who was living alone in a two-roomed cottage under very insanitary conditions, and receiving no care although bedridden. She had refused to allow the district nurses to give proper attention and was equally firm in refusing to go to a home. She was admitted to the Welfare Home in November, 1948, a further extension of the Order was granted in February, 1949, but after that the old lady was perfectly happy to remain in the home so that no further Court Order was applied for.

# Mental Health

Senior Medical Officer: Dr. N. R. MATHESON

## (1) Administration.

A Mental Health Sub-Committee, consisting of seven members of the Health Committee of the Local Health Authority, met monthly until October, 1949, and now meets bi-monthly.

The Sub-Committee carries out its duties through the Medical Officer of Health's Mental Health Service which operates from Trematon Villa, Pentillie Road, Mutley, Plymouth. This service is under the control of a Senior Assistant Medical Officer of Health, who has been approved by the Ministry of Health and the Local Health Authority for the purpose of carrying out medical examinations for the purposes of the Lunacy and Mental Treatment Acts, 1890–1930, and the Mental Deficiency Acts, 1913–1938. The staff consists of three Duly Authorised Officers (two male and one female), who also act as Mental Health Social Workers, a Statutory Officer for the purpose of the Mental Deficiency Acts, who is also Senior Administrative Clerk, and a clerical staff of three. Staffing the Occupation Centre, also located at Trematon Villa, there are a supervisor, assistant supervisor and cook-guide.

Where specialist's advice is required for a patient, the Medical Officer of Health can, by arrangement with the Regional Hospital Board, call upon the services of the Medical Superintendent of Moorhaven Mental Hospital or the Medical Superintendent of the Royal Western Counties Hospital Group for Mental Defectives. On behalf of the Regional Hospital Board, the Mental Health Service undertakes the supervision of patients on licence from Mental Deficiency Institutions who are living in the Plymouth Area.

## (2) Work undertaken in the Community.

(a) Prevention, Care, and After-Care. Under Section 28 of the National Health Service Act, 1946, the Local Health Authority is required to make provision for the prevention of mental illness, and care and after-care for persons suffering from it. In this connection considerable help is afforded by Local Medical Practitioners, Social Workers, and other bodies who notify early cases of mental illness. By periodically visiting such cases and by persuading

persons requiring it to accept treatment at a Psychiatric Clinic or Mental Hospital, the Mental Health Social Workers may have saved the patients from the need for certification under the Lunacy Acts. In addition the Medical Officer of Health has taken over the after-care work previously undertaken in the City by the National Association for Mental Health, and provides after-care for patients discharged from Service Mental Hospitals who request it. Discharges from Moorhaven Mental Hospital are followed up by the Hospital's Psychiatric Social Worker.

A 24-hour rota system is being operated by the Duly Authorised Officers, and under an arrangement with the Regional Hospital Board, the Local Hospital Admission Bureau will accept calls for their services at any time of the day or night.

(b) Lunacy and Mental Treatment Acts. Since 1st May, Ford House (as it then was) ceased to be used as accommodation for patients removed under the provisions of Sections 20 and 21 of the Lunacy Act, 1890. This arrangement ensured that persons requiring psychiatric treatment or observation were received at once into the Mental Hospital, without the necessity of two removals.

The distance of Moorhaven Hospital from the city has led to an increase in the time taken by the Duly Authorised Officers over cases; and the fact that the Hospital is outside the city boundary has complicated the machinery for certification when that proves necessary. Medical Practitioners in Plymouth can rarely give time to attend examinations in Moorhaven, and so Magistrates are often unable to secure the services of the Doctor of their choice.

The problem of the elderly dementing person is serious. When cases are reported to the Department, the Officers make efforts to persuade relatives to arrange to look after the patient, but all too often such arrangements are impossible, and the patient, being unwilling to accept hospital treatment, has to be removed on Order.

Formerly such patients, received temporarily at Ford House, once their original objection had been overcome, would appreciate the greater comfort and better care and would willingly stay as hospital patients, where they could be easily visited by their friends. Now, however, they have, perforce, to occupy beds at the Mental Hospital which would otherwise be available for patients in need of specific treatment, with more favourable chances of recovery.

During the year the Duly Authorised Officers were called upon to deal with 198 cases under the Lunacy and Mental Treatment Acts. These were dealt with as follows —

	M.	F.	Total
Admitted under Section 20, Lunacy Act, 1890	25	19	44
Admitted under Section 21, Lunacy Act, 1890		25	38
Certified under Section 16 and admitted to Mental			
Hospital	14	34	48
Admitted as Temporary cases under Section 5, Mental			
Treatment Act, 1930	2	4	6
Certified under Section 24, Criminal Justice Act, 1948,			
and admitted to Mental Hospital	1	-	1
Admitted to Mental Hospital as Voluntary Patient			
under Section 1, Mental Treatment Act, 1930	13	15	28
No Statutory Action taken	15	16	31
	77777		
	83	113	196
		-	

In many of the cases where no further steps were necessary under the Acts, the officers were able to give helpful advice, to persuade relatives to look after patients, or to bring appropriate matters to the notice of the Welfare Services Department, the National Assistance Board, or the Council of Social Service.

(c) Mental Deficiency Acts. 54 cases were ascertained as "Mentally Defective" during the year, 51 of them being "subject to be dealt with" under the Mental Deficiency Acts, 1913–1938. These were as follows —

	M.	F.	Total
Cases reported by Local Education Authority:— Under Section 57 (3) Education Act, 1944	16	8	24
Under Section 57 (5) Education Act, 1944	14	8	22
Reported from other sources	0	2	5
Cases reported, but not at present 'Subject to be dealt			
with '	. 1	2	3
	34	20	54

Twenty cases (11 M., 9 F.) were admitted to institutions in the course of the year; 38 (21 M., 17 F.) ceased to be under the care of the Local Health Authority, and 13 (5 M., 8 F.) died or removed from the area.

Cases still in the care of the Local Health Authority on 31st December, 1949, were —

			M.	F.	Total
Under Guardianship	 		 2	4	6
In 'Places of Safety'	 		 -	1	1
Under Statutory Supervision	 	***	 208	222	430
Under Voluntary Supervision	 		 3	10	13
On Licence from Institutions	 		 32	25	57

In addition the Local Health Authority has 382 cases (189 M., 193 F.) in Mental Deficiency Institutions.

42 patients (23 M., 25 F.) were awaiting vacancies in Mental Deficiency Institutions. Many of these cases are causing great distress to their families, and some are missing the opportunity to be trained to become stable and useful members of the community. Despite urgent representations made by the Health Committee in respect of a number of these cases, the South Western Regional Hospital Board is still unable to find beds for them.

31 Mental Defectives were receiving training in the Occupation Centre, the maximum number which could be accommodated. The pupils attended from 10 a.m. to 3 p.m., Monday to Friday, and a mid-day meal was provided at a cost of 6d. per pupil per day. It is hoped to open another Centre during 1950 with similar facilities for a further 30 defectives.

In all 2,594 visits, covering the whole field of Mental Health, were made by the Department's staff during the year.

# Ambulance Service

Ambulance Officer: Mr. R. D. Sampson

A description of the new service operated by the Local Authority under the National Health Service Act was given in the last Annual Report.

As was only to be expected, the use made of the ambulance service since the 5th July, 1948, has shown very considerable increase. This is due in the main to the number of patients transported to and from hospital for outpatient consultations and treatment. The need of the patient for ambulance transport between hospital and his home in the City is purely a medical one and requests for such transport are accepted from the hospital or the doctor. The Local Health Authority has asked the hospitals to exercise every discretion in making these calls upon the service and it is believed that in fact this is being done. Where a patient is being transported to hospital over a period, a weekly renewal of the requisition is required.

Co-operation with other Authorities.

The Council undertakes on an agency basis the provision of a complete ambulance service for the Devon County Council in the area of the County surrounding the City, and in the case of Cornwall County, Plymouth undertakes the removal of infectious cases to the Plymouth Isolation Hospital.

Vehicles. At the end of 1949 the fleet consisted of fourteen ambulances and two sitting case cars and by May, 1950, the full establishment of fifteen ambulances and three sitting case cars had been reached.

At the 5th July, 1948, many of the vehicles were ancient and costly in maintenance. The Council since this date has acquired as replacements and additions ten new ambulances and two new cars. The fleet now is in a very satisfactory condition.

Early in 1950 the Council decided that with a view to reducing mileage and time and to increasing efficiency they would install two-way radio in six of their vehicles. This has already been tried by the West Riding County Council with very good results.

Staff. The total whole-time staff is thirty-eight and at night and at week-ends they are assisted by volunteers. Every tribute is due to the valuable help given by the St. John Ambulance Brigade in the staffing of ambulances. Members of the Nursing Divisions have also given additional valuable help in accompanying patients by train, often for very long distances and necessitating absences from their homes for two and occasionally three days. The total number of hours given by members to the Service during 1949 is-Ambulance Divisions 16,447; Nursing Divisions 6,760.

Towards the end of the year the British Red Cross Society commenced with the provision of Nursing Members to accompany the ambulances. This help is also much appreciated.

A word of thanks is due to British Railways for the excellent co-operation always shown by them in arranging long distance transport of patients by rail. It is due to this that a large number of our patients are able to be sent by train instead of by road.

The following is a summary of work done during 1949:-

	Plymouth	Devon	Cornwall	Total
(A) ROAD JOURNEYS				
(a) Ordinary Removals*	35,792	2,679	22	38,493
Mileage (b) Accidents and Sudden	229,568	34,111	1,020	264,699
Illnesses	2,133	130	_	2,263
Mileage	11,619	1,695	-	13,314
(c) Other calls	1,055	6		1,061
Mileage	5,940	76	-	6,016
(d) Total Mileage	247,127	35,882	1,020	284,029
(B) RAIL JOURNEYS	91	36	_	127

<sup>\*</sup> Includes all In-patient Admissions and Discharges, Attendances at Clinics and Out-patient Departments and long distance journeys by road.

## Port Health Department

REPORT OF THE DEPUTY PORT MEDICAL OFFICER,
DR. G. B. CARTER.

## I. Amount of Shipping entering the Port during the Year.

During 1949, 1,559 vessels entered the Port, with a total net tonnage of 1,801,866, as against 1,444 vessels with a total net tonnage of 1,341,007 in 1948.

In the year under review, 118 ships were boarded by the Medical Officers, and 1,283 by the Inspector.

TABLE A.

Amount of Shipping entering the Port during the Year 1949.

		No.	Tonnage.		By the Port Health Inspector.	No. reported to be defec- tive.	No. of vessels on which defects were remedied.	No. of vessels on which defects were found and reported to Ministry of Transport Surveyors.	No. of vessels reported as having or having had during the voyage infectious diseases on board.
Foreign	Steamers Motor Sailing Fishing	313 164 - -	1,290,664	117	315	16	12	Market See	7
Total	Foreign	477	1,290,664	117	315	16	12	-	7
Coast- wise	Steamers Motor Sailing Fishing	522 560 - -	511,202	1	968	12	10		
Total	Coast- wise	1082	511,202	1	968	12	- 10	-	- 1
Total	Foreign and Coast- wise	1559	1,801,866	118	1283	28	22	-	7

#### II. CHARACTER OF THE TRADE OF THE PORT.

(a) Passenger Traffic. During 1949, 8,850 persons passed through the Port, as against 6,612 for the previous year.

The number of Aliens passing through the Port was 3,206 compared with 2,127 in the previous year.

The number of passengers embarked during the year was 737, and the number of passengers landing was 8,113.

## (b) Cargo Traffic.

Coastwise. General cargoes of foodstuffs arrive regularly from London, Bristol, Liverpool and Glasgow, and coal from the North-East and Bristol Channel ports.

Foreign. Cargo traffic consisted mainly of Timber from Holland, Canada, Sweden, Germany and Poland; Phosphates from Holland, North Africa and Poland; Fertilizers from Holland; Grain from Montreal, France and America.

## TABLE B.

## (a) PASSENGER TRAFFIC DURING THE YEAR 1949.

		No. of Passengers.
Inwards		8,113
Outwards	( g a)	737

## (b) CARGO TRAFFIC.

The Principal Imports were:—
Foreign.

Phosphates from Sfax, Antwerp and Wismar.

Timber from Rotterdam, Hamburg, Gdynia, Vancouver.

Potash from Antwerp and Hamburg.

Frozen Meat from Buenos Aires.

Grain from Montreal, Bordeaux, Baltimore and Curacao.

Fertilizers from Antwerp.

Onions from Antwerp and Roscoff.

Fruit from France.

Slates from St. Malo.

Fuel Oil from Abadan.

Iron Ore from Freetown and La Garrucha.

Cement from Holland.

Benzine from Rouen.

#### Coastwise.

Coal from South Wales and North-East Ports.

 Vaporising Oil from Hamble, Southampton, Thameshaven and Swansea.

Fertilizers from London, Middlesborough and Grimsby.

Cement from London.

Phosphates from London.

Basic Slag from Middlesborough and Grimsby.

China Clay from Fowey and Teignmouth.

Flour from Bristol, Penzance and Liverpool.

Benzine from Southampton, Hamble and Fawley.

Grain from Avonmouth.

Potatoes from Belfast.

Fish from Deep Sea Fishing Grounds.

Sugar from London.

Margarine, Peas, Soups, Cooking Fats, Sauce, Syrup, Tinned Fruit, Flour, Jam, Biscuits, Macaroni, Tapioca, Lentils and Custard Powder from Liverpool.

Sauce, Flour, Peas, Margarine and Cooking Fats from London Coffee, Tinned Vegetables, Cereals, Apples, Soups, Tinned Milk and Meat from Glasgow.

## (c) Foreign Ports from which Vessels Arrive.

Asia and Australasia.	Europe.	America.	Africa.
Adelaide	Hamburg	Curacao	Douala
Shanghai	Antwerp	New York	Beira
Bombay-	Boulogne	Buenos Aires	Sfax
Abadan	Rouen	Talcahuano	Freetown
Calcutta	Amsterdam	Trinidad	Tripoli
Brisbane	Rotterdam	Guayaquil	Casablanca
Freemantle	Gothenburg	Vancouver	Safi
Sydney	Cherbourg	Boston	
Hobart	Wismar	Baltimore	
Port Jerome	St. Malo	Newfoundland	
Port Arthur			

Asia	and
Austra	lasia.

Europe.

America.

Africa.

Hamina

Gdynia Kristinehamn

Libau

Porsgrunn

Roscoff

Le Legue

Ghent

Abo

La Garrucha

Dieppe

Frederickstad

Fredrickshamm

Raumo

Bordeaux

Mayin

Otterbecken

Vasteras

Jacobstad

Taranto

Dubrovnik

Sundsvaal

Brest

Lisbon

Le Havre

Montreal Bahia Blanca

Ponto Delgada

Valparaiso La Guaiara

MEDICAL INSPECTION OF ALIENS.

ANNUAL RETURN BY THE MEDICAL INSPECTOR OF ALIENS FOR THE YEAR ENDED 31ST DECEMBER, 1949.

Unde- Suffering Landing Transsivable Physically from adequate migrants.  Onde- Sirable Physically from adequate migrants.  Medical tated, infectious medical alsease, examination.	
Physically from acute tated. infectious disease.	1
Physically incapacitated.	1
Certificates Issue rable physically incapacitions.	1
Certinde-rable for edical asons.	1
Si Si N N N N N N N N N N N N N N N N N	1
Lunatic idiot ov M.D.	1
Number subjected to detailed examination by the Medical Inspector.	415
Number inspected by the Medical Officer. 3206	3237
TOTAL. 3206	3237
(a) Total number of Aliens landing at the Port  (b) Aliens refused permission to land by Immigration Officer  (c) Transmigrants	at the Port

Total number of vessels carrying Alien passengers: 123. Number of vessels dealt with by the Medical Inspector: 96.

# III. WATER SUPPLY, AND IV. PORT HEALTH REGULATIONS, 1933 and 1945.

All the above remain the same as set forth in the Annual Reports for the years 1947 and 1948.

TABLE C.

CASES OF INFECTIOUS SICKNESS LANDED FROM VESSELS.

Disease.	No. of case the ye		No. of vessels	Average No. of cases for previous
Disease.	Passengers.	Crew.	concerned.	5 years.
Pneumonia	2	-	2	0.6

## TABLE D.

CASES OF INFECTIOUS SICKNESS OCCURRING ON VESSELS DURING THE VOYAGE BUT DISPOSED OF PRIOR TO ARRIVAL.

Disease.	No. of case the ye		No. of vessels	Average No. of cases for previous
Disease.	Passengers.	Crew.	concerned.	5 years.
Tuberculosis	1	_	1	0 4
Whooping Cough	3	-	1	0.6
Measles	1	-	1	0.4

Infectious
Diseases.

No major infectious disease occurred in any ship arriving in Plymouth during the year.

Cases landed at the Port.

1. On the 2nd of August, one male passenger was landed from the S.S. Sir Noel Birch suffering from Dysentery, and removed to the City Isolation Hospital.

 On the 3rd of August, a male passenger was landed from the S.S. Mantola suffering from Pneumonia and Pleurisy, and was admitted to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.

Cases of non-infectious disease were dealt with as follows:-

- 1. On the 23rd of January, one of the crew of the American Scout suffering from head injuries was landed and removed to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- 2. On the 23rd of February, a member of the crew of the Tug Pantern suffering from Epileptic Fits was removed to Wolseley Home, Plymouth.
- 3. On the 12th of March, one of the crew of the S.S. *Gulfside* suffering from Chronic Abscess was admitted to the South Devon and East Cornwall Hospital, Freedom Fields, Plymouth.
- 4. On the 20th of March, one male passenger was landed from the American vessel *Marine Shark* suffering with multiple injuries and admitted to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- 5. On the 26th March, one of the crew of the S.S. Karteria was landed suffering from a gunshot wound of lumbar spine and removed to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- 6. On the 4th of April, one of the crew of the S.S. *Martita* was landed suffering from Mania, and admitted to Wolseley Home, Plymouth.
- 7. On the 5th of April, a member of the crew of the Norwegian tanker *Glarona* suffering from Tonsillitis, was admitted to the City Isolation Hospital, Plymouth.
- 8. On the 3rd of May, one of the crew of the S.S. *Leandros* was landed suffering from Septic Tonsillitis, and removed to the City Isolation Hospital, Plymouth.
- 9. On the 7th of May, one of the crew of the S.S. *Leandros* was landed suffering from Tonsillitis, and admitted to the City Isolation Hospital, Plymouth.
- 10. On the 4th of June, one female passenger was landed from the S.S. *Gascogne* with a fractured arm, and removed to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.

- 11. On the 22nd of July, one of the crew of the S.S. Borga was landed suffering from a suspected fracture of the left arm, and admitted to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- 12. On the 5th of August, a female passenger was landed from the S.S. *Ile de France* suffering from Kidney Colic, and admitted to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- 13. On the 24th of August, a male passenger was landed from the S.S. *Modasa* suffering from Pyrexia, and removed to the South Devon and East Cornwall Hospital, Freedom Fields, Plymouth.
- 14. On the 13th of September, a male passenger was landed from the S.S. Reina del Pacifico suffering from a fractured spine, and admitted to the South Devon and East Cornwall Hospital, Freedom Fields, Plymouth.
- 15. On the 12th of November, one of the crew of the S.S. Kittiwaki was landed suffering from laceration of hand, and admitted to the South Devon and East Cornwall Hospital, Greenbank, Plymouth.
- 16. On the 29th of December, one of the crew of the M.V. Barton Grange was landed suffering from Appendicitis, and removed to the South Devon and East Cornwall Hospital, Freedom Fields.

During the year 63 British seamen and 37 Foreign seamen were treated at the Venereal Diseases Clinic. These figures compare favourably with the 80 British seamen and 43 Foreign seamen reported in last year's Annual Report.

The Nationalities were as follows -

British	 	63	American	 	4
Norwegian	 	4	Danish	 	8
Canadian	 	2	Swedish	 	5
Estonian	 	3	Polish	 	3
Dutch	 	6	Italian	 	2

No seamen were treated for Scabies.

### V. MEASURES AGAINST RODENTS.

The measures taken under this heading remain the same as set out in the Annual Reports for the years 1947 and 1948.

#### RATS DESTROYED DURING THE YEAR.

TABLE E.—(1) ON VESSELS.

No. of Rats.	Jan.	Feb.	Mar	Аp.	Мау	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Total in year.
Black	_	_	-	-	-	-	-	20	14	_	-	_	34
Brown	-	-	-	-	-		-	-		-	-	-	-
Species not												2.5	
specified	-	-	-	-	-	-	-	-	-	-	-	-	-
Rats Examined	-	-	-	-	-	-	-		-	-	-	-	-
Infected with Plague	_	_	_	1	_	_	_		_	-	-	_	-

#### TABLE F.

## (2) IN DOCKS, QUAYS, WHARVES, AND WAREHOUSES.

No. of Rats.	Jan.	Feb.	Mar	Ap.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Total in year.
Black		-	-	-	-	-	-	-	-	-	-		-
Brown Species not	163	44	103	179	127	110	119	196	51	44	124	72	1332
specified	-	-	-	-	-	-	-	-	-	-	-	-	-
Rats Examined	-	-	-		-	-	-	-	-	-	-	-	-
Infected with Plague	-	_	-	_	-	-	-	-	-	-	-	-	-

#### TABLE G.

Measures of Rat Destruction on Plague "infected" or "suspected" Vessels or Vessels from Plague infected Ports arriving in the Port during the Year.

Total No. of such Vessels arriving.	No. of such Vessels Fumi- gated by SO <sub>2</sub> .	No. of Rats killed.	No. of such Vessels Fumi- gated by HCN.	No. of Rats killed.	No. of Vessels on which Trapping, Poisoning, etc., were employed.	No. of Rats killed.	No. of Vessels on which Measures of Rat Destruc- tion were not carried out. 8
3	-	-	-	-	_	-	3

TABLE H.

DERATISATION CERTIFICATES AND DERATISATION EXEMPTION

CERTIFICATES ISSUED DURING THE YEAR.

entra anti-mar	r br	No. o		tisation Issued	Certifica	ates	No of	ane ok
Net Tonnage.	No. of	After	r fumig with	ation	After	1131/03	No. of Deratisa- tion	Total Cartifi
Tror Lonnago.	Ships	HCN.	Sul-	HCN. and Sul- phur.	Trap- ping Poison- ing,	Total.	Exemp- tion Certifi- cates issued.	Certifi- cates Issued.
1	2	3	4	5	etc.	7	8	9
Ships up to 300 tons Ships from 301 to	18	and a	-11	-	794	10-10	18	18
1,000 tons Ships from 1,001 to	8	1	-	-	-	1	7	8
3,000 tons Ships from 3,001 to	1	-	-	-	-	-	1	1
10,000 tons Ships over 10,000	3	-	-	-	-	-	3	3
tons	-	-	-	-	-	-	-	-
Totals	30	1 *	-	-	-	1	29	30

## VI. HYGIENE OF CREWS' SPACES.

TABLE J

CLASSIFICATION OF NUISANCES.

Nationality of vessel.	No. inspected during year.	Defects of original construction.	Structural defects through wear and tear.	Dirt, vermin and other conditions prejudicial to health.
British	1035	2	12	34
Other Nations	248	8	1	2

Twenty-eight vessels were found to have defects during 1949.

Two were fumigated for cockroaches, and two for bug infestation.

The majority of coasting vessels arriving at the Port were of foreign nationality, mainly Dutch. The cleanliness maintained in these vessels was generally of a high standard. There was a considerable improvement in the cleanliness of the crews' accommodation in British coasters, and very few were found to be verminous. Living conditions on board some of the coasters are still far from satisfactory. In some of the vessels no proper washing facilities are provided, and the crew have to fetch water in buckets from the galley or water tank aft. In many instances the crews have to eat, sleep, wash, and dry their wet clothes in the same compartment. In a number of the vessels no separate messrooms are provided for the crews, and food has to be collected by the seamen from the galley amidships, and carried to their sleeping quarters in the forecastle.

The standard of cleanliness and sanitary arrangements on board foreign-going ships were fairly good. In many of these vessels, a messroom boy is carried to keep the crew quarters clean, and this arrangement would be more satisfactory in the larger coastwise vessels.

The following tables (I and II) give details concerning the inspection of 90 British ships and 115 Foreign ships. 87 British ships of under 2,000 tons nett register were inspected, and of these 38 had crews' accommodation in the forecastle, 6 were found to be without electric lighting, and 39 were not provided with either refrigerator or ice-box. 27 of the British ships were without separate messrooms, and 11 were without wash-places.

				-		1		-					1		-			-
oo mi	Ship	Ships under regist	2	500 tens nett	is ne	" "		Sh	ips b d 2,0	2,000 to register	Ships between 501 and 2,000 tons nett register	#		S	hips o	s over 2,000	Ships over 2,000 tons nett register	su
	Br.	Du.	Ger.	Sw.	Da	Nr.	Br.	Dan. 1	Fin. S	Sw.	Nr. I	Pan, 1	Ital.	Br.	Du.	Ital.	Pan.	Nr.
Number inspected No. with crew's accommodation	67	09	11	13	4	7	20	9	4	4	67	61	2	3	2	1	1	3
under forecastle No. with crew's accommodation	35	15	10	8	4	3	3	-	8	-	-	61	-	1	1	1	1	1
under amidships No. with crew's accommodation	3	1	1	1	1	1	ı	1	1 .	1	1	1	1	1		1	1	1
No. with messrooms senarate	59	45	-	10	1	4	17	ıc	-	8	-	1	-	60	5	-	-	3
from sleeping quarters	41	55	41	13	610	7	61	0	es -	4			2	3	2	1.	-	3
with clothes drying		34	- 61	10	4	1 4	18	- 00		1 00	- 01		- 1	3	1 61		- 1	1 00
No. with separate sleeping accommodation for each watch		- 1					1				ini							
or 2-berth cabins No. without separate sleeping	34	48	67	=	61	4	14	4	00	4	-	1	63	00	2	-	-	8
accommodation for each watch	33	12	6	010	61 -	8 11	900	61 11	1 -	1 -		01-	10	1 0	10	1 -	1 -	10
No. without wash-places		6	10	01	+ 1	0 01	07 1	0 -	+ 1	r 1			1 1	9	4 1	1	- 1	0 1
vithout water in wash	14	5.00	1:	101		010	800	1 9	1 -	1 -	10	10	10	10	10	1 -	1 -	10
No. lit by oil lamps	-	20	1 1	01	+ 1	0 1	0 1	0 1	+ 1	+ 1	1 1	1 1	1 1	0 1	1 1	۱ ۱	- 1	0 1
No. heated by coal bogeys	-	15	6	1	01	-	4	-	1	1 -	1 0		1 0	1	1 0	1 .	1	1.9
No. with icebox or refrigerator	99	45	77	13	21	9	91	0	4	4	71	-	7	2	71	,	-	20
for food	31	21	8	13	61	5	17	9	4	4	67	61	C1	3	7	1	-	3
for food 36 Average number of oreas	36	39	219	239	2 14 1	239	3 722 1	1130	850	673	628 7	756 8	864	4085	4939	4292	2604	2943
Br.=British. Bel.=Belgian.		Du.=	Du.=Dutch.	gian.	F & .	Ger.=Germa Fr.=French	Ger.=German. Fr.=French.		Sw.	Sw.=Swedish. Pa,=Panama.	dish.		Da.	DaDanish.	sh.	100	5	8

TABLE II

	500	under tons egister.	500 an	between d 2,000 nett ister.
No. of ships inspected	British. 67	Foreign. 95	British.	Foreign.
With crew's accommodation under forecastle Without separate messrooms Without separate sleeping accom-	52% 39%	37% 15%	15% 5%	45% 20%
modation for each watch Without wash-places With coal bogeys for heating Without ice box or refrigerator for	49% 16% 41%	29% 21% 26%	30% - 20%	25% 15% 10%
food storage	54%	54%	15%	-

#### VII. FOOD INSPECTION.

(1) During 1949 there were 183 vessels dealt with under the Public Health (Imported Food) Regulations 1937 and 1948. There were 65 from foreign ports and 118 coastwise.

The total amount of foodstuffs voluntarily surrendered and condemned as unsound, unwholesome and unfit for human consumption consisted of :—

Beef ... 1 cwt. Mutton ... 1 cwt.

No action was taken under the Public Health (Imported Milk) Regulations 1926, and Public Health (Preservatives, etc., in Food) Regulations 1925 to 1940.

No samples of food were taken during the year.

One sample of drinking water from the water boat *Ena* was submitted to the City Bacteriologist for examination, the result being no Bacillus Coli in 100 ml.

(2) Shell-fish. Under the Public Health (Shell-fish) Regulations 1934 and 1948, the following are prohibited areas for taking of mussels, cockles, winkles, limpets and other shell-fish.—

Hooe Lake.

The Hamoaze, including West Mud.

St. John's Lake.

Off Torpoint Institution.

Weston Mill Lake.

Off Rat's Island.

Mouth of St. Germans River.

Off Saltash.

River Tamar and its tributaries.

Notice Boards are fixed in these areas warning persons not to gather shell-fish from these polluted areas.

# School Health Service

REPORT OF THE SENIOR MEDICAL OFFICER, Dr. T. H. HARRISON.

During the year 1949 there were no important alterations in the School Health Service.

The staff remained the same as at the end of 1948 except that one of the nurses was appointed as Senior School Nurse, a new appointment approved by the Authority during the year, and the establishment of nurses reduced from 11 to 9 as their work had decreased since the transfer to the Regional Hospital Board of the School Ophthalmic and Ear, Nose and Throat Clinics, which the nurses had attended until the transfer.

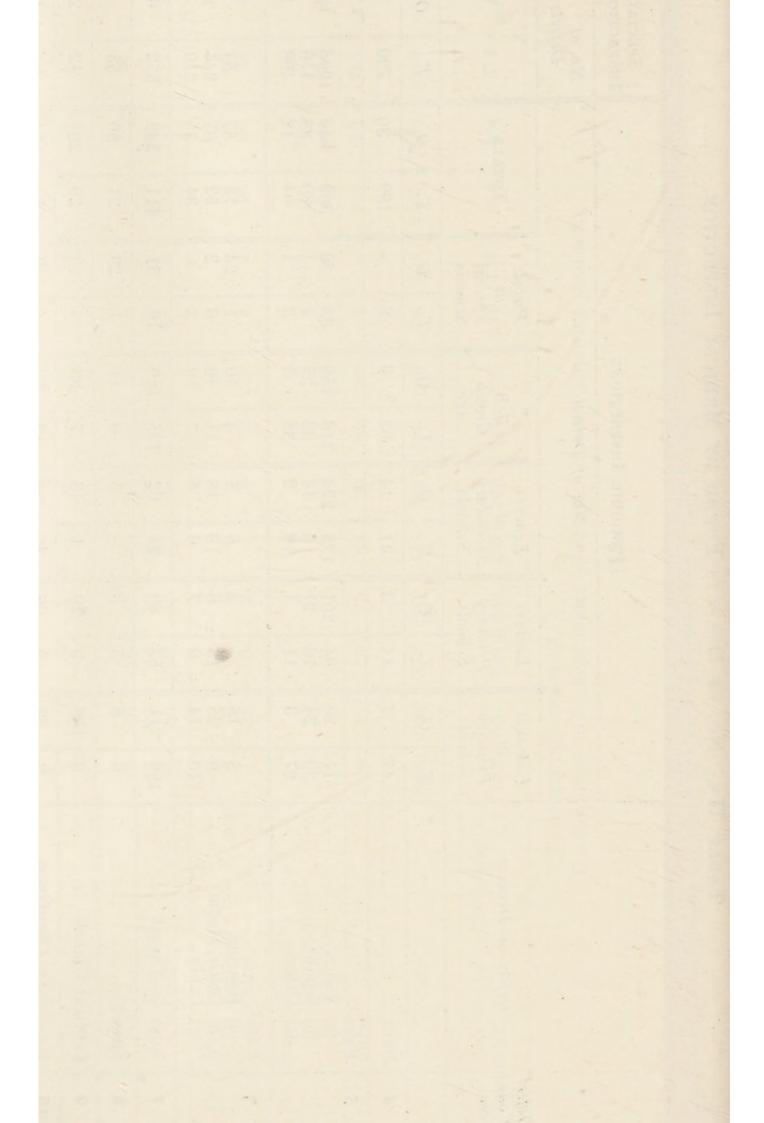
The number of pupils on the registers of the schools maintained by the Authority increased during the year by 505 to a total of 26,108 at the end of the year.

Inspection.

Every school maintained by the Authority was visited during the year for the periodic medical inspections and all pupils in attendance who were due for inspection as Entrants to Primary Schools, Leavers at Primary Schools and Leavers at Secondary Schools were medically examined. The additional age group approved in 1948 by the Minister for Plymouth pupils, consisting of all pupils between 7 and 8 years of age, was also examined and all pupils at the Special Schools. Those found to require treatment or observation were re-examined at school as necessary during the year.

The total number of pupils who received a periodic medical inspection at school during 1949 was 7,849, compared with 7,675 in 1948 and 4,165 pupils were also re-examined at school during 1949, compared with 3,216 in 1948.

							PERIC	PERIODIC INSPECTIONS	NSPEC	TIONS				1	INSPE	INSPECTIONS
				1		-	7	No. of Defects	Defec	55					No. of Defe	To. of Defects
Defect Code No.	Defect or Disease		Entrants to Primary Schools	ary ols	Leavers at Primary Schools	vers t vary	Leavers at Secondary Schools	vers t dary	Gr.	7-8 Group Age	Pu, Spe Sch	Pupils at Special Schools	To	Totals		
			T.	0.	T.	0.	T.	0.	T.	0.	T.	0.	T.	0.	T.	0.
4	Skin	1	47	7	41	3	41	14	62	9	8	1	199	30	790	17
ro.	Eyes— (a) Vision (b) Squint (c) Other	111	30 27	30 24 3	84 16 11	201	125 6 18	223 14 2	116 33 35	156 25 5	33	30	369 89 94	640 85 12	1098 116 496	138
9	Ears— (a) Hearing (b) Otitis Media (c) Other	111	5 6 0 1	15 25 14	<b>™</b> E 0	763	13 6	18	411	10 16 9	1981	42 1	15 52 34	57 67 35	54 244 210	9212
7	Nose or Throat	1	190	211	52	68	24	62	135	150	10	31	411	543	552	69
8	Speech	1	9	8	5	3	1	2	6	111	1	23	21	50	55	8
6	Cervical Glands	1	6	136	8	29	-	13	7	83	. 1	8	20	264	42	22
10	Heart and Circulation	-	2	57	6	26	25	34	17	50	-	9	54	173	21	11
11	Lungs	1	74	87	10	31	14	31	30	65	1	7	129	221	16	87
12	Developmental—  (a) Hernia  (b) Other	11	919	10	1 8	1 16	-61	161	160	1 23	1 64	1.4	15	61	21	-4
13	Orthopaedic—  (a) Posture  (b) Flat foot  (c) Other	11,1	888	48 26 86	38 4 5 0	25 19 32	22 38 28 22	24 39	32 52 47	38 43 30	9 4 9	464	109 138 203	139	27 40 217	35.51
14	Nervous System— (a) Epilepsy (b) Other	111	6	282	1 80	- 0101	9	16	3	3 19	1 01	- 67	12 16	8 80	25	5 14
15	Psychological—  (a) Development  (b) Stability	*!!	33	7	ω4	715	1 6	1 60	9	5 16	1 1	249	16	263	53	15
16	Other		88	17	25	25	54	30	61	36	4	4	232	112	1753	178
1	TOTALS		899	863	374	551	435	553	969	800	94	403	2267	3170	5919	663
Total	Total defects per 1,000 pu	pupils	388	102	90,	000	100	000	170	000	1 00	1071	000	107	1	0



The total of 7,849 periodic medical inspections at schools in 1949 is made up as follows:—

TABLE 1A.—No. of PERIODIC	MEDI	CAL	INSPE	CTIONS
Entrants to Primary Schools				1,723
Leavers at Primary Schools	****		****	1,908
Leavers at Secondary Schools				1,915
Other Periodic Learnetisms	Total			5,546
Other Periodic Inspections:— 7–8 Age Group			2,022	
Pupils at Special Schools	****	****	281	2,303
Grand '	TOTAL			7,849

In addition to the periodic medical inspections and the reinspections at schools, 11,439 special medical inspections were made during the year, the majority of them at clinics, together with 4,940 re-inspections at clinics. These include special inspections for fitness for employment outside school hours, entertainment licenses, swimming instruction, camp, etc., and the usual cases attending to see the medical officers at clinics.

TABLE 1B.—OTHER INSPECTIONS	5	
No. of Special Inspections at Schools and Clinics		11,439
No. of Re-Inspections at Schools and Clinics		9,105
Total		20,544
the later of the later than the later of the		Annual series

RESULTS OF PERIODIC MEDICAL INSPECTION.

Of the 7,849 pupils examined at the periodic medical inspections at schools during 1949, a total of 1,841 or 23.4% was found to require treatment, compared with 25.1% in 1948.

The numbers in the various groups are as follows:-

TABLE 1c. - No. of Pupils Found to Require Treatment

	defective vision (excluding squint).	the other conditions recorded in Table IIa.	Total individual pupils.	Percentage found to require treatment.
Entrants to Primary Schools	11	523	524	30.4
Leavers at Primary Schools	84	254	326	17.1
Leavers at Secondary Schools	125	250	352	18.4
Total	220	1,027	1,202	21.7
Other Periodic Inspection	ons:—	all appointment		
7-8 Age Group	116	476	556	27.5
Pupils at Special Schools	33	56	83	29.5
GRAND TOTAL	369	1,559	1,841	23.4
		113		

It will be seen from Table 1c that the percentage of pupils requiring treatment was largest among the Entrants, Pupils at Special Schools and the 7–8 age groups.

The numbers of the various *defects* found requiring treatment among the pupils examined at the periodic medical inspections at schools and at the special inspections are given in Table IIA.

Table IIA shows that, apart from the Handicapped Pupils at the Special Schools, the largest numbers of defects per 1,000 pupils examined was found in Entrants to Primary Schools, the 5–6 year age group, where a total of 889 defects was found per 1,000 pupils, 388 of which required treatment and 501 further observation but not treatment. The greatest numbers of defects were those of the nose and throat.

The pupils examined in the 7–8 years age group were found to have nearly as many defects as the Entrants, with a total of 740 defects per 1,000 pupils, 344 of which required treatment and 396 observation. In this group the greatest numbers of defects were those of eyes, chiefly defective vision, and nose and throat in almost equal numbers.

Among Leavers at Primary Schools, aged 10–11 years, 485 defects were found per 1,000 pupils, 196 of which required treatment and 289 observation, and among Leavers at Secondary Schools aged 14 years and upwards, 516 defects per 1,000 pupils, of which 227 required treatment and 289 observation. In both these groups the greatest numbers of defects were those of vision.

At the Special Inspections 575 defects were found per 1,000 pupils examined and 517 required treatment and 58 observation. The greatest numbers of defects found at these inspections were those of vision, skin, and nose and throat in that order, apart from unclassified miscellaneous defects.

Table IIb—Classification of the General Condition of Pupils Inspected in the Age Groups.

Age Groups	Number of pupils A inspected (Good)		B (Fair)		C (Poor)		
		No.	%	No.	%	No.	%
Entrants	1,723	360	20.9	1,243	72.1	120	7.0
Second Age Group	1,908	377	19.8	1,388	72.7	143	7.5
Third Age Group	1,915	618	32.3	1,189	62.1	108	5.6
7-8 Age Group Others	2,022 281	580 46	28.7 16.4	1,334 195	66.0 69.4	108 40	5.3 14.2
TOTAL	7,849	1,981	25.2	5,349	68.2	519	6.6

It will be seen from Table IIB that 25.2% of all pupils inspected at the periodic medical inspections at schools during 1949 were found to be in good general condition, 68.2% in fair condition and 6.6% in poor condition. This compares with 30.1% good, 66.2% fair and 3.7% poor in 1948 and suggests that possibly some deterioration has occurred in the general condition of the pupils. There may, however, have been some differences in the standards used for assessing the condition of the pupils in the two years as all the medical officers employed on these inspections in the first nine months of 1948 were different from those employed in 1949, and also in the first 3 months of 1948 there was some doubt about what standards were to be used.

Against this suggestion of deterioration is the fact that there was a decrease during 1949 in the total number of skin conditions found at the periodic and special inspections to require treatment or observation and a decrease in the number of skin conditions treated at the clinics, including impetigo and scabies. There was a small increase in the external eye diseases and minor ear defects treated but the total number of minor ailments treated was less than in 1948. On the other hand there was an increase during 1949 in the number of pupils absent from school on account of coughs and colds, etc.

Ascertainment of Handicapped Pupils.

A total of 613 special examinations for the ascertainment of handicapped pupils was carried out during the year 1949, compared with 459 in 1948.

The examinations of 294 pupils were for a suspected disability of mind. 211 of them were ascertained to be Educationally Subnormal Pupils and of these 121 were recommended for special educational treatment in ordinary schools, 87 for education in Day Special Schools for Educationally Subnormal Pupils and 3 for education in Boarding Special Schools for Educationally Subnormal Pupils. 13 pupils were found to have no disability of mind. 18 pupils were found to be ineducable and recommended for report to the Local Health Authority. Of the remaining 52 pupils examined for a disability of mind 18 were considered to be probably ineducable but a final decision was deferred until re-examination in twelve months time, 8 were referred to a psychiatrist, 3 recommended for special educational treatment in ordinary schools as maladjusted pupils and 23 for report to the Local Health Authority as requiring supervision after leaving school.

The other 319 pupils were examined to ascertain whether they required special educational treatment for other disabilities. 39 of them were ascertained to be delicate pupils, 7 physically handicapped, 5 totally deaf, 3 partially deaf and 1 partially sighted and were recommended for the appropriate special educational treatment in special schools. The remaining 264 pupils were found not to require special educational treatment and advice was given on various questions raised in connection with them.

There were no changes in the arrangements for the provision of medical treatment during 1949. The Authority continued to provide treatment which was not otherwise available, viz.: Minor Ailment, Ultra-violet Light, Speech Therapy and Child Guidance at clinics as previously and the arrangements under which the Regional Hospital Board provided special clinics for school children at the hospitals for Ophthalmic, Ear, Nose and Throat and Orthopaedic defects were also continued.

#### A. MINOR AILMENTS.

Six clinics for the treatment of minor ailments are provided by the Authority, as follows:—

- 1. Central Clinic, School Health Department, Rowe Street.
- 2. Stonehouse Clinic, 30 High Street, Stonehouse.
- 3. Devonport Clinic, Outram Villa, Albert Road, Devonport.
- 4. North Prospect Clinic, Swilly Road, Swilly.
- 5. St. Budeaux Clinic, Stirling Road, St. Budeaux.
- 6. Crownhill Clinic, Cross Park Road, Crownhill.

The school nurses attend at all the clinics every afternoon at 2 p.m. from Monday to Friday and at 9 a.m. on Saturdays, except during the summer vacation when only the Central Clinic is open. Medical officers attend the clinics once, twice or three times a week according to the needs of the clinics and during 1949 attended for a total of sixteen sessions a week at the clinics during term time.

During 1949 the medical officers examined 8,900 new cases at the clinics and made 4,287 reinspections compared with 8,871 new cases and 5,079 reinspections in 1948.

The number of new cases treated at the clinics during 1949 was 12,141 compared with 12,343 in 1948, and the number of attendances of pupils for treatment was 64,474 in 1949 compared with 73,123 in 1948.

The numbers of the different defects treated at the clinics are given in Table IIIA below.

Table IIIa-Minor Ailments (excluding Uncleanliness)

Number of
Defects treated
or under
treatment
during the year
at the
Authorities'
Clinics.

Skin.

Ringworm Scalp					-
(i) X-Ray treatment					-
(ii) Other treatment					59
Ringworm Body		****	****		138
Scabies				M	66
Impetigo					294
Other skin diseases	****			1000	602

Eye Disease.		
(External and other, but excluding errors	of	
refraction, squint and cases admitted	to	
hospital)		553
Ear Defects.		
(Excluding serious diseases of the ear)		571
Miscellaneous.		
(e.g., Minor injuries, bruises, sores, etc.)		9,858
Tomir		10.141
Total		12,141

In addition to the skin diseases treated at the clinic, 80 skin cases were referred to consultants at the hospitals and treated there.

#### B. ULTRA-VIOLET LIGHT.

Ultra-violet light treatment was continued during the year at the Central Clinic and 441 cases of anaemia, debility, malnutrition, adenitis, bronchitis, etc., were treated by the school nurses and 5,054 attendances were made by pupils for treatment.

### C. SPEECH THERAPY.

The following report has been made by Miss M. McCombie, the Authority's Speech Therapist:—

"From January to July four Speech Clinics were open at Rowe Street, High Street, North Prospect, and Crownhill for a total of eleven treatment sessions each week, five at Rowe Street and two each at the other clinics. The High Street Clinic was closed in July, owing to the small number of children referred there for treatment, and from September to December Rowe Street Clinic had six treatment sessions per week.

The number of children who received treatment during 1949 was 85 compared with 100 in 1948. Individual treatment was given in all but a few cases, and during the year the clinic attendances were arranged so that each child was allotted at least half an hour.

Contact was kept with the schools, and the holiday sessions allowed time for interviewing, and home visiting where necessary, although most parents now follow the more satisfactory system of coming to see the Speech Therapist by appointment at regular intervals."

ANALYSIS OF CLINICS FOR 1949.

			3	O. D. D. Minfall	· ·	4.3.	4.4					Dis	DISCHARGED	ED						1
	Clinic		5	1.1.49	SIET	7a.	765554	ms	Ö	Corrected	p	R	Referred	q	9	Others		2 8	On Kegister 31.12.49	ter 9
			Sts.	CP.	Sts. CP. SDs. Sts.	Sts.	CP.	SDs.	Sts.	CP.	CP. SDs. Sts. CP. SDs. Sts. CP. SDs. Sts. CP. SDs. Sts. CP. SDs.	Sts.	CP.	SDs.	Sts.	CP.	SDs.	Sts. (	SP.	SDs.
	Rowe Street	1	9	1	7	12	1	21	4	1	8	8	-	5	20	- 14	14	7	1	6
1	High Street	1	67	1	1	1	1	3	t	1	1	1	1	1	1	1	1	- 1	1	1
19	North Prospect	-	1	1	4	67	1	6	1	1	5	-	1	3	1	1	61	-	-	3
	Crownhill		61	1	61	61	1	11	61	1	67	1	1	00	1	1	4	1	1	8
	TOTAL	1		24			19			16			17			27			25	
				Sts.=	Sts.—Stammers.	mers.		CP.—Cleft Palate.	Cleft 1	Palate		SDs.	-Spe	SDs.—Speech Defects.	efects.					1

Note.—Of the 61 admissions, 55 were new entries, the balance of 6 being made up of re-admissions. Transfers between clinics are not indicated. The 17 "Referred" are mostly cases where the defect has been corrected, but the children have yet to return for a final check-up. In the following analysis for 1946-1949 these are included in the "Discharged-Others" column.

ANALYSIS OF CLINICS, 1946-1949.

	_	0			4 7				DISCE	DISCHARGED			(		
Cimic		On register 29.4.46	181er 16		Admitted	a	0	Corrected	1		Others		5	On Kegister 31.12.46	ier 3
Cunic	Sts.	s. CP.	SDs.	Sts.	CP.	SDs.	Sts.	CP.	SDs.	Sts.	CP.	SDs.	Sts.	CP.	SDs.
Rowe Street High Street	3337	99 1	6001	13	-01-	4 8 9	141	111	140	9611	1, 1	4 01 01	16	0100 1	4 01 01
		29			34			10			17			36	
Rowe Street High Street North Prospect Crownhill Albert Road	16 6	6 2 6 3 6 3 1 -	40011	88-81-	81	21 10 18 8 8	411	11111	61 60 10 4 1	64111	88111	10 23 82 70	000001	31.12.47	13
Total	-	36			88			20			50			54	
Rowe Street High Street North Prospect Crownhill	00000	1.1.48 0 3 9 - 2 - 2 2	8 13 1 2 7 7 5 5	V01024	0011	10 3 3 7 7	9160101	1111	10 8	10 62 4-64	1001 101	9441	901101	31.12.48	V 1401
Total		54			46			32			44			24	
Rowe Street High Street North Prospect Crownhill	9010	11.49	V 142	<u> </u>	11-1	21 3 9 11	41101	1111	1001	∞ !	-111	19 7 2 2 2	D-1	31.12.49	0 1 8 8
Total		24			19			16		,	44			25	
		Sts.	StsStammers		CP.	CPCleft Palate.	alate.	SI	SDs. Speech		Defect.				

. Norr \_The small number of re-admissions and transfers between clinics are not indicated.

120

### D. CHILD GUIDANCE.

The Child Guidance Clinic was continued at the Central Clinic until October when it was transferred to more suitable premises comprising six rooms at the Dispensary Buildings, Catherine Street, Plymouth, which were specially adapted for the clinic.

No educational psychologist had been appointed by the Authority by the end of the year and intelligence and educational tests required by the clinic were done by the school medical officers. An educational psychologist, however, was appointed early in 1950.

The following report has been made by Dr. J. M. Gilroy the psychiatrist for the clinic:—

"Before dealing with the period under review, I should point out that the Child Guidance Clinic was formally started in November, 1948, with one session per week, devoted to the diagnostic assessment of patients whose names had already been on a waiting list for varying periods and concerning whom, in the majority of cases, psychiatric opinion had not been obtained as to their suitability for treatment at a Child Guidance Clinic.

Since January, 1949, one therapeutic session has been held weekly for individual treatment interviews for six children and their mothers, the Psychiatric Social Worker seeing the mother while I was seeing the child. Each interview has lasted half-an-hour. Because of the length of our waiting list, it was decided that no patient should have more than twelve therapeutic sessions although it is well recognised that many children (and their parents) need much more time than we were able to give them. This decision did not, however, mean that cases were entirely abandoned after twelve interviews. As an alternative, the Psychiatric Social Worker has continued to see the parents in their homes and I have seen the children occasionally at the Clinic, in the hope of consolidating any improvement that has been made.

Since April, 1949, a second weekly session has been held for consultations on new cases. Two new cases are seen each session. Every diagnostic interview lasts one to one-and-aquarter hours, anything less being quite inadequate. It must also be borne in mind that, since Child Guidance is a team job, there must be discussions between the Psychiatric Social Worker and the psychiatrist after each session. Each session has lasted almost 3½ hours. The Psychiatric Social Worker is present at the Clinic during both sessions but spends the remainder of the week visiting homes, schools, etc.

The vast majority of children seen at the Clinic have been referred by the Medical Officers in the School Health Service through their Senior Medical Officer, and as yet, we have seen no pre-school children (except those referred from the Department of Psychological Medicine of the South Devon and East Cornwall Hospital) although they are the most hopeful and, in my view, the most important section of the child population. We are unfortunately not in a position to encourage the referral of pre-school children at present, because our growing waiting lists are already so embarrassing. With one therapeutic session per week, we have no hope of treating before three years hence, a child whose name is placed on the treatment waiting list to-day.

I regret to have to state that the development of our Child Guidance Service has been disappointingly slow and in order that it may be expanded at a reasonable rate, it is hoped (1) that the medical establishment of Moorhaven Hospital (from which the specialist service to the Clinic is provided) will be favourably reviewed and augmented at an early date; (2) that an educational psychologist will soon be appointed and (3) that the need for a second Psychiatric Social Worker will be borne in mind as soon as further expansion becomes possible because our only Psychiatric Social Worker is now working to full capacity.

The following figures are of interest and give some impression of the work already undertaken, as well as that which awaits our attention:—

1. Cases taken on for treatment	27 (20 boys, 7 girls)
(a) Cause of referral:	W William Manager
Court case (larceny)	1 boy
Other behaviour problems	10 boys, 3 girls
Behaviour problem and enuresis	1 boy
Enuresis	3 boys, 2 girls
Sleep disturbance	1 boy
Nailbiting and restlessness	1 boy
Stammering	1 boy, 1 girl
Constant illness with acute fears	1 girl
Fear of school	1 boy
Timidity	1 boy

	(b) Average duration of treatment 3 months	
	(c) Cases closed and followed up with results finally assessed Adjusted 5 Much improved 2 Slightly improved 1 I.S.Q 1	9
	Worse 0	
2.	Number of cases diagnosed	58
3.	Number of visits by P.S.W (excluding visits to Children's Homes, Out-Patient Clinic, Probation Office, Children's Department, groups of mothers, etc.)	837
4.	Number of cases on waiting list for treatment on 31.12.49 and receiving social supervision meanwhile	79
5.	Number of cases awaiting diagnostic consultation on 31.12.49	26
6.	Number of cases having social supervision only	24

### E. SCHOOL CLINICS AT HOSPITALS.

# (a) Ophthalmic Clinic at the Plymouth Royal Eye Infirmary.

As mentioned in the annual report for 1948, this clinic was suspended by the Eye Infirmary in July, 1948. It was resumed, however, in February, 1949, and although a large number of pupils had obtained treatment through the Supplementary Ophthalmic Service Scheme under the National Health Service Act since July, 1948, there were nearly 400 pupils waiting for refraction appointments when the clinic was resumed.

At first there was considerable delay, of about six months, before pupils were seen at the clinic after referral and a further delay of about six months before spectacles were obtained from the opticians, so that about 12 months elapsed before a pupil obtained spectacles after being referred for a refraction appointment, but by the end of the year this had improved to about three months delay before being seen at the clinic and a time varying from several weeks to several months before spectacles were obtained. At the end of the year about 300 pupils were waiting for refraction appointments and about 250 pupils for spectacles already prescribed.

A total of 1,304 refraction cases was referred to the clinic during 1949 by the School Health Department and the number of defects treated at the clinic during the year is as follows:—

## TABLE IIIB .- DEFECTIVE VISION AND SQUINT

Errors of refraction (including squint) Other defects or diseases of the eyes	No. of defects dealt with 1,035 174
	1,209
No. of pupils for whom spectacles were (a) preso (b) obta	

# (b) Ear, Nose and Throat Clinic at the South Devon and East Cornwall Hospital, Greenbank, Plymouth.

This clinic continued satisfactorily throughout 1949 and a total of 808 pupils was referred to the clinic by the School Health Department during the year. 905 pupils were seen at the clinic during the year, including 26 Deaf and Partially Deaf Pupils from the Special School who attended for their annual Specialists' examination.

Owing to the prevalence of infantile paralysis no operations were carried out in nose and throat cases for several months during the summer but a total of 228 pupils received operative treatment for adenoids and chronic tonsillitis during the year. The numbers of pupils who received operative treatment for other nose and throat conditions and who received other forms of treatment is not known as the hospital was unable to supply this information.

# TABLE IIIC .-- TREATMENT OF DEFECTS OF NOSE AND THROAT

			22.2	imber treated.
	operative treatment— adenoids and chronic tonsillitis	****		228
(b) for	other nose and throat conditions	****	****	not known
Received	other forms of treatment			not known

# (c) Orthopaedic Clinic at Mount Gold Orthopaedic Hospital, Plymouth.

A total of 507 pupils was referred during 1949 by the School Health Department to this clinic which continued satisfactorily throughout the year.

The number of pupils treated is as follows:—

Table IIID.—Orthopaedic and Postural Defects

				num	Total ber treated.
	ted as in-patier				115
	ated otherwise,	e.g. in	clinics or	out-	
patien	it departments				633

Cleanliness There were no changes in the arrangements for Inspections and the examination and cleansing of infested pupils Other Work of the School during 1949, but with the introduction of the Nurses. periodic medical inspection of an additional age group of pupils, making a total of 3 periodic medical inspections of each pupil whilst at the Primary School, it was decided to discontinue the annual medical surveys done by the nurses which were commenced during the war when pupils were receiving only one periodic medical inspection whilst at a Primary School. The time saved enabled the nurses to do more cleanliness inspections and a total of 173,903 inspections was made by the nurses during 1949 compared with 134,253 in 1948. The annual vision testing of pupils at school was, however, continued and the following up of defects, and home visitation. As a few of the pupils admitted to hospital for tonsil and adenoid operations were found on admission to have dirty heads, the hospital arranged to notify the School Health Department of the proposed date of admission of pupils and these pupils were specially inspected by the nurses and cleansed, if necessary, before admission. The figures for the cleanliness work of the nurses are as follows :-

### TABLE IV .- INFESTATION WITH VERMIN

(i) Total numbers of examinations in the schools by the school	1 1 1 1 1 1 1 1 1
nurses	
(ii) Total number of individual pupils found infested	
(iii) Number of individual pupils in respect of whom cleansing notices were issued under Sec. 54 (2) Education Act, 194	1 10
(iv) Number of individual pupils in respect of whom cleansing orders were issued under Sec. 54 (3) Education Act, 1944	Nil

The average number of visits for cleanliness inspections made by the nurses to each school during the year 1949 was 16.0 compared with 17.5 in 1948 and the percentage of pupils on the registers found to be infested was 7.5% in 1949 compared with 8.8% in 1948 and 10.1% in 1947.

The following is a summary of the other work of the nur	ses:—
No. of vision tests made at school	22,252 881
No. of visits to pupils homes for following up defects, neglect, etc.	2,939

The number of 22,252 vision tests made in 1949 compares with 18,275 in 1948 and the number of 881 pupils referred to medical officers with 901 in 1948. The number of 2,939 visits to homes compares with 4,518 in 1948.

Dental Inspection and Treatment. The following report has been made by Mr. A. Maughan, Senior Dental Officer:—

"At the beginning of the year the staff consisted of one Senior Dental Officer, four full-time and one part-time Assistant Dental Officers and six Dental Attendants. One Assistant Dental Officer resigned in June. Advertisements have failed to attract a suitable candidate for the vacancy.

Throughout the year there has been maintained a full-time service at the High Street and North Prospect Clinics, and a part-time service of five sessions per week at the Freedom Fields Clinic. It was only possible to maintain a full service at the Central and Honicknowle Clinics until June. Since then these two clinics have been attended to by one Dental Officer. Children at the Honicknowle clinic needing extractions under Nitrous Oxide have been treated at the North Prospect Clinic.

A large part of the Senior Dental Officer's time has been utilised with the treatment of Maternity and Child Welfare patients at the Beaumont House Clinic. The temporary arrangement with the Regional Hospital Board covering the treatment of patients in hospitals previously controlled by the Local Authority still continues.

The number of children inspected compares favourably with last year, approximately 3/5ths of the school population. The desirable maximum period of twelve months between inspections is as yet far from attainment. The table below gives the position at the end of the year:—

Number of schools not inspected: 33
Number of schools inspected. Period since previous inspection.

20
12 months
10
14
,
5
18
,
9

The Schools vary considerably in size, but the table gives a general picture of the incompleteness of the service.

Mr. Maynard has again been responsible for most of the Orthodontic treatment. The time he has been able to give to this important aspect of children's dentistry has had to be curtailed owing to the large amount of conservative work required at the two clinics for which he is responsible. The Regional Hospital Board is endeavouring to organise a scheme for a specialist orthodontic service based on the Bristol Dental Hospital and School, but it may be some time before such a scheme can be put into operation.

A summary of the treatment carried out is given below :-

Cases	completed,	Result Goo	d	****	 28
,,,	,,	Some impro	oveme	nt	 4
Cases	abandoned	****			 12
Cases	still under	treatment			 17

The failures admitted were due largely to a faulty selection of patients with a corresponding lack of co-operation of both parent and child rather than to faulty technique.

All the orthodontic and prosthetic appliances shown in the following table were made at the authority's Dental Laboratory:—

Dentures					21
Removable Orthodont	ic App	liances	****		64
Cast Silver Cap Splint	ts		****		18
Oral Screens					12
Acrylic Crowns			****		22
Obturator			****	****	1
Repairs		****	****	****	21

Recommendations and suggestions for the improvement of these services were contained in my last Annual Report. It has not been possible to carry out any of these, owing to the difficulty of obtaining new buildings and of increasing the number of Dental Officers."

# TABLE V.—DENTAL INSPECTION AND TREATMENT.

(1)	Number of pupils inspected by	the Authority's Dental	Officers—
	(a) Periodic age groups		13.451

(a) reflocite age groups		10,101
(b) Specials		2,130
(c) Total (Periodic and Specials)		15,581
		-
(2) Number found to require treatment		9,735
(3) Number actually treated		6,625
(4) Attendances made by pupils for treatment		12,566
(5) Half-days devoted to: (a) Inspection		111
(b) Treatment		1,938
Total (a) and	(b)	2,049

(6) Fillings: Permanent Teeth	6,743
Temporary Teeth	1,528
TOTAL	8,271
(7) Extractions: Permanent Teeth	1,526
Temporary Teeth	9,487
TOTAL	11,013
(8) Administration of general anaesthetics for extraction	4,438
(9) Other Operations: (a) Permanent Teeth	1,584
(b) Temporary Teeth	520
TOTAL (a) and (b)	2,104

Mass Radiography. The South Western Regional Hospital Board's Mass Radiography Unit visited the City during 1949 and the Education Authority accepted an offer to reserve two weeks during June for pupils of the age of thirteen and upwards, where parents were willing for them to be X-rayed. Appointments were given in school groups and transport between the schools and the Military Families Hospital, Devonport, where the Unit was operating, was provided free by the Hospital Board.

A total of 2,768 pupils—1,603 boys and 1,165 girls—was X-rayed on the miniature films and 116—61 boys and 55 girls—were recalled for large films to be taken, three of whom failed to attend. Of the 113 who attended, 83 were found to be normal and the remaining 30 were referred for further investigation with the following results:—

1.	Non-tuberculosis conditions— Abnormality of bony thorax	3
	Bronchiectasis	
	Pleural Thickening	5
	Cardio Vascular Lesions	1
	Total	10
0		
2.	Tuberculosis conditions—  (a) Active:  Active primary lesions without symptoms Post-primary unilateral with symptoms Post-primary unilateral without symptoms Post-primary bilateral without symptoms (b) Inactive:	1 girl 1 girl 4 girls 1 girl
	Inactive primary lesions	7 (5 boys, 2 girls)
	Inactive post-primary	3 girls
		-
	Total	17
3.	Not classified	3

Infectious
Diseases and
Diphtheria
Immunisation.

The incidence of diphtheria again decreased and only 15 cases in school children were notified in 1949, compared with 25 in 1948, 32 in 1947, 56 in 1946 and 86 in 1945.

Diphtheria immunisation was continued in the schools and 3,397 injections were given, mainly at schools, in 1949, compared with 1,753 in 1948. 628 pupils were completely immunised in 1949 compared with 391 in 1948 and 1,667 pupils who had been immunised previously were given reinforcing doses.

There were 118 cases of scarlet fever in school children notified in 1949, compared with 144 in 1948, and 82 in 1947.

There was an outbreak of measles in the first quarter of 1949 affecting most of the Primary Schools. Over 400 pupils were absent from school on account of measles during March and the total of 931 cases was notified among pupils during the year. During March also about 1,500 pupils were absent on account of coughs and colds, etc.

Scabies again decreased and only 66 cases were treated at the clinics in 1949, compared with 111 in 1948 and 178 in 1947.

School Camp. The school camp at Maker Heights, Cawsand, Cornwall, was open from the 29th April to the 8th September, 1949, under arrangements similar to those made for 1948, including the medical inspection of pupils on the day before departure for camp, the provision of a Minor Ailment Treatment Clinic and a Sick Bay at the camp, with one of the school nurses in residence for the whole period, and general supervision of the hygenic condition of the camp by the Senior Medical Officer.

During the period 29th April to 15th July, school parties from 19 Plymouth Secondary Schools were in residence, comprising 1,333 boys, 774 girls and 100 teachers, who all stayed for a week. In addition, 28 boys with 3 adults from the Plymleigh Boarding Home for Educationally Subnormal pupils, stayed for seven weeks while the Home was receiving war damage repairs.

From the 21st July to the 8th September, 1,428 children and 120 adults were in residence from other authorities, including East Ham and West Ham Education Authorities.

The general and medical arrangements worked satisfactorily, with the co-operation of all concerned and all who stayed at the camp appeared to have enjoyed it and benefitted from it.

Special Schools and Boarding Homes. The medical and nursing arrangements at the Day Special Schools for Delicate, Deaf and Educationally Subnormal pupils, and at the Boarding Home for Educationally Subnormal Boys, and at the Children's Homes remained unchanged and worked satisfactorily throughout the year.

Milk and Meals.

An annual medical examination was commenced in October, 1949, of all staff of the School Meals Service who are employed in any way in the preparation, cooking, transport and serving of school meals and by the end of 1949 the examinations of 132 had been completed, including a Widal Test in all cases and X-ray of chests where clinically considered advisable.

No cases of illness among the pupils, which on investigation could be attributed to the meals, were reported during the year.

The numbers of pupils taking meals and milk in school on a day in October, 1949, when a return was made by the Authority to the Ministry of Education are given below, with comparable figures for the previous two years:—

	Pupils	Pupils	Percentage	Pupils	Percentage
	present	taking	taking	taking	taking
	in school.	dinners.	dinners.	milk.	milk.
October, 1949	 24,335	8,027	33.0%	21,701	89.2%
October, 1948	 23,841	6,865	29.2%	21,275	90.6%
October, 1947	 22,086	4,824	21.8%	19,977	90.4%

In October, 1949, sixty-three canteens where pupils dined were in operation in the City, serving 79 schools and departments. 3 schools and departments were not being served by a canteen.

During the 3 weeks ending the 16th December, 1949, an average of 8,610 pupils received meals at school daily, and 122,784 meals were supplied.

All the milk for cooking and drinking was pasteurised milk from sources approved by the Medical Officer of Health.

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