# [Report 1918] / Medical Officer of Health, County of the Soke of Peterborough.

## **Contributors**

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## COUNTY COUNCIL OF THE SOME OF BETERBOROUGH.



## PUBLIC HEALTH REPORT FOR THE YEAR 1918

I present a brief type-written report on the health and sanitary circumstances of the County.

Dr. Collins has continued to hold the posts of Nedical Officer of Health to the Peterborough Borough and Rural District, and School Medical Officer to the City and Soke Education Authorities.

Dr. Groenwood has continued to act as Medical Officer of Health to the Barnack Rural District.

Dr. Collins alludes in his reports to the necessity for appointing a whole-time officer for the mosts which he has held, pointing out that the urgent cases of private work upset arrangements made for public duties.

During the year 1919 numerous conferences were held between the combining Authorities and it was suggested that, in spite of the contravening Sections of the Housing Act of 1909, the County Medical Officer should held all the Public Hedical posts in the County.

The County Medical Officer interviewed the chief.

Medical Officer to the Ministry, and, while pointing out the logal objections to the proposed Scheme, obtained the verbal personal approval of the Official in question, who promised to submit the scheme to the Minister.

The Schemo was then submitted to the Chief Medical Officer of the Ministry and a long period of inaction ensued, during which time the Board of Education expressed their approval of my appointment as School Medical Officer to the City and Soke Education Authorities.

After some months of deliberation the Ministry wrote, calling the attention of the Authority to the contravening Sections of the Act of 1909, but not expressing approval or disapproval of the Scheme.

Further correspondence ensued and towards the end of October a definite refusal on the part of the Ministry was received.

It was then sugmested that I should resign the post of County Hedical Officer, which should be offered to an Officer in an

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Redton british which along to offered to an orrigan to an

adjoining County, and assume all the other Public Health posts in the County.

The Doard of Education, who had previously given their sanction to my holding the School posts, withdrew it, as they considered that the Medical Officer of Mealth and the School Medical Officer should be one and the same person.

It was roommended that I should retain my present postsin this Uounty and should, in addition, assume that of School Hedical Officer to the Soke of Peterborough Education Authority.

A whole-time Hedical Officer of Health and School Hedical Officer was recommended for the City of Peterborough.

The suggestions of the Himistry are expensive and owing to the fact that the City of Peterborough, not being a County Borough, cannot undertake schemes for the treatment of tuberculosis, venereal diseases, the inspection of secondary schools and the inspection of midwives, will give rise to considerable overlapping and loss of time.

It was hoped that the new Ministry would have been able to prevent such confusion, waste of time and possibilities of friction.

## POPULATION.

The ostinated civilian populations are as follows:-

City of Poterborough.	35363
Rural District of Peterborough.	8582
Rural District of Barnack.	1985
Administrative County.	45910

If, however, an estimate is made on the basis that the ratio between the civil and military populations is the same as for England and Wales as a whole, the estimate is higher and is as follows:-

City of Roterborough.	39623
Rural District of Peterborough.	9315
Rural District of Darmack.	2291
Administrative County.	51530

The first of these estimates is used for calculating the death rate and the second the birth rate.

### BIRTHS

City of Peterborough. Rural District of Peterborough.	Ho.	of	Births.	617 153	Rate.	15.57
Rural District of Barnack.	"	=======================================	"	30	*	13.09
Administrative County.		"	"	800	"	15.52

The total number of births recorded is practically the same as last

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your, when 801 births were registered. In 1916 there were 966 births; in 1915 940; in 1914 898; in 1913 944, and in 1912 950. The highest rate is recorded in the Peterborough Rural District and the lowest in the Barnack Rural District.

The birth rate for England and Wales as a whole is 17.7; for the 146 smaller towns, of which Peterborough is one 17.9; for the 96 great towns, with populations over 50,000 17.6; and for London 16.1. The birth rate for this County, therefore, is lower than in other parts of England.

64 children were born out of wedlock as compared with 57 in 1917, 51 in 1916, 34 in 1915, 49 in 1914, 64 in 1913, and 59 in 1912. There has, therefore, been no increase in illegitimacy, but the illegitimate birth rate has not fallen with the same rapidity as the legitimate birth rate.

From January 1st 1918 to December 31st 1918, 721 of the 800 births occuring in the County were notified to the County Medical Officer, a percentage of 90.

545 were notified by Doctors, Registrars, or friends, and 175 by midwives. 31 of the 721 notified were stillbirths.

## DEATH RATE.

City of Peterborough.	No.	02	deaths.	835.	Rate	15.12
Rural District of Peterborough.	11	**	11	137	11	15.96
Rural District of Barnack.	11	11	11	29	11	14.75
Administrative County.	tt	"	11	701	#	15.26

The total number of deaths in the Administrative County was 701, giving a net death rate of 15.26, a higher figure than has been obtained since 1902, and due, in part to the severe outbreaks of influenza which occurred in July, November and Docember, 102 persons succumbing to this scourge. 79 persons died in the City, 22 in the Eural District of Peterborough and only one death was recorded in the Barnack area. The following table shows the number of deaths and the death rate in each area:-

District.	Deaths.	Rate per 1000 of the population.	liales	Females.
City of Peterborough.	79	2.1	31	48
Rural District of Peterboro	' 22	2.5	14	8
Rural District of Barnack.	- 1	0.5	1	0
Administrative County.	102	2.2	43	56

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## DEADER RANGE

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Females were more severely afflicted than males. The age distribution of the 102 cases was as follows:-

35	ano	d ovor.	. 15
45	to	65	20
25	to	45	41
15	to	25	16
.5	to	15	5
2	to	5	8
1	to	. U	- 3
	70	otal.	102

It is noteworthy and regretable that 57 of the 102 deaths occurred between the ages of 15 and 45, the nest useful norice of life.

Serious as the outbreak was in this County it was considerably more fatal in other areas. In Rutland, with a population estimated at 17,653, 95 deaths were registered, being a rate of 5.3 per 1000. In Sunderland and Stockton the death rate was also 5.5. In South Shields 4.9, and in Hiddlesberough 4.1.

He final figures are yet available for the whole Country, but it is stated that 49451 persons succembed in the 96 great terms and in England and Wales as a whole 104,738, while in London 18,000 persons died.

The emideric affected every Country in Europe, Forth and South America, Australia, India and Africa. In New York it attacked 15,000 in one month and New York suffered least of the great Cities of the States. In India it caused the death of six million persons.

The disease assumes pandomic proportions from time to time and has been known to the Profession since 1510, and thenceforward world-wide epidemics have been recorded in 1557, 1580, 1589, 1675, 1693, 1709, 1729, 1732, 1742, 1783, 1830, 1836, 1847, and 1890, roughly four times in each Century.

With regard to prevention, no Public Health measure can resist the progress of pandemic influenza, and a similar remark applies to other diseases in which infection is received by the respiratory tract, e.g., measles, whooping cough, bronchitis and pneumonia. Routine disinfection is a useless expense.

Recently, the Ministry of Health has issued a vaccine which is intended to mitigate or prevent the sequels of influenza, such as pneumonia and thrombosis.

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Assertly, the lifetest of Health was famind a vaccine which is farmed to mittigate or provent the sequels of influence, such as

Padical Officers of Health for listribution to mentitioners who recalled the for intribution to mentitioners who recalled it. The general opinion among practitioners at the present time is that this prophylactic treatment is uncertain. It is probably harmless. In paged to personal provention of infection, it is recommended that the Murant be sarpled with Lis. Sodae Chlorinates and that a solution of common selt and water be smiffed up the mose from the hellow of the hand two or three times a day. When an attack is acquired the only thing is to go to bed and keep there. The room should be well ventilated.

In houses where these amouities cannot be obtained the Local Sanitary Authority is urged to provide accommention in the empty wards of an isolation or other Hespital. For the better equipped houses demiciliary nursing should be provided in connection with local nursing associations. In cases of great energoney County and Humicipal Health Visitors could be used for this purpose.

Another valuable suggestion made by the Himistry is that were should be enlisted as "Hence helps", and What special kitchens be improvised where invalid food could be prepared.

Dr. Collins remarks that two outbrooks occurred, one in July which was slight, only causing ten deaths, and the other in Povember and December which was severe. The disease was charactised by veniting and nose blooding. Three cases of premature labour in women affected with influenza proved fetal. One of the deaths under five was that of an infant prematurely born, the mother also dying.

In the Peterhorough hural District there were also two outbroaks. Fo saths were recorded in the early surmer but 22 persons succurbed in the late auturn epidemic.

Dr. Greenwood also records two epidemics in July and Hovember in the Barnack hural District. The former was not serious but the latter was complicated by severe bronche-phousenia.

The principal causes of doath, other than influenza were :-

Concer and malignant disease	75
Tuberoulosis ( all forms)	70
Hoart Discase.	68
Bronchitis.	50
Pnownonia ( all forms)	45

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Congunital Mobility.	25
Violence other than suicide.	10
Drights' disease.	18
Diphthoria.	3.0
Hoaslos.	9
Suicido.	5
Corobro-minal fovor.	1

Those figures deserve sene consideration. To Cancer- centain of the new of death - 39 women and 30 new succumbed, 66 of those being over the age of 45.

In a recent Henorendum, multiched by the Chief Hedical Officer to the Ministry of Health. on 'Proventive Hedicine' its scope and aims', not a word is said about a disease which is the chief fee of mankind and one. which is taken in time, is a local disease and readily don't with by a surgeon.

Bronchitis accounts for the death of 26 women and 24 man, 35 being over the age of 45.

It is obvious from those figures that the Canger period of life is reached at or about the age of 40 and that a system of compulsory examination and treatment for persons would wield a rich harvest in the saving of life. Tot, instead of concentrating attention on this period or danger, the Ministry compels the Pation to spend thousands of pounds on the inspection or school children which even the Chief Medical Officer to the Board of Education describes as in most respects healthy, and advisos and urgos Authorities to spend energous sums on infant welfare, with results that owing to our ignorance of the laws of horoditary and pronatal hygiene are, to say the least of thom, unconvincing. On the other hand, cormencing signs of disease in parly middle ago are camily detected, well known to the Profession and can at that time be remedied with the nest gratifying resulta. It should be insisted on that medical examination and treatment should be provided for all at all ages instead of confining it to the nest healthy period of life.

## INFAHT MORTALITY.

By rate of infant mortality is meant the ratio of the annual number of deaths occurring in children under one years of age to every thousand births.

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number of dankin courters in children index con your of age to every thousand birthis.

The ratio for each area and for the County as a thole is an follows :-

City of Potorborough. No. of doaths. 48. Rate 77.77 Rural District of Potorborough." " " 6 " 39.21 Rural District of Barmach. " " " - " - Administrative County. " " " 54 " 67.50

The infant mortality rate for the whole County is 67.50 per 1000 births - a next satisfactory figure. In 1917 the rate was 81.1; in 1913 · 77.5; in 1915 87.2; in 1914 - 75.7; in 1913 88. and in 1912 102. It is gratifying to note that no deaths of infants under one year of age were recorded in the Barnack Rural District.

The Infant Hortality rate for England and Wales For the 93 great towns 106; for the 148 as a whole was 97. unallor towns of which Peterborough is one 94 and for London 107. The infant nortality rate for this County therefore. is most A most gratifying decline in this form of wastage satisfactory. of human life is everywhere noticible and is as marked in areas where no ad hec measures are taken to combat this evil as in these where thousands of nounds of the rate-payers' money is annually This failure is in part due to ignorance of some of the causes of death in infants in the first period of independent life and in part to the bad social conditions, e.g., insanitation, and the orployment of narried women who should, in a properly organised society, be at home looking after their young children. The natter is a social as much as a nedical problem. Seven of the 34 illegitimate children died before reaching one your of age, a nortality of 109.3 per 1000, as compared with 47 of the 73% children born in wedlock, a nortality of 63.8.

The causes of the 54 total infant deaths are :-

Congenital Debility. 24. Phoumonia 7
Other defined diseases 11 Hecsles. 2
Bronchitis. 9. Diarrhoea. 1.

This year, as always, congonital debility is the cause of nearly 50% of the nortality. It can only be curtailed by ensuring a healthy condition of both parents prior to conception and of the mother during the period of pregnancy. Pregnant women should be examined frequently so that abnormal conditions such as pernicious vomiting and contracted conditions of the birth passages, could be diagnosed at an early date and rectified.

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This year, as always, congentral debility is the came of nearly he directled by mearly hold of the mercality. It can only be curtailed by enabling condition of the period of programs and of the mether during the period of programs, bround to be envised frequently so that absorbed be envised frequently so that absorbed of the blatters of the blatters as permissions of the that an early date and reatified.

This work will no doubt be developed at the Infant Welfere Control in the City of Peterborouch.

Again, many of the children die while they are being been and the provision of qualified restoraity murses would considerably mitirate this. Dr. Collins reports that the two voluntary Infant Wolfers Clinics continue their beneficient work.

- (a) Hold at the Guild of Help Office, Queen Street, Peterborough to which Dr. Benner has succeeded Dr. Latham as Hedical Attendent. The work has been carried out under difficulties owing to the fact that the Fodd Control Committee had to take ever the Consulting Room. The total number of attendances was 691, 525 of these being for children under one year of age and 186 for children over that age. 78 new cases attended this year, 59 of them being under one year of age.
- (b) New England Branch hold woo'dy at the P.S.A. Institute.

  Gla stone Street. Poterborough, to which Dr.Peach-Hay is the

  Modical Advisor and Purse Ireland, a certified midwife, the

  Chief Purse. The total number of attendances was 500, 400 of

  those being for children under one year of age and 100 for these

  over the age of one year. 47 new cases attended during the

  year 39 being under and 8 ever the age of one year.

  Glame, Lactagel and Virel can be obtained at both Centres.

  Pifty-three home visits were paid and a few of the babies were

  cared

  found to be unsatisfactorily for, but as some of those

  families had only two rooms to live in this is scarcely a matter

  for surprise.

HEALTH VISITING.

apparently suitable candidates applied, but before the day settled for the interview, had secured appointments elsewhere. One other candidate was interviewed on another occasion but did not possess the necessary qualifications, and after this a third application was received from an individual obviously unfit for any responsible post.

Shortly after this a circular letter was

Shortly after this a circular letter was received from the Local Government Board suggesting that the work

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should be undertaken on County lines and a corrumication was mont to the County Council suggesting the co-energtion of that This selecte was postponed in view of body in a joint achone. the proposed combination of all medical posts under one officer. This has not had to be abordened in view of the tarrly decision of the Himistry. There would be cortain definite advantages in the County Council undertaking the work of Health Visiting throughout the area. (a) It would load to the quicker ascerbainment of suspected cases of tuberculosis, cases of nental deficiency and veneral diseases, for which three diseases the County Council is the responsible Modical Authority (b). The Count Council is already responsible for the inspection of nidwives, from whom valuable co-moration is expected and usually received in any successful infant welfare scheme MEALTH VISITING IN MURAL DISTRICTS. Owing to Furne Bean's serious illness, the Public Health Cormittee considered it advisable on her return to duty in Fobruary 1919, to allow her to discontinue the work of health visitor while retaining her posts of School Murse to the Soke of Peterborough Education Authority, Montal Deficioncy Visitor and Tuberculosis Hurse to the County Council. No health visiting has been carried out since the publication of the last annual roport. INSPECTION OF HIDEVIVES.

Dr. Collins of 18, Lincoln Road, Poterborough, is the Inspector.

but I have been unable to obtain a copy of his report for the

year 1918.

DENTAL TREATMENT.

A Sub-Cormittee has been formed for the consideration of supplying dental treatment for nothers, expectant methors. school children, and infants.

SCHEME FOR THE FORMATION OF NEW MURSING ASSOCIATIONS.

During the year the Worthamptonshire Fursing Association were unable to take steps to provide nurses for the six new Associations which the County Council has proposed to subsidize. Towards the end of 1919 a nurse had been provided for Southerpe, Darnack and Stamford St. Hartins ( Without).

To the Down ? Distant at - Ed ---It is apparently a difficult matter to start those Associations in the villages. The Count Council has continued to subsidize the Manaford Mursing Association TUBERCULOSI: Consumtion of the Lungs. Oity of Paterborough. No. of Doaths. 44. Rato Rural District of Peterborough " " " Rural District of Barnack. 11 11 1.11 Administrative County. 52 There were 52 deaths from consumption as commared with 48 in 1917,; 53 in 1913, 37 in 1915, 40 in 1914. 30 in 1913, and 30 in 1918. Sovon of those deaths occurred in Institutions outside the County, six in Asylums and one, a case of a demostic servant, at the Horivalo Sanatorium. Chelmsford. Twenty of these deaths occurred among mon and thirty-two among women. The shortage of food, associally the shortage of meat and the substitution of margarine for butter, and the longer hours of work, have told their tale in the increased mertality from phthiciswhich has affected all parts of Great Britain. The following are the notifications of pulmonary tuberculosis -City of Potorborough. Rural District of Poterborough Rural District of Barnack 83 Administrative County. The number of notifications cannot be considered satisfactory in view of the number of deaths. The former should be twice the latter. In 1917 there were 80 notifications in 1916 . 78; 54 in 1915; 57 in 1914; 85 in 1913; and 116 in 1918. Notifications and Deaths from Tuberculosis of Organs other than the Lungs. City of Peterborough 31 Notifications. No. of Deaths. 16. Rate .48 11 2 R.D. "

6 0 11 11 R.D. " Darback 17 11 - 11 18 .39 Administrative County 37

From tuberculosis of organs other than the lungs there were 18 donths. Seven of these were due to tuberculous moningitis or inflamation of the brain. In 1917 there were 23 deaths. There were 12 in 1916; 13 in 1915; 14 in 1914; 25 in 1915. and 14 in 1912.

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During the year the County Council has continued its Agreement with the Insurance Cormittee to provide a Emberculesis Officer.

a Europe and Dispensary treatment. Two bods have been retained at the Eversfield Chest Respital St. Leonards-on-Sec, for non-insured persons and the arrangements have been continued for K-may examinations at the Peterborough Infirmary.

The apparatus has been much improved by the generosity of the Trades and Labour Council.

In the year commencing January lat. 1920, the County Council will undertake responsibility for the provision of Sanatorium accommention for insured persons and it is proposed to provide seven more bads at the Eversfield Chast Hospital.

A Sub-Committoe has been a mointed for consider the advisability of providing an Institution for the treatment of early and advanced cases of this disease in the vicinity of Peterborough.

A full report on the work of the Tuberculesis Dispensory will be published in the course.

## HENTAL DEFICITION ACT 1915.

Since the Act came into force the County Council has appointed the Public Health Committee with two co-opted lady members to administer the Act. The Register of Defectives has been made and has been kept up to date and Cornelly revised in 1919. It contains the names of 100 persons. Quarterly visits are paid to the Defectives by the County Council's Nurse.

Chesterfield, to Stoke Park Colony, and to the Certified Institution of the Metropolitan Asylums Board. Fine are still in residence and two have died. Recently, accommodation has been found for seven others and for one case a suitable Institution is being sought. Two patients are detained under the guardianship of their friends. For one of these extra clothing and dental treatment has been provided by the County Council.

## VEHIEREAL DISTASES REGULATIONS 1916.

During the year under review the County Council has continued its Agreement with the Paterborough Infirmary but on different lines as regards navnent.

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## OUTE PROTECTION APPARENTS DESCRIPTIVE

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For one: attendance 7/= per person is now paid and for each in-patient 18/- for the first day and 10/- for each subsequent day. The Agreement with the Econometer University for the amenimation of pathological material has been on the some lines as heretofore.

From October 1st 1918 to September 30th 1919, 105 new patients and 50 old patients attended the Veneroal Clinic.

38 of the 105 how patients suffered from symbilis, 45 from generations, 5 from soft chances, and 61 from diseases other than we nereal.

The number of attendences made by new patients was 773.

To the Down T Distant at - DA ----

Fifteen patients received in-patient treatment and remained 362 days in the Infirmary. 75 patients were treated with Galyl and 273 doses of this drug were given.

50 samples were recorded as being examined for genecocci at the Infirmary while 76 samples were sent to the Hanchester University for the Wassermann re-action.

Recently, the Ministry of Mealth has written reporting on the scheme and asking that one of the approved Officers should be responsible for the evening Clinics and not the Resident Medical Officer, and stating that the treatment for generates requires modification.

BUILDIARY OF THE WORK PERFORMED AT THE HANCHUSTER Pathological Laboratory.

Ninty-seven samples of blood were sent to the Pathological
Laboratory at Hanchester. It is regretable that no samples of
cerebre-spinal fluid and no samples of the products of conception
in stillbirth and abortion were sent to the Laboratory.

It is also noticeable that no smears were sent for examination
for spirochaotes.

40 of the 97 samples of blood were positive

55 were negative and I was not examined as insufficient material was sent. 76 samples were sent by the Infirmary, 15 by three medical practitioners - the first of these sent ten, the second four, and the third one - and six samples were sent by the Tuberculosis Officer.

list of practitioners who furnished satisfactory evidence of competence in the administration of Salvarsan. its substitutes and modifications. (12)

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## Propaganda Work.

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advisability of holding short lectures in the various factories in the City of Peterborough on the dangers of venoreal diseases, and decided to engage a speaker from the National Jouncil for Combating Venereal Diseases. All the Mirms, with one exception, refused their permission, and it was therefore decided to hold a public meeting for men only in the Co-operative Hall on April 2nd 1919. Councillor J. Emerton took the Chair. Pr. Otto Hay addressed a meeting of some 50 persons, which is understood to be a fairly good attendance for a town the size of Peterborough. During the year the Public Health Cormittee considered the question of providing early treatment Centres. In this came it was suggested that rooms should be set aside in the Infirmary, with two attendants, who should be constantly on duty. The west expense of this school and the slight success which has attended this plan in certain huge Hilitary Centres, led to its rejection by the Committee. It is understood that no early treatment Contres have been established. Even in London the County Council declined to proceed with the Schome which oranated from the Local Government Board's Hedical Dopartment.

During the year the Public Health Cornittee considered the

Recently, much discussion has taken place on the question as to whether Health Authorities should provide disinfectants for use by the individual himself immediately after the risk of acquiring the disease has been incurred. The najority of medical opinion seems to be in favour of this expedient being tried and already a Society has been engaged for the Prevention of Venereal Diseases. The Himistry of Health does not endorse the views, however, but scientific experiments should be carried out on a large scale and its results investigated by an impartial Cormission.

## CEREBRO-SPINAL MENINGITIS.

No samples were sent under the Schene described in my annual report for the year 1917.

## EPIDE IC DEATH RATE. 1918

There were 24 deaths in the County of the Soke of Peterborough from the principal epidemic diseases. The actual number of deaths in (13) described to recommend and the manufacture of the viller of the control of the co

goingiller J. Breston took the Chair. Fr. Otto Hay addressed a monthly ord action to be a fairly good attended to be a fairly good attended or or a took the size of Pererberguit.

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## SECT STAN STAND DISTRIBUTE

The section to the section to the section of the se

onch area are displayed in the following tables. The numbers/refer to the death rates:-

To the Danner Distantate of

Disease. Peterber	o' dity.	Peterbore	outh R.D.	Darnack R.D.	Total.
Hearles. Scarlet Pever. Whooping cough. Diphtheria. Diarrheea. Total.	5 (.14) 5 (.06) 1 (302) 8 (.32) 1'(1.6) 18 (.50)	1	(.46)  (.11) (.58)	1 (.50)	9 (.19) 3 (.08) -1 (.08) 10 (.91) 1 (1.6) 24 (.52)

It should the noted that the deaths from diarrhoea are calculated not on the population but upon the rate per 1000 births.

## HOTIFICATION OF INVECTIOUS DISEASES.

During the mear, excluding tuberculosis, 868 cases of infectious diseases were notified as follows:-

Diseaso. Peterbero' C	ity.	Poterborough R.D.	Barnaok R.D.	Total
Monsion.	443	158	-7	601
Scarlet Fover.	173	15	1	189
	42	8	9	59
Diphthoria.	3	-	4-	23
Enteric Fover.	8	1	4	9
Erysinolas.	1	Ī.	4.	7
Jorobro-spinal flover.	7	-	-	7
Ophthalmia Foonatomm.	,		-	
Totals.	676	182	10	868

Dr. Collins remarks that the diagnosis of the two cases of enterio fever was confirmed by the Widal re-action. One of the cases had recordly partaken of muscels, a shellfish which often harbours the gorns of this disease.

601 primary notifications of nearles were received, 443 being assismed to the City and 158 to the Peterborough Rural District. In both Districts the outbreaks were contemperaneous and lasted from Xmas until the number helidays. Closure of the Schools had no effect in checking the epidemic. Dr. Collins says on the whole the cases of scarlet fever were wild and the greater number occurred in the first three months of the year. A small epidemic, however, occurred in the South Mard in September.

Diphtheria. Six deaths occurred but only one of these occurred at the Isolation Hespital, where thirty cases have been treated during the year.

Gerobro-spinal Fever. One care occurred which proved fatal. Two Hilitary contacts were satisfactorily dealt with.

Onhthalmia Honnatorum. Seven cases vere notified. All

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were treated with most satisfactory results.

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## ISOLATION HOSPITALS.

During the year the Small Pox Mosmital was not used. The Inclation Mosmital or Sanatorium was understaffed and Dr. Collins remarks that it was only by considerable effort and self denial on the part of the Staff that the work could be carried on at all.

On the 1st January 1919, 21 cases of scarlet fover were resident at the Hespital and subsequently 69 cases were admitted, two patients succumbing to the dispare.

Thirty-two cases of Ciphthoria were treated from Peterberough and the adjoining Rural District. Both cases of enteric fever were admitted to Respital and made excellent progress.

In the City of Peterborough 141 visits of ourniry were made respecting 157 cases and several re-visits were also paid. 153 rooms were disinfected for infectious disease, 61 for phthisis, 15 for non-notifiable disease and I school room. Bolding, etc., was removed from 43 houses where infectious disease had existed. Fo remarks are made on the question of disinfection in the Peterborough Rural District.

16 rooms were disinfected in 8 houses in the Bernack Rural District and one School in the same area similarly treated.

# HOUSING AND TOWN PLANNING ACT 1909 and 1919

The Housing and Tour Planning Act of 1909 confers wide powers on Local Authorities, i.e., the City of Peterborough, Bural District of Peterborough, and the Rural District of Barnack, and also upon the Soke of Peterborough County Council. A short survey of this Act may be useful.

All Local Authorities are compelled to propage and submit schemes within three months after July 31st 1919, stating number and nature of houses, and the amount of land required. Estimates must be given of costs and rents. If a Local Authority fails to comply, the limistry of Health can transfer this work to the County Council or undertake the work itself. If any Local Authority fails to exercise its powers as regards unhealthy areas and unhealthy houses, the Hinistry of Health may direct the County Council to inspect the District and report to the Hinistry.

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## ACLIATION NOTTAINET

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In the City of Peterborded 141 vinite of ermine and end of the come and the common that the common that the common that the common the common that the common the common that the common that the common that the common the common

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All Local Authorities are committed to measure and milet's action of the following attention and the following attention and the following attention and the arguest of land required. Interest of the mattention and the arguest of land required. It is been to the following following following following following the following followin

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Powers are conformed on County Councils by Section 8 Subsection (3), to provide houses for all their employees. Land and money may be acquired in the same way as by a Local Authority. The poriod of repayment is 80 years.

Section 14 confers on Local Authorities or County Councils the power to obtain water for houses, provided or to be provided, from any accessible source, whether within or without the area.

Section 22 allows a Local authority to lend money to owners of houses for the working classes so that such houses may be put into satisfactory remair.

Section 24. If housing and road Schones have been approved by the Ministry of Health, the Provisions of the existing Bye-laws in regard to new buildings and roads do not apply.

Section 26 confers the right to make byo-laws on the following:-

1. Ihmbor of persons to occupy a house.

2. Registration and inspection. 3. Drainage, cleanliness and vontilation.

4. Adequate closet, food storage, and making accommodation and water aupply.

5. Cleancing and re-decoration of houses at auitable intervals.

By Section 28 owners are to perform repairs remained by the Local Authority to render houses fit for human habitation. Repairs to be undertaken within reasonable time and not less than 21 days. notice of Local Authority is not wormlied with the Local Authority itself may execute the remains. If remains are of such a nature as to demand reconstruction, i.o., repairs of a s mectural nature, the owner can close the house.

Housing Commissioners have now been amointed for Empland and Wales. These Countries are divided into cloven areas. To each area a housing Commissioner, who is not a medical man, with a staff of inspectors, clerks and valuers, have been assigned. The County of the Soke of Peterborough is in Region L., which comprises the Counties of Bucks., Bedford, Herts., Hants., Northants., and Oxford.

In a circular to County Councils, dated August 30th 1919, it is stated that the Minister of Health wishes to avail himself of the local knowledge of County Hedical Officers. He desired to have their services for advising the Regional Housing Staff of the Hinistry on housing natters. The duties of the County Medical Officers are as follows:-

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- (a). To report on housing matters to the Housing Commissioner direct when beforence is made to him by the Housing Commissioner. Such reports need only be brief and can usually be made from information at the disposal of the County Redical Officers.
- (b). To conduct investigations personally or through competent officers in any matter directed by the Housing Commissioner.

Lay subordinate staff of the Hinistry are at the disposal of the County Hedical Officers. Houthly Conferences are held at the Office of the Commissioner. A Hodical Officer from the Hinistry of Health attends these Conferences. Stress is laid upon the fact that the primary responsibility in connection with housing natters rests with the Local Sanitary Authority. The Local Hodical Officer of Health must make himself familiar with the housing conditions in his District. In cases of default the County Hodical Officer may himself become primarily responsible for the housing work.

I have now attended three of those Conferences and it will be expedient to relate what has been learnt as to the vishes of the Central and the proposals of the Local Authorities.

In considering the fitness of any Scheme the higher of the two estimates of the population, issued by the Registrar General, should be considered. As regards overcrowding, the following points should

taken into consideration.

1. The number of persons per bedroom and not the number of persons

2. A floor space of 50 sq. feet should be allowed for each person.

The Officers of the Local Authority should make a continuous housing survey. This is important as it is doubtful if a complete survey has been made in this County since the outbreak of hostilities in1914.

He definite standard has ever been fixed as to whether a house is fit or unfit, and it seems improbable that it ever will be. A satisfactory house should be dry, light, airy, in good general repair and provided with adequate sanitary conveniences.

A house may be damp from trivial causes or from serious defects, such as porous walls or floors, and defective or absent damp-proof courses. Windows should be at least one tenth of the floor space in size and a chimney or ventilator should be provided in addition. There should be a separate earth, or if possible water, closet to each house. The Local Authority being the landlord can choose its own tenants.

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a chimney or ventilater should be provided in addition. There

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but preference should be given to permanent residents rather than week-enders, to soldiers returning from the War and to married men with families. The rent should be an economic one, i.e., should be based on two thirds of the cost of building. Presumably, if a house cost 4800 to build and a rate of interest of 6% is demanded, the annual rent will be \$32, considerably more than is paid in any part of the County at the present time.

closure and demolition should be proceeded with cautiously but it should be remembered that temporary buildings can be provided for persons displaced by the clearage of unhealthy areas and that the Treasury will provide financial assistance for this purpose.

For housing purposes the population of the County should be estimated at 51,530. The three Local Authorities have estimated it as 46,325. The number of working class houses in the County is 10,050. The number of such built annually before the War was 130. There are no empty buildings which might be made fit for dwelling places for the working classes. There are about 245 houses which are occupied by two or more families.

The Local Authorities in the County consider that the total number of houses bequired is 679 and it is considered that only 58 of these will be orecled by private anterprise.

There are two small areas in the County which are classified as unhealthy. These, occupying five acres, contain 100 houses inhabited by 300 persons. These houses are too closely crowded and have insufficient air space. Buch of this property has already been purchased by the Authority concerned.

74 houses, occupied by 242 persons, are returned by the Local Authorities as unfit for human habitation and which cannot be made fit. So far, only 19 closing orders have been made. No demolition orders have been executed.

The number of houses which are seriously defective but which can be made habitable is returned as 126. The Local Authorities propose to creek 629 houses and 122 agrees of land are to be acquired.

In regard to the probable extension of the City of Peterborough the building of the much required houses in the adjoining Communities which will be included in the Municipality has apparently not yet

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Been decided upon either as to numbers or site.

The Housing Act of 1909 has, Hr. Penvill remarks, been practically a dead letter during the year 1918, owing to the impossibility of getting labour. One Closing Order has been made against an empty house in Haxey. A similar statement is made in the Barnack report. Everywhere, the village property is getting into such a bad state as to be almost uninhabitable.

In the City of Peterborough, Mr. Mobbe, the Assistant Inspector, under the direction of his senior Officer, Mr. Seden, imspected 1060 houses. In connection with this 127 informal notices were sent out and all were complied with. The number of houses inspected in the City under the Housing and Town Planning Act 1909 since 1910 is as follows:

1910.	52 1915		177
1911.	<del>-3</del> 5	1913	278
1912.	115	1017.	- 62
1913.	179	1918	1060
1914.	281.	Total	2279

It should be stated that the number of working class houses is returned as 7750. In view of the urgency of the housing question it is very desirable that a complete survey should be made.

## SEMMAGE, BRAINAGE, AND POLLUTION OF STREAMS.

No extensive alterations have been made in the City of Peterborough but some 68 drains have been repaired or relaid and some 29 new water closets have been provided.

Br. Ponwill remarks that the electrical plant at the sewage pumping station of which complaint was made in last year's report is being overhauled by Hessrs Brake and Corham. The vertical shaft and countershaft at the Walton Pumping Station has also been reset and an additional girder and bearing has been fixed. Two connections were made at Werrington, but owing to the waterlogged condition of the soil, the connections had to be made under water. The work appeared to be satisfactory but shortly afterwards began to leak. Hr. Ponwill considers that a steam or neter-power pump is necessary in water-logged soil such as that of Dogsthorpe and Werrington. No satisfactory record has been kept of the amount of sewage pumped. No progress has been made with the drainage of Fengate and Dogsthorpe. During 1919 an epidemic of dysentery occurred at Fengate, the spread of which was, to a certain extent, helped by the leaking cesspools (19)

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and faulty system of draining.

In the Barnack area seven privies have been converted to pails, 23 cesspools cleaned and 57 muisances from drains have been rectified.

#### WATER SUPPLY.

The water supply to the City of Peterborough remains unchanged. Hir. Hoble, the Assistant Inspector, continues to assist in the waste water inspections.

Hr. Penvill reports that 594,000 gallons were purchased for Verrington.

Permission has not ret been received to raise a loan to lay out the scheme to extend the supply throughout the village.

For Walton, 26,118,000 gallons were purchased, 22,373,000 gallons being used by Messrs Brotherhoods and Sages.

At Dogsthorne, Fewark and Fengate, Eye, Longthorne, Gunthorne and Paston, 7,337,000 gallons were supplied by the Corporation of the Oity of Peterborough. The Corporation of the City of Peterborough now charges 9d per 1000 gallons which will cause the Peterborough Rural District a loss of \$200 per annum.

No stops have been taken to provide Castor, Ailsworth, Fewborough and Borough Fen with a suitable supply of water.

### SALE OF FOOD AND DRUGS ACT.

In the City of Peterboroush 68 samples were taken during the year, 35 of which were taken formally. The 68 samples were composed as follows: milk 35, coffee 2, rice 3, broad 1, butter 9, spirits of nitro 1, quinino wino 2, saffron 2, Ipecaeuanha wine 3, Paregoric 2, ammoniated tincture of quinine 2, self raising flour 3, arrowroot 2, baking powder 1. Only one sample of milk was adulterated, being deficient in fat to the extent of 6%. Hr. Sedon romarks that the genuine samples of milk give an average composition of 3.24 of milk sat and 8.89 solids not fat. In spite of the shortage of cattle cake the composition varies little from that of previous years and is well above the Government standard.

Year.	Ho. of samples.	Hill fat.	Solids not fat.
1917.	41	3.42	8.74
1918.	27	3.34	8.75
1915	29	5.38	9.52
1914.	23	3.25	9.18
1915.	27	3.32	8.99
1918.	35	3.39	8.99

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In the district area seven priviles have been converted to pelle, it

#### HARREL PEPPLE.

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In the Rural Districts 54 samples were submitted to Hr. Elborno, only four of which were taken formally. They comprised 36 samples of milk, 5 of cocos, 3 of coffee, 3 of rice, 5 of ground rice, 3 of bread and

'dne of pearl barley. 5 of the 38 samples of milk wore adultorated.

PUBLIC HEALTH (Hilk and Cream) REGULATIONS.

has been prohibited so that these regulations are temperarily in aboyance. No samples of preserved cream were analysed during the year and in the Rural Districts the Inspector has never been able to find that any of the well-known preparations are sold.

### SLAUGHTERHOUSES.

There are now 19 slaughterhouses in the City of Peterborough. Three slaughterhouses are situated in the Barnack Rural District. No note is made in the Peterborough Rural District report as to the number, condition, and situation of the slaughterhouses, although most of the neat consumed by the Citizens of Peterborough is propared at a large slaughterhouse at Fewark. 17 of the 19 licences in the City of Peterborough are subject to annual renewal. 581 visits were paid by the Sanitary Staff. One formal notice was served and several cautions were given, concerning the removal of offal. On the whole the slaughterhouses have been kept as well as possible in view of the shortage of labour. Hr. Seden remarks that in the early part of the autumn. Hr. Gant's slaughterhouse on the Eastfield Road was taken over as a Government Slaughterhouse for low grade animals, emergency cases, animals sold on the dead weight basis, and calves. The area supplying this establishment extended for several miles around the Here were concentrated all the doubtful animals in the District - a distinct advantage on the old plan of surreptitiously slaughtering these animals in out of the war slaughterhouses. It is not surprising to learn that at Mr. Cant's slaughterhouse, 5 covs, 2 heifers, 1 small ox beast, 1 calf, 9 carcases of mutton, 1 pig and a quantity of edible offal were condemned. The cows, heifers and ox beast were all affected with generalized tuberculosis and all the carcases of mutton were unfat for human food.

Apart from this slaughterhouse the following amount of foodwas

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3 00778. 2 heifers. affected with generalized tuberculosis. 1 beast. 2 pigs. 2 calves. Forequarters of two beasts. 1 forequarter of frozen beef. 21 stones of beef. 2 stones of mutton. 9 1bs. of pork. 4 boxes of cooled tripe. 43 seven pound boxes of jelly cuttings. 5 lbs of corned beef. 1 tin of ox tongue. Small quantities of ham and fish offal.

Hr. Seden remarks that under the Government Scheme, the sale of fat cattle by auction and otherwise has ceased, and all cattle have been graded and distributed according to the requirements of each butcher. Componsation was arranged by the Government for any graded animal condemned for tuberculosis. In spite of this the numbers condemned have in no way exceeded those in previous years - a striking testimony to the success of voluntary notification. It is interesting to record, now that the Country has energed victorious, the dire straights to which the Government was put to bbtain a supply of meat. Two consignments of very poor frozen meat were assigned to the City during the height of the submarine campaign. This meat was of extremely poor quality and as it was not actually diseased no official action could be taken. It would appear that much of this neat has been derived from animals used for draft purposes. It was frequently soiled, dirty and sliny looking due to faulty methods of packing and conveyance. Mr. Soden again emphasizes that the ideal system of controlling the Empire's meat supply is by the setting up of public abattoirs. If this scheme is to be successful it must be universal. It is of no use establishing an abattoir in the City of Peterborough if private slaughterhouses can be erected irmediately outside the Borough Boundary. It is only by inspection in an abattoir before and after slaughter, by skilled inspectors, of all animals intended for the food of van, that a safe supply of neat can be obtained. The recontly issued report by the Hinistry of Health confirms all that has been quoted from lir. Seden's report. In addition, stress is laid upon the exceedingly unsatisfactory conditions which pertain in namy places where prepared foods, e.g., sausages, perk pics, etc., are manufactured. Such foods, it appears, are often prepared in

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small slaughterhouses and are insufficiently protested from the droppings of rats and mico.

#### BAKEHOUSES.

At the beginning of the year there were 41 bakehouses on the Register in the City of Peterborough. One disused bakehouse was re-opened in February 1918 and during the year two small bakehouses were closed. 48 visits were paid but nothing of importance was discovered which calls for comment. No remarks are made in the reports of the Nedical Officers of Nealth for the Peterborough and Barnack Rural Districts.

# DAIRLES, COUSHEDS & HILK SHOPS ORDERS.

In the City of Peterborough 34 persons were on the Register. 10 cowkeepers, 13 purveyors of milk and 11 shopkeepers who sell milk.

49 visits were paid. Hr. Seden remarks that one or two of the cowsheds are not up to the mark. Nearly the whole of the City's supply comes from farms situated in the surrounding Rural Districts. In this connection it is unfortunate to have to notice that Hr. Ponwill states that nothing hasbeen done in connection with dairies and cowsheds except the closure of one set of premises which were totally unfit for the purpose. It will be remembered that Hr. Penwill has reported that the access to the sheds is bad, that the sheds are faulty in construction and that the cows are usually in a filthy condition.

In the Barnack Rural District is is reported that there are 14 dairymen in the District and that 25 visits of inspectionwwere made. Five required cleansing and one sanitary improvement. All of them derived their water from wells.

It is most essential that this industry should be brought up to the standard of modern day requirements. Inevitable injury is done to infants and invalids who have to depend largely on this impure fluid for their daily nutriment. If a surgeon were to operate in the same surroundings and in the same state of uncleanliness as the average milkman, his patients would succumb to putrefactive diseases in exactly a similar manner to the infant who ingests daily a quantity of filthy milk. Lord Lister explained the errors of old time surgery and the methods of its prevention-cleanliness. It is high time that the purveyors of milk and food learnt the same

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# CONTION LODGING HOUSES.

Fine common lodging houses are on the Register, all in the City of Peterborough. Speaking generally they have been kept in a cleanly condition. Some of them are very old and hardly suitable for their purpose, and in one the quarters for married couples are very unsatisfactory. Two notices were served and two cautions given for contravention of the byo-laws. 67 visits of inspection were made.

HOUSES LET IN LODGINGS.

There are 12 houses let in lodgings on the Register. 25 visi's of inspection were paid.

# FACTORY AND MORKSHOPS ACT.

There are 142 workshops in the City of Peterborough and Hr. Seden reports that 39 visi's were paid. Now water closets were built at two workshops. In the Peterborough Fural District, Government control has only just been relaxed and inspections have not been resumed by the Local Staff.

# OFFENSIVE TRADES.

A knackers yard was reported to be in an unsatisfactory condition both as regards cleanliness and structural conditions. Up to the time of writing his report, hr. Penvill remarks that these conditions had not been rectified. Two other businesses of a similar nature are kept as well as can be expected.

## CATAL BOATS

Six barges were inspected during the year and no contravention of the Regulations was discovered. No cases of infectious diseases occurred. No women or children live in the boats plying in the District.

CHRISTOPHUR ROLLHSTON.

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